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Nuts

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HOLLY PEERS PRESENTS...

SEXIEST NEW BABES 2011!

Fresh out of glamour girl training camp!







THIS WEEK

12–18 AUGUST 2011

Nuts NEWS

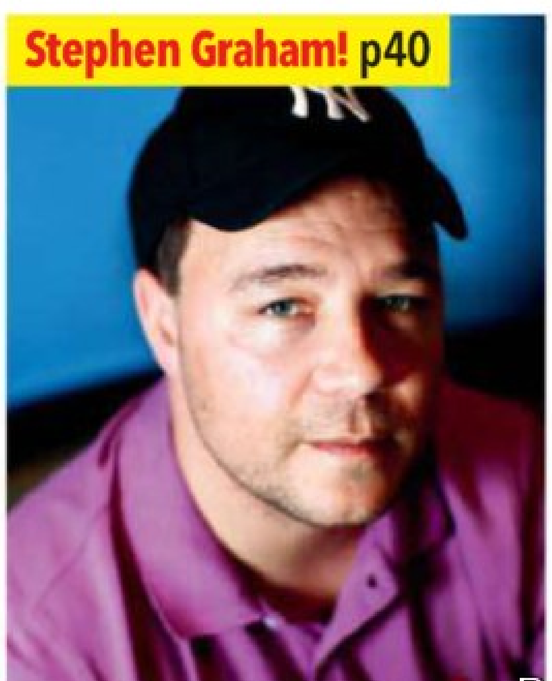
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Call Of Duty p18

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Holly Peers! p44

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IN Nuts!



CARS!

BMW i8! p12





FOOTY!

Ashley Young! p56



FILMS!

The Dark Knight Rises! p4

IN THE Nuts OFFICE!





StoreMags.com

Nuts NEWS

SAVING GOTHAM CITY, EVERY WEEK!



BALE!





SUPERHERO NEWS 1!

Batman: behind the scenes!

Amazing shots of *The Dark Knight Rises*!

BAT VS BANE!

The Dark Knight director Christopher Nolan is notoriously secretive about his movie-making process. But when you're filming a huge punch-up on the steps of Pittsburgh, Pennsylvania's Mellon Institute (standing in for Gotham City Hall), you're going to get the odd passing snapper.

Hence these amazing pics showing Batman (Christian Bale) having an epic dust-up with new villain Bane (Tom Hardy) during a break-out of prisoners from Arkham Asylum in the snow and a brand-new camouflaged Batmobile. Carry on, Mr Nolan, this all looks impossibly good!

4 Nuts

WORDS: RORY BUCKERIDGE PHOTOS: SPLASH, GETTY IMAGES, WENN

MASKED VILLAIN!

THWACK!

"Stop making fun of my ears, baldie!"

BATMOBILE!

"Little buggers have nicked my hubcaps again!"

"You won the best-costume prize last year, you sh*t!"

"Eggs, bread, milk, loo roll..."



Who is Bane?

Brit actor Tom Hardy plays the movie's baddie, Bane. This chap has genius-level intellect, combined with guile learnt from years in prison, plus impossible physical strength thanks to an advanced steroid called Venom that he's addicted to. That mask feeds him the stuff, in vapour form. In the comics, he's famous for breaking Batman's back!

"Ugh, I think a pigeon just got me!"

Maybe she'd put too much air in the tires after all

CATWOMAN!

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MAN OF STEEL!

"Someone call
for a locksmith!"

6 Nuts

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SUPERHERO NEWS 2!

Superman unveiled!

First look as Brit actor Henry Cavill pulls on the iconic tights

Well, the chest-glued "S" is strangely huge, the costume's a dark, muted blue and controversially appears to be made from that "sharkskin" material that swimmers wear, but this is the first ever look at the new Superman. Who just happens to be British actor Henry Cavill.

Filming hasn't even begun on next year's *Man Of Steel*, but we already know loads. Supes' ma and pa will be played by Diane Lane and Kevin Costner, Laurence Fishburne pops up as newspaper editor Perry White and *Boardwalk Empire* chap Michael Shannon takes villain duties as evil General Zod. Oh, and hot ginge Amy Adams is our hero's main squeeze, Lois Lane. So now you know as much as the whole internet. You're welcome!

WORDS: RORY BUCKERIDGE

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RUN FOR IT!

Kilometre-high cloud of doom!

Huge dust cloud completely consumes American town!

This dust wall, 900m high and moving in at a speed of around 40mph, is in the middle of swallowing the American city of Phoenix, Arizona, in one God-like gulp. Huge thunderstorms in central Arizona kick up these state-chomping storms, as summer temperatures hit highs of 43˚C, allowing for plenty of dust to feed them. Still, if you're a local, it's probably as tedious as missing a train or stubbing a toe. Or, you know, Jedward.

WORDS: RORY BUCKERIDGE PHOTOS: NICK OZA, THE ARIZONA REPUBLIC

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He'd been meaning
to get that exhaust
pipe fixed for ages

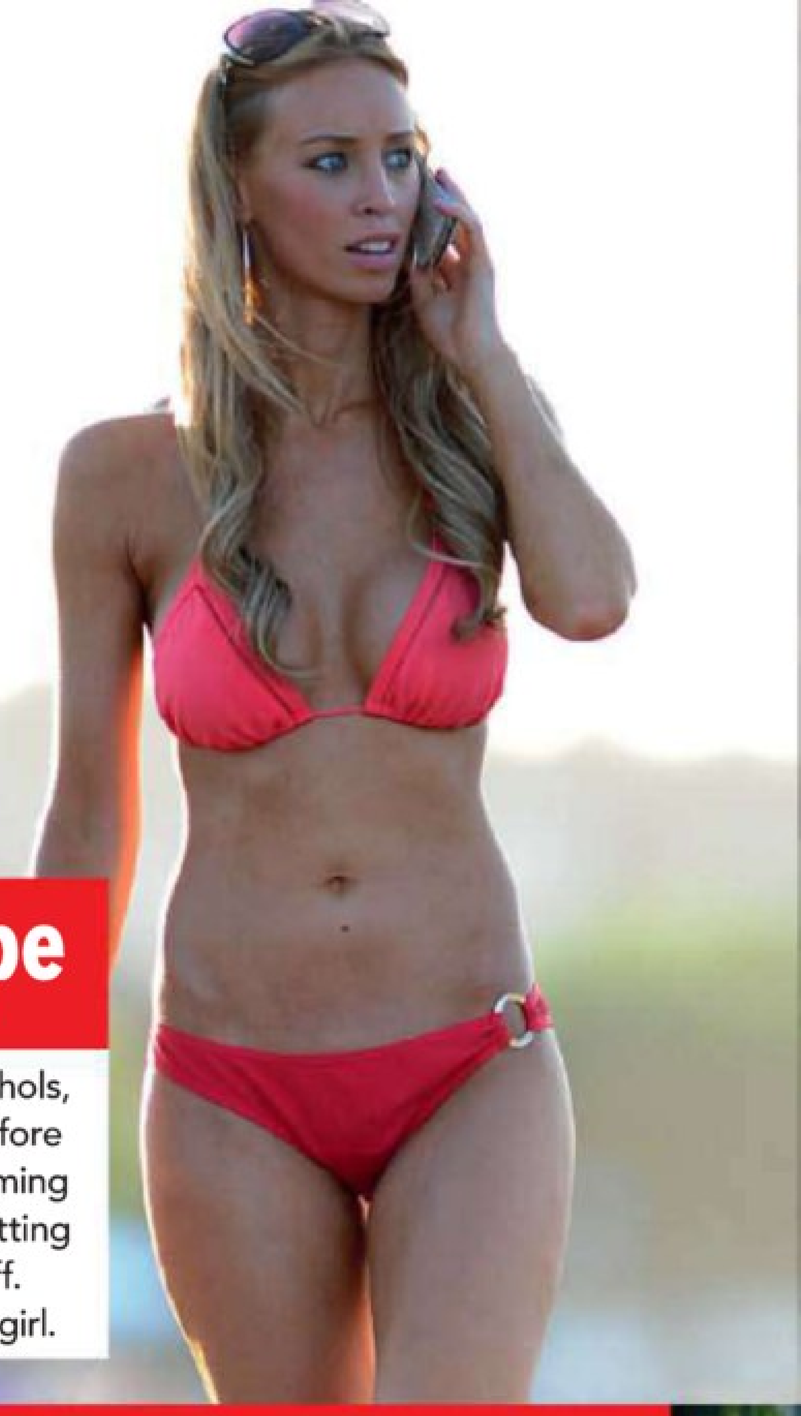
StockMage.com



Olivia & Mischa

In TV show *The OC*

With Olivia Wilde brightening up our multiplexes in *Cowboys & Aliens*, our picture chaps remembered this, her lesbian TV lip-locking with Brit honey Mischa Barton. Good times!



Lauren Pope

On her hols in Corfu

"Popey" Pope relaxes on hols, conserving her energy before the tiring new round of filming for *Essex*. That's mostly sitting around, talking about stuff. Which can take it out of a girl.

RUDE NEWS

A brand-new, exciting season of lady news!



Helen Flanagan

Out and about, London

Now, we're no fashion experts here at *Nuts*, but we know what we like. So here's our review… Headband: silly. Purse: shiny. Black dress showing off Helen's assets: five stars!



Imogen Thomas

Calendar shoot, Marbella

Imogen's signed a "big-money contract" to return to *This Morning* next year. Hopefully, alongside Holly Willoughby on the sofa. In just their knickers. Possibly a nice hat, on Fridays.

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WORDS: RORY BUCKERIDGE PHOTOS: TNI PRESS, SPLASHNEWS.COM, BIGPICTURESPHOTO.COM, SOLARPIX.COM, XPOSUREPHOTOS.COM

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NEWS FLASH!... NEWS FLASH!... NEWS FLASH!...



BMW's future supercar

Meet the i8 concept: does over 100mpg and is quicker than an M3!

- **BMW are a clever bunch of so-and-sos. This may not yet be an official production car, but with the grunt of an M3 and better economy than a Mini, this muscle-bound hybrid can't be ignored.**
- So how does it manage to whoop a V8-engined BMW M3 off the lights? That'll be the four-wheel-drive grip. And the fact it has a 129bhp, 184lb/ft electric motor driving the front rims, while a 220bhp, 221lb/ft three-cylinder petrol engine provides the rear-end shove.
- **In other words, it'll crack a 0-62mph time of 4.6 seconds. Think of the i8 as a handsome Toyota Prius that's been hitting the gym!**
- Being a hybrid, it can travel at low speeds purely on battery power for up to 20 miles.
- **But mash the throttle and the 1.5 direct-injected petrol motor chucks power to the rear wheels to top out at 155mph. Even more impressive is that the i8 will gun from 50-75mph in just 4.0 secs.**
- A modern, small lithium-ion battery pack means the car weighs about the same as a normal family saloon (1,480kg) and recharges in under two hours from a household socket.
- **BMW reckon the 3-Series-sized i8 will achieve a *minimum* of 104mpg, which is helped by stop-start engine tech, electric power steering and that gorgeous slippery coupé shape made from carbon-fibre-reinforced plastic (CFRP).**
- And this motor, which won't cost anything to tax or drive through London, also goes around corners bloody well, thanks to a perfect 50:50 weight distribution, low centre of gravity (that'll be the aluminium chassis) and double wishbone front and multi-link rear suspension.

In *Mission: Impossible!*

The i8 will hit the market in 2013 for around £110k, but *Mission: Impossible*'s Ethan Hunt already has one – it's in the blockbuster's latest trailer!



WORDS: JONNY SMITH

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0-62MPH IN 4.6 SECS!

£110,000!

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FROM THE DIRECTOR OF IRON MAN AND EXECUTIVE PRODUCER STEVEN SPIELBERG

DANIEL CRAIG HARRISON FORD OLIVIA WILDE

COWBOYS & ALIENS

12A Contains frequent moderate violence and scenes of intense threat

FIRST CONTACT. LAST STAND.

DREAMWORKS PICTURES UNIVERSAL PICTURES RELIANCE ENTERTAINMENT PRESENT IN ASSOCIATION WITH RELATIVITY MEDIA AN IMAGINE ENTERTAINMENT K/O PAPER PRODUCTS FAIRVIEW ENTERTAINMENT PLATINUM STUDIOS PRODUCTION A JON FAVREAU FILM DANIEL CRAIG HARRISON FORD "COWBOYS & ALIENS" OLIVIA WILDE SAM ROCKWELL ADAM BEACH PAUL DANO NOAH RINGER VISUAL EFFECTS AND ANIMATION BY INDUSTRIAL LIGHT & MAGIC MUSIC BY HARRY GREGSON-WILLIAMS COSTUME DESIGNER MARY ZOPHRES EDITED BY DAN LEBENTAL, ACE PRODUCTION DESIGNER SCOTT CHAMBLISS DIRECTOR OF PHOTOGRAPHY MATTHEW LIBATIQUE, ASC EXECUTIVE PRODUCERS STEVEN SPIELBERG JON FAVREAU DENIS L. STEWART BOBBY COHEN RANDY GREENBERG RYAN KAVANAUGH PRODUCED BY BRIAN GRAZER RON HOWARD ALEX KURTZMAN ROBERTO ORCI SCOTT MITCHELL ROSENBERG BASED ON PLATINUM STUDIOS "COWBOYS AND ALIENS" BY SCOTT MITCHELL ROSENBERG SCREEN STORY BY MARK FERGUS & HAWK OSTBY AND STEVE OEDEKERK

DREAMWORKS PICTURES UNIVERSAL SCREENPLAY BY ROBERTO ORCI & ALEX KURTZMAN & DAMON LINDELOF AND MARK FERGUS & HAWK OSTBY DIRECTED BY JON FAVREAU

CowboysAndAliensMovie.co.uk ParamountPictures.co.uk

SOUNDTRACK ON BACK LOT MUSIC and VARÈSE SARABANDE

AT CINEMAS WEDNESDAY AUGUST 17

AND IMAX

Nuts EXCLUSIVE!

Drone of death!

It's the world's coolest remote-controlled helicopter

Clad in what can only be described as "stealth black", this gorgeous piece of hardware is the Shadowhawk UAV, made by American defence company Vanguard Defense. Only 2.1m long and weighing 22kg, it packs an arsenal of tasers, grenades and shotgun shells, and is currently being used by an oil company to track and destroy pirates off the Horn of Africa.

Broadcasting real-time images (with handy cross-hairs added for when the shooting begins), the controller pilots it from a secure base, sending it to crisis areas where it can operate at no risk to soldiers/cops/mercenaries. Makes our £50 'copter from Firebox look pretty weak!

WORDS: RORY BUCKERIDGE



LOTS OF GUNS!

HE'S FLYING IT!

SURVEILLANCE
It can maintain aerial surveillance of an area (or vehicle or person) at 200m without being detected.

PERFORMANCE
The drone can reach speeds of 70mph and can fly for up to three hours on a single tank of petrol.



GUNS
The Shadowhawk can be equipped with shotguns and 40mm grenade launchers, or tasers for the police.

OPTICS
On top of a zoomable video camera, operators can switch between thermal imaging for night flights.

Even the army was struggling to cope with the new strain of cyborg mosquitos

Starfmags.com

Nuts EXCLUSIVE!

It's lingerie basketball!

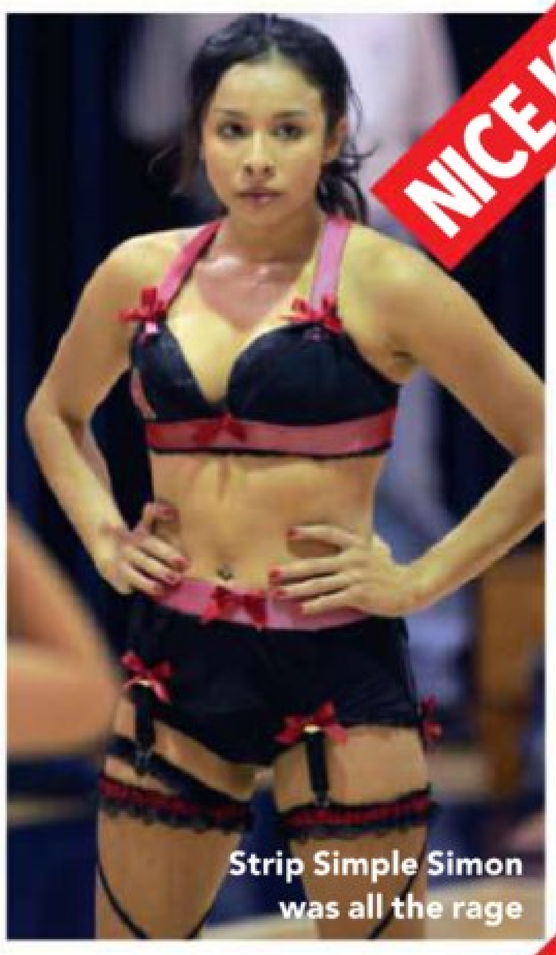
Like ordinary basketball, only hotter!



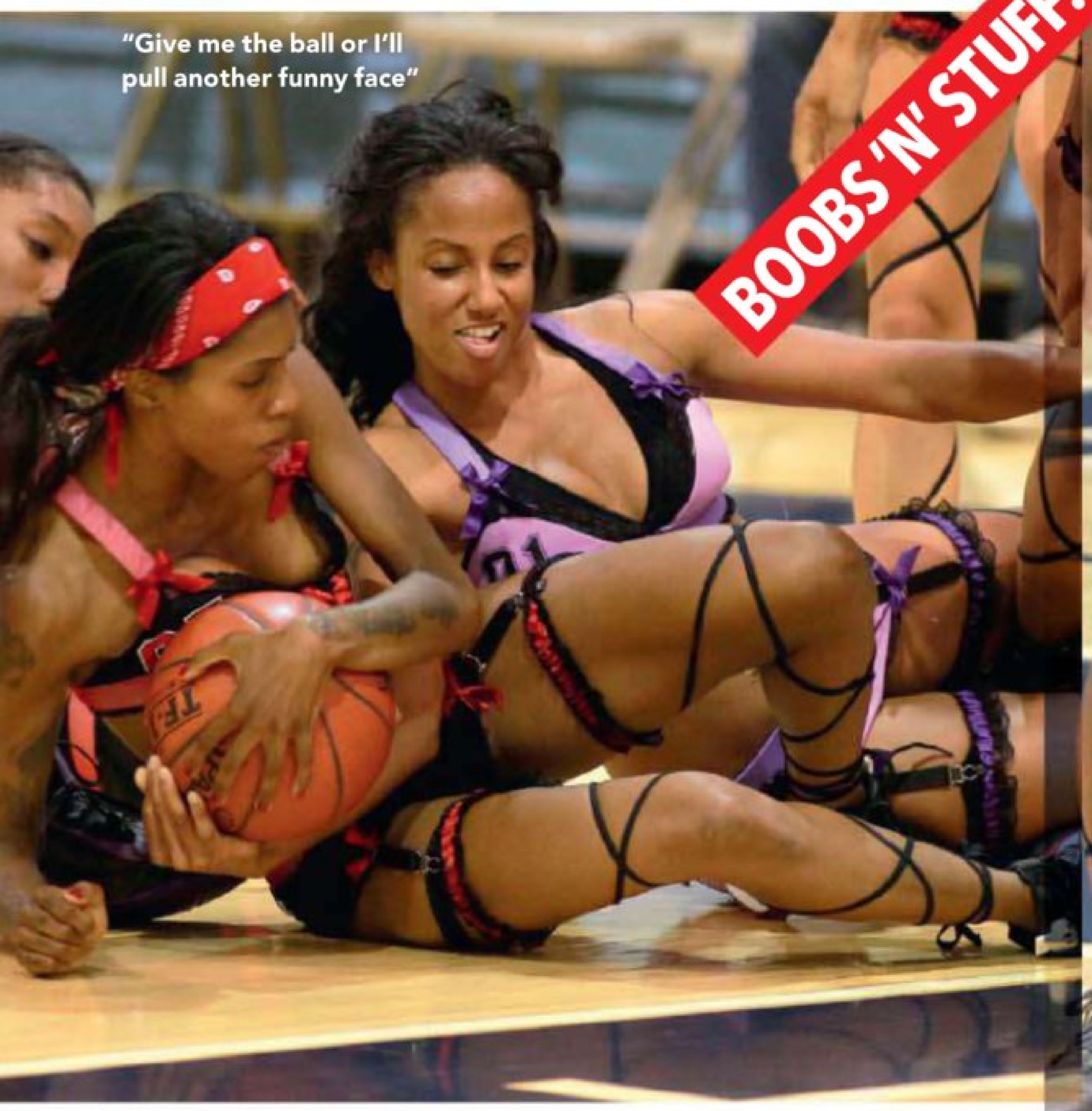
Basketball is usually about unnaturally lanky lumps squeaking around a polished hardwood court and sweating on each other. Fun, but not sexy. Luckily, some clever Americans have made the sport infinitely better by removing men and adding ladies. And lingerie.

The four-team Lingerie Basketball League, based in LA, joins the already established Lingerie Football League over there, which is terrific news for serious sports fans. If it was in Britain, of course, we'd probably have "lingerie rugby", which obviously wouldn't be quite so compelling.

WORDS: RORY BUCKERIDGE
PHOTOS: PACIFIC COAST NEWS







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own the game

adipower predator® adidas.com/football

"I told you we should've worn factor 30!"

SPACE SHOOTER!

Nuts EXCLUSIVE!

Zombies on the moon!

Call Of Duty's map packs land on Earth's satellite!

They don't explain how they managed it, but *Call Of Duty Black Ops*' zombies have somehow reached the moon. The fourth (and final) map-pack download is a zombies-only special, with four retooled and polished-up missions from *World At War* and *Moon* – a brand-new challenge set on the... you know.

Four *World At War* levels make a comeback, with new challenges and "surprises", Activision told *Nuts*. Hopefully the "hug a zombie" option we've been campaigning for.

The Black Ops Rezurrection *map pack will be available to download on Xbox 360 from 23 August, for £10.20. PS3 and PC to follow later.*

WORDS: RORY BUCKERIDGE

UNDEAD ACTION!

"I'm getting a bit old for these stag parties, Tony"

SCARY MISSIONS!

It was one tour too many for the Sugababes

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Nuts EXCLUSIVE!

Daisy and India's sexy splash!

Two girls, one pool – hotness!

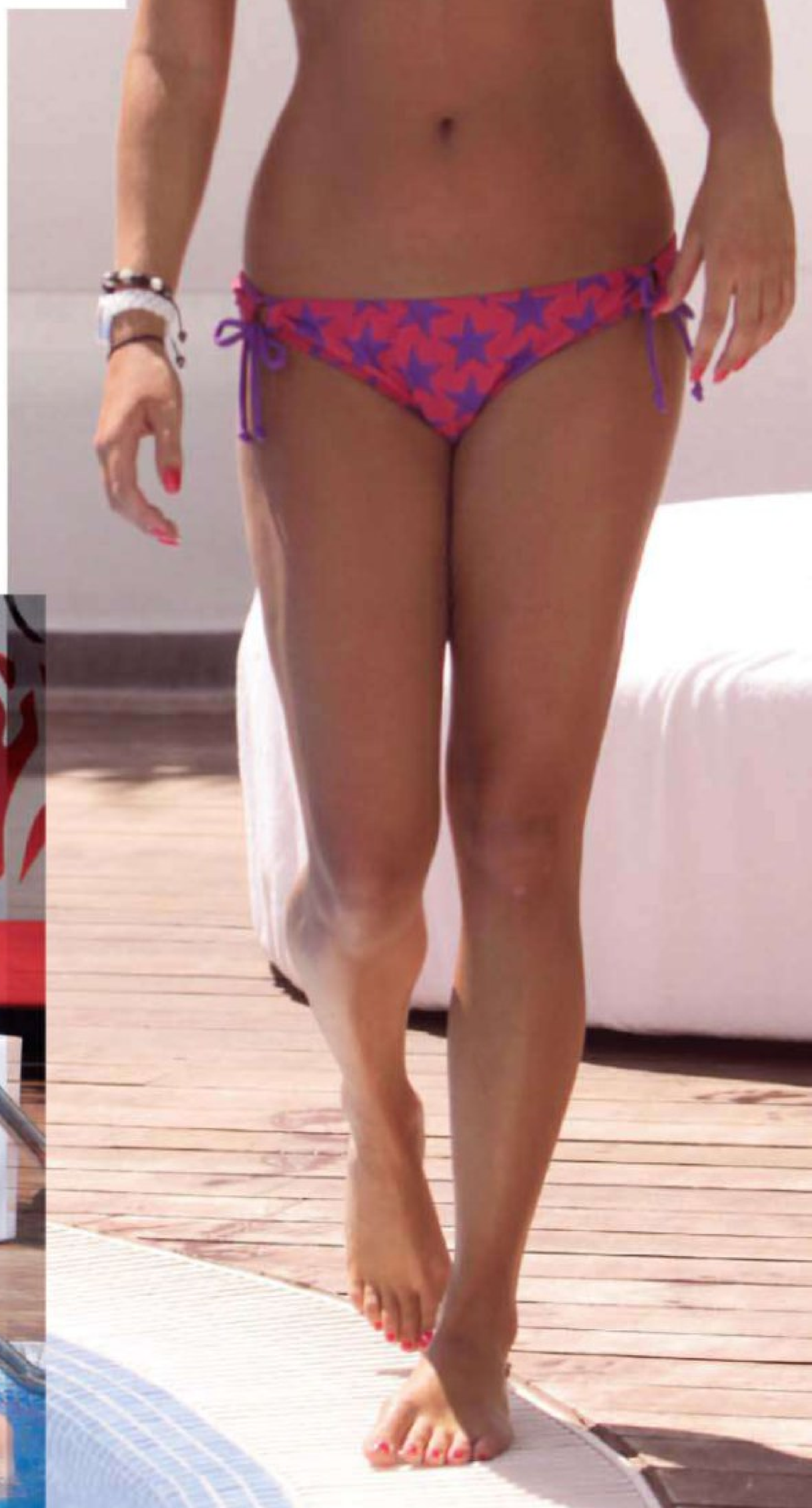
While the UK was left sweltering in temperatures of up to 30°C last week, *Nuts* babes Daisy Watts and India Reynolds must have felt pretty darn silly on their hols in Marbella.

As they relaxed (topless), by the pool, sipping cocktails and rubbing sun lotion into each other's smooth skin, they were missing out on experiencing buses, trains and traffic jams in *sensationally similar heat*!

They won't be making that mistake again!



Daisy's chicken impressions were getting tedious





WORDS: RORY BUCKERIDGE
PHOTOS: WWW.UNLEASHEDDIGITAL.COM

StoreMags.com



"Bet it's raining in London!"



"So *that's* how long a piece of string is!"

DOUBLE HOTTIES!

ONLY IN Nuts!

JIM JEFFERIES GOES NUTS!

It's the most offensive column on Earth!

'If you like kissing, you're f**kin' retarded!'

Kiss off!

Studies have shown that married couples over 45 can go for weeks without kissing each other. No sh*t! I'm 34 and I don't want to kiss other 34-year-olds. Let's be honest, kissing is a little bit f**kin' retarded, but women never seem to grow out of it. Men kiss women because we like them and we're a charitable bunch, but we don't like it. We used to like it in our teens, but then someone sucked our d*cks. Now, why would I want to play on the swings when I've been to Disneyland?

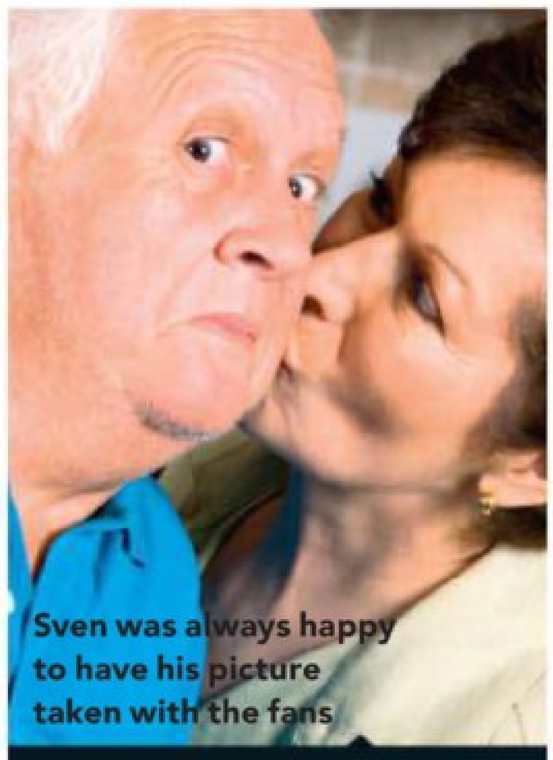


Heil, kitty kitty

Here's one for you animal lovers. (Awww, cute!) A kitten in a Wood Green animal shelter can't find a home because she looks too much like Adolf Hitler. The problem is, the people at this shelter clearly aren't selling the kitten right. That's not a Hitler cat, it's a Charlie Chaplin cat! That cat that looks like Osama bin Laden? Sell it as a Santa kitten! Mind you, that dog that looks like Katie Price may have to be put down.

Amy's wine house

The front of the late Amy Winehouse's home has been turned into a shrine, with fans showing up during the day to pay their respects. But at night, it becomes a hotspot for drunken revelry, with many claiming that "this is what Amy would've wanted". And I have to agree with them – it *is* nice and fitting. Lord knows, when Beth Ditto or that Rik Waller from [ITV reality show] *Pop Idol* die, I'll probably be sitting outside their house tucking into a huge f**kin' curry. Come to think of it, has anyone seen Rik recently?



Sven was always happy to have his picture taken with the fans

"We kiss women because we're charitable!"



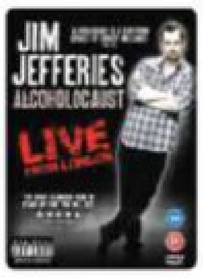
"Get me a fish or I'll invade Poland"

Duff stuff

A 29-year-old Welshman has become Britain's youngest grandfather. Shem Davies says he's looking forward to being a granddad, and talking about the good old days when a can of Coke cost just 70p and a PlayStation 2 was the only entertainment you had when the internet crashed. When he was young, they didn't have iPhones, they had iPods – and they were damn f**kin' happy to have them! On a serious note, it transpires that nearly 40,000 UK women under the age of 18 got pregnant in 2009 – although that figure dropped substantially when I moved to California.

A load of balls

Have you seen page 16 of this issue? Yes, in Los Angeles, they've just launched something called lingerie basketball, where women play the sport in their underwear. I, for one, am sick to death of stuff like this. If I want to see women prancing around in their underwear, I'll buy a copy of this magazine. If I want basketball, I'll watch tall guys playing it. I'll w*nk off to both of them but please – I like to keep them separate.



Jim Jefferies: Alcoholocaust Live is out now on DVD

PHOTOS: CLAY ENOS, LONDON MEDIA, ALAMY

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Nuts GEAR

Bose Companion 20 speakers

www.bose.co.uk

Nuts says: Tailored for your PC, these two-channel speakers emit big sound without distorting the bass.

£200

Tag Heuer Link mobile

www.tagheuer.com

Nuts says: Luxury mobile from the Swiss watch chaps. Outside are highest-quality materials, inside is the latest Android operating system. Usual Tag price though.

Finishes include black leather, carbon fibre and croc skin

£5,100

Xbox 360 headset

www.xbox.com

Nuts says: Swish wireless gaming headset for your Xbox. Bluetooth lets you use it with your mobile phone, too!

LEDs show what the headset's linked up to

£40

Unisak

www.unisak.com

Nuts says: Packed and delivered direct to your digs, this is everything a young academic needs, with 80 items, from kitchen utensils to duvets and pillows!

£150

WORDS: RORY BUCKERIDGE

Check out more reviews at www.nuts.co.uk/reviews

YOUR LETTE

Laugh? We nearly choked on our crisps!

Send your letters to **nutsletters @i**



Crash? Corsa it is!

Dear Nuts,
I drive a Vauxhall Corsa myself, so I was happy to see that they're not considered rubbish!

Chester, Norwich

Nope – by the look of it, the only rubbish thing about this little scenario was the person driving the car!

It's hot out here!

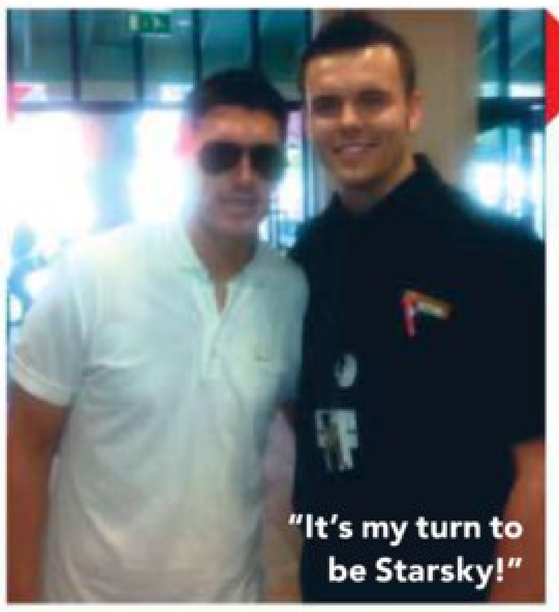
LETTER OF THE WEEK!

Dear Nuts,
I thought I'd send you a snap of my friends and I enjoying a holiday together, so that your readers can see what we get up to. We are, from the left, Anna, Jenny and Leanne.

Anna Middleton, via email

And there was us thinking that girly holidays involved visiting old ruins and nature rambles.





Midfield King

Dear Nuts,
This is one of my mates having his picture taken with Man City and England star Gareth Barry, who we spotted in Burger King at Alton Towers.

Jay Simmons, Staffs

He didn't really need to be in Burger King – playing for City, he already gets a "Whopper" of a pay packet every week!



Forces fan

Dear Nuts,
Here's your mag being enjoyed in some serious military kit!

Danny Williams, Afghanistan

Remember, squaddies, email *Nuts* for ace care packages!

STEALTH BUMMING CORNER!

"This is my mate, Charlie, stealth bumming a DJ!"
Rob Rees, Dorchester

ONLY IN Nuts!





Lip service

Dear Nuts,
While we were on holiday recently, we took time out from sipping cocktails on the beach to pop on our *Nuts* vests and give your readers our best pout.

Suzy and Hannah, via email

And a very fine pout it is, too. Or, rather, two of them. Good work, Suzy and Hannah!

Win Durex stuff!

Send your letters, hilarious spam pictures and Cameraphone Cutie shots to: **nutsletters@ipcmedia.com** or post them to the address on page 72. The sender of this week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both you and your missus happy. Visit **www.durex.co.uk** for more information.

*EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 72 APPLY

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RS!

pcmedia.com or to the address on p72



Home of Jedward?

Dear Nuts,
It's meant to say "Petard" but we're a bit childish!

Si, via email

At least it enabled us to have a pop at Jedward in the title!

CAMERAPHONE CUTIES!

Sexy snap-happy babes!

ONLY IN Nuts!



"Boobs out!" Christina, Havant

"Like the bra?" Amanda, Sheffield

"A nice, tight corset!" Yaz, Cambridge

Send us your pics! Do you want to appear in the pages of *Nuts*? Then simply text the word 'Nuts' and your sexy cameraphone pic to **0771 388 8008***



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YOUR JOKES

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SHORT JOKES!

I hear Steven Spielberg's making another movie about a swashbuckling archaeologist who searches for mythical artefacts unseen by men for many years. It's called *Indiana Jones And The Arsenal Trophy Cabinet*!

Mark, via email

What's the difference between a high court judge and a Premier League footballer? One's for gagging it in court when the other's caught gagging for it!

Patrick, via email

Doctor: You're going to have to stop w*nking!
Patient: Why?
Doctor: Because I'm trying to examine you!

Gareth, South London

Q: How do you make a hot dog stand?
A: Take away its chair!

Tom, Essex

Q: What's square and hairy?
A: A pubic's cube!

Russell, via email



That's pants

I was talking to one of the student girls next door and she mentioned that some dirty pervert had stolen her knickers from the washing line. Then she added that the police were looking at the CCTV footage from the camera mounted on the back of her house. I nearly sh*t her knickers!

Mark, London

Broken man

Bob takes a trip to his doctor's. "Doctor, no matter where I touch on my body I'm in the most terrible pain," he says.

"Show me where it hurts," the doctor replies.

Bob touches his head and cries out in pain. He does this when he touches his mouth, his arm and his stomach, until by the end, he's weeping with agony.

Bob wails, "Please, I can't go on! Do you know what's wrong with me?"

The doctor replies, "Yes, you've broken your finger, you idiot."

Bernard, via email





Sign language!

A man's working in the garden when his wife's about to take a shower. Realising he can't find the rake, he signals to his wife, pointing to his eye, then knee and makes a raking motion. "Eye. Kneed. The rake," he says while doing so.

His wife, now naked, nods and does a mime herself – pointing to her eye, then to her left breast, then her backside, and finally to her crotch.

The man's clueless. Exasperated, he goes upstairs and asks her, "What the hell was that?"

"Eye. Left t*t. Behind. The bush," she replies.

Mark, via email

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Win an Xbox 360 & *F.E.A.R. 3*!

The sender of this week's best joke* wins an Xbox 360 and a copy of brilliant paranormal first-person shooter *F.E.A.R 3*, which is out now on Xbox, PS3 and PC. All courtesy of Warner Bros Games.



S!



dia.com or to the address on p72



Right on the money

A guy meets a prostitute in a bar who promises him he can have whatever he wants for £300, so long as he can say it in three words. He agrees, slaps down the money and says, "Paint. My. House."

G, via email



Going for a snip

A boy goes to get a haircut and the barber whispers to another punter, "This is the most stupid kid ever. Watch this."

The barber puts a fiver in one hand and two quid in the other, and asks, "Which do you want, son?" The boy takes the coins and leaves. "See?" says the barber. "Stupid!"

When the customer leaves, he sees the boy exiting the ice-cream shop. "Why did you take the two quid instead of the fiver?" he asks.

"The day I take the fiver, the game's over!" comes the reply.

George, Paignton

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FAMOUS BLOKES' JOKES!



JIMMY CARR:
"A man aged 100 was taken to hospital with sunburn. He should think of it as a rehearsal for next week's cremation"

SEAN LOCK:
"I made my own survival guide. It was edible. Page one: 'Eat this.' People always survived"





JON RICHARDSON:
"That's Victoria Beckham's fourth baby by caesarean now. They may as well have just put in a hinge"



MILTON JONES:
"Elephants are overprotected. Then again, that's easy for me to say from my ivory tower"

ED BYRNE:
"I have a very liberal attitude to immigration. That is, until some Lithuanian doorman refuses me entry to a nightclub. What do you mean you won't let me in? We let *you* in!"



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YET MORE PLANKING!

PIC OF THE WEEK!



TANK PLANK!

"A man executing a plank on a tank!"
Anon, via text

DUAL PLANK!



"It's a pool hall double-plank!"
Gav, Scunthorpe



PLANK TRIP!

"My planking picture from a trip to Latvia!"
Marc Wright, via email

GEORDIE PLANK!



"Planking while out on the lash in the Toon!" **Rob C, South Shields**



PLANK LIFT!

"My pal disregarding health and safety by planking on a 20ft forklift!" **Gavin, Belfast**



CROSS PLANK!

"A 22-man plank on a crossing on holiday in Magaluf!" **Jason, Bristol**

DAFT PLANK!



"Do not try this at home under any circumstances!" **Anon, via text**

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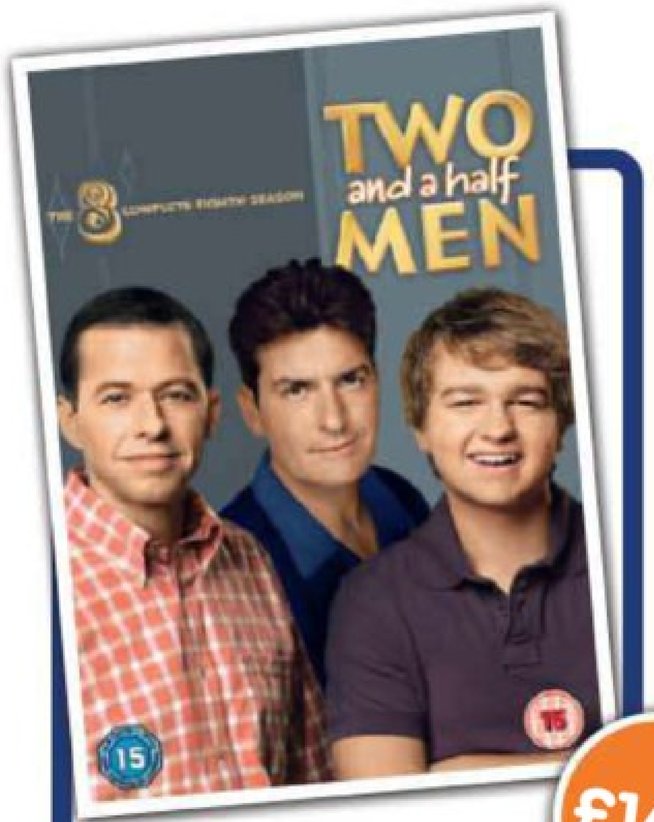
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THE TRUTH ABOUT SEX WITH... SABINE

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I can't always do it!

How can I let my girlfriend know that sometimes I'm just too tired to do it, without her getting offended?

Andy, West Bromwich

Why not improvise to save your energy? Perhaps ask her to go on top or try spooning? Or – for a real swordsman – discuss with your girlfriend exactly what you'd like to do to each other but ban any touching or sex during the week. By the weekend, you'll be ripping each other's clothes off!

Nuts BABES' SEX TIPS!

No.49: "New lingerie's a great way to make your girl feel sexy! She'll love trying it on for you!"

Gracie Lewis



Is her tongue piercing OK?

There's a girl I fancy with a tongue stud – my mates say this is because she loves noshing blokes off. Are they right and should I be worried?

Percy, Dunfermline

A tongue stud doesn't mean anything! I certainly wouldn't think it guaranteed more oral sex for you. It can hint that she's a risk taker, but don't make too many sexy assumptions!

Am I a stud?

How many girls do I need to have been with before I get a reputation as a bit of a stud? I'm on five...

Lior, Gravesend

Come on! Numbers don't mean anything about your bedroom abilities. It's better to be with one long-term girlfriend. That way, you'll pick up more sexy skills and get to know what a girl really likes. What's better – five one-night stands or years of regular sex?

She won't keep quiet

My missus makes a deafening amount of noise during sex and the neighbours aren't happy. How can I get her to shut up?

Ted, Gants Hill

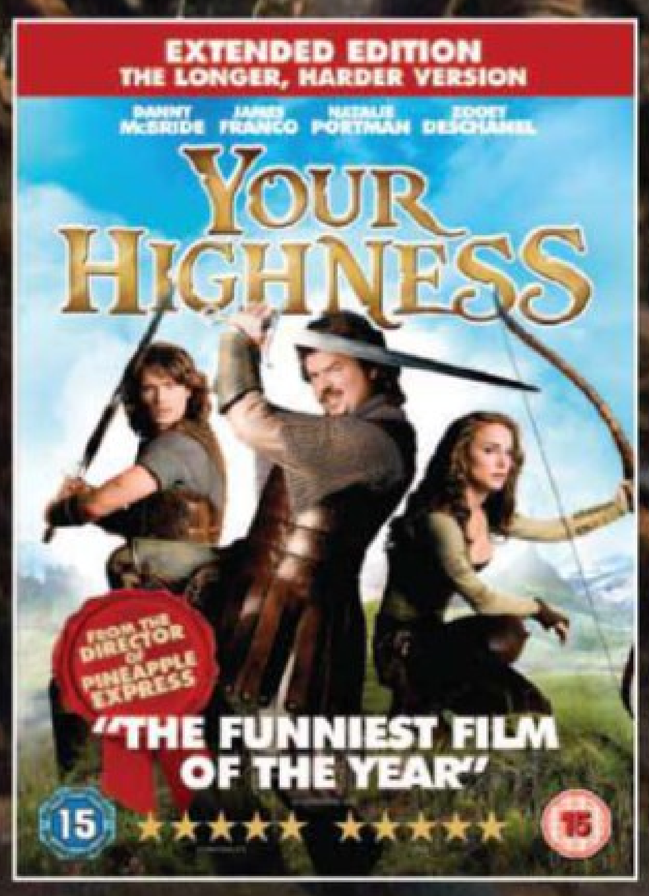
Get her to bite down on a pillow – that could be kinky – or maybe tie a beautiful silk scarf around her mouth to keep her moans quiet. If it gets really bad – take her into the woods where no one can hear. That said, I wouldn't be too upset if I were you – her screaming is just advertising your bedroom talents!



"Get her to bite on a pillow!"

PHOTOS: ANGUS YOUNG

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PREMIER LEAGUE PREDICTIONS



Football is back! Paul Merson rates this season's contenders for *Nuts*!



ASTON VILLA

Players in: Charles N'Zogbia (Wigan), £9.5million; Shay Given (Man City), £3.5million
Money spent: £13million
Last season: Premier League: 9th; FA Cup: 5th round; Carling Cup: quarter-finals
Did you know? Villa won the 1980-81 League title using only 14 players for the whole season.
First three fixtures:
13th August: Fulham (A);
20th August: Blackburn (H);
27th August: Wolves (H)
Merse says: "I really think Villa could be dark horses for relegation. They've lost quality players like Ashley Young and Stewart Downing. Alex McLeish needs to make a great start to get the supporters on his side."
Merse on a key signing: "Charles N'Zogbia will score and create goals – he's a decent replacement for Downing. But McLeish's men are still short in the wingers department!"
Where they'll finish: 14th

ARSENAL

Players in: Gervinho (Lille), £10.7million; Carl Jenkinson (Charlton), £1million
Money spent: £11.7million
Last season: Premier League: 4th; Champions League: last 16; FA Cup: 6th round; Carling Cup: runners-up
Did you know? Arsenal played their last game at Highbury in 2006, beating Wigan 4-2.
First three fixtures:
13th August: Newcastle (A);
20th August: Liverpool (H);
28th August: Man United (A)
Merse says: "This is a massive make-or-break season for my old club. If they don't finish in the top four, there could be no way back for the Gunners."
Merse on a key signing: "Gervinho was a top player for Lille and has done well for the Ivory Coast. He needs to hit the ground running to be a success."
Where they'll finish: 4th





BOLTON

Players in: Chris Eagles, Tyrone Mears (both Burnley), £3million; Nigel Reo-Coker (Aston Villa), free; Darren Pratley (Swansea), free
Money spent: £3million
Last season: Premier League: 14th; FA Cup: semi-finals; Carling Cup: 3rd round
Did you know? In the 2001-02 season, Bolton became the first team in the Premier League era to come from behind to win at Old Trafford when they triumphed 2-1.
First three fixtures:
13th August: QPR (A);
21st August: Man City (H);
27th August: Liverpool (A)
Merse says: "Bolton will be very safe in mid-table this season – Owen Coyle is a canny manager. The Trotters need to hold on to Gary Cahill, though – he's a massive player for them."
Merse on a key signing: "On a free transfer, Nigel Reo-Coker is an excellent addition. The ex-Villa man is a ball-winner and always full of energy!"
Where they'll finish: 11th

BLACKBURN

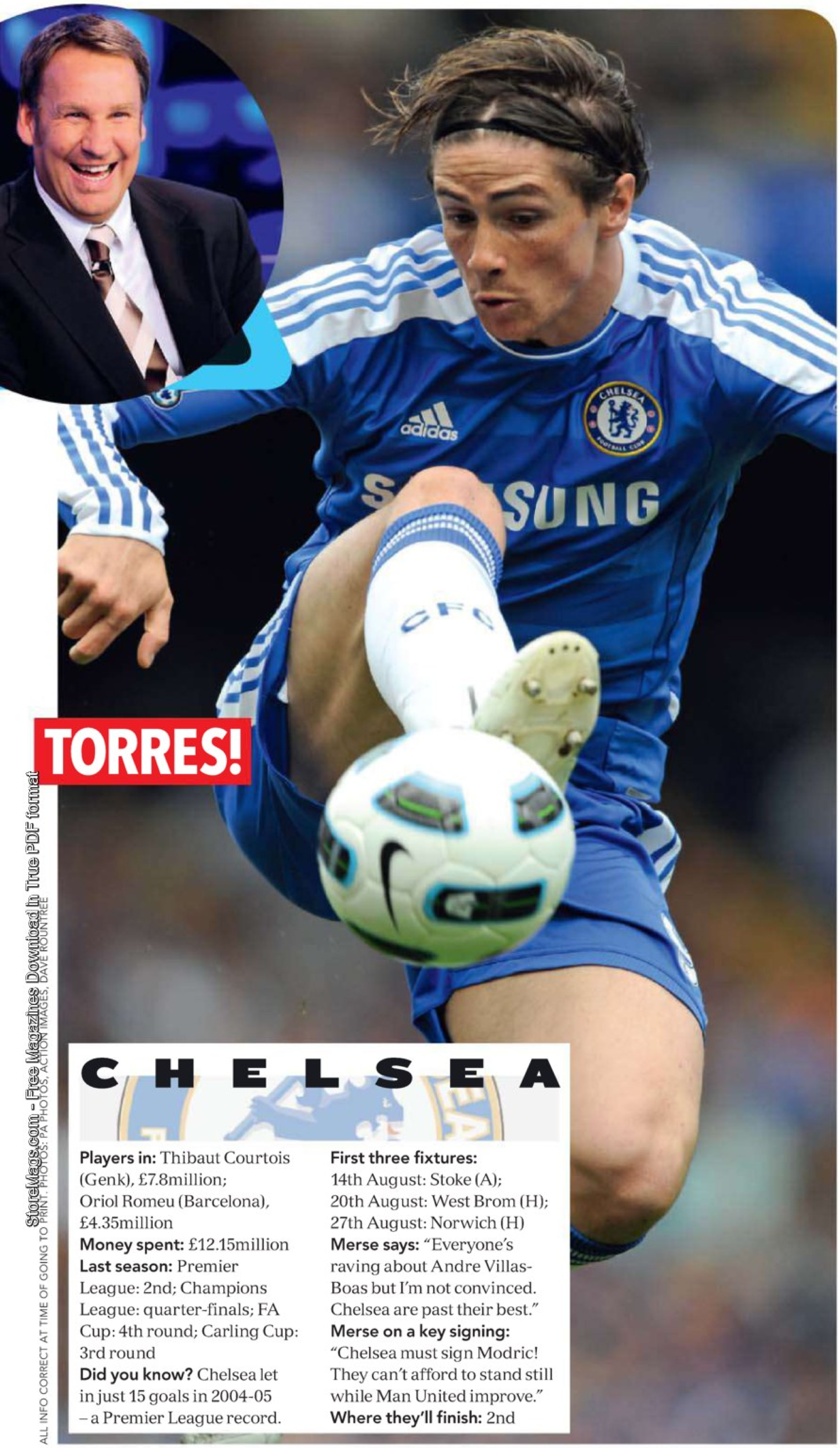
Players in: David Goodwillie (Dundee United), £2.8million; Myles Anderson (Aberdeen), free
Money spent: £2.8million
Last season: Premier League: 15th; FA Cup: 4th round; Carling Cup: 3rd round
Did you know? Alan Shearer is Rovers' record Premier League goalscorer with 112 goals in 138 appearances.
First three fixtures:
13th August: Wolves (H);
20th August: Aston Villa (A);
27th August: Everton (H)



Merse says: "Blackburn are one of eight sides who could be relegated. More action in the transfer market is needed!"
Merse on a key signing: "David Goodwillie scored a lot of goals in the SPL, but can he replicate his success in the Premier League?
Where they'll finish: 16th

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TORRES!

CHELSEA

Players in: Thibaut Courtois (Genk), £7.8million; Oriol Romeu (Barcelona), £4.35million
Money spent: £12.15million
Last season: Premier League: 2nd; Champions League: quarter-finals; FA Cup: 4th round; Carling Cup: 3rd round
Did you know? Chelsea let in just 15 goals in 2004-05 – a Premier League record.
First three fixtures:
14th August: Stoke (A);
20th August: West Brom (H);
27th August: Norwich (H)
Merse says: "Everyone's raving about Andre Villas-Boas but I'm not convinced. Chelsea are past their best."
Merse on a key signing: "Chelsea must sign Modric! They can't afford to stand still while Man United improve."
Where they'll finish: 2nd

EVERTON

Players in: Eric Dier (Sporting Lisbon), loan
Money spent: £0
Last season: Premier League: 7th; FA Cup: 5th round; Carling Cup: 3rd round
Did you know? Goodison Park, built in 1892, was the world's first complete purpose-built football ground.
First three fixtures:
13th August: Spurs (A);
20th August: QPR (H);
27th August: Blackburn (A)
Merse says: "If all their players are fit, Everton will give anyone a game, but they can struggle early on in the season. They really need a Nicklas Bendtner-type player to bang in the goals."
Merse on a key signing: "David Moyes is a brilliant manager – he never buys big but his team always does well. That said, they're in need of investment."
Where they'll finish: 9th ➡



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FULHAM

Players in: Pajtim Kasami (Palermo), £3.5million; John Arne Riise (Roma), £2.4million; Marcel Gecov (Slovan Liberec), £0.7million; Dan Burn (Darlington), Tom Donegan (Everton), both undisclosed
Money spent: £6.6million
Last season: Premier League: 8th; FA Cup: 5th round; Carling Cup: 3rd round
Did you know? Fulham's record transfer fee is the £11.5million paid to Lyon for Steve Marlet.
First three fixtures: 13th Aug: Villa (H); 20th Aug: Wolves (A); 27th Aug: Newcastle (A)
Merse says: "The Europa League will leave them knackered by Christmas!"
Merse on a key signing: "Riise's experience will benefit Fulham."
Where they'll finish: 12th





DOWNING!

LIVERPOOL

Players in: Stewart Downing (Aston Villa), £20million; Jordan Henderson (Sunderland), £20million; Charlie Adam (Blackpool), £7million; Alexander Doni (Roma), free
Money spent: £47million
Last season: Premier League: 6th; Europa League: last 16; FA Cup: 3rd round; Carling Cup: 3rd round
Did you know? Liverpool were founded in 1892 when rivals Everton relocated to Goodison Park from Anfield.
First three fixtures: 13th August: Sunderland (H); 20th August: Arsenal (A); 27th August: Bolton (H)
Merse says: "In my opinion, their defence needs work."
Merse on a key signing: "Downing's delivery will be key to Andy Carroll's goals."
Where they'll finish: 5th

MANCHESTER CITY

Players in: Sergio Aguero (Atletico Madrid), £38million; Gael Clichy (Arsenal), £7million; Stefan Savic (Partizan Belgrade), £6million
Money spent: £51million
Last season: Premier League: 3rd; Europa League: last 16; FA Cup: winners; Carling Cup: 3rd round
Did you know? In 2007 under Sven-Göran Eriksson, Man City set a club record of nine consecutive home league wins.
First three fixtures: 15th August: Swansea (H); 21st August: Bolton (A); 28th August: Spurs (A)
Merse says: "It's now a gimmie that City will finish in the top four. With the squad and the cash they have at their disposal, I think they'll replace Arsenal as the third team in England. I can't see Roberto Mancini's side winning the title this season, though – they play far too defensively, especially away from home."
Merse on a key signing: "Sergio Aguero is a cracking player but he's no replacement for Carlos Tevez. It's all down to how the Argentine settles. If he starts banging in the goals early doors, the rest of the Premier League had better watch out!"
Where they'll finish: 3rd











YOUNG!

MANCHESTER UNITED

Players in: David de Gea (Atletico Madrid), £17million; Ashley Young (Aston Villa), £15million; Phil Jones (Blackburn), £16million
Money spent: £48million
Last season: Premier League: winners; Champions League: runners-up; FA Cup: semi-finals; Carling Cup: quarter-finals
Did you know? Man United's fastest Premier League goal was scored by Ryan Giggs after just 15 seconds against Southampton in 1995.
First three fixtures: 14th August: West Brom (A); 22nd August: Spurs (H); 28th August: Arsenal (H)
Merse says: "They have so much pace up front it's scary."
Merse on a key signing: "Young will cause havoc with his trickery and service."
Where they'll finish: 1st





NEWCASTLE UNITED

Players in: Yohan Cabeye (Lille), £4.3million; Mehdi Abeid (Lens), free; Demba Ba (West Ham), free; Sylvan Marveaux (Rennes), free
Money spent: £4.3million
Last season: Premier League: 12th; FA Cup: 3rd round; Carling Cup: 4th round
Did you know? Newcastle United played in red and white stripes until 1904.
First three fixtures: 13th August: Arsenal (H); 20th August: Sunderland (A); 27th August: Fulham (H)
Merse says: "I think their home form will see them through."
Merse on a key signing: "Ba has real power and pace, but Joey Barton going for free is mental!"
Where they'll finish: 10th



NORWICH CITY

Players in: James Vaughan (Everton), £2.5m; Steve Morison (Millwall), £2.8m; Eliott Bennett (Brighton), £1.5m; Anthony Pilkington (Huddersfield), £1m; Bradley Johnson (Leeds), free
Money spent: £7.8m
Last season: Championship: runners-up; FA Cup: 3rd round; Carling Cup: 2nd round
Did you know? Norwich fans created the first football chant.
First three fixtures: 13th Aug: Wigan (A); 20th Aug: Stoke (H); 27th Aug: Chelsea (A)
Merse says: "It could be a very long season for the Canaries."
Merse on a key signing: "James Vaughan can score goals."
Where they'll finish: 18th

QPR

Players in: DJ Campbell (Blackpool), £1.25million; Danny Gabbidon, Kieron Dyer (West Ham), free; Jay Bothroyd (Cardiff), free
Money spent: £1.25m
Last season: Championship: winners; FA Cup: 3rd round; Carling Cup: 1st round
Did you know? First English club to install a plastic pitch.
First three fixtures: Bolton (H); Everton (A); Wigan (A)
Merse says: "Relegation."
Merse on a key signing: "Jay Bothroyd doesn't fill me with confidence."
Where they'll finish: 19th ➡





SUNDERLAND

Players in: Connor Wickham (Ipswich), £8.1million; Craig Gardner (Birmingham), £5million; John O'Shea, Wes Brown (both Man United), £5million; Keiren Westwood (Coventry), free; Sebastian Larsson (Birmingham), free; David Vaughan (Blackpool), free
Money spent: £18.1million
Last season: Premier League: 10th; FA Cup: 3rd round; Carling Cup: 3rd round
Did you know? The most Sunderland have ever paid for a player is £13million (Asamoah Gyan from Rennes in 2010).
First three fixtures:
13th August: Liverpool (A);
20th August: Newcastle (H);
27th August: Swansea (A)
Merse says: "Lots of new signings at the Stadium of Light means they'll take time to gel. Steve Bruce has practically bought a new team! If they can cut out the mid-season dip of last year, I can see them finishing top half."
Merse on a key signing: "Wes Brown and John O'Shea have big parts to play this season. If their experience can rub off on the younger players, they could be inspired signings. They've been coached by the best."
Where they'll finish: 8th

SWANSEA

Players in: Danny Graham (Watford), £3.5million; Steven Caulker (Spurs), loan; Jose Moreira (Benfica), undisclosed; Leroy Lita (Middlesbrough), £1.75million
Money spent: £5.25million
Last season: Championship: 3rd (promoted via the play-offs); FA Cup: 4th round; Carling Cup: 4th round
Did you know? Swansea are the first Welsh team to play in the Premier League!
First three fixtures:
15th August: Man City (A);
20th August: Wigan (H);
27th August: Sunderland (H)
Merse says: "I'm sorry to say it, Swansea fans, but I can see your team finishing bottom of the table this season. They'll struggle to score goals and will find it tough keeping them out at the other end. They could be this season's Blackpool and surprise everyone, but I really can't see it happening."
Merse on a key signing: "Once again, one of the Premier League new boys have signed a Championship striker who's untested in the top flight. Danny Graham did well for Watford last season but these teams need an experienced striker who's proven he can score goals at the highest level."
Where they'll finish: 20th





STOKE CITY

Players in: Jonathan Woodgate (Spurs), free
Money spent: £0
Last season: Premier League: 13th; FA Cup: finalists; Carling Cup: 4th round
Did you know? Stoke are the second oldest club in the world after Notts County.
First three fixtures:
14th August: Chelsea (H);
20th August: Norwich (A);
27th August: West Brom (A)
Merse says: "If they can cut out the losing runs they have a habit of going on, this season could be their best yet. They're a contender for a Europa League spot."
Merse on a key signing: "Woodgate is a superb no-risk signing. He was free and, with luck, Tony Pulis could get 25 games out of him this season."
Where they'll finish: 7th



TOTTENHAM

Players in: Brad Friedel (Aston Villa), free; Cristian Ceballos (Barcelona), free; Souleymane Coulibaly (Siena), undisclosed
Money spent: £0
Last season: Premier League: 5th; Champions League: quarter-finals; FA Cup: 4th round; Carling Cup: 3rd round
Did you know? Spurs' proposed new stadium will have a capacity of 56,000.
First three fixtures: 13th August: Everton (H); 22nd August: Man United (A); 28th August: Man City (H)
Merse says: "Spurs' season depends on whether they can hold on to Luka Modric. They need a decent striker, too."
Merse on a key signing: "Friedel is an improvement on Heurelho Gomes."
Where they'll finish: 6th

Stoke4Cup.com

WIGAN

Players in: Ali Al Habsi (Bolton) £4million; David Jones (Wolves), free
Money spent: £4million
Last season: Premier League: 16th; FA Cup: 4th round; Carling Cup: quarter-finals
Did you know? Wigan were formed in 1932 but didn't achieve League status until the 1978/79 season, when they finished 6th in the old Fourth Division.
First three fixtures:
13th August: Norwich (H);
20th August: Swansea (A);
27th August: QPR (H)
Merse says: "Wigan will stay up – just. It's great for the club that Roberto Martinez turned down Aston Villa. Dave Whelan is a top man and always supports his managers. However, the loss of Charles N'Zogbia is a massive problem – he scored a lot of key goals for Wigan last season."
Merse on a key signing: "Ali Al Habsi is a good goalie and a keeper that will save Wigan points. However, Martinez desperately needs some more players in – and fast. He should exploit the loan market and get in some real quality."
Where they'll finish: 17th







ODEMWINGIE!

WEST BROM

Players in: Zoltan Gera (Fulham), free; Gareth McAuley (Ipswich), free; Billy Jones (Preston), free
Money spent: £0
Last season: Premier League: 11th; FA Cup: 3rd round; Carling Cup: 5th round
Did you know? The Hawthorns is the highest of all the 92 Premier League and Football League grounds.
First three fixtures: 14th August: Man United (H);
20th August: Chelsea (A);
27th August: Stoke (H)
Merse says: "Roy Hodgson has done wonders at WBA and I expect the Baggies to stay up fairly comfortably."
Merse on a key signing: "Zoltan Gera is at home in a West Brom shirt and has a knack of scoring important goals. He's a good addition."
Where they'll finish: 15th





WOLVES

Players in: Roger Johnson (Birmingham), £7million; Jamie O'Hara (Spurs), £5million; Dorus de Vries (Swansea), free
Money spent: £12million
Last season: Premier League: 17th; FA Cup: 4th round; Carling Cup: 4th round
Did you know? The club was formed as St Lukes FC in 1877, then merged with a local cricket club two years later and became known as Wolverhampton Wanderers!
First three fixtures:
13th August: Blackburn (A);
20th August: Fulham (H);
27th August: Aston Villa (A)
Merse says: "After the final-day drama of last season, I think Wolves will do OK this time. They have the experience of being in a dogfight and they've spent well with O'Hara and Johnson. If Doyle can stay fit, it'll also make a big difference. Mick McCarthy is a good manager and players want to play for him."
Merse on a key signing: "Roger Johnson is a good centre-half and he'll do well for Wolves, who often defend deep. But he isn't the fastest player, so balls over the top could see him struggling."
Where they'll finish: 13th ■

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The top actor on Liverpool FC and being Al Capone!

Hi Stephen! You play Al Capone in Martin Scorsese's telly epic *Boardwalk Empire*. What can we expect from the second series? It starts where the first series left off, with Capone maturing as a gangster and realising that if he wants it he can take it. But there's a focus on a lot of new characters in season two, building up the back story before my character's centre stage in season three. There's loads more action to come!

Tell us about your new film *Tinker Tailor Soldier Spy*. I've said before that it was an honour being in *Coronation Street*, but this was like being asked to play footy for England! It's an adaptation of a famous John Le Carré spy novel that was a big deal on telly when I was a kid. The cast is amazing. I'm playing alongside Gary Oldman, Tom Hardy [Batman villain Bane in *The Dark Knight Rises*], John Hurt and Benedict Cumberbatch [from top BBC show *Sherlock*]. And they let me use my Scouse accent!

When you're in the US, does your Scouse accent confuse people? Yeah, especially if I've spent time in Liverpool before flying out. Then the Yanks are like, "Excuse me?" So I have to remember to slow it down a bit. But New Yorkers are like Scousers. They talk dead fast.

Are there any films you passed on that went on to be massive? Because I was working on *Pirates Of The Caribbean 4*, I wasn't available for Steven Spielberg's next film, *War Horse*. I got a big break working on *Band Of Brothers* so I was gutted to have to turn him down… me, turning down Spielberg!

Before you got into acting, what's the worst job you've ever had? I worked with my uncles on a building site – that made me grow up a bit. I got asked to go and buy some tartan paint! I even got suckered into asking for a glass hammer! And I worked at TGI Friday's for a couple of months, but I got the sack because I wouldn't clean up sick. Thankfully, acting worked out!

What's the maddest thing you've done to get a part? I was after the role of Baby Face Nelson in *Public Enemies* [with Johnny Depp and Christian Bale], so I got my missus to film me pretending to rob a bank with my son's plastic golf club. The first thing the director, Michael Mann, said was that he really liked my audition tape. I thought he was taking the p*ss!

You're now good mates with Depp and Leonardo DiCaprio. What do you guys get up to when you hang out on set? We play a bit of PlayStation… I got Leo into playing *Fifa* but he's no good. I always win!

Are there any more TV series planned for *This Is England*? Yeah, Shane Meadows has filmed a one-off special. *This Is England '88* is gonna be on Channel 4 over Christmas and concentrates on the relationship between Woody and Lol. Combo's still in prison, so I'm only in one scene. He went down for manslaughter but he doesn't do the full stretch, so when the story develops into the early days of acid house and Italia '90, I'll be back for *This Is England '90*. Shane's working on it now and it should be on TV next year.



Tell us a bit about the Philips event you're involved with. I'm involved with the likes of Blur's Alex James and Olympic athlete Phillips Idowu with the launch of the new Philips grooming range. Every man needs to shave! I'm being interviewed by *Soccer AM*'s Max Rushden, so if *Nuts* readers fancy getting involved, check out the Philips group on Facebook.

You're a big Liverpool fan. Do you get down to Anfield much? As often as I can. I was lucky last season because I've got a friend who knows Jamie Carragher and I got to meet Steven Gerrard. I'll be honest with you, I was more nervous meeting Gerrard than I was the first time I met Johnny Depp!

If you had to choose, would it be winning an Oscar or Liverpool winning the Premier League? Premier League all day long! Some duds have won an Oscar in the past and good luck to them, but I'd rather sacrifice my personal glory for the team!

Who should Kenny Dalglish sign before the transfer window closes? I think we've got a great squad for the new season. With Kenny building a nucleus of British players at the club, I think [Stewart] Downing and [Charlie] Adam were great signings. What I'm glad to see, though, is Kenny bringing the young players through. [John] Flanagan really impressed me at right-back last season. In one of his first games he had to mark Theo Walcott, but he had him in his back pocket! And with players like [Martin] Kelly being given a chance to show what they can do, the future's bright!

Stephen Graham features in Philips AquaTouch Brings You Closer To *– a series of live interviews with sports, film and music icons. For your chance to meet Stephen and see his live interview, go to facebook.com/philipscloserto*

WORDS: DAN BRIGHTMORE PHOTOS: THE GUARDIAN

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Leisure time

Meet the new craze of the summer season! Hurl yourself into a swimming pool while performing a leisure activity of some kind!



DRINK 'N' DIVE!

TOP-UP, DARLING?
Because there's no reason why an afternoon dip should get in the way of your continued drinking.



JACKET REQUIRED!
If you're going to go flying into the water fully dressed, then slacks, a shirt, a sports jacket and shades are the way to do it.

RELAX WITH A BOOK!
Or better yet, grab yourself a copy of *Nuts*, still a snip at only £1.80. Perfect for some airborne reading!

SMOKE ON THE WATER!
Note – a decent velvet smoking jacket will *always* result in a higher quality of leisure dive. Buy yours today!

WORDS: PETE CASHMORE PHOTOS: WENN, SHUTTERSTOCK

StoredAss.com

PLANTING!
Given that you're about to land in a large pool full of water, that watering can seems a little unnecessary.

HANG TIME!

ANYONE FOR TENNIS?
This chap's about to land fully dressed in a pool and yet still has as much chance of winning Wimbledon as Andy Murray.

FLYING WHILE LYING!
An excellent example of good, honest leisure diving – in full repose, but with an enormous splash imminent!

TOWEL MOVEMENT!
Nice form, but we really hope you're wearing a pair of swimming trunks under that towel, fella!

EVERYTHING CROQUET?
When it comes to sports played exclusively by those of a posh and leisurely persuasion, accept no substitute!

FLYING SQUAD!

LEISURE GROUP!
If you're planning some synchronised leisure diving, you're going to be hard pushed to beat these chaps! ■

SEXIEST NEW BABES 2011!

HOLLY PEERS PRESENTS... SEXIEST NEW BABES OF 2011!



All-new girls! All-new boobs! Gents, enjoy!

Everyone knows new things are fun and exciting, like when your team's new kit is released (unless you're a Liverpool fan, of course. Blue on a Liverpool shirt? Ridiculous!), or when you discover bold new pizza toppings. But new *Nuts* girls? That's like a whole new level of thrillingness! And who better to unveil our sexy new stars than the booberific Holly Peers – in the very magazine where she herself started out! So sit back, relax and enjoy her newbie nude babes of 2011! ➡

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HOLLY!

Hi Holly! You're introducing some sexy new girls today. What does it take to be a *Nuts* girl? I love doing new shoots like this! It's been really cool, because everyone's outgoing and fun to be with! On most girl shoots we like to keep each other entertained by messing about and grabbing each other's boobs, so you've got to be a bit open-minded!

Blimey! Any other advice? Just be yourself. You can be the sexiest girl in the world but it's all about having a nice personality, too, as that's what comes through in the pictures. Luckily, all the girls today are super-nice and have great boobs!

Do you ever get boob envy on shoots like this? Ha! I'm not a competitive person in that way, so it doesn't affect me. It's nice because I get to work with so many different sexy girls, but no one's in competition with anyone else. We're all really good mates!

If you had to construct a dream woman using only bits from the girls on today's shoot, what would you choose from who? Bloody hell, that's tough! Beth's stunning and has amazing hair, Kiera has beautiful eyes... and Danielle has really nice boobs! I've yet to see everyone together, though, so there'll be more assets to follow. Ha!

What's the best thing you've done recently? I went to America! You know the Hot Shots calendar that was in *Nuts* a couple of weeks ago? It was for that. Just lots of nakedness, and drinking and shooting guns. And all for a good cause! It doesn't get any better than that!

Thanks for the chat, Holly. Finally, when was the last time you did something really silly? It was when you made me "plank" around London! It was hilarious, but terrifying at the same time. It was crazy! During one photo, I fell off a fence! My planking days are done! ➡

INTERVIEWS: SI CUNNINGHAM HAIR & MAKE UP: JOHANNA DALEMO & LISA HARRIS STYLING: SPECIAL K

SEXIEST NEW BABES 2011!

"To be a *Nuts* girl you've got to be open-minded!"

StoreMags.com

ANYA!

Hi Anya! How are you enjoying the shoot today? Yeah! I'm really excited. Everyone looks amazing! It's fun to see so many boobs in one room. I can't wait to see the pictures!

Is this a dream come true for you? Absolutely! I had to pinch myself. Hopefully, people will be pleasantly surprised to see me!

How would you describe yourself? I'm a 20-year-old London girl who's really into her fashion! Personality wise, I'm outgoing, easy to get along with and funny. I have a cheeky side when I go out though! Oh, and don't get on the wrong side of me or you'll see my feisty side!

How are you going to celebrate being in the cover shoot? I don't know, but I do know I'm going to buy like 100 copies from the local shop for everyone! OK, maybe not 100, but enough to give out to my mates. I'll try and get a free one by telling the guy behind the counter, "That's me with my boobs out!" Ha-ha! He might be swayed…

What's your sexiest asset? People are always telling me it's my boobs! Plus, I look a bit different as I have a real mish-mash of backgrounds to me. I've a sexy exotic vibe going on!

What sort of bloke do you go for? I look for a nice personality, good dress sense and someone who's well groomed. But a guy that can make me laugh is the ultimate turn-on!

Thanks for the chat, Anya. Finally, what are your future *Nuts* plans, then? To take over the magazine! Ha! Nah, I hope to be still enjoying this sort of shoot for years to come. Hopefully, it'll be me presenting the new girls one day! ➡

"I've got a very sexy exotic vibe going on!"

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SEXIEST NEW BABES 2011!

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DANIELLE!

Hi Danielle! What can you tell us about yourself? Hello! Well I'm 19, I'm from Grimsby and I'm a student! I don't reckon I'm your typical student but I do like to go out and have fun, and have the odd cheeky dance! Hopefully, some of my moves should come in handy for today's shoot!

What will your mates back home think of the shoot? They're going to love it, and they're already proper excited! Loads of my uni student mates are pleased because it means they get some sexy posters to put on their wall. It'll be a bit weird going round seeing me plastered everywhere!

What would your ideal *Nuts* shoot involve? Hmm… I've been so excited about today that I've not given it that much thought! I think we'd all have a good drink to put everyone in a party mood… it'd be good fun. There would be lots of naked girls. It would be pretty naughty!

Speaking of naughty, what do you reckon are the sexiest undies to wear? I like really lacy bits and pieces, so I'd say a nice black, lacy bra and pant number. You can't really go wrong with that if you're trying to impress a bloke!

What sort of bloke do you go for? The good news is that I don't have a type, so I just like someone who can make me smile and look after me. Also, they need to know how to dress themselves. There's nothing worse than when he can't!

Do you think you'll get recognised around Grimsby when this is out? I don't know – it's a pretty small town! Although, on the plus side, I might get a fair few drinks out of it. I'm sure I can use it to my advantage. I guess we'll have to wait and see!

Thanks, Danielle. Finally, what are your future modelling plans? Hopefully, to have a big shoot in *Nuts* again! Everyone should write in and say how much they loved the shoot – then that would guarantee it, I reckon! ➡

SEXIEST NEW BABES 2011!

"I just like a man who can make me smile!"

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"A good set of muscles don't go unnoticed!"

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KIERA!

Hi Kiera, and welcome to *Nuts*! Tell us a bit about yourself! Hello! It's very exciting to be here! I'm 19, I'm from Cornwall and, by day, I'm a fun-loving student! Today's a little bit different from the average uni day. There's a few more boobs than normal! Ha!

Are you a party-hard student? No, I'm a massive geek! You'll often find me in the library! To be fair, I do like a fun night out – nothing that wild or adventurous has happened to me yet, but there's two years left to wreak havoc on campus!

Will all your uni chums be surprised to see you on the cover? They'll just be really pleased! They know I love doing this sort of thing because they all voted for me in the *Nuts* topless 100 competition. I'm sure they'll be impressed by seeing me naked with Holly!

How did you react when you found out about your big shoot? I was actually out shopping! I think I remember jumping up and down in the middle of Tesco! Ha!

Who's your favourite *Nuts* model? Well, it's got to be Holly Peers! I'm looking at her boobs right now. I got really star-struck when I met her. If I could do a fantasy shoot it'd involve her, a beach, the sea, and lots of boobs!

What kind of girlfriend are you? I think I'm a good one! I'm really loving but I'm a proper good mate, too, so I can keep up with the lads! I might draw the line at downing a pint, but I'll find out!

Do you have any hidden talents we should know about? I used to be a cheerleader, so I'm very flexible! Not only will I keep you entertained, but I can move my way around the bedroom, too!

Finally, what's your biggest turn-on? I like a really confident bloke and a good set of muscles don't go unnoticed, either! Arrogance or guys who spend time pampering themselves... that's such a turn-off! ➡

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SEXIEST NEW BABES 2011!

"I'm not shy to get naked and a little bit crazy!"



BETH!



Hi Beth! As one of our new girls, what can we expect from you? I'm pretty much a normal, 23-year-old Birmingham girl. I always get teased when I go home because I've lost my accent a bit. People call me posh now!

How would you describe your personality? I'm really outgoing, not shy to get naked and a little bit crazy. Hopefully, people think I'm really fun to be around.

Would we be able to handle a night on the town with you? Can you drink? My typical night would involve lots of drinking games round my house, then heading out into town.

Crikey! Were you looking forward to shooting with the lovely Holly Peers! Of course, she's my favourite! To me she's the best known, has the best boobs and is lovely to be around!

Finally, if you could do a sexy shoot with just yourself and Holly, what would it involve? A theme park! We'd have our boobs out on the rollercoaster!



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NICOLE!

Hello Nicole! What can we expect to learn about you, then? Hiya! Hopefully, you'll come to realise how fun and adventurous I am! I'm from Dorset, so I love everything sea-related. I'm starting a fine arts degree, plus I'm a dancer, too!

Are arty girls sexier than sporty ones? It depends what the girl's like really, doesn't it? Personally, today is extra sexy for me as I love all the bright colours!

So how exciting has all this been for you? You know when you get up every morning and it's all you can think about? I've been like that for the last few weeks. I reckon I'll collapse when I see it in the shops!

Will people be surprised by your shoot? I don't think so! I was at work when I found out, so I pretty much exploded and told everyone there! Unfortunately that meant I couldn't start drinking to celebrate!





Who's your favourite *Nuts* model? Tough one! If you force me, I'd have to say I really like Danni Wells. She's amazingly hot! I think we have a similar look. I like Rhian Sugden, too!

Finally, do you have any hidden talents? I'm super-flexible! That always impresses blokes and I think it gives me a really sexy party trick, too! ■



"I'm super-flexible! That impresses!"



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Beckham: 'United for the title, no question!'

United wingers old and new on the title race!

BECKS!

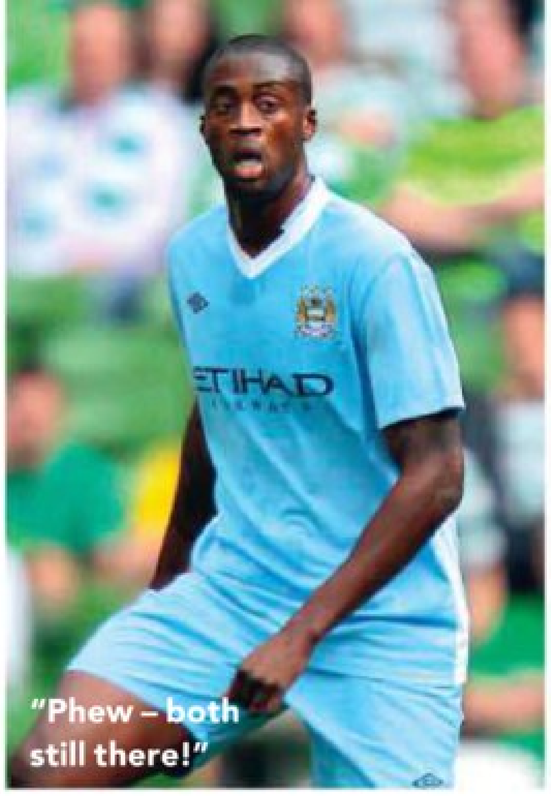
ROONEY!

Becks on United...

"I've always thought that United are the best club in the world and I've got no reason to change my mind. The manager demands total commitment and, no matter how talented you are, if you don't show the right kind of desire, you don't last long. Sir Alex is great at bringing the right kind of people in and with the current mix of youth and experience, it's my old club for the title, no question."

Key man: "Wayne Rooney. I can see this being a big season for Wayne – he's the complete package."

PHOTOS: GETTY IMAGES, AMA, PA PHOTOS



"Phew – both still there!"

Becks on Man City...

"What's gone on at City is a fairy tale for their fans, absolutely brilliant. They've supported their team through thick and thin – so good luck to them! With their financial backing, City have to be taken very seriously. They have the potential to challenge, no doubt about it. I just have to tip United because of their experience of winning things."

Key man: "Yaya Toure. A powerhouse in midfield and underrated going forward."


"Where's my Zimmer frame?"

LAMPARD!

Becks on Chelsea...

"Chelsea have been like a machine over the last few seasons. They keep churning out result after result – winning is a habit. I know all about the qualities of the likes of John Terry and Frank Lampard and there's no chance of them ever taking their foot off the pedal. You'd be stupid to write off Chelsea in any competition, no matter who their manager is."

Key man: "Frank Lampard. He's the best goalscoring midfielder in the league."



Becks on Liverpool...

"It's been a long time since Liverpool have won the title – incredible when you think about their dominance in the '80s! This season they've spent serious money and are looking to push for the league. I honestly think that's great for English football because we need a strong Liverpool challenging. With a total legend like Kenny Dalglish in charge they must be taken seriously but, hopefully, it'll be a season or so too soon!"

Key man: "Steven Gerrard. Liverpool are a different team when he's fit."


"Don't worry, Dirk, your underwear secret's safe with me"

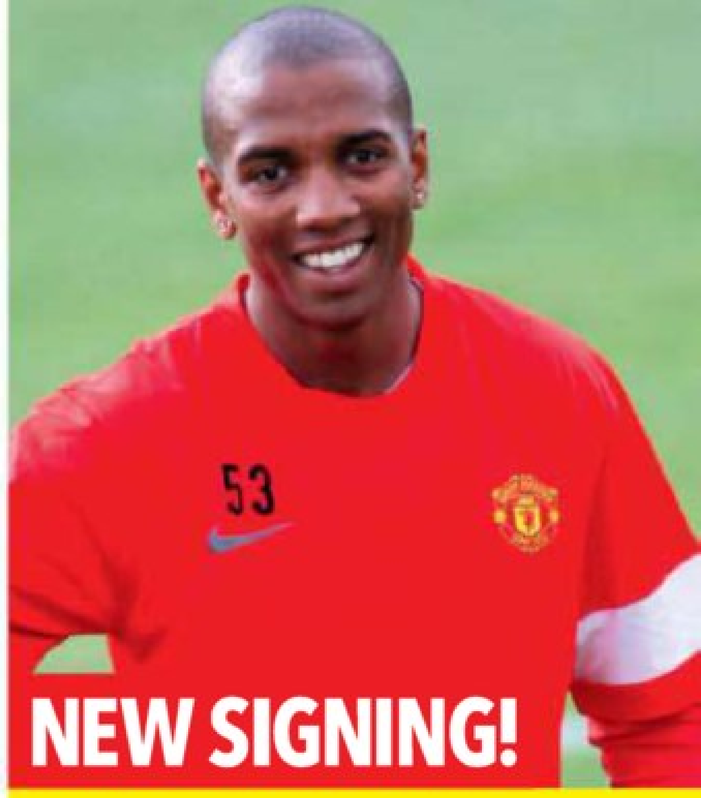
GERRARD!

Becks on Arsenal...

"I've got a lot of time for Arsene Wenger and what he's achieved at Arsenal. I've seen at close hand what drives him on – his philosophy about football is brilliant, so the criticism he gets is unfair. But although Arsenal play outstanding football, I think they'll fall a bit short again."

Key man: "Samir Nasri. He's emerged as the real spark of this Arsenal team."


Song's belch took him by surprise


NEW SIGNING!

Young: 'I can't stop smiling!'

Hi Ashley! Have you got used to being a United player yet? It's still a bit strange! This is a club every footballer wants to play for, so to get the opportunity is fantastic. When the call came, there wasn't a lot of thinking to do and now I can't stop smiling!

Wasn't it a hard decision to leave Aston Villa? I'll always be grateful to Villa. They took a chance on me and I owe them a lot. It's a great club. I've got a lot of good friends there so I want them to do well. But when you get a call from Man United, you can't turn it down!

It's a big step up, though... I've always believed I could perform at the highest level. Whether it's United or England, I think I can show that I've got what it takes. I know I can make an impact.

What's Fergie like to work for? The boss has been great. I know I'll have to fight for my place, but I'm looking forward to proving I'm good enough to wear the shirt and become part of United's history.

Can United retain the title? Absolutely. The quality is amazing. You've got people like Rio Ferdinand and Ryan Giggs, who've won it all but are still as hungry as ever. That attitude runs through the club – they always look forward to the next challenge. I can't wait to be part of that!

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ONLY IN Nuts!

NUTS ABOUT SPORT!

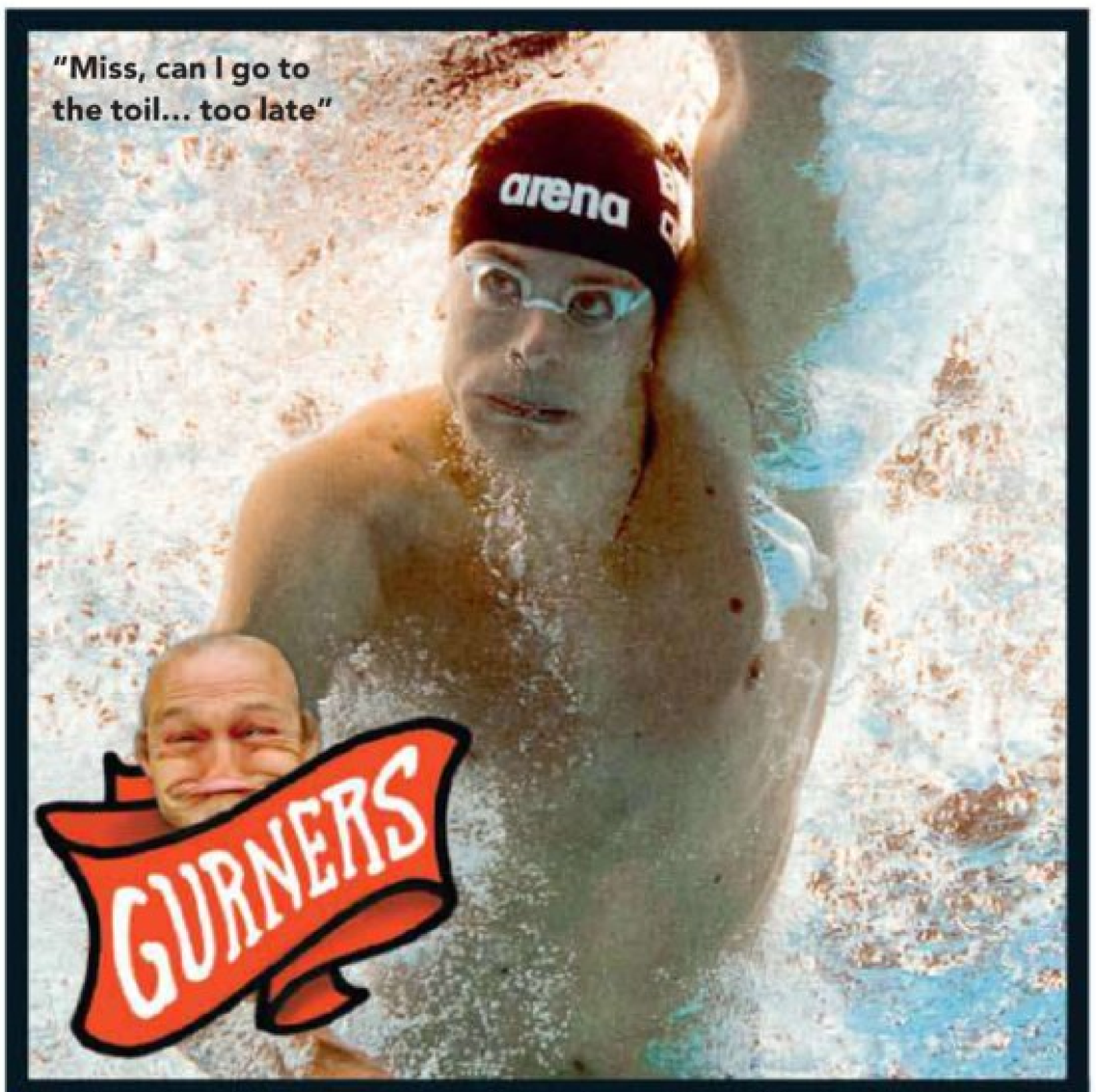
Funny goings-on in the wonderful world of sport!

Send pics, chants etc to tim_burnett@ipcmedia.com

HEROES OF SPORT!



Ronaldo struggled to control his weight during the final years of his career. At least now the retired Brazilian striker can eat as much as he likes – it certainly hasn't stopped him pulling the babes!



What is it with swimmers and daft faces? Brazil's Cesar Cielo Filho is the latest bloke to look like a berk in the pool, pulling this cracker during the 50-metre freestyle at the FINA World Championships!

OUCH!



Kevin Pietersen is usually pretty good at hitting cricket balls really far. Not this time, though. It's all well and good being protected around the head, but is there enough protection down there?

FUNNY FANS



Fernando Torres has been rubbish for Chelsea since his £50million move from Liverpool. These fans still love him, though. With that disguise, they should get on the pitch. They might actually score!

WORDS: TIM BURNETT PHOTOS: EXCLUSIVE PIX, ACTION IMAGES, GETTY IMAGES

KAMMY!



ONLY IN Nuts!

He's the voice of the fans – and he's only in *Nuts*!



"Cor, I shouldn't have had that fifth can of Red Bull"

Bad boy Barton is a bit of a Twit!

The Joey Barton situation is an odd one. He's had his share of troubles in the past and been a bad boy at some of his clubs. However, at Newcastle, he seemed to have settled down after a rocky start, and the fans even grew to love him.

"Maybe Joey should've kept his mouth shut!"

Now, after Barton made cutting comments about his club on Twitter, the owner and manager are letting him go on a free transfer. It's a brave decision to let a quality player go for nothing, and the fact that Arsenal and Spurs are interested proves Barton's pedigree. For Newcastle to replace their midfield dynamo, it'll cost money – a lot of it!

However, at the end of the day, it's the clubs that pay footballers' wages and they should be shown some respect. Newcastle have spent millions of pounds on Barton over the past few years and are entitled to run their business how they see fit.

With no disrespect to them, it's unlikely they'll challenge for the title this season but I'm sure they'll avoid the drop, so maybe Joey should've kept his mouth shut. If I slagged off my Sky Sports bosses online, I'd be given the boot the very next day!

International breaks really wind me up!

I can't wait for the new football season. A lot of the top clubs have spent mega-money as usual but in many ways, I think the relegation battle will be more exciting than the title race.

One thing that's always annoyed me is why we have an international break a week into the new season. Players are trying to get match fit and prove themselves. Managers are finalising their tactics and bedding in new signings, then they lose their entire squad for a week. It seems mental!

Obviously, weeks need to be put aside for international games, but why can't it be done at a better time? One that isn't so crucial in the domestic calendar!



"Take a right at the roundabout and Matalan's on your left"

PHOTOS: BACKPAGE IMAGES, GETTY IMAGES

Kammy needs you!

Send your jokes, pics etc to **kammy@ipcmedia.com**. The sender of the best each week will win a signed *Nuts* T-shirt!

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NUTS PROMOTION

Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!



Deal or No Deal top tips!

Deal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one winner walked off with £1.96m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- **The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.**
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- **The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.**

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

Win up to £10,000!

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Nuts EXCLUSIVE!

Parker: 'I'm in my best form!'

The midfield ace speaks ahead of England vs the Netherlands

Hi Scott! How does it feel to suddenly be seen as a must-start for England? That's really nice for people to say, but I've only just got myself back involved! I do feel more positive and more confident about my role in the squad, though. I'd always been on the fringes, so to feel more important is fantastic for me.

Do you feel like a proper England player now? Yeah, I do. For me, it was about taking my chance when it finally came and playing well. When you do that, you feel more confident and that feeds into you playing better the next time. I'm not complacent – there are so many brilliant midfielders in England – but I'm in a good place at the moment.

What do you put your emergence down to? I just think I've become a better player. Maybe there's a bit of luck, too. As I've got older, I've started to understand my strengths and weaknesses, and worked to them. My game isn't about being flash or trying to hit 30-yard passes. I know what I can and can't do, and just focus on the stuff I can do well.

So what are your strengths? I can read the game – hopefully! – close down the opposition, get the ball and get it to the more creative players. The hardest thing in football is providing the killer pass and scoring goals. What I do is relatively easy!

What do you make of your England midfield partner, Jack Wilshere? He's a different class, a terrific talent. His vision and ability to see a pass are fantastic. He'll be a big part of England's future for many years to come.

And Fabio Capello? Look at his record and that says it all. He's an amazing manager and all the players are right behind him.

You were signed by Chelsea, but you ended up having a rubbish time. Did you ever worry that you weren't up to the mark? I always had faith in my ability. I've always been about working hard and taking on whatever challenges are in front of me. Of course, it was disappointing but I learned from that experience and, hopefully, I've shown since that I'm an OK professional footballer.

In an era of multi-millionaire players, you seem like a down-to-earth bloke? I know how lucky I am to be doing what I do. I didn't come from money and it's not about that now – being comfortable is amazing but I just love playing football. I've had my ups and downs, so I'm enjoying this period more because of that, too.

Thanks for the chat, Scott. Finally, what does it mean to wear that England shirt? Every kid wants to play for their country and I'm the same. It's a massive honour and something I'll never take for granted.

PHOTOS: GETTY IMAGES



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RING OF TRUTH!

ONLY IN Nuts!

Football seen through the *Nuts* comedy glasses!



Feel the love!

"Wayne Rooney usually has to pay for this!"













MAN-L♥VE CORNER!

STINKY!



"We should have skipped the beans on toast!"

BORED!



"If he doesn't shut up, I'm going to kill myself!"

SHOCKED!



"I just saw Balotelli's City highlights DVD!"

JOKER!



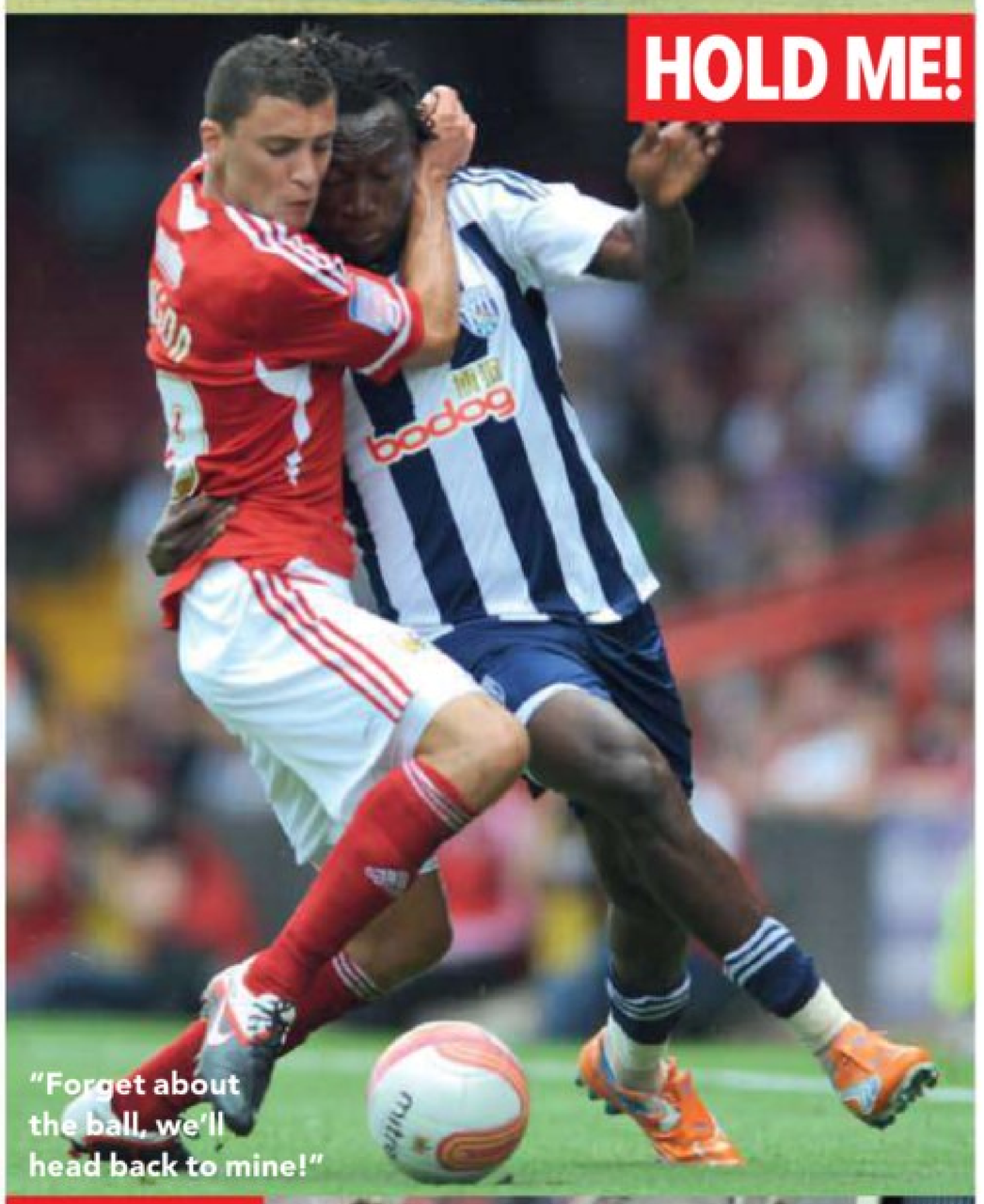
"I don't think much of our new striker!"

KINKY!



"Sure we should be doing this in public?"

HOLD ME!



"Forget about the ball, we'll head back to mine!"

DIRTY!



"These look filthy – let's get them off!"

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WORDS: TIM BURNETT PHOTOS: GETTY IMAGES, PA PHOTOS, ACTION IMAGES, AMA, OFFSIDE, EAMONN CLARKE, PHOTOSTOCK

NUTS PROMOTION

FANCY A TRUCK?

Rosie in monster truck action!

Nuts' Rosie Jones stars in the latest Pepsi MAX viral!

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MAD MACHINE!

Play the game!

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SEE THE VIDEO AT NUTS.CO.UK/PEPSI

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'QUOTE ME ON THAT!'

This week's biggest match debaters!



"I'm not an old fart"

Jenson Button gets wind of the rumours.

"When Harry Redknapp first came, Modric was a fish up a tree"

Paul Merson on the legless Spurs man.



"I need some big, strong, horrible lumps in here"

Blackpool's Ian Holloway needs bruisers.



"That delivery wasn't even a pie. It was a flan"

Cricket commentator Phil Tufnell makes a meal of it.



"Lineker, me and Hansen are three tarts together"

Match Of The Day slapper, Mark Lawrenson.



"Portsmouth get 17,000 fans every week. They can't get any more, although sometimes they get 19,000"

Something about Paul Merson doesn't add up.

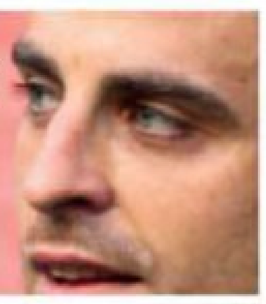
"I've never been able to find the record button on Sky. I never knew you could press a red button. I'm not really up to date"

Lewis Hamilton – the world's fastest luddite.



"What it is, it was. Does that make any sense?"

Er, no, Dimitar Berbatov.



"It's all about being consistent. But doing it every week"

That's usually what consistent means, Michael Carrick.

"Barca have got four or five of the best players in the world. Name the ten best players and Barca have got five or six"

Make your mind up, Steven Gerrard.



"I hope I get free chicken for life now"

Michel Salgado's reward for filming the world's worst chicken ad.



'OO-ER SOUNDS A BIT RUDE' CORNER!

"The Reading players suck you on"

Peter Beagrie on an X-rated tactic.

"Katherine Jenkins often comes with her mother"

Sue Barker reveals too much.

"The Brighton players will be riding on the back of Gus Poyet"

Mark McGhee on a tight Seagulls team.



COMPILED BY GRAHAM WRAY PHOTOS: GETTY IMAGES, BACKPAGE IMAGES

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Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES!

BEDROOM BABE!



EBONY

22, Brighton, dancer

"I like to wear thigh-high socks, cute red thongs with ruffles and a beaded red bra!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.

"I always find having baths together is great fun!"

TURN TO VOTE FOR OUR NEXT BEDROOM BABE!

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The life of a poker pro!

Scott's column this week: A Massive Poker Win!

From Customer Services Executive to pro poker player, Scott Shelley fills us in on his life-changing story and massive poker win.

Scott speaks

On the surface, poker looks like a glamorous, mysterious game where wacky characters battle it out for huge amounts of moolah under studio lights. The people you see on TV are the superstars of the game who make a proper killing from their legendary skills.

So, normal blokes like us don't have a shot, right? Well, I'm living proof that we do! In September 2010, after a few years of recreational poker, I turned £100 into £133,000 and won one of the world's most prestigious poker tournaments, the World Series of Poker Europe (WSOPE). It started with a game with ten colleagues at PKR.com. The winner got $1,000 to buy a seat into the WSOPE. I took my spot at the Empire Casino in London's Leicester Square where I got to test my game against some of the greatest players from around the world, including internet phenom Tom Dwan and the legendary Phil Ivey.

Five long, crazy days later, I'd made it past 570 others to reach the final table. After four hours, it was me versus 2009 champion JP Kelly. No one had ever won back-to-back WSOPE events and he fiercely wanted to win. But it was my day and with my friends, family and colleagues looking on, I achieved my dream of winning a major live poker tournament and a coveted WSOPE bracelet and the six-figure payday!

From being a huge poker fanatic working in the Customer Support team at PKR.com, I'm now a member of Team PKR Pro, PKR's group of rising young stars, travelling the world playing at live events. Keep your eyes peeled – I'll be talking about what life's like as a pro poker player over at **Nuts.co.uk/poker**. Be lucky, chaps!

PKR let's play

"I'm proof that normal blokes have a shot!"



Sign up to *Nuts* Poker to claim your $800 welcome bonus! Visit www.pkr.com/nuts and register today!
OVER-18S ONLY. WWW.GAMBLEAWARE.CO.UK

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BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at **www.nuts.co.uk/girls**

Ladies, send us your pictures! Send your photos to Real Girls UK, *Nuts*, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

ONLY IN Nuts!



Zohra
22, Northampton, barmaid
"I'd love a guy to take me to the beach and share a cone of chips with me!"

Lucy
26, Lincoln, barmaid
"I go clubbing wearing a naughty PVC policewoman's outfit with handcuffs!"

Katie
18, Essex, hairdresser
"I like a man to keep me on my toes… then I might show him my sexy Santa outfit!"

Alexa
22, Derby, student
"I love underwear – but a guy could impress me by buying me my fave chocolate bar!"

PAGES 66-67: PHOTOS: NADIA KING. STYLING: GEORGIA LANG. HAIR & MAKE-UP: JO ADAMS

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*! Choose the girl you think is the hottest, go to **www.nuts.co.uk/girls**, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

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REAL GIRLS, REAL PLACES!

ONLY IN Nuts!

Ladies, would you like *Nuts* to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 72. You must be at least 18 years old.

THIS WEEK:
Name: Adele
Age: 26
Boobs: 32C. "I love 'em!"
Likes: "Funny, loving boys!"
Ever kissed a girl? "No!"
Strangest place you've had sex? "On the roof of a car park!"
Sex tip: "Spank me!"

Adele's busty tour of Plymouth

We're in the South West to meet another hottie!

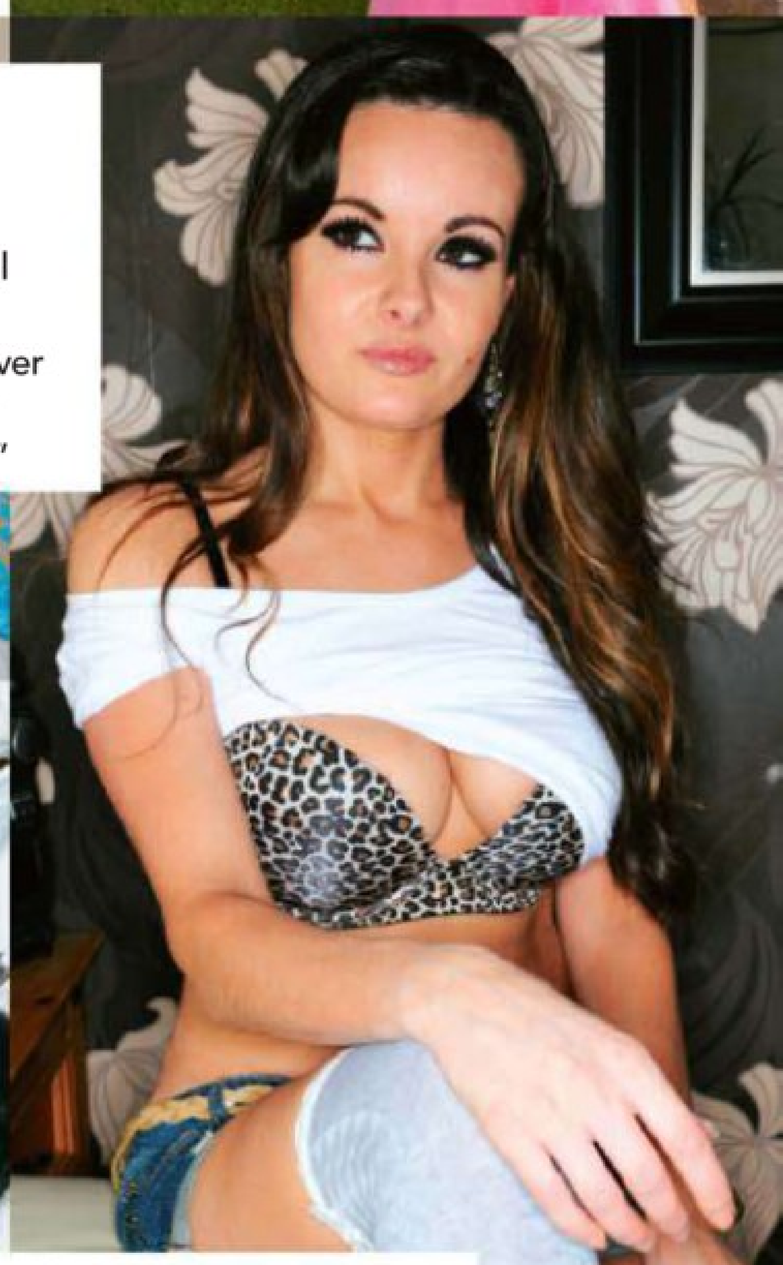






Adele on... brunettes!

"I've always been a natural brunette! I've never been blonde and don't think I ever will be. Brunettes are way more fun and mysterious!"



Adele on... her home!

"I live on my own with my Chihuahua, Gizmo. There are loads of nice beaches and the nightlife's great but I'm quite a homely girl at heart!"

Adele on... sleeping!

"I like my bed so I don't do mornings! I've been told I hog the bed but I'm a big cuddler. I've no one to share with at the moment though. Any offers?"

Adele on... chilling out!

"I love to chill out with a nice takeaway, a bottle of wine and a movie. I really love chick flicks but we could watch a horror instead if you like!"



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Adele on… sunbathing!

"I don't walk around the flat naked. I'd rather go down to the beach to sunbathe. I'd go topless abroad but not here! I know too many people!"

Adele on… drinking!

"I'm chatty when I've had a few drinks. I love Malibu and Diet Coke but it takes a lot to get me drunk – I can usually drink men under the table!"

Adele on… her boobs!

"I'm a 32C. I like to show off my legs when I go out in a nice pair of heels. I probably get most compliments on my bum. Boys say it's peachy!"

"I like to show off my legs when I go out in heels!"

Adele on… getting ready!

"It takes about an hour and a half to get ready for a night out. I pick what I'm going to wear the night before to save time so I can get partying!"

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PHOTOS: ELLIS O'BRIEN
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Nuts

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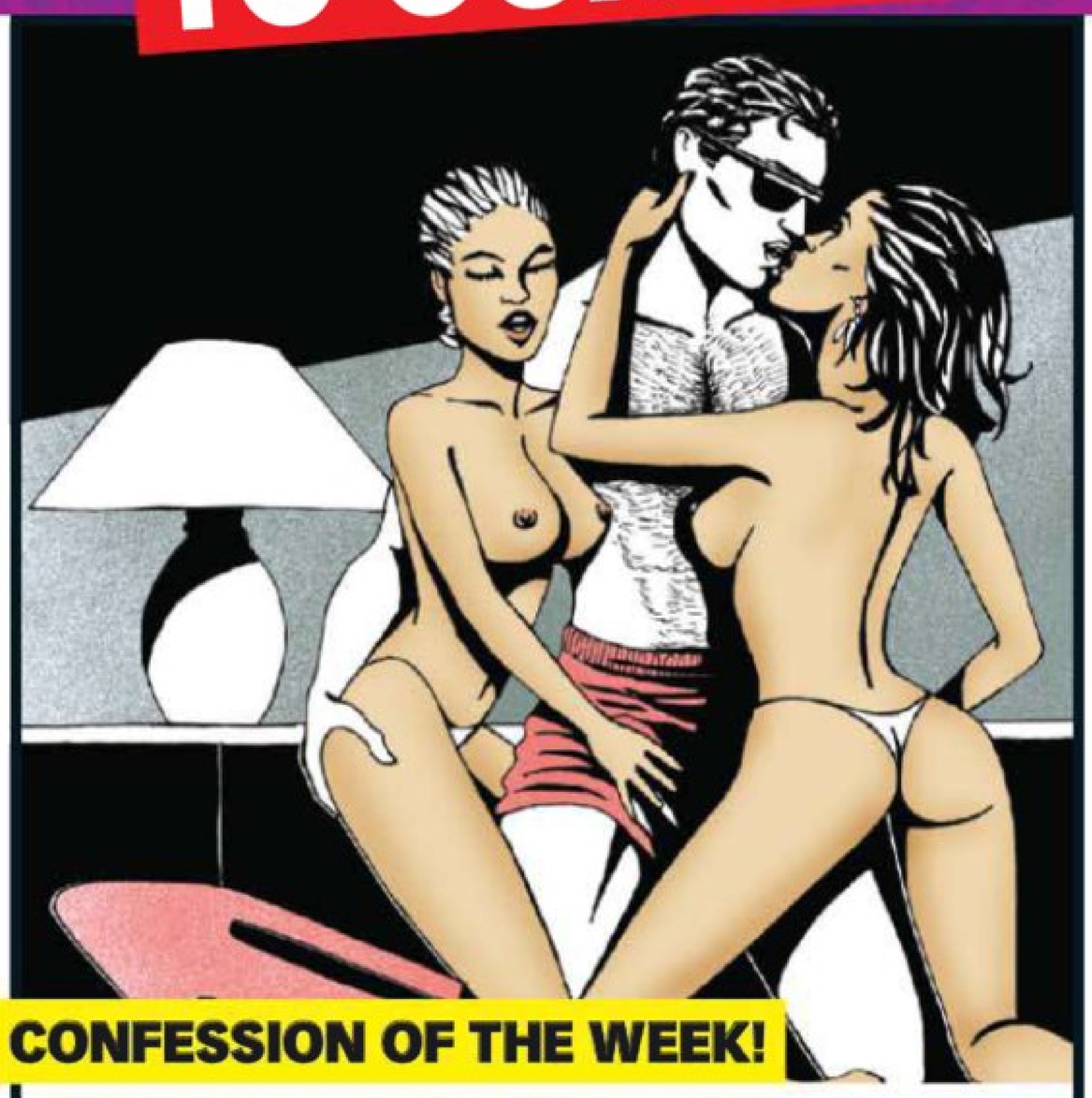
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LADIES CONFESS! TO OUR SECRETARY!

100% REAL STORIES!





CONFESSION OF THE WEEK!

'We stripped off our bikini tops'

I was on holiday with my best mate. While we were sunbathing, we noticed a lifeguard eyeing us up. To drive him wild, we stripped off our bikini tops and jumped into the pool. This got his attention, so we continued by sharing a kiss and rubbing boobs. My nipples were really hard and we were both turned on. The lifeguard came over and asked if we needed any assistance so we flashed him our room key. Upstairs, my mate took the guard's erection in her mouth while I snogged him. Then I straddled his face and he licked me until I screamed to orgasm. It was hours before he left. For the rest of the holiday, we shared sexy smiles around the pool. The thought still turns me on!

Vicky, via email

'He was on his knees in the lift'

My new man has recently moved into a plush penthouse in East London. On the moving day, we spent the whole time taking things up and down to his new home using the mirrored lift. On about the tenth trip up, we went past one floor and there was a loud noise and we suddenly came to a stop. We buzzed the alarm and were told we had to wait 20 minutes. My boyfriend gave me a grin and a saucy look. Within a few minutes, I had my skirt hitched up and he was on his knees giving me oral sex. I was so turned on by our quickie and also secretly hoped some guy somewhere was watching us on CCTV. I begged him to enter me and soon I had my legs around him while he rocked me up and down on his erection.

Hattie, via email

'Steamy session in steam room'

My boyfriend came home from work one day recently and was feeling restless. After a while, he suggested we should go to his gym and chill out. The first thing we did was get into the swimming pool. He started to kiss my neck and I got instantly flushed. He pushed me up against the edge of the pool, pulled my bikini top down and started sucking my wet boobs. He stuck his fingers deep inside me while I rubbed his manhood under the water. I felt really horny and wanted him inside me. So he took me into the steam room, sat me down and licked me until I couldn't take any more. We were soon interrupted and heard people coming. They dived into the pool so we knew we had a few moments longer. I climbed onto his lap, pulled my bottoms to one side and guided him inside me. It was so steamy we couldn't see anything in front of us. We managed to go at it for a minute or so until the door opened. Thankfully, it was so dark and steamy that we didn't get spotted in the act!

Lauren, Norwich

'He pulled on my wet hair'

My boyfriend and I recently took a trip to our local swimming pool. As there were only a few people there, we started flirting and playing with each other. As he was kissing my neck and groping my boobs, I noticed that we were being watched, which turned me on even more! Later, in the changing rooms, I noticed that his penis was still rock hard so I went down on my knees and sucked his erection while he pulled on my wet hair. After a while he stood me up, bent me over and started banging me senseless. As I struggled to stay quiet I could hear footsteps coming towards our cubical. I couldn't help but scream as he pounded harder and faster until we both climaxed. I burned off a few calories that afternoon one way or another!

Alex, via email

Win £50!



Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on page 72. The best one each week* wins £50! Come on, girls!

ILLUSTRATION: NICK PURSER/FOLIO ART
*EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 72 APPLY

StoreMags.com

Nuts FASHION

Smarten up your office attire with this top clobber!

PHOTOS: JIM LINCOLN

PHOTOS: JIM LINCOLN

10 work shirts

JEFF BANKS £32
Ditch the standard stripes and try a bit of paisley!

A SUIT THAT FITS FROM £70
Pick your fit and fabric with this custom shirt.

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Great collar and cuff contrast on this shirt.

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A quality blue shirt will always get the job done.

LAMBRETTA £35
A great bit of pink gingham from Lambretta.

STOCKISTS: BURTON: WWW.BURTON.CO.UK. **NEW LOOK:** WWW.NEWLOOK.COM. **NEXT:** WWW.NEXT.CO.UK. **DUFFER BY ST GEORGE:** WWW.DEBENHAMS.COM. **FRENCH CONNECTION:** WWW.FRENCHCONNECTION.COM. **A SUIT**

NEW LOOK £20
Such good value, you may as well buy two!

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You'd never think this was from the high street.

BURTON £22
This shirt would be great with a bold striped tie.

FRENCH CONNECTION £52
A classic check shirt for your wardrobe.

BLUE INC £35
If, like us, you don't wear a tie for work, try this shirt.

THAT FITS: WWW.ASUITTHATFITS.CO.UK. **BLUE INC:** WWW.BLUEINC.CO.UK. **LAMBRETTA:** 0113 244 2244. **T M LEWIN:** WWW.TMLEWIN.CO.UK. **JEFF BANKS:** 08445 616 161.

5 TRACK TOPS



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ADIDAS £50
How could we not include the firebird jacket?
Stockist:
adidas.com

GOLA £50
These guys are old school, but they still cut it.
Stockist:
gola.co.uk

FILA £55
We love this Fila jacket, made famous by Bjorn Borg.
Stockist: fila.eu

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Nuts REVIEWS

GAMES!



Developers recorded audio from an actual volcano for the game

FROM DUST
XBOX LIVE ARCADE

XBOX LIVE

Downloadable God sim has you as an omniscient almighty being doing your darndest to save a planet of, well, impossibly stupid berks. You aid their progress by controlling resources (sand, water, lava) to safely guide them through various natural disaster areas in an easy-to-pick-up game. Your subjects' stupidity will often have you chomping your controller, though. ★★★★



RECKLESS GETAWAY
IPHONE, IPOD



Top-down racer sees you making your getaway from a bank job. Hitting jumps and power-ups helps you avoid the chasing rozzers. Diverting! ★★★



ONE EPIC GAME
PLAYSTATION NETWORK

Frantic, 2D, side-scrolling platformer adds zombies/aliens/World War Two/everything into the mix to see what sticks. The incredible diversity keeps you hooked. ★★★

APPS!



FANTASY ITEAM
IPAD

BETFRED FIT EPL 11/12

Corking fantasy football app, featuring mini-leagues you can set up with your pals, head-to-heads with other teams as well as live scores and results. Brilliant! ★★★★★

GROUPON
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Save loads of cash with daily deals including restaurants, hotels and shopping from your nearest city. Ace for treating yourself or the missus. ★★★★★

DVDS/BLU-RAY!



The dialogue for the film was heavily improvised

YOUR HIGHNESS
DVD & BLU-RAY CERT 15



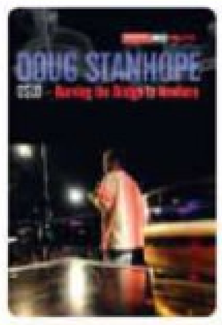
Thigh-slappingly silly fun starring Danny McBride (*Eastbound And Down*) as mullet-adorning slacker Prince Thadeous, who's forced to help his perfect brother Prince Fabious (James Franco) battle an evil wizard. With appearances from Natalie Portman and *Nuts*' very own Eva, this is easy on the eye as well as packed with top gags! ★★★★

SUCKER PUNCH
DVD & BLU-RAY CERT 12



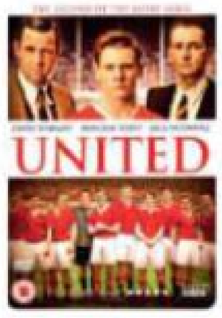
Any film involving hotties like Emily Browning and Abbie Cornish battling robots and dragons is fine by us. This is that film. ★★★★

DOUG STANHOPE: OSLO
DVD CERT TBC



The brilliant US stand-up performs live in Oslo, with a set that takes in Susan Boyle, kitten owners and US citizens. ★★★★★

UNITED
DVD CERT 12



Sobering story of Matt Busby's (Dougray Scott) legendary Man United team and the plane crash that tore the club apart. ★★★

MUSIC!



VARIOUS ARTISTS
HED KANDI: IBIZA 2011



The superclub presents its annual round-up of summer's Balearic hits – Joey Negro, Bob Sinclair, DJ Fresh, Calvin Harris… ★★★

JAY Z AND KANYE WEST
WATCH THE THRONE



The rap stars link up, get in production maestro Swizz Beatz and even "feature" dead soul legend Otis Redding! ★★★★

WORDS: DAN BRIGHTMORE, MIKE HALL, PETE CASHMORE

All the latest action-packed releases

Ratings: ★★★★★ Genius ★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!



Stars French hottie Ludivine Sagnier!

THE DEVIL'S DOUBLE CERT 12A

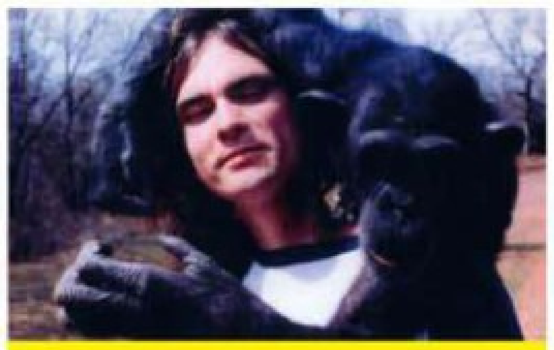
Brit actor Dominic Cooper plays a blinder in this dark and twisting thriller following the true story of Latif Yahia, who was forced to become the body double for Saddam Hussein's son. The great thing about this flick? Besides a tonne of action, torture scenes and lookey-likey surgery scares, it's Cooper pulling double-duty to play Latif and the former Iraq dictator's sadistic son Uday Hussein – and doing it brilliantly! Keep an eye on this fella… ★★★★





ELITE SQUAD 2 CERT 15

Totally nails follow-up to the 2008 thriller about gangs vs cops warfare in Brazil's favelas. Chaos, guns and car chases! ★★★★



PROJECT NIM CERT U

More monkey business with an ace documentary about a '70s science project to raise a chimp like a human! ★★★★

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gambleaware.co.uk jackpotjoy.com 18

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Nuts TV

Arriving in the box to score every time!

Nuts! 7-DAY TV LISTINGS GUIDE!



FRIDAY

Football is back!

Newcastle vs Arsenal ESPN, 4.45pm

They'd decided to take the Bond franchise in an alarming new direction



MONDAY

Reeves and Mortimer!

Shooting Stars BBC2, 10pm



TUESDAY

Frodo in new comedy!

Wilfred BBC3, 10.30pm



THURSDAY

Reality returns!

Celebrity Big Brother Channel 5, 9pm

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FRIDAY 12 AUGUST

TODAY'S MUST-SEE TV PICKS!


The DFS salesman was a bit full-on

The Rob Brydon Show BBC2, 10pm

CHAT The Welsh comic is joined by Ronnie Wood, Mick Hucknall and *The IT Crowd*'s Chris O'Dowd. ★★★★


"Do you ever feel like you're going nowhere?"

Dexter FX/HD, 10pm

DRAMA Debs uncovers new evidence in the barrel girls case, and Quinn finally reveals his suspicions about Dexter being the Trinity Killer. Meanwhile, Dex duffs up some bloke. Brutal! ★★★★★


The yellow hat really tied the outfit together

Chris Moyles' Quiz Night Channel 4, 10.35pm

QUIZ Joining the Moyler are Dermot O'Leary, Barbara Windsor and ace comedian Micky Flanagan. ★★★★

BBC One

6.00am Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer (R) **11.00** Wreck or Ready? (R) **11.30** Cash in the Attic **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** Nigel Slater's Simple Suppers **3.05** CBBC **5.15** Pointless **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show

7.30 The Good Cook
Dishes include potato soup with sour cream and chives. We'll stick to pizza and chips, thanks.

8.00 EastEnders

8.30 A Question of Sport
An Olympic-themed edition of the wishy-washy sports quiz. (R)

9.00 My Family

9.30 Miranda
The joke shop owner tries to do something for a good cause. Why not do something for your very own good cause and switch over now? (R)

10.00 News, Weather

10.35 John Bishop's Britain
The top Liverpudlian comic talks about British grub. (R)

11.05 My Favourite Joke
Gags from Steve Martin, Victoria Wood, Dick Emery and Dave Allen.

11.35 The National Lottery Friday Night Draws

11.45 D.O.A
FILM Modern film noir starring Dennis Quaid and Meg Ryan.

1.25am Sign Zone: Rick Stein's Spain (R) **2.25** Restoration Home (R) **3.25** Royal Upstairs Downstairs (R) **3.55-6.00am** BBC News

BBC Two

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Coast (R) **11.40** FILM The Fast Lady: *Comedy starring Stanley Baxter and James Robertson.* **1.15pm** Diagnosis Murder (R) **2.00** Wanted Down Under (R) **3.00** Weakest Link (R) **3.45** Antiques Road Trip (R) **4.30** Flog It! (R) **5.15** The Hairy Bikers' Food Tour of Britain (R) **6.00** Eggheads (R) **6.30** Celebrity Eggheads (R)

7.00 South Africa Walks
Yomping yawns from the southern hemisphere. (R)

7.30 The Bear Family and Me
Gordon Buchanan follows a family of wild black bears for a year. Keep your distance, mate. (R)

8.30 Gardeners' World
Monty Don travels to London's second largest garden, which is probably still about the size of a postage stamp.

9.00 Chilean Miners: 17 Days Buried Alive
The ordeal of the Chilean miners.

10.00 The Rob Brydon Show
MUST-SEE The comedian is joined by *Bridesmaids* actor and all-round good bloke Chris O'Dowd.

10.30 Newsnight

11.00 The Review Show at the Edinburgh Festival
NEW Highlights from the festival, including some top comedy.

12.00m't Of Time and the City
PREMIERE Docu about Liverpool from director Terence Davies.

1.10-2.30am FILM Don't Worry About Me: *Romantic drama starring Helen Elizabeth and James Brough.*

ITV 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show (R) **10.30** This Morning **12.30pm** Let's Do Lunch with Gino & Mel **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover (R) **3.00** Dickinson's Real Deal (R) **4.00** Rosemary & Thyme (R) **5.00** The Chase (R) **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale
Egg-laying rubbish.

7.30 Coronation Street
Julie turns to drink before her second date with Brian. Nothing wrong with some Dutch courage.

8.00 Dickinson's Real Deal
Bobbins from Birmingham.

8.30 Coronation Street
Stella and Leanne share a drink. Everyone's getting slaughtered on this show tonight. Good plan!

9.00 Someone's Daughter, Someone's Son
The family of murdered schoolboy Jamie Lavis speak out.

10.00 ITV News, Weather

10.35 Practical Magic
FILM Witch-based fantasy starring Sandra Bullock and Nicole Kidman.

12.30am The Zone

2.35 FILM Charley Varrick: *Crime thriller starring Walter Matthau.* **4.30-5.30am** ITV Nightscreen

4

7.20am According to Jim **7.45** T4: Friends (R) **8.45** 90210 **9.40** Example's Postcard from T4 on the Beach **9.55** Gaga's Monsters (R) **10.50** Friends (R) **12.05pm** SPORT Channel 4 Presents – Hannah Cockroft 2012 (R) **12.10** A Place in the Sun: Home or Away (R) **1.15** FILM Carry On Spying **3.00** Come Dine with Me Extra Portions (R) **4.00** Deal or No Deal (R) **5.00** Come Dine with Me Extra Portions (R) **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News

7.30 4thought.tv

7.35 Sex, Lies and Parkinson's
A 39-year-old comes to terms with Parkinson's disease.

8.00 Come Dine with Me
Four strangers from south Devon argue over dinner.

9.00 8 Out of 10 Cats
List-related laughs.

9.35 Chris Moyles' Quiz Night
MUST-SEE With Dermot O'Leary, Barbara Windsor and, most importantly, Micky Flanagan.

10.25 How Hip Hop Changed the World
A look at the defining moments in the history of the genre.

12.25am Music on 4: 4Real: WTF Is Dubstep?

12.30 Nero at Global Gathering
Dance music fest.

12.55 4Real: DJ Shyflow & MC Struggling
The duo record a session.

1.00 Inside SBTV: From Bedroom to Boardroom (R) **1.25** 4Real: Jay Z's 99 Problems **1.30** Music on 4: Talay Riley **1.40-1.45am** 4Real: Newz from the Endz

5

6.00am Milkshake! **9.15** The Wright Stuff **11.10** The Wright Stuff Extra with Gabby Logan **12.10pm** 5 News Lunchtime **12.15** Ice Road Truckers (R) **1.15** Meerkat Manor (R) **1.45** Neighbours **2.15** CSI: Miami (R) **3.15** FILM The Nanny Express: *Family drama starring Vanessa Marcil.* **5.00** 5 News at 5 **5.30** Neighbours (R) **6.00** Meerkat Manor (R) **6.25** OK! TV **6.55** 5 News at 7

7.00 Cricket
SPORT The third day of the third Test between England and India.

8.00 Danger: Diggers at Work
A family of lizards hinder an expensive project. Pesky reptiles.

9.00 Castle
The duo investigate the kidnapping of a two-year-old.

10.00 Castle
The novelist helps investigate the murder of a plastic surgeon.

10.55 CSI: Miami
A flight attendant is found dead at an airport. (R)

11.55 Inside Hollywood
Magazine show. (R)

12.10am SuperCasino
We assure you there's nothing super about this.

4.05 SPORT Motorsport Mundial **4.30** Danger (R) **5.20** Rough Guide To (R)

sky1

7pm The Simpsons
Homer heads to Jerusalem with Flanders and ends up stranded in the desert. (R)

7.30 The Simpsons
Homer battles mutants. (R)

8.00 Futurama
The Professor invents a one-way time machine. (HD)

8.30 Futurama
Earth is invaded by a race of intelligent cats. (HD)

9.00 An Idiot Abroad
Karl Pilkington heads for Christ the Redeemer in Rio de Janeiro, then moans about it. Ace laughs, as ever. (R)(HD)

10.00 Wall of Fame
Unseen footage from the topical panel show hosted by David Walliams. (HD)

11.00 Trollied
So-so comedy. (R)(HD)

11.30 Brit Cops: Rapid Response (R)

12.30am Border Invasion USA (R)(HD)



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13 AUGUST SATURDAY



Newcastle vs Arsenal

SPORT **ESPN, 4.45pm** The Premier League is back! Let's hope this is half as good as February's 4-4 classic between these two, when the Toon fought back from four goals down! ★★★★★



The Other Guys

FILM **Sky Movies Premiere/HD, 8pm** Ridiculous crime comedy starring Will Ferrell and Mark Wahlberg as a pair of useless NYC detectives who stumble upon a gigantic case. Amusing. ★★★



John Bishop's Britain

COMEDY **BBC1, 9.25pm** The genial comic introduces another dose of feel-good laughs, with stand-up, sketches and real-life stories. Freddie Flintoff pops up tonight, too! ★★★★

BBC One

6.00am Breakfast **10.00** Saturday Kitchen Best Bites **11.30** The Good Cook (R) **12.00noon** BBC News, Regional News, Weather **12.15pm** SPORT Football Focus **1.05** Cash in the Celebrity Attic (R) **1.50** Bargain Hunt Famous Finds (R) **2.20** FILM Father of the Bride Part II: *Comedy sequel starring Steve Martin.* **4.00** SPORT Final Score **5.25** BBC News, Regional News, Weather **5.45** Total Wipeout (R) **6.45** Tonight's the Night

7.45 **The National Lottery: In It to Win It**
Dale Winton (orange) presents the quiz show (rubbish) where contestants answer questions to scoop a big prize (losers).

8.35 **Casualty**
Jeff and Dixie face stiff competition from new paramedics Tamzin and Omar. Competition? You're playing with people's lives!!! Oh, it's not real.

9.25 **John Bishop's Britain**
MUST-SEE Former cricketer Andrew Flintoff talks about his hobbies. We bet one of them is the pub.

9.55 **BBC News, Weather**

10.15 **Match of the Day**
NEW Hooray – it's back! Old big ears Gary Lineker presents action from the opening Premier League games of the season, including Newcastle vs Arsenal and Liverpool vs Sunderland. We've missed you!

11.35 **The Football League Show**
SPORT It's all the highlights and goals from today's fixtures. Thank lordy for the beautiful game.

1.00-6.00am BBC News

BBC Two

6.00am CBeebies **7.00** CBBC **12.00noon** The Sky at Night (R) **12.20pm** Homes Under the Hammer **12.50** Diagnosis Murder (R) **1.30** FILM Gymnast: *Premiere. Docu film.* **3.00** FILM Four Minutes: *Sports drama.* **4.30** Escape to the Country (R) **5.30** It's Marty Feldman (R) **6.00** Marty Feldman: Six Degrees of Separation (R)

7.00 **Flog It!**
Paul Martin meets people in Luton, Bedfordshire, trying to make money selling their antiques. Erm, isn't there already a show like this called *The Antiques Roadshow*? (R)

7.30 **Dad's Army**
Really ancient war-based comedy which will only appeal to people over the age of 70. (R)

8.00 **Imagine – Sitting for Lucian Freud**
A profile of the British artist who died on July 20. (R)

9.00 **BBC Proms 2011**
The National Youth Orchestra of Great Britain performs works by Prokofiev. Oh how we enjoy a good trump. We'll get our coat.

11.05 **The Rob Brydon Show**
Brydon is joined by *IT Crowd* star, Chris O'Dowd. (R)

11.35 **Top of the Pops 2: School Days**
Vintage school-themed hits. (R)

12.35am **Monk Dawson**
FILM A former monk is forced to deal with the real world after a crisis of faith sees him expelled from the church. It's a no from us.

2.20-3.40am FILM Quatermass 2: *Sci-fi sequel starring Brian Donlevy.*

ITV 1

5.30am ITV News **6.00** CITV **8.25** Ten Mile Menu (R) **9.25** Coronation Street **11.45** This Morning: Saturday **12.45pm** You've Been Framed! (R) **1.15** ITV News, Weather **1.20** FILM Murder on the Orient Express **3.45** FILM From Russia with Love: *James Bond adventure.* **5.55** Regional News, Weather **6.10** ITV News, Weather **6.25** FILM Harry Potter and the Order of the Phoenix

9.00 **Ronnie Corbett's Comedy Britain**
The minature entertainer speaks to Harry Hill and David Walliams and retells some old amusing anecdotes.

10.00 **ITV News, Weather**

10.15 **I Am Legend**
FILM Sci-fi horror flick starring Will Smith and some truly rubbish CGI. It's still very entertaining though.

12.05am **The Cube: Celebrity Special**
Joe Swash (how is this bloke *still* on TV?) and Kelly Osbourne take part in a charity edition of the show. (R)

1.00 The Zone **3.05** In Plain Sight **3.50-5.30am** ITV Nightscreen

Channel 4

7.00 SPORT MSA Formula Ford Championship **7.25** SPORT The Grid **7.55** SPORT The Morning Line **8.50** T4: Friends (R) **9.20** Hollyoaks Music Show **9.55** Smallville (R) **10.50** Friends (R) **11.25** Pop Up Pop Quiz **12.15pm** The Big Bang Theory (R) **1.15** The TV Book Club **1.45** SPORT Joe Bestwick 2012 (R) **1.55** LIVE Channel 4 Racing. **3.55** Hugh's Fish Fight (R) **4.55** Come Dine with Me (R) **5.55** News **6.25** 4thought.tv **6.30** Come Dine with Me (R)

8.00 **StreetDance**
Docu charting the progress of teams competing in the 2011 Street Dance XXL championship. This is a fantastic show for people who have an interest in dancing. You don't? Nope, us neither.

9.00 **Exit Through the Gift Shop**
FILM Street art docu from artist Banksy, narrated by Rhys Ifans. If you're into grafitti, you 'll like this.

10.45 **The Antics Roadshow**
Yup, re-read the title of this show again. It's nowt to do with antiques, but more to do with people who have hijacked the public arena for comedic, artistic or political ends. Sounds just as rubbish to be honest.

11.50 **Logorama**
Animated short.

12.10am **Starsuckers**
The origins of celeb-obsessed media. Bore off, we're busy reading the Mrs *Heat* magazine.

2.10 Real Estate **2.15** Tight Jeans **2.25** FILM The Idiots: *Danish drama. Subtitled.* **4.25** Spider **4.40** Incident by a Bank **4.55** Raindance **5.00-5.55am** Hill Street Blues (R)

Channel 5

6.00am Milkshake! **10.00** Inside Hollywood **10.05** Mexican Food Made Simple (R) **10.35** Ultimate Police Interceptors (R) **11.35** Monster Moves (R) **12.35pm** FILM Ivanhoe: *Classic adventure starring Robert Taylor and Elizabeth Taylor.* **2.45** FILM Krull: *Adventure fantasy.* **5.10** FILM The Seventh Voyage of Sinbad: *We've often dreamed of having a go on a flying carpet. And owning a sword.*

7.00 **Cricket**
SPORT Highlights of the fourth day of the third Test between England and India. Let's score some runs!

8.00 **5 News Weekend**

8.05 **NCIS**
The team is called to a high-school on a Marine base, where a pupil has taken his classmates hostage and is threatening to detonate a bomb strapped to his chest. Well that's got to suck for everyone. (R)

9.00 **CSI: Miami**
The team comes under threat from Russian mobsters. The crazy cats! (R)

10.00 **Law & Order: Special Victims Unit**
Benson and Stabler investigate the murder of a 14-year-old girl.

10.55 **CSI: Crime Scene Investigation**
A body is found in the Las Vegas desert with large bite marks on the torso. It was a shark! (R)

11.50 **Inside Hollywood**

12.00m't **SuperCasino**
It's not a casino, and it's not super.

4.00 Animal Rescue Squad (R) **4.15-5.00am** The FBI Files (R)

Sky 1

7.00pm **Emergency with Angela Griffin**
The actress deals with 999 calls at the emergency centre. Errr surely she's not qualified to do this? 'My mum's choking on a chicken bone'. Griffin responds 'Pat her on the back'. 'Ahhhh my mum's dead'. See, not qualified. (R)(HD)

8.00 **Futurama**
Bender delivers a package to a killer robot planet. (R)

8.30 **Futurama**
Fry learns he's rich. (R)

9.00 **Phone Booth**
FILM Cracking suspense flick about a New York publicist trapped inside a phone booth by an unseen sniper. (HD)

10.40 **Spartacus: Gods of the Arena**
Batiatus enlists the help of Lucretia. (R)(HD)

11.55 **Law & Order**
Lupo and Bernard investigate another death. (R)(HD)

12.45am **Fringe** (R)(HD)

SATURDAY'S SPORT

10.30am England vs India, Test Cricket, **Sky Sports 1.** MUST-SEE **4.45pm** Newcastle vs Arsenal, ESPN.

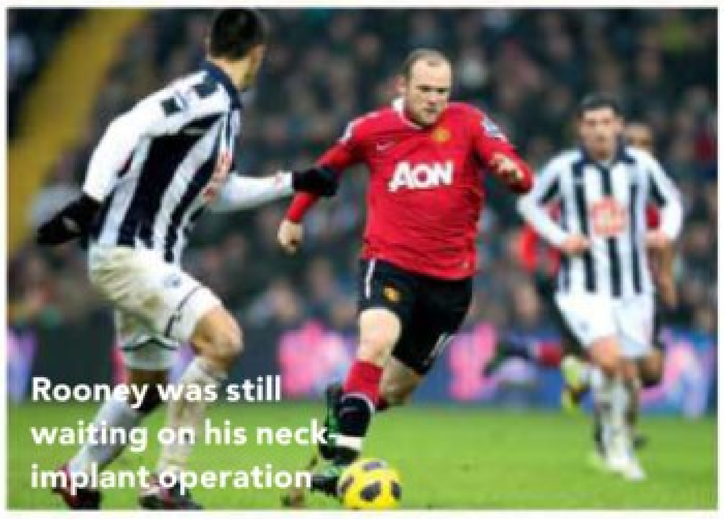
SUNDAY'S SPORT

10.30am England vs India, Test Cricket, **Sky Sports 2. 1pm** Stoke vs Chelsea, **Sky Sports 1.** MUST-SEE **3.30pm** West Brom vs Man United, **Sky Sports 1.**

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SUNDAY 14 AUGUST

TODAY'S MUST-SEE TV PICKS!


Rooney was still waiting on his neck-implant operation

West Brom vs Man United

Sky Sports 1/HD, 3.30pm

SPORT The pick of the day's matches sees Fergie's Champs take on Roy Hodgson's over-achievers. ★★★★★


Probably the worst brothel in the world

Dragons' Den

BBC2, 8pm

REALITY This week, our sour-faced entrepreneurs are visited by a load of family businesses. New dragon Hilary looks like she actually feasts on new-born infants, so this could be a fun one! ★★★★


Any second now, someone would shout, "Bundle!"

The Inbetweeners Top Ten Moments

E4, 10pm

COMEDY With the movie out this week, E4 presents your funniest *Inbetweeners* bits! ★★★★★

BBC One

6.00am Breakfast **7.40** SPORT Match of the Day (R) **9.00** Breakfast **10.00** Sunday Morning Live **11.00** Country Tracks **12.00noon** BBC News **12.05pm** Cash in the Celebrity Attic (R) **12.50** Bargain Hunt Famous Finds (R) **1.35** EastEnders **3.30** My Family (R) **4.00** My Family (R) **4.30** Escape to the Country (R) **5.30** Songs of Praise **6.05** Deadly 60 on a Mission **6.35** BBC News, Regional News, Weather

7.00 Britain's Hidden Heritage
NEW In search of forgotten places and objects that shed light on British history. How about not forgetting you have a remote control right now? To Channel 4, quick!

8.00 Countryfile
John Craven discovers how the landscape of south-west England… Sorry, we drifted off there.

9.00 Ocean Giants
NEW Docu about the lives of the ocean's largest mammals, beginning with 200-tonne blue whales and fighting humpbacks. We don't mind a bit of nature now and then, and this is actually great.

10.00 News, Weather

10.25 Match of the Day 2
SPORT It's the highlights of today's fixtures, featuring Stoke vs Chelsea and West Brom vs Man United.

11.35 Moving On
Drama starring Donna Lavin. (R)

12.25am Sign Zone: Dragons' Den
A repeat of the first episode featuring new dragon Hilary Devey. She's scary! (R)

1.25 Holby City (R) **2.25** Richard Hammond's Journey to the Bottom of the Ocean (R) **3.25** The Good Cook (R) **3.55-6.00am** BBC News

BBC Two

6.00am CBeebies **7.00** CBBC **10.00** Something for the Weekend **11.30** SPORT International Rugby Union **12.30pm** LIVE MotoGP: *The Czech Republic Grand Prix, start time 1pm.* **2.00** Coast **2.10** FILM Two Men Went to War: *Second World War comedy.* **3.55** FILM The Alamo: *Epic western starring Billy Bob Thornton.* **6.00** Natural World: Empire of the Desert Ants (R)

7.00 Top Gear
The presenters search for the world's best four-seat supercar. (R)

8.00 Dragons' Den
MUST-SEE The Den is taken over by a pirate (argh!), a hippie (peace, man) and a street urchin (have a wash). Watch them pitch their crusty ideas.

9.00 Glorious 39
FILM Period thriller. On the eve of the Second World War, the adopted daughter of an aristocratic family stumbles upon a sinister conspiracy to keep Britain out of the war. Not really up our street.

11.00 Fish Tank
FILM Gritty British drama. A headstrong Essex teenager develops a risky friendship with her single mother's boyfriend.

1.00am BBC News **3.55-4.40am** SPORT The Super League Show

itv 1

5.30am ITV News **6.00** CITV **8.25** May the Best House Win (R) **9.25** Dickinson's Real Deal (R) **10.25** 60 Minute Makeover (R) **11.30** This Morning: Sunday **12.30pm** ITV News, Weather **12.35** Survival: Tales from the Wild **1.35** FILM Columbo: Ashes to Ashes: *Murder mystery.* **3.35** Midsomer Murders (R) **5.30** Ladies of Letters (R) **6.05** Ladies of Letters (R) **6.35** Regional News, Weather **6.45** ITV News, Weather

7.00 Joanna Lumley's Nile
The actress follows the river into the deserts of northern Sudan. This show is about as interesting as this fact: we've been on a boat down the Nile. See, not interesting at all. (R)

8.00 Born to Shine
Talented kids teach more celebs new skills including how to play the electric guitar and the harp.

9.00 Law & Order: UK
The team come up against gang culture and crime.

10.00 ITV News, Weather

10.15 Jarhead
FILM Military drama starring Jake Gyllenhaal and Jamie Foxx. During the first Gulf War, a platoon of American marines try to come to terms with stress and boredom while waiting to see action in Iraq.

12.25am The Zone

2.00 SPORT British Superbike Championship Highlights **3.20** SPORT Motorsport UK **4.05-5.30am** ITV Nightscreen

4

7.05 SPORT Triathlon **7.55** T4: The Crush **8.20** The Wanted's Postcard from T4 on the Beach (R) **8.45** Friends (R) **9.15** Hollyoaks **11.45** Friends (R) **12.20pm** Ibiza Rocks **12.40** Professor Green's RockCorps **1.00** The Simpsons (R) **2.10** Undercover Boss (R) **3.10** Help! My House Is Falling Down (R) **4.15** SPORT Jody Cundy 2012 (R) **4.20** FILM Stormbreaker: *Teen spy flick.* **6.05** News **6.35** 4thought.tv **6.40** FILM Iron Man: *Ace action flick.*

9.00 StreetDance
The remaining crews compete for the 2011 Street Dance XXL title.

10.30 Graffiti Wars
The rivalry between leading UK graffiti artists Banksy and King Robbo. Who? Never heard of him.

11.35 Life of Rhyme
All about rap.

12.40am Dark Days
FILM An award-winning film about the lives of homeless people living in disused transport tunnels under the streets of New York City.

2.20 NEW Without a Trace: *New series.* **3.10** Without a Trace **3.55** Hung **4.30** Brothers & Sisters (R) **5.15-6.10am** Hill Street Blues (R)

Channel 5

5.00am Milkshake! **10.00** Animal Rescue Squad (R) **10.15** New Cowboy Builders (R) **11.15** New Cowboy Builders (R) **12.15pm** New Cowboy Builders (R) **1.15** FILM The Secret Garden: *Period children's drama starring Kate Maberly.* **3.15** FILM The Bachelor: *Romantic comedy rubbish.* **5.10** FILM Ice Age: *Animated comedy.* **6.55** 5 News Weekend

7.00 Cricket
SPORT Mark Nicholas presents highlights of the fifth and final day of the third Test at Edgbaston between England and India.

8.00 Gladiator: The True Story
Docu exploring the real-life events behind Ridley Scott's film *Gladiator.* Seriously, who's their source for this docu? Didn't these events happen donkey's years ago? (R)

9.00 300
FILM Epic, brilliant adventure based on the graphic novel by Frank Miller. In 480BC, 300 Spartans face overwhelming odds when they make a defiant stand against the Persian enemy. Quality flick.

11.20 Red Sonja
FILM This, on the other hand, isn't a quality flick. Arnold Schwarzenegger plays a red-haired warrior who tries to retrieve a stolen talisman.

1.05am SuperCasino **4.00-4.10** Meals in Moments (R)

sky1

7.00pm **Hawaii Five-0**
Like this cop show? You're in luck! Not a fan? Don't look down. A sci-fi fan dressed as his favourite superhero is thrown out of a window. (R)(HD)

8.00 **Hawaii Five-0**
McGarrett and Danny discover a dead body while hiking through the jungle. (R)(HD)

9.00 **Hawaii Five-0**
A cop seeks revenge when his wife is killed. (R)(HD)

10.00 **Hawaii Five-0**
Danny begins foaming at the mouth. (R)(HD)

11.00 **Hawaii Five-0**
Crime lord Wo Fat tries to put an end to the team. (R)(HD)

12.00m't **Hawaii Five-0**
The team investigates when a gang war spills over at a high-school football game. (R)(HD)



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Nuts TV

15 AUGUST MONDAY



Their lottery syndicate had won ten quid

Man City vs Swansea

Sky Sports 1/HD, 7pm

SPORT Man City ace Sergio Aguero cost more than top-flight new boys Swansea have probably spent in their history. Easy home win? We'll see. ★★★★★



Maybe the UFC wasn't for her after all

Let The Right One In

Film4, 9pm

FILM Creepy Swedish vampire chiller, remade as *Let Me In*, in which a young boy befriends a mysterious girl who turns out to have a taste for blood… ★★★★



Vic and Bob's unsuccessful audition for *Black Swan*

Shooting Stars

BBC2, 10pm

COMEDY Tonight's daft quiz show features wildlife chap Chris Packham, TV lovely Tess Daly, actor Mark Benton and scrawny Alexa Chung. ★★★★

6AM

BBC One

6.00am Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer (R) **11.00** Wreck or Ready? (R) **11.30** Cash in the Attic **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Pointless **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC Two

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** FILM The Fugitive: *Drama about a priest on the run from a Latin American regime.* **1.15pm** Diagnosis Murder (R) **2.00** Wanted Down Under (R) **3.00** Weakest Link (R) **3.45** The Hairy Bikers' Food Tour of Britain (R) **4.30** Flog It! (R) **5.15** Put Your Money Where Your Mouth Is (R) **6.00** Eggheads (R) **6.30** Celebrity Eggheads (R)

ITV 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show (R) **10.30** This Morning **12.30pm** Let's Do Lunch with Gino & Mel **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover (R) **3.00** Dickinson's Real Deal (R) **4.00** Rosemary & Thyme (R) **5.00** The Chase (R) **6.00** Regional News, Weather **6.30** ITV News

Channel 4

7.15 According to Jim **7.40** Frasier (R) **8.05** T4: Friends (R) **9.05** 90210 **9.55** The Saturdays: What Goes on Tour (R) **10.10** Jason Derulo: Video Exclusive **10.15** V Festival: The Countdown **11.00** Friends (R) **12.00noon** News **12.05pm** A Place in the Sun: Home or USA? (R) **1.05** FILM The Enemy Below **3.00** Come Dine with Me Extra Portions (R) **4.00** Deal or No Deal **5.00** Come Dine with Me Extra Portions (R) **6.00** The Simpsons (R) **6.30** Hollyoaks

Channel 5

6.00am Milkshake! **9.15** The Wright Stuff **11.10** The Wright Stuff Extra with Gabby Logan **12.10pm** 5 News Lunchtime **12.15** Ice Road Truckers (R) **1.15** Meerkat Manor (R) **1.45** Neighbours **2.15** CSI: Crime Scene Investigation (R) **3.15** FILM Expecting a Miracle: *Domestic drama.* **5.00** 5 News at 5, Weather **5.30** Neighbours (R) **6.00** Meerkat Manor (R) **6.25** OK! TV

sky1

7pm **The Simpsons**
Bart decides to steal a kiss from his school crush. (R)(HD)

7.30 **The Simpsons**
Milhouse moves to Capital City with his mother. (R)

8.00 **Safebreakers**
NEW Game show in which two teams compete to unlock a safe containing £5,000. (HD)

9.00 **Cop Squad**
Cops, crims, Cambridgeshire and other things beginning with the letter C. (HD)

10.00 **Spartacus: Gods of the Arena**
Batiatus' father Titus returns. Fantastic – been wondering where he was. (R)(HD)

11.15 **Trollied**
Mediocre drama. (R)(HD)

11.45 **Wall of Fame**
Unused footage from the panel show. (R)(HD)

12.45am **Border Invasion USA**
Arizona's elite police. (R)(HD)

7PM

7.00 **The One Show**

7.30 **Bang Goes the Theory**
A BBC bigwig turns around and says, "I know, let's make science fun!" This is the result. It's not.

8.00 **EastEnders**
More soap tripe.

8.30 **Panorama: Drinking Our Rivers Dry?**
How demand for water is affecting the nation's rivers. Yawn.

9.00 **New Tricks**
The team probes the mystery of a missing scientist.

10.00 **News, Weather**

10.35 **A Question of Sport**
Gentle sport-based panel show.

11.05 **The Celebrity Apprentice USA**
The teams appear on a home-shopping channel. Pure brilliance.

11.50 **The Celebrity Apprentice USA**
The task: create a magazine spread.

12.40am **Sign Zone: Raymond Blanc's Kitchen Secrets** (R)

7.00 **Wonderstuff**
Antibacterial sprays are tested. Nope, no idea why.

7.30 **Victorian Pharmacy**
The trio make their own disinfectant.

8.00 **University Challenge**
It's spod wars! Tonight, the geeks are forced to battle it out, while having chillis poked in their eyes.

8.30 **Antiques Master**
A silver specialist, a pottery enthusiast and a man with a passion for household objects compete. Crikey, we'd rather watch paint dry.

9.00 **Horizon**
Something about astronomers.

10.00 **Shooting Stars**
MUST-SEE **The best thing about this show has to be Angelos. He's totally nuts, but brilliantly funny. Agreed?**

10.30 **Newsnight**

11.20 **Torchwood: Miracle Day**
The team learns the truth. (R)

12.15am **The Tudors**
Teenager Katherine Howard becomes Henry's fifth wife. Good for her. (R)

7.00 **Emmerdale**
The chickens are having a right to-do as the ducks have been laying eggs. Egg-laying is for chickens, right?

7.30 **Coronation Street**
Cobbled-street claptrap.

8.00 **Countrywise Kitchen**
Cooking, ingredients, etc.

8.30 **Coronation Street**
Frank is left waiting for a reply. We don't even know what the question was. Let's just say no, shall we?

9.00 **Show Me the Funny**
The remaining contenders head to South Wales to try and make people laugh. Might we suggest avoiding sheep-based jokes?

10.00 **ITV News, Weather**

10.35 **The Shadow**
FILM Here's a prime example of how not to make a comic-book-based film. Alec Baldwin stars as billionaire reformed-criminal-turned-psychic crimefighter The Shadow.

12.30am **The Zone**

7.00 **News**

7.55 **4thought.tv**
Five minutes of your life you'll never get back.

8.00 **The Secret Life of Buildings**
Something about buildings.

9.00 **Concrete Circus**
Five of the world's best urban sports stars team up with young directors to make new online films.

10.40 **One Man Walking**
Urban dance film.

11.00 **Coming Up: Magic**
The chairwoman of a magic society is suspected of murder. Eh?

11.35 **24 Hours in A&E**
A man with schizophrenia makes his 19th visit of the year. (R)

12.35am **Music on 4: Calvin Harris: 360 Sessions**
The singer-songwriter talks about his forthcoming single.

7.00 **5 News at 7**

7.30 **How Do They Do It?**
Ever wondered how halogen lightbulbs are made? Nope, us neither but apparently someone has, so here's a show about it! (R)

8.00 **Ultimate Police Interceptors**
Twenty police cars and two helicopters pursue a reckless driver across two counties. Slightly excessive, wouldn't you say?

9.00 **War**
FILM Very entertaining action flick starring Jason Statham and Jet Li. An FBI agent goes on the trail of a Chinese assassin in order to avenge the death of his partner. We rather enjoyed this romp.

11.10 **I Spy**
FILM Poor espionage comedy based on the 1960s TV series, starring Eddie Murphy and Owen Wilson.

12.55am **SuperCasino**

1AM

1.10 A Farmer's Life for Me (R) **2.10** Animal 24:7 (R) **2.55** Antiques Road Trip (R) **3.40-6.00am** BBC News

1.10-3.40 BBC News

2.35 Nightwatch with Steve Scott (R) **3.25** ITV Nightscreen **4.30-5.30am** The Jeremy Kyle Show (R)

1.05 The Kooks **1.20** Abbey Road Debuts (R) **1.35** The Album Chart Show (R) **2.00** FILM Beneath the Planet of the Apes **3.40-4.25** Brothers & Sisters (R)

3.55 Meals in Moments (R) **4.05** HouseBusters (R) **4.55** Rough Guide to Weekend Breaks (R) **5.10** Wildlife SOS (R) **5.35-6.00am** House Doctor (R)

MONDAY'S SPORT

MUST-SEE **7pm** Man City vs Swansea, Sky Sports 1.

TUESDAY'S SPORT

7.30pm UEFA Champions League, Sky Sports 2.

TUESDAY 16 AUGUST

NEW ISSUE ON SALE TODAY!

TODAY'S MUST-SEE TV PICKS!



Seven Dwarves

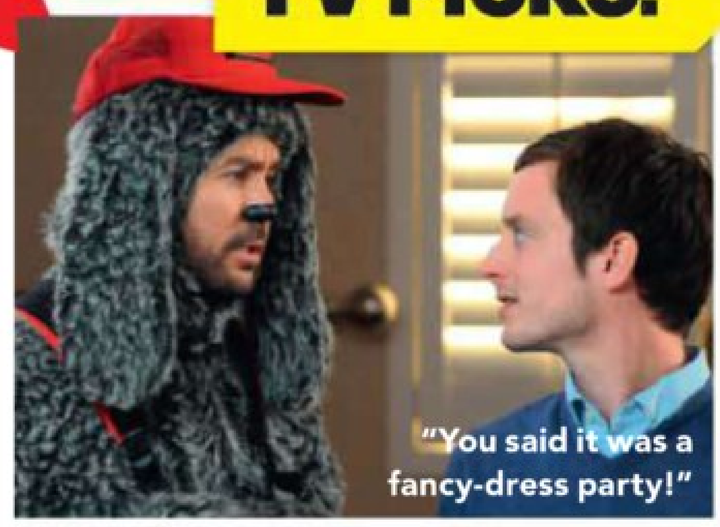
DOCU Channel 4, 9pm

This *short* new series follows the lives of seven dwarves as they perform a panto production of *Snow White*. Hope it *measures up* to the hype! Ahem. ★★★★



CSI: Miami Channel 5, 9pm

DRAMA Our favourite ginger cop (let's be honest, there aren't many of them on TV) is hot on the trail of the villain who murdered his wife. Don't be a wussy, Horatio – when you catch him, kill him! ★★★



Wilfred BBC3, 10.30pm

COMEDY Ryan's (Elijah Wood) on the brink of suicide when he starts seeing his hot neighbour's pooch Wilfred as a man in a dog suit. Weird? Yes. Funny? Too right! ★★★★

BBC One

6.00am Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer (R) **11.00** Wreck or Ready? (R) **11.30** Cash in the Attic **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Pointless **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC Two

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** FILM Tender Comrade: *Second World War drama*. **1.15pm** Diagnosis Murder (R) **2.00** Wanted Down Under (R) **3.00** Weakest Link (R) **3.45** The Hairy Bikers' Food Tour of Britain (R) **4.30** Flog It! (R) **5.15** Put Your Money Where Your Mouth Is (R) **6.00** Eggheads (R) **6.30** Celebrity Eggheads (R)

ITV 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show (R) **10.30** This Morning **12.30pm** Let's Do Lunch with Gino & Mel **1.30** ITV News **1.55** Regional News **2.00** 60 Minute Makeover (R) **3.00** Dickinson's Real Deal (R) **4.00** Rosemary & Thyme (R) **5.00** The Chase (R) **6.00** Regional News, Weather **6.30** ITV News

4

7.25 According to Jim **7.50** Frasier (R) **8.15** T4: Friends (R) **8.45** 90210 **9.40** The Saturdays: What Goes on Tour (R) **10.00** Usher: Live in London **11.00** Friends (R) **12.00noon** News **12.05pm** A Place in the Sun: Home or Away (R) **1.05** FILM The Day Will Dawn **3.00** Celebrity Come Dine with Me Extra Portions (R) **4.00** Deal or No Deal **5.00** Celebrity Come Dine with Me Extra Portions (R) **6.00** The Simpsons (R) **6.30** Hollyoaks

Channel 5

6am Milkshake! **9.15** The Wright Stuff **11.10** The Wright Stuff Extra with Gabby Logan **12.10pm** 5 News Lunchtime **12.15** Ice Road Truckers (R) **1.15** Meerkat Manor (R) **1.45** Neighbours **2.15** CSI: Crime Scene Investigation (R) **3.15** FILM Jane Doe: The Wrong Face: *Crime thriller.* **5.00** 5 News at 5, Weather **5.30** Neighbours (R) **6.00** Meerkat Manor ( ) **6.25** OK!

Sky 1

7pm **The Simpsons**
Grampa meets a newspaper columnist. (R)(HD)

7.30 **The Simpsons**
Homer tries to help his fugitive mother evade justice. (R)

8.00 **Emergency with Angela Griffin**
We're not entirely sure of the point of this show. It's just about people getting hurt, and Angela Griffin mooching around. (R)(HD)

9.00 **Phone Booth**
FILM Cracking suspense thriller starring Colin Farrell as a NY publicist trapped in a phone booth by an unseen sniper. (HD)

10.40 **Octomum: The 8 Baby Mother**
The story of Nadya Suleman, who gave birth to octuplets. (R)

12.10am **Caribbean Cops**
Law enforcers on the islands of Jamaica, Trinidad and Tobago and St Lucia. (R)(HD)

7PM

7.00 The One Show
A dull show about dull stuff.

7.30 EastEnders
Michael suspects Vanessa might have feelings for Eddie. We have feelings about this show. Rage, anger, hate, loathing etc.

8.00 Holby City
Malick tries to convince a nervous patient to undergo a routine procedure. Yeah, we're just going to cut your head off and sew it back on.

9.00 DIY SOS: The Big Build
A bungalow is converted into a four-bedroom home. How joyous.

10.00 News, Weather

10.35 My Hoarder Mum and Me
Jasmine tries to help her mother kick her extreme hoarding habit.

11.25 Fast Food Baby
Docu exploring why some parents feed their children junk food. (R)

12.30am Sign Zone: Coast
The team explores Sweden. Think we'll explore our bed and hit the pillow, thanks. (R)

7.00 Dragons' Den
Investment pitches, with ideas including a fancy-dress business. Yeah, 'cos that's original. We thought this show was meant to be for inventors? (R)

8.00 The Great British Bake Off
NEW Twelve home cooks, er, cook.

9.00 The Hour
Lady Elms asks Freddie to drop his investigation.

10.00 Twenty Twelve
Cracks begin to emerge in boss Ian Fletcher's marriage.

10.30 Newsnight

11.20 Chilean Miners: 17 Days Buried Alive
The ordeal of the Chilean miners after a rockfall trapped them 2,300ft underground. (R)

12.20am Town with Nicholas Crane
The geographer visits Perth in the Scottish Highlands. Spiffing! (R)

7.00 Emmerdale
Jared reveals why he has a vendetta against Amy. Eh? Oh, we thought that said Viennetta, like the ice cream. What a treat!

7.30 Wildlife Patrol
Two dwarf crocodiles test the nerves of animal health officers.

8.00 Cops with Cameras
Police in Oldham pursue a wanted burglar on foot. He won't get very far holding that 50in telly. (R)

9.00 Unforgiven
A woman is released from prison after serving 15 years for the murder of two policemen. (R)

10.00 ITV News, Weather

10.35 The Grudge
FILM This remake of a Japanese ghost story is actually rather creepy. Sarah Michelle Gellar stars as a student in Japan who crosses the threshold of a house that's possessed.

12.20am The Zone

7.00 News

7.55 4thought.tv
Five minutes of boredom, captured right here. You lucky blokes!

8.00 The Sex Education Show
Pupils learn about attraction. We could all learn a thing or two about attraction, purely from the cover of this issue of *Nuts*.

9.00 Seven Dwarves
MUST-SEE Intriguing new docu following the lives of seven dwarf actors. You just can't help but watch.

10.00 Ramsay's Kitchen Nightmares USA
This is pretty much the same show every week.

11.05 Chris Moyles' Quiz Night
The Radio 1 DJ is joined by Dermot O'Leary (boring), Barbara Windsor (old) and Micky Flanagan (class). (R)

11.55 UK & Ireland Poker Tour
SPORT Action from the Cork event.

12.55am Sailing
SPORT Highlights of various regattas.

7.00 5 News at 7

7.30 Mexican Food Made Simple
How to make a prawn cocktail and a hot chorizo salad. Both of which we'd now like to eat.

8.00 Monster Moves
Racing yachts are transported from France to Guadeloupe.

9.00 CSI: Miami
MUST-SEE A fugitive killer embarks on a city-wide search for his daughter.

10.00 CSI
Langston and Riley are held hostage by an armed teenager while investigating a gang-related shooting. (R)

10.55 CSI
Grissom investigates a murder that certain locals seem to not want solved. (R)

11.55 CSI: NY
A twisted serial killer is on the rampage (R)

12.50am Super Casino

1AM

1.30 Britain's Bravest Cops (R) **2.15** Antiques Road Trip (R) **3.00** Saints and Scroungers (R) **3.30-6.00am** BBC News

1.20-3.30 BBC News

2.25 Crossing Jordan **3.15-5.30am** ITV Nightscreen

1.25 Volleyball **2.20** Boxing **2.45** The Grid (R) **3.15** Ford Championship (R) **3.45** Freesports on 4 (R) **4.10** Triathlon (R) **5.05-6.00am** Cookery School (R)

3.55 Meals in Moments (R) **4.10-5.10** Monster Moves (R)

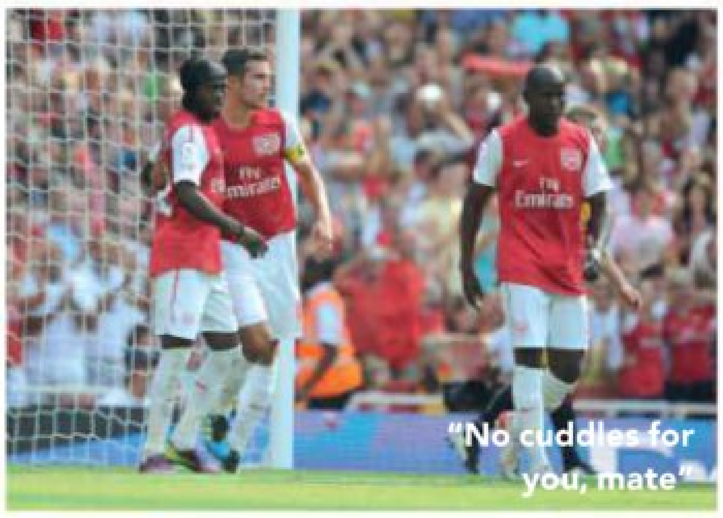


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17 AUGUST WEDNESDAY


"No cuddles for you, mate"

Arsenal vs Udinese

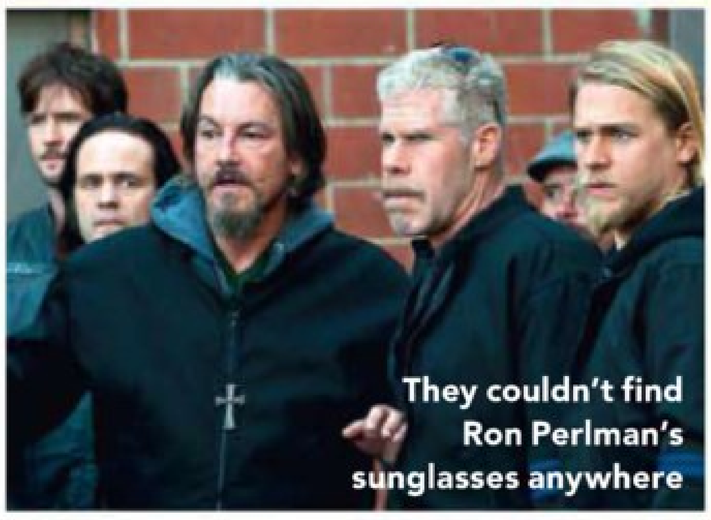
SPORT ITV1, 7.30pm

The Italians will be a tough challenge for Arsene Wenger's side. Robin van Persie and Samir Nasri are suspended – and will Cesc Fabregas play? ★★★★


"No, sweetheart, the camera's over here!"

Beaver Falls E4, 9pm

DRAMA It's the hottest day of the year, causing everyone at the Yank summer camp to have the serious horn. Everyone seems to be getting their end away, too. Apart from Barry, of course. ★★★


They couldn't find Ron Perlman's sunglasses anywhere

Sons Of Anarchy

DRAMA 5USA, 10pm

Jax's mum Gemma is handcuffed to a hospital bed while he learns of his son's whereabouts. Who will he sell out to save his kid? ★★★★★

6AM

BBC One

6.00am Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer (R) **11.00** Wreck or Ready? (R) **11.30** Cash in the Attic **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Pointless **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC Two

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** FILM Cornered: *Thriller starring Dick Powell.* **1.15pm** Diagnosis Murder (R) **2.00** Wanted Down Under (R) **3.00** Weakest Link (R) **3.45** The Hairy Bikers' Food Tour of Britain (R) **4.30** Flog It! (R) **5.15** Put Your Money Where Your Mouth Is (R) **6.00** Eggheads (R) **6.30** Celebrity Eggheads (R)

ITV1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show (R) **10.30** This Morning **12.30pm** Let's Do Lunch with Gino & Mel **1.30** ITV News, Weather **1.55** Regional News, Weather **2.00** 60 Minute Makeover (R) **3.00** Dickinson's Real Deal (R) **4.00** Rosemary & Thyme (R) **5.00** The Chase (R) **6.00** Regional News, Weather **6.30** ITV News, Weather

Channel 4

7.00 Everybody Loves Raymond (R) **7.25** According to Jim **7.50** Frasier (R) **8.15** T4: Friends (R) **8.45** 90210 **9.40** The Saturdays: What Goes on Tour (R) **10.00** JLS: Stars and Strikes (R) **11.00** Friends (R) **12.00noon** News **12.05pm** A Place in the Sun: Home or Away (R) **1.05** The Secret Supper Club (R) **1.35** SPORT Mandip Sehmi 2012 (R) **1.40** LIVE Channel 4 Racing. **4.00** Deal or No Deal **5.00** Come Dine with Me (R) **6.00** The Simpsons (R) **6.30** Hollyoaks

Channel 5

6.00am Milkshake! **9.15** The Wright Stuff **11.10** The Wright Stuff Extra with Gabby Logan **12.10pm** 5 News Lunchtime **12.15** Ice Road Truckers (R) **1.15** Meerkat Manor (R) **1.45** Neighbours **2.15** CSI: Crime Scene Investigation (R) **3.15** FILM No Ordinary Baby: *Drama.* **5.00** 5 News at 5, Weather **5.30** Neighbours (R) **6.00** Meerkat Manor (R) **6.25** OK! TV

Sky1

7.00pm **The Simpsons**
Lisa accepts an invitation to join a Wiccan coven. (R)(HD)

7.30 **The Simpsons**
Homer is awarded his own talk show. (R)

8.00 **The Glee Project**
The clue's in the word in the title that says *Glee*. Run as fast as you can! (HD)

7PM

7.00 **The One Show**
Topical stories. That's topical, not tropical like a can of Lilt.

7.30 **National Treasures Live**
A visit to a warship in Portsmouth.

8.00 **Village SOS**
We're off to Wiltshire, where locals are using a lottery grant to buy the lease of a 200-year-old pub. That's a useful way of spending lotto money.

9.00 **Who Do You Think You Are?**
Well, we know we're not the type of people to watch this show. Next!

10.00 **News, Weather**

10.35 **The National Lottery Wednesday Night Draws**
Someone might win this miniscule jackpot. It could be you but let's face it, it probably won't be.

10.45 **Live at the Apollo**
Laughs guaranteed, thanks to Sean Lock and John Bishop. (R)

11.30 **The Two Mr Kissels**
FILM Fact-based drama about the rivalry between two millionaire brothers that led to their deaths.

7.00 **Coast**
More coastal-based rambling. (R)

8.00 **Natural World: Heligan – Secrets of the Lost Garden**
A look at the wildlife inhabiting the popular Cornish garden. If we wanted wildlife, we could look out of the window at home and see a fox or the neighbour's cat.

9.00 **The Wildest Dream**
FILM Docu about English mountaineer George Mallory.

10.30 **Newsnight**

11.20 **Fake or Fortune?**
The career of notorious forger Han van Meegeren. (R)

12.20am **The Tudors**
Henry invites Anne of Cleves back into the royal court. Aye Aye! (R)

7.00 **Emmerdale**
Rejoice and get your party hat on! This is the 6,000th episode of the show! Crack open the beers!

7.30 UEFA Champions League
MUST-SEE It's the Italians Udinese vs the mighty Arsenal. We know who we're rooting for!

10.00 **ITV News, Weather**

10.35 **UEFA Champions League: Extra Time**
SPORT Matt Smith presents highlights from the first-leg matches in the play-off round.

11.35 **Homes from Hell**
The stories of Brits who invested in the Dubai property boom, only for it all to go horribly wrong. (R)

12.30am **The Zone**

7.00 **News**

7.55 **4thought.tv**
Might we suggest ITV1?

8.00 **Twilight**
FILM And for all the ladies who aren't watching the match on ITV1, this one's for you! It's about a teenage girl who falls in love with a vampire.

10.20 **8 Out of 10 Cats Uncut**
A cracking, much-needed longer version of the comedy panel show.

11.05 **The Inbetweeners**
Will helps arrange the school's Duke of Edinburgh Award scheme. (R)

11.40 **The Inbetweeners**
Simon makes progress with Carli by helping her revise. (R)

12.10am **Music on 4: Ibiza Rocks**
Tinie Tempah makes a headline performance at the gig.

12.40 **The Killing**
Stan plots revenge for his daughter's murder. Don't do it, Stan! (R)

7.00 **5 News at 7**

7.30 **Garden ER**
Charity workers receive a garden makeover.

8.00 **Croc Man**
Docu following Shaun Foggett as he tries to fulfil his dream of opening Britain's first crocodile zoo. A whole zoo full of crocs? That's not a zoo, that's a large house where crocs live.

9.00 **NCIS**
An admiral is found executed by the side of a road. (R)

10.00 **Nowhere to Run**
FILM Romantic action thriller starring Jean-Claude Van Damme. Guaranteed cheese fest.

11.55 **Poker: The Big Game**
SPORT Pro players compete against top amateurs.

12.55am **SuperCasino**

9.00 **Half Cut Woman**
Docu following a fat 31-year-old woman who's planning to have lots of cosmetic surgery – but only to one side of her body. Nope, no idea why. (R)

10.00 **Brit Cops: Rapid Response**
Cops on crime. (R)

11.00 **Cop Squad**
Cambridgeshire police officers take on pot farmers. (R)(HD)

12.00m't **Caribbean Cops**
More of the same as above, but Caribbean-based. (R)(HD)

1AM

1.00am Sign Zone: Raymond Blanc (R) **1.30** Country Tracks (R) **2.25** Royal Upstairs Downstairs (R) **2.55** Antiques Road Trip (R) **3.40-6.00am** BBC News

1.15-3.40am BBC News

2.35 FILM The Lion in Winter: *Historical drama.* **4.50-5.30am** ITV Nightscreen

1.35 FILM Ask the Dust: *Period drama starring Colin Farrell.* **3.35** Brothers & Sisters (R) **4.25** Hill Street Blues (R) **5.15-6.10am** Cookery School (R)

3.55 Meals in Moments (R) **4.10** Nick's Quest (R) **4.35** Nick's Quest (R) **4.55** Rough Guide to Adventures (R) **5.10** Wildlife SOS (R) **5.35-6.00am** House Doctor (R)

WEDNESDAY'S SPORT

MUST-SEE **7pm** UEFA Champions League: Arsenal vs Udinese, **Sky Sports 2/ITV1.**

THURSDAY'S SPORT

MUST-SEE **10.30am** Test cricket: England vs India, **Sky Sports 1.**

THURSDAY 18 AUGUST

TODAY'S MUST-SEE TV PICKS!



England vs India

SPORT Sky Sports 1/HD, 10.30am

By the start of the fourth Test, England could be close to being crowned the world's best Test cricket nation. So why not whip the Indians yet again? ★★★★



The Killing Channel 4, 9pm

DRAMA Still watching this? Still reckon the teacher murdered Rosie Larson? Are you wondering what the mayor has to do with it? Us, too. We're still none the wiser as to what's happened! ★★★★



Celebrity Big Brother

REALITY Channel 5, 9pm

Welcome back, old friend – it's been way too long! Will it be Charlie Sheen? Pamela Anderson? Amy Childs? Who cares? We simply can't wait! ★★★★★

6AM

BBC One

6.00am Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer (R) **11.00** Wreck or Ready? (R) **11.30** Cash in the Attic **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Pointless **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC Two

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Coast (R) **11.40** FILM Build My Gallows High: *Thriller.* **1.15pm** Diagnosis Murder (R) **2.00** Wanted Down Under (R) **3.00** Weakest Link (R) **3.45** The Hairy Bikers' Food Tour of Britain (R) **4.30** Flog It! (R) **5.15** Put Your Money Where Your Mouth Is (R) **6.00** Eggheads (R) **6.30** Celebrity Eggheads (R)

ITV 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show (R) **10.30** This Morning **12.30pm** Let's Do Lunch with Gino & Mel **1.30** ITV News, Weather **1.55** Regional News, Weather **2.00** 60 Minute Makeover (R) **3.00** Dickinson's Real Deal (R) **4.00** Rosemary & Thyme (R) **5.00** The Chase (R) **6.00** Regional News, Weather **6.30** ITV News, Weather

Channel 4

7.00 Everybody Loves Raymond (R) **7.25** According to Jim **7.50** Frasier (R) **8.20** T4: Friends (R) **8.50** 90210 **9.45** The Saturdays: What Goes on Tour (R) **10.00** The Big Bang Theory (R) **11.00** Friends (R) **12.00noon** News **12.05pm** Friends (R) **12.30** A Place in the Sun: Home or Away (R) **1.35** SPORT Jody Cundy 2012 (R) **1.40** LIVE Channel 4 Racing **4.00** Deal or No Deal **5.00** Come Dine with Me (R) **6.00** The Simpsons (R) **6.30** Hollyoaks

Channel 5

6.00am Milkshake! **9.15** The Wright Stuff **11.10** The Wright Stuff Extra with Gabby Logan **12.10pm** 5 News Lunchtime **12.15** Ice Road Truckers (R) **1.15** Meerkat Manor (R) **1.45** Neighbours **2.15** CSI: Crime Scene Investigation (R) **3.15** The Family Recipe (R) **3.20** FILM McBride: Semper Fi: *Mystery.* **5.00** 5 News at 5 **5.30** Neighbours (R) **6.00** Meerkat Manor (R) **6.25** OK! TV **6.55** 5 News at 7

sky1

7.00pm **The Simpsons**
Bart plays his parents off against each other. (R)(HD)

7.30 **Futurama**
The Professor invents a one-way time machine. (R)(HD)

8.00 **Futurama**
Earth is invaded by a race of intelligent cats. (R)(HD)

8.30 **The Simpsons**
Lisa reveals a magician's most-famous trick. (R)(HD)

9.00 **Trollied**
Supermarket comedy. (HD)

9.30 **A League of Their Own**
Guests are Tim Henman and Chris Evans. (R)(HD)

10.00 **An Idiot Abroad**
Karl Pilkington heads for Christ the Redeemer in Rio. (R)(HD)

11.00 **Law & Order**
A wealthy woman is found dead in her apartment. (HD)

12.00m't **Caribbean Cops** (R)(HD)

7PM

7.00 **The One Show**

7.30 **EastEnders**
Tanya goes to the hospital. It's probably *Holby City.*

8.00 **Motorway Cops**
NEW Traffic cops crack down on crims who transport illegal goods across Britain via the motorway.

9.00 **Torchwood: Miracle Day**
Gwen, Rex and Esther are trapped on both sides of the Atlantic.

10.00 **News, Weather**

10.35 **Our War**
Docu exploring the conflict in Afghanistan through the words and pictures of British soldiers. (R)

11.45 **The Gingerbread Man**
FILM Legal flick from the John Grisham novel. An attorney tries to protect a woman who's being stalked by her cult-leader father.

7.00 **The Culture Show at the Edinburgh Festival**
A review of theatre production *The Wind-Up Bird Chronicle.* Can't say we're fans of the stage, unless there's a pole on it.

8.00 **Monty Halls' Great Irish Escape**
Monty electronically tags the fins of basking sharks. Cool.

9.00 **Town with Nicholas Crane**
Some bloke's tour of Britain comes to an end. See ya!

10.00 **Have I Got Old News for You**
John Bishop and Penny Smith join guest host John Prescott. (R)

10.30 **Newsnight**

11.20 **The Hour**
Clarence issues Bel with an ultimatum. (R)

12.20am **The Culture Show at the Edinburgh Festival** (R)

7.00 **Emmerdale**
Mia is shocked to see Declan in an intimate embrace with Katie. That's because Declan is a turkey and Katie is a duck. It'll never end well.

7.30 **Farewell Wootton Bassett: Tonight**
Military funeral repatriations.

8.00 **Emmerdale**
Clucking hell, it's another episode!

8.30 **Coronation Street**
Sylvia's cost-cutting causes havoc at Roy's Rolls. She's swapped bacon for turkey and ham – big mistake.

9.00 **Single-Handed**
Jack faces the prospect of losing both Gemma and his career.

10.00 **ITV News, Weather**

10.35 **Ronnie Corbett's Comedy Britain**
Part two of two. (R)

11.35 **Piers Morgan's Life Stories**
Piers chats to Babs Windsor. (R)

12.30am **The Zone**

7.00 **News**

7.55 **4thought.tv**
Use these five minutes to go make yourself a nice cup of tea.

8.00 **Country House Rescue**
NEW Making money out of old country piles.

9.00 The Killing
MUST-SEE We suggest you Sky+ this and hop over to Channel 5 right now. Linden doesn't trust her partner Holder at all...

10.00 **Jaycee: My 18 Years in Captivity**
How kidnap victim Jaycee Lee Dugard survived her 18-year ordeal.

11.05 **Seven Dwarves**
The lives of the dwarf actors in a *Snow White* production. (R)

12.05am **Music on 4: V Festival: The Countdown**
A preview of the event that'll include Tinie Tempah, Example, Dizzee Rascal, N-Dubz and Plan B. The headline acts are Eminem and Rihanna. That's a quality bunch. (R)

12.50 **The Album Chart Show: Spotlight**

7.00 **Cricket**
SPORT Highlights of the opening day's play in the fourth Test.

8.00 **New Cowboy Builders**
People screwed by dodgy builders.

9.00 Celebrity Big Brother: Live Launch
MUST-SEE Love it or loathe it, it's back, and we can't bleeding wait! Former winner and very funny bloke Brian Dowling takes over from the massive-mouthed Davina, as a whole host of celebs enter the house for the first time tonight.

10.30 **Celebrity Big Brother's Bit on the Side**
NEW Emma Willis hosts this new show. It's like *Big Brother's Little Brother,* but not!

11.30 **Comedy Kings: Best of Just for Laughs**
Canadian comedy.

12.00m't **Inside Hollywood**

12.05am **Super Casino**



1AM

1.40am Sign Zone: Drinking Our Rivers Dry? (R) **2.10** Sign Zone: Countryfile (R) **3.10** Saints and Scroungers (R) **3.40** Royal Upstairs Downstairs (R) **4.10-6.00am** News

1.20-4.10am BBC News

2.30 Farewell Wootton Bassett: Tonight (R) **2.55** ITV Nightscreen **4.35-5.30am** The Jeremy Kyle Show (R)

1.05 Hollyoaks Music Show (R) **1.30** Cast Offs (R) **2.25** The Sex Education Show (R) **3.20** Hill Street Blues (R) **4.10** Brothers & Sisters (R) **4.55** Cookery School (R)

3.55 Meals in Moments (R) **4.05-4.55** Nick's Quest (R)

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8. The VAT Office want their £20k ... or else.
9. Your Car Insurance is being Revoked - from 12pm.
10. Caught Downloading Internet Porn ... & a virus !
11. Strange £1Million Bank account Deposit - Why? + more online
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ERE: 157 099 9375
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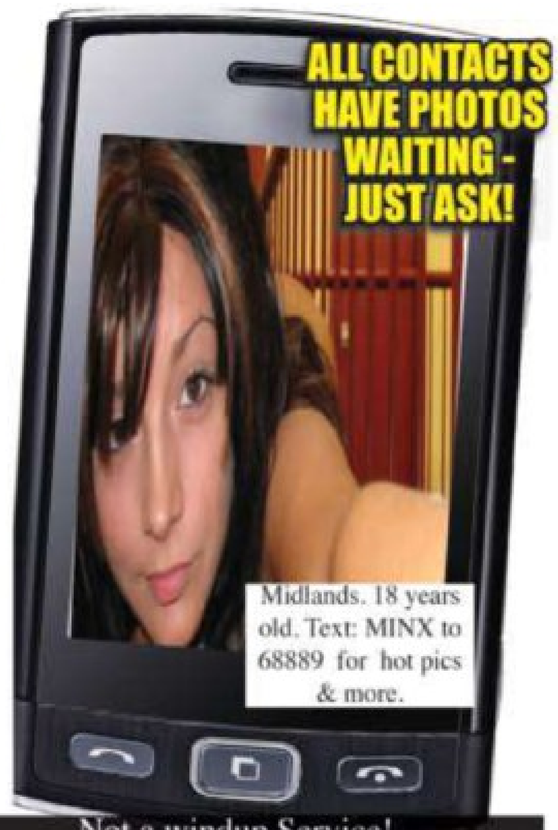
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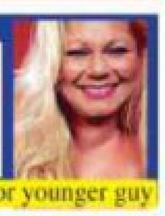
Sheffield. Black always carefree fun woman looking for guy. Newly single. Text 24/7. Text SHARON to 68889

Especially looking for younger guy



Older woman. Glasgow. Foot loose and fancy free looking for fun! Text 24/7. NANCY to 68889

Hot divorced woman in Yorkshire. Get photos and more...
Text LULU to 68889



Especially looking for younger guy

Wales. Really sexy babe. Get my pics and more ! Text 24/7. Text CARRIE to 68889





Sexy JUST divorced curvy busty woman desperate for fun. 48 years old UK anywhere PHOTOS. Text SAMANTHA to 68889

Especially looking for younger guy

UK/London anywhere. Experienced woman. Old enough to know what I want! PHOTOS. Text GEORGIA to 68889



Especially looking for younger guy

Tani. UKanywhere. 43 yrs. Photos. Text TANI to 68889



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YORKSHIRE. Pixie. 18 years old. Fun teen of 18 in Yorkshire area looking for fun times. PHOTOS and more.. Text PIXIE to 68889





Wales. Divorced Looking for fun. Text - BETSY to 68889

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Sexy fun babe in Birmingham. Looking for fun. Photos and more.
Text JENINE to 68889

Ellen. 45. Just Divorced. Looking for fun in Scotland! Photos. Text ELLEN to 68889



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Anywhere UK. Photos and more...Text SHIRLEY to 68889



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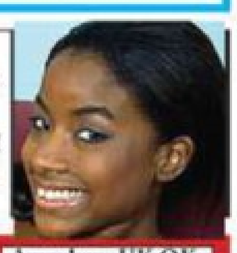
London. UK Experienced sexy JUST divorced woman looking for fun. Photos. Text:- JILL 68889



Derbyshire or anywhere UK. Very mature woman. Photos.
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Black girl, 18 years old. Cute. Fun loving. Up for fun 24/7! Text MISTI to 68889



Leeds. Yorkshire. Indian hot babe wants some fun. Text 24/7. Photos. Text SHANTA to 68889



Especially looking for younger guy



Anywhere UK OK. 51. Busty divorcee bar maid looking 4 hook ups. Photos. Text HELENA to 68889

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Tanya. Older woman. Not looking for anything serious. PHOTOS. Text TANYA to 68889

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Older just divorced curvy busty woman wants to hear from younger guys 18+ Photos and more..Text MARI to 68889



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Elle. 37. Blond. Fun. Easy going. Single. I love being single, I don't want kids or ties. Only fun. Guys 18-30 text me I have some fantasies too. Ask me! PHOTOS. TEXT:- ELLE to 68889

Joy. Mature experienced woman. Scotland. Divorced. 40DD. Young inexperienced guys welcome. Photos. TEXT:- JOY to 68889

Jean. 60s. Swindon. Getting on a bit but I still love a bit of no strings fun! Shy guys welcome. Photos. TEXT:- JEAN to 68889



MEG. Get my pics and naughty videos. Get in contact 24/7. Text MEG to 68889

Jan. London/UK anywhere. 42. Dark blond fun divorcee likes a drink & fun. Younger guys please. TEXT:- JAN to 68889

Giulia. 63. If you love women still in their prime in their 60s, then I'm your fantasy woman!! Blond. Slim. Toned. Nice figure and boobs. Gorgeous - that's me! I like wearing nice underwear & things. I'm still hot and sexy - So guys of any age text me Now! Anytime I'm up for fun! Text me 24/7!! PHOTOS. TEXT:- GIULIA to 68889

Anywhere UK. (46 yrs) Experienced Desperate BIG BBW woman needs fun now. Text/contact 24/7 guys! Looking 4 fun hook ups. Younger men welcome Text JESSE to 68889

Annalise. 43. Newcastle. I am just divorced, hot and naughty! Younger guys especially wanted. TEXT:- ANNALISE to 68889

Bella. Just 19. Looking for new experiences, especially with guy same sort of age. Blond. HOT Midlands. REALLY HOT. Photos. TEXT:- BELLA to 68889

Kyli. 20 years old. Get my HOT pixs and videos. Text KYLI to 68889



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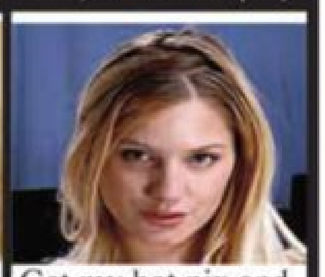
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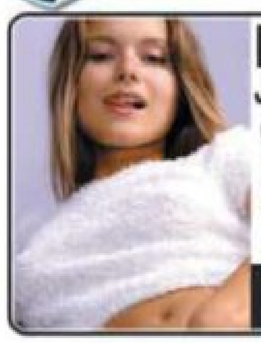
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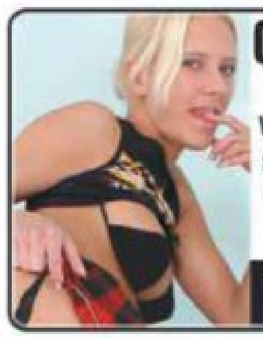
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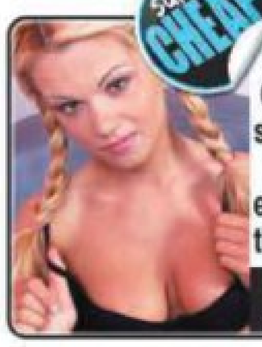
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Nuts PUB AMMO

Another foaming pint of fascinating facts!



A recent survey suggests that the average console gamer will spend 1.8 years of their life playing games.

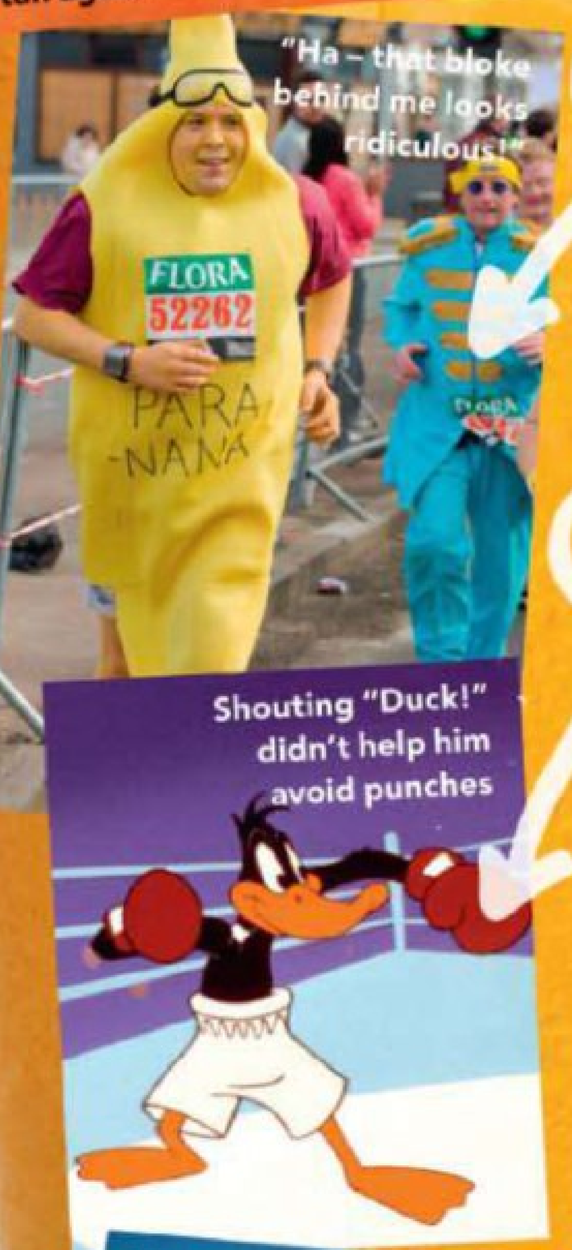
"Stewardesses" is the longest word in the English language that is typed exclusively with the left hand.

The oriental fire-bellied toad's pupils are triangular.



Of the 3,000 species of mosquito, only three of them are responsible for spreading human diseases.

Bananas don't grow on trees – banana plants are actually herbs.



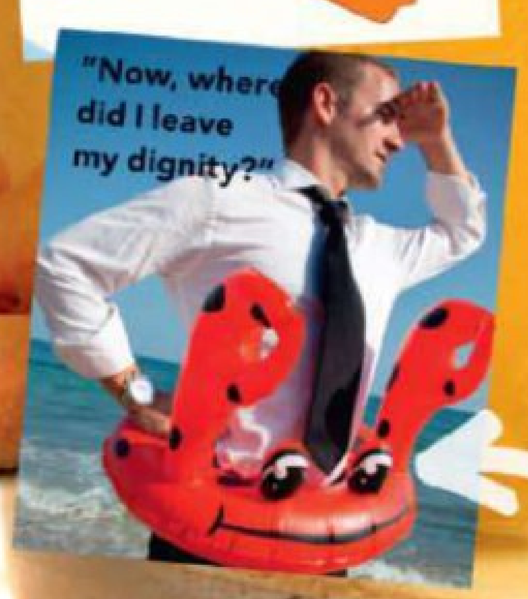
Tardigrades – microscopic insect-like creatures also known as "water bears" – can survive at temperatures of minus 272C, and being heated to 151C.

Ducklings are born with an innate recognition of – and fear of the silhouette of birds of prey.

The Wensleydale Heifer pub in West Witton, North Yorkshire entered the Guinness World Records this year when they cooked a portion of fish and chips weighing 7st 2lb.

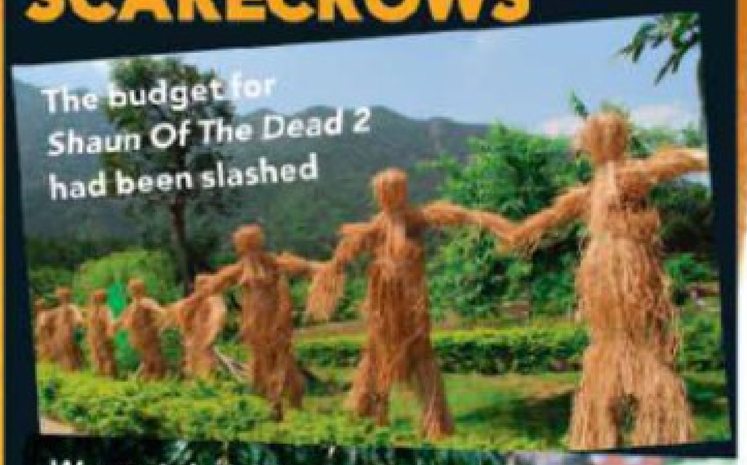
Fifty per cent of koalas have chlamydia.

Thomas Beatie of Oregon was the first man to give birth, in 2008. He underwent female-to-male gender reassignment surgery in 2002 but didn't have his female reproductive organs removed, enabling him to carry a child.



Crab sticks don't actually contain any crab meat.

PUB AMMO ON... SCARECROWS





- In some parts of the world, farmers hang dead crows in order to scare off living ones.
- In many parts of Scotland, scarecrows are also called "tattie bogles".
- In 2004, *Loaded* magazine appointed a scarecrow as a guest editor.
- Beck and My Chemical Romance have recorded songs entitled *Scarecrow*.
- The Kettlewell Scarecrow Festival runs from Saturday 13 August to Sunday 21 August in Kettlewell, North Yorkshire.



WORDS: PETE CAHSMORE PHOTOS: ALAMY, SHUTTERSTOCK, REX, ALLSTAR

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