

MANC

2014 MAY
INTERNATIONAL ISSUE

THE SECRET OF DEVIL'S WHEEL

ROULETTE - CAN YOU BEAT IT?

THE 27 CLUB

DEAD POETS SOCIETY

HIS MAJESTY THE STEAK

FEAST FOR ALL THE SENSES

TIPS & TRICKS

MY SOCIAL ADVERSARIES

GIRL OF THE MONTH

SARAH STEPHENS

BARCELONA TRAVEL GUIDE

MUST-SEES

CATALINA

DREAM

OTALVARO

GIRL

YOU LOSE SOME, YOU WIN ONE!

MATTHEW MCCONAUGHEY

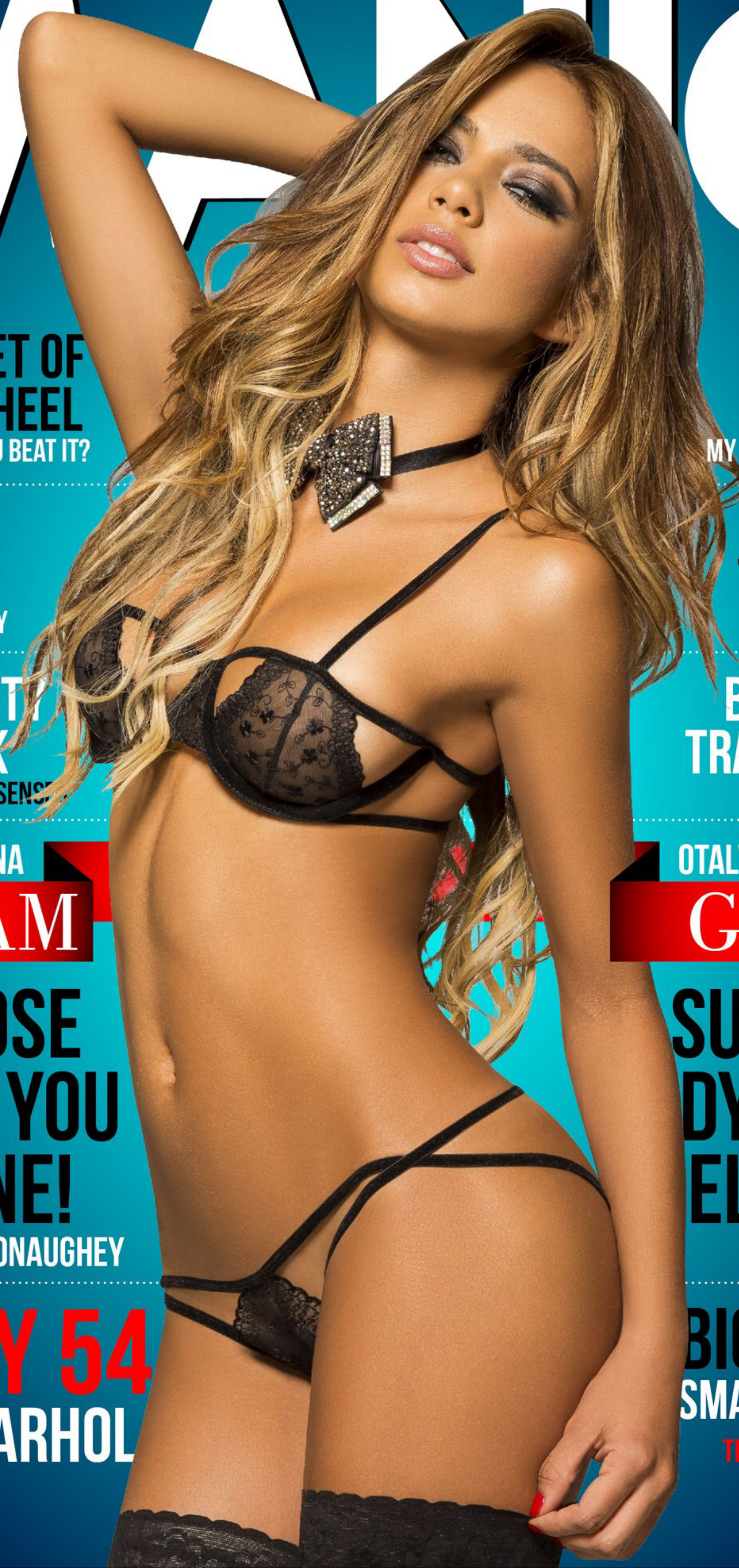
SUPREME DYNAMIC ELEGANT

MINI CLUBMAN

STUDY 54 ANDY WARHOL

BIG PACKS SMALL PACKERS

THE REIGN OF STEROIDS





MANIC CONTENT

May 2014

Dream Girl



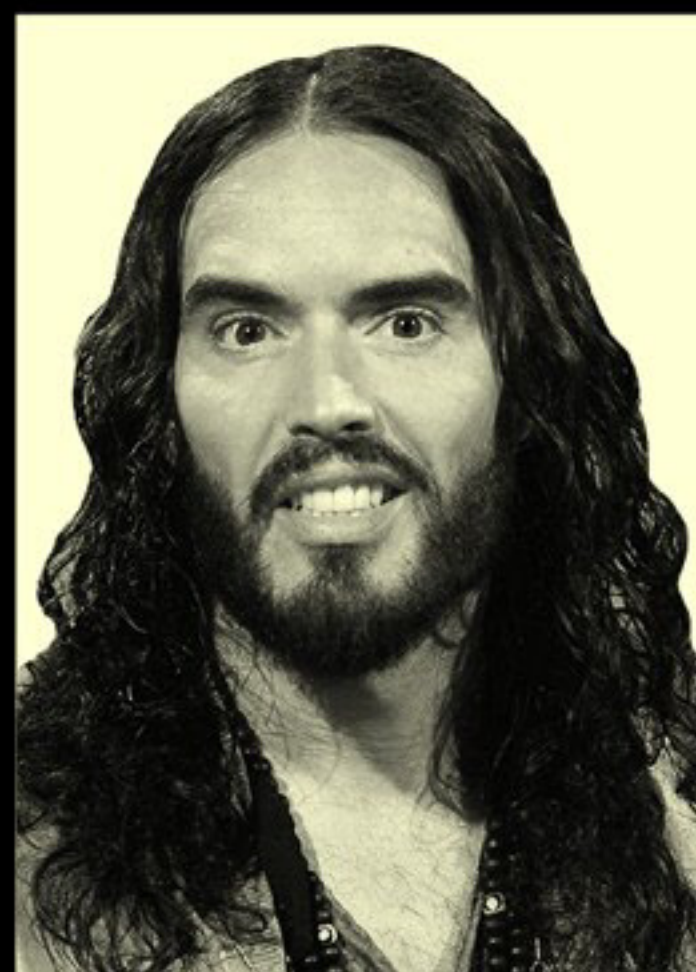
[GO TO ARTICLE](#)



NTRO

Out Loud

They neither mince words, nor hesitate to share their thoughts with the world, that is, **the Twitter community**. Always ready and hilarious in only 140 characters



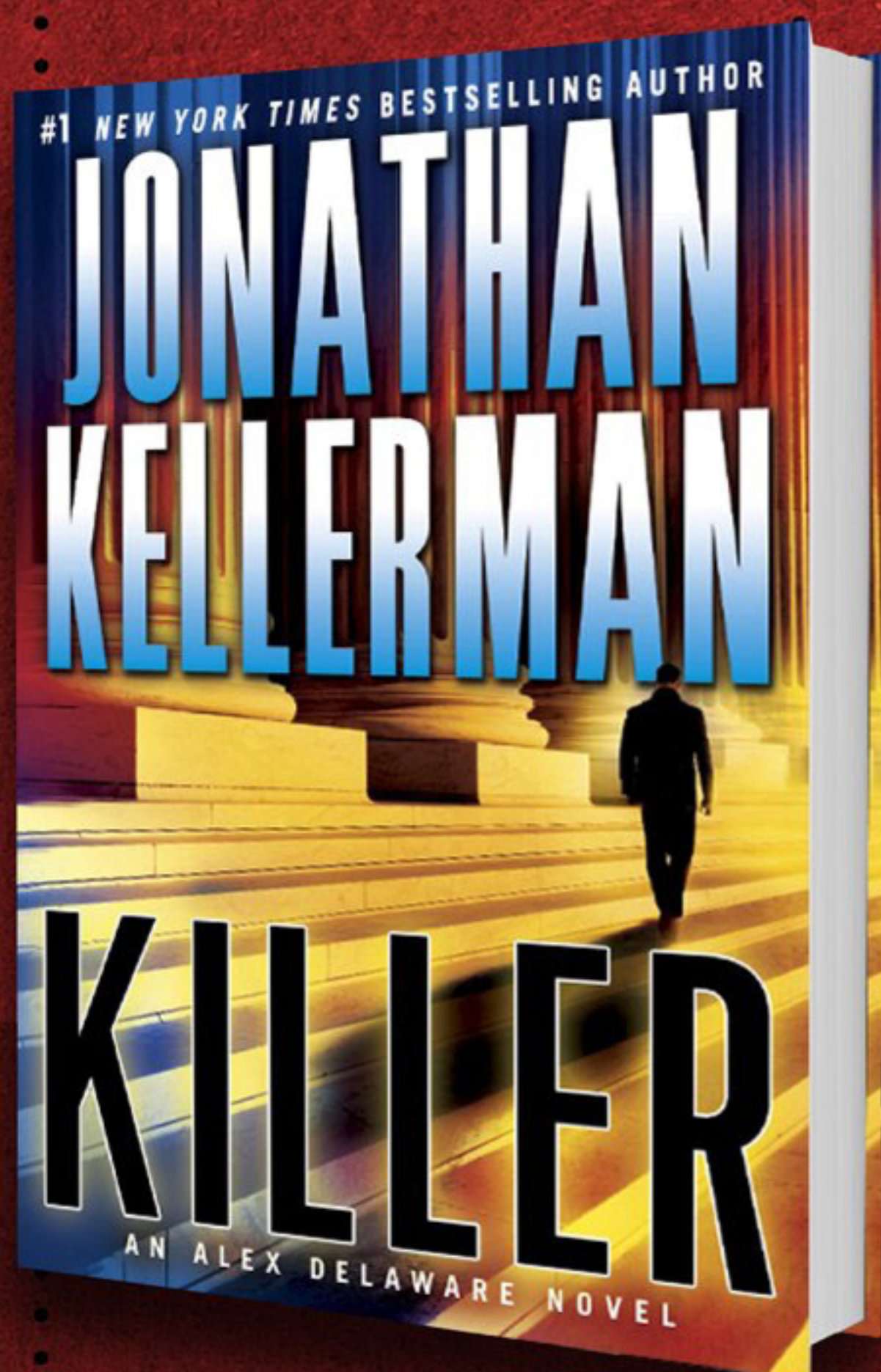
TAP ON IMAGES
TO READ MORE

INTRO

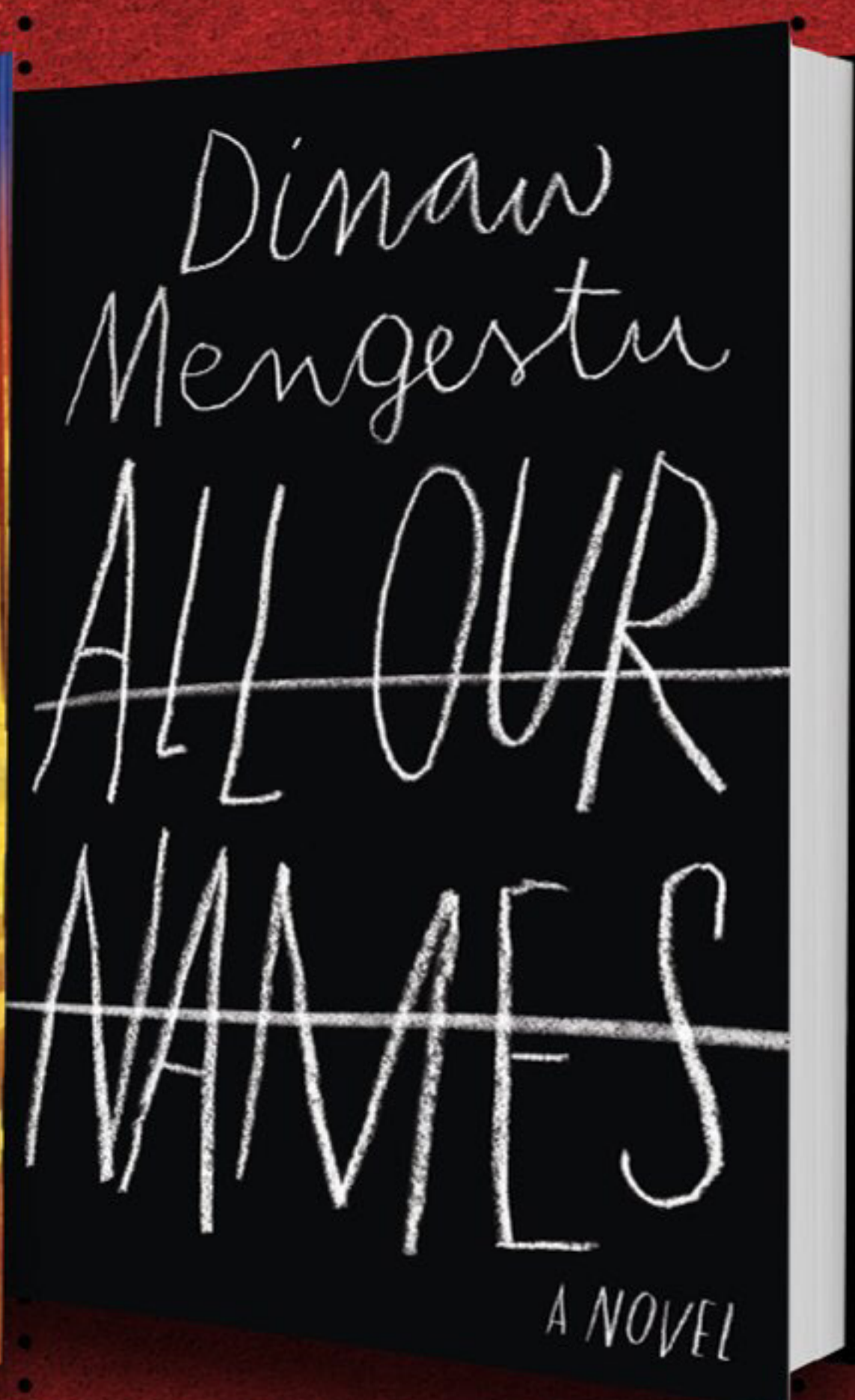
Manic

Library

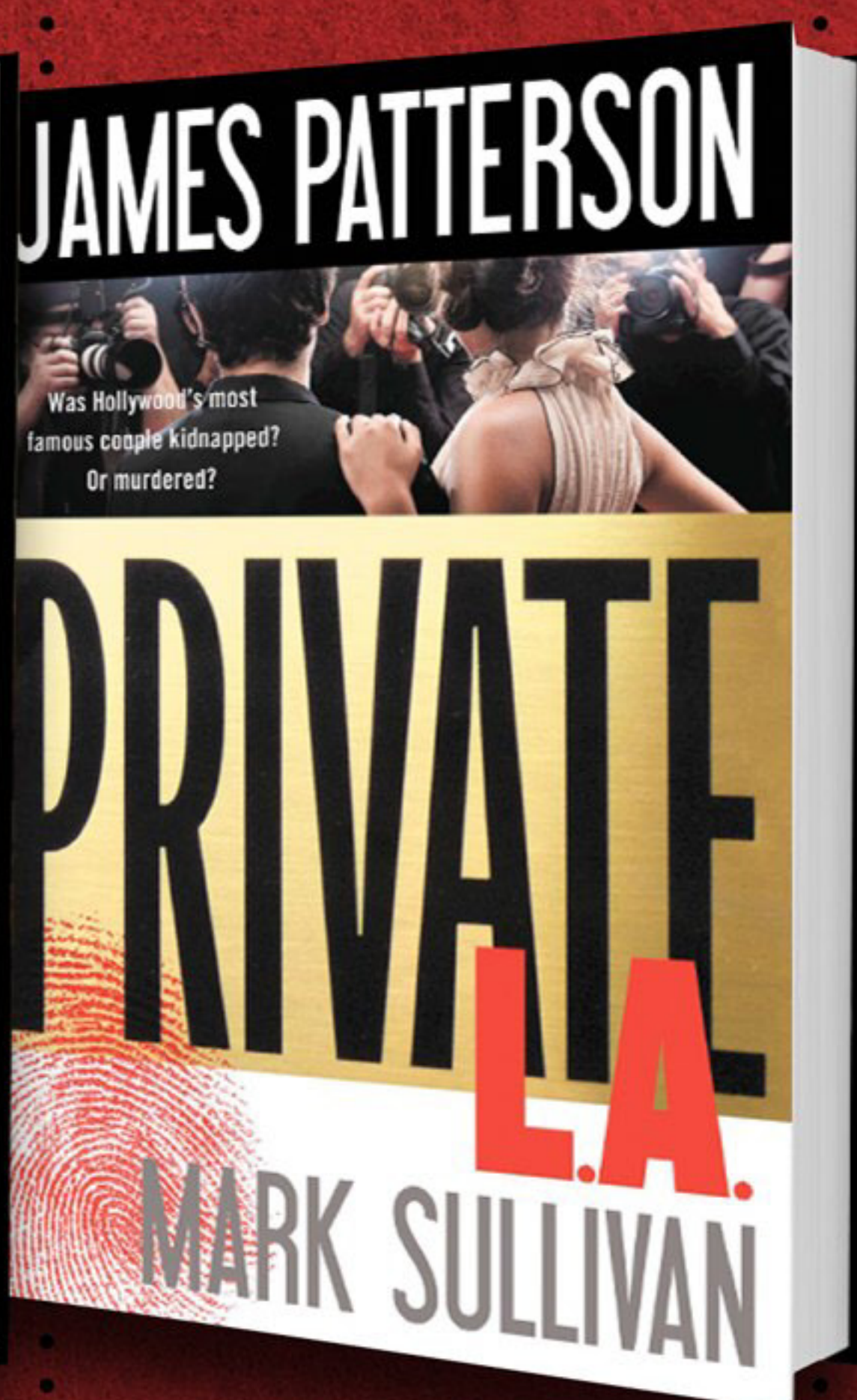
TAP ON BOOK
TO READ MORE



Killer: An
Alex Delaware
Novel
by Jonathan Kellerman



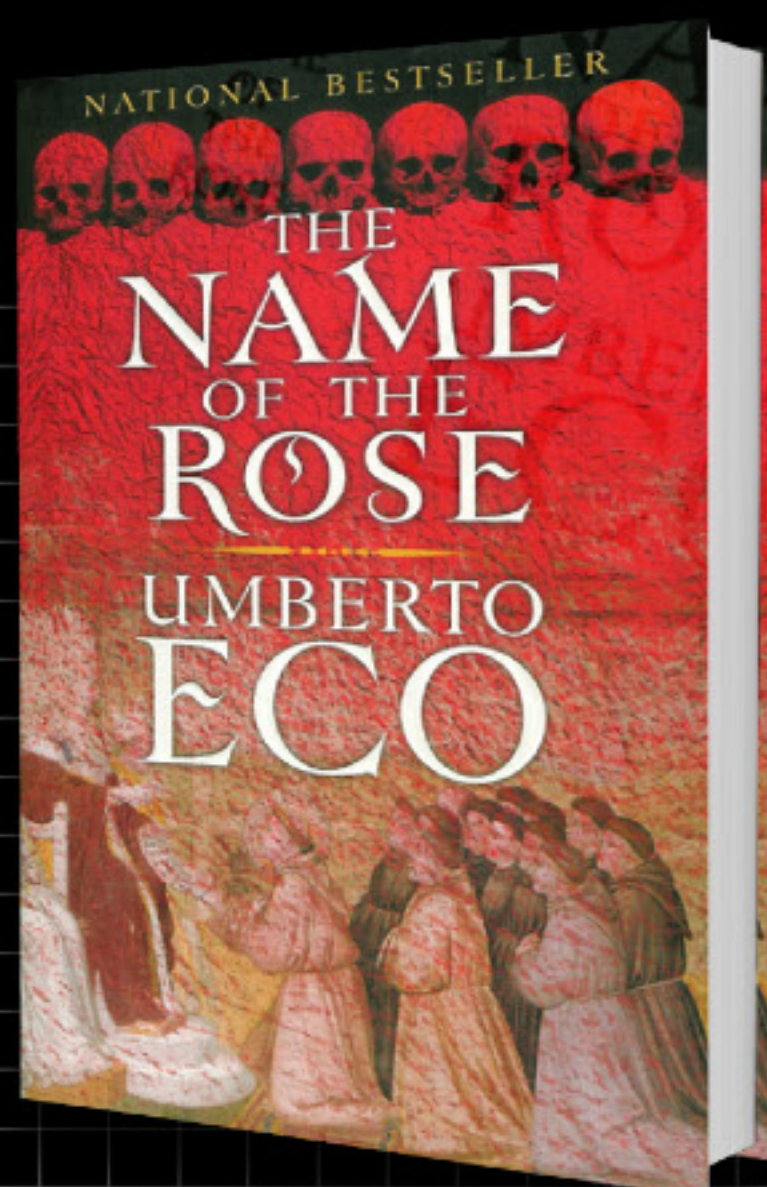
All Our Names
by Dinaw Mengestu



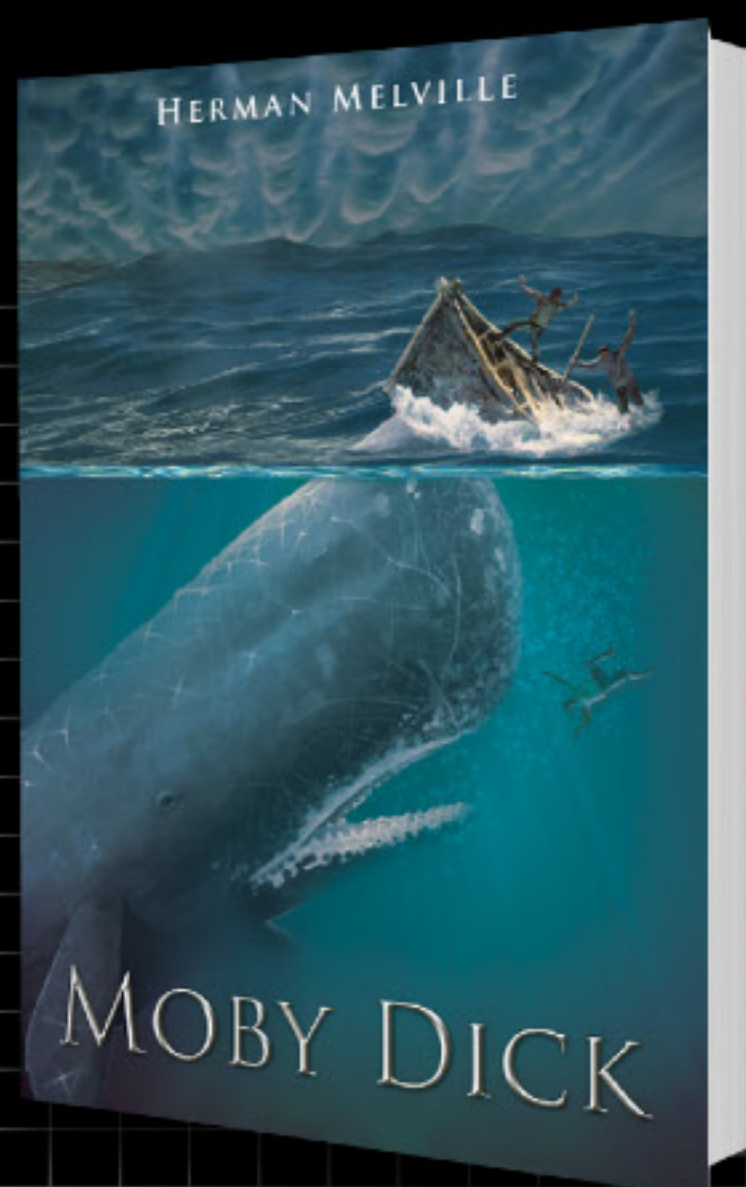
Private L.A.
by James Patterson

◀◀ SWIPE ▶▶

The Books **You Must Read**



The Name of
the Rose
by Umberto Eco



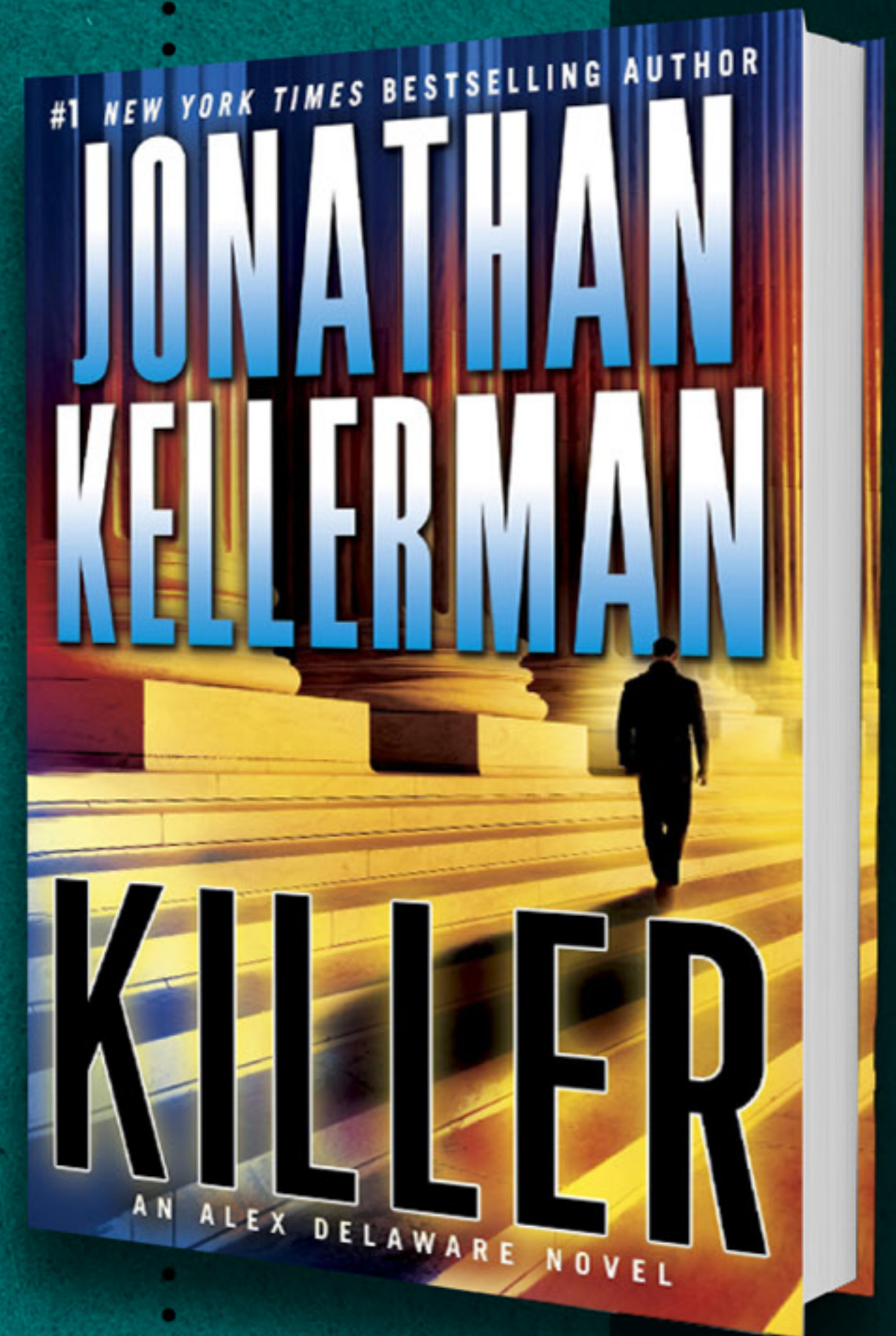
Moby Dick
by Herman Melville

Author Jonathan Kellerman Returns with His Most Stunning Thriller to Date

A

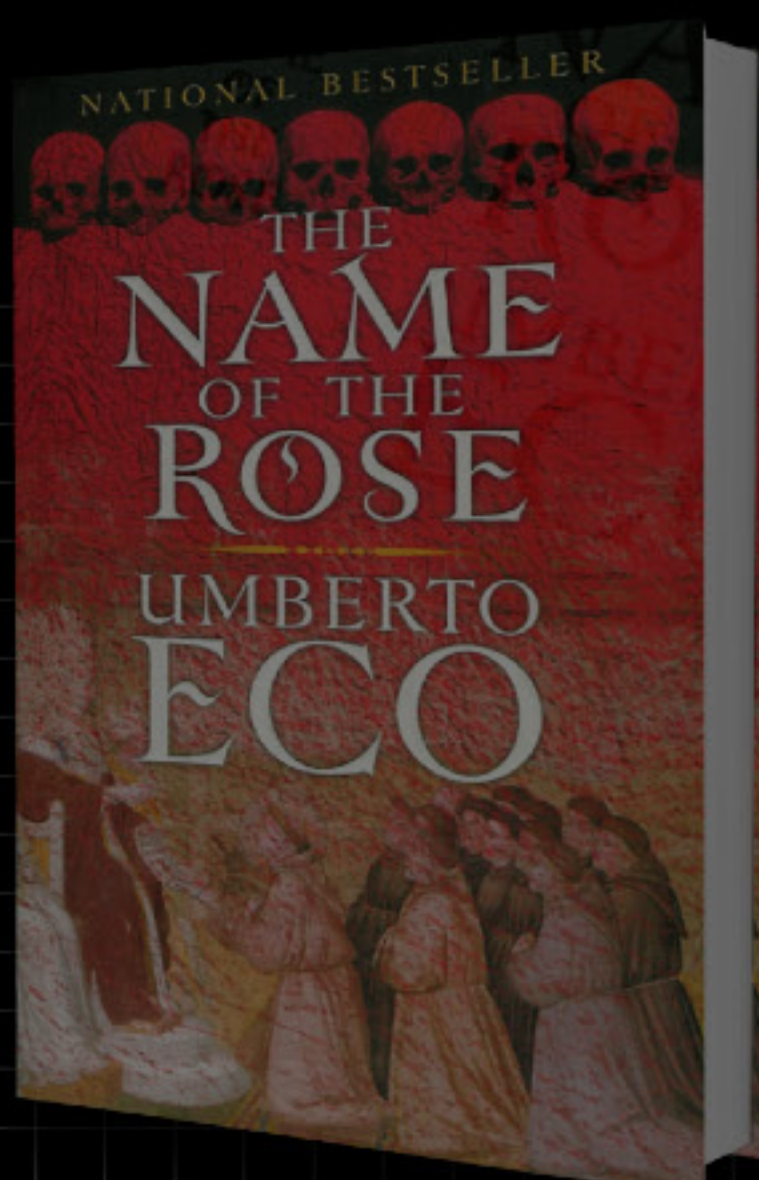
After thirty-five riveting, internationally acclaimed novels of psychological suspense, author Jonathan Kellerman returns with his most stunning thriller to date. *Killer* is a mesmerizing L.A. noir portrayal of the darkest impulses of human nature carried to shocking extremes.

The City of Angels has more than its share of psychopaths, and no one recognizes that more acutely than the brilliant psychologist and police consultant Dr. Alex Delaware. Despite that, Constance Sykes, a sophisticated, successful physician, hardly seems like someone Alex needs to fear. Then, at the behest of the court, he becomes embroiled in a bizarre child custody dispute initiated by Connie against her sister and begins to realize that there is much about the siblings he has failed to comprehend. And when the court battle between the Sykes sisters erupts into cold, calculating murder and a rapidly growing number of victims, Alex knows he's been snared in a toxic web of pathology.

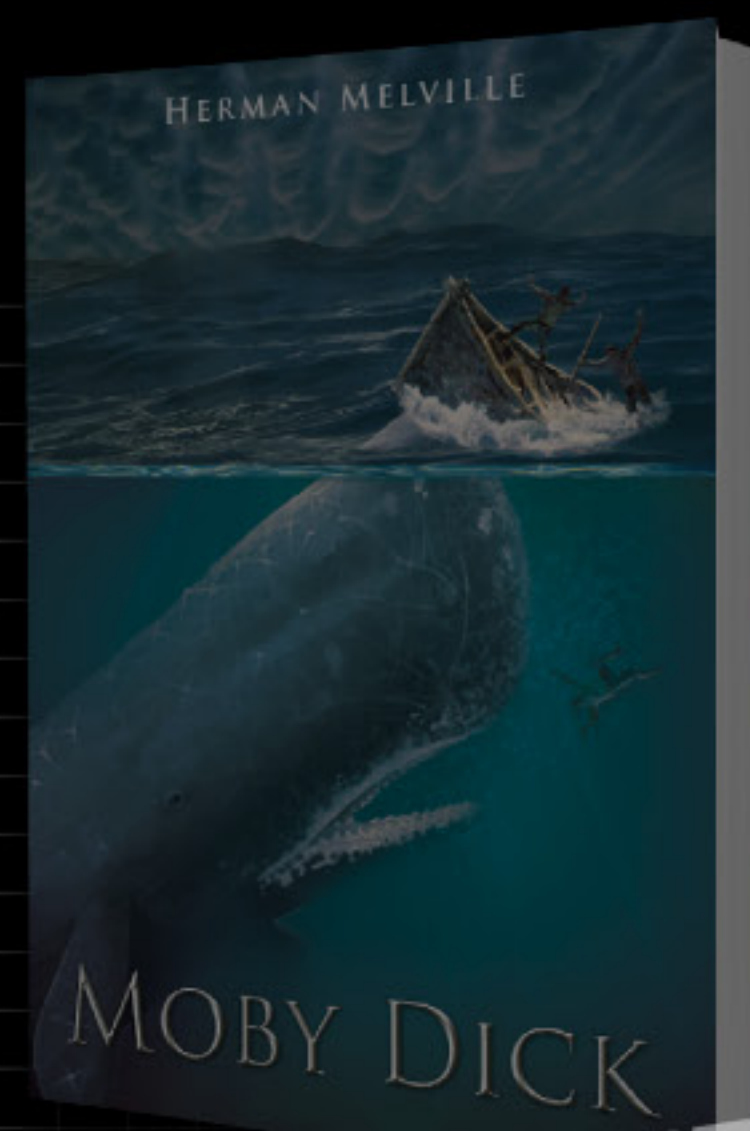


◀◀ SWIPE ▶▶

The Books **You Must Read**



The Name of
the Rose
by Umberto Eco



Moby Dick
by Herman Melville

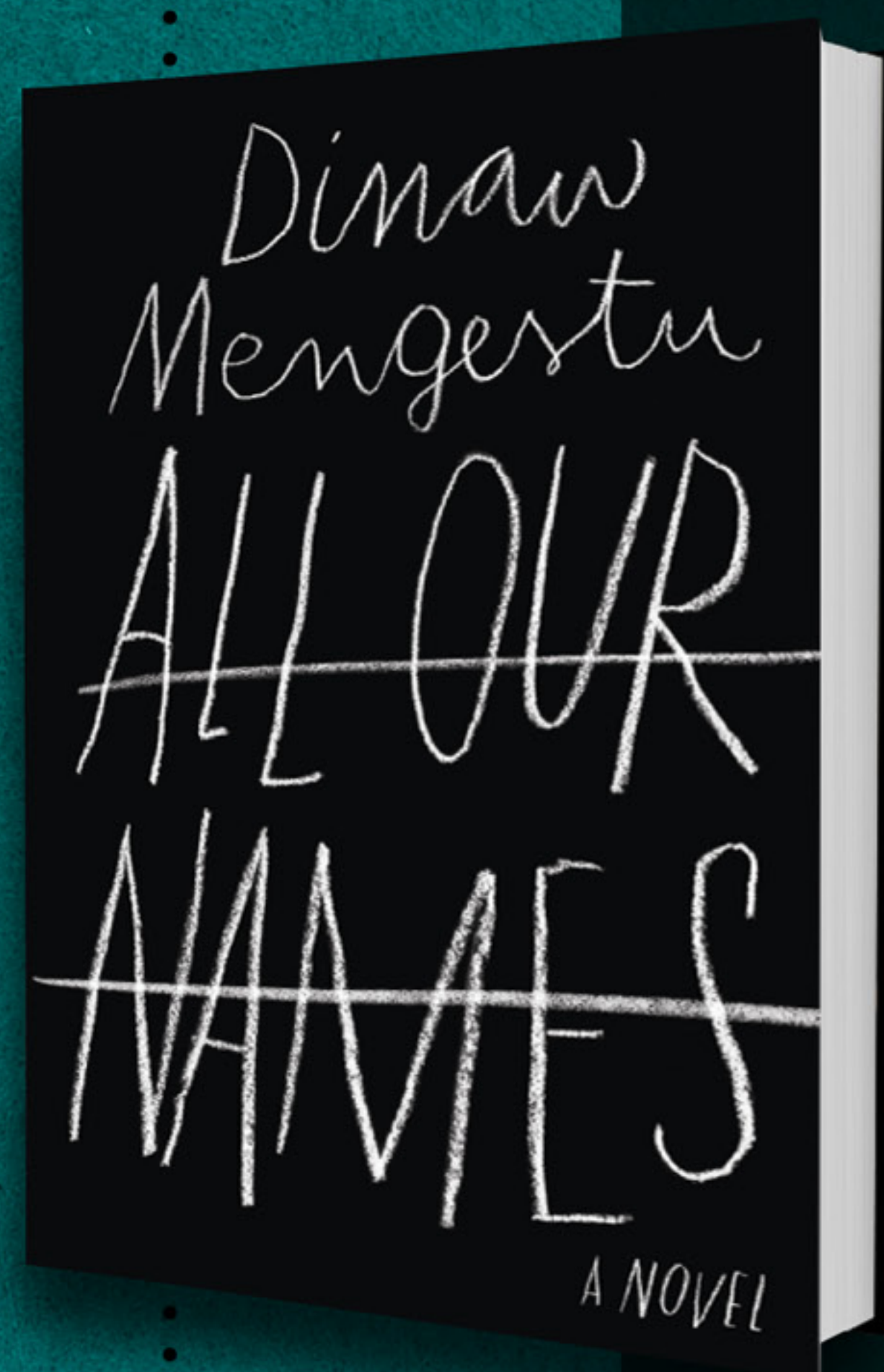
WWW.PDFMAGAZINES.ORG

All Our Names Is a Marvel of Vision and Tonal Command

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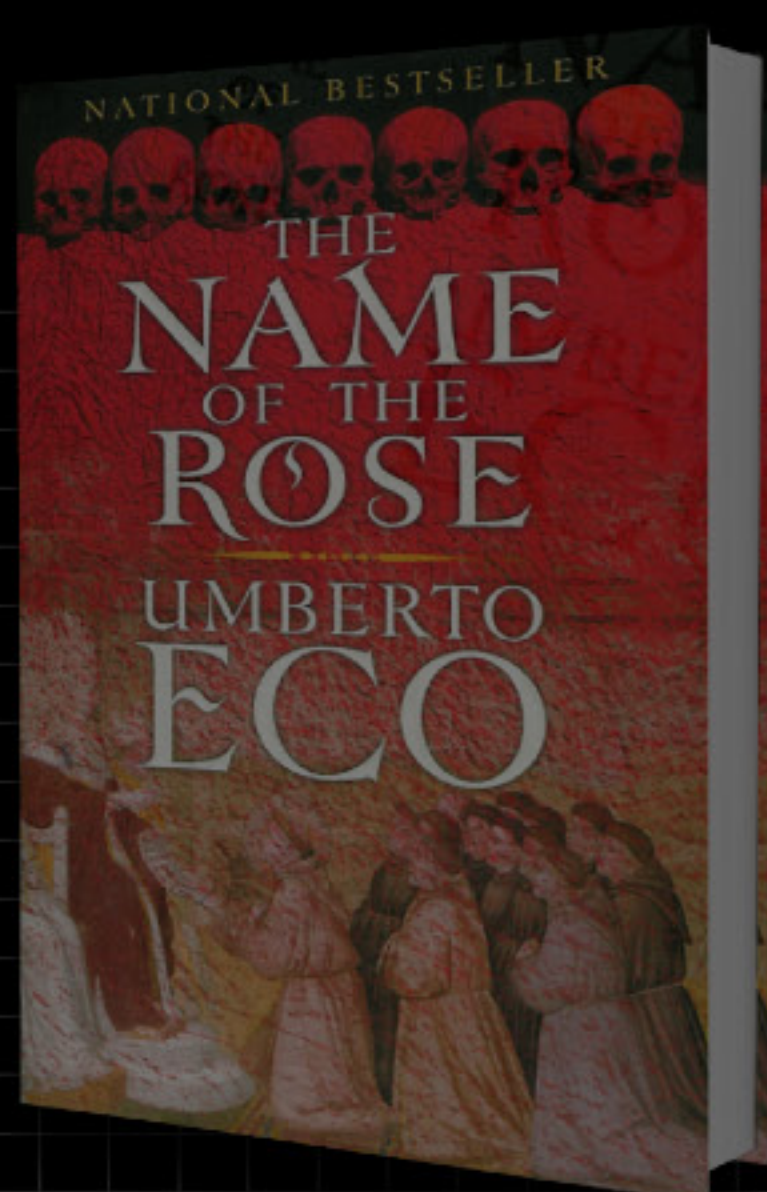
All Our Names is the story of two young men who come of age during an African revolution, drawn from the safe confines of the university campus into the intensifying clamor of the streets outside. But as the line between idealism and violence becomes increasingly blurred, the friends are driven apart—one into the deepest peril, as the movement gathers inexorable force, and the other into the safety of exile in the American Midwest. There, pretending to be an exchange student, he falls in love with a social worker and settles into small-town life. Yet this idyll is inescapably darkened by the secrets of his past: the acts he committed and the work he left unfinished. Most of all, he is haunted by the beloved friend he left behind, the charismatic leader who first guided him to revolution and then sacrificed everything to ensure his freedom.

Elegiac, blazing with insights about the physical and emotional geographies that circumscribe our lives, All Our Names is a marvel of vision and tonal command.

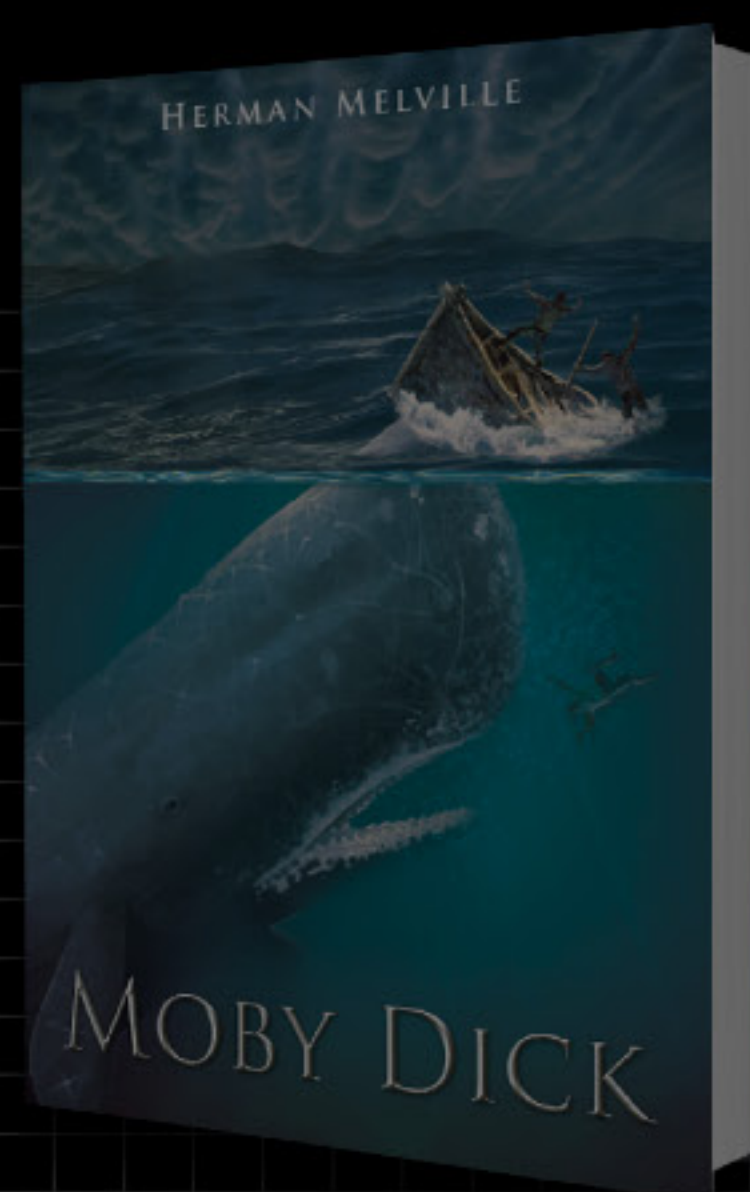


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The Books **You Must Read**



The Name of
the Rose
by Umberto Eco



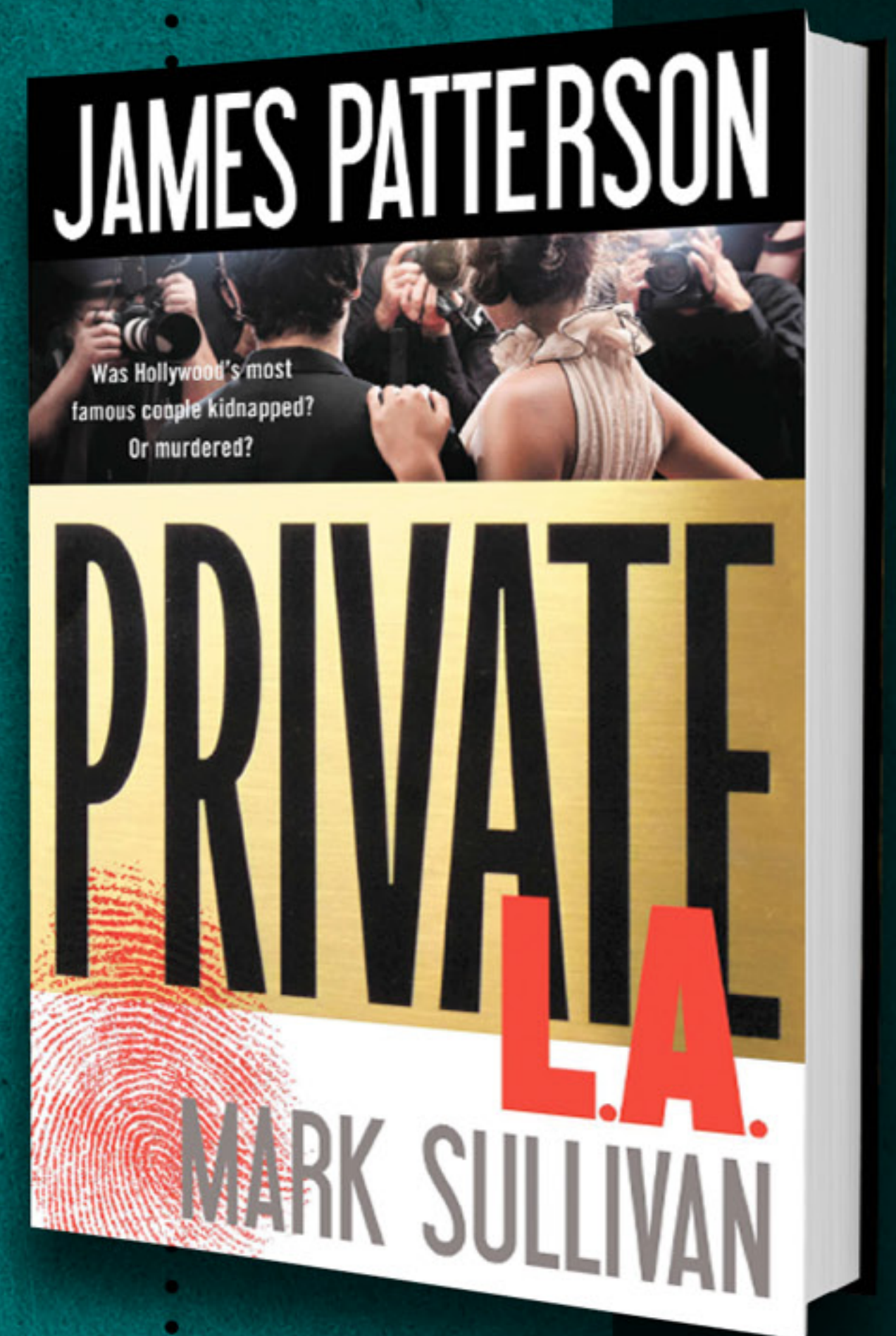
Moby Dick
by Herman Melville

It is a Suspenseful Story with a Plot that Moves at Breakneck Speed

P

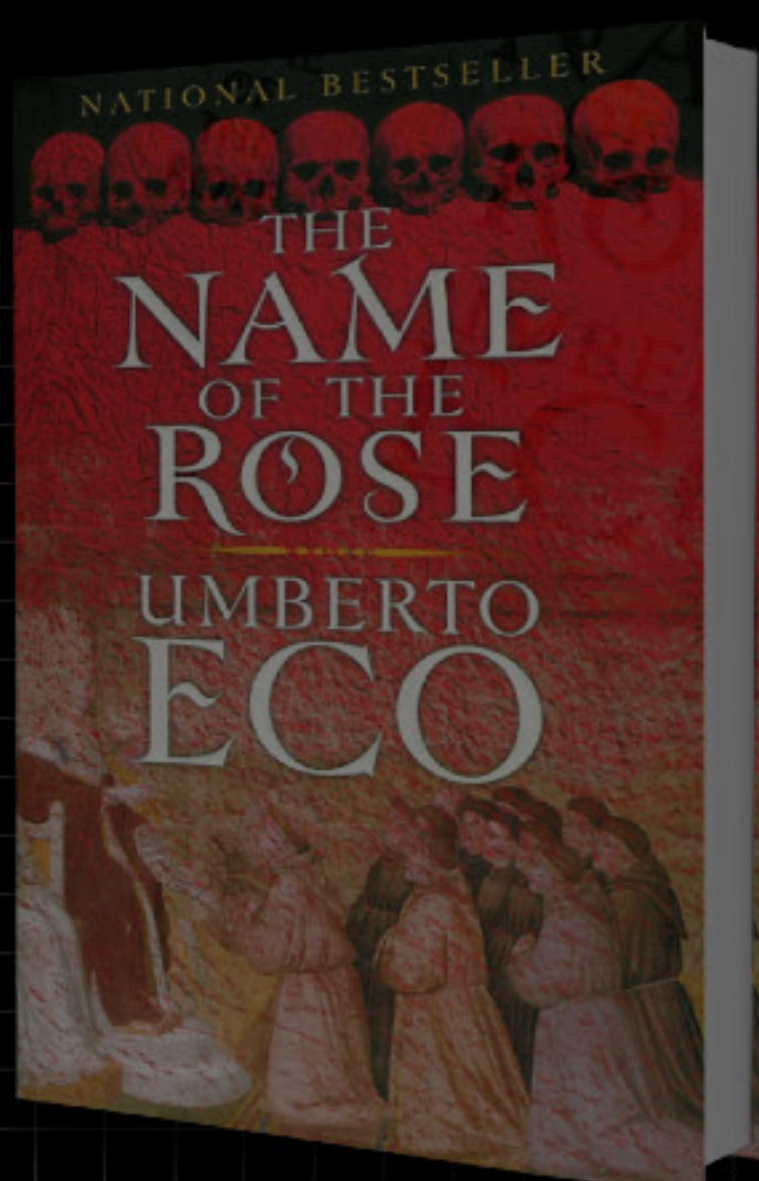
Private L.A. by James Patterson with Mark Sullivan is the seventh installment in the Private series but the third in the series featuring world-renowned private investigator Jack Morgan, head of Private Investigation. In this segment of the series, Jack Morgan is up against a mountain of problems when his twin brother, Tommy, is charged with murder.

Things are going from bad to worse in Los Angeles. Jack Morgan and his trusted team of investigators are called in when a group calling themselves 'No Prisoners' are holding the LA Authorities to ransom threatening to carry out massacres at random locations until their demands are met. And Jack has been asked to investigate the disappearance of the biggest superstar couple in Hollywood, Thom and Jennifer Harlow, along with their children, and prevent the news from leaking to the media.

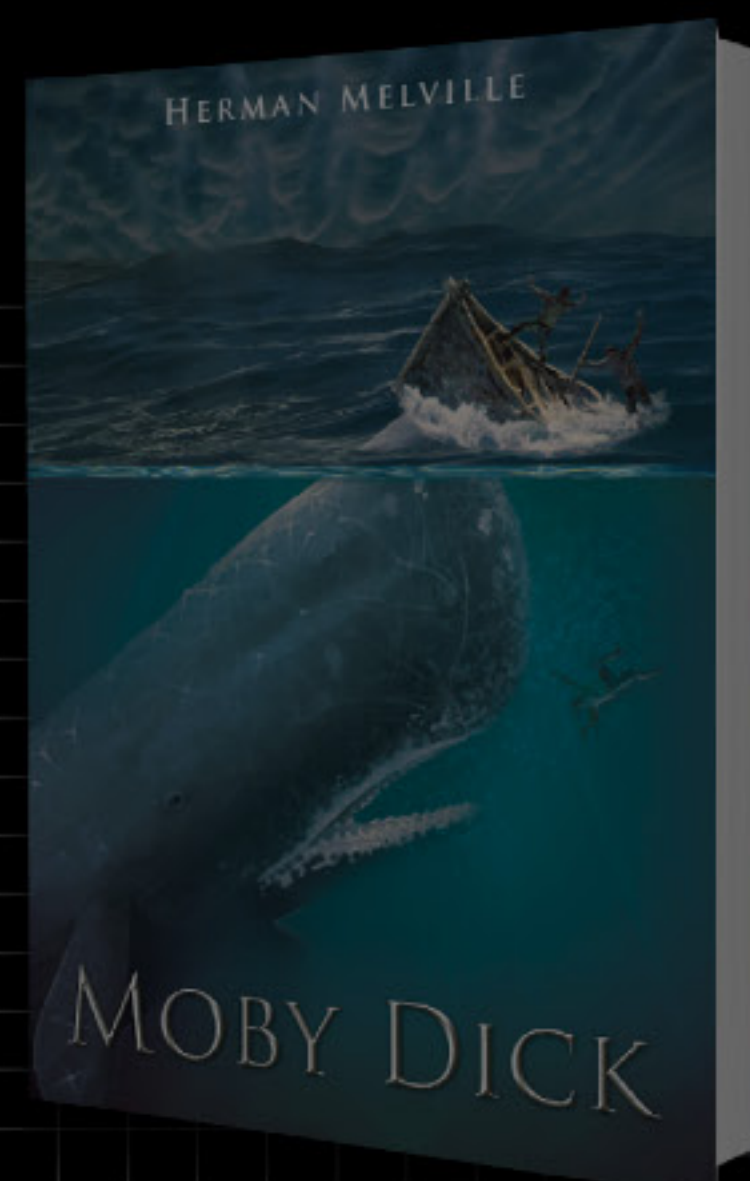


◀◀ SWIPE ▶▶

The Books **You Must Read**



The Name of
the Rose
by Umberto Eco



Moby Dick
by Herman Melville

INTRO

For Better

Taste

THE AROMAFORK



tap to see
more

These are not ordinary forks, but a high-tech forks designed to enhance the enjoyment of meal times. The Aromafork has a special panel that can be infused with scents. These scents, when paired with food, can be registered by the brain as a new flavor combination. The strips are made of materials not unlike facial blotting papers, and can be loaded with scents including chocolate, banana, basil,

coconut and hot Japanese wasabi. It will allow at-home and professional chefs alike to experiment more easily with flavor combinations.

This kitchen-geek's must-have gadget can be utilized in a variety of ways. You can use the scent of ginger to enhance seared tuna, or another that will depict a tiny fruit salad scented with lychee. With this fork food will never taste the same again. Nor will celery!

INTRO

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INTRO

Gilliver's

Travels

DAVID GILLIVER



A Tiny workman uses a crowbar to try and lever open the ring pull of a Coca-Cola can, while a miniature skier prepares to make his way down a mountain of granulated sugar. Such surreal scenarios are commonplace in the world of artist and macro photographer David Gilliver. Each image takes around an hour and a half to pose and shoot, and David is constantly on the hunt for new scenes. The Guernsey-based finance worker, who began producing the little people series at the tail end of 2011, uses a **DSLR camera and a macro lens to capture his unique snapshots of life in Smallville home town of his little actors.**

However, the artist has used figurines in his photography as far back as 1999, during his Fine Art Photography degree at the Glasgow School of Art, where he was inspired by photographers like American artist David Laundy. The series has proved a big hit online, with the artist running regular competitions on his Facebook site asking viewers to come up with slogans to accompany each shot.



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tap on number
to see more

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STUNNING VIEWS OF ICELAND

Sunset over jokull lagoon captured by Larry Gerbrandt. This stunningly detailed close-up of Iceland's famous ice-caves capture the beauty of an ephemeral wonder - **which nature creates and destroys** in just a few weeks.

VATNAJOKULL, ICELAND





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ROTTEN SNEAKER CONTEST

Contest judge Rachel Herz examines a sneaker in the competition at the 39th annual Rotten Sneaker Contest at Ripley's Believe It or Not. The Contest began in 1974 as a promotion created by a sporting goods owner who wanted to advertise a new line of athletic shoes.

NEW YORK CITY, NEW YORK





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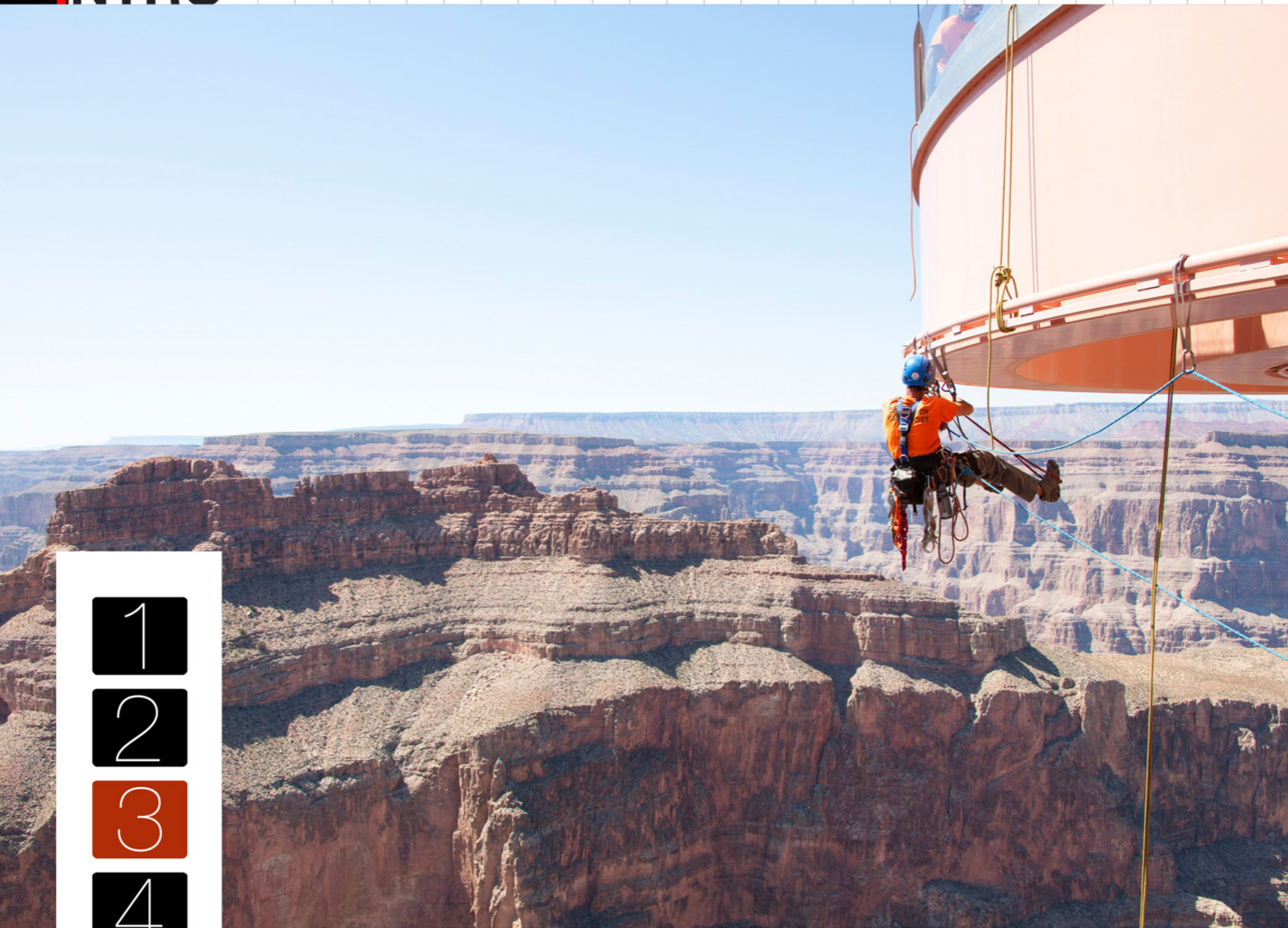
9

THE HOLI FESTIVAL

People celebrate the Holi festival in Guwahati, India. The festival of Holi is a carnival of color, which is celebrated to mark the beginning of the spring season.

GUWAHATI, INDIA





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SKYWALK

A technician from Abseilon USA works to clean **more than 40 panes of glass underneath the horseshoe-shaped bridge** at the Grand Canyon Skywalk in Arizona

GRAND CANYON SKYWALK IN
ARIZONA





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PILLOW FIGHT

People take part in a pillow fight held in Trafalgar Square in central London. Pillow fights were launched in **more than 100 cities around the world** to mark this year's International Pillow Fight Day.

LONDON, UK





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TATTOO CONVENTION

17th Annual New York City Tattoo Convention held at Roseland Ballroom in Manhattan. Tattoo artists from around the world come to this convention to compete for awards and to show off their skill as artists.

NEW YORK CITY, NEW YORK





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BATTLE OF THE ORANGES

Men with helmets are hit by oranges during the traditional “battle of the oranges” held during the carnival in Ivrea, Italy. Event marks the **people’s rebellion against tyrannical lords** who ruled the town in the Middle Ages.

IVREA, ITALY





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ORTODOX PROTEST

Hundreds of thousands of ultra- Orthodox Jews rallied Sunday in Jerusalem to protest **a government plan to enlist their young men into the military.** The Israelian government is pushing for a bill to conscript ultra-Orthodox and put criminal sanctions, including incarceration, on draft dodgers.



JERUSALEM, ISRAEL



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FLOATING SKATE RAMP

The world's **first ever floating skate ramp** has **been built on the USA's second deepest lake** - **taking 300 hours to build** and using 1,250 screws. Pro skater Bob Burnquist, a 12-time Summer X Games gold medalist, performed tricks on the 7,300lbs ramp over Lake Tahoe, California.



LAKE TAHOE, CALIFORNIA



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FAST & FURIOUS

A man is detained by police, in the shanty town complex of Mare, north of Rio de Janeiro.

Aproximately 1,180 police officers occupied in 15 minutes the complex of Mare, where over 130,000 live, without any shooting or opposition of the band dominating the region.

RIO DE JANEIRO, BRAZIL



INTRO

Rat

Temple

THE KARNI MATA TEMPLE

The worshipers believe the rats are an incarnation of Goddess Karni Mata



They say you are never more than six foot from a rat in New York, but one temple in India is crawling with 20,000 of them. The Karni Mata Temple in Rajasthan, India, is known for its devotion to the furry animals. The rats are absolutely everywhere, from the door handles to the grills to the ledges around the side of the marble constructs. **Rats scurry throughout the temple, where they are worshipped, fed and protected.** They can be seen in dozens crowded around pots of milk, coconut shells and various other foodstuffs that are scattered across the the temple. These holy animals are called kabbas, and many people travel great distances to pay their respects. The worshipers believe the rats are an incarnation of Goddess Karni Mata.



NTRO

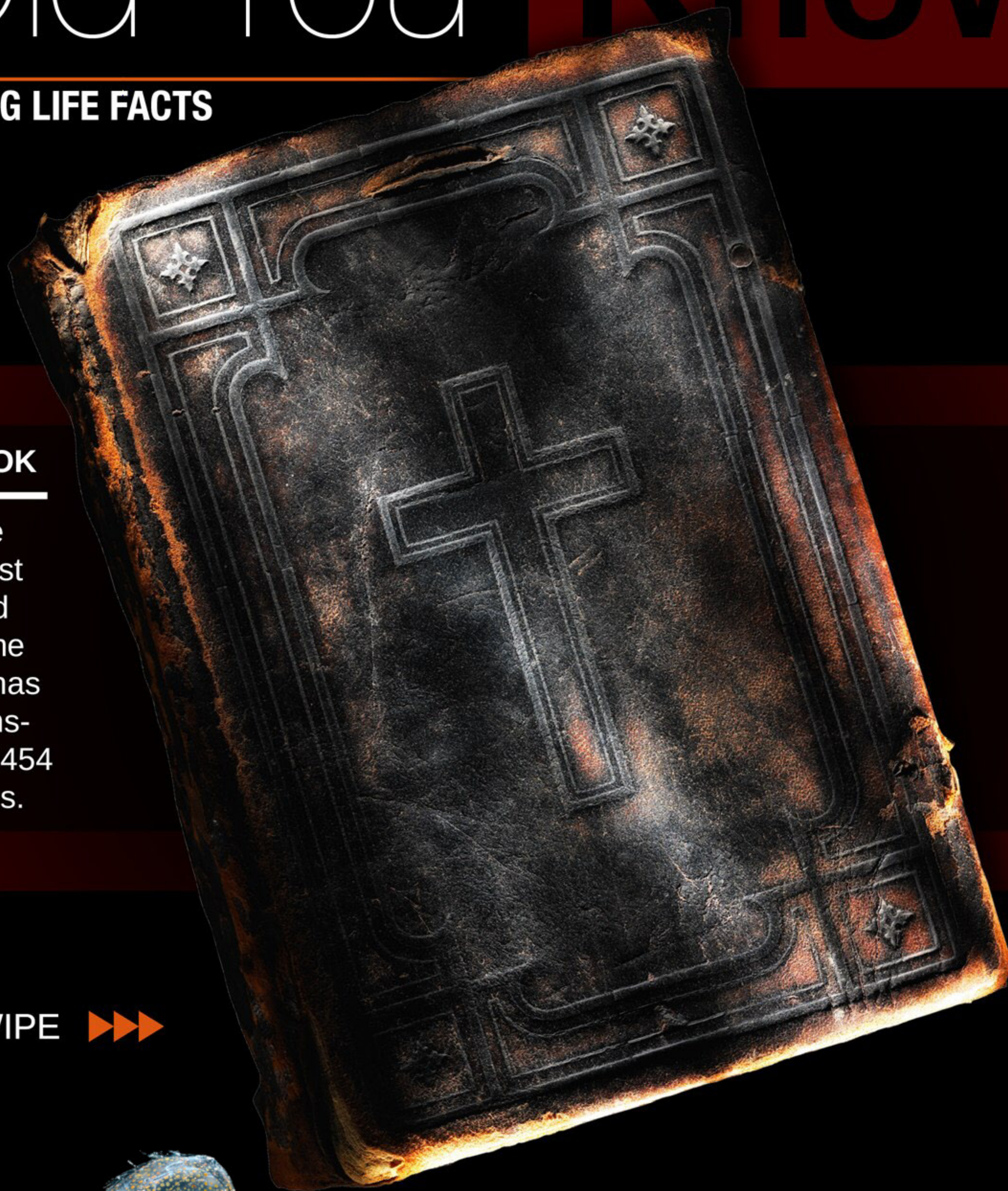
Did You

Know

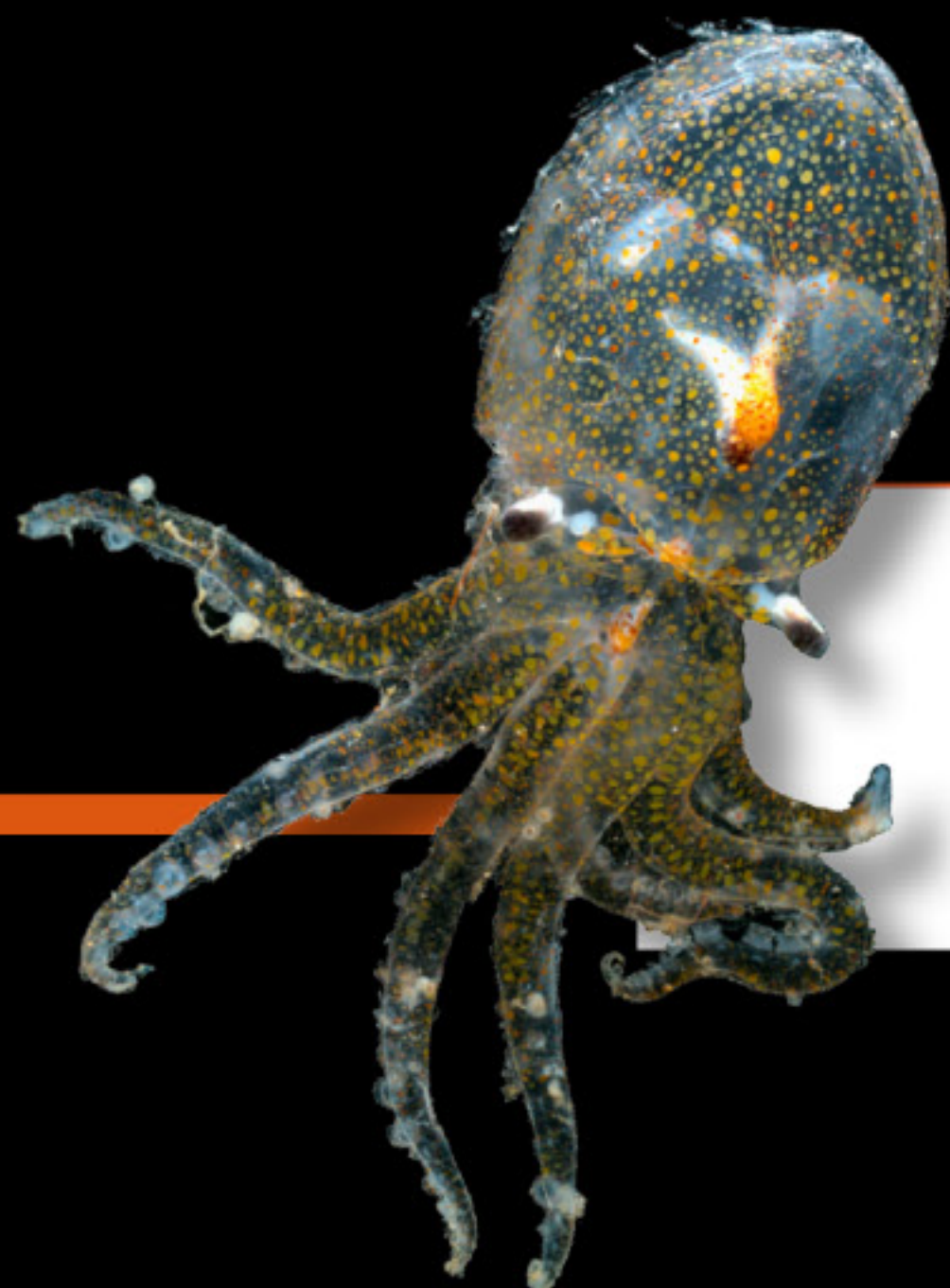
AMAZING LIFE FACTS

THE BOOK

The Bible is the most translated book in the world. It has been translated to 2454 languages.



◀◀ SWIPE ▶▶



Female octopus lays 10000 eggs and guards them until she dies of hunger.



There are more than 14000 types of rice in the world.

YOU ASKED THE WRONG QUESTION

WHY THE HELL DID YOU DO THAT?!

EVEN THE MOST DEVOTED
COUPLES **NEVER EVER TALK
ABOUT SOME THINGS.**

A CARING AND UNDER-
STANDING (LET'S SAY,
NORMAL) PARTNER KNOWS
THAT SOME THINGS ARE
BETTER LEFT ALONE AND
IN THE PAST. **THERE ARE
SOME THINGS PEOPLE
ARE SIMPLY UNCOMFORT-
ABLE HASHING OUT,** BUT
MAYBE THEY EVENTUALLY
WILL (SOME TIME IN THE
FUTURE), WHEN THEY GAIN
ENOUGH TRUST AND FEEL
FREE FROM ANY STRESS
AND SAGACIOUSNESS. YOU
DO KNOW THAT **PEOPLE RE-
FRAIN FROM OPENING UP
WHEN THEY FEEL SHAME
AND JUDGMENT? THEN
WHY THE HELL DID YOU
ASK THAT QUESTION?!**



1. HOW MANY BEFORE ME?

THERE IS NO RIGHT ANSWER FOR PEOPLE WHO ASK ABOUT THE NUMBER.

Really? I mean, honestly...really?! It's 2014 and you are asking how many she's been with?! What are you, a native of Maiden Shire? Virginham Hole? Or maybe some other medieval village?

I know, you really want to find out THE number and it's only natural to be curious, especially when you have certain feelings towards someone.

However, that attitude is obsolete in a society we live in and can do you no favor. It can only repel the person you are asking the stupid question, making her feel she is about to be judged no matter the nature of her answer. Also, you can come off as controlling and jealous, which are true characteristics of a jerk.

THE ANSWER CAN ONLY CHANGE THE NICE OPINION YOU HAVE ALREADY FORMED ABOUT HER, REGARDLESS OF HOW MUCH YOU SAY IT WILL NOT AND PRETEND YOU ARE AN EMANCIPATED, UNDERSTANDING YOUNG MAN

And when you think about it, do you really want to know? Are you going to be satisfied with the answer? What is the right, adequate number? The answer can only change the nice opinion you have already formed about her, regardless of how much you say it will not and pretend you are an emancipated, understanding young man. Anyway, you can find out more about her character if you ask her about her dating history, and not sex history.

AVOID the question, unless you are both comfortable enough in your relationship to talk openly and honestly about former sexual activities.

2. DO YOU LOVE ME?


ASKING FOR LOVE IMPELS A DISHONEST ANSWER.

Sometimes we are so smitten and insecure at the same time, that we cannot be held responsible for the words we say. This very much implies to the "do you love me" question.

**TAP TO
PLAY VIDEO**



Unless you are a member of The Contours and now how to (dirty) dance, you should never ask this question when the relationship is newish and neither of you are sure of your feelings; or when it is in a downfall, whether because you're fighting or cooling down. Reasons are obvious – you may not like what you hear. In the first situation, you may extort a positive answer just because you made



the other person uneasy. She does not necessarily share the same feelings, but is only too considerate to ruin your day. When it comes to the second situation, well, if you are fighting she may be dishonest and give you the “I don’t love you, I never have and never will” type of an answer, just to hurt you somehow.

REASONS ARE OBVIOUS - YOU MAY NOT LIKE WHAT YOU HEAR

I’m not saying you should never say what you feel. All I’m saying is that you should never force a reply. Some people find it hard to share their feelings (maybe they were hurt once) and so you must find the right way to do it.

3. AM I BIG ENOUGH?

THERE IS NOTHING WORSE THAN AN INSECURE MAN.

We all have our insecurities and worries... but some are best kept to ourselves. Asking a girl if your penis is big enough is not exactly like asking if the jacket fits you (which can also be a queasy question, depending on your body type and overall looks).

Women like men who are physically

strong and emotionally, well, not necessarily weak, but maybe a bit open for sharing. However, men who are lacking in security or confidence are the most unattractive of them all. Never ask a girl if she is satisfied with the size of your penis (or even worse, if she has ever seen a bigger one). She knows that you are looking for some words of encouragement, thus she will most certainly lie her head off to make you feel greater. Except when she really wants to hurt you, in which case she will probably laugh until you are emasculated enough.


Do not try to get a boost like that. Do something she always asked you to do, or you know she secretly wants, and enjoy the praise...


4. ISN'T THAT A BIT TIGHT?

COMMENTING HER LOOKS IS NOT A GOOD IDEA.

Are you completely mad to ask her if she has put on some weight?! What the hell?! There is no other explanation than that you have lost your senses and want to die! Go back and read number 3 again. Imagine that she is laughing. The same feeling is when you tell her she’s fat. You may not have actually used the word fat, but that is all that she will hear from now on. And she will hate you.

Even if she has put on some weight, don’t worry, she is perfectly aware of it and miserable enough without you telling it to her. Maybe she is just going through a phase, maybe it’s that time of the month. Maybe there is a deeper





issue, an underlying problem that is the reason why she's stress eating. Instead of completely devastating her emotional sensitivity, ask her if everything is ok. Prepare a nice, healthy meal and share it with her, and ask her whether she would like to join you for outdoor activities you have been doing/planning to do. You will both feel better.

5. CAN YOU DO THIS?

COMPARING YOUR GIRL WITH OTHER WOMEN IS DEMEANING.

Telling your girlfriend that your nanny used to make the most delicious of meals, that your mommy knows the right way to iron your shirts, that your sister has three kids and looks like a model, or that your ex had really firm breasts... just fucking STOP!

It is beyond me to understand anyone who acts like this. Comparing your girlfriend to other people is like telling her that she is clearly not good enough for you. If she is dearest of all the women on this planet, she may try to tolerate what you're saying by taking it as a constructive and useful advice on how to please you. Every woman wants to please her man (to some extent). She may do her best to come near the high expectations you have imposed on her, but she will ultimately snap.

Next time, don't ask her if she can do that thing, whatever it is. Avoid being an inconsiderate douche and remember – there is no one who can replace the women of your life (mother, sister...but

never an ex). You can only make more room in your heart.

6. CAN YOU FORGIVE ME?


THERE IS NO FORGIVENESS FOR IMMORALITY.

I cannot stress enough how much a question like that can be mind-fucking-blowing. And I mean it in a bad way, in case you are still wondering.

You've done something incredibly wrong, say, you cheated and got caught. There is no excuse in the world that can save you from the wrath of Girlfriend (or Wife, but if you have a wife, you are already a master in this field and probably do not need any of the aforementioned advice). You know you screwed up and you're still talking?! Asking for forgiveness even?! This aggressive boldness is more than just offensive.

THIS AGGRESSIVE BOLDNESS IS MORE THAN JUST OFFENSIVE

Of course you are going to ask for forgiveness, but do not do it in words. You committed a crime (whatever the sort) and you obviously cannot undo it, but at least you can try asking for forgiveness by doing what is right.



Hot OR Not



Playing old records instead of listening to modern day crap.

Reading more books. We can help you with your pick. Go back to Manic Library.



Speaking French. Prepare for a summer Euro-trip!



Getting a meaningful tattoo.



Recycling old clothes in style. Cut your old jeans that's hanging in the closet.



The Champions league finals. Call your friend, get a six-pack, turn the TV on, and enjoy.

Who's cool, and who's not?

What to get and what to avoid?



The F1 races. Much ado about nothing.

Overalls that simply don't fit and make you look like a redneck.

Being a dick-head and not help your girl clean the place.

Wearing a bandana. (wtf?!)



Yelling at your waiter because you asked for 2 cubes of ice instead of just 1.

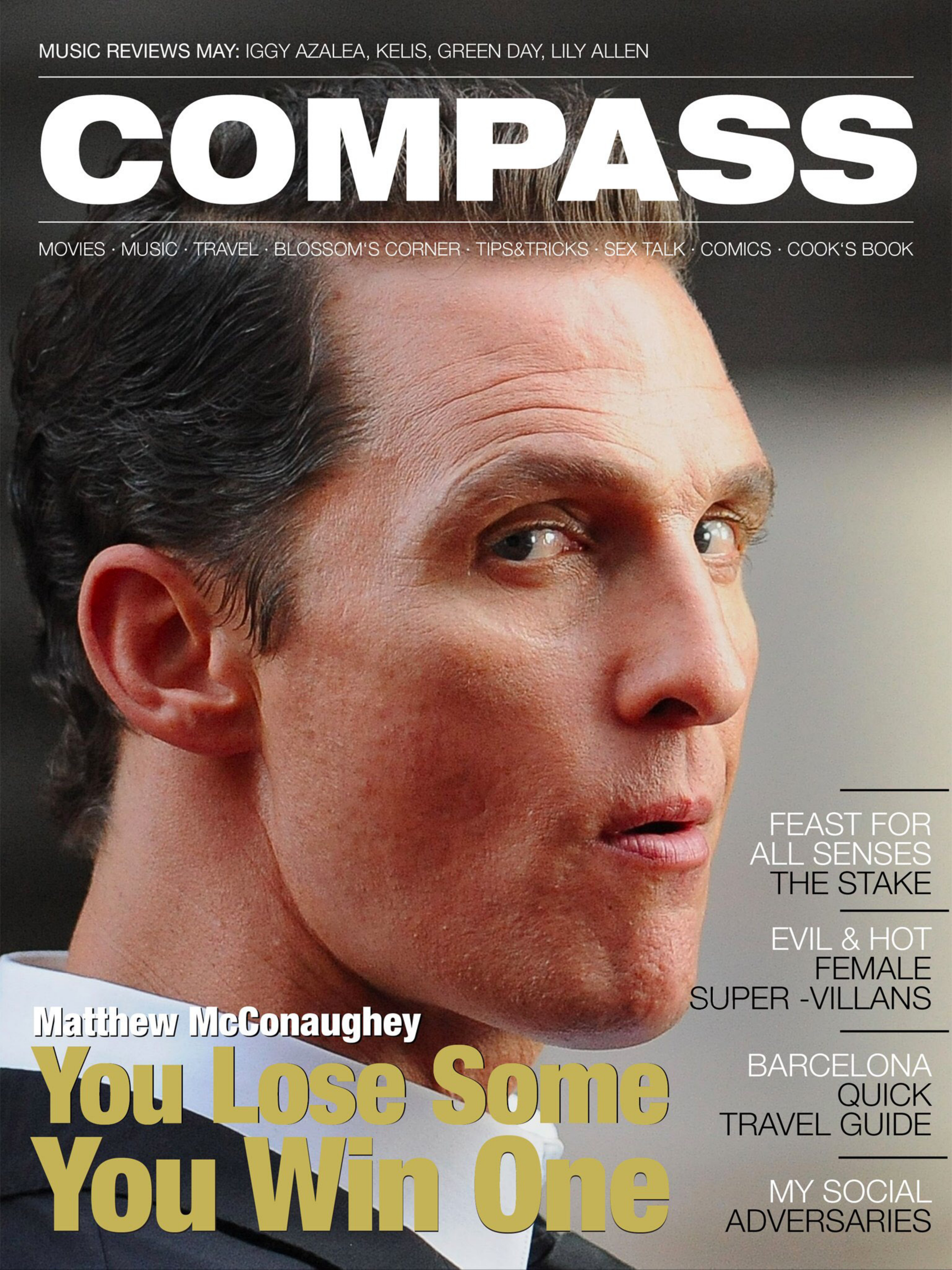


Kim Jong-un - no one has 100 % votes.

MUSIC REVIEWS MAY: IGGY AZALEA, KELIS, GREEN DAY, LILY ALLEN

COMPASS

MOVIES · MUSIC · TRAVEL · BLOSSOM'S CORNER · TIPS&TRICKS · SEX TALK · COMICS · COOK'S BOOK



FEAST FOR
ALL SENSES
THE STAKE

EVIL & HOT
FEMALE
SUPER -VILLANS

BARCELONA
QUICK
TRAVEL GUIDE

MY SOCIAL
ADVERSARIES

Matthew McConaughey

**You Lose Some
You Win One**

MANIC MOVIE LIST

1 BRICK MANSIONS

2 JOE

3 LOCKE

4 THE AMAZING
SPIDER-MAN 2

5 TRANSCENDENCE

WALKER DAVID BELLE AND RZA



BRICK MANSIONS

Action / Crime / Drama

directed by: **Camille Delamarre**

This movie is set in a distorted city of Detroit, where the lack of any sense of moral standards and principles rules and desolate brick mansions are populated with the most serious of criminals. This part of the town is so dangerous, the authorities had to build a giant wall around it so as to contain all the residing evil and protect the rest of the city.

As the ghetto leader (the drug kingpin Tremaine, played by RZA), has got the mayor and half the city hostage, it is on the undercover police detective (Damien Collier, played by Paul Walker), to save the day. Only, in order to bring him down and handle this impossible situation, he needs someone who knows the Brick Mansions and can help

SWIPE
▼▼▼

SWIPE
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MANIC MOVIE LIST

1 BRICK MANSIONS

2 JOE

3 LOCKE

4 THE AMAZING
SPIDER-MAN 2

5 TRANSCENDENCE



JOE

Drama

duration: **117 min**

directed by: **David Gordon Green**



SWIPE



Joe is an adaptation of Larry Brown's novel and a true Southern Gothic drama, directed by Green who seems to be closer in discovering his voice that will distinguish him from the rest of the flock. This is an affecting story of redemption and friendship looped with beastly violence. Nicolas Cage is brilliant in the role of hard-living, choleric, ex-con Joe Ransom, who is trying his best to stay out of trouble. That is until he meets a misfortunate and hapless kid named Gary, played by Tye Sheridan. Joe is so appalled by the horrifying situation this kid is in, that it awakens a kind side to his rough-seeming character, and decides to help and protect him.

Seeing the Academy Awarded Cage perform a deep structured character so superbly, reminds us of how great an actor he can actually be. Going back to his indie roots and taking on complex roles really suits him. His co-star, Tye Sheridan, is excellent no less.

The camera is magnificent as there are many shots of beautiful Mississippi scenery so sharply juxtaposed with an intractably barbarous or uncultivated state of human nature.

SWIPE



MANIC MOVIE LIST

1 BRICK MANSIONS

2 JOE

3 LOCKE

4 THE AMAZING
SPIDER-MAN 2

5 TRANSCENDENCE



LOCKE

Drama / Mystery / Thriller duration: **85 min** directed by: **Steven Knight**

Coming from writer and director Steven Knight, Locke is another gripping British drama, a taunting suspense thriller that will impress and move you.

Ivan Locke is a prosperous construction manager at a large successful firm, a professional who can take on anything. However, his life is about to change as he is about to embark on the biggest challenge in his career, also Europe's greatest ever. He takes the road from Brighton to Croydon, during which a single phone call causes his life to completely fall apart, making him no longer a man in control of his destiny he has always been. Determined to do the right thing, Locke makes the most important decision on his journey back home and confronts the situation that will impact every aspect of his life.

We have seen Tom Hardy excel and distinguish himself as he carried out some pretty major roles. We have seen him transform to a virtually impossible degree and perform most demanding roles, but we have never seen him in a sole screen presence. And he is brilliant. Hardy's execution is transfixing and the movie itself is magnificent.

SWIPE

SWIPE

MANIC MOVIE LIST

1 BRICK MANSIONS

2 JOE

3 LOCKE

4 THE AMAZING
SPIDER-MAN 2

5 TRANSCENDENCE



THE AMAZING SPIDER-MAN 2

Action / Adventure / Fantasy duration: **119 min** directed by: **Marc Webb**

All Arachnophiles will be thrilled to see yet another great movie (the sequel to the Spider-Man reboot series) about the spider superhero played by Andrew Garfield.

The duality that our protagonist fights is not simple – as a Spider-Man he has a role of a hero, a protector of innocent people; and as a Peter Parker he has a role of a boyfriend and an ordinary guy. Only this time, he is about to embark on a much greater fight, and if he wants to be a hero, he must pay the price. Secrets have a cost and the truth does too. Realizing that all his enemies have one thing in common, and that is OsCorp, our superhero must find a way to defeat them in their plot to change the future.

Let's see how his greatest battle begins.



MANIC MOVIE LIST

1 BRICK MANSIONS

2 JOE

3 LOCKE

4 THE AMAZING
SPIDER-MAN 2

5 TRANSCENDENCE



TRANSCENDENCE

Science Fiction & Fantasy

duration: **119**

directed by: **Wally Pfister**

Wally Pfister, a long-time cinematographer for Christopher Nolan, created his directing debut, a SF thriller starring Johnny Depp in the leading role.

Pfister's gothic style of filming fits perfectly with Jack Paglen script of a different tomorrow.

Johnny Depp as Dr. Will Caster, an artificial intelligence researcher, tries to unlock the most fundamental secrets of the universe. However, there are some people who think he is crossing the line and want to stop him. They try to assassinate him, but he survives just long enough for his wife (Rebecca Hall as Evelyn Caster) to get the idea of how to save him by turning him into the very thing that has been his life's work. And what





TAP ON IMAGES
FOR MORE INFO

EVIL & HOT

THESE ARE THE TOP HOTTEST FEMALE
SUPER-VILLAINS IN CINEMATOGRAPHY WHOM YOU
WOULD NOT WANT TO CROSS PATH WITH





TAP ON IMAGES
FOR MORE INFO



FAORA-UL

(Man of Steel)

Antje Traue

This beautiful villain is an expert in Kryptonian martial art of Horo-Kanu, which makes her so dangerous that even Superman has difficulties fighting her hand-to-hand.





TAP ON IMAGES
FOR MORE INFO



QUEEN RAVENNA

(Snow White and the Huntsman)

Charlize Theron

Incredibly beautiful Queen Ravenna, although a pretty wicked stepmother and an evil sorceress, is so power-thirsty that you should watch it if you have a kingdom or something.





TAP ON IMAGES
FOR MORE INFO



EVIL & HOT

DARK PHOENIX

(X-Men franchise)

Famke Janssen

She is an omega-level mutant with unlimited potential of telepathic and telekinetic powers and the physical manifestation of the cosmic Phoenix Force. Scared enough?





TAP ON IMAGES
FOR MORE INFO



EVIL & HOT

T-X

(Terminator 3: Rise of the Machines)

Kristanna Loken

Although she's hot in a leather suit, this super-model-looking blond Terminatrix is one fierce cyborg assassin even Schwarzenegger fears.





TAP ON IMAGES
FOR MORE INFO



JENNIFER CHECK

(Jennifer's Body)

Megan Fox

If you thought cheerleaders are an easy target, you are damn wrong –possessed by a demon after a sacrifice that went wrong, Jennifer sets out on a bloody rampage in which she devours boys.





TAP ON IMAGES
FOR MORE INFO



THE DEADLY VIPER ASSASSINATION SQUAD

(Kill Bill)

Lucy Liu / Daryl Hannah / Vivica A. Fox



Their name says enough and you most surely would never wish to be the target of these modern-day samurai female assassins.





TAP ON IMAGES
FOR MORE INFO



EVIL & HOT

CATWOMAN

(Batman Returns)

Michelle Pfeiffer

This is one shy secretary turned a deadly feline Batman's adversary – Catwoman, a whip-carrying seductress in a skin-tight black latex, makes the ultimate sexy villain.





TAP ON IMAGES
FOR MORE INFO



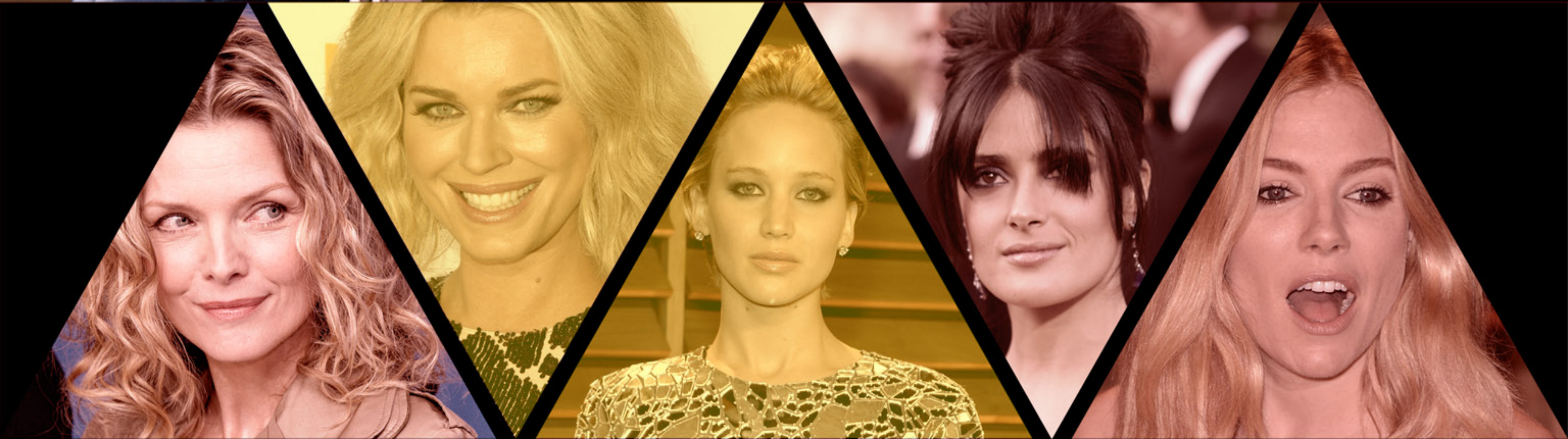
EVIL & HOT

MYSTIQUE

(X-Men franchise)

Rebecca Romijn / Jennifer Lawrence

Mystique is a hell of a naked sexy mutant, but don't let her freakish beauty fool you – she is more dangerous than she may appear to be.





TAP ON IMAGES
FOR MORE INFO



SANTANICO PANDEMONIUM

(From Dusk Till Dawn)

Salma Hayek

The one exotic dancer you want to be careful how you tip, as she is the vampire queen that would indulge in biting your neck.





TAP ON IMAGES
FOR MORE INFO



BARONESS

(G.I. Joe: The Rise of Cobra)

Sienna Miller

Never leave your girl at the altar, as she may become COBRA Intelligence Officer and a cold, merciless assassin.





DOB: 7 June 1990

Place of birth: Lancashire, England

Nationality: Australian

Measurements: 33-23-34

Occupation: Model

.....

Meet the Australian heating beauty Sarah Stephens. She has starred for the likes of Victoria's Secret and Lacoste - but her latest shoot 2014 lingerie collection of New Yorker might be her hottest.

We are dazzled and can't wait to see more of her. Hope we will in the close future.

MANIC

GIRL OF THE MONTH

— May 2014 —

THE BEST OF SYDNEY
SARAH STEPHENS



Travel

Barcelona's Must-Sees

Quick Guide to European Most Inspiring City





TAP TO READ
MORE

The Barcelona Pavillion and Minimalism

The phrase “Less is More” was popularized by Mies van der Rohe, and this slogan has since been the inspiration for modern minimalism in architecture and design.



The Pavilion was pulled down about 6 months after the International Exposition in 1929, but was re-built in 1983 on its original site at Montjuïc on Av. Marques de Comillas.





FC Barcelona Museum

A Although seeing a match at Camp Nou stadium would be the **perfect football experience**, the number of tourists who go through the stadium and the club's museum, tells us that this is one of the must-sees of Barcelona. With almost 100,000 seats, **CAMP NOU is the biggest stadium of Europe** and the 11th largest in the World. **The 3,500 square meters FC BARCELONA Museum attracts around 1.2 million visitors a year**, which makes it the second most visited museum in Barcelona (after the Picasso Museum). In **three museum sections**, visitors can see different photographs, documents and trophies, as well as other football memorabilia which mark the tumultuous history of the club.





The museum, which was built in 1984, was restructured in 2010 and it now includes a 3D cinema, an audiovisual touch-screen, and information on the history of FC Barcelona which can be obtained via an interactive glass wall.

Camp Nou was once the same size as the Maracanã Stadium in Rio de Janeiro and was the largest stadium in the world with capacity for 120, 000 spectators. It has been reduced in size for security reasons.



Gaudi and Modernism

The **most influential architect of the late 19th and early 20th century** Barcelona was, without any doubt, **Antoni Gaudí**. The marks he left around the city have been captivating the attention of tourists for almost a century. The never finished **SAGRADA FAMILIA**, the straight-from-a-fairy-tale **PARK GÜELL** and the experimental curvy **LA PEDRERA** (Casa Mila) are some of the most popular designs of this great modernist artist. However, if you are by chance “forced” to stay in Barcelona for a couple of more days, you should not disregard the first great work of Gaudi – **Casa Vicens**, the magnificently tiled **Palau Güell**, and of course the admiring shimmery **Casa Batllo**.



La Pedrera was laughed and made fun of at the time when it was built, because people were not able to understand the abstractness which now represents the peak of modernism.

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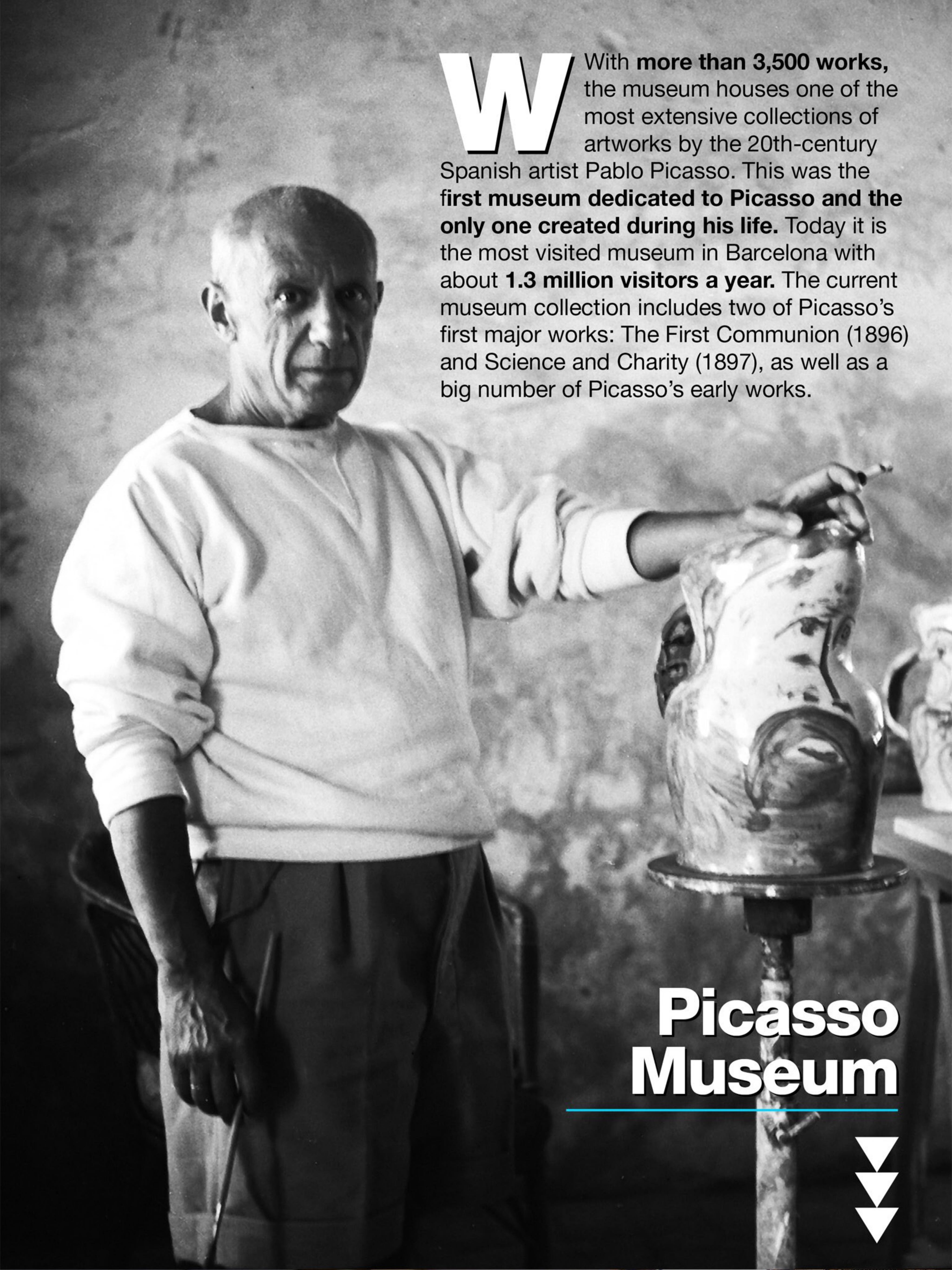
Park Güell was planned as a wealthy housing site, but apart from the park only two houses were built, in one of which Gaudi lived between 1906 and 1926.

Gaudi and Modernism

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SLIDE
SHOW

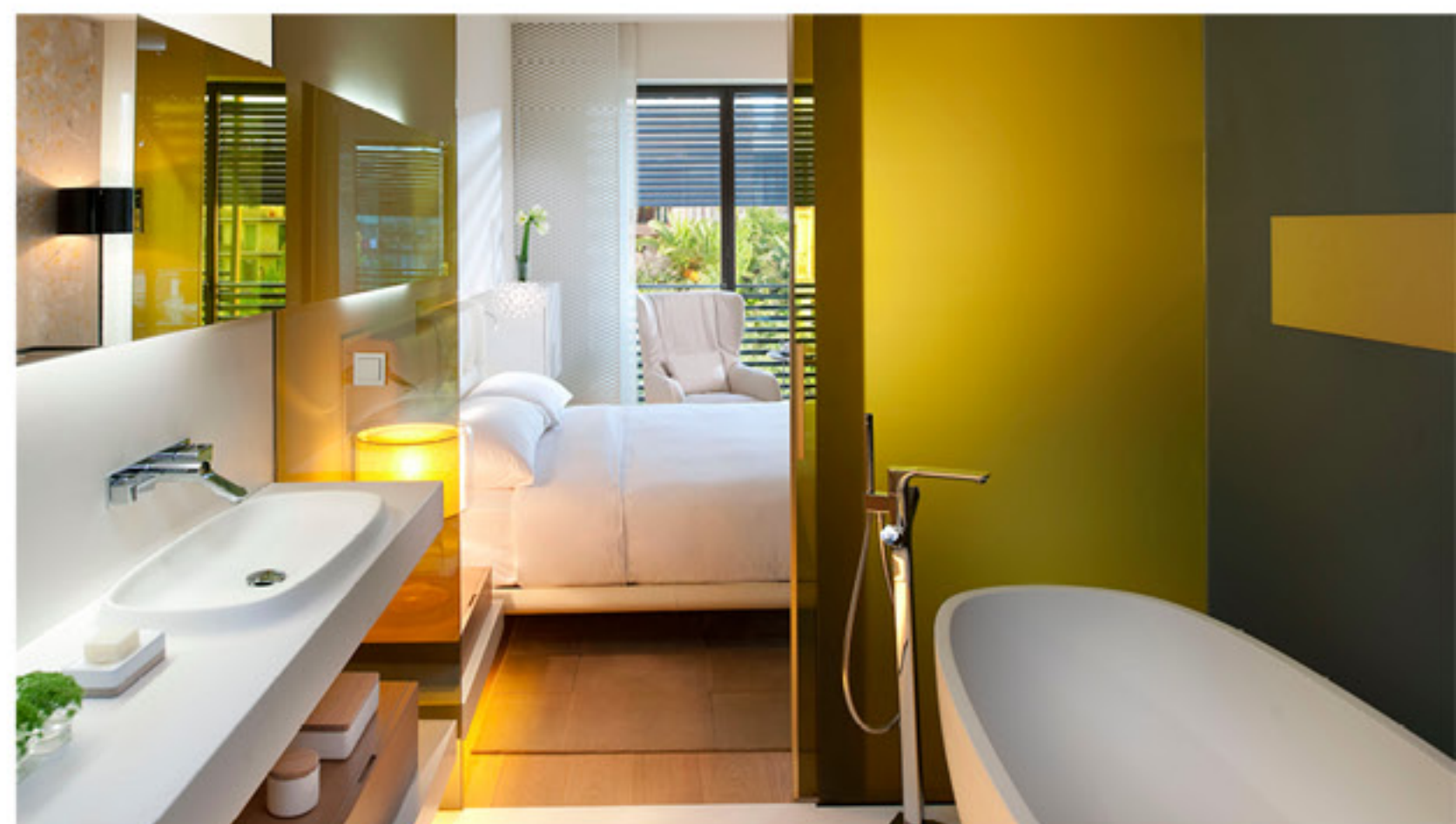
Sagrada Familia was in 2013 at only 63% of completion, the basilica is planned to be fully built in 2026 for the 100th anniversary of Gaudi's death in 1926 .

A black and white photograph of Pablo Picasso in his studio. He is standing, wearing a light-colored long-sleeved shirt and dark trousers. He is holding a cigarette in his right hand and painting a large ceramic vase with a face on it. The vase is on a stand. The background is a textured wall.

W With **more than 3,500 works**, the museum houses one of the most extensive collections of artworks by the 20th-century Spanish artist Pablo Picasso. This was the **first museum dedicated to Picasso and the only one created during his life**. Today it is the most visited museum in Barcelona with about **1.3 million visitors a year**. The current museum collection includes two of Picasso's first major works: *The First Communion* (1896) and *Science and Charity* (1897), as well as a big number of Picasso's early works.

**Picasso
Museum**





Mandarin Oriental

The Hotel

MANDARIN ORIENTAL, BARCELONA OFFERS **AVANT-GARDE LUXURY** AT THE CITY'S MOST EXCLUSIVE ADDRESS. THIS EXCITING HOTEL PAIRS THE **LEGENDARY HOSPITALITY** OF MANDARIN ORIENTAL HOTEL GROUP WITH THE **INIMITABLE CHARACTER** THAT HAS MADE BARCELONA ONE OF EUROPE'S FOREMOST TRAVEL DESTINATIONS.





TAP TO SEE
MORE

The property is **ideally located on Passeig de Gràcia**, at the very centre of Barcelona's commercial and entertainment district. **It provides easy access to the city's finest shopping, dining and cultural venues** and is a short walk from many major tourist attractions. From the hotel, guests can stroll amongst the city's celebrated promenades and architecture and enjoy the attractions of the famous **Las Ramblas and the Gothic Quarter**. Barcelona's many museums, churches and parks are all close at hand and two of the most celebrated buildings by the city's famous architect, Gaudi, are just a stone's throw from the hotel.

Mandarin Oriental, Barcelona is housed in the re-development of an elegant mid-20th Century building. **The 98 room hotel offers highly stylized and spectacularly creative interiors** by internationally renowned Spanish designer Patricia Urquiola. Each of its stylish guest rooms and exquisitely designed suites showcase enduring contemporary design which incorporate subtle reflections of the Group's oriental heritage. Views are either over Barcelona's most stylish boulevard, Passeig de Gràcia or the hotel's landscaped interior garden. A number of guestrooms have a balcony or terrace, from which to admire the surrounding modernist façades. The hotel also provides **elegantly designed meeting and banqueting facilities**.





Width: 29 ½"
Depth: 30"
Height: 30 ¼"
Seat Height: 17"
Price: \$5271

[KNOLL HOME DESIGN SHOP](#)



TAP TO ROTATE

Barcelona Chair

Ludwig Mies van der Rohe ca. 1929

One of the most recognized objects of the last century, and an **icon of the modern movement**, the Barcelona Chair is a tribute to the marriage of design and craftsmanship.





TAP TO READ
MORE













MANIC MUSIC



Jukebox

1 IGGY AZALEA

2 KELIS

3 GREEN DAY

4 LILY ALLEN



IGGY AZALEA

album

The New Classic

After several years of preparation and four released singles, the first studio album of Iggy Azalea is scheduled to be released on April 18. A former model, known for her explicit lyrics and provocative music videos, she shoved her way onto the music scene with two music videos that went viral on the web, 'Pu\$\$y' and 'Two Times,' and the mixtape Ignorant Art. As an Australian, she has been honored several times as a top class non-American rapper. The first studio album, The New Classic, features all four pre-released singles, that got very positive reactions, together with 8 new and 3 bonus songs (in a deluxe edition).

MANIC MUSIC



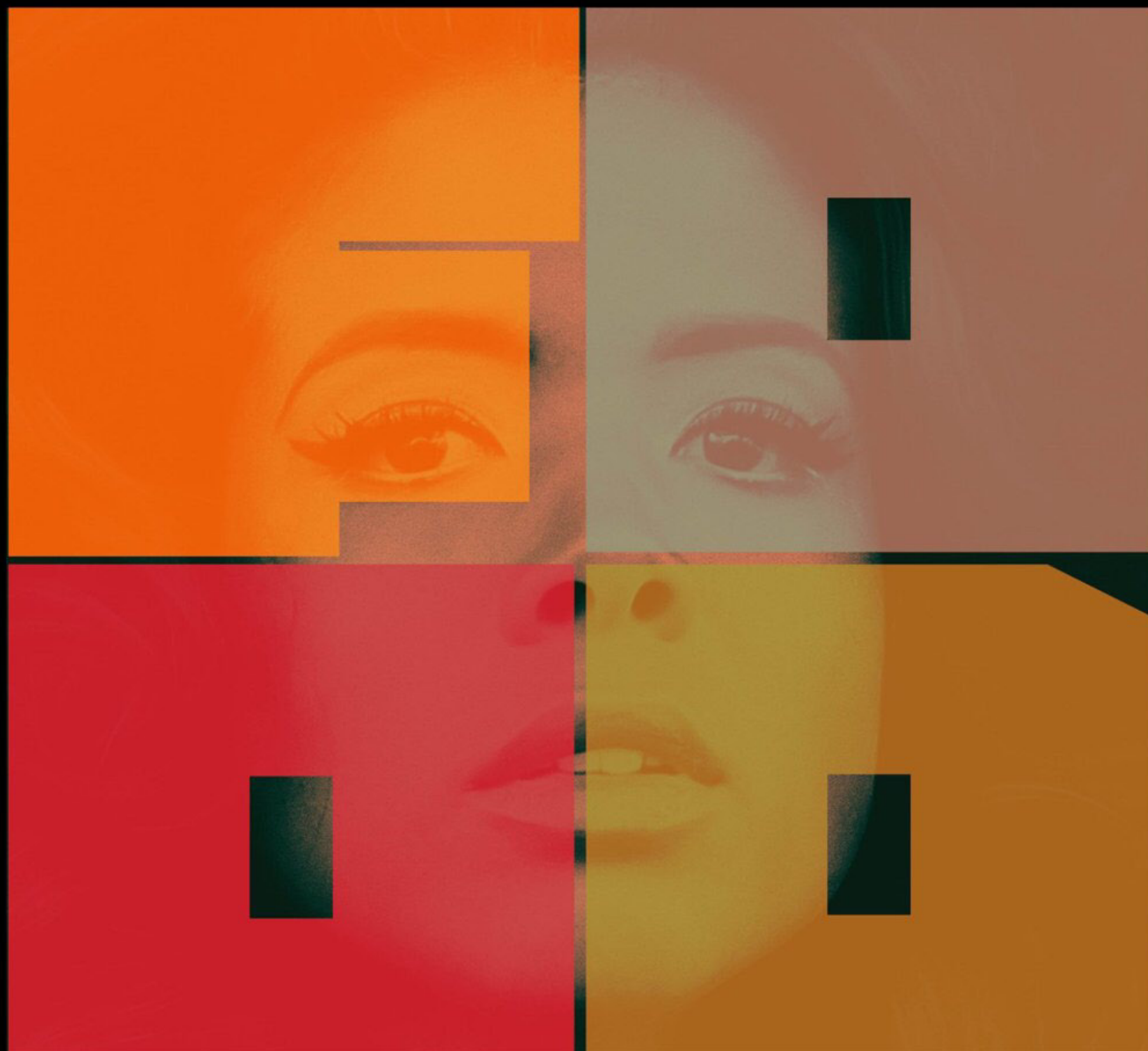
Jukebox

1 IGGY AZALEA

2 KELIS

3 GREEN DAY

4 LILY ALLEN



KELIS

album

Food

Have you been missing her? After four years of waiting and after for a new label, Kelis has finally decided to release her sixth studio album called Food. Hopefully, this album won't make you eat more but dance your calories away following the catchy retro-flared Kelis-style beats. In the tone of the title, some songs have food-related names, such as, for example, the pre-released single 'Jerk Ribs' or the second song on the album 'Breakfast' so Kelis promoted the album in that style – she cooked for her fans and friends. But, we will see how the fans and the audience will digest her new album and whether the reviews will call it tasty or delicious.

MANIC MUSIC



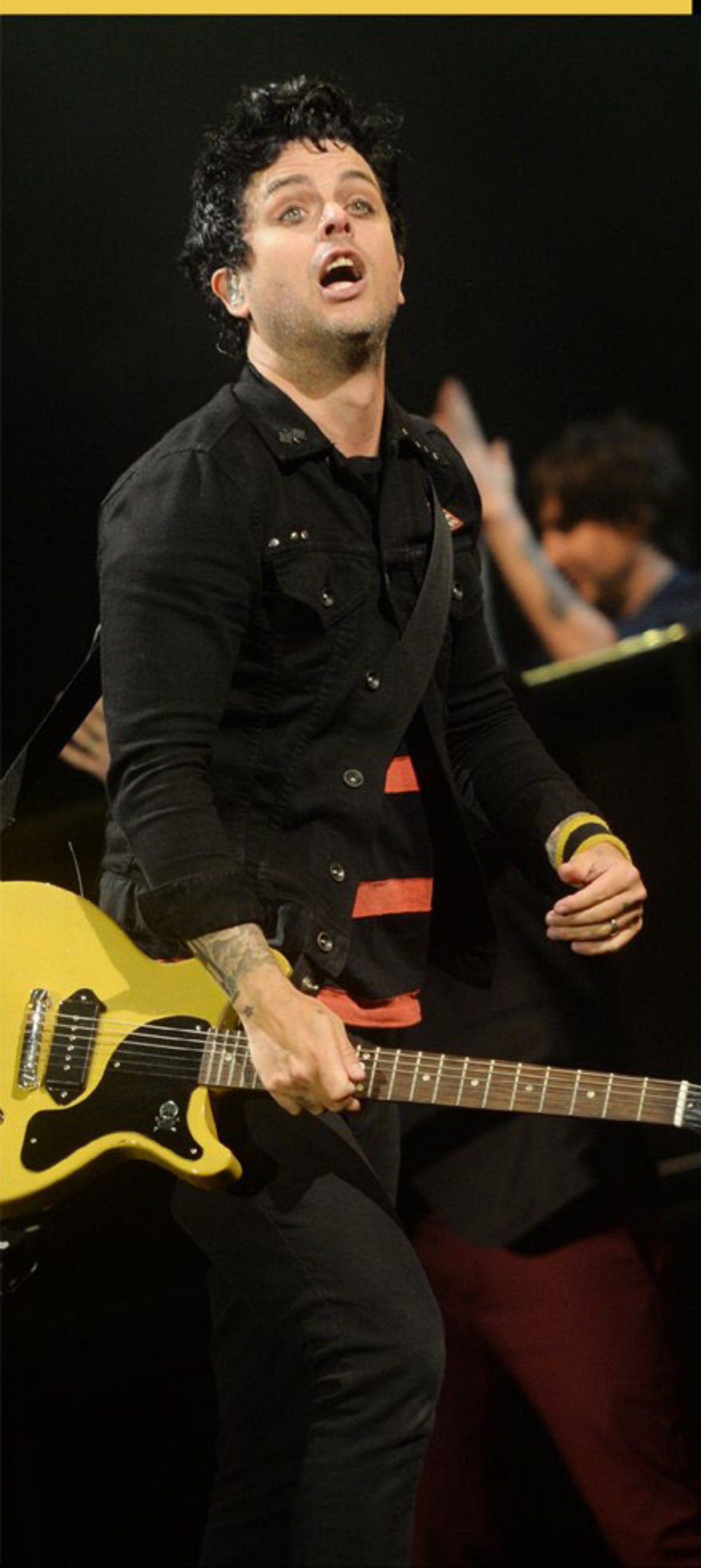
Jukebox

1 IGGY AZALEA

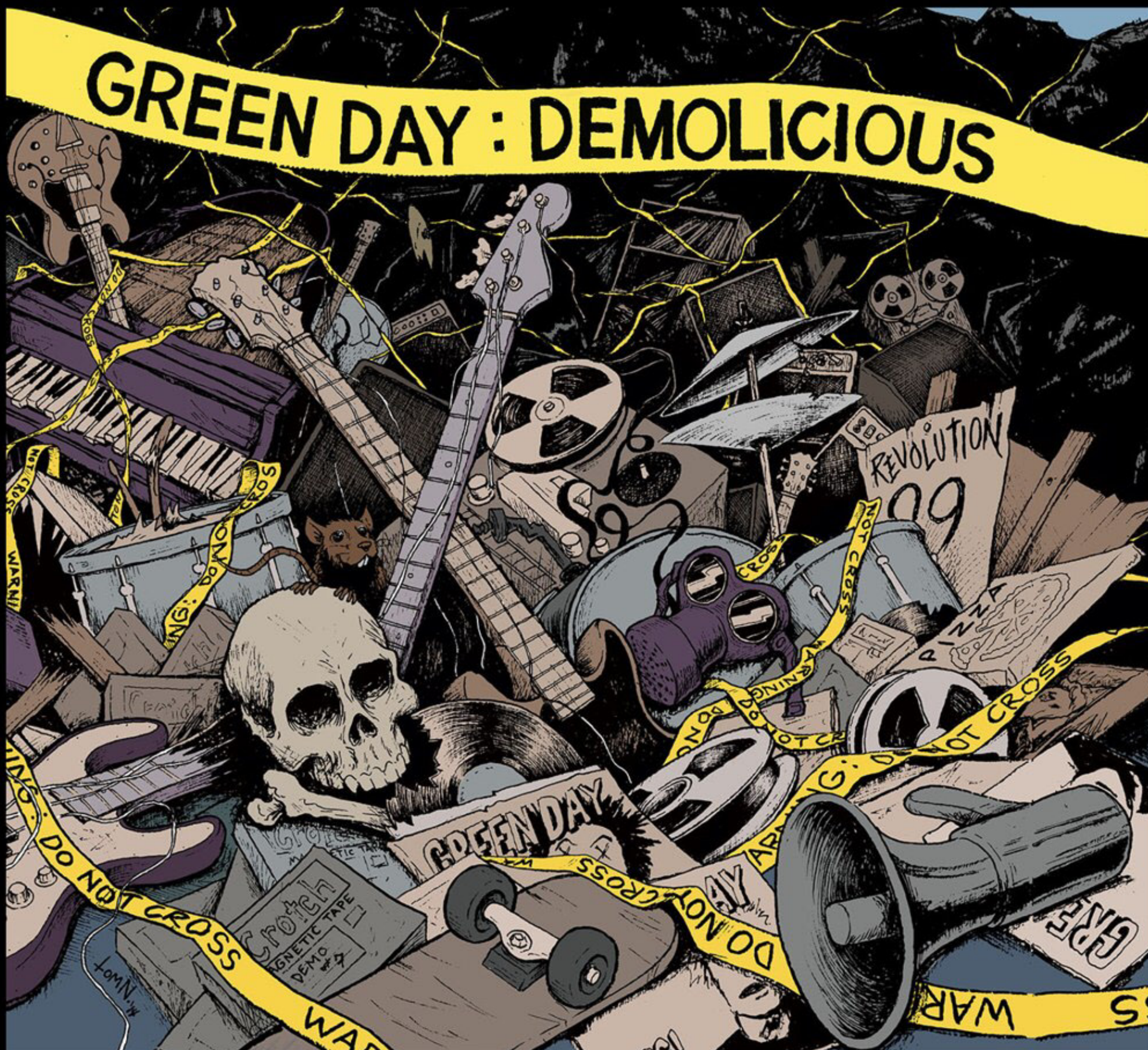
2 KELIS

3 GREEN DAY

4 LILY ALLEN



GREEN DAY : DEMOLICIOUS



GREEN DAY

album

Demolicious

Two years after releasing their trilogy (three albums called ¡Uno!, ¡Dos! and ¡Tré!), Green Day decided to publish all the unreleased demos from that trilogy together with one new and previously unreleased song 'State of Shock'. Interestingly enough, the album will also be released in cassette tape format. So, if you want to hear some of the good-old American punk rock, you should definitely hear this album and hope that the demos are better than the songs released in the trilogy.



MANIC MUSIC



Jukebox

1 IGGY AZALEA

2 KELIS

3 GREEN DAY

4 LILY ALLEN



LILY ALLEN

album

Sheezus

Scheduled to be released early in May, Lily Allen's third studio album comes after five years of expectation. Being known for her big hits, such as 'Fuck You,' 'Smile' or 'The Fear,' Allen returns to the music scene hoping that some of the songs from the new album will at least be as popular as the earlier ones. This pop diva announced the release of the album last year with the lyric-praised single 'Hard out Here,' which is interestingly enough the last track on this album. Find out if she got her groove back and if it is also going to be hard for her...out there.



Girl Profile

T There are many types of models and Aniko is the Sexy-Commercial one!

This mesmerizing Slovakian was just a simple girl who dreamt big and now she is one of the sexiest models of today. Aniko loves underwear and bikinis and she did ads for Punto Blanco, La Senza, Triumph, and "**Bordelle**", the one you are looking at right now.

She describes herself as a real chiller – she loves drinking wine, smoking, movies and just chilling at home with close friends.

SLAVIC BEAUTY

DOB: 16. April 1988

Place of birth: Trnava, Slovakia

Nationality: Slovakian

Measurements: 34.5-23.5-36

Occupation: Model

Aniko Michnyanova

2014 APRIL

BACK ISSUE

ONLY \$3.99



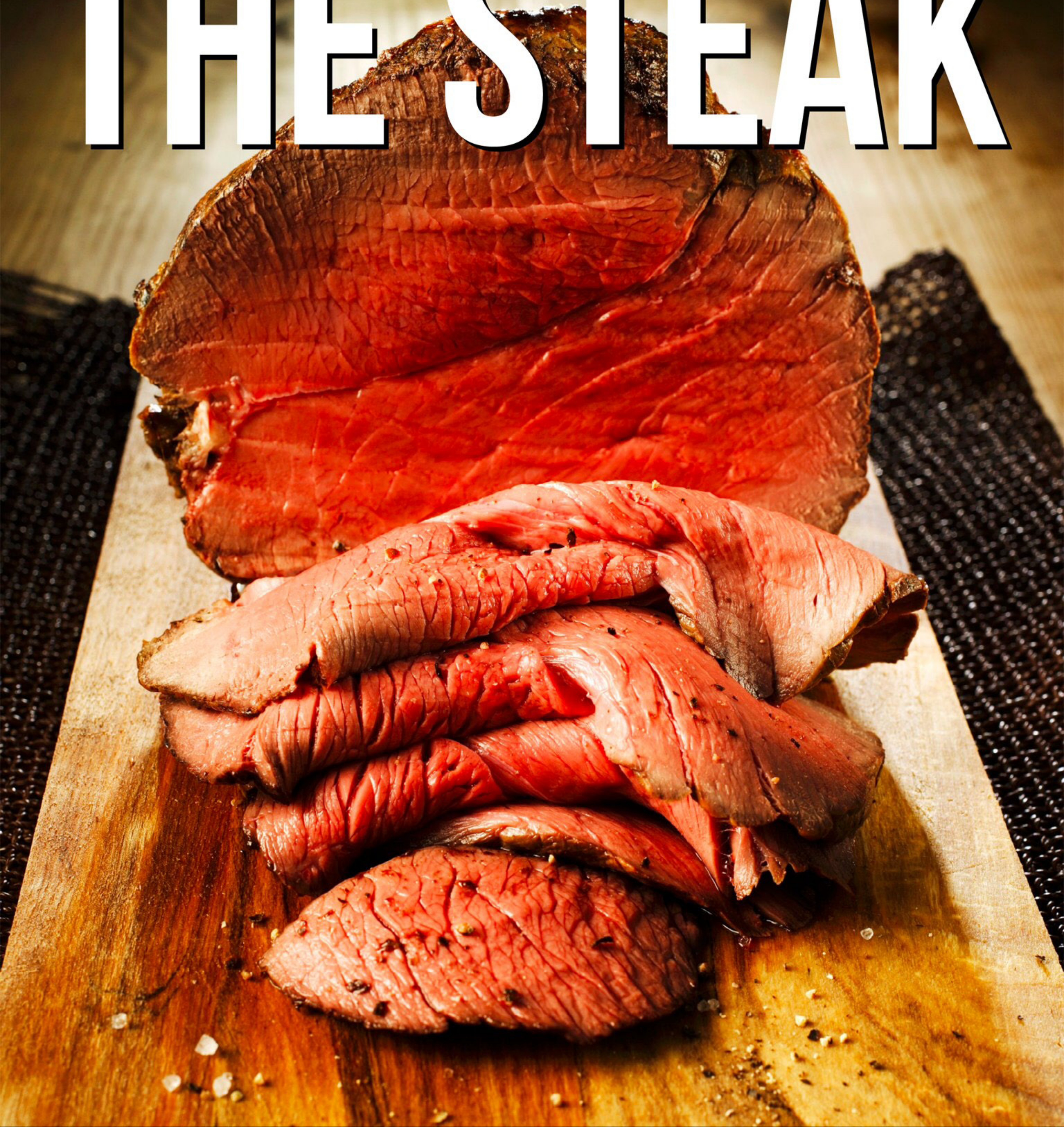
**THE ULTIMATE GUIDEBOOK
FOR MODERN MEN**

DOWNLOAD

FEAST FOR ALL THE SENSES

||||| **HIS MAJESTY** |||||

THE STEAK



A NICE HOMELY STAKE, WITH LOTS OF GRAVY ON TOP. ADD TO IT WHATEVER SIDE DISH YOU LIKE AND YOU GET A PICTURE THAT INSTANTLY MAKES YOU DROOL. DIET TRENDS CHANGE WITH TIME, BUT ONE THING IS CERTAIN – RED MEAT IS ETERNAL. MARBLED OR LEAN, RAW OR WELL DONE, BONE OR NO BONE, A GOOD STEAK SATIATES YOUR HUNGER, PLEASES YOUR SENSES AND APPEALS TO YOUR DEEPEST, PRIMITIVE INSTINCTS.

If you want to transform this perfect picture from your head into reality, you should be wary of how you choose your steak. What should be taken into account, besides the different grades and cuts, is your personal estimation as well. This requires you to be familiar with a few simple tricks on how to recognize that divine piece of raw meat you crave for.

MAKE YOUR STAKE PRIME

■ BUY THE BEST GRADE YOU CAN AFFORD

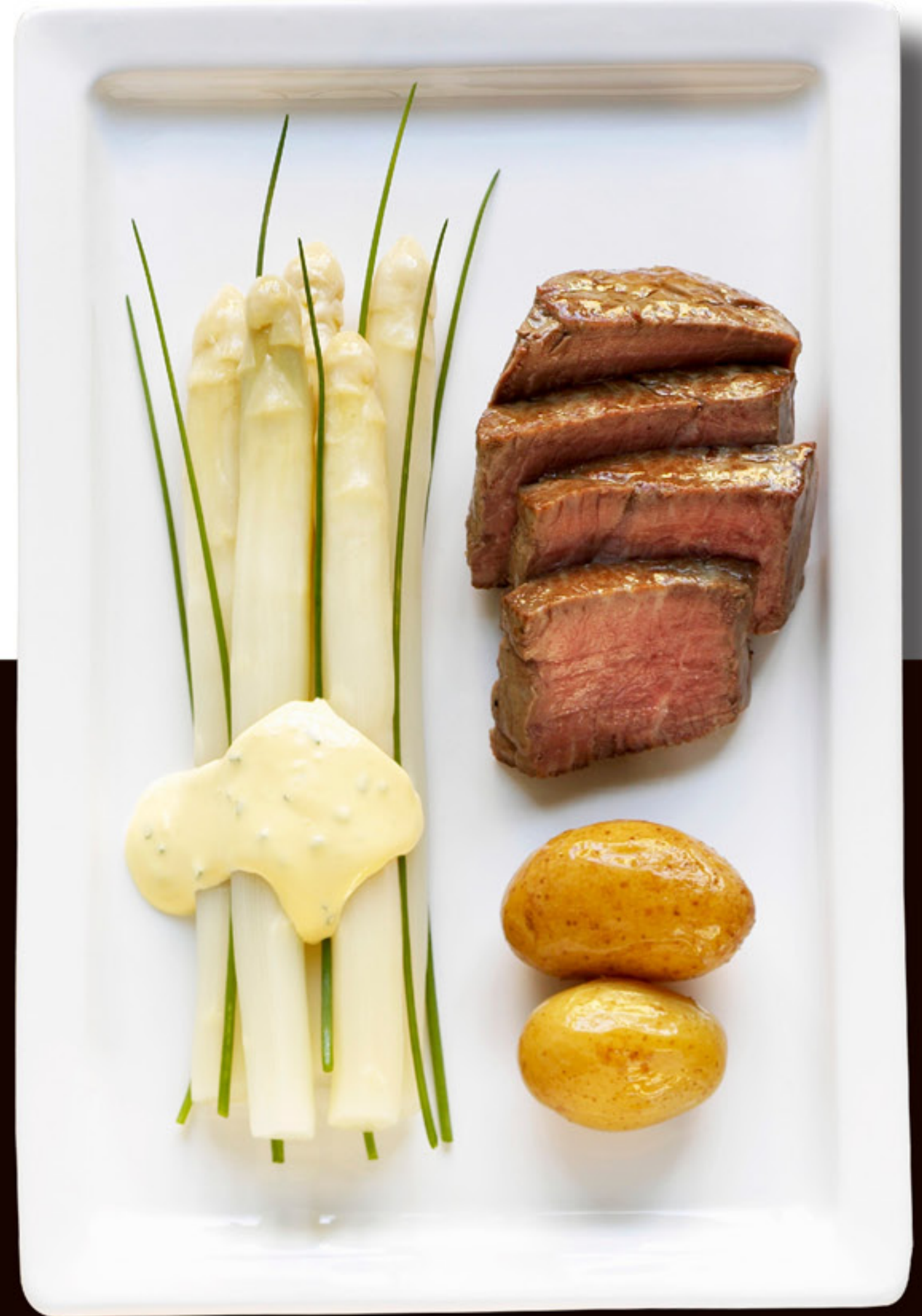
There are **PRIME, CHOICE AND SELECT CUTS**. The Prime cut has a perfect amount of marbling (the network of fat) giving the steak its rich flavor, tender feel and juicy texture that makes it melt in your mouth.

The next in line is the **CHOICE** cut. Though it is lower than **PRIME** on the quality scale, the difference between the two is not actually that great, and the better **CHOICE** cuts (closer to **PRIME**) are quite satisfactory since they can provide you with the aforementioned indulgence of the senses. Select grade meat is the leanest with the least marble though it and the lowest price.



■ RELY ON YOUR SENSES

LOOK AT THE COLOR OF THE STEAK. It should be of brighter color while the marble should be white or creamy. A sour smell of ammonia means that the meat is not fresh, so don't buy it. If the **MEAT** you have bought is sticky to the touch, it is probably **STALE**, and should be returned to the store.



■ OPT FOR THE STEAKS FROM THE BUTCHER'S COUNTER

YOU NEVER KNOW WHETHER PRE-PACKAGED STEAKS ARE REALLY GOOD UNTIL YOU OPEN UP THE PACKAGE. So buy your steak directly off the butcher's counter.

■ RELY ON YOUR SENSES

Thinner steaks easily overcook, therefore, unless you want your meat to be juiceless and tough, **GET YOURSELF A NICE, AT LEAST 1.5-INCH THICK CUT.**

■ TRY TO GET DRY-AGED BEEF

WET-AGED MEAT SHOULD BE AVOIDED, while beef that has been hung for a least 14 days makes a perfect choice.



DIFFERENT CUTS

FILLET MIGNON

The leanest, softest cut coming from the **TENDERLOIN**, a small internal muscle that is almost never used. This is the reason why it is so tender, regardless of the fact that it contains less marble. It should be **MARINATED** and medium-rare cooked, since overcooking can make it lose its juices.

T-BONE

A combination of **STRIP** and **TENDERLOIN**, separated by the bone in the shape of the letter “**T**”. It should be grilled **CAREFULLY**, the hotter part of the grill for the Strip and the less hot part for the Tenderloin, in order for it to cook evenly.

RIB EYE

Highly marbled and suffused with **FLAVORS**. As the name suggests, it is **CUT FROM THE RIB**. It can be grilled a bit more without losing the juices.

BONELESS STRIP STEAK

Cut from the **STRIP LOIN**, it is marbled and tender. In order for it to keep its moist, it should be **MEDIUM GRILLED**. It's suitable for everyday grilling and casual dishes.

SIRLOIN

Generally, less tender than the other cuts. It should be **MARINATED FOR A FEW HOURS** and medium or **RARER GRILLED**.



PREPARE IT RIGHT

The mouth-watering picture from your head is turning real step by step. Having chosen that perfect, blooming chunk of meat, you're half-way there. **BUT THE WAY YOU PREPARE IT IS EQUALLY RELEVANT.** The meat should not be prepared straight from the fridge because this way there's a chance it will cook on the outside only. First let the steak reach the temperature of the room, and then start with the preparation. **SLICING** the stake **REQUIRES** some **SKILL**, a large cutting board, but most of all a **SHARP KNIFE**, the **SHARPEST** you can get. You should first let the steak rest for a while in order for it to dry. The best way to slice the meat is across the grain, for it yields the most tender slices. **DO NOT REMOVE FAT FROM THE STEAK** – the fat is that supreme ingredient that helps the meat retain its succulence and moisture, as well as its shape during the preparation, while at the same time improving its flavor. If you want to re-

move fat, wait until the steak is cooked and then trim it off. Seasoning – salt and pepper, simple as that! Two most common ways of preparing a steak are: **SEAR-ROASTING**, when you sear the steak on the stove first and then roast it in the oven and **GRILLING OR BARBECUING**, when you prepare your steak either over an open fire in the outdoors, or on a gas grill in the comfort of your home. The steak should be cooked to the desired degree of doneness, according to one's taste. Before serving, you should leave it for five minutes to distribute the juices.

IF YOU WANT TO REMOVE FAT, WAIT UNTIL THE STEAK IS COOKED AND THEN TRIM IT OFF





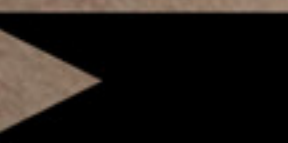
A

ALL LEVELS ARE COMPLETE, YOU HAVE THE DESIRED OBJECT OF GUSTATORY PLEASURE ON THE PLATE BEFORE YOU.

It looks perfect. The smells reach your nostrils and instantly your mouth start watering. The knife penetrates the meat and you feel its tenderness and perfect texture. You put a slice in your mouth and start chewing. The flavors are released followed by the

crunchy sound of perfect crispiness. ALL OF THE SENSES ARE EMPLOYED, ALL OF THEM SAVORING AT THE SAME TIME.

BEFORE SERVING, YOU SHOULD LEAVE IT FOR FIVE MINUTES TO DISTRIBUTE THE JUICES

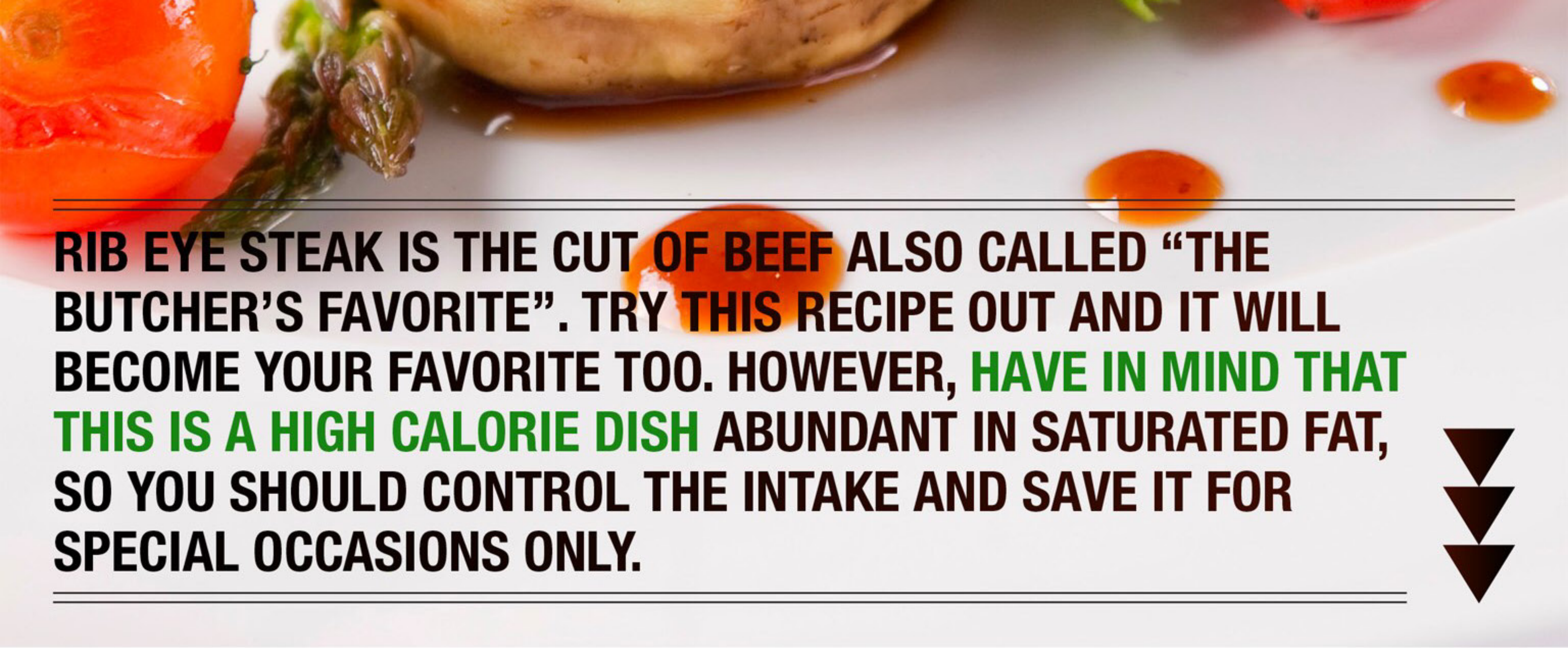


RIB EYE WITH MUSHROOM AND BELL PEPPER SAUCE



RIB EYE STEAK IS THE CUT OF BEEF ALSO CALLED “THE BUTCHER’S FAVORITE”. TRY THIS RECIPE OUT AND IT WILL BECOME YOUR FAVORITE TOO. HOWEVER, **HAVE IN MIND THAT THIS IS A HIGH CALORIE DISH** ABUNDANT IN SATURATED FAT, SO YOU SHOULD CONTROL THE INTAKE AND SAVE IT FOR SPECIAL OCCASIONS ONLY.





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■ INGREDIENTS:

- **2 (8 ounce)** beef rib eye steaks, cut 3/4 inch thick
- **1 tsp steak** seasoning
- **2 tsp** butter
- **1/4 tsp** Worcestershire sauce
- **3/4 tsp** Dijon mustard
- **1/2 cup** thinly sliced red bell pepper
- **8 ounces** small mushrooms, quartered
- **2 tbs** crumbled blue cheese

■ DIRECTIONS:

1. **PREPARE AN** outdoor **GRILL** with charcoal or heat up you gas grill. **SEASON THE STEAKS** on both sides.
2. **PAN-FRY THE BACON** until it's crispy and leave it on paper towels to drain. Leave the pan greased as you will use it later.
3. When your grill is ready, **PUT THE STEAKS ON AND LET THEM COOK FOR 12 MINUTES**, or according to the taste.
4. In the meantime, **USE THE PAN FROM FRYING BACON** and add butter, mustard and Worcestershire sauce. Constantly stir until the butter melts and then **ADD MUSHROOMS AND RED BELL PEPPER**. Stirring occasionally, cook until it's tender.
5. **PUT THE STEAKS ON PLATES**, cover them with bacon and crumbled cheese. Top with vegetables and **SERVE WHILE STILL HOT**.
6. **A PERFECT SIDE DISH** to go with the steak is a fresh salad. Put some lettuce in the salad bowl and chop up a cucumber, fresh pepper, tomato and onion. Add some olive oil and lemon juice. Season with salt and basil.





Barbara Palvin

This Hungarian stunner is born to be a star! Her youthful and elegant beauty is often compared to a cross between a young Brooke Shields and Natalia Vodianova.

She is more than just a model – her role in *Hercules* (2014) next to Dwayne (The Rock) Johnson is going to prove that she can act as well.

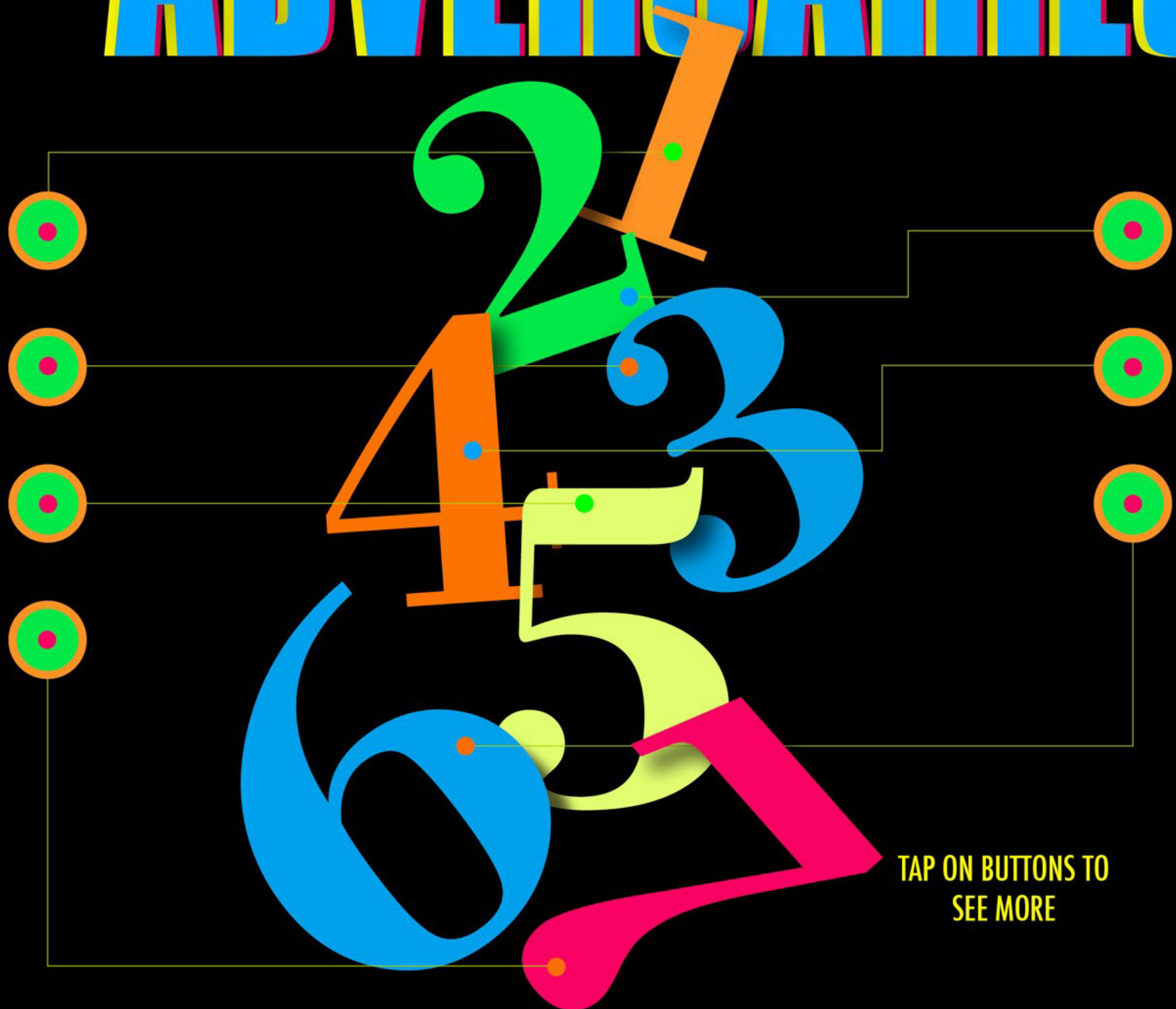




HUNGARIAN ANGEL

DOB: 8 October 1993
Place of birth: Budapest, Hungary
Nationality: Hungarian
Measurements: 33-23-35
Occupation: Model

My ADVERSARIES



OR HOW TO DEAL WITH SOCIAL NUMBSKULLS

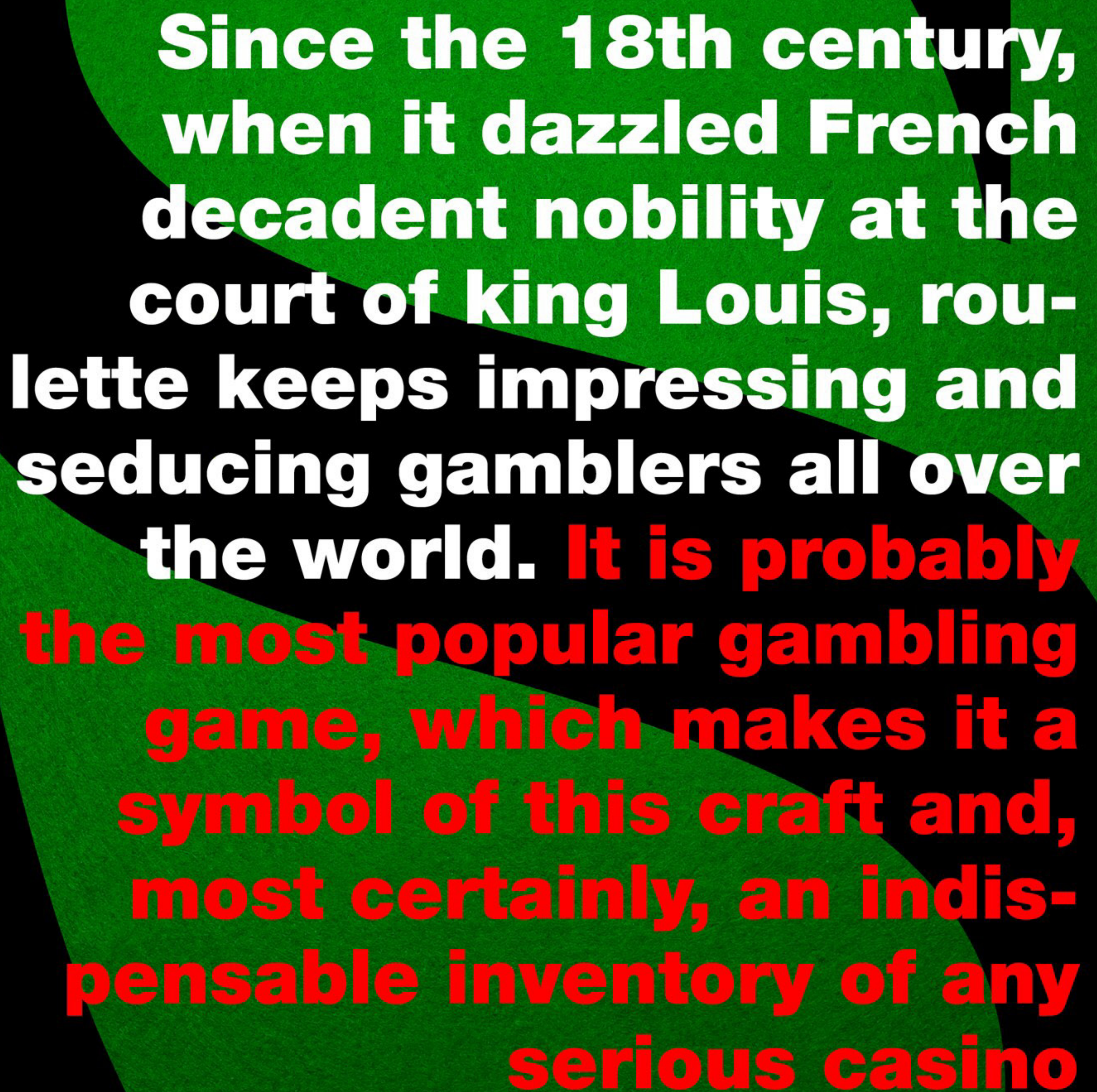
IT'S NICE TO BE A YOUNG STUD: you're not a kid anymore and you can be a grown-up, allowing yourself a safety cushion of your parents' help (for example, YOU HAVE YOUR OWN PLACE, BUT STILL ASK YOUR MOM TO WASH YOUR FAVORITE JACKET). Only sometimes, being in your twenties can be so god-awfully painful and hard, you feel like the emotional whirlwind of thralldom somehow forced upon you is never going to end. THERE are a few types of people you really need to learn how to successfully deal with.



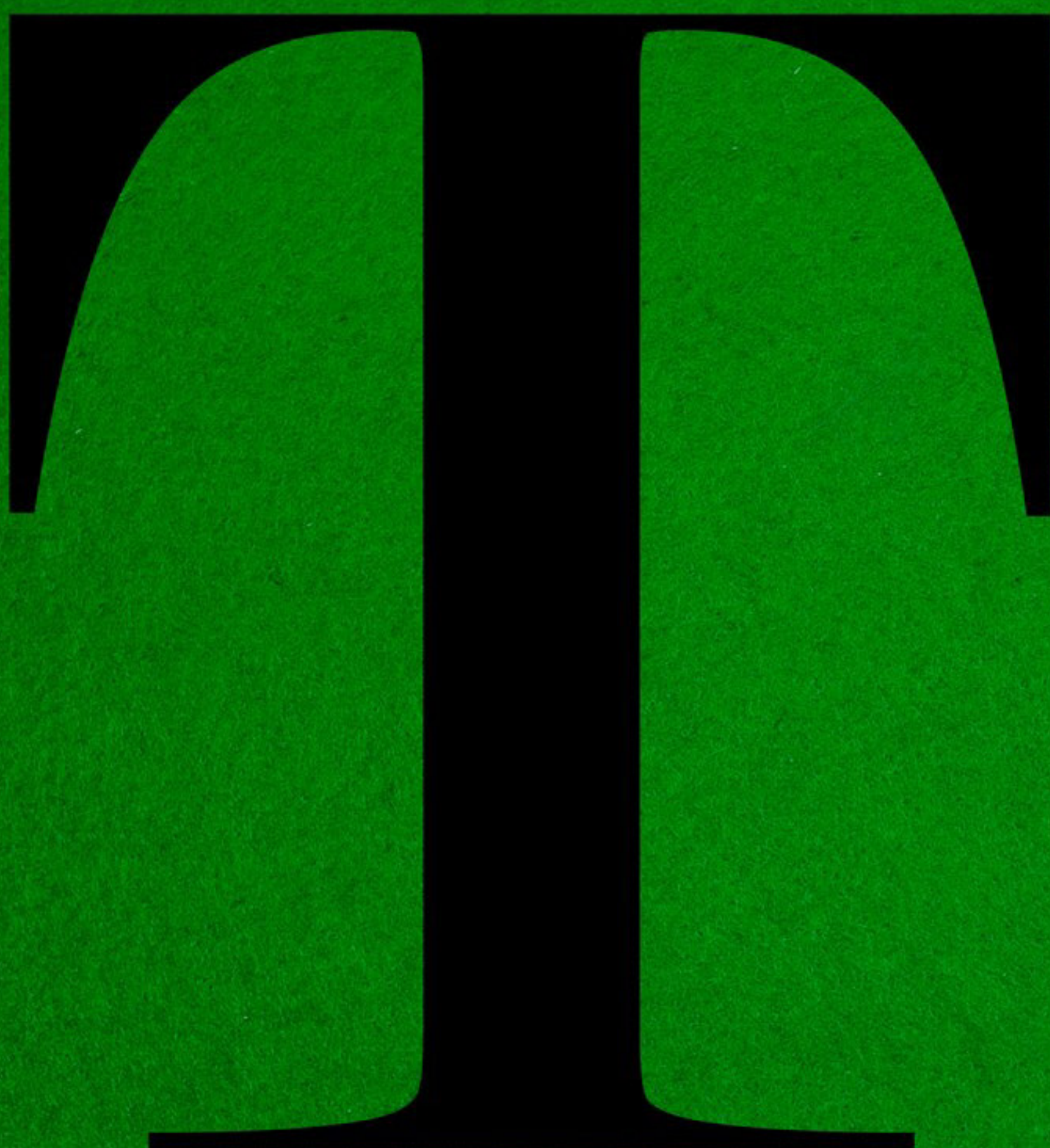
THE SECRET OF THE DEVIL'S WHEEL!

YOU HIT JACK POT





Since the 18th century, when it dazzled French decadent nobility at the court of king Louis, roulette keeps impressing and seducing gamblers all over the world. It is probably the most popular gambling game, which makes it a symbol of this craft and, most certainly, an indispensable inventory of any serious casino



The affection towards the table with a wheel is felt both by casino owners and their customers. The former's affection is caused by the certain profit that it brings, the latter's by the enormous pleasure and the adrenaline rush induced by the sound of the ball bouncing off the roulette slots. Trying to outplay "the keyboard", which is a pet name for roulette that some people use today, plenty of "great" players have devised their own "winning systems". However, to tell the truth, there is a belief that there are as many systems as there are players, but only few of them managed, over the decades, to keep pace and gain popularity.

Unlike many card games such as poker, where having experience, knowing your opponent and the philosophy of the game are the "weapons" which ensure victory, roulette is a game of odds in which luck plays the absolute role and is our imaginary opponent. So if it's all like this, and

if there is no room for knowledge and experience on the roulette table, a question arises: What are the chances of beating a roulette when even the great Albert Einstein said that it was possible to predict on which field the ball is going to fall only if you cheat? What discouraging words out of the mouth of one of the greatest minds in the history of humankind. However, do not despair. In recent years, in the tunnels beneath the Swiss Alps, the scientists from the CERN Institute have been trying to refute Einstein's theories that have, to this day, been treated as axioms. Therefore, we too can go and challenge this one regarding the roulette.

MATHEMATICS IS MERCILESS AND, AS ALWAYS, 100% PRECISE

Passionate gamblers and "rouletters" with years of service definitely disagree with the creator of the Theory of Relativity. Moreover, in order to disprove his theses and, by doing so, provide some material gain for themselves, they thought of a multitude of complicated and sophisticated systems. As we have already mentioned, roulette is a game of odds and, as such, it is liable to mathematical inquiry which says the following: The odds of guessing the right number the ball is going to end up on is approximately 2.7%. Not much





room to win. This is exactly why the payout is so big – **36 to 1**. To win several times in a row is a dream of every roulette player. There are different legends related to the lucky dogs who managed to string several consecutive wins together. Four successive wins would instantly make you a millionaire, because that way, one invested dollar would be multiplied 1 679 616 times. You can assume yourself that the possibility for something like that is way smaller than for a potential win. The odds improve if we decide to play some other game. **For red-black and odd-even, the chances are 48.65%**, which is drastically more, but at the expense of the players. As the odds are below 50% (not much, but still below) in the long run they are disastrous. Supposing that you play only red, in ten spins, the ball may end up 8 times in a row, or even all 10 times, on your color, but if you bet on 18 fields against 19 (never forget the 0 green) your luck is bound to run out, because math-

ematics is merciless. It doesn't matter which game we opt for or which field system, it doesn't matter whether we choose Big Series, Orphelins or "close to zero", or just pick certain numbers randomly, the odds are every time, every single time, going to be against us. It appears that Einstein did not make even a smallest mistake, because, after all, math was his thing. However, believe it or not, there are ways to beat the roulette and, at the end of the day, be better than it. The system is quite simple, and it has been created a long time ago. It's absolutely infallible and uses the roulette's main weapon to backfire on it – the probability.

The name of this system is **Martingale system** and it is not focused on guessing the number or color, which allows you to choose a completely different number or color totally randomly and without any order.



betting system is based upon a constant raising of bets and can be applied to all of games of probability in which the odds of winning are 2:1 and more. It has one rule only: After every loss the bet should be doubled. The idea is very simple. Once in 37 spins on the average, the ball must fall exactly on the number that you picked, and everything you had invested up to then will pay off with interest. And the victory is yours! But of course, there is a “but” here that in practice, makes this system completely inapplicable for two reasons. The first concerns the wealth of the player itself. Try to calculate how much money you would need for 37 spins

“but” here too. Every time you win, you’ll be richer for the basic, starting bet. If you have reached the bet of \$16 and guess red correctly, the croupier will pay you out only \$32 ($1+2+4+8+16=31$). Ok, you’ll say: “the profit is not big, but it’s certain, and a loophole does exist”, and you will be right. However, the casinos are aware of this as well. This is precisely why, in order to fend off this kind of betting system, casinos have limited minimal and, more importantly, maximal bets which are, almost as a rule, smaller than 6 bets by martingale system, and which make this kind of playing, not only useless, but highly risky as well. The math says that

**THE FIRST TIME
YOU PUT \$1 ON
BET, THEN \$2, THEN
\$4, \$8, \$16... AND
SO 37 TIMES. THE
FINAL BET IS MORE
THAN \$200 BILLION**



if you double your bet every spin. Let the starting bet be \$1. So, the first time you put \$1 on bet, then \$2, then \$4, \$8, \$16... and so 37 times. The final bet is more than \$200 Billion. Ok, it is inapplicable against 37 numbers, because, in order to be able to use it successfully, you need to have unlimited means. What about other games, for instance, red-black? There’s

the ball will string together the same color six times in every 150 spins, and the player that uses this strategy will lose his money, and he will lose the amount a lot bigger than what he could potentially win. Besides martingale, which is, in theory, a perfect recipe for victory, while in practice it is only a recipe for bankruptcy and a certain disaster, there are a



**FOUR SUCCESSIVE WINS
WOULD INSTANTLY MAKE YOU
A MILLIONER, BECAUSE THAT
WAY, ONE INVESTED DOLLAR
WOULD BE MULTIPLIED
1 679 616 TIMES**



ROULETTE IS A GAME OF ODDS IN WHICH LUCK PLAYS THE ABSOLUTE ROLE **AND IS OUR IMAGINARY OPPONENT**

few strategies based on progression. The **pyramid system** is identical to martingale in the way it increases its bets, but it obligates the player, once he wins a bet, to “reset”. We do not have to point out that it is equally destructive as the martingale.

L **Labouchere betting system**, as one of the most popular, is too based upon a certain type of progression. To play by this system, we should initially choose a line of 18 numbers and place equal bets on them. If the ball ends up on one of our numbers, in the next spin we erase the boarder numbers and decrease the line, while in case we miss, we add the boarder numbers, that is, increase the line. This system is not so dramatic and does not require a constant increasing of bets. However, though it's very popular, as all other systems, it has a negative ratio of profit in the favor of the casino.

Is it, then, possible to beat the roulette? A sobering fact is backed up by math and says the following: It is not. Mathematics is merciless and, as always, 100% precise! No matter how we play or what system we use the roulette will always come out as the winner, because the rules

it plays by are simply not fair. The zero has been created to give casinos advantage and a certain profit, the profit that has overcome the one acquired on other gambling games by several times, which is the reason why roulette, among professional gambles, is notorious as the “kiss of death”. Therefore, **never ever sit at a roulette table thinking you can beat it, because everything says that you can't**. If you want to shoot for gambling games which require knowledge and skills, and if you are confident of your competencies, you do not belong at this table. This doesn't mean, of course, that you should never play roulette. Provided that you take it as an entertainment, a game of odds, and not as the machine that will bring you a certain profit, you can really enjoy the hypnotizing spins of this wheel.



THE RULES

SIMPLICITY IS ONE OF THE MAIN REASONS FOR THE POPULARITY OF THE ROULETTE. THE RULES ARE VERY SIMPLE, SO IT TAKES ONLY A COUPLE OF MINUTES TO UNDERSTAND THE CONCEPTS THE ROULETTE WORKS BY.

THE WHEEL HAS 37 POCKETS enumerated with numbers from 0 to 36 (the American version has one pocket more, marked by double zero), **18 RED, 18 BLACK AND ONE GREEN FIELD (0)**. The players can place their bets on one or more fields on the specially drawn pattern on the table, which symbolize the slots with identical numbers on the wheel. The goal is to guess which slot the ball is going to end up in. If he guesses correctly, the player is paid out the amount 36 times bigger than what invested. **THIRTY SIX FOR ONE INVESTED**, that's impressive! For a moment it seems simply amazing that the casino can have any profit at all, and not just that, but we think it will be at an enormous loss if it has to pay out premiums multiplied by so many times. Nevertheless, do not forget that the **WHEEL HAS 37, AND NOT 36 FIELDS**, which practically means that, if 37 players place one chip each on every field, one of them will be 36 chips richer, but not at the expense of the casino which will get one chip that's left.

And that's not all, besides betting on numbers directly, the players are **OFFERED TO BET ON THE COLORS** the ball is going to fall on (red or black), whether it will end up on an even or odd number or on an imaginary network of numbers drawn on the table. Basically, you are still playing individual numbers, only instead of covering 18 red

**ZERO GREEN IS PRECISELY
THE FIELD THAT GUARANTEES
THAT THE CASINO WILL HAVE
A CERTAIN PROFIT**



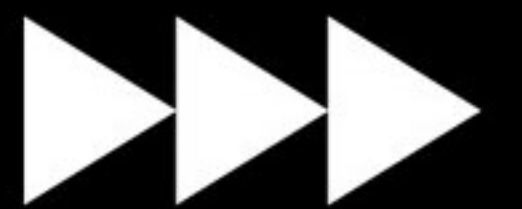
ZERO GREEN IS PRECISELY THE FIELD THAT GUARANTEES THAT THE CASINO WILL HAVE A CERTAIN PROFIT



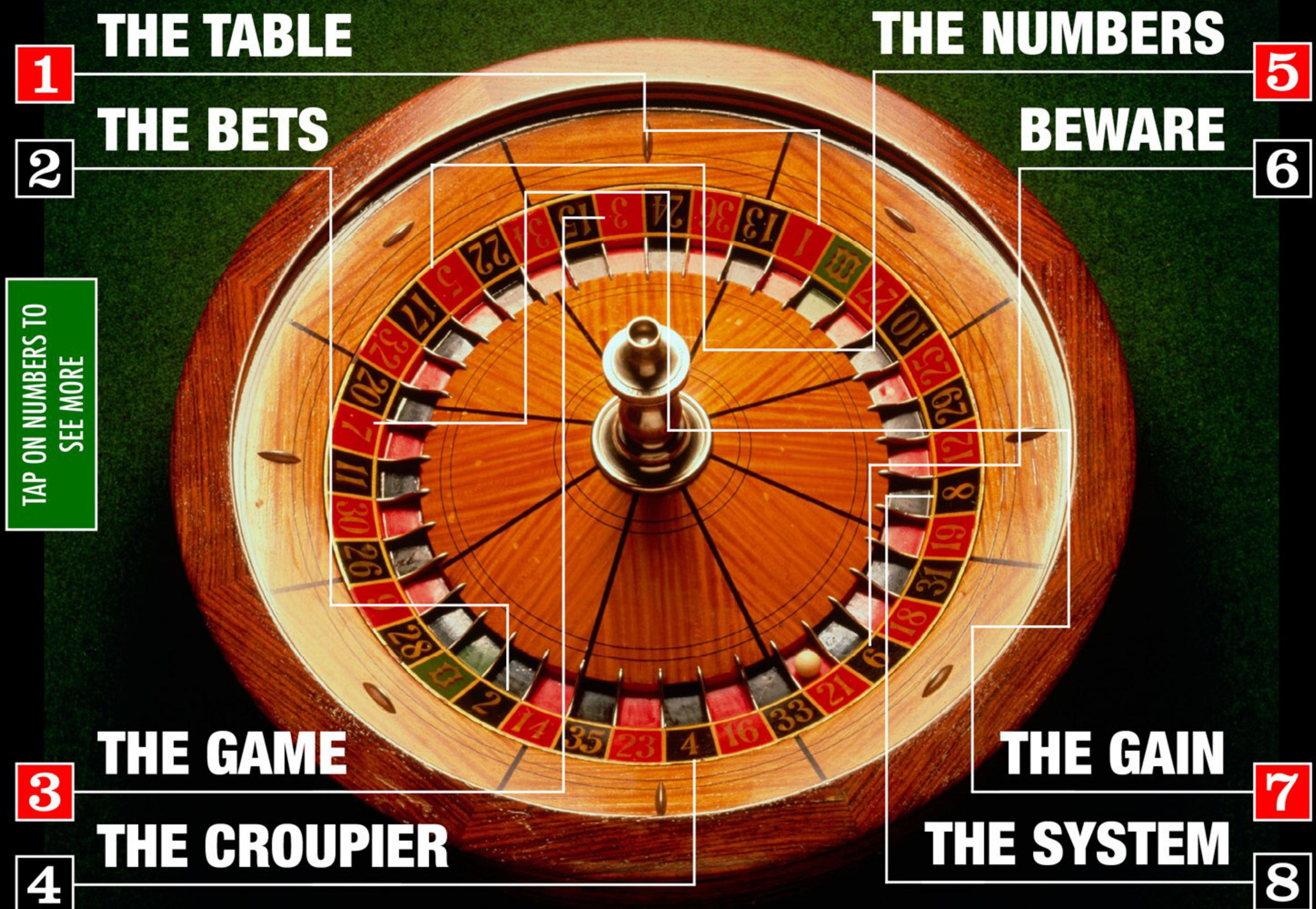
numbers (if you're playing red) you place your bet on the field colored in red.

The gain in this kind of cases is calculated by dividing the number 36 by the number of fields these games include. In odd-even and red-black bets, the red-black player covers 18 fields so that the gain for the one invested is one (36/18), that is 2 for 1, 6 for 1, 8 for 1, 11 for 1, 17 for 1 invested depending on which pattern you have placed your bet, the one with twelve, six, four or two numbers. One field, that is, one number, plays a special role, because it can be combined in couple of games only. From time to time, once in every 37 spins on the average, you can hear the croupier uttering a sentence which will, in most cases, provoke a clamor of discontent: **"ZERO GREEN"**.

In translation, this means that only the player who bet on zero green won the prize, whereas all the outer bets, which is a name for bets not placed on direct numbers, will go to the casino, because **ZERO IS NEITHER ODD NOR EVEN, AND SINCE IT IS GREEN IT'S NETHER RED NOR BLACK**, nor is it included into the imaginary networks of 12 or 6 numbers. Zero green is precisely the field that guarantees that the casino will have a certain profit.



EXPERIENCED PLAYERS' TRICKS



ROULETTE IS A GAME OF CHANCES AND PROBABILITIES DEVISED IN SUCH A WAY THAT THE BETTING HOUSE ALWAYS WINS. THE "TRICKS" THAT FOLLOW CAN HELP YOU SLIGHTLY INCREASE YOUR CHANCES. HOWEVER, TAKE THEM WITH RESERVATION BECAUSE THEY DO NOT PRESENT A RECIPE FOR THE CERTAIN GAIN.



XY FILES

"The truth is in here"

Edited by Dr. Aaron U. Isakowych

THE CATCH B17

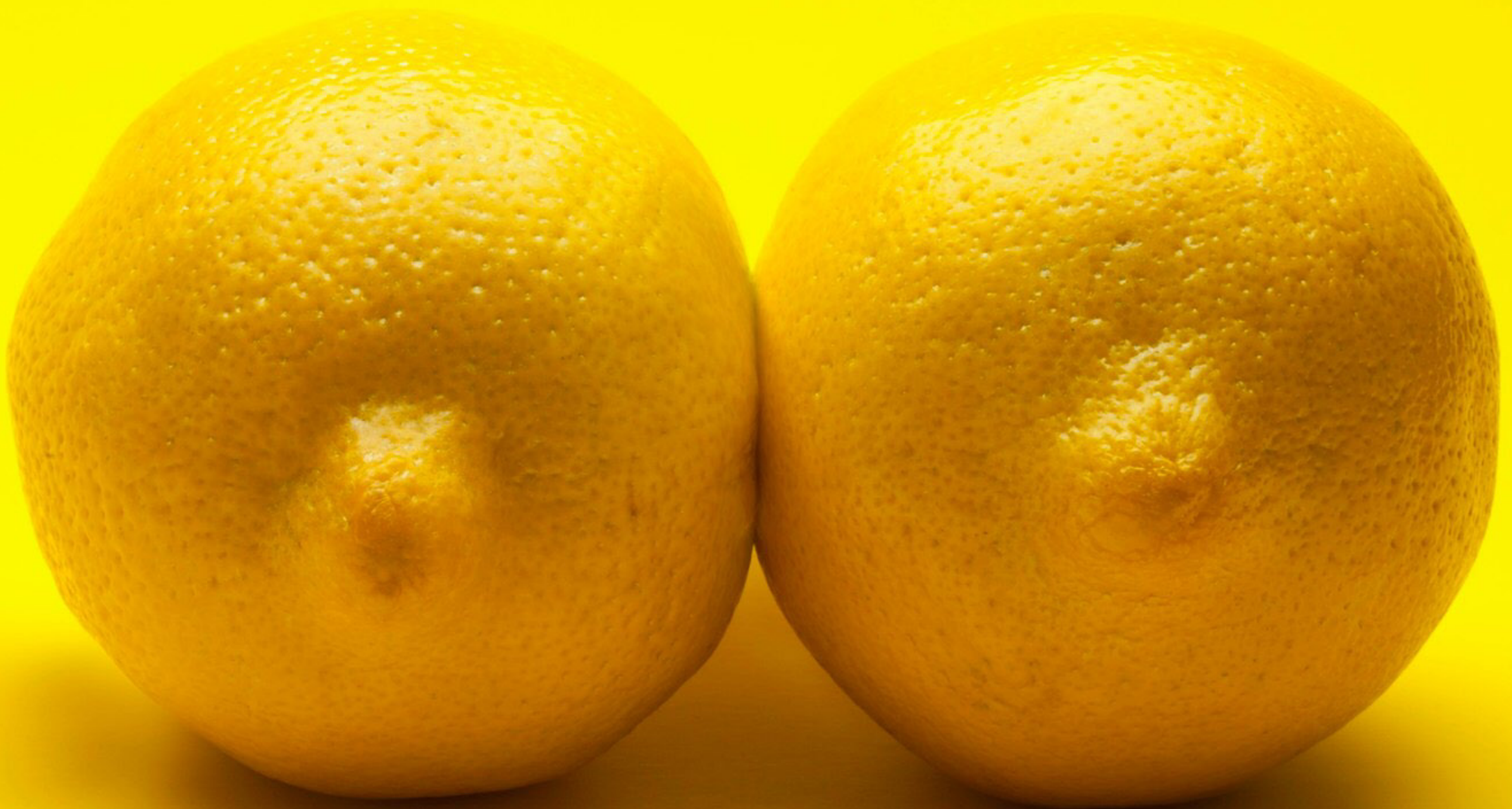
CANCER VS. HUMANITY

6EX DEGREES OF SEPARATION

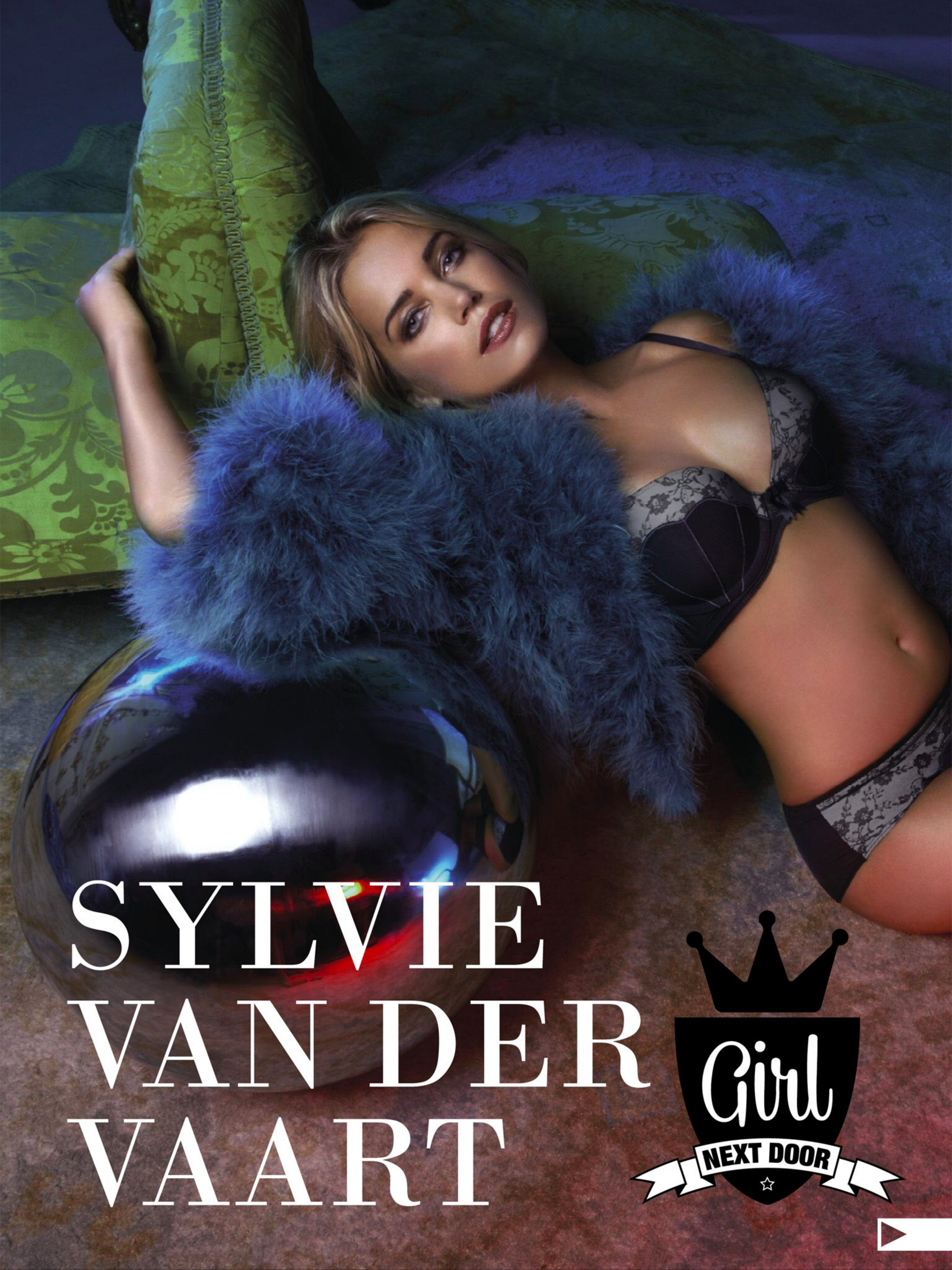
THE DIFFERENCES ARE THE ONLY THING WE HAVE IN COMMON

BONER TIPS

LIVE YOUR LIFE ONE ERECTION AT A TIME



THESE ARE ONLY TWO LEMONS. YOU DIRTY MIND



SYLVIE VAN DER VAART



THE DUTCH DUCHESS





She was elected the Netherlands'
Sexiest Female in 2003



She is an actress as well, known for Das Supertalent (2007), Let's Dance (2006) and Costa! (2001)





She is one of the most
successful Dutch TV
personalities active in
Germany



Sylvie also has her own jewelry line in Netherlands

Cex **Degrees** **of** **Separation!**

The differences
are the **only thing** we have **in common**

No matter how much sex seems the same and sometimes
unfortunately turns from a unique and explosive experience
into a joyless habit, it is still the **strongest force in the**
world. The clash of two **(or more)** hormone-induced bod-
ies, of two opposites regardless of their sex, is the
clash on a cosmic scale.



Written by: Dr. Aaron U. Isakowych



A And in this deception that always seems the same, the act of sex changes in front of our eyes. We remember our, but listen and watch other people's experiences, only everything seems a kind of the same. It is, basically. The bedrocks are the same, but the beauty behind the each structure is a current inspiration of coital architects hired to do the job. Everyone goes to the same school, but learn about sex from their own view.

The Nature has established a schedule of physiological and psychological events that should not be changed – because a combination of variables of this equation most certainly guarantees an absolute enjoyment at every coitus (with the exception of the first, because it is confusing, funny, painful, thus consequently being the most memorable).

We all know, at least instinctively, what to do. Unconsciously, we all follow the rhythm of the music learned a long time ago, but everyone plays their own way, and each one of us has their own taste. Our differences make us the same, and our similarities are different.

Stimulation

It is the first step on the way, thus **the most difficult**. Namely, the human body is a bundle of intertwined nerve fibers. Wherever you touch, whatever you


push, you will strike oil. Of course, the greatest beauty is that, no matter how much we know, love and familiarize with our bodies, exploring somebody else's is always an amazing adventure. Through deserts and forests, looking for the Holy Grail, anyone can and should behave like Indiana Jones. Traveling through the vastness of someone else's body, letting the imagination roam free, inflaming the glands, putting aside inhibitions and enjoying the complete abandonment of any tension - this is the erotic version of the movie Inception. Conceive an idea, to stimulate both the body and the mind. Costumes, toys, scent, voice, movement, touch, provocation, memory, using any part of the body (erogenous point to an erogenous point)...the choice is inexhaustible, the reactions are terrifying and the end is justified by the means.

The new time has come, the rules have changed, there is no discipline, so get to know the human race! Stimulate each other!

Lubrication

The most **provocative element** of the physiology which we wish to induce. It is necessary, natural and very logical. Life without liquefaction (and therefore our activities) is impossible.

Human beings are compatible, many are still trying to find the one(s) they are the most compatible with, and in any case, connections to another being cause friction. The less the friction,



the more enjoyable the evening. Anatomical replenishment of the body in coital spasm is helped by the glands, all deployed in the right places by some kind of divine strategy. Lubrication is primarily related to the genital area. Activated by the passion, the body gets ready, and after the fire inflames the body, the waterfall of soothing liquids starts falling. Enthalpy and entropy, Ying and Yang, Nature and artificial assistance, it doesn't matter! Lubrication is salivation for physical food!

Erection

For men, the **proudest detail of the sexual journey**, or, in other words, erecting the domination. Of course, this step is as interesting when it comes to women. The blood flow is an important factor for them, too. They too swell, enlarge and warm up the delicate parts, only, it is not as visible - nature wanted to make everything nice and hidden with women, so lady-like. Do not be fooled by this - a fire of thousand flames burns behind the curtain, but only if it's nicely kindled. Matter expands under heat, so do what matters and...boom!

Enhanced sensitivity


Is a capitulation under the force of **bodily lust**. The insatiable craze that awakens in us, hidden in the remotest parts of the mind, frees itself in all its glory. And in this divine moment, we become completely stripped and


ACTIVATED BY THE PASSION, THE BODY GETS READY, AND AFTER THE FIRE INFLAMES THE BODY, THE WATERFALL OF SOOTHING LIQUIDS STARTS FALLING.

softened, every inch of the body spastic and moving in violent convulsions. Smitten, blushing and utterly possessed, we fly over to the next stage on the wings of uniqueness. All women are the most beautiful in this very moment. They either obey or command, giving into the role committedly. Like balloons overfilled with water, we come, and with each added drop, we are about to rupture. The condition of the explosive liberation follows, and in this state, which can be quite long, all that is animal in us comes to surface. No control, no inhibition, the body is finally free.

Orgasm

According to men, it is the way of measuring the successfulness of the coital act. **According to women**, the point less reached only with a help of





men, but more often with the mutual guidance and understanding. The thing that men can do to get better, because the only thing in their way is the fear, is to realize that reaching orgasm requires the brains as well as the genitals.

Nerve - relaxing

The nerve network is established, as well as the provider in the brain. There is no Wi-Fi here. Men need to treat the whole body, be drawn into the female psyche and liberate all the prejudices, so as to bring them to the top. Remove any obstacles and let your mantra be “through the body, an orgasm.” Women may not know themselves well enough, but they want us to know them so well. Orgasm is a frighteningly fantastic way of freeing tensions. Dismissal of stress, which is out of our control, confuses the body so much that it starts acting as if possessed. Unfortunately, some people (especially women) remain blind their whole life to the experience of orgasm. Each new enlightened person realizes that now they belong to a beautiful world. Beautify the world one person at a time.

Decrescendo of sexual symphony. It is a *Nirvana*, due to hormonal balance, as well as the essential part of coitus that people pay least attention to. History is full of those who skipped it, or were unable to appreciate the peace of discharging and venting that occurs after the storm. The tension we gather here and there can disappear only by controlling pressure, improving circulation, calming the nerves, relaxing the muscles and breathing deeper. It ends with satisfaction, a smile, beautiful thoughts and the result: world peace! Finally, this story is written not only to depict the scenes of the play in which we all act, but to show how repertoires can differ from one another. More or less, each step is always accomplished; only, we skip some, we forget some in a hurry, and no matter how much we stick to the script, each time it is done differently. And if you add to the existing variables some other number of participants, place, pose, duration, etc., we may conclude that we differ not by a few, but by 360 degrees.

Different, but the same, Dr. Arron U. Isakowych greets you!

THE GREATEST BEAUTY IS THAT, NO MATTER HOW MUCH WE KNOW, LOVE AND FAMILIARIZE WITH OUR BODIES, EXPLORING SOMEBODY ELSE'S IS ALWAYS AN AMAZING ADVENTURE



BONER TIPS

LIVE YOUR LIFE ONE ERECTION AT A TIME

PERHAPS SOMEONE WHO DOESN'T KNOW MEN MAY FIND THIS TOPIC MUNDANE. HUMILIATING EVEN. BUT WE ALL KNOW THAT IT'S NOT LIKE THAT. **OUR FASCINATION WITH GENITALS MATCHES OUR SEXUAL AND BIOLOGICAL PREROGATIVE.** WE DO NOT FUNCTION AS INDIVIDUALS IN THIS SYSTEM, BUT ONLY AS ONE PART OF IT, THEREFORE WE'D BETTER PLAY OUR ROLES RIGHT IF WE THINK THAT OUR EQUIPMENT HAS BEEN GIVEN TO US UNDER NO OBLIGATIONS OR **THAT IT DOESN'T REQUIRE ANY CARE, WE ARE TERRIBLY WRONG.** HAVING IN MIND THAT EVEN TECHNICAL THINGS OF **THE MOST ADVANCED GENERATIONS GET BROKEN,** WHY SHOULD WE, WITH ALL OUR COMPLEXES AND BAD HABITS, BE ANY DIFFERENT?





Written by: Dr. Aaron U. Isakowych

The light-mindedness of youth usually shows in the narrow-mindedness of old age. This rule applies to men's sex life as well. Because of this, one should get used to pleasing one's crotch on time, not only in terms of sexual appetites but also in terms of regular exercise and increasing strength and stamina. However exhausting this may sound, it fortunately isn't, and even if it were, many men would simply disregard it refusing to acknowledge their impotence or bragging about a tiny bit of what their genitals can actually accomplish. **Firstly, we should pay attention to our everyday activities.** Working out, staying in shape and maintaining constant blood circulation result in open and functional blood vessels, which present a prerequisite for a good erection. Having in mind that penis erection depends upon the blood inflow, well passable blood vessels are indispensable. Targeting specific muscle groups is included into the range of exercise. **The studies have shown that abs boost erection.** Besides, Kegel exercises are not exclusively for women. Daily workout under this program improves your performance. The catch is in the fact that no matter how swelled and soaked with blood penis sponges get, the compact machinery of muscles is of

equal importance. The lower abdominal, perineal and inner thigh muscles as well as those around the anus and penis root combine into a unique erectile system that reacts to exercise as any other muscle group would – with more efficient function.

On the other hand, masturbation, even though it should help, only does the reverse, particularly if it is practiced excessively. **Daily masturbation even weakens libido and sexual activity, no matter how relieving it felt.**

COFFEE, CHILLI, HAZELNUTS, PORK, BANANAS, SALMON, HAZELNUTS, ONIONS, RED WINE
FOODS RICH IN ZINC AND SELENIUM

Continual erections and ejaculations on one day lead to the weakening of erection on the next day. This is why one should initiate the modifications. Genital massage is not masturbation and should not be taken as such. However, everyday massage of the penis and the area around it, as well as the testicles,





gives fantastic results mostly by improving the circulation but not by the rush of excessive amount of blood.

A Additionally, it should be mentioned, especially emphasized for younger men, that once the erection starts there is no pausing but you build it up to the climax. Namely, many men, wanting to make the sexual pleasure last longer, take brief pauses that make the penis slightly drop. **This little stunt is pretty dangerous** for, if it continues to happen often, it burdens the sperm canals and blood vessels which can lead to unintended consequences, weak erection at first, but prostate cancer as well. Speaking of that mighty gland, the prostate is quite important too. Maintaining prostate gland in a good condition has equally significant influence on both urinary tract and genitalia. Frequent checkups by your physician, as well as the track of possible painful sensations are ways to prevent complications. Of course, this refers to elderly men, however, **it is a common misconception that problems with prostate occur only with older generations.**

The next point has to do with nutrition. **Coffee, chili, hazelnuts, bananas, salmon, pork, onions, red wine (especially good for the heart and**

blood vessels), foods rich in zinc and selenium - each of these foods has invigorating effects on the body but only if consumed in reasonable amounts, because everything that is overused leads to disorders. Besides this, one should take care of their vitamin intake, primarily of B12 and vitamin E (whole grains, almonds, peanuts, various vegetable oils).

Tobacco and alcohol elimination is highly recommendable, but not insisted upon, because many people are simply not ready to give them up. What should be done is to proceed with counseling and pointing out the negative effects of alcohol and tobacco use. **Circulatory disorders, respiratory function decline, tiring and burdening the organism are just a couple of the mechanisms affected** by these substances that further influence the decrease of erectile efficiency.


These are just a few pieces of advice on how to improve sexual act and raise capital for the old age. Everyone should reexamine themselves and their habits, and if they are fine with what they have, than okay. **If you want to take care of your health and ensure that your old age activities are satisfactory,** and your young age performance is of high quality, then try out some of these advice.



THE CATCH B17

Cancer vs. Humanity
Prevention Is the Key






IN THE MODERN WORLD, EVERYONE FINDS THEIR PLACE. THIS MEANS THAT, **BY SHARPENING OUR SOCIAL SKILLS, UPGRADING OUR KNOWLEDGE AND SHAPING OUR BODIES UP, WE ARE TRYING TO TAKE OUR PLACE IN THE COORDINATE SYSTEM OF MODERN CIVILIZATION.** THROUGHOUT THIS WHOLE JOURNEY OF CHANGING AND GROOMING, WE FORGET THAT WE ARE A TOTALITY, THAT IS, THAT **OUR BODIES MUST FIND THEIR PLACE IN THE “NEW” WORLD.** AS SOON AS WE CAME DOWN FROM A TREE, HUNTED OUR FIRST ANIMAL, DRANK OUR FIRST GLASS OF MILK AND FIGURED OUT WHAT TO DO WITH OUR HANDS (AND AFTER TAKING THEM OFF THE GENITALS), INDOCTRINATED BY CENTURIES-LONG WAYS OF LIFE, **WE HAVE ONCE AGAIN DECIDED TO SHOCK OUR ORGANISMS,** WHICH ARE GETTING EXHAUSTED FINDING NEW WAYS TO COMPENSATE FOR OUR ATTACKS.

B Besides all the harsh ways to torture this refined and almost perfect mechanism, perhaps the cruelest one is overloading it with all kinds of rubbish and expecting of it to be nourished. As if our role was only to bite, feel what it tastes like and swallow what our eyes have already been fed on by looking. On one end there are heaps of sugar, fat and sweeteners, loaded with empty and barren calories, on the other we expect progress in work, good looks to attract hordes of girls (or boys, a matter of preference), intellectual growth and spiritual fulfillment, while our bodies are empty and hungry. Those who offer the fast way of life and constant movement as arguments in favor of this should shut their mouths and be quiet, because crap comes out on the other end of the body. If we do not

have time and consideration for ourselves, no one else will either. In these moments exactly, the moments we do not have, we are losing the battle with the plague of our age. If only there were a small all-healing pill. Well, there isn't, and there will not be one! For cancer is not a flu, headache or diarrhea but a consequence of the disbalance which we create by ourselves and to our own damage, shifting the foundations of our organism to the operation mode of the Leaning Tower of Pisa.

And so, waiting for Godot, or a tiny little pill that solves all our problems, from PMS to epilepsy, we are refusing to even consider the nature and look for a solution there. For contemporary man is smarter than nature. If we can make clones, then we are gods, and gods don't need nature. But if Achilles died only because his ma didn't bathe the whole



of him, and as a half-divine creature his health suffered due to a heel and a spear, what should we say? What we have of divine blood is only what we have spilt to each other.

However, to all of those who would like to live a few decades longer and see whether Americans will elect a female president (which seems pretty far away), here is a piece of advice. It's neither the little magic pill, nor the Answer to the Great Question, but it certainly is a part of and the first step in solving the problem.

THE DIFFERENCE BETWEEN A MEDICATION AND A POISON IS ONLY IN THE DOSAGE

World's leading scientists in the fight against cancer are divided into two groups: the conservatives, with a routine mechanisms of treatment; and the alternatives, with a more imaginative and natural ways of thinking. However, at this point we are presenting you with a big (not the biggest but of sufficient dimensions) stumbling block named Vitamin B17 a.k.a. laetrile or amygdalin (a multiple personality disorder in a drug)! Of course, as I have already said, it is not about a cure for cancer, but about a way of coping and struggling with this foul little beast.

Namely, this is a substance which,

though isolated only recently, is something that different peoples (especially the secluded ones – in China, India, Pakistan, Himalayas, Alaska...) have been using for centuries. Amylgadin, i.e. Vitamin B17, has first been discovered in bitter almond and later it turned out that berries contain the most of this vitamin, primarily wild blackberries, cherries and currant. There is some of it in the seeds of apples, pears, peaches, nectarines, broad beans and cashew. Smaller amounts are contained in mulberries, grapes, quinces, strawberries, raspberries, barley, lentils, red beans and pulses. However, the greatest concentration can be found in apricot seeds. Of course these peoples take it daily, balancing and taking other nutrients and essential substances. They extract nourishing oil from the grape seeds and use it, not just as food, but for external use as well. Besides, they consume vegetables in great amounts, buckwheat, millet, alfalfa seeds, germinated pulses and various other small fruits and vegetables. In short: little saccharide, more vitamins, plant proteins and minerals.





And now, how does it actually work? In order to avoid using miles-long words and biochemical names of its various components, I will say only this – it works like a true little sly bastard against the greatest, slyest son of a bitch. It contains glucose so that voracious undead cancer cells devour it like insane (undead because cancer cells lose their ability to die spontaneously, so their own desire for immortality backfires on them). Having entered it, in contact with tumor cell enzyme, it releases its harmful parts and kills the cell (here it should be noted that what makes amygladin beautiful and cunning is the fact that, without glucose, these harmful parts could damage our cells as well, but glucose plays a role of a true peace maker here, that is, a bait for cancer only).

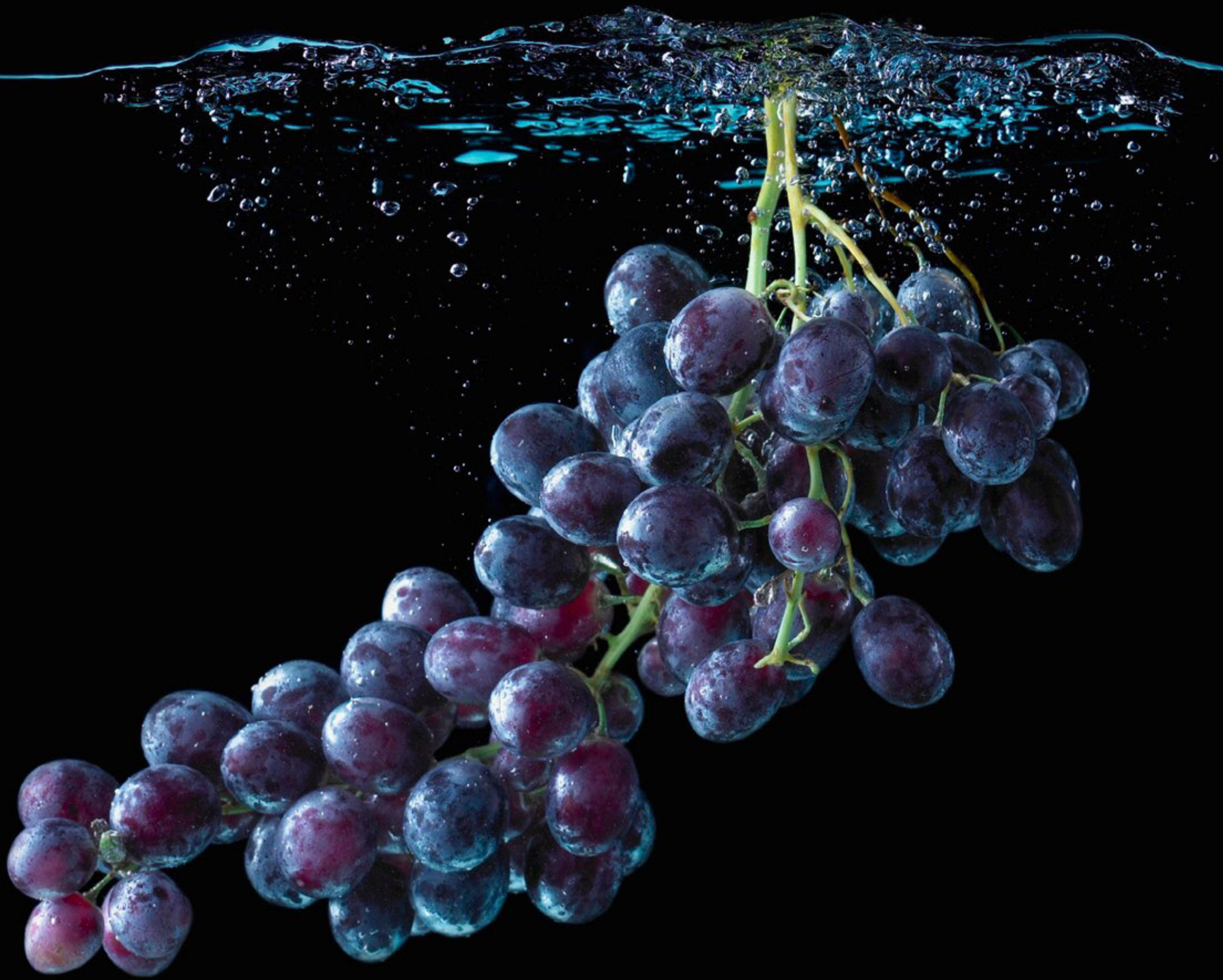
Of course, after your first thought that I'm paid to write this and that I have a pharmaceutical company behind me, think again. Would they really want the cure for cancer to be found? Okay,

they're not such monsters, nevertheless, they are hiding B17, which has proven to be so efficient. In studies on terminally ill patients especially, it was confirmed that it led to improvement.

A All this is not supposed to make you take action and swallow couple of pounds of seeds a day, because, to tell the truth, I do not even want to imagine what a problem the elimination of these would cause. But, to remember this and try it at some point would be fine. By the way, nothing taken in enormous quantities, and in one go, can be good. The difference between a medication and a poison is only in the dosage. You should introduce it into the diet gradually and slowly. You should get informed about the recipes, enrich your diet and combine nutrients, but definitely cut down on flour, sugar, fat and sweeteners. It's simple, create and establish the balance lost not so long ago.

HOWEVER, TO ALL OF THOSE WHO WOULD LIKE TO LIVE A FEW DECADES LONGER AND SEE WHETHER AMERICANS WILL ELECT A FEMALE PRESIDENT (WHICH SEEMS PRETTY FAR AWAY), HERE IS A PIECE OF ADVICE





The prevention mechanisms of Vitamin B17 are equally good as its therapeutic effects. Naturally, people inquire into different things from a variety of sources, but this rarely applies to health. Ask for information, you're doing it for your own good.

The basic principle of the aforementioned conservatives is how to solve the existing problem, whereas of the alternatives is to find out how the problem occurred, how to help and prevent it. Therefore, it's either treatment or prevention. For the first thing, there's never enough money, for the second, there's never enough time. In order to avoid having money as a problem and obstacle, spare some time for the other thing. Everyone has their own medica-

tion, and everyone has sometimes heard that someone, whom he doesn't even know, had used something that helped him. When you think of that, think of vitamin B17 as well, and try it out, so that later, it wouldn't cost you more, because time is the most expensive thing! Greetings from the one who spared a little time for you!

**IT WORKS LIKE A
TRUE LITTLE SLY
BASTARD AGAINST
THE GREATEST,
SLYEST SON OF A
BITCH**

2014 FEBRUARY

BACK ISSUE



THE ULTIMATE GUIDEBOOK
FOR MODERN MEN

DOWNLOAD

Edited by Sasha Trenchtown Jr.

ARENA

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TE SALUTANT

FOOTBALL · BASKETBALL · BOXING · PHOTO SPORTS · TENNIS · ATHLETICS

THE POWER BEHIND FIBERS

Real Muscle Fuel!

THE SUNSET OF NBA

Has Regular Season Lost It?

Peter Besenyei

THE FLY THROUGH CORINTH CANAL



P. BESENYEI

THE SUNSET *of* NBA

Has Regular Season Lost It?

IT IS NOT ALWAYS SO CONVENIENT TO GENERALIZE AND YOU ALWAYS NEED TO SAY 'EXCLUDING THE POSITIVE/NEGATIVE EXCEPTIONS', **BUT IN THIS CASE I HAVE TO SAY THIS, ANYWAY – NBA REGULAR SEASON SUCKS! AND IT HAS SUCKED FOR QUITE A WHILE.**

Written by: Sasha Trenchtown Jr.

F First of all, most teams don't play proper defense, so we often have 220+ points scored in a single game which is still not interesting and attractive. **SECONDLY**, the season is too long and exhausting, so players do not invest much effort before the Play-offs. **THIRDLY**, because of all that, most teams play 'as much as they need' to win a game and do not invest 110% in every performance. On the other hand, there



are some other reasons, such as the fear of injury and losing big contracts, security and disinterest after signing a long-term contract, or simply a bad competition system that needs to be changed. Whatever the reason(s), something needs to be done very quickly so that we may have a relatively interesting league and the best basketball in the world, better than the one played in Europe.

The NBA League has existed for a very long time in a similar format. The rules have been slightly modified, but the competition system remained unchanged. Although David Stern, the former Commissioner, has raised the League to a higher level and provided the financial security, with the arrival of the new Commissioner, something needs to be changed to make the competition, especially the regular season, much more interesting and intense. You don't need to be a basketball expert to see **THAT PLAY-**

ERS DO NOT GIVE 110% ON THE COURT AND THAT MORE THAN 80% OF THE GAMES PLAYED DURING THE REGULAR SEASON ARE BORING AND/OR PREDICTABLE

(note that there are 30 teams and that each team has to play about 80 games during the regular season). That's a lot of uninteresting games! Also, we know that, there are no passionate fans like in Europe, but 90% of the games looks as if there is a theatrical performance in progress in which you are allowed to eat a hot-dog, drink soda and occasionally yell at the actors (or players in this case). The missing passion should be first transferred from the court to the fans in order to be returned to the court as the necessary fuel for winning the game and giving maximum performance. There are several possible reasons for this situation, so we will name some of them.

NBA ALL-STAR GAME is a synonym for a game where players **DON'T PLAY DEFENSE** and tend to be as attractive as possible, so they let each other score in almost every offence after rather quick possession (at most 15 seconds out of maximum 24). For this reason, a very large number of points is scored, usually 260+ points (in some cases, even 300+ points, like this year's record-breaking game with 381 points scored by both teams). During the regular season, very often do we have **220 +/- POINT GAMES**, which is almost All-Star like – there is **NO DEFENSE**. The only difference is that these games are not as attractive and fun. A possible solution would be to permit the use of all types of zone defense and maybe lower the number of games played during the regular season, and that brings us to our second point.

The regular season is too long and exhausting, almost on the verge of pointless, so players do not invest much effort before the Playoffs. In all segments, recently even in All Star competitions, there is a division into the East(ern) and West(ern) Conference, which are further divided into Divisions. A possible **SOLUTION?** Well, **DIVIDE THEM!**

THE REGULAR SEASON IS TOO LONG AND EXHAUSTING, ALMOST ON THE VERGE OF POINTLESS, SO PLAYERS DO NOT INVEST MUCH EFFORT BEFORE THE PLAYOFFS

If they can play the Playoffs separately (they cannot meet before the Finals) and if you have the Conference finals and titles, maybe the Conferences should also play the regular season separately, and then each Division should give the top-four teams for the Playoffs. Then, they can either play with each other before the semi-finals or the Finals, or, even better, they could be mixed with the Western Conference Divisions, so the best teams would play in the Finals. It is often the case that one Conference has **MUCH STRONGER TEAMS** than the other, so the Conference Finals are often better than the League Finals, and this format would prevent this outcome. Moreover, if you would like to keep the current format, since all 30 teams play at least two (usu-



ally 3 or 4) games with each other, then you should rank them on the level of the entire league, regardless of the Conference, and top 16 teams would enter the Playoffs and the first teams would play against the last, and so on. In this case, you may have a great final between two teams from the same Conference, but these two teams would definitely be the best ones at that moment and during that season. This way, every win would count and the home advantage would be something worth fighting for. These several proposed systems could help in creating rivalries between teams and fans so they might cheer much harder during each game.

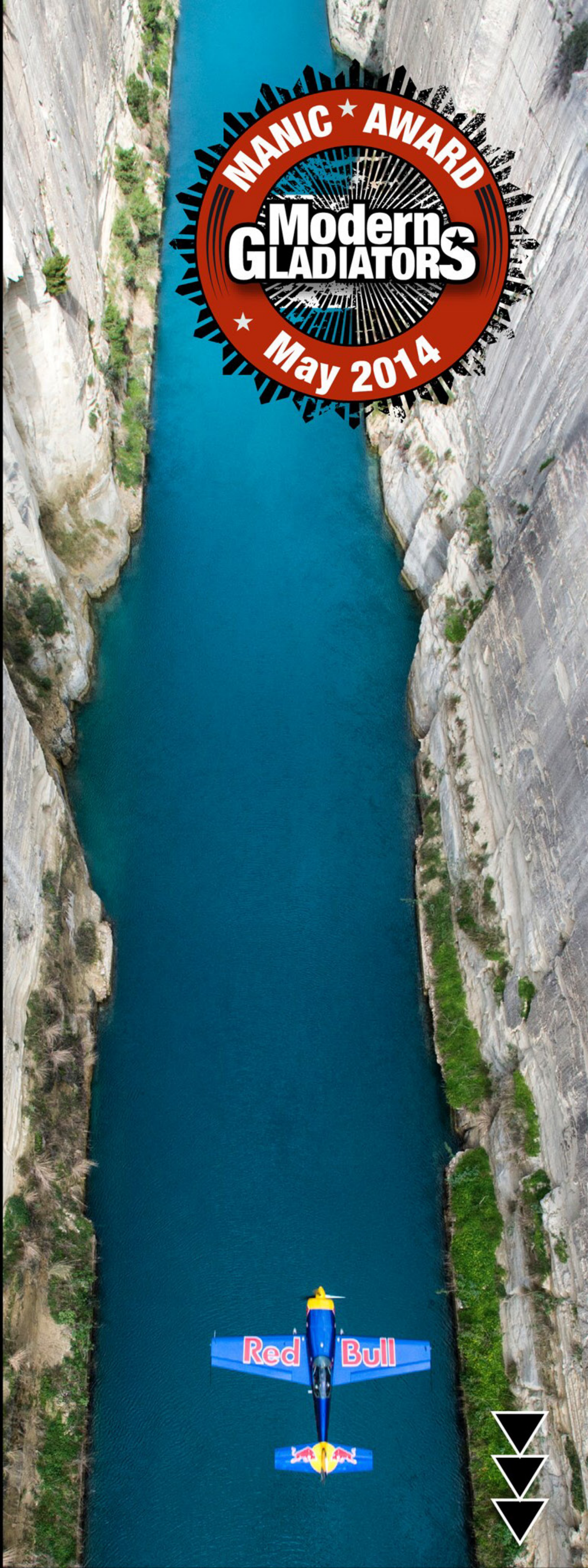
B Because of all abovementioned, especially because of the competition format, most teams don't give their best to win every game, dozing their energy for more important games in the season end and Playoffs. On the other hand, **MONEY** plays an enormous role. There are even players

who become disinterested in the game after signing a long-term contract or big sponsor, and, consequently, many players are saving their best for a few most important games in (usually) 100+/-game season. In these cases, fans could be very helpful and give the players extra energy and motive to forget their contracts and leave their heart on the court, since this game is all about the fans and they should not feel disappointed.

We have listed some of potential reasons why the NBA regular season has become not so interesting and exciting. Something needs to be quickly **CHANGED**, because most games look like theatri-

MANY PLAYERS ARE SAVING THEIR BEST FOR A FEW MOST IMPORTANT GAMES IN (USUALLY) 100 +/- GAME SEASON

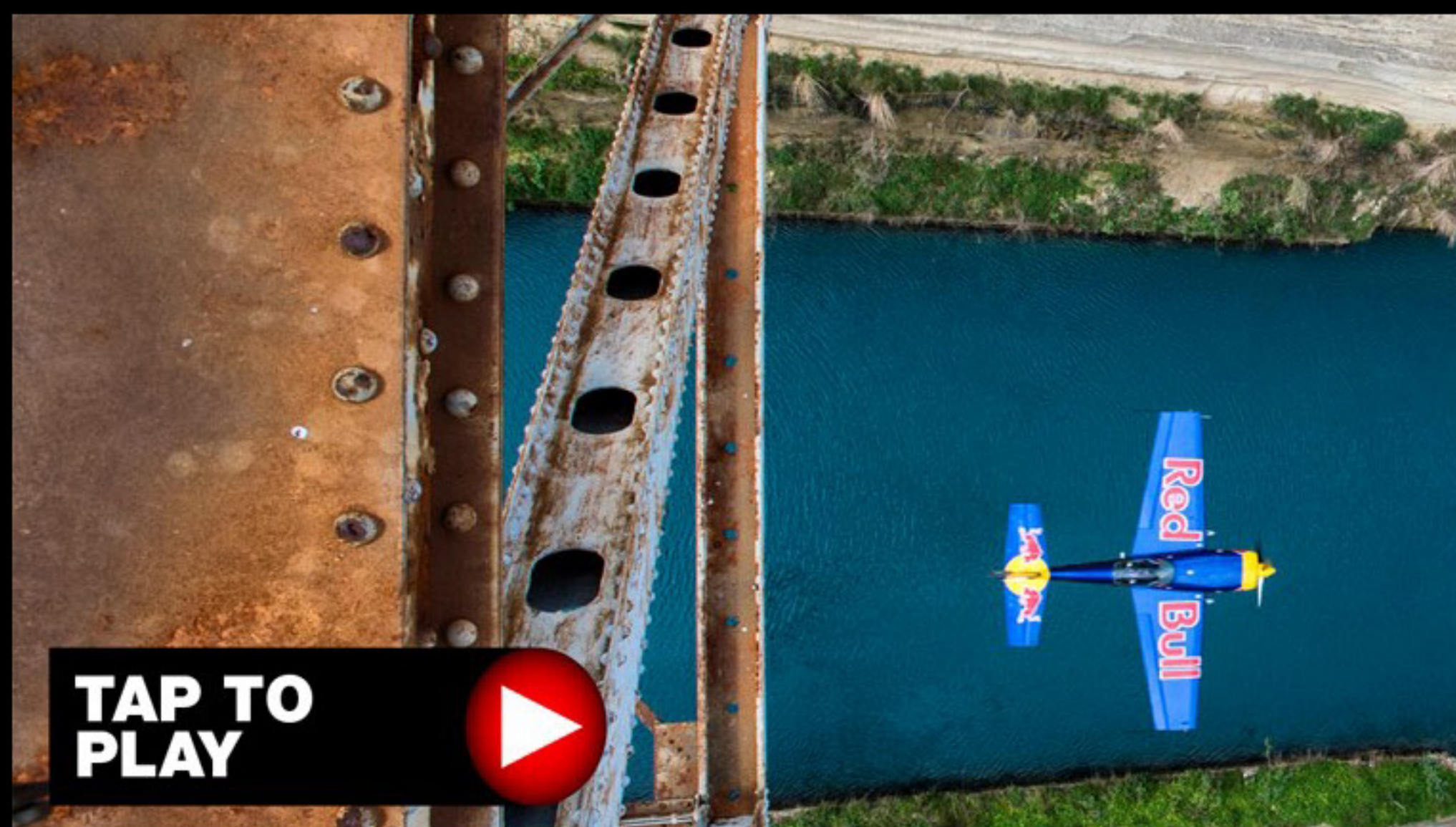
cal performances rather than the best basketball show on the planet. Mostly due to different competition formats and much involved fans, the Euroleague and national leagues in Europe have much interesting and more exciting games all season long. Their quarters may be a bit **SHORTER**, but players leave their heart on the court in every game, they play to the max and every ball counts, so rarely do they score over 150 points in one game due to very engaged defense and their desire to win every game. Will this strong desire be present in every game in the NBA any time soon? We will see, but we certainly hope so, for the good of basketball and fans all around the world.



The Fly through Corinth Canal

Peter Besenyei

PETER BESENYEI COMPLETED AN AMAZING FLIGHT THROUGH THE FAMOUS CORINTH CANAL IN GREECE. THE HUNGARIAN PILOT CROSSED THE BASE OF THE 6.4KM-LONG AND 21.4M-WIDE LANDMARK WHILE PERFORMING IMPRESSIVE AERIAL MANOEUVERS AND BREATHTAKING TRICKS.



Peter Besenyei, one of the most talented pilots in the world and a legend of the skies today crossed the Corinth Canal in his plane. The aircraft, an Extra 300S D-EFBY that weighs in at approximately 608kg and has 300+ horsepower, has a wingspan of 8m – not much less than the 21.4m that the Corinth Canal measures at its narrowest point. Opened in 1893, the historic waterway connects the Gulf of Corinth with the Saronic Gulf in the Aegean Sea.

After crossing the canal for the first time in an aligned flight, the pilot raised the degree of difficulty by performing a series of risky tricks during his second pass. The Hungarian then continued with a flight under the old bridge of Corinthos, followed by a vertical climb and a steep descent into the canal. Besenyei completed his programme performing two impressive loops around the bridge.

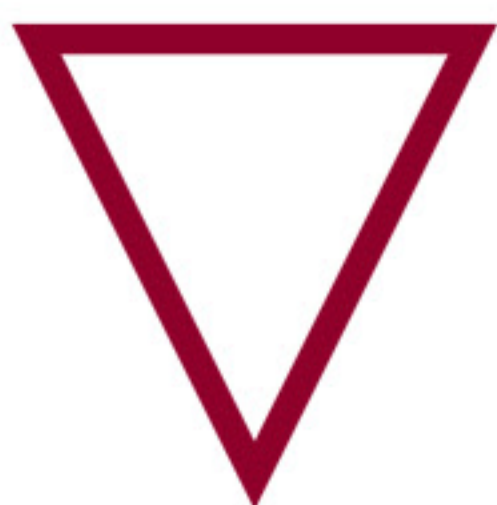
Besenyei was crowned champion in the first season of the Red Bull Air Race and has remained one of the competition's leading pilots ever since. The 57-year-old started his career as a test pilot for the Hungarian Aviation Office and as an aerobatics flying instructor. Today he is one of the most popular sportsmen in his native Hungary thanks to his unrivalled flying success. Besenyei attracted international attention several years ago with a spectacular upside-down flight under the Chain Bridge that spans the Danube river in Budapest.



BIG
PACKS,

SMALL
PACKERS


Or the Reign of **STERIODS**





Written by: Dr. Aaron U. Isakowych

Hormone therapy is nothing new. The use of steroids for the purpose of improving and tweaking the body is a kind of a therapy. It is the way to treat complexes. Active exercising, regular intake of healthy and essential calories, and testing the very limits of body's endurance and ability are good, even desirable. However, using anabolic steroids, like jumping off a cliff, is fantastic at first; but the more time passes, the inevitable collision with the ground becomes more certain. Steroids retrograde from therapeutic use into pathological abuse.





Juice, Roids, Gym Candy, Arnolds, Pumpers, Stackers... Each of these names has been designed to emphasize and put to the fore the short-term and unsustainable effect of anabolic steroids. The very fact that steroids gained their everyday and colloquial place, only confirms how much they are abused. In various studies conducted in the last decade, it was discovered that **the majority of steroid users, surprisingly, are not professional athletes or people whose jobs depend on their appearance and physical fitness.** These are actually quite ordinary people, most often teenagers, who simply want to improve their appearance and build some muscle mass. They do all this in order to answer the tough demands of a perfect and ideal body image imposed by society. This image requires that cells undergo additional, excessive stimulation of exogenous steroid cocktails, alongside the amount of already endogenously synthesized steroid substances.

On the other hand, in addition to looking good as something we all wish for, there is this one aspect of abusing steroids in competitive sports. Again, this mostly refers to younger people who just want to reach the peak as soon as possible, disregarding the consequences that steroids create. "I wanted to be the

strongest, fastest, and most powerful swimmer in the state," a simple and understandable explanation.

Steroids have a phenomenal, short-term effects. They act directly onto the cell. They pass the cell membrane, binding the receptors on the membrane and in the cytoplasm; they are also found in the nucleus. Creating those receptor-steroid complexes, they enhance the cell metabolism for all biochemical products. The fact that they lead a cell to its full potential and into climax, means that they just speed up the metabolism of the whole organism, which occurs in a very short period. Muscles grow faster, become stronger. Momentum, kick, run, and all other activities are accelerated and more efficient. In general, there is an entire repertoire of positive effects. For a while.

What follows is much worse, and much

**THE MAJORITY OF
STEROID USERS,
SURPRISINGLY,
ARE NOT
PROFESSIONAL
ATHLETES**

more likely to occur, given that the use of steroids continues. Fast and seemingly good results make users consume them longer, thus creating dependency. Acne; jaundice (yellowing of the skin);

GLOSSARY OF TERMS

Blending - Mixing different types of steroids

Bulking up - Increasing muscle mass

Cycling - Taking multiple doses of steroids over a specified period of time, stopping for a time and starting again

Doping - Using drugs and other

nonfood substances to improve athletic performance

Ergogenic drugs - Performance-enhancing substances

Roid rages - Uncontrolled outbursts of anger, frustration, or combativeness from using steroids

Stacking - Using a combination of anabolic steroids, often in combination with other drugs

trembling and swelling of feet or ankles; bad breath; reduction of HDL (the “good” cholesterol); high blood pressure; aching joints; increased chances of injury to tendons, ligaments, and muscles; threat of AIDS from using unsterilized needles; cancer; heart/liver/kidney failure; depression and emotional illness (euphoria, hypomania, delusions, paranoia, rage, sexual abuse, suicides during withdrawal); cardiovascular diseases (cardiomyopathy, strokes)... All of these are real consequences that come from using chemical supplements.

No matter if the steroids are good or bad, in any case and at least for men, they are distant and unattainable. Men find the thing about the genitals the scariest.

As a completely paradoxical and ironic side to taking steroids in order to bust self-confidence and improve appearance, there is this - they deprive a major asset for procreation. Shrinking testicles,

reduced sperm count, impotence, baldness, difficulty or pain while urinating, development of breasts, enlarged prostate... These are the consequences that appear upon excessive steroid stimulation and body overworking. Lately, there appears to be a treatment for enlarging the penis by injecting steroids (which is one of the secret methods of porn actors), but the only benefit is probably the duration of that porn movie coitus and, perhaps, a better script.

Purchasing steroids is also a risk factor. Black market, suspicious internet ads, dealers, or simply stolen goods, you cannot be sure of what you are buying. Combination of all the factors leads to a wide range of negative consequences. Poor quality, low price and big promises make people greedy and then, later on, repent. Steroids are like Asteroids. Cool for observing. What they can do is great, but it can be f-ing dangerous.

Steroid abuse has no cure and the only way to fight is prevention. If you choose to use them, I can only wish you good luck.

PORTRAIT OF A FIGHTER



Cain Velasquez

UFC HEAVYWEIGHT CHAMPION

Cain Velasquez, son of an illegal Mexican immigrant, is living the American dream – from rags to riches. He has managed to finish schooling and become the heavy-weight champion in the Ultimate Fighting Championship (UFC) as a legal American citizen. His impressive record, with only one loss, and the fact that he managed to reclaim the title, put him hand in hand with the greatest UFC fighters.

Cain Velasquez is the first Latin in any major combat sport history to win the world heavyweight title and the first one who managed to reclaim it. He had a great high school wrestling career

Ronda Rousey

THINK YOU CAN HANDLE BEING IN A CAGE WITH HER? THINK AGAIN!

She is probably the best and one of the hottest UFC fighters, Olympic medalist and the current UFC champion in various categories – Ronda Rousey. She is very attractive and may look very delicate when wearing a dress, but don't get this delicate look fool you – she is a beast in the cage-like ring, beating the crap of all of her opponents and she always uses her signature 'arm-barring' move. Most importantly, she is blonde, looks amazing outside the ring and she is not frightening at all in pictures, so you are safe to take a look!



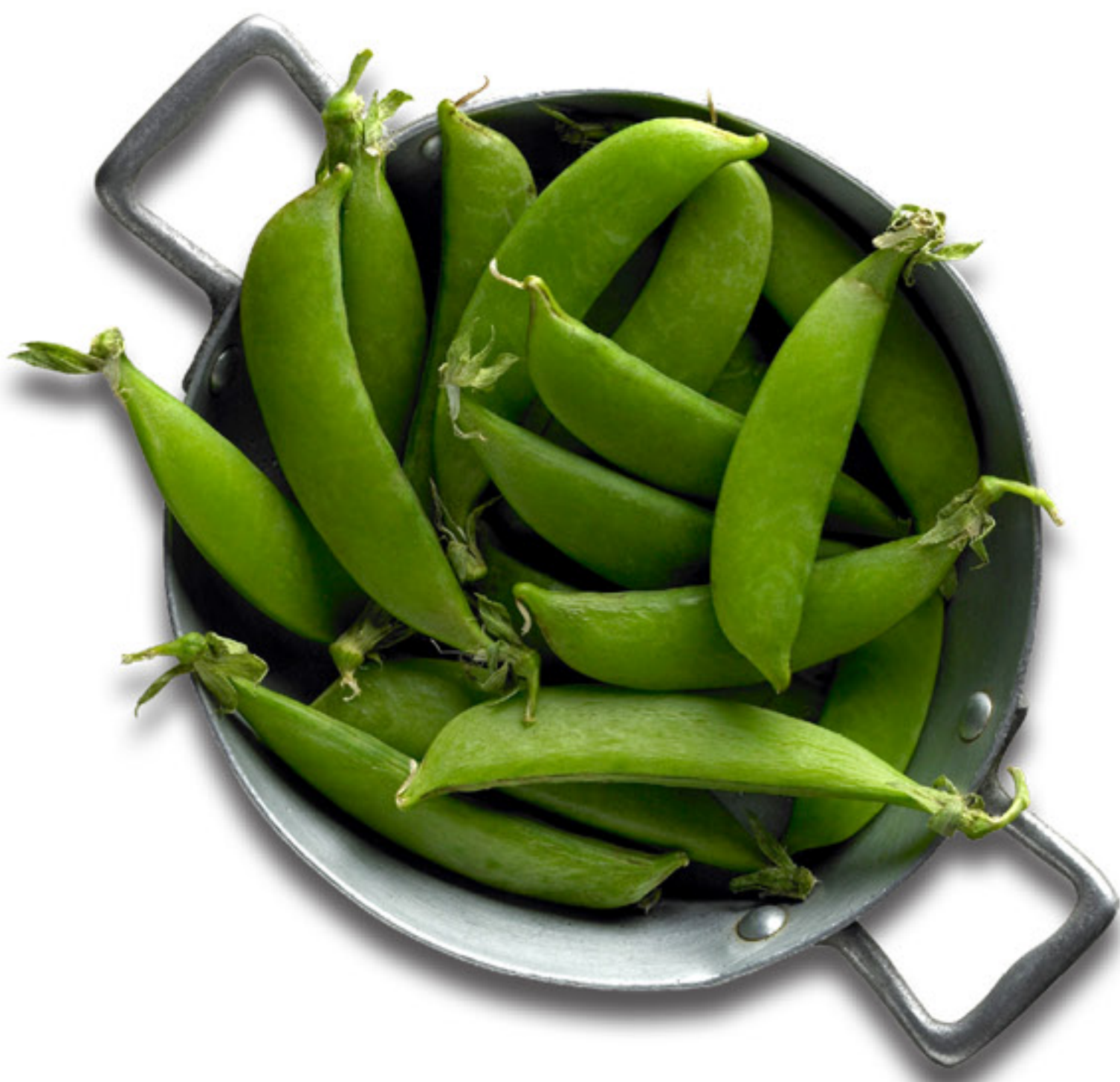
SWIPE
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SWIPE
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FIBERS

MOST OF US ARE NOT AWARE OF OUR FIBER INTAKE. IT IS ESTIMATED THAT MOST PEOPLE DO NOT TAKE NEARLY AS MUCH AS THE GUIDELINE DAILY AMOUNTS SUGGEST, I.E. 18 GRAMS OF FIBER PER DAY. THIS IS NOT A SURPRISING FACT CONSIDERING THAT FIBERS CAN MOSTLY BE FOUND IN FRUITS, VEGETABLES, NUTS AND WHOLE GRAIN WHICH ARE, TO BE HONEST, RARELY FOUND ON A TYPICAL MAN'S PLATE





WHY ARE THESE FIBERS SO HEALTHY?

A fiber-rich diet will **REDUCE CHOLESTEROL LEVELS**, improve digestion and prevent constipation. According to some nutrition specialists, fibers can help you **EAT LESS AND LOSE WEIGHT**. Doubling the intake, from 15 to 30 grams daily, reduces the intake of calories into your organism. Eating more fibers will make you feel less hungry, and will help food go through your intestines more quickly.

RESEARCH RESULTS SHOW THAT THIS TYPE OF FOOD IS BENEFICIAL FOR DIFFERENT MEDICAL CONDITIONS:

- Fibers can reduce and regulate blood glucose levels
- Diet full of fibers can positively influence your body mass index
- It can reduce the risk of colon cancer
- It decreases the risk of type II diabetes
- Bigger whole grains intake is often connected to slower cholesterol pile-up
- With people who do not have any heart problems, viscous fibers (such as pectin, the dissolvable type of fibers found in apples) protect against atherosclerosis
- The fibers found in oats can protect your heart and reduce bad cholesterol levels without reducing the levels of good cholesterol

There are **two main types of fibers**, and although they both have beneficial properties to your health, there is a difference between **soluble** and **insoluble** fibers.

SOLUBLE FIBERS

Soluble or viscous fibers are softer and **CAN DISSOLVE IN WATER**. During the process of digestion, they prevent the absorption of cholesterol in the intestines. This particular type **HELPS REDUCE THE LEVEL OF BLOOD SUGAR AFTER EACH MEAL**, which is especially useful for people with diabetes. Soluble fibers can be found in oat, fruits (apples, mangos, kiwis, plums, pears, blackberries, strawberries, raspberries, peaches, dry apricots, prunes and figs) and some vegetables (peas, potatoes, broccoli and carrots).

INSOLUBLE FIBERS

As the words say, these fibers **DO NOT DISSOLVE IN WATER**. They help regular gastric emptying and can reduce the risk of colon cancer, hemorrhoids, varicose veins and obesity. Insoluble fibers can be found in whole grains, brown rice, seeds and vegetables (carrots, cucumber, zucchini, celery and tomatoes).

FIBERS AND EXERCISE

When it comes to exercising, fibers will **ALLOW** your body to **ABSORB MORE** of the **NUTRIENTS** which are important for muscle growth. However, they should be **AVOIDED AFTER WORKOUT** because they will cause you to slowly absorb the nutrients which is opposite of what you want and need. After the post-workout meal your insulin levels can absorb nutrients very quickly, so there is no need for fibers to slow this process down.

The key to increasing fiber intake is to do it gradually in order to avoid stomach problems, and to drink a lit of water to avoid constipation. If you wonder when the right time to take fibers is, the suggestion is – **5 TO 7 GRAMS** of fiber in each of your three meals and, in between, two snacks with **3 TO 5 GRAMS** of fiber each.

DRIED FRUITS

TAP ON PICTURE
FOR MORE INFO

VEGETABLES

ALMONDS

**SO THE NEXT
TIME YOU PLAN
YOUR FIBER-RICH
MEAL TAKE THIS
SHOPPING LIST
WITH YOU:**

FRUIT

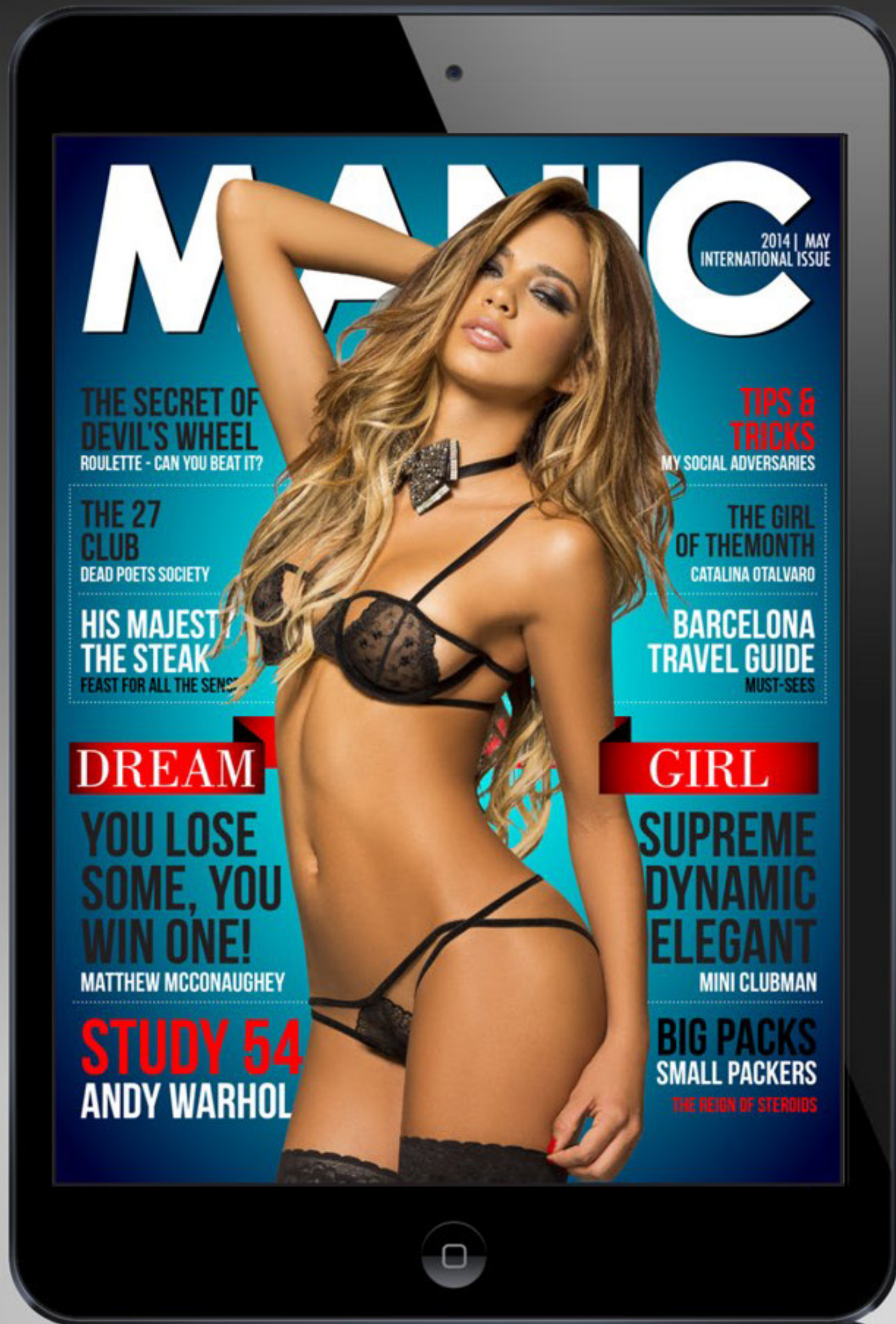
BEANS

WHOLE GRAIN CEREAL



MANIC

ON SOCIAL NETWORKS



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**THE ULTIMATE GUIDEBOOK
FOR MODERN MEN**



**TAP TO
OPEN**

NEW CARS · AMAZING GADGETS · INCREDIBLE MACHINES · STUNNING DESIGN · GAME REVIEWS

PERPETUUM MOBILE

**SPORT, SPEED,
STYLE!**

Aston Martin V8 Vintage

**MERCEDES-BENZ
S-CLASS COUPE**

State-of-the Art

HENDY TRAVEL

URB-E Electric Bicycle

LOTUS C-01
Tron-Style Superbike



**TAP TO
CLOSE**

MINI CLUBMAN

SUPREME DYNAMIC ELEGANT

SPORT SPEED STYLE

PHOTO BY: ASTON MARTIN MEDIA



TAP TO READ
MORE

Aston Martin

V8 Vantage N430

PURE, UNADULTERATED FUN IS WHAT LIES AT THE HEART OF THE NEW V8 VANTAGE N430. HONED ON THE TRACK TO EXCEL ON THE ROAD, N430 – AVAILABLE IN COUPE OR ROADSTER FORM – BOASTS A POWER HIKE TO 436 PS AT 7,300 RPM THAT BRINGS ITS OUTPUT UP TO THAT OF THE SPIRITED V8 VANTAGE S



SPOON SPEED STYLISH



TAP TO CLOSE

Priced from £89,995 RRP, first deliveries of the new N430 are expected to begin in September this year.



The new V8 Vantage N430 is capable of 190 mph, with a 0-60 mph time that drops to 4.6 seconds. That power feeds the rear wheels through a sporty six-speed manual gearbox; with the option of a close-ratio seven-speed Sportshift II automated manual transmission with short final-drive ratio for those demanding the most driver-focused yet involving set-up. N430's front mid-mounted, 4.7-litre, all-alloy, quad overhead cam, dry-sumped V8 engine is complemented by a rousing sports exhaust, aerodynamics honed through numerous wins in GT racing and a competition-derived braking system. The compact proportions and inherent balance of the Vantage design are supported by a carefully calibrated sports suspension tune and quick-ratio steering rack that rewards the true enthusiast driver on road, and on track.

Styled to evoke thoughts of the track, N430 celebrates Aston Martin's sporting heritage and motorsport success.

Countless hours testing at circuits around the globe, including the Nürburgring's Nordschleife which is home to a dedicated Aston Martin Test Centre, have delivered a machine truly worthy to join Aston Martin's family of 'N' cars. A purposeful package of dark-themed exterior details – graphite painted forged alloy wheels alongside black

front grille, headlamp bezels, exterior meshes, side window surrounds and textured tailpipe finishers and clear rear lamps with black surrounds convey the appropriate air of menace and excitement.

This neatly offsets the eye-catching liveries with optional club sports graphics packs – inspired in part by the exceptional CC100 Speedster concept and nodding to Aston Martin's most famous motor-sport triumph, the DBR1 – that leave no doubt to the car's identity or character.

Inside, as out, N430's sporting associations are unmistakable with new interior features and materials such as machined carbon sill plaques, N430 seat logos, black magnesium paddle-shifts or carbon



fibre gearshift surround; contemporary driver instrument panel; black anodised rotaries; leather steering wheel with contrasting on-centre stitch feature (or Alcantara with matching stitch); seat and door inserts in technical Plissé Alcantara – indented leather on Roadster models – and unique seat trim patterns. Additional complementary features from the Vantage range as standard include a carbon fibre fascia trim, Piano Black interior trim, black anodised tread plates and black pedals.

Finally, new and special features underpin the fun and sporting personality of N430 and demonstrate Aston Martin's ability to create products which sit apart from the mainstream. Optional feature available to N430 customers include a state-of-the-art 1000W Bang & Olufsen BeoSound audio system with ICEpower technology. It features distinctive speaker grille and lens detailing to enhance its visual as well as audio appeal.

Engine

- All-alloy, quad overhead camshaft, 32-valve 4735 cc V8
- Front mid-mounted engine, rear-wheel drive
- Fully catalysed stainless steel Sports exhaust system with active bypass valves
- Compression ratio 11.3:1
- Max power: 321 kW (436 PS/430 bhp) at 7300 rpm
- Max torque: 490 Nm (361 lb ft) at 5000 rpm
- Acceleration: 0-100 km/h (0-62 mph) in 4.8 seconds
- Max speed: 305 km/h (190 mph)



State-of-the Art

MERCEDES-BENZ S-CLASS COUPÉ



**SWAROVSKI
CRYSTALS
PRODUCE A
UNIQUELY
STRIKING
APPEARANCE**

STYLISTICALLY self-assured presence, exclusive appointments and refined sportiness – the new S-Class Coupé from Mercedes-Benz combines the classic proportions of a large, sporty coupé with modern **LUXURY** and **STATE-OF-THE ART** technology. As a world première, the breathtaking two-door coupé can be optionally equipped with the **MAGIC BODY CONTROL** suspension system with curve tilting function. Additional technical highlights are the head-up display and the touch pad feature. Optionally available expressive headlamps, each featuring 47 Swarovski crystals, produce a uniquely striking appearance.



Golfers Dream

THE GARIA 2+2 ROADSTER



**THE STANDARD
MODEL HAS
A TOP SPEED OF
25 MPH**



A NEW FOUR-MAN golf buggy is more than par for the course because it is street legal and can score off the fairway. The luxury Danish-made Garia 2+2 Roadster is based on the EU street legal Garia Monaco . It features custom pearl paint and special brown leather seats. To complete the look, GENUINE CARBON FIBER PARTS are added throughout the vehicle including sill-cover, mirrors, instrument cluster, dashboard panel and bonnet vents. The unique combination of being allowed on a golf course while being STREET LEGAL, able to carry four passengers and low enough to fit on a yacht makes the Garia Roadster 2+2 a perfect leisure vehicle for local transportation.

Ultra High Mileage Vehicle

THE ELIO



This vehicle is **PERFECT** for individual commuters looking for an inexpensive and fuel efficient mode of transportation, but who also yearn for a unique expression of their passion for driving. The Elio is going to be produced with standard features such as power windows, power door lock, tempered glass, three airbags, and an AM/FM radio. It will feature **AN EIGHT GALLON TANK**, which enables

**670 MILES
WITHOUT
FILLING UP**



drivers to travel more than 670 miles without filling up. The car, which is slated for production in 2015, will cost **\$6,800**, will achieve 84 miles per gallon fuel efficiency and is engineered to achieve a 5-star crash test safety rating. Reservations can be made at Eliomotors.com and range **FROM \$100 TO \$1,000**.



Tron-Style Superbike

LOTUS C-01



THE C-01 looks a lot like the Light cycle from the SCI-FI FILM TRON. In fact, the designer of the Tron bike was designer on the project. And it will be available in the BLACK AND GOLD LIVERY reminiscent of Lotus famous John Player Special Grand Prix cars from the Seventies. The C-01 motorcycle is not designed, engineered or produced by GROUP LOTUS but is

the result of a collaboration between the motorsport veteran company under the leadership of German company KODE-WA, lead by DR COLIN KOLLES. The development on the C-01 was carried out with the support of German performance and tuning firm the Holzer Group along with DESIGN GURU DANIEL SIMON.

ENGINE

THE C-01 HAS A 200 HP V-TWIN engine with a distinctive body made of carbon fibre, TITANIUM and aerospace quality STEEL. SIMON also worked with Disney to design the TRON LIGHT cycle in the hit film. He was a designer for BUGATTI Automobiles and also worked on recent Tom Cruise sci-fi movie OBLIVION.



Hendy Travel

URB-E ELECTRIC BICYCLE



tap to read
more



A US BUILT URB-E IS AVAILABLE ONLINE
FOR \$1,599 USD WHILE A CHINESE-BUILT
MACHINE WILL COST \$700 USD

JUST SIT & DRIVE

Hendy Travel

URB-E ELECTRIC BICYCLE



URB-E is a fold-up electric bicycle light enough for commuters to carry around. The idea, behind this project was to give people who use public transport [TO TRAVEL TO WORK](#), an eco-friendly way to get from a train station or bus stop to their final destination. The URB-E was designed to be practical, [CHEAP TO RUN](#) and also small enough to fold away and be kept near a desk or workstation eliminating the risk of theft faced by bikes left chained in the open. It weighs in at 27lbs (13kg) with the lithium battery aboard. The battery takes [THREE HOURS TO CHARGE](#) and has a 20 mile (32km) range with a top speed of 15 mph (24 kpm). When folded it measures just 16 inches x 16 inches x 36 inches (40 cms x 40 cms x 91cms). A US built URB_E is [AVAILABLE ONLINE](#) for [\\$1,599 USD](#) while a [CHINESE-BUILT](#) machine will cost [\\$700 USD](#). Prices will be higher when it hits the open market later in the year.



MINI CLUBMAN

Supreme Dynamic Elegant



PHOTO BY: BMW AG, MÜNCHEN, DEUTSCHLAND

THIS CONCEPT SHOWS HOW **THE MINI CLUBMAN** COULD BE TAKEN A STEP FURTHER: MORE INTERIOR SPACE, A GREATER SENSE OF **HIGH-END QUALITY** AND YET STILL CLEVER, **BOLD AND DISTINCTIVE**. 26 CENTIMETRES LONGER AND JUST UNDER 17 CENTIMETRES WIDER THAN THE CURRENT VERSION, THE MCC APPLIES THIS ASPIRATION TO **A NEW CLASS OF AUTOMOBILE**





The Front

TYPICAL MINI IN EVERY DETAIL

S Seen from the front, the circular headlamps, hexagonal radiator grille and roof with add-on look clearly identify the Mini Clubman Concept as belonging to the Mini family. The radiator grille is strikingly elaborated and incorporates the bumper in the front section. The bumper is finished in Black Chrome, adding a touch of exclusive style to this functional element.

THE CENTER INSTRUMENT WITH NEWLY CONCEIVED USER INTERFACE CREATES AN EVENT-CONTROLLED INTERACTION SPACE WITH TOUCH OPERATION

In the lower area of the front-end design there is a continuous air inlet which highlights the breadth of the MCC, thereby emphasising its solid standing on the road. Meanwhile a finely wrought chrome rib appears to hover inside the air inlet, giving this sporty detail a touch of exclusive appeal. In the outer section of the front apron there are so-called AirCurtains - an aerodynamic feature that gives the wheel arches an aerodynamically optimised closure.



The Rear

SPLIT DOORS FOR INCREASED LOADING CONVENIENCE

The MCC is broad and athletic in the rear view. The familiar Mini cascading - a staggering of multiple layers - gives the automobile a very solid standing and a muscular wheel orientation when seen from the rear. The most striking rear elements are the characteristic split doors. The typical continuous door frame is no longer made of sheet metal. The door graphic itself provides the frame surrounding the entire rear section like a discreet bracket. As in the front section, the aerodynamically optimised bumper finishes off the rear to the road.

CLASSIC MINI DESIGN FEATURES SUCH AS THE HEXAGONAL RADIATOR GRILLE, SIDE SCUTTLES, THE BLACK BAND, SHORT OVERHANGS AND ELLIPTICAL FRONT AND REAR HEADLIGHTS ENSURE HIGH RECOGNITION VALUE FROM EVERY ANGLE





The Interior Design

EXCLUSIVITY AND FUNCTION
INTERPRETED IN CONTEMPORARY STYLE

A Along with the exterior, the interior of the MINI Clubman Concept has also grown to larger dimensions. With four doors and five fully-fledged seats, the MINI Clubman Concept offers plenty of space for the pursuit of an active lifestyle. The unusual materials are especially worthy of mention: nubuck leather in a light Sky Blue, patent leather in rich Berry Red and black soft nappa leather ensure an exclusive interior atmosphere which is highly expressive. In between, elements in patinised silver add high-end accentuations. The patina gives them the character of familiar, fondly used items.

**FOUR DOORS AND
FIVE SEATS OFFER
PLENTY OF UTILITY
SPACE, THEREBY
SUPPORTING AN
ACTIVE LIFESTYLE**





The Instrument Panel

HIGH-END SOPHISTICATION AND PRESENCE

W With a surround in blue lined ash grain and a white porcelain finish, the black upper section of the instrument panel has a hovering appearance. Indirect rear lighting of the gap reinforces this impression and gives the area in front of the driver and front passenger an extremely high-end ambience. Between the air vents there is an area in Black Chrome which can be back-lit if required that provides additional information for the driver and front passenger.



Intelligent Controls

FUTURE IN THE CLASSIC

The display area in the centre console adapts according to the content selected or the situation on the road. Three “intelligent” toggles are assigned the relevant content according to selected content or driving functions. Above and beyond this, the three toggles can also be freely programmed and assigned particular functions according preference. The haptic quality of the toggles means that the various functions can be operated during travel without looking. Here the MINI Clubman Concept has taken classic operating elements that have been a part of MINI for 55 years and consistently advanced them.

AN ELABORATE COLOUR AND MATERIAL CONCEPT IN THE INTERIOR WITH EXCLUSIVE MATERIALS AND UNEXPECTED DETAILS



DEAD POETS SOCIETY - CLUB 27 | MARIE CURIE - THE LADY WHO ILLUMINATED THE WORLD | JIMMY HOFFA

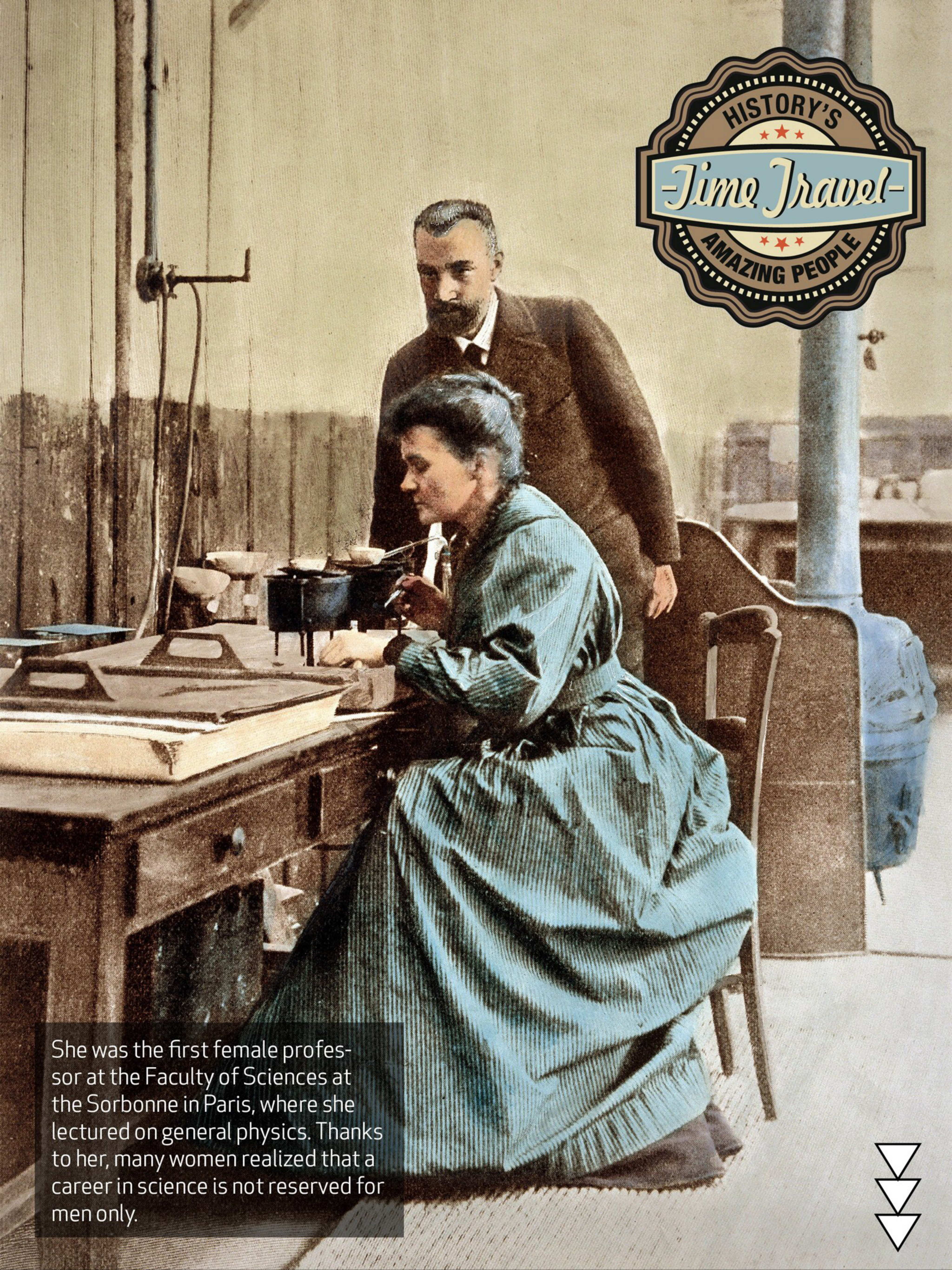
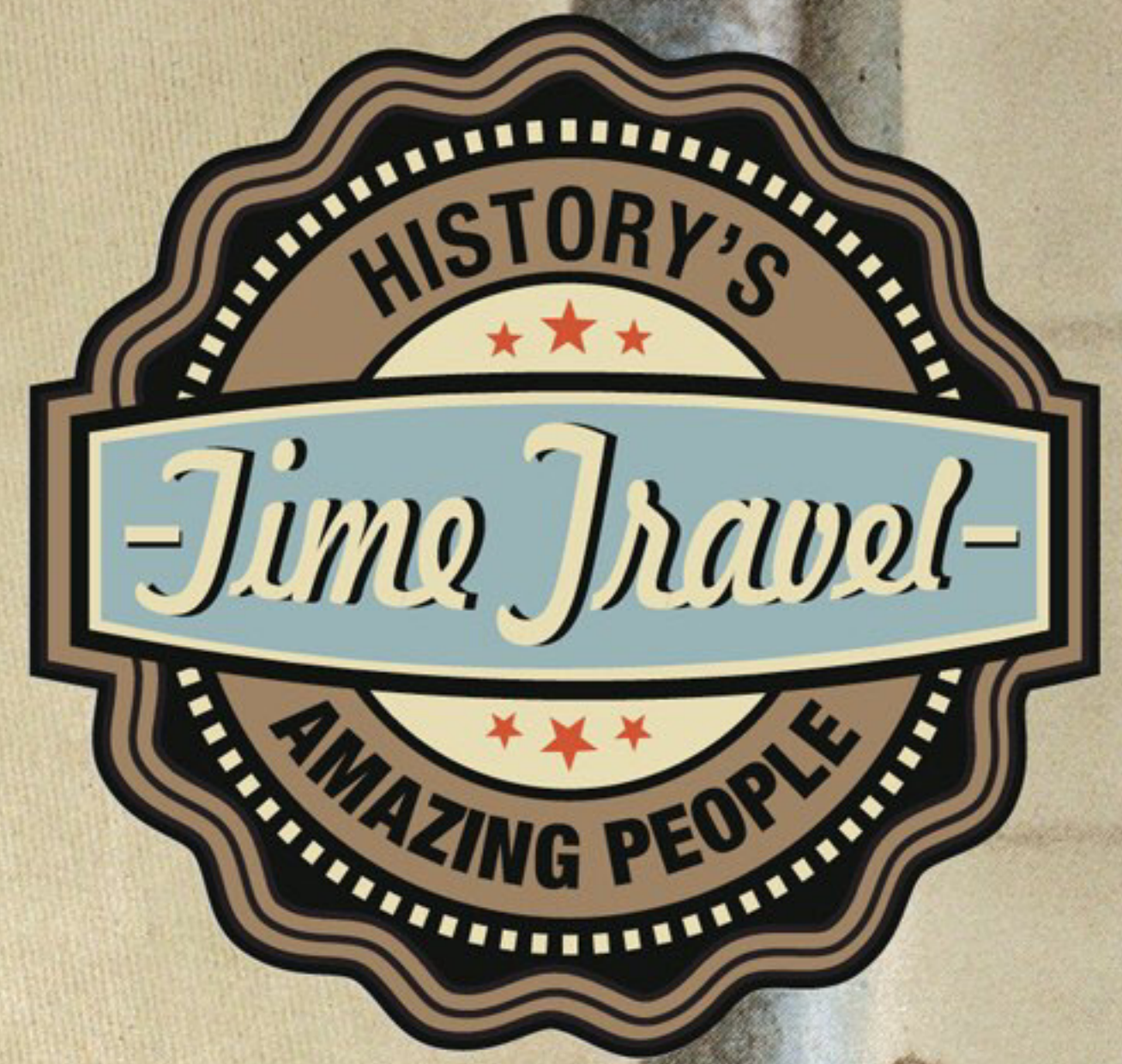
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ANDY WARHOL

STUDY 54



She was the first female professor at the Faculty of Sciences at the Sorbonne in Paris, where she lectured on general physics. Thanks to her, many women realized that a career in science is not reserved for men only.



The Lady Who Illuminated the World

Marie Curie

Marie Curie, a physicist, chemist and a pioneer researcher on radioactivity (a term that she coined), was the first woman to win a Nobel Prize. In addition, Curie is the only woman to win the esteemed prize in two scientific fields and the only person to win in multiple sciences. She was also the first female professor at the Faculty of Sciences at the Sorbonne in Paris, where she lectured on general physics. Thanks to her, many women realized that a career in science is not reserved for men only.

Not only did she establish a theory of radioactivity and techniques for isolating radioactive isotopes, but she is also responsible for the discovery of two elements, polonium and radium. The two-time Nobel laureate founded the Curie Institutes (based in Paris and Warsaw) that are still very important medical research centers.

Marie Curie established the first military field radiological centers during the World War I, thus making a significant impact. Only, it seems that her service in mobile X-ray units and too much radiation exposure led to her aplastic anemia and, consequently, death.



The 27 Club

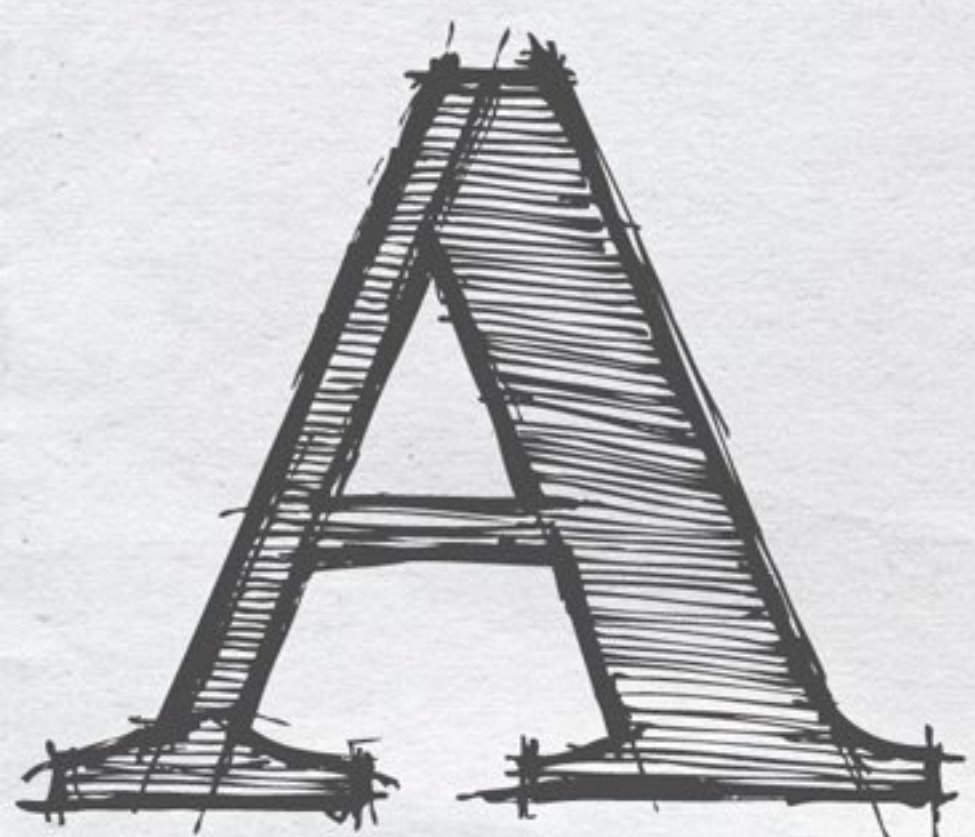
Dead Poets Society



THIS IS **NOT A HAPPY STORY, RATHER A SAD ONE.** THIS IS A STORY ABOUT PROMISING AND TALENTED PEOPLE HAVING IN COMMON JUST A FEW THINGS - **BEING UNHAPPY AND MISUNDERSTOOD, BEING PROPER ROCK STARS** (LOVED AND HATED BY MANY IN AT THE SAME TIME) **AND HAVING VERY SHORT LIVES.** AND NOT ANY KIND OF SHORTNESS, BUT THE KIND THAT ENDED AT THE **AGE OF 27**



The 27 Club



A statistical deviation from the standard, an impending doom of a flamboyant life or just an odd coincidence, the death of great musicians at the age of 27 is an inexhaustible source of controversy. Finished, for whatever reason at that moment of their creative potential, they remain frozen in time. The immortal icons and idols. The fact they created enough in such a limited time puts them in the Hall of Great, or maybe the Hall of Lucky, as who knows if they would live up to the standards they previously set themselves. The step was too high, it became a stepping stone. Their stumble became more important than the climb of many. That is why we pay them respect.

so tantalizing all the horny chicks were brawling to hump him. He created a cult band, which is still iconic, even though it only existed for 13 years. Inspired by various philosophers and poets, and endorsed by many hallucinogenic substances, Morrison managed to inflame incredible reactions. In 1971, he OD'd on heroin thinking it was cocaine. As the autopsy was never conducted, there will always be a shadow of a doubt about the cause of his death. But who knows, people are strange, when you are a stranger...



JIM MORRISON

December 8, 1943 - July 3, 1971



The lead singer and driving force of The Doors, as well as a self-proclaimed King of Lizards. A twisted whitey with crazy eyes, schizophrenic hair and voice



BRIAN JONES

February 28, 1942 - July 3, 1969



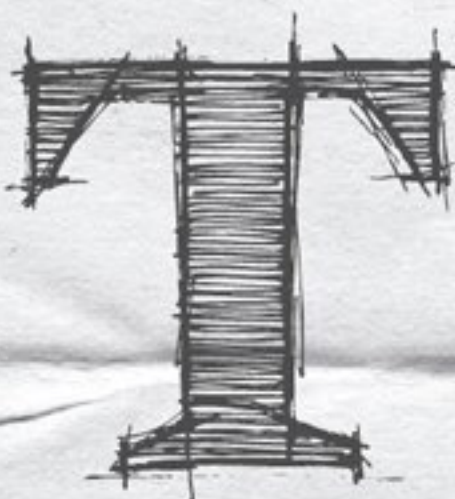
The founder of Rolling Stones. He was the one who put the band together, gave it the famous name, got the gigs, but who was eventually pushed out by the Jagger - Richards tandem. The genius who simply exhausted all his creative energy to stand up to the two-headed fury. Ultimately, less than a month before his death, he was kicked out of the band (or

politely asked to leave). Jones drowned in his swimming pool. The stones he gathered kept on rolling, but he sank to the bottom.



JANIS LYN JOPLIN

January 19, 1943 - October 4, 1970



The Queen of Psychedelic Soul. A tiny little white woman with a monstrous voice, who managed to win her piece of land and begin her reign in a predominately black genre. Although she may be referred to as a Hippie Bunny, she was one of the first real Hipsters. From Speed Freak to Pearl, she was often flashy like a Babylonian harlot, forever fascinated by the Beatnik movement. The last things she recorded were "Mercedes Benz" and a birthday song to John Lennon (which he received after her death). Joplin OD'd on heroin. On Earth she drove a psychedelic painted Porsche, hopefully she was granted with a Mercedes.



JIMI HENDRIX

November 27, 1942 - September 18, 1970



The virtuoso who introduced some color into music. After Mozart and Paganini, he was probably the only authentic master of his instrument that was almost an extension of his body. Eccentric, psychotic, orgasmic. Listening to his music is like eating mushrooms in Space – the experience which is physically boundless and psychologically hallucinogenic. Hendrix aspirated his own vomit and died of asphyxia while intoxicated with barbiturates. He died in the most beautiful place - in bed, next to a gorgeous woman.

LISTENING TO HIS MUSIC IS LIKE EATING MUSHROOMS IN SPACE – THE EXPERIENCE WHICH IS PHYSICALLY BOUNDLESS AND PSYCHOLOGICALLY HALLUCINOGENIC

Other members of the Club 27

Alan Wilson, Dickie Pride, Robert Johnson, Dave Alexander, Richey Edwards, Freaky Tah, Kristen Pfaff, Chris Bell, D. Boon, Ron "Pigpen" McKernan...

Artists that died in their 20s

2 Pac Shakur, Buddy Holly, Ronnie Van Zant, Steve Gaines, Cassie Gaines (Lynyrd Skynyrd), Otis Redding, Randy Rhoads (Ozzy Osbourne), Tim Buckley, Cliff Burton (Metallica), Bradley Nowell (Sublime), Hillel Slovak (Red Hot Chili Peppers), Chuck Wagon (The Dickies), The Notorious B.I.G., Sid Vicious (The Sex Pistols); Darby Crash (The Germs); Ian Curtis (Joy Division); Nick Drake.



KURT COBAIN

February 20, 1967 - c. April 5, 1994



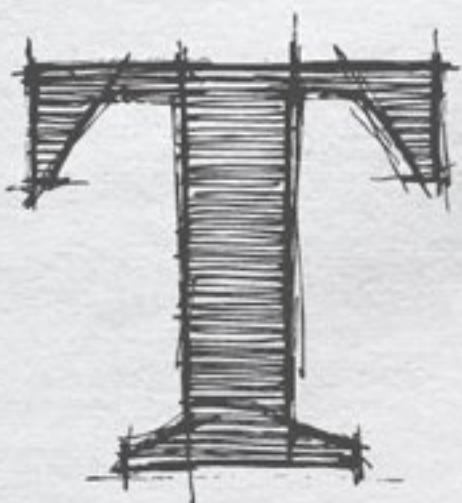
The man who smelled teen spirit and who dedicated a song to a drug for his manic depression. The uncrowned king of the Grunge scene, whose death made thousands of girls cry their eyes out. One of the few who was loved by women without ever using music to indulge them. Cobain was a little grunge artist with massive creative power, prone to severe depressive moments, which he emptied into his music. He died leaving a letter to his imaginary childhood friend... forever in death to your priceless advice!

What is interesting is that this club wasn't formed until Kurt Cobain's death, the moment when this number 27 became infamous due to a sudden realization that too many young musicians died at this age. All the above named artists have a certain self-destructive pattern. People with an unlimited creative energy and imaginative power - enough to feed the artistic needs of the whole world - manage, on the one hand, to unselfishly give so much to others, whereas on the other, to damage themselves. This must be the price of a genius. They led lonely lives and now they all live together in our memories.



AMY WINEHOUSE

September 14, 1983 - July 23, 2011



The girl with a mighty voice, striking appearance, big coiffe of hair and an attitude of a person who knows what's it like to hit rock bottom. She managed to reanimate the sleepy audience that has been waiting for such a driving force for decades. Stubborn and persistent to endure in her efforts never to check into rehab, she reached the very ledge from which she fell into the abyss. She had blood alcohol level five times higher than allowed. Her music was an echo of something forlorn, but at the same time something foretelling. Her death still seems unreal, but her music is unquestionably real.



POP

Goes the World

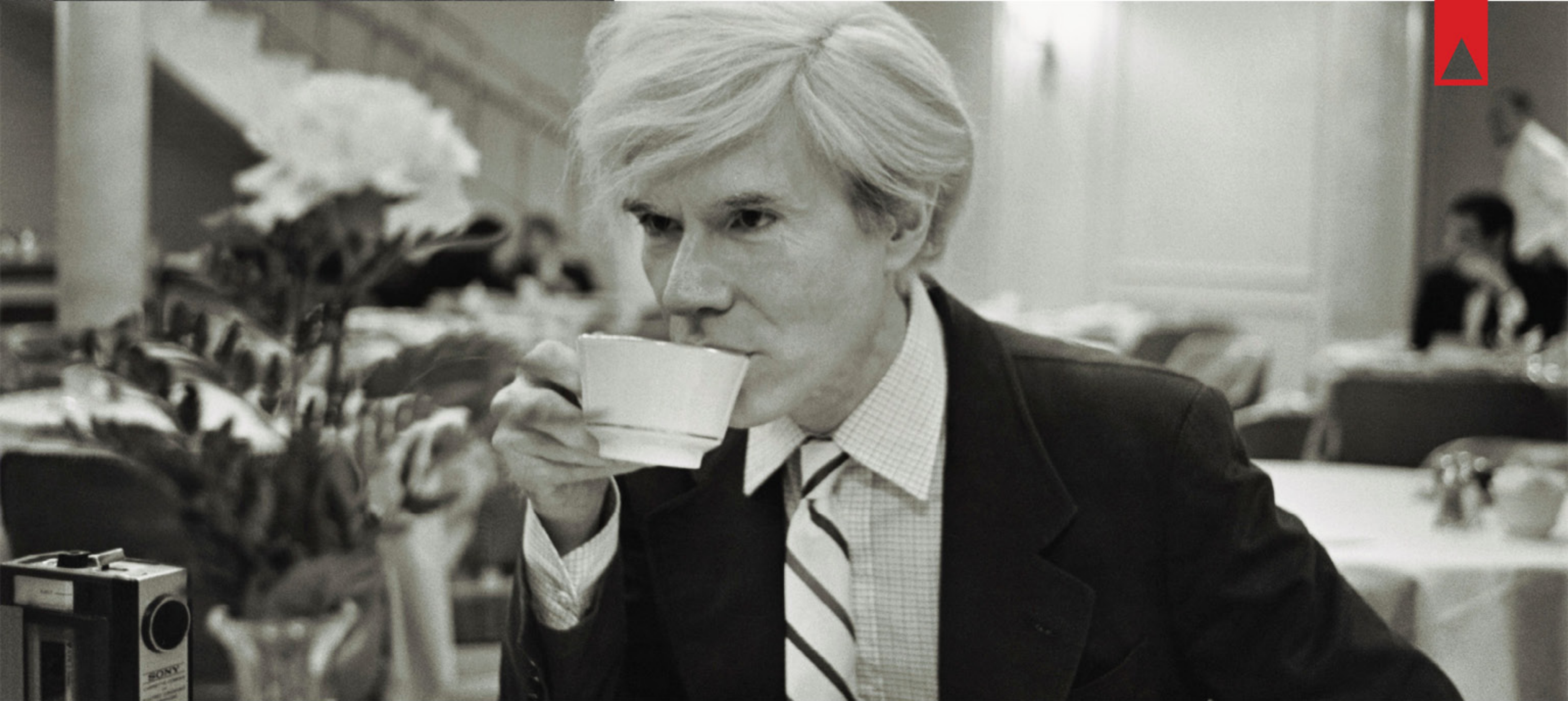
Study 54 of Andy Warhol

.....
*IF YOU WANT TO KNOW ALL ABOUT ME, JUST LOOK AT THE SURFACE OF MY
PAINTINGS AND ME, AND THERE I AM. THERE'S NOTHING BEHIND IT*





Along with scientific and technological progress, **in the middle of 20th century**, there appeared a vacuum in contemporary culture, which had to change in order to be noticeable. This empty space could only be filled with artist's expression, marketing and mass production. **Art was industrialized and became a part of advertising.** Through the prism of art, it was possible to examine the present-day individual. Simply put, art became **palpable, new and available to the common man.** This mimicry and evolution of art was carried out by an eccentric, named **Andy Warhol.**



Andy Warhol (named Andrew Warhola at birth) was born in 1928 in Pittsburgh as the youngest son to the Mid-European immigrants. As a child, he suffered from Sydenham's chorea which, in a way, left consequences on his unadjusted countenance that followed him throughout his whole life. Chorea included involuntary movements, and later in life, his movements would be incomprehensible to many people. In high school, he was expelled from the art club because he was better than the others. Having trouble to fit in since the youngest age, he tried to express himself in different art forms: film, writing, painting, sculpting, photography and many others. Moreover, he was among the first ones who used computers. Still, the most important work he has left is in the range of lithography and linen print.

To him, plastic was perfection – an imitation of the form, a means of making sense, elastic, artificial, pure and ultimately, popular.

When you take a look at Andy's appearance, you can immediately detect his work on it. The eternally calm, almost plastic expression on his face, the clothes usually simple and of the same color match the clarity and sharpness of his paintings. His sloppy and unkempt hair and his forever-neurotic motor movements mirror the effects that

his works produce. The outrage of art puritans, which do not grasp the power of the new artistic form, probably enhances the multiplicity present in Andy's work demonstrating that, besides their point of view, others' is as well important in the process of accepting and shaping the art. Andy's work is also a point of view of a common man who consumes rather than preserves art.



His apprehension of culture as a use-value changed the former view of art as a privilege only for the wealthy. Combining celebrity figures and well-known brands with powerful expressionist colors and an almost minimalistic composition, he carried out the artistic industrial revolution. Another thing he did with his paintings was to demystify icons and raise everyday ordinary things to the point of worship. His ability to level out the fluctuating symbols and lay them in the same plane has turned him into one of the most recognizable artists in history. Uniqueness of his reflection and apparent simplicity of the content were a consequence of his genius that found in art a medium to

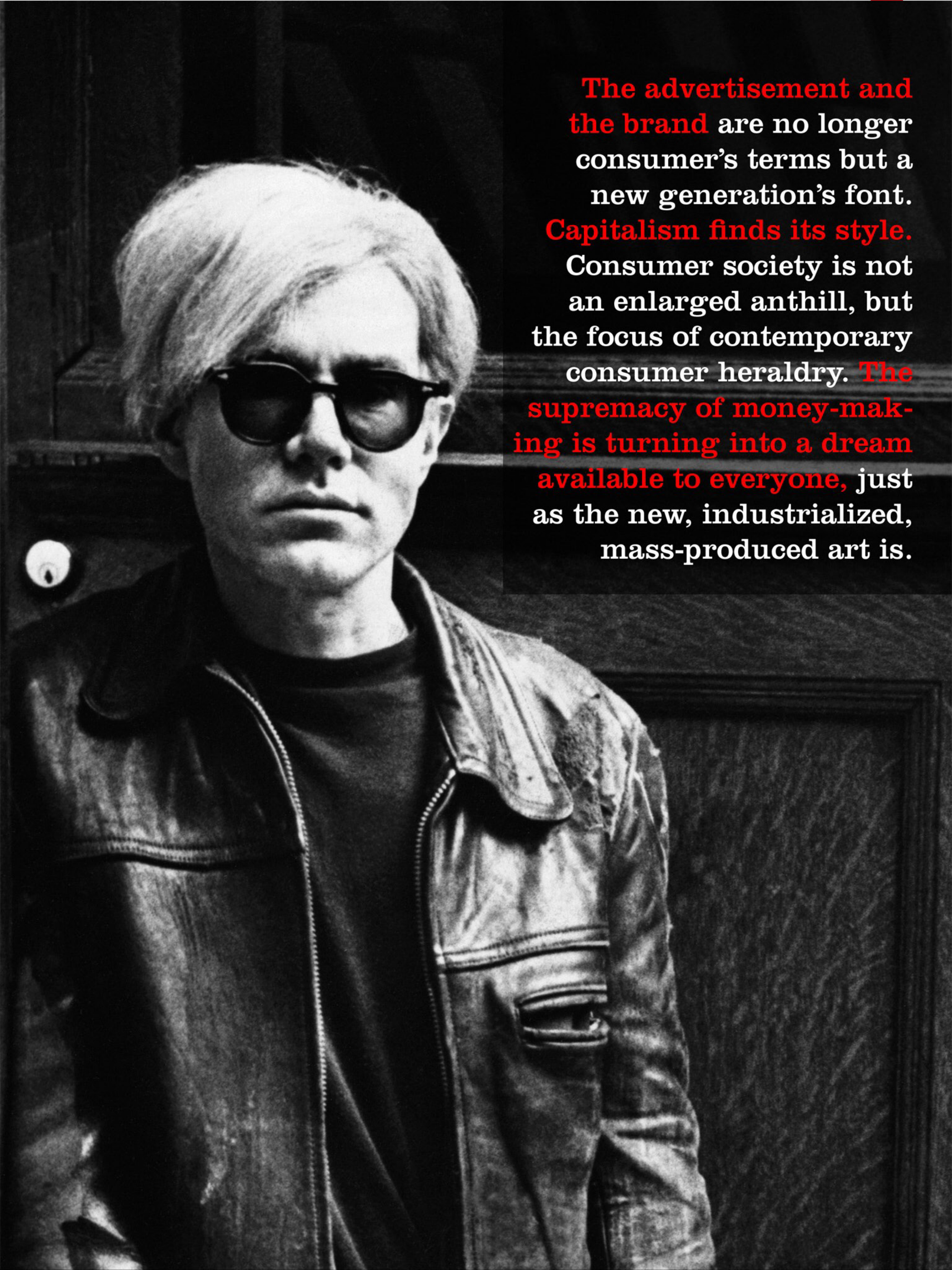
The famous Marilyn Monroe portrait presents a notable example of converting a sym- bol of the old pre-Warhol era to the new POP art age.

sell humanity, ordinariness and everyday life to people.

Ideas kept coming into his head, probably in moments filled with amphetamine-induced hallucinations and spent in the bleak dungeons of sexual subcultures. His inspiration to give the world more dimensions and colors, Andy found in places that people usually avoided, trapped in their one-dimensional vision of the universe. His abstractions are realistic. Trivial things are put on a pedestal and seen through different eyes, the eyes that only he had at the time. Popularization of the entire Andy's artistic movement was both the cause and the consequence. Provocative expression articulated in symbols and celebrities was aimed at establishing the whole movement as a driving force of the new age. Pop was

meant to be mainstream, unscrupulous, uncompromising and provocative. What is left of it today is probably only a tiny bit, and again, a bit one finds precisely in Andy's paintings.

Remote and glorified celebrities at first sight seem to be caricatured



The advertisement and the brand are no longer consumer's terms but a new generation's font. **Capitalism finds its style.** Consumer society is not an enlarged anthill, but the focus of contemporary consumer heraldry. **The supremacy of money-making is turning into a dream available to everyone,** just as the new, industrialized, mass-produced art is.

and exposed to ridicule in his paintings. However, they are not. He gives them a new meaning. Drawn and colored as if by a child's hand, they come to be more familiar. Andy's genius transforms a sinister dictator Mao Tse Tung into a symbol of Western European culture. A banana, a can, a bottle of Coke, but many other objects as well - all previously taken as ordinary things are given a higher sense, a marketing sense. The advertisement and the brand are no longer consumer's terms but a new generation's font. Capitalism finds its style. Consumer society is not an enlarged anthill, but the focus of contemporary consumer heraldry. The supremacy of money-making is turning into a dream available to everyone, just as the new, industrialized, mass-produced art is.



The famous Marilyn Monroe portrait presents a notable example of converting a symbol of the old pre-Warhol era to the new POP art age. Without a change in form, only by combining colors and modifying their intensity, Warhol successfully changes the effect. He obtains a new interpretation, which creates a greater confusion of expressions with each further change, but at the same time conveys a message of imagination and demystification of a familiar face. Although smeared and colorful as a clown, Marilyn remains beautiful, an old icon in a new light. Such art as this, expressive, modern and easily accessible is present even today, more than 25 years after Andy's death. In the homes of celebrities, common





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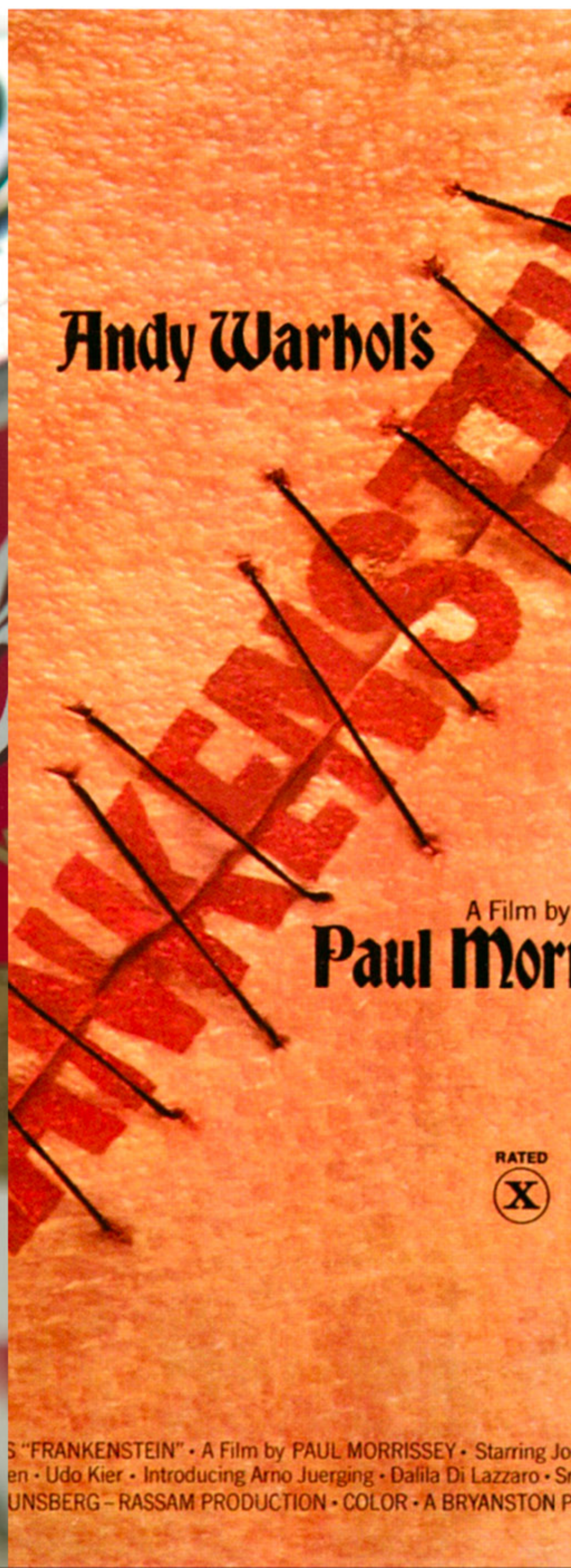
people and the rich, in shopping malls and clubs, as an integral part of a new marketing provocation, this art firmly stands as a symbol of one time, one idea and one genius.

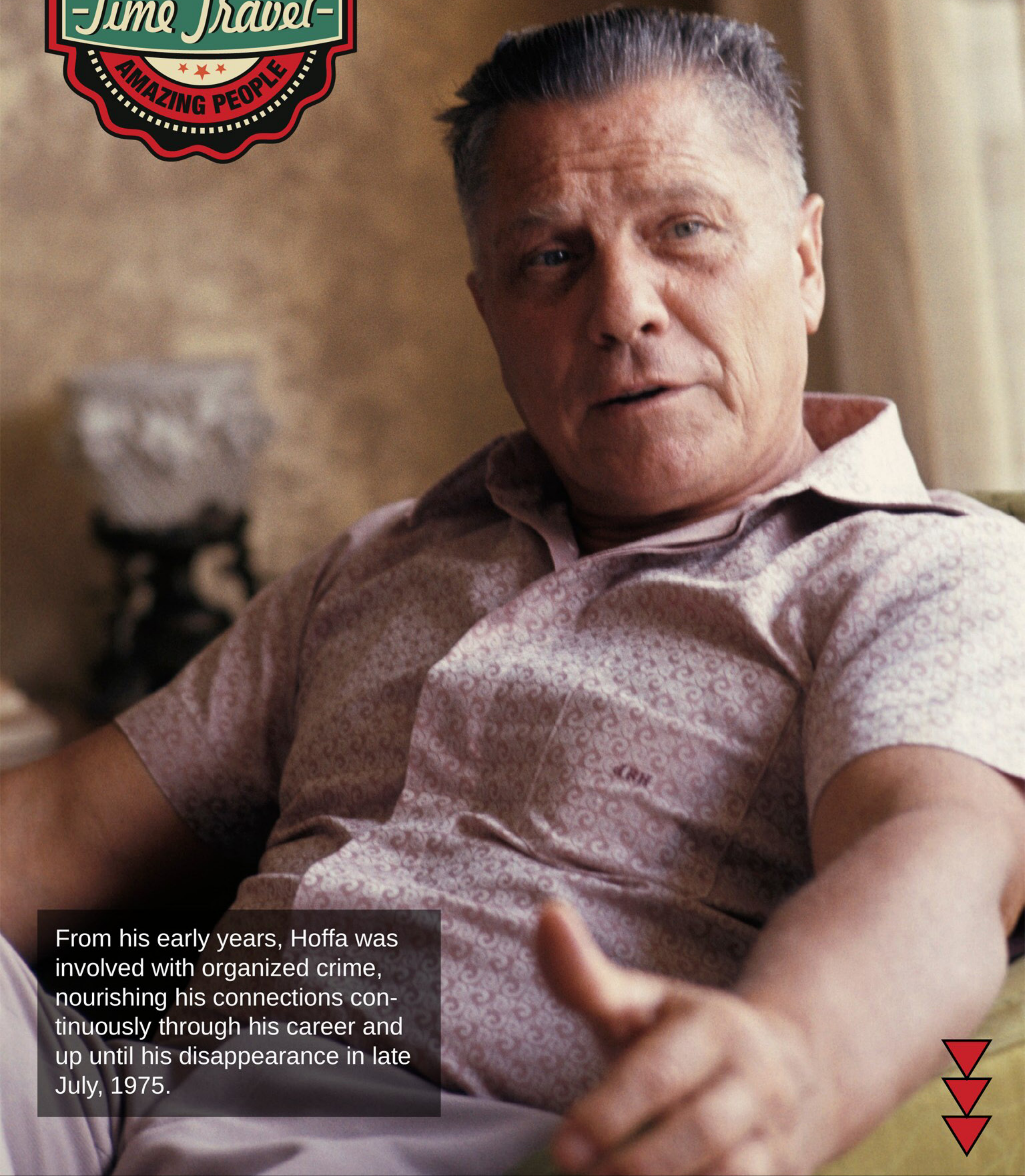
The great wizard of marketing, Andy, just as any other Mad Man, knew how to manipulate the public. He knew how to impress and appall with his work, which was exactly the spice that created the Pop culture. He knew how to exploit the interest in and fascination with celebrities in order to find new depths of marketing and art. To him, plastic was perfection – an imitation of the form, a means of making sense, elastic, artificial, pure and ultimately, popular. His influence on various types of art, as well as contemporary trends,



is seen in the fact that he inspired his contemporaries. Dylan's song, Like a Rolling Stone, was allegedly inspired by Andy and his relationship with Edie Sedgwick. He was encouraged by art colonies, communities filled with creation. There was an unimpeded flow of mutual encouragement and inspiration there. Having made an army of followers and devotees around himself, he managed to fulfill the primary aim – to popularize the idea!

When the world was created, there was a **BIG BANG**, when Andy re-modeled it, there was a **POP**.





From his early years, Hoffa was involved with organized crime, nourishing his connections continuously through his career and up until his disappearance in late July, 1975.



The Controversial Disappearance

Jimmy Hoffa

By his mid-twenties, Hoffa became an important figure in the International Brotherhood of Teamsters (IBT) union. By 1952, he has come up through the ranks and into the position of the national vice-president of that union, later serving as the General President. During his leadership, the union had its greatest prosperous period and rose to being the largest in the US with over 1.5 million members. That is not all. Also during his leadership, Hoffa was convicted of jury tampering, attempted bribery and fraud; he was imprisoned and sentenced to 13 years. In order to be pardoned and released, he agreed with President Nixon to resign from the position of the union president. However, as it happened, Nixon blocked Hoffa from any union activities anyway, which Hoffa tried to overrule, but with no success.

From his early years, Hoffa was involved with organized crime, nourishing his connections continuously through his career and up until his disappearance in late July, 1975. He was last seen in a Detroit suburban restaurant.

He is believed to be murdered, but his disappearance is one of the most theorized, as his body was never found.



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1. Go on a perfect date with a celebrity
2. Learn to read Braille or learn a sign language
3. Have an article about me published/have my article published
4. Be fluent in several languages
5. Achieve Nirvana through yoga
6. Sing in front of thousands of people and have an ovation
7. See Aurora Borealis
8. Be a duke and own a castle
9. Be an eminent speaker
10. Have a tiger pet





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