

A CELEBRATION OF BEAUTIFUL AND SEXY WOMEN AROUND THE WORLD

# GLAMIAM

THE WORLD'S LEADING  
SUBMISSION DRIVEN  
MEN'S MAGAZINE

SEPTEMBER 2015



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**FALL**  
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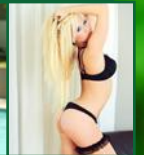
**BEAUTIES**



**CHRISTINE  
MARIE**



**APRIL  
CHERYSE**



**JESSY ERIN  
KLETT**

★ ★ **FITNESS MODEL** ★ ★

**KRYSTLE  
SPENCE** 

**BLAST FROM THE PAST**

**APRIL CHERYSE**

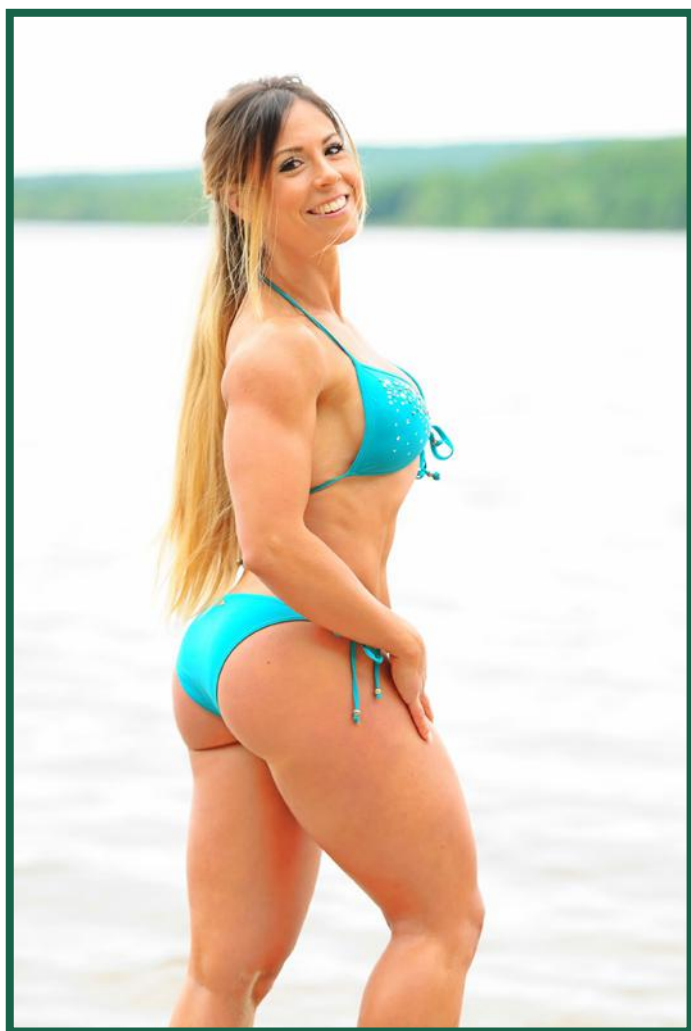
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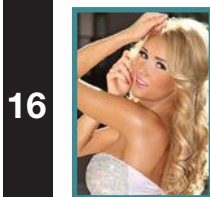
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### KRYSTLE SPENCE

THIS WELL KNOWN CANADIAN FITNESS MODEL WILL  
HYPNOTIZE YOU WITH HER HARD BODY!

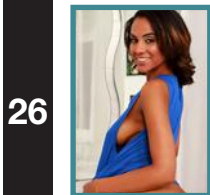


#### THE EYE CANDY



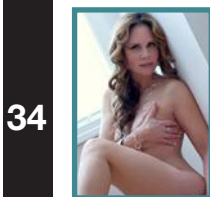
*BLAST FROM THE PAST*

**APRIL**  
**CHERYSE**



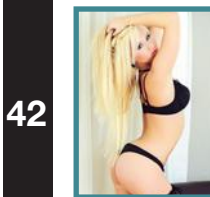
*GLAM JAM DISCOVERY*

**JAMILETH**  
**RAMSDELL**



*RATED R BOMBSHELL*

**CHRISTINE**  
**MARIE**



*CANADIAN CURVES*

**JESSY ERIN**  
**KLETT**

#### ON THE COVER

**Model:** Krystle Spence

**Photographer:** Peter Valentino



[www.facebook.com/glamjammagazine](http://www.facebook.com/glamjammagazine)



BLAST FROM THE PAST  
**APRIL CHERYSE**

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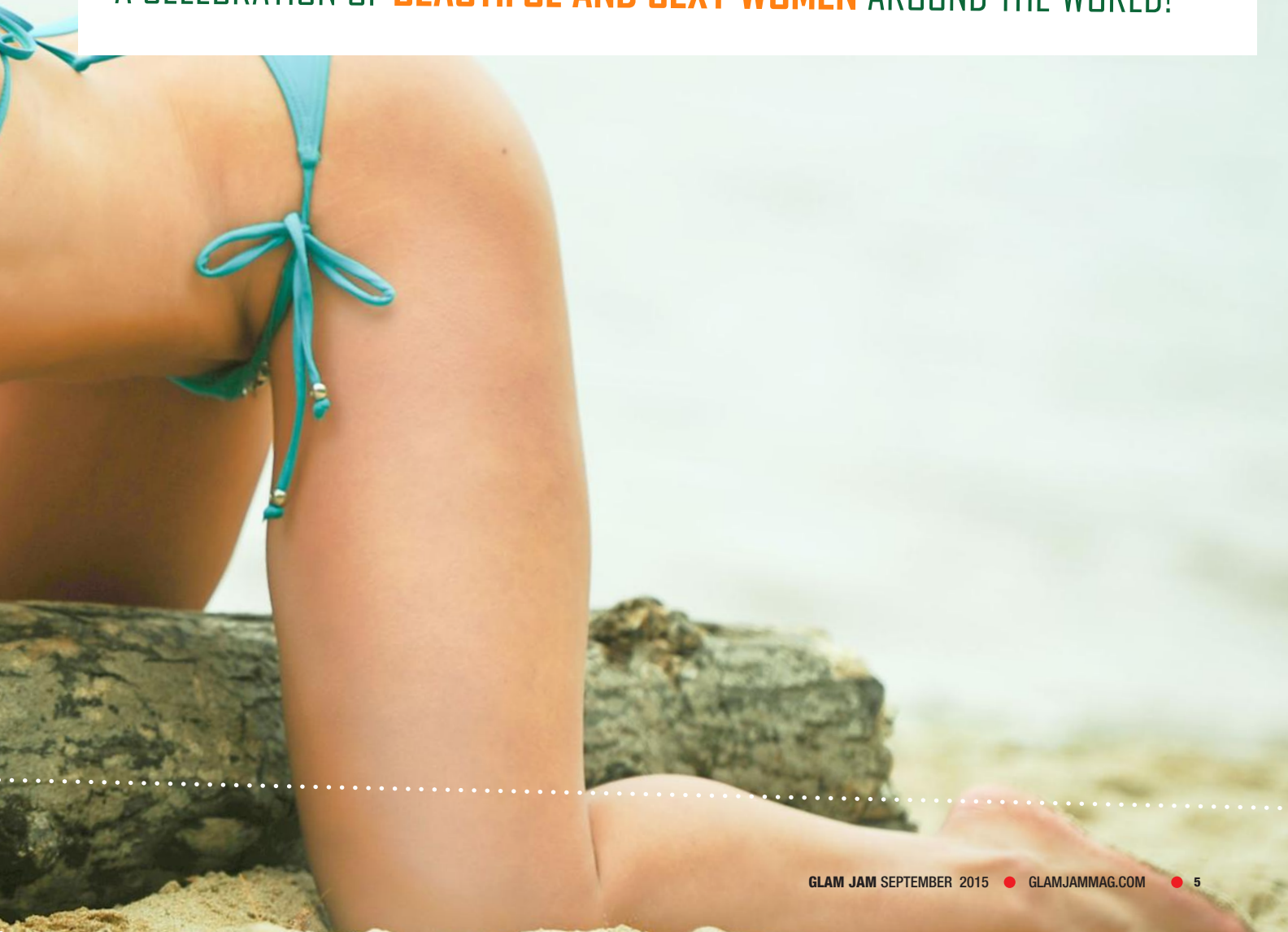
# EDITOR'S NOTE

BY PETE VALENTINO

This month in Glam Jam, Fitness Bombshell Krystle Spence graces the cover as well as a blast from the past with beauty April Cheryse! Also, we present to you several new faces and up and coming glamour models.

Glam Jam is the leading submission driven magazine showcasing the hottest new glamour photographers and models all over the world! This is your platform to finally get that valuable exposure to bring you to the next level in your craft, as a model or photographer! Get the visibility you deserve, politics-free and above all with the focus solely on beautiful women and great photography. The way it should always be!

A CELEBRATION OF **BEAUTIFUL AND SEXY WOMEN** AROUND THE WORLD!



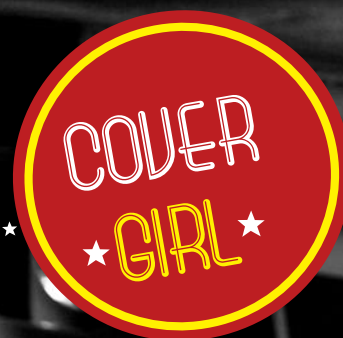


CANADIAN FITNESS BOMBSHELL

# KRYSTLE SPENCE

PHOTOGRAPHY: PETER VALENTINO







As I child I grew up in a household where playing sports and being active played a fundamental role in my upbringing. I played baseball on an all boys team for several years before I joined the intercity girls fast pitch softball league where I really excelled and enjoyed. I also played volleyball on the high school team in the winter months and practiced recreational gymnastics for over 10 years. Most of my summer months were spent swimming, biking, rollerblading and on the baseball field playing or watching my dad or brother. I was definitely an active child growing up; video games or long hours of TV was never my thing.

When I graduated high school many changes occurred in my life very fast to throw me off my fitness frenzy; from getting a job, new friends, new school, more responsibility and my parents' divorce all within the same year. This allowed no time or interest anymore in sports. Going out with friends became my number one priority. My hometown of Montreal is known for its nightlife, so as a young adult going out almost every night of the week drinking and smoking became a past time for me. I knew deep down this was not the person I wanted to be, but the partying took over.

My father joined the gym and I decided to follow suite since I wasn't into any sports at the time. I went a couple times, didn't really know what I was doing, then went a couple times more until I started going on a regular basis. I started to develop a strong interest in lifting weights and loved how it made me feel. Although I was not out of the party scene yet. I began to realize that what i was doing to my body didn't make sense. I was such a healthy and active person by nature, it didn't make sense to smoke and party till all hours of the night. I slowly began to replace the going out and bad habits with the gym, where I knew it was a better route for me long term.

As I became more and more involved with lifting weights, I started working at the same gym I was training in, making protein shakes behind the counter. I then hired a trainer and from there on it was a snowball effect. Training became a passion, it opened my eyes to a new way of life, better eating and meeting new healthy and fit people that to this day have changed my life forever. It is my escape, my "de-stresser", and my favourite pastime, it led me to my career as a trainer where I work full time at the gym I started going to over 12 years ago called Monster Gym. Little did I know, that first day I entered that fitness facility, my life would forever be changed.







Many people at my gym participated in fitness competitions and after being asked several times to try it out, I gave in to my competitive nature. At 24 years old I entered in my first fitness competition as a bikini contestant. Shortly after the following year I did another one but this time switching from bikini to figure. To this day I have done 6 competitions, placing 4th, 2nd, 3rd, 1st, 3rd and 6th at my most recent show in July 2015 at Nationals in Halifax, Nova Scotia. Each and every show I learn more and more about my body and I learn new training and diet techniques that I can later apply for myself and my clients. Competing brings a whole other level of intensity to my life. It gives me a goal to reach towards, keeps me motivated, driven, disciplined and above all allows me to inspire many others everyday.

I would like to continue to compete in a few other competitions and continue to lead a good example for men and women in the fitness world. I love the feeling of being healthy and fit and want to be able to share my passion and love for fitness with others. I know there is nothing in the world that I would rather do then to practice this lifestyle and guide others to do the same. Health is number one above all else. Fitness is the forgotten fountain of youth so I hope to remain youthful for as long as I shall live for my future family and future generations.

*Love  
Krystle*  
*xoxo*





**WOW  
FACTOR!**

























**BLAST FROM THE PAST**

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# *APRIL CHERYSE*

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PHOTOGRAPHY: PRADO FOTO

























*Love  
April  
xoxo*













**KRYSTLE  
SPENCE**



{ SOMETIMES YOU MEET A **MODEL** THAT S



***JAMILETH RAMS***

PHOTOGRAPHY: MIKE ANTHONY MOFFA



IMPLY BLOWS YOU AWAY **WITH TALENT** }

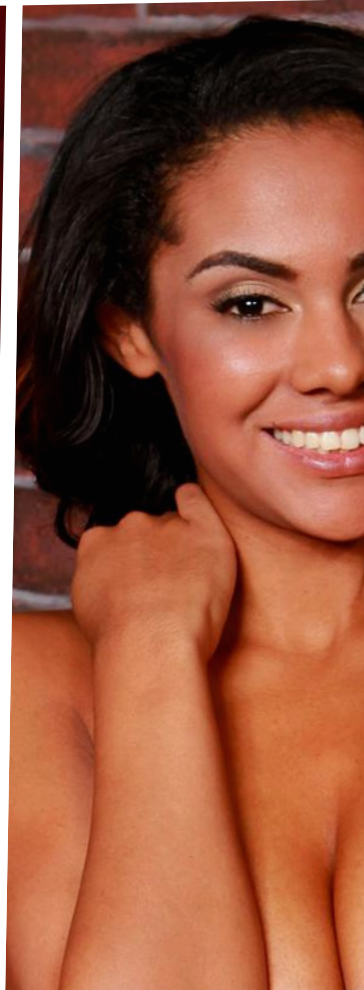
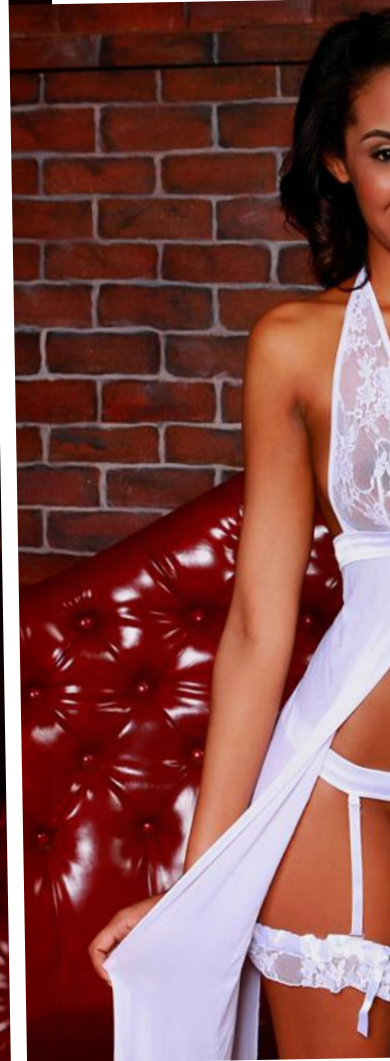


**DELL**

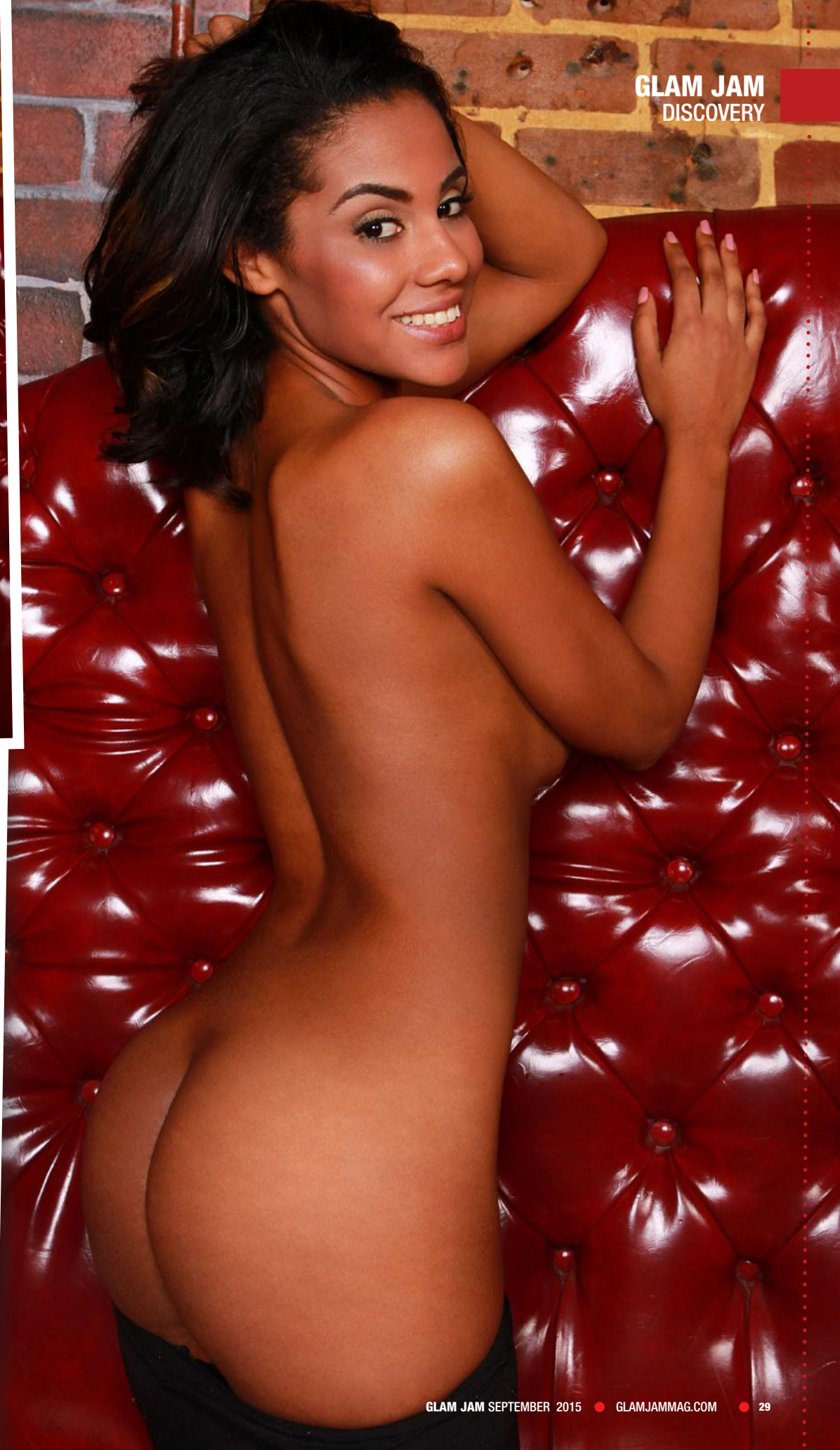
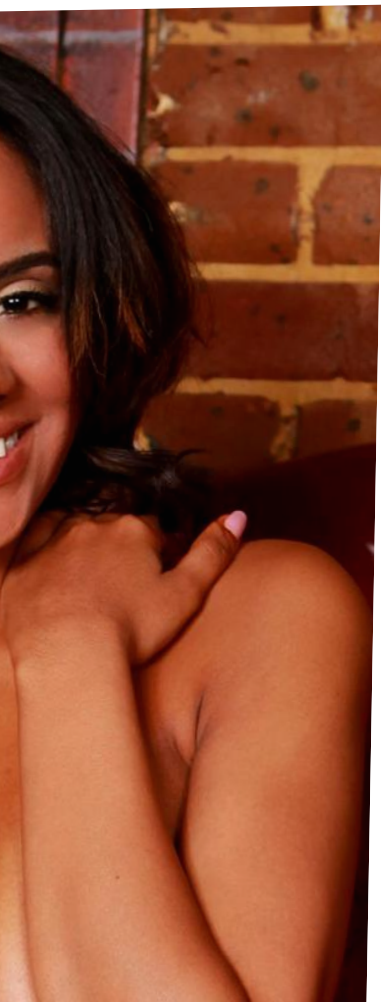


**DISCOVERY**  
OF THE **MONTH**









GLAM JAM  
DISCOVERY



















\*\*\*\*\* RATED **R** BOMBSHELL \*\*\*\*\*





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PHOTOGRAPHY: RICK TROTTIER

# **CHRISTINE MARIE**



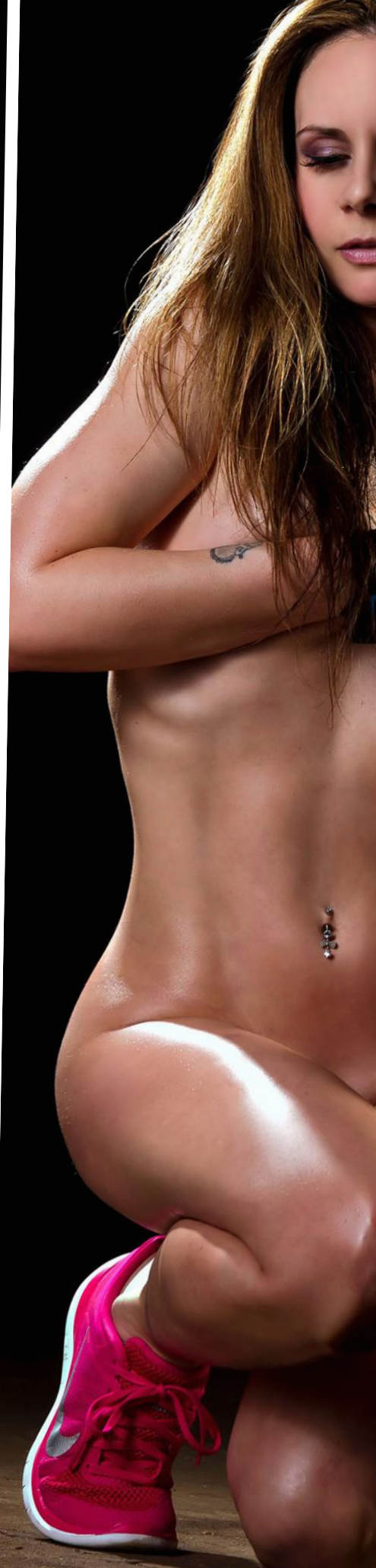


























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CANADIAN CURVES

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# **JESSY ERIN KLETT**

PHOTOGRAPHY: PETER VALENTINO



























# BOOTY OF THE YEAR 2015

## SPECIAL EDITION



**SPECIAL EDITION**

**WANT TO BE A FEATURED MODEL?**

Send a model submission to [glamjammag@outlook.com](mailto:glamjammag@outlook.com)

Send a model submission to [grandprize@nips.cc](mailto:grandprize@nips.cc)