





ANNIVERSARY

BIG RED IS ON ITS WAY TO A TOWN NEAR YOU!

- ***NEW PRODUCT RELEASES**
- *TOOL DEMONSTRATIONS
- *GREAT TOOL & ACCESSORY OFFERS ON THE DAY
- *FANTASTIC PRIZES & GIVEAWAYS

TRUCK TOUR DATES

Date

Monday 24th February
Tuesday 25th February
Wednesday 26th February
Thursday 27th February
Friday 28th February
Monday 3rd March
Tuesday 4th March
Wednesday 5th March
Thursday 6th March
Thursday 10th March
Tuesday 11th March
Wednesday 12th March
Thursday 13th March

Location

Lisburn
Newry
Galway
Dublin
Cork
Cirencester
Bristol
Yeovil
Barnstaple
Inverness
Glasgow
Dumfries
Carlisle

Date

Friday 14th March
Monday 17th March
Tuesday 18th March
Wednesday 19th March
Thursday 20th March
Friday 21st March
Wednesday 26th March
Wednesday 26th March
Thursday 27th March
Monday 31st March
Tuesday 1st April
Wednesday 2nd April
Thursday 3rd April
Friday 4th April
Saturday 5th April

Location

Preston
Sheffield
Mansfield
Oswestry
Abergavaenny
Swansea
Wakefield
Sheffield
Birmingham
Loughborough
Leicester
Derby
Cambridge
Cambridge

Date

Monday 7th April
Tuesday 8th April
Wednesday 9th April
Thursday 10th April
Friday 11th April
Monday 14th April
Tuesday 15th April
Wednesday 16th April
Thursday 17th April
Friday 18th April
Friday 18th April
Saturday 19th April
Sunday 20th April

Location

Southampton Bournemouth Brighton Redhill Loughton Fulham Wembley Folkestone Sittingbourne

BSB Opening round Brands Hatch

FOR MORE INFORMATION AND THE CHANCE TO WIN FANTASTIC PRIZES INCLUDING BRITISH SUPERBIKE CORPORATE HOSPITALITY TICKETS, GENERAL ADMISSION TICKETS AND MUCH MORE PLEASE VISIT:

www.milwaukeetrucktour.co.uk (Please enter your personal promo code NUTSMIL14)
www.milwaukeetool.co.uk | www.facebook.com/MilwaukeePowertools



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NUTSMEMS

EXCLUSIVE!

Luisa hots up Marbella!

Or, how the *Celeb BB* star spent
her show fee!



WE KNOW of two things that Celebrity Big

Celebrity Big Brother contestant Luisa Zissman splashed out her sizeable fee on. A swift break in the sun to Marbella – illustrated here via the wonderful medium of "Luisa in bikini". And a snowy white, 490bhp, 193mph Ferrari California (second hand, mind. Luisa knows a good deal when she sees one). And while, sadly, we fear that the only element we'll ever see of this story with its top down is the Ferrari, we can still get to enjoy Luisa, a blinged-up bikini and some seriously



62mph in 3.8 seconds.

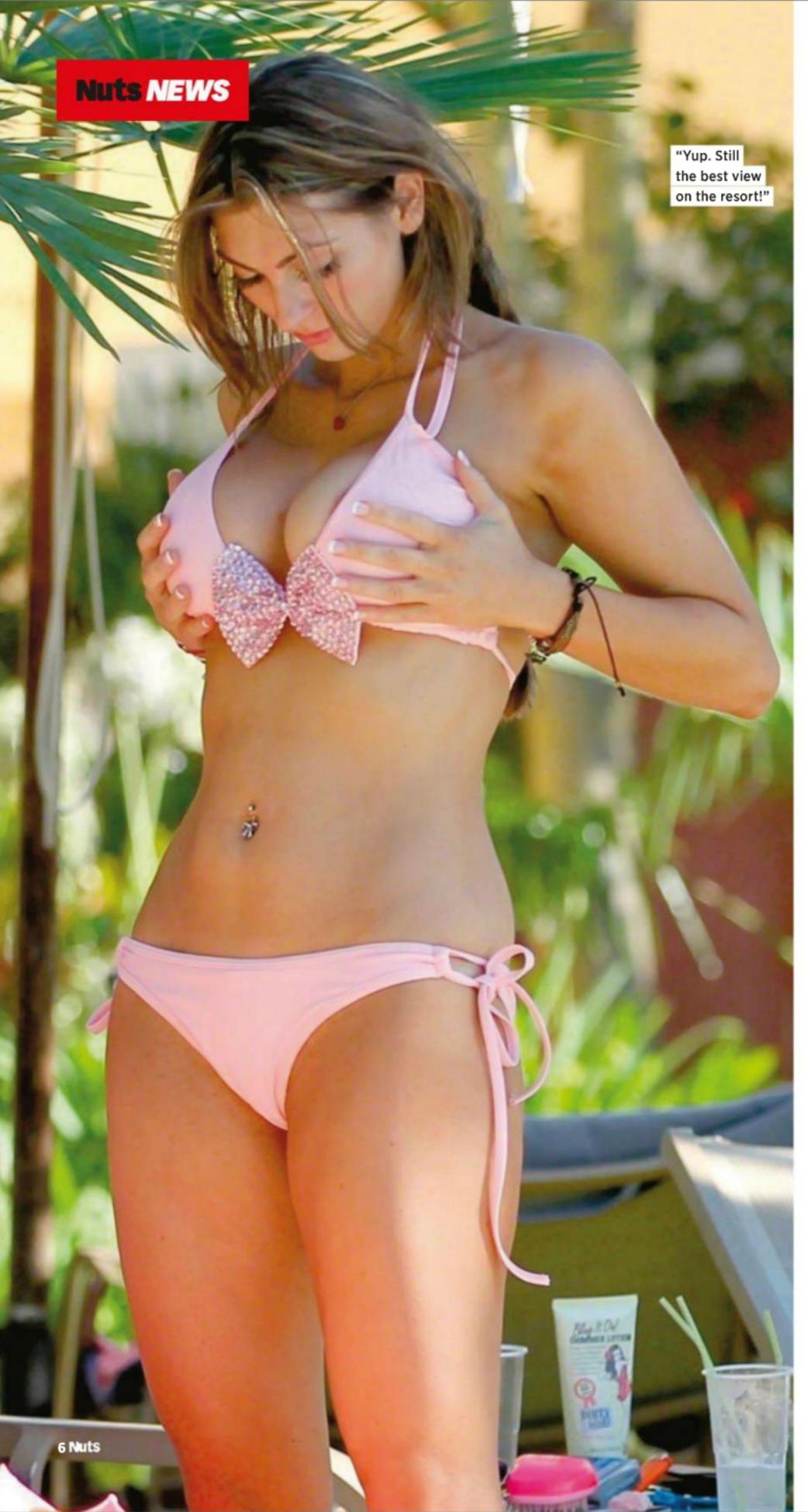
BLINGED BABE!

"My ears are

somewhere..."

in here,





Luisa on her sex drive!

"I've got a really high sex drive, a healthy libido. What's wrong with that?"

On sex parties! "I remember going to this

"I remember going to this party and thinking, 'This is really f**king cool!' It's like a club full of like-minded people. No one's judging you. It's high class. It's not a seedy joint. Everyone's clothed and wearing masks. I wore a little eye mask and a black dress."

On her sexuality!

"I love girls, but I wouldn't have a relationship with a girl. I've been with both guys and girls."

On her type of woman!

"I don't have a certain kind of man but I'm a lot fussier with women. They have to be blonde, really skinny and have massive boobs."

On dating!

"I don't need a fancy restaurant. Laser Quest would be good for me."

On men!

"I don't go for looks - I go for people who make me laugh."

On *Celeb BB* – in July 2013!

"No, I don't want to do Celebrity Big Brother. It's sh*t and embarrassing!"

On herself!

"I have the energy of a Duracell bunny, the looks of Jessica Rabbit and the brains of Einstein!"





On porn!

"I don't need the money and I don't think you can do porn just for kicks. It's a job. You have to do things you're not comfortable doing and that's not how I do things."

On *Celeb BB*housemate Jasmine Waltz!

"I was really attracted to her because she's wild and crazy. She fancied me too. We were like two crazy arseholed bitches!"

On fun with toothbrushes!

"One night [during Celebrity Big Brother] Jasmine and I nicked Ollie's electric toothbrush. It was vibrating and we played with it. We were running it all over our bodies for a thrill. I bet they didn't show that."

On Helen Flanagan's boobs!

"I would like to put it out there. I love Helen Flanagan and her amazing real boobies. I would motorboat her all day long!"

On boozing! "I can drink a lot, and then

"I can drink a lot, and then there's that one or two tequilas too many. And then I don't remember anything after that. Then it's like, get naked and throw my knickers around my head."

On posing nude!

"I'd love to appear in *Playboy*. It's like an institution. But obviously I'm not going to do it for free. I'd do it for a million pounds, but I doubt they'd have me!"







Miley Cyrus analysed!

But what does the twerking pop star's Bangerz Tour actually mean?



WITH ITS twerking, crotch grabbing and freaky cuddly toys, pop pixie Miley Cyrus' current tour is brimming with all sorts of media-bating sauciness. So we tapped up celebrity psychologist Jo Hemmings to stick the Bangerz Tour on the couch and tell us what it all means!

Alton Towers' new

Unnaturally Rectangular

CELEBRITY SHRINK!

Jo has lent her talents to shows such as Daybreak, This Morning and Big Brother's Little Brother.





FELLATING AMERICAN PRESIDENTS!

Jo says: "This is all about control. As an aberrant country and western singer - wholesome, yet sexually charged - Miley's going down on establishment figures to declare that the traditional values that the USA holds dear can go swivel."

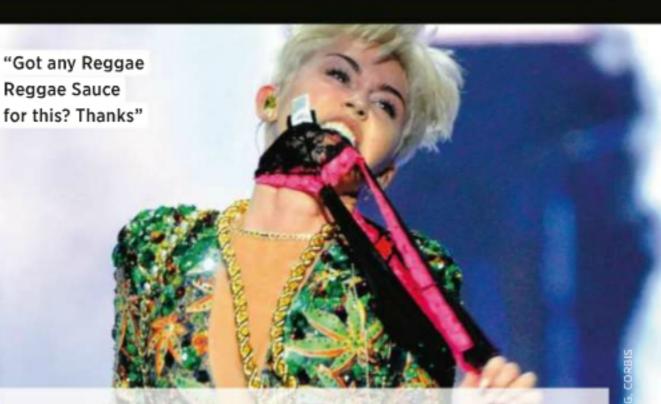


SLIDING IN THROUGH HER OWN FACE!

Jo says: "Psychologically, this is as loud an announcement about her arrival as it can get. It's dramatic, it's shocking and it's a major statement about being defiant, proud and outrageous - a theme which runs through her performances."



Jo says: "Wholly confrontational, this is Miley managing her audience at her best, telling convention to f**k off. This is her rebelling at any childhood issues that she may have had and reaching out for her fans to recognise that and embrace it."



CHOWING DOWN ON LADIES' UNDIES!

Jo says: "A direct challenge to any preconceptions about femininity, she's basically saying that traditional girly sexiness can go suck. She's in control here, reinventing men's perceptions of what they perceive to be sexy."



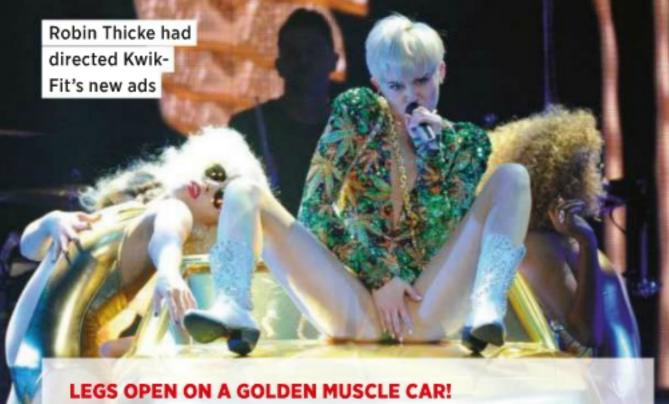
TERRIFYING, MAN-SIZED PLUSHIES!

Jo says: "Another challenging and provocative scenario. She's taking the pink, fluffy comfort of a child's plush toy, enlarging it to a gross and giant size and posturing sexually in front of it. While the toy monkey looks alarmed, she's in control."



RIDING A BUS-SIZED HOTDOG!

Jo says: "You don't have to be a psychologist to recognise that she's riding a huge phallus here. In fact, this is such a cliché that I think it might imply that Miley may have some sexual orientation issues herself."



Jo says: "Legs spread, she's simulating masturbation while two scantily clad women lean towards her in appreciation. This may be the ultimate self-gratification pose, fuelling male fantasies while encouraging sexual liberation of the girls."



DANCING WITH A TINY BELL!

Jo says: "The Liberty Bell is an iconic symbol of American independence. Like the fellatio anti-establishment image, this is designed to cause offence. I think she's a hugely confident and ambitious girl, playing with, and to, her audience."



BIG BACKING DANCER/SMALL BACKING DANCER!

Jo says: "Flanked by two different-looking backing dancers, yet they, like her, are dressed in red, so she's bridging that gap between these extreme contrasts. She's promoting harmony here, suggesting that beauty comes from within."



FOAM FINGERS HIGHLIGHTING CROTCH GRABBING!

Jo says: "Tongue out, simulating masturbation, she has her audience participating in a foam finger pointy, almosttouching-her-vagina exercise. Almost cult-like, it's reassuring Miley that her ostentatious sexuality is still a crowd puller."

Poked at by geeks at MWC in Spain!

saw Barcelona open its finest exhibition spaces for MWC – the Mobile World Congress, where scores of tech journos stomp the carpets in sandals, drying their skin out in the air conditioned atmosphere while frowning and prodding the very latest in mobile tech. Here's our pick...



SONY XPERIA Z2

Nuts says: The roomy, 5.2in screen's a full HD, 1920 by 1080 resolution, there's 3GB of RAM and a 2.3GHz chip. The big-ticket number is the 20.7-megapixel camera that records in full 4K definition.



BEST FOR... PHONE SNOBS

SAMSUNG S5

Nuts says: With a nicely dimpled polycarbonate back, this is a sweet update for the iPhone enemy. Also new: a fingerprint scanner, heart-rate detector, 16.0-megapixel camera and it's waterproof! Plus, if you're in a battery bind, an "Ultra Power Saving Mode" turns the display black and white, and shuts down unnecessary features to save on vital juice.

TIC. FIS 19 LONGON, 12°C

htc

BEST FOR... OPTIMISTS

HTC POWER TO GIVE

Nuts says: More an app than an actual phone, when your mobile's unused, charging and connected to Wi-Fi, the Power To Give app lends its processing power to boffins, creating super computer networks to help save the world and that.

htc htc htc

BEST FOR... SELFIES

HTC DESIRE 816

Nuts says: Stereo speakers on the front are a boon, as is the 13.0-megapixel camera on the back. But Instagram fans will be grabbing this for the 5.0-megapixel front-facing snapper, and its wonderful selfie operation.

DRDS- BORY RUCKERINGE





BEST FOR... YOUR NAN

HUAWEI ASCEND Y530

Nuts says: This average spec phone runs vanilla Android OS, but you can swap it for a simple stripped down, enlarged interface for firsttime smartphone users. Or the hard of thinking. Costs £150.



BEST FOR... PARANOID

THE BLACKPHONE

Nuts says: This boasts a suite of apps to offer the highest levels of security – anonymous searching, encrypted calls and file transfers. Plus, it will selfdestruct all of its data if it detects tampering. Awesome.



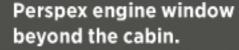


French 220mph, 1,200bhp hypercar!

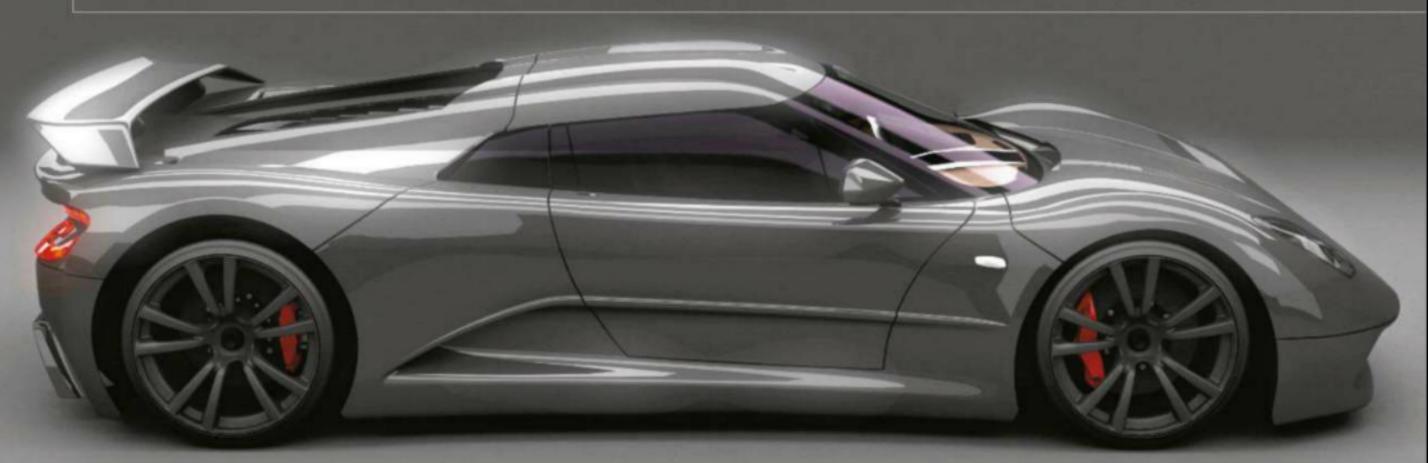
The Genty Automobile company says: Bonjour! We say: Oui!

- It's easy to forget that
 Bugatti is a French car
 brand because it's now
 owned by the Germans.
 And with over a century of
 racing and building
 exotica to its name,
 Bugatti couldn't be more
 different to France's latest
 supercar purveyor the seven-years-in the-making Genty
 Automobile company.
- Their Akylone, then, is a self-proclaimed hypercar capable of pushing numbers like
 220mph and above 1,200bhp. And first impressions of the mid-engined V8 are that it looks frankly fantastique!
 A lot like a gallic Koenigsegg
 Agera, with its opening rear clam shell, scissor doors and twin-turbo induction.
- G-shaped rear LED lights and two centrally mounted

exhausts live inside a
honeycomb mesh, which
sits above a diffuser that
dominates the back end.
The Agera-style (yes, we
keep harping on about the
Koenigsegg, but it does look
similar, right?) wrap-around
aviation-style windscreen
provides a panoramic
driver's view, while
bystanders get to gaze at the
engine through a louvred

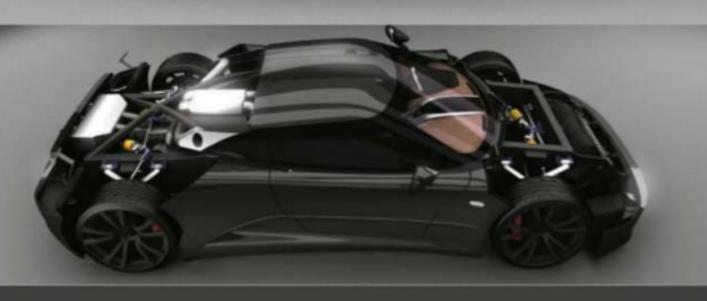


- The car tips the scales at 1,101kg which is because the chassis has been built with a mix of carbon fibre and billet machined aluminium.
- With a weight distribution of 42/58, power is sent to the rear tyres via a six-speed sequential paddleshift. If the stats are to be believed, this Genty will be an animal -







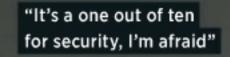


0-124mph in 7.2 seconds, 0-186mph in 14.0 and a quarter-mile scram in 9.8. And like the Koenigsegg, the Genty can be fuelled on E85 ethanol bio-fuel or super unleaded.

 So, while slower at the top end than the Koenigseggs, Veyrons and US-based Hennesseys of this world, the Akylone isn't what you'd dare call slow. All boding well, you'll see production commence at the tail end of this year in the Genty plant at Saint-Pourçain-sur-Sioule - the birthplace of company founder Frederic Genty.

 If this happens, only 25 cars in total are slated to be built, with ten being openroofed roadsters. Expect to part with £400k for the coupé, a smidge more to remove the roof.















MILWAUKEE® 2014 **UK AND IRELAND** TRUCK TOUR

Milwaukee® are delighted to announce the 2014 Big Red UK and Ireland Milwaukee® Truck Tour. The truck will travel for 2 months stopping at 40+ locations, concluding at the opening weekend of the British Superbikes at Brands Hatch!

BSB weekend? Milwaukee®

- * FIRST PRIZE: Two Milwaukee® Yamaha corporate hospitality tickets with 'access all areas'
- A pair of general admission weekend tickets
- * First 500 people to enter will win a Milwaukee® Yamaha T-Shirt

www.milwaukeetrucktour.co.uk







WIN A MILWAUKEE® 90" **OVER £1000!**

2014 is the year Milwaukee® celebrates their 90th birthday! To celebrate this, Milwaukee® are giving one lucky reader the chance to win a 18 Volt Heavy Duty toolkit worth over £1000! This comprises of:

- Heavy Duty Percussion Combi Drill
- Heavy Duty 115mm Angle Grinder
- Heavy Duty 165mm Circular Saw
- Heavy Duty Sawzall
- Compact Impact Driver
- Compact Work Light
- 2 X 4.0Ah Lithium-Ion **Batteries**
- Charger
- Bag



OUR NUES







Bear in the wood!

Dear Nuts, I found a panda in a plank of wood recently. Hope you like it!

MIKE BRADLEY

via email

You really did! But we hope you freed it and released it into the wild once you'd taken its photo. Pandas are an endangered species, after all.

Crime Scotch!

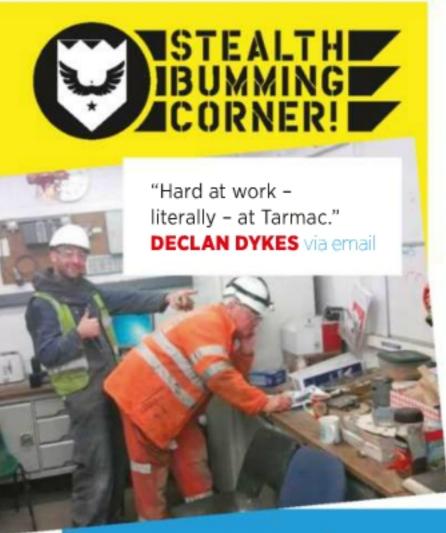
Dear Nuts,

This heinous crime must be avenged at all costs.

PAUL DAVIES South London

We refuse to judge anyone when it comes to Scotch eggs.





coming up in another archislowdown in construction.
bing regular they aren't si additions. the spend and Pu If people sail

Missing jacket found (at home)

A man reported his jacket missing or stolen at 6:20 pm February 7 while using the reference section at the Westmount Public Library, Public Security officials said. He called back an hour later, however, to say he had found it at home.

The R
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Thank God!

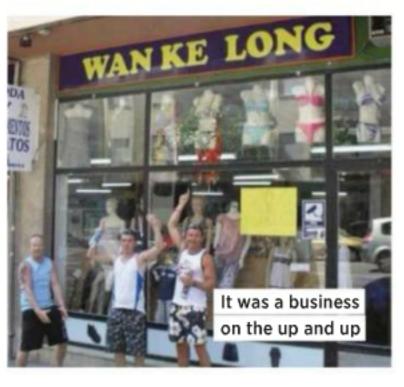
Dear Nuts,

This is what passes for hot news in Quebec.

We can't believe we didn't see this on the Six O'Clock News!

Win! £100 cash!

Readers, here's your chance to get your handsome mush in the magazine – and get paid for doing it! Just send your deliciously daft pics, pimped pets and Camera Phone Cuties to <u>nutsletters@ipcmedia.com</u>. The sender of the week's best letter wins a fantastic cash prize of £100! Editor's decision is final. Terms and conditions on page 60 apply.



Blatant false advertising!

Dear Nuts,

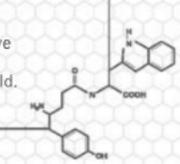
I came across this place on my travels recently. It didn't offer the service it was advertising.

JUSTIN JOHNSON via email

Did they specify how long?



Cyclone from MaxiNutrition provides creatine to give you the explosive power to go that extra yard, plus the protein your muscles need to recover and rebuild.



#FEEDYOURMUSCLES WWW.MAXINUTRITION.COM



Protein supports healthy muscles.

MAXINUTRITION, and CYCLONE are registered trade marks of the 6SK group of companies.

CYCLONE

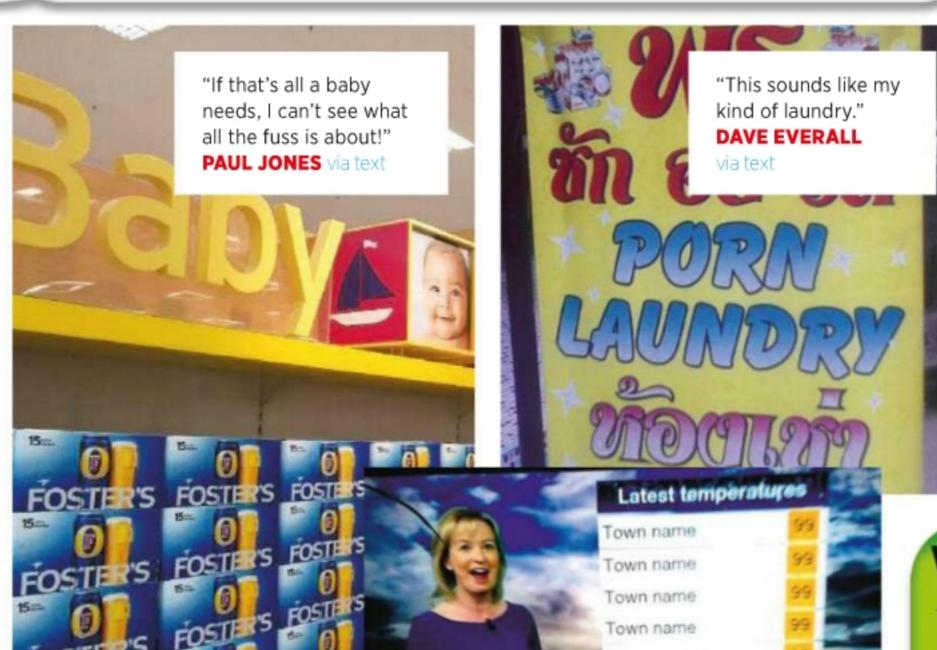
Camera phone comedy!



"The greatest typo ever? Discuss." **LEON** via text



Seen something daft? Snap it, send it in and win £100!



"Good to see BBC weather

keeping up their standards

RAY MILLINCAMP Telford

in this difficult time."

Take Away Menu

10% Discocunt for Orders over £10.00

Win £100!

Email nutsletters@ ipcmedia.com or text your pic to **0771 388 8008** (free texts, standard network charges apply*). Best pic** wins £100 cash to spend on lovely things!



"I was out shopping for a gift for my nephew and came across this dino-orgy."

GARA - CO

EMILY Barnsley



NAFF TATS CORNER





"My mate Luke Woods paid a tenner for this!" ALISTAIR DON

Purbright







I thought I'd do my bit for the community, so I fostered a kitten. Got it right between the eyes with a full can!

PAUL STANLEY Suffolk

They call the portions at my local café "Van Persie" – you won't finish what's on a plate!

MICHAEL JAMES London

Breaking News: cheese factory explodes – nothing left but de Brie!

KARL HANNA Salisbury

Q: Why did the Mexican push his wife of the cliff? A: Tequila!

PAUL JUDGE Peterborough





Now that's magic!

WHILE DRIVING,

I had an accident with a magician. It wasn't my fault. He appeared from nowhere!

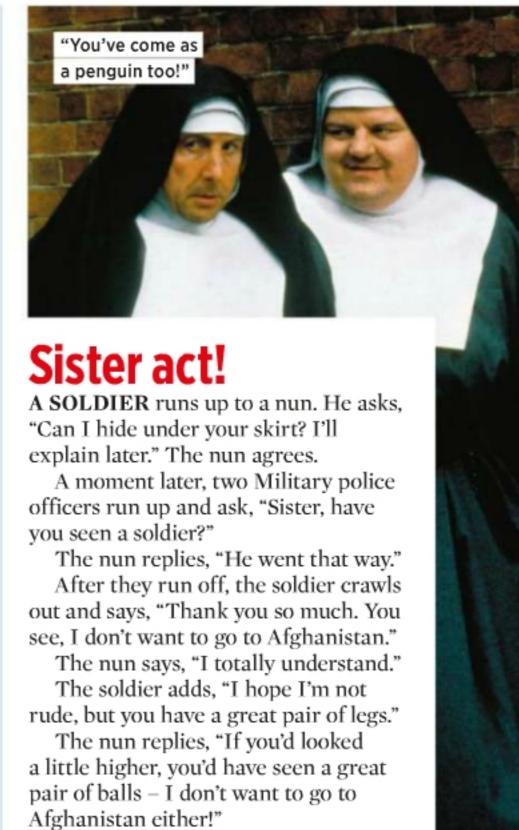
STUART DRABBLE London



TWO OLD ladies
were sitting on a
park bench when
a flasher came up
to them and showed
them his balls. One
of the old dears had
a stroke, the other
one couldn't reach!

NICK Southeast London





NICK CAMERON Perth

Pet hate!

"SPOT!" I said. "Here boy!
Come on. Come to daddy.
Here boy!" I patted my
legs, waved a stick, made
a panting noise. Nothing.
He didn't move a muscle.
Honestly, goldfish are so
f**king stupid.

PAUL CROUZIERS Baldock



Win a 32in TV and *Bad Grandpa*!



Send your jokes to nutsjokes@ipcmedia. com. The sender of this week's best joke* wins a Cello 32in smart TV with a built-in Freeview HD tuner and a Blu-ray copy of hilarious Johnny Knoxville comedy Bad Grandpa, which is out now on DVD and Blu-ray.









ello Ferne! We're
all chuffed that
TOWIE's back.
What's new?
Hello! Well I'm
really excited
about being back, too, and
extra excited about being
single for the new series.

As are the men of Great Britain! What was the reaction to your Nuts debut last year?

Great. Shooting for *Nuts* was so much fun. It was so nice to be messing around in my undies, doing a sexy shoot. I felt great!

You seem to hog the camera a fair bit. Do you feel like the star of the show these days?

Well, I feel like I'm more genuine. I say it how it is. I'm not so plastic and fake. Obviously the main reason is because of my break-up with Charlie [in the last series], but clearly someone in the editing room likes me.

If you buy the producers posh biscuits, do they give you more screen time?

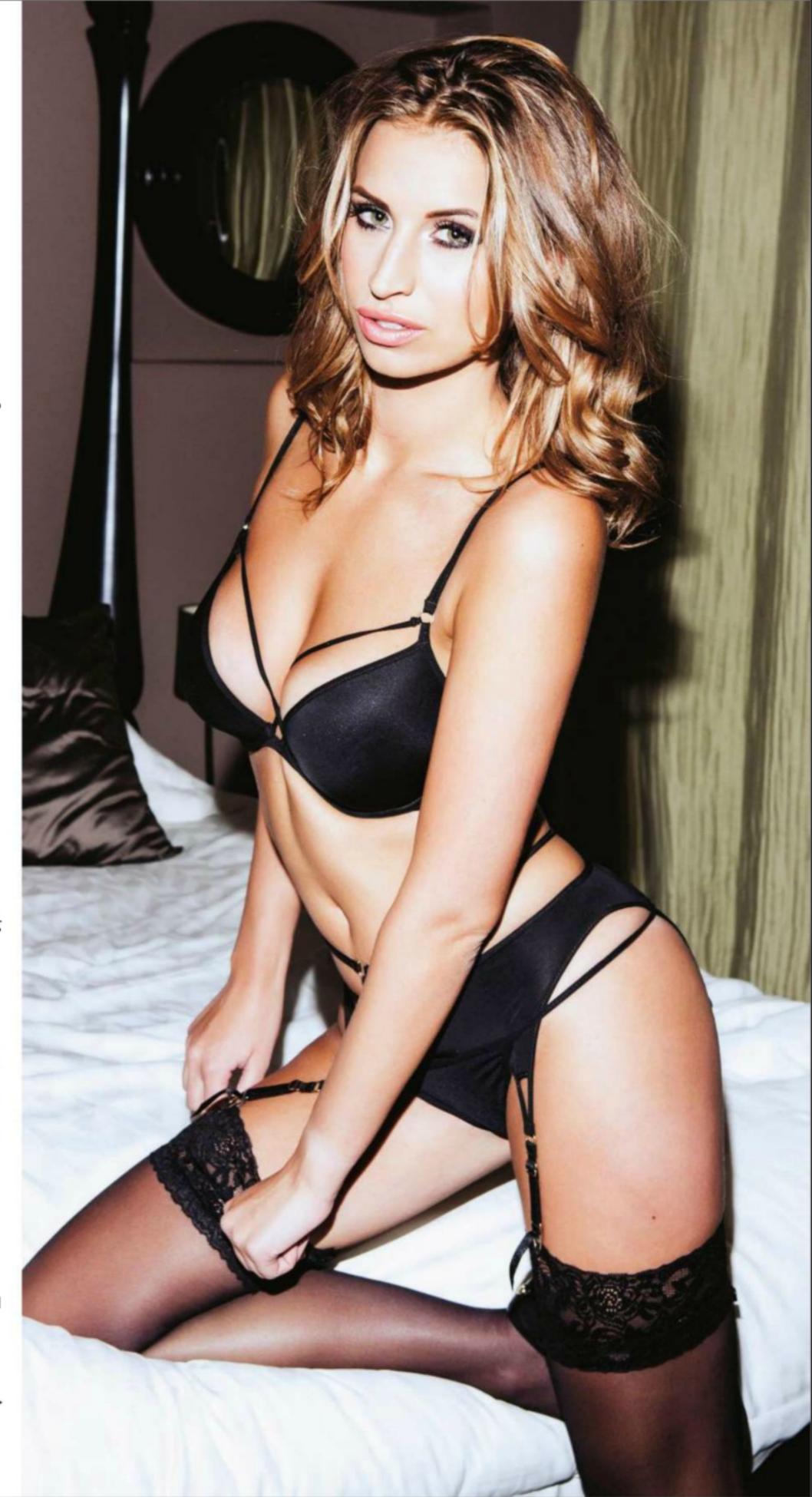
Ha! I just think when you've got an interesting, explosive, dramatic storyline you always get more screen time. When I joined, I seemed to get more time on screen than any other new character. Without wishing to blow my own trumpet, I feel like I'm a breath of fresh air.

What makes a bloody good night out, in your opinion?

When we all went to Vegas last year, we went to Calvin Harris, and I was within touching distance of Avicii. We went to a pool party, and there were so many of these girls – table brasses – who jump on men's tables. We're the type of girls to go out and buy our own drinks – independent women! Me, Billie, Sam and Lucy had such a wild time.

Is Las Vegas just the Brentwood of America, then?

Yeah, in Vegas anything goes!
You can get so glammed up
every single night of the week,
which is exactly what Essex





is like. Vegas is just insane. It's full of beautiful people and everyone just wants to have a good time. The clubs, bars and restaurants are all in the hotels, so it's got that kind of Miami feel. It's brilliant.

Now you're single, what sort of a chap are you looking for?

I'm not going to be another one of those characters on the show who ends up getting with someone who got with my best friend in the past. I'm starting to think that Essex is incredibly incestuous!

So much of TOWIE seems to be a lot of "he said, she said". Isn't it just like being in one big sixth-form common room?

I wouldn't say it's like being at school, no! The situation's weird, though, because it's not normal to see what your ex says about you behind your back. If everyone saw what people were saying behind their back, all hell would break loose. You'd retaliate - that's why there's constant drama and constant arguments. I suppose it could look like we're back in the playground, but it's all good fun.

Thanks for the chat, Ferne. Finally then, what's the strangest thing that a fan's done or asked for?

I haven't been on the show that long, so I haven't experienced that much of it. I had a fan come into the shop where I work who'd made me up a hamper of stuff - which I found quite weird. Some bar tweeted me the other week, saying, "It was so nice having Ferne McCann at our place last night..."

We see where this is going...

I was like, "What the f**k?" I definitely wasn't there! They tweeted something like: "She really enjoyed her bottle of Blossom Hill and she was great company." Then there was a picture of a photo of me in a frame, on a bar with a bottle of v so strange! a bottle of wine. It was







FAMOUS TYPES ARE ALL MINTED!

JACK SAYS: FALSE!

"I have the same accountant as Dappy, so I spunked all my money up the wall. I'm afraid I'm permanently penniless. I made some very bad investments with a guy called Bernard Madoff [an infamous Wall Street fraudster]. He seemed so nice - he made it seem like such a good idea. I pumped it all into that and everything I had spare I used to fund that *Diana* film, so it's been a terrible couple of years." [We think he's telling porkies about this - Ed]

THE MYTH: TOP COMICS
USE THEIR SKILLS TO
BED PRETTY LADIES!

JACK SAYS: FALSE!

"This is something that often gets said, but I think it's a lot easier to laugh a woman out of your bed, or laugh a woman away from your bed. Humour is the enemy of romancing. It's hard to judge what's appropriate. Someone always says the wrong thing and misjudges the mood. I've tried to be funny and it's all ended in tears on so many occasions."

THE MYTH: SHOWBUSINESS SORTS ARE PROBABLY SECRET "SEX PEOPLE"!

JACK SAYS: TRUE!

"People become interested in your sexual persuasion once you get a profile. There are rumours about every star being gay. I'm very camp. I watch myself and I'm like, 'Jesus Christ! Why am I so flamboyant?'
I spend so much time with Jamie Redknapp and people see the way he looks at me. It's embarrassing."

THE MYTH: CELEBRITIES DON'T USE PUBLIC TRANSPORT!

JACK SAYS: FALSE!

"I've only had a few altercations with rude boys on night buses in my life. You know the ones who sit at the back of the night bus and play their music really loud on their mobile phones? I find they don't like it if you make requests. I was drunk, I turned round, the leader of the pack stared at me and went, 'Yeah, what do you want, bruv?' I went, 'Ooh, some Michael Bublé?'"



THE MYTH: THE MORE FAMOUS
YOU ARE, THE DARKER YOUR SECRETS!

JACK WHITEHALL

JACK SAYS: FALSE!

"I don't know whether I would have been a serial killer if I hadn't become famous, although people have commented on how I look like a bit of a young Peter Sutcliffe. Serial killers normally keep themselves to themselves. Stand-up is the opposite of that. You're keeping nothing to yourself.

People who say that are wrong.
I don't think anyone does say it anyway!"

THE MYTH: FAMOUS
PEOPLE ALWAYS LOOK
DIFFERENT IN REAL LIFE!

JACK SAYS: TRUE!

"Someone told me that I looked like a fat version of myself, which was a great moment in my career. I was at a music gig in Camden, some guy came up and said, 'You look like a fat Jack Whitehall!' I said, 'Thanks very much. Now, do f**k off!'"

Jack Whitehall Gets Around tours from 5 March.
 See jackwhitehall.com



THE MYTH: FAMOUS PEOPLE BLAG THEIR MATES INTO AMAZING EVENTS!

JACK SAYS: TRUE!

"They normally get drunk and misbehave, so you've got to be careful which friends you take where. Me and my friend once fan-girled the Chuckle Brothers at the Royal Variety Show. You know, fan-girling? Going over and going, 'You're amazing!' Anyway, it wasn't even both Chuckle Brothers. It was a Chuckle Brother. It was Paul. Barry wasn't there. We both got overly excited, but I guess that was my fault rather than my friend's."

THE MYTH: COMEDIANS
ARE ACTUALLY REALLY
SAD PEOPLE!

JACK SAYS: TRUE!

"A lot of us are quite neurotic and not as happy as we are on stage. I wouldn't say that everyone's sad, but we all have bad moments, dark days. Comedy is very personal. I did a gig to a group of industrial gardeners in Bournemouth. One of them put me in a headlock, and security thought he was a stooge and part of the act, and it was very scary. I thought I might die."















ello Rosie! How
the devil are you?
Hello! Fantastic,
thanks. I'm still
recovering from
my annual jaunt
to Las Vegas with the girls,
which was good fun. I've also
taken delivery of a new puppy.

Awesome! We're a poochfriendly mag, so tell us more about your new best mate...

He's a French bull and is adorable, but he just poos and wees all over my house. Plus he always gets covered in mud so then I have to bath him. Dogs are awesome, but when you see them eat their own poo, it does put you off a bit.

Indeed. Is it right that you were stranded by the recent floods?

Yeah! It was pretty bad near me – all the roads were cut off. India Reynolds got completely stuck in her house, so we toyed with the idea of getting all the *Nuts* girls onto some sort of sexy ark to go and rescue people and boost morale.

Great idea! So, what's the most embarrassing thing that's happened to you recently?

The other day, I was on the high street – it was really busy. Anyway, coming out of a shop, I did one of those comedy slips you only see on films. My whole body went up in the air and I landed on my arse. I limped away in pain as no one came to help me. So embarrassing. And I fell down the stairs later that day. What is wrong with me?

Ha! So, how do you get yourself psyched up for a shoot when you don't have your fellow booby babes to bounce off?
Oh, I much prefer shooting with the likes of Holly and India – it's just such a laugh. You feel a bit lost and lonely shooting by yourself. Although I think we get more done.

Have you got any Rosie Jones nights out coming up soon?
We've got one planned for this

We've got one planned for this week, actually. Me, India, Holly, Glover and Charlotte ▶





McKenna. I think that's a pretty strong group, right? Then we're all having a big sleepover at India's house after.

That'll be all pillow fights in your knickers, we presume? Er, of course!

After all this "neknominate" malarkey, do you lot have a fail-safe drinking game?

I've got one that I always play, so perhaps it's time to learn a new one. The one I always do is a bit complicated. The point of the game is that you can never show your lips, if that makes sense. And then you all have vegetable names, and you have to call out each other's vegetable...

Eh? What on earth are you on about?

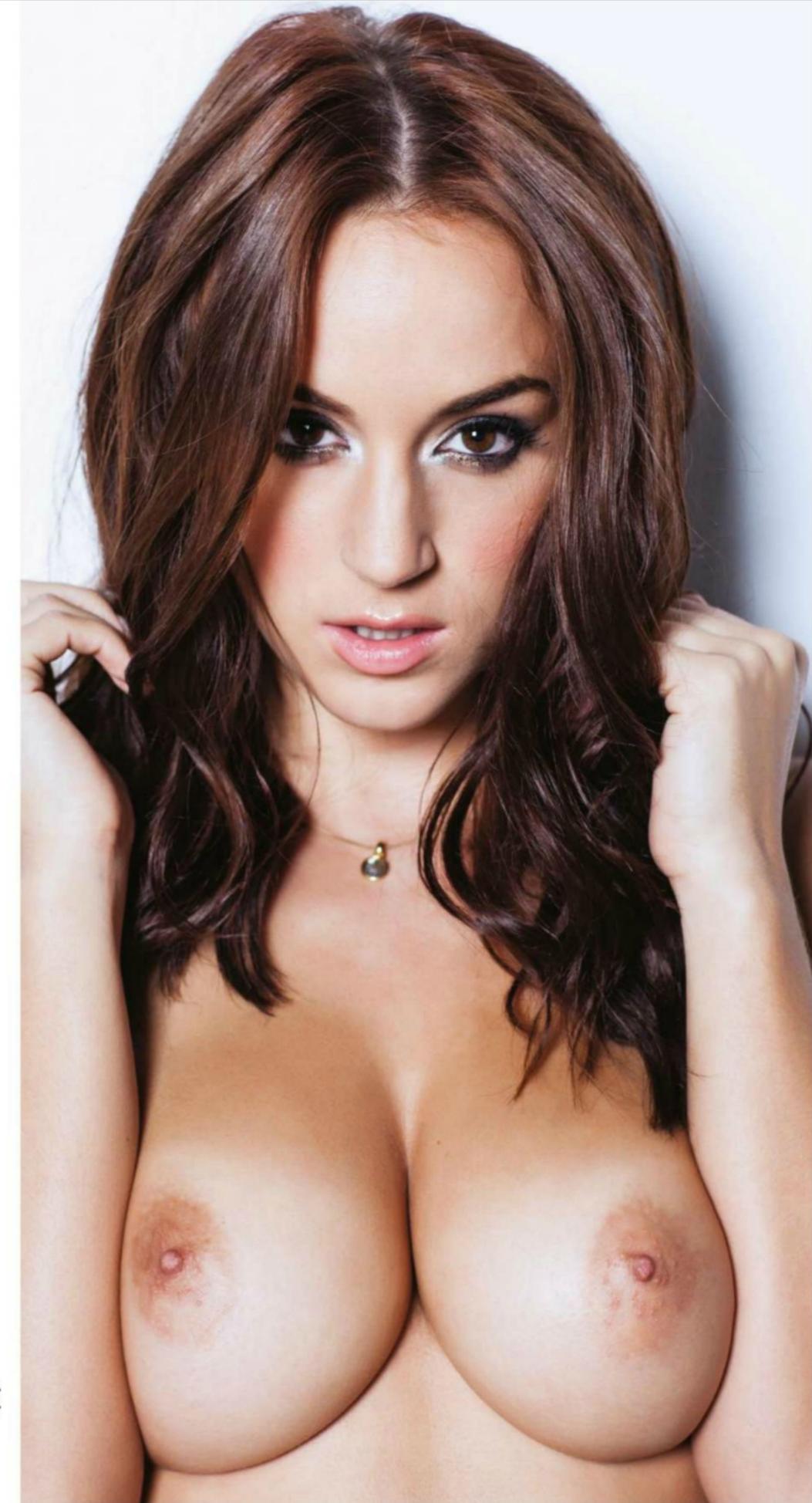
Ha-ha! Its sounds ridiculous, I know. But once you get into it, and you're all drunk and can't stop laughing, it's impossible to hide your lips. It's like doing an impression of a toothless old woman. Although, like all drinking games, I'm not really sure when you're supposed to drink. Just Google it!

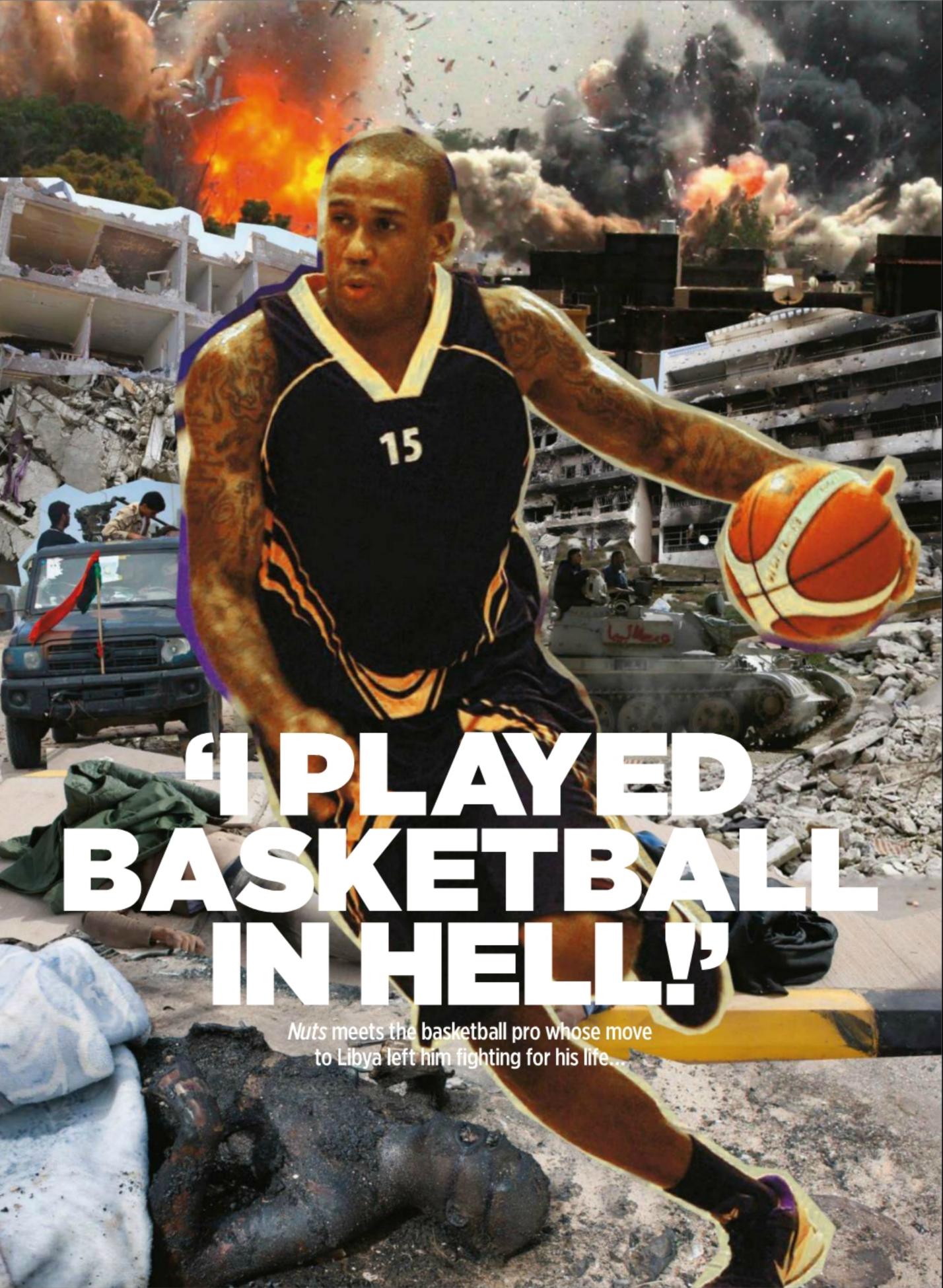
OK! Did you play that game a lot in Las Vegas?

We always play it in restaurants and manage to make a scene. But Las Vegas was amazing. It was pretty much nine solid nights – and a few days – of drinking. And a bit of work, too, of course.

Of course! Thanks for the chat, Rosie. Finally then, there's not much going on between now and spring. Got any advice for getting through this dull part of the year?

It's around about now that you should start planning your summer holiday – that should help to get you all excited. Plus they've already released loads of festival line-ups. I'll be off to Wireless again this year. And if none of that cheers you up, just buy yourself an early Easter egg. They start to creep into supermarkets around now.





basketball player
Alex Owumi
thought he
was making
a dream move
to the riches of the Libyan
Basketball League, but he
soon found himself caught up
in the middle of a bloody civil
war. Here's his remarkable
tale of survival...

Hello Alex. Why did you chose to play basketball in Libya?

It was 2010 and I was based in Macedonia. It was pretty bad – I used to get a lot of racial abuse and had bottles thrown at me. I told my agent to get me out of there. Two days later, I was told Al-Nasr [basketball team] in Libya wanted me. The prospect of playing in Africa excited me, as I was born in Nigeria.

Weren't you worried about Libya's political problems?

I was aware of connections with terrorist attacks like the Lockerbie bombing, but when I was growing up, Gaddafi was the face of Africa.

What were your first impressions of the country?

It was scary at first – my street was run down and the lift up to my place didn't even have a door. But I was given a place on the top floor, and my front door was like a bank vault. When I walked in, I was like, "Wow!" The place was like the Taj Mahal! I later

found out it belonged to Gaddafi, and that he owned the team I was about to begin playing for.

What was the pressure of playing for Gaddafi like?

My team-mates
were under fire, and
you could see it in
their eyes. The
pressure was really
on. I'm not saying
I would've been
beaten up, but the
others might have

been targeted. Gaddafi's security had done it before to them. Luckily, we went on to win six straight games!

How were you rewarded for good results?

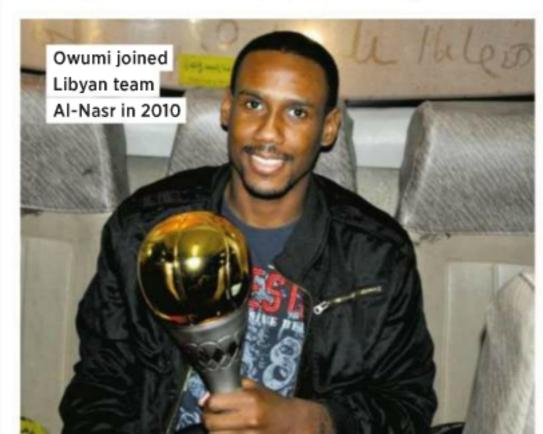
After one game, the team's president came up to me and handed me an envelope. "This is from our leader," he said. On top of this, I never paid for anything. People saw the recognition I'd received from their leader.

What can you tell us about the outbreak of war?

I was on my roof, looking over the city. A crowd gathered and suddenly there were gunshots. I lost all feeling in my body, and my heart skipped beats. The sun was out, but as soon as that first shot went off the sun went away and it felt like evil spirits had taken over. All I could see were bodies all over the ground.

What were your worst fears?

I thought the military were going to invade the city, taking people from their houses. This did happen in the end. I heard screams from outside my front door so rushed to see what was going on. My next door neighbour was out cold, and a soldier was beating up the man's daughter. My first instinct was to take that soldier's life, but another soldier with an AK-47 forced me back into my apartment.



So you were trapped in your apartment?

Yes, in
Benghazi
you used to
buy all your
food fresh,
and I'd given
what I had
to my
neighbours.
But as two
days turned
to four
I became
desperate.

I did what I had to do to survive – I drank water from the toilets and rainwater. I ate anything – worms, cockroaches or a dead bird. It was like stuff I'd seen Bear Grylls do.

Did you think you would die in that apartment?

The air force was dropping bombs two blocks from my apartment, day and night. You could smell death in the air, for sure. I couldn't sleep. There was never more than five minutes' peace between the bombs and gunshots.

How did you make it out?

I was locked in my apartment for 16 days before I said to myself, "Enough is enough." Nobody was coming to help me. I had to do it myself. My apartment had no power, so I couldn't charge my phone. I would

> turn it off and on to see if people had tried to contact me. Luckily, one day I left it on longer and my friend Mustapha got through. He said we had to get to the team president's house – he had a plan.



What was the plan?

First, I had to make it to his house. I got onto the street – there were bodies everywhere – and kids I used to play with running around with guns and machetes. They carried me through the back streets because I was too weak to walk. They risked their own lives to save an American. From there, we would go by car to the Egyptian border – about a seven-hour drive.

Did you come under attack?

Gaddafi had actually hired mercenaries from West Africa to kill the rebel soldiers. At the first rebel checkpoint, we were hauled out of the car. Mustapha was kicked to the floor and a gun pointed at his head. I was ready to go down fighting. If they killed him, I was next for sure. Luckily, our driver managed to convince them we were just basketball players. For the rest of the journey we had similar issues. It was scary buying petrol while tanks rolled past. When we reached the border we were taken into a refugee camp inside Egypt's biggest prison. We would sleep in the yard next to a place murderers were kept!

What do you make of your time as Gaddafi's star player? If only I knew what turmoil

was going to unfold, I'd never have gone there.

 Alex's book Qaddafi's Point Guard is out now.

Nuts STUFF

The week's best TV, movies, games, fashion, music and tech!



Friday 7 March



Live Darts Gogglebox

ITV4 • 11.45am & 7pm

The UK Open's known as "The FA Cup of darts" as it's drawn at random with no consideration of world rankings, so you can get epic clashes in the early rounds and unlikely finalists like Mark Walsh of Wales or Gary Mawson from the USA. But some things don't change – the reigning champ is a certain Philip Taylor from Stoke.

CHANNEL 4 • 9pm

"Look at the size of

that bloody spider!"

The sleeper hit returns, with more weirdly compelling watching of folk watching telly. The posh boozers, hairdressing BFFs and chums give us the benefit of their opinions on *The Voice*, *The Taste* and *Saturday Night Takeaway*. Not confirmed, that lady who uses a Pot Noodle pot for a mug. We live in hope.



Adam Richman's Fandemonium

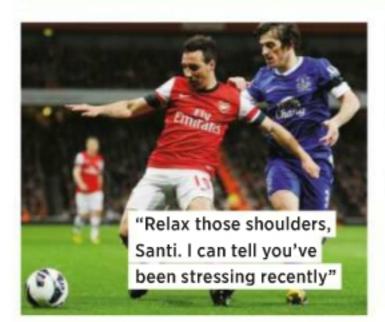
FOOD NETWORK • 9pm

Adam Richman leaves his Man vs
Food days behind him (boo!) to go
in search of super-fans – and, yes,
sample food – at massive events,
beginning with Nascar devotees at
the Daytona 500. Good fun, but not
as good as his grub-guzzling exploits.

 $\star\star\star$



Saturday 8 March



Arsenal vs **Everton**

ITV/HD • Midday

If Arsenal make it to the FA Cup final this year, they'll have paid their dues, as this is their third Prem opponent in it so far this year. Everton were electric when they visited the Emirates for a 1-1 draw in December, so they'll fancy their chances today.



True Detective

SKY ATLANTIC/HD • 9pm

Critics find this a bit slow, but there's enough here to keep us hooked on the crime drama of a seriously disturbed serial killer, the breakdown of the relationship between the two cops chasing him and lead detective Martin Hart (Woody Harrelson) playing away. Silly sod. He's got Michelle Monaghan at home.



Stewart Lee's **Comedy Vehicle**

BBC TWO/HD • 10.15pm

The comic explores different themes in a frequently hilarious routine, illustrated with sketches featuring an ensemble cast, including Brass Eye legend Chris Morris. Ace alternative comedy offering something different from the more mainstream crowd.



Sunday 9 March



"So I definitely hold it this way round, yeah?"

vs England

SKY SPORTS 2/HD • 6pm

After a few one-dayers in the Caribbean, England limber up for the T20 World Cup with the first of three Twenty20 matches against the hosts. So, let's hope for aggressive bowling, loads of boundaries, and no sign at all of an England batting collapse.



Top Gear: **Burma Special**

BBC TWO/HD • 8pm

It's March, so obviously it's time for Top Gear's Christmas special! The plane/globe graphic zooms off to Burma, where the chaps buy a lorry each and essentially become longdistance lorry drivers. So expect furry dice, hard rock and weeing in a bottle.



PART III

SKY MOVIES PREMIERE/HD •

The film took £25m in its opening weekend the second highest worldwide opening for an R-rated comedy behind... The Hangover Part II.



England vs Wales West Indies

BBC ONE/HD • 2.30pm

We're off to Twickenham for a game that could go a long way towards deciding who wins the Six Nations. In last year's corresponding fixture in Cardiff, Wales blew England out of the water, ending both their hopes of a Grand Slam and, obviously, the overall championship. This revenge mission should be interesting.

Monday 10 March



"Can you lie down? I need to play the ball where it landed..."

NEW SERIES "Sorry, I'm turning down your mortgage. LOL!"

KILL YOU

NAT GEO WILD/ **HD • 8pm**

Some animals are cuddly balls of fur that do nothing more threatening than chase tennis balls, others would rather kill you. like the fearsome critters covered in this countdown.



The Gadget Show

CHANNEL 5/HD • 7pm

In Oscars week, Jon (your dad, basically) and Jason (your Red Bullmainlining nephew) test out the ultimate home cinema set-up. There are guests galore as Jamal Edwards squints at mobile camera apps and Dominic Byrne peruses large-screen TVs. Elsewhere, Ortis Deley tests a bike-rollerblade hybrid.

Moone Boy

SKY1/HD • 9pm

More good-natured laughs following a 12-year-old schoolkid growing up in '80s Ireland, and his imaginary pal (Chris O'Dowd). Tonight, the young whippersnapper bags a job at a swanky golf club in the hope of saving enough money for a Sega Mega Drive. Almost as much fun as a Sonic The Hedgehog marathon.

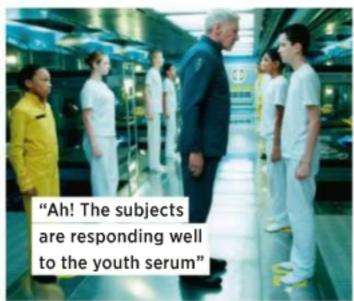
The Michael McIntyre Chat Show

BBC ONE/HD • 10.35pm

Minted merrymaker Michael McIntyre fills Graham Norton's slot for a few weeks (so to speak). Terry Wogan, Lily Allen and Lord Sugar are the guests kicking things off.

Tuesday 11 March

New issue of Nuts on sale today!



This may be a sci-fi film aimed at the

teenage market, its hero being a teen

war-gamer who gets to use his skills

for real, but any film in which Earth

fights off an invading alien force is fun

(Battlefield Earth excepted). Harrison

Ford is the grizzled International Fleet

leader hoping to turn teens into anti-



Bayern Munich vs Arsenal

ITV/HD • 7.30pm

plan to pull off the impossible and beat the Euro champs 3-0 to secure progression. Fun fact: at the time of writing, in their last five Bundesliga home matches, Bayern have scored

fakelegfetish.com had come up trumps again

Elementary

SKY LIVING/HD • 9pm

Twitchy Sherlock (Jonny Lee Miller) and hot Watson (Lucy Liu) investigate a Mafia murder, as the goodfella "Handsome Bobby" turns up, decapitated - thus not so handsome any more - in an oil drum, 21 years after going walkies. So Paul Sorvino guests as his mob boss pops. As usual, nothing is what it seems.

Ender's Game SKY BOX OFFICE/HD • From 6am

It's crunch time in Munich as Arsenal 17, conceded one. Plus! Ribery is back!

MY STRANGE ADDICTION TLC/HD · 10pm Including a mum who enjoys a good slurp of paint. Well, who doesn't start the day with a soothing mug of white emulsion?

alien war machines.

Wednesday 12 March



Barcelona **Breaking Magic** vs Man City

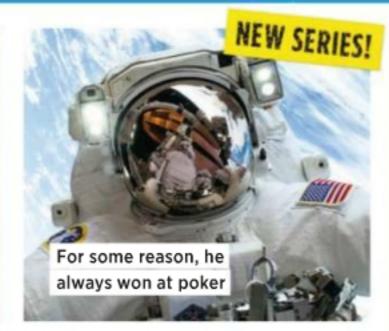
DISCOVERY/HD • 8.30pm

"These damn

ridiculous!"

floods are getting

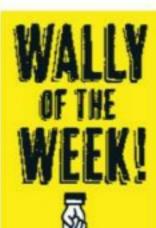
We have mixed feelings about this show. It's interesting finding out how magic tricks are performed, but on the other hand, it's a bit like seeing what Chrimbo presents you have before you open them - slightly anticlimactic. Tonight, Wayne Houchin attempts a dangerous underwater escape, then explains how it's done.



Astronauts: Living In Space

CHANNEL 4/HD • 9pm

Pretty soon, travel into space for regular punters will be a reality, but only if you're chuffing minted. This series explores what it's like to live and work in space, and gives us a clue or two as to what life will be like floating miles above the Earth.



PARTY WRIGHT AROUND THE WORLD

ITV2/HD · 9pm

Lovable former TOWIE wally Mark Wright travels the world throwing parties for people. Alright for some, isn't it?



at the Etihad though.

SKY SPORTS 1/HD • 7pm

City face an almost insurmountable

to overturn a two-goal deficit to

task, going to the Nou Camp needing

reach the Champions League quarter-

finals. Their record-busting goal tally

this season was of little consequence

Thursday 13 March



they win. Playing the bloodhounds

would spill the pint of.

"Great, hot girl on girl action and I'm allowed to watch!"

The Walshes

BBC FOUR • 10pm

Graham Linehan (Father Ted, The IT Crowd) co-writes this ace new sitcom about a tight-knit family who, because of financial hardship, are living under one roof in a West Dublin suburb. The first episode sees Ciara (Amy Stephenson) fretting about introducing her new boyfriend to her slightly potty clan. Funny stuff.



Celebrity Juice

ITV2/HD • 10pm

The comedy quiz returns, staking its place as the panel show equivalent of that "morning after" slice of pizza you find in the fridge - a bit gross but somehow incredibly satisfying! Usual host Keith Lemon is joined by the usual, rather gorgeous team captains Holly Willoughby and Fearne Cotton, plus guests Pixie Lott and Kian Egan.

NASHVILLE

MORE4/HD •

This soapy country music drama's one for the missus really,

but if you do get roped into watching it, look

out for lovely

Clare Bowen

10pm

Manhunt DISCOVERY/HD • 9pm Great TV, this. Former Navy SEAL Joel Lambert has 48 hours to evade some of the world's best military tracking units. He gets to his

PHOTOS: REX FEATURES, ACTION IMAG waypoint, he wins. They catch him, this week are the Philippines Army Scout Rangers. Chaps no sane man

Nuts WEWs

MOVIES



A

THE GRAND BUDAPEST HOTEL

10 March • 15 Wes Anderson weaves another fantastical yarn

starring Ralph "Voldemort" Fiennes as a philandering silvertongued hotel concierge on a mission to evade a hitman, pull off a prison break and snaffle a priceless painting. This chuckle-filled '30s caper also starring Bill Murray, Jude Law and Adrien Brody is a raucous romp from start to finish. ★★★★



DVD & BLU-RAY





GRAVITY

DVD & Blu-ray • 12
This Brit-American
space sci-fi thriller
gobbled up awards
at the Baftas, and

while it's not quite worthy of all the praise, it's worth watching alone. Sandra Bullock and
George Clooney are the medical
engineer and astronaut caught
in a desperate struggle to
survive after an accident leaves
them cast adrift in space.
Visually stunning. ★★★

for the out-of-this-world effects





JACKASS PRESENTS: BAD GRANDPA

DVD & Blu-ray • 15 Johnny Knoxville shocks unassuming

Americans as the badly behaved OAP on a road trip. ★★★★





THE AMERICANS -SEASON 1

DVD & Blu-ray • 15
The excellent drama about two KGB spies in the USA is

back for a second season soon. Until then, here's the first. $\star \star \star \star$

MUSIC



PHARRELL WILLIAMS

The big-hatted twerp does put out some catchy pop songs. This is his first solo effort after last year's epic collaborations. ★★★



VARIOUS ARTISTS BOB DYLAN - THE 30TH ANNIVERSARY CONCERT

One for true fans. Two deluxe DVDs of a four-hour show, two CDs and a free choc ice! OK, the last bit's made up. ★★★



BLOOD RED SHOES BLOOD RED SHOES

We've got a lot of time for this top twosome from Brighton. There are definitely a few indie-rock gems on this effort. ★★★



RICK ROSS MASTERMIND

The beardy rapper's sixth studio album (produced by Sean Combs) has had its setbacks, but here it is in all its daft glory. ★★★

RATINGS: ★★★★★ Genius ★★★★ Very good *★★ Investigate ★★ Alright ★ Rubbish

GAMES





THIEF

All formats Classic stealth game gets a reboot. The reported development hell is

apparent in a few rough edges and inexplicable gameplay

weird in a first-person game), but it's mostly an atmospheric and pretty game of swiping and exploring as you play Garratt, a master thief in a plague-ridden city, trying to work out where he lost a year of his life. ★★★★

oddities (you can't jump - plain







THE LAST OF US: LEFT BEHIND

PS3 DLC for the exemplary survival game is every bit as

good as the original adventure. Essential purchase. ★★★★





PLANTS VS ZOMBIES, GARDEN WARFARE

Xbox One

Much-loved tower defence game goes

all multiplay first-person shooter, enormously successfully. ★★★

APPS



FLASHSCORE LIVESCORE

iOS and Android

Amazingly comprehensive app bringing the latest scores from 26 sports and 3,000 leagues and competitions around the world. ★★★★



ITRANSLATE VOICE 2

ios

Speak into this app and it'll translate what you said into a language of your choice. Plenty of useful/ amusing potential. ★★★★



DONE FSS111 FOR CHARIEY.

Don't wear your undies. Do wear a sticker. Help raise awareness of male cancer. #goingcommando



GOING COMMANDO



Pick up a free sticker from any PADDYPOWER.



PLAY ON

You'll garner nine hours of music playback on one full juicing.

Sony headphones

Nuts says: Wireless and splashproof, these grab your head with a neck band, so are great for sports listening and connect to your tech thing via Bluetooth.

£100

² Fue

Nuts says: The world's smallest mobile phone charger at 3.3cm x 2.3cm x 1.3cm will slip onto a key fob for 20-30 mins of emergency talk/Instagramming lunch.

£25

Sandisk Ultra MicroSD card

Nuts says: Tiny memory card that now somehow holds 128GB of memory - same as the £639 top-of-the-range Apple iPad Air.

£125

Garmin Dash **Cam 20**

Nuts says: Camera that sits on your car's dashboard, looping footage of the road in front, in case you have a prang. A sensor knows if you've had a boo-boo, so saves the footage.

£200



SORRY, APPLE...

Uses micro USB, so good for most phones (Nokia, Samsung, Sony, LG etc).

THIN THING

Each of the 16 memory elements are thinner than a strand of hair.





SON

This is GPS enabled, so pinpoints exactly where an incident happened.



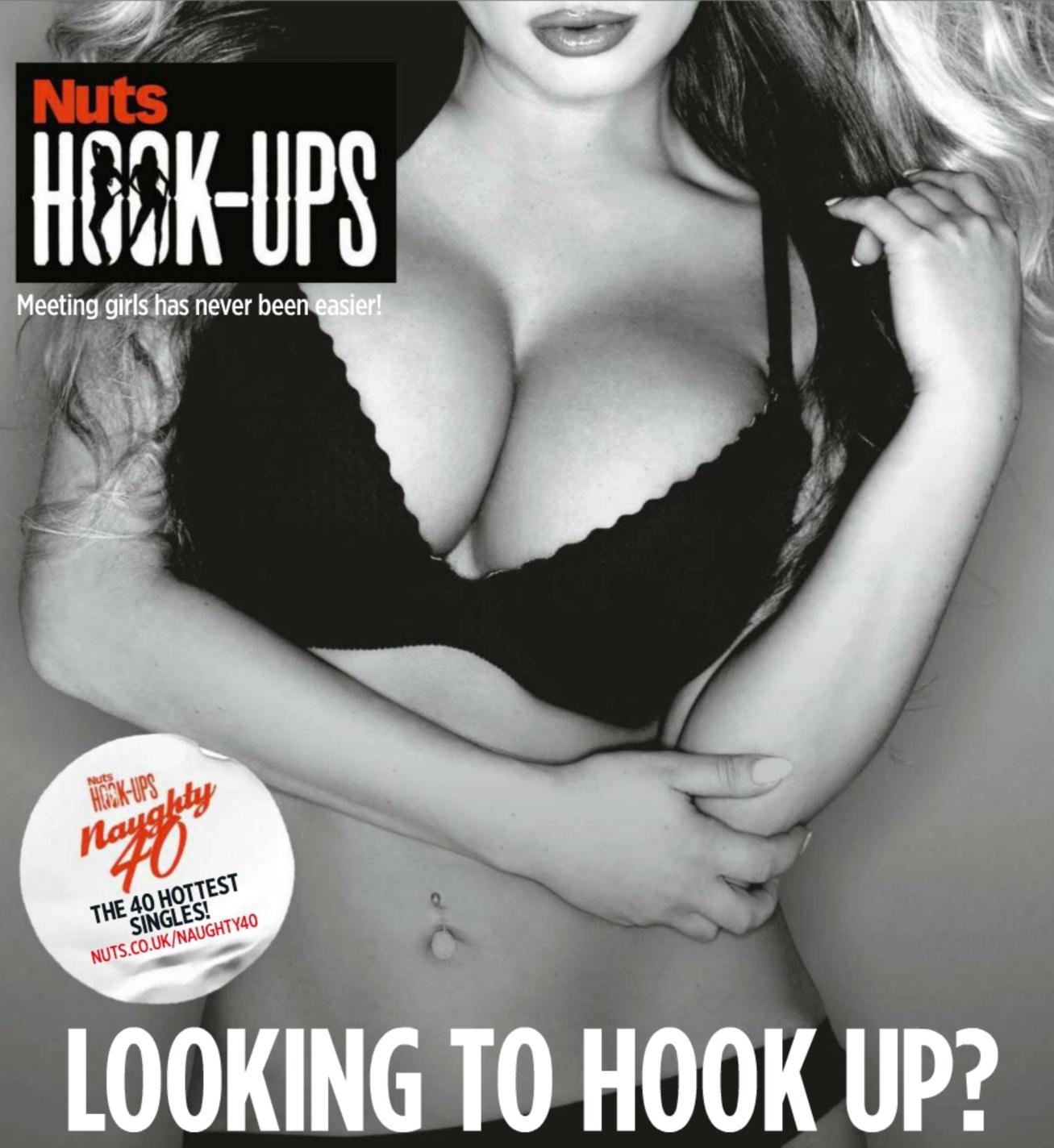




Nuts REAL GIRLS







Hundreds of girls are waiting to meet you in your area. Take a look at some of our members' stories and try it for yourself! No strings attached...

"As a girl, I've had the most amazing time meeting boys from the site. It's great fun and exactly what I was looking for. Some no-strings fun, whenever I want it!" "I just wanted to see what it was all about and signed up, thinking I'd only stick around for a month or so but three months on and I'm very happy with how it's gone – I'm not going anywhere!" "I've met loads of girls, and they're not shy! I think I'll be here for a little while longer yet - I just had no idea that there were so many girls right on my doorstep!"

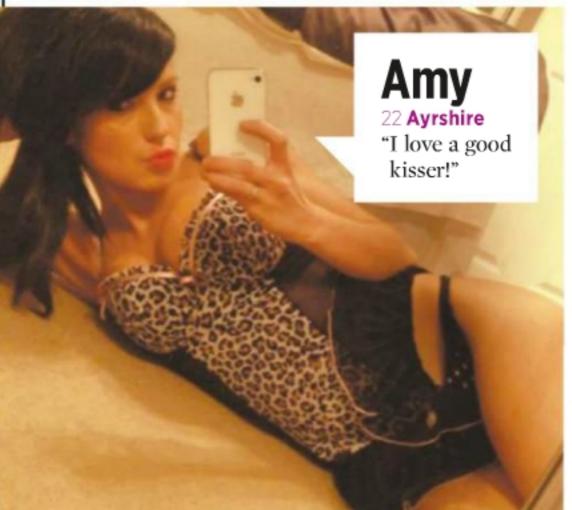
NUTS.CO.UK/HOOKUPS





Pick your winner – and she'll star in *Nuts!*







Samantha

"I used to work in

a lingerie store!"

20 Brighton

Vote now!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to www.
nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. Simple!

Ladies! Send your photos to **Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 OSU**. Or email **nutsgirls@ipcmedia.com**. You must be over 18.



Where's the best place you've had sex?

"I had some kinky fun in the sea a few years ago. The waves disguised what we were actually doing. If I told you all the naughty details, I'd get in trouble, but you get the gist."

What's your trademark move in the bedroom?

"My absolute favourite is sticking my bum in the air and giving it some grind. It shows off my amazing behind and the chap can never resist a bit of a cheeky bum grab."

What really turns you on?

"Being kissed up the inside of my thigh gives me goosebumps. I love working up a sweat beforehand, so a confident chap who can take control is a must. I also love joining them in the shower afterwards."

Is it better to give or receive?

"I love to give because knowing I'm pleasing a bloke is such a massive turn on. But who doesn't love to receive? I love using my tongue in the bedroom, put it that way."

5 What one thing would you really like to try but haven't yet?

"I'd love to get down and do it in the toilet on a plane. The risk of getting caught would be a thrill, but it'd be a massive cringe if we got busted!"

Ever got it on with a girl?"A few cheeky snogs. It's not really my thing, but if I had a chance with Megan Fox, I wouldn't turn it down!"

What's your favourite sexy outfit?

"Costumes aren't really my thing, but I have many sexy outfits from Ann Summers. Crotchless tights are my favourite. I'm a girly-girl, so anything that's pink and lacy is right up my street."

8 What's the rudest thing you've ever done?

"I love taking a naughty selfie.
I accidentally sent one to the
wrong person once. Maybe one
day I can feature one of my
cheeky selfies in here? I know
you wouldn't be disappointed."





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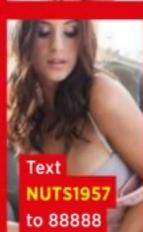
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SLADIES W TO OUR SECRETARY!

Racy revelations from our female readers!



CONFESSION OF THE WEEK

'We copped it in the car park

I WAS at the pub last week when a boy I'd been checking out began flirting with me. Soon we were snogging and pushing ourselves against each other. He took my hand and we went to the car park. I reached for his erection and started pleasuring him before he lifted me onto a nearby car where he thrust deep inside me. Just as we both climaxed, a beam of light shone onto us and then came the flashing blue lights. I ended up with a hefty fine. It was worth it though!

Michelle Swansea

'Fun with the roofer'

MY FRIEND and I had recently moved into a new house where the roof was

needing repair, so the landlord agreed to send someone to fix it. One afternoon I felt really horny and I thought I'd play by myself in my bedroom. I was feeling very relaxed, working my fingers the way I loved.

I glanced up at the window and noticed one of the roofers was watching through the gap in the curtains. He looked very guilty but I gave him a huge smile and got up off the bed. I walked to the window, naked from the waist down, and invited him in to give me a hand. A few minutes later, his boss buzzed on the front door looking for his mate and he had to use the excuse of needing the loo!

Cherry Birmingham

'A hard day at the office'

TO MAKE some extra money, I took a job cleaning offices on weekends. Most of us are women, but there are a couple of cute guys too. I flirted with one all the time. One day, I caught him in the disabled loo trying to open a dispenser. I explained he needed a key but he just looked confused. I stepped towards him, closed the door and he face lit up into a grin. He grabbed me by the waist and kissed me. Pulling my shirt up, he pushed my bra over my boobs and started kissing my nipples. Things got really passionate and he ended up taking me over the sink. We've worked our way through most of the toilets now! **Kathy Basingstoke**

Win £50! Ladies, send your confessions to louise_prior@ipcmedia.com or to the address on page 60. The best one each week* wins £50!

Nuts REAL GIRLS



SHARE WITH OUR

Ladies, got a saucy secret you can't keep to yourself? Send your sexy story to our Lou!

CONFESSIONS!

I joined Nuts Hook-Ups

recently and started messaging a local lad I liked the look of. We hit it off instantly and arranged a date for the following week. On the evening of the meal, I put on my tight black dress to show off my figure. As soon as we sat at the table, sparks began to fly. He kept dropping subtle hints and kissing my neck. He stroked my thigh and reached up my dress, pulling my knickers aside. I pulled out my lipstick, "accidentally" dropping it, and his hands went to his flies to release his erection for me to play with. As I came out from under the table, I winked and walked towards the toilets. We got a few looks from restaurant staff but nobody questioned us! Jo, Tunbridge Wells

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FA CUP SPECIAL!

Chamberlain: 'We've got it all to play for!

Arsenal's star on cups, cups and more cups!



Hi Alex! How would you sum up Arsenal's season so far?

We've done great. There've been ups and downs, but we're in the mix for a number of trophies. I don't think you can ask for better than that.

Isn't it mission impossible in the Champions League though? You're going to Bayern 2-0 down!

If we show the right character and desire there's always a chance because we certainly have the players to turn things round. It won't be easy but we went to their place last season and came away with a 2-0 win. There are two legs for a reason, so we still have an opportunity.

What's the most important factor in the title run-in?

Self-belief and togetherness. We're a tight unit, which counts for a lot. Something we've added to our make-up is the ability to win games even when we're not at our best, as all the best teams do.

Do you get annoyed when people write Arsenal off?

Not really, it just comes with playing at a club like Arsenal. There's always negative stuff, but we stay focused on the next game.

That's the FA Cup quarterfinal against Everton!

Yep! We're going into this game with a good feeling. We're in a great position in the league, too, so there's loads to play for. The FA Cup's a great competition with all the history and what it means to people so we'll give everything to get through.

You seem like you're champing at the bit!

My knee injury on the first day of the season was difficult but seeing the lads perform so well spurred me on to get back to fitness and be involved again. I've played so little football this season that I can't wait for the next games. I love playing, that's who I am, so to have that taken away taught me a lot about how fortunate I am.

There's a lot of talk about what's your best position. What do you think?

I'll play wherever I'm told! I see myself eventually as someone who operates

centrally but if the boss wants to use my pace out wide, I'm happy to do that. The focus is on the team, not on any individual.

Thanks, Alex. Finally, do you think you'll be on that plane to Brazil in the summer?

I hope so! The World Cup's the pinnacle, a tournament you watch on the TV and think, "man, I'd love to be part of that." If it happens it'll be a dream come true but, as always, the first priority right now is Arsenal, winning the next game and getting trophies.



"I shall play this game

running in the style

of a Pearly King"



Baines: 'We're not afraid for Arsenal!'

Everton's left-back on the hunt for trophies!

-

Hi Leighton! Your new manager Roberto Martinez

has you flying at the moment. Were you expecting such a smooth transition?

You're right, the new boss has come in and done great. Maybe some people thought that with the changes in management and coaching that we'd take time to settle, but it's gone great. Maybe we've surprised a few people along the way!

So just how good do you think Martinez is?

He came in with new ideas and a really enthusiastic attitude. Whether you're young or more experienced, there's always something fresh to learn under a new regime. That's what's been so good. We haven't rested on our laurels or accepted that "change takes time". Everyone has embraced what has happened and run with it. Having a new start can be exciting.

Was that why you signed a new contract at Everton? Everyone knows you were heavily linked to your former boss at Man United.

The club's future is strong so I wanted to sort my own out really, one way or another. When there's a load of transfer talk about you flying around, it can be a bit distracting, if I'm completely honest. It was flattering that the manager really wanted me to stay

at the club and I was happy to end the speculation.

You kept very quiet during the transfer window!

I had too much respect for the club to do anything else. It was obviously nice to hear that Man United were interested but, at the end of the day, I didn't want to behave in a manner which would disrespect Everton or the fans. That's just not me. Now it's sorted, I'm happy just to get on with things.

Is the FA Cup tie against Arsenal one of the season's biggest challenges so far?

To be sure, but that said, we're not afraid of anybody. You have to beat big teams if you want to win any trophy. We're looking forward to it because we know we can beat anyone on our day. And Everton have been starved of trophies for too long.

Thanks, Leighton. Finally, Everton's new style is, like a lot of English clubs right now, very continental. Do you think you'd be a hit if you qualified for Europe? We like to get the ball down, keep possession, pass and play, definitely. I don't think we'd have many adjustments to make if we qualified. But before we start thinking of

 Arsenal vs Everton, Sat 8 March, ITV/HD, 12.45pm.

that, we've got a hell of a lot

of hard work to do!





Meet Joel Campbell!

Everything you need to know about the man who downed Man United!

ARSENAL FANS the world over will have been chuckling about the fact that one of their own, 21-year-old forward Joel Campbell, thumped a beauty past Man United in their 2-0 humiliation at Olympiakos. He's on loan there, y'see. What else can we tell you about the goal-seekin' Costa Rican? Let's see...



He's an alumnus of Costa Rica's top club, Deportivo Saprissa, who've won the Costa Rican title 29 times.

Arsenal signed him in 2011, but immediately sent him out on loan, first to France at Lorient, and then to Real Betis in Spain, in order to get a work permit. He has that permit now, but is spending a third season out on loan, in Greece.

50

He has eight goals in 30 games for his country, including the winner against USA last year.

Arsenal paid Saprissa £880,000 to secure his services, making him just over 1/50th of the cost of **Mesut Özil**. His goal against Manchester United was his eighth of the season, More impressively, he managed four assists in a single game in a 5-1 win against OFI Crete last October.

Joel's English-sounding name is a result of the large English-speaking community in Costa Rica, most of whom are descended from Jamaican immigrants. You'll also find a Patrick Pemberton, a Roy Miller, a Kenny Cunningham, a Rodney Wallace and a Jonathan McDonald in the current Costa Rica squad.



He also played for
Puntarenas, who
have had 14
managers in five
years. Eat your
heart out,
Fulham!











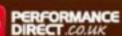
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English football is not in crisis!

One bad week doesn't define the league!

doomsayers have been out in force after England's teams failed to win in the Champions League last week.

It's the default reaction – the teams don't play well so the league must be rubbish. Nonsense! It's still the best league in the world, even if the football isn't always the best because of the pace of the game. Certainly, there

was a calmness to the way Real shrugged aside Schalke.

There's also talk that this shows how we need a midseason break – I don't buy that. The squads are big enough to handle a Premier League season – if a player is tired, you rest him. And a top club in the Champions League should have the squad to bring in good players – that's why they're in the Champions League!



Jose was betrayed!

IT'S BEEN another bizarre week in the Jose Mourinho soap opera. I'm not surprised he's disappointed that his comments about his strikers were made public.

There's an understanding that some stuff stays off the record, otherwise managers will become very guarded in interviews. Note, for example, how guarded David Moyes has become at Man United.

Some journalists don't care, but personally, I'd never dream of betraying managers' trust.



Sturridge could save England!

LET'S HAVE some good news now, and talk about the great form of Daniel Sturridge. This is brilliant news for England with the World Cup imminent!

We could finally have an answer to the striker problem. Sturridge, with Rooney in the Suarez role, will be a handful for any team and give England a real chance. Now that Rooney has sorted his long-term future, I expect him to settle.

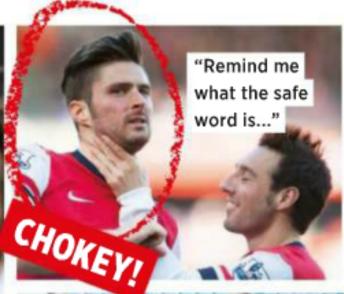
Rooney just needs to form the same understanding with Sturridge as Liverpool's "SAS", and then, make no mistake, England are in business.



 Send jokes, comments, pics etc to <u>kammy@ipcmedia.com</u>. <u>The</u> best one each week wins a signed *Nuts* T-shirt!

Football seen through the Nuts comedy glasses!



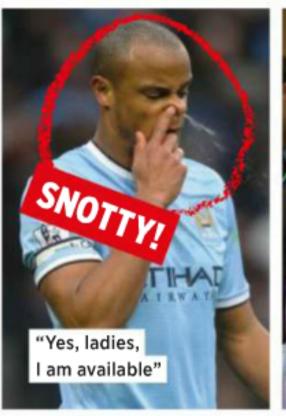












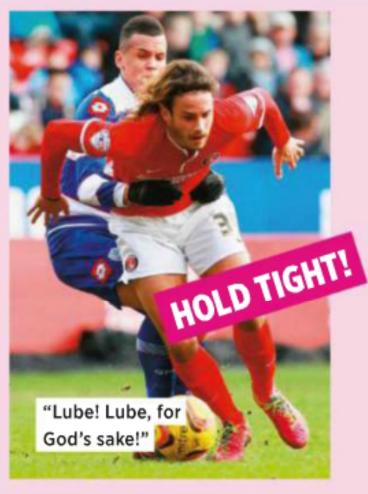


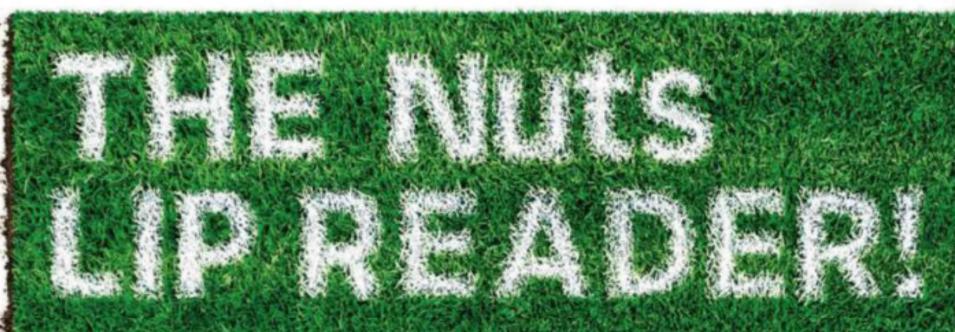
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MAN-LYVE CORNER!











John Cassidy is a *real* lip-reading expert. And a fully paid-up FA coach to boot!

III make the

When he watches a match, he sees every word!

Daniel Sturridge: "Thank you for giving me everything. I love you!"

Roberto Soldado: "Puta tu madre!" (It means, "f**k your mother!")

NORWICH VS SPURS Carrow Road, 23 February, 5.12pm We will do no such thing, sir!

Delia Smith (singing):

"We won, we won, we won, we won!"

NORWICH VS SPURS Carrow Road, 23 February, 5.49pm The Norwich co-owner isn't very good at football chants.

LIVERPOOL VS SWANSEA Anfield, 23 February, 1.33pm Praise the Lord, Danny's getting all religious.



CARDIFF VS HULL Cardiff City Stadium, 22 February, 4.23pm Ole starts the blame game as his side go four down.

Potity mouth corner!



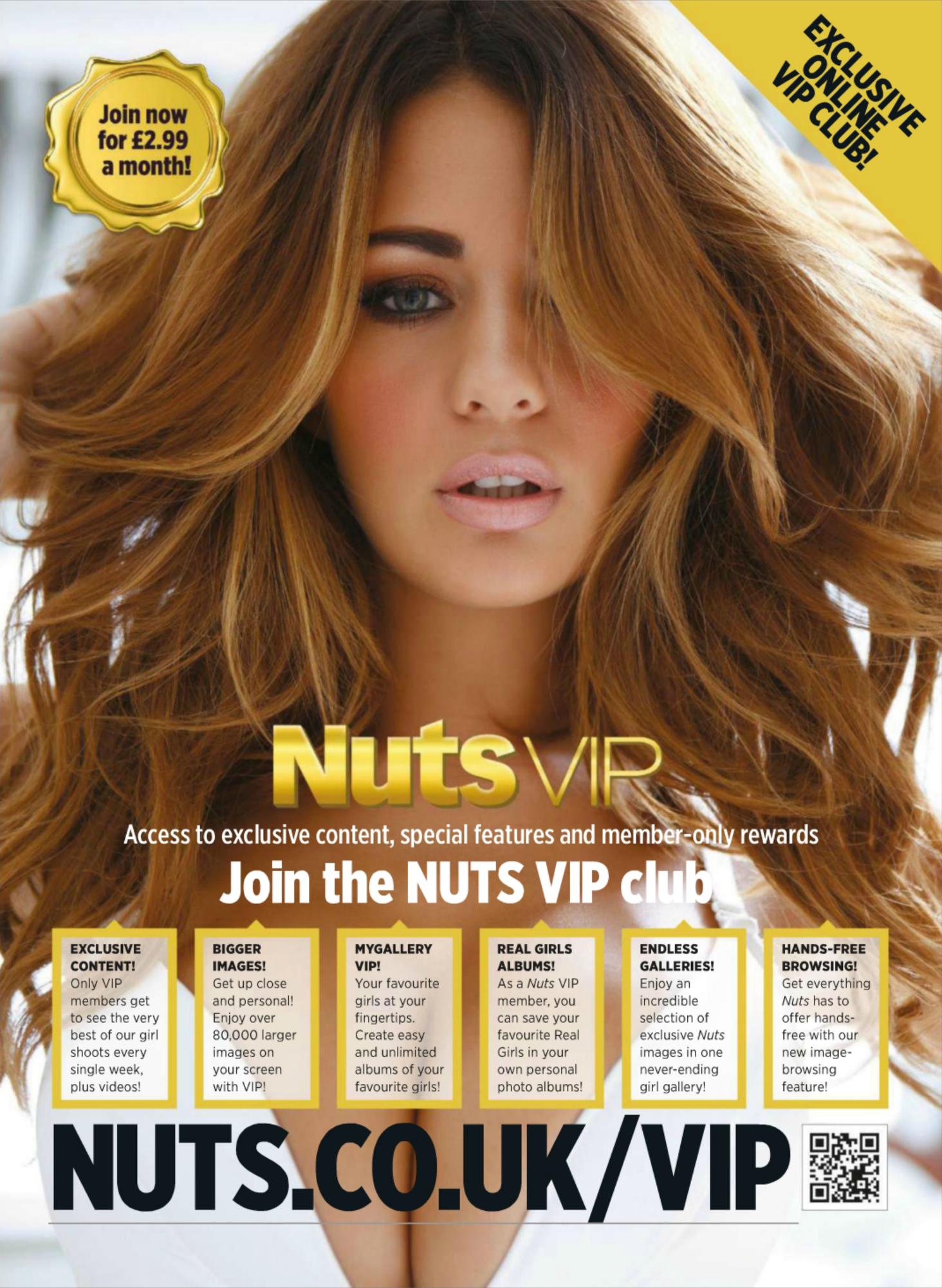
Jan Vertonghen:

"F**king sh*t! You f**king idiot!" Craig Pawson:

"Calm down, walk away!"

NORWICH VS SPURS Carrow Road, 23 February, 4.45pm The Spurs stopper's not happy about being penalised.

) CONTACT THE LIP-READER, WRITE TO: JOHNNYRCASS@HOTMAIL.COM













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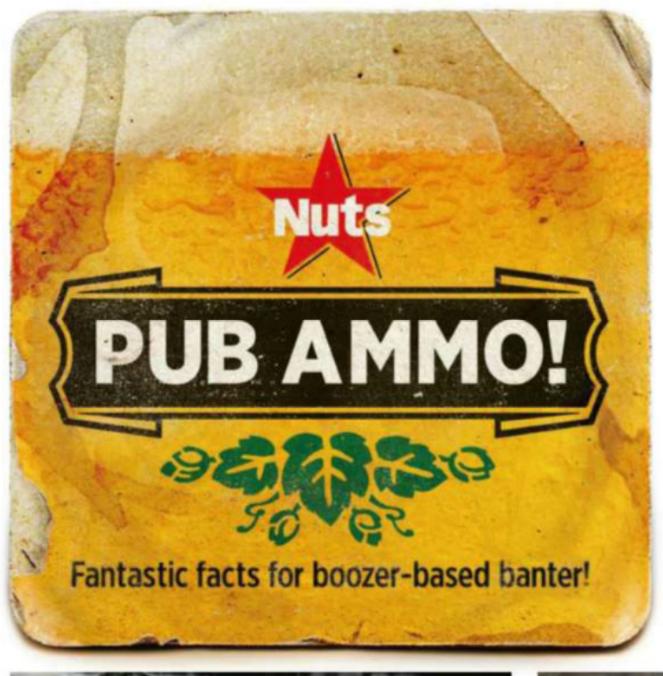












Two mammals, the **duck-billed platypus** and the echidna, lay eggs.



without suffering injury.





The medical term for a **blackhead** is an open comedo.

Cornish pasties

are first mentioned

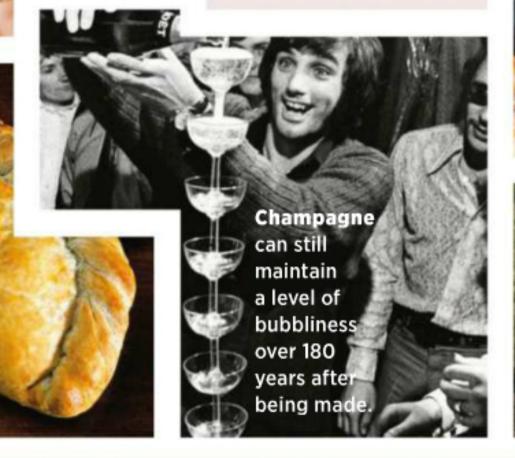
in literature in the

12th century AD.



The molten metal left over from cremations, from **coffin** parts, prosthetic limbs and teeth fillings, is recycled for money.







Pub ammo on... 300: Rise Of An Empire

- The hero of the first piece, King Leonidas, had to be written out of the script because Gerard Butler didn't fancy reprising the role.
- Much of the film takes place at sea, but all of the water you see in the film was added digitally.
- The quote "We will fight them in the shade" from
- the original 300 is still used today as an emblem on Greek military uniforms.
- 300: Rise Of An Empire is in cinemas nationwide from Friday 7 March.





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