

JESSICA-JANE CLEMENT!

£1.80 Sp €3.10/Gr €3.60

1-7 Apr 2011 • www.nuts.co.uk

# Nuts

BRITAIN'S BIGGEST SELLING MEN'S WEEKLY!



NICE!  
Emma & Lindsey!

100%  
NEW  
PICS!



**+**  
New  
*Only Way Is*  
Essex babe  
**TOPLESS!**  
CHLOE!

# JESSICA-JANE CLEMENT!

# CLEMENT!

Ten pages of TV's top totty!

**PLUS!**

Cool t-shirts!  
Russell Howard!  
New 275mph supercar!



GANG WARS  
ON TWITTER!

13 >  
9 771742 885132



# MOTOR STORM<sup>®</sup> APOCALYPSE



OUT THURSDAY 31<sup>ST</sup> MARCH



**SONY**  
make.believe

# THIS WEEK

1-7 APRIL 2011

## Nuts NEWS

- 6** Fernando Torres – the goal's over here!
- 8** World's biggest drill!
- 10** Chloe Sims – topless!
- 12** *Captain America* – first look!
- 14** New Koenigsegg!
- 17** Jim Jefferies
- 18** *Sucker Punch* – first review!
- 22** Man takes 1m volts!



**Sucker Punch** p18

## Nuts FEATURES

- 34** Emma Frain and Lindsey Strutt
- 38** Russell Howard
- 40** Barmy beards!
- 42** US gangs on Twitter!
- 44** TV's hottest star – Jessica-Jane Clement!

**Barmy beards!** p40



## Nuts SPORT

- 54** Who's going down?
- 56** Kammy's column!
- 58** Merse's Premier League flops!
- 61** Nuts About Sport
- 62** Ring Of Truth
- 65** Quote Me On That!



**Who's for the drop?** p54

## Nuts REAL GIRLS

- 66** Bedroom Babes
- 69** Our Postbag
- 70** Real Girls, Real Places
- 73** Ladies Confess



**Georgina** p66

## PLUS!

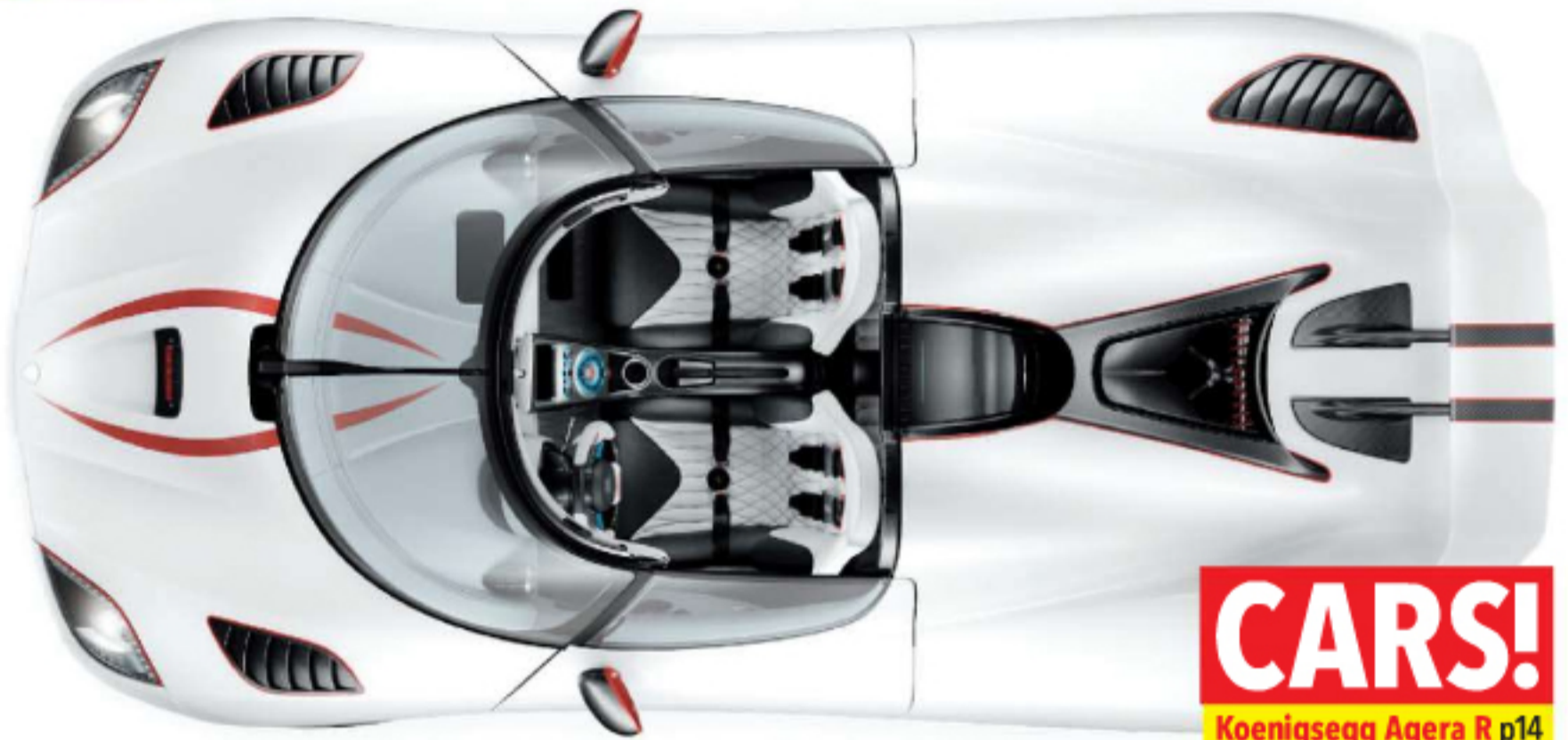
- 20** Rude News
- 25** The Nuts Lip-Reader
- 26** Don't Look!
- 27** Gear
- 28** Letters
- 30** Jokes
- 32** Pop Out In Public
- 33** Camera Phone Comedy
- 74** Fashion
- 76** Reviews
- 78** TV Guide
- 90** Pub Ammo



## GIRLS!

**Jessica-Jane** p44

# IN Nuts!



**CARS!**  
Koenigsegg Agera R p14



**FOOTY!**  
Fernando Torres p6



**STARS!**  
Russell Howard p38

## IN THE Nuts OFFICE!



Daisy and Rosie drop into the office to give us some help!

Gourmet Burger Kitchen bring us some lunch!

# Nuts NEWS

MISSING FROM A YARD, EVERY WEEK

## Nuts buys Torres a goal!

It's a polite reminder for you, Nando!

**W**e feel a bit sorry for Fernando Torres. After all, a striker who can't score is like a king who can't speak or an ordinary-coloured Essex girl. And since Roman Abramovich spent £50million hauling him down from Anfield to Stamford Bridge, it's been nothing but misery for the Spaniard.

So we thought we'd give him a helping hand by heading to Chelsea with a couple of Nuts girls and a big goal as a polite reminder of what they look like. You're welcome, Nando!

**£50M FLOP!**

"It's not my fault you paid so much!"



"At least it's nicer to play on than Wigan's pitch!"

**ACE FRONT TWO!**



6 Nuts

**BACK OF THE NET!**



STAMFORD BRIDGE!



THIS WAY, NANDO!

# What the fans say!

**MARK Yorkshire**  
"I think he's gonna be brilliant when he starts scoring. Hopefully, that'll happen some time soon!"

**ELLA London**  
"I'd f\*\*k him any time. If old women are good enough for Rooney, why not Fernando Torres?"

**LEE Fulham**  
"I think he'll come good and score the winner in the game against Man United, then we'll win the league!"

**JACOB Tooting**  
"There's no way Torres is worth £50million. He's done nothing for Chelsea since he signed!"

**KRISTIAN Clapham**  
"He'll become Chelsea's hero in the Champions League, mark my words!"

**SAM London**  
"I reckon we'll see a different side to him in Europe - it's just too much pressure at the moment!"



WHAT A STRIKE!

EASY FINISH!

# World's biggest drill!

That's a bit big!  
Boom, boom!

**M**et with fireworks and a jolly big cheer, this is the world's biggest drill completing the world's longest tunnel.

The Gotthard Base Tunnel runs under 57km of heavy Swiss Alp, and was cut by four huge machines like this. Each 440m drill weighs 3,000 tonnes, uses five megawatts of power and cuts up to 30m of rock a day. Digging the £624m tunnel involved removing 13 million cubic metres of rock – enough to fill 13 Empire State Buildings. Or pave one Premier League footballer's driveway!

WORDS: RORY BUCKERIDGE PHOTO: REUTERS



**3,000 TONNES!**

"It's all well and good shouting push! Can someone help me?"



**Nuts EXCLUSIVE!**

# The Only Way Is Essex star topless!

It's Chloe Sims,  
and she left her  
bra in Essex!



**W**e are, of course, card-carrying, fan club-joining, Twitter-following admirers of the massive TV phenomenon that is *The Only Way Is Essex*. But even we understand that to keep it fresh, it's imperative to add new blood. Step forward Chloe Sims.

The former *Playboy* model – body from Essex, boobs from a Belgian surgeon, spray tan and vajazzle by Amy Childs – hit the show like an orange whirlwind, with a preposterously-coiffed brother, an enormous set of teeth and a predilection for thongs. Long may it continue, especially that last one!

The Only Way Is Essex is on ITV2 every Sunday and Wednesday at 10pm

WORDS: RORY BUCKERIDGE  
PHOTOS: UNLEASHED DIGITAL, PLANET PHOTOS



**IN THE SHOW!**

**TV TOTTY!**



**STUNNING!**



**RESTING!**

# Captain America

## first look!

First peep at the First Avenger!

With *Hulk* and *Iron Man* films safely under their producing belts, Marvel pictures are now busily turning *Captain America* from comic scribble to summer blockbuster.

Starring wise-cracking lump Chris Evans, *Captain America: The First Avenger* hits our cinemas (3D and ordinary) in July and is shaping up to be undisputed blockbuster of the summer.

And if this is successful? A proper *Avengers* movie, featuring Cap'n alongside Iron Man, The Hulk and Thor. Which could possibly be the best movie ever!

### WEEDY WAZZOCK...

Meet Steve Rogers, a brave but scrawny streak of p\*ss who wants to fight Nazi roppers but just gets laughed out of the recruitment centre.

### ... TO SUPERHERO

Luckily, Rogers is recruited to "Project Rebirth" – a secret, Super Soldier programme. A quick trip to their special box and he comes out pumped!



WORDS: KORY BUCKERIDGE PHOTOS: PARAMOUNT



### FIGHTING!

Now equipped with duds, buddies, an indestructible shield and guns, he's ready to take the fight to the Nazis – and the mysterious Red Skull.



### AMERICAN HERO

A bunch of the movie's historic street scenes were shot on set in Manchester. Scenes were also shot in London, Liverpool and Wales. Er, go America!



### THE SHIELD

In the comics, the iconic round shield is made from vibranium – an alien metal – fused with iron. It's indestructible and absorbs all impacts.

## The super cast!

### THE HERO!

Chris Evans (not that one!) plays a weedy but plucky conscript who becomes our hero.



### THE MAD PROFESSOR

Stanley Tucci is Abraham Erskine, who comes up with the serum that creates our muscle-bound hero.



### THE BADDIE

Matrix bad guy Hugo Weaving is The Red Skull, Hitler's "head of advanced weaponry" – he's angry!



### THE LOVE INTEREST

Brit Hayley Atwell is pencilled in for main snogging duties (and damsel in distress, no doubt).



### THE MILITARY GUY

Tommy Lee Jones is Col Chester Phillips, the Army man who heads up the Super Soldier scheme.



# 1,115bhp Swed

£17.5K ROOF RACK!

Meet the Koenigsegg Agera R – a 275mph hypercar with a roof rack!



- Swedish hypercar Jedis Koenigsegg have identified a potential problem with their 940bhp, 245mph Agera – they aren't sure if it's quite hardcore enough. So, being good, honest craftsmen, they've built their fastest model ever – the 261mph 1,115bhp Agera R!
- Launched in March last year, the original flavour Agera has

a carbon-fibre and Kevlar bodyshell, with removable hardtop (stowable under-the-front bonnet) and a space-age carbon and aluminium honeycomb chassis. It reaches 62mph in 3.0 seconds and hits 124mph in only 8.0 secs!

- The R is essentially the same beautiful, two-seater rocket ship, but with enough thrust to bang 62mph in 2.9

seconds, smash 0-124mph in just 7.0 secs and top out at a very heady 261mph.

- Thanks to the Agera R's remarkable 1,330kg dry-weight, it's over half a tonne lighter than Bugatti's Veyron, with a far better power-to-weight ratio (1bhp per 1.19kg).
- Thanks to a monster-vented, drilled, carbon-ceramic disc brake in each corner

(392mm up front, 380mm out back), the Agera R can go from 0-124mph-0 in 12.7 seconds. Impressive!

- Unlike some hypercar makers, Koenigsegg uses a completely custom-made engine, the block of which is made in the UK by the same folks who do Bugatti's Veyron lump. So, it may be a Swedish car, but the core of its heart is British. Nice!



# ish nutjob!



**TWO-SEATER!**



**0-62 IN 2.9 SECS!**

- The Agera R costs £132,000 more than the "normal" £875,000 Agera but it's more eco-friendly, too. It'll unload 1,115bhp if you run it on E85 ethanol bio fuel, or 1,050bhp on regular super unleaded.
- Koenigsegg likes to encourage its customers to use the cars during winter, hence there being a £7,322 winter wheel/tyre combo option available.
- A Norwegian customer for one particular car (pictured top left) wanted somewhere to hold his skis, so Koenigsegg made a roof section that incorporates this carbon-fibre Thule roof box for £17,593 extra!
- The Agera R has been tested to 261mph but with its wing shape and special Vortex Generating Rim (VGR) wheels to create extra downforce, Koenigsegg reckons the Agera R could do 275mph. Mind you, the specially developed tyres are "only" rated to 260mph.
- So the total wallet damage? A snip at £1,007,000.

WORDS: JONNY SMITH



**“EPIC, BRILLIANT, MIND-BLOWING”**



DAN BRIGHTMORE, NUTS

**“STYLISH, SEXY AND SERIOUSLY COOL  
...A KNOCKOUT”**



MARK ADAMS, SUNDAY MIRROR

**“KICK-ASS ACTION...  
A PURE ADRENALINE RUSH”**



ROBBIE COLLIN, NEWS OF THE WORLD



FROM THE DIRECTOR OF 'WATCHMEN' & '300'

12A Contains material that is strong, but not too strong for children aged 12 and over

WARNER BROS. PICTURES presents  
in association with LEGENDARY PICTURES A CRUEL AND UNUSUAL production A ZACK SNYDER film "SUCKER PUNCH" EMILY BROWNING ABIGAIL CORNISH JENA MALONE VANESSA HUDGENS JANIE CHUNG CARLA GUSINO OSCAR ISAAC  
with JON HAMM and SCOTT GLENN SONGS BY MARIUS DE VRIES AND TYLER BATES MUSIC BY TYLER BATES AND MARIUS DE VRIES COSTUMES BY MICHAEL WILKINSON EDITED BY WILLIAM HOY A.S.C. PRODUCTION DESIGNER RICK CARTER DIRECTOR OF PHOTOGRAPHY LARRY FONG  
EXECUTIVE PRODUCERS THOMAS TULL WESLEY COLLIER JON JASHNI CHRIS DE FARIA JIM ROWE WILLIAM FAY STORY BY ZACK SNYDER SCREENPLAY BY ZACK SNYDER & STEVE SHIBUYA PRODUCED BY DEBORAH SNYDER ZACK SNYDER DIRECTED BY ZACK SNYDER

LEGENDARY PICTURES COLUMBIA TRISTAR PICTURES Soundtrack Album on Sony Classical [WWW.FACEBOOK.COM/SUCKERPUNCH-UK](http://WWW.FACEBOOK.COM/SUCKERPUNCH-UK) [WWW.SUCKER-PUNCH-MOVIE.CO.UK](http://WWW.SUCKER-PUNCH-MOVIE.CO.UK) WARNER BROS. PICTURES

EXPERIENCE IT IN IMAX **IN CINEMAS APRIL 1**

Nuts! NEW COLUMN!

# JIM JEFFERIES!

Warning: highly likely to cause offence!

# GOES NUTS!

## Jim does a pun

Knut, the famous polar bear in Berlin Zoo, is dead. They reckon he was over-stimulated, that he went and had a whole lot of sex with female polar bears, then staggered away in his enclosure looking all depressed and distressed, and died. From being that excited to that depressed so quickly? He must be a bi-polar bear! Ha-ha!



## Worldwide wangs

So, they've released this map online that shows how large the penises are in all the nations of the world. It turns out some of the old stereotypes are true – African men have the biggest penises, Asian men have the smallest. Surprisingly, the English have bigger penises than the Aussies, and Canadians have smaller penises than the Yanks (mind you, it is colder up there). A lot of people are asking where they got all this information about the world's penises. Well, there was no scientific study as such – they just asked Katie Price.



## Back on the prowl

Tiger Woods is on the dating scene again! He's back in the game with a 22-year-old blonde whose own stepdad introduced her to the golfer. What kind of father would even let their daughter go out with such a man, after all his ex-wife went

through. What could persuade a man to let his daughter date such a billionaire?

## Bog standard

A fun one to finish! A Dallas woman was rescued by a fire crew last week after slipping and becoming impaled through the neck on her toilet roll holder. Apparently, she'd had bad knees for years – well, now she has a bad neck as well. She's OK, though. The police officer who found her said the toilet roll holder was in her neck with the toilet roll still on it. I was thinking maybe they could install toilet roll holders on the necks of the *Loose Women*, to help clean up some of the sh\*t that comes out of their mouths!



Jim Jefferies: *Alcoholocaust Live* is out now on DVD



PHOTOS: CLAY ENOS, ALAMY, GETTY

## Tough nuts

This is a pretty grim story. A Newcastle woman has been accused of biting off her lover's testicles. The newspaper said he "underwent emergency surgery to have his testicles reattached" – you know, you really didn't have to put the word "emergency" in that sentence – we f\*\*kin' get it!

"The English have larger penises than the Aussies!"



# Sucker Punch: first review!

## Girl-rammed action flick with guns? In!

**WHAT HAPPENS?**  
It's a mind-blowing, visual mash-up, as a gang of chicks with guns enter an eye-popping alternate reality aiming to bust out of a mental asylum in this epic fantasy from the makers of *Watchmen* and *300*.

**WHAT'S GOOD ABOUT IT?**  
An amazing line-up of girls – Emily Browning, Abbie Cornish, Jena Malone, Jamie Chung and Vanessa Hudgens don skimpy

uniforms, tool up and despatch their mighty foe. They battle mega samurai, dragons, zombie soldiers in the First World War trenches and terminators on a bullet train in a visually-stunning romp that drips style all over!

**VERDICT:**

Arm yourself with popcorn and take a *Sucker Punch*. It's a total knockout! ★★★★★

*Sucker Punch* is at cinemas everywhere from Friday

**ACE ACTION!**

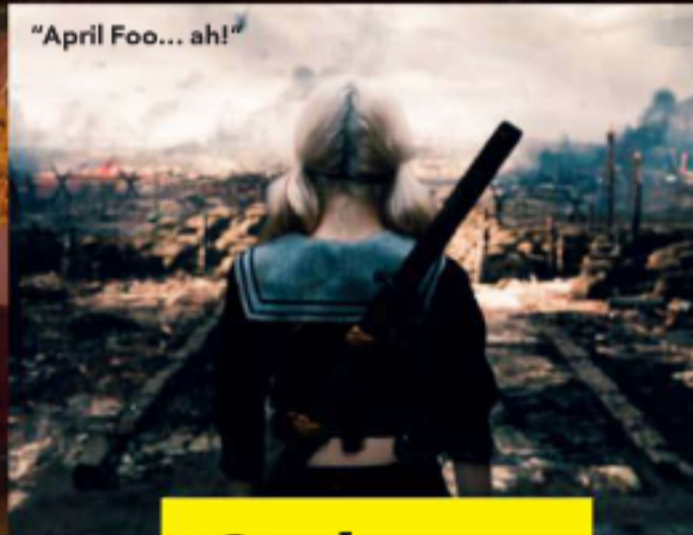
WORDS: DAN BRIGHTMORE

"I'll do the veggies!"



"Do you want to practise kissing? That's what we do, right?"

"April Foo... ah!"



"Right, where's the spider?"



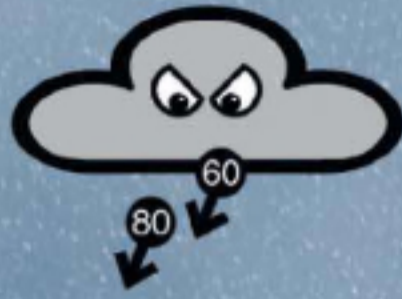
**GIRLS 'N' GUNS!**



## Sucker Punch tick list

- 50ft samurai with machine guns ✓
- Fire-breathing dragons ✓
- Tearful airport reunions ✗
- WWI German Kaiser zombies ✓
- Cheesy relationship sub-plot ✗
- Vanessa Hudgens in her undies ✓
- Gun-toting psycho robots ✓
- Gay best friend ✗
- Girls with assault rifles ✓

# COLD WINTER HATES WET YOUR FACE WINDY YOUR FACE



## COMBAT DRY WINTER SKIN WITH GILLETTE ENERGISING MOISTURISER

Enriched with hydrating ingredients, Gillette Series Energising moisturiser gives your skin protection against the aggressions of winter throughout the day.

**Gillette**  
The Best a Man Can Get™





**Keira Knightley**

In new Chanel ad

We've been trying for years to persuade Keira out of her clothes. Turns out all you need is a swanky whiff and a £550k Chanel contract to loosen those bra straps. Women, eh?



**JWoww**

On her hols, Miami

It does look like the *Jersey Shore* star spent most of her hols staring appreciatively at her chest. And just nodding gently, like she'd got a pub quiz question right. We like!

**RUDE NEWS**

Girls with big claims on the England armband!



**Natalie Dormer**

In swish photo shoot

You know that silly *Silk* drama your missus loves that's all about serious, shouty lawyers in powdered wigs? Well, this is its star, Natalie. Doesn't seem quite so silly now, does it?



**Helen Flanagan**

In sexy photo shoot

In the photography trade, this pose is called the "fell down some stairs" – popular with snappers who want to focus in on a lady's fronty bits and our nation's police forces alike!



# One man. One mill

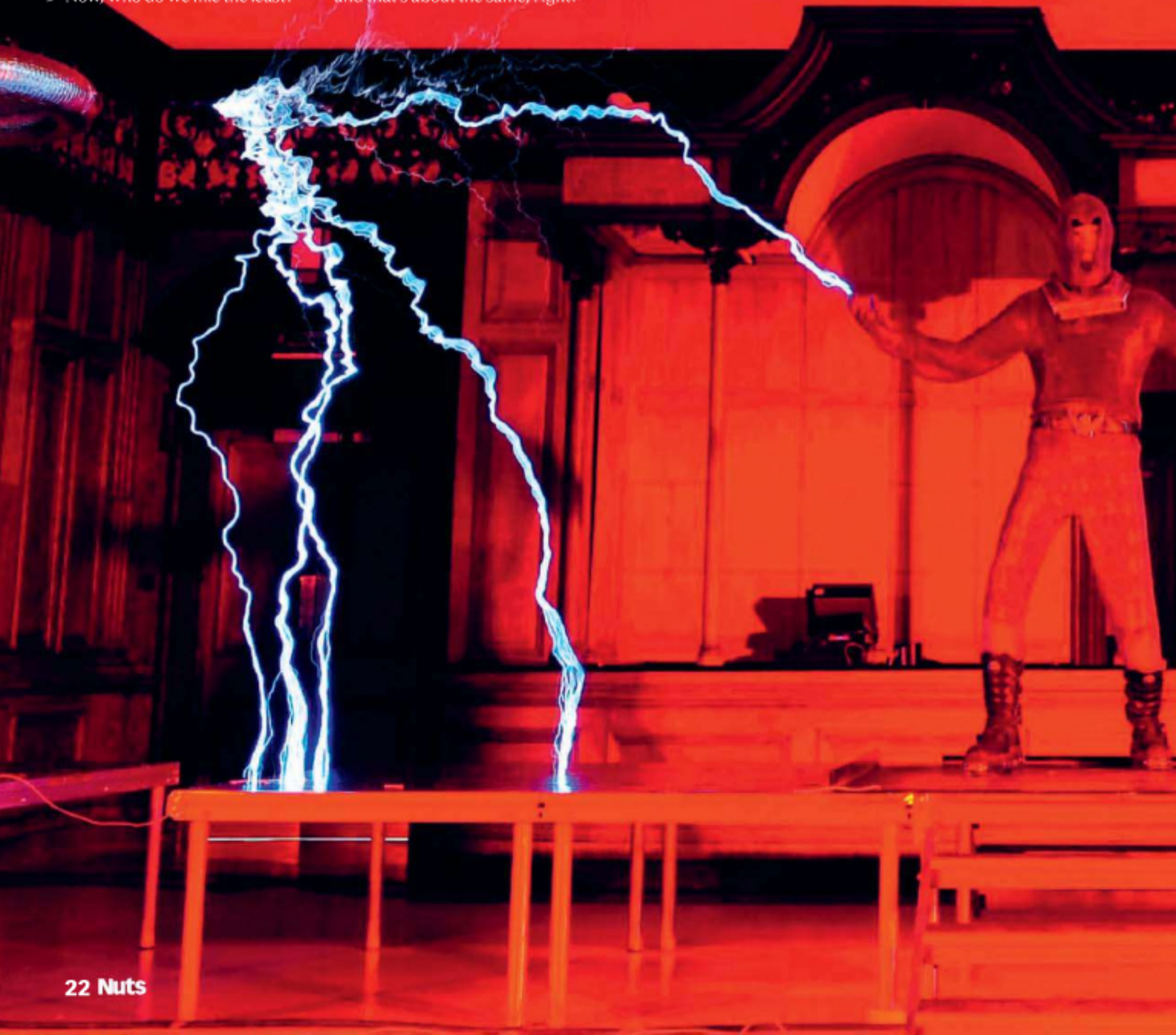
Blake zapped by equivalent of three lightning strikes – on purpose!

**A**ccording to the boffins at Nasa, a lightning strike offers about 300,000 volts of toasting power. "That's nothing!" thought US art group Arc Attack when trying to come up with an idea to kick off Newcastle Science Fest 2011, "We'll fire a million volts through one of our guys! Now, who do we like the least?"

Step forward Patrick Brown, who donned a metal suit in order to prove that sometimes, really stupid ideas end up looking cool! According to Patrick, the stunt didn't hurt but he forgot to take off his metal ring, which "kinda stung".

We know just how he feels. The door handles at Nuts HQ are always giving us little shocks, and that's about the same, right?

WORDS: RICH JENKINS PHOTO: PA PHOTOS



# ion volts!

## Electric man!

Daredevil volt chap talks to Nuts!

**H**i Patrick! How the heck did you come up with this idea?

Well, it wasn't my idea. The Arc Attack performance has been around for a long time, and the concept of the Faraday cage [the metal suit] has been around for a long while, too and individuals such as Dr Megavolt have been doing Faraday suit performances for years. I just sort of add my own twist to an old trick.

**Did you need to do a lot of research to design the suit?**

Even though folks have been doing suit performances for a while, there isn't much hard literature to draw upon. The concept itself is simple – cover the outside of the body in a layer of metal. The execution, however, isn't so simple – especially on a budget.

**Did the original design need many improvements?**

I made the original suit top from 16-gauge galvanized links, much like the chainmail medieval knights would have worn. This was effective but cumbersome. The shirt alone weighed nearly 30kg! The trousers were made from bug screen – they were extremely light but also easy to tear. This isn't a desirable trait in safety material!

**How did you go about making it safer?** The answer came while searching the internet for chainmail.

I found some butcher gloves made from a light, stainless steel ring mesh. Each link is cut and welded into a fabric. The fabric's flexible and resistant to snags and tears, since it's designed for safety.

**So how did you get it made?**

It was simply a matter of finding a commercial vendor willing to produce the mesh to my specifications. The Ring Lord, a chainmail artist from Saskatoon in Canada, came to my aid to create the

chainmail used in my current suit. I simply sewed the various pieces together with magnet wire and made the hood detachable.

**What does it feel like when the juice is flowing through?**

Inside the Faraday suit, I actually don't feel anything. I'm totally isolated from the electricity. It's certainly very loud and I feel some displacement of air from the sound pressure waves created by the spark. I don't even get a sense of heat while inside the chainmail though.

**Has the performance ever gone wrong?**

So far, we have a perfect safety record. This is our number one goal – safety for performers and audience participants. We take extra care with thorough safety inspections of the Faraday suits and other gear before each performance, and so far, no mishaps.

**Out of interest, if you weren't wearing the suit, what would a million volts do to a human body?** Death by a Tesla coil in this way would be a horrible thing! What would happen is the spark would burn through the flesh, sort of like what Emperor Palpatine did to Luke Skywalker!

**Do you ever get the feeling that half the crowd are only watching in the hope that something goes wrong?**

There's certainly that human element of danger to the performance. I don't think it's possible to watch this portion of the performance without some sort of morbid curiosity as to what may happen in the event of a catastrophic failure of the suit. Heck, I'm kind of curious myself – I'd certainly watch a video of it!

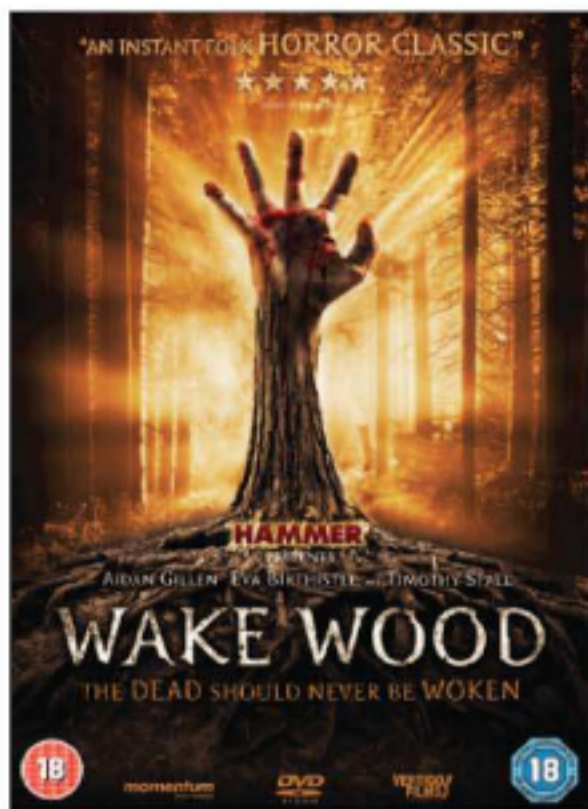
**Thanks, Patrick! Finally, does it help you pick up girls?**

Somehow, the Faraday suit isn't the chick magnet that I'd hoped it would be!

HE'S CRAZY!



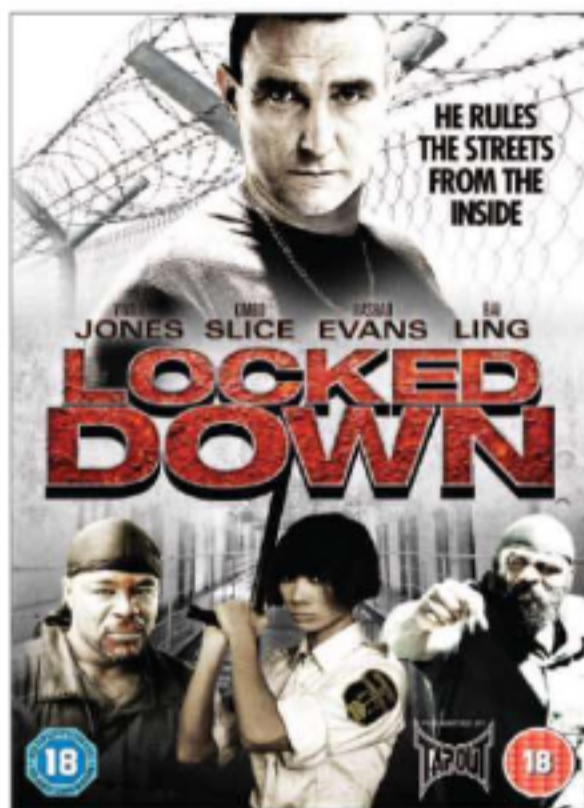
# sofa so good



**£9.99**

DVD out now

Hammer Pictures are back at their very best with Wake Wood. After a savage dog kills their young daughter, her parents are granted one last opportunity to spend time with her. However, with sinister forces at work, they soon discover that the dead should never be woken...



**£9.99**

DVD out now

Vinnie Jones and MMA legends Kimbo Slice and Rashad Evans star in this hard hitting cop drama where the inmates literally have to fight to stay alive

also available on Blu-ray



**£9.99**

DVD out now

From the director of Kickboxer and the producer of Bloodsport comes another instalment of hardcore brawling brutality in Fists Of Rage, with WWE legend 'Rowdy' Roddy Piper



pop into our shop



free UK delivery at [hmv.com](http://hmv.com)



download at [hmv.com](http://hmv.com)

# hmv

get closer

# THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a **real** lip-reading expert. And an FA coach!



**Gary Taylor-Fletcher:** "He whacked me in the back, for f\*\*k's sake!"

**BLACKBURN VS BLACKPOOL** Ewood Park, Sat 19 March, 4.47pm The Blackpool forward goes potty after a hefty clattering.



**Steve Bruce:** "Well, tell him it's definitely not inside!"

**SUNDERLAND VS LIVERPOOL** Stadium Of Light, Sun 20 March, 2.02pm The Black Cats boss is angry at Liverpool's dodgy penalty.



**Ref:** "Yep, a yellow for you!"

**Titus Bramble:** "Ref, I had to go for it!"

**SUNDERLAND VS LIVERPOOL** 2.39pm The Sunderland centre-back unsuccessfully tries to argue against his second-half booking.



**Mark Hughes:** "Beats me!"

**Mark Bowen:** "A free-kick? We won the ball! How can that be?"

**EVERTON VS FULHAM** Goodison Park, Sat 19 March, 4.04pm The Fulham duo debate a decision given against Dickson Etuhu.

## POTTY-MOUTH OF THE WEEK!

ONLY IN Nuts!



**Sylvan Ebanks-Blake:** "F\*\*k off! That's f\*\*king onside!"

**ASTON VILLA VS WOLVES** Villa Park, Sat 19 March, 3.20pm The Wolves sub has a pop at the linesman after a goal is ruled out.

TO CONTACT THE LIP-READER, WRITE TO: JOHN@NUTS.COM

# DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to [dontlook@ipcmedia.com](mailto:dontlook@ipcmedia.com)

His piercing addiction had gone too far



**PUNCTURED!**

**HE'S OK NOW!**

## 'I had to pull the nail out myself!'

### Building site turns bloody for unlucky bloke!

**W**orking with your son could lead to a beautiful friendship, or it could end with a destroyed digit, as it did for Matthew Lynes from Bristol!

Builder Matthew, 42, tells Nuts, "I was putting up some fencing with my son, Blu. I was

stood on one side holding the fence post, and he was over on the other side with the panel and the nail gun. I told him to fire the nail in two feet up, but his two feet ended up being more like three-and-a-half, and the nail came straight through the panel and into my finger!

"The nail went clean through so there wasn't much blood, but it hurt like f\*\*k!

"At the hospital, the nurse couldn't get purchase on the nail, so I pulled it out myself!

"The finger's fine now, but I've had to give my lad a few lessons on how big a foot is!"



"Sorry, mate - no trainers allowed"

WORDS: RICH JENKINS \*EDITOR'S DECISION IS FINAL  
TERMS AND CONDITIONS ON PAGE 72 APPLY

## Win £1,000!



Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2011 will win £1,000 in cash!\* Submit your images and contact details to [dontlook@ipcmedia.com](mailto:dontlook@ipcmedia.com)

# Nuts GEAR

WORDS: RORY BUCKERIDGE

## Ozaki Nautilus

[www.audioout.co.uk](http://www.audioout.co.uk)

**Nuts says:** USB to your PC and it'll sync and charge. But unplug it and it uses acoustic amplification technology to boost the sound of your iPod. With no electricrky whatsoever! Looks good, too.



Free-floating tweeters deliver sound in all directions

It acoustically amplifies incoming voice by 15dB

£80

## Philips Fidelio speakers

[www.philips.co.uk](http://www.philips.co.uk)

**Nuts says:** Beautiful speaker set combines a dock for your iPod, or streams via Apple's Airplay system. Either way – music, iPod, speakers, no wires at all.



£690

## WESC Bassoon headphones

[www.wesc.co.uk](http://www.wesc.co.uk)

**Nuts says:** Awesome DJ headphones designed in Sweden. Boast 40mm titanium drivers, plus you can swap a straight cord (for bus) for a screw cord (DJing).

£150



## Packard Bell Easynote LS notebook

[www.packardbell.co.uk](http://www.packardbell.co.uk)

**Nuts says:** Handsome 17.3in lappy featuring a "social networks key" – a one-touch Facebook/Twitter/YouTube launcher.



£520

Check out more reviews at [www.nuts.co.uk/reviews](http://www.nuts.co.uk/reviews)

# YOUR LETTERS

Sackloads of silliness from the minds of our readers!

Send your Letters to [nutsletters@nuts.com](mailto:nutsletters@nuts.com)

## Floor 69, please

Dear Nuts,  
I found this sign in the Bird's Nest Stadium in Beijing. It gives a new meaning to the phrase "Going down?"

*Martin Legg, Nuneaton*  
There's a Love Elevator in the Nuts office. That's why we all have to take the stairs.



## The whacks museum!

Dear Nuts,  
I enjoyed the letter from David Kirkland making good use of Madam Tussauds' waxwork models in Las Vegas. I visited the same place on my honeymoon recently and took the chance to give Jessica here a good spanking!

*Kris Wilson, Belfast*  
And she looks very happy about it, too!

LETTER OF THE WEEK!



## Privates on parade

Dear Nuts,  
These lovely fellas pictured here are my husband (second from the right), and his colleagues, who are currently serving in Afghanistan and due to come

home very soon. Would you kindly publish this pic in your magazine to give them a nice welcome back?

*Gemma Embleton, via email*  
No problem, Gemma. Welcome back to our heady shores, gents! Oh, and to the bloke on the left in the leopard skin thong – that, sir, is cheating!



## It's a wrap

Dear Nuts,  
This is what we did to one of the girls in our shared house while she was out. She was being annoying so we Christmas-wrapped her shower!

*Charles Maslin, via email*  
Well, if she was looking on the bright side, she could think of it as an extra present!



## STEALTH BUMMING CORNER!

"This is my mate Hogey getting bummed so hard at work that there were sparks!"  
*Scott Bathgate, via email*

ONLY IN Nuts!

## Rex in effect

Dear Nuts,  
Here's our attack dog Rex chilling out before a patrol with his copy of *Nuts* in Afghanistan! Any chance of some doggie treats and maybe some human treats, too?

*LCpl Jones, Camp Souter, Afghanistan*

We can send you some mags and some Nation's Noodles, Lance-Corporal, but Rex ain't having our biscuits. Sorry!





# RS!

ipcmmedia.com or to the address on p72

## Tevez, you've found a home!

Dear Nuts,  
I took this picture on a recent holiday in Thailand. They welcomed us with open arms!

*Dave Kelsall, Stafford*

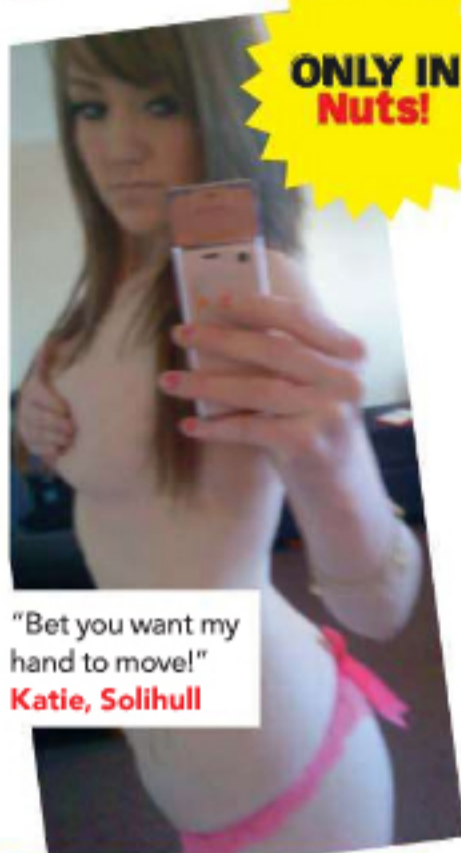
Funnily enough, Dave, this is where the Nuts team spends its team-bonding holidays!



"See, honey, I told you you'd get in!"

## CAMERAPHONE CUTIES!

Sexy snap-happy babes!



ONLY IN Nuts!

"Bet you want my hand to move!"

*Katie, Solihull*

Send us your pics! Text 'Nuts' and your sexy camera-phone pic to **0771 388 8008\***



"These are my sexy specs!"

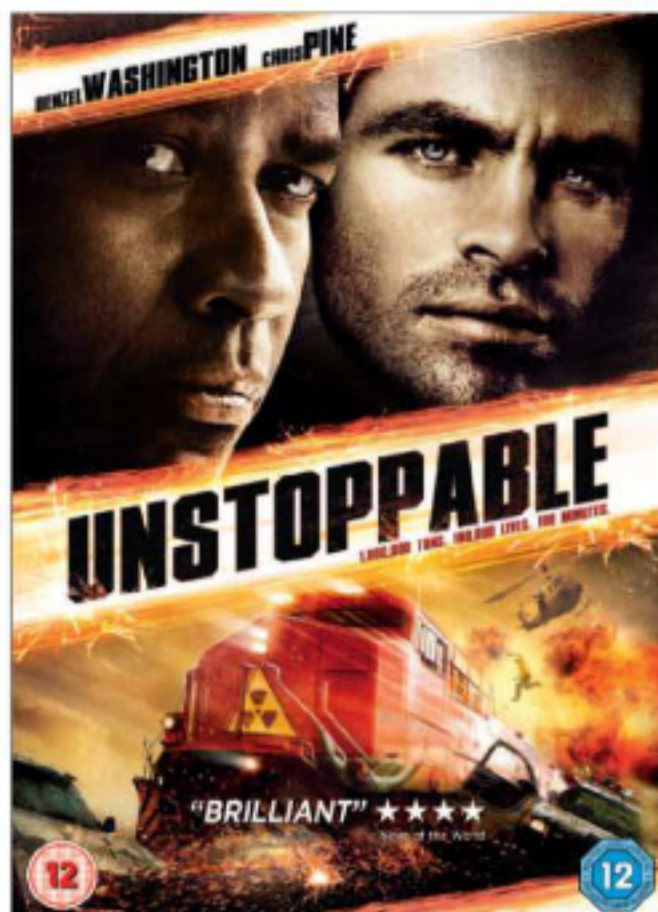
*Amy, Durham*



"Me at my boobiest!"

*Jess, Newquay*

# the clock is ticking



## £12.99

DVD out now

Veteran train engineer (Denzel Washington) and young conductor (Chris Pine) race against the clock to stop an unmanned runaway train

Bombastic, awesome, it's Tony Scott back on his game - **Total Film**

also available on Blu-ray



pop into our shop



free UK delivery at [hmv.com](http://hmv.com)



download at [hmv.com](http://hmv.com)

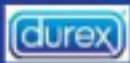
# hmv

get closer

Titles and prices subject to availability while stocks last at participating stores/online. Prices may vary online. © 2011 Twentieth Century Fox Home Entertainment, LLC. All Rights Reserved.

\*EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 72 APPLY

## Win Durex stuff!



Send your letters, hilarious spam pictures and camera phone cutie shots to: [nutsletters@ipcmmedia.com](mailto:nutsletters@ipcmmedia.com) or post them to the address on page 72. The sender of this week's best letter\* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy. Visit [www.durex.co.uk](http://www.durex.co.uk) for more information.

# YOUR JOKES

Bursting with all the best gags, every week!

Send your jokes to [nutsjokes@ipcmedia.com](mailto:nutsjokes@ipcmedia.com)

**Q: What's better than roses on my piano?**

**A: Tulips on my organ!**

Tim Warburton, via email

**Q: Why did the farmer win a Nobel Prize?**

**A: Because he was outstanding in his field!**

Steve, via email

**Q: What's the difference between light and hard?**

**A: It's easier to fall asleep with a light on!**

Rich Morris, Milton Keynes

**Q: What did the egg say to the boiling water?**

**A: It's going to take a while for me to get hard - I just got laid by a chick!**

Dave, Torquay

**Q: How does a blind skydiver know he's about to hit the ground?**

**A: The lead goes slack!**

Rob, via email

"Why doesn't it have instructions on how to open it?"



**JOKE OF THE WEEK!**

## A bum wrap

I persuaded my girlfriend to smuggle my coke through customs by sticking it up her backside. I didn't know I could just buy another can in the departure lounge.

Tom, Newcastle

Prime's brother didn't get much attention



## Facebook faux pas

In hindsight, I probably should have posted my Facebook status as, "Great! I've blown the head gasket on my 1997 Ford!" rather than just putting, "Great start to the day, I've f\*\*ked a 14-year-old Escort!"

Still, a few hours at the police station made a nice change to the weekend.

Wes Champ, via email



"Er, I'm buying it for a mate!"

## Lewd listening

This woman came into my shop earlier on the phone and I could just about hear that she was

whispering about the amazing sex she'd had.

She picked up a magazine and started flicking through it.

I shouted over, "Hey, this isn't a library!"

"I know," she replied, covering her phone. "I was planning to buy it!"

"That's fine," I said.

"I just mean you don't have to talk so quietly!"

Mike, via email



Saddle was having a good day

## Nerd alert

Two engineering students were walking across campus when one said, "Where did you get such a great bike?"

The second engineer replied, "Well, I was walking through the campus, minding my own business, when a beautiful woman rode up to me on this very bike. She threw the bike to the ground, took off all her clothes and said, 'Take what you want!'"

The first engineer nodded approvingly. "Good choice," he said.

## Win a PS3 & Machete!

The sender of this week's funniest joke\* will win a PS3 and a copy of the all-action gore-fest *Machete*, which is out on Blu-ray and DVD on 28 March, courtesy of Sony Pictures Home Entertainment.



\*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 72 APPLY. SEND YOUR JOKES TO [nutsjokes@ipcmedia.com](mailto:nutsjokes@ipcmedia.com) OR TO THE ADDRESS ON PAGE 72

# S!



dia.com or to the address on p72

# FAMOUS BLOKES' JOKES!

"The clothes probably wouldn't have fit."

*Vanessa, via email*

## Brave man

It took a lot of balls for me to go on the Channel 4 show *Embarrassing Bodies*. Three, actually.

*Chris, Northampton*

"Sorry, no one gets to see the chin!"



## FRANKIE BOYLE

"I live in a flat with three women. I call it surround sound. I keep the ugly one behind the sofa as a woofers"

## RHOD GILBERT

"When I was in prison, I played football for the stalkers. When one of us would go for the ball, we'd all go. There was no one looking for space!"

## TIM VINE

"Apparently, one in five people in the world are Chinese. And there are five people in my family, so it must be one of them. It's either my mum or my dad, my older brother Colin or my younger brother Ho-Chan-Chu. I think it's Colin!"



BIZARRE



GOREZONE



NUTS

"Destined for cult horror classic status."

Rob Daniel, SKY MOVIES



She'd kill for a harbour view...

starring JOSIE HO

# dreamHome

network  
RELEASING

www.networkreleasing.com

Out now on DVD at

hmv  
hmv.com

# POP OUT IN PUBLIC!

ONLY IN  
Nuts!

Have a cheeky flash - and earn some cash!



AT POLICE HQ!

**MEGAN** 21, from Bolton  
"I could've been in trouble if any policemen had seen me!"



ON A SWING!

**SOPHIE** 19, from York  
"I wobbled a little bit but I managed to stay on the swing!"



ON THE STAIRS!

THIS  
WEEK'S  
£100  
WINNER!

**CASEY** 19, from Buckinghamshire  
"I couldn't be any more naked here if I tried!"



IN THE WOODS!

Win £100!



All printed pics get a Nuts vest-and-shorts combo. The winner gets £100!\* Send your snaps to [nutspopout@ipcmedia.com](mailto:nutspopout@ipcmedia.com) or by text to 0771 388 8008.

**JANINE** 24, from Preston  
"I decided to strip off on a walk. I love getting back to nature!"

# CAMERA PHONE COMEDY!

**ONLY IN Nuts!**

**Win £100!**



Seen something daft? Snap it, send it in and win £100!

Text 'Nuts' and your picture to **0771 388 8008** (texts are free but standard network charges apply\*). Pic Of The Week wins £100 cash!\*\* Terms & conditions on page 72.



**STUMPED!**

"'Wood' you believe the size of the growth I found on my firewood?" **Chris, Bristol**



**BARGAIN!**

"Absolutely brilliant value – only £73.50 more expensive!" **Anon, via text**

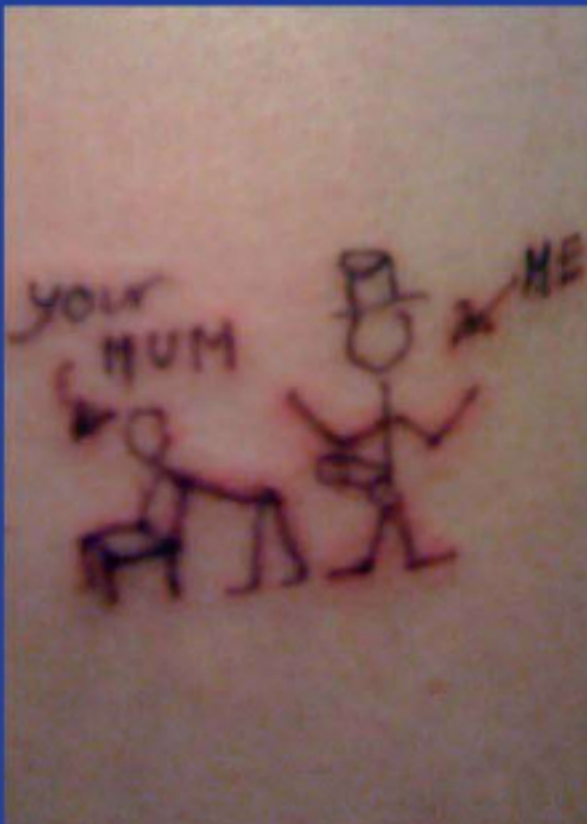
**PROPER CHARLIE!**

**PIC OF THE WEEK!**



"Look what I found in my cupboard – it's Charlie Sheen!" **AJ Knott, Plymouth**

**NAFF TATS!**  
**CORNER!**



"I had this done in my friend's living room. It didn't cost me anything!" **Richard D, Grimsby**



**BIG WILLY!**

"We reckon this is the biggest dobber that's ever been drawn!" **Anon, via text**



**HANDS ON!**

"It sounds like the Australian singer isn't as cuddly as we thought!" **Anon, via text**



**DODGY!**

"This sounds like the title of a porn film, doesn't it?" **Anon, via text**

\*BY SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT AND ITS PUBLICATION. \*\*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 72 APPLY

EMMA FRAIN &  
LINDSEY STRUTT

It's Emma



# & Lindsey!

**Two for the price of one!**

**H**i girls! Is it easy being really sexy?  
**Lindsey Strutt:** No! I was making funny faces at Emma the whole time. We were getting pretty close – almost kissing – but at the last second, I'd just pull a funny face at her!  
**Emma Frain:** It was meant to be all black lingerie and really sexy, but I was sitting on the floor, ➔

## EMMA FRAIN & LINDSEY STRUTT

and Strutters was sitting in between my legs facing me, so the camera couldn't see her face, and she was pulling stupid faces at me while I was trying to be serious! I just couldn't do it and I kept getting shouted at! You got me in trouble, Strutter!

**Yeah, but look at the results!**

**Emma:** I like this look actually. It's very grown-up. The oil got all over me, though! I had to have my make-up redone twice because the oil made it run. It was in my hair and I spilled half a bottle over Lindsey's boobs!

**Lindsey:** You loved it! You told me you love a bit of oil!

**Cripes! What sexy underwear do you put on if you think you're going to get lucky?**

**Emma:** If I knew I was going to get some action, I'd plan it out in advance. I'd make sure I looked good, then put on something special, maybe a nice cleavage-boosting bra and some little knickers. I like to make an effort!

**Lindsey:** Well, I'm just dead spontaneous, so I don't even

plan. If I was going to, I'd probably just go for something sexy, black and small!

**What was the last thing that really wound you up?**

**Lindsey:** Oh God, that's a tough one! Some things make me a bit angry and some things make me flip, but it's got to be something serious! I can't think of the last time, to be honest. It was probably something to do with a boy, though!

**Emma:** I honestly can't remember the last time I got really angry. I agree with Strutters, though – I expect it was something to do with a lad. Why do you lot wind us up?

**Sorry! Would you rather be naked on a motorbike or naked in a convertible car?**

**Lindsey:** In a convertible car. It's a bit more comfortable and you might be a bit warmer than if you were on a bike! I haven't been naked in a convertible yet, but I'll never say never!

**Emma:** I'd rather be naked on a motorbike! But only if they





“I’d get  
naked in a  
convertible!”  
LINDSEY

“I like  
looking at  
sexy girls!”  
EMMA

closed the road or something, so no one could see me. I’d get quite embarrassed! I love being naked but maybe not in public!  
**What was the last sexy thought you had?**

**Lindsey:** It was probably about Danny out of *The Script*! Well, that and seeing Emma’s naked oiled-up body about two feet away from me. That was hot!

**Emma:** Cheers, Strutters! Mine was this morning actually. I just woke up feeling horny! I don’t remember having had any rude dreams but maybe I had one subconsciously and then forgot, and that’s why I woke up in the mood for it – it was the perfect preparation for a *Nuts* shoot!

**Is it better to be serious or jokey in the bedroom?**

**Emma:** It depends on the time and the mood! Sometimes in the past, when I’ve been having sex, I’ve become a little bit stupid and my boyfriend at the time didn’t like it. It kind of turned him off!

**Lindsey:** There’s a time and a place for both. It’s good to have a laugh if something funny goes on but if you’re getting down to it, you should take it seriously!

**What would happen if you two got stuck on a desert island?**

**Emma:** I’d love that! Just sitting there sunbathing all day! We’d let *Nuts* come and take pictures once a month but we wouldn’t want to be rescued! That said, what would we do for food?

**Lindsey:** We wouldn’t try to eat each other or anything. We’d probably just sit there naked, getting a suntan, catching fish and making food! Then we’d try to find a coconut and make coconut drinks. I reckon we’d love it. We’d be in our element!

**Thanks for the chat, girls! Finally, what are your favourite things about being in *Nuts*?**

**Lindsey:** It’s fun to work for and we have a laugh! We just have such a good time. It’s not exactly a normal job, is it? I like looking at the issues that I’m in, but I always have to send someone else down the shops to buy it in case people think I’m a weirdo!

**Emma:** I just like looking at sexy girls, so to be able to come along and see them is amazing! And if it hadn’t been for *Nuts*, I might never have met Strutters and that would make me sad! ■



"This counts as recycling, right?"

# Russell Howard



"How does  
Happy Birthday  
go again?"

**FIDGETY  
FUNNY MAN!**

# The top comic on his pants, his mum and robots vs dogs!

**H**i Russell! You recently sold out your two biggest ever gigs at the O2 in London.

**Was it scary?** Yeah! It was an excellent remedy for any form of constipation! The whole tour's been good fun. Nowhere's been boring. I've just been travelling around, eating a lot of Nando's and doing a lot of gigs.

**You've got an armchair on stage but you spend most of the time jumping around. Are you going to be annoying if we invite you over to watch the footy or a DVD?** I am a bit fidgety, yes. It's interesting you noticed because my girlfriend says that a lot as well. We should never go out, you and me.

**Maybe you have ants in your pants. Have you checked?** My pants are absolutely fine. I don't have thrush or anything like that. I've just got a lot of energy! **You like to joke that your mum's a bit eccentric. How would you like it if your mum went on tour and told embarrassing stories from when you were a teenager and handed around your baby photos?** I'd love it! In fact, she should do that at the Edinburgh festival. She'd be far better than me. She's come to quite a few of the gigs, my mum, which is pretty cool. She was on stage on the O2 before anyone was there, pretending to be Lady Gaga.

**How about your prankster brother? Ever worry he's going to pull the ultimate prank to get you back for everything you say about him?** Nah. I said he was in the crowd in Newcastle and somebody said, "Get him on stage for an arm-wrestle!" So he came on stage in front of 6,000 people and beat me. It doesn't matter how well the gig's gone, you're suddenly the tw\*t who's been beaten by his little brother. He went out on the razz in Newcastle and people were coming up and going,



"Hey, you're Russell Howard's brother, good work with the arm-wrestle!" He was getting free shots and got into the hotel at half four. So I think he does all right out of me!

**"My brother arm-wrestled me in front of 6,000 people!"**

**Good News is back on telly! Are you ever worried there'll be no news and so you'll have nothing to talk about?** No. It's fine. We'd do something about what they'd fill it with. They're very good at filling on News 24. I refer you to the Downing Street cat. A whole news report was given over to the fact that Downing Street has a new cat. Egypt was in turmoil, Libya was about to go on its arse and we were there going [does posh

British voice], "Britain's got a new cat to deal with the rat problem." There's always news. **Good News is the most watched studio show on BBC3. Are you pleased you attract more viewers than Dog Borstal and Sex... With Mum And Dad?** Exactly! I'm amazed we've beaten Dog Borstal. If I were in charge of BBC3, I'd give shows to all my mates from the circuit. If I was forced to do more programmes of that ilk, I'd do something involving dogs and robots. You own a robot and it's got to go out and kill a dog. **A sort of cross between Robot Wars and Crufts?** Exactly! **Last year, you cycled from John O'Groats to Land's End to raise money for Comic Relief, but this year you didn't bother. Lazy?** No! I was offered the 24 Hour Panel People show with David Walliams but I couldn't because of my tour. Tell you what, I'll donate some money instead. **Sounds less exhausting! How come you support Liverpool?** **You're from Bristol!** Yeah, I know. My dad wasn't really into football so I had to pick a team and Liverpool were the best when I was ten. I got asked to go to their training ground the other day. There was talk of me being allowed to watch them train but I had to turn it down because if I was Steven Gerrard and I saw me behind the goal, it'd totally put me off! **Thanks, Russell! Finally, how's Archie your dog?** He's very well. He's currently with my girlfriend. I spend so much time away that when I come back, I have to get him little treats. He's a spoilt little bum, to be honest. **Why don't you take him on tour with you?** My girlfriend wants me to do that but no, he'd go mental. He'd sh\*t himself on stage. It just wouldn't be funny. Or maybe it'd end up being really funny and I wouldn't be able to follow it. A little dog runs around chasing its tail, then does a sh\*t. If the audience go crazy for that, I'm not going to be able to top it! ■

Russell Howard's Good News is on BBC3, Thursdays at 10.30pm



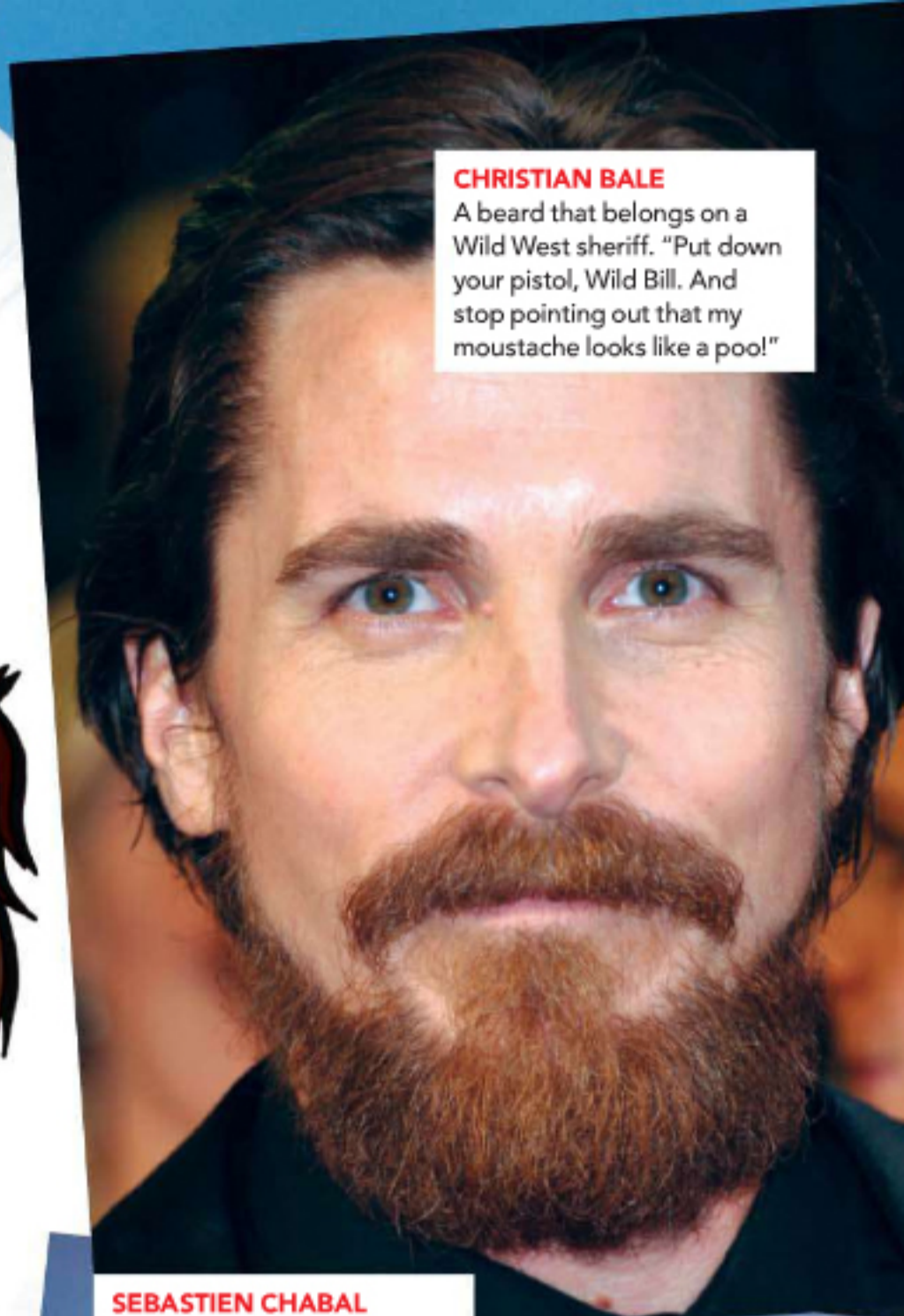
## A *Nuts* appreciation of the men who are too superstar to shave!

### PRINCE WILLIAM

His Maj is second in line to the throne, so he can do what he likes when it comes to face-fuzz – a Royal beard is, by its very nature, the best there is!

### MATTHEW FOX

Matthew is, we'd argue, the most dignified beardsmith on the list. But, if we were being mean, we'd note the shape's that of a bushy lady-garden!

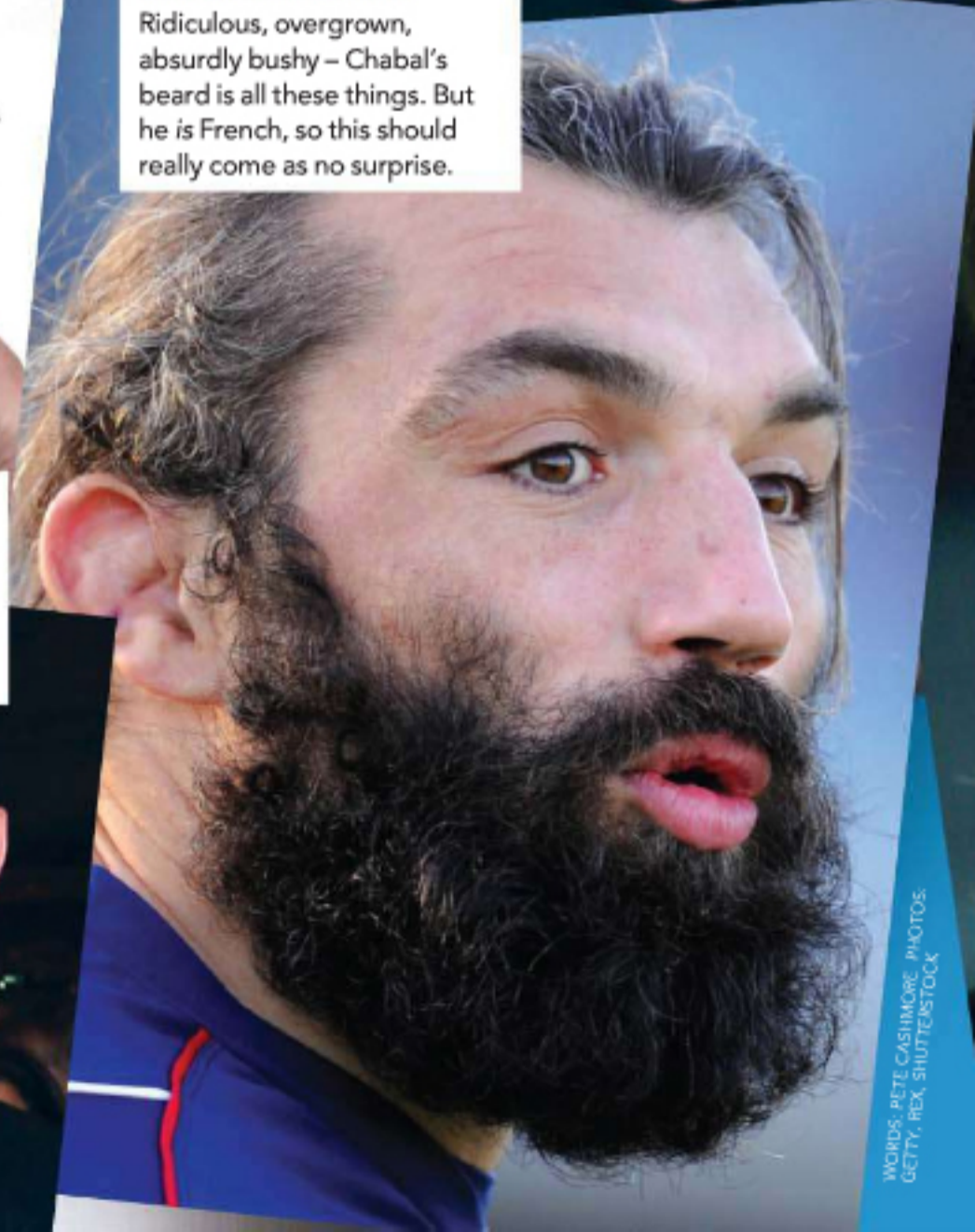


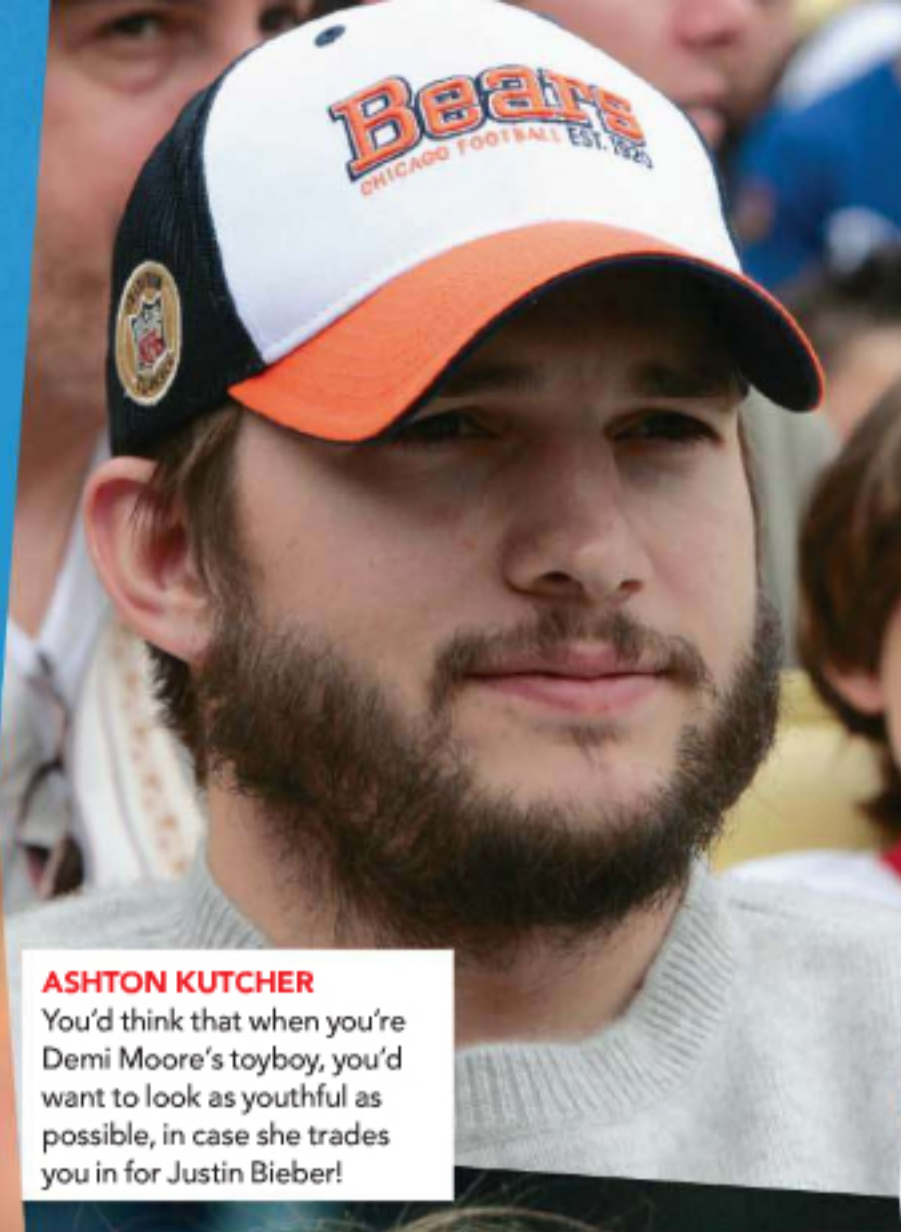
### CHRISTIAN BALE

A beard that belongs on a Wild West sheriff. "Put down your pistol, Wild Bill. And stop pointing out that my moustache looks like a pool!"

### SEBASTIEN CHABAL

Ridiculous, overgrown, absurdly bushy – Chabal's beard is all these things. But he is French, so this should really come as no surprise.





**ASHTON KUTCHER**

You'd think that when you're Demi Moore's toyboy, you'd want to look as youthful as possible, in case she trades you in for Justin Bieber!



**JOAQUIN PHOENIX**

What does this beard say? It says, "I'm a maverick. I'm a wild man. I don't conform to society's rules about neatness. And I may live at a bus stop."



**BRAD PITT**

We can only guess as to the number of small woodland creatures that made their home in Brad's beard. It's not just massive, it's eco-friendly!



**ALEX SONG**

All-over bleaching shows a real commitment to beardy bonkersness. Just don't ask us to check if Alex had his downstairs bits done, too!



**KEANU REEVES**

When you've liberated mankind from murderous robots, you can let the chin-fuzz grow for a bit. Or, several months! Good effort, Keanu! ■



Internet feuds spill over into street battles!



Thugs orchestrate street operations online!



Police track crims on social networking sites!

# Gangs on Twitter!

## The US hoodlums plotting turf wars using social media – and the cops trying to catch them!

For most of us, Facebook is a way of keeping in touch with what our friends are up to and maybe tagging embarrassing photos of them enjoying a refreshing beverage or two. And Twitter is a way of keeping in touch with what our favourite sports stars and celebrities are up to. But for the street gangs of New York and Los Angeles, social networking sites are proving to be channels through which crimes can be planned and turf wars instigated – but also, crucially, through which the self-same criminal gangs are caught out by their own online bluster.

### #Guns And Violence

Many US street gangs are composed almost entirely of young people in their mid-teens – people who traditionally text,

tweet, poke, post, share and generally show off. As Captain Walt Myer, director of the Riverside County regional gang task force in California, tells *Nuts*, “The activity of the gangs mirrors general society. When any new technology comes along, they’re going to use it.”

In New York, gang tweeting has already led to violence and the coordination of some brutal confrontations. Back in autumn 2009, a member of the Original Young Gangsters crew from Harlem was shot in the leg in the street because of a war of words he’d instigated with a rival gang on Twitter.

These violent incidents can stem from a single, deliberately provocative tweet – once the original diss starts to snowball and other gang members get whipped up into a rage, there’s

no telling where it all might end. As Li’V, a 15-year-old member of the New York gang New Dons puts it, Twitter is useful for “settin’ up the fights” and the forming of other plans.

But it’s not just the gangs who are eyeballing other gangs with interest. The Harlem-based Perfect Peace Unity Youth Outreach program is a community organisation that keeps an eye on the activity of 4,000 teenagers caught up in gang life. In November 2009, the volunteers who work for the program were able to monitor the tweets of three local gangs to discern that two youths were in danger of being hurt, then send out peace-makers to “squash the beef” before the guns came out. A flashpoint that started on Twitter, snuffed out – thanks to Twitter.

### #Facebook Criminals

Police may not be able to prevent crimes using Twitter, but they’re finding it can prove a useful resource in cleaning it up afterwards. “[Twitter] is another tool, just like old phone records,” a New York police source tells *Nuts*. “We can go through [the messages] to track these guys.” This is exactly how they recently caught some members of the infamous 2 Mafia Family from Harlem who were using Twitter to discuss business.

Gang members have an unfortunate inability to censor themselves when it comes to both threatening their enemies and boasting.

In San Francisco last year, a small tweet-storm erupted when a drug-dealing gang member was released from jail early, leading his fellow gang-bangers to believe he’d turned police informant. And so the tweet went out, “This guy is a snitch.” Investigators who’d been monitoring the gang for months were able to simply sit back and watch the incriminating tweets roll in. As a result, three other gang members were arrested.

close ✕

“The activity of the gangs mirrors society in general”



US street gangs are often young people in their mid-teens

+ Follow





New York gangs goad their opponents on Twitter

**GANG WARS!**



Members of the 2 Mafia Family were caught after police examined their tweets

“Once the cops get into a Facebook group, they have a rolling commentary”

replies |

replies |

In another California gang case, much of the investigators' information came from trawling messages posted to Facebook.

“Once you get into a Facebook group, it's relatively easy. You have a rolling commentary,” says Dean Johnston of the California Bureau Of Narcotics Enforcement.

“They talk too much,” says LA County Sheriff's Deputy David Anguiano. “You want the fame, so you've got to go out there and talk about it – and your mouth gets you in trouble.”

LA gangs are social media junkies, boasting of their prowess and goading their opponents on Facebook groups set up for the Crips, the Bloods, MS-13 and other gangs. These Facebook groups are awash with gang signs, members posing with firearms and, in the case of some pages dedicated to the particularly brutal MS-13, video montages of murder victims from rival gangs. All of this can help prosecutors prove that a suspect is a gangster with such ease that it seems baffling

to an outsider exactly what the magnetic pull of the internet is to people who presumably have no desire to be sent to jail.

“Prosecutors will say, ‘Here's you throwing gang signs, here's you with known gang members, and here's you holding up a weapon you claim never to have seen before,’” says Dallas lawyer and social media expert John Browning. A case of guilt by Facebook update.

However, any gang member wishing to forego their tweets and wall posts might want to consider the case of suspected armed robber Rodney Bradford. In 2009, the Brooklyn teenager was looking at 25 years in jail – and indeed spent 12 days in New York's notorious Rikers Island prison after his arrest – until it was pointed out that he'd posted a message on Facebook demanding a pancake breakfast from his girlfriend one minute before the robbery took place. As a result, the charges were dropped and, on this occasion, it was the supposed criminal youth who had the last LOL. ■



A New York gang member is arraigned based on evidence gathered from the internet



Spats on Twitter can spill over into street shootings such as this

**SHOOTINGS!**

# Jessica-Jane

# clemently

The telly star in her sexy smalls!

**Y**ou know when you're a bit short on cash and you've got a date? Well, if your date was Jessica-Jane Clement, you wouldn't have to worry because she could blag a meal at a top restaurant or convince someone to give her wads of cash! Of course, if you were going out with JJC, you'd probably want to stay in anyway – and here's why! ➔

**ON TV!**



JESSICA-JANE  
CLEMENT





**"I'm such  
a laid-back,  
happy person!"**

**H**i JJC! What's the worst present you've ever received? I once got *Donnie Darko* on DVD!

I'd heard of it but I'd never go out of my way to watch it! Luckily, it was a Christmas present, so the person wasn't there when I opened it! I couldn't get my head around it at all!

**Got any outrageous new tattoos planned?** I haven't had any new ink for about a year, but I have something up my sleeve! Maybe I'll get it in the summer. The tattoo, I mean! Ha-ha!

**Would you ever get any on your face or neck?** I'd get eyeliner tattooed, or my eyebrows done, yeah. I have a little tat on the back of my neck already.

**What's on your iPod right now?** I have that American Anthems album and loads of '90s pop! Peter Andre; Vengaboys; Backstreet Boys and, of course, *Macarena* – a classic!

**Who was the last person that really annoyed you?** Some jobsworth at Brighton Station who insisted on thoroughly checking all my tickets when my train was leaving in two minutes. The more angry I got, the more time he took telling me to calm down! He was like a seatbelt – the harder you tug it, the more it locks up and the more annoyed you get!

**When was the last time you did something that surprised you about yourself?** I surprise myself when the "fight or flight" mode sets in, because I obviously don't understand the "flight" part! Too much adrenaline isn't good for me. I'm such a laid-back, happy person but when I turn, I'm like a woman scorned!

**What type of girlfriend are you?** I always make sure I've got nice hair, nails, tan and perfume. I think it's important to make an effort for your man. I'm happy to spend all day doing nothing with the one I love. Fancy restaurants and parties are good for a treat, but you need a bond that can survive without the champagne veneer.

**When was the last time you had a wild night out?** My birthday! My three best friends all have birthdays within four days of ➔

**JESSICA-JANE  
CLEMENT**



mine, so it's always full-on. Friday and Saturday were fun, but Sunday was the mental one. It's always the nights you don't plan that turn crazy!

**If we came to yours for a party, what could we expect?** A drink handed to you as soon as you walk in and more drinks in your hand until the moment you walk out! Lots of yummy nibbles and probably a trip to the local to break up the night, too. I like variation. A YouTube session always sneaks its way in to check out the funny videos as well!

**Are you a good cook?** I am! I love cooking for someone. I love feeding and watering people. I'm very much into vegetables and anything with my home-made tomato sauce and chopped basil is a winner.

**Have you ever been to a nudist beach?** Yes, but I didn't realise for a while! I wasn't really paying attention. It was full of more mature people, so there were plenty of fur bikinis, if you know what I mean – that's probably why I didn't notice!

**Who do you really admire at the minute?** I'm following "Little Buddha" on Twitter! I admire all the things he tweets, the kind of stuff that immediately lifts a great weight off your shoulders! My Twitter name is @KissJessicaJane – come follow me, I love having a bit of banter with people on there.

**When was the last time you told a fib and what was it?** I tell little white lies just to keep naggers off my back. I'll say I've done something when I'm just about to do it, to avoid the whole "You haven't done it yet?" scenario!

**When was the last time you did something you wish you hadn't?** I had one last vodka and Coke in Brighton the other night and it sent me over the edge! I was doing well up to that point. I woke up with bruises all over my legs and a half-eaten pizza in front of me. Not good!

**After seeing you on *The Real Hustle*, do people try to hustle you on a regular basis?** Not so much hustle me but I get a lot of men telling me they could never be hustled! Funnily enough, they're the perfect people to hustle. They're so cocky and ➔

**"I didn't  
even realise  
I was on a  
nudist beach!"**





"I always  
go out of my  
way to help  
people!"



sure, I could nick everything while they're telling me how "Jack the Lad" they are.

**What was the last nice thing you did for someone?** I walked a Chinese girl to a restaurant she was looking for. I could have just given directions. I think it's a northern thing – I'll always go out of my way to help someone.

**If we could grant one wish for you right now, what would it be?** I'd ask you to stop my nightmares! I have them all the time. It's awful when you wake up and it's still fresh in your head. I dream about ghosts, late homework, being chased... and I don't even eat much cheese!

**Would you ever become a redhead?** I'd love bright red hair but everyone's doing it at the moment. I might settle for ➔

**JESSICA-JANE  
CLEMENT**

**"I'm always  
thinking  
something  
naughty!"**



some streaks. Red hair brings out blue eyes, so it's a hot look. **How many naughty thoughts do you have every day?** I'm always thinking something naughty. I used to say what was on my mind but it can be quite disrespectful to people who don't want to hear it. I can tell straight away if a girl has a filthy mind. I think I attract them! **What was the last thing you laughed at when you shouldn't have?** I laugh when people are telling me something tragic or really serious. I think it's a nervous thing. My friend told me yesterday she ran over her cat twice and had a £500 vet bill. I laughed but then she laughed, too. I guess it's contagious! **How often do you swear?** Not a lot, but I'll call my girlfriends names. My favourite one is the C word. When I say it, southerners immediately repeat it, mimicking my accent. You know which word I'm talking about, don't you?

**Er, we can guess! Thanks, Jess!** **Finally, what's your favourite book and film?** I love porn stars' autobiographies! I've just finished Monica Mayhem's – it was brilliant. My favourite film has to be *Spaceballs* – "I'm a mog. Half man, half dog." Ha-ha! What a brilliant film! ■

# Nuts SPORT

JUST ABOUT SURVIVING, EVERY WEEK



"Pee-ew! The sooner we get toilet paper at our club, the better!"

## ASTON VILLA

"This isn't a happy camp at all! That said, if they pull their fingers out and start working as a team, I think they can just stay up. Brad Friedel's experience will be vital!"

VERDICT: **SAFE**

**INTROUBLE!**



"Hurry up, Charlie, it's my turn on the karaoke!"

## BLACKBURN ROVERS

"Things were going nicely at my old club but then the new owners came in and sacked Big Sam. With an inexperienced manager, they look doomed to relegation."

VERDICT: **RELEGATION**

# Madddest relegatio



His wallpaper was quite abstract

## WIGAN ATHLETIC

"Wigan are bottom because they ain't good enough! They've got a few decent players, like N'Zogbia and Rodallega, but I can't see them winning enough games!"

VERDICT: **RELEGATION**



"Can I put this white box down yet?"

## WEST HAM UNITED

"West Ham have some pretty decent firepower and that's important. Also, Scott Parker is the kind of guy you want when your backs are to the wall!"

VERDICT: **SAFE**

**STRUGGLING!**

"Heeeeeeey, Macarena!"



**BLACKPOOL**

"Ian Holloway's done a great job to build a team to compete. With their togetherness, and Charlie Adam pulling the strings, I can see them staying out of bother."

**VERDICT: SAFE**

**STAYING UP!**



"Very good swan impression. Now get out of the way!"

**WOLVES**

"Wolves have quality in the side and are a well-organised outfit. Again, a major plus for them is their manager. He's got a lot of experience of relegation battles!"

**VERDICT: SAFE**

# n battle ever!

Robbie Savage on the teams trying to beat the drop! **SAV!**



"Very good, Seb, now where's your nose?"

**BIRMINGHAM CITY**

"I had a great time at Birmingham but it's not looking good. The Carling Cup exploits have taken so much out of them, and they're just not scoring enough either!"

**VERDICT: RELEGATION**

**TOUGH TIMES!**



"See, officer, I told you I hadn't touched a drop!"

**WEST BROM**

"Having someone in charge who's seen and done it before is a huge advantage. I expect Roy Hodgson to do the business here like he did at Fulham for a few seasons!"

**VERDICT: SAFE**

# KAMMYY!

ONLY IN  
Nuts!



He's the voice of the fans – and he's only in *Nuts*!

"Can we go home  
early please, boss?"



## Capello got it right with Terry – in the end!

**T**here have been many messes for the England team under Fabio Capello and the issue of the captaincy being handed back to John Terry was yet another. I think Capello made the correct decision in the end but the way Rio Ferdinand and Steven Gerrard were treated was absolutely appalling.

Capello should have called a meeting with them, told them

**"Capello can't communicate with his team!"**

his intentions and thanked them both for the exemplary way they'd taken on the role. As usual though, Capello muddled his way through it, involving the press, contradictory words from his backroom staff and the FA, and nobody had a clue exactly what was going on until the middle of last week when Terry gave a press conference to announce how proud he was to be captain again.

Fabio Capello continues to show that he simply can't communicate with the players, and has no real understanding of just how important the title of England captain is.

Terry is undoubtedly an excellent skipper, both for Chelsea and his country, so I'm quite happy that he's been reinstated. It means a lot to him and, to be fair, the reasons he was removed from the role weren't related to football.

The situation with Wayne Bridge seems to be in the past now and both players seem to be getting on with their football, especially Bridge who has been very good since joining West Ham in January.

My problem with Capello is that he seems to have been forgiven for the absolute disaster of the World Cup

campaign last year, yet seems to have learnt very few, if any, of the lessons it brought up.

You only have to look at the way he handled the retirement of David Beckham from the squad by telling him in the middle of a television interview and then having to make a panicked phone call to explain the situation to Becks.

Nothing I've seen to do with England since then – especially this ridiculous pantomime over who gets to wear the captain's armband – has shown me that he's the right person to lead the nation forward. For me, the sooner Capello goes, the better!

**KAMMY'S  
UNBELIEVABLE-  
OMETER™**

**UNBELIEVABLY  
GOOD!**

**IT MATTERS TO HIM!**

It was great to see Wolves' Matt Jarvis get a call-up to the England side. He's genuinely excited and is a real talent!



**UNBELIEVABLY  
BAD!**



**WISH STU WELL!**

It's such a shame to see Bolton's Stuart Holden sidelined for six months in an accident involving Jonny Evans of Man United. I wish him a speedy recovery.

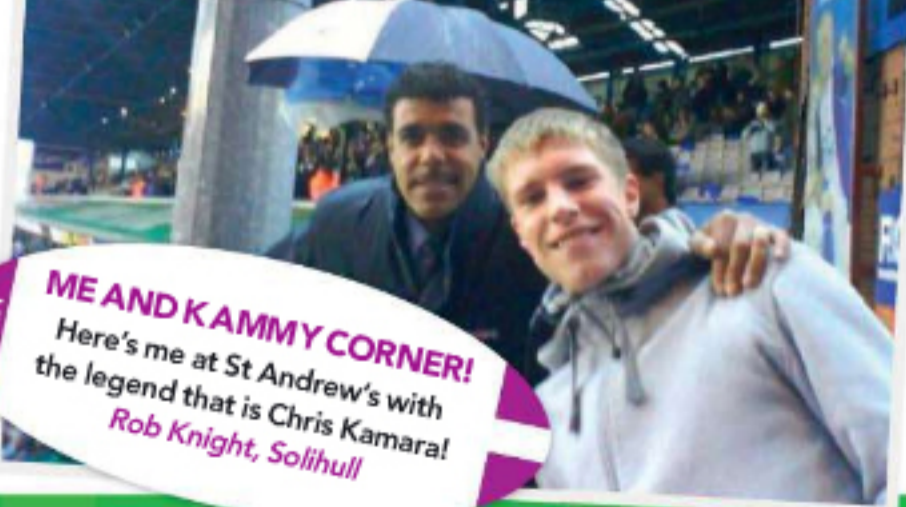
**The second coming of Jose**

I think Jose Mourinho will be the next manager of Man City. The Portuguese genius gave notice last week of his intention to come back to England in the near future and after the poor season Roberto Mancini's had at Eastlands, with only the FA Cup left to play for, I think Mourinho knows something we don't. I expect him to be in charge of Man City come August.



"Who's that devilishly handsome bloke in that mirror?"

"Nice one, Rob. Always good to meet a Nuts reader! Keep them coming, folks!" - Kammy



**ME AND KAMMY CORNER!**  
Here's me at St Andrew's with the legend that is Chris Kamara!  
*Rob Knight, Solihull*

**Kammy needs you!**

Send your jokes, pics etc to [kammy@ipcmedia.com](mailto:kammy@ipcmedia.com). The sender of the best each week will win a signed Nuts T-shirt!

**Chris' crystal ball!**

Chris predicts the week's big games!



**1 WEST HAM VS MAN UNITED  
2 APRIL, 12.45PM, SKY SP2/HD**

"Man United really don't like going to Upton Park, and with the likes of Demba Ba and Robbie Keane about, I think West Ham will cause a slight upset."

**KAMMY SAYS: 2-2**



**2 ARSENAL VS BLACKBURN  
2 APRIL, 5.30PM, ESPN/HD**

"I know it's all gone pear-shaped for Arsenal lately but I think they'll continue to try for the league right to the end, starting with three points from this one."

**KAMMY SAYS: 3-0**



**3 MAN CITY VS SUNDERLAND  
3 APRIL, 4PM, SKY SP1/HD**

"Man City have really hit the buffers of late, and after going out of the Europa League thanks to Mario Balotelli, I think they'll only manage a draw here."

**KAMMY SAYS: 1-1**



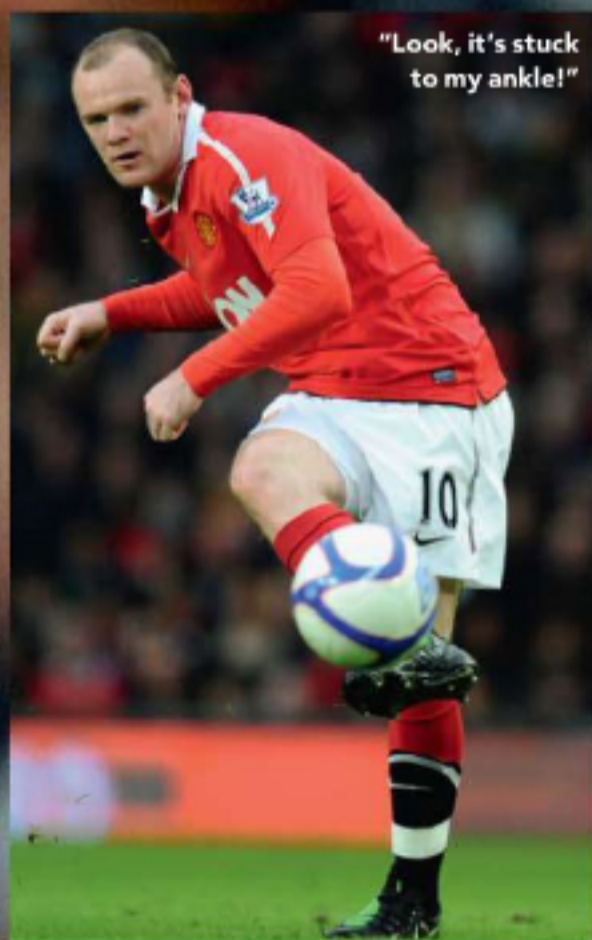
# Merse's Premier League flops!



He'd just watched *Inception*

**MERSE!**

## Why are so many big names wobbling?

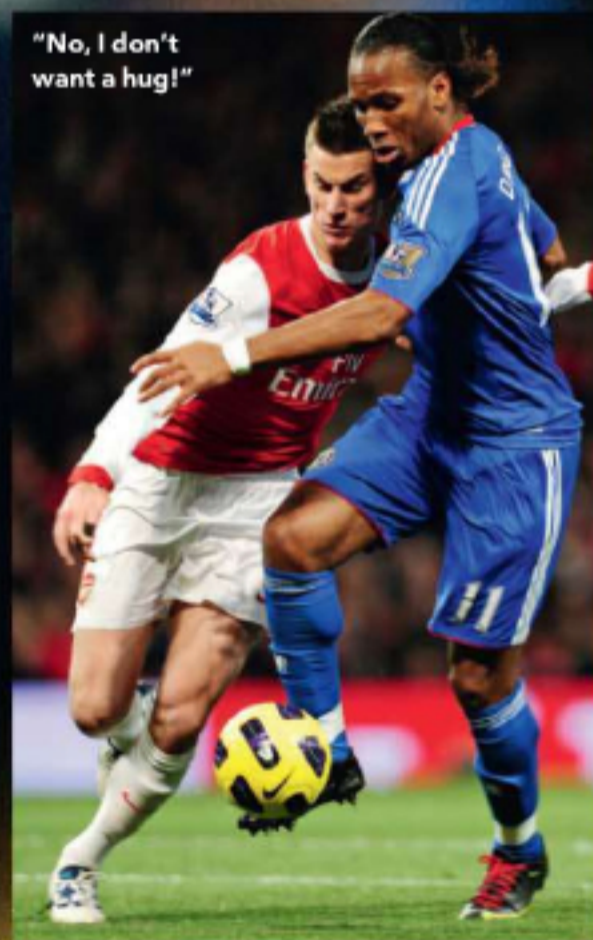


"Look, it's stuck to my ankle!"

### WAYNE ROONEY

"I think a lot of Wayne's problems have to do with some of the stuff in his personal life. I used football as a refuge from my problems but everyone's different, so you might say Rooney lost some of the 'devil' that made him so good. I think this boy is a real gem, so I wouldn't write him off!"

WOBBLE RATING



"No, I don't want a hug!"

### DIDIER DROGBA

"Chelsea say he's been recovering from malaria, but I suspect it's something more basic. Drogba's at his best when he's felt loved and at the focal point of everything, but he's been rested – and even dropped – this season. He just needs an arm round him and to be told he's still Mr Chelsea!"

WOBBLE RATING



"Eh? What? I've just woken up!"

### JOE COLE

"I had big hopes for Joe at Anfield. He's a terrific player with a good attitude, but it's gone from bad to worse since getting sent off on his debut, and injury's made him a shadow of the player he once was! You have to wonder if he'll ever be a force in the Premier League again. I hope so!"

WOBBLE RATING





**TORRES!**

"Sigh! I wonder what Stevie G's up to!"

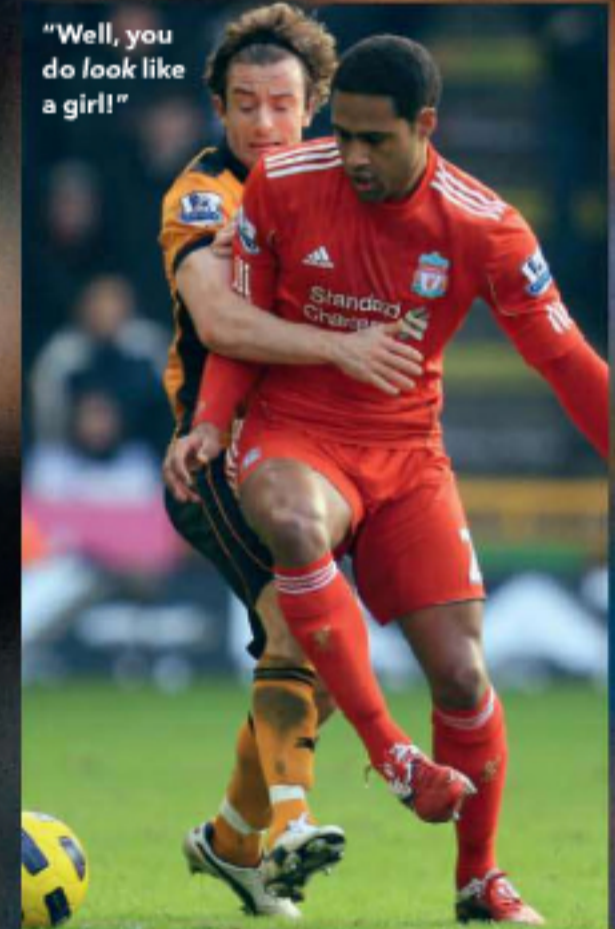
**FERNANDO TORRES**  
 "A lot of people thought his lack of form earlier this season was down to an injury, but I think he didn't fancy it at Liverpool any more. He's a quality player but he's had a shocker for Chelsea – his confidence is so low! He'll come good, but I think we can write off this season for Torres!"



"Piggy back? No?"



"Jon Obi? I didn't even know you were still here!"



"Well, you do look like a girl!"

**ANDREY ARSHAVIN**  
 "He's got bags of ability but goes missing in too many games. He's got flair but only shows it in fits and starts, and Arsenal have enough skilful players already – they need a dominant midfielder, not someone who can be a bit of a luxury. He hasn't looked like he's enjoyed his football this season!"



**FRANK LAMPARD**  
 "Lampard always gets stick, and I can't see why. He's not touched by genius but he's scored 20-odd goals in every campaign I can remember – that's incredible for a midfielder! He's had too many injuries this season, which has stopped him gaining momentum but he's doing OK when fit!"



**GLEN JOHNSON**  
 "I stand by what I've said about Johnson – he's great going forward but he's found wanting defensively! I feel a bit sorry for him because he's played out of position. He could be a right-midfielder in my mind, certainly not a left-back! He has a lot to do next season to rebuild his reputation!"



PHOTOS: BACKPAGE IMAGES, GETTY, PA PHOTOS

**NUTS PROMOTION**

# Nuts Poker School

**This week:  
choosing the  
game for you!**

## 1. Sit & Go

A Sit & Go is a one-table tournament with anything from two to ten players. It's perfect for new players – you get a lot of play for a small buy-in and there's a good chance of getting a prize.

To win at Sit & Go, play tight in the early game and try to make sure you're still around for the later stages when the blinds get high and some players have been eliminated. At this point, it's vital to start playing very aggressively, raising lots of pots to steal blinds and going all-in with rubbish hands against players you think are clinging on. Sit & Go is hugely exciting and perfect if you like a bit of adrenaline at the table!

## 2. Multi-table tournaments

Multi-table tournaments (MTTs) are similar to Sit & Go but have loads more players. As players are eliminated, tables break up until you're eventually left with one final table and then a winner. MTTs are the best way to win big money, even from small buy-ins.

If you can accumulate chips early, it'll give you a huge advantage, as the blinds get big later on. Play your big pairs aggressively and look to flop a set cheaply with hands like 2-2 and 3-3 that can easily double you up. As you get deeper in, concentrate on getting more chips that could take you to the final table – that's where the big money is.

If you're new to online poker it can be tough knowing where to start. Chances are you've watched a bit of no-limit Texas hold'em or had a punt at it online. On PKR there are three

types of hold'em to choose from. Here's the lowdown to each from Team PKR Pro, Scott Shelley, to help you choose which game suits you best – and your wallet!



## 3. Cash games

In a cash game, each player buys in for any amount they want (up to 100 big blinds) and each hand is played for real money, with the blinds staying the same. Unlike a tournament you can buy back in if you lose all your chips.

Avoid the urge to bluff as you'll be called a lot more in this type of game. Focus on making big hands and betting strongly. For experienced players, cash games are the most consistent way to make money, but be careful – the money can get serious really quickly! You've been warned!



**Sign up to Nuts poker to claim your \$800 welcome bonus! Visit [www.pkr.com/nuts](http://www.pkr.com/nuts) and register today!**

OVER-18S ONLY. WWW.GAMBLEAWARE.CO.UK

**ONLY IN  
Nuts!**

# NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport! Send pics, chants etc to [tim\\_bradley@ipcmedia.com](mailto:tim_bradley@ipcmedia.com)



► This is an absolute cruncher from the recent rugby league game between Wigan Warriors and Hull but what we want to know is, why is Paul Scholes getting involved? He can't even tackle in football!



► If you're an Italian rugby fan, chances are you have to make your own entertainment to stop yourself from getting bored. Well this particular fan decided to make his hair and beard look stupid!



► Over in Kyrgyzstan, goat-throwing is considered the national sport and these men are chucking a goat carcass about while on horseback, trying to get it in their opponent's "goal". Words fail us!



► Spare a thought for South Korea's Hwang Hyun-Sun here. Not only is he not very good at short-track speed-skating but, as you can see from this pic, now all his mates will see him looking like a Benny!



► Fair enough, Valentino Rossi. Even if we were as good as you at riding motorbikes, we still wouldn't be able to turn a blind eye when faced with a lady like that in her undercrackers!

# RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN  
Nuts!

SKILLS!

"See, I told you  
I've still got it!"

Squishy face!

"Maybe if I look like Tevez,  
I might start scoring goals!"

FROGBA!

"Thought this might  
persuade you to  
bring me on, boss!"

CHEEKY!

"Very funny, lads.  
Can you let  
me out now?"

FRAMED!

"This is what  
I think of my  
team lately!"

PARP!

"Help! Anyone?  
I'm stuck!"

CLOSE-UP!

NICE!

JESUS SATISFIED 3000  
WITH 5 LOAVES AND 2 FISH  
IAN HOLLOWAY HAS SATISFIED  
MILLIONS WITH 11 TANGERINE  
"Who  
stuck that  
'nice!' sign in  
the way?"

## MAN-LOVE CORNER!

"You're sure the  
England captain  
has to do this?"

TASTY!

"We're floating  
on a cloud  
of love!"

FUN TIME!

"Is that nice,  
Robert?"

TOUCHY!



NEW TO NUTS!

MANAGER'S CORNER!

No.1 Sam Allardyce!

Where we put bosses on the spot

**H**i Big Sam. What was your first car? A 1963 Ford Cortina Mark 3. I bought it using my hard-earned cash from when I first started playing at the age of 15, while I was earning £125 a week.

**What's your earliest sporting memory?** Scoring a header for my junior school team when we won the cup. Also, watching Wolves for the first time with my brother and father on the North Bank – since then, I knew I always wanted to be a footballer.

**What would you be if you weren't a manager?** I don't know what I'd be but whatever I did, I'd have to be self-employed and be my own boss, responsible for my own success and not having to deal with people telling me when to start, finish and the like.

**Which player or team did you most enjoy beating?** Teams like Arsenal or Liverpool. People talk about the psychological strength of Wenger, Mourinho and Ferguson. I was able to psych them all out so that even a small club like Bolton could compete with all the bigger clubs.

**What's on your iPod right now?** I have an iPad, too! I try to stay up to speed with all of the technology. Some of the music on my iPod now includes Motown and Queen. Queen are my favourite band of all time.

**Have you ever been mistaken for anyone famous?** When I played football in the US, I was mistaken for Tom Selleck. All I was missing was the red Ferrari!

**Finally, which three guests would you invite to a dinner party?** Muhammad Ali, Nelson Mandela and Sir Alex Ferguson. Ferguson would serve the wine, but I'd choose the food. It would be honest, English, traditional and well-cooked.

Visit the Dugout – [www.yahoo.co.uk/dugout](http://www.yahoo.co.uk/dugout) – for new interviews every week with England's top football managers



# Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

## Deal or No Deal top tips!

**D**eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one winner walked off with £1.96m!

And best of all? You can win big money in the comfort of your own home!

### HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

### THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

### BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

**He won big!**

David R won £58,236 on Deal or No Deal!\*

"I was so shocked, I took the day off work. It's so hard to believe this is all real!"



\*\*WINNER IMAGE POSED BY MODEL

GET UP TO **£200 FREE PLAY\*** ON DEAL OR NO DEAL! SIGN UP TODAY AND ENTER PROMO CODE **NUTSC13**

**WWW.NUTSGAMES.CO.UK**

TV GAMES INSTANT WIN SCRATCH CARDS BINGO CASINO GAMES

\*200% DEPOSIT BONUS UP TO £200 FOR NEW CASH MEMBERS ONLY. MINIMUM £10 DEPOSIT REQUIRED - EG DEPOSIT £100 AND WE'LL GIVE YOU AN EXTRA £200 FREE PLAY ON TOP. TO RECEIVE THIS OFFER YOU MUST ACCEPT THE SIGN UP BONUS WHEN REGISTERING. SUBJECT TO TERMS AND CONDITIONS OF THE OPERATOR, AVAILABLE AT WWW.NUTSGAMES.CO.UK. FOR 24-HOUR HELP AND SUPPORT, FREEPHONE 0800 458 0770. OVER-18S ONLY. PLEASE PLAY RESPONSIBLY. WWW.GAMBLEAWARE.CO.UK. CLOSING DATE: 12 APRIL 2011

# 'QUOTE ME ON THAT!'

This week's biggest match debaters!

"At least with Comic Relief, the red nose covers my massive hooter"

Robbie Savage has got a point. In the middle of his face.



"In the dictionary, the word 'sympathy' is between sh\*t and syphilis"

Don't ever get Mick McCarthy in Dictionary Corner.



"It was a leg-breaking tackle, which could've broken his leg"

That's what leg-breaking tackles do, Harry Redknapp.



"Rooney is a monster"

He's not that ugly, Javier Hernandez.



"Before he leaves the dressing room, Hernandez drinks a pint of enthusiasm"

Graeme Souness on the United striker's weird drinking habits.

"Balotelli has got a bag of chips on his shoulder"

Sky Sports' Charlie Nicholas explains why the City star is so slow.



"Van Gaal is the only man I've given flowers to. I did well not to kiss him"

Steve McClaren has a Dutch fancy.



Jeff Stelling: "Who is Wigan's joint top Premier League scorer?"

Matt Le Tissier:

"Henri Camara"

Jeff Stelling:

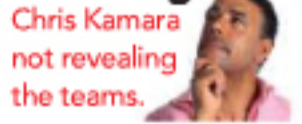
"It is. You'd never guess that, would you?"

He just did, Jeff.



"Obviously I can't tell you the teams but Wigan are unchanged"

Chris Kamara not revealing the teams.



"Man City are so boring I can't watch them. I did last week"

Paul Merson has a one-second memory.



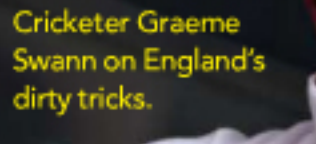
"It's not sour grapes but we should have had two penalties and their goal was offside"

Paul Dickov sounding like sour grapes.



"Jimmy Anderson soiled his pants last week. Full follow-through and four witnesses"

Cricketer Graeme Swann on England's dirty tricks.



## 'OO-ER SOUNDS A BIT RUDE' CORNER!

"It's just a very, very small thing that I've got"

Cesc Fabregas is a bit hard on himself.



"Having something on your face you're not used to is strange"

What can Newcastle's Shola Ameobi be talking about?



"Gary Neville was always going to stay rigid"

Nicholas on United's former always-up-for-it defender.



# Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES!



## BEDROOM BABE!



The Pic she sent us!

**GEORGINA** 23, St Albans, dancer  
"I've definitely got a freaky side that's into experimental sex games, but only really lucky guys get to see it!"

**Want to be a Nuts model?** Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.



Nuts **REAL GIRLS**

**TURN TO VOTE FOR OUR  
NEXT BEDROOM BABE!**

**"To get with me,  
a guy has to make  
a real effort!"**



# Get 4 issues of **Nuts** for just £1!

Get *Nuts* - Britain's biggest-selling men's weekly and get your fix of girls, jokes, sport and bloke news delivered direct to your door every week!

**SUBSCRIBE NOW!**

Go to [www.nutsubs.co.uk/i075](http://www.nutsubs.co.uk/i075)  
Call 0844 848 0848 quote code 111M

The four issues for £1 offer is only available to new UK subscribers paying by direct debit. After the first four issues for £1, the subscription will continue at the discounted rate of just £17.20 every three months saving you 25 per cent by direct debit. For full terms & conditions call 0844 848 0848. Offer ends 30/06/11.

**SOME IN UNDIES!**  
**100 SEXIEST BABES 2010!**

**Big Boob Blowout!**

**100 TOPLESS STARS!**

**Lucy!**

# BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at [www.nuts.co.uk/girls](http://www.nuts.co.uk/girls)

**Ladies, send us your pictures!** Send your photos to Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email [nutsgirls@ipcmedia.com](mailto:nutsgirls@ipcmedia.com). You must be at least 18 years old.

**ONLY IN  
Nuts!**



## Melissa

20, Buckinghamshire, dancer

"To make an impression, I'd use my sex appeal – I'll leave the rest to your imagination!"



## Kayleigh

19, King's Lynn, nursery care

"A chat-up line I liked was, 'I'm a great swimmer, want me to show you my breast stroke?'"



## Kym

21, Durham, hairdresser

"I have a pole in my spare room at home, so I'm always grinding around it to keep fit!"

## Jenny

23, Durham, administrator

"I love to laugh, so take me to see Michael McIntyre followed by cocktails for a great date!"

**Vote now to see more of your favourite girl!**

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*! Choose the girl you think is the hottest, go to [www.nuts.co.uk/girls](http://www.nuts.co.uk/girls), click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

PAGES 64-67: PHOTOS: SCARLET STUDIOS  
 STYLING: GEORGIA LACEY HAIR & MAKEUP: SAM CAREM

ONLY IN  
Nuts!

# REAL GIRLS, REAL PLACES!

**THIS WEEK:**

**Name:** Becky  
**Age:** 22  
**Boobs:** 32D. "I'm always getting them out!"  
**Likes:** "Rich boys!"  
**Ever kissed a girl?** "For jokes!"  
**Strangest place you've had sex?** "In an empty swimming pool!"  
**Sex tip:** "Hold my ankles!"

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to [nutsgirls@ipcmedia.com](mailto:nutsgirls@ipcmedia.com) or write to Real Girls UK at the address on page 72. You must be at least 18 years old.

## Becky's beautiful tour of Merstham

We meet a stunner from Surrey!

Merstham

**HELLO!**

### Becky on... her home!

"I'm excited about my shoot! I was scared the neighbours would come out and see me in my pants... but it wouldn't be the first time. Ha-ha!"

### Becky on... healthy food!

"I try to eat healthily and I like salad, sushi and steak but I've got a weakness for ice cream, crisps and sweets. I top up my sweet jar every two weeks!"

### Becky on... early starts!

"I get out of bed at 7am, have a cup of tea and watch a bit of Jeremy Kyle. I'm a big cuddler, I follow people around the bed. If you move, I move!"

**Becky on... getting ready!**

"I can get ready for a big night out in an hour and 15 minutes. Wash my hair, do my make-up - but no fake tan! I usually buy a new outfit every time!"

**Becky on... her boobs!**

"I strut around the flat topless all the time - I'm not scared to show off what I have. My bum gets a lot of compliments - all the boys say it's juicy!"

**"My bum gets a lot of attention!"**

**Becky on... being a geek!**

"I'm a big geek so I like to read, check my Facebook and Twitter and watch action films. I love *Two And A Half Men* with Charlie Sheen as well!"

**Becky on... being blonde!**

"I love being blonde. People think you must be a bit dim if you're blonde, so I like to impress them by coming out with something intelligent!"



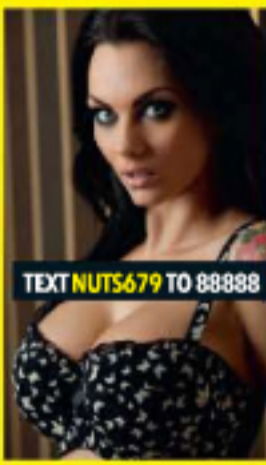
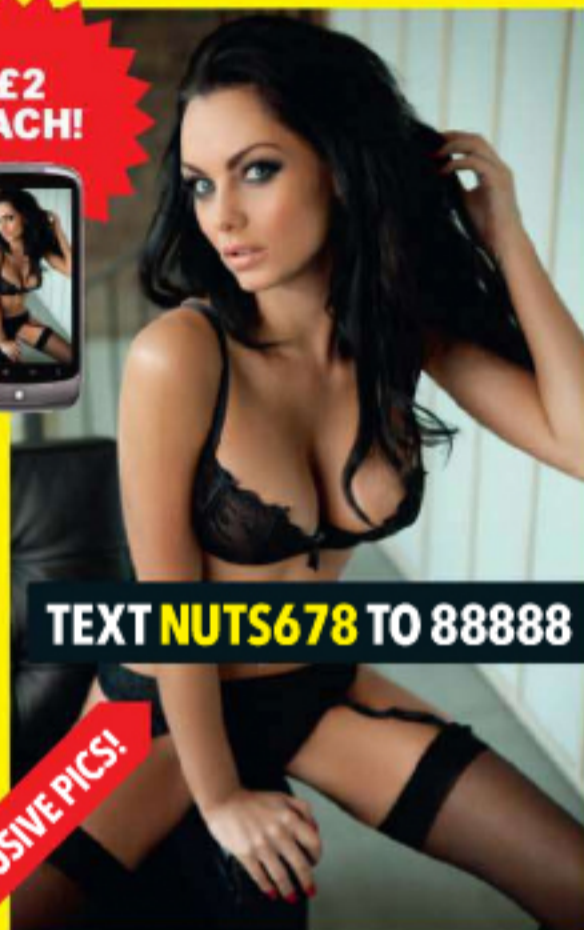
PHOTOS: ELLIS

Nuts MOBILE

# Get Jessica-Jane on your mobile!

Get your favourite pics for just £2 each!

£2 EACH!



TEXT NUTS679 TO 88888



TEXT NUTS680 TO 88888

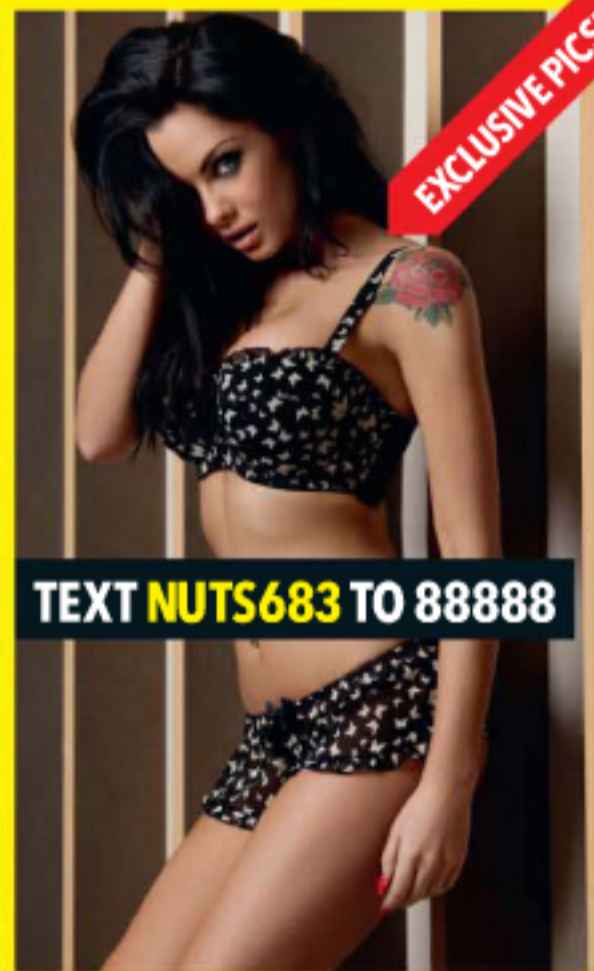
TEXT NUTS678 TO 88888

EXCLUSIVE PICS!

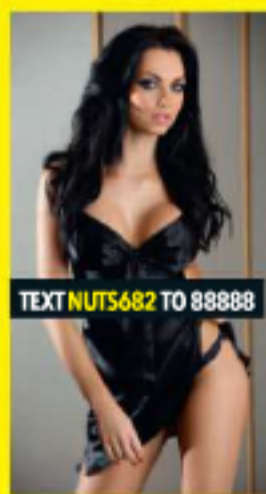
EXCLUSIVE PICS!



TEXT NUTS681 TO 88888



TEXT NUTS683 TO 88888



TEXT NUTS682 TO 88888

- 1 Choose your download and text the **KEYWORD** to 88888
- 2 Download your product, sit back and enjoy

Nuts wallpapers and videos cost £2 each. Bill payer's permission and compatible handset required. Age 16+. Standard network and data charges apply. Help: 0870 850 8160 (national rate). You'll receive a link and access to the Nuts download area. Terms and conditions: [www.nuts.co.uk/mobileterms](http://www.nuts.co.uk/mobileterms). This is not a subscription service. Powered by Jesta Digital GmbH.

# Nuts

9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU Tel: 020 3148 5000 Fax: 020 3148 8107

Email us at: [nutsmagazine@ipcmedia.com](mailto:nutsmagazine@ipcmedia.com) Website: [www.nuts.co.uk](http://www.nuts.co.uk)

Editor Dominic Smith

Deputy Editor Nick Solding 020 3148 6941 PA/Office Manager 020 3148 6948

Editor-At-Large Pete Cashmore 020 3148 6940 Associate Editor - Entertainment Sam Riley 020 3148 6921 Associate Editor - News Rory Buckridge 020 3148 6917

Associate Editor - Features Mark Spence 020 3148 6952 TV Editor Danielle Graph 020 3148 6944 Acting Sports Editor Tim Bradley 020 3148 6951

Art Director Simon Freeborough 020 3148 6934

Art Editor Barney Hammond 020 3148 6933

Senior Designer James Jarman 020 3148 6931 Senior Designer Nitish Mandala 020 3148 6930

Picture Editor John Good 020 3148 6937 Deputy Picture Editor Daffydd Bynon 020 3148 6928 Financial Administrator Dan Brightmore 020 3148 6947

Senior Picture Researcher Andy Seal 020 3148 6927 Picture Researcher Colin Williams 020 3148 6938 Executive Producer - Video Phil Wallis 020 3148 6850

Online Editor Keith Walker 020 3148 6855 Deputy Online Editor Craig Bloomfield 020 3148 6800 Online Picture Editor Adrian Callaghan 020 3148 6851

Production Editor Marc Gadian 020 3148 6915 Chief Sub Editor David Kenning 020 3148 6916

Sub Editor Mark Coughlan 020 3148 6923 Sub Editor - TV Listings Mike Hall 020 3148 6946

### Thanks to:

Rich Jenkins, Rich Pelley, Graham Wray, Jonny Smith, Steve Cochrane, Matt Priest, Dan Curley (words); Nathan Battison, Neil Singleton, Emma Quickenden (design); Ellis O'Brien (photography); Oli Stephenson (pictures); Tim Burnett (online); Steve Redgwell (repro); Ross Hassel (marketing); Melody Miller (work experience) For work experience enquiries, contact [pete\\_cashmore@ipcmedia.com](mailto:pete_cashmore@ipcmedia.com)

### ADVERTISING & PRODUCTION

Group Advertising Director Andy Goldsmith 020 3148 6700 Head Of Agency Sales Rob Freeman 020 3148 6708 Commercial Dev Manager Neil McSteen 020 3148 6707

Group Advertising Director's PA Tribha Shukla 020 3148 6700 Advertising Manager Chris Dicker 020 3148 6709 Regional Business Development Manager Oliver Scull 0161 872 2152

Digital Business Director Andrew Sanders 020 3148 6716 Head Of Insight Andrew Marrs 020 3148 3645 Insight Manager Verity Amos-Piggott 020 3148 6732

Agency Sales Team Adam Bulleid 020 3148 6704, Hollie-Anne Shelley 020 3148 6725

Sponsorship & Brand Solutions Director Peter Edwards 020 3148 6723 Sponsorship & Brand Solutions Managers Jade Bousfield 020 3148 6706, Chris Dehaney 020 3148 6724, Rob Hunt 020 3148 6721 Advertisement Production Laurie King 020 3148 6729

Sponsorship & Brand Solutions Project Co-ordinator Kylie Wallis 020 3148 6726 Classified Team Leader Robina Shahid 020 3148 2540

Inserts - IPC Innovator John Firth 020 3148 3704

Group Production Manager Becky Goode 020 3148 5429

### MARKETING

Press Enquiries Chris Taylor 020 3148 5406 Syndication Sales Executive Cerie McGee 020 3148 5484 Senior Marketing Manager Sam Wight 020 3148 6780

### PUBLISHING

Chairman and Chief Executive Sylvia Auton

Managing Director Paul Williams Publishing Director Jo Smalley Publisher James Thrower

© 2011 IPC Media Ltd. No part of this magazine may be reproduced, stored in a retrieval system or transmitted in any form without prior permission. Nuts may not be sold at more than the recommended retail price shown on the cover. ISSN 1742 8858

A Time Warner company. Repro by Wyndham Press. Printed by Polestar. Distributed by Marketforce.

SUBSCRIPTION RATES One year (\$1 issue) including P&P: PRIORITY (Air Mail UK £95.70; Europe €145; USA \$245; Rest of World \$148. Subscription enquiries +44 (0)845 678 7778 (Mon-Fri 9am-9pm UK time), Fax +44 (0)1444 445599, [ipcsubs@quadrantsubs.com](mailto:ipcsubs@quadrantsubs.com) or NUTS subscribers, PO Box 272, Haywards Heath, West Sussex, RH16 3PS, England



When you have finished with this magazine please recycle it.

**Terms and conditions** 1. Competitions are open to UK/Channel Island residents, except employees of IPC Media Ltd and their families or any companies or third parties connected with the competition. 2. There is no cash alternative to the prize. 3. No responsibility will be accepted for any postal or phone network problems experienced. 4. Winners will be notified by post/phone after the closing date. 5. The editor's decision is final. 6. Entry implies acceptance of these rules. 7. While every effort will be made to supply the prize as specified, prizes provided by third parties cannot be guaranteed. 8. No purchase is necessary. 9. Entrants agree to take part in future publicity. 10. Standard network charges apply. **Mobile terms:** Standard network charges apply. Your handset must be web-enabled. You'll receive a link to the Nuts Real Girls mobile site. You may incur WAP and data charges from your network operator depending on your operator and contract type. For full terms and conditions, visit [www.nuts.co.uk/about/terms.html](http://www.nuts.co.uk/about/terms.html). Customer Care 0117 307 9521. This is not a subscription service.

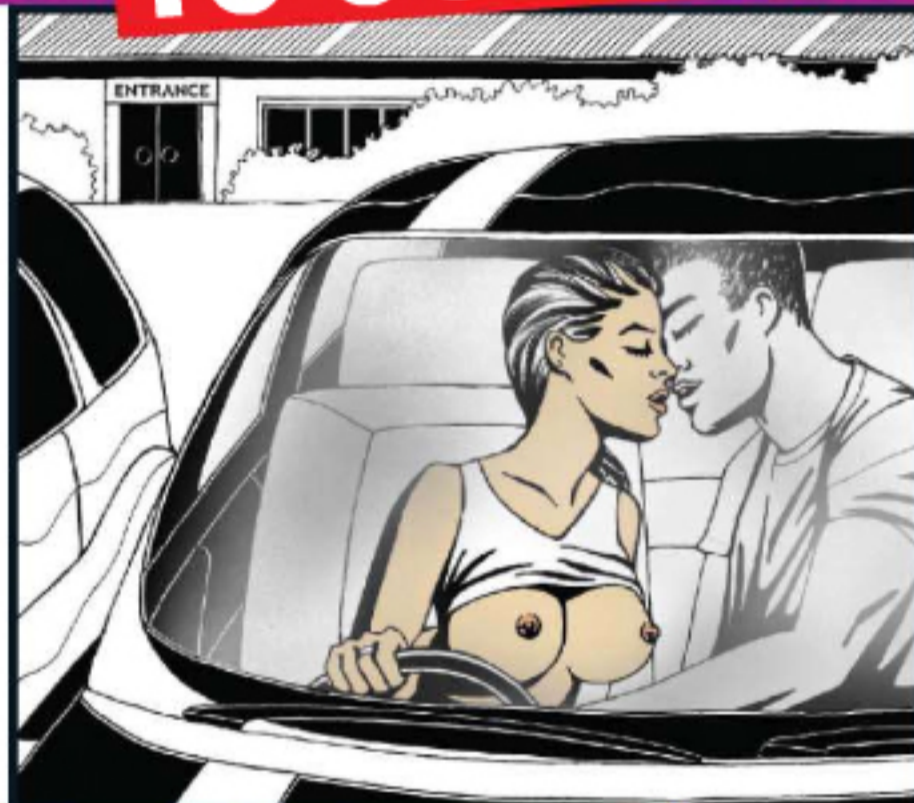
**BACK ISSUES** For all Nuts back issues, call John Denton Services on 01733 385170, fax 01733 239356

# LADIES CONFESS!

100%  
REAL  
STORIES!

TO OUR SECRETARY!

IT'S LOU!



## CONFESSION OF THE WEEK!

### 'We steamed up the car'

I go to college a few days a week for a beauty course. There's a massive car park and every day when I park, I see a hot guy in his car enjoying a cigarette. We'd been sharing eye contact for weeks and exchanged a few sexy comments. One day as I parked, I was feeling really naughty so I invited him over to my car. I saw the excitement in his eyes as he raced over. Within minutes we were snogging and he had his hands down my top, caressing my hard nipples. The car steamed up quite quickly and I soon had my hands on his crown jewels. I slid my wet lips down over his erection and moved him in and out of my warm mouth. He could barely contain his groans and was coming in no time. We now meet regularly for saucy car sessions!

*Sarah, Barnes*

### 'He took me from behind'

Having been full of a cold and nasty chest infection for over a week, I couldn't wait to see my man. As soon as my doorbell

went, I raced out and gave him a full-on kiss, enjoying his lips and tongue as it delved into my wet mouth. He followed me into the kitchen where I was chopping some veg for dinner. I felt his lips on my neck and his

hand moved to the front of my tracksuit bottoms. He kissed the back of my neck and I moaned as his fingers slid inside me. I was wet, and with his free hand, he unbuttoned his jeans to release his erection, while I bent over to take his shaft. As he pumped against me, I bent over the counter, sending the chopping board and veg flying. It was hot and horny, and I loved glancing back and seeing my bum bang against his tight stomach. I hope he welcomes me exactly like that next time he comes over!

*Lisa, Romford*

### 'The whole cinema saw us'

My boyfriend celebrated our four-year anniversary with a long weekend in Amsterdam. We went out to a bar and after a few drinks, he persuaded me to check out a cinema with him. When we'd paid our money and found a seat, I quickly realised that I was the only girl in there, and the only movies playing were porn! I felt uncomfortable at first and I soon realised that some of the men in the cinema were more interested in looking at me than at the screen. My boyfriend and I decided to play to the crowd, so I unzipped his trousers to see he was quite excited by the prospect. I took his large, throbbing member in my mouth and proceeded to run my lips up and down until he came. Once I'd swallowed, I looked up to see not a single

eye on the screen. Those moviegoers certainly got their six euros worth that night and we went home to have the best sex of our relationship, thinking about those people watching us!

*Tara, South Wimbledon*

### 'She kissed me all over'

I'm not big into clothes shopping but when my new neighbour suggested a girl's day out to help spend her work bonus, I couldn't refuse. After getting a few bits, we were walking through a car park on our way home when she admitted she knew of a storage room in the car park where she and her old colleagues used to go for a smoke, so I asked her to show me. Giggling, she grabbed my hand and ran towards the door, stopping to give me a kiss. I felt myself flush as I thought about what could happen. As soon as we closed the door, she had her hands all over me. She kissed me all over and gave me oral on a pile of boxes. I can't wait to go shopping again now!

*Kylie, by email*

## Win £50!



Ladies, send your raunchiest confessions to [louise.prior@ipcmedia.com](mailto:louise.prior@ipcmedia.com) or to the address on page 72. The best one each week\* wins £50! Come on, girls!

# Nuts FASHION

Look smart while dressing down!

PHOTOS: JIM LINCOLN

## 10 colourful tees!



**VANS £23**  
A simple but cool classic from the skate legends.



**WORN FREE £35**  
This vintage design was once seen on rocker Alice Cooper!



**FAMOUS 5 £25**  
This is our favourite – we love the graphic!



**ADDICT £25**  
Perfect for upcoming beer garden weather.



**ESPRIT £12**  
Bargain T-shirt,  
perfect for your  
summer hols.



**WEEKEND  
OFFENDER £25**  
Perfect for a night  
on the town.



**PENFIELD £30**  
These designers  
make a cracking  
logo tee.



**SUPREMEBEING £25**  
Brighten up your  
wardrobe with  
this style.

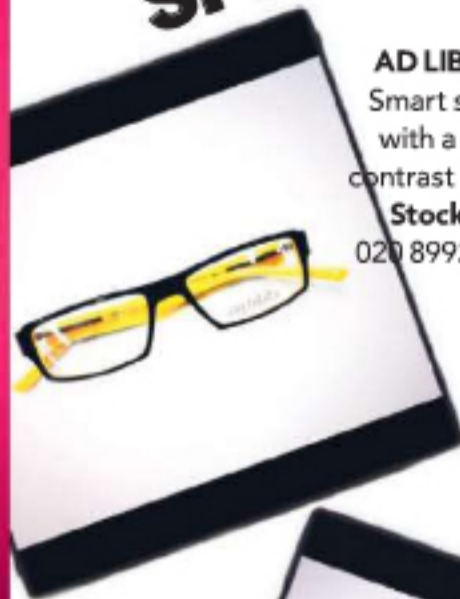


**SECOND  
SON £30**  
This London-  
based brand has  
some ace tees.



**GOODIE TWO  
SLEEVES £20**  
Check out more  
designs from these  
guys – they're great.

## 5 MAN SPECS!



**AD LIB £95**  
Smart specs  
with a cool  
contrast colour.  
**Stockist:**  
020 8992 9911

**RAY BAN £109**  
Ray Ban knows  
how to turn out  
good glasses.  
**Stockist:**  
0844 264 0870



**PUMA £95**  
A sporty option  
if you're not into  
chunky frames.  
**Stockist:**  
020 8992 9911



**POLO RALPH  
LAUREN £105**  
Top designer  
specs. **Stockist:**  
[davidclulow.com](http://davidclulow.com)



**DKNY £135**  
A lightweight  
take on the  
black frame.  
**Stockist:**  
0844 264 0870



**Nuts 75**

# Nuts REVIEWS

## GAMES!



Shift 2 is the first and only place you can play with Pagani's new Huayra hypercar

### NEED FOR SPEED – SHIFT 2: UNLEASHED

PC, PS3, XBOX 360



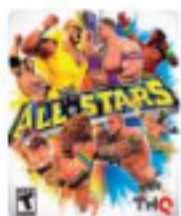
Need For Speed's more realistic younger brother hits its sequel stride just four months after *Hot Pursuit*

dropped. It's your usual roster of unobtainable metal, but with the emphasis on a more realistic track experience. And it's just different enough to warrant a dip into your wallet. ★★★★★



### WWE ALL STARS

ALL FORMATS



Decades of WWE stars all scrapping together in matchups that roll back the years. Good fun! ★★★★★



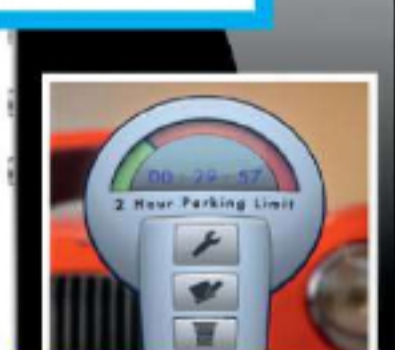
### TIGER WOODS PGA TOUR 12: THE MASTERS

ALL FORMATS



Immense realism, a full roster of golfers and more courses to find the out-of-bounds of. If you like golf, get it! ★★★★★

## APPS!



### HONK

IPHONE, IPOD TOUCH, IPAD



Park up, set the on-screen meter, then when it's time to head back

to your car, it'll let you know – and give you directions to get you there. Genius! ★★★★★

### ILAZER

IPHONE, IPOD TOUCH, IPAD



As everyone knows, lasers are ace (just not at football games!), and

this app lets you add them to your pics! User-friendly, and with cool sound effects. ★★★

## DVDS/BLU-RAY!

Machete began as a fake trailer used to accompany 2007 flick *Grindhouse*



### MACHETE

DVD & BLU-RAY CERT 18



Robert "Sin City" Rodriguez's violent actioner. Danny Trejo stars as an ex-cop, the not-so-shy-and-retiring Machete Cortez,

who survives an assassination

attempt while on a hit himself and takes revenge in the only way he knows how – by going on a killing spree! Thoroughly entertaining stuff, with Robert De Niro as a crooked politician, and hotties Jessica Alba, Michelle Rodriguez and Lindsay Lohan. ★★★★★

### UNSTOPPABLE

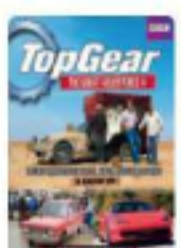
DVD & BLU-RAY CERT 18



There's so much tension in this film, we almost broke our fingers, we were gripping our chair so tight! An ace watch! ★★★★★

### TOP GEAR: THE GREAT ADVENTURES 4

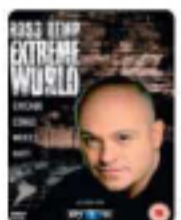
DVD & BLU-RAY



The trio recreate the journey of the Three Wise Men, and take road trips across America and Albania. As brilliant as always. ★★★★★

### ROSS KEMP: EXTREME WORLD

DVD & BLU-RAY CERT 15



The actor travels to parts of the world with more than a few problems, such as drug-ravaged Chicago. ★★★★★

## MUSIC!



### VARIOUS ARTISTS

GUILTY PLEASURES



Cheesy mix of '80s songs you should hate, yet you love! Includes Toto,

Wham!, and, of course, *Don't Stop Believing!* Love it! ★★★★★

### VARIOUS ARTISTS

HED KANDI: BECK TO DISCO



Three-CD disco treat, tracing the music from its '70s origins through to

modern hitmakers. Time to dust off those flares! ★★★★★

**MOVIES!**

Director Duncan Jones is David Bowie's son – and his middle name is Zowie!

**SOURCE CODE** CERT 12A

Jake Gyllenhaal plays an Army chopper pilot who finds himself trapped in a cockpit and part of a bizarre experiment. Caught in a time loop, he's forced to live the last eight minutes of another man's life to find the clues to stop

a terrorist (it's just as confusing as it sounds). This ace mind-bender from the makers of *Moon* will keep you guessing and also stars the lovely Michelle Monaghan. Think *Groundhog Day* meets *Bourne Identity*. On a train! ★★★★★



**ESSENTIAL KILLING**  
CERT 15

Vincent Gallo stars in this weird-but-compelling tale of a Taliban terrorist on the run through snowbound Russian forests after escaping rendition. ★★★



**Nuts PROMOTION**

**Play Bejeweled  
Hypercash™ and  
win big!** **BEJEWELED  
HYPERCASH.**

WIN  
UP TO  
£10,000!



PAYTABLE	
6 pays	3x
7 pays	4x
8 pays	5x
9 pays	6x
10 pays	7x
11 pays	8x
12 pays	9x
13 pays	10x
14 pays	11x
15 pays	12x
16+ pays	13x
9x wins	3x
8x wins	1x
7x wins	1x
Total Winnings	52.5

Turn Bejeweled® Gems into Big Money Wins!

GET UP TO **£200 FREE PLAY\*** ON BEJEWELED HYPERCASH!  
SIGN UP TODAY AND ENTER PROMO CODE **NUTSD13**

**WWW.NUTSGAMES.CO.UK**

TV GAMES INSTANT WIN SCRATCH CARDS BINGO CASINO GAMES

\*200% DEPOSIT BONUS UP TO £200 FOR NEW CASH MEMBERS ONLY. MINIMUM £10 DEPOSIT REQUIRED - EG DEPOSIT £100 AND WE'LL GIVE YOU AN EXTRA £200 FREE PLAY ON TOP. TO RECEIVE THIS OFFER, YOU MUST ACCEPT THE SIGN-UP BONUS WHEN REGISTERING. SUBJECT TO TERMS AND CONDITIONS OF THE OPERATOR, AVAILABLE AT WWW.NUTSGAMES.CO.UK, FOR 24-HOUR HELP AND SUPPORT, FREEPHONE 0800 458 0770. OVER-18S ONLY. PLEASE PLAY RESPONSIBLY. WWW.GAMBLEAWARE.CO.UK CLOSING DATE: 12 APRIL 2011

# Nuts TV

The section that constantly changes captain!

**Nuts!**  
7-DAY TV  
LISTINGS  
GUIDE!

"Er, I don't think that's how you do the Heimlich manoeuvre"



**FRIDAY**

**Cartoon comedy genius!**  
The Simpsons *Sky 1/HD, 8pm*

"I shouldn't have ignored the petrol station 'no smoking' signs"



**SATURDAY**

**All-action Angelina!**  
Wanted *ITV1, 9.45pm*

"Didn't you tell him you kept your pet piranha in there?"



**WEDNESDAY**

**Time-travelling comedy!**  
Hot Tub Time Machine *Sky Movies Prem, 8pm*

"Ooh, is that a belly button piercing, David?"



**WEDNESDAY**

**Massive European clash!**  
Chelsea vs Man United *ITV1, 7pm*



"Er, should we tell him he's left his lights on?"

**Fifth Gear** Channel 5, 7.30pm  
**CARS** TV's second-best motoring mag returns, with Jason Plato testing the new Nissan GT-R in Abu Dhabi and Vicki Butler-Henderson taking the Audi RS3 for a spin in Monaco. Lucky them! ★★★



"OK, you win—the waxwork looks nothing like James Bond!"

**The Simpsons** Sky 1/HD, 8pm  
**COMEDY** Blimey, they're all in this one! Ricky Gervais, Russell Brand, Nick Park, Halle Berry, and all because Bart's *Angry Dad* cartoon has been turned into an award-nominated short film! ★★★★★



He wasn't the subtlest stalker

**True Blood** FX/HD, 10pm  
**DRAMA** Everything's wrapped up nicely in this season finale, including Eric's attempt to kill the King, Bill double-crossing everyone and La Fayette seeing bad things... Blinding! ★★★★★

6am

7pm

1am

**one**

6.00am Breakfast 9.15 A Hundred Years of Us 10.00 Homes Under the Hammer 11.00 Britain's Empty Homes 11.30 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 32 Brinkburn Street 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

**TWO**

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 Meerkat Manor (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Diagnosis Murder (R) 1.45 To Buy or Not to Buy 2.30 Restoration Roadshow (R) 3.00 Flog It! (R) 3.45 Helicopter Heroes (R) 4.30 Pointless 5.15 Escape to the Country (R) 6.00 Eggheads (R) 6.30 Royal Upstairs Downstairs

**itv 1**

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titchmarsh Show 4.00 Midsomer Murders (R) 5.00 The Chase (R) 6.00 Regional News, Weather 6.30 ITV News

**4**

6.05am Salt Mali (R) 6.10 Max Bear 6.25 The Hoobs (R) 7.15 Freshly Squeezed 7.45 Everybody Loves Raymond (R) 8.05 Frasier (R) 8.40 Friends (R) 9.10 Supremacy USA 10.00 Brothers & Sisters 10.55 Gok's Fashion Fix (R) 12.00noon News 12.05pm Designers Under Pressure (R) 12.25 **ITV** The Thief: Cold Warspy thriller. 2.05 Cookery School 3.10 Countdown 3.55 Deal or No Deal 5.00 Fem 6.00 The Simpsons (R) 6.30 Hollyoaks

**5**

6.00am Milkshake! 9.15 The Wright Stuff 11.05 Brighton Beach Patrol (R) 12.05pm The Family Recipe (R) 12.10 5 News Lunchtime 12.20 House (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 The Family Recipe (R) 3.15 **ITV** Honeymoon with Mom: Comedy starring Shelley Long. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

**sky 1**

7pm The Simpsons Lisa gets a Mypod. (R)  
 7.30 The Middle Frankie and Mike try to make Valentine's Day special. (HD)  
**8.00 The Simpsons** **MUST-SEE** With Ricky Gervais and Russell Brand. (HD)  
 8.30 Modern Family Mitchell throws Lily a party for her second birthday. Cue more uncomfortable laughs. (HD)  
 9.00 Raising Hope Jimmy tries to resurrect his old man's music career. (HD)  
 9.30 A League of Their Own With guest panellists Boris Becker and Clare Balding. (HD)  
 10.30 Spartacus: Gods of the Arena Oenomaus contemplates the end of his career.  
 11.45 Louie Spence's Showbusiness The dance teacher puts together a revue show. Forget it! (R) (HD)

7.00 The One Show Topical nattering.  
 7.30 Rip Off Britain Consumers complain about being on the wrong end of rubbish deals.  
 8.00 EastEnders More people go around talking a right load of old pony.  
 8.30 QI With Johnny Vegas, David Mitchell, Rob Brydon and Alan Davies – top guests, the lot of 'em! (R)

7.00 Britain by Bike Clare Balding visits the Highlands. Blimey – does she have any idea how steep those things are? (R)  
 7.30 An Island Parish Fr Roddy competes in a half-marathon race. We presume this involves 20 laps of the island.  
 8.00 Mastermind The third semi-final of complicated questions. Give it a miss.  
 8.30 Gardeners' World Trowel-clutching nonsense.

7.00 Emmerdale More rural ruckuses.  
 7.30 Coronation Street Steve has a look for Amy's passport. Oh, the suspense!  
 8.00 Children's Hospital Shaun Malone leaves hospital after six gruelling months.  
 8.30 Coronation Street Liz demands to know what Steve is hiding. Could it be Amy's passport?

7.00 News  
 7.25 4thought.tv  
 7.30 Unreported World The plight of child soldiers in Eastern Congo. Scary stuff.  
 8.00 A Place in the Sun: Home or Away **ITV** Searching for properties in Hertfordshire and Italy. Dull!

7.00 5 News at 7  
**7.30 Fifth Gear** **MUST-SEE** OK, so it's not *Fifth Gear*, but Channel 5's answer to the genius BBC car series is still worth checking out. The presenters put the Audi RS3 through its paces, among other stuff.  
 8.00 Ice Road Truckers More slipping and sliding.  
 9.00 The Mentalist A gold prospector is killed.

10.00 Law & Order Green and Cassidy are assigned the case of a mass murderer who's escaped from the slammer.  
 10.55 CSI: Miami The team investigate a petrol-siphoning operation. (R)  
 11.55 Cops in Crisis Harrowing tales of survival told by police officers. (R)

9.00 New Tricks The squad reinvestigate the death of a timeshare magnate. (R)  
 10.00 News, Weather  
 10.35 Michael McIntyre: Live & Laughing Stand-up comedy with the posh laugh-generator. (R)  
 11.35 The National Lottery Friday Night Draws The lottery officially gets edgy – this has a performance by Chipmunk!

9.00 The British at Work Kirsty Young explores employment. She's loads of fun like that.  
 10.00 Frank Skinner's Opinionated With Katy Brand and Ross Noble.  
 10.30 Newsnight  
 11.00 The Review Show Nothing to see here...  
 11.50 London to Brighton **ITV** A prostitute and a homeless girl go on the run from a violent thug seeking revenge for his gangster father's death. Lorraine Stanley stars.

9.00 Benidorm The holiday-makers look forward to an '80s night. Expect big hair.  
 10.00 ITV News, Weather  
 10.35 The Cube A firefighter from Gloucester competes in the game show. (R)  
 11.35 Take Me Out Bloopers try to impress 30 single women by wrestling, singing, fire-eating and flirting their way into the ladies' hearts. What's wrong with just buying them a drink? (R)

9.00 Embarrassing Bodies A man who has to breathe through a hole in his neck.  
 10.00 Friday Night Dinner Half-decent dinner-table laughs as Adam tries to celebrate his birthday.  
 10.30 Rude Tube: Rude Tunes Music makers who've shot to stardom thanks to the internet. (R)  
 11.35 10 O'Clock Live With David Mitchell. (R)  
 12.40am Music on 4: Mercury Prize Sessions A performance by the Young Knives.

12.55 4Play: Beardy Man Beat-boxer Darren Foreman.  
 12.30am The Zone

1.15am Sign Zone: Natural World (R) 2.15 Baking Made Easy (R) 2.45 The Boat That Guy Built (R) 3.15-6.00am BBC News

1.10-3.15am BBC News

2.35 In Plain Sight: Drama. (R) 3.20-5.30am ITV Nightscreen

1.10 **ITV** I Heart Huckabee: Comedy. 2.55 My Name Is Earl (R) 3.15 My Name Is Earl (R) 3.40 **ITV** Kiki's Delivery Service (Subtitled) 5.20-6.10am Countdown (R)

3.55 The FBI Files (R) 4.45-5.10am Motorsport Mundial



**Cricket World Cup**  
**SPORT** Sky Sports 1/HD, 9am The final from the hilariously named Wankhede Stadium. Holders Australia won't be involved, and we doubt England will be either. It'll still be good fun though! ★★☆☆



**Boardwalk Empire**  
**DRAMA** Sky Atlantic/HD, 9pm If you didn't know already, Agent Van Alden is crazy as batsh\*t, as tonight's jaw-dropping penultimate episode proves. We also meet Jimmy's mysterious dad. ★★★★★



**Wanted** ITV1, 9.40pm  
**FILM** James McAvoy is the loser office worker who turns out to be the son of an assassin, while Angelina Jolie is the seriously hot sharp-shooter who guides him in this ace action-fest. ★★★★★

6am

7pm

1am

**one**  
**6.00am** Breakfast **10.00** Saturday Kitchen Live **11.30** BBC News, Regional News, Weather **11.45** **SPORT** Football Focus **12.30pm** **LIVE** Match of the Day. Leeds vs Forest, kick-off 12.45pm. **2.55** **LIVE** Galaxy Quest: Sci-fi comedy starring Tim Allen and Sigourney Weaver. **4.30** **SPORT** Final Score **5.15** BBC News, Regional News, Weather **5.30** All New Total Wipeout: The Awards **6.30** So You Think You Can Dance

**TWO**  
**6.00am** CBeebies **7.00** CBBC **12.00noon** Coast (R) **12.15pm** Diagnosis Murder (R) **1.00** **LIVE** The Prince and the Showgirl: Romantic comedy starring Laurence Olivier. **2.55** Priceless Antiques Roadshow (R) **3.25** Escape to the Country (R) **4.25** Flog It! (R) **4.55** **LIVE** Carry On Again Doctor: Comedy starring Kenneth Williams. **6.20** Dad's Army (R) **6.50** Welsh Greats (R)

**itv 1**  
**5.30am** ITV News **6.00** CITV **9.25** Coronation Street **11.45** This Morning: Saturday **12.45pm** Monk **1.40** ITV News, Weather **1.45** You've Been Framed! (R) **2.15** **LIVE** Like Mike: Teen sporting comedy starring Lil' Bow Wow. **4.05** **LIVE** Crocodile Dundee in Los Angeles: Comedy sequel starring Paul Hogan. **5.45** Regional News, Weather **5.55** ITV News **6.10** New You've Been Framed! **6.40** Harry Hill's TV Burp Compilation

**4**  
**6.10am** Sali Mail (R) **6.15** The Hoops (R) **7.05** **SPORT** FIM Superbike World Championship (R) **7.30** **SPORT** The Grid **8.00** **SPORT** The Morning Line **9.00** M: Friends (R) **9.30** Rio: T4 Movie Special **10.00** Friends (R) **10.30** Glee **11.25** Great British Hairdresser **12.30pm** The Big Bang Theory (R) **1.25** **LIVE** That Paralympic Show **1.55** **LIVE** Racing **3.55** The Secret Supper Club **4.25** Come Dine with Me Extra Portions (R) **6.30** News **6.55** 4thought.tv

**5**  
**6.00am** Milkshake! **10.00** Chinese Food in Minutes **10.10** Fifth Gear (R) **10.40** The Gadget Show (R) **11.40** Megastructures: Extreme Bridge Demolition (R) **12.45pm** **LIVE** Up Periscope: War-time adventure starring James Garner and Edmond O'Brien. **2.55** **LIVE** The Sea Chase: Second World War adventure starring John Wayne. **5.05** **LIVE** Anzio: Second World War drama with Robert Mitchum.

**sky 1**  
**7pm** The Simpsons  
 Bart and Lisa enrol in a military academy. (R)  
**7.30** The Simpsons  
 Marge begins work as a church volunteer. (R)  
**8.00** Futurama  
 Bender finds fame as a TV superstar. Brilliant! (R)  
**8.30** Futurama  
 Fry makes a deal with the Robot Devil. (R)  
**9.00** Beverly Hills Cop  
**LIVE** Classic comedy thriller starring Eddie Murphy.  
**11.05** Ross Kemp: Battle for the Amazon  
 Examining the pressures facing the region. Grim but compelling stuff. (R)(HD)  
**12.05am** Vic Reeves Investigates Jack the Ripper  
 The mystery behind the notorious killer. (R)

**7.30** The National Lottery: Secret Fortune  
 Dull quiz show with Nick Knowles.  
**8.25** Casualty  
 We wish the lottery was still on. That's how much we dislike this.  
**9.15** Live at the Apollo  
 Stand-up laughs from London. (R)  
**10.00** News, Weather  
**10.20** Match of the Day  
**SPORT** Highlights of today's Premier League matches, including the Hammers vs Man United and Arsenal vs Blackburn.

**7.20** The Last Goon Show of All  
 Oldie comedy with Peter Sellers and Harry Secombe. (R)  
**8.00** Edward VII: Prince of Pleasure  
 Unravelling the mystery of the monarch. One for beardy types with too much time on their hands. (R)  
**9.00** Goldie's Band: By Royal Appointment  
 The 12 chosen youngsters develop their performance skills.  
**10.00** The Tudors  
 Henry is troubled by visions.  
**10.55** Nurse Jackie  
 Mrs Akalitus offers Eddie a job.  
**11.25** ICC Cricket World Cup Highlights  
**SPORT** Ball-knocking highlights from the final at in Mumbai, India. Ace!  
**12.25am** Frank Skinner's Opinionated  
 With Katy Brand and Ross Noble. (R)  
**12.55-2.40am** The Rainbow  
**LIVE** Ken Russell's period drama based on DH Lawrence's novel. We suspect this isn't going to be for us.

**7.10** Ant & Dec's Push the Button  
 Two families compete for a big wad of cash. Lend us a tenner, will you?  
**8.25** Live Celebrity Who Wants to Be a Millionaire?: Mother's Day Special  
 With David Williams, Oily Murs and some EastEnders star or other.  
**9.40** Wanted  
**MUST SEE:** Brilliant fantasy action thriller starring James McAvoy and - even better! - Angelina Jolie.

**7.00** River Cottage Every Day  
 Hugh Fearnley-Whittingstall creates the ultimate cheese sandwich. OK, Hugh - we're listening... (R)  
**8.00** Seven Ages of Britain  
 The fifth age of Britain, from 1066 to 1350, charting the period between one complete catastrophe and another, probably. (R)  
**9.00** Transporter 2  
**LIVE** A highly-skilled professional driver sets out to rescue the son of a politician from a vicious drug dealer. Jason Statham stars in this and it's actually not bad at all!

**7.20** 5 News Weekend  
**7.25** NCIS  
 Tony has relationship problems. We've all been there, mate. (R)  
**8.20** CSI: Grissom's Greatest  
 The team struggles to piece together events leading to the murder of a showgirl. (R)  
**9.15** CSI: NY  
 The investigators must sift their way through partygoers to find a killer.  
**10.15** CSI: Miami  
 The mother of Horatio's son Kyle is involved in a murder. (R)

**11.15** CSI: Crime Scene Investigation  
 Two bodies are found buried under tar at a building site. (R)  
**12.15am** SuperCasino

**11.45** The Football League Show  
**SPORT** Low-league ball-boofing fun, including Leeds vs Forest, Burnley vs Ipswich, Rochdale vs Brighton and Burton vs Barnet. It's all happening!

**11.45** ITV News, Weather  
**12.00m** The Zone

**11.45** ITV News, Weather  
**12.00m** The Zone

**10.35** Stand Up for the Week  
 Excellent topical stand-up laughs with Kevin Bridges, Paul Chowdhry Jack Whitehall and Rich Hall.  
**11.25** Nine to Five  
**LIVE** Comedy starring Jane Fonda, Dolly Parton and Lily Tomlin. Yeah, we're going straight over to the last part of Match of the Day, too.

**1.30am** Sex in the '80s (R) **2.25** Privileged (R) **3.10** Privileged (R) **3.50** Ugly Betty (R) **4.35** Perfect Recall (R) **5.00** Countdown (R) **5.45-6.10am** Yo Gabba Gabba! (R)

**1.30am** Sex in the '80s (R) **2.25** Privileged (R) **3.10** Privileged (R) **3.50** Ugly Betty (R) **4.35** Perfect Recall (R) **5.00** Countdown (R) **5.45-6.10am** Yo Gabba Gabba! (R)

**1.10-6.00am** BBC News

**2.05am** Swingtown: Drama. (R) **2.55-5.30am** ITV Nightscreen

**2.05am** Swingtown: Drama. (R) **2.55-5.30am** ITV Nightscreen

**1.30am** Sex in the '80s (R) **2.25** Privileged (R) **3.10** Privileged (R) **3.50** Ugly Betty (R) **4.35** Perfect Recall (R) **5.00** Countdown (R) **5.45-6.10am** Yo Gabba Gabba! (R)

**4.00** The FBI Files (R) **4.50** Meals in Moments (R) **5.00** Hansel's Helpline (R) **5.10** The Milkshake! Show (R) **5.35** Thomas & Friends (R) **5.45-6.00am** Roary the Racing Car (R)

**9am** **MUST SEE** Cricket World Cup Final, Sky Sports 1. **11.30am** Inverness vs Celtic, ESPN. **12.30pm** West Ham vs Man United, Sky Sports 2. **4.45pm** Arsenal vs Blackburn, ESPN. **7pm** Strikeforce Challengers, Primetime.

**SATURDAY'S SPORT**

**SUNDAY'S SPORT**



"... and look, it even has a cup-holder in the door!"

### Hawaii Five-0

**DRAMA** Sky1/HD, 9pm The Five-0 team are called in when an armoured car loaded with cash is pinched and dumped in the ocean, dosh and all. Don't they know about recycling? ★★★



"Yeah, nice guns for an old fella"

### The Bucket List

**FILM** ITV1, 10.15pm Schmaltzy comedy about two terminally ill men – one of whom is a billionaire – enjoying a series of adventures before they die. Jack Nicholson and Morgan Freeman add a bit of class. ★★★



The Scouts aimed for a more streetwise new look

### Awaydays

**FILM** BBC2, 11.40pm Fans of hard-hitting Brit dramas like *This Is England* are in for a treat with this ace rites of passage tale of two music-loving hooligan casuals in Merseyside in 1979. Intense stuff! ★★★

#### one

6.00am Breakfast 7.30 **SPORT** Match of the Day (R) 9.00 The Andrew Marr Show 10.00 The Big Questions 11.00 Country Tracks 12.00noon The Politics Show 1.05pm EastEnders 3.00 Bargain Hunt 3.30 Escape to the Country (R) 4.30 Points of View 4.45 Songs of Praise 5.30 BBC News, Regional News, Weather 6.00 Nigel Slater's Simple Suppers (R) 6.30 The Boat That Guy Built (R)

#### TWO

6.00am CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 MasterChef (R) 12.30pm **LIVE** MotoGP: The Spanish Grand Prix. Start-time 1pm. 2.05 **SPORT** Viva Knievel!: Adventure. 3.45 **SPORT** The Gumball Rally: Comedy. 5.30 The Truth About Lions (R) 6.30 **SPORT** Jackie Stewart: The Flying Scot

#### itv 1

5.30am ITV News 6.00 CITV 9.25 May the Best House Win (R) 10.25 House Gift (R) 11.30 This Morning: Sunday 12.30pm Dinner Date (R) 1.30 ITV News, Weather 1.35 **SPORT** Columbo: Old Fashioned Murder: Murder mystery. 3.05 Torvill and Dean's Dancing on Ice Tour 2010 (R) 4.05 Midsomer Murders (R) 6.10 Harry Hill's TV Burp Compilation (R) 6.35 News, Weather 6.45 ITV News

#### 4

6.10am The Hoobs (R) 7.00 **SPORT** Freesports on 4 7.30 Crunchtime 7.55 T4: The Crush 8.25 Friends (R) 9.25 Hollyoaks 11.55 Glee (R) 12.55pm The Simpsons (R) 1.55 Four in a Bed (R) 4.25 Deal or No Deal 5.30 Time Team: The team dig around an old moat near Caerphilly. 6.30 News 6.55 4thought.tv

#### 5

6.00am Milkshake! 10.00 **SPORT** UEFA Europa League Highlights 11.05 André Rieu in New York 12.05pm Ice Road Truckers (R) 1.05 Emergency Bikers (R) 2.05 **SPORT** Prince Charming 3.50 **SPORT** 13 Going on 30: Romantic comedy starring Jennifer Garner. 5.45 5 News Weekend 5.50 **SPORT** High School Musical 3: Senior Year: Teen musical starring Zac Efron.

#### sky1

7pm The Middle Frankie and Mike aim for a romantic Valentine's Day as all the kids are out. (R)(HD) 7.30 Modern Family Mitchell throws Lily a party for her second birthday. (R)(HD) 8.00 Raising Hope Jimmy tries to resurrect his dad's music career. (R)(HD) 8.30 The Simpsons Homer and Bart create a cartoon. (R)(HD)

#### 7pm

7.00 Countryfile Matt Baker witnesses seabirds arrive for the start of the breeding season. So, it's like bird porn then.

8.00 Antiques Roadshow A pot that's not as ancient as it seems. Nope, it was from Tesco.

9.00 Waking the Dead The team investigate the mysterious death of a medical student.

10.00 News, Weather

10.25 Imagine: The Trouble with Tolstoy ...is that he was some boring old Russian writer. Give it a miss!

11.25 The Last Station **FILM** Drama about the life of boring old Russian writer – you guessed it – Tolstoy. There's a pattern here!

8.00 Top Gear Clarkson and the Hamster debate which company's made the greatest number of exceptional cars. Hmm, we'd argue for BMW. (R)

9.00 Louis Theroux: America's Most Hated Family in Crisis Theroux returns to Kansas to visit some loons who, after his last docu about them, now have him on their hate list too! Good luck, Louis!

10.00 Match of the Day 2 **SPORT** Action from this afternoon's top flight sphere-smacking, featuring Man City vs Sunderland and Fulham vs Blackpool.

11.00 The Football League Trophy Show **SPORT** Action from the Johnstone's Paint Trophy final Brentford vs Carlisle at Wembley.

11.40 Awaydays **MUST-SEE** Excellent football hooligan flick set in 1979, about a 19-year-old office clerk who has to prove himself to join a gang of local thugs. Quality!

7.00 The Cube **NEW** Strange game show which takes place within the confines of a large cube. Sounds like a game show of the future. But it's not.

8.00 Lewis **NEW** The long, dull crime drama returns. A reunion takes a tragic turn when a guest is found murdered.

10.00 ITV News, Weather

10.15 The Bucket List **MUST-SEE** Comedy drama about two old blokes who are dying. What's good about that? Well, it stars the always excellent Jack Nicholson and Morgan Freeman, that's what!

12.05am Premiership Rugby Union **SPORT** Egg-chasing action, including Saracens vs Bath, Northampton vs Sale and Harlequins vs Leicester.

12.50 The Zone

7.00 Come Dine with Me Four randoms go head-to-head in an almighty battle to the death. Or at least make dinner for each other.

8.00 Civilization: Is the West History? Westside? Eastside? Don't care side?

9.00 Country House Rescue A ramshackle rural pad.

10.00 The Magdalene Sisters **FILM** Fact-based drama set in mid-60s Ireland about three women sent to work the Magdalene Laundries run by the Church. We're falling asleep just telling you that.

12.15am Lost in Translation **FILM** Bittersweet romantic drama starring the excellent Bill Murray and the seriously hot Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a friendship in a Tokyo hotel.

8.10 Just Married **FILM** Rom-com about a newlywed couple who have a disastrous honeymoon and return wondering if their marriage can work. Do you care? No, us neither.

10.00 Two Weeks Notice **FILM** Not! More rom-com rubbish, this time starring Sandra Bullock and Hugh Grant. A liberal lawyer goes to work for a billionaire property tycoon, the pair fall in love and live happily ever after. Or at least that's what we assume happens.

12.00m't The Simon Cowell Factor Docu exploring the career of the bloke with the amazingly square head, those super-high-waist trousers and shiny teeth. (R)

1.10am The Sky at Night 1.35 Sign Zone: MasterChef (R) 2.35 Holby City (R) 3.35 Men of Rock (R) 4.35-6.00am BBC News

1.20am BBC News 4.35-5.05 **SPORT** The Super League Show

2.00 **FILM** DQ: Dead or Alive: Adventure starring Devon Aoki, Jaime Pressly and Holly Valance. 3.25-5.30am ITV Nightscreen

2.05 Amelia and Michael 2.15 Never Did Me Any Harm 3.15 The Play's the Thing 4.10 Without a Trace 4.55 Wogan's Perfect Recall 5.20-6.05am Countdown (R)

1am Super Casino 4.00 FBI Files 4.50 Meals in Moments (R) 5.00-6.00am



facebook

Join 1000s of other fans on our official page.

facebook.com/nuts.magazine



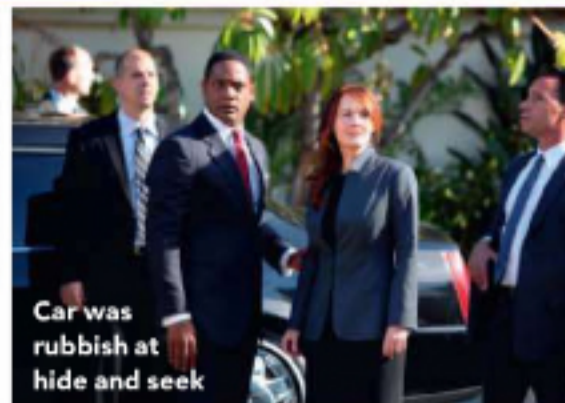
"Welcome to Ashley Cole's skill school!"

**The Kingdom** **ITV4, 9pm**  
**FILM** Corking gung-ho actioner about an FBI team who head to Saudi Arabia to investigate a terrorist attack in a Western civilian compound and find themselves hampered at every turn. ★★ ★★



Inspector Gadget had really matured

**Bored To Death**  
**DRAMA** **Sky Atlantic/HD, 10.20pm**  
 Jonathan fails to win back his girlfriend, so takes a case to distract himself – the client wants him to find out if her bloke is cheating. Zach Galifianakis is ace! ★★ ★★



Car was rubbish at hide and seek

**The Event** **Channel 4, 11.05pm**  
**DRAMA** The alien-bothering drama continues with Martinez and Sterling having the sleepers surrounded. Slick, fast-moving and utterly silly – and there's nothing wrong with that! ★★ ★

## one

**6.00am** Breakfast **9.15** **NEWS**  
 Neighbourhood Blues **10.00**  
 Homes Under the Hammer (R)  
**11.00** Britain's Empty Homes  
**11.30** Cash in the Attic (R) **12.15pm**  
 Bargain Hunt **1.00** BBC News,  
 Weather **1.30** Regional News,  
 Weather **1.45** Doctors **2.15** **NEWS**  
 Justice **3.00** BBC News, Weather,  
 Regional News **3.05** CBBC **5.15**  
 Weakest Link: Angry quiz. **6.00**  
 BBC News, Weather **6.30** Regional  
 News Programmes, Weather

## TWO

**6.00am** CBeebies **7.00** CBBC **8.30**  
 CBeebies **11.35** Meerkat Manor (R)  
**12.00noon** Daily Politics **12.30pm**  
 GMT with George Alagiah **1.00**  
 Diagnosis Murder (R) **1.45** To Buy  
 or Not to Buy **2.30** Real Rescues (R)  
**3.00** Cash in the Celebrity Attic (R)  
**3.45** Flog It! (R) **4.30** Pointless  
**5.15** Escape to the Country (R) **6.00**  
 Eggheads **6.30** **NEWS** Great British  
 Menu: Northeastern chefs create  
 their most impressive starters.

## itv 1

**5.30am** ITV News **6.00** Daybreak  
**8.30** Lorraine **9.25** The Jeremy  
 Kyle Show **10.30** This Morning  
**12.30pm** Loose Women  
**1.30** ITV News **1.55** Regional  
 News, Weather **2.00** 60 Minute  
 Makeover **3.00** The Alan  
 Titchmarsh Show **4.00** Midsomer  
 Murders (R) **5.00** **NEWS** Britain's  
 Best Dish: Hey, look – it's another  
 new cookery show! **6.00** Regional  
 News, Weather **6.30** ITV News

## 4

**6.05am** Salt Mali (R) **6.10** Max Bear  
**6.25** The Hoobs (R) **7.15** Freshly  
 Squeezed **7.40** Everybody Loves  
 Raymond (R) **8.05** Frasier (R) **8.35**  
 Friends (R) **9.10** Supremacy USA  
**10.00** Brothers & Sisters **10.55**  
 Relocation, Relocation **12.00noon**  
 News **12.05pm** River Cottage  
 Bites **12.10** Jamie at Home (R)  
**12.35** **NEWS** Sea Wife **2.10** Cookery  
 School **3.10** Countdown **4.00** Deal  
 or No Deal **5.00** Fern **6.00** The  
 Simpsons (R) **6.30** Hollyoaks

## 5

**6.00am** Milkshake! **9.15** The  
 Wright Stuff **11.05** The Blasters (R)  
**12.05pm** The Family Recipe (R)  
**12.10** 5 News Lunchtime **12.20**  
 House (R) **1.15** Home and Away  
**1.45** Neighbours **2.15** The Vanessa  
 Show **3.05** Chinese Food in Minutes  
**3.15** **NEWS** Recipe for Revenge:  
 Romantic suspense thriller starring  
 Kim Huffman. **5.00** 5 News at 5,  
 Weather **5.30** Neighbours (R) **6.00**  
 Home and Away (R) **6.25** OK! TV

## sky 1

**7pm** **The Simpsons**  
 Bart is on his best behaviour as  
 he tries to win the affections  
 of a girl at his school. (R)(HD)

**7.30** **The Simpsons**  
 Bart and Lisa frighten their  
 family with tales of terror. (R)

**8.00** **Rooftop  
 Rainforest**  
**NEWS** Wildlife expert Dusty  
 Gedge's attempts to build  
 an indoor rainforest.

**9.00** **Ross Kemp in  
 Search of Pirates**  
 Docu looking into the  
 devastating impact of piracy  
 in Nigeria, and not a parrot  
 or cutlass in sight. (R)(HD)

**10.00** **Spartacus:  
 Gods of the Arena**  
 Crixus tries to prove his  
 potential. (HD)

**11.15** **A League of  
 Their Own**  
 With Boris Becker and Clare  
 Balding. (R)(HD)

**12.15am** **Night Cops**  
 A fight erupts at a teenager's  
 party in Swindon. (R)(HD)

## MONDAY'S SPORT

**2.45pm** Cycling, Eurosport.  
**7.30pm** Football League: QPR vs  
 Sheffield United, Sky Sports 1. **12m't**  
 Major League Baseball: New York  
 Yankees vs Minnesota Twins, ESPN.  
**3am** Ice Hockey: San Jose Sharks  
 vs Los Angeles Kings, ESPN.

## TUESDAY'S SPORT

**2.45pm** Cycling, Eurosport.  
**7pm** **MUST-SEE** Champions  
 League: Real Madrid vs Spurs,  
 Sky Sports 2. **12m't** Major League  
 Baseball: Philadelphia Phillies  
 vs New York Mets, ESPN.

**7.00** **The One Show**  
 Topical chit-chat.

**7.30** **Bang Goes  
 the Theory**  
 Test tube-bothering fun.

**8.00** **EastEnders**  
 Michael suggests to Roxy that she  
 consider selling the salon. If you  
 care. You don't? Never mind then.

**8.30** **Finished at Fifty? -  
 Panorama**  
 The difficulties facing unemployed  
 people in their fifties.

**9.00** **Waking the Dead**  
 Sarah realises Boyd could be the  
 only person able to redeem her.

**10.00** **News, Weather**

**10.35** **A Question  
 of Sport**  
 Sports quiz, with top Bolton bonce-  
 basher, Amir Khan.

**11.05** **Late Kick Off**  
**SPORT** A round-up of the weekend's  
 Football League action.

**11.35** **The Big Easy**  
**FILM** Crime thriller set in New  
 Orleans and starring Dennis Quaid.

**7.00** **The Great Rift:  
 Africa's Wild Heart**  
 The geological forces that created  
 the Great Rift Valley. (R)

**8.00** **University  
 Challenge**  
 The heavy artillery of geeks are in  
 town with the Grand Final.

**8.30** **Lambing Live**  
**TV** An entire series dedicated to  
 the miniature clouds on legs.

**10.00** **Never Mind  
 the Buzzcocks**  
 Claudia Winkleman guest-hosts the  
 ace comedy music quiz. (R)

**10.30** **Newsnight**

**11.20** **Louis Theroux:  
 America's Most  
 Hated Family in Crisis**  
 The reporter returns to the Westboro  
 Baptist Church to meet some, er,  
 slightly unhinged types. (R)

**12.20am** **An Island Parish**  
 Windswept rubbish. (R)

**12.50** **BBC News**

**7.00** **Emmerdale**  
 Field-ploughing pop.

**7.30** **Coronation Street**  
 Gail urges Audrey not to sign over  
 the salon. Audrey must have been in  
 touch with Roxy over on EastEnders.

**8.00** **The Dales**  
 A farmer takes her dairy cows to the  
 Great Yorkshire Show. Let's hope  
 they had a nice day out.

**8.30** **Coronation Street**  
 Audrey refuses to listen to Gail.  
 Looks like you've got a sale, Roxy!

**9.00** **Law & Order: UK**  
 Brooks and Devlin investigate the  
 death of a six-month old boy.

**10.00** **ITV News, Weather**

**10.35** **Real Crime:  
 A Shot in the Dark**  
 Tony Martin, who shot two intruders  
 in his Norfolk home in 1999. (R)

**11.35** **River Monsters**  
 Jeremy Wade searches for a  
 legendary fish in Alaska that is said  
 to drag people down to an icy grave.  
 The bloke's clearly bonkers! (R)

**12.30am** **The Zone**

**7.00** **News**

**7.55** **4thought.tv**

**8.00** **Dispatches:  
 Cashing in on Degrees**  
 Docu about education.

**9.00** **One Born  
 Every Minute**  
 More heavily pregnant women have  
 TV cameras pointed at them as they  
 go into labour. Madness. (R)

**10.00** **Heston's 70s Feast**  
 A twist on the school-dinner staple  
 of spam fritters, lumpy mash and  
 cabbage. Anyone up for a pizza? (R)

**11.05** **The Event**  
**MUST-SEE** Sean and Vicky continue  
 their mission when they get a new  
 lead on the location of Dempsey.

**12.05am** **Music on 4:  
 The Album Chart Show  
 Introduces - Katy B**  
 A performance by the singer.

**12.20** **4Play:  
 Gypsy and the Cat**  
 Profile of the Aussie duo.

**12.40** **European  
 Poker Tour**  
**SPORT** Action from Barcelona,  
 featuring the likes of Roberto  
 Romanello and Jan Boublil.

**1.35** **Rome Wasn't Built in a Day:  
 Last in the series.** (R) **2.30** **Royal  
 Deaths and Diseases** (R) **3.25** **CodeX**  
 (R) **4.20** **The Bible: A History** (R)  
**5.15-6.00am** **Ugly Betty** (R)

**7.00** **5 News at 7**

**7.30** **How Do They Do It?**  
 A look at how to build a golf course  
 in the Dubai desert.

**8.00** **The Gadget Show**  
 Suzi Perry and Jason Bradbury  
 design video games. Hands up  
 those who are jealous. Yeah, us too.

**9.00** **Executive Decision**  
**FILM** Action thriller starring Kurt  
 Russell and Halle Berry. In keeping  
 with Channel 5 tradition, Steven  
 Seagal's in it – but only for a bit.

**11.45** **Undisputed**  
**FILM** Slammer drama starring Ving  
 Rhames, Wesley Snipes and Peter  
 Falk. Sent to prison for rape, the  
 world heavyweight boxing  
 champion gets into the ring with the  
 penitentiary's resident champ.

**1.30am** **SuperCasino** **4.05** **The  
 FBI Files** (R) **4.55** **Animal Rescue  
 Squad** (R) **5.10** **Wildlife SOS** (R)  
**5.35-6.00am** **House Doctor** (R)

NEW ISSUE ON SALE TODAY!

TODAY'S MUST-SEE TV PICKS!



"Hey, who filled the ball with helium?"

## Real Madrid vs Spurs

**SPORT** Sky Sports 2/HD, 7pm Spurs have done brilliantly to reach the quarter-finals in their first Champions League campaign. And their reward? Jose Mourinho's Madrid. Heck! ★★★★★



"Ah, rescuers! Give us a pull-up!"

## Campus Channel 4, 10pm

**COMEDY** Originally a comedy showcase, this Office-esque comedy set in a failing university now gets a full series. Andy Nyman's the super-creaky David Brent-a-like big boss. ★★★



He loved his electric shaver's "hands free" kit

## Later Live... BBC2, 10pm

**MUSIC** Jools Holland is back with a new series of brilliant bands. Tonight sees bleary-eyed singalongs from Liam Gallagher's Beady Eye, and epic aceness from Manchester's Elbow. ★★★

one

TWO

itv 1

4

5

sky 1

**6.00am** Breakfast **9.15** Neighbourhood Blues **10.00** Homes Under the Hammer (R) **11.00** Britain's Empty Homes **11.30** Cash in the Attic (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** News, Weather **1.45** Doctors **2.15** Justice **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather **6.55** Party Political Broadcast (R)

**6.00am** CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Meerkat Manor (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **12.55** Diagnosis Murder (R) **1.40** To Buy or Not to Buy **2.25** Real Rescues (R) **2.55** Cash in the Celebrity Attic (R) **3.40** Flo! It! (R) **4.25** Pointless **5.10** Escape to the Country (R) **5.55** Party Political Broadcast **6.00** Eggheads **6.30** Great British Menu

**5.30am** ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover **3.00** The Nan Titchmarsh Show **4.00** Midsomer Murders: Crime drama. (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.25** Party Election Broadcast **6.30** ITV News

**6.00am** The Treacle People (R) **6.10** Max Bear **6.25** The Hoobs (R) **7.15** Freshly Squeezed **7.40** Everybody Loves Raymond (R) **8.05** Frasier (R) **8.40** Friends (R) **9.10** Supernanny USA **10.00** Brothers & Sisters **10.55** A Place in the Sun: Home or Away (R) **12.00noon** News **12.05pm** **ITV** The Quiller Memorandum: Espionage thriller. **2.05** Cookery School **3.10** Countdown **4.00** Deal or No Deal **5.00** Fem **6.00** The Simpsons (R) **6.30** Hollyoaks

**6.00am** Milkshake! **9.15** The Wright Stuff **11.05** The Blasters (R) **12.05pm** Meals in Moments (R) **12.10** 5 News Lunchtime **12.20** House (R) **1.15** Home and Away **1.45** Neighbours **2.15** The Vanessa Show **3.05** Chinese Food in Minutes **3.15** **ITV** NYC: Tomado Terror: Disaster movie starring Nicole de Boer. **5.00** 5 News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** OK! TV

**7pm** **The Simpsons** Homer is jealous thanks to an old classmate. (R)(HD)

**7.30** **The Simpsons** Bart and Lisa visit Randall Curtis at his ranch. (R)

**7.00** **The One Show** Topical stories.

**7.30** **EastEnders** Masood's decision to cut corners has tragic consequences. Oh dear.

**8.00** **Holby City** Medical misery.

**9.00** **Candy Cabs** **ITV** Business gets off to a bad start for an all female taxi firm. Think this one's for the ladies, chaps.

**7.00** **The Great Rift: Africa's Wild Heart** A look at the waterways of the Great Rift Valley in East Africa. Coast set in Africa, basically. (R)

**8.00** **Lambing Live** Wool-related wittering.

**9.00** **Filthy Cities** **ITV** A grime-filled journey through the histories of three major international cities. Urgh!

**7.00** **Emmerdale** More manure. Literally.

**7.30** **Grimefighters** An extreme clean-up team get a shock during a visit to an insect-infested property. Horrible!

**8.00** **Countrywise** **ITV** The team visit Dorset's Jurassic coastline. Nope, this is nothing to do with Jurassic Park - it's way less interesting than that.

**7.00** **News**

**7.55** **4thought.tv**

**8.00** **Supersize vs Superskinny** A comfort eater trades places with an 18-year-old who has neglected her diet, then all hell breaks loose. Something like that, anyway.

**9.00** **Katie: My Beautiful Friends** Katie Piper tries to improve the confidence of a 21-year-old with a disfigured face and spine.

**7.00** **5 News at 7**

**7.30** **Extraordinary Dogs** A canine team of 15 that guards livestock. With guns, or just teeth?

**8.00** **Tsunami: British Search & Rescue** The work of search and rescue teams in the aftermath of the tragedy.

**9.00** **CSI** One of Grissom's former lovers is suspected of murder.

**10.00** **CSI: Miami** A death row inmate is granted a stay of execution in the light of new evidence. Sweet! (R)

**8.00** **Rooftop Rainforest** The project comes to an end, as Dusty Gedge races to complete his artificial rainforest.

**9.00** **Beverly Hills Cop** **ITV** Ace comedy thriller with Eddie Murphy as a cocky Detroit police detective investigating a friend's murder in Beverly Hills.

**11.05** **Rio Special** Preview of the new animated movie. (R)(HD)

**11.35** **Fringe** Walter's worried following the team's visit to Massive Dynamic. (R)(HD)

**10.00** **News, Weather**

**10.35** **See You in Court** Docu charting 12 libel cases over the course of two years. May we draw your attention to ITV? Thanks.

**11.25** **The World's Worst Place to Be Gay?** Scott Mills travels to Uganda.

**12.30am** **Sign Zone: Michel Roux's Service** Fancy food for posh people. (R)

**10.00** **Later Live - with Jools Holland** **MUST-SEE** With Liam Gallagher's new band, Beady Eye and Nuts loves, Elbow. Excellent stuff!

**10.30** **Newsnight**

**11.20** **Perfume: The Story of a Murderer** **ITV** Period drama (keep reading - this one's actually alright!) about an 18th-century orphan with an uncanny sense of smell who becomes a serial killer.

**12.35am** **BBC News**

**9.00** **Smugglers** First of a two-part docu exposing the work of organised crime gangs.

**10.00** **ITV News, Weather**

**10.35** **The Matrix** **ITV** It's been on a million times before, so you know what this one's about. But, if you've been living under a rock, Keanu Reeves is a computer hacker who finds out he's destined to save humanity.

**10.00** **Campus** **MUST-SEE** Ultra-creaky comedy about the staff at a rubbish University. Well worth a watch.

**11.10** **Pete Versus Life** Jake reveals an intimate secret about his sex life to Pete. (R)

**11.45** **School of Comedy** The teenage comics perform sketches including foul-mouthed farmers and two peculiar opticians.

**12.15am** **UK & Ireland Poker Tour** **ITV** Action from Nottingham, where pros take on locals.

**10.55** **CSI: NY** A man is killed by an exploding cigar. That's one way to give up smoking. (R)

**11.55** **CSI** A volunteer disappears during a magic act. Piff, paff, poof! (R)

**12.55am** **Super Casino**

**12.35am** **Brit Cops: Frontline Crime UK** A look at the work of police officers in Devon. (R)

**1.30** Bang Goes the Winter Weather Special: A weather chamber. (R)

**2.30** Who Does What? (R) **3.30** Life in a Cottage Garden with Carol Klein (R) **4.00-6.00am** BBC News

**4.00-6.00am** BBC Learning Zone

**1am** The Zone **3.05** Crossing Jordan **3.50-5.30am** ITV Nightscreen

**1.15** Freesports **1.40** The Grid **2.05** Boxing Weekly **2.30** Sailing **2.55** Triathlon **3.50** Beach Volleyball (R) **4.45** Crunchtime (R) **5.10-6.10am** Full Metal Challenge (R)

**4.05** The FBI Files (R) **4.55** Rough Guide to Beaches **5.10-5.35am** Wildlife SOS

**Nuts MOBILE**

## Jessica-Jane Clement on your mobile!

**£2 EACH**

**TEXT NUTS404 TO 88888**

1 Choose your download and text the **KEYWORD** to 88888  
2 Download your product, sit back and enjoy

Mobilephones and tablets over 12 years old require a minimum of 10MB available space and a 3G or 4G connection. Standard network charges apply. Full terms and conditions apply. © 2012 Nuts. All rights reserved. Nuts is a trademark of Nuts. Nuts is a registered trademark of Nuts. Nuts is a registered trademark of Nuts. Nuts is a registered trademark of Nuts.



"Please don't shoot me!"

## Chelsea vs Man Utd

**SPORT** **ITV1, 7.30pm** This is huge – the 2008 Champions League finalists meet in the quarter-finals! We've no idea which way this first leg will go, but it's going to be fun finding out! ★★★★★



"What time are the girls getting here?"  
"What girls?"

## Hot Tub Time Machine

**FILM** **Sky Movies Premiere/HD, 8pm** Four pals are transported back to the '80s as their younger selves via a hot tub and do what any right-thinking person in the same situation would – party! ★★★★★



"You sure these work as floodlights?"

## Sons Of Anarchy

**DRAMA** **5 USA, 10pm** The families of SAMCRO are gathered up in the clubhouse for safety. Meanwhile, the Sons need lots of guns, and is Weston turning on his leader, Zobelle? ★★★★★

### one

**6.00am** Breakfast: *Early news*.  
**9.15** Neighbourhood Blues **10.00** Homes Under the Hammer (R)  
**11.00** Britain's Empty Homes  
**11.30** Cash in the Attic (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Justice **3.00** BBC News, Weather, **3.05** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather **6.55** Party Election Broadcast (R)

### TWO

**6.00am** CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Meerkat Manor (R)  
**12.00noon** Daily Politics **1pm** **NEWS** See Hear **1.30** Coast (R) **1.40** To Buy or Not to Buy **2.25** Real Rescues (R) **2.55** Cash in the Celebrity Attic (R) **3.40** Flag It! (R) **4.25** Pointless **5.10** Escape to the Country **5.55** Party Election Broadcast **6.00** Eggheads **6.30** Great British Menu

### itv 1

**5.30am** ITV News **6.00** Daybreak: With Chris O'Dowd. **8.30** Lorraine **9.25** The Jeremy Kyle Show  
**10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover **3.00** The Alan Titchmarsh Show **4.00** Midsomer Murders (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.25** Party Election Broadcast **6.30** ITV News

### 4

**6.10am** Max Bear **6.25** The Hoobs (R) **7.15** Freshly Squeezed **7.40** Everybody Loves Raymond (R) **8.05** Frasier (R) **8.35** Friends (R) **9.05** Wife Swap USA (R) **10.00** Brothers & Sisters **10.55** Country House Rescue (R) **12.00noon** Channel 4 News Summary **12.05pm** **ITV4** Gallipoli: Australian First World War drama starring Mel Gibson. **2.10** Cookery School **3.10** Countdown **4.00** Deal or No Deal **5.00** Fern **6.00** The Simpsons (R) **6.30** Hollyoaks

### 5

**6.00am** Milkshake! **9.15** The Wright Stuff **11.05** Great Railway Adventures with Dan Cruickshank (R) **12.05pm** The Family Recipe (R) **12.10** 5 News Lunchtime **12.20** House (R) **1.15** Home and Away **1.45** Neighbours **2.15** The Vanessa Show **3.05** Meals in Moments (R) **3.15** **ITV4** The Hollywood Mom's Mystery: Comedy drama starring Justine Bateman. **5.00** 5 News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** OK! TV

### sky1

**7pm** **The Simpsons**  
Mr Burns plans to make a coat out of Santa's Little Helper's puppies. (R)

**7.30** **The Simpsons**  
Bart gets a credit card. (R)

**8.00** **A Different Breed**  
**NEWS** People whose lives are dedicated to dogs. (HD)

**9.00** **An Idiot Abroad**  
Terminally miserable Karl Pilkington arrives in India. Hilarious stuff. (R)(HD)

**10.00** **Fringe**  
A scientist's bones disintegrate. It kills him, in case you were wondering. (HD)

**11.00** **Martina Cole's The Runaway**  
Crime drama, starring Joanna Vanderham and Jack O'Connell. (R)(HD)

**12.00m** **t Night Cops**  
Documentary. (R)(HD)

### WEDNESDAY'S SPORT

**7pm** Barcelona vs Shakhtar Donetsk, Sky Sports 2. **7.30pm** US Masters Golf, Sky Sports 1. **7.30pm** **NEWS** Chelsea vs Man United, ITV1. **1am** NBA Basketball: Miami Heat vs Milwaukee, ESPN. **3.30am** NHL Ice Hockey, ESPN.

### THURSDAY'S SPORT

**1.45pm** Racing, BBC2. **6pm** UEFA Europa League Football, ESPN. **7pm** US Masters Golf, Sky Sports 1. **7pm** Darts, Sky Sports 2. **7.55pm** Benfica vs PSV Eindhoven, Channel 5. **8pm** UEFA Europa League Football, ESPN.

### 7.00 The One Show

Topical stories.

### 7.30 The Boat That Guy Built

Guy Martin shows off the renovated boat at a party. We bet he's really smug about it as well.

### 8.00 Waterloo Road

Finn manages to get Kyle kicked out of the pantomime cast. Oh no he doesn't! Oh yes he does!

### 9.00 MasterChef

The five remaining pan-jugglers, er, juggle their pans.

### 10.00 News, Weather

### 10.35 The National Lottery Wednesday Night Draws

More fortunes are made.

### 10.45 Would I Lie to You?

Ace comedy panel show with guests Keeley Hawes, Stephen Mangan, Kevin Bridges and Brian Cox. (R)

### 11.15 Just Friends

**NEWS** A music executive tries to undo his past as an overweight, uncool teenager by wooing the girl he adored in high school.

### 12.45am Sign Zone: See Hear (R)

**1.15** Country Tracks (R) **2.15** Natural World (R) **3.15** Baking Made Easy (R) **3.45** Great British Railway Journeys (R) **4.15-6.00am** BBC News

### 7.00 The Great Rift: Africa's Wild Heart

The grasslands of East Africa. (R)

### 8.00 Lambing Live

How raw wool is turned into everyday products. Finally! We've been waiting to find out about this!

### 9.00 The Crimson Petal and the White

**NEWS** Adaptation of the Victorian-set tale by Michel Faber. Avoid.

### 10.00 Have I Got Old News for You

With guest host Bruce Forsyth. (R)

### 10.30 Newsnight

**11.20** **Golf: The Masters**  
**SPORT** The best moments from last year's ball-smacking event at the Augusta National in Georgia.

### 12.20am BBC News

**4.00-6.00am** BBC Learning Zone

### 7.00 Emmerdale

Straw-chewing nonsense.

### 7.30 UEFA Champions League

**NEWS** Chelsea vs Man United, kick-off 7.45pm. You don't need us to tell you how big a match this is! It's the quarter-final first-leg from Stamford Bridge. Come on!

### 10.00 ITV News, Weather

### 10.35 UEFA Champions League: Extra Time

**SPORT** Action from the quarter-final first-leg matches, featuring Real Madrid vs Spurs, Chelsea vs Man United, Barcelona vs Shakhtar and Inter vs Schalke. Excellent!

### 11.35 Smugglers

Two-part documentary exposing smuggling at UK borders. The pesky scamps. (R)

### 12.30am The Zone

**2.35** Spartacus: Drama. (R)  
**4.05-5.30am** ITV Nightscreen

### 7.00 News

**7.55** **4thought.tv**  
The manager of an abattoir explains halal slaughter. You might want to avoid BBC2 straight after this.

### 8.00 Vacation, Vacation, Vacation

**8.30** **Superscrumpers: Waste Not Want Not**  
How to avoid spending money for a whole week. Stay in bed?

### 9.00 Jamie's Dream School

Do-gooding with Jamie O'Liver. Sorry, Jamie Oliver.

### 10.00 The Model Agency

**11.05** **The Big Bang Theory**  
Geeky fun as Sheldon arranges his first-ever date. (R)

### 11.40 The Big C

**12.15am** **Music on 4: Abbey Road Debuts**  
**NEWS** New bands perform at the Abbey Road Studios in London.

### 12.30 The Album Chart Show Spotlight

**12.45** **Mercury Prize Sessions (R)**

**1.00** Russian Standard Vodka Originals Presents (R) **1.10** The Frontier House (R) **2.05** **ITV4** Nausicaa of the Valley of the Wind **4.15-5.00am** Ugly Betty (R)

### 7.00 5 News at 7

**7.30** **Starlight: For the Children**  
An ill 12-year-old girl from Birmingham meets Oily Murs.

### 8.00 Emergency Bikers

A paramedic is attacked while he tries to treat a teenager. (R)

### 9.00 NCIS

Terrorists threaten to detonate a crude nuclear device.

### 10.00 Law & Order: Criminal Intent

A mayoral candidate's husband is suspected of murder. (R)

### 10.55 Law & Order: Special Victims Unit

The team reopen a 20-year old case. Must be a slow day. (R)

### 11.55 Poker: Aussie Millions

**SPORT** Action from the event at the Crown Casino in Melbourne. Ripoff!

### 12.55am SuperCasino

**4.05** The FBI Files (R) **4.55** Rough Guide to Cities (R) **5.10** Wildlife SOS (R) **5.35-6.00am** House Doctor (R)



The latest anti-Glazer march got an odd turnout

**V** Syfy/HD, 9pm

**DRAMA** Erica discovers her colleague Malik is a Visitor, and let's put it this way – things don't end well for Malik. Lisa's body is changing, too. Nope, not new boobs, something more sinister! ★★ ★



"Do you mind? I'm in my dressing gown!"

**Martina Cole's The Runaway** Sky1/HD, 9pm

**DRAMA** It's 1967 and Cathy is put into a correctional facility. Grim, violent and utterly compelling. ★★ ★



"I think you need a bit more lippy!"

**The Game** ITV4, 10.35pm

**FILM** Intriguing thriller with Michael Douglas as a bored investment banker who signs up to play a mysterious game that seems to involve everyone trying to kill him. That doesn't sound fun! ★★ ★

**one**

**6.00am** Breakfast 9.15  
Neighbourhood Blues **10.00**  
Homes Under the Hammer (R)  
**11.00** Britain's Empty Homes  
**11.30** Cash in the Attic (R) **12.15pm**  
Bargain Hunt **1.00** BBC News,  
Weather **1.30** Regional News,  
Weather **1.45** Doctors **2.15** Justice  
**3.00** BBC News, Weather, Regional  
News **3.05** CBBC **5.15** Weakest Link  
(R) **6.00** BBC News, Weather **6.30**  
News, Weather **6.55** Party Political  
Broadcast (R)

**TWO**

**6.00am** CBeebies **7.00** CBBC **8.30**  
CBeebies **11.35** Meerkat Manor (R)  
**12.00noon** Daily Politics **12.30pm**  
GMT with George Alagiah **1.00**  
Diagnosis Murder (R) **1.45** ITX  
Racing from Aintree **4.30** Pointless  
**5.15** Escape to the Country (R) **5.55**  
Party Political Broadcast **6.00**  
Eggheads **6.30** Great British Menu

**itv 1**

**5.30am** ITV News **6.00** Daybreak  
**8.30** Lorraine **9.25** The Jeremy  
Kyle Show **10.30** This Morning  
**12.30pm** Loose Women **1.30**  
ITV News **1.55** Regional News,  
Weather **2.00** 60 Minute Makeover  
**3.00** The Alan Titchmarsh Show  
**4.00** Midsomer Murders (R) **5.00**  
Britain's Best Dish **6.00** Regional  
News, Weather **6.25** Party Election  
Broadcast **6.30** ITV News

**4**

**6.10am** Max Bear **6.20** The Hoobs  
(R) **7.15** Freshly Squeezed **7.40**  
Everybody Loves Raymond (R) **8.05**  
Frasier (R) **8.35** Friends (R) **9.05**  
Wife Swap USA (R) **10.00** Brothers &  
Sisters **10.55** The Restoration Man  
(R) **12.00noon** Channel 4 News  
Summary **12.05pm** River Cottage  
Bites (R) **12.15** ITX The Colditz  
Story: World War Two. **2.05** Cookery  
School **3.10** Countdown **4.00** Deal  
or No Deal **5.00** Fem **6.00** The  
Simpsons (R) **6.30** Hollyoaks

**5**

**6.00am** Milkshake! **9.15** The  
Wright Stuff **11.05** Great Railway  
Adventures with Dan Cruickshank  
(R) **12.05pm** The Family Recipe  
(R) **12.10** 5 News Lunchtime  
**12.20** House (R) **1.15** Home and  
Away **1.45** Neighbours **2.15** The  
Vanessa Show **3.05** Chinese Food in  
Minutes (R) **3.15** ITX The Last  
Chance: Contemporary Western.  
**5.00** 5 News at 5, Weather  
**5.30** Neighbours (R) **6.00**  
Home and Away (R) **6.30** OK! TV

**sky1**

**7pm** The Simpsons  
Lisa disguises herself as a nun  
to infiltrate a convent. (R)(HD)  
**7.30** The Simpsons  
Simon Cowell guest stars. (R)  
**8.00** Hawaii Five-0  
The team's left baffled when  
highly skilled thieves steal an  
armoured car, but leave the  
money behind. (R)(HD)

**7.00** The One Show

This show sometimes features a  
nude hairdresser. Unfortunately,  
it's a male nude hairdresser.

**7.30** EastEnders

Zainab's unsure what to do following  
the accident. If you're equally unsure  
of what to do now, flick to Sky 1!

**8.00** Watchdog

**ITX** The consumer rights show  
returns, to ec, fight for our rights.

**9.00** New Tricks

The squad reinvestigate the  
disappearance of an activist. (R)

**10.00** News, Weather

**10.35** Question Time

Political pants.

**11.35** This Week

**12.25am** Sign Zone:  
Finished at Fifty? -  
Panorama

The difficulties facing unemployed  
people in their fifties. (R)

**12.55** Countryfile

Yomping yawms. (R)

**7.00** David  
Attenborough's  
First Life

The oldie naturalist explores how  
evolution gained pace. (R)

**8.00** Lambing Live

Breaking news from the lambing  
shed! Don't go making plans!

**9.00** A History of  
Celtic Britain

**ITX** Neil Oliver explores the origins  
of Britain and its people.

**10.00** Rhod Gilbert's  
Work Experience

The comedian becomes a lord's  
butler for the day.

**10.30** Newsnight

**11.20** Filthy Cities  
A grime-filled journey through the  
histories of three major cities. (R)

**12.20am** BBC News

**7.00** Emmerdale

Long-running soap about sheep.

**7.30** The True Price  
of a Pint: Tonight

Programme trying to make out  
booze is evil. Spoilsports.

**8.00** Emmerdale

Amy tries to catch David's eye during  
a council event at the B&B, by  
shooting an arrow at him. Maybe.

**8.30** Coronation Street

Nick and Gail try to bribe Kylie into  
leaving town. Kylie, take the money  
and run for the hills!

**9.00** Monroe

The neurosurgeon has to operate on  
registrar Sally Fortune.

**10.00** ITV News, Weather

**10.35** Benidorm

The holiday-makers look forward to  
an '80s night. (R)

**11.35** Celebrity  
Grimefighters (R)

**12.30am** The Zone

**7.00** News

**7.55** 4thought.tv

**8.00** Three in a Bed

B&Bs in West Yorkshire, Somerset  
and East Sussex.

**9.00** Dad's Having  
a Baby: A Bodysock  
Special

A transgender man prepares to give  
birth. So that's a woman who  
became a man, but kept some lady  
bits. So now that's a man having  
a baby. Confused? Us too.

**10.00** 10 O'Clock Live

**11.05** Friday  
Night Dinner

Adam tries to celebrate his birthday,  
but the evening's soon ruined. (R)

**11.35** The Ricky  
Gervais Show

Karl Pilkington gives his thoughts  
on insects. Brilliantly random.

**12.05am** Music on 4:  
4Play: The Kills

**12.25** On Track (R)

**12.40** The Crush  
Music by Wretch 32 and Jay Sean.

**7.00** 5 News at 7

**7.25** How Do They Do It?

The construction of passenger  
airliner the Airbus A320. (R)

**7.55** UEFA Europa  
League Football

**ITX** No British teams are left in the  
tournament, so Channel 5 have to  
go with Benfica vs PSV Eindhoven  
instead. Kick-off 8.05pm.

**10.00** Dragon -  
The Bruce Lee Story

**ITX** Action  
biopic starring  
Jason Scott Lee  
as martial arts  
superstar  
Bruce Lee.

**12.25am**  
Super  
Casino

**9.00** Martina Cole's  
The Runaway

**ITX** Cathy is put into  
a correctional facility at the  
mercy of an abusive  
headteacher. (HD)

**10.00** House

Cuddy feels bad about ending  
things with House. (HD)

**11.00** NCIS: Los  
Angeles

Sam resumes a former identity  
to trace the leader of a terrorist  
group. (R)(HD)

**12.00m't** Night Cops

Cops by torchlight. (R)(HD)

**Nuts MOBILE**

**Sexy Jessica-Jane Clement**

**pics on your mobile!**

**TEXT NUTSGAS TO 88888**

**£2 EACH**

**1** Choose your download and text the **KEYWORD** to **88888**

**2** Download your product, sit back and enjoy

Mobile phone network operator (MNO). MNO's may restrict content to certain networks. See MNO's website for details. Downloading content may require a compatible device. The price of content varies. Prices by mobile operator.

## ADIPURE IV SUPERLIGHT HERITAGE



ADIDAS AND PRO-DIRECT SOCCER  
**UK EXCLUSIVE**

[www.prodirectsoccer.com](http://www.prodirectsoccer.com)

### FASHION



### AMERICAN FORCES T-SHIRTS

Kill 'em all - let God sort 'em out  
Tell it to the Marines  
U.S.M.C. - death before dishonor

Bombshell Betty - 25 missions  
Mercenaries never die - they just go to hell to regroup  
Special Forces - the quiet professionals

CALL 08458 991133 OR VISIT [WWW.MEANANDGREEN.COM](http://WWW.MEANANDGREEN.COM)

### JOKELINES

**Wacky's** Just like a real conversation ... these WindUps respond to what is said!  
**WINDUP CALLS!**

1. Sex Survey - Very rude & embarrassing.
- 2/3. Your numbers on my boy/girlfriends mobile - Why?
4. Overdue CreditCard - We're sending the Bailiffs.
5. You got my Girlfriend pregnant - Wanna fight?
6. 'Honey Trap' Call - Are they cheating on you?
7. Wrong Number - Is that the Massage Parlour?
8. The VAT Office want their £20k ... or else.
9. Your Car Insurance is being Revoked - from 12pm.
10. Caught Downloading Internet Porn ... & a virus!
11. Strange £1Million Bank account Deposit - Why? + more online



**0906 663 0211**

0906 663 0211

HOW: Choose a Wind-Up. Call, Tell us their name & number, Sit back & listen secretly as we call them & play the Wind-Up ... Let the fun begin!

... asks for your victim by name!

Helpline: 0844 402 2452. UK calls cost £1.50/min. Euro calls cost £1.75/min. Mobile's cost more. 18+ only. For an entertainment purpose only. Visit [www.wackyprankcalls.com](http://www.wackyprankcalls.com) for more!

### FOR SALE

**WELL COOL STUFF.COM**

100's of T-SHIRTS and COOL GIFTS



Digital Scales ONLY £14.99



Official Pulp Fiction Wallet



KNEE DEEP IN CLINGS



HOW TO KILL A ZOMBIE



I GOT WOOD



WORD



W&J



BB Guns & Paintball Supplies

T-SHIRTS UPTO 5XL

# Nuts

Please mention Nuts when replying to advertisements

# UK TEXTCHAT

— TRY FOR FREE —  
Swap photos + Find local ladies + Flirt with hot babes

TEXT  
**'BABE'**  
TO **88211**



18+ Text Costs: 50p to reply to users, 15p to receive profiles. First 25 usage is FREE, billed in 25 segments. Minutes may vary. Services provided by Air Points North Publications Ltd. Support: 0944243371. To stop send STOP to 88211.

**1p**  
**SEXY MOVIES**  
VIDS UPDATED WEEKLY

**TEXT TO: EASY 81833**

Get one vid for just 1p. Other items on site are charged at £3 for 3 videos, £1.50 for 3 pics, charged per page, pay only for what you view, games and lines priced individually. Messages to 81833 charged at standard network rate. 18+ only. Send Stop to 81833 to stop service. Provided by BS Mobile PO Box 2952, London, WC1N 3XX. Help tel - 0570 100 1024, help@btimgob.com

**TEXTALK**  
WITH PICTURE MESSAGING  
(£1.50 per pic msg sent / recvd)  
UPLOAD YOUR PROFILE PICTURE FOR FREE!



£1.50 for 1st 15 msgs sent / received.  
£1.50 for 6 msgs sent / received thereafter.

Men: Text 'mpea' to 88199  
Women: Text 'wpea' to 88199  
Gay: Text 'gpea' to 88199

18+ only. Helpline: 0844 944 0002. Standard network charges apply. Women: Network charges only. Send STOP to 88199 to stop. P.X.On

**TEXTCHAT**  
£1.50 for 1st 15  
msgs sent/recvd. £1.50 per 6 msgs  
sent/recvd thereafter.

Men: Text 'mwall' to 88199  
Women: Text 'wwall' to 88199  
Gay: Text 'gwall' to 88199

18+ only. Helpline: 0844 944 0002. Standard network charges apply. Women: Network charges only. Send STOP to 88199 to stop. P.X.On

**TEXTALK**  
NO SUBSCRIPTION

£1.50 FOR 15 MSGS  
SENT/RECVD.

Men: Text 'mpea' to 66088  
Women: Text 'wpea' to 66088  
Gay: Text 'gpea' to 66088

18+ only. Helpline: 0844 944 0002. Standard network charges apply. Send STOP to 66088 to stop. P.X.On

# HOT MOBILE VIDEOS

**NO SUBSCRIPTIONS!**

**LUCY PINDER**  
GETS VERY NAUGHTY ON CAM  
**412461**

**SOPHIE READE**  
REVEALS HER AMAZING ASSETS!  
**416801**

- Lucy Pinders Hottest Ever Bedroom Action! —411682
- Neighbours DD Daughter In PVC Catsuit! —411464
- Randy Student Let Me Film Her In Shower! —416412
- Sophie Howard In See Through Underwear! —418724
- Too Rude To Describe!!! —411637
- Naughty Tease Takes Off Saucy Hotpants —415676
- My Girls Best Mate Got Naked On Cam —414002
- Mates Busty Neighbour Tried It On With Me! —415924
- Chanelle Loves To Get You Hot! —417299
- Mates Hot Sister Teases With Massive Boobs —419150
- Stealing My Mates Busty Girlfriend! —410497
- 18 Yrs Student Sleepover Turns Naughty —418816
- Rosie Jones & Friend Get Frisky On Cam! —418723
- Dads Horny Secretary Loves To Show Off! —419866
- Frisky DD+ Babes Get Hot After Night Out —419653
- Danielle Lloyds Naughtiest Ever Strip —414537
- Randy Nurse Unleashes her Huge Assets —410236
- Sexy Goth Babe Loves Being Watched! —412976
- Wet & Wild Bathroom Blonde On Cam! —418624
- Hot Older Babe Unleashes Huge Boobs! —411623
- Huge Boobs Lucy Zara In Knee High Boots! —418702

Naughty Brunette! **418770** Rosie Jones Reveals All! **412125** Hot Blonde On Cam **419868** Saucy Holly McGuire **410445**

**FREE VIDEO**  
txt **HOT** to **80155** ends cost 25p

**TO ORDER: txt DBM (SPACE) ITEM CODE to 80155**  
EG: txt DBM 412461 to 80155 **NO SUBSCRIPTIONS GUARANTEED**  
All Items Cost £3



## THEME TUNES

- Family Guy —412009
- Top Gear —413808
- Doctor Who —412215
- Only Fools & Horses —413188
- Wallanders Phone Ringtone —411657
- Mission Impossible —417286
- The Good The Bad & The Ugly —417281
- Dueling Banjos —413290
- Knight Rider —417143



## TEXT ALERTS

- Die Hard - Yippie Ki Yay... —411360
- Meerkat - Simples —417015
- EastEnders Doof Doofs —416391
- Family Guy - Peter Griffin Laugh —414956
- Wolf Whistle —412001
- Hangover - Stu's Tiger Song —416279
- Quagmire - Giggerty Giggerty —411104
- Achmed - Silence I Kill You! —413885
- Dr Who Tardis Noise —413707



80155 is aged 16+. Requests to 80155 charged at 25p. Wap/ GPRS Required. Videos in excess of 500k. All models used are 18+. Free Video: standard network costs apply. Text alerts & theme tunes produced by impressionists and do not carry the approval or endorsement of the personality involved or any broadcasting institution. Chill Music Ltd or its associates may contact you by SMS with the latest promotions & similar products. To end text STOP to 80155. dbm is a Trade Mark of Chill Music Ltd, PO Box 162, Kendal, LA8 8WW UK. Support: 0844 887 1259.

Fulfil your fantasies - 18+ Adults only prs service

# The HOTTEST personas! The HOTTEST photos! AND VIDEOS

# Want the HOTTEST HOOK UPS?

18+ HAVE FUN TONIGHT! GET PHOTOS & HOOK UP VIA YOUR MOBILE WHEN IT SUITS YOU

<p>Gill, UK (34)</p>  <p>Get my hot pix and vids hook up text</p> <p><b>GILL</b> to 68889</p>	<p>Anna, London (36)</p>  <p>Get my hot pix...text</p> <p><b>ANNA</b> to 68889</p>	<p>Caro, Wales, (44)</p>  <p>Get my hot pix...text</p> <p><b>CARO</b> to 68889</p>	<p>North East (18)</p>  <p>Get my hot pix...text</p> <p><b>BLONDIE</b> to 68889</p>	<p>Tash, Glasgow (18)</p>  <p>Get my hot pix...text</p> <p><b>TASH</b> to 68889</p>	<p>Mink, Leeds (18)</p>  <p>Get my hot pix...text</p> <p><b>MINKI</b> to 68889</p>	<p>Claire, UK (38)</p>  <p>Get my hot pix...text</p> <p><b>CLAIRE</b> to 68889</p>	<p>Val, UK (40s)</p>  <p>Get my hot pix...text</p> <p><b>VAL</b> to 68889</p>
--	---	---	--	--	---	---	--

25p per message sent into 68889 £1.50 per received text from 68889. MAXIMUM 4 BILLED MESSAGES PER REPLY. See virtual terms online at www.ukeasyaction.com STRICTLY ADULTS 18+

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM!

<p>Meg, Lancashire.</p>  <p>Get my hot pix AND VIDEOS...Text</p> <p><b>MEG</b> to 68889</p>	<p>Miff, 40s North England</p> <p>Fun loving naughty woman with photos</p> <p>Get my hot pix...text</p> <p><b>KISSY</b> to 68889</p>	<p>Katherine, WALES</p> <p>Can't wait to send you my sexy photos. text anytime 24/7</p> <p>Get my hot pix...text</p> <p><b>KATHERINE</b> to 68889</p>	<p>Polly, 44 UK.</p> <p>Experienced woman wants fun! Especially with guy 18-30!</p> <p>Get my hot pix...text</p> <p><b>POLLY</b> to 68889</p>	<p><b>18+ ONLY</b></p> <p>POSTCODE MATCH!</p> <p>See who replies to your postcode....</p> <p>To be matched to a woman (with HOT photos &amp; maybe HOT videos Text-NUTS followed by your postcode to 68889 (for example NUTS NE344NB)</p> <p>Text NUTS followed by your postcode to 68889 and get in on the action! Hook up via your mobile</p> <p>*Text SWAP anytime to swap to a different hot woman* 25p per message sent in £1.50 per received text.</p>	<p>Kat, London, 18 years old!</p>  <p>Get my hot pix...text</p> <p><b>KAT</b> to 68889</p>	<p>Ami, 20 GLOUCS.</p>  <p>Get my hot pix and HOT videos...text</p> <p><b>AMI</b> to 68889</p>		
<p>Liz, 20s Hants/UK</p>  <p>Get my hot pix AND HOT VIDEOS...text</p> <p><b>LIZ</b> to 68889</p>	<p>Nat (18) MIDLANDS/UK</p> <p>Text me anytime &amp; Get my hot pix...and HOT VIDEOS xxx</p> <p>Text <b>NAT</b> to 68889</p>	<p>Tara, UK 47</p>  <p>Get my hot pix...text</p> <p><b>TARA47</b> to 68889</p>	<p>ESSEX (34)</p>  <p>Get my hot pix...text</p> <p><b>DI</b> to 68889</p>		<p>18, SCOT.</p>  <p>Get my hot pix...text</p> <p><b>JEWEL</b> to 68889</p>	<p>Kitty, 18 Lancs.</p>  <p>Get my hot pix...text</p> <p><b>KITTY</b> to 68889</p>	<p>Lee, 20 Leeds</p>  <p>Get my hot pix...and VIDEOS text</p> <p><b>LEE</b> 68889</p>	
<p>Mell, Belfast NI (18)</p>  <p>Single and fun loving Looking to hook up soon!</p> <p>Get my hot pix...text</p> <p><b>MELL</b> to 68889</p>	<p>Beth, North East (38)</p> <p>Lets have some fun Get my hot pix...text</p> <p><b>BETH38</b> to 68889</p>	<p>Janie, SOUTH (41)</p>  <p>Get my hot pix...text</p> <p><b>JANIE</b> TO 68889</p>	<p>WANT FUN NOW?</p> <p>Hook up with hot easy personas FAST! This is a discrete, easy service</p> <p>text - NOW to 68889</p>	<p>Lily, UK (40)</p> <p>Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text</p> <p><b>LILY</b> to 68889</p>	<p>Lily, UK (40)</p>  <p>Get my hot pix...and VIDEOS text</p> <p><b>LEE</b> 68889</p>	<p>Rita, Wales/UK (45)</p> <p>Easy going, fun loving, ask me for my really hot pics!</p> <p>Get my hot pix...text</p> <p><b>RITA45</b> to 68889</p>	<p>Saucy, 34 Kent/Sussex</p>  <p>Get my hot pix...text</p> <p><b>SAUCY</b> to 68889</p>	<p>Ker, Kent/London</p>  <p>Get my hot pix...and VIDEOS text</p> <p><b>KER</b> to 68889</p>
<p>Lib NORTH WEST (21)</p>  <p>Get my hot pix...and HOT VIDEOS too text</p> <p><b>LIB</b> to 68889</p>	<p>Nici, LANCS 38 and HOT!</p>  <p>Get my hot pix...text</p> <p><b>NICI</b> to 68889</p>	<p>Leah, London/UK (19)</p>  <p>Get my hot pix...and HOT VIDEOS too text</p> <p><b>LEAH</b> to 68889</p>	<p>Tani South West/UK (43)</p>  <p>Get my hot pix...text</p> <p><b>TANI</b> to 68889</p>	<p><b>As Seen on TV</b></p> <p>HOOK UP NOW - VIA YOUR MOBILE</p>	<p>Ami, 20 GLOUCS.</p>  <p>Get my hot pix...and VIDEOS text</p> <p><b>KER</b> to 68889</p>	<p>ANNE, 40s YORKS</p>  <p>Get my hot pix...and VIDEOS text</p> <p><b>ANNE</b> to 68889</p>		
<p>Jule, UK (40)</p>  <p>Hot single woman (40) wants to be contacted by guys 18-36 for fun easy times. Get my hot pix...and HOT VIDEOS Text</p> <p><b>JULE</b> to 68889</p>	<p>Carly, 18 UK</p>  <p>Get my hot pix...and HOT VIDEOS text</p> <p><b>CARLY</b> to 68889</p>	<p>Kyli 20, SUSSEX</p>  <p>Get my hot pix and VIDEOS...text</p> <p><b>KYLI</b> to 68889</p>	<p>Beverly Mids/UK (30s)</p>  <p>Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes age doesnt put you off! Get my hot pix...and hot videos text</p> <p><b>BEVERLY</b> to 68889</p>		<p>UK ANYWHERE</p>  <p>Lets hook up Get my hot pix...text</p> <p><b>HWILKIE</b> to 68889</p>	<p>Naughty, South West</p>  <p>Hot fun girl looking for firts! Get my hot pix...and hot vids text</p> <p><b>NAUGHTY</b> to 68889</p>	<p>Amb UK</p>  <p>Get my hot pix...AND VIDEOS text</p> <p><b>AMB</b> to 68889</p>	

Strictly 18+. 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (maximum 4 billed messages per reply) Photos/videos sent in/received charged at 2 billed messages at £1.50 each (£3 in total). You must check your mobile is able to send/receive videos or photos. Contact your network for possible network charges. Real people replying NOT a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages received may appear on your bill. No meeting made or implied. Photos are for display purposes and not to be reproduced. For fantasy entertainment only, areas/details to aid this. Virtual service Terms and conditions @ www.ukeasyaction.com. please read the full virtual terms and conditions fully. B Media 331, 77 Beak Street, Soho, London W1F 6DB. Helpline? 08458388647 To swap to a different persona text SWAP to 68889 at anytime. Please ensure you have credit in your phone if you are a PAYG user. We reserve the right to bar users if they are under 18. 18+ SERVICE only. To stop the service text STOP to 68889 at any time.

Messages sent in 25p. Messages received only £1.50. Maximum 4 messages per reply.

TO SWAP TO A DIFFERENT PERSONA, TEXT SWAP TO 68889 AT ANYTIME.

# GET LIVE & SEXY WITH NAUGHTY GIRLS AT HOME



**MATURE LADIES**  
Hot mature Ladies know how to get sexy with you! They're always willing to please new callers xxx

**0909 897 2053**



**45P PER MINUTE**  
**SWEET 18'S +**  
So very adventurous & fit bodies wanting men of all ages for adventure, fun and thrills xxx xxx xxx xxx

**0908 145 2545**



**45P PER MINUTE**  
**SEXY GIRLS**  
Ask what you really want and we will do everything you like. You'll come back for more! xxx

**0908 145 0576**



**SEXY & MATURE OPEN ALL HOURS**  
Experienced Ladies - do you need it hard & fast? Well just call these tasty oldies - best get off in the UK!

**0909 897 9111**



**40+ YEAR OLD SHARON**  
Ladies at home that are mature in so many special ways. Chat now to mature women xxx

**0909 897 9416**



**45P PER MINUTE**  
**GIRLFRIENDS JUST FOR YOU**  
Sexy babes at home desperate to be your girlfriend & to please you in everyway possible.

**0908 145 0581**



**MATURE WOMAN CRAVES ATTENTION**  
We just know how to get you off as fast as you want. Superfast, mind-blowing satisfaction from very experienced fit ladies xxx

**0909 897 0888**



**45P PER MINUTE**  
**GIRLS AT HOME**  
Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx

**0908 145 0580**



**45P PER MINUTE**  
**ON THE PULL**  
The baddest girls in town who just adore horny guys looking for a quick fix and some adult relief at anytime xxx xxx

**0908 145 0575**



**GORGEOUS SINGLES**  
Casual singles seriously up for it with as many guys as you can believe. 30 secs to serious heaven when you just need to get off

**0909 897 9412**



**SUPERFAST RELIEF!**  
For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!

**0909 897 9442**



**JUST 18+**  
18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx

**0909 897 2038**



**45P PER MINUTE**  
**FAST RELIEF**  
Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx

**0908 145 0579**



**45P PER MINUTE**  
**COLLEGE GIRLS 18+**  
Looking for horny guys to fill their recreation time! Eager and willing to please, all guys needed urgently for the ultimate get off today x

**0908 145 0582**



**45P PER MINUTE**  
**I'LL BLOW YOUR MIND**  
Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx

**0908 145 2543**



**VERY BROAD MINDED**  
Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx

**0909 897 9333**



**45P PER MINUTE**  
**HAVE FUN & RELAX**  
Up close and personal - lovely girls at home just eager to go live with you 1 on 1! x

**0908 145 2542**



**BEAUTIFUL LADIES**  
Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time

**0909 897 9405**



**HUNGRY HOUSEWIVES**  
Just hungry for a wicked time. These gorgeous ladies just looking for an erotic time. 100% totally sexy stimulation xxx

**0909 897 9447**



**45P PER MINUTE**  
**SEXY GIRLS AT HOME**  
Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x

**0908 145 2544**



**VERY HOT LADIES**  
Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x

**0909 897 0612**



**45P PER MINUTE**  
**DIVORCED & SEXY**  
Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx

**0908 145 0577**



**45P PER MINUTE**  
**HOT & SEXY**  
When you just cannot wait and need a real fast quickie session. Call now for relief

**0908 145 0578**

**SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469 FOR CASUAL SEXY DATING VISIT [www.DATES-4U.co.uk](http://www.DATES-4U.co.uk)**

0908 145 Calls cost 45p per minute + network extras. 0909 897 Calls cost 60p per minute + network extras. Calls recorded. SMS cost £1.50 each to receive + standard network charges apply. To stop just text STOP to 69469. Mobile users may receive free promotional messages. Callers must be 18+ only to use this service. LiveLines Ltd PO6038/NN2 7YN. Helpline 0844 871 4497.

# Nuts PUB AMMO

The page that's a friend to pub quizzers everywhere!



**Trimethylaminuria is a metabolic disorder which causes the affected person's urine, breath and sweat to emit the strong odour of rotting fish.**

Sacha Baron Cohen is set to star in the film version of the novel *Zabibah And The King* - which was written by Saddam Hussein.

## PUB AMMO ON... SUCKER PUNCH



**Pittsburgh Pirates pitcher Dock Ellis claims that, in 1970, he pitched a no-hitter (no runs were scored off his pitching) while tripping on LSD.**

At the 2011 Oscars, Best Supporting Actress Melissa Leo became the first person to use the F-word in her acceptance speech.



**The only place that serves alcohol in Disneyland - Club 33 - has a 14-year-long membership waiting list.**

Aldgate tube station is built above one of London's biggest plague pits, where over 1,000 bodies were buried during the 1665 outbreak of bubonic plague.

- *Sucker Punch* is director Zack Snyder's first film that isn't based on another book or film.
- Snyder claims this is his first action movie, which may surprise anybody who has seen 300 or *Watchmen*!

- Some of the hot actresses originally slated to appear in the movie - only for them to later drop out - include Amanda Seyfried, Emma Stone and Evan Rachel Wood.
- *Sucker Punch* is in cinemas nationwide from Friday 1 April.



**A distressed octopus often escapes from danger by wrapping six of its legs around its head and disguising itself as a fallen coconut**

In 2005, zookeepers at Port Lympne wild animal park in Kent had to learn French in order to communicate with baboons that had been transferred from a zoo in Paris.



**The bite of the Brazilian wandering spider has been found to cure impotence in rats.**

# Turn little coins into big chats

Top up from as little as 10p with  
Tiny Top Ups (and in March we'll double it)  
More from Orange, for you



Top up today in Orange shops

orange™

Tiny Top Ups available in Orange Shops or in participating Payzone stores. Coin top up denominations are 10p, 50p, £1, £2, £3, £4. Min call charge 12p for Raccoon package, 20p for all other animal packages. Double Tiny Top Ups only available in Orange Shops. Offer ends 31.03.11. Max £5 credit per customer.

“THE SHAVE... EVEN BETTER



THAN I THOUGHT  
IT WAS GOING TO BE.”



Jonathan W, Staffordshire  
Took the ProGlide Challenge

You'll experience less tug and pull\* with the New Gillette Fusion ProGlide. It's engineered with thinner, finer blades\*\* for an effortless glide. So it gives you Gillette's most comfortable shave ever, even if you shave every day.

\* vs. Fusion

\*\* Principal blades vs. Fusion

**NEW**

**Fusion**  
**PROGLIDE**

[facebook.com/GilletteUK](https://facebook.com/GilletteUK)

**Gillette**  
The Best a Man Can Get™

