2014 | NOVEMBER INTERNATIONAL ISSUE

The Subtle Little Helpers

What the F Happened

Why Do We Love Horror Movies

Learn How to Hunt Deer

Spirits of the World

Ready, Steady, Gulp!

Mad about MADAGASCAR



## HOW TO NAVIGATE

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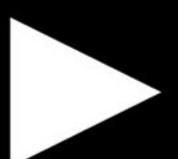
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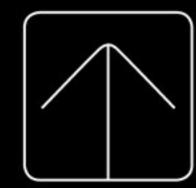
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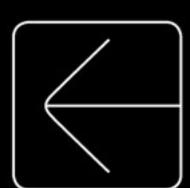
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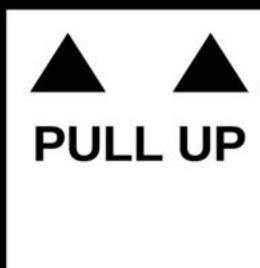
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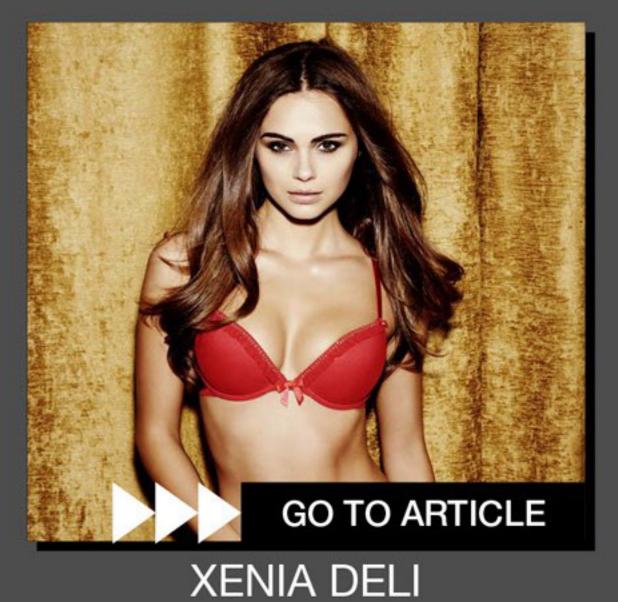
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# Out Lou

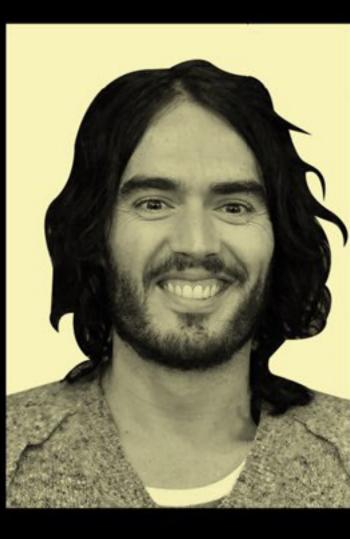
They neither mince words, nor hesitate to share their thoughts with the world, that is, the Twitter community. Always ready and hilarious in only 140 characters



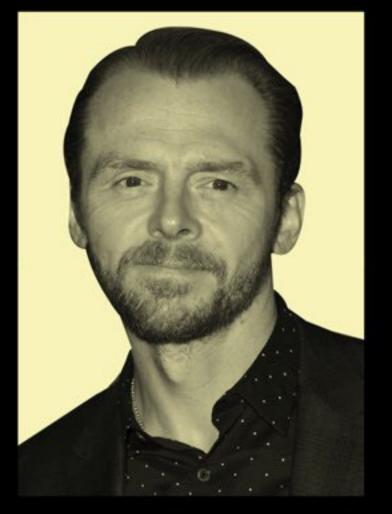










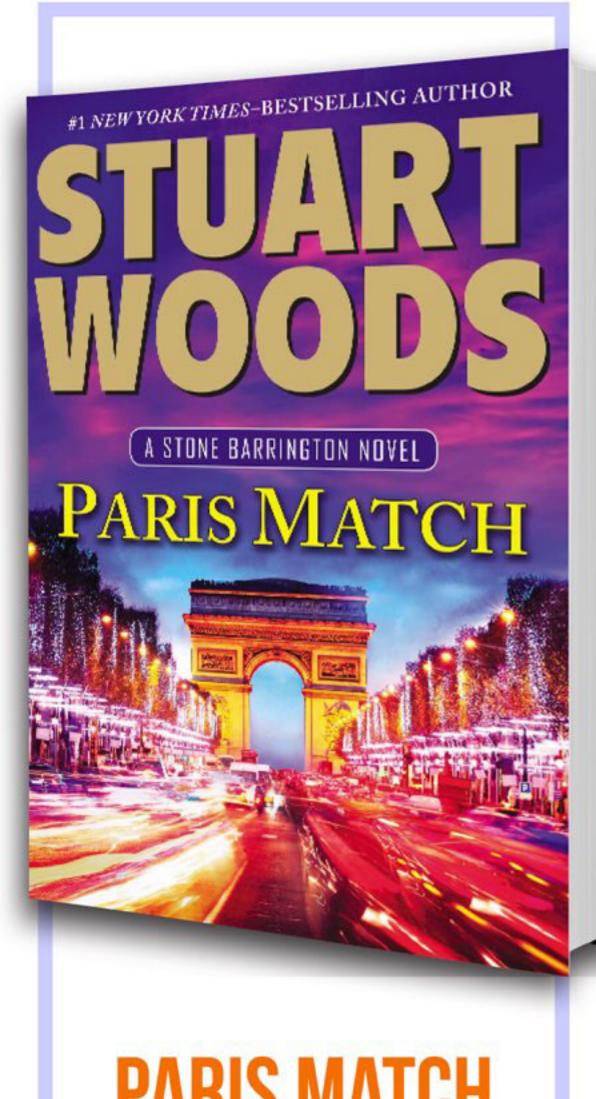




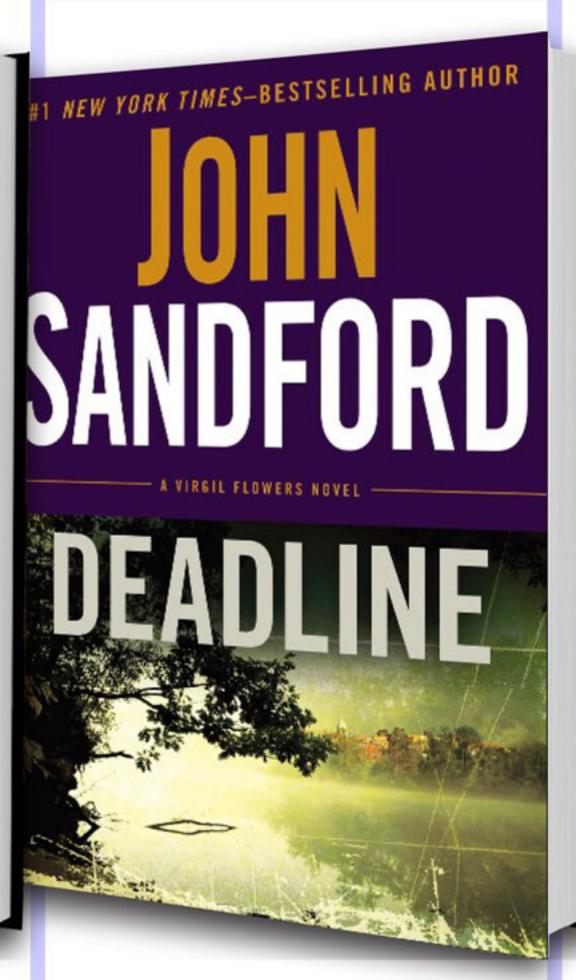
TAP ON IMAGES
TO READ MORE

# Vanic Library

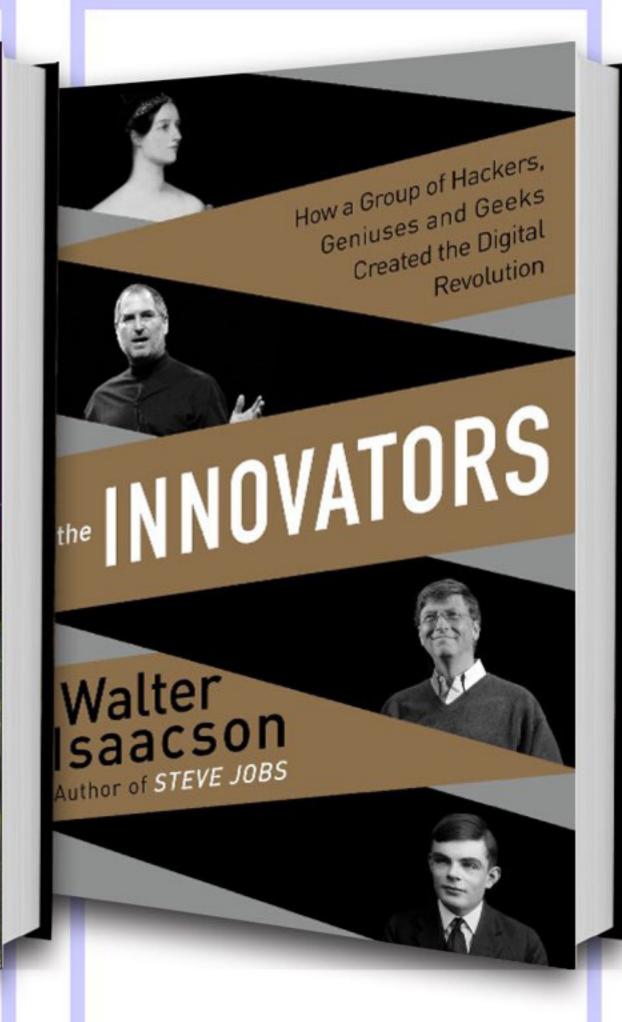




PARIS MATCH BY STUART WOODS



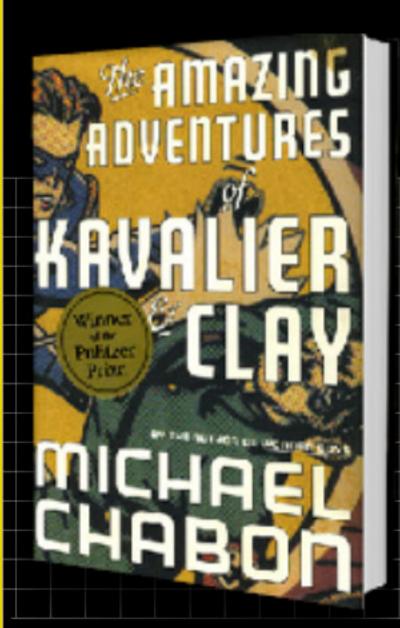
DEADLINE By John Sandford



THE INNOVATORS

BY WALTER ISAACSON

\*\* swipe >>> The Books You Must Read



THE AMAZING ADVENTURES OF KAVLIER CLAY
BY MICHAEL CHABON



FAST FOOD NATION

BY ERIC SCHLOSSER

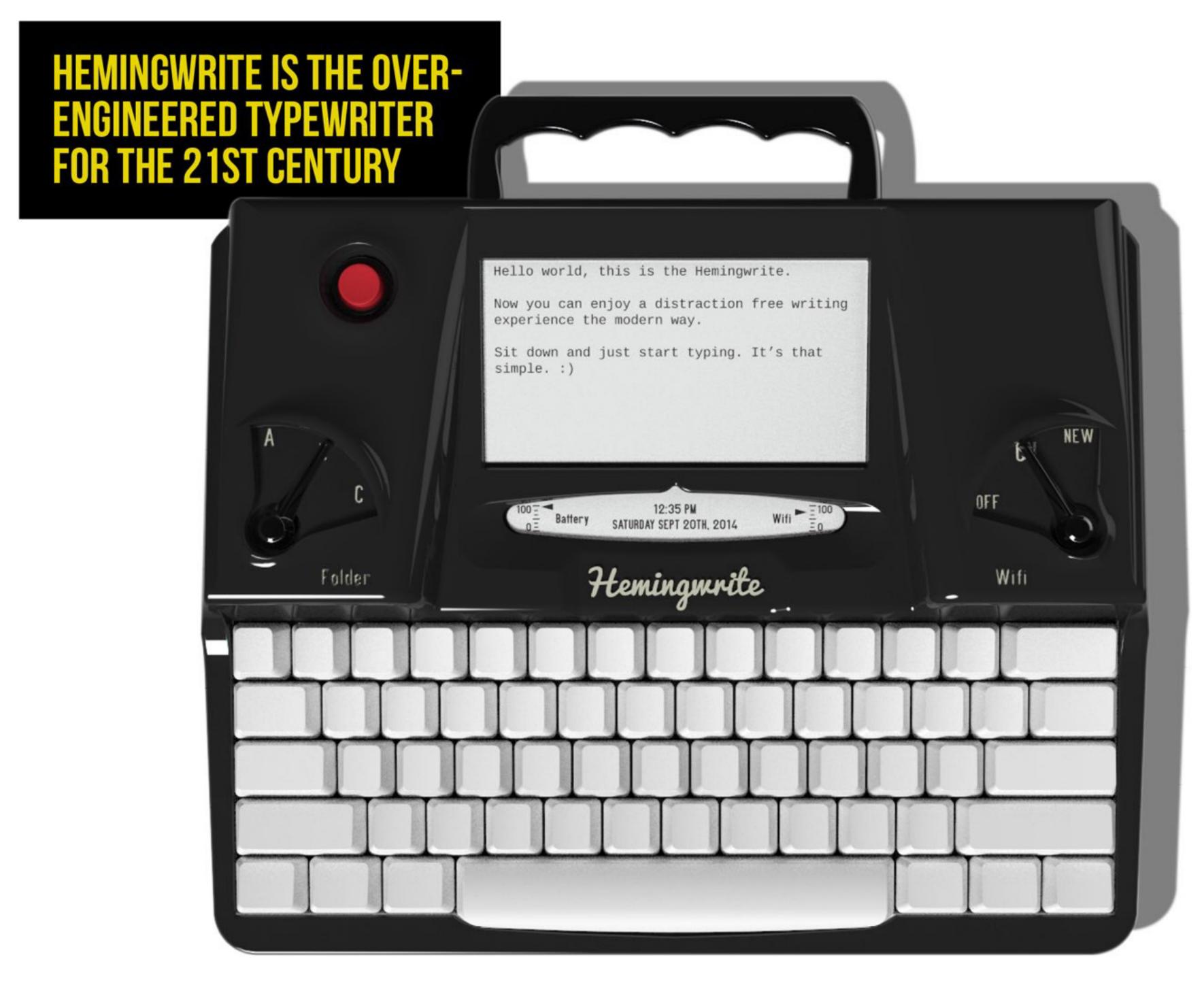
# Set Your Thoughts Free

#### Hemingwrite

Writing is hard, really hard!
For most of us that haven't written anything since high school, we don't have the ability to write elegant prose. We need all the help we can get!

The Hemingwrite is designed to aid both the new and established writer by providing a robust writing tool that completely removes all distraction from our daily connected lives. Designed in Detroit, this portable, single-purpose

gadget combines a daylight-friendly, high-contrast 6-inch E Ink screen with a high-quality mechanical keyboard to offer all the focus of a traditional typewriter and all the benefits of a modern device. Wifi connectivity has been included to sync to the cloud but without a browser or email there will be no playing angry birds or checking email. The Hemingwrite is designed for one thing and one thing only: putting words on a page.



# The Need for Speed

#### **The Aerion AS2**

Aerion Tycoons who live life on the go will soon have a new, expensive play-thing to help them — in the shape of a supersonic private jet. European

of a supersonic private jet. European aircraft maker Airbus is teaming up with US-based Aerospace firm Aerion to build the jet that will be able to fly from London to New York in three hours and from Los Angeles to Tokyo in six. The Aerion AS2 business jet will zoom

around through the skies at 1,217 mph, almost as fast as the world's last supersonic airliner Concorde, which flew at 1,350 mph.

The two companies announced they will be joining forces on the project, sharing 'capabilities in design, manufacturing and certification'. Engineers from Airbus' Defence and Space Division will work with Aerion at its base in Reno, Nevada.



## The Bastards Are Coming

#### **Bastard Ale**

Starting this month, 2014 Double

Bastard Ale and Lukcy Bastard

Ale will descend upon an unsuspecting nation in 22-ounce

bottles and on draft at select retailers, restaurants and bars. Not to be wasted on the tentative or weak, both beers are reserved for Worthy souls with the ability to comprehend and appreciate these refined forms of "Liquid Arrogance."

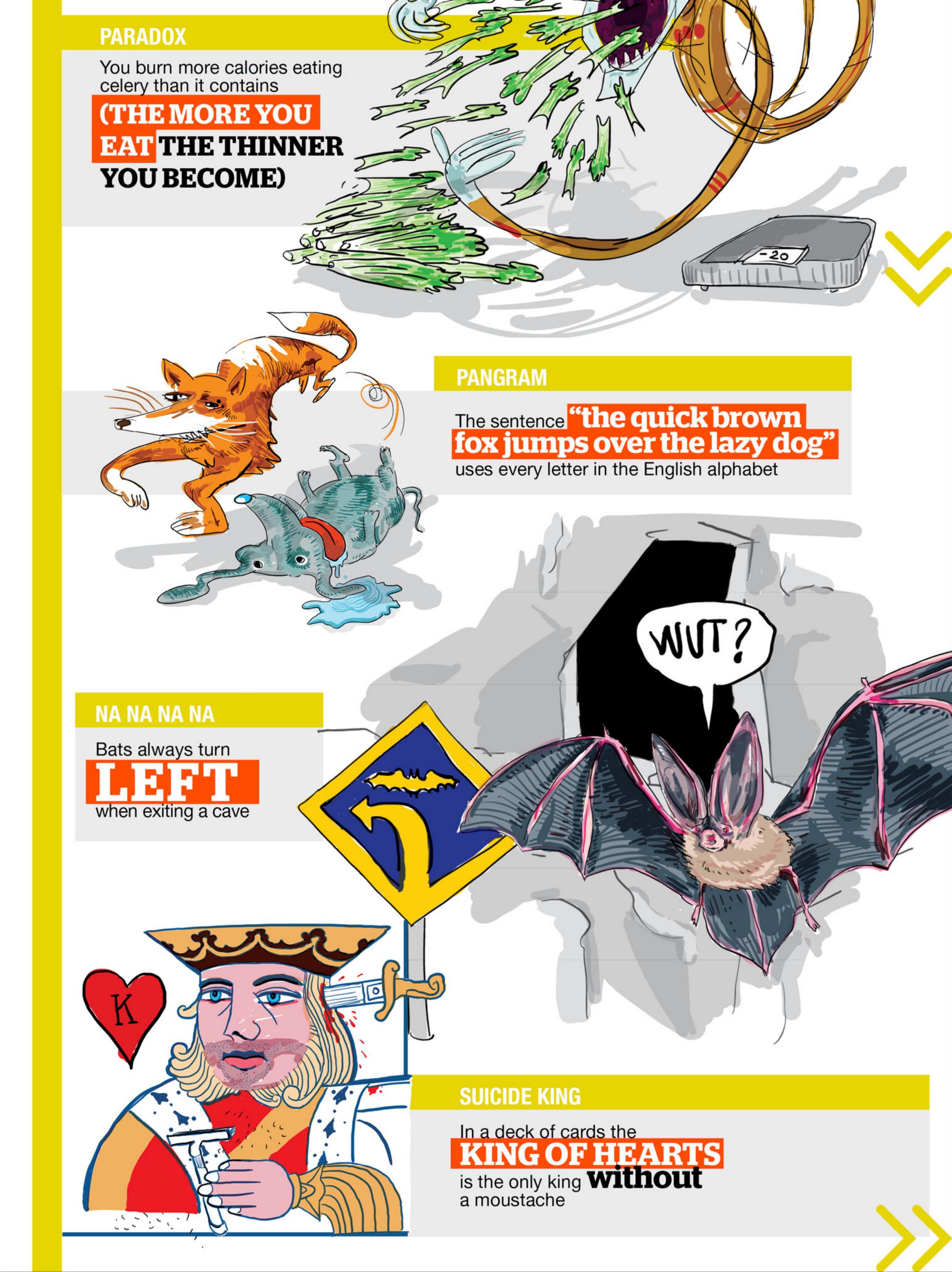
They are amazing specimens to be relished, revered and respected.

While Lukcy Basartd Ale should be consumed right away and without delay when it's at its brash freshest, the massive Double Bastard Ale can be massively enjoyed sooner, later, or whenever you damn well please, as it may be properly cellared for months or even years.

FIZZY YELLOW BEER DRINKERS SHOULD SIMPLY STAY HOME... WITH THEIR MOTHERS.





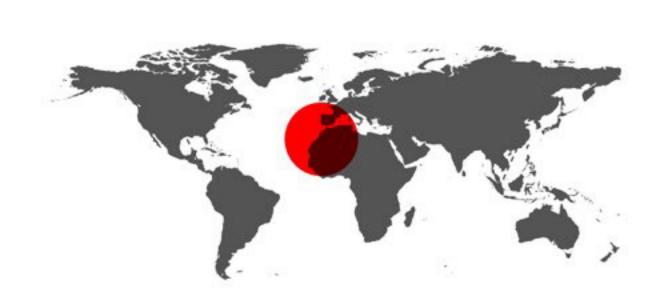




#### + Salon du Cheval

The performance of Moroccan horsemen during the 7th edition of the "Salon du Cheval" in the city of El Jadida.

El Jadida, Marocco



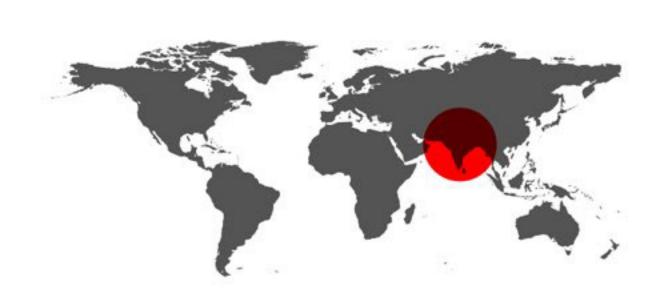




#### + Yoga

Nearly 5000 students and their teachers in Delhi Public School perform yoga, with religious prayers for the world peace and harmony.

Hyderabad, India





#### + SPIRITUALISM

People partake in a spiritual ceremony in the mountains of Sorte in Yaracuy, west of Caracas. Spiritualism and Santeria are popular in Venecuela, where African and Catholic deities are mixed.

Caracas, Venecuela







#### + Blood Swept Lands

Queen Elizabeth II and her husband Prince Philip visit 'Blood Swept Lands' and 'Seas of Red' poppy installation at the Tower of London. The art installation symbolizes British and Colonial WW1 casualties.

London, England







#### + Ebola

Volunteers arrive to pick bodies of people who died of Ebola virus. Dozens of British military personnel are going to fly to Sierra Leone next week to help build medical facilities to combat the epidemic of Ebola.

Freetown, Sierra Leone





#### + War

Smoke and flame rise follow an explosion in Syrian town Kobane (AKA Ain al-Arab). The photograph was taken in the southeastern village of Mursitpinar in Turkey.

Kobane, Syria





#### + The Kiss

The reaction of a little girl as a horse from a "Botticelle" tries to catch her at Piazza di Spagna. The "Botticelle" are traditional Roman carriages that tourists use to sightsee Rome's historical center.

Rome, Italy

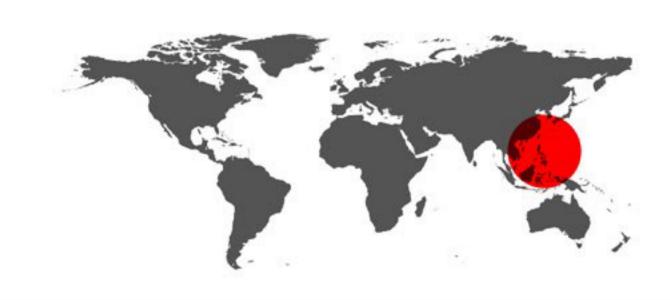




#### + Fishermen

Philippine fishermen raise an empty fishing net in a bay at Anibong in Tacloban. The eastern island of Leyte, where the photograph was taken, was devastated by typhoon Haiyan.

**Tacloban, Phillippines** 

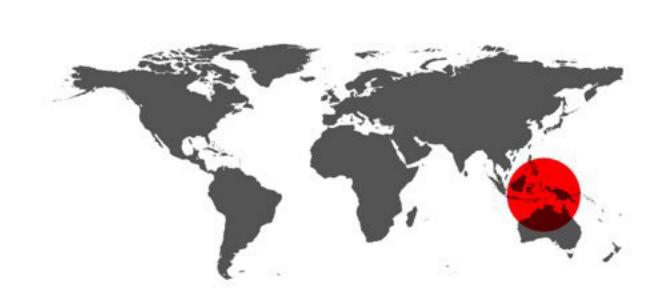




#### + Eruption

Residents watch dark giant ash clouds rise from the crater of Mount Sinabug. The photograph was taken in Karo, a district in Indonesia's Sumatra Island.

Karo, Indonesia

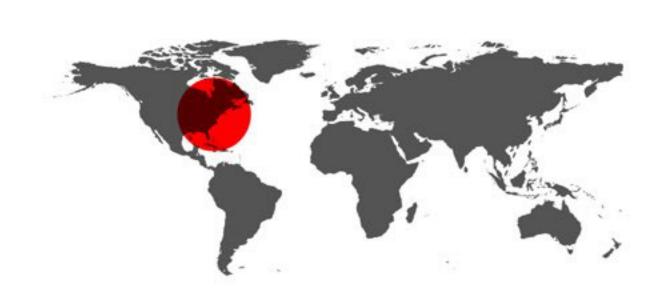




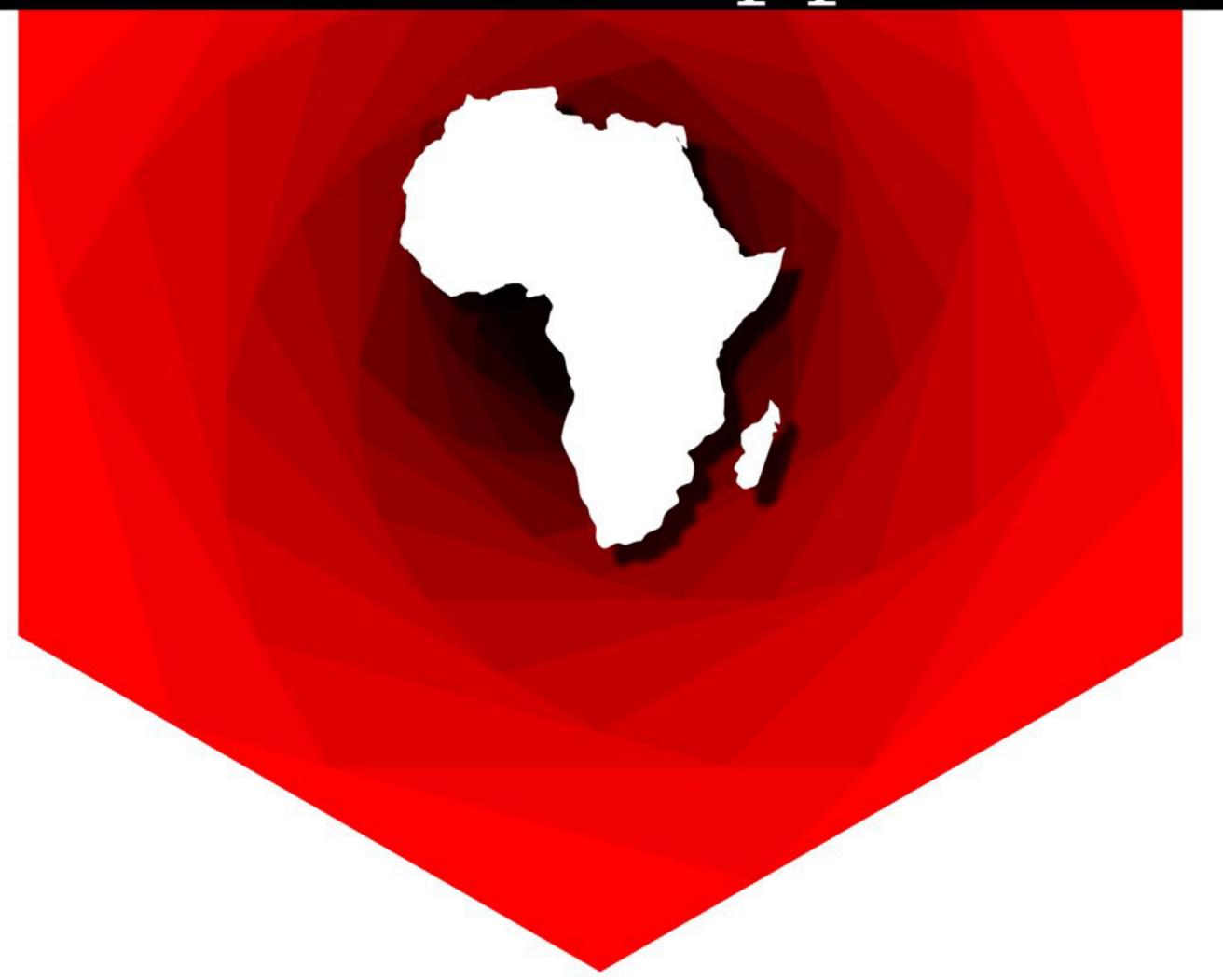
#### + The Tower

A view of New York City from the 75th floor of 432 Park Avenue. The 104- unit condominium tower is going to be the biggest residential skyscraper in the USA, with its 96 stories.

**New York, USA** 



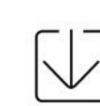
What the F Happened?



According to many archeological, anthropological, historical, ethnographical and biological data, human life began in Africa. The story of the Garden of Eden, according to scientists, is actually the story about the first human habitat in the African paradise, from which people later conquered the rest of the continents. And besides all the challenges it was faced with, humankind managed to survive to this day. The last one in a series of these dangerous challenges is a microbe exotically named Ebola.

Will Africa turn up to be both the cradle and the cemetery of human life?

by: Dr. Aaron U. Isakowych



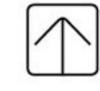


The symptoms are terrifying. Indoctrinated with the fear of influenza virus, people cannot even imagine how great a horror the Ebola virus causes in the organism of the diseased. It all starts a couple of days after being infected, three weeks at the most. In the beginning it resembles the flu virus – high body temperature, a fever, pain in the muscles, throat and head. This is followed by sickness and vomiting along with diarrhea and skin rash. In the later stadium kidneys and liver fail, and then the other organs follow. Basically, causing extensive bleeding is how the virus works. As all other hemorrhagic fevers, it achieves this, by rupturing the small

blood vessels in every organ by means of destroying the endothelial cells on the one hand, and on the other, by diluting the blood and decreasing the repair and coagulation mechanisms. The only difference is that in Ebola, both of these mechanisms are well developed. This way, the whole body simply turns into one huge wound with internal and external bleeding.

The data about the death rate of Ebola are both controversial and contradictory. Officially, the death rate is placed into a wide probability scope that ranges from only 20 up to 90 percent. These data vary depending on numerous parameters, but there are





indications that the numbers are being obscured and that a large number of the deceased is not even recorded, in part due to the lack of efficiency of the countries that are stuck by the epidemic, in part for the purpose of reducing the panic which inevitably follows the mention of the word Ebola. The North of Sub-Saharan Africa is the place of occasional outbreaks of Ebola epidemics, even though the cases of this disease occur throughout the whole year. Africa is a simmering hotspot of Ebola no one has paid attention to until the skin of the patients became a little paler than usually. It is estimated that, until the August of this year, officially 3500 out of 7000 suspected died.

APOCALYPTIC SCENARIO IS FAR FROM BEING REAL, BUT THIS DOESN'T MEAN THAT THE WORLD HAS AVOIDED THE BULLET

The current epidemic crisis in western Africa (Liberia, Sierra Leone, Senegal, Nigeria, Guinea), with thousands of infected and an unknown number of diseased in the USA, has started almost a year ago. There is a reason the entire world paid attention to this year's epidemic. Officially, the number of diseased is greater than it was in all

the previous Ebola epidemics up to now. It all started in December 2013, when a family from a small village in Guinea died from the consequences of the Ebola infection. It is believed that patient zero is a two-year-old boy. This is the first case of Ebola in that part of the world, that is, in that part of Africa. The family of the little boy kept spreading the infection further, until it crossed the boarders and entered a several more countries and regions. Ebola is endemic in Sub-Saharan Africa, and it left the West secure up until now.

It is possible to diagnose Ebola only by isolating the viral genetic material from a sample, and this is why it was necessary that some time passes in order for

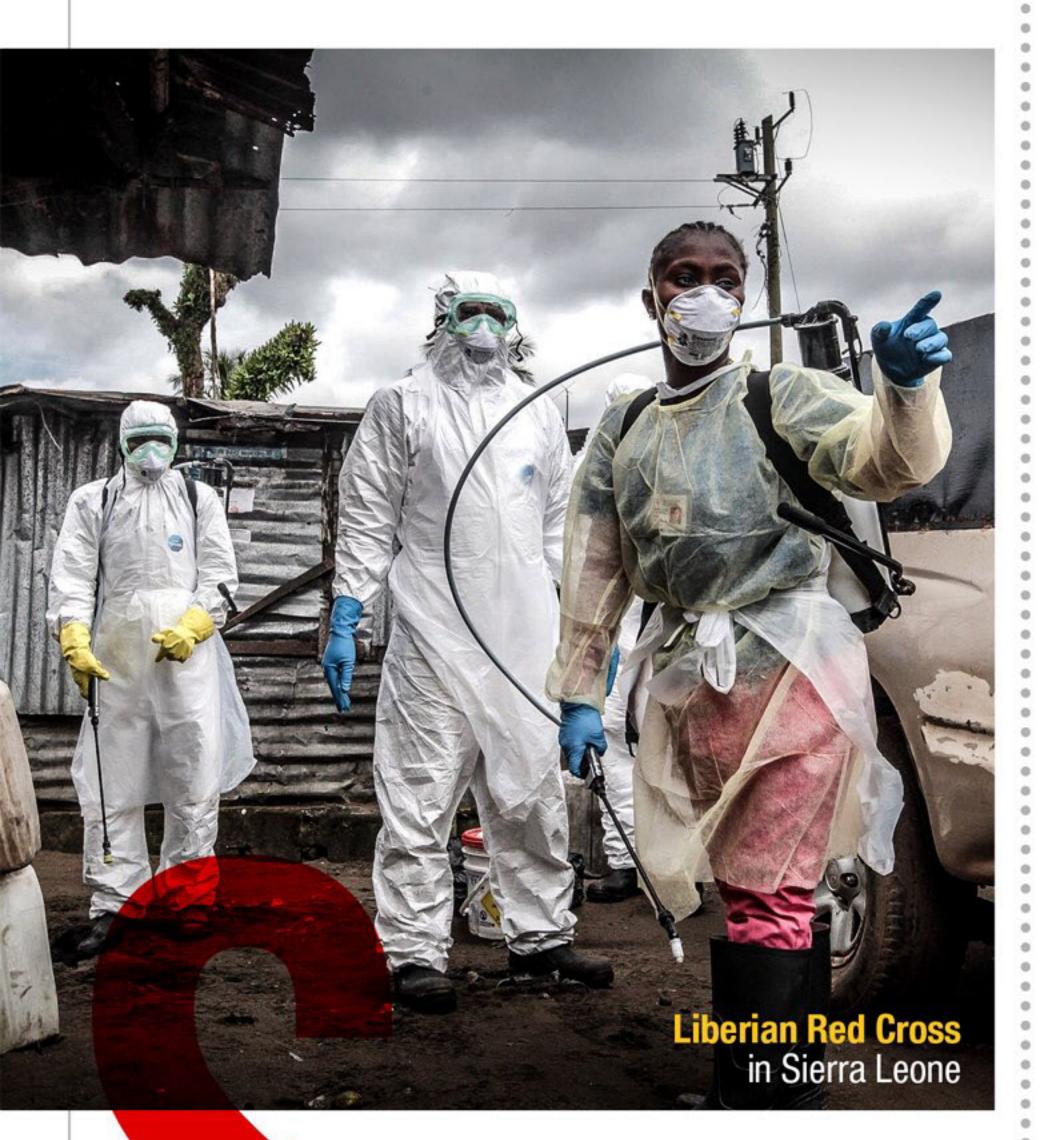
Ebola to be confirmed. In the first quarter of this year, there were a few dozens of diseased and the epidemic was declared, but no one could even imagine how long it was going to last, just like they cannot imagine now. At that time, the World Health Organization sent a team of specialists to help the governments with their fight against the epidemic. The number of

diseased rose to a hundred and it was recorded that, at one point, everyone were moving away from Guinea. In the following months, the disease was spreading beyond the borders of Guinea and the number of afflicted climbed to a few hundred by the middle of July. Besides Guinea, the cases appeared in the neighboring Liberia and Sierra Leone,





with the first cases recorded in Nigeria and by the end of August in Senegal. After this, the number of diseased rose exponentially, but they remained within the states of western Africa.



Since the beginning of the epidemic and the first medical expeditions, among the afflicted and deceased there is a growing number of medical workers. The disease spreads primarily through the poverty-stricken population. The escalation of the infection happened because it was not possible to conduct an adequate epidemiological survey, due to the lack of education as well as a certain disinterest of the people. Terrified by death that is all around, by people in protective coveralls and masks, armed soldiers and

police, the diseased and suspected are trying to escape quarantines, while the great number of those that came in contact with the infected and the dead run away and hide, thus increasing the probability of spreading the infection. In this way, any attempt to help is being sabotaged. Disregard of the simple preventive procedures, social and cultural discrepancies and the frequent practice of inadequately burying the dead are only multiplying the number of diseased and staring to produce complications of immense proportions.

# CAUSING EXTENSIVE BLEEDING IS HOW THE VIRUS WORKS

At the beginning of October, the problem reached global proportions and the fear of many people outside the boarders of the Ebola-stricken countries came true. The first Ebola patient was identified and isolated in Texas, America. Epidemiological researches have shown that patient zero in the USA traveled a lot, changing planes, which multiplies the number of potentially infected many times. Extra panic was created by the news that the homeless man who drove in the ambulance after patient zero disappeared and was found only a couple of days later. This is followed by cases in Miami, and the whole issue starts to resemble some







cataclysmic movie.

The story about the cure is no less disturbing and confusing. Many laboratories in the world have recently announced that they are working on the development of the cure or vaccine. Some of them even set the deadlines by which they will have developed the treatment, while for some of them, it is suspected that they already have everything prepared, but hidden.

Everything that has happened in the last couple of months in western Africa has been looked upon with pity, but what increased the doubts and forced many to follow the entire situation with suspicion is the case of the medical workers from the USA. Namely, two of the medical workers who came to help the affected population fell ill and were transported back to the States on the request of the government, so that the medicine can be tested on them. The drug was efficient and after being transferred in early August, the two of them are now feeling well and hoping to go back to Africa and continue to help. One great problem lies in the fact that it is an experimental drug, which allegedly has not been tested on people and these two were used for the purpose of experiment. After it turned out efficient, a question arises – what is going to happen to thousands of diseased who are waiting for the medication? Allegedly, the answer lies in the drug being unprepared to put on market without adequately conducting the trial and without the description of contraindications and side effects. I repeat, allegedly! This magic drug is called ZMapp and it was produced by Mapp Biopharmaceutical Inc. from San Diego. Prior to the experiment, the drug was tested on monkeys, which had a positive reaction in 50% of cases.



Allegedly, the drug was given to these two medical workers more than a week after they were infected and the reaction was 100% positive. This notable medicine is actually a monoclonal antibody to the Ebola viral antigen, which means that it is neither like the drugs against bacteria, which are killing the cells by affecting the metabolism,



nor like the ones against HIV which are damaging the genetic material, but the antibodies that are binding the virus, thus preventing it to bind to uninfected cells. It is a simple immunization, which is quite common in the case of viruses. Why is then such a problem to develop a treatment, if this is an already familiar mechanism of immunology upon which Pasteur developed his treatments? It is clear that this medicine cannot help those that are suffering from Ebola, especially not all the diseased in Africa. Following such a direction, the scientists will not be able to discover the drug, because what we need is a treatment that will eliminate the already existent virus from the organism. On the other hand, every mention of the vaccine rests on the fact that the properties of the virus are not familiar enough and that we are far from the vaccination against Ebola. Each of these stories is equally unconvincing because an evident discrepancy exists between the achievements of

medicine which are inestimable and fantastic and its current inability to struggle against some obvious hotspots. Perhaps the problem is medical and perhaps it is pharmaceutical!

# TWO OF THE MEDICAL WORKERS WHO CAME TO HELP THE AFFECTED POPULATION FELL ILL AND WERE TRANSPORTED BACK TO THE STATES

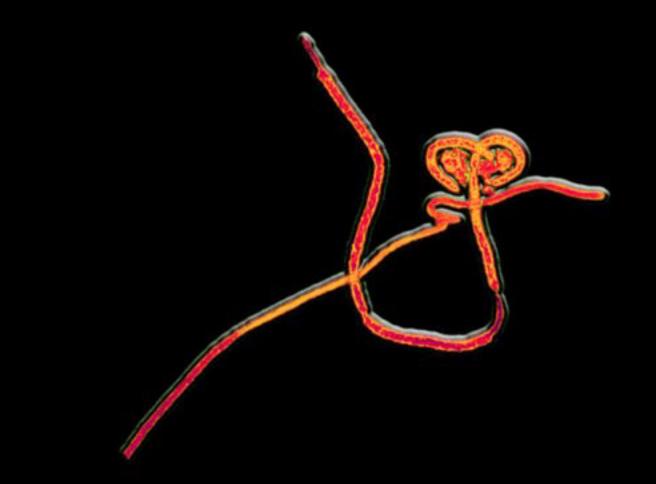
The virus's behavior is unpredictable. Theoretically, the mutation may not even happen, because of the lack of adequate response, that is, the lack of treatment which would force the virus to develop defense mechanisms. Another reason is that the number of the diseased is not big enough to lead to





genetic alterations caused by mimicry. The thing that could be dangerous is the human factor. In the light of modern world issues, there are indications that certain interest spheres could use Ebola for the purpose of spreading their ideology. We are here talking primarily about ISIS. The aspirations of the terrorists to get their hands on biological weapons are long known, but the logistics for something like that was almost unattainable. New possibilities, and realistic ones at that, are now being opened.

Seduced by ideology, certain individuals with a little money may go into the affected areas and die after directing their infections towards specific targets. Solving the problem of the Ebola epidemics is a complex issue. For one thing, prevention could be clearer and more expeditiously carried out; for the other, every potential medication must be available to everyone and not just to the privileged individuals. Our knowledge and capabilities should be sufficient to prevent the global catastrophe, as the greater obstacles have been surmounted. Apocalyptic scenario is far from being real, but this doesn't mean that the world has avoided the bullet. Instability in certain regions, inability to follow the individuals and failure to follow the definite plan could be an aggravating factor. For now, there are not many people involved in the struggle with Ebola, but if this is necessary, the world will fight it out. This requires a stricter policy of control and prevention. We have fought



Ebola is a viral disease from the group of hemorrhagic fevers. It is a disease which affects both people and animals, and it is caused by specific types of Ebola viruses. There are five types we are familiar with, four of which cause the disease in humans. It is transmitted by vector and among the diseased ones, it spreads through blood and bodily fluids, and even through the bodies of the dead. It was named after the Ebola River in the Democratic Republic of Congo, where it was first isolated in 1976.

Ebola is said to be highly infectious, but not very contagious. This means that, in order to get ill, a minimal number of viral particles are needed (according to some studies, only one is enough). Having in mind that viruses are alive and highly resistant organisms, one of the dangers to the entire world is their mutation ability as the only way of survival. By doing so, they alter their genotype in one and phenotype in the next mutation, thus becoming airborne. This will make it largely lose their infectivity, but not so much that it becomes harmless. The diseased are the most contagious in the phase when they are experiencing the symptoms, but it was recorded that in some cases people were infected by persons who have recovered from Ebola.







and beat plague, tuberculosis, rabies. We are struggling with HIV, constantly wrestling with influenza, and now it is Ebola's turn.

# SINCE THE BEGINNING OF THE EPIDEMIC AND THE FIRST MEDICAL EXPEDITIONS, AMONG THE AFFLICTED AND DECEASED THERE IS A GROWING NUMBER OF MEDICAL WORKERS

The number of diseased is growing, and in the period from August 1 to October 1, this number multiplied itself by seven times. More and more countries are afraid of the infected travelers, and the population of western Africa runs away from the quarantines, confronts the government and disobeys the prescribed measures of prevention. It all creates a picture in which the neglect

of that part of the world is still present. Ebola will not change the world because in the last forty years neither AIDS, nor genocides have done it. Ebola will be

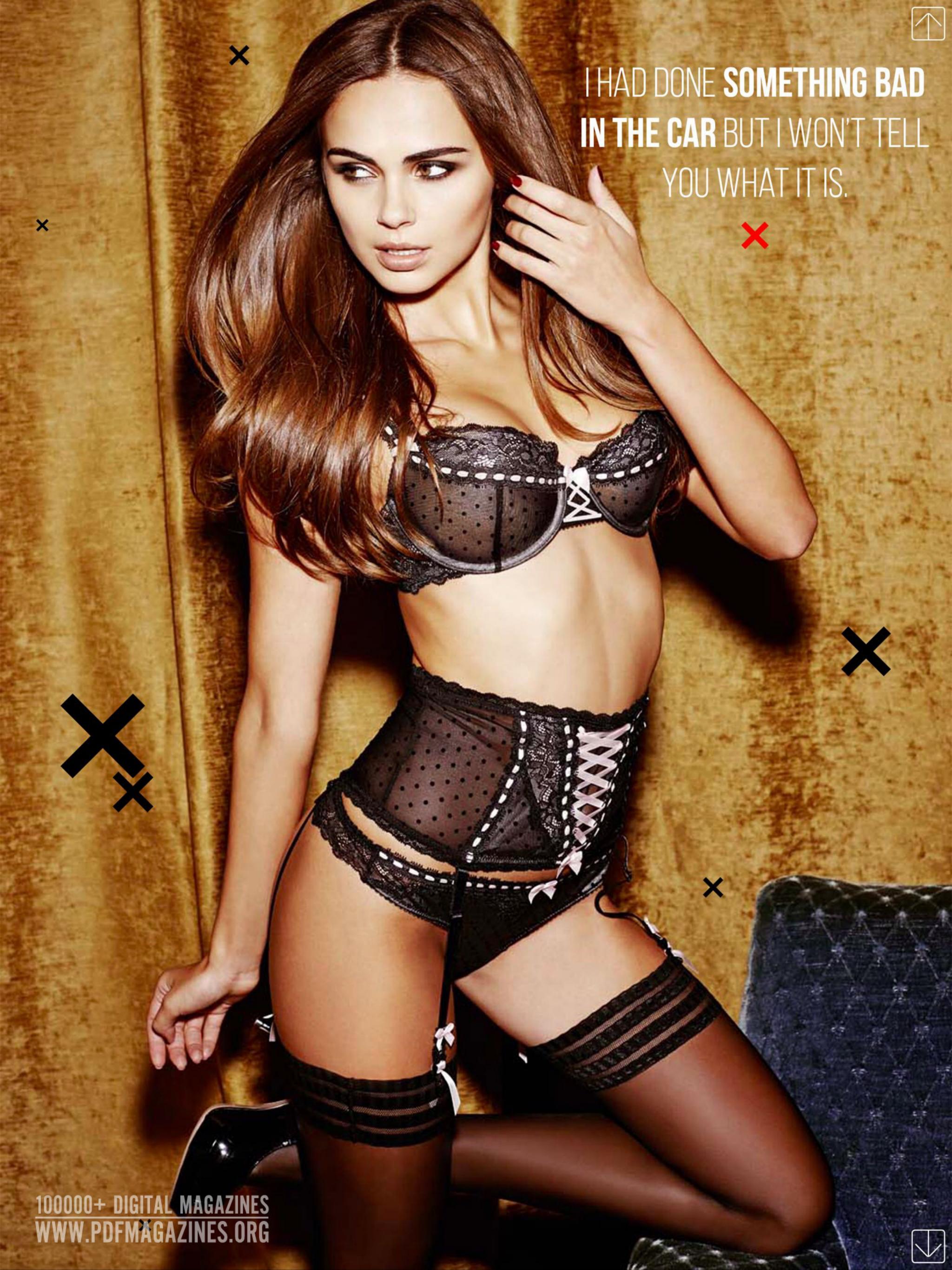
> defeated when we manage to fight the prejudice and narrowmindedness, when we let the science help us.

Predicting the number of diseased and dead is unrewarding, but one thing is sure, the numbers will be estimated in thousands, if not hundreds of thousands. These people will most probably come from the underdeveloped and poverty-stricken environments, because the lack of hygiene and poor social influence is a true agar for replication of Ebola. The high

death rate can slow down the illness to some degree. The greatest challenge, besides the prevention in rural areas, will be if the disease spreads to urban regions. The ability of the population to fight Ebola in such an environment will be of major importance, because this is the place where Ebola can be defeated. Unless we beat it on this terrain, the end could be terrifying.











Jennifer Lawrence – Despite leaked nudes, Jennifer is still one of the top paid actresses.

Halloween – A traditional holiday where you can enjoy various activities.







Gym – The perfect time to start on those calories and visible love handles

Umbrella - Pretty much all you need when you get out of the house: rain/snow/sun protection





Lemonade –Pills are a great substitute but natural is better and healthier.

# Who's cool, and who's not? What to get and what to avoid?

Photoshop retouching
 We know that you used it once or twice.
 Not cool though.





Politics – Forget it. Politics is a big no no. Leave it to the middle aged men.

Facebook – There is no excuse. Stop, log out and go out with a friend.





Gym selfie – Consider it a male version of a bathroom selfie. Ridiculous!



Laziness – Don't be a couch potato. At least clean your house. That's a good start.



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MONSTERS AND GHOSTS ARE REAL - THEY LIVE INSIDE US

STEPHEN KING THINGS MOVIE MAKERS WANT US TO THINK ABOUT

AMERICAN PSYCHO

FOXCATCHER
THE THEORY OF EVERYTHING
THE HUNGER GAMES 3
THE IMITATION GAME
EXODUS

# FEAR EXPOSED

WHY DO WE LOVE HORROR MOVIES?





- FOXCATCHER
- THE THEORY OF EVERYTHING
- THE HUNGER GAMES: MOCKINGJAY PART 1
- THE IMITATION GAME
- 5 EXODUS: GODS AND KINGS





Biography/Drama/Sport Director: **Bennett** I

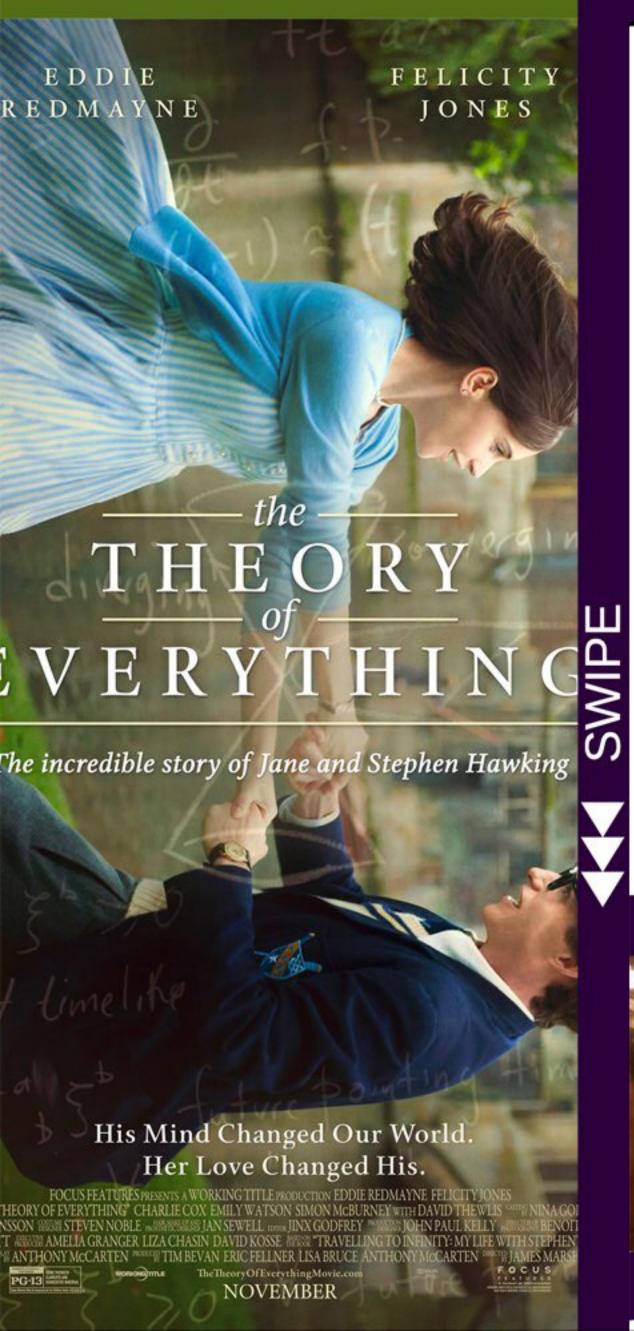
Mark and Dave Schultz are brothers and Olympic gold medal wrestlers. Mark is a good-natured man who tries to cope with the difficulties of life, while at the same time he trains with his brother in order to pursue his career as a wrestler. His hard work seems to pay off, as he becomes friends with one of the richest man of the time, John du Pont. He invites the two brothers to train professionally at his enormous estate and sport facility. However, the big problem arises when Mark starts to resent his brother's success and his benefactor's influence on Dave.

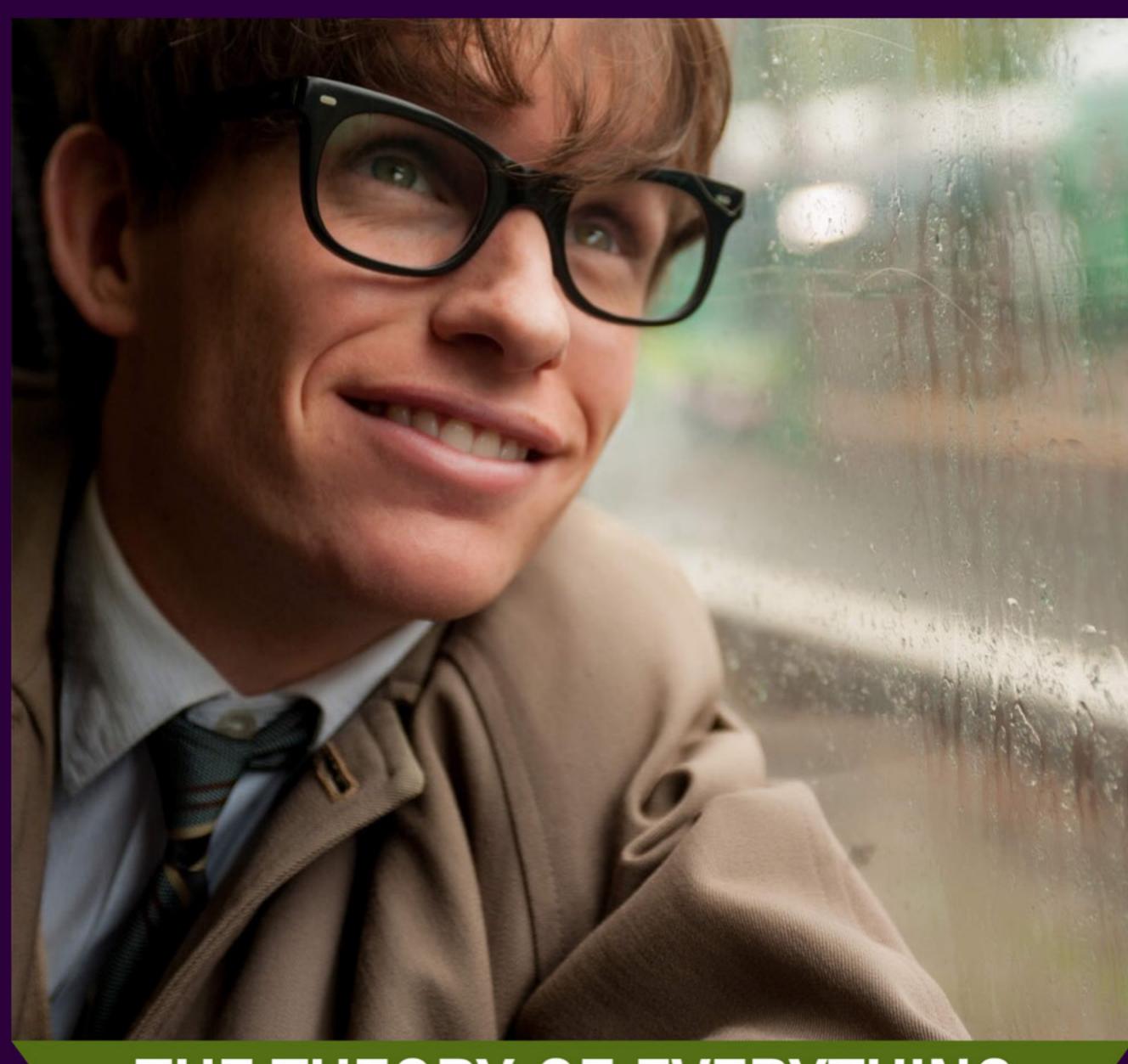
These dark, unhinged events are based on a true story. It is yet another masterpiece of Miller, who once again succeeded to prove how inherited wealth can influence





- 1 FOXCATCHER
- THE THEORY OF EVERYTHING
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### THE THEORY OF EVERYTHING

Biography/Drama

Director: **James Marsh** 

The movie is based on a book "Travelling to Infinity: My Life with Stephen". It follows a story of a well-known physicist Stephen Hawking and his wife Jane Hawking. It is predominantly a love story and it centers on their studying years at Cambridge University, his ALS diagnosis, their marriage and the ultimate divorce. It is the perfect example of how difficult life can sometimes be, and that not even love can change its course. The movie also explores some of Hawking's most brilliant ideas and theories, and perfectly demonstrates his physical deterioration.

Although the movie lacks in the presentation of Hawking's outstanding contribution to the world of physics, it is very sentimental. We get a chance to see Stephen Hawking the



Director: Francis Lawrence



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NOVEMBER 21



THE HUNGER GAMES: MOCKINGJAY - PART 1

Adventure/Sci-fi

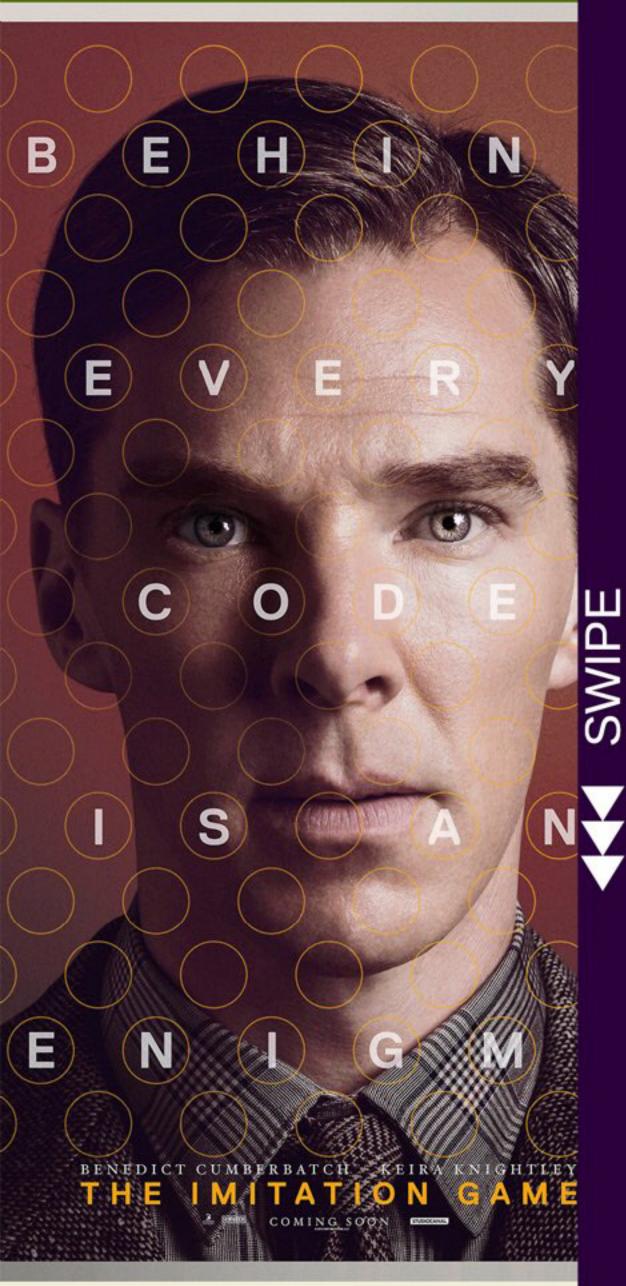
The movie is the third part in Hunger Games series and the first part of Mockingjay story. When she destroys the games for good, Katniss Everdeen finds herself in District 13. Encouraged by advice of her friends, the leadership of President Coin and a nation moved by her bravery, Katniss spreads her wings as she begins a fight to save Peeta.

There are some bad reviews concerning the runtime: why a movie so good is this short? Actually, concerning that there are 2 hours of quality material, we think that the runtime is sufficient. Do we need to remind you that there is a second part of Mockingjay scheduled for 2015? Many are even agitated that this "part 1 and part 2" thing puts the beauty of this movie on the same level as Twilight saga. But





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### THE IMITATION GAME

Biography/Drama/Thriller

Director: Morten Tyldum

The movie is based on the biography Alan Turing: The Enigma by Andrew Hodges. It follows a story of Alan Turing, an American-British mathematician, cryptanalyst and computer scientist, who is a crucial figure in Nazi Germany's Enigma code cracking. The event helped the allies win World War II. The movie shows Alan Turing's life story: his miserable teenage days at school, the triumph of his code cracking wartime life period and the later criminal offence prosecution from having admitted he had a homosexual relationship.

Ok, so you all probably want to know if there are any homosexual sex scenes in the movie. The answer is NO. Not even hand holding scenes. Though Alan's sexuality is an





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- EXODUS: GODS AND KINGS





### **EXODUS: GODS AND KINGS**

Drama Director: Ridley Scott

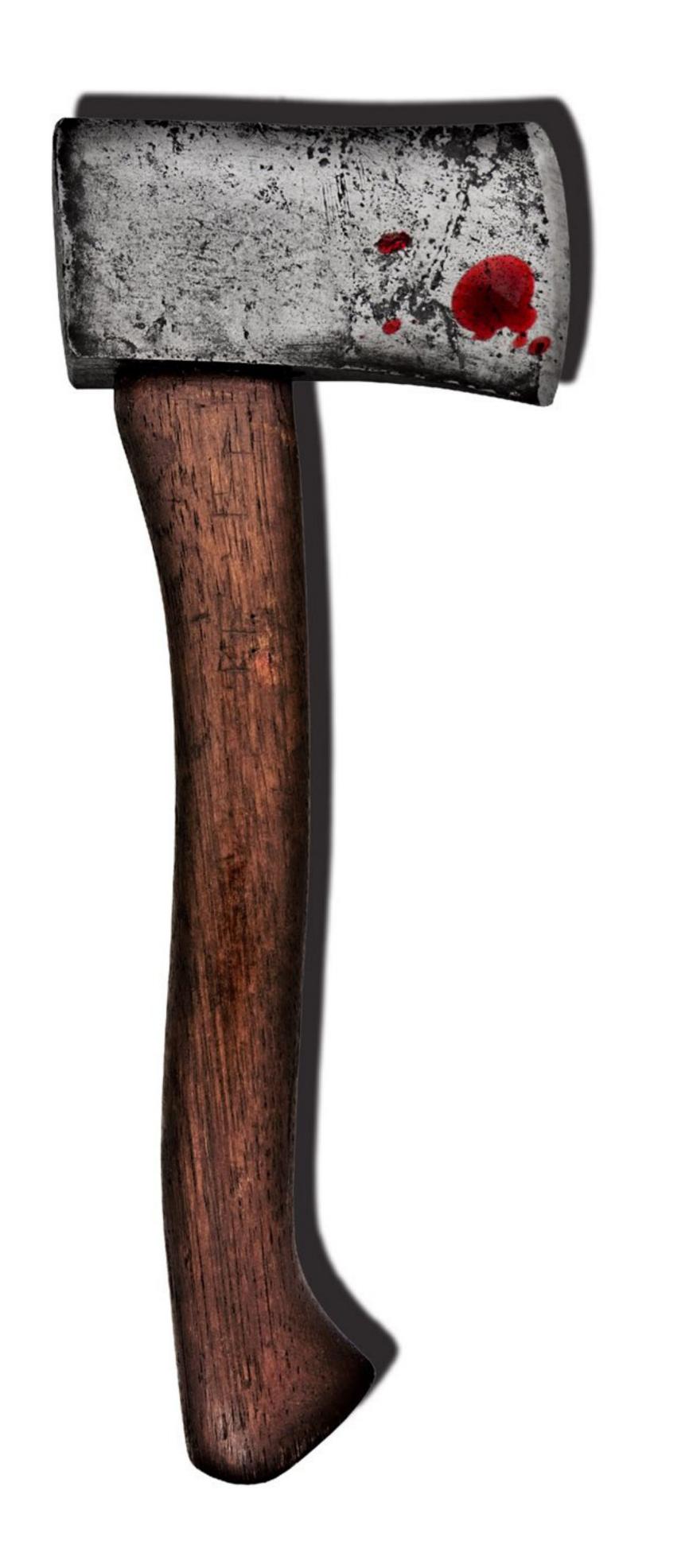
The movie is the upcoming biblical, epic movie. We all know the story of Moses, the youngest child of Jochebed and Amram, who was sent down the River Nile in order to be saved from guards who killed babies. He was found and raised by Pharaoh Seti and Queen Nefertiti, who already had one son, Ramses II. The ultimate battle between stepbrothers begins: Moses rises up against Ramses II, setting more than 600 000 slaves on a tremendous journey of freedom far away from Egypt.

The main concern about the movie is that many do not believe it is going to be historically accurate. It is even said that it is going to be atheistic revisionism. But c'mon. We do not want to say that all biblical stories are incor-





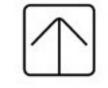




### **AMERICAN PSYCHO**

THINGS MOVIE MAKERS WANT US TO THINK ABOUT







#### **By: Marcel Cofield**

Late 1980s. Patrick Bateman is a rich businessman living in Manhattan, New York. His life is extremely superficial and revolves around dinners

in expensive restaurants, while keeping up appearances with his fiancée Evelyn and his equally shallow (and wealthy) friends he actually despises. However, Bateman has a big secret: he is a brutal serial killer.

Throughout the movie, we witness
Bateman's daily routine that consoles
him: morning exercises, facial cleansing, music preferences, his fetish for
expensive designer suits and the extravagance of his immaculate flat. When
Bateman and his colleagues boast about
their new business cards, he realizes
that Paul Allan's card is better than his,
and instantly feels humiliated. In order
to ease the frustration, Bateman kills a
homeless man and his dog in a dark alley. Paul Allan has even mistaken Bate-

man for Marcus Halberstram, another colleague who resembles Bateman, leaving him outraged, so he makes plans to kill Paul. After a dinner, where Bateman gets Paul drunk, he lures him back to his flat and kills him with an axe. When he gets rid of the corpse, he then goes to Paul's place to stage everything, so that it seems like Paul has gone to London. As a detective called Donald Kimball becomes suspicious of Paul's actual whereabouts, the tension begins to rise.

## Bateman is not sure whether his crimes are real or fantasy

Later on, Bateman has violent sex with two prostitutes. The women leave the flat terrified, bruised and stained with blood. The following day, Luis Car

ruthers, Bateman's colleague, shows his business card, which is more extravagant than his, so Bateman snaps again and tries to kill Luis in a bathroom. But when Luis mistakes Bateman's intentions for a sexual activity and reveals his homosexual tendencies towards him, unable to process this information, he flees in panic. When he kills a model, Bateman invites his dorky secretary Jean to his flat for drinks. While the two have a conversation, he holds a nail gun to the back of her head, but decides not to kill her and tells her to go home before she gets hurt.

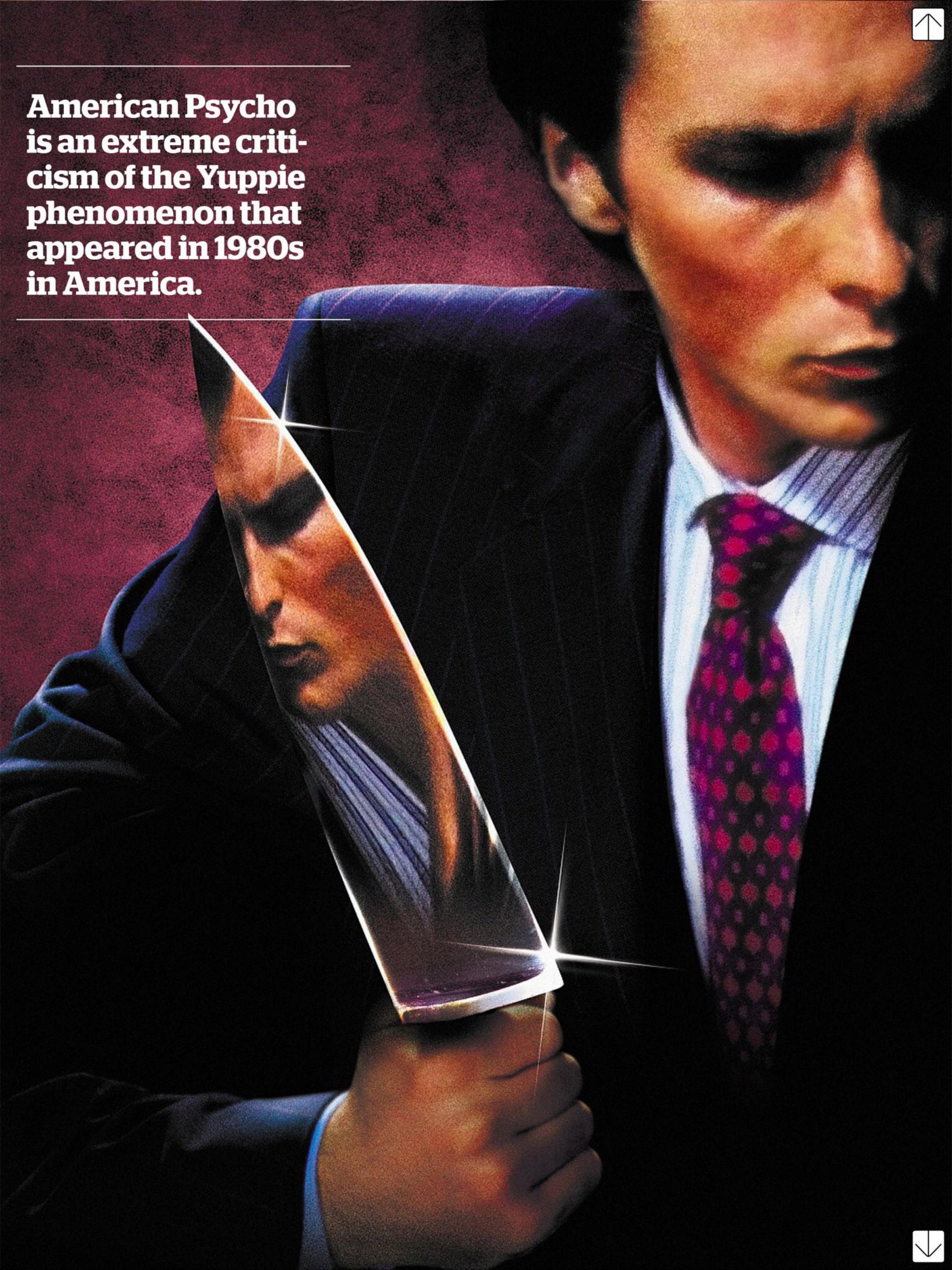
Bateman has another threesome with two prostitutes, Christie and Elisabeth, at Paul's apartment. During the sexual act, Bateman kills Elisabeth, while terrified Christie escapes the flat, discovering several corpses and "Die Yuppie scum" written on walls with blood along the way. Bateman chases her with a chainsaw, drops it on her, and kills her as she runs down the stairs. At a dinner, he tells his fiancée that he breaks the engagement because she is not that important to him. She is devastated and in tears. That night, as Bateman uses ATM he finds a kitten. He hallucinates that the ATM display reads, "Feed me a stray cat".



A woman sees what he is trying to do and tries to stop him, but he shoots her instead. However, police cars start to chase him, but he kills them by shooting the gas tanks on their cars, causing an explosion. While running to his office, Bateman enters a wrong building and shoots a janitor and a security guard. When he finally gets to his office, he calls his lawyer, Harold, and confesses his crimes in detail.

The following morning Bateman visits Paul's place, only to discover it vacant and ready for sale. As he sees Harold at







a restaurant, he tries to explain that he is a serial killer, but Harold laughs at his confession as a joke. He also denies Paul Allan's death as the two had a lunch meeting in London ten days ago. Bateman realizes that he will escape the punishment he deserves. He states that there has been no catharsis and that he still remains a mystery to himself. Though he regrets that nothing has been gained, he still wants to inflict his pain on others. The movie ends with Bateman saying "This confession has meant nothing".

American Psycho is an extreme criticism of the Yuppie phenomenon that appeared in 1980s in America. The yuppie

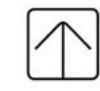
(young urban professional) is a wealthy, upper middle or upper class member in his 20s or 30s. The term stands for a self-absorbed businessman that usually works in law or finance. He enjoys the attractions of sophisticated urban life. In other words, he is Patrick Bateman. Bateman lives in the wealthy part of Manhattan and is 27 years old. He believes in taking care of himself, but do not be confused here: taking care of himself for Bateman means well balanced diet, rigorous exercise routines, ice packs for eyes, deep pore cleanser lotions, exfoliating gel scrubs, no alcohol after shave lotions. But this is only the idea of Patrick Bateman; some kind of abstraction; an entity. Even though he is made of flesh and bones, there is

nothing beneath and he is aware of that. Although he has everything he desires – good looks, money, hot girls – Bateman is dissatisfied and his existence is meaningless.

### SO OUT OF BOREDOM, PATRICK CREATES AN ALTER EGO: HE BECOMES A SERIAL KILLER.

The superficiality of his surroundings emphasizes only the shape of things and their surface. The only way to fit in is to internalize these as the only possible valuation of life. Patrick Bateman is both under constant pressure to fit in, and frustrated and bored by the lifestyle where boasting with blunt business cards is considered important. Therefore, out of boredom, he creates an alter ego and becomes a serial killer. Out of blood lust, this other Patrick Bateman kills people in the most extreme ways imaginable. However, the killings are





only the product of his imagination, the result of his psychosis. His victims are those who show him either that there are people who fit in better (Paul Allan) or that there is a different kind of existence and life (homeless and prostitutes). In other words, these destroy the status quo of yuppie materialist culture. They are a direct threat to him as they portray him as "not perfect".

This uncertainty terrifies him, so he must act upon them in order to feel secure. In the world of ideas, he finds solace.

And though brutal in their nature, these acts of killings serve as a means of escaping the culture; that way he feels alive. Bateman is not aware that his killings are not real. So, another problem arises: he gets away with them and does not even know how. Constantly. The idea here is that society is blind. He often talks about his killer instinct and

actions, yet no one hears him. Or his statements are considered as hilarious joke, because it is not important what is inside as long as you fit the system physically. The necessity of conformity and the shallowness are seen even in the sex scenes: Bateman does not enjoy the act itself, but rather the image of his ripping muscles in the mirror. Appearance, social status, overly materialistic and greedy nature are all consuming ideals of the moment and anyone who internalized them was excused for his shortcomings.



After a nervous breakdown, Bateman is not sure whether his crimes are real or fantasy, as everyone around him remains unaware or is tranquil about his struggle. And they are not important as mere violent acts: they serve to show that what is inside, our true selves, is





not significant. Only the exterior counts. The breakdown actually represents the society's ultimate kick on the individual: you become aware that you were repressing yourself to that extent that something evil and perverse awakens. And then, insanity follows.

As interiority does not count, Patrick Bateman's fantasized confession is not an exit. His killings (even though they are products of imagination) prove to him that life is pointless. Bateman's realization is painful and he does not want a better world for anyone. Furthermore, he desires everyone to accept that their lives are pointless as well. As he is shaped into an emotionless robot, he does not sympathize with others and thus his confession has meant nothing. So when life becomes dull, and you have to constantly live up to the standards others create for you, if you are suffocated and terrified by the conformity of life, stop for at least one second and take a brief moment to contemplate: is it worth it? Are you willing to continue to shape yourself according to the majority, or should you take a risk and say fuck you all? Ultimately, the battle is within you and the consequences are only felt inside your body and mind. After all, you are the only one who has to live for the rest of your life with consequences of your choice.





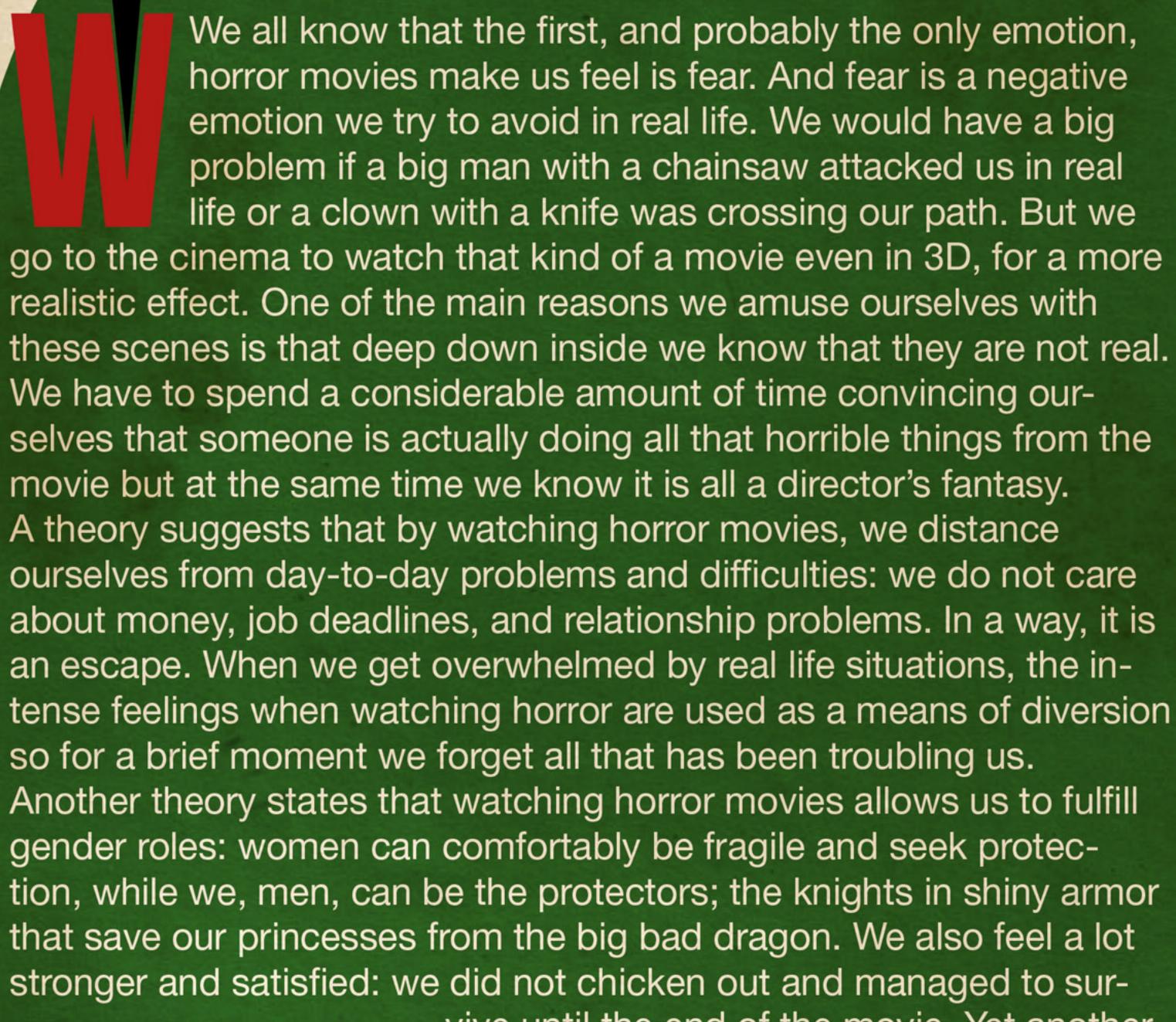




Why Do We Love Horror Movies?

HAUNTED HOUSES, MORBID HITCHHIKERS, COUNT DRACULA, DEMONS, MONSTERS, DISFIGURED PEOPLE. All of these can scare the s\*\*t out of us. Yet, we continue to watch them. But why do we like horror movies? What is it about them so appealing, addicting that we can hardly wait for another one to be premiered? Many scientists explored the psychology of fear and we will present some of the most interesting theories. Some of them still remain on the level of speculation while others have been scientifically proven.

by: Marcel Cofield



WHEN WATCHING HORROR WE FORGET ALL THAT HAS BEEN TROUBLING US

vive until the end of the movie. Yet another explains that while watching horror movies, we actually project our own ideas of evil and immorality onto the villains. Finally, when they get killed in the end (usually they do), we are satisfied that the good and the righteous has won the battle. When we get out of the cinema, we do not remember the frightening scenes because they are not important anymore.

We only remember the thrill and the excitement the happy ending produced in our minds. A quite amusing one, and scientifically proven, is the theory that watching horror movies causes the rush of adrenaline through our bodies. Adrenaline is responsible for the intensity of our emotional response, memory improvement and stress regulation. But when we produce adrenaline, we actually burn calories. So watching horror movies can be perceived as a mild cardio exercise. An experiment was carried out, where scientists measured blood pressure, heart rate and CO2 production in people that were watching horror movies at the moment of the experiment. The conclusion was that they burned approximately 200 calories. Top 3 movies that burn calories were: The Shining, The Jaws, and The Exorcist.





We are also drawn towards repulsive things (natural disasters, the macabre, the images of gore, etc.), not because we are secretly perverse, but because our brains produce dopamine when witnessing these scenes and images. Dopamine is a hormone that is connected to our award and pleasure centers and it is usually delivered after sex or food intake. So, being scared can be fun as well. It can also be produced when we fight against social pressures and taboos (not the extreme ones though). So watching scenes that are socially inconvenient can be interesting sometimes.

Is watching horror good or bad? Taking all things into consideration, you have to conclude for yourselves. Some do not like the sensation of being scared, even if it is not real. One thing is for sure: through a piece of art, a person has some sort of a catharsis, purification. If you like comedy – it is OK. If you like horror – again, it is OK. But if you like both comedy and horror, than it is super OK, as long as you enjoy a good movie we do not have a problem and an objection.



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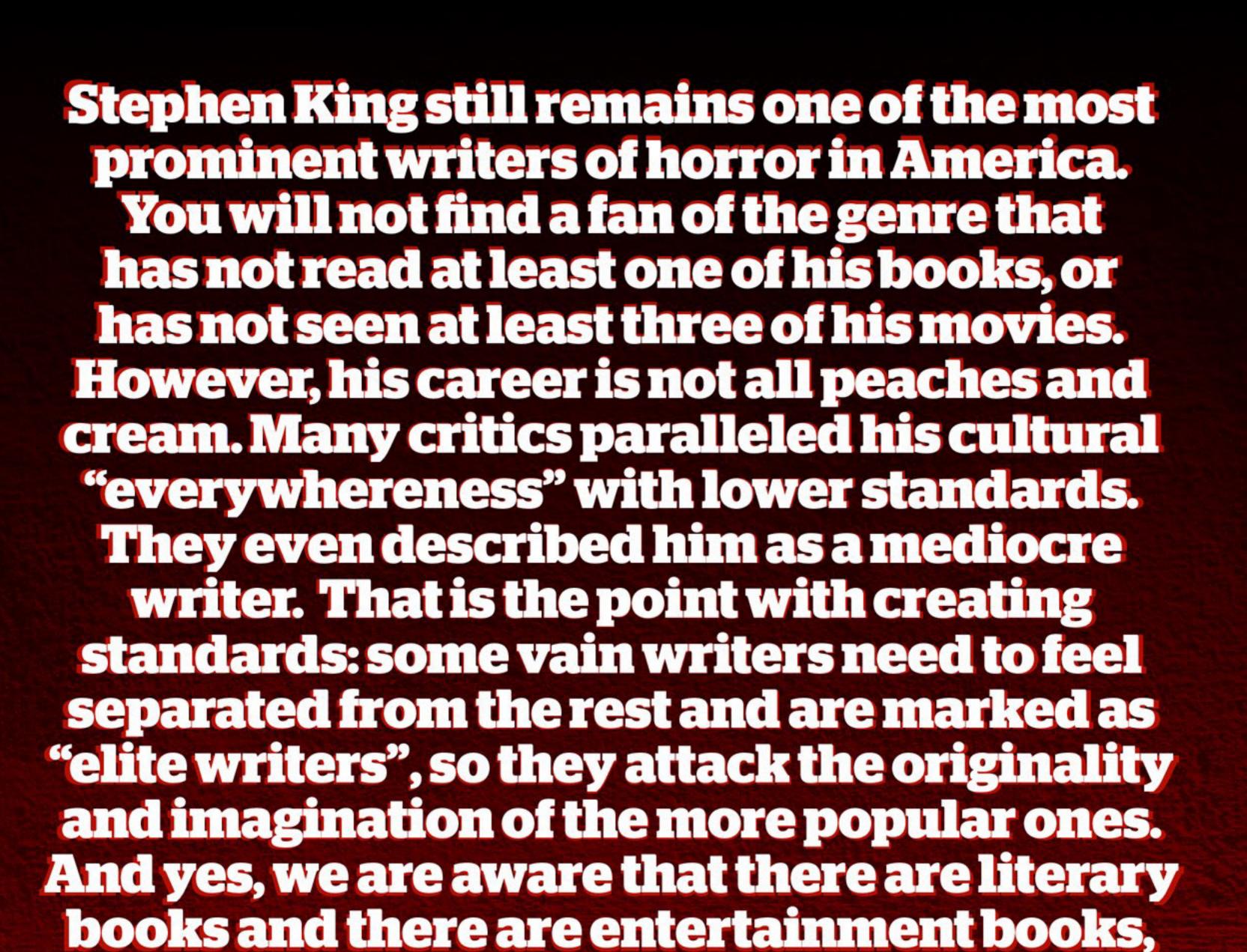


STEPHEN KING

### MONSTERS AND GHOSTS ARE REAL

- THEY LIVE INSIDE US -

by: Marcel Cofield



but how can you not appreciate Stephen

King for what he really is - a king of horror?

As a child, King apparently witnessed the death of his dear friend and that event changed him completely. Many believe that this was the main inspiration for some of his darkest works. He started writing really young– his first short story was written when he was

only 6, and his readers were schoolyard children. King was first published at the age of 18, ever since he has never stopped writing. He wrote several novels and short stories, but was not famous until his first globally appreciated novel Carrie (in 1974) was published. Popular books continued to line up and in 2011, Stephen King's opus had more than 50 novels and 160 short stories. He is heavily influenced by some of the most famous writers of the horror genre: H. P. Lovecraft, Bram Stoker, Joseph Payne Brennan, Shirley Jackson and John D. MacDonald.

Tayrie Dieman, Similey Jackson and John D. MacDonaid.

## One thing is for sure: even if you have not read his books, you still appreciate his work.

One thing is for sure: even if you have not read his books, you can still appreciate his work. If you are an enthusiastic movie lover, you probably came across Carrie, a telekinetic teenage girl, who murders all her school friends after a humiliating prank; or Shining, where an evil force turns the father of a family into a blood craving killer; not to mention Misery, a former nurse who saves the famous writer from a car crash; The Shawshank Redemption, a story of bonding of two prisoners; Children of the Corn or The Green Mile. All of these acclaimed movies, and many more, are modeled on the works of Stephen King.



King's perfect syntactic structures, a nose for dialogue, frank style and condemnation of human cruelty make him a perfect example of modern horror author: the constant fight between example of modern horror author: the constant fight between good and evil is omnipresent, while at the end, good is reaffirmed. And it is not only that: his distinguished sense of the supernatural and abnormal, the unexpected endings, all the little details impeccably combined with vast imagination, the "human" themes (the ones about love, friendship, family, fascination, revenge, etc.), together with his perfect knowledge of the folklore that all fit perfectly into every of his books, helped Stephen King mark the fantastic and horror genre in the literary world. He received various awards for his novels and stories, and recently lifetime achievement awards as one of the greatest contributors to horror cinema.

### King's perfect syntactic structures, a nose for dialogue, frank style and condemnation of human cruelty make him a perfect example of modern horror author

So, what is the secret of Stephen King's success? First of all, he says that one has to love writing. King believes that he has found his ideal vocation – he cannot imagine himself doing anything else, nor imagine not doing what he does. Each of his books starts as an idea with "what if" scenario that is then made into words. Every day, Stephen reads and writes up to 6 hours. His daily goal is to write 2000 words. And he does not finish a day until he fulfills the assignment. As a sum up, here is a quote that basically covers up his intention while writing: "What I'm interested in is attacking reader's emotions because I don't think reading should be an intellectual affair".

Stephen King is one of the top selling novelists of horror and fantasy genres. He was born on September 21, 1947, in Portland, Maine. As a University of Maine graduate, King worked various low paying jobs before he established himself as a writer. His public recognition began in 1974.

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- 1 FOO FIGHTERS
- PINK FLOYD
- 3 SMASHING PUMPKINS
- 4 MARY J. BLIGE
- TYGA





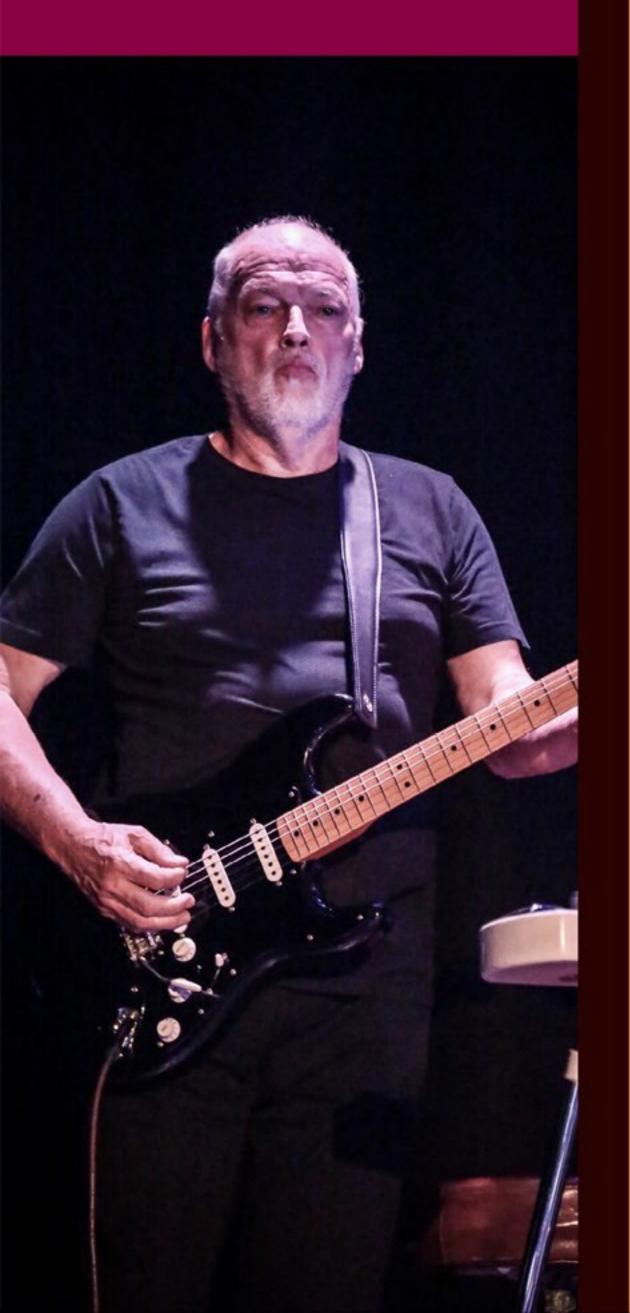
### F00 FIGHTERS

### Sonic Highways

Sonic Highways is the forthcoming album of Foo Fighters and it is going to be released on November 10. It will include 8 songs. Despite the band's initial break, Dave Grohl announced the band's eighth studio album, describing it as an album that is made the way no one ever did before. Celebrating their 20th anniversary, Foo Fighters recorded their eight city odyssey through America. Every song was recorded in a different city (Chicago, New Orleans, Seattle, Los Angeles, Washington D. C, New York, Austin, Tennessee) and every song features local legends. The lyrics were not written until the last day of each session, as Dave wanted to be inspired by experiences, attitudes and personalities of local musicians. Sonic Highways is described as "a love letter to the history of American music".



- 1 FOO FIGHTERS
- 2 PINK FLOYD
- 3 SMASHING PUMPKINS
- MARY J. BLIGE
- TYGA





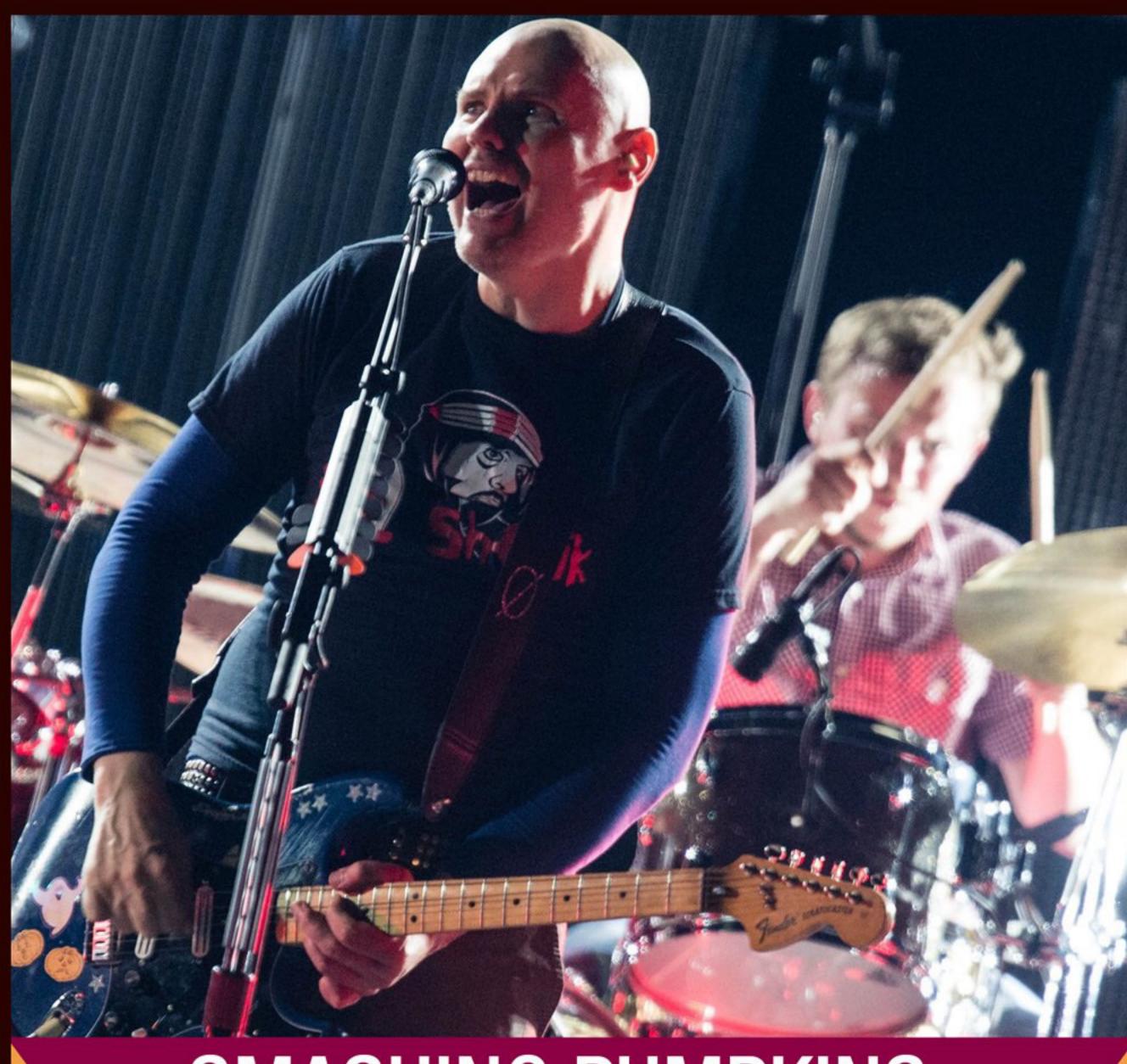
### Jhe Endless River

This is Pink Floyd's fifteenth album and it is set to be released on November 10. This is the band's latest studio album after a break of 20 years. The Endless River consists of instrumental, ambient and classic rock music, and is produced by David Gilmour, Martin Glover, Andy Jackson and Phil Manzanera. The project is going to have some vocals though. The closing track "Louder Than Words" is the only song on the album and the lyrics were written by David Gilmour's wife. The album also includes some of Richard Wright's work from as far back as 1969, thus emphasizing what the keyboardist meant to the band. He is also credited with writing and co-writing 12 songs. Stephen Hawking is making a return appearance, providing vocals for the song titled "Takin' Hawkin'".



- 1 FOO FIGHTERS
- PINK FLOYD
- 3 SMASHING PUMPKINS
- MARY J. BLIGE
- 5 TYGA





### SMASHING PUMPKINS

## Monuments to an Clogy.

Monuments to an Elegy is Smashing Pumpkins' upcoming, tenth studio album, set to be released in December. Billy Corrigan, the band's leader, stated that the album will be the first part of the series of the ongoing project Teargarden by Kaleidyscope. There are some innovations regarding the band itself: Mike Byrne is no longer the band's drummer. He was replaced by Tommy Lee, a founding member of Mötley Crüe, Pamela Anderson's ex-husband. Nicole Fiorentino also stated that she was not working on Monuments of an Elegy creation process, though she is still going to tour to support the band. According to Corrigan, the only official member of Smashing Pumpkins, apart from himself, is guitarist Jeff Schroeder.



- 1 FOO FIGHTERS
- PINK FLOYD
- 3 SMASHING PUMPKINS
- 4 MARY J. BLIGE
- 5 TYGA





### Jhe London Sessions

Mary J. Blidge recently announced her new studio album The London Sessions, which is scheduled for November 24. The key contributors to the album are Disclosure, Sam Smith, Emeli Sandé, Jimmy Napes, Naughty Boy, and Sam Romans. After her previous gold selling record, Blidge moved to London in order to experiment with English music. She was bored with recent uniformity of American music and was fascinated with the UK's artists. For her, their music is free and fresh, and the musicians are able to do what they like, not what is expected from them. So, this is an attempt to create an album with recognizable J. Blidge vibe, but more London oriented. The album crew stated that the documentary about Mary J. Blidge's creative process in London is also being made.



- 1 FOO FIGHTERS
- PINK FLOYD
- 3 SMASHING PUMPKINS
- MARY J. BLIGE
- 5 TYGA





**TYGA** 

# The Solden album: The Sylden album: Sth. Dynasty

Via Twitter, Tyga announced that his new studio album The Golden Album: 18th Dynasty will drop on November 18. The album features Justin Bieber, Kanye West, Drake, Chris Brown and Young Thug. Tyga did not want to reveal too much about the album, but said that we should expect "nighttime music". It is still going to be story-based, but the tempo is going to be much faster than we are used to hearing from Tyga. As he is still growing as an artist, this album is going to be "less commercial", and more hard-core rap. For Tyga it was always very important to try out new things and this album is certainly that, concerning the various collaborations on it. The first single "Wait a Minute" features Justin Bieber and proved to be a hit, reaching number 68 on the US Billboard Hot 100.



Autumn has Come, Fall for Them All

#### GROOMING

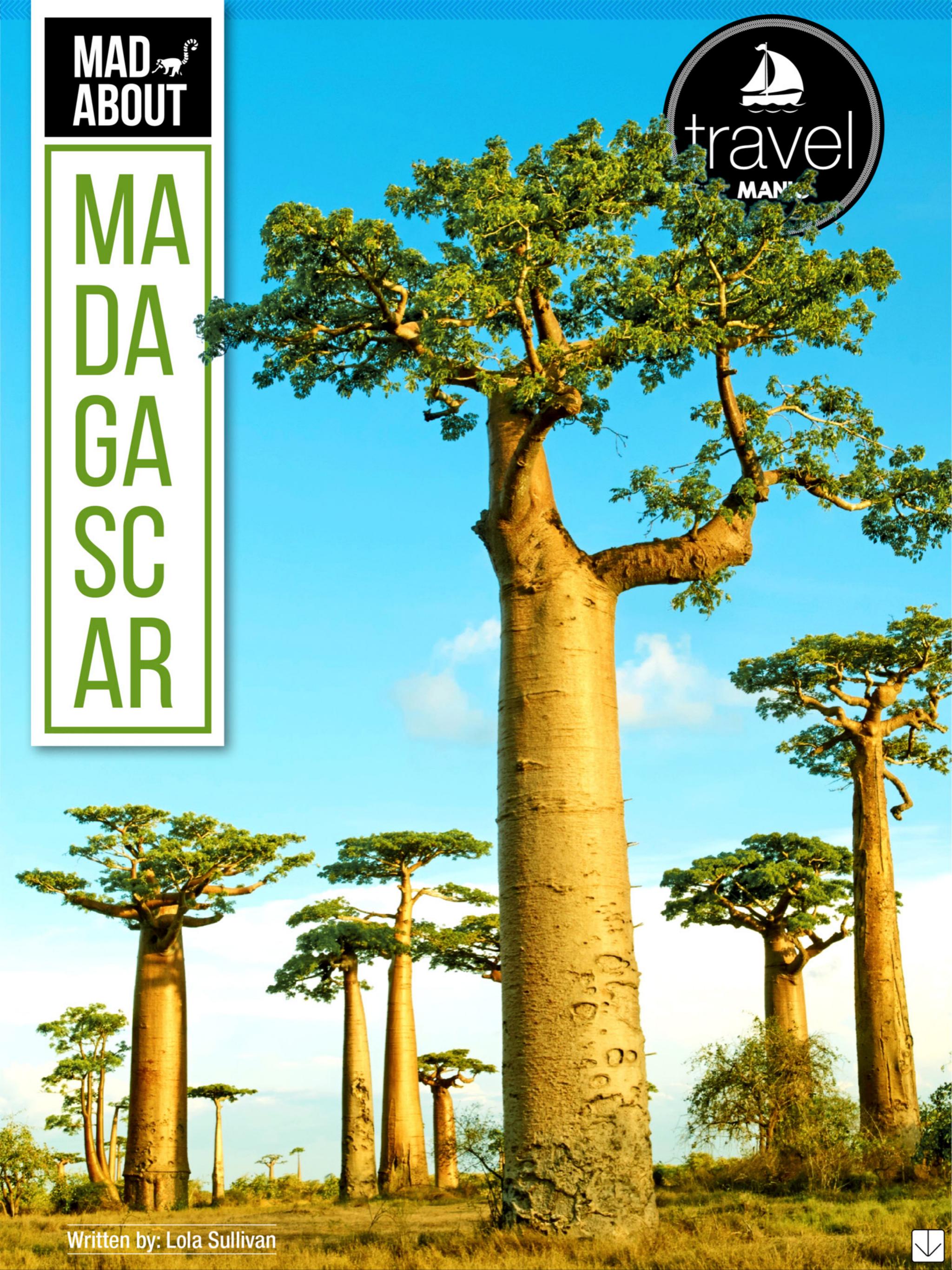
Mad About Madagascar

#### TRAVEL

The Thrill Of the Hunt

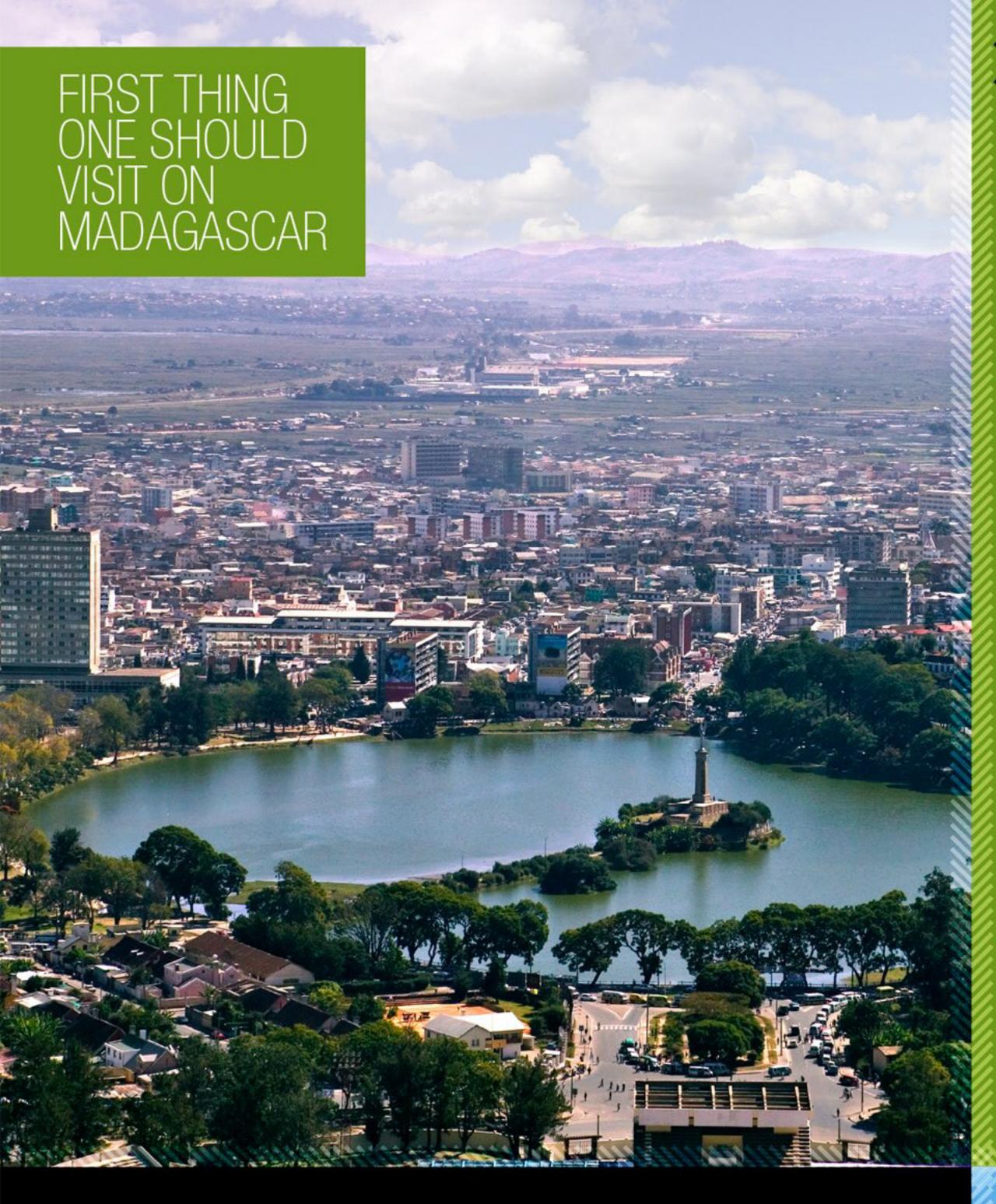
**DEER HUNTING** 











### THE CAPITAL OF ANTANANARIVO (TANA)

Most of the busy capital of the Republic of Madagascar sits at the altitude of 1400m, with some points reaching up to 2640 m above the sea. It is a busy city with a lot of traffic and people selling all things imaginable in the street. However, all the historic monuments, the beautiful architecture and cultural landmarks can and should be reached on foot, by climbing up and down numerous steps. The city resembles Mediterranean towns and is the first thing one should visit on Madagascar.

#### THE TSINGY DE BEMARAHA RESERVE

The stone forest of Madagascar is a breathtaking wonder situated close to the west coast of Madagascar. The area was named a UNESCO Heritage Site, due to its magnificent geography and the impressive flora and fauna. It is the needle-shaped limestone formations above the river of Manambolo which make travelling and getting around this startling area difficult and exciting at the same time.

#### THE AVENUE OF BAOBABS

A group of these amazing trees line a dirt road between Morondava and Belon'i Tsiribihina in western Madagascar, thus forming an avenue-like road. These remarkable trees make this area one of the most visited tourist attractions in Madagascar, which is not unusual for the trees of such strange shape and size, which are up to 800 years old.





#### > RANOMAFANA NATIONAL PARK

In the southwestern region of Madagascar stands a **beautiful National Park with dense woods and splashing streams intertwined and rich with exotic wildlife.** The park is perfect for trekking and full of hot water springs which are at one point utilized for little huts with hot tubs, where visitors can relax and enjoy. The park was set up almost 30 years ago to protect two extraordinary lemur spieces, the golden bamboo and greater bamboo lemur.







#### » NOSY BE

This small island in the north of Madagascar is one of the most tranquil beach resorts in the world. It is not a fancy tourist attraction but a real tropical hideaway, with turquoise water and nice seafood restaurants. The untouched wild is the perfect place for diving and whale watching.















TAP TO READ MORE

Of the World

by: Ann Schultz

A SPIRIT IS A DISTILLED ALCOHOLIC
BEVERAGE WITH A HIGH PERCENTAGE OF
ALCOHOL. EACH PART OF THE WORLD HAS
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THIS ARTICLE WILL HOPEFULLY GET YOU IN
HIGH SPIRITS. IF NOT BY READING, THAN BY
TRYING THEM OUT FOR SURE! CHEERS!



Havana Club 0.71

MAXIMO EXTRA ANEJO

Price: \$ 3.127,00





of the World

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#### Rum

Rum is a distilled beverage made from sugar and water. The sugar comes from fermented sugarcane or molasses (most rum is made from molasses), which is afterwards distilled. After the distillation, rum is clear and colorless. Aging in oak barrels and adding caramel is how it gets its definite color. Most of the world's rum production is situated in the Caribbean and Latin America. There are various grades of rum, but this is the most common classification: white rums are light-bodied, clear and have a subtle flavor; golden rums have spent several years in oak barrels; dark rums are full-bodied, rich rums that spent a longer period of time in barrels. They have a dominant caramel flavor; spiced and flavored rums can be white golden or dark but they are enriched with different spice and fruit flavors; overproof rums have a much higher alcohol percentage that the usual 40% and can reach up to 80% ABV. Neat, on the rocks, with water or as a constituent part of many delicious cocktails, there are so many ways to enjoy this sweetie. Take

your pick.

Havana Club 0.71
MAXIMO EXTRA ANEJO
Price: \$ 3.127,00



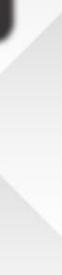






#### Gin

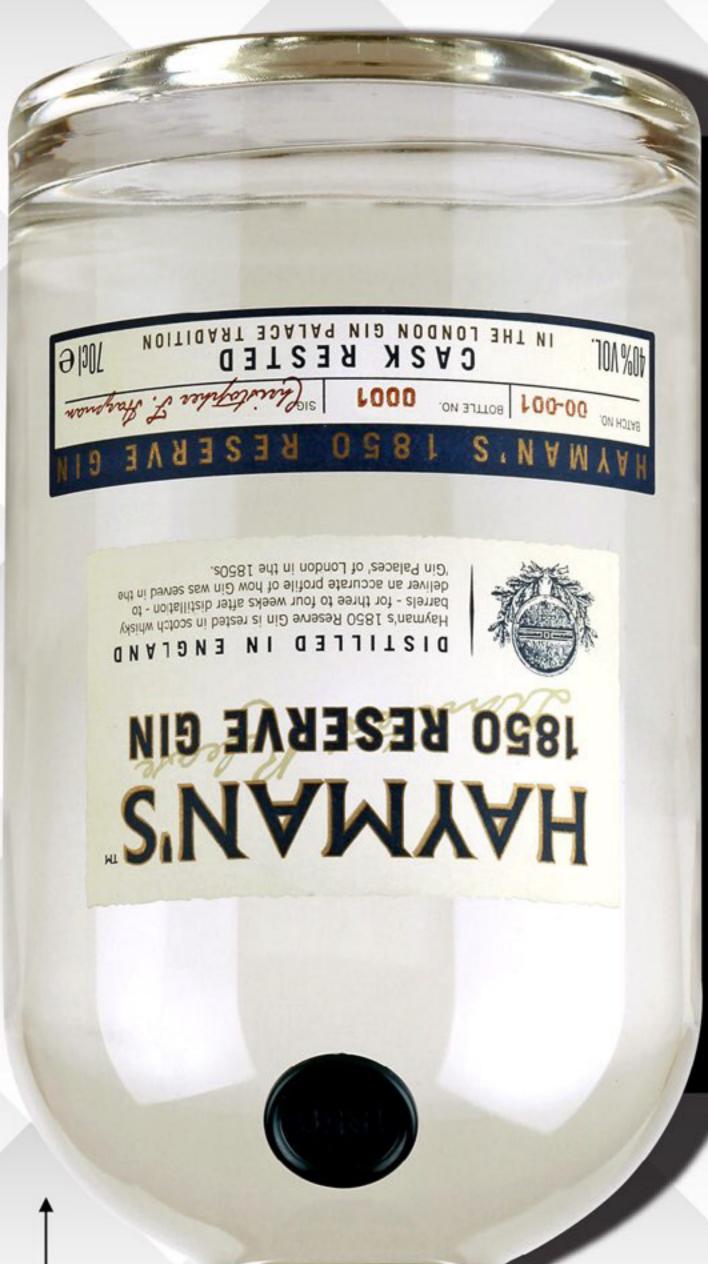
The dominant flavor of this distilled spirit is that of juniper berries. Though it did not originate in England, it is widely popular in this country, particularly in the North. The gin as we know it today is believed to be invented by the Dutch physician Franciscus Sylvius in the 17th century, though its true origins date back to the Middle Ages. It usually contains 35-46% of alcohol. The base of gin is primarily grains and it is flavored by juniper berries and different herbs and spices (the so-called botanicals). The dominant type of gin in England is London Dry Gin. Besides this one, there exist Plimouth Gin, Genever or Dutch Gin, Old Tom Gin and New American/International Style Gin. You can drink it neat, on the rocks, with tonic or in different cocktail.





Maraska 0.71 PLUM BRANDY Price: \$15.00

Havana Club 0.71 1850 RESERVE GIN Price: \$37.00



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Havana Club 0.71

1850 RESERVE GIN

Price: \$37.00



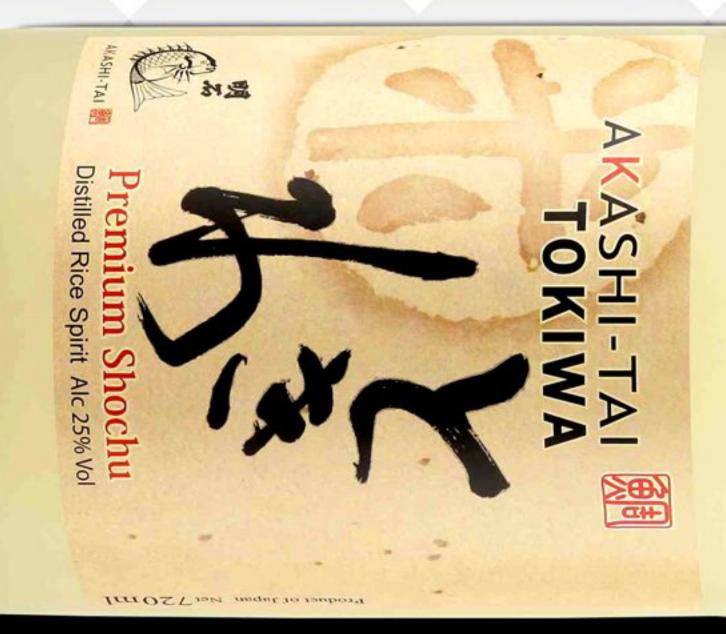
#### Rakia

Rakia is a spirit made by fruit distillation popular in the Balkans especially in Serbia, Croatia, Bulgaria, Bosnia and Herzegovina, Montenegro and Macedonia. Most commonly, it is made from plums, the so-called slivovica, but common fruits used for its production include apricots, apples, pears, quinces, grapes and cherries. It usually contains around 40% ABV, though home-produced rakias are stronger and can have up to 80% alcohol. It is drunk neat, served at the room temperature, and it is sipped slowly out of a shot glass. Traditionally, it is served before meals or with appetizers (meze).

Maraska 0.71 PLUM BRANDY Price: \$15.00







### Shochu

Shochu is a national spirit of Japan. Sake is probably your first association when someone mentions an alcoholic beverage of Japan, however, sake is more a wine than a spirit. Shochu is a distilled spirit similar to vodka for example, but with a lower percentage of alcohol (20-40%). It can be made from rice, sweet potatoes, barley or buckwheat and the process of its production is more complicated than the one used for the production of vodka. It can be singly or multiply distilled, which are the two main categories of shochu, and various types also differ in the way they mature (storage vessel and time it takes). Shochu can be drunk neat, on the rocks or diluted with warm (room temperature) or cold water. It is all a matter of preference. It can be drunk along with a meal or afterwards, but when combined with food, it is important to match the type of shochu with the food served.

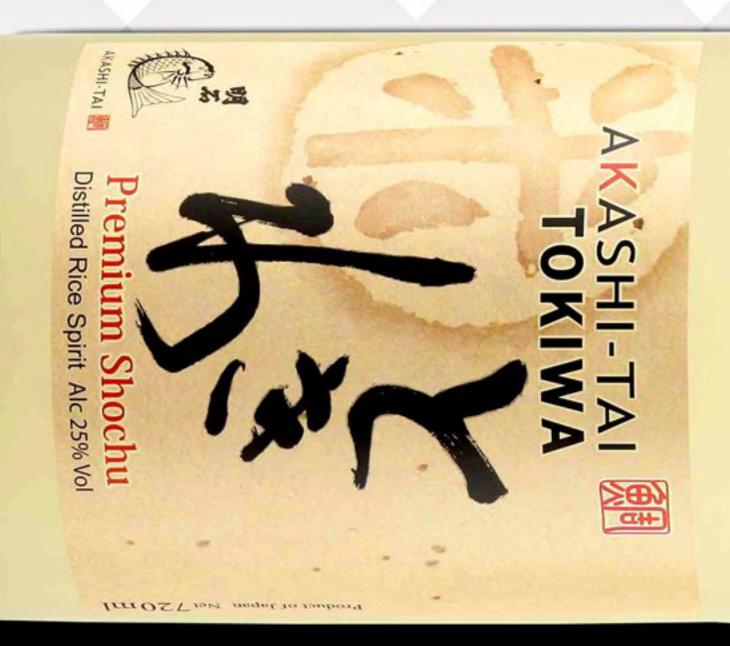


Hennessy 0.7 PARADIS IMPERIAL

Price: \$2480.00



### Akashi - Tai 0.71 PREMIUM SHOCHU Price: \$70.00



#### Shochu

Shochu is a national spirit of Japan. Sake is probably your first association when someone mentions an alcoholic beverage of Japan, however, sake is more a wine than a spirit. Shochu is a distilled spirit similar to vodka for example, but with a lower percentage of alcohol (20-40%). It can be made from rice, sweet potatoes, barley or buckwheat and the process of its production is more complicated than the one used for the production of vodka. It can be singly or multiply distilled, which are the two main categories of shochu, and various types also differ in the way they mature (storage vessel and time it takes). Shochu can be drunk neat, on the rocks or diluted with warm (room temperature) or cold water. It is all a matter of preference. It can be drunk along with a meal or afterwards, but when combined with food, it is important to match the type of shochu with the food served.

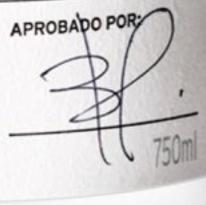


Hennessy 0.7 ARADIS IMPERIAL Price: \$2480.00

This type of brandy is named after the town of Cognac in France and it must meet certain legal requirements: it must be made from specific types of grape, it must be twice distilled in copper pot stills and it must age in oak barrels from Limousin or Troncais forests in France. The aging process must last at least two years, but most French cognacs age way longer. The region authorized to produce cognac consists of six zones: Grande Champagne, Petite Champagne, Borderies, Fins Bois, Bon Bois and Bois Ordinaire. There are three labels for cognac - VS (very special) which must be minimum 2 years old, VSOP (very special old pale), minimum 4 years old and XO (extra old) which must age at least 6 years, though the standard for this one is going to be raised in 2016 to 10 years. It is usually served at the room temperature and it is said that the richest flavors are released when slightly warmed with the hand. The most traditional way to drink it is near the fireplace after the dinner.











#### Russian Standard 0.71 VODKA

Price: \$29.99

#### Casa Dragones 0.75

Price: \$59.99



#### Tequila

Tequila is a distilled beverage made from the blue agave plant in the area around the city of Tequila, in the Mexican republic of Jalisco. This region is the only one authorized to produce tequila. There are four main types: tequila blanco which is clear and ages up to two months; tequila reposado, which ages from two to twelve months and has a golden yellow color; and tequila anejo, which ages between one and three years and has a brown color similar to whiskey. In 2006 a new category was introduced, namely, extra anejo which is older than three years. In Mexico, it is traditionally consumed neat, while in other parts of the world it is usually served with salt and a slice of lime. Tequila blanco is perfect for shots and cocktails while older tequilas can be sipped like whiskeys.







IN THE CONTEMPORARY SOCIETY, HUNTING IS A PHETTY DELICATE TOPIC. IT IS STILL UNCLEAR WHETHER OUR EARLIEST ANCESTORS WERE HUNTERS OR NOT, BUT ONE THING IS CERTAIN, HUNTING HAS BEEN A PART OF HUMAN NATURE FOR A VERY LONG TIME. THIS IS WHY SOME PEOPLE, THOUGH THEY DON'T HAVE TO, STILL LIKE TO HUNT DOWN THEIR OWN FOOD. IT IS NOT JUST FOR THE SAKE OF EATING AND FEEDING YOURSELF AND YOUR FAMILY, AS YOU CAN EASILY GO WITHOUT IT IN THE MODERN DAYS. IT IS FOR THE THRILL OF THE HUNT, FOR THE BOND YOU DEVELOP WITH BOTH NATURE AND YOUR PREY, FOR THE PRIDE OF BEATING THEM BOTH ON THEIR OWN GROUND AND BRINGING HOME THE FOOD YOU PROVIDED WITH YOUR OWN TWO HANDS.



EARLIEST ANCESTORS WERE HUNTERS OR NOT, BUT ONE THING IS CERTAIN, HUNTING HAS BEEN A PART OF HUMAN NATURE FOR A VERY LONG TIME. THIS IS WHY SOME PEOPLE, THOUGH THEY DON'T HAVE TO, STILL LIKE TO HUNT DOWN THEIR OWN FOOD. IT IS NOT JUST FOR THE SAKE OF EATING AND FEEDING YOURSELF AND YOUR FAMILY, AS YOU CAN EASILY GO WITHOUT IT IN THE MODERN DAYS. IT IS FOR THE THRILL OF THE HUNT, FOR THE BOND YOU DEVELOP WITH BOTH NATURE AND YOUR PREY, FOR THE PRIDE OF BEATING THEM BOTH ON THEIR OWN GROUND AND BRINGING HOME THE FOOD YOU PROVIDED WITH YOUR OWN TWO HANDS.





However, not everyone sees it in this light and not everyone can understand it. Great many people oppose it, calling it a cruel sport, considering hunters blood-thirsty murderers that are killing innocent animals just for the sake of recreation and entertainment. This is to some degree understandable, but

let's take an example of two people, both of which consume meat (the moral dilemma of whether one should eat meat or not is going to be left out this time and we will concentrate on the majority of people that consume it). One of them is a hunter and hunts his own food, the other one buys his meat in the supermarket. Do you think that the meat buyer has the right to call the hunter a cruel murderer? Don't think so. The buyer just has someone else doing the killing part for him.

## The ower just has someone else doing the killing part for him

But not everyone in the woods with a gun can be called a hunter. A hunter is a person who obeys the law, takes care of his own safety and the safety of other hunters, or anyone else that happens to be around. He respects both the nature and his prey. He will not leave trash behind him. He is interested in the laws, regulations and funds concerned with the preservation of wildlife and environment. He will not kill just for the sake of killing and leave the carcass behind. He will treat his kill with respect and put it to good use. If you are the man in the woods with a gun who doesn't know all this, well, you have a lot to learn. And no, you're still not a hunter.





# and Pelicous



Eating wild game has numerous benefits for your health, but you've got to know how to prepare it.

Wild game has many advantages in comparison to commercial meat most of us consume. First of all, the wild animal that ends up on your plate has spent its entire life in natural surroundings, eating its natural diet and having a lot of activity. This is why their

meat has a lower content of fat, higher content of vitamins and minerals and a better proportion of omega-3 to omega-6 fatty acids (meaning more omega-3 and less omega-6). It is also lower in calories and higher in proteins. What it lacks are the hormones and antibiotics commercial meat is loaded with, which is of course a good thing. So, in almost every respect, wild game is a better choice compared to the meat from the butcher's.

But one should know how to handle it. There are many things you should know about handling wild game, from killing and storing to preparing and cooking.

- 1. First of all, you should choose your prey carefully. If the deer looks sick or in any other way unwell, refrain from shooting, though it is probably an easy target. If it is an old deer, this should be taken into consideration, as it will require a specific method of preparation. Older animals' meat is drier and chewier and one possible way to make it eatable is to grind it and combine with other ingredients to make burgers or a pie for example.
- 2. Try to make as good a shot as possible. *It is important that your prey does not take too much time to die.* If it dies slowly, the adrenaline and lactic acids will grow higher in the animal's system and muscles which will result in the meat tasting worse. The faster it dies, the better the meat will be.
- 3. It is important to handle the kill remove the skin and organs and cool it as soon as possible. After the



death, the bacteria start multiplying very quickly and the body of the animal starts decomposing. This process is faster when the temperature is high. Delaying this step can result, not only in the bad taste of the meat, but in a potential health risk as well.

4. Aging is the crucial step if you want to tenderize your game. After the death, the muscles become stiff, but during the aging period they loosen again. The enzymes in the flesh break down the meat making it softer, and it depends on the size of the animal how much time this will require. It is important to provide appropriate conditions, which include temperature, sanitation, humidity and age circulation.

## Deer should be aged at the temperature of about 4°C

Deer should be aged at the temperature of about 4°C. In a colder climate, it can be hanged somewhere outside (but mind the mentioned conditions), whereas in warmer climate, aging on ice can be a possible solution. *An average deer ages best from 5 to 7 days*, but it really depends on the size of the animal.

5. Another very important step in getting the best out of your venison is pre-cooking preparation. Unlike beef

or pork fat, *venison fat does not taste good, therefore, it is important to trim it off.* You don't need to use marinade every time you cook venison, but a good one will further tender the meat and enhance its gamy flavor. The wrong one, on the other hand, will mask the meat's flavors. Try with some lighter marinades first, and then experiment, adding the ingredients according to your own taste. You will eventually find your favorite combination.



6. Cooking the meat is the final step and it can be done in many different ways: grilling, roasting, making a stew or chili with the choice of the cut depending on the way you want to prepare it. Since the deer fat has to be trimmed, the meat left can be too lean. That is why it is important to replace the venison fat with some other fat source if you want your meat to be tender. You can use butter, bacon fat or oil, as you like it. Another important rule is not to overcook it.

• When preparing steaks, let the meat sit at the room temperature for about 30 minutes before throwing it on the grill or in a skillet. Coat with butter, or some other fat choice, and season with salt



 $\bigcirc$ 

and pepper. Place it on a hot grill and cook each side for 3-4 minutes. Venison steaks should be rare to medium cooked and you should take care not to overcook them if you want your meat tender and moist.

• When roasting venison, you should make up for the trimmed fat by making a few slits in the meat about an inch wide and two inches deep and filling them with bacon fat and some aromatic vegetables (garlic for example). Season the roast with dry rub (salt, pepper, paprika, oregano, basil) and let it sit in the fridge for a couple of hours before roasting. The important thing about roasting is that the internal temperature of the meat should reach 60°C. You can use the roasting thermometer

to measure the temperature.

• Venison stew is prepared with the addition of vegetables and aromatics and *it is cooked on low heat for several hours*. First thing to do is braise the meat, then, add the veggies and then pour the liquid and let it reach the boiling temperature, before lowering down the heat. Let it cook slowly for couple of hours.

There are many more options when it comes to deer meat. Burgers, pies, chili, meatballs or stuffed meat - all you need to do is follow the basic rules for making the meat tender and moist and use your imagination and senses when it comes to marinating, seasoning and the choice of side dishes.







Deer hunting is popular in Australia, North America, New Zealand, United Kingdom and Scandinavia, with different species of deer typical in different parts of the world. In North America, there are three dominant species of deer: whitetail deer which is primarily hunted east of the Rocky Mountains, mule deer that

can be found west of the Rocky Mountains, and blacktail deer which is to be sought after along the west coast.

# It depends on the terrain which method with oe, the most efficient

Hunters employ various methods of hunting. The most frequent method of hunting deer is stand hunt, and this is done by waiting for the deer in the place where it is likely to appear. Walking through the woods looking for a deer is another method called still hunting. One especially exciting method is the deer drive in which a group of hunters drive the deer to another group of hunters and so bring it into a trap. Hunting can also be done by spotting the target and stalking it until you are close enough to shoot, or with the help of dogs. It depends on the terrain which method will be the most efficient.

#### MANIC ARMORY



1. Beanfield Sniper, Remington Sendero SF II 2. Timber Classic, Marlin 336C, 3. Alpine Shooter Sako Finnlight, 4. All-Purpose All-Star, Weatherby Vanguard Series 2, 5. Penny-Pincher, Ruger American, 6. Small-Plot Smasher, Ambush, 300 Blackou, 7. First-Timer outfit, H&R Handi Rifle, 8. Slug-Zone Specialist, Savage M220 Stainless Camo, 9. Muzzleloading workhorse, Thompson/Center Pro Hunter FX, 10. Open-Country Stalker, Nosler M48 Patriot

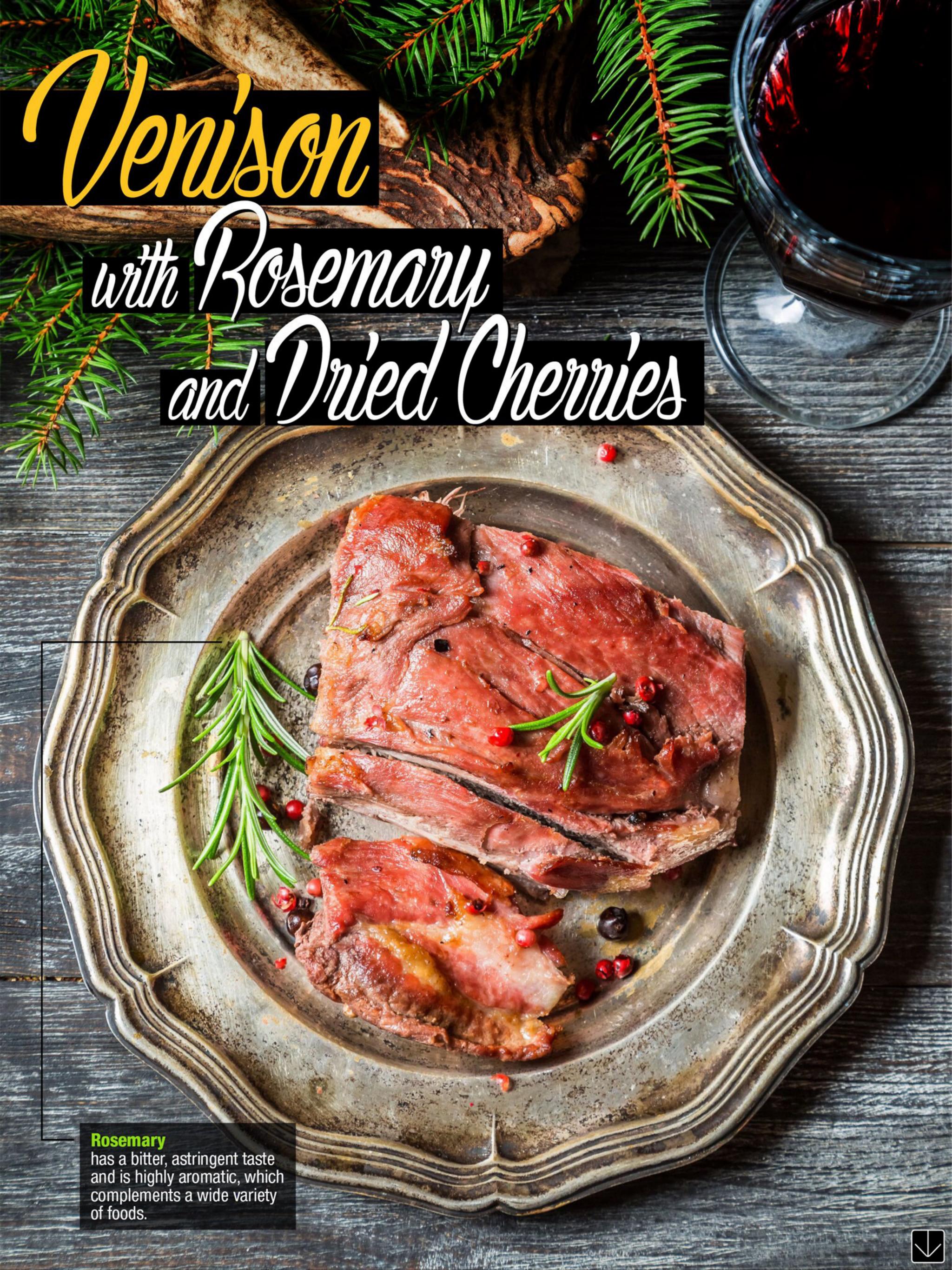
Bows and crossbows, rifles, pistols and shotguns are all commonly used weapons in deer hunting. The hunting season determines which weapon is to be used as well as whether the dogs are allowed or not.



It also depends on the season whether only the antlered or both sexes are to be hunted. The season regulations are specific for each state and they are determined by the government of the state. One can hunt ether on a public or on a private territory. For public hunting you need a public hunting permit, for hunting

on private territory you must request the permit from the landowner. When private hunting, you must respect the rules for hunting on that territory set by the landowner.







1 (1/2kg) venison boneless loin

1 1/2 tsp extra-virgin olive oil

1 1/2 tsp chopped fresh rosemary

1 large garlic clove

1 tsp coriander seeds

1/4 cup dry red wine

1/4 cup dried sour cherries

1/4 cup beef broth

1/2 cup water

1 tsp cornstarch

2 tbsp black currant jelly

to taste salt and pepper



1. Use a mortar and pestle to create a paste out of garlic, coriander and 1 tsp rosemary. Add to it ½ tsp Olive oil and stir. Use this paste to rub the venison, season it with salt and pepper and leave in the fridge to chill for 30 minutes.

Add the remaining oil into an iron-cast skillet and coat it evenly. Put it over high heat and then put the meat into a skillet to brown. Each side will take about 3 minutes.

3. Use the roasting thermometer to measure the temperature. Put the skillet into the oven pre-heated at 230°C. Roast until the internal temperature reaches 60 °C and then leave for 5 to 10 minutes more. Transfer to a plate and cover with a foil.

Add wine and cherries to the same skillet and boil over medium heat. Mix beef broth, cornstarch, water and ½ tsp rosemary and add to the skillet. Let it simmer for few minutes before mixing in black currant jelly and salt and pepper to taste. Cut venison into slices and serve with the sauce.

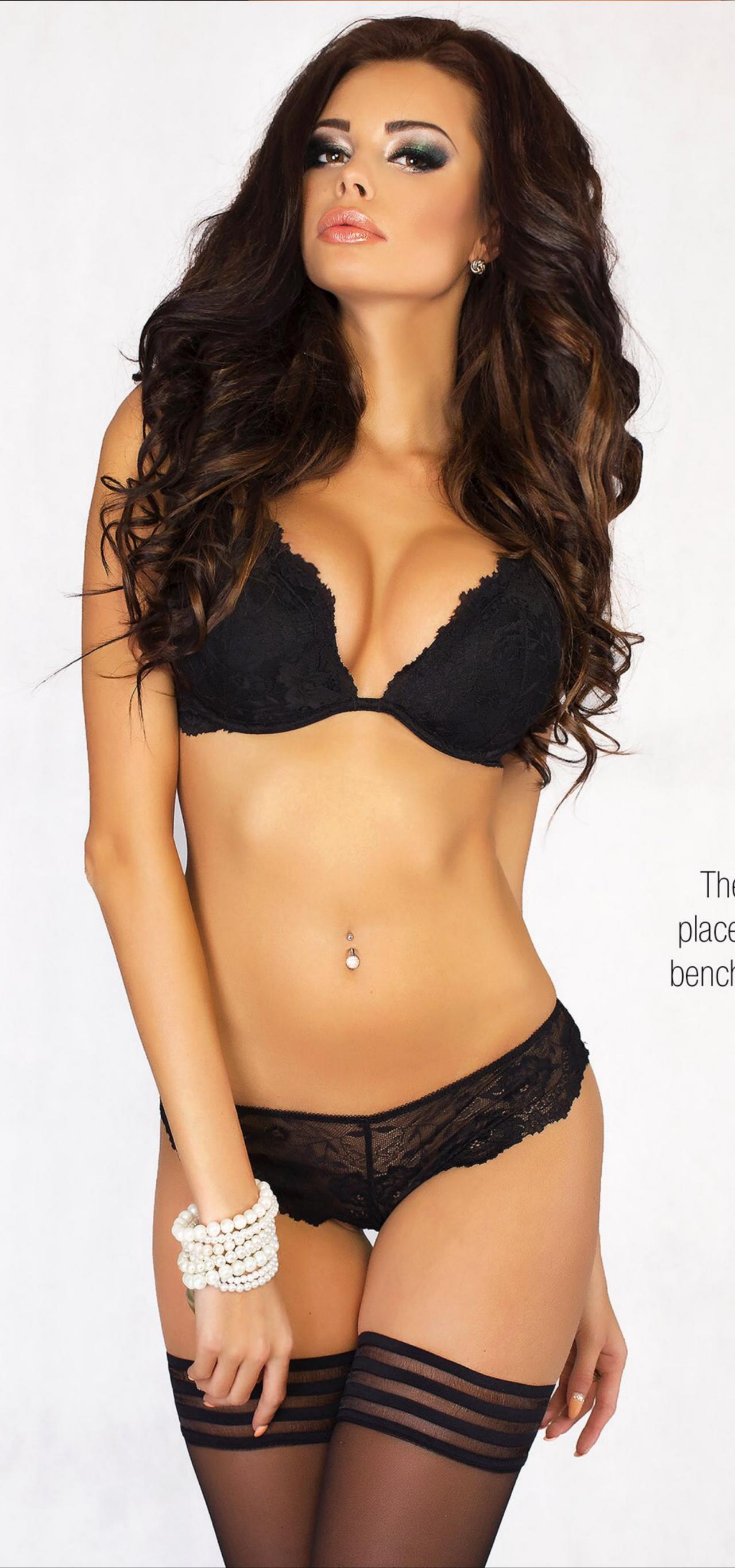












The most unusual place I had sex was a bench in a well lit park.

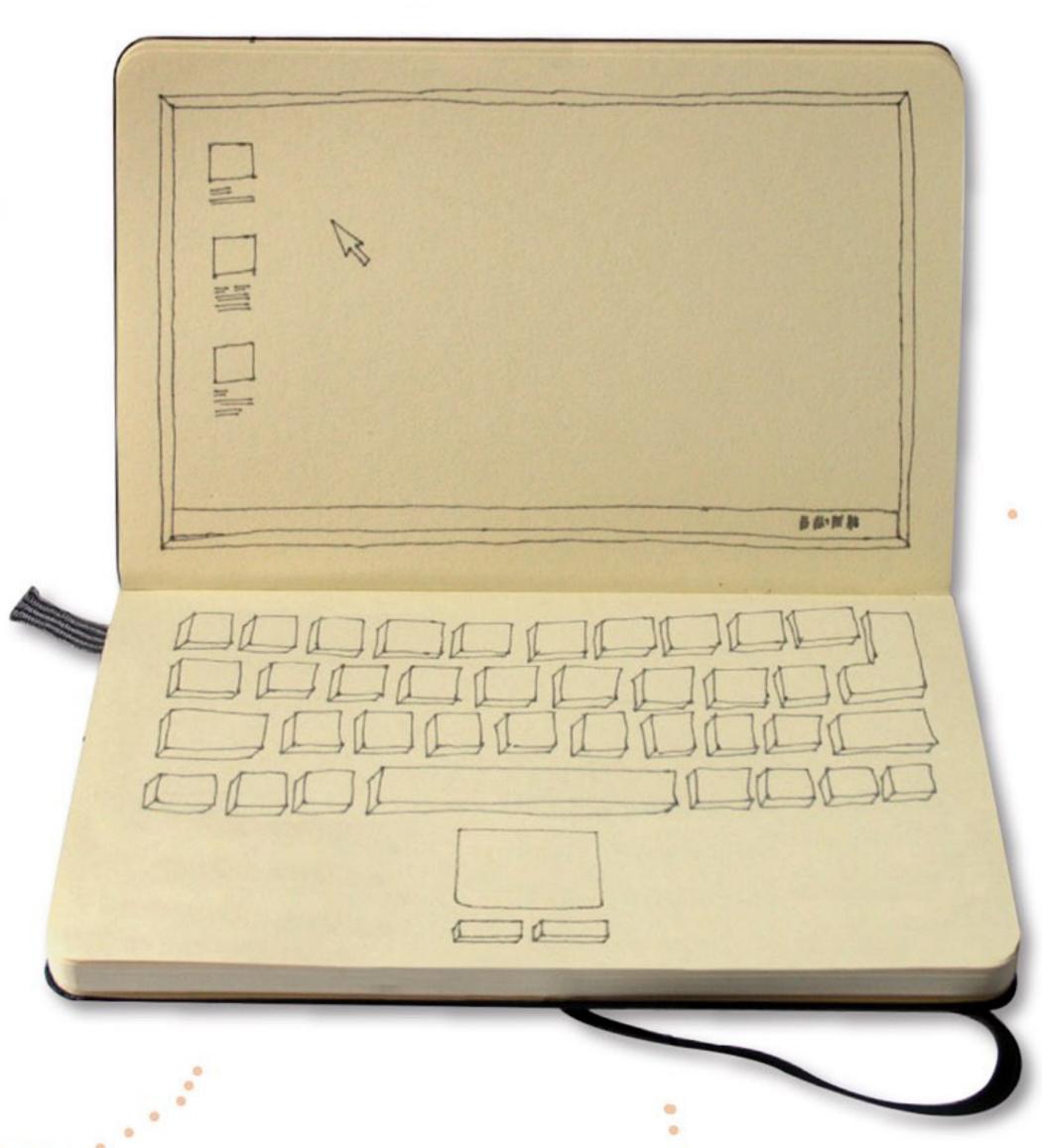


# Jot This DOWN!

There is a whole Moles-kine internet community of people who share their sketches and drawings on websites and social networks.

Some of it you can se here: http://mymoles-kine.moleskine.com/community/

by: Lola Sullivan



Moleskines can be customized: with ruled or unruled pages, squared or rounded edges, diary or address book style, drawing or watercolor paper or lined pages for music notations.

New Livescribe Notebooks by Moleskine use the **Blootooth Livescribe 3 Smartpen and dot paper,** and transfer the content of your notebook to the app on your device in real time. In 2012 Moleskine
teamed up with Evernote to make a digitalfriendly notebook.
Taking a photo of the
page in your Moleskine with the Evernote
Page Camera you
can turn your sketch
digital and share it
with the world.

# Moleskine

In the age of technology, devices and gadgets, THERE IS STILL ONE THING WHICH CANNOT BE SURPASSED and whose functions cannot be outdone. There are moments where important ideas rise, but our batteries die or our (phone) memory fails us, THIS IS WHERE THE MOLESKINE STEPS IN.



your notebook to the app on your device in real time.

Page Camera you can turn your sketch digital and share it with the world.

# Moleskine

In the age of technology, devices and gadgets, THERE IS STILL ONE THING WHICH CANNOT BE SURPASSED and whose functions cannot be outdone. There are moments where important ideas rise, but our batteries die or our (phone) memory fails us, THIS IS WHERE THE MOLESKINE STEPS IN.



Moleskine is not just a notebook – it is the notebook of the modern man, the artist and the executive, the writer and the manager, the blogger and the director.

It all started with the idea of the notebook used by travel writer Bruce Chatwin, who used to buy these notebooks in bulk in a French stationery shop. The shop closed in 1986, and ten years after Chatwin's death, in 1998 Italian company **Modo & Modo** started manufacturing similar, simple and practical notebooks based on this design Chatewin was so fond of.

Modo & Modo say that this type of notebook was also used by Van Gogh, Matisse, Picasso, and Hemingway.

What makes original Moleskine notebooks so special are the perfect pocket size dimensions of  $9 \times 14 \times 1.3$  cm  $(3.5 \times 5.5 \times 0.5)$  inches), durable waterproof oilcloth covers, sewn pages, and a cloth ribbon keeping the notebook closed.

### MODO & MODO SAY THAT THIS TYPE OF NOTE-BOOK WAS ALSO USED BY VAN GOGH, MATISSE, PICASSO, AND HEMINGWAY





































#### TOM FORD 'RUSSEL' HI-TOP SNEAKERS PRICE: \$863.00



# Nature Loving Autumn A walk in the crisp leaves





# Skull Style Have a Skulltacular Night

Even though Halloween has gone a few days ago, everything is still festive. And why it shouldn't be? This holiday is amazing: children go trick-or-treating, jack-o'-lanterns, masquerades, etc. There is no reason you should not enjoy the colors of Halloween and its symbols a few days more. And what is the first thing that comes to mind when someone mentions Halloween? You guessed it: skulls. What are the first colors you think of when someone mentions Halloween? You are right again: red and black.





#### ALEXANDER MCQUEEN SKULL BIKER JACKET PRICE: \$4182.00



DSQUARED2 CHINO TROUSERS PRICE: \$570.00



PHILIPP PLEIN
SKULL PATTERN SWEATER
PRICE: \$1123.00



LUCIEN PELLAT FINET SKULL KEY HOLDER PRICE: \$375.00













HOME WORKOUTS CAN BE A PRETTY EFFECTIVE WAY TO INCREASE YOUR STRENGTH AND STAMINA IN THE CONVENIENCE OF YOUR OWN HOME. HOW-EVER, THEY ARE OFTEN UNDERRATED AMONG MEN, SINCE MOST OF THEM ARE DONE WITH NO EQUIPMENT AT ALL. MOST MEN FIND THE INCREASE OF BODY MASS AN ULTIMATE GOAL, AND, THOUGH BODY-WEIGHT WORKOUTS CAN HELP HERE TO SOME EXTENT, THEY ARE WITHOUT A DOUBT A VERY LIMITED TOOL FOR REACHING THIS OBJECTIVE (NOT TO DENY THEIR POSITIVE EFFECTS, WHICH ARE CERTAINLY NUMEROUS, BUT A TOPIC OF SOME OTHER ARTICLE PERHAPS). A PERFECT SOLUTION AND A MEETING GROUND BETWEEN ONE'S HOME AND A GYM MEMBERSHIP WOULD BE A HOME GYM. AND BEFORE YOU THINK THAT YOU WOULD HAVE TO SPARE A SEPARATE ROOM IN YOUR APART-MENT AND SPEND THOUSANDS OF DOLLARS FOR ALL THE FANCY GYM EQUIPMENT, LET ME JUST TELL YOU ONE THING: ALL YOU NEED ARE JUST FOUR SIMPLE PIECES OF EQUIPMENT TO COVER YOU FOR A TOTAL BODY MUSCLE-BUILDING WORKOUT INCLUDING FAT-BLASTING CARDIO.

WHETHER YOU PREFER TO WORK OUT ALONE, OR ARE TIRED OF HAVING TO WAIT FOR YOUR TURN ON THE BENCH, THIS IS A PERFECT SOLUTION FOR YOU. PERHAPS YOU JUST DON'T WANT TO HAVE THE SMELL OF SWEAT OTHER THAN YOUR OWN HANGING IN THE AIR, OR YOU LIKE TO HAVE A BACK-UP SOLUTION WHEN YOU DON'T FEEL LIKE HITTING THE GYM. WHATEVER YOUR REASONS, IF YOU DECIDE TO GET YOURSELF A HOME GYM, HERE IS OUR SUGGESTION FOR THE EQUIPMENT, AS WELL AS THE EXERCISES THAT CAN BE DONE WITH IT.



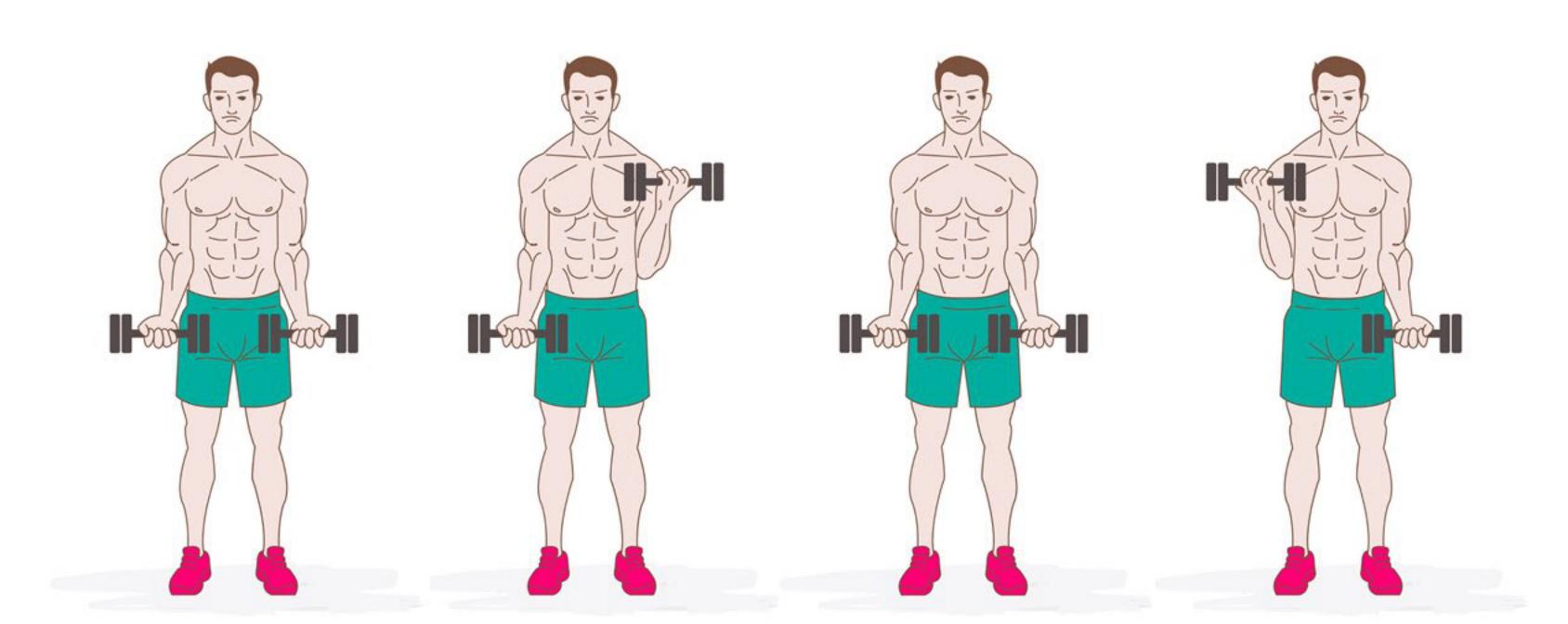
# DUMBBELLS

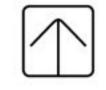
Dumbbells are absolutely necessary for a quality home workout. And, when you think about it, all the basic muscle-building exercises can be performed with them. An important thing to have in mind when choosing dumbbells for your home gym is of course their weight. Obviously, you need to buy the ones that are suitable for your current strength, but, since your plans are to get stronger and bigger, you will "outgrow" them too soon. Therefore, our advice is to get yourself a nice set of adjustable dumbbells which will save you both money and space in your room. Still, this will probably be the most expensive piece of equipment for your home gym. Depending on the weight you strive for (from 2.5 to over 50 kg), the price of adjustable dumbbells varies from approximately \$100 to \$400. This price range is great and by no means rigid. One can always find a way to buy a product at a lower price: wait for the sale or buy a second-hand product. Anyway, this essential piece of equipment for home as well as gym workouts is worth every cent, for you can exercise almost every muscle group using dumbbells.



#### **ALTERNATED BICEPS CURL**

Take one dumbbell in each hand. Raise one dumbbell to your shoulder and start lowering it down slowly. As you do that, start raising the other. Keep your body still. Repeat 8-10 times with each hand.

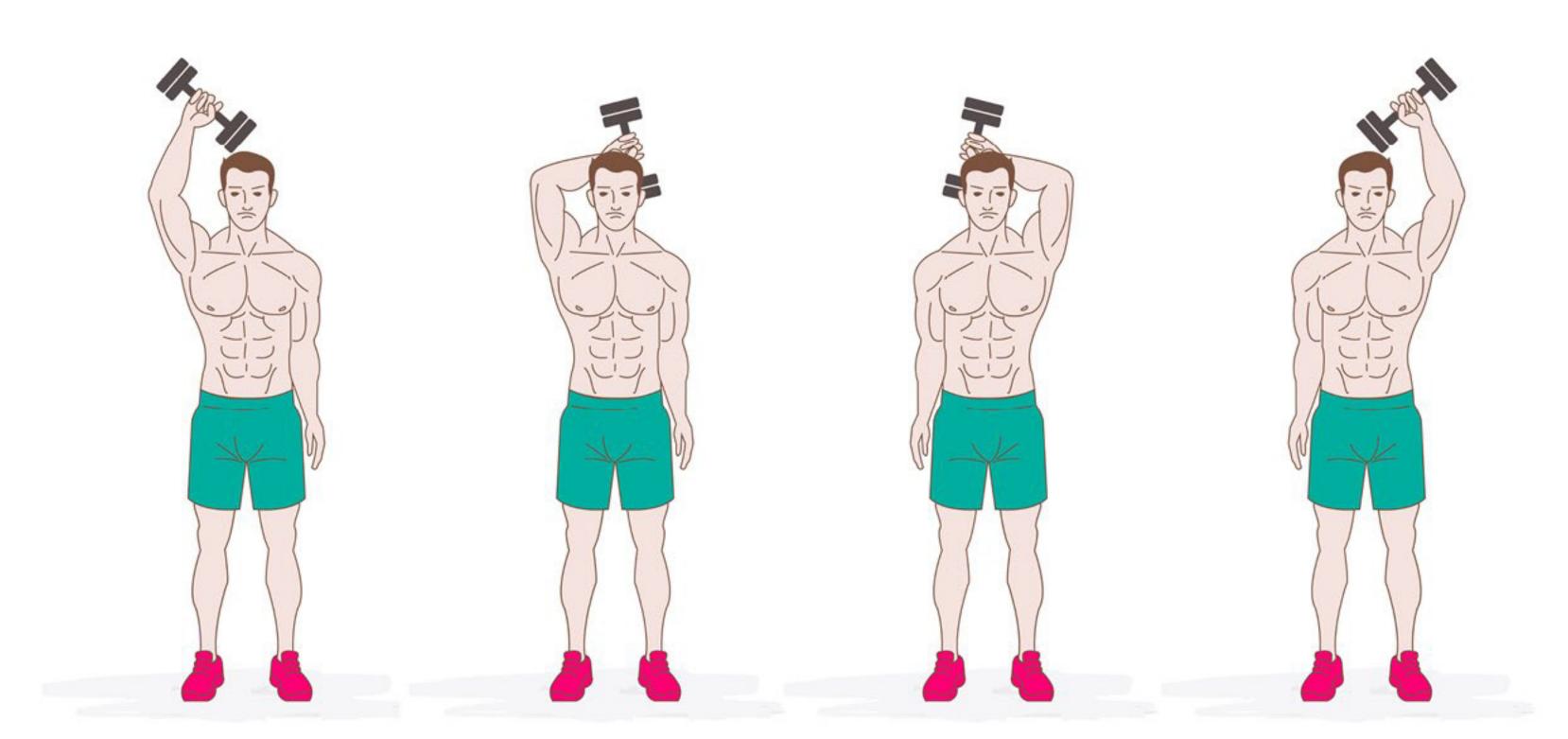






#### **ONE-ARM TRICEPS EXTENSION**

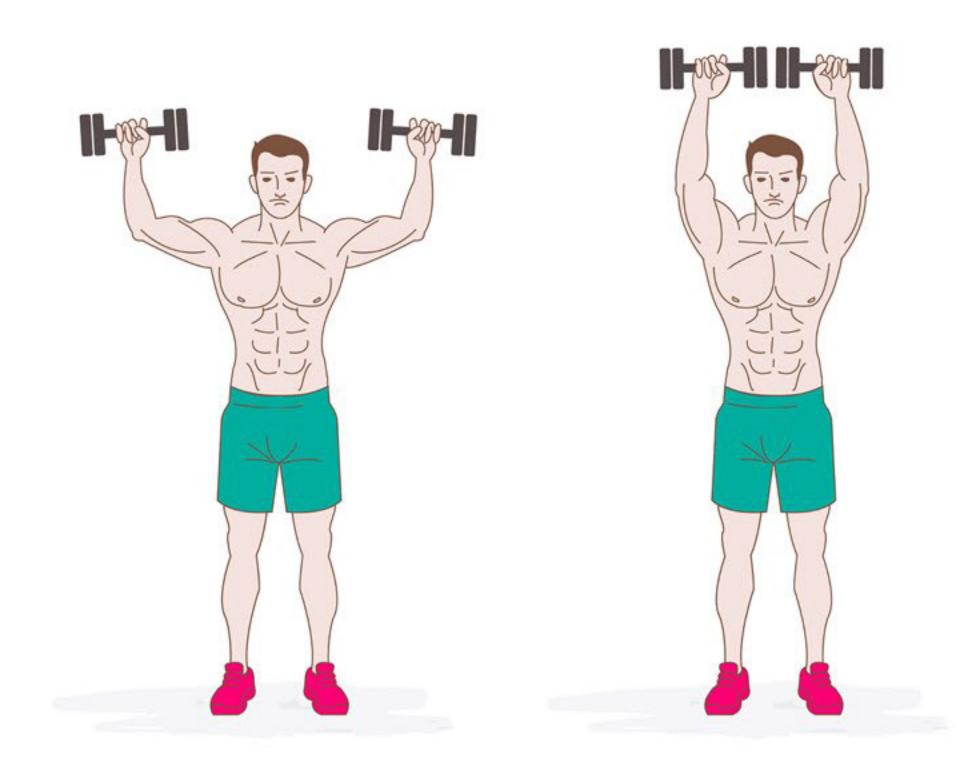
Stand straight and lift one dumbbell behind your head. Hold your upper arm straight and still and the elbow at the 90 degrees. Lift the weight slowly until the arm is completely extended, then start lowering it slowly down. Repeat 8-10 times, and then all over again with the other hand.





#### **SHOULDER PRESS**

Stand up and hold two dumbbells by your shoulders, palms facing away from you. Raise the dumbbells straight up until you arms are straight. Lower them back again and repeat.



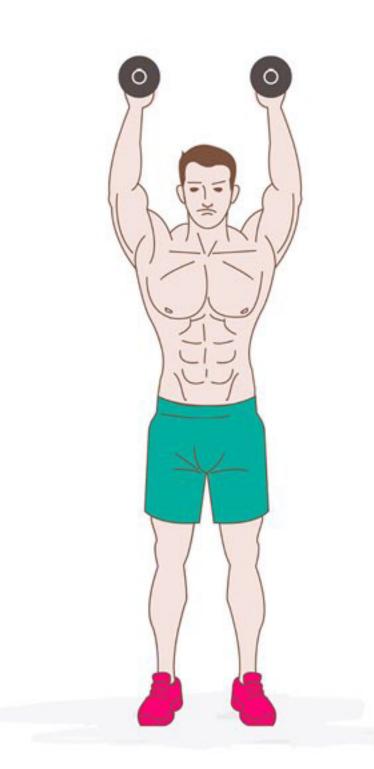


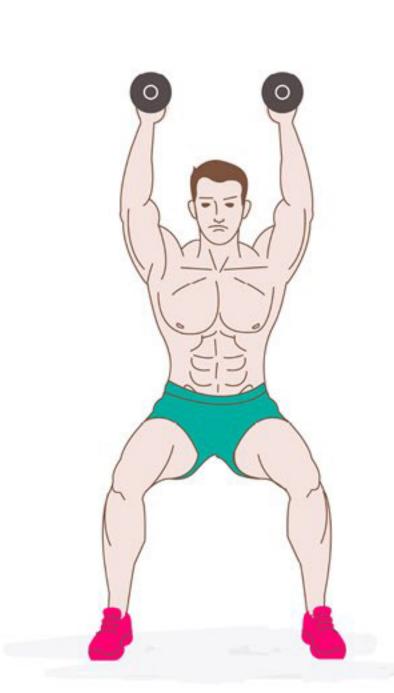


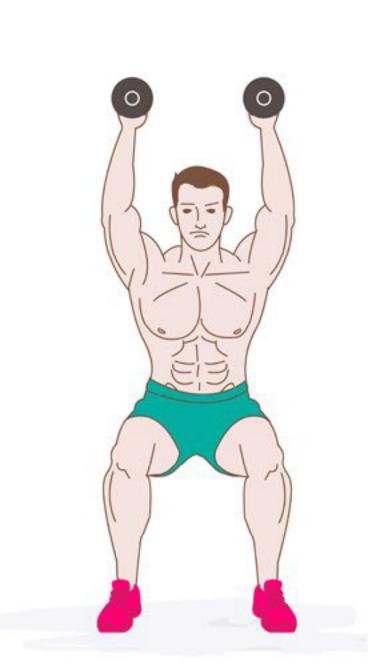


#### **SQUAT**

Take a dumbbell in each hand and squat bending your upper body a bit forward and keeping your heels to the ground. Keep your back straight.



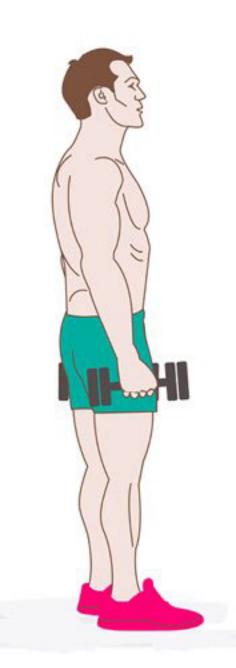






#### **REVERSE LUNGE**

■ Take the dumbbells in your hands and hold them on the sides of your body. Place one foot back and bend your knee in order to lower your body until both of your knees form an angle of 90 degrees. Raise yourself up again.





In next issue FITNESS BENCH

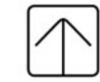


# The Subtle Little HELPERS

Natural Aphrodisiacs -



IN SEARCH FOR THE BEST WAY OF PAIRING WITH WOMEN, WE OFTEN REACH FOR SOME ARTIFICIAL AND INEFFECTIVE WAYS. ALL THE POTENTIAL FOR SEXUAL ATTRACTION CAN BE FOUND IN US, WE JUST NEED TO UNLOCK IT WITH THE CORRESPONDING KEY. NATU-RAL ACTIVATORS OF LIBIDO ARE EQUALLY **GOOD FOR BOTH SEXES, BUT LET'S BE REAL** AND ADMIT THEY ARE NOT "MAGIC BEANS." WOMEN NEED A BIT MORE STIMULATION. THAT DOES NOT MEAN MORE APHRODISIAC, BUT INSTEAD A CLEVER HANDLING OF YOUR BEST ASSETS. LURE THEM IN WITH CHARM AND ATTITUDE, AND WIN THEM BY FINDING THE RIGHT SPICE TO THEIR LIBIDO. THE PLUS SIDE TO THIS IS THAT, IF THE SPICES DON'T HELP, THE FACT THAT YOU'RE COOKING FOR THEM CERTAINLY WILL!



#### COCOA BOMB

Cacao is extremely valuable as it is a great source of antioxidants. SPICING UP A MEAL WITH COCOA LEADS TO THE RELEASE OF ANANDAMIDE, WHICH REACHES ITS POTENTIAL AS AN APHRODISIAC, and creates a kind of an aphrodisiac cocoa bomb. The release of endorphins and the thermal effect, with the expansion of blood vessels, are sufficient incentives for those who sweeten the dish with this exotic spice. It's a great addition to cakes and salads, but also cocktails and coffee. Dark chocolate with more cocoa works wonders!

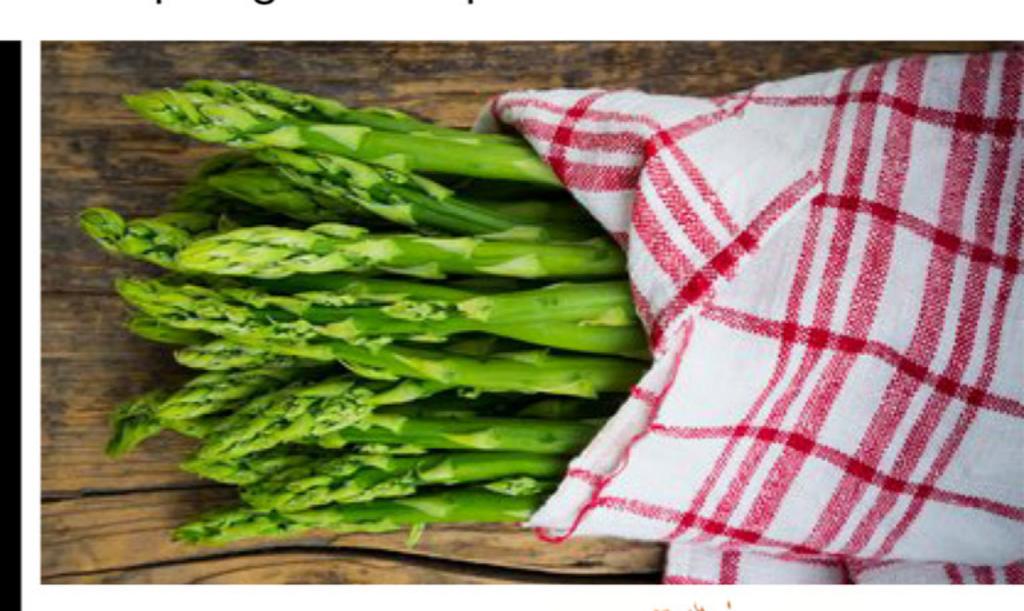
# • PROMISCUOUS ASPARAGUS

Due to its outstanding properties, it is said that asparagus "stirs up lust in man and woman." It raises the female libido to its limits. ASPARAGUS IS A GREAT SOURCE OF POTASSIUM, FIBER, VITAMIN B6, VITAMINS A AND C, AND THIAMIN AND FOLIC ACID, AND IT STIMULATES THE ENDOCRINE SYSTEM AND ACCELERATES BLOOD CIRCULATION.

In addition to the excellent asparagus soup, we advise cooking them in mozzarella cheese and eggs combination, or asparagus wrapped in bacon, or maybe a risotto with asparagus and spinach.

#### HOT PEPPER

The effect of hot pepper as an aphrodisiac is very specific because it increases the enthalpy of the body. It also increases body temperature by warming and encouraging faster blood flow. Capsaicin is the one responsible for all that. In addition to the hot taste in the mouth, which is in itself a type of pain and not taste, CAPSAICIN ACTS ON ENDORPHIN RECEPTORS IN THE BRAIN. IT ACTS ON THE HYPOTHALAMUS, RAISING THE TEMPERATURE POINT. Rosy cheeks and swollen lips are the first signs. Hot pepper turns each dish into a culinary adventure if used properly. Enjoy.



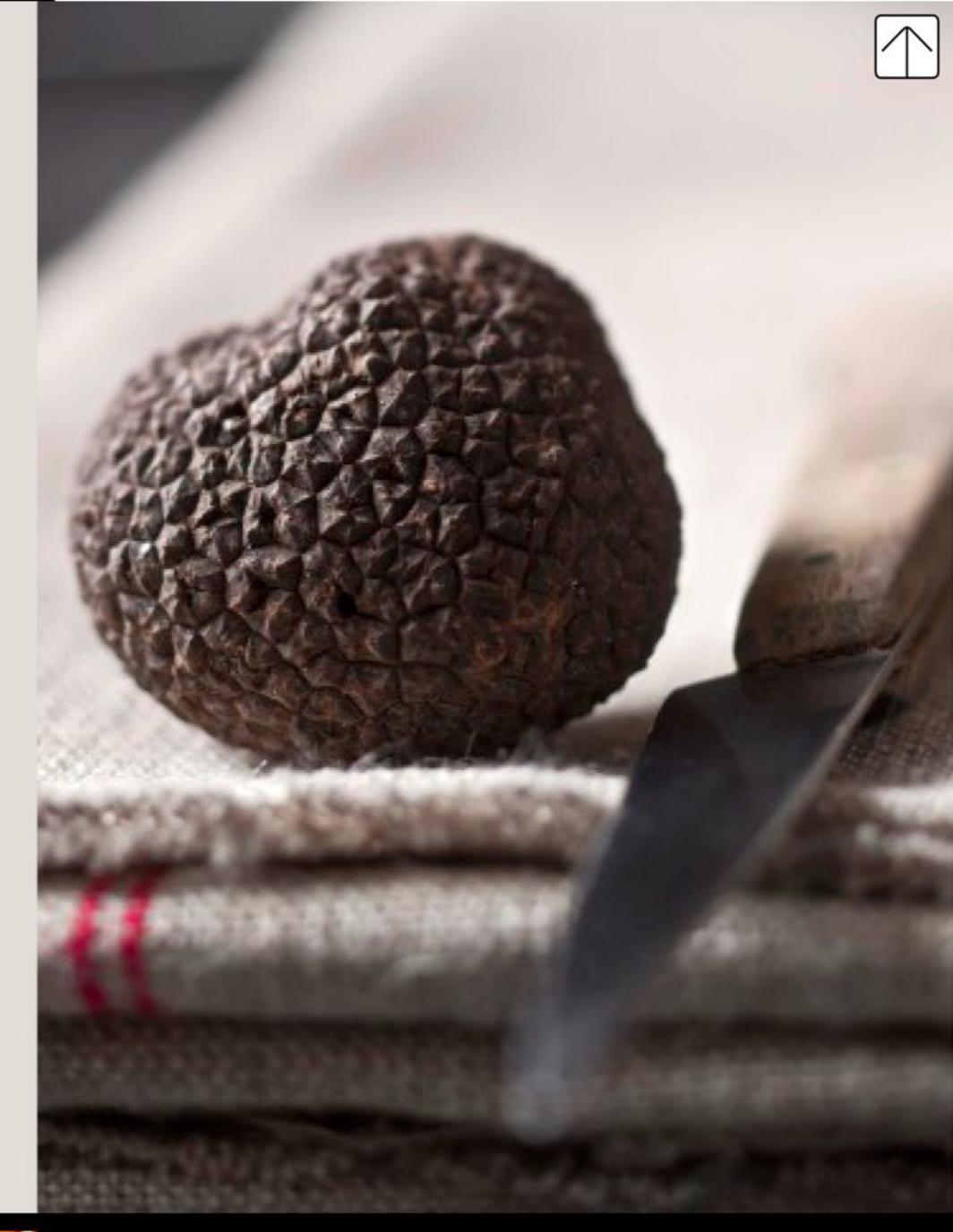
### · RED GOLD

The traditional spice of the Mediterranean and Indian food, saffron, is used as an amazing natural libido stimulator. IT HAS BEEN NAMED "RED GOLD" BECAUSE OF ITS COLOR, BUT ALSO ITS TASTE AND APHRODISIAC PROPERTIES. By some accounts, Cleopatra used to bathe in milk with saffron to increase pleasure. Try the sea bass in a saffron cream, turkey breast in a sauce Maltese, or Milanese risotto with saffron.



# • SEDUCTIVE MUSHROOMS

Truffles are extremely expensive mushrooms. One kilogram can cost up to several thousand dollars, but fortunately, small amounts of truffles are sufficient to stimulate libido. BESIDES THE SMELL THAT ACTIVATES OLFACTORY RECEPTORS, TRUFFLES ALSO PRODUCE ANDROSTENONE, THAT IS, THEY ARE ABLE TO MIMIC THE EFFECT OF ANDROSTENONE IN THE BODY. Due to this hormonal action, truffles activate the libido. Considering their price and exclusivity, sometimes it is enough just to mention that they are in the meal, and the effect is achieved.





#### HONEYMOON

Honeymoon is not called that for no reason! Honey has been used for hundreds of years because of its amazing effects on human health. As a bonus, there is also an aphrodisiac quality to it. IT IS VERY NUTRITIOUS AND HEALTHY, AND IT ALSO CONTAINS NITRIC OXIDE, WHICH IS RELEASED INTO THE BLOODSTREAM IN MOMENTS OF EXCITEMENT AND LEADS TO ENHANCING ENJOYMENT. It should be consumed every day

MENT. It should be consumed every day for its benefits on health. Besides eating it raw, it can be used in various dishes - chicken breast with honey, honey soup, pork ribs in sweet honey sauce, honey cake... Try any of these dishes and you will enjoy, for sure!







#### ARABIAN SECRET

One of the most interesting things about ancient cultures is that they knew exactly how to take advantage of all the natural resources for the purpose of their enjoyment. CARDAMOM IS ONE OF THE SECRET SPICES USED IN THE LEVANT. It is used freshly ground as a spice for many dishes, and it is particularly effective as tea. Its aphrodisiac properties are even written in the "Thousand and One Nights." Another exotic secret – dates, which mixed with milk and cinnamon make an outstanding dessert, as well as a great aphrodisiac cocktail.



Bananas are an excellent aphrodisiac, which is not surprising, given their phallic shape. ON ONE HAND, VITAMINS AND POTASSIUM ARE SUFFICIENT ENOUGH TO STIMULATE SEX HORMONE PRODUCTION, BUT THEY ARE ALSO A LONG-TERM POWER SOURCE. This way, they provide a lift to the libido, but also enough power for its fulfillment. In addition to eating them fresh, dishes made of this strange fruit are very useful. We suggest rolled beef or chicken, spiced with chilly and bananas.



### **NAUGHTY OYSTERS**

One of the most respected and widely used aphrodisiacs. This is exotic and delicious food, and in addition to its exclusivity, it has a remarkable effect of raising the sexual energy. OYSTERS, AS A DEPOT OF ENERGY, VITAMINS AND MINERALS, STIMULATE THE CREATION OF THE SEX HORMONE, ACCELERATE THE METABOLISM AND BLOOD CIRCULATION, AND IMPROVE THE MOOD. They work best served with a glass of cold champagne.

#### ZEUS' PUNISHMENT

According to the myth, Zeus created artichokes to punish the girl who rejected him. It has been used for hundreds of years as an aphrodisiac. IT IS RICH IN ANTIOXIDANTS AND VITAMINS, BESIDES HAVING AN EXCELLENT TASTE. Cream soup with artichokes, artichoke and parmesan cheese spread, artichoke topping for pasta and pizza...are just some dishes you can try if you wish to taste the excellent cuisine and the secrets of the artichoke.

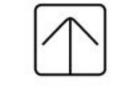


# BONER

#### The Curse of Priapus

Enjoying sex is often connected to slight pain, discomfort and panic. Those moments are brief and they only enhance the feeling of enjoyment. If these sensations continue a while, they can create huge health issues. One of those problems is called priapism — an urgent condition of a prolonged and extremely painful erection.







by: Dr. Aaron U. Isakowych

"Be careful what you wish for, or it just might happen." This sentence describes priapism in short. A dreadfully unpleasant condition which can seriously influence men's health to a great extent. One of the main goals of achieving manhood is purposeful

erection. This primarily entails sufficient erection duration that will provide satisfactory coitus, because **the size of the penis is something we cannot fix.** Various medications, meditations, exercises, diets and stimulus control are used for this one purpose, to make it last longer.

# ATT VICE RECROSIS AND TISSUE DEATH

Sometimes this wish does come true. A long, painful and useless erection appears. Due to the consequences it leads to, it is considered a medical emergency, whose handling can sometimes be a matter of life or death.

Its name comes from a Hellenic and Roman god of fertility. God Priapus was represented by figurines and images of men with huge phalluses, which enhance fertility and reproduction. An image of a





patient with priapism is similar to this, the only difference being that the patients suffer agonizing pain, discomfort between the legs, fear and panic. The erection they have is useless, and the condition they're in is serious and humiliating.

The essential problem is that the cavernous bodies of the penis (the soft sponge-like tissue) are filled with blood, which is captured inside them for some reason. The tip of the penis and the urethra are soft, which supports the thesis that the erection was not caused by nerve stimulation. The blood that fills the cavernous bodies increases the pressure in the blood vessels of the penis and consequently influences the overall blood pressure in the body, making the effects of priapism wider.

# THE PATIENTS SUFFER AGONIZING PAIN, DISCOMFORT BETWEEN THE LEGS, FEAR AND PANIC. THE ERECTION THEY HAVE IS USELESS, AND THE CONDITION THEY'RE IN IS SERIOUS AND HUMILIATING

The mechanisms of occurrence of priapism may be such that they, on the one hand, prevent the blood from flowing away from the penis (which is usually the case), or on the other, involve the inadequate and uncontrolled blood flow into the penis. In the first group of patients, the so-called ischemic ones, the problem occurs on the veins that carry the blood away from the penis, making it trapped in the cavernous bodies. The erection lasts for hours, and the blood, which doesn't go back to the systemic circulation, loses its properties. The products of the metabolism and the harmful gasses accumulate, the blood clots occur, and the constant pressure inside the penis can lead to soft tissue fibrosis, which can further lead to impotence. At worst, it can cause necrosis and tissue death. The second group of patients has the problem with the inadequate blood flow into the penis, with the inability of returning the blood via veins to the system fast enough, which also leads to the prolonged and painful erection.





The reasons of its occurrence are numerous. Besides the large group of men in which priapism occurs due to the numerous medications they use with the aim of treating impotence, unfortunately, it occurs in young men too, often unexpectedly and with no apparent reason. It can be caused by leukemia, thalassemia, Fabry disease, sickle-cell disease, dialysis, the use of different medications, central and peripheral nervous system diseases, mechanical factors (injuries and infections), sarcoma of the penis or metastatic tumors, and even insect bites (Brazilian wandering spider and black widow spider). Although statistically a low number of men suffer from this disorder, it has been noticed that its occurrence in younger population (19-21 years of age) becomes more and more frequent. Taking into consideration the consequences such as impotence, infertility and thrombosis, which can occur in the fertile and potent male population, we cannot deny that this is one big health and social problem.

# THE ESSENTIAL PROBLEM IS THAT THE CAVERNOUS BODIES OF THE PENIS ARE FILLED WITH BLOOD, WHICH IS CAPTURED INSIDE THEM FOR SOME REASON

As a medical emergency, if it lasts for a while (actively for about a few hours), it can damage men's health to a great extent. The rapid treatment is crucial. The first thing to do is to puncture for blood in the cavernous bodies under the sedatives, analgesics or spinal block. After this come the rinse of the cavernous spaces with heparin and the application of the blood for breaking thrombi and coagulation. Means and methods for prolonging sexual contact are desirable, but only if the doses are moderate. **The limits of the body's endurance should be respected.** Overdoing it can result in a huge health and sexual problem. For this reason, you should not test your limits (too much) as the Priapus' punishment can be extremely severe.



# THINK FAST, BUT MOVE SLOW

Jean-Marc Johannes

**BORN AND RAISED IN SOUTH AFRICA, JEAN-MARC WAS ALWAYS INTERESTED** IN EXTREME SPORTS. WHEN HIS CHILD-HOOD FRIENDS ALL STARTED SKATING, A FIRE WAS IGNITED WITHIN HIM.



NOVEMBER - 2014



Jean-Marc is best known for thinking up new and crazy tricks. He explores concepts and ideas, and puts them into action, to the amazement of spectators and other skaters alike. As a result, Best Trick awards often come his way. Jean-Marc likes to compete against the best skateboarders out there, as he feels that one can only truly progress when up against the elite. It's clear Jean-Marc wants to take his skateboarding to new heights and new places.

Jean-Marc is also highly skilled in the forgotten art of switch; mastering most moves either regular or switch. He has a motto, 'think fast, but move slow,' which many people believe is the very reason why he hasn't broken bones going for the massive moves he does. When JM's not skating, he's on his guitar and believes that in skateboarding, as in music, there are no boundaries or limitations.



"Skateboarding has given me many things," reckons Jean-Marc. "It has made me realise that being happy is the most important thing in life. Skateboarding has given me a sense of direction, and a focus in life. It has helped me realise who I am."

# PERPETUUM MOBILE

UCAT

# DUNES DUNES

2015 MUSTANG HENNESSEY

### MADE FOR WINNERS

BMW M4 DTM CHAMPION EDITION

### STRING DESIGN MEETS ROMANTIC CRAFTSMANSHIP

THE INFINITI Q80 INSPIRATION

THE DUCATI SCRAMBLER

# IMPRESSIVE DRIVING EXPERIENCE

VENCER SARTHE MY 2015

# Striking Design CONTROL Romantic Craftsmanship



The Infiniti Q80 Inspiration draws attention with its extraordinary presence. At five meters long and two meters wide, this is a full-size concept vision of a range-topping Infiniti. Organic forms and poetic artisan design converge with the latest composite materials, while portal-style doors invite a cocooning "4x1" seating experience with a full spectrum of leather finishes, Alcantara and metalwork, clutter giving way to peaceful expanses.





From first sketches some 15 months ago to the final vision now shown, the Infiniti Q80 Inspiration was always destined to push the very top tier of motoring experiences into new realms of artisan craftsmanship, borne on cutting edge technology. Long and sleek, fastback in silhouette, the Q80 Inspiration delivers feminine elegance and muscular menace in well-matched

measure, and an inner space that not only cocoons and engages the driver, it celebrates the rear seat guests, too, explained Albaisa. This interior makes a strong statement in romantic luxury. Framing the Infiniti emblem is a full-scale, chrome-edged front grille that innovatively blends dramatic style, cooling and aerodynamics. Organic and three-dimensional, like the pulsing gills of a cruising whale, at town speeds the gills part to flow air into the engine,

### MINIMAL PHYSICAL INTERFACES FALL EFFORTLESSLY TO THE DRIVER'S FINGERS

sealing again as the road opens to direct air over the wide, curving hood. Once rolling across the hood, the cool air "drags" hot engine bay air out of slender, finely meshed, full length hood vents. The eye may observe these vents as attractive style lines, but they too cool a turbocharger each. The intricate manufacturing details employed in

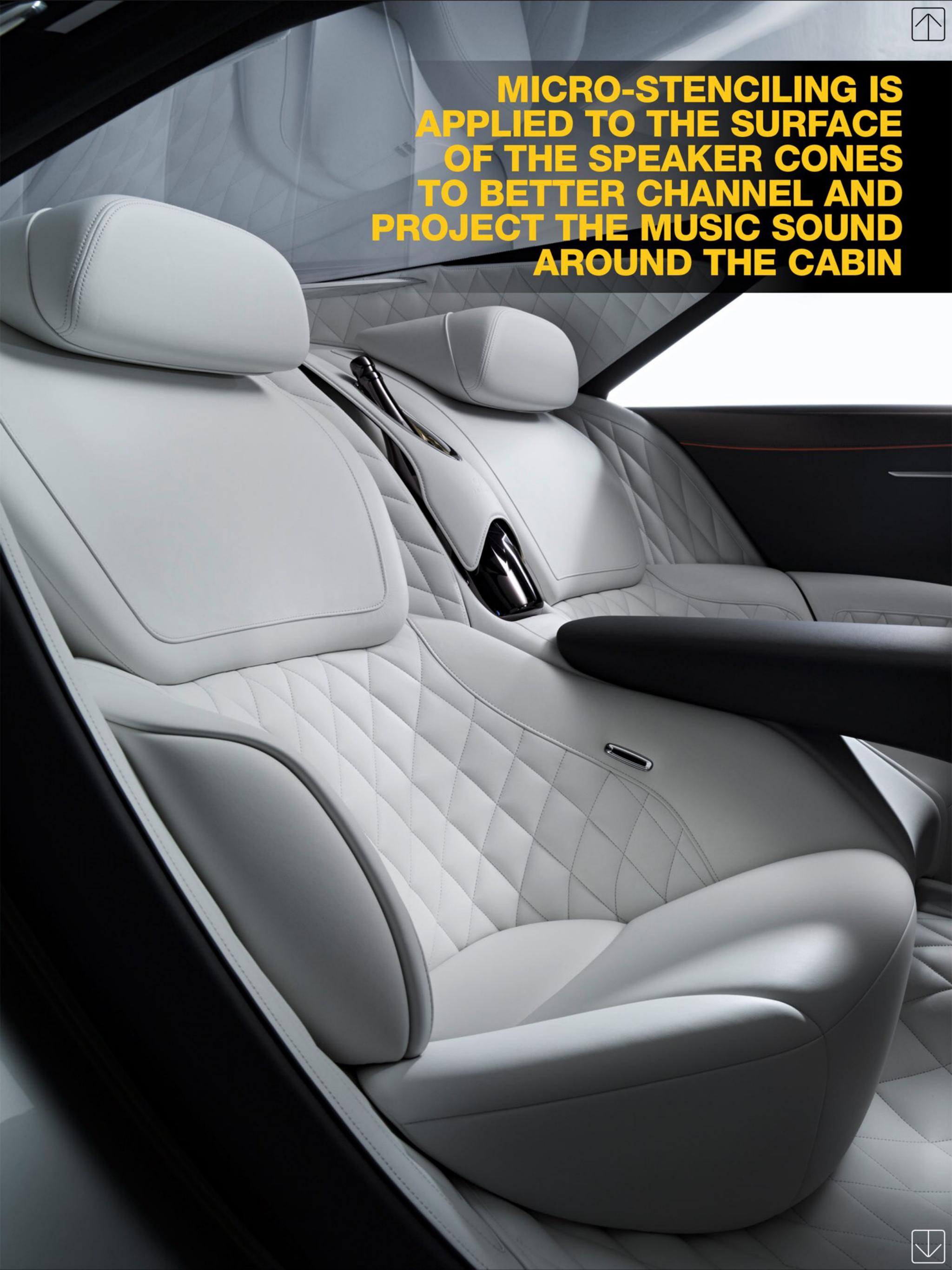




the front grille set the tone for what is Infiniti's bravest, most striking concept car yet.

The driver of the Infiniti Q80 Inspiration is engaged and enveloped by technology and luxury – the best seat in the cabin for those who love to drive. The three other passengers in the car are equally celebrated. To coin a fresh phrase for this segment-defining new concept, the "4x1" interior brings everything to everyone onboard, when and how they want it. Configurable, borderless and human-centric. Minimal physical interfaces fall effortlessly to the driver's fingers. A flat-bottomed, pistol-gripped steering wheel invites interaction via thumb controls – the only switches needed – while an elegant billet controller operates the automatic gearbox on the driver's right side,







mounted on the curving full length center piece. Each bucket-style seat stands alone, quilted and body-molding, while the softest of Alcantara suede couples that cushioned quilting with thick, high-texture saddle leather for a rich feast of sight, scent and touch. Buttons and dials make way for smooth, leather-wrapped surfaces that stretch uninterrupted from door to door. The technology is there but it is on demand, unseen until requested. For the driver, the HUD (head-up display) projects crisply onto the eye-line of the windscreen the critical information of their choosing, augmented for that driver with assisting and enhancing autonomy, again at their chosen level. A small, personal touch screen for all seats is a borderless gateway to the Q80 Inspiration's technology, conveying personal data and environmental information. Cutting edge technology complements the beauty of physical detailing elsewhere inside the Infiniti Q80 Inspiration. Minutely laser milled aluminum satin surfaces and trim pieces please the eye and the fingertips, while horse hair in the front row carpet adds to the lushness. The soft leather in some areas is specially stiffened to give it a mosaic look and feel.

Micro-stenciling is applied to the surface of the speaker cones to better channel and project the music sound around the cabin. The exhaust sports the same acoustic enhancement.

This Infiniti concept car will inspire dreams of delightful road-trip getaways. Incredible as it may look, the Q80 Inspiration is a thoughtful vehicle with forward-looking technology and efficient high performance objectives. Pushing the boundaries, Infiniti Q80 Inspiration is designed for the ultimate in driving enjoyment.



BMW M4 DTM Champion Edition

#### in in the contract of the co



Keen to celebrate this success in fitting style, BMW M GmbH is unveiling the BMW M4 DTM Champion Edition (0 –62 MPH IN 4.1 SECONDS). The Champion Edition will be built in a LIMITED RUN OF 23 UNITS, REFLECTING WITTMANN'S CAR NUMBER. And – in a further tribute to the DTM winner – it will be offered exclusively in Alpine White. The other signature features of the special-edition model, which

INDIVIDUAL MANUFACTORY IN GARCHING (NEAR MUNICH), will likewise display close links with the victorious BMW M4 DTM. Added to the mix are an M kidney grille with orange surround, an M logo rearwards of the front wheel arches, the number 23 on the doors and the flag along with "WIT" AND "DTM CHAMPION 2014" LETTERING ON THE REAR SIDE WINDOWS.



2015 Mustang Hennessey

# 







# The Ducati Sorambler





# "POST-HERITAGE" DESIGN GIVES A CONTEMPORARY TAKE ON THE ICONIO BIKE BUILT BY DUCATI BACK IN THE 70S

The wait is over at last.

and officially ready to be revealed to all enthusiasts.

The Icon is a contemporary bike that expresses the pure essence of motorcycling. Tried and tested materials such as the aluminium of the rear swingarm and engine covers and the steel of the teardrop tank and frame are combined with NEW-GENERATION components such as front and REAR LED LIGHTING AND LCD IN-STRUMENTS.









Wide handlebars and a LONG SEAT PROVIDE A COMFORTABLE, RELAXED RIDING POSITION and, together with the low weight, low centre of gravity and slightly knobby tyres, ensure pure riding fun whatever the situation. "POST-HERITAGE" DESIGN GIVES A CONTEMPORARY TAKE ON THE ICONIC BIKE BUILT BY DUCATI BACK IN THE 70S. This Scrambler, though, is not a retro bike: it is, rather, intended to be just how the legendary motorcycle would be today if Ducati had never stopped building it.

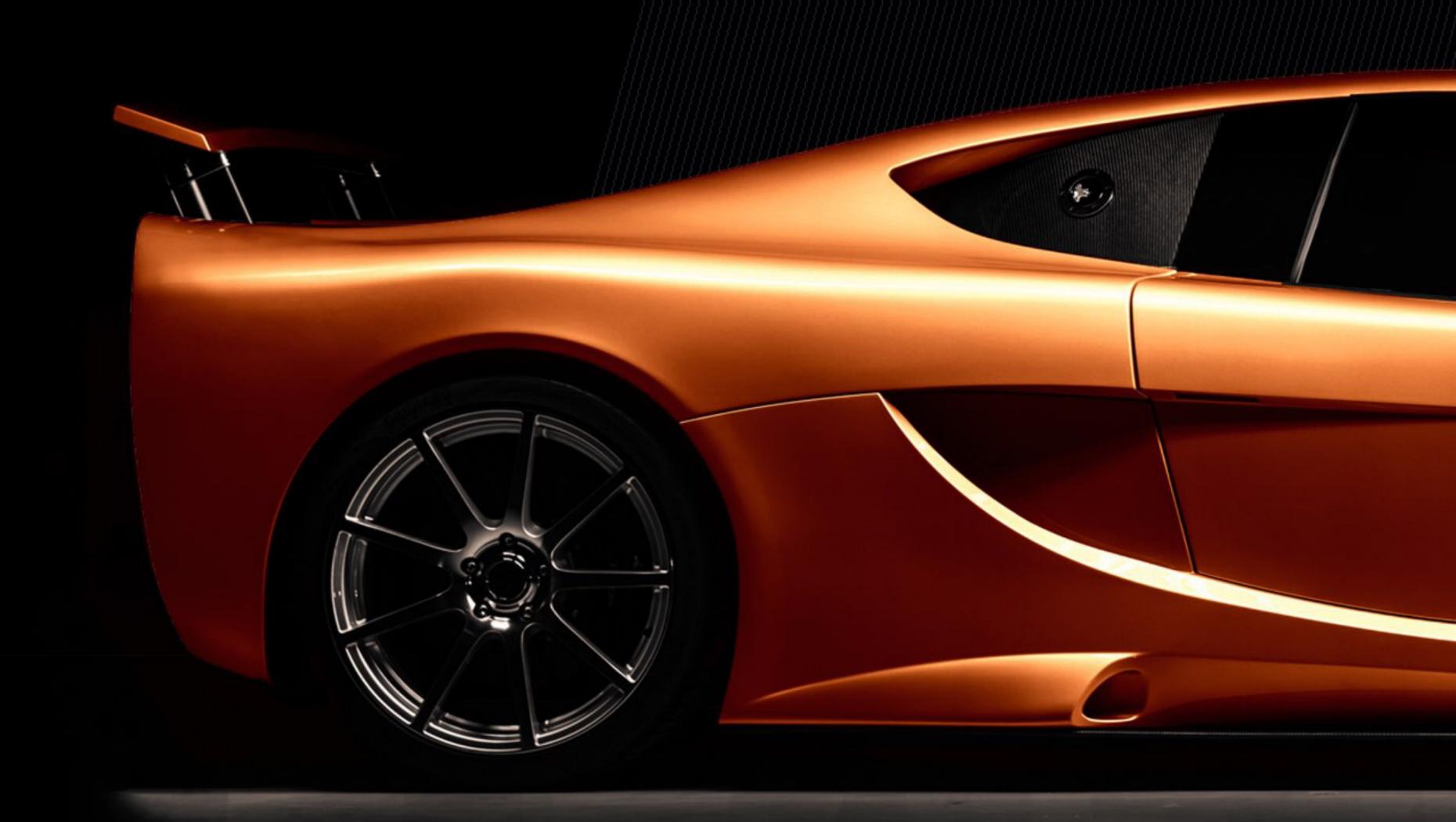
The Icon version, in yellow and red, is joined by three others - Urban Enduro, FULL THROTTLE AND CLASSIC - EACH OFFERING ITS OWN STYLE and performance-related interpretation of the Scrambler spirit.

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# Vencer Sarthe MY 2015



# IMPOSSIVE DRIVING EXPERIENCE



A Dutch manufacturer of exclusive sports cars Vencer is proud to present the production version of the Vencer Sarthe. After a period of thoroughly testing and validation with pre-production engineering prototypes, the production version of the SARTHE FOR 2015 IS NOW READY. In a new manufacturing facility the company is building the first customer cars that will have some key upgrades including; perfected exterior features, an advanced interior design as well as a brand new engine.





# Pre-production prototype

Last year a preproduction prototype of the Vencer Sarthe was revealed by Prince Albert II of Monaco at Top Marques exhibition in Monaco. Meanwhile Vencer has gone through a period of thoroughly testing with their last (red) pre-production car to validate all new technology for the production model of the Vencer Sarthe. With over 100 changes and modifications made on the production model, the Vencer Sarthe MY2015 is the result of years of extensive development by a dedicated and passionate team. This vision has led to collaboration with high-end automotive suppliers and free-lance experts willing to go the extra mile to develop a unique car with true character and analogue feel. By following this trajectory Vencer has achieved to manufacture a distinctive, light and pure drivers car, with a clear focus on road-use. The Sarthe is an exceptional supercar that involves all your senses of what nowadays is becoming increasingly rare.

# Vencer Sarthe MY2015 new exterior features



The production version of the **Vencer Sarthe looks even more striking and powerful than before**. The Vencer Sarthe is named after the circuit "la Sarthe" and the details incorporated into the car are a subtle tribute to the sports cars from the '80s Le Mans era.







THE Vencer Sarthe IS NAMED
AFTER THE CIRCUIT "Ia Sarthe"
AND THE DETAILS INCORPORATED INTO THE CAR ARE A
SUBTLE TRIBUTE TO THE sports
cars from the '80s LE MANS ERA







A wide variety of materials can be selected to customize your car, with many bespoke options to make each Sarthe truly individual.

The bodywork of the Sarthe is a tight wrapping of the raw power that lies beneath, expressed in smooth lines and profoundly sculpted flanks. The fluent shape of the car allows the lines to run cleanly from the short bonnet to conclude in a typical and aerodynamic long "Kamm" tail. Low, purposeful and sleek, the Sarthe talks performance and agility.

The MY2015 production model has some notable **new exterior design features including a new quarter glass design, open air-flow C-pillars, a new engine cover, aerodynamic front splitters and an automatic rear spoiler**. The new quarter glass design in clear coat carbon with open C-pillars increase the aerodynamic flow and together with the automatic rear spoiler they provide additional down force on the rear axle. A new engine cover design and larger side air inlets have been integrated to ensure a greater airflow and cooling to the new engine.

# An new lightweight interior focused on the essentials

A completely new interior design brings to life an extraordinary and refined feel, with a clear and clean minimalist focus on only driving essentials. The typical wide door sills, close-fitting cockpit and central driving position of the Sarthe together with a short nose design, complemented by a long windscreen with direct and unrestricted view on the tarmac, are providing an impressive driving experience that lets the driver become one with the open road.







To keep all driving distractions to a minimum, Vencer has developed its own Central Information System. The Vencer CIS system is a convenient and concise multitasking digital display that provides all critical information one may need at a glance.

All interior panels are produced in-house out of carbon fibre to further save weight. A two-tone leather interior with Alcantara inserts

comes as standard and is available in virtually unlimited colour combinations. Also a wide variety of materials can be selected to customize your car, with many bespoke options to make each Sarthe truly individual.







# New Vencer 6.3L V63SC engine

Prices for the Vencer Sarthe are starting from €270.882 A new masterpiece forms an integral part of the Vencer philosophy relating to the commitment to sheer driving pleasure. The Vencer 6.3L V63SC engine is a new development for the MY 2015 **model.** This powerful eight-cylinder unit is composed of the best high-end OEM components available. Inspired by the '80s Le Mans era, Vencer has incorporated a number of measures that have resulted in a powerhouse with impressive character. The engine stands out for its sublime power delivery, a deliberate broad power range and raw mechanical feel. The 6.3L V8 with supercharger boasts 622BHP (457kW) at 6500 rpm, and 838 Nm (618 lb-ft) of torque at 4000 rpm. Vencer has chosen to add a supercharger not only for increased power output, but also for immediate throttle response and impressive torque figures (650 Nm starting at 1500 rpm), adding to the driveability and agility of the car. Furthermore, the engine is mounted deep into the chassis to ensure a lower centre of gravity and high lateral acceleration. As a result, the pounding heart of the Vencer Sarthe delivers exceptional performance that is unique in its segment. The V63SC V8 engine is now standard for the Vencer Sarthe, whereas the prototype-spec V8 has been discontinued.



# Impressive driving experience

The engine stands out forits sublime power delivery, a deliberate broad power range and raw mechanical feel

A modern interpretation of the lines of iconic '80s race cars together with genuine engineering, purposeful minimalist design and durable carbon fibre lightweight construction are delivering an optimum blend of a neo-retro and mechanical feel with modern day impressive performance. The Vencer Sarthe is a sophisticated machine, which unpretentiously delivers effortless performance. In the quest for a true analogue and mechanical feel Vencer has left out unnecessary computerized driving assistance, only leaving the true soul of the car. Genuine engineering solutions ensure an intrinsic balance that allows the driver to be at the centre of the involvement.

A lightweight chrome-molybdenum chassis with honeycomb structure and full carbon fibre bodywork forms the basis of the car, with an optimal (45%/55%) weight distribution. A sensational power delivery from the engine, a direct and undiluted hydraulic steering feel, a Torsen limited slip differential and optimized suspension for roaduse ensure a truly convincing driving experience, whereas the optional four-wheel hydraulic lift system increases usability.



# TIMETAMEL

HISTORIA MAGISTRA VITAE EST

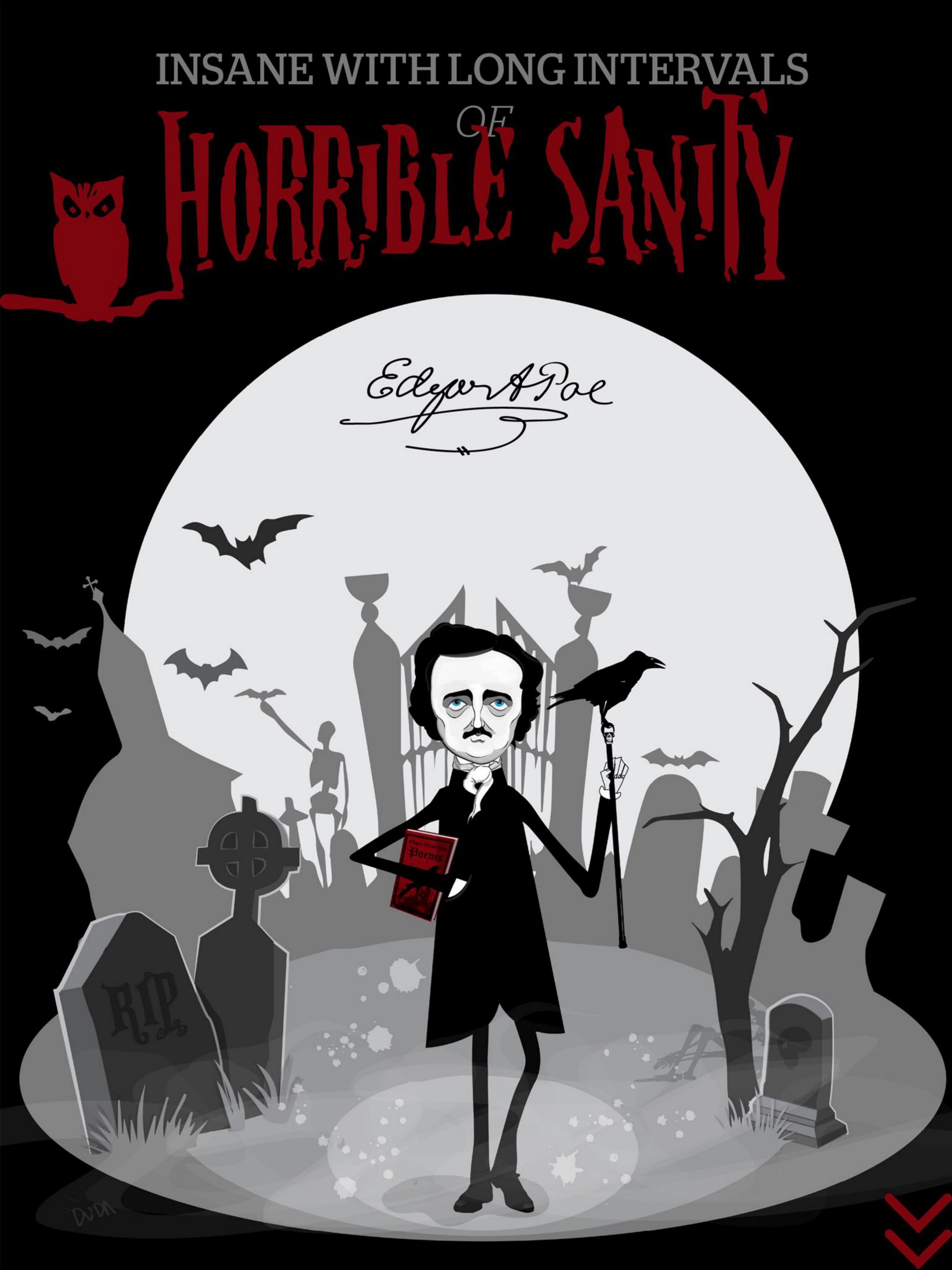
CONSPIRACY THE

GOTTEN PEOPLE · HISTORY

THE SACRED LIFE OF Salvador

Salvador

Marie Mar





ALMOST TWO HUNDRED YEARS SINCE THE HOR-ROR BAULHER DIED AND HE STILL REMAINS ONE OF THE GREATEST WRITERS THE WORLD HAS EVEN SEEN. BUT WHO WAS HE? WHATHATKES THIN STAIND OUT ENTRY DAYWHENENERSHINGIS SAUD AND DONE ABOUT THE GENRE OF HORROR?

# Written by: Marcel Cofield

Everybody is familiar with the term "gothic". It is depicted everywhere: in the movies, in the books, on TV series. Typical gothic deals with the grotesque, the mysterious, and the desolate. The setting is usually an old, decaying house far in the countryside or in the forest. By empha-

sizing these physical aspects and ghostly atmosphere, Poe creates a hero, who is super sensitive to his surroundings, and who cannot function well in the world around him. But he does not stop here. By creating the perfect horror setting, involving a haunted house, ghosts, fog and wintertime, Poe goes on further to depict the greatest evil of all time: the human mind.

Edgar Allan Poe's horror reputation lies in his short stories. What is distinctive of his work is the depiction of psychotic personality where the protagonists try to give rational explanation for their irrational and compulsive acts. Poe starts from the fact that every human being is capable of doing the most horrible acts at any given moment; that every mind is capable of falling into madness. His stories describe subconscious mental activities, which cause a so-called "normal person" to suddenly change and perform drastic, abominable deeds. The greatest exploration of his work is how madness manifests itself in an otherwise normal person. Using madness as an underlying theme, he concentrates on some universal themes of choice, which contribute to the overall feeling of gloom and darkness.

Poe explores the similarity of love and hate in ways no one did before. The complexity shows that these two supposedly different emotions blend into each other perfectly. Concerning the theories of Freud, Poe defines love and hate as universal emotions; one strong feeling with opposite directions of work. The terror portrayed in his work represents the narrator's simultaneous love for himself and extreme hate of his own being. In many stories, the hatred is projected onto a double, a physical or a psychological other that serves as a means to demonize what is supposedly wrong and immoral in human nature.

# THE PROTAGONISTS TRY TO GIVE RATIONAL AND EXPLANATION FOR THEIR IRRATIONAL AND

The protagonist and the antagonist in his work cannot coexist-death is inevitable for one of them and it is usually violent and brutal. The antagonist haunts the protagonist in horrible ways. He threatens the protagonist's sanity, showing him that he cannot escape his inner demons. This delusional separation serves as a justification of person's need to feel pure, good and loving. Madness that often follows is a consequence of the protagonist's realization that the other is actually within him; the struggle and the war is inside a human's mind. Ultimately, suicide frequently occurs.

Poe unmistakably uses memory as a means of evoking the dead. In his many stories and poems, the beloved one, usually female, is deceased. However, the narrator evokes the memory of her troubles and he is unable to cope with the difficulties of absence of the beloved. Even though she is no longer physically present, the narrator sees her in everything and her image haunts him. This way, the ghost haunting becomes a Gothic love story. Memory is given the power to revive the dead. Horror that surrounds the story comes from the narrator's own feelings of hopelessness, grief and fright. The barrier between life and death is broken but not just to scare the reader; it is also there to show how strong a true love can even resist the permanence and presence of death.

Masquerade is also very dominant in Poe's work. Its symbolism is typical: people wear various grotesque and funny masks and for a brief moment, they can assume some other identity. Ironically, when they put on the masks they actually unmask themselves: social conventions are abandoned, reality is suspended, and inner horror is put into practice. This is the time when the double comes to destroy the protagonist or to be fooled into his own demise.

# POE EXPLORES THE

# SIMILARITY OF LOVE AND HATE IN WAYS NO ONE DID BEFORE

Animals also recur in almost every murder stories since homicide requires animalistic nature. They serve to show the absence of human morality and reason, but at the same time are there to portray the animalistic urges of human being. If they are killed, their ghosts haunt the narrator and often lead him to either complete insanity or horrible crimes.

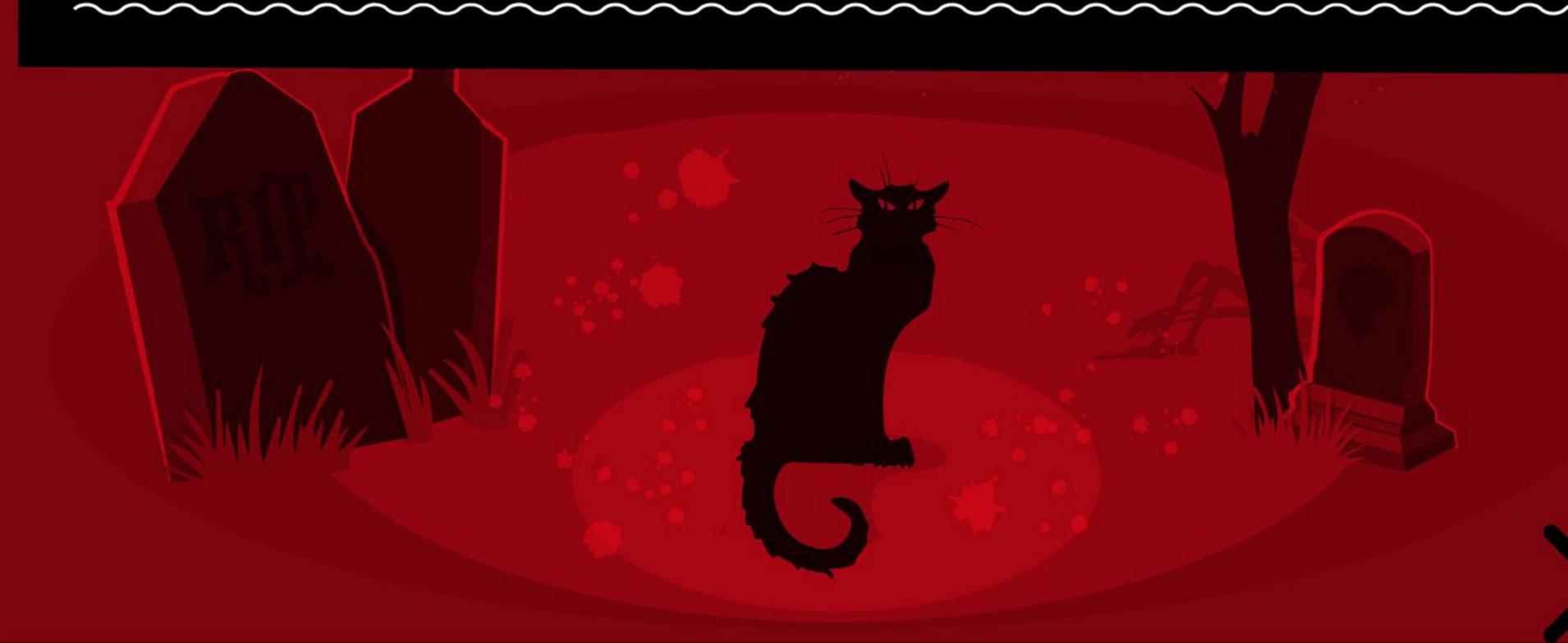
Combining these themes into a perfect blend, Edgar Allan Poe creates a masterpiece that is recognizable to every person. It is guaranteed that when you read a Poe story, you know that it is his. Or that you get extremely scared. And there is nothing more intimidating than describing the things you are accustomed to in a completely different way.

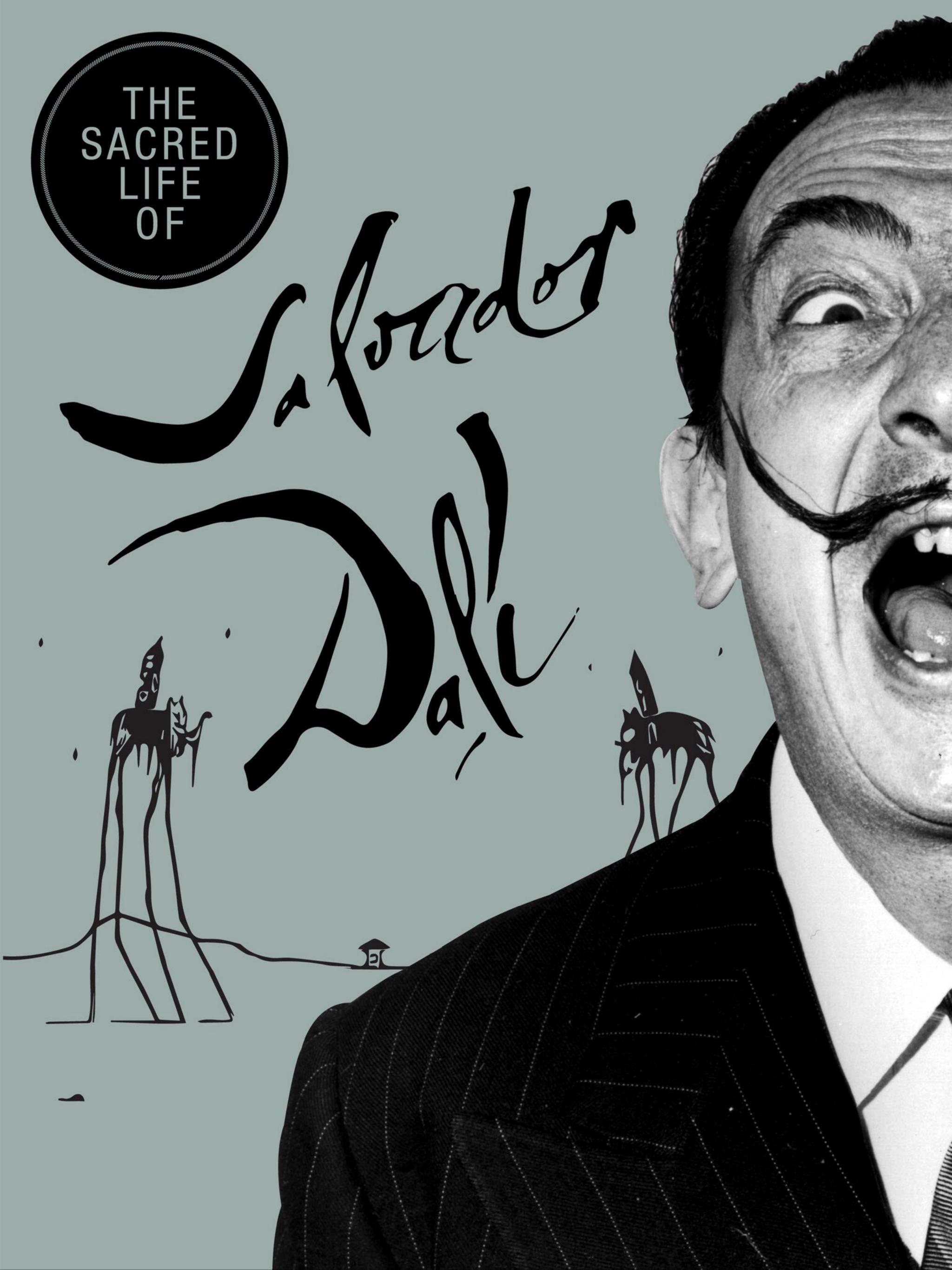


WAS BORN ON JANUARY 19, 1809 IN BOSTON. ABANDONED BY HIS FATHER, AND AFTER THE LATER DEATH OF HIS MOTHER, HE WAS TAKEN INTO THE FOSTER CARE OF A VIRGINIA TO-BACCO FARMER. HE WAS THEN STYLED INTO EDGAR ALLAN POE AND HE ATTENDED PRESTIGIOUS SCHOOLS. WHEN POE LEFT HIS FOSTER HOME IN ORDER TO SEARCH FOR HIS HAPPINESS, HE BEGAN GAMBLING, DRINKING AND WAS IN POVERTY. HE RECEIVED LITTLE RECOGNITION AS A WRITER UNTIL "THE RAVEN" WAS PUBLISHED IN 1845. HOWEVER, HIS LIFE FULL



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# Idon't do lamarugs drugs

Written by: Dr. Aaron U. Isakowych



years ago, in a town called Figueres, in the Catalan part of Spain, one of the most competent artists was born – Salvador Domingo Felipe Jacinto Dali. He was a building block of new artistic aspirations, not only through painting, but also through poetry, architecture, TV program, prose, fashion and jewelry, sculpting and even a specific kind of psychoanalysis.

As a young man, he was friends with Lorca, Bunuel, Montaigne, Miró and Picasso, who supported him on his way towards fulfilling his artistic aspirations; they also brought him to the woman with whom he would spend his entire life, and after whose death he would try twice to take his own life away. A Russian woman, Gala was his eternal muse. He cooperated with Miró, the Marx Brothers, Disney, Freud, Hitchcock (he worked on the dream scene from





"Spellbound", 1945). The whole world needed this surreal magician with twisted moustache, this tiny bit of ingenious madness interspersed through various forms of communication. Everyone was afraid of dreams, but he was powered by them.

He shocked the public. With no boundaries or restrains, he triggered a reaction to his presence by acting free, and fed on petty bourgeoisie and the lack of understanding, which made him embark on even more eccentric ventures. He did not care about conformism - he loved to emphasize his love towards Gala, whom he used to take for exceptionally ugly, and towards masturbation, which he raised to

# HE CREATED HARMONY OF SURREAL CHAOS, WHICH PORTRAYS THE REAL HUMAN CHAOS

the level of dogma. He wore costumes, ran away from the war, and, oddly enough, was a very religious Catholic, even though he was the embodiment of the devil for many people.

Oftentimes, his work is desecrated by superficial interpretations that start and end with the fact that he was crazy. These prosaic claims can damage neither his name and genius, nor the influence he has on art even today. Each of his paintings has a form that reveals someone hidden in the dream, watching what is going on without a blink.







perspective exposes his voyeuristic trait that strives for the disintegration of the myth and towards the sheer reality. Playing with shadows, lines and the relationships between them, he shows that in every part of the painting, a new dream or a new nightmare hides.

He used to say that he knew how to see things. He would dismantle them into imaginary and unreal parts, which he discerned deep inside them. He played on canvases with dimensions and shapes, reliefs and contours, and in this tangle of opposing symbols, he created harmony of surreal chaos, which portrays the real human chaos. The space he paints expands and flows over the edges of the canvas, because it calls for thought. Each of his paintings is different, not by itself, but in the eyes of the spectators, because when Dali painted them, it was as if he did it with several pairs of hands. Dali was a self-centered charlatan of an elusive artistic expression. His hallucinations made a self-realized language by which he could communicate using a series of non-suggestive details. The omnipresent themes of eroticism, death and decay are Dali's very usual motifs, not only in painting, but in life as well, which also coincides with the psychoanalytic features of his generation. Accomplished in all the aspects of his artistry, Dali becomes an anathematized icon of the 20th-century art, as the first artist of the future.





best described himself through the concept of "Critical Paranoia" - "spontaneous method of irrational knowledge based on the critical and systematic objectivity of the associations and interpretations of delirious phenomena." It is the ability of the mind to evoke and perceive links between meaningless objects, which are not rationally linked.

Finally, before his death, he wrote a letter to everyone he hated. That is, to all the people. One of the things he concluded with was that he really was the God, because while he was in hospital, **the King had visited him and admitted that he is a great admirer of his work.** Irrational, sensational, eccentric, a sterile hypersexual little man, a complete lunatic, narcissistic, unique, phantasmagoric, rejected from his family, misunderstood from the world, but most of all, surreal. Dali remains one of the most disputed artists ever. "There is only one difference between a madman and me. The madman thinks he is sane. I know I am mad."

# THERE IS ONLY ONE DIFFERENCE BETWEEN A MADMAN AND ME. THE MADMAN THINKS HE IS SANE. I KNOW I AM MAD







1. Find a cure for Ebola. Or try at least.

2. Try a venison meal Or two.

3. Eat three burritos and go see a horror movie.

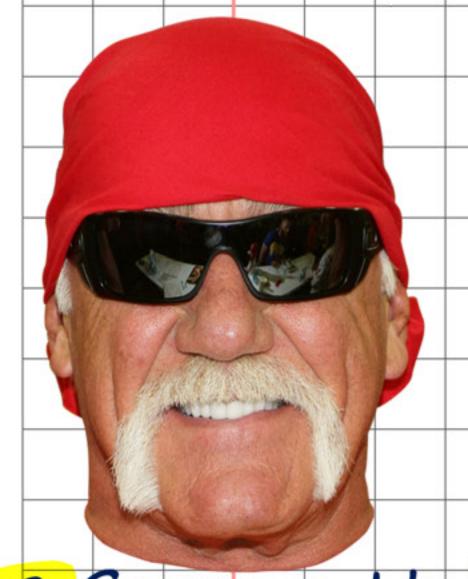
4. Read a Stephen King book. Or watch one of his movies.

5. Fall in love with one of the alcoholic drinks from around the globe. Or fall off a chair because of it.

6.Create an alter ego that will be a complete opposite of what you are.

7. Take boxing classes and try to compete with Jennifer.

Shields.



8.Go to a Smashing Pumpkins concert.

9. Grow a Hulk Hogan – trucker moustache and make a TV show. 10. Eat a banana, a mushroom, a hot pepper, asparagus and saffron and invite a lady for a date.





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Ultimate guidebook For Modern Men

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