

THIS WEEK

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LIAMS, SPLASHNEWS, COM, PA PHOTOS, ACTION IMAGES





IN THE Nuts OFFICE!















Carbon fibre-clad Cayenne! Cayenne!

Swiss car-fiddlers turn Porsche 958 Turbo into the "Wide Body"

- Despite being Porsche's best-selling car, the Cayenne has never been handsome.
 And even though it's had a facelift, it was never going to win any beauty contests.
- So Swiss car-fiddlers Mansory decided to spice the Cayenne up a bit, by developing a body kit to make the SUV 60mm wider up front and with 80mm broader arches at the rear.
- Created out of flawless carbon-fibre (Mansory's signature dish), the Cayenne has a revised front valance, wider wings, side skirts, mirrors, roof spoiler and the most complicated rear diffuser we've seen.

location of the radar for the adaptive cruise-control system to higher up the grille (it's now in the centre) is a neat trick.

- Although Mansory offer 21in and 23in rims, the 958 Wide Body comes standard on 10 by 22in turbine-design forged wheels. To make the hoops fill out the arches, the air suspension system has been modified to allow a further 45mm drop.
- Not satisfied with the interior of a standard Turbo, Mansory has torn out and replaced the headliner and restitched the steering wheel, door cards, seats and arm rests with real carbon-fibre and carbon weave fabric. Basically, if you're not a fan of carbon-fibre, you'd best move right along.
- Mansory's men in coats have also been at work beneath that ultra-light carbon bonnet. The result is the carbon fibre-decorated
 4.8 litte VS anging with

£103K BEAUTY!











"HOPKINS SCARIEST PERFORMANCE SINCE HANNIBAL LECTER" ***

NUTS MAGAZINE

ANTHONY HOPKINS

RITE

IN CINEMAS February 25

H. H. O. West of District Street

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15 SHIP OF THE STRONG SUPPLATIONS AND SHIP ALTHOUGH AND MAKES AND SHIP AND MAKES AND SHIP ALTHOUGH AND MAKES AND SHIP ALTHOUGH AND MAKES AND SHIP AND S

- HERMANNEN



Warning: highly likely to cause offence!

"I'd love to have Justin Bieber call me'dad'!"

Bieber made me look bad

I've just done some stand-up on a TV show in the US in front of a pretty lively crowd. I was on the show with the German bird from Inglourious B*sterds and Justin Bieber. I rang all my nieces, every little girl I knew in the whole world, and said, "I'm going to meet Justin Bieber!" and they all went mental. I showed up and they said, "Oh no, Justin Bieber filmed his bit two days ago. He's going to the Brit Awards now!" Instead, I got a woman who's famous for having eight kids. There are children out there who I've basically lied to, unless anyone has a Bieber cut-out I can borrow. I was looking forward to meeting his mum -she had him when she was a teenager so she must be about my age! He's so pretty, she must be a good sort! I'd love to have Justin Bieber calling me "dad"!

Shame Warne

Liz Hurley must be a bad sh*g! How hard is it to keep Shane Warne's concentration and stop him going off with porn stars? She must be really sh*t in bed!

Give Playboy

There's been an outbreak of Legionnaires' Disease at the Playboy Mansion. Who'd have thought the first disease to break out there wouldn't be VD? You can probably get an



you'll get really sick!

Don't mess with the Lohan

Lindsay Lohan apparently congratulated the Egyptian nation on their newfound democracy via her Twitter page. They're right about cocaine, it really does give you a sense of entitlement and confidence you don't deserve, doesn't it? Apparently her next Tweet said, "WTF? President Mubarak's out of power! LOL!"

It's a miner inconvenience

It turns out the Chilean miners had marijuana and porn sent down to them, and one of them requested a blow-up doll, too, but they refused because they

thought the others would get jealous. They must have all really liked that guy! I was thinking-33 men in an enclosed space with a load of porn? They'd need the marijuana to take the edge off-if they were just left with a load of porn, they'd have drowned!

Dealer or no dealer?

A London heroin dealer is suing the police for "naming and shaming" him - do these people not know how to advertise? This is how you get clients! You can't

stay squirreled away in your little shack just dealing heroin, you've got to think global in this modern world! You wouldn't just be a heroin dealer, you'd be the heroin dealer! No more driving out to a junkie's house in the

middle of the night, they'd come to you, and you'd be dealing in actual money rather than stolen cassette players and car stereos. If you keep yourself a secret,

how's Lindsay Lohan going to find you?

LINOCENT

Jim Jefferies: Alcoholocaust Live is out now on DVD



THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA



Joe Jordan: "I don't want anything to do with you!"

AC MILAN VS SPURS San Siro, Tuesday 15 February, 9.36pm Short-fused Italian Gattuso picks a fight with the wrong man.



Gattuso had already rubbed the Spurs striker up the wrong way.



ARSENAL VS BARCELONA Emirates Stadium, Wednesday 16 February, 8.12pm Wenger claims Villa's goal shouldn't stand.



Michael Dawson: "F**king hell! F**king two feet!"

Rafael van der Vaart: "Why? Why? Why? I ask you!"

AC MILAN VS SPURS 8.57pm The Spurs pair can't hide their disgust after Mathieu Flamini's foul on Vedran Corluka.

POTTY-MOUTH OF THE WEEK!



BOLTON VS EVERTON Reebok Stadium, Sunday 13 February, 4.28pm Beckford loses it when a Fellaini pass goes astray.



3D without glasses. Believe your eyes.











2D Image of Nintendo 3DS Game.

"The most exciting handheld console launch ever... no contest"-тз

Pre-order your console today at one of these retailers











27 February from 1.30am

worth every penny

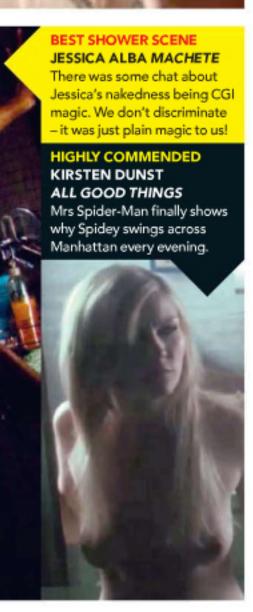














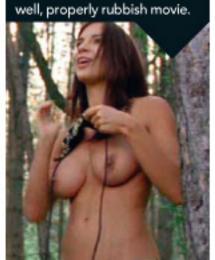
JESSICA PARE

HOT TUB TIME MACHINE The Mad Men star naked, in a hot tub? One to watch!

ROX ANNE PALLETT LAKE PLACID 3 It took the lure of Hollywood to get Roxanne to disrobe. Still, many ways to skin a cat!

HIGHLY COMMENDED K ACEY BARNFIELD LAKE PLACID 3

The Inbetweeners star also disrobed for this otherwise, well, properly rubbish movie







It's tech algebra! PSP + mobile

= Xperia Play

ony's PSP has catered for man's portable gaming needs since 2005, but if we've ever wanted to pause Fifa to call our mum... er, girlfriend, we were out of luck. But now Sony and their pals at Ericsson have teamed up to make the Sony Ericsson Xperia Play, combining ace gaming and top mobile tech. When's it out and how much? No idea. Sorry!

EXTRAS

This, of course, packs a camera: 5.1-megapixel with geotagging, Bluetooth, Wi-Fi, video recording, 8GB of internal memory and space for a microSD card to boost that.

SCREEN

The 4in capacitive multitouchscreen has a 480 by 854 resolution, displaying 16.7 million colours.

discs. Already signed up? Need For Speed, Guitar Hero, Assassin's Creed, Splinter Cell and a special version of Fifa 10.

CHIP

Under the hood is a beefy 1GHz chip with an embedded graphics processor (similar to the iPad) that'll crunch 3D games (as opposed to 2D, not like Avatar) at 60 frames per second



IPHE GOTANY AND PACKET

SMALL ENOUGH TO FIT IN YOUR BACK POCKET. BECAUSE SIZE MATTERS.

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pockets

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DON'T LOCK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



My hand was soaked in blood!

Darts night ends in disaster for unlucky bloke!

e've had more injuries from pushbikes than motorbikes so far this year, and it turns out they're just as gruesome! The latest pedal-powered prang happened to 26-year-old advertiser Craig Miller from Bedfordshire.

"I was on my way home from my mate's house on a BMX after watching the darts final," Craig tells Nuts, "and I was carrying a glass bottle in one hand and steering with the other. I slipped off the bike and landed on the bottle, which smashed and sliced my hand wide open! "I didn't know I was cut until
I went to open my front door
and realised my hand was
soaked in blood! I went off
to hospital where they had
to operate straightaway as I'd
severed two tendons. It was a
pretty rubbish night but at least
Adrian Lewis won the darts!"

My mum said it's

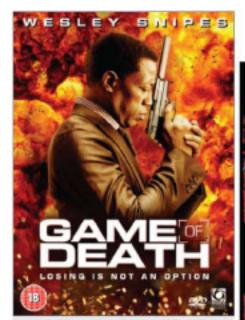
necklace!

Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2011 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com



piece of the action



£9.99

DVD out now

Action hero Wesley Snipes (Blade, Demolition Man) is back on top form in this dynamite-powered action spectacular. Also starring unstoppable kickboxing champion Gary Daniels (The Expendables) and stunt legend Zoe Bell (Death Proof, Kill Bill Volumes 1&2)

also available on Blu-ray







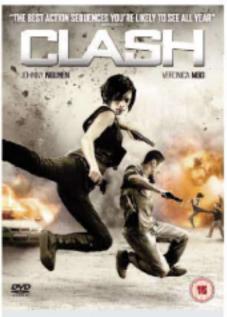


£9.99

DVD out now

From the producers of Donnie Darko comes this explosive all-star action comedy starring Zach Galifianakis (The Hangover), Rob Corddry (Hot Tub Time Machine), Emilie de Ravin (Lost), Maggie Q (Nikita) and Ving Rhames (Mission Impossible 3)

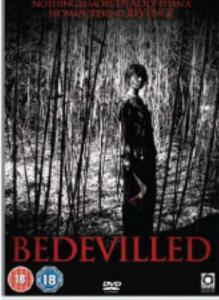
also available on Blu-ray



£9.99

DVD out 21 February

The master of martial arts and stunt work, Johnny Nguyen (Spiderman 2, Jarhead) is back starring in Clash, a relentless action-packed thriller. Brace yourself for spectacular whiteknuckle fight scenes and breathtaking stunts!



£9.99

DVD out 28 February

Powerful, poignant and extremely unsettling, Bedevilled is one of the most shocking and disturbing films from Korea since the notorious Old Boy, an experience you'll never forget

also available on Blu-ray



Nuts GEAR



Sackloads of stupidity from our readers!

Send your Letters to nutsletters @

He spied a woman

Dear Nuts.

My girlfriend cut out the picture of Holly Willoughby on page 14 of your 21 January issue. What I then noticed was that the new Spider-Man (page 13) seems to be played by Sophie Howard!

Paul Townsend,

Milton Keynes

26 Nuts

Paul, the last thing Sophie needs is to be given super powers she'd be unstoppable!



łe's right,

Dear Nuts,

My mate's TV is faulty, which means sometimes we'll switch channels but the subtitles from the previous channel will remain visible on-screen. So, when we decided to switch from The 40 Year-Old Virgin to Match Of The Day the other night...

Pete Stratton, via email

To be honest with you, Pete, you would expect Alan Shearer to think that!



Rach for the stars!

Dear Nuts.

Here's me in my Nuts vest. I didn't bother with the shorts.

Rachel Stamford, Cambridge

And we respect that decision wholeheartedly, Rachel!





Distant bums

I thought you'd really appreciate this picture. You always get one ass, don't you?

Wes Gee, Barry

Wes goes on to say the chap in the middle is his boss and he might now be in trouble!



One Al of a guy

Dear Nuts,

I was in London recently and met Al Murray, so I had to dive in and get a picture!

Llandra Trussler, Aldershot

You seem to be doing a haircut tribute to him, Llandra!





ipcmedia.com or to the address on p72

Ouch!

Dear Nuts.

As a matter of fact, I would say that mine's sharp enough already, thanks very much!

Steve, via email

We'll take your word for that, Steve. Don't show us!



It's a bust!

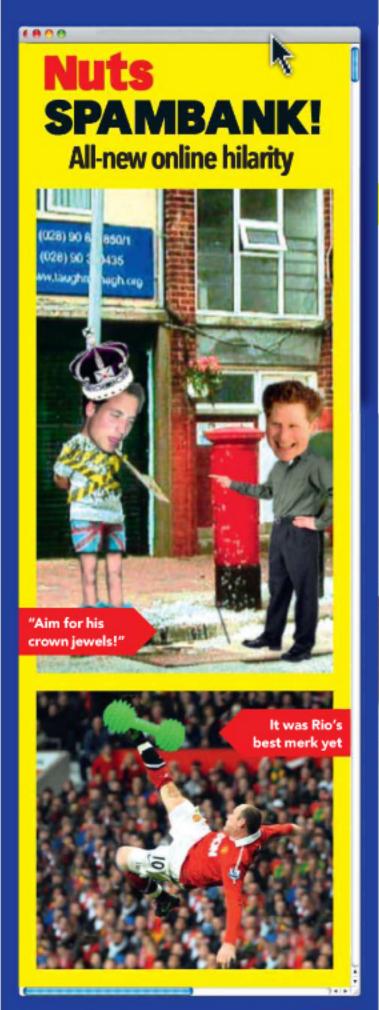
Dear Nuts.

Here are some snaps of our day trip from Birmingham to Bolton for the final game of last season. The fancy dress is something we Brummies take very seriously, but it didn't end too well for Pammy!

Andrew Mosley, Solihull

We're pretty sure she'll have found a way of winning those officers over, Andrew!





Win Durex stuff! [[]



Send your letters, hilarious spam pictures and camera phone cutie shots to: nutsletters@ipcmedia.com or post them to the address on page 72. The sender of this week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy.

Visit www.durex.co.uk for more information.

ONLY IN CAMERAPHONE **CUTIES!** Sexy snap-happy babes! Send us your pics! Text 'Nuts' and your sexy camera-phone pic to 0771 388 8008*

"A bit of a flash, in every sense!" Kelsy, Falkirk

"One over

the shoulder!"

Katy, Blackpool

"Me wearing my fanciest undies!" Steph, Wisbech

YOUR JOKE

Bursting with all the best gags, every week!

Send your jokes to nutsjokes@ipcme

SHORT JOKES!

Part of me wants to be with my girlfriend, but the rest of my body doesn't!

> Robert Lees, Leicester

My horse won at the races today. Still no idea how he managed to fill out the betting slip!

Oliver Turner, Bath

Q: How do you know when you're getting too big for your boots? A: They don't fit any more!

The barman says, "I'm sorry we don't serve time travellers."
A time traveller walks into a bar...

Robin Marks, Bristol

Midgets. They're down-to-earth!

Alan Prince, Woking



Upstairs downstairs

In the showers for the first time at Stamford Bridge, Fernando Torres sees John Terry's winkie and says, "Ay caramba, John – look at the size of that! No wonder Wayne Bridge's ex liked you. How do you get it so big?"

Terry replies, "Ah, it's an old trick, mate. When I'm going up the stairs for sex, I whack it against the banister all the way up."

Torres goes home and starts whacking his willy on the banister on his way to bed, when his missus shouts from the bedroom, "John, is that you?" Richard, via email

TV hell!

A blonde goes into an electrical shop and spots a bargain. "I'd like to buy this TV," she tells the salesman.

"We don't sell to blondes," he replies.

The woman goes home and dyes her hair black, then goes back to the shop and says, "I'd like to buy that TV, please."

The salesman looks at her and says, "I'm sorry, we don't sell to blondes." The woman goes home and opts for a more drastic disguise, cutting off her hair and changing her entire outfit. Then, she goes back to the shop and says, "I'd like to buy this TV," to the salesman.

"I'm sorry, we don't sell to blondes," he says.

"How do you know I'm blonde?" she asks.

"Because that's a microwave!" he replies.

Graham Danns, Sheffield



Win a 32GB iPod Touch!

Send jokes to <u>nutsjokes@ipcmedia.com</u> or to the address on page 72. The sender of this week's best joke* will win a 32GB iPod Touch thanks to Scruffs! Check out their brilliant Man Badges at www.scruffs.com/manbadges.



dia.com or to the address on p72

That sucks!

A guy getting bored of masturbating visits the library and asks the lady at reception if there's a book that explains how to orally pleasure yourself.

The lady behind the desk says, "You need to take the lift down a couple of floors and walk to the far end of the corridor."

The man asks why they put it so far away, and the lady tells him, "It's not far away, that's just where the end of the queue is!"

Paul Sanders,

Falkirk



Odd job!

It's the first day of school for Billy, who's just moved from Australia.

The teacher goes round the class asking what their dads do for a living.

All the children answer, except Billy. Eventually he says, "My dad's a gay pole dancer."

The teacher asks if he's telling the truth. Billy replies, "No, not really. He plays cricket but I was too embarrassed to say."

Tony Biggs,

Doncaster



FAMOUS BLOKES' JOKES'

FRANKIE BOYLE:

"Belly piercings aren't sexy. Men just think they are because it reminds them of the staple in the middle of a pomo mag."

RUSSELL HOWARD:

"There was a girl in my class at school who used to bang her calculator against the desk to get it to work. My teacher got so annoyed he shouted, 'Lydia! How would you like me to bang you against the desk?"

CONAN O'BRIEN:

"How come Hulk's shirt always falls off but never his pants?"



"I don't like conventional relationships. I don't tell my girlfriend she's the most beautiful girl in the world every day. Because she's not."



JOE PASQUALE:

"My grandad was one of the first people to have a pacemaker. He just had a little Kenyan boy running beside him all the time!"

JIMMY CARR:

"Among the celebrities suing the News Of The World for phone tapping is Paul Gascoigne. He's demanding to know who they recorded him talking to, where he was, how he got home and why he had a traffic cone on his head"

RUSSELL BRAND:

"I worked out a way of ripping off the BBC iPlayer. As if I haven't done enough damage to that great institution already!"



Have a cheeky flash - and earn some cash!



LORI-ANNE 24, from Blackpool
"Well, I kept my bra and pants out, like the sign asked!"



PAULA 22, from Birmingham
"Down somewhere woody and completely in the nuddy!"



AMI-HANNAH 20, from Birmingham
"I got too hot from working out, so I decided to lose my top!"



JENNY 22, from Birmingham
"I fancied some table-top titillation with my glass of wine!"

PHONE ONLY IN Win £100!

Seen something daft? Snap it, send it in and win £100!



"This is me and some of the lads preparing for a big night out. Weirdly, the line, 'Have you ever kissed a girl before?' didn't work for us on the women!" Anon, via text

Text 'Nuts' and your picture to 0771 388 8008 (texts are free but standard network charges apply*). Pic Of The Week wins £100





CORNER!



"I got this stupid tattoo done and now I just want it in Nuts so much - it'll make it all worthwhile!" Liam, Oxford







with a credit for you boys!" Anon, via text



arking fee £ 1.219,00 Length of stay 138 Day(s) 2 Hr. 20 Min. PRICEY PARKING! "I'm pretty sure we weren't in the shops for over four months!" Pete, via text

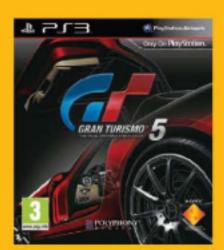


£2 extra trade-in value

on all PS3 & XBOX 360 games



new trade-in value £35



new trade-in value £35 old trade-in value £33



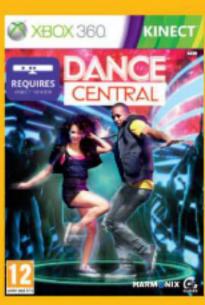
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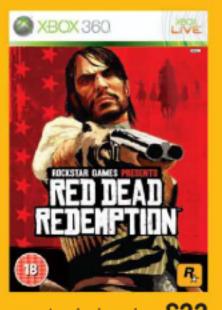
new trade-in value £10



new trade-in value £27 old trade-in value £25



new trade-in value £27 old trade-in value £25



new trade-in value £22 old trade-in value £20



new trade-in value £13 old trade-in value £11

offer ends 28 February



trade in games for money off anything



THE TRUTH ABOUT SEX WITH... LACEY BANGHARD

Nuts girls solve your bedroom bother!

Email questions to thetruth_sex@ipcmedia.com



I want her first!

My mate and I both fancy the same girl at college. How do I get her to fancy me rather than him? He's better looking than me but I'm funnier.

Stevo, Wakefield

I'll come and visit you and then she'll want to be with you ten times more than the other guy! Ha-ha! If you can get with a hot girl, that'll help! Be seen with her in front of the girl you fancy and that'll make her jealous. Girls always want something they can't have. It's even worse when a girl could have had someone and now she can't.

Nuts Babes' **SEX TIPS!**

No.37: "Toys or a whip will spice things up. It's more exciting if you've got something to play with!" Chloe Saxon



Her hairy top lip's a turn-off!

I've started to notice my girlfriend has a moustache. How do I tell her nicely to get rid of it? It's a real turn-off.

Nick, Sudbury

Start talking about your own moustache or facial hair and make it into a joke. If girls have a complex about something and you make it serious, it makes them feel even more insecure. Casually bring it up and don't put too much pressure on her!

She can't suck

My girlfriend loves to go down on me but she's useless at it. How do I explain to her what to do without it offending her?

Kevin, Birmingham

Just explain to her what you like. You need to make her feel confident that she's pleasing you. Girls like to think they're doing a good job, otherwise it's pointless! When she next goes down on you, give her a prompt as to what you'd like her to do.

College crush!

I fancy my college teacher and during class I have a constant erection because I have to watch her. How can I stop this?

Simon, Lincoln

I don't know how you can stop yourself from getting an erection. You could try holding a bottle of cold water between your legs, or try thinking of something that isn't sexual to keep your mind off her.



Nuts 33



UFC TAXIS!

Bisping says: "These taxis are replicas of the ones that drove around London for one of our events. We've done some cool stuff to promote UFC!"

BISPING ACTION FIGURE!

Bisping says: "This is my own action figure! It's a bit unfair – he has a six-pack but never goes to the gym. It's pretty bizarre, but here he is!"

FAN ARTWORK!

Bisping says: "This is all done by a guy called Geo Thomson. He sends me one every now and again for free, which is nice of him. They're great!"





36 Nuts



be on assignment in Frankfurt, Germany. Thing is, when the baddy gets pulled by the cops, he's stood in front of a Canadian bus. Don't you love it when a plan comes apart at the seams?

>>BLOOPER TIME: 1:12:32 & 1:12:49



THE INVENTION OF LYING Blooper: The whole point of this flick is the human race hasn't evolved the ability to lie. So why is it that when Ricky Gervais' character tells suicidal neighbour Frank (Jonah Hill) he doesn't want to hang out, the depressed chap, though hurt, feigns cheerfulness?

>>BLOOPER TIME: DO:32:18

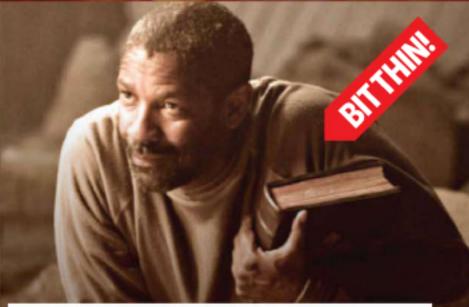


IRON MAN 2 Blooper: When Downey Jr's character has a massive ruck with Don Cheadle, the duo smash a hole in the ceiling. But as they go toe-to-toe, the hanging debris keeps changing shape above them. Shapeshifting? We didn't think this was a horror flick!

>>BLOOPER TIME: 00:55:47 8 00:56:01

Blooper: One for the science geeks here. The atmosphere on Pandora consists of nitrogen, oxygen, xenon, methane, carbon dioxide and hydrogen sulphide. So, the idea you could light torches is as absurd as pretty much all of James Cameron's 3D hit.

>>BLOOPER TIME: 80:93:00



THE BOOK OF ELI Blooper: Spoiler alert! Pretty big mistake, this one. If Denzel Washington, our blind post-apocalyptic hero, had really come into possession of a Braille version of the Bible, he'd know that it runs to a whole 18 volumes, rather than just one book!

>>BLOOPER TIME: 00:10:35



THE EXPENDABLES Blooper: Stallone's crew get righteous and kick ass in the finale as former UFC hardman Randy Couture gets the better of Stone Cold Steve Austin. Except it's not Stone Cold in that fireball, it's blatantly a stunt chap in a Mr Blobby suit!■

>>BLOOPER TIME: 81:24:14

LOS ANGELES POLICE DEPARTMENT

WILLIAM J. BRATTON



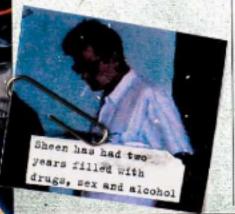
P. O. Box Los Anp Telephone TDD: (877)

Charlie Sheen: Hollywood's Biggest Loon!

Cocaine, prison, car crashes and porn stars - a look at the most colourful man in showbiz...

or over 20 years, Charlie Sheen, 45, has enjoyed a sketchy relationship with the real world, living a surreal existence full of illegal substances, women of relaxed morals, barely averted calamities and amazing success in acting, which he occasionally gets around to doing, too. But over the last two years, Sheen who earns about £775,000 per episode of Two And A Half Men has appeared to enter a selfdestructive pattern of excess. burnout and rehab. Our story begins, like many classics, on Christmas Day!

If one moment can be said to have started Sheen's two-year blizzard of drugs and porn-star sex, it came on 25 December 2009. The festive season that year ended with Sheen in jail



after wife Brooke Mueller called the police because Sheen was drunk and acting bizarrely. "It's happened before," Mueller told police. Even so, less than a week later, the couple were putting on a show of affection to the media. "They're very much in love," said a lawyer for Sheen's wife. The marriage lasted another 11 months.

STOLEN CARS AND PORN STARS

In February 2010, a fourdoor Mercedes Benz saloon vanished from Sheen's home in Sherman Oaks, California, and was driven over the edge of a cliff in the Hollywood Hills. At 4am, around the time the car's automatic security system was informing police of a crash, Sheen was at home reporting the car as missing.

"It was nice to have police come to my house and for once I didn't have to leave with them," Sheen quipped. A little over a fortnight later, though, Sheen checked himself into rehab to begin his third stint in recovery.

One car falling down a ravine can be seen as unfortunate, but when another of your fleet of Mercs ends up over the side of a cliff four months later, at the same time in the morning, the police get suspicious. Just before 3am on 15 June, an officer saw another Mercedes saloon, crashed off a cliff on Mulholland Drive about a mile from the site of the February crash.

Once again, it belonged to Sheen and once again, he was baffled by its absence. On both occasions, the keys had been left in the ignition of his car, and it was this aspect of the thefts that police noted as "suspicious".

By August, Sheen was back in



rehab at the order of the courts.
He underwent counselling and
was given probation. Apart
from the mysterious double car
theft, the Hollywood star had
been relatively quiet for months.
But that was about to change.

In the early hours of 26 October 2010, police escorted a cocaine-crazed Sheen from the New York Plaza hotel after the actor had caused over £4,000 of damage in his suite.

Sheen had been "partying" on the town, snorting cocaine and drinking with porn star Capri Anderson. Upon returning to

'Police found Sheen naked and screaming incoherent slurs!" the hotel's famous Eloise Suite with Capri, Sheen discovered that his wallet and mobile – or, according to other sources, his Rolex – had gone missing, and he flew into a rage, hurling stuff around the room, while Anderson hid in a wardrobe.

Finally, Sheen passed out and Anderson made a panicked phone call from inside a wardrobe. Police arrived to find the pair naked, with Sheen screaming "incoherent slurs" at officers on the scene.

A police spokesman later reported Sheen wasn't expected to face any criminal charges – the hotel-trashing incident, according to Sheen's people, was "an allergic reaction to medication". By the time 2011 came, Sheen was divorced again and ready to go into overdrive.

The Adult Video News
Awards is an annual ceremony
held by the US porn industry,
where porn stars descend on
Las Vegas to be honoured in
categories like Best MILF Series
and Best All-Girl Sex Scene.
On Saturday 8 January, Sheen
headed to the Palms Hotel And
Casino in Vegas to join the fun.
He rented the hotel's Hugh
Hefner Sky Villa (at around £25k
a night) and was soon downing
shots with another famous porn
star, Bree Olson, in the hotel bar.

When Wednesday 12 January came around, and Sheen was due to report for filming on his hit sitcom Two And A Half Men, he was nowhere to be found.
The reason? An "ear infection".





























until it's mathematically nailed on that we've won. It's a cliché but we'll take one game at a time, one point at a time. If that wins us the title, great. Was losing your unbeaten run against Wolves a bit of a body blow? Only in as much as we dropped three points. Staying unbeaten throughout the season was never a motivation for me. At the end of your career, you're judged on medals, not how vou've won them!

United haven't been as fluent as in previous seasons. Why do you think that is? With some of our injuries, we've had to chop and change a bit but, overall, our standard of performances have been excellent. Of course, we

for me. Whether we win games by one, two or three goals, I don't really care!

Presumably an in-form Wayne Rooney will be important in that. Wayne's had a tough season, but he's a quality performer. His effort and determination have never been in question and yeah, he looks like he's hitting some form at the right time. But it's not down to one man - winning a title never is. It's about the whole squad pulling together and putting their hands up at important moments. That's the great thing about our lads, there's a pride

about playing for Man United - you can't teach that!

mentality is that of winners. Winning can be addictive and being greedy for success is part of the United culture. That comes from the manager and spreads through the players. Finally, no one represented that winning mentality better than Gary Neville. But he could be a bit annoying, couldn't he? Gary's the best right-back in Premier League history and I stand by that 100 per cent. He's United through and through. He cares about the club. If some don't like him, that's up to them. As far as everyone at United's concerned, he's a total legend!

Marseille vs Man United

Wednesday 23 Feb, 7.45pm, ITV1/HD





Arsene's men can do it in the Nou Camp!

t was a great night for
Arsenal, and for English
football as a whole, last week
at the Emirates, and I was
massively impressed by the
way Arsene Wenger shifted
his tactics at half-time to grab
a win against the best team on
the planet. One thing we know

l don't think it's a guarantee that Barca will score!" is there's no point trying to play the Catalans at their own game – they're far too good. Instead, Wenger realised that while his side were lucky not to be three or four down by the break, he could bring on players to help the Gunners hit Barcelona on the counter-attack, something they need to build on if they're going to progress beyond the return leg at the Nou Camp.

Wenger will think long and hard about the team he plays, and I imagine he'll go with one up front to try to squeeze Barca in the middle and force their best players out wide. If you let Barca play through the middle, they'll absolutely slaughter you, so the only way to stop them is to deny them any space.

Most people still have the Spaniards down as favourites to progress after the second leg, but I'm not so sure! You just never know, and I don't think it's guaranteed that they'll score. In fact, if they do, I think Arsenal will notch one as well. The game last week was also an opportunity to once again see Jack Wilshere continuing to shine every time he plays in big games – nothing seems to phase the lad, and I think the link-up play he's doing for Arsenal with Theo Walcott shows real signs of promise for what they could one day do in the white shirt of England.

For one night, Arsenal really showed the best can be beaten, and their fans were incredible, too. A great night all round!



England needs Harry!

Arsenal's result against Barca wasn't the only great result for English sides in the Champions league last week, as Spurs pulled out a top win at the San Siro. Anyone who's derided Harry Redknapp in the past as some kind of "wheeler dealer" really needed to watch this game. The man's a fantastically clever manager, tactically superb, and if anyone's looking for the next manager of England, they need look no further. The team could thrive under him, and it can't happen soon enough for me!



be ashamed of himself

after his tackle on

Vedran Corluka, Almost as ashamed as the

'Tasmanian Devil",

Gennaro Gattuso!







Chris predicts the week's big games!

1 WIGAN VS MAN UNITED 26 FEB, 3PM

"I can see Man United possibly losing one or two more games this season, but I don't think this will be one of them. Wigan are just too inconsistent!"

3 ARSENAL VS BIRMINGHAM

"This should be a great occasion, especially for Alex McLeish and his Birmingham side. I'll be at the game, so I'm hoping for extra

27 FEB, 4PM, SKY SP 2/HD

time and then penalties!"

KAMMY SAYS: 1-1

KAMMY SAYS: 13



goal-scoring threats in Demba Ba and Luis Suarez respectively!"

KAMMY SAYS: 2-2

Nuts SPORT

Not a bad effort, Matt! Keep the drawings coming in, folks!

Kammy needs you!

Send your jokes, pics etc to kammy@ipcmedia.com. The sender of the best each week will win a signed Nuts T-shirt!







The Derby skipper assesses the teams!

"On paper, it's no contest. Cesc Fabregas, Robin van Persie, Theo Walcott and Samir Nasri are enough to frighten anyone. I'm assuming the Gunners will play a full-strength team anything less would be an insult to Birmingham - but who knows what Arsene Wenger will do? If I was him, I'd go all out for

a victory because five years without a trophy is long enough. Arsenal's attacking strengths are well documented, but why they haven't invested in a decent goalkeeper and a dominating centre-half is a mystery. Do that, and they could expect to win trophies and not just the Carling Cup on a regular basis."

"While everyone predicts a rout for Arsenal, I think my old club still have a chance. From the first whistle, they'll need to get right in Arsenal's faces and make it a horrible, horrible game. My game plan would be simple - stop Arsenal playing their pretty football, get the ball out wide and hit the in-form

Nikola Zigic as much as possible. He's a monster in the air - something Arsenal's dodgy defence won't fancy at all. Then there's recent signing Obafemi Martins, who's unpredictable but dangerous, while at the back, they're well organised and take no prisoners. It's an attitude they'll need against a more talented opposition."

Sav's suggested line-ups!



Sav on the gaffers!

MCLEISH VS WENGER

"Alex McLeish has worked wonders and deserves to be seen as one of the bright stars of the Premier League. Clearly he learnt a lot from Alex Ferguson at Aberdeen and has a massive future. He'll have Birmingham organised and up for the fight – and

I love that! As for Arsene Wenger, let's get one thing straight, I believe he's one of the greatest managers of recent times. The way his teams play and the signings he's made – incredible! But Arsenal need a trophy. Maybe he'll see the Carling Cup as a bigger priority than before."



Sav on the key men!

ROBIN VAN PERSIE

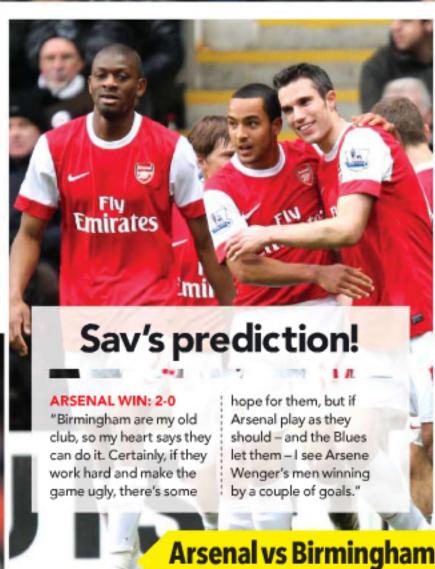
"How can I pick one? Nasri is amazing, Fabregas is one of the best midfielders in Europe and Walcott has bags of pace. But I'll go for the Dutchman. He has a stunning left foot and a goal-scorer's instinct. He's arguably the Premier League's in-form striker, so if Arsenal play like they can, I see him being in the goals."

GARDNER

NIKOLA ZIGIC

"I can't think of a better man to test Arsenal's big weakness – the centre-half area. He's strong, physical, no-nonsense and playing well right now, so I expect the Gunners to have their hands full. As always, it'll depend on the delivery from wide areas, but I expect Zigic to be a focal point for everything Birmingham do."





Sunday, 4pm, BBC1 and Sky Sports 1/HD





FOOTBALLERS' CARS! It's what your turnstile money pays for!

Rooney's revamped Range Rover!

United man's motor makeover!

ing of the overhead kick Wayne Rooney might not be feeling the pinch as much as the rest of us, but he still took the cheaper option when he got bored of his silver Range Rover Overfinch.

Rather than trading it in for a new motor, he had it wrapped in a vinyl white for only £1,000!

It's not as cool as the chrome mirror-wrap El-Hadji Diouf had done on his Mercedes, but we're not telling Wayne that!

£105,000

The stats!

- 0-60mph: 7.0 seconds
- Top speed: 140mph
- Max power: 380bhp
- 5.0-litre V8 engine
- The company that tunes these Range Rovers is in administration, so at least Wazza knows nobody else will get a car like his!

BEFORE!



MAN-LYVE CORNER!







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QUOTE ME ON THAT!

This week's biggest match debaters!

"Last week I said to my wife, can I have some Charlie corn flakes?

Blackpool boss Ian Holloway's unusual breakfast request.





"With our keeper, our survey said, 'Whack, whack, oops!"



of four"
That's because it would have been impossible, Phil

"Damien Comolli has got a big network in France and abroad"

Er, France is abroad, Harry Redknapp. "Zigic
is six
feet six
but he
jumps
about
six feet
four"
Paul Merson
on a physical
impossibility.

for our formation, wanted one in goal and ten outfield"

Kenny Dalglish's highly sophisticated tactic.

"I'm not the greatest-looking in the world"
You can't fault Dave Kitson for honesty.

or kiss my arse" Mick McCarthy's surprise gamepla

"We tried

everything

whether it

was shape,

formation



"We'll show
Muntari the
sights of
Sunderland
- we'll take
him to the
Mecca bingo"
Unlucky for some,
eh, Steve Bruce?

"In the nicest way, Tony Pulis was a bit of an animal"

Jamie Redknapp on the Stoke manager's animal instincts.

"We've heard from Pele, who endorses Viagra. That's one product that stands up"



'OO-ER SOUNDS A BIT RUDE' CORNER!

"Zigic is pulling off both fullbacks" Ray Wilkins on a busy

"At many
Scottish clubs,
people are
part-time and
having it off"

Mark McGhee on after-work activity. "Zubar sucked the goalkeeper out" Charlie Nicholas on the defender.

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of system makes on banks

BEDROOM BABES!

Vote for your favourite - and she'll star in Nuts!

Vote for your favourite at www.nuts.co.uk/girls



Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

ONLY IN REAL GIRLS, REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 72. You must be at least 18 years old. THIS WEEK:

Name: Nikki Age: 21

Boobs: 32DD. "I love them!"

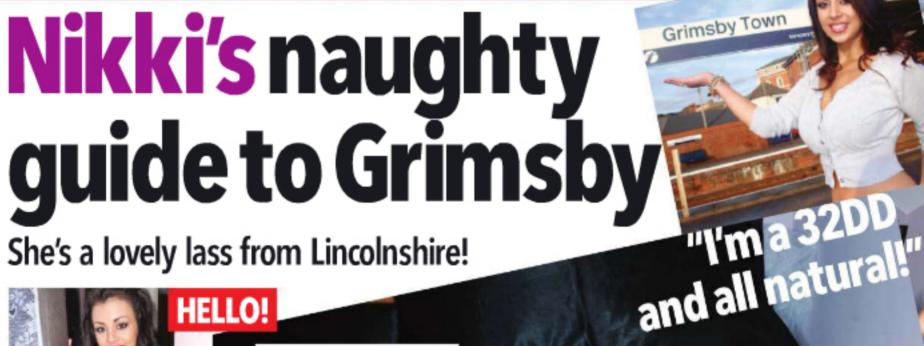
"Cheeky boys!"

Ever kissed a girl?

"For a dare!" Strangest place you've had sex:

"On a golf course!

Sex tip: "Tickle my thighs!"



She's a lovely lass from Lincolnshire!

HELLO!

Nikki on... sleeping!

"I don't need that much sleep, so I go to bed late and get up early but I have a nap in the day! I like cuddling in bed but be warned, I hog the space!"

Nikki on... her home!

"I live with my mum and stepdad in Grimsby. It's a small town so not a lot happens, but everyone knows each other so it's really nice and friendly!"



We poured this advice into a *Nuts* man's head and sent him online to try to win!

Deal or No Deal top tips!

eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one winner walked off with £1.96m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

David R won £58,236 on Deal or No Deal!**

"I was so shocked,
I took the day
off work. It's so
hard to believe
this is all real!"



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10 RUDE And a Real Girl to answer them... OUESTICKEN

THIS WEEK: Jo-Louise

23, Bournemouth

Where's the strangest place you've had sex?
"On top of a double-decker bus. It was definitely strange, but it was a bit of a thrill as well—I can't believe nobody noticed!"

What's your trademark move in the bedroom?
"I used to be a gymnast and a dancer, so I'm flexible and have very strong thigh muscles!"

What one thing's a guaranteed turn-on for you? "Someone kissing and nibbling the back of my neck always sends shivers down my spine and makes me go really weak at the knees!"

What's your favourite
position and why? "I love
being on top as I like to
take control. Reverse cowgirl's
my favourite, followed by doggy.
I love having my hips grabbed!"

Is it better to give or receive in the bedroom?
"I love to give as it turns me on knowing I'm turning the guy on, but it's important to do both! Giving and receiving is more satisfying and feels like you've both had a workout!"

Have you ever been with a lady? "I've had a few snogs with girlfriends and I've felt a few boobs, but I've never been with a girl properly!"

What's your rude fancydress outfit of choice?
"I have a sexy, short, bum cheek-revealing, white nurse's outfit with red little French knickers to go underneath!"

Have you ever made
a sex tape? "Not yet! It'd
be hot, but I'd be worried
about it being lost and getting
into the wrong hands!"

What one sexual thing ndo you really want to try but haven't got round to yet? "I think it'd be hot to be caught having sex and then watched by whoever had walked in. It just seems really naughty!"

10 What's the single rudest thing you've ever done? "I gave a fella, erm, 'sexual pleasure' under his coat on a packed train once! It was actually really sexy, but really funny at the same time as no one had a clue. Maybe I have a thing for public transport!"

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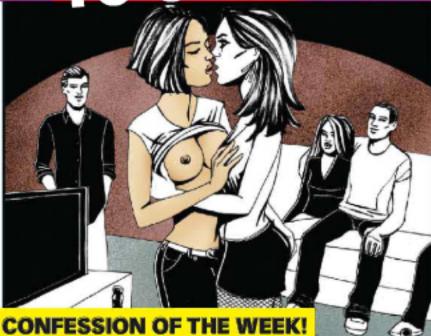
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'The party got very wild'
I'd heard rumours our new neighbours liked to throw wild

parties, so when we got an invite from them, my man was really excited, whereas I wasn't so sure. As the party heated up, I hid in the kitchen, sipping wine while he got involved in a game of strip Twister. Then the lady of the house announced we were going to play a game of truth or dare. I nervously agreed to join in and who should it land on but her and me. She chose a dare and people shouted for us to kiss. Before I could object, she was kissing me. It felt so good and intense, and neither of us wanted to pull away. Knowing everyone was watching really turned me on and I was soon really wet. Het out a moan as her head moved down, and she started kissing my neck and feeling my breasts. I then felt her tongue glide across my nipple and her hand move between my thighs. We continued to play while everyone watched. I'm planning on hosting the next party!

Rosie, Norfolk

'His hands were all over me'

My local rugby club had a school uniform party and I couldn't wait to flirt with the sexy boys. My outfit left little to the imagination - a tiny skirt, sexy

bra and school tie. Within no time, we were all dancing and I was grinding against the firstteam captain. I kept flashing a bit of boob as well and he was definitely getting excited. I felt his hands touching me and then moving up and down my body,

and my knickers were getting wet. As he kissed my neck, I pushed back into his groin and we stared at each other, both wanting the same thing. I pulled him into a quiet corner and discreetly released his straining erection. I put my leg up on one of the sofas, while he pulled my thong to the side. He whipped a condom out of his wallet and slipped it on, then pushed deep inside me while rubbing my clit with his thumb, and in no time, I was squealing in sheer delight. We thought nobody had noticed what we were up to but we were the talk of the club the next day!

Lou, Cheltenham

'I stripped for him at my flat

I wanted to get fit for a triathlon I've signed up to this summer, so I booked a few sessions with a personal trainer in my local park. As soon as I met him, there was a sexual chemistry between us and I couldn't take my eyes off his bulging muscles. He put me through my paces until I was sweating, then, as it started to rain, we headed back to mine for some abs work and stretching. As he was collecting his stuff to leave. I started to strip off for the shower, then he asked if I needed a hand. We were soon tearing off our clothes and under the hot water. We kissed and pleasured each other with our mouths before moving to my bedroom to continue our hot session!

Chloe, East London

'We were naked on a pool table'

My boyfriend's brother has just opened a pool hall and we often go there for a free game and a few beers. My man had been spending a lot of his time there, flirting with other girls, which created friction between us and we started having lots of big arguments. One night, we had a huge row in front of everyone and he stormed off. His brother saw my distress and as it was almost closing time, he kicked everyone out so he could look after me. I was crying a lot, so he comforted me by putting an arm around my shoulder and telling me what a jerk his brother was. His tight squeeze relaxed me and I nestled into him. Looking up to say thanks, I was surprised when he kissed me but I didn't pull away. I passionately kissed him and we were soon naked on a pool table. He disappeared between my legs and pulled my pants off with his teeth before giving me the best oral sex ever. I came within minutes and I split up with his brother the next day! Siobhan, Hampshire

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ ipcmedia.com or to the address on page 72. The best one each week* wins £50! Come on, girls!

For the man who has everything, just nowhere to put it!



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KILLZONE 3 PS3, XBOX 360



Third instalment of PlayStation's answer to Halo, and these just get better and better. This shooting campaign's a lot more varied than the last. though the ever-ready-toshoot-you-in-the-face Helghast enemies remain steadfastly tough. Plus, it looks the dog's double danglies. And if you've got one, it's an absolute delight on a 3D TV. ****



DE BLOB 2 PS3, WII, XBOX 360



Bring colour to Prisma City as you bounce around new levels with your blob of paint, springing traps and fighting baddies. Time to

try if you're a Blob virgin. ★★★

KIRBY'S EPIC YARN



Scrolling adventure game sees our little, pink hero floating through a gorgeous, threadbare world, platform-jumping and problem-

solving for all he's worth. ★★★

APPS!



PLANE FINDER IPHONE, IPOD TOUCH, IPAI



Wondering where that plane flying right above you is heading?

This'll tell you! Neat! ****

TRICKLE FOR TWITTER



A brill app that provides live updates from Twitter as they come in. Simple

ideas are the best! ★★★★

DVDS/BLU-RAY! Filming took place over two years in around 40 countries

HUMAN PLANET



If there's one thing the Beeb are ace at, it's docus about the natural world, and this one turns its attentions away from the bazillions

of furry, scaly and slimy critters

inhabiting the Earth, and onto us humans. More specifically, it's about humans surviving in the very harshest of environments, such as deserts, the Arctic, jungles and mountains. And it's utterly spellbinding with it. A top addition to any DVD collection.

BURKE AND HARE CERT 15 DVD & BLU-RAY



John Landis directs this horror comedy, starring Simon Pegg and Andy Serkis as a couple of body snatchers. Not too bad, but not that

good either. Worth a watch. ***

NOT GOING OUT - SERIES 4



The latest series of the hit-and-miss BBC comedy starring Lee Mack and Tim Vine. Worth watching because they occasionally

pull out a pearler of a gag! ★★★

2010 COOK CUP CERT E DVD



Another chance to see England bash the Aussies, this time in rugby last November, where Martin Johnson's men hammered

'em 35-18 at Twickenham! ★★★

MUSIC!



THE LOW ANTHEM SMART FLESH



New album from the US folky rock types that'll charm anybody

who likes a bit of Fleet Foxes or Band Of Horses in their lives. Which, coincidentally, includes us at Nuts! ***

VARIOUS ARTISTS GODSKITCHEN SUPERELECTRIC



A huge supply of electronic hits, with the likes of Duck Sauce and

Tiesto alongside some people we've never heard of. ★★★★



DRIVE ANGRY 3D

Nicolas Cage plays a muscle carloving hardman back from the dead to open a can of whoop-ass on the religious cult that killed his daughter. It's like From Dusk Till Dawn meets Fast & The Furious



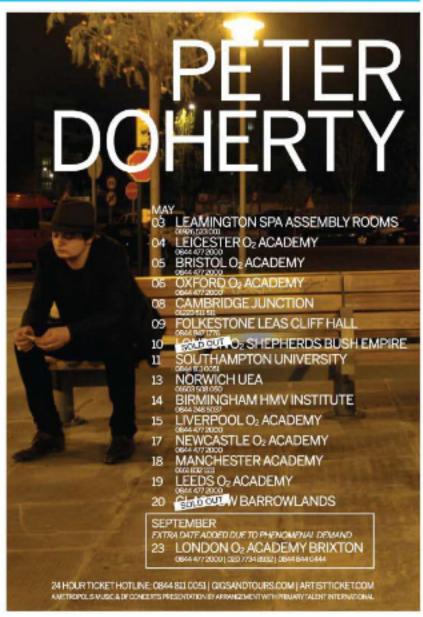
Ace Aussie crime thriller following a young lad's induction into the family business - imagine Goodfellas on Ramsay Street. It even stars Guy Pearce! ★★★★

as Cage and sidekick Amber Heard put pedal to the metal for an explosive revenge-fuelled ride. Fireballs, decapitations, F-bomb-dropping killer gags and boobs in 3D! Awesome! ★★★★



THE RITE

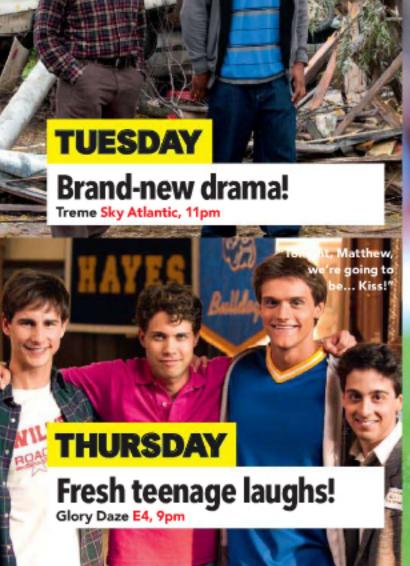
Supernatural flick with Anthony Hopkins as a renowned exorcist out to restore a priest's wavering beliefs. Hopkins is excellent – the film's only average. ★★★

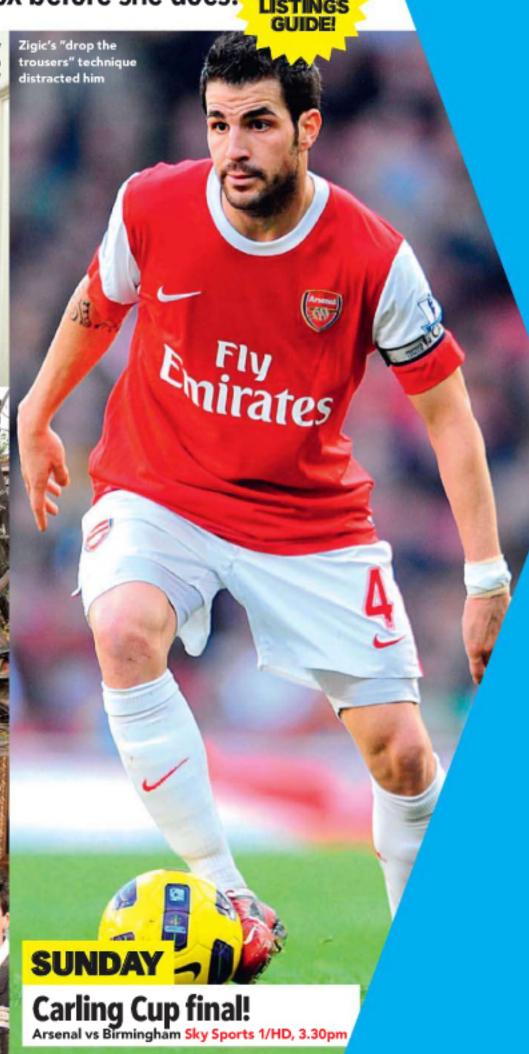


UTS

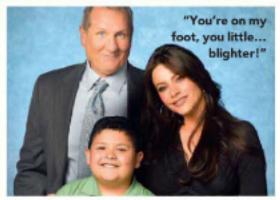
Helping you fill the Sky+ box before she does! 7-DAY TV LISTINGS







FRIDAY 25 FEBRUARY



Modern Family

COMEDY Sky1/HD, 8.30pm The laugh-out-loud family-based

sitcom is back. Jay teaches Manny how to ride a bike – and it turns out Gloria (hottie Sofia Vergara} needs lessons, too! ★★★



True Blood FX/HD, 10pm

DRAMA Sookie finally saves Bill, only for him to then go and try to kill her. All accidentally of course, but really,

what kind of thanks is that? And Sam puts a stop to his brother's dogfight. ***



TODAY'S

MUST-SEE

TV PICKS!

COMEDY Channel 4, 10pm Will from The Inbetweeners and Tom

Rosenthal (son of Jim - really!) star in a top comedy as brothers who visit their eccentric parents for dinner every Friday. Ace! ★★★★

one

6.00am Breakfast 9.15 Heir Hunters 10.00 Homes Under the 11.30 Cashin the Attic 12.15pm Bargain Hunt [R] 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country 3.00 BBC News, 5.15 Weakest Link (R) 6.00 BBC

TWO

6.00am (Beebies 7.00 (BBC 8.30) (Beebies 11.40 EEE Cinderella: Musical with Lesley Ann Warren. 1pm Due South (R) 1.45 To Buy or Not to Buy 2.30 Living Dangerously (R) 3.00 Wanted Down Under (R) 3.45 Flog It! Ten of the Best 4.30 Perfection 5.15 Put Your Money Where Your Mouth Is 6.00 Eggheads (R) 6.30 My Life in Books

5.30am ITV News 6.00 Daybreak 8.30 Lonaine 9.25 The Jeremy Kyle Show 10.30 This Marring 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 House Gift 3.00 Dickinson's Real Deal (R) 4.00 Midsomer Murders (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

6.20am The Hoobs (R) 7.10 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.00 Frasier (R) 8.30 According to Jim (R) 9.00 Supernarmy USA 9.55 The Good Wife (R) 10.55 Gok's Clothes Roadshow (R) 12.00moon News 12.05pm Jamie at Home (R) 12.30 Bless This House 2.10 Cookery School 3.10 Countdown 3.55 Deal or No Deal 5.00 Come Dine with Me 5.30 Coach Trip 6.00 The Simpsons (R) 6.30 Hollyoeks



6.00am Milkshake! 9.15 The Wright Stuff 11.00 The Vanessa Show 11.45 CSI: NY (R) 12.40 pm Five News 12.45 Street Market Chefs (R) 1.15 Street Market Chefs (R) 1.45 Neighbours 2.15 Home and Away 2.50 Rough Guide to Weekend Breaks(R) 3.05 EU Sarority Wars: Comedy staming Lucy Hale. 5.00 Five News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.30 Home and Away (R)



7pm The Simpsons Anight of quality entertainment begins with the family sent to Alcatraz. (R)

7.30 The Middle Frankie and Mike try to regain control of the household. (HD)

8.00 The Simpsons Marge is reunited with three old friends. (HD)

8.30 Modern Family IIII Claire becomesa neighbourhood vigilante. (HZ)

9.00 Raising Hope Jimmy faces the dilemma of

whether he should allow Hope to see videos of her mum. (HD) 9.30 The Simpsons

Homer is prescribed a marijuana-based medication. Farout, man! (R)

10.00 Louie Spence's Showbusiness And the fun ends. (R)(HD)

11.00 Got to Dance

12.30am Road Wars (R)

Hammer (R) 11.00 Wreck or Ready? Weather, Regional News 3.05 CBBC News, Weather 6.30 Regional News Programmes, Weather

7.00 The One Show

Evans and guests.

7.30 Deadly 60

8.00 EastEnders

is the family's new GP.

With Jimmy Carr, Jack Dee

Brian enters an addiction centre

run by monks, but soon becomes

bored. We carr't blame him. (R)

10.00 News, Weather

With Lost star Matthew Fox and

10.35 The Graham

singer-songwriter Jessie J.

11.20 The National

11.30 High Crimes

Courtroom thriller starring

Ashley Judd and Morgan Freeman.

Lottery Friday Night

Norton Show

Draws

and Alan Davies. Ace! (R)

9.00 New Tricks

8.30 QI

on a Mission

Goggle-eyed topical chat with Chris

Steve Badsshall gets up dose and

personal with a load of ouddly old lethal snakes and spiders. Er. ..

High drama as Masood throws

a strop when he discovers Yusef

7.00 The Culture Show

Analtemative Oscars.

7.30 An Island Parish More Wicker Man-esque artics.

8.00 Mastermind

Subjects include the life and career of Douglas Jardine, a former England cricketer who caused a load of aggro in Australia yonks ago.

8.30 Britain from Above

We'd best turn over - we wouldn't want a vertigo attack. (R)

9.00 Hidden Treasures of Australian Art

Griff Rhys Jones explores art by indigenous people.

10.00 Fast and Loose

Featuring Greg Davies, Justin Edwards and Pippa Evans.

10.30 Newsnight

11.00 The Review Show With Val McDermid, Who?

11.50 ICC Cricket World Cup Highlights

38 Bangladeshvs Ireland and Australia vs New Zealand.

12.50am Shadow of the Vampire

Officeat homor-thriller staming John Malkovich.

7.00 Emmerdale

More four-legged flim-flam.

7.30 Coronation Street

It's Friday night! Why would you want to sit in watching this?

8.00 Children's Hospital A baby faces surgery to remove

a growth from his neck. 8.30 Coronation Street

Steve decides to take action. So

should you. Got to the pub. Now!

9.00 Benidorm

The Garveys arrive at Madge's villa, only to discover she has sold it to a TV personality, and Gavin turns up at Solana with a new companion.

10.00 ITV News, Weather

10.35 The Cube

A fitness instructor competes on the weirdy game show. (R)

11.35 Take Me Out

A dance instructor, a designer and a fire breather take part in the show. Our advice to them? Don't! (R)

12.40am The Zone

7.00 News

7.25 4thought.tv

7.30 Teen Horse Whisperers

Students with behavioural issues try to tame wild horses.

8.00 Relocation: Phil Down Under

Phil Spencer catches up with a Melbourne family over a cup of tea and a lamington, presumably.

9.00 Embarrassing Bodies

The mobile dinicvisits Thorpe Park. Seems a bit odd

10.00 Priday Night Dinner

sti Promising new cornecty with Simon "Inboh

10.30 Lee Evans: Big - Live at the O2 The jug-eared comic performs at the

London arena. (R) 11.35 10 O'Clock Live

With David Mitchell, Jimmy Carr and Charlie Brooker, (R)

CTRL MX Producer Mark Ronson selects alline-up for a gig in the UK. (R)

12.40am Music on 4:

7.00 Five News at 7

7.30 Vets in Action Helping a horse that's afraid of its

trailer. Scaredy ca... er, horse. (R)

8.00 Ice Road Truckers Hugh Rowland believes his truck

has been sabotaged. 9.00 The Mentalist

The detectives stage a Hollywood-

style sting operation. (R)

10.00 Law & Order Green and Cassady try to solve the

murder of a Muslim man.

10.55 NCIS

The body of a Navy lieutenant is discovered during a power cut. (R)

11.55 Cops in Crisis More plod in peril. (R)

12.15am SuperCasino

SPORT

Sports 1. 10am Tennis, Sky Sports 12 noon Bangladesh vs lie Sky Sports 1. 3pm Ternis, Sky Sports 2. 7.30 pm St Helens vs Warrington, Sky Sports 1, 7-30pm Sports 2. 7.30pm Bundeslig ABasketball, ESPN.

1.25am Sign Zone: South Riding (R) 2.25 The Chinese Are Coming (R) 3.25 Harizon: The Secret World of Pain (R) 4.25 Rip Off Britain (R) 4.55-6am BBC News

2.10-4.55am BBC News

2.40 In Plain Sight: Drama. (R) 3.30-5.30am (TV Nightscreen 1.10 4Play: Boxer Rebellion 1.20 My Name is Earl (R) 1.45 My Name Is Earl (R) 2.05 Modern Toss (R) 2.30 Powwow Highway 4.00-4.45am Brothers & Sisters (R) 3.55 Seem Motorsport Mundial 4.20 Royal Navy Caribbean Patrol (R) 5.10 Wildlife SOS(R) 5.35-6.00am House Doctor(R)

NutsTV

26 FEBRUARY SATURDAY



Mission: Impossible

Channel 4, 9pm

There's a new M:I flick on its way in 2011, so whet your appetite with more stunts and explosions! ***



Boardwalk Empire

DRAMA Sky Atlantic, 9pm An episode directed by Sopranos vet Tim

Van Patten is not to be missed. Jimmy and Capone's gang call a truce with the gang who hurt Jimmy's girl. We smell trouble! ★★★★★



UFC 127 ESPN, 3am

SPORT The bonce-bashing continues in Sydney as welterweights

Jon Fitch and BJ Penn square up. And Brit scrapper Mike Bisping takes on American Jorge Rivera before that. Bonzer! ****

one

6.00am Breakfast 10.00 Saturday
Kitchen Live 11.30 Raymond Blanc's
Kitchen Secrets (R) 12.00noon BBC
News, Regional News, Weather
12.15pm Raccol Football Foous
1.00 My Family (R) 1.30 Outtake TV
(R) 2.00 [103] Six Nations Rugby
Union: Baly vs Weles, kick off
2.30pm, 4.25 BBC News, Regional
News, Weather 4.35 [104] Six
Nations Rugby Union: England'vs
France at Twickenhart, kick off Som.

TWO

6.00am CBeebies 7.00 CBBC
12.00noon Priceless Antiques
Roadshow (R) 12.10pm Escape to
the Country (R) 1.10 IDM Mr Deeds
Goes to Town: Cornedysterring Gary
Cooper and Jean Arthur. 3.00 Into
the West (R) 4.30 IDM Final Score
5.15 Madagascar (R) 6.15 Flog It! (R)

itv

5.30am ITV News 6.00 CITV 9.25
Coronation Street 11.45 This
Morning: Saturday 12.45pm Monk
1.45 ITV News, Weather 1.50000
Thunderbirds: Live action adventure
staving BN Parton. 3.300000 Star
Wars: Episode VI – Return of the
Jedi: Sci filadventure. 6.00 Regional
News, Weather 6.15 ITV News 6.30
New You've Been Framed!

4

5.55am Sali Mali (R) 6.00 The Treade
People (R) 6.10 The Hooks (R) 7.00
Process Brain Cell (R) 7.25 Process
Treesports on 4 7.55 Process
The Moming Line 8.50 T4: Friends (R) 9.25 JLS: Stars and Strikes 10.25
Glee 11.25 T4 at the NME Awards
2011 12.15pm Friends (R) 12.50
The Big Bang Theory (R) 1.50 Process
Charnel 4 Rading 3.50 The Secret
Supper Club 4.20 Come Dine with
Me Extra Portions (R) 4.25 Political
Slot 6.30 News 6.55 4thought.tv



6.00am Milkshake! 10.00 CECT UEA Europa League Highlights 11.05 How Do They Do It? (R) 11.35 The Gadget Show (R) 12.40pm CEC Superman: Soil adventure staming Christopher Reave. 3.15 CEC Jane Doe: Eye of the Beholder: Mystery with Lea Thompson. 5.00 CEC Patch Adams: Fact based comedy staming Robin Williams.

sky

7pm The Simpsons Bart plays his parents against each other. (R(HD)

7.30 **The Simpsons**Moe is approached by a TV
agent to join the American Idol
judging panel. (R)(HD)

8.00 Futurama The gang are sucked into an alternative reality. Well, these

things happen. (R)(HD)

8.30 **Futurama** The gang do battle with the Tunnelling Horror (R)(HD)

9.00 Happy Gilmore
Comedy staming Adam
Sandler and Christopher
McDonald (HD)

10.45 **Road Wars** Apatrol officer is sturned when a speeding driver daims he is

blind. Something tells us this

might be alie. (R)(HD)

11.45 Bitten

Taxa Vampire comedy starring
Jason Mewes and Erica Cox.

7.00 Let's Dance for Comic Relief

Mighty Boosh man Noel Fielding performs. Could be fun.

8.20 The National Lottery: Secret Fortune Quiz show followed by a minuscule

Quiz show followed by a minuscule chance to win a wad of cash.

9.10 Casualty Chest-pumping action.

10.00 News, Weather

10.20 Match of the Day

matches, including struggling Wigan vs.er, not struggling Man United, and Wolves vs. Blackpool.

11.30 The Football League Show

Exact Highlights from today's ballbelting in the Championship, League One and League Two, Inducting Swanseavs Leeds.

12.50-6.00am BBC News

7.00 Dad's Army

Atten-tion! Noel Fielding's about to make a fool of himself on BBC1. Watch that instead. (R)

7.30 An Audience with Ken Dodd

Marvel at your parents as they laugh themselves silly watching some old bloke going on about tidding sticks for an entire hour. (R)

8.30 Arena: Ken Dodd - Happiness

Oh na - there's mare! (R)

9.30 Faulks on Fiction The evolution of the villain in the

British novel. Mwuhaha. 10.30 **The Tudors** Henry creates an alliance with the

Holy Roman Empire.

11.20 Nurse Jackie
A pharmaceutical company rep
provides Jadrie with drugs.

11.45 ICC Cricket World Cup Highlights

Highlights of the match between Sri Lanka and Pakistan.

12.45-2.20am The Heart of Me

Drama set in '30s London starring Helena Bonham Carter.

7.00 Harry Hill's TV Burp A big-collared bald bloke poking fun

A big-collared bald bloke poking fun at the week's telly = brilliant!

7.30 Ant & Dec's Push the Button

Two families compete for a large cash prize as the scamps look on.

8.45 Take Me Out

A chapilain and the boss of a chippy take part. Mmm, chips.

10.00 Tomorrow Never Dies

INITED Prierce Brosnam's Bond, and this time he investigates a shadowy tycoon who's manipulating global events to boost his media empire....

11.05 ITV News, Weather

Or at least he would if the news hadn't got in the way!

11.20 Tomorrow Never Dies

That's better! It's the final part of tonight's 007 actioner.

12.25am The Zone

7.00 River Cottage Every Day Everyday? No!(R)

8.00 The Real King's Speech

Dull doou about the working relationship between George VI and his speech therapist. (R)

9:00 Mission: Impossible III

CHAST Action say thriller starring Tom Cruise, Philip Seymour Hoffman and Michelle Monaghan. And no pesky news to interrupt it, either!

11.20 Music on 4: The NME Awards 2011

Angelos Epithemiou hosts the cool musicawards ceremony, with performances by Arcade Fire, PJ Harvey, and the Foo Fighters. Ace!

12.45am Natural Born Killers

drama starring Woody Harrelson and Juliette Lewis as a pair of white trash serial killers who are turned into heroes by the media.

7.00 Five News

7.10 NCIS

Anuclear power plant inspector suffers radiation poisoning. (R)

8.00 CSI: Grissom's Greatest

It's the first ever episode! (R)

9.00 CSI: Miami

A teenager is offed, so his parents take the law into their own hands and seek revenge on a street gang they reckon's responsible. (R)

10.00 CSI: NY

The bodies of two women are found in a haunted area of Central Park.

11.00 CSI: Crime Scene Investigation

We've had the first, now it's the 100th episodel Grissom looks into a transsexual's death. (R)

12.00m't SuperCasino

SATURDAY'S

8.30am Sri Lanka vs Pakistan, Sky Sports 1. 11.30am Aberdeen vs Hearts, ESPN. 12.30pm Swansea vs Leeds. Sky Sports 2. 4.35pm Six Nations Rugby Union

England vs France, BBC1. Barm Hustisco UFC 127, ESPN.

SUNDAY'S SPORT

Bam Indian England, Sky Sports 2. 12.30pm Wasps vs Saracers, ESPN. 1pm West Ham United vs Liverpool, Sky Sports 1. 2.30pm Rugby Union: Scotland vs Ireland, BBC2, 3pm (12352) Arsenal vs Birmingham, BBC1/Sky Sports 1.

2.30 Swingtown: Drama. (R) 3.15-5.30am (TV Nightscreen

2.50 Coming Up: | Don't Care(R) 3.15 Brothers & Sisters (R) 4.00 Privileged (R) 4.45 Privileged (R) 5.25-6.10am Countdown (R)

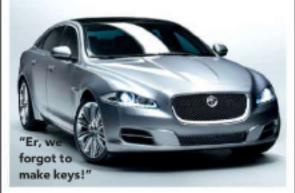
R) 4.00 Cowboy Builders (R) 4.50 Meals in Moments (R) 5.00 Hana's Helpline (R) 5.10 The Milkshake! Show 5.35 Thomas & Friends 5.45-6.00am Roary the Racing Car

SUNDAY 27 FEBRUARY



Carling Cup Final C1/HD, 3pm Can Arsenal,

the hotter-than-hot favourites, beat Alex McLeish's battling Birmingham side and finally lift some silverware? Check out our preview on page 56. ****



Top Gear BBC2, 8pm

CARS Another series of the brill motoring mag draws to a close (boo!) but not before Jezza tries to outrun the rotation of the Earth in a Jaguar XJ and Captain Slow has a whirl in Nasa's new space vehicle! ★★★★★



TODAY'S

Hancock Channel 5, 9pm

FILM Very funny, entertaining action comedy about an alcoholic superhero (Will Smith) who's given a chance to redeem himself after the intervention of a PR man (Jason Bateman). Daft fun. ★★★★

one

6.00am Breakfast 7.50 Match of the Day (R) 9.00 The Andrew Marr Show 10.00 The Big Questions 11.00 Country Trades 12.00noon The Politics Show 1.05pm EastEnders 3.00 VISIAND Match of the Day Live: League Cup Final: Assenal us Birmingham at obley, kick off 4pm. 6.30 BBC News, Regional News, Weather

TWO

6.00am (Beebies 7.00 (BBC 10.00 Samething for the Weekend 11.30 Film 2011 with Claudia Winkleman (R) 12.00 noon Escape to the Country (R) 1pm (IIII) | Know Where I'm Going! Romentic cornedy: 2.30 Six Nations Rugby Union: Scotland vs Ireland, kick-off 3pm. 5.00 Songs of Praise 5.35 Coast (R) 5.55 TE The Terminal: Comedy drama-starring Tom Hanks.

5.30am ITV News 6.00 CITV 9.25 May the Best House Win (R) 10.25 The Biggest Loser (R) 11.30 This Morning: Sunday 12.30pm Dinner Date (R) 1.30 ITV News, Weather 1.45 Columbo: Any Old Port in a Storm 3.45 Midsomer Murders (R) 5.50 Regional News, Weather 6.05 ITV News 6.20 Harry Hill's TV Burp (R) 6.50 Dancing on Ice

6.10am The Treade People (R) 6.20 The Hoobs (R) 6.45 FDED FIS World Snowboarding Championships 7.15 That Paralympic Show (R) 7.40 T4: Friends (R) 8.40 Hollyoaks 11.10 Friends (R) 11.50 Glee (R) 12.50pm The Simpsons (R) 1.50 Jamie's 30 Minute Meals (R) 4.25 Deal or No Deal 5.25 Time Team 6.30 News 6.55 4thought.tv



6.00am Milkshake! 10.00 Starlight: For the Children (R) 10.30 Street Market Chefs(R) 11.00 Stansted: The Inside Story (R) 12.00noon Cowbay Builders (R) 1pm los Road Truckers (R) 2.05 (R) Apache Drums: Western, 3,25 Five News 3.35 TEL Father Hood: Action comedy stairing Patrick Swayze. 5.25 Superman II: Fantasy adventure sequel.

7.30pm Got to Dance -Results Show

Davina McCall announces the results of the public vote. (HD)

8.00 Live to Dance

It's the American version of Got to Dance, so basically even more cringey and fake from the one above! (HD)

9.00 Hawaii Five-0

Sleve and Danny investigate when the body of an 18-yearold girl is found off the coast

of Waikiki Bay. (HD)

10.00 NCIS: Los Angeles

The team trace a navy employee who has been leaking top-secret info. (HD)

11.00 House

Cuddy's mother Arlene checks in to the hospital complaining of unusual symptoms. (R)(HD)-

12.00m't Road Wars Cops chase crims. (R)(HD)

7.00 Countryfile

Fancy tracking your Nikes for some wellies? Nah, didn't think so.

8.00 Antiques Roadshow Really old men with handlebar

moustaches squint at vases.

9.00 South Riding

Robert bumps into Sarah in Manchester. Absolutely spiffing!

10.00 News, Weather

10.25 Outcasts

Amissing expeditionary returns to the settlement, but her strange behaviour sparks concerns. We reckon she's either an alien or robot.

11.25 Reggie Perrin

Money becomes a growing concern for the Perrins. (R)

11.55 Lead Balloon

Rick reckons he's about to get a driving ban. D'oh! (R)

12.25am Lead Balloon

Now Rick agrees to front a TV appeal for a good cause. (R)

8.00 Top Gear

Jezza gets behind the wheel of a Jaguar XJ-and tries to outrun the rotation of the Earth. It's also the last in the series. Nocooool

9.00 Toughest Place to Be a Midwife

A British midwife works on a maternity ward in Liberia - a country where one in 12 women dies during childbirth. So, yes, this probably is the toughest place then.

10.00 Match of the Day 2

Highlights of today's topflight onion-bag busting, featuring the Hammers vs Liverpool and moneybags Man City'vs Fullham.

11.00 The League Cup Show

You probably saw it live earlier, but here's highlights of Arsenal vs Birmingham at Wembley. You wan't find us complaining.

11.45 ICC Cricket World Cup Highlights

Action from Group B as England came up against tournament favourites India at the M Chinnaswamy Stadium.

12.45am In This World

Drama-docu about two Afghans who escape a refugee camp in Pakistan to find a better life.

8.30 Wild at Heart

Animal-based bobbins

9.30 Dancing on Ice: The Skate Off

Does anyone really care? We know since Jennifer Metcalfe got the boot, what little interest we had's gone.

10.00 That Sunday Night Show

Clive Anderson and Al Murray join Adrian Chiles for some banter

10.30 ITV News, Weather

10.45 I Was There When the Beatles Played the Cavern

Well we weren't! (R)

11.45 Premiership Rugby Union

The weekend's top-flight egghurling, which included Leeds vs Newcastle, Wasps vs Saracens and Northampton vs Gloucester.

12.40am The Zone

7.00 Come Dine with Me

A former TV producer, a poet, a fatty and an obsessive cook compete for the £1,000 prize. Something tells us the obsessive cook might just have the edge with this one.

8.00 The People's Supermarket

The last in the series of a show we neverwatched! Hooray!

9.00 The Promise

Len tries to get Mohammed and his family out of Palestine.

11.10 Alan Carr: Chatty Man

Stars of The Only Way Is Essex quest, as does the baddie in the new Batman, Tom Hardy, Brilliant! (R)

12.15am What's Love Got to Do with It

Biopic offrizzy-haired veteran singer Tina Turner.

8.00 Royal Navy Caribbean Patrol

Morale on HMS Manchester is low afterweeks without an arrest. (R)

9.00 Hancock

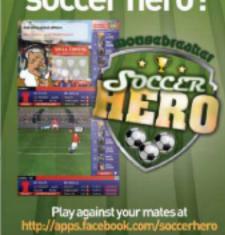
MICHAEL Expertaining action comedy starring Will Smith as arubbish, drunk superhere who leaves disaster in his wake - until he encounters an PR pure. It's definitely worth a watch!

10.50 Maximum Risk

Action thriller starring Jean-Claude Van Damme as a French cop in New York to solve the murder of the twin brother

he neverknew he had. It reeks of Van Damme.

Are you a soccer hero?



1.00 Sign Zone: Faulks on Fiction (R) 2.00 Holby City (R) 3.00 Shella Hancock Brushes Up: The Art of Watercolours (R) 4.00 Save My Holiday (R) 4.45-6.00am BBC News

2.15 BBC News 4.45-5.15am The Super League Show 2.00 Mystery Men: Silly but əmusing əction comedy, staning Ben Stiller and William H Macy. 4.00-5.30am ITV Nightscreen

2.15 The Family (R) 3.10 Wedding House (R) 4.05 Without a Trace (R) 4.55 Wogan's Perfect Recall (R) 5.20-6.05am Countdown (R)

4.00 Divine Designs 4.50 Meals Moments 5.00-6.00am Hana's Helpline

12.40am

Super Casino

Nuts

28 FEBRUARY MONDAY



Ross Kemp: Extreme World Sky1/HD, 9pm

REALITY Kemp's off to the Democratic Republic Of Congo, where

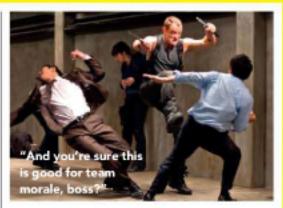
civil war is destroying the country. ****



Weeds Sky Atlantic/HD, 11pm

DRAMA Nancy takes a job in a maternity-wear store. This isn't

any ordinary store, though - it has a tunnel in the stock room which happens to lead under the border to Mexico. Handy! ***



Repo Men

FILM Sky Movies Prem/HD, 10pm

Jude Law is the bloke who has a mechanical heart fitted and is pursued by repo man Forest Whitaker when he can't keep up repayments. Gory thriller! ★★★

one

6.00am Breakfast 9.15 Heir Hunters 10.00 Homes Under the Hammer (R) 11.00 Wreck or Ready? 11.30 Cash in the Attic 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

7.00 The One Show

7.30 Inside Out

8.00 EastEnders

8.30 Classroom

9.00 Crimewatch

Don't have nightmares.

Topical twaddle with Alex Jones.

We have a sudden urge to change

channels. Sky1, here we come!

Warriors: Panorama

10.00 News, Weather

10.35 Mrs Brown's Boys

Agnes Brown worries her family is

keeping too many secrets. Ooh!

Have they caught anyone yet?

Around-up of the weekend's

11.05 Crimewatch

11.15 Late Kick Off

lower-league footy action.

11.45 The Graham

With Lost star Matthew Fox. (R)

The teams create and direct an

online soap opera. Mad-haired

Donald Trump does the firing.

Norton Show

12.35am The

Apprentice USA

Update

TWO

6.00am (Beebies 7.00 (BBC 8.30) (Beebies 11.35 Meerkat Manor (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 To Buy or Nat to Buy 2.30 Nature's Top 40 (R) 3.00 Wanted Down Under (R) 3.45 Flog It! Ten of the Best 4.30 Cash in the Celebrity Attic (R) 5.15 Put Your Money Where Your Mouth Is 6.00 Eggheads (R) 6.30 My Life in Books

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 House Gift 3.00 Dickinson's Real Deal: Tatvalving, (R) 4.00 Midsomer Murders (R) 5.00 The Chase (R) 6.00 Regional News, Weather 6.30 ITV News

himself into the farm. Where's the

guard sheep when you need it, eh?

7.30 Coronation Street

Thomas Noblett takes part in a

8.30 Coronation Street

9.00 The Biggest Loser

immediately uses it to stock up on

10.00 ITV News, Weather

The winnerbags 25 grand, and

pies and pizzas, presumably.

charity truck-pulling contest.

More street-based stress.

8.00 The Lakes

Uh-oh - it's back!

7.05am Freshly Squeezed 7.30 Everybody Laves Raymond (R) 8.00 Frasier (R) 8.30 According to Jim (R) 9.00 Supernanny USA 9.55 The Good Wife (R) 10.55 Relocation: Phil Down Under (R) 12.00 noon News 12.05pm River Cottage Bites 12.15 The TV Book Club 12.45 The Mark of Zorro 2.10 Cookery School 3.10 Countdown 3.55 Deal or No Deal 5.00 Come Dine with Me 5.30 Coach Trip 6.00 The Simpsons (R) 6.30 Hollyoaks



6.00am Milkshake! 9.15 The Wright Stuff 11.00 The Vanessa Show 11.45 House (R) 12.40pm Five News 12.45 Build a New Life in the Country (R) 1.45 Neighbours 2.15 Home and Away 2.45 Animal Rescue Squad (R) 3.05 Monte Walsh: Nostalgic Western starring Loe Marvin. 5.00 Five News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

7.30 How Do They Do It?

Arecycling solution in Singapore.

8.00 The Gadget Show

notice, is gargeous! Don't miss it!

HMS Manchester is put on urgent

storm alert for the hurricane season.

9.00 Royal Navy Caribbean Patrol

With The Real Hustle's Jessica-Jane

Clement, who, if it had escaped your

7pm The Simpsons Homerbuilds arobot for Bart. Now that's cool! (R)

7.30 The Simpsons Bart steals a mobile phone from actor Denis Leary. (R)

8.00 Modern Family Jay teaches Manny to ride a bike. (R)(HD)

8.30 Raising Hope Jimmy suspects his parents may have been keeping things from him. (R)(HD)

9:00 Ross Kemp: Extreme World

William The actor travels to the war tom Democratic Republical the Congo. (HD)

10.00 Inside: Predator Task Force Fallowing the work of sex crime

detectives.(R) 11.00 Mental

Jack talks to a murder victim's autistic daughter. (HD)

12.00m/t Lie to Me The team investigate terrorist bambings. (R)(HD)

7.00 Five News at 7

7.55 4thought.tv Religious ramblings.

7.00 News

8.00 Dispatches: Secret NHS Diaries Three people record the final weeks of their lives, Sambre stuff,

9.00 One Born Every Minute

A woman prepares to give birth to twins, so they stick it on telly. Nothing like getting that 15 minutes of fame out of the way early, eh?

10.00 The Full Monty Comedy starring Robert Carlyle

and Tom Wilkinson. Warning: invloves males stripping.

11.45 Music on 4: Beady Eye: Live from Abbey Road

Liam Gallagher's new band perform tracks from their debut album, Different Geor, Still Speeding.

12.20am Intros: CocknBullKid

Singer and songwriter Anita Blay.

12.35 Manic Street Preachers: One Last Shot at Mass Communication

Highlights from Hammersmith. (R)

10.00 Ultraviolet

HIM Avampiricmutant protects a boy marked for death by the agents of a totalitarian regime. Milla Jovovich and Cameron Bright star.

11.50 Ultimate Fighting Championship

Action from the UFC 126 event at the Mandalay Bay Events Centre in Las Vegas. Éxcellent!

mbabwe, Sky Sports 1. 11am Orlcket World Cup: Nethe West Indies, Sky Sports 1, 7,30pm ke vs West Brom, Sky Sports 7.45pm AC Milanys Napoli, ESPN. 2am Termis, ESPN.

TUESDAY SPORT

anka vs Kenya, Sky Sports 1. 7pm FA Cup Football, ESPN. 12m/t Basketball: Purdue Boilermakers v Ilinois Ilini, ESPN. 2nm Basketball: Kentudky Wildcats vs Vanderbilt Commodores, ESPN.

7.00 Top Gear 7.00 Emmerdale Cain steals Jai's keys and lets

Jezza races against the rotation of the Earth. The big loon! (R)

8.00 University Challenge

Geek wars as York University take on the University of Bristol.

8.30 Raymond Blanc's Kitchen Secrets

Raymond Blanc bangs on about cakes and pastries. Stop it - this is making us hungry!

9.00 When Teenage Meets Old Age

The volunteers take eight elderly residents to Cornwall

10.00 Never Mind the Buzzcocks

With guest host James Corden. (R)

10.30 Newsnight

11.20 ICC Cricket World Cup Highlights

Willow-waving between Canada and Zimbabwe and Netherlands vs West Indies.

12.20am An Island Parish More of the dull doos from the

12.50 BBC News

middle of nowhere. (R)

Property disasters abroad. (R) 11.35 That Sunday

10.35 New Homes

from Hell 2009

Night Show With Clive Anderson. (R)

12.05am Grimefighters Three extreme deaners dear a vacant flat in Aberystwyth. Grim. (R)

12.30 The Zone

12.50am SuperCasino

1.15 The Apprentice USA 2.05 Sign Zone: Silk(R) 3.05 Imagine (R) 3.55 Life in a Cottage Garden with Carol Klein (R) 4.25-6.00am BBC News

3.55-6.00am BBC Learning Zone

2.35 UEFA Champions League Weekly: Footy action. 3.00 The Jeremy Kyle Show (R) 3.55-5.30am (TV Nightscreen

1.05 Child Genius 2.00 Rome Wasn't Built in a Day 2.55 Codex 3.50 The Bible 4.45 A Film from My Parish 4.55 Brothers & Sisters 5.40-6.10am Perfect Recall

4.05 Divine Designs (R) 4.30 Great Scientists (R) 4.55 Rough Guide to Cities (R) 5.10 Wildlife SOS (R) 5.35-6.00am House Doctor (R)

TUESDAY 1 MARCH



CSI Channel 5, 9pm

DRAMA A rancher is found drowned on the outskirts of Vegas,

and all hell breaks loose when his death is linked to a dodgy water supply, corporate corruption and a reporter. Exciting! ★★★



Blue Bloods

DRAMA Sky Atlantic/HD, 10pm
The FBI tell Frank (Tom Selleck)

someone's assembling the ingredients for a sizeable home-made bomb, so the family get to work to find out who it is. ★★★



TODAY'S

Treme Sky Atlantic/HD, 11pm

DRAMA

Quality new drama from the makers of The Wire,

following the intertwining lives of several New Orleans locals in the aftermath of Hurricane Katrina. Masterful stuff! ★★★★

one

6.00am Breakfast 9.15 Heir Hunters 10.00 Homes Under the Hammer (R) 11.00 Wreck or Ready? 11.30 Cashin the Attic 12.15pm Bargain Hunt [R] 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

TWO

6.00am (Beebies 7.00 (BBC 8.30) CBeebies 11.35 Meerkat Manor (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 To Buy or Not to Buy 2.30 Nature's Top 40 (R) 3.00 Wanted Down Under (R) 3.45 Flog It! Ten of the Best 4.30 Cash in the Celebrity Attic 5.15 Put Your Money Where Your Mouth Is 6.00 Eggheads (R) 6.30 My Life in Books

5.30am ITV News 6.00 Daybreak 8.30 Lonaine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 House Gift 3.00 Dickinson's Real Deal (R) 4.00 Midsomer Murders: Tedious crime drama. (R) 5.00 The Chase (R) 6.00 Regional News, Weather 6.30 ITV News

7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R)8.05 Frasier (R) 8.35 According to Jim (R) 9.05 Supernanny USA 10.00 The Good Wife (R) 10.55 A Place in the Sun: Hame or Away (R) 12.00noon News 12.05pm River Cottage Bites 12.20 The True Story of Jesse James 2.10 Cookery School 3.10 Countdown 3.55 Deal or No Deal: Game show 5.00 Come Dine with Me 5.30 Coach Trip 6.00 The Simpsons (R) 6.30 Hollypaks



6.00am Milkshake! 9.15 The Wright Stuff 11.00 The Vanessa Show 11.45 House (R) 12.40 pm Five News 12.45 Build a New Life in the Country (R) 1.45 Neighbours 2.15 Home and Away 2.50 Animal Rescue Squad (R) 3.05 The Family Recipe (R) 3.15 More Sex & the Single Mom: Romantic cornedy sequel starring Golf O'Grady and Grant Show: 5.00 Five News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

7pm The Simpsons Homer is the target of a murder attempt at a sauna. (R)

7.30 The Simpsons Bart trades lives with a wealthy lookalike.(R)

8.00 Got to Dance It's a repeat of the final. (R)(HD)

9.30 Got to Dance -

Results Show Now it's a repeat of the results

of the final! (R)(HD)

10.00 Happy Gilmore Comedy starring Adam Sandler as an angry ice hockey player who turns his hand to golf turns out to be really good atit. Not surprisingly. (HD)

11.45 Alex Zane's Guest List Celebs talk to Alex about their

favourite films. Why? (R)

12.15am Mental Bad medical drama that really wants to be House. (R)(HD)

7.00 The One Show

More of the show were random things are discussed.

7.30 EastEnders

Masood and Yusef's rift threatens to overshadow Denise's party. We've no idea who these people are either.

8.00 Holby City Hospital-based hell

Martha puts aside her prejudices to defend a man accused of rape.

10.00 News, Weather

10.35 Neighbourhood Watched

Doou following housing officers in the north-west of England dealing with a variety of problems.

11.20 Girls Behind Bars

Heavy going docu filmed over the course of a year in Scotland's only wamen's prison. (R)

12.25am Sign Zone: See Hear

12.55 Human Planet

Amazing footage of people surviving at high altitudes. Feeling dizzy? We reckon we would be! (R)

7.00 Natural World Jeff Turner searches for grizzly bears in Canada's Mountains. Just don't get your face chewed off, Jeff!

8.00 A Farmer's Life for Me

The remaining couples are challenged to raise poultry.

9.00 Horizon: Are We Still Evolving?

Alice Roberts investigates the trail of human evolution. Sounds heavy.

10.00 How TV Ruined Your Life

Charlie Brooker has a rant at the way telly has influenced the public's appreciation of technology.

10.30 Newsnight

11.20 ICC Cricket World Cup Highlights

Wicket-scattering with the Group A match between Sri Lanka and Kenya in Colombo, Sri Lanka.

12.20am BBC News

7.00 Emmerdale

Jackson gets his new wheel dhair. He should invite Tim Westwood overto pimp his ride.

7.30 Grimefighters

Pete the pest controller has the answer to bedbugs. Er, buy a new bed? Move home? Those'll work!

8.00 Lion Country

A cub sees a chance to impress. What is this? A talent show?

9.00 Leah's Dream

The sad story of a nine-year-old who suffers from a rare genetic disease.

10.00 ITV News, Weather

10.35 The River Wild

goes horribly pear-shaped.

Adventure thriller about a

family whitewater rafting trip that

12.35am The Zone

7.00 News

7.55 4thought.tv

8.00 Gok's Clothes Roadshow

The stylist visits Bristol to help... sorry, we totally tuned out then.

9.00 Heston's Mission Impossible

Heston tries to reinvent the food stand at Cineworld dinemas by offering chewy marshmallowice cream - which we'd give a whirl and curried popcorn. Not sure about that one though, to be honest.

10.00 Shameless

Mimi is surprised when her brother announces he'll soon become her sister. Eh? Oh, we get it now!

11.05 The Big C

Cathy uses her retirement fund to buy a sports car. Well, she is dying.

11.40 Facejacker

Terry Tibbs sell's goods to the crew and viewers of a TV shopping channel. Terry is very funny. (R)

12.15am UK & Ireland Poker Tour

The pros take on local players in Galway, Ireland.

1.15 Superbike 1.40 Bull Run 2.05

Freesports 2.30 Snowboarding

3.00 KOTV Boxing Weekly 3.25

4.45-6am The Track and Field Show

Powerboating 3.55 Triathlon

7.00 Five News at 7

7.30 Extraordinary Dogs Magical mutts, or something.

8.00 Stansted: The Inside Story

The airside ops crew do night-time repairs on the runway. Just don't get squished by a passing 747, fellast

900 **CSI**

MISTERS The deaths of a rancher and a gas safety inspector are linked

10.00 CSI: Miami

A company is suspected of deliberately engineering the deaths of employees to cash in on their insurance policies. They so did it! (R)

10.55 CSI: NY

Members of an Amityville family are found dead in their hame. (R)

11.55 Law & Order

Green and Cassady try to solve the murder of a Muslim. (R)

Super

4.00 Your Sport 4.10 Brian Sewell 4.55 Eco Escapes 5.10-5.35am Wildlife 505

12.50am Casino



1 Choose yo wnload and text the 2 Download your product, sit back and enjoy

1.55 Imagine (R) 3.05 Being Ronnie Corbett (R) 4.05-6.00am BBC News

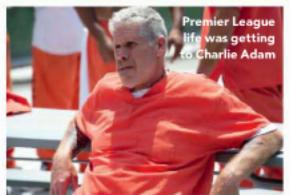
Nuts

2 MARCH WEDNESDAY



The Human Centipede Syfy, 10pm

FILM A mad doctor takes three people and makes them into the human centipede. Gross-out shock horror! ★★★



Sons Of Anarchy

DRAMA Five USA, 10pm With pretty much the whole gang in jail thanks to Zobelle (apart from Opie), the Sons need to make friends inside the clink fast as they're outnumbered by enemies! ****



Poltergeist
BBC1, 11.25pm This horror
classic's probably older than you, but it's still ace. A family discover a poltergeist in their house, and things get nasty when it takes their daughter! $\star\star\star\star$

one

6.00am Breakfast 9.15 Heir Hunters 10.00 Homes Under the Hammer (R) 11.00 Wreck or Ready? 11.30 Cash in the Attic 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

TWO

6.00am CBeebies 7.00 CBBC 8.30 (Beebies 11.30 Daily Politics 1pm See Hear 1.30 Hairy Bikers Short (R) 1.45 To Buy or Not to Buy 2.30 Nature's Top 40 (R) 3.00 Wanted Down Under (R) 3.45 Flog It! Ten of the Best 4.30 Cash in the Celebrity Attic 5.15 Put Your Money Where Your Mouth is 6.00 Eggheads (R) 6.30 My Life in Books

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Marring 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 House Gift 3.00 Dickinson's Real Deal (R) 4.00 Midsomer Murders (R) 5.00 The Chase (R) 6.00 Regional News, Weather 6.30 ITV News

6.15am The Treacle People (R) 6.25 The Hoobs (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.05 Frasier (R) 8.35 According to Jim (R) 9.05 Supernarmy USA 10.00 Good Wife (R) 10.55 Country House Resoue (R) 12.00noon News 12.05pm Heaven Can Wait 2.10 Cookery School 3.10 Countdown 3.55 Deal or No Deal 5.00 Come Dine with Me 5.30 Coach Trip 6.00 The Simpsons (R) 6.30 Hollyoaks



6.00am Milkshake! 9.15 The Wright Stuff 11.00 The Vanessa Show 11.45 House (R) 12.40pm Five News 12.45 Build a New Life in the Country (R) 1.45 Neighbours 2.15 Home and Away 2.50 Extraordinary Dogs (R) 3.20 FILE Abducted: Action thriller starring Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

7.00 The One Show

7.30 The Boat that Guy Built

Topical bot air.

NO Door in which, er, a man called Guy builds a boat.

8.00 Waterloo Road Harry uses Karen's phone to send malidous e-mails.

9.00 MasterChef

The contestants head to Scotland to prepare a lunch for 100 sportsmen at the Invercharron Highland Games. Expect kilts and cabers

10.00 News, Weather

10.35 The National Lottery Wednesday Night Draws Ball-rolling gubbins.

10.45 Film 2011 with Claudia Winkleman

The host and Danny Leigh natter about the Adjustment Bureau.

11.25 Poltergeist

MUST SEE The parents of a five-yearold turn to paranormal investigators to find her after she's taken by phantoms who invaded their home.

7.00 Escape to the Country

A property in Scotland for two wildfowl enthusiasts. OK then.

8.00 Attenborough and the Giant Egg

The whispery wildlife bloke returns to Madagascar fully 50 years after his first visit to the island.

9.00 A History of Ancient Britain

An exploration of the Bronze Age.

10.00 ICC Cricket World Cup Highlights

STEET Highlights of the Group B England vs Ireland, in case you couldn't catch it this morning.

10.30 Newsnight

11.20 Fast and Loose

Featuring Greg Davies, Justin Edwards and Pippa Evans. (R)

11.50 Timeshift: The Golden Age of Coach Travel

The history of coach transport. (R)

12.50am BBC News

7.00 Emmerdale

Football starts in half an hour. Just hang on in there!

7.30 FA Cup Football

The fifth-round match between Notts County or Man City vs Villa, kids-off 7.45pm. That's ourviewing sorted for the next couple of hours!

10.00 ITV News, Weather

10.35 Mercury Rising

INCO A jaded FBI agent goes on the

run with an autistic nine-year-old

government code. Bruce Willis stars.

boy who has cracked a secret

12.35am The Zone

The day/stales of woe.

7.00 News

7.55 4thought.tv

8.00 Beauty and the Beast: Ugly Face of Prejudice

An Olympichopeful and a woman addicted to cosmetic surgery.

9.00 Jamie's Dream School

Do-gooding pan-jiggler Jamie's back, this time trying to persuade 20 kids who left school to give education a second chance.

10.00 The Model Agency

In search of new talent for London Fashion Week.

11.05 Shameless Jamie falls victim to Shane's new damping business. (R)

12.10am Music on 4: Sounds from the Cities Mat Home visits Belfast.

12.40 The Album Chart Show Spotlight

12.55 Crash Bang Wallow

Award-winning short animation. (R)

1.05 Casino 4.00 Seesal Your Sport (R) 4.10 Brian Sewell's Grand Tour (R) 4.55 Rough Guide to Weekend Breaks (R) 5.10 Wildlife SOS (R) 5,35-6,00am House Doctor (R)

Andrew Wolker, 5.00 Five News at 5,

7.00 Five News at 7

7.30 Starlight: For the Children

A seven-year-old boy with leukaemia goes to London Zoo.

8.00 Cowboy Builders More nail-bashing botch-jobs. (R)

9:00 NCIS

The agents uncover a government organisation of child prodigies.

10.00 Greatest TV Weddings

12.00m't Poker

profile tournament.

Highlights of a recent high-

The 25 most memorable smallscreen marriages, featuring a load of shows we don't care about

7pm The Simpsons

7.30 The Simpsons

This is more like it - a proper ep

in which Homerfalls out with

Marge over an old letter. (R)

8.00 Louie Spence's

David Van Day attends a burger

van photoshoot. Bring us one backwith onions, will you? (HD)

9.00 An Idiot Abroad

Pilkington heads for Christ the

The friends realise the gravity

Redeemer in Rio. (R)(HD)

10.00 Mad Dogs

of their situation. (R)(HD)

11.00 Ross Kemp:

The actor travels to the war-torn

Democratic Republic of the

Extreme World

12.00m/t **Drugs**

Fly-on-the-wall docu. (R)

Cango. (R)(HD)

Wars: DEA

Showbusiness

Hillanious stuff as Karl

Compilation of musical

highlights, Grean, (R)

Sky Sports 1. 7 pm Spanish Footbal Sky Sports 2, 7,30pm Celticus Rangers, Sky Sports 1 7.30pm German Football, ESPN. 7.30pm FA Cup, ITV1. 12m/t loe Hodo ESPN. 2.30am Basketball, ESPN.

THURSDAY'S SPORT

erlands, Sky Sports 1. akistan, Sky Sports 1. 7pm Darts, Sky Sports 1. 3.45am Cricket: aland vs Zimbabwe, Sky Sports 1. 4am Ice Hockey, ESPN.

1.20am Country Tracks (R) 2.20 Stephen Fry and the Great American

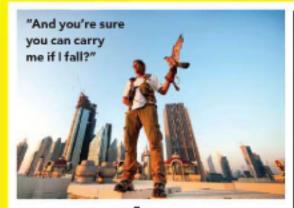
Oil Spill (R) 3.20 BP: \$30bn Blowout - A Money Programme Special (R) 4.20-6.00am BBC News

4.00-6.00am BBC Learning Zone

2.40 The Cowboy Way 4.25-5.30am ITV Nightscreen

1.00 Ettal 2046: Romantic drama 3.10 High Arrolety: Spoof 4.45 Without a Trace (R) 5.30-6.15am Countdown (R)

THURSDAY 3 MARCH



Human Planet BBC1, 8pm

Humans may be the dominant species on the planet, but we still have to deal with animal problems as diverse as pigeons, rampaging mooses and drunk monkeys. Crikey! ★★★★



Glory Daze E4, 9pm

COMEDY Set in 1986, this is about four American teenagers leaving home, going to college and having a whole host of first-time experiences, from smoking a bong to joining a fraternity. Amusing. ★★★



TODAY'S

30 Rock

COMEDY

Comedy Central, 10.30pm

Jack experiences a huge run of luck, successfully pitching a new TV show, getting himself some lady-loving and even inventing his own word. ***

one

6.00am Breakfast 9.15 Heir Hunters 10.00 Homes Under the Hammer (R) 11.00 Wreck or Ready? 11.30 Cashin the Attic 12.15pm Bargain Hunt [R] 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

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6.00am (Beebies 7.00 (BBC 8.30) CBeebies 11.35 Meerkat Manor (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 To Buy or Not to Buy 2.30 Nature's Top 40 (R) 3.00 Wanted Down Under (R) 3.45 Flog It! Ten of the Best 4.30 Cash in the Celebrity Attic 5.15 Put Your Money Where Your Mouth Is 6.00 Eggheads (R) 6.30 My Life in Books

5.30am ITV News 6.00 Daybreak 8.30 Lonaine 9.25 The Jeremy Kyle Show: Shouty show. 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 House Gift 3.00 Dickinson's Real Deal (R) 4.00 Midsomer Murders (R) 5.00 The Chase (R) 6.00 Regional News, Weather 6.30 ITV News

7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R)8.05 Frasier (R) 8.35 According to Jim (R) 9.05 Supernanny USA 10.00 The Good Wife (R) 10.55 The Restoration Man (R) 12.00noon News 12.05pm Brief Encounters of the Sporting Mind: Ultimate Frisbee (R) 12.10 EX The Hunters 2.10 Cookery School 3.10 Countdown 3.55 Deal or No Deal 5.00 Come Dine with Me 5.30 Coach Trip 6.00 The Simpsons (R) 6.30 Hollyoeks



6.00am Milkshake! 9.15 The Wright Stuff 11.00 The Vanessa Show 11.45 House (R) 12.40 pm Five News 12.45 Build a New Life in the Country (R) 1.45 Neighbours 2.15 Home and Away 2.50 Extraordinary Dogs (R) 3.20 Murder Without Conviction: Mystery drama. 5.00 Five News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

7pm The Simpsons Lisa is elected student president.(R)

7.30 The Simpsons Bart decides to steal a kiss from his crush at school. (R)(HD)

8.00 Hawaii Five-0 Steve and Danny investigate when an 18-year-old girl is found dead. (R)(HD)

9.00 Mad Dogs Barricaded in their villa, the friends are keen to end their

Majorcan nightmare. We've had holidays like that. (HD) 10.00 House

Foreman volunteers to coach Taub before an exam. (HD)

11.00 NCIS: Los Angeles The team traces a navy

12.00m/t Drugs Wars: DEA

employee found to have been leaking top-secret irrfo. (R)(HD)

A high-speed chase sets off a

chain of events. (R)

7.00 The One Show

More people moan about not having enough reds in their packet. of wine gums and the like.

7.30 EastEnders

Shirley is excited by Phil's return. Can't say we are though.

8.00 Human Planet

MUSICIO How nature has adapted to life in urban environments, from an invasion of giant elk to troublemaking monkeys, Brilliant!

9.00 Famous, Rich and in the Slums with Comic Relief

Various TV personalities experience poverty in Kilbera, a neighbourhood of Kenyan capital Nairobi, and reportedly Africa's largest slum.

10.00 News, Weather

10.35 Question Time Political hot air.

11.35 This Week

12.25am Sign Zone: Classroom Warriors: Panorama (R)

12.55 Countryfile Rural rubbish. (R)

7.00 The Culture Show Archaeological treasures from Afghanistan, and the history of taxidermy. Nothing to see here.

8.00 The Hairy Bikers: Mums Know Best

The grizzly bikers go in search of mums who lave to cook.

9.00 The Spice Trail

The history of saffron and vanilla. Well, you were probably wondering.

10.00 Mock the Week

Milton Jones, Patrick Kielty and Mark Watson join the regulars. (R)

10.30 Newsnight

11.20 ICC Cricket World Cup Highlights

Stump-smashing between South Africa and Netherlands and Canada vs Pakistan.

12.20am The Culture Show

This one was on earlier. (R)

7.00 Emmerdale

Jimmy is suffering from amnesia. We bet you wish your girlfriend would forget this was on.

7.30 The Great Tax Gap: Tonight

Money-related moans.

8.00 Emmerdale

8.30 Coronation Street

Cobbled-street codswallop. 9.00 Marchlands

In 2010, Ruth finally learns what

happened to Alice. If you care.

10.00 ITV News, Weather

10.35 Benidorm

Gavin turns up at the Solana resort with a new companion. (R)

11.35 Send in the Dogs

Two of Britain's leading police spaniels are put to the test. (R)

12.30am The Zone

7.00 News

7.55 4thought.tv

8.00 Relocation, Relocation

Kirstie and Phil help a couple who want to start a new life running a pub in the West Country. Suddenly this show's of interest! Well, a bit,

9.00 Love Thy Neighbour

Twelve families compete for the chance to move into a cottage in North Yorkshire - with the villagers getting the final say on who stays.

10.00 10 O'Clock Live

With David Mitchell, Jimmy Carr, Charlie Brooker and Lauren Laverne.

11.05 Friday **Night Dinner**

Quite amusing comedy following two brothers who visit their parents' house once a week for dinner. (R)

11.35 The Ricky Gervais Show

Topics include alien mind-readers. They exist, right? (R)

12.05am Music on 4:

12.40 On Track @

12.55 On Track (R)

1.05 People's Supermarket 2.00

Incubator 3.15 Without a Trace 4.00

Hill Street Blues 4.50 Brothers &

Sisters 5.35-6.20am Countdown

Secret NHS Diaries 2.50 The

7.00 Five News at 7

7.30 Monkey Life

38-year-old Xusy, the world's oldest woolly monkey, gets a treat of giant locusts. Sure Xusy wouldn't have preferred a nice slice of cake?

8.00 Jaws: The True Story

Dogu examining shark attacks which happened way back in 1916.

9.00 Pistol Whipped

Action thriller starring... well Van Damme was on Tuesday night, so it must be Steven Seagal, and is. He's a former cop who's offered an escape from his

gambling debts, at a price, naturally.

11.05 Steven Seagal vs Justin Lee Collins

JLC visits Seagal at his home in Arizona. (R)

12.05am Super Casino

4.00 Your Sport 4.10 Grand Tour 4.55-5.10am Rough Guide to Islands

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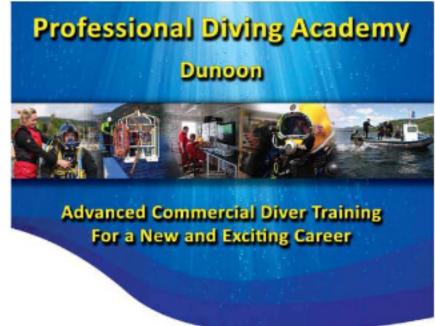
1.55 Antiques Roadshow (R) 2.55 Britain's Banks: Too Big to Save? (R) 3.55 Rip Off Britain 4.25-6.00am BBC News

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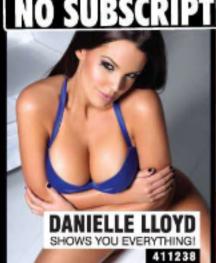




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THEME TUNES

Knight Rider4171	43
Top Gear4138	80
Doctor Who4122	15
Family Guy4120	09
The Great Escape4121	
Eastenders4145	78
Wallanders Phone Ringtons4116	57
Top Gun4119	43
Mission Impossible4172	86
Ashes To Ashes 4158	82
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Only Fools & Horses	413188
Banana Splits	411423
Family Guy - Rap Version	411649
Good The Bod & The Ugly	
Bones	416752
Duelling Banjas	413290
Two Pints Of Lager	416650
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CS/	412157
Minder	417605
24	ATOONE



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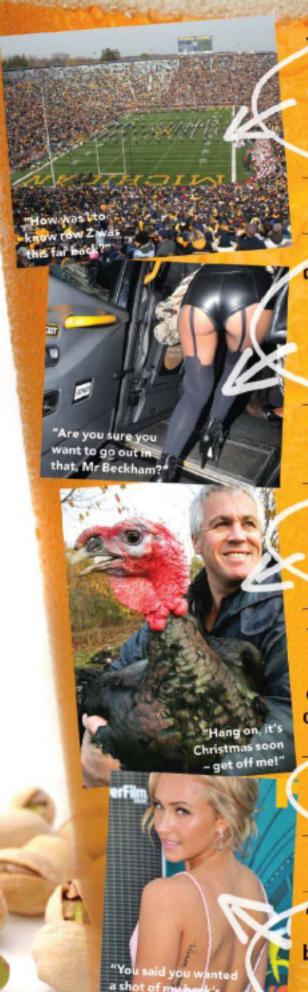


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Paul Konchesky's sister is married to John Terry's brother.

of the brain in London taxi
drivers is larger than average,
due to the huge quantity of
location information they're
required to memorise.

Earth is the only planet in the solar system that isn't named after a god from an ancient civilization.

Guinness World Record for turkey-plucking. He managed to pluck three birds in 11 minutes 30 seconds in 2008

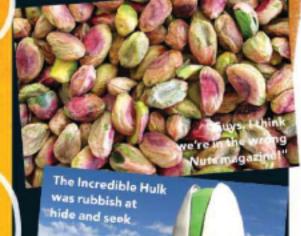
Jockey Frank Hayes had a fatal heart attack during a race in New York in 1923. His horse, Sweet Kiss, carried on running with his lifeless body still on top and won the race, making him racing's only posthumous victor.

1.5 million tins of Heinz Baked Beans are sold in the UK every day.

Oscar-nominated Christian Bale is the youngest actor to play Batman.

has a misspelled tattoo on her back. Her "Vivere senza rimipianti" tattoo has an extra i. Rimpianti should be spelt with three "i"s, not four. It means "Live without regrets" in Italian.





- In China, the pistachio is known as the "happy nut" because it looks like it's smiling.
- Israel's the world's leading per-capita pistachioconsuming country, at around half a kilogram
- per person every year.
- The state of California produces 180 million kilos of pistachios every year.
- Pistachio nuts are mentioned in the Bible.
- 28 February is World Pistachio Day.



WORDS: NICK WATKING, PETE CASHMORE, SOPHIA REYNOLDS PHOTOS: FEATUREFLASH, GETTY, ALAMY: SHLITTERSTOCK, REX



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