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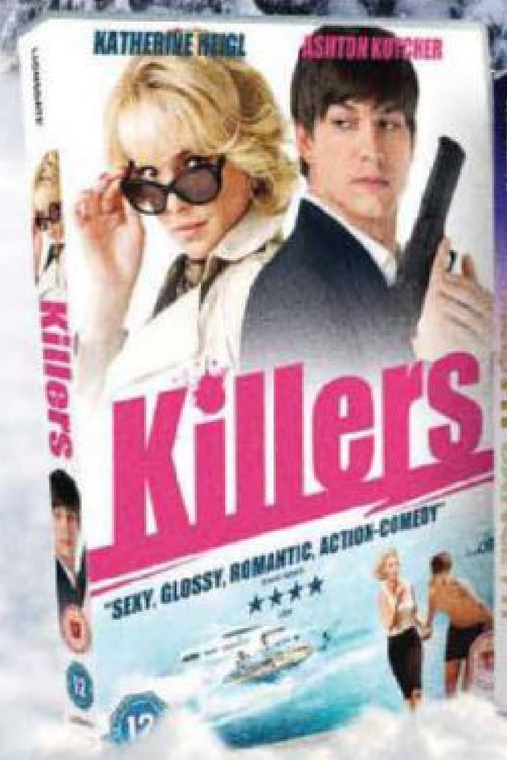

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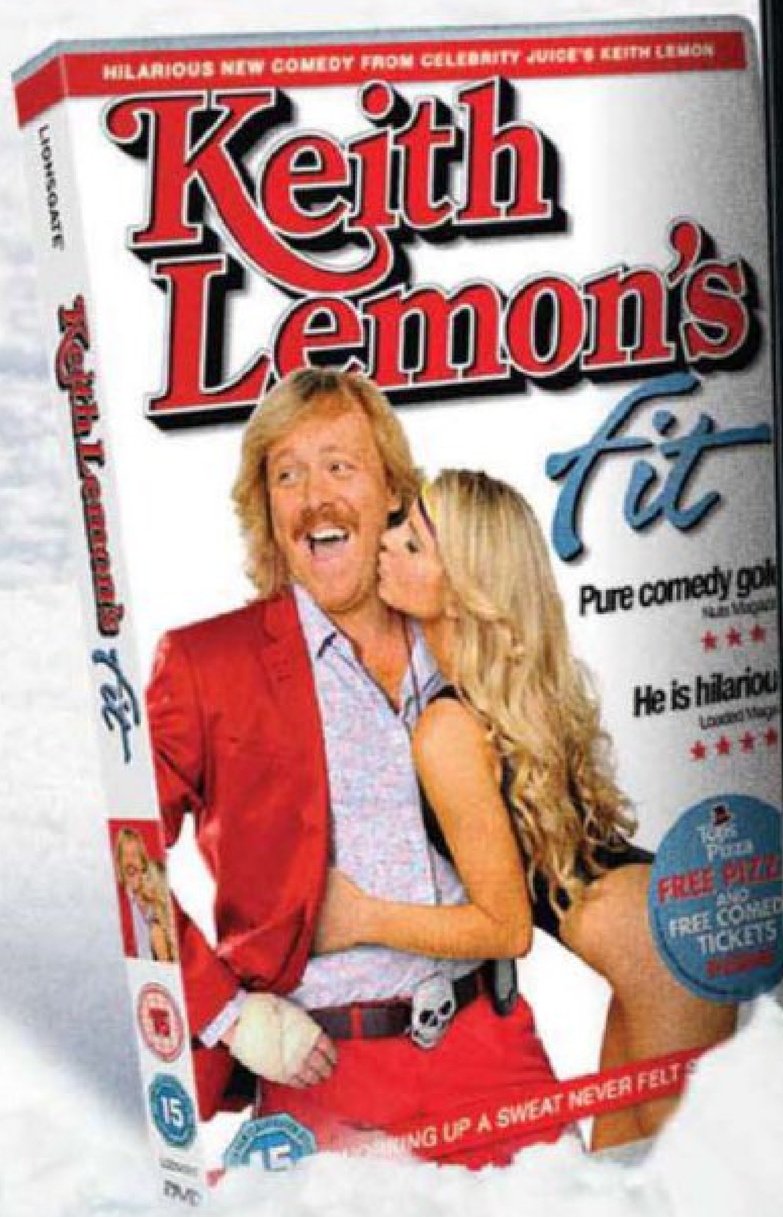

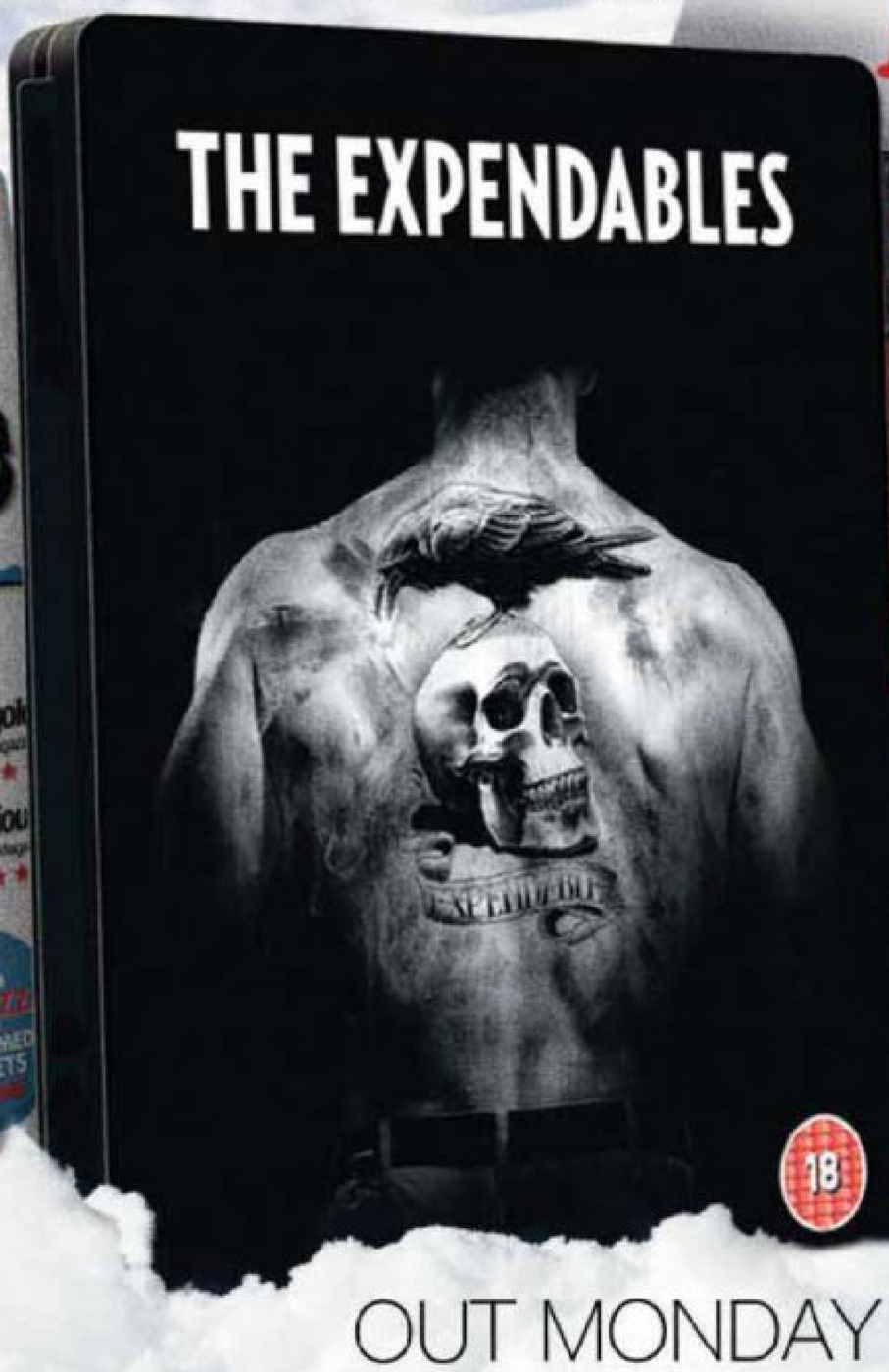

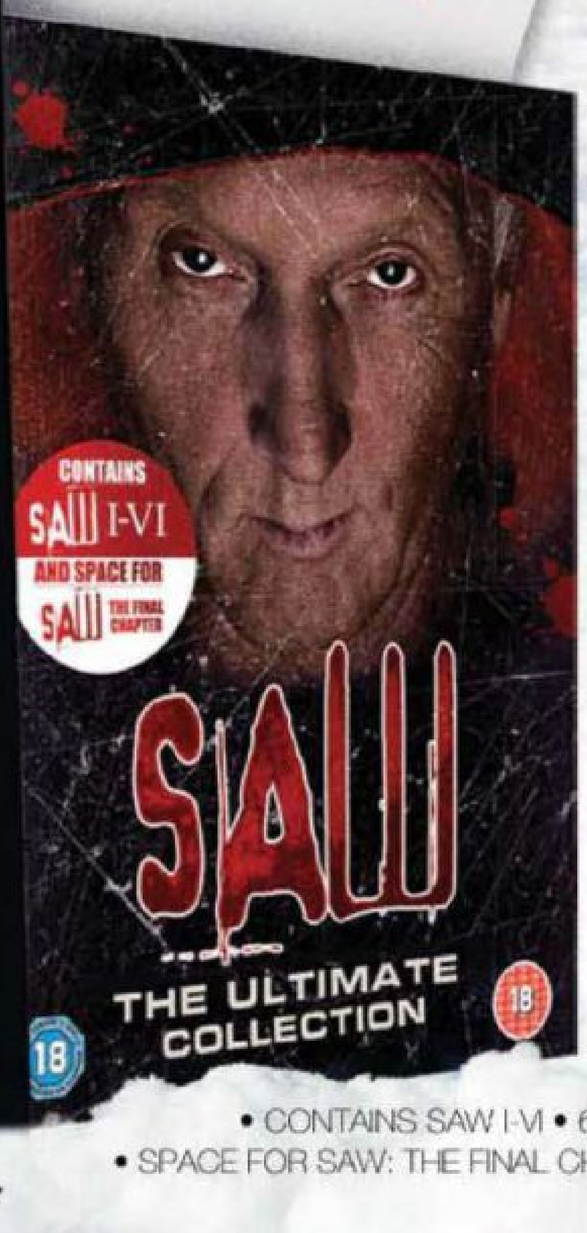

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CARS!

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SPORT!

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LAUGHS!

Lucas & Walliams p25

IN THE Nuts OFFICE!

The *Tron* girls bring us some goodies

Our workie Thomas tucks into the Glenfiddich

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Nuts says no to the snood!

Footballers! Lose the wussy neckwear, and lose it now!

One thing we've noticed about the current footy season – and not a good thing, we might add – has been the increase in players coming onto the pitch in snoods at the first hint of a cold snap.

If there's one thing we can't stand, it's wussiness in our footy heroes! It's bad enough we've been humiliated by Fifa's dodgy World Cup voting board, we don't want our soft Prem players to become a laughing stock, too!

So, to stop the spread of this girly fashion style, we headed to the Emirates Stadium – home of worst snood-offenders Arsenal – to make our feelings known!

We formed an angry picket line to prevent snood-wearers getting in and, with the help of a couple of lovely ladies, let the public (and their dogs) know that snood-wearing is not the way forward!

The message is clear: football dudes, lose those snoods!

WORDS: PETE CASHMORE PHOTOS: JIM LINCOLN, BACKPAGE IMAGES SNOOD: MODEL'S OWN

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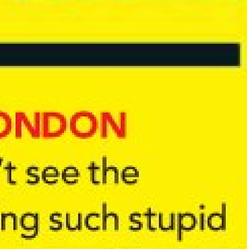
The public speaks!

JACK, 20, NORTH LONDON

"These snoods look pathetic! Mind you, Samir Nasri seems to play better when he's wearing one so maybe he can keep it!"

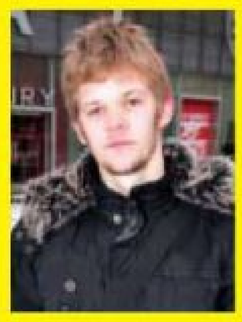


TAJ, 19, SURREY

"Snoods are shocking! They have no place in the game. Players should be warm from running around, not wearing daft garments!"

MATT, 18, LONDON

"You wouldn't see the players wearing such stupid accessories in the '80s. Footballers just look ridiculous nowadays. Ban them!"



SAM, 18, LONDON

"I think snoods look really childish. Players reckon they look cool, but all the fans just think they look more daft than anything!"

BONES, 1, BARKING

"Woof! Grrr! Bite! Woof!" (Translation – "Thanks, I've eaten the snood! Tasty, but crikey I feel ruff now!")

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Nuts EXCLUSIVE!

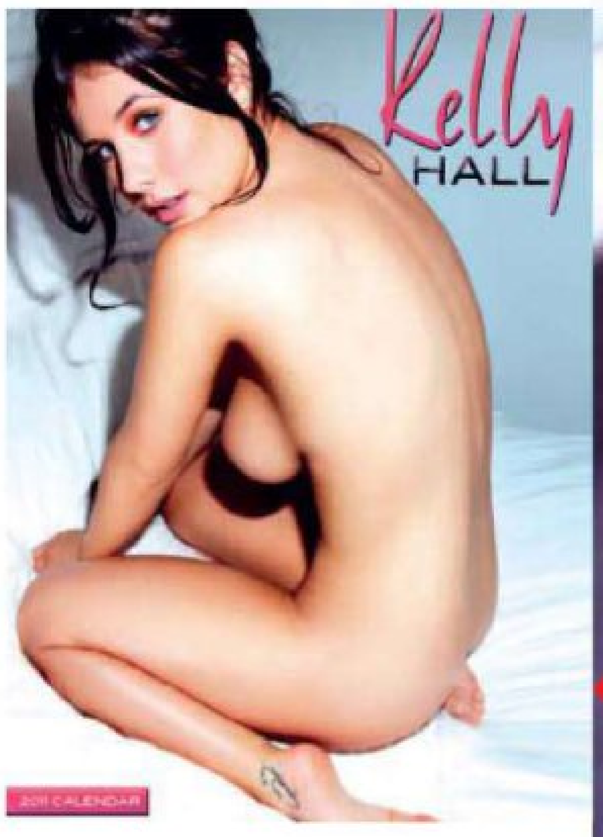
Kelly Hall's hot year!

Lady calendar is literally 8,760 hours of fun!

Experts tell us that a good trick to help remember important stuff is to associate words with images. So here are the big dates to remember in 2011, with Kelly Hall's calendar to help you: St Patrick's Day, 17 March – Kelly cuddling a plush white tiger toy; Royal Wedding, 29 April – Kelly pulling up an American football vest; FA Cup final, 14 May – Kelly in front of a mirror, thumbing down her shiny trousers.

We could do this for hours...

Find out more by visiting www.redhotglamourgirls.com



PHOTOS: CELEBRITYPICTURES.CO.UK, FRANK WHITE

DREAM DATE!

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SHE'S SIZZLING!

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Perfect storm!

Mother Nature's been showing off once again

WORDS: RORY BUCKERIDGE
PHOTOS: BARCROFT MEDIA

We may think we're having "a bit of weather" over here, but this weather pushes our weather over in the playground, atomic-wedgies it and then steals its dinner money!

This "supercell" (seen just west of Glasgow, Montana) is basically a thunderstorm cloud system that's centred on a "mesocyclone" – a rotating updraft that can reach several kilometres high. Jagged, sculptured clouds adorn the supercell's edge, while windswept dust and rain dominate the centre, mostly for effect.

And that thing in front? It's actually a tree, for perspective. Now try not to whistle!

"You know when you said your treehouse was pretty strong..."

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Blue Peter's Make Your Owns were getting ridiculous

2011 Aston Martin

- With a 4.7-litre V8, the Vantage is the baby in the Aston fleet. It's also one of the most successful Astons on the track.
- **This year, the stripped-down, race-faced GT4 Vantage won major events including the European GT4 Cup, the Nürburgring 24 Hours, the GT4 class at the Dubai 24 Hours and the Spa 24 Hours. Not bad, considering this is a car that you can legally drive on the road!**
- For 2011, Aston has improved the GT4 even further. The race-tuned V8 has been remapped to throw out 450bhp, up from 420bhp, which means 0-60mph in 4.2 instead of 4.7 seconds. Top speed is 187mph.
- **Available in March 2011, the aluminium-chassised Vantage has also shed over a quarter of a tonne of weight – down from 1,630kg to 1,370kg. And that's including the addition of a steel roll cage!**
- To keep it glued to the circuit (or the M25), the GT4 wears aero-friendly styling with a new front splitter, underfloor, rear

WORDS: JONNY SMITH

4.7-LITRE V8!

"Don't you stick your tongue out at me, young man!"

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Vantage GT4

The ultimate race car for the road!

diffuser, boot "flip" and bumpers stolen from its big brother, the V12 Vantage.

- **Giving away that this is in fact a GT4 is the exposed towing eye, polycarbonate side/rear windows, quick-release bonnet, exposed carbon-fibre and the quick-access race fuel fillers.**
- A nice touch is an option to select twin filler necks and the 120-litre endurance tank, so you'll never be the wrong side of the pump – or refuel man – in the pit garage.
- **The GT4 wears special cast magnesium 18in racing rims that are 10in wide up front and 11in at the rear. Bilstein shocks allow you to adjust the Aston's ride height, while four-piston calipers get the Vantage slowing.**
- Other options for the GT4 include air-con, air jacks, a Cosworth datalogging system and special race-spec Bosch ABS/traction control module.
- **If you fancy ordering this as a Christmas present, expect to shell out around £120,000.**

"Rocket launchers? Sorry, Mr Bond, I'm going to have to ask you to leave the store!"

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Vote Phil!

The Power's a true sports personality!

When the shortlist for Sports Personality Of The Year came out last week, it was obvious to us that there could only be one winner this year – Phil "The Power" Taylor!

How can we deprive a man who's been World Darts Champion 15 times and who, in the PDC Premier League final this year, nailed two nine-dart finishes *in the same match*?

David Haye? Great fighter. Graeme Swann? Top cricketer. But this award is way overdue for the greatest darts thower ever, which is why *Nuts* commands the men of Britain to vote for Phil Taylor on 19 December!

"Can someone turn on the lights, please? I'm trying to aim!"

Phil Taylor speaks to *Nuts*!

"If I can't win it after two nine-dart finishes in one game, I'm destined never to get it. Mags like *Nuts* could swing it, and Robbie Williams has been in to do a piece for me as well – if I get voted for by the readers of *Nuts* and the fans of Take That, then the phonelines will crash!"

Reasons to back the darts legend!

- In the final of this year's PDC Premier League, Taylor got two nine-dart finishes – the first time this has been achieved.
- **The Power's beaten Dutchman Raymond van Barneveld, his closest rival, 35 times out of 45.**
- No player in the entire world of darts has a winning record against Phil "The Power" Taylor!

Vote for Phil Taylor

BBC Sports Personality Of The Year 2010
Sunday, 7pm, BBC1

WORDS: PETE CASHMORE PHOTOS: ACTION IMAGES, GETTY

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Rio's secret slum mansion

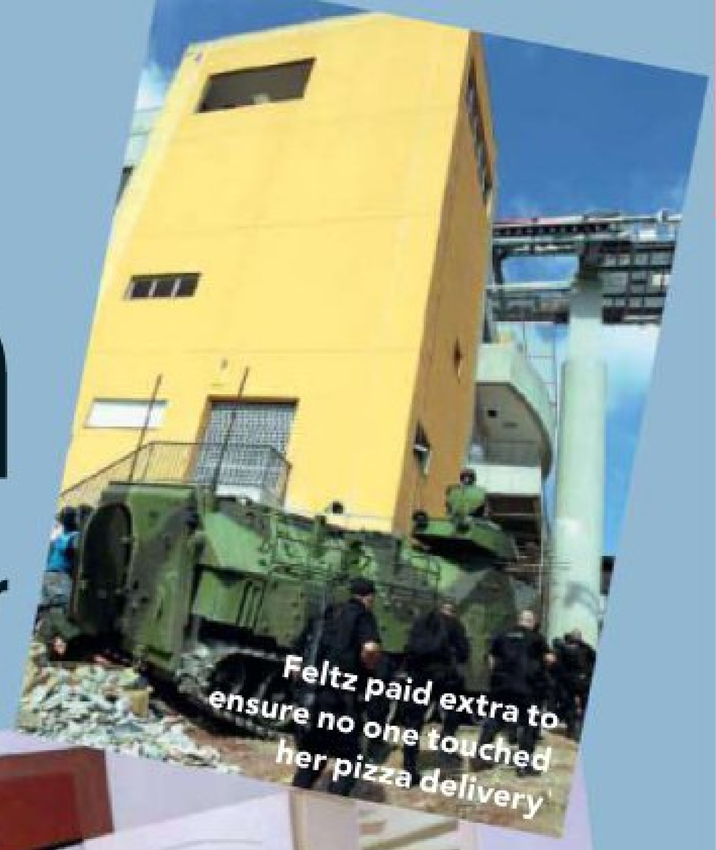
Brazilian Army discover surprising real estate!

WORDS: RORY BUCKERIDGE PHOTOS: GETTY

Last weekend, the Brazilian Army mounted a huge offensive against drug king Pezão (like Ronaldo, he only has one name), the bona fide ruler of Complexo do Alemão – 731 acres of one of the most dangerous slums in Rio de Janeiro. And while they found six tonnes of drugs and a huge cache of weapons as they pretty much expected to, they were a bit more shocked to find a luxury mansion hidden among the slums.

Unbeknownst to the local authorities, Pezão had built an extravagant triplex in the middle of the shanty town, complete with air conditioning, swimming pool on the roof, private disco club, bathrooms with Jacuzzis and LCD TVs in every room.

Brilliantly, one room contained a huge mural of Justin Bieber, confirming that all the drug money in the world still can't buy you taste. Not so brilliantly, Pezão escaped to dance another day!



Feltz paid extra to ensure no one touched her pizza delivery

"Er, thanks mum. It's just what I wanted!"

JUSTIN BIEBER!

ROOFTOP POOL!

The roofers were easily distracted

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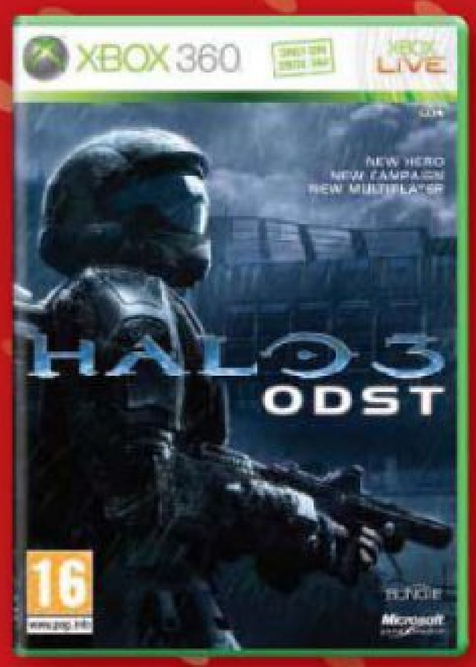

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THE Nuts LIP-READER!

When he watches a match, he sees every word!

John Cassidy is a **real** lip-reading expert. And an FA coach!

Jamie Carragher: "What the fk is he up there for? Hey, get on!"**

SPURS VS LIVERPOOL White Hart Lane, Sunday 28 November, **5.48pm** Carra's not happy that Kyrgiakos isn't ready to replace him.

Phil Jagielka: "Hey, listen – you should go off. Listen, it's OK, for fk's sake! Give it here!"**

EVERTON VS WEST BROM Goodison Park, Sat 27 November, **4.16pm** Jags tells Mikel Arteta to hand over the captain's armband.

Robin van Persie: "Hey, it's handball! Fking hell, man!"**

ARSENAL VS WIGAN The Emirates, Tue 30 November, 8.06pm RVP's incensed when Maynor Figueroa's handball goes unspotted.

Paolo Di Canio: "What happened? How did it go wrong?"

WEST HAM VS WIGAN Upton Park, Sat 27 November, 4.05pm The ex-Hammer's astonished after Frederic Piquionne misses a sitter.

POTTY-MOUTH OF THE WEEK!

Roy Keane: "Hey, fking joke! F**king joke! That's f**king bad!"**

IPSWICH VS WEST BROM Portman Road, Wed 1 December, **8.29pm** Keano goes beserk after Tamas Priskin is denied a penalty.

TO CONTACT THE LIP-READER, WRITE TO: JOHNNYRCASS@HOTMAIL.COM

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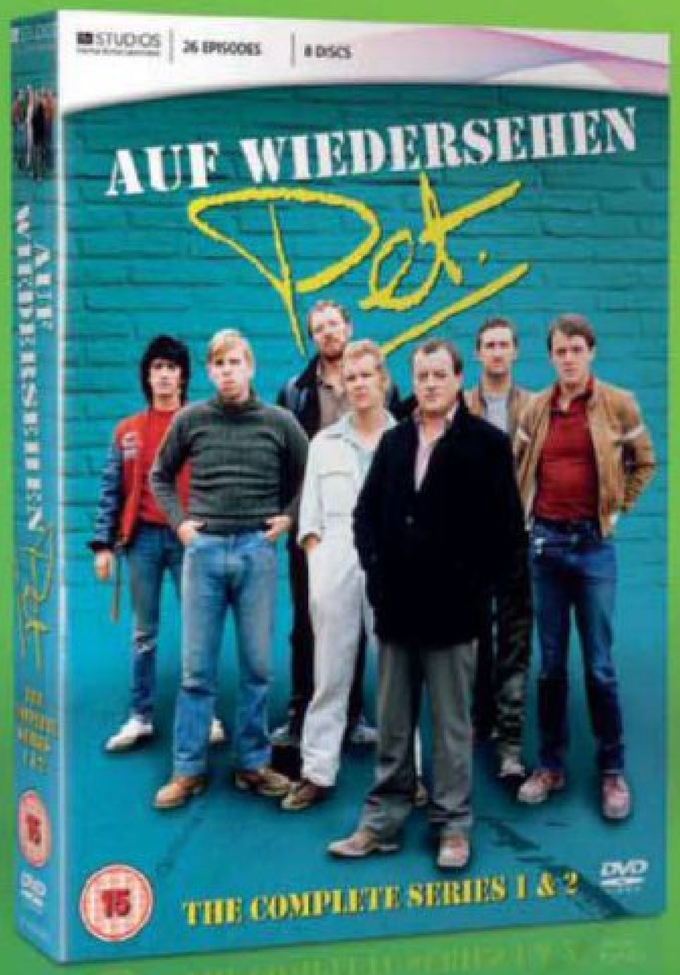
THAT'S DAD SORTED!



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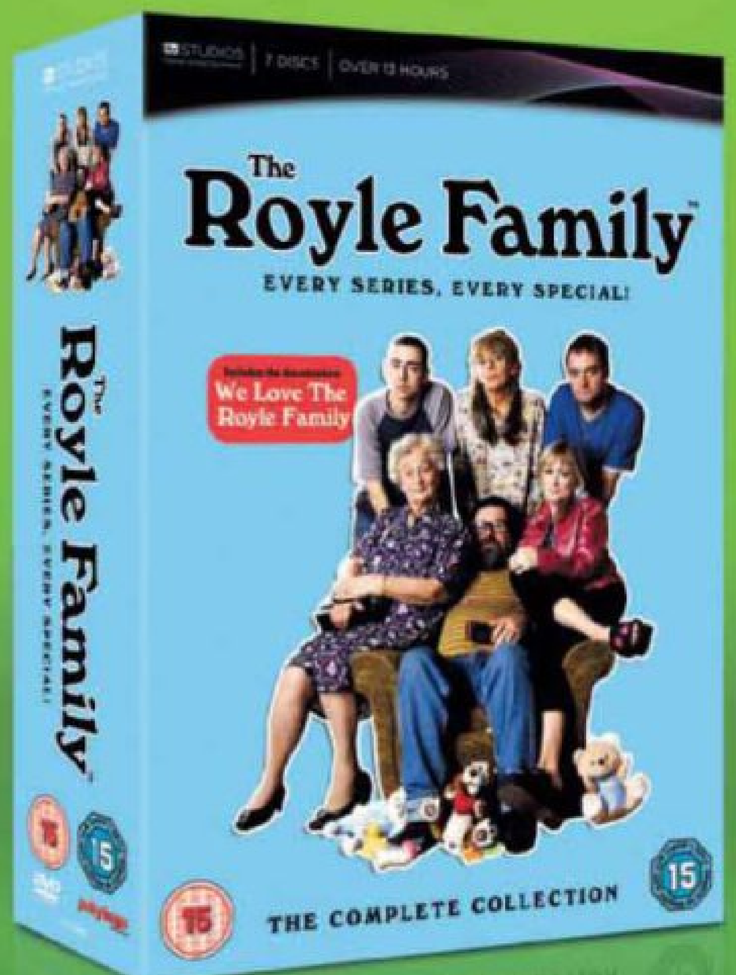

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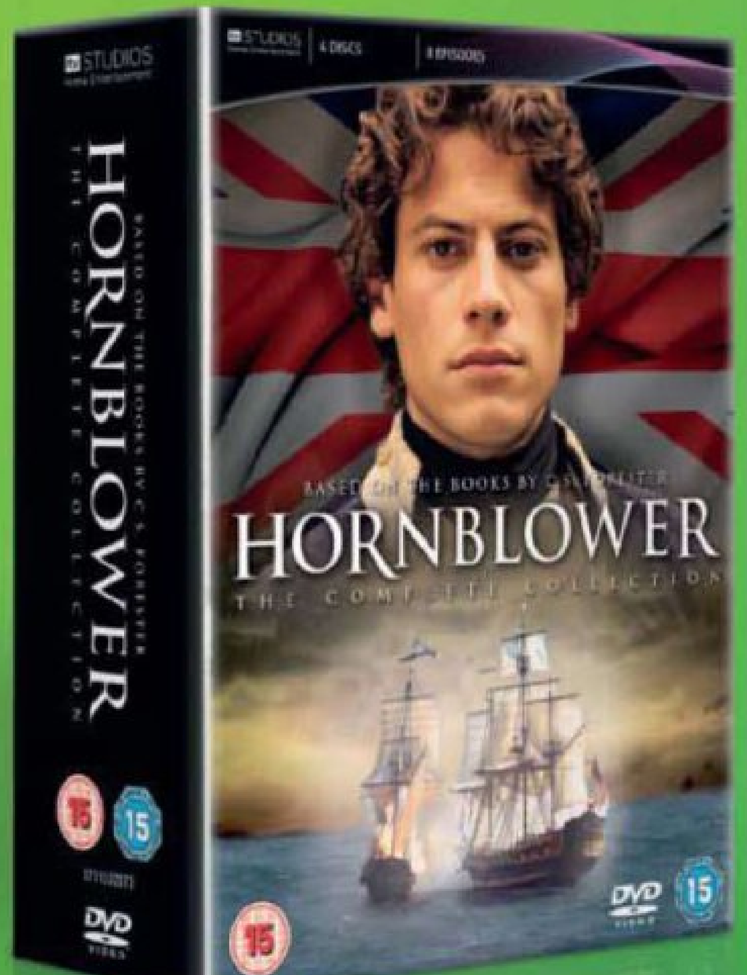

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Kim Kardashian

Out and about, Los Angeles

We're not sure which is more surprising here, the two raisins Kim's clearly smuggling or the fact she seems to be out in full scuba gear. Tsk, we'll *never* understand ladies' fashion.

Rachael Cordingley

In the ring, Helsinki, Finland

Fair play to Carl Froch for reclaiming the WBC super-middleweight title, but his missus could have at least waited until they got to the hotel to begin her celebrations!

RUDE NEWS

Honeys hot enough to melt any snowdrift!

Kelly Brook

Claridge's Hotel, London

Our Kelly bowled up to the stuffy London hotel looking for all the world like she'd plucked the main course herself. Or just covered herself in Pritt Stick and ran through a pillow factory!

Anne Hathaway

In *Love And Other Drugs*

Imagine a world where Anne Hathaway takes an acting role that *doesn't* require artistic nudity, general disrobing or perfect boob flashing? We know, it's a terrible, terrible place!

WORDS: RORY BUCKERIDGE PHOTOS: ZOE MCCONNELL, TNI PRESS, GOFFPHOTOS.COM, REX, SPLASHNEWS.COM, PA PHOTOS, GETTY

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Danielle Lineker

Out and about, London

Danielle hit a London club to celebrate hubby Gary's birthday in a dress that got us thinking of all sorts of possibilities – pencil storage, egg transport and fairy trampoline, to name but three.

Gisele Bundchen

Photo shoot, St Bart's

If we were walking past Gisele's impromptu costume change and took the chance to look at her perfect chest, she'd most likely get grumpy. "Foul!" we'd cry. "You left the door open!"

NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!...

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Nuts news flash!

Kelly Andrews on our current cold snap

"My friends and I have been out making boob angels, so we've had a good time! We made snow women and gave them raisin nipples!"

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A QUICK WORD WITH...

Jim Jefferies

The Aussie comic on the Ashes...

Hi Jim! So, it's Ashes time. If we had to make a new Ashes trophy, what should we burn and why? All the f**king OBEs given to English players for beating us Aussies in 2005! F**king OBEs, for winning? For doing their jobs? You shouldn't have patted them on the back, mate – you should've said, "About f**king time. Now get back in the nets!"

Alan Border, Merv Hughes, Dennis Lillee. Why's there such a proud tradition of moustaches in Australian cricket? Taches make you go faster. All great pace bowlers sport a great tache. At the moment, Mitchell Johnson's got one, but it's very thin and wispy, and that's probably why he's bowling like crap.

So thickness of tache hair affects performance? Of course! You either have to have blond hair or a tache to be a great cricketer – it stands to reason. Andrew Flintoff: blond hair, right? Shane Warne: blond hair. Merv Hughes: tache. Dennis Lillee: tache. You name me one great English player with dark hair and no tache.

Er, Kevin Pietersen. He's not even English! Don't get me started on the South African tache. A South African tache is just there to hide regret and remorse and for all the bad sh*t they've done. The Australian tache is proud and strong. You can store food in there for when you're hungry and you're playing in the field. You just lick up there and a bit of food will come out. You don't get that with a South African tache.

English sportsmen are better at being badly behaved than Aussie ones. Discuss. Are you kidding? Haven't you seen that photo of Joel Monaghan, the Aussie rugby league player, the one where he's getting sucked off by a dog? Look it up on the net. I'd say that was a fairly badly behaved sports star. Then again, I'm not any good at sports, which makes me wonder whether there could be a benefit to it.

The Ashes are as famous for the sledging as the cricket. What's your favourite sledge of all time? Easy. It's when Ian Botham came out on the pitch and Geoff Marsh said to him, "How's your wife and my kids?" And Botham quipped, "My wife's fine but your kids are retarded."

Sledging aside, what else will you admit the English are better at than the Aussies? I prefer British women. I find Australian women a bit rough. You're also better at teen pregnancy.

Thanks, Jim. Finally, imagine a reality TV show called *Celebrity Ashes* where you're the selector. Who makes your team? The actor Eric Bana would be my lead batsman. Then I'd have Dannii Minogue working as an all-rounder, 'cos she looks great but we all know she's not really good at anything. Peter Andre would be 12th man. Elle MacPherson in a slip – sorry, the slips and Kylie Minogue as a short behind! And I'd have Heath Ledger suspended on a drugs offence. Steve Irwin, didn't they cremate him? Well, he can actually be the Ashes!

Jim Jefferies is on tour until 30 December and Alcoholocaust *is out now to buy on DVD. More info at jimjefferies.ning.com*

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INTERVIEW: NICK SOLDINGER PHOTOS: GETTY

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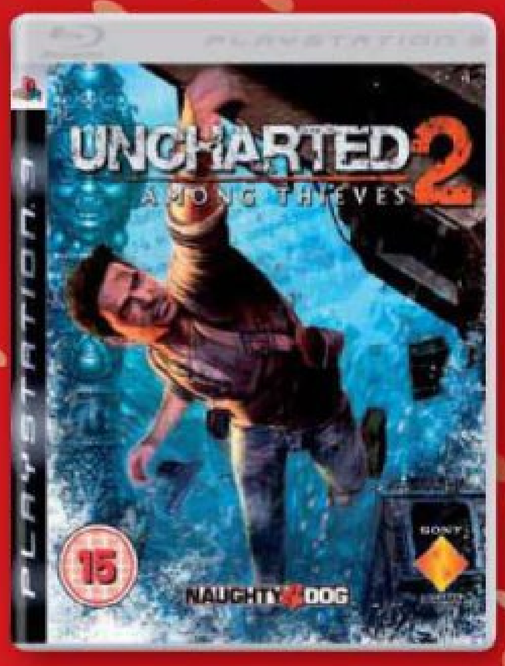

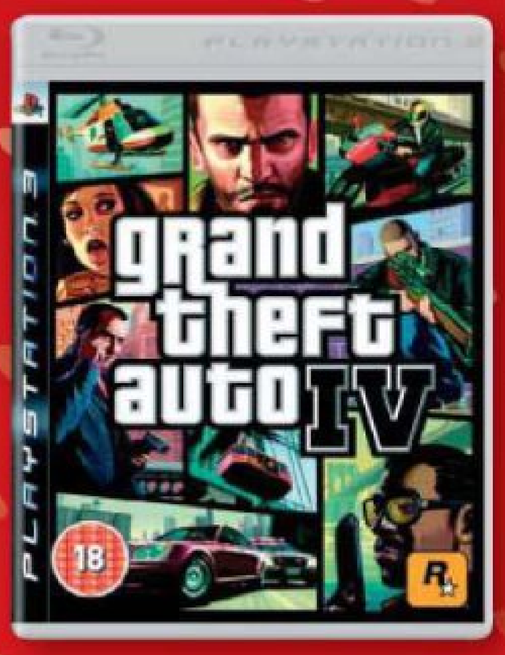

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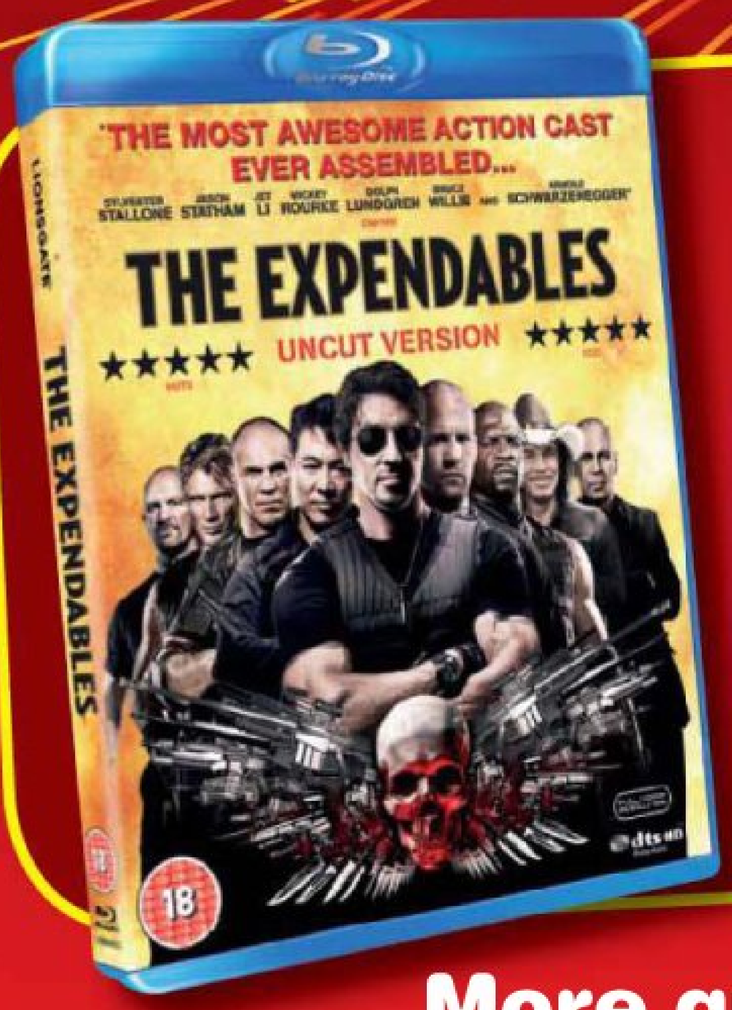

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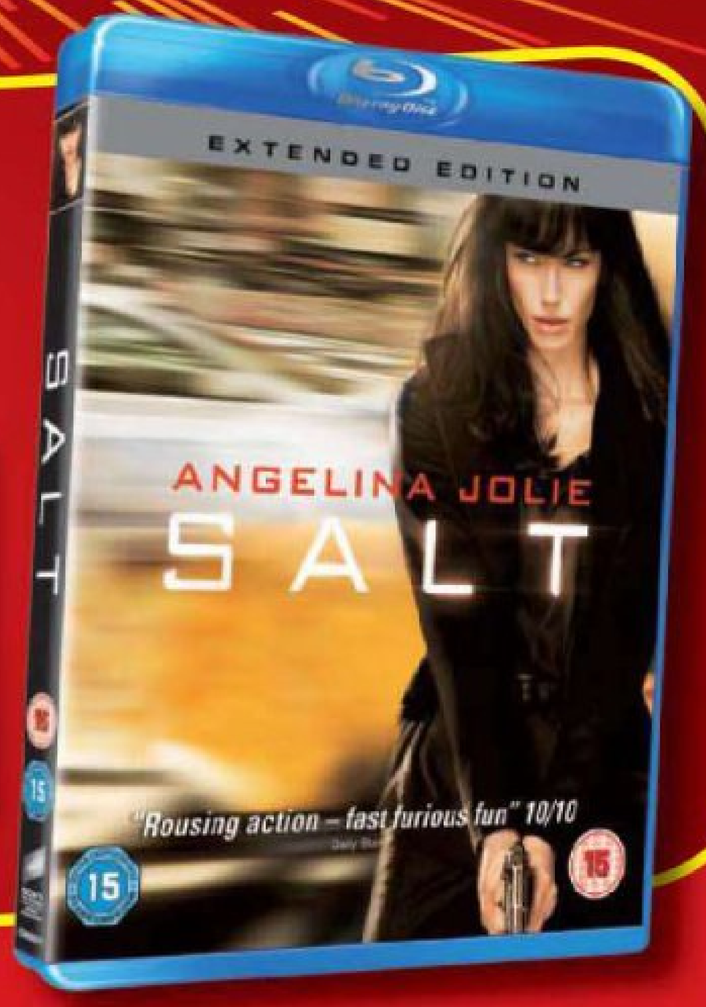

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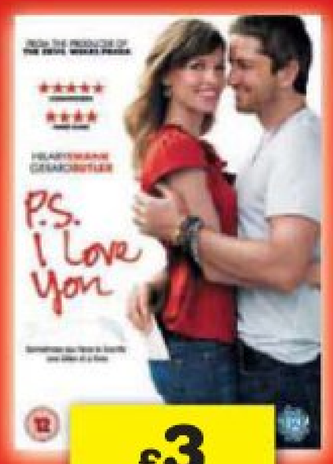

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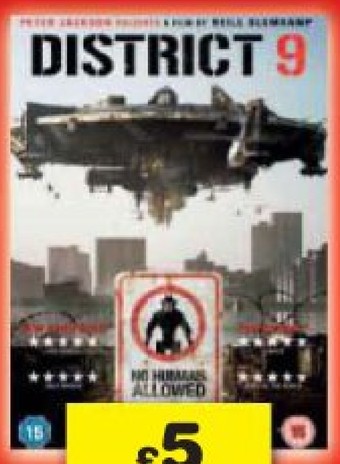

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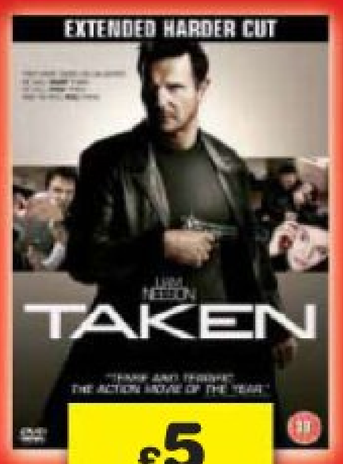

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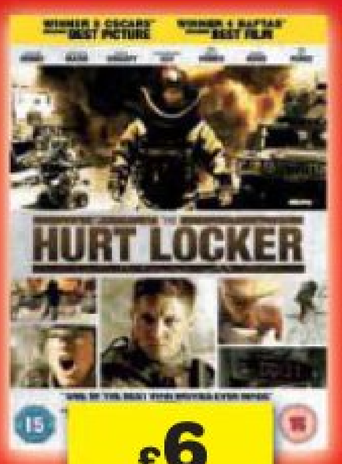

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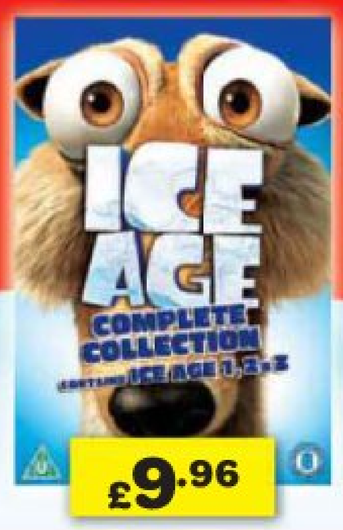

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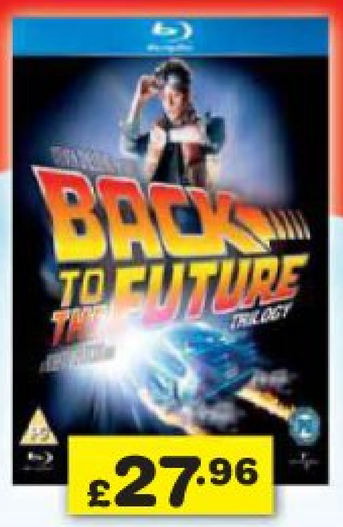

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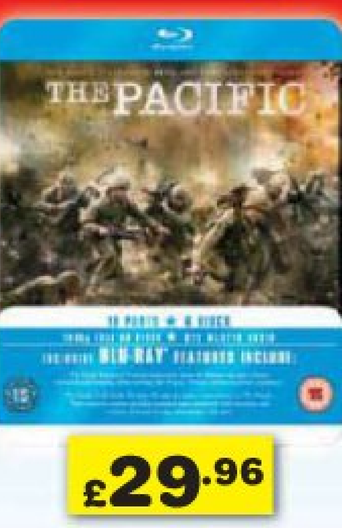

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Lucas and Walliams' new characters!

Meet the cast of *Come Fly With Me*!

WORDS: RORY BUCKRIDGE

Christmas Day sees the TV premiere of Matt Lucas and David Walliams' new show *Come Fly With Me*. Based in a British airport, the "mockumentary" follows the daily trials of staff working for a budget airline. And here are the chaps providing the chuckles…

Come Fly With Me *is on BBC1/ HD, Christmas Day at 10pm*

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DON'T LOOK!

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'Blood squirted out of my face!'

Reader's cheek obliterated in campfire explosion!

WORDS: RICH JENKINS *EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 80 APPLY

When a campfire exploded in bizarre circumstances, Jack Stuckey feared his days were numbered.

Jack, 21, a photo technician from Trowbridge, tells *Nuts*, "I was sitting by a fire after a day at a sports event. What I didn't know was that someone had chucked a metal *boules* ball into the fire. After 45 minutes, the molten metal inside the ball expanded and it exploded!

"I remember a flash of light, and then a huge chunk of shrapnel smashed into my face, flinging me clean over our tent to the path on the other side. I put my hand up to my cheek – and felt my tongue instead!

"I was fitted with a titanium jawbone because mine was destroyed but I kept my teeth!"

"Just don't call me 'cheeky'"

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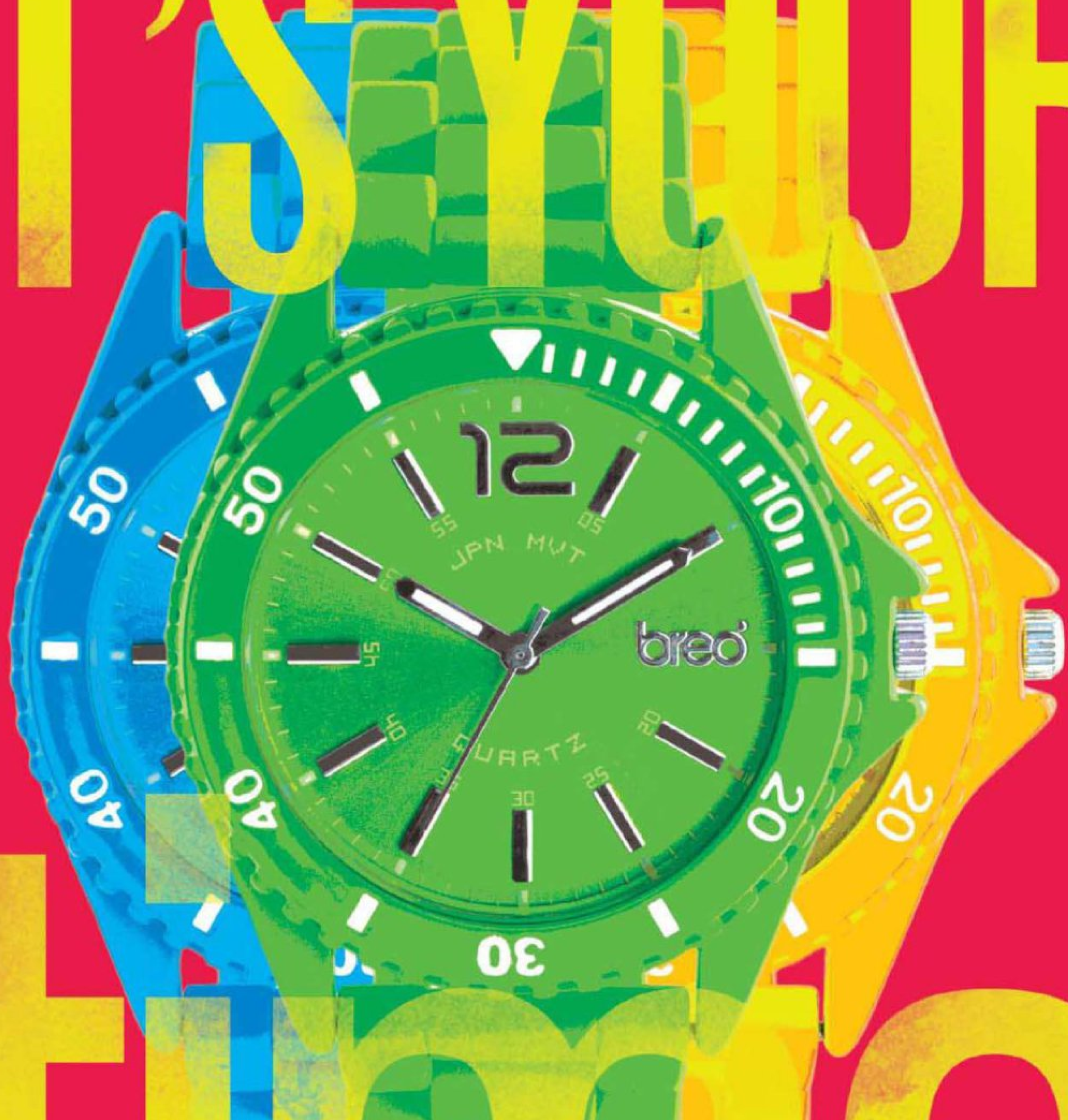

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Midland Sub-Zero headphones

www.firebox.com

Nuts says: Perfect for the cold snap, these earmuff/headphone hybrids keep your lugs warm and let you listen to N-Dubz in all their silly glory.

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Gibson Firebird X

www.gibson.co.uk

Nuts says: The most technologically advanced Gibson guitar ever, this offers 2,000 pick-up combinations, built-in effects engine, third-party apps, automatic tuning and Bluetooth. Incredible.

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The Firebird's case can survive a fall from a six-storey building

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The Beat's "FullRoom" tech delivers stereo sound no matter where you are in a room

Libratone Beat

www.libratone.com

Nuts says: Handy, portable iPod speakers (there's even a handle on the side) which pipe your tunes via a clever little nubbin you stick into the 'Pod, so you don't have to dock it, and can always have it to hand.

Griffin Slap watch

www.griffin.co.uk

Nuts says: Apple's iPod nano has a watch-like screen with a watch-like face, and it's watch-sized. And what does the Griffin Slap watch do? It holds an iPod nano. Quiz over.

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Check out more reviews at www.nuts.co.uk/reviews

WORDS: RORY BUCKERIDGE

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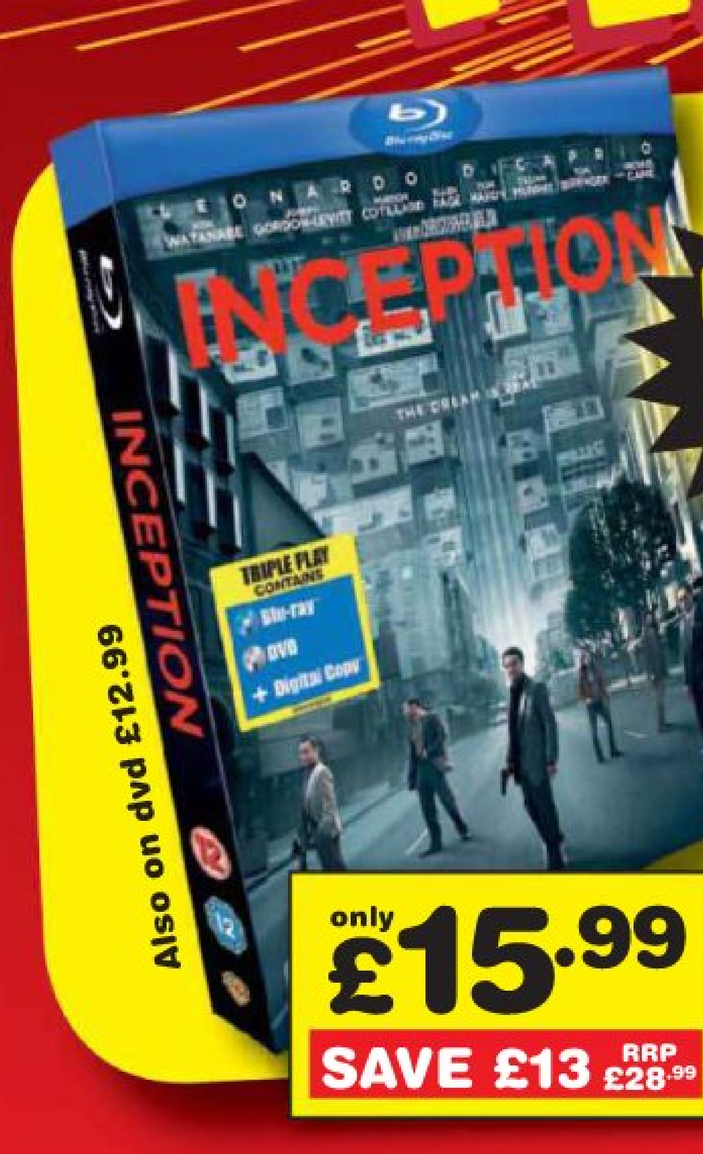

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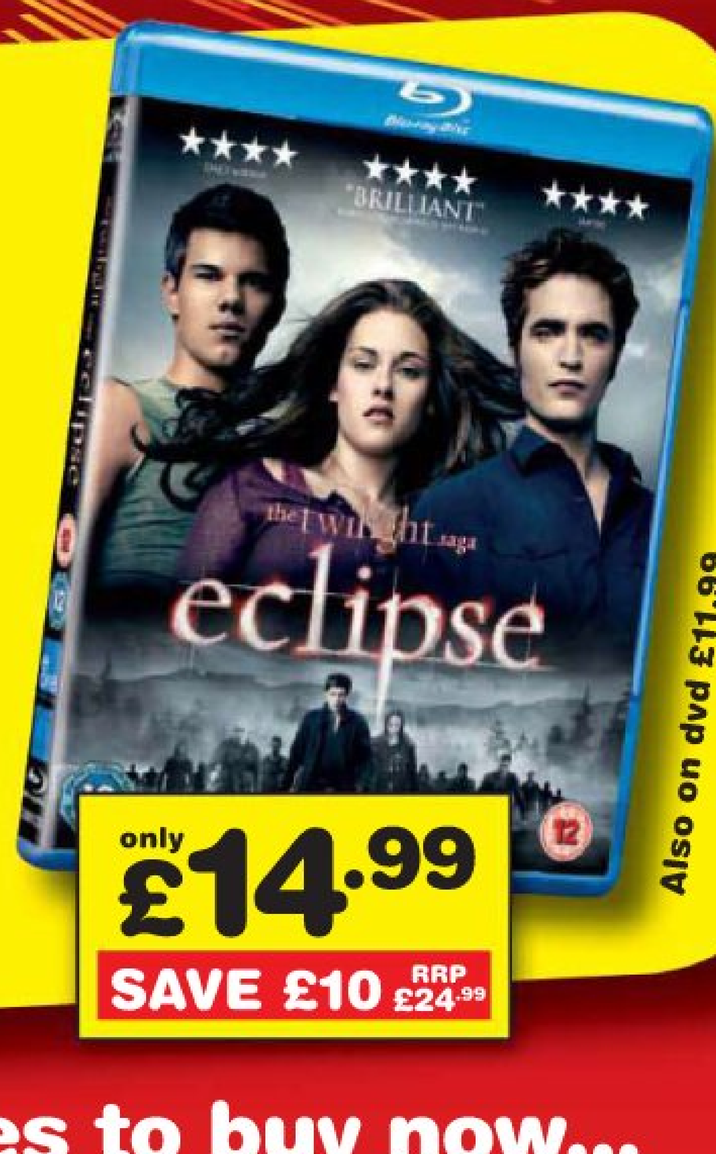

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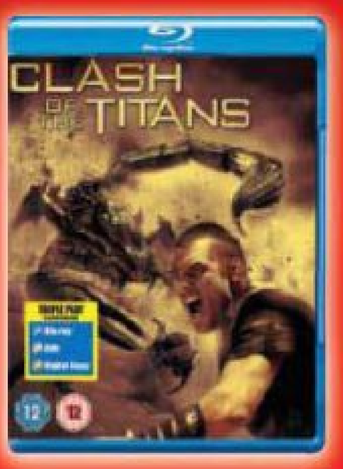

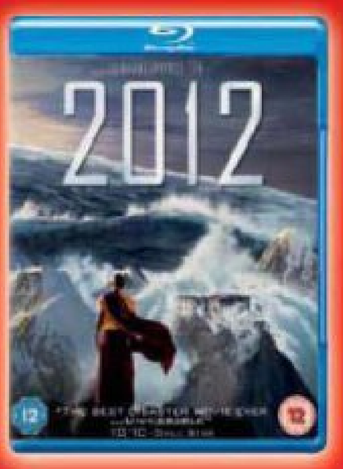

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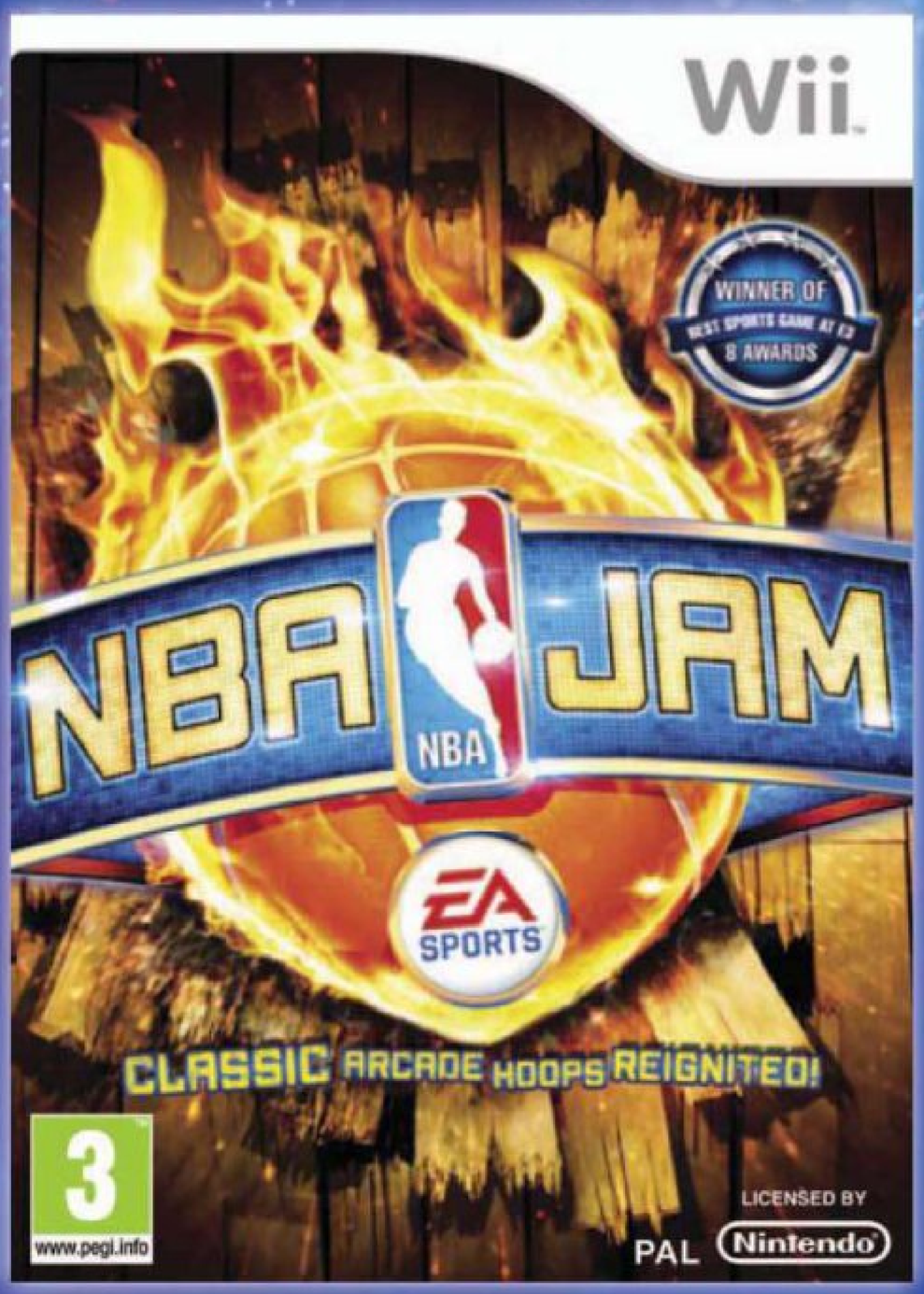

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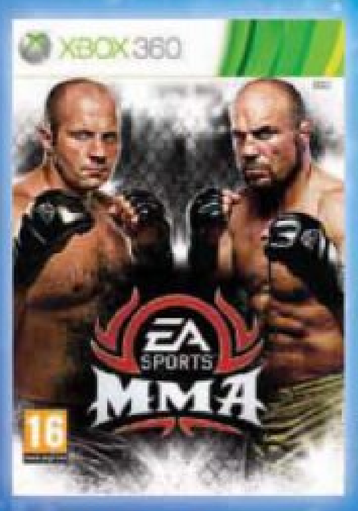

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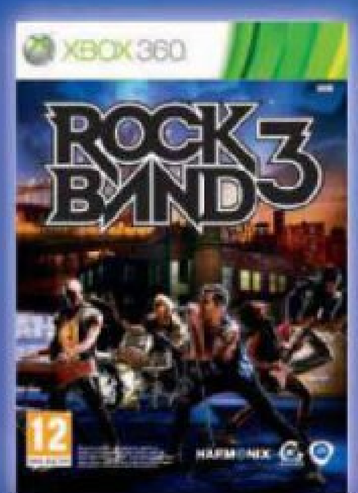

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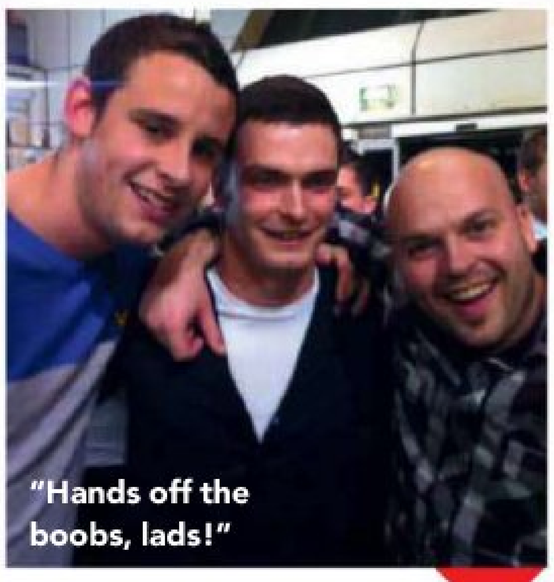


"Hands off the boobs, lads!"

We've got our Johnson out

Dear Nuts,
Me and my mate Knowlesy bumped into Man City winger Adam Johnson outside the MEN Arena before Haye vs Harrison. It was better than the fight itself!

Dave Cox, Dorset

Brilliant, although to be fair, you could have bumped into pretty much anyone and it would've been better than that fight!

*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 80 APPLY

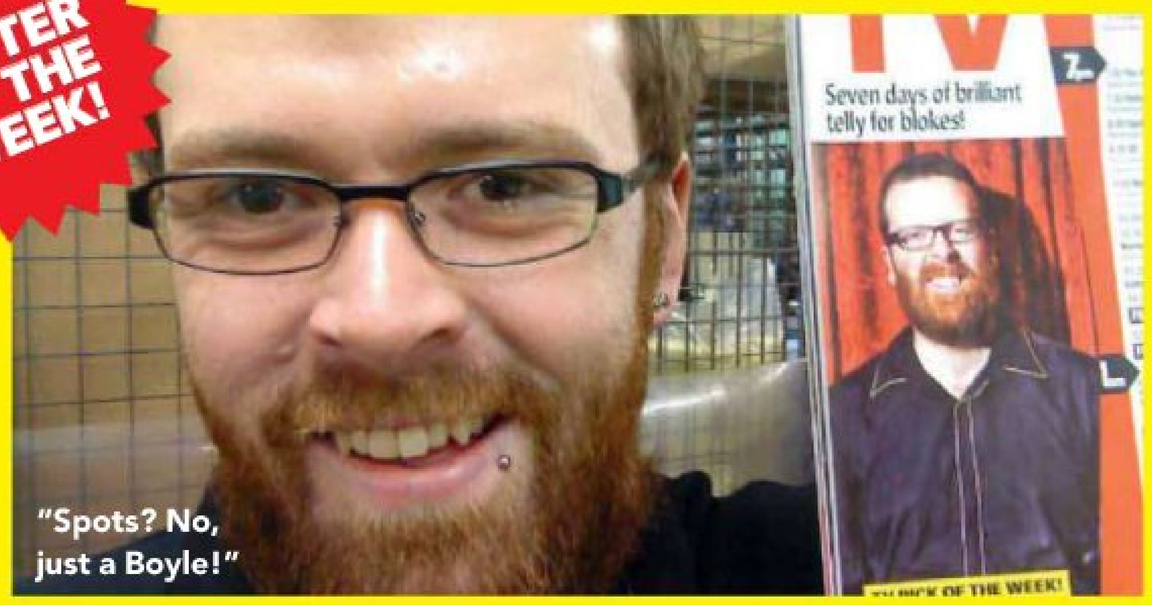
Can I be Frank?

LETTER OF THE WEEK!

Dear Nuts,
I think my workmate looks a lot like comedian Frankie Boyle. Mind you, he's nowhere near as funny as the real Frank.

Simo Hermunen, West Bromwich

Maybe not, but his beard's every bit as distressing!



"Spots? No, just a Boyle!"

"Got any pics of Lisa Snowdon?"

Seems like an ice bloke

Dear Nuts,
Here's a snowman with impeccable taste in magazines!

Sam and Richie, via email

Let's have more of these, please!

Rack off Dear Nuts, Oi, spices! That's not very nice!

Matthew, Milford Haven

You see, this is exactly why we don't use spices. Or do any cooking, for that matter.

"And these are my invisible dwarves!"

Kylie attractive

Dear Nuts,
This is me looking dainty and angelic in my *Nuts* vest!

Kylie King, via email

That's why our vests are best!

"Think you've spelt 'offer' wrong!"

CAMERAPHONE CUTIES!

Sexy snap-happy babes!

"Having fun!" **Henrietta, Portsmouth**

"Up close and very personal!" **Leanne, Brighton**

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Text 'Nuts' and your sexy camera-phone pic to **0771 388 8008***

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Send your letters, hilarious spam pictures and cameraphone cutie shots to **nutsletters@ipcmedia.com** or post them to the address on page 80. The sender of the week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy. Visit **www.durex.co.uk** for more information.

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YOUR JOKES

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SHORT JOKES!

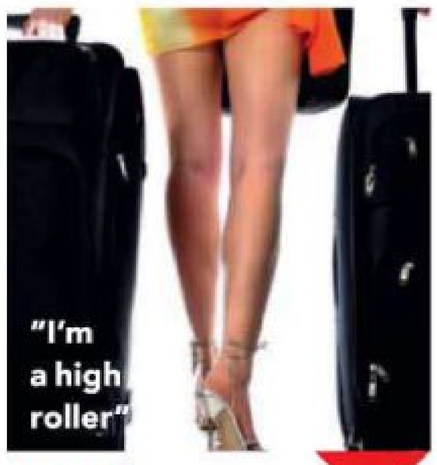
Q: What happened when a nun tried to buy condoms at Tesco?
A: Checkout said, "Unexpected item in bagging area!"
Shaun Smart, Cheltenham

A bloke goes 12 rounds with Mike Tyson and by the end of it he can barely stand up. That should teach him not to drink so much!
Jim Saunders, Bradford

A bloke gets a new job with a one-armed typist when he needs a second hand. It's shift work!
Simon Tapp, via email

Why is it that everyone hates Audley Harrison? He never hurt anyone!
Lee Fletcher, Manchester

Q: What's the best thing about having a "friend with benefits"?
A: Having that little bit of extra income!
Reggie Johnson, London



Wife hunt

A bloke loses his wife at the airport and is looking for her when he meets a man who's done the same. They decide to help each other search, so the first man asks the other fella what his wife looks like. He replies, "Slim, long legs, blonde hair, blue eyes, big boobs, tight dress. And your missus?"

"F**k it!" the bloke says. "Let's both just look for yours instead!"

Peter Gill via email

Glory hunter

A Liverpool fan walks past a shop and sees a sign in a window that reads, *"Liverpool FC – The Glory Years* on sale here!" The bloke goes in and finds it's priced £100. He asks the shopkeeper why it's so expensive, who explains, "Well, the video is only 50p but the Betamax player's £99.50!"

Callum Stockdale, Guildford

That sucks!

A group of young lads are in the pub discussing how good a blow job feels. One of them doesn't know what one is but goes along with the banter so he doesn't look daft in front of his mates.

Later on at home, the lad asks his girlfriend what a blow job is. She immediately gets up and storms out of the room. The lad goes down the pub the next day and tells his mates what happened.

One of his pals asks, "Why'd she do that?"

The lad replies, "I don't know! It was a real shame too – she was sucking me off at the time!"

Patrick Lines, Brighton

Win *Inception* and an iPad!

Send your jokes to nutsjokes@ipcmedia.com or to the address on page 80. The sender of this week's best joke* will win an iPad and a copy of brilliant Christopher Nolan movie *Inception* on Blu-ray™.

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Class work

Little Pete is in class when the teacher asks, "Can anyone here give me a paragraph with the word 'contagious' in it?"

Little Pete replies, "My mummy was doing the dishes when my daddy was out mowing the lawn. She looked out of the window and said, 'For heaven's sake! At this rate it's going to take that contagious to finish cutting the grass!'"

Bradley Welsh, Watford

The tiny groundsman found Wimbledon a challenge

Leave it!

A bloke wakes up one morning to find his wife has left him a note saying she's run off with the milkman. The guy can't believe it and runs over to his brother's house to tell him what's happened. He knocks on the door and the brother takes one look at him and says, "Oh God, it's Jane, isn't it? She's left you!"

The guy can't work out how his brother already knows. "How did you guess that?" he asks.

The brother replies, "Just look at your shirt – it's creased as f**k!"

Ged O'Leary, Fazakerly

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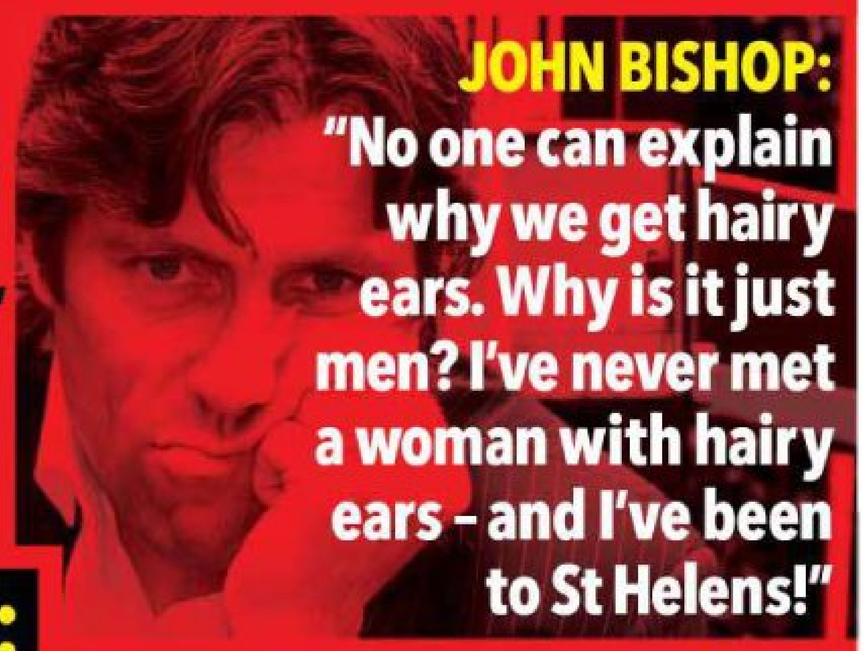
FAMOUS BLOKES' JOKES!

TIM VINE:
"The barman said to me, 'How would you like to buy a shot of vodka for two cents?' I said to him, 'That's a cheap shot and you know it'"



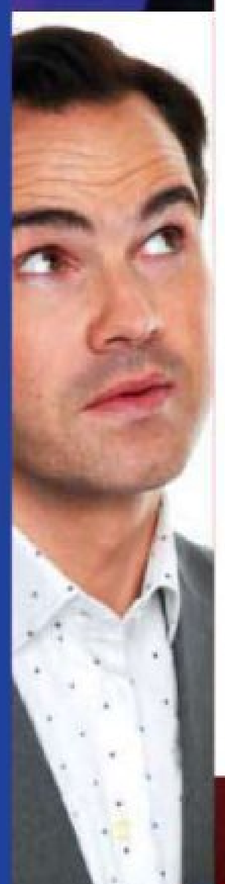
JOHN BISHOP:
"No one can explain why we get hairy ears. Why is it just men? I've never met a woman with hairy ears – and I've been to St Helens!"

JIM JEFFERIES:
"The Bible should be one page that says, 'Try not to be a c**t every day and you'll be a good person'"

ROSS NOBLE:
"A British tourist was bummed by a zebra while wearing a black and white T-shirt while on safari. Imagine if they released a horny zebra on the pitch at a Newcastle game. It would be like a porno *Madagascar*!"

AL MURRAY:
"We need a British Pope to go to Italy and bash some bishops! That came out wrong!"

BILLY CONNOLLY:
"I was asking a lady for directions and she said, 'I don't think you can get there from here.' I thought, have we slipped into some parallel universe here?"



JIMMY CARR:
"This royal wedding is a joyful occasion in my house because we actually need new tea towels"

RICKY GERVAIS:
"I hate it when artists cancel gigs because they're ill. The only artist who had a good excuse to cancel is Michael Jackson"

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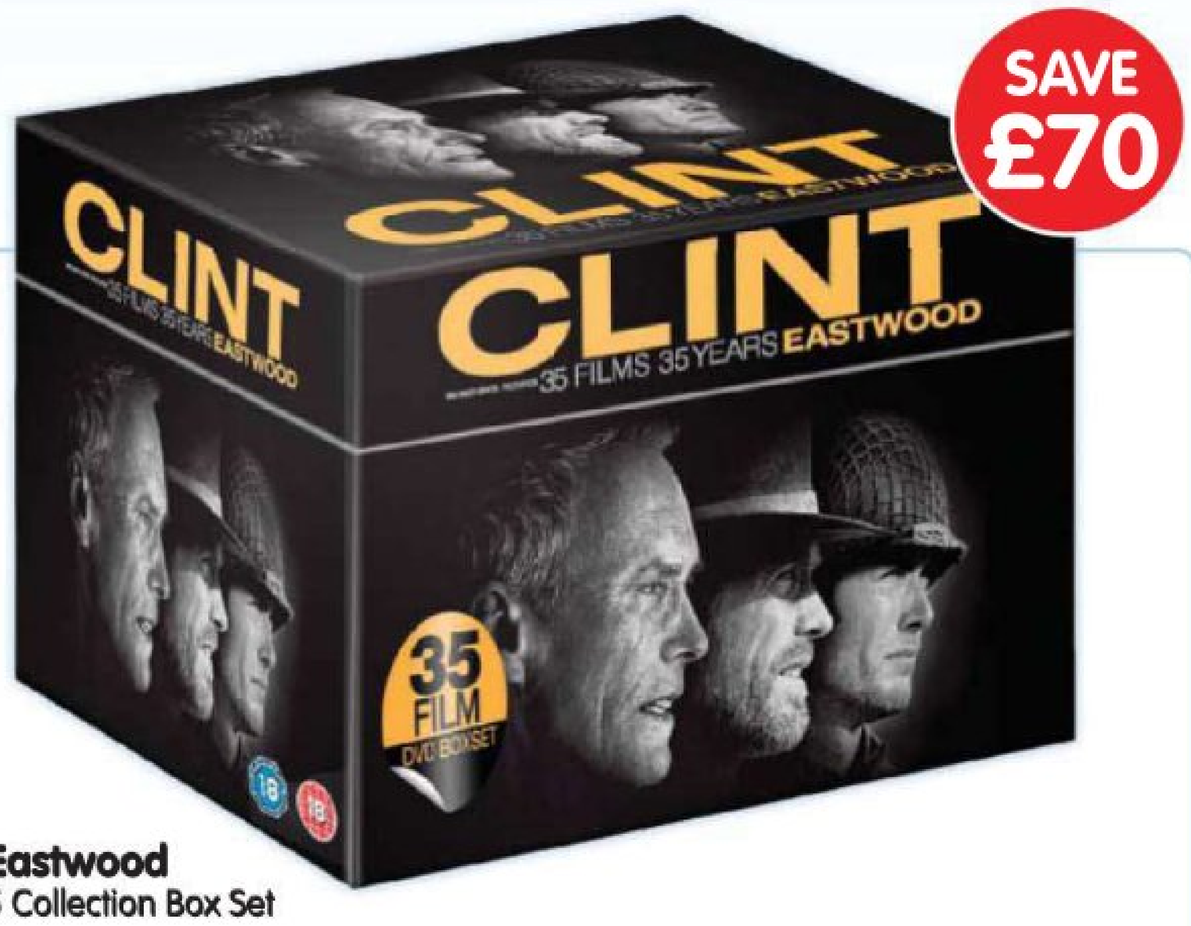

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ELIZA *23, from Worcester*
"Excuse me, gentlemen, I just have to make a quick call"

PLAYING TENNIS!

MEGAN *22, from Bolton*
"I love a game of topless tennis. Ready to receive service, anyone?"

ON THE GREEN!

TEAGAN *24, from Bournemouth*
"What could be better than a round of naked golf? Fore!"

AT WORK!

LUCY *27, from Bournemouth*
"I used to work here but now I've handed in my notice! Ha!"

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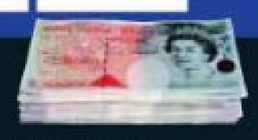
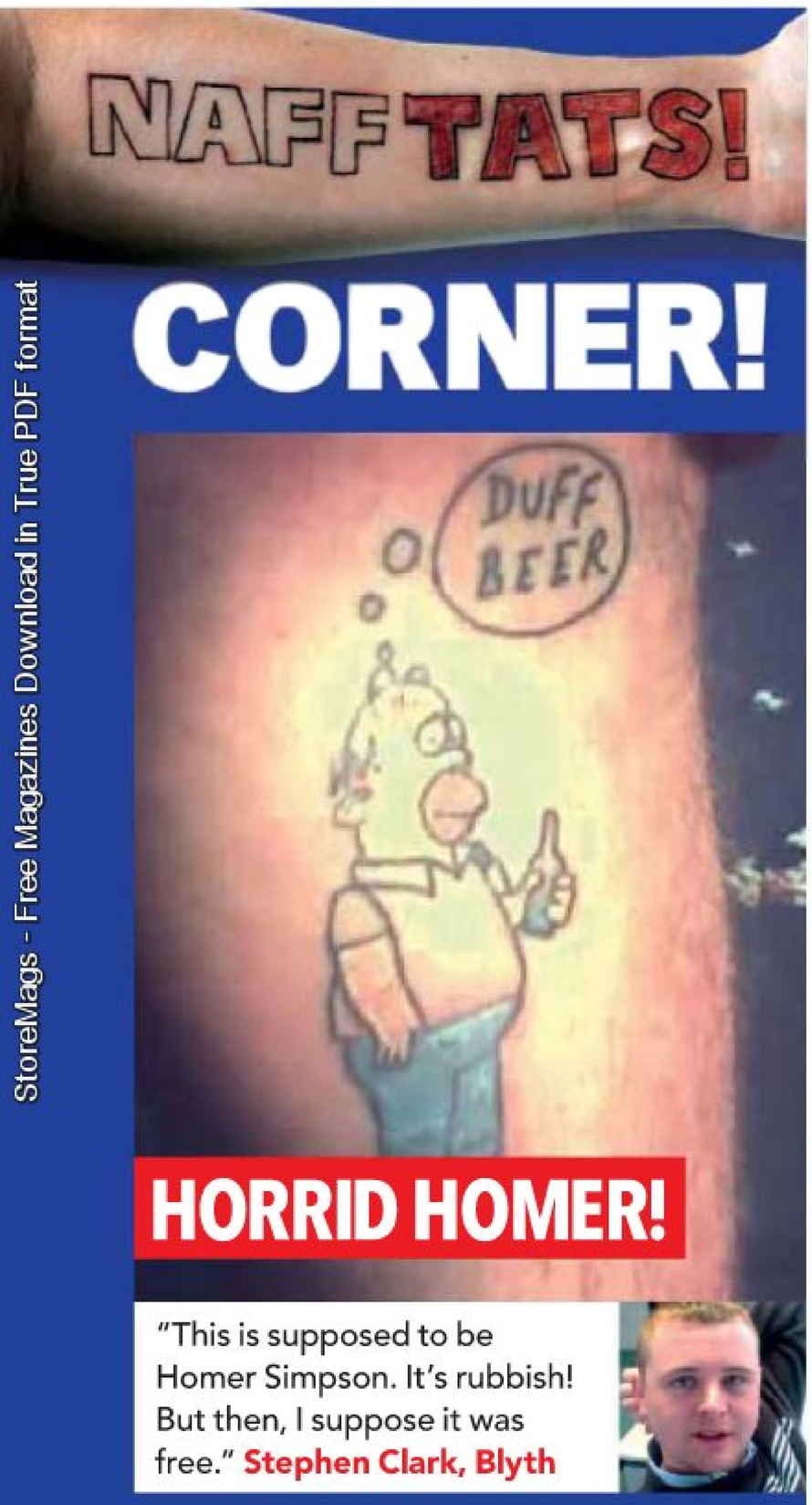


Text 'Nuts' and your picture to **0771 388 8008** (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** T&Cs on page 80.

"That must have been a bloody good game! Wish I'd been there!" **John, Wigan**

"Here's a lady who clearly takes her fried chicken very seriously!" **Anon, via text**



"This is supposed to be Homer Simpson. It's rubbish! But then, I suppose it was free." **Stephen Clark, Blyth**

"We covered our mate's car in cling film and then tied it with a bow!" **Anon, via text**

"Amazing what items you can pick up in the shops nowadays!" **Jay, Wigan**

"I know Tesco says 'Every little helps' but this is a bit too little!" **Jamie, Northampton**

"How could any tourist resist such a polite invitation? I'm going!" **Anon, via text**

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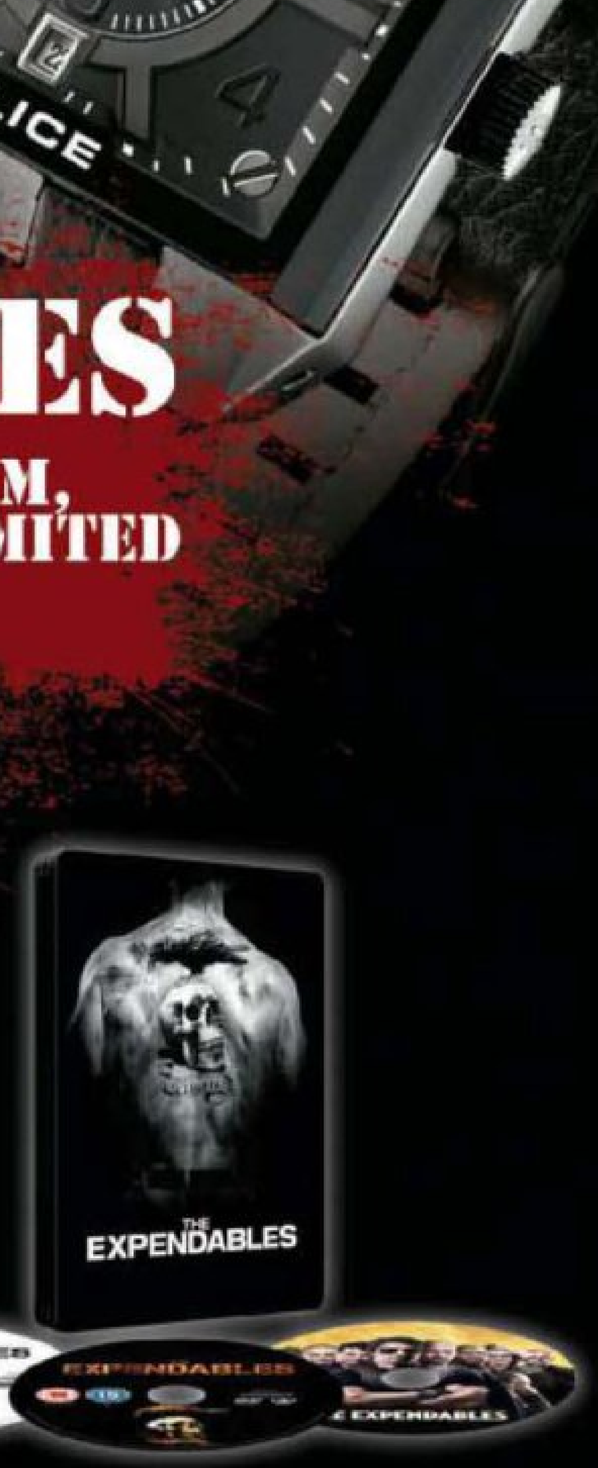

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THE TRUTH ABOUT SEX WITH... INDIA REYNOLDS

Nuts girls solve your bedroom bother!

Email questions to **thetruth_sex@ipcmedia.com**

She's porn-mad!

My girlfriend keeps wanting to watch porn before, and even during, sex. That means I'm not delivering the goods, surely?

Dev, Bradford

Tricky. It may mean she needs extra excitement to get in the mood, possibly as you're not getting her there by yourself. But by watching porn with her, you could pick up some tips to improve your performance – then she'll be doubly satisfied!

Nuts BABES' SEX TIPS!

No.31: "Arrange to meet in a nightclub and act like you're strangers. Having to 'chat up' your lady all over again will make things really exciting!"

Danni Wells

PHOTOS: ANGUS YOUNG

I want to last!

I sometimes "relieve myself" an hour or so before sex to ensure I don't pop off too quickly when I'm with the lady. Is this weird?

Elvis, Leeds

Not at all! It's better than getting too excited too soon, lasting barely a minute and leaving her disappointed. Actually, doing this is quite a good idea for both of you – it's even rather considerate. Good for you, Elvis!

Why go dogging?

My girlfriend wants to go dogging, but I'm totally against the idea – am I weird for not wanting to get involved?

Paul, Newtown

No, you're not! She wants people to watch her, basically – maybe she even wants to be a porn star! I wouldn't want to be watched in a car park. The fantasy may excite her but, in reality, it's most likely just to be a bunch of weird old people in manky cars. Yuck!

What's with the foot thing?

This girl I've met insists on giving me "foot jobs". Why would she like something weird like that?

Daniel, Watford

I'd guess she must have some kind of foot fetish and likes the feel of her tootsies on your downstairs. I don't have an issue with that kind of thing, but I only find feet sexy if they're in some nice, sexy footwear!

NEXT TIME: LUCY PINDER ANSWERS YOUR LETTERS!

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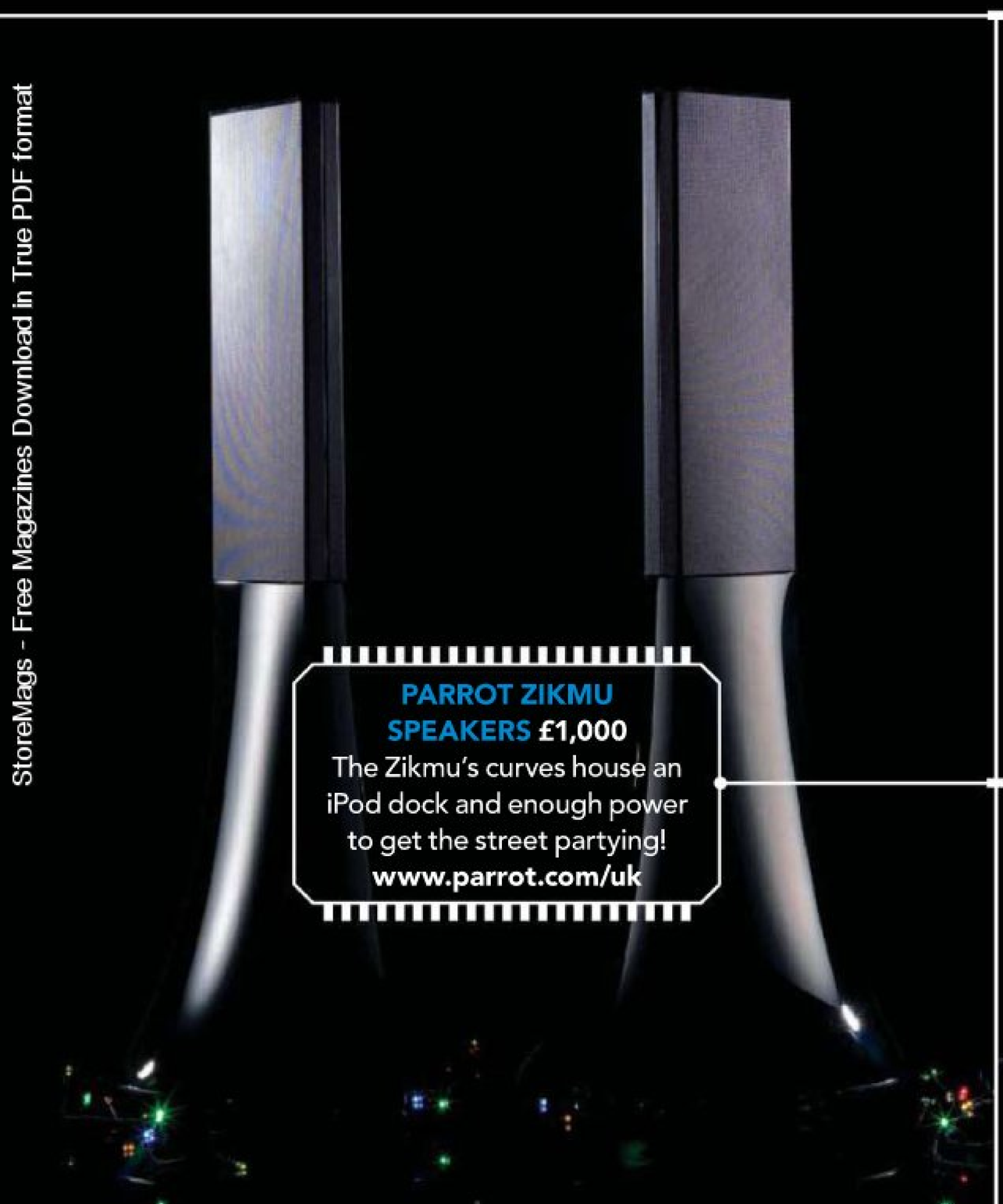
XMAS GIFT GUIDE

NUTS XMAS GIFT GUIDE

Socks? Pah! Slippers? No! This is what you really want from Santa!



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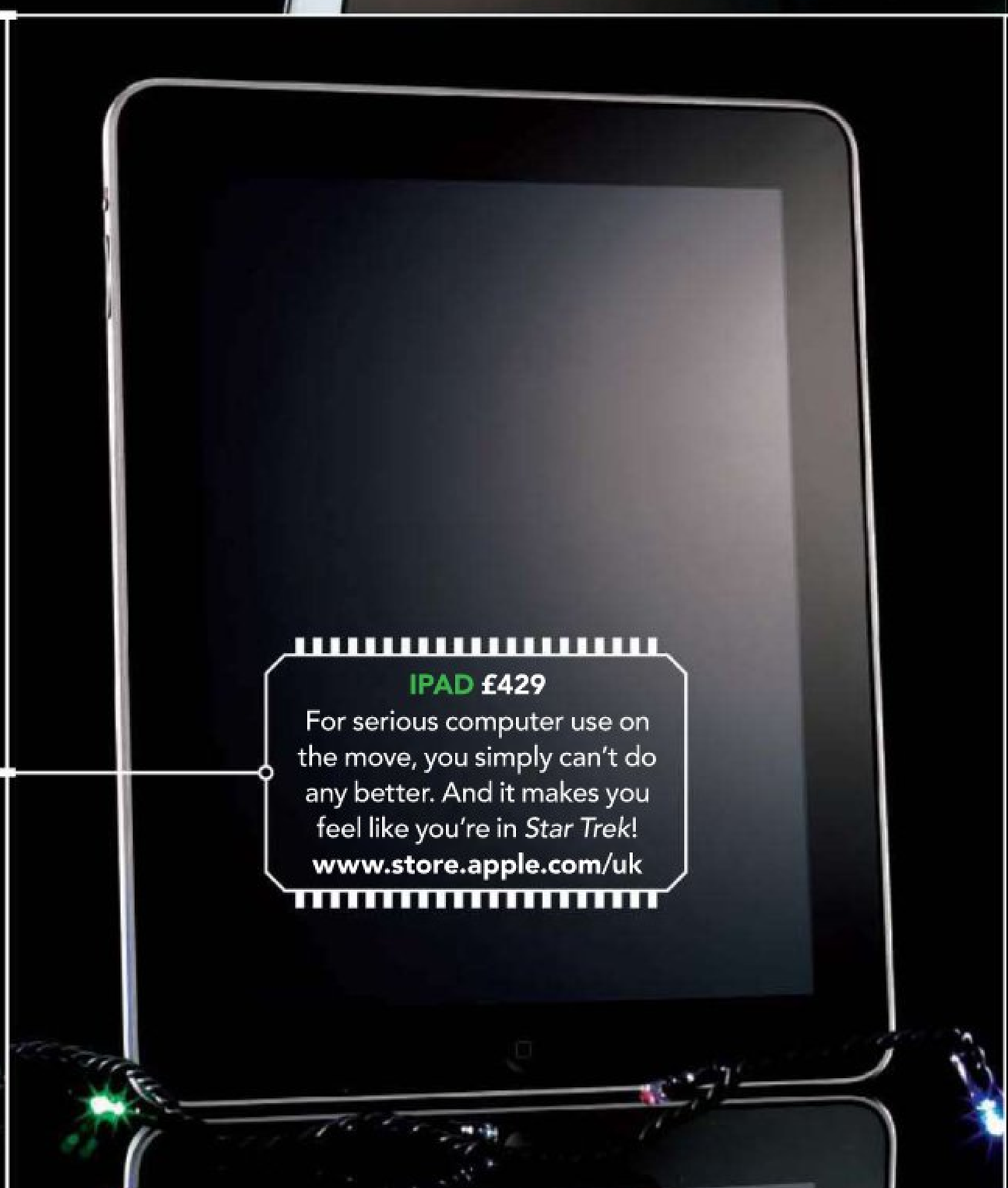

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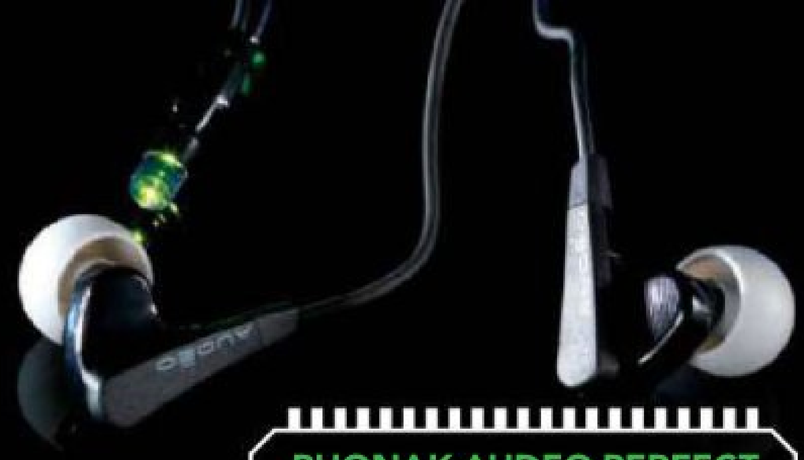

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www.arcam.co.uk

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www.samsung.com/uk

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www.asus.co.uk

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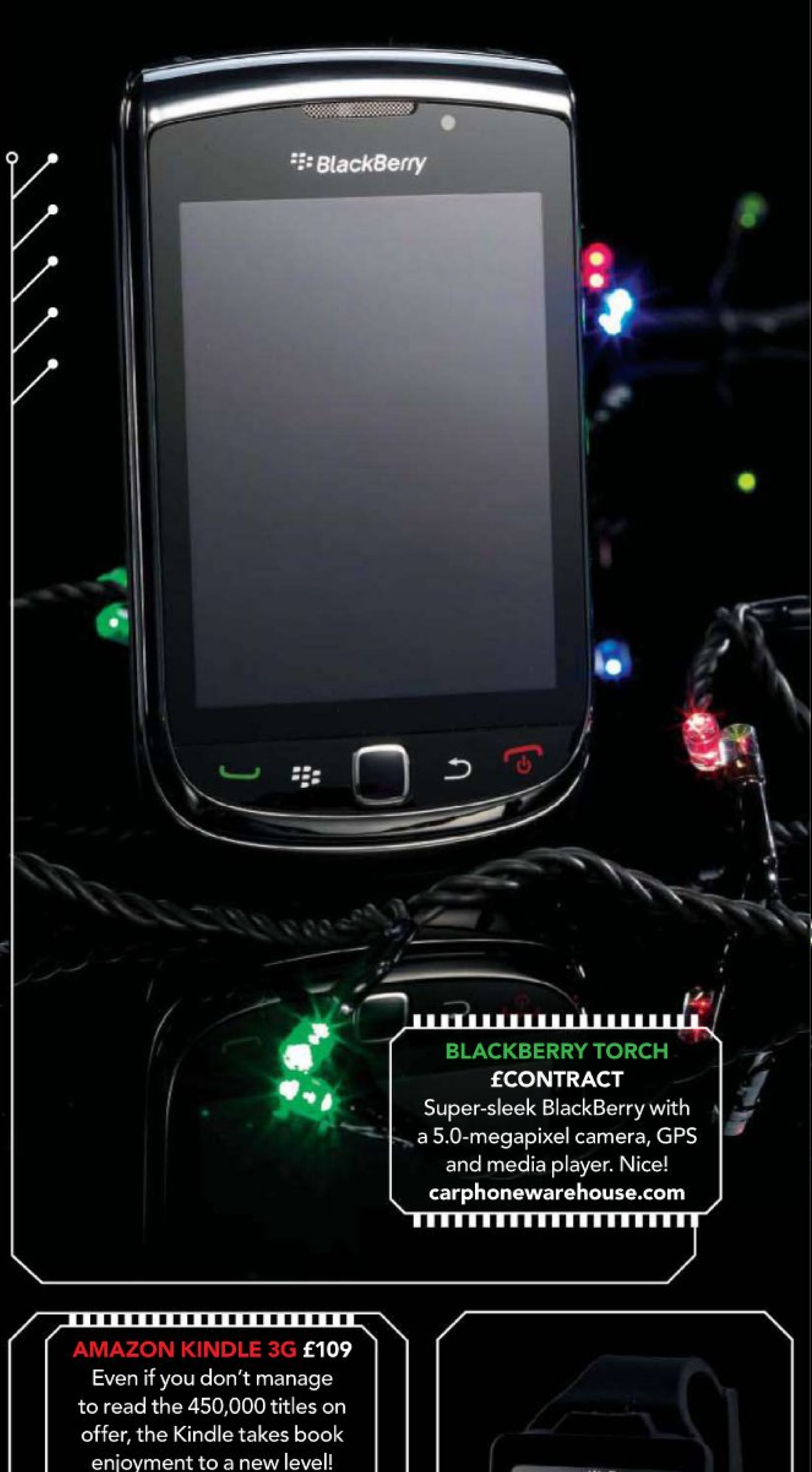

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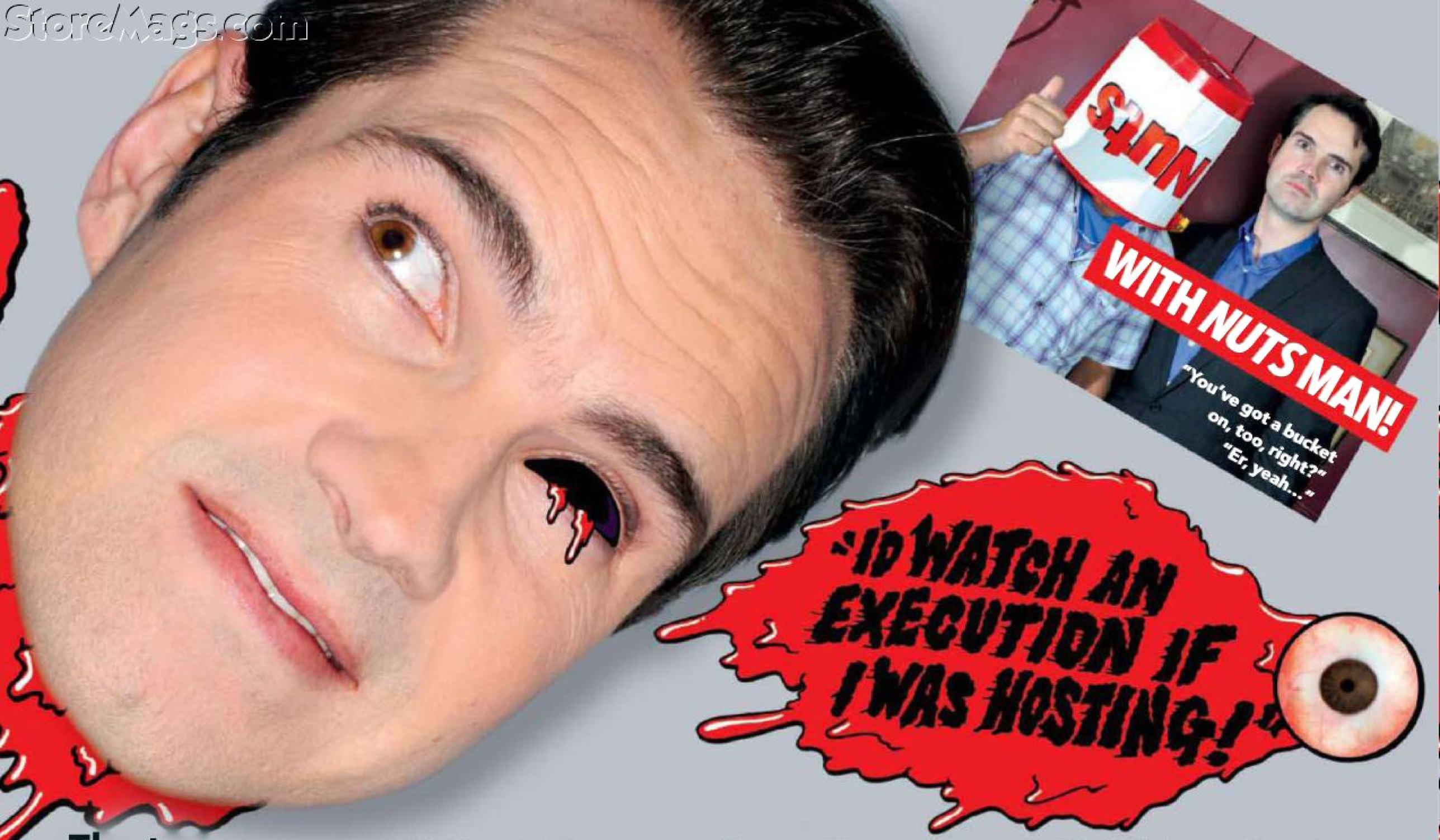

The top comedy fella delves into the *Nuts* Question Bucket!

Hi Jimmy! Ready to take on the *Nuts* Question Bucket? This is the level of journalistic integrity we've come to know and love from *Nuts* magazine. "Hang on, I'd better read something, I'm bored of looking at boobs... for a moment." OK, here goes! **Dig in then and see what random questions the bucket throws up. OK, here's the first one – "What's your favourite fairground ride?"** The girl who works at the toffee apple kiosk. Easy one to start with!

"What's the heaviest women you've ever slept with?" I once slept with a girl who was so fat, I think it counted as a threesome.

"What's been your biggest disappointment?" We've all got highs and lows in life, but I'd say my biggest disappointment was probably the end of *Lost*. What the f**k was that about?

"Have you ever tickled a fish?" Is that a euphemism?

"Would you be better at juggling shoes or balancing melons on your head?" I'm going to dignify that with an answer and say I'd be better at balancing a melon. But I don't know who's going to read this and think, "Oh, I might buy Jimmy's new DVD now that I know he's better at balancing melons on his head."

"Have you ever been in a car crash?" I'm a pretty good driver, actually. I did OK on *Top Gear* the first time, then I went back on and did spectacularly badly.

"What would your porn name be?" The Tripod. Ironically.

"Should a man carry an umbrella?" Yes! A gentleman, though, not anyone reading *Nuts*.

"If you wrestled a bear, do you think you'd win?" Do you know what you're supposed to do if a bear chases you? Play dead – mainly to get used to how you're going to be in a minute!

"Which song do you want to be buried to?" Cheery! I'm going to answer that one seriously. I want Death Cab For Cutie's *I Will Follow You Into The Dark*.

"What your favourite cheese?" Eighties disco.

"Is it OK to wear jeans without a belt?" Do you know why kids today wear their jeans slung so low and without a belt? It's because they're d*cks!

"If you could be one other thing or person for one day, what would you be?" If you got a once-in-a-lifetime offer like that, I think I'd go for some sort of schizophrenic – that way, I'd get more for my money.

"What's the closest you've ever come to pooping your own pants?" Pretty close. I sh*t someone else's.

"If you could extend one part of your body, what would it be?" Nothing. I just need to flick through *Nuts* magazine and it automatically extends.

"Did you fancy any of your teachers at school?" Yeah, but he wasn't having any of it. I'm joking, of course. He was a priest. He loved it. Not really! There was a French exchange teacher who was pretty hot. I think my brother got off with her. Well done him!

"Would you watch an execution if it was on TV?" That'd depend on a number of things. Who's getting executed? Is it on ITV1? Who's hosting the show?

Maybe it could be a new Jimmy Carr regular? *Jimmy Carr's Big Fat Execution of The Year.* I'd watch it if I was hosting.

Next question. "How many cats would it take to kill you?" Depends how hard you kicked it. If you fired a cat from a cannon...

"What's the biggest dog you've ever seen?" I think I'll leave this one to your readers. *Nuts* readers, insert your own joke here – we've all seen *Emmerdale*!

"Katy Perry or Cheryl Cole?" Neither! It's Jimmy Carr!

"What's the strangest place you've been naked?" In an ice bath on *A League Of Their Own*.

Were you worried James Corden was going to get in with you? No, I was more worried by the extreme cold. I basically just had a mangina by the end!

"How long would it take you to find us a dwarf?" No time at all. I'd just go out and find a normal person, then put them further away to fool you.

"Do you fancy someone you really shouldn't?" My girlfriend and I have an agreement that if I ever get the chance to sleep with Angelina Jolie... she can f**k off.

"What's the strangest thing you've ever put in your mouth?" Corn on the cob from KFC.

"Ever worn ladies underwear?" Ever? Always!

Thanks, Jimmy! One question left. "Is there an animal angrier than a goose?" Whoever wrote these questions has just f**ked a goose. They should be ashamed! ■

Jimmy Carr: Making People Laugh *is out now on DVD*

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INTERVIEW: RICH PELLEY PHOTOS: ELLIS O'BRIEN, PA PHOTOS

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100 SEXIEST BABES OF 2010!

We counted over a million votes!

Is there any better way to while away your time than voting for your fave babes of 2010 on Nuts.co.uk? Apparently not, because over the past weeks, we received more than one million votes for the ladies who've most brightened up your year. We then added the girls' popularity on the *Nuts* website to their impact on sales of the mag, put all the figures into the *Nuts* computer to come up with this definitive list of your 100 Sexiest Babes of 2010!

100 BLAKE LIVELY
NEW! We usually leave TV like *Gossip Girl* to the ladies. But when Blake's in the show, we'll make an exception!

99 ARIANNY CELESTE
NEW! Arianny's best known for being a ring girl for UFC. And we thought UFC was just sweaty men fighting!

98 SARAH HARDING
LAST YEAR: 78
The Girls Aloud hottie once worked at Pizza Hut. Imagine her delivering dinner. Wow!

97 BIANCA SLATER
NEW! The best thing to come out of Barnsley since Mick McCarthy. And we know who we'd prefer to look at!

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SEXIEST BABES 2010

95 RACHAEL WHITE

NEW! After appearing on *BB11* and the cover of *Nuts*, it's fair to say Rachael blew us away in 2010. Bring on 2011!

94 RACHAEL CORDINGLEY

NEW! Rachael's dating boxing star Carl Froch, so we better watch what we say. She's hot!

96 SAM GRIERSON

NEW! Sam was part of *X Factor* hopefuls Husstle. The group didn't make it far, but Sam's still firmly in our charts!

93 HELEN FLANAGAN

LAST YEAR: 73

We recently saw the *Corrie* cutie tied to a bed in just her undies. Nothing to do with us!

92 EVA MENDES

LAST YEAR: 41

Eva recently hosted an awards do dressed as a ham. And she still looks good enough to eat!

91 ALESHA DIXON

NEW! Alesha's so devastatingly hot, she's almost made *Strictly…* worth a watch. OK, slight exaggeration there!

90 CLAIRE COOPER

LAST YEAR: 100

The *Hollyoaks* fittie's so small, we're tempted to call her mini Cooper. But we're too nice!➡

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SEXIEST BABES 2010

89 VANESSA WHITE
NEW! The Saturdays singer appeared in West End show *The Lion King*. We can definitely feel the love tonight!

88 AMY CHILDS
NEW! *The Only Way Is Essex* star is our kind of girl – up for a party and loves to show off her body. Marry us!

87 ROCHELLE WISEMAN
NEW! It doesn't take a "Wise man" to see Rochelle's one of the sexiest babes in pop!

86 DAISY WATTS
NEW! Daisy might be new to modelling, but snaps like this make us think she'll be around for a long time!

84 MIRANDA KERR
NEW! OK, she's married to that actor bloke Orlando Bloom, but we'll forgive her because she's tasty as heck!

85 JENNIFER LOPEZ
NEW! The good news is she's a judge on *American Idol*! The bad news is we only get to see her sat down. Boo!

83 CARLEY STENSON
LAST YEAR: 80
We hear Carley's thinking of leaving *Hollyoaks*. Let's hope that means more pics like this!

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82 JODIE GASSON

NEW! She's brunette, beautiful and from Brighton. That's enough of the "B" talk, 'cos Jodie's a grade A hottie!

81 TULISA (N-DUBZ)

NEW! Is Tulisa the sexiest woman on this list? It's tough to say, but she'll always be the sexiest one in N-Dubz!

80 KITTY LEA

LAST YEAR: 24

She's a bit funky, a bit punky and we're addicted to her like a junkie. Er, at least it rhymes!

79 CHARLOTTE JACKSON

NEW! The Sky Sports babe shoots onto the list after the steamy shoot she did in *Nuts*!

76 ADELE SILVA

LAST YEAR: 97

The *Emmerdale* lass is in new flick *Strippers vs Werewolves*. God, we hope she's not a wolf!

78 JESSICA BIEL

LAST YEAR: 61

Jessica was easily the best thing about *The A-Team*, and she can save us any time!

77 BEYONCÉ

LAST YEAR: 79

She's rich, successful, sexy and shakes her booty faster than a '70s washer-dryer. Perfection!

75 ROSIE WHITEMAN

NEW! 2010 has been a bumper year for sexy Rosies. And 2011's looking up now the lovely Rosie's around! ➡

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SEXIEST BABES 2010

74 STACI NOBLETT
LAST YEAR: 64
Pert and perfect in every way, you can expect to see a lot of Staci in these pages in 2011!

73 SAMIA SMITH
NEW! We still like to call her Samia Ghadie because it helps us forget some lucky swine has married her. Pah!

72 MILA KUNIS
NEW! Mila's the voice of Meg in *Family Guy*, which might be a bit odd. Still, we're willing to give her a chance!

71 ROSIE H-W
NEW! The Brit babe's set to take Megan Fox's place in the new *Transformers*. Shia LaBeouf, you lucky so-and-so!

70 ANGELINA JOLIE
LAST YEAR: 66
Apparently, Angie uses an odd blood therapy to stay fit. We'd say it's worth the weirdness!

69 RACHEL BILSON
LAST YEAR: 69
The OC beauty's a non-mover on the list. And we thank you for keeping her in the mag!

68 SAM ROWLEY
NEW! Sam's done *Hollyoaks*, C4's *Seven Days* and MTV. And for that reason, we know her as "sexy TV girl"!

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67 GEORGIE THOMPSON

NEW! Georgie's a regular on *A League Of Their Own*. And she's definitely in one as well!

66 DANICA

NEW! Tall, posh, sexy, blonde… nope, there's literally nothing wrong with Danica. Believe us, we've looked. A lot!

65 FRANKIE SANDFORD

LAST YEAR: 43 We've heard The Saturdays star wants to move to LA. Don't go, Frankie!

64 KARA TOINTON

NEW! The former *EastEnders* beauty is the sexiest thing ever to set foot on *Strictly Come Dancing*!

63 CHERYL COLE

LAST YEAR: 4

Cheryl's had a mad year – solo success, divorce, malaria – yet she's still smiling. We love her!

62 PORCHIA WATSON

NEW! She's straight outta Basildon and sounds like a posh car. Apt, really, because she's certainly no old banger!

61 GEMMA ARTERTON

LAST YEAR: 72

The Gravesend beauty is a big Charlton Athletic fan. We're certainly Addick-ted to her!

60 ROXANNE PALLETT

LAST YEAR: 46

Roxanne's nude scene in *Lake Placid 3* led us to watch it five times. Just to check it's her! ➡

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57 JORGIE PORTER

NEW! Having the sexy actress in *Nuts* made 2010 a brilliant year. Let's hope she comes back for more in 2011!

59 NICOLE SCHERZINGER

LAST YEAR: 74 Why does Lewis Hamilton go fast every week? To get home to Nicole!

58 KIMBERLEY WALSH

NEW! Girls Aloud may have lost their pop crown to The Saturdays, but Kim still boasts chart-topping sexiness!

55 SOFIA VERGARA

LAST YEAR: 67

Once nicknamed "Viagra" due to the effect that she has on men. We think she's still got it!

56 PIXIE LOTT

LAST YEAR: 39

We absolutely love Pixie Lott, but why just listen to her when you can look at her, too?

54 SAMMY JO

NEW! Sammy Jo's so nice, she doesn't even need a surname. When people know you're this lovely, why bother?

53 LISA SNOWDON

NEW! It says a lot about Lisa that she appears in an ad with an egg sandwich and we still think she's tastier!

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52 EVA LONGORIA
LAST YEAR: 47

We can't imagine Eva could ever be desperate, but we'd love her to be our housewife!

51 EMMA WATSON
NEW! The *Harry Potter* honey says she doesn't know what she'll do after the final flick. Work for us, hopefully!

50 LEAH FRANCIS
LAST YEAR: 18

A recipe for a fun night? Just spend it with Leah. She's the biggest party girl we know!

49 SAM KELLETT
LAST YEAR: 31

Sam's lovely face and top body have graced *Nuts* many times – and long may it continue!

48 ROXANNE MCKEE
NEW! Roxanne's appeared in *Hollyoaks* and lesbian drama *Lip Service*. It just doesn't get any better!

47 HOLLY WILLOUGHBY
LAST YEAR: 49

Getting up's always a real pain. Luckily, *This Morning* hottie Holly makes it slightly easier!

46 KIM KARDASHIAN
LAST YEAR: 51

Kim's lovely, loaded and likes filming herself doing "the sex". We're her biggest fans!➡

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45 DANNI WELLS
LAST YEAR: 32

Dishy Danni was first spotted at a car show. She's been driving us crazy ever since!

44 SALMA HAYEK
NEW! Arguably the most outrageous bosom in Hollywood. Yes, there's also Angelina, but she's a bit loopy!

43 SHAKIRA
NEW! You know the video for *She Wolf*? With the see-through catsuit? That's what all of our dreams are like!

42 KATIE GREEN
LAST YEAR: 81

Size 12 Katie was once asked to lose weight! We're glad she didn't, her curves are perfect!

41 FRANCOISE BOUFHAL
NEW! Ah, Francoise, tu est très belle! She's a Geordie, you say? Well then, way-aye, pet!

40 AMY DIAMOND
LAST YEAR: 35

If ever someone lives up to their surname, Amy does. The blonde beauty's a true gem!

39 KATIE-MARIE CORK
LAST YEAR: 21

The busty brunette is so good, she's got two names. Oh, and she's got amazing boobs, too!

38 MARIA FOWLER
NEW! Watching *The Only Way Is Essex* is, at times, like seeing a car crash – not the bits with Maria in, though!

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37 HANNAH TOINTON
NEW! Ex-*Hollyoaks* babe Hannah was in the last *Inbetweeners* series. Could she be any more perfect?

36 NATALIE BLAIR
NEW! Natalie's the ocean's apex predator and can grow to 25ft… wait, that's a shark. Natalie's just super-fit!

35 CHANELLE HAYES
LAST YEAR: 11
She's changed her look over the years, but one thing never changes – Chanelle's stunning!

34 MICHELLE KEEGAN
LAST YEAR: 42
Here at *Nuts*, the *Corrie* star's known as "the woman who's always in bikinis". We love her!

33 SCARLETT JOHANSSON
LAST YEAR: 59 Do you love Scarlett? If the answer's yes, well done, you're totally sane!

32 DANIELLE LLOYD
LAST YEAR: 13
Dani's one of the nation's top WAGs. If only the rest of the country were as gorgeous!

31 SOPHIE HOWARD
LAST YEAR: 6
Whenever we say Soph's a bit naughty, it spurs her on to more naughtiness. Brilliant! ➡

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SEXIEST BABES 2010

30 EVA
LAST YEAR: 2

Did you know Eva's name is pronounced "Ee-ga"? Nor did we, so she thinks we're dorks!

29 EMMA FRAIN
LAST YEAR: 10

Emma thinks blokes are hard to buy Christmas pressies for – just wrap yourself up, Emma!

28 KATY PERRY
LAST YEAR: 37

Russell Brand's a lucky bloke! We don't normally wish for break-ups, but just this once…

27 ABBEY CLANCY
LAST YEAR: 48

Abbey was once in a band called Genie Queen. If we met a genie, we'd wish for Abbey!

26 SOPHIE READE
LAST YEAR: 9

Is it us or is there something very distracting about the area between Soph's chin and ribs?

25 GEMMA MERNA
LAST YEAR: 29

Gem can act, sing, do comedy, or – when she feels like it – just stand there looking gorgeous!

24 SEREN GIBSON
NEW! "Serene" means "calm and at peace", which isn't how we feel when we look at the sexy Ms Gibson!

23 SAMMY BRADDY
LAST YEAR: 34

When we look at Sammy, we automatically think "boobs". We're simple folk here at *Nuts*!

22 SAM FAIERS
NEW! The undeniable star of *The Only Way Is Essex*. Or rather, the two undeniable stars of *The Only Way Is Essex*!

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21 AMY GREEN
LAST YEAR: 44

Amy's signed up to be in the next *Twilight*. She's welcome to bite our necks any time!

20 JESSICA ALBA
LAST YEAR: 55

Jess recently posted some of her own booby pics on Twitter. We haven't left her page since!

19 LINDSEY STRUTT
LAST YEAR: 8

Lindsey's been to a war zone with *Nuts*, which means she has a heart as big as her chest!

18 RHIAN SUGDEN
LAST YEAR: 20

The lovely Rhian's a keen DJ – she could play Spice Girls all night and we'd still love her!

17 PETA TODD
LAST YEAR: 5

There's nothing Peta can't do, unless you count "being ugly" – she's totally useless at that!

16 IMOGEN THOMAS
LAST YEAR: 91

We'd usually avoid *Celebrity Coach Trip*, but not after the Welsh fittie joined the fun! ➡

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SEXIEST BABES 2010

15 PRUDENCE

NEW! A quick tip – this young lady's going to be huge in 2011, and we don't mean in the "Vanessa Feltz" sense!

14 KELLY ANDREWS

NEW! Kelly recently told us if she had one wish, it'd be to stay sexy forever. She's certainly off to a flying start!

13 CHLOE SAXON

LAST YEAR: 77

Dark, brooding, mysterious, yet the lovely Chloe actually hails from Sheffield. Wowzers!

12 HANNAH MARTIN

NEW! Blonde hair, tick. Blue eyes, tick. A great body barely clothed, tick. Hannah really does tick all the boxes!

11 KELLY HALL

NEW! A *Nuts* in-house babe who's slayed 'em all this year, Kelly will be back in these pages in 2011. Brilliant news!

10 STACEY MASSEY

NEW! Stacey climbed a mountain for charity this year but that doesn't stop us calling her Stacey Macey in the office!

9 INDIA REYNOLDS

LAST YEAR: 14

Gorgeous India quit Uni for modelling. Luckily, she was born with a PhD in sex appeal!

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7 MEGAN FOX
LAST YEAR: 7

All the *Nuts* babes always tell us Megan's the girl they'd like to snog. We know the feeling!

6 HOLLY PEERS
NEW! You voted her as the sexiest newcomer this year and with boobs that big, it's easy to see why! Flippin' heck!

5 JESSICA-JANE CLEMENT
NEW! The lovely JJC was a big hit when she waltzed into the *Nuts* office. But hang on a sec, where's our wallet gone?

4 GEMMA ATKINSON
LAST YEAR: 26

Gem gave Danielle Bux tips about stripping off on stage. Oh, to be a fly on that wall!

3 KELLY BROOK
LAST YEAR: 15

She may have been around forever but, like a fine wine, Kelly just gets better with age!

2 LUCY PINDER
LAST YEAR: 1

You may be familiar with Lucy here – she's been in *Nuts* once or twice over the years! ➡

8 EMMA GLOVER
LAST YEAR: 16

Gorgeous Glover's a firm *Nuts* favourite. And she's got a firm pair of favourites of her own!

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1 ROSIE JONES

LAST YEAR: 3

She's our favourite, your favourite, the Forces' sweetheart and Britain's fittest girl next door. What would we do without our Rosie? Weep, that's what!

Hi Rosie! The *Nuts* readers have voted you the Sexiest Babe of 2010. Congratulations! What have you got to say? Oh God, thanks! I'm very, very grateful to all the *Nuts* readers for voting for me and I feel really happy to have won, but I also wish my friends could've won the award, too.

How does it feel to beat the likes of Megan Fox, Cheryl Cole and Angelina Jolie? I can't believe it! I think it shows just how loyal and lovely the *Nuts* readers are because those three are all huge international stars and all of them are absolutely gorgeous. It makes me happy – and it shows the *Nuts* readers have good taste!

They do! How are you planning to celebrate your win? I'd like to get everyone who came in the top ten together for a massive party in the *Nuts* office! I don't expect you'd get much work done that day though, would you?

Not a thing, but we're still up for it! Who'd have been your number one? I'd have voted for Rosie Huntington-Whiteley. I just think she's absolutely stunning! But other than that, I'd have voted for my friends Emma Glover, India, Stacey and Daisy, of course, plus the other *Nuts* girls. They deserve it because they're willing to show the world their beauty at every opportunity!

Is this the best thing you've ever won? Yeah, definitely! Although I really liked winning the Driver of the Year award from you guys last year, too. I know you only gave it to me to poke fun because in reality I can hardly drive, but I got a little toy car as a prize, so I was more than happy!

Excellent. Thanks, Rosie! Finally, can you give us your best Oscar-style acceptance speech? I just want to say thank you very much to anyone who voted for me or for any of my friends, and to anyone who just went onto the *Nuts* website to look at our pictures! It really does mean a lot to all of us. Thanks, *Nuts*! ■

WORDS: PETE CASHMORE, RICH JENKINS, PETER STUART, NICK WATKINS

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Nuts SPORT

SIGN UP ONLINE FOR FREE FOOTBALL ALERTS EVERY WEEK!

Man Utd vs Arsenal special!

With legendary pundit Andy Gray!

The big games continue to come thick and fast in the Premier League this season, and they don't come much bigger than Sir Alex Ferguson's Red Devils playing host to the Gunners on a Monday Night Football spectacular! We asked top telly pundit and all-round *Nuts* legend Andy Gray for the lowdown on what's sure to be a pre-Christmas cracker!

Man United vs Arsenal is being shown on Sky 3D – to upgrade, call 08442 410 241

Andy on how the two sides have fared so far

MAN UNITED

"United are a bit below par at the moment, so there's certainly a bit of room for improvement, starting now! They haven't been anywhere near their best and I think Sir Alex knows that if this had been a normal season, they'd be a wee bit adrift of Chelsea. Fortunately for them, the Blues have dipped in form, too!"

ARSENAL

"Although Arsenal have been decent, their inconsistency has cost them. Just when you think they're real contenders, they slip up. It may be that they're young, it may be that they don't have the squad – either way, the Gunners can be brilliant one week and not so good the next, and that must frustrate Arsene Wenger!"

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Andy on the tactics!

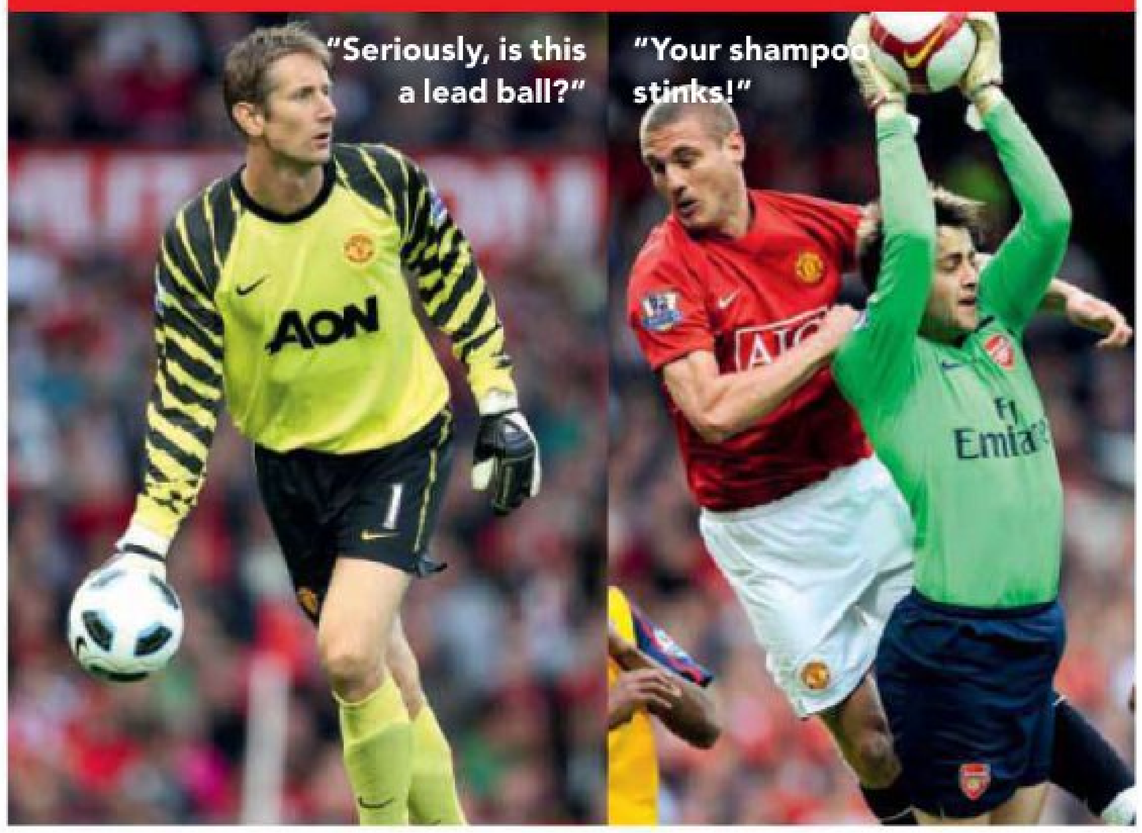
SIR ALEX FERGUSON
"Sir Alex has a big decision to make. Normally, he plays one up top and five in midfield when he comes up against Arsenal. But with Rooney and Berbatov flying at the moment, he may decide to be brave and select both. It'll be fascinating to see what he does!"

ARSENE WENGER
"The beauty of the Gunners is that they'll play the same no matter what's put in front of them, so I'd expect them to see a lot of the ball. Wenger's philosophy is that attack is the best form of defence. It'll be exciting but will it win the match? I'm not so sure!"

Andy on the keepers!

EDWIN VAN DER SAR
"This lad's been a top keeper for a long time and he's still performing at a high level. Inevitably, though, he's going to make mistakes at 40. I'm not saying he's a weakness – far from it – but it's an area they'll have to look at next season."

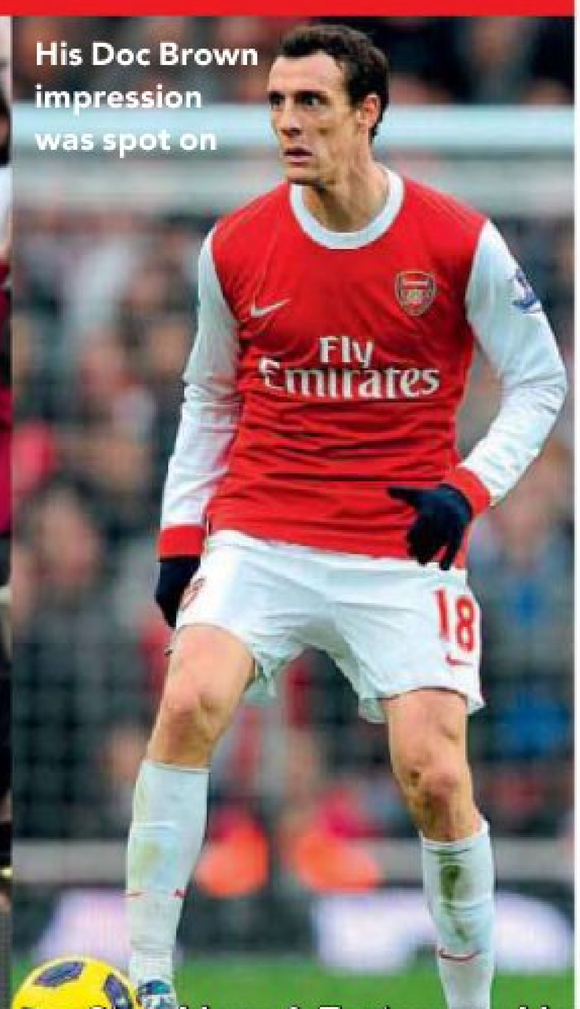
LUKASZ FABIANSKI
"He's done OK, if I'm honest. Everyone knows Arsenal have had problems in this position and I think Arsene Wenger has to spend some money on a world-class keeper. Fabianski hasn't let anyone down but Arsenal fans will expect more."



Andy's men to watch!

WAYNE ROONEY & DIMITAR BERBATOV
"The obvious player to watch is Rooney because he's getting back to the player of old. But I'd also like to give Berbatov a mention because when he's on song, there are few better!"

SEBASTIEN SQUILLACI
"It may sound weird to pick a centre-half in such an attacking side but I think Squillaci's role is absolutely pivotal. He's experienced but is new to the Premier League and might be a very busy boy all afternoon!"



Andy on the key area!

WHERE IT WILL BE WON!
"Arsenal have to defend well! If Rooney and Berbatov play like they did against Blackburn, they'll cause real problems. Wenger's got two centre-backs who are inexperienced in the league – they badly miss Thomas Vermaelen!"

Andy's prediction!

MAN UNITED 2-1 ARSENAL
"When these two top teams play each other, it's always difficult to see the away side getting a win. In my opinion, it's unlikely that United will lose at Old Trafford so although I can see Arsenal nicking a goal, Rooney and co will be just that little bit too strong for them!"

Man United vs Arsenal
Mon 13 Dec, 8pm, Sky Sports 1/HD1

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PHOTOS: BACKPAGE IMAGES, GETTY, PA PHOTOS

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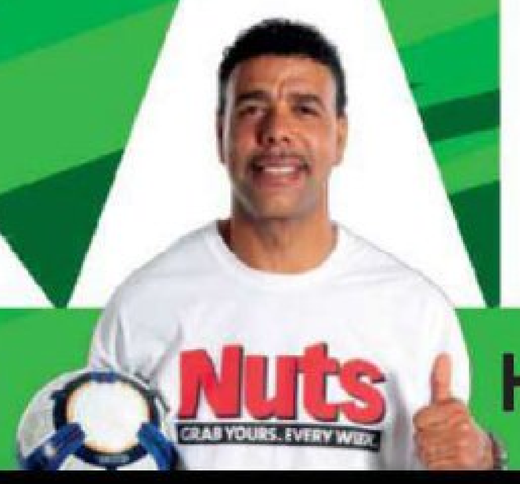
KAMMY!



ONLY IN Nuts!

He's footy's funniest pundit – and he's only in *Nuts*!

2018 should have been our World Cup!

I'm absolutely gutted England lost out on the right to host the 2018 World Cup to Russia – I think it means we'll be waiting a long time to be world champions again.

The English bid was dealt some huge setbacks, including a Panorama programme I really thought was a load of b*llocks – who on earth at the BBC decided to show something that so badly derailed our bid *before* the announcement was made? If they'd shown it the day after, I could understand it, but we all pay the BBC a huge amount of money in licence fees, plus they're one of the organisations that would've benefited most from hosting the tournament.

I think the Beeb now have to face some serious questions, even though I agree with the premise that the voting system (and Fifa in general) is in need of a huge overhaul. How old men in suits who know nothing about the game can be in charge of something as big as deciding who gets a World Cup is beyond me – nations throwing money at individuals is just a breeding ground for a lot of bribery and corruption, and I wish someone could do something about it.

It isn't just Fifa, of course, as the English FA also has a singular lack of football people making decisions that matter about the national game. Rugby's moved on, cricket's moved on, but football stays stuck in the past both in terms of technology and the ridiculous corporate structure that's in place.

It really is a crying shame, because the lift from hosting the tournament in 2018 is something the whole of Britain could have done with – from grass roots up – but it's been undone not just by a flawed and badly thought-out system, but also by the stupidity of our own broadcasting corporation – who we pay £149 to each year! You really couldn't make it up!

"The system's a breeding ground for corruption!"

PHOTOS: BACKPAGE IMAGES, GETTY

Carrick was warming up

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KAMMY'S UNBELIEVABLE-OMETER™

UNBELIEVABLY GOOD!

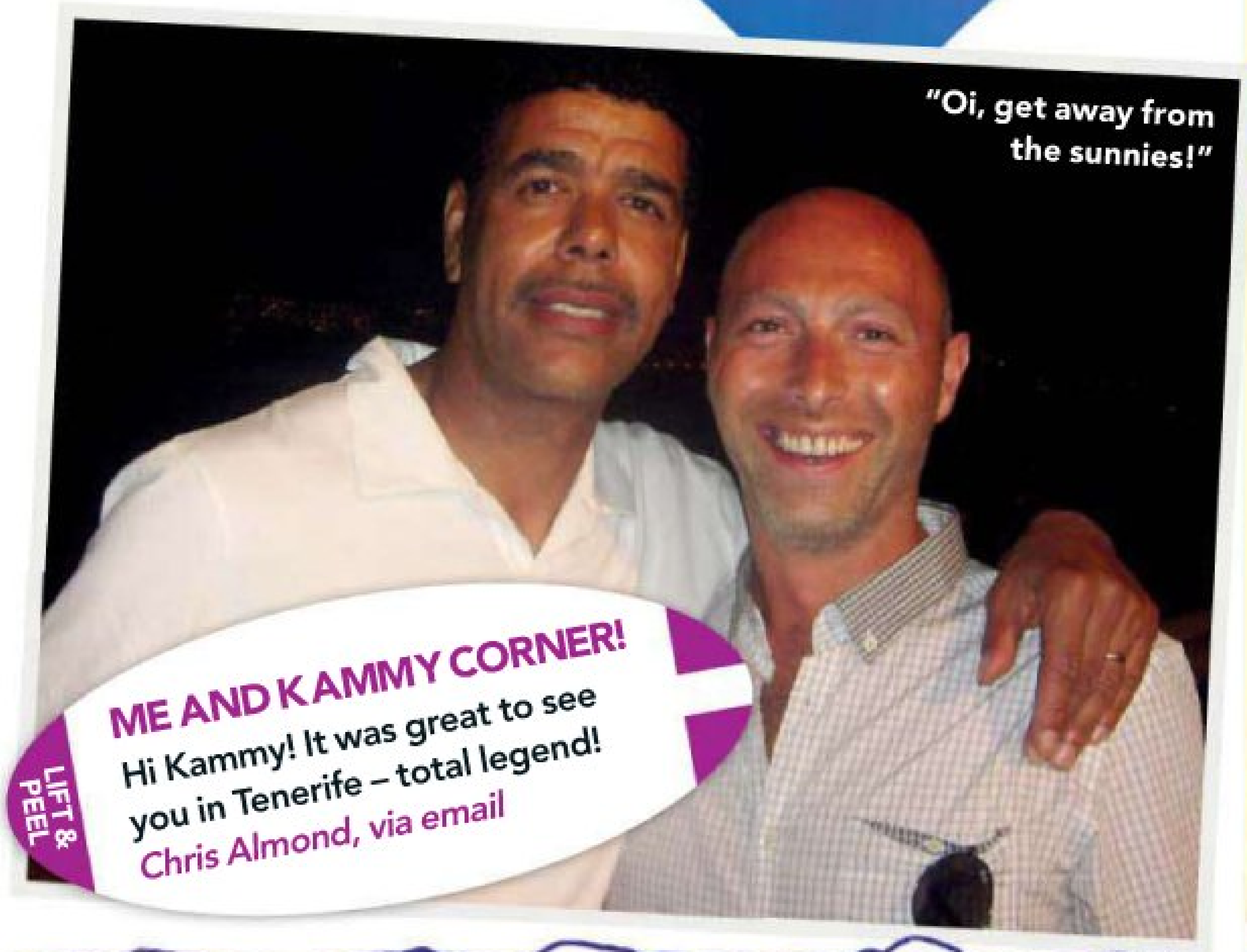
BEAUTIFUL BARCA!

Barcelona quite simply took football to a level I've never seen before in El Clasico. And Lionel Messi's the best player in the world bar none!

UNBELIEVABLY BAD!

REAL DIRTY!

Sadly, the only way Real Madrid could react to Barca's genius was to try to kick them off the park. Sergio Ramos' attack on Messi at the end just summed it up!



"Oi, get away from the sunnies!"

ME AND KAMMY CORNER!

LIFT & PEEL

Hi Kammy! It was great to see you in Tenerife – total legend!
Chris Almond, via email

DRAW KAMMY!

That's a pretty good effort, Craig. Keep them coming!

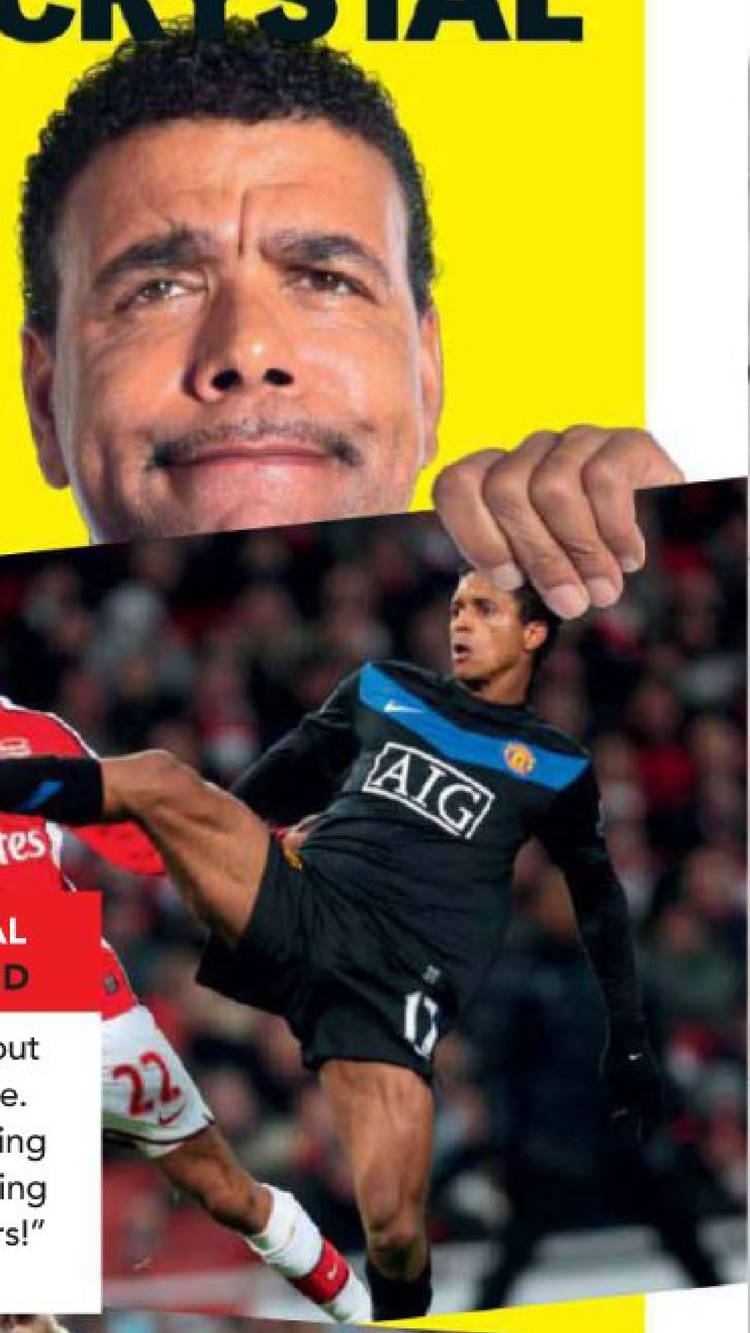
By Craig Osborn, Milton Keynes

Kammy needs you!

Send Kammy your jokes, pics etc to **kammy@ipcmedia.com**. The sender of the best one each week will win a signed *Nuts* T-shirt!

CHRIS' CRYSTAL BALL!

Chris predicts the week's big games!

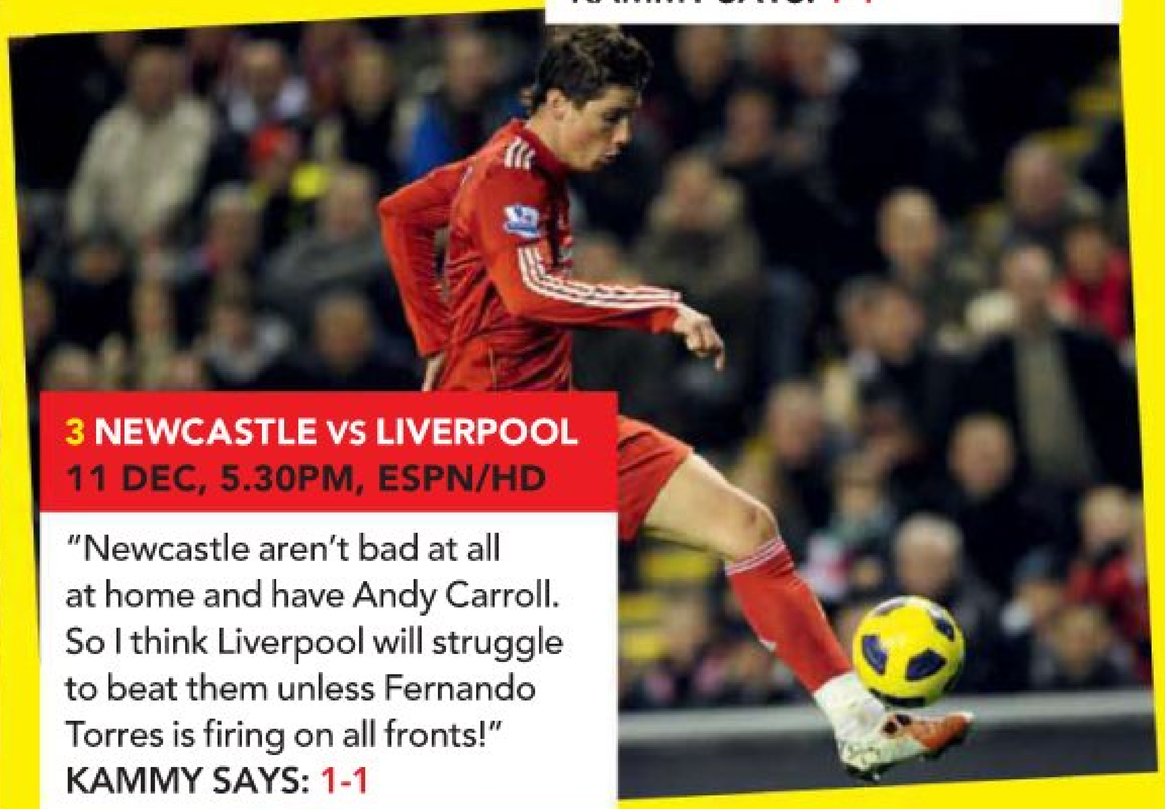


1 MAN UNITED VS ARSENAL
13 DEC, 8PM, SKY SP 1/HD

"This might surprise people but I'm going for an away win here. I think Arsenal are really starting to dominate teams, so I'm going for a huge win for the Gunners!"
KAMMY SAYS: 1-2

2 SPURS VS CHELSEA
12 DEC, 4PM, SKY SP 1/HD

"I think this'll be a great game at the Lane, with Harry Redknapp's side genuinely pushing to be seen as title contenders. Chelsea are on the way back, though!"
KAMMY SAYS: 1-1



3 NEWCASTLE VS LIVERPOOL
11 DEC, 5.30PM, ESPN/HD

"Newcastle aren't bad at all at home and have Andy Carroll. So I think Liverpool will struggle to beat them unless Fernando Torres is firing on all fronts!"
KAMMY SAYS: 1-1

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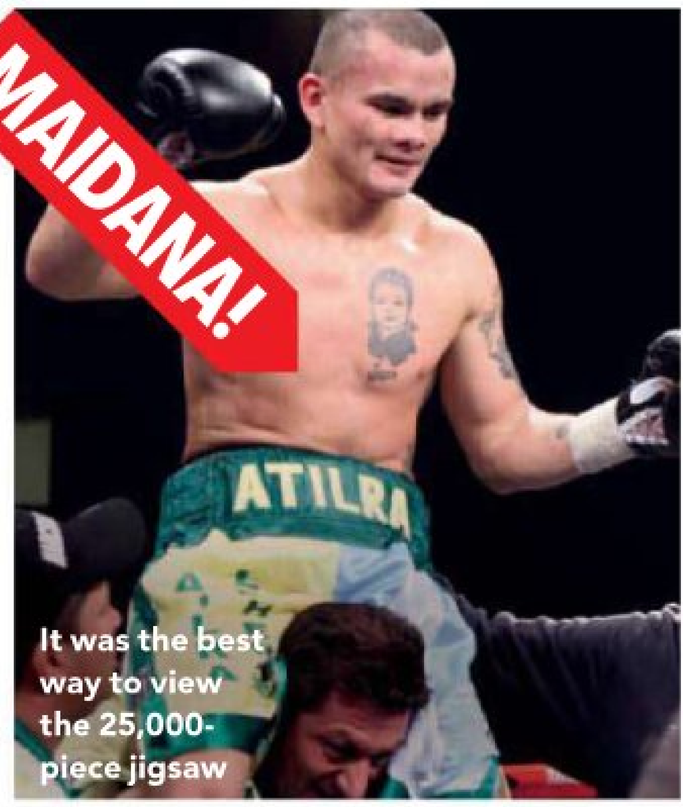
Nuts EXCLUSIVE!

Amir Khan: 'I could've worked at Asda!'

The world boxing champ on his mum's cooking, fighting temptation and Floyd Mayweather!



It was the best way to view the 25,000-piece jigsaw

Hi Amir! Let's talk about your fight with Marcos Maidana on Saturday. I wanted the fight in the UK [it's taking place in Las Vegas] but they wanted too much money. I agreed with the purse and said I'll agree to whatever they want. He's a big puncher. People can say all they want about me being "chinny" and my loss to [Breidis] Prescott, but this guy's had 29 fights, lost one and knocked 27 opponents out, so he hits hard!

How hard have you trained for this fight? I used to have to kill myself before fights with a strict no-carb diet. I'd wear a sweat suit and go for a five-mile run, then come home, have a shower and have nothing to drink for five days. I was only drinking half a glass of water in the morning and then going to the gym with a sweat suit on. Now I'm in LA, I do things more professionally with Freddie [Roach, his trainer]. I still spar with Manny Pacquiao and that helps. Manny's hit me in sparring and not hurt me, and so have some middleweight fighters, so sparring with him's definitely improved my performances. I've cut down on muscle mass as well, which has made me quicker – I've not been put down since I changed my diet. I feel stronger stepping in the ring now.

Do you still have critics despite being the world champion? You're always going to get critics but I'm going to win this fight, so that'll hopefully silence a few people. It's going to be an explosive night. I'd love the UK fans to be there in Vegas as this will be a fight to remember!

As a boxer, is it hard staying away from temptation? It's very hard but boxing's a serious and dedicated sport, so you have to avoid drugs and drink. I don't know what made Ricky [Hatton] do it. Maybe it was the boredom?

As a role model, what do you think of the behaviour of some footballers? I feel sorry for their girlfriends. I'm single, so no one's bothered about what I do, but if you're in a relationship, you have to be dedicated to the girl and it's wrong to cheat on her. So I think it's wrong what some do!

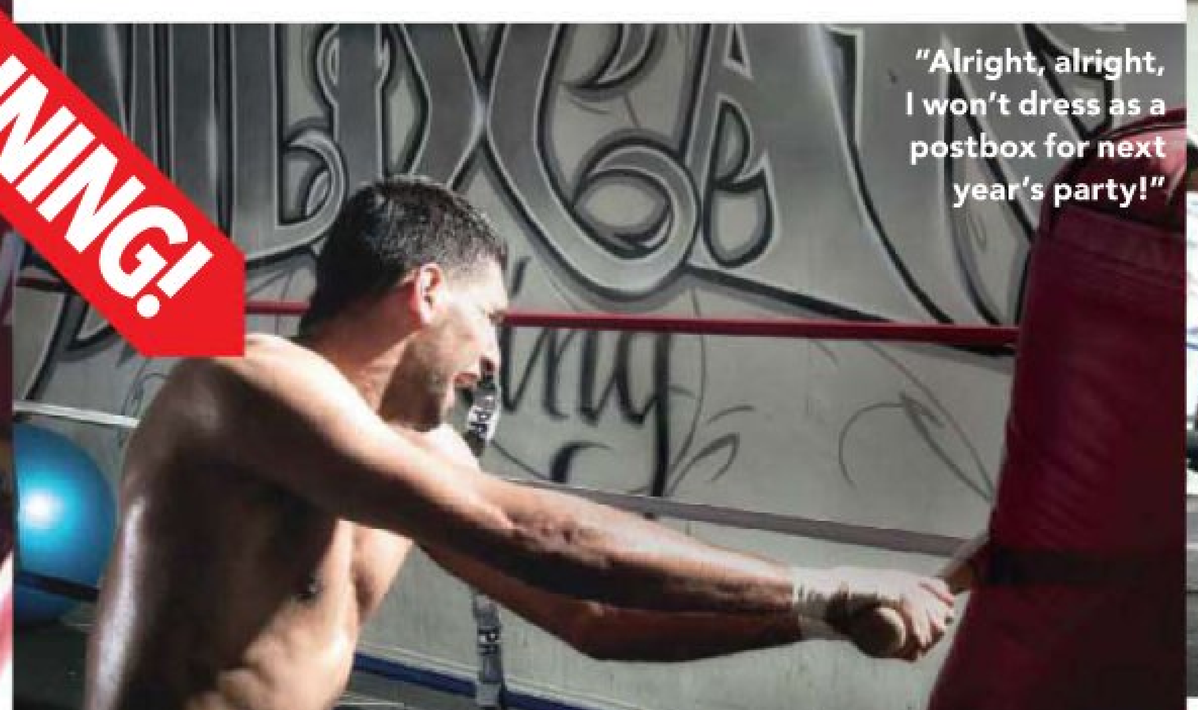
You're based in LA. What do you miss most about the UK while you're over there? My mum's cooking! I love LA, though, as I can easily get away from all the distractions. I can't go anywhere when I'm back here in England because everyone knows who I am and what I'm getting up to. Being in LA keeps me focused on what I have to do and it keeps me grounded and makes me feel like a normal person. I love the life in LA. I can just chill out and one day I might move there.

Who do you hang out with over there? I've got a few friends. I'm good friends with a rapper called Capone and a few friends from England come over as well, so we can have a laugh and that.

If you weren't a boxer, what would you be doing? Maybe I'd work in Asda or something! But I'm such a hard-working person, I think I'd be the best at whatever I did, whether it was another sport or what. Or maybe I'd be involved in business and just be my own man. I've always had the dream of driving nice cars and that's what's happening to me now. I drive a Lamborghini, and any car I want, I can get, so boxing has been kind to me!

Thanks, Amir! And good luck on Saturday! Finally, will you ever fight Manny Pacquiao or Floyd Mayweather? Yeah, me and Freddie both really want that fight with Mayweather to happen at some point. Hopefully, down the line, it might. It'd be a really brilliant fight for me but I want to just focus on Maidana for the moment and get him out the way, then take it from there!

"Jeez, this lollipop's a bit big!"


"Alright, alright, I won't dress as a postbox for next year's party!"

INTERVIEW: NICK WATKINS PHOTOS: ALEXIS CUARELMA/CLEVA MEDIA, ACTION IMAGES

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BRITAIN'S NEXT CHAMP!

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ONLY IN Nuts!

FOOTBALLERS' CARS!

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THIS WEEK...

Nani's Lamborghini Gallardo!

A flashy flier that's great at corners!

WORDS: TIM BRADLEY PHOTOS: EAMONN & JAMES CLARKE

Man United's Portuguese winger Nani has had his work cut out trying to replace Cristiano Ronaldo, but while he's learning slowly on the pitch, he's already imitating the winker when it comes to over-the-top supercars! The young star recently splashed out on a limited-edition Lambo that'll get him to the training ground at 200mph – if you could ever drive that fast in Manchester!

THE STATS!

- 0-60mph: 3.9 seconds
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- Max power: 550 bhp
- 5.2-litre V10 engine
- One of only 250 made worldwide, the car is named after famous test driver Valentino Balboni, and has a badge with his signature on it!

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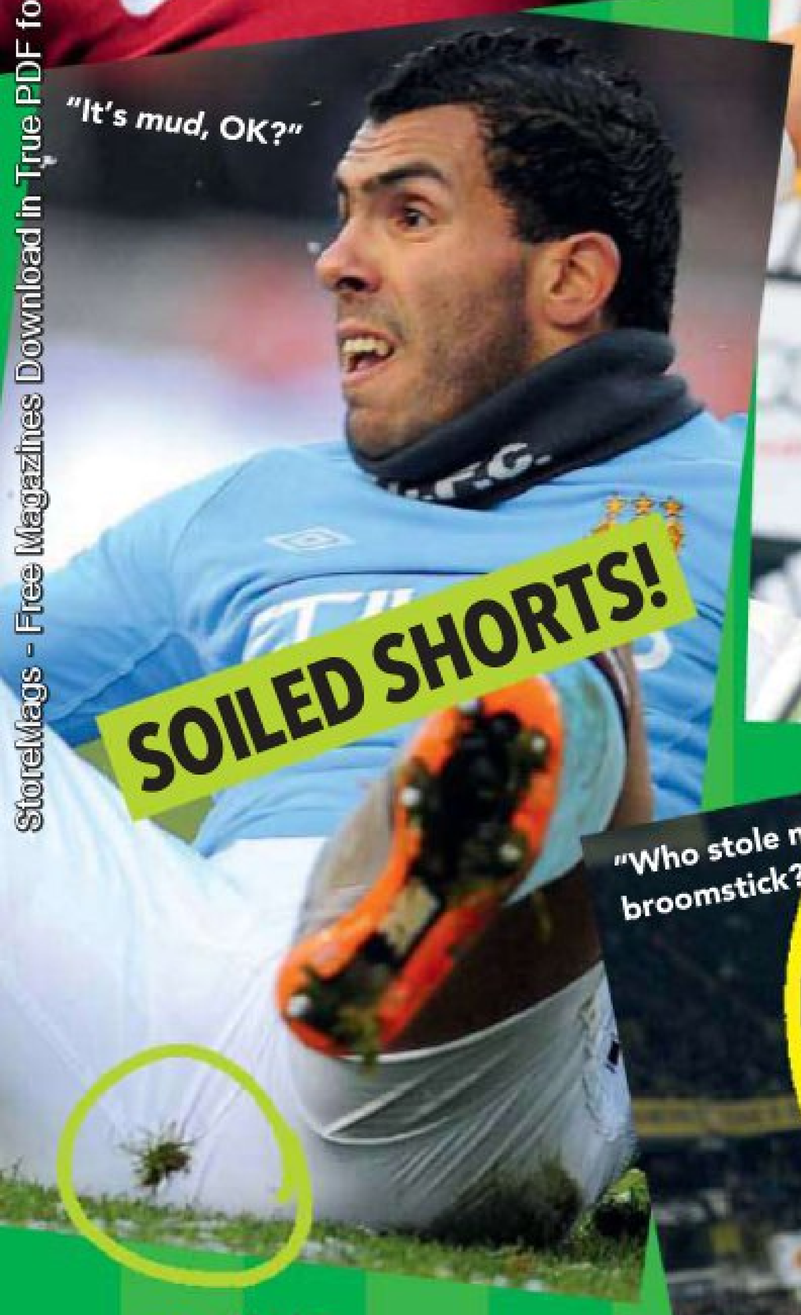
RING OF TRUTH!

ONLY IN Nuts!

Football seen through the *Nuts* comedy glasses!



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MAN-LOVE CORNER!

BEAST ATTACK!

"I know it's you in there, Sir Alex!"

UP THE DUFF!

"Congratulations, it's a ball!"

CARROLL: COLD!

"I'm freezing. Someone set fire to my car!"

THAT'S MY BIRD!

"And that's for crapping on my Merc!"

HEADLOCK!

"I call this move 'head-sex'!"

WAHEY!

"I can't breathe down here, lads!"

"Blimey, is that SuBo in the crowd?"

OUCH!

"Oww! Your shinpad is grating my downstairs bit!"

HOP ON!

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WORDS: PETE CASHMORE PHOTOS: GETTY, BACKPAGE IMAGES, PA PHOTOS, COLORSPORT, AMA, CLEVA MEDIA, OFFSIDE

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Play *Nuts* Poker for free!

And win cash prizes while you're at it!

OK, we know this sounds too good to be true, but you can win money for free! *Nuts* has its very own poker room set up within PKR.com and we want you to come and join us over the festive period!

For one night only – Sunday 12 December at 5pm – we'll be hosting a free-to-enter Christmas tournament. So why not join in? Come along and create your own avatar to sit at the table, you can even dress him (or her!) in a *Nuts* T shirt, vest top or hat!

What's more, the tournament has a guaranteed pot of $250, so while you've got nothing to lose, you've plenty to play for!

So what are you waiting for? Head to **www.pkr.com/nuts** and register to play. On the day, simply find the tournament and enter the password below. Good luck at the tables!

Free *Nuts* tournament

Sunday 12 Dec at 5pm
Tournament Name:
Freeroll # $250 Nuts Xmas
Exclusive Password: Santa

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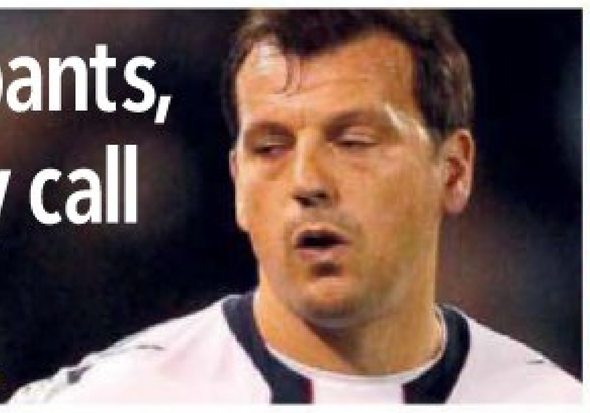
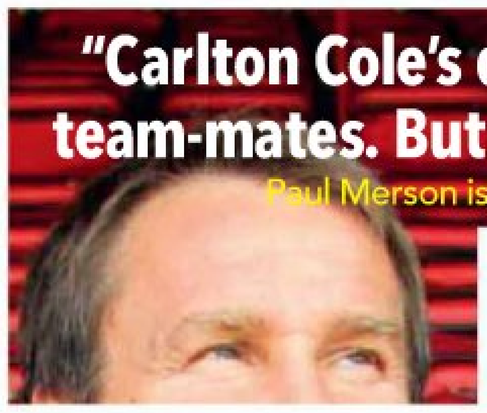
'QUOTE ME ON THAT!'

This week's biggest match debaters!



"When you see my pants, you'll know why they call me Beyoncé Blake"

Bolton's Robbie Blake makes an arse of himself.

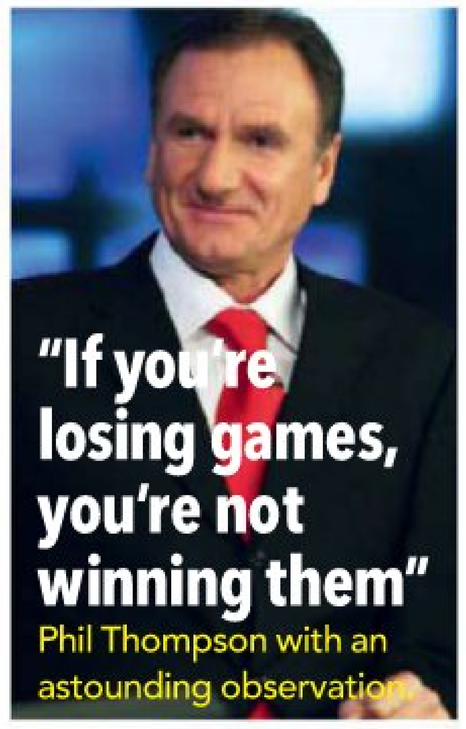


"Carlton Cole's disrespecting his team-mates. But they're rubbish"

Paul Merson isn't disrespecting them at all.

"Tottenham will now have unbelievable belief"

Glenn Hoddle can't believe what he's just said.



"If you're losing games, you're not winning them"

Phil Thompson with an astounding observation.

"In the Premier League, you have to speak Italian – like 'Arrivederci' and 'Pizza Hut'"

QPR boss Neil Warnock is talking nonsense.

"Wigan packed their end with both of their fans"

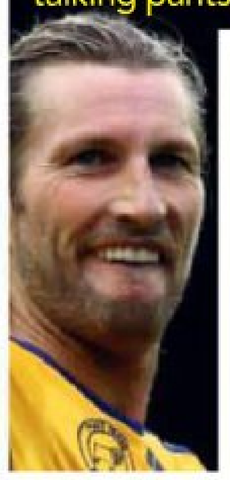
West Ham chief David Gold takes a swipe.

"Brighton's Sandaza played more like a sand dancer"

Gareth Southgate on Brighton's beach boy.

"If Spurs win the title in the next ten years, I'll walk down the Seven Sisters Road in only my Armani Y-fronts"

Robbie Savage is talking pants again.



"Alastair Cook runs exactly like Woody from *Toy Story*"

England's Graeme Swann toys with his team-mate.

'OO-ER SOUNDS A BIT RUDE' CORNER!

"I love a tart and I know how to get them hot"

Chris Kamara isn't shy.

"I'll give you my predictions before I have it off with Alex Hammond"

Tony Gale promises Sky viewers a treat.

"With Ashley Cole, it's never a dinky"

Not according to Cheryl it isn't, Ruud Gullit.

PHOTOS: BACKPAGE IMAGES, GETTY, REX

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Nuts REAL GIRLS

BEDROOM BABE!

Chelsea **21, Croydon, hair stylist**

"I've been told I have nice eyes and a great bum – I did a lot of sports when I was younger, and it's stayed bootylicious!"

Want to be a Nuts model? Only work with official *Nuts* staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.

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"I've got a total lingerie fetish!"

TURN TO VOTE FOR OUR NEXT BEDROOM BABE!

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NUTS PROMOTION

Xmas gift from *£20 FREE PLAY!

Nuts GAMES

*Deposit £10, get £20 Free Play bonus! That's more than double your chances of winning!

NUTS MAN TRIES: CASINO GAMES!

Our man topped up his funds on his last visit to www.nutsgames.co.uk and won loads of cash. Now it's your turn! So get festive this season with our special offer!

BLACKJACK

You just have to get as near to 21 as possible and beat the dealer's hand to win cash. We started at £1 a hand, then moved to a fiver.

PLAYABILITY: 7/10
PAY-OUT POTENTIAL: 7/10
FUN: 8/10 **CASH MADE:** £12

HI LO

Place your bet, then gamble whether the next card will be higher or lower than the last. When you get it right, you win!

PLAYABILITY: 8/10
PAY-OUT POTENTIAL: 6/10
FUN: 7/10 **CASH MADE:** £12

ROULETTE

Another casino favourite, this is really easy to play. We won three times out of 11 attempts – pocketing a total of £108. Ace!

PLAYABILITY: 9/10
PAY-OUT POTENTIAL: 7/10
FUN: 8/10 **CASH MADE:** £108

VIDEO POKER

We were pleased to discover Ultimate Video Poker offers a whole new twist – while still giving us the chance of winning!

PLAYABILITY: 7/10
PAY-OUT POTENTIAL: 7/10
FUN: 7/10 **CASH LOST:** 80P

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gambleaware.co.uk

jackpotjoy.com

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BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at **www.nuts.co.uk/girls**

Ladies, send us your pictures! Send your photos to Real Girls UK, *Nuts*, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

ONLY IN Nuts!

Emily
26, Liverpool, TV assistant
"The craziest place I've been rude is on the roof of my apartment in Spain!"

Sarah
24, Manchester, dancer
"The key to my heart is to love me just the way I am. And buy me shoes, lingerie and donuts!"

Chloe
21, Manchester, consultant
"I like a man who can make me laugh – and if he takes me to Nando's as well, I'll be happy!"

Christina
19, Dundee, student nurse
"I've not had sex in one really wild place – anywhere I get busy, it'll always be wild!"

PAGE 74-75. PHOTOS: PAUL MUSSO
STYLING: GEORGIA LACEY. HAIR & MAKE-UP: SAM CAREW

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*!
Choose the girl you think is the hottest, go to **www.nuts.co.uk/girls**, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

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REAL GIRLS, REAL PLACES!

ONLY IN Nuts!

Ladies, would you like *Nuts* to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 80. You must be at least 18 years old.

THIS WEEK:
Name: Sam
Age: 23
Boobs: 34D. "I love them. They're just right!"
Likes: "Funny boys. They make me laugh!"
Ever kissed a girl? "Only on the cheek!"
Strangest place you've had sex: "On a beach!"
Sex tip: "Go on, be spontaneous!"

Sam's sexy whirl around Watford

She's a hottie from Hertfordshire

PHOTOS: ELLIS O'BRIEN

Sam on... her home!

"I really like Watford, as the people are nice and there's lots of nightlife. I prefer a nice bar to a big club, but that doesn't stop me dancing all night."

Sam on... her boobs!

"I'm a 34D, which is a really nice handful. They're firm, too, so I like to show them off in tight, low-cut tops when I go out. My legs are nice as well!"

Sam on... being blonde!

"I used to be a brunette but I think blonde suits me more. Blondes definitely have more fun, even though people think we're ditzy all the time!"

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"My 34D boobs are a nice handful!"

Sam on... getting ready!

"It only takes me about an hour to get ready, so I'm not too slow or high maintenance. And I tend to buy a new outfit every time I go out, too!"

Sam on... getting up early!

"I have to get up for work at 6.30am every day, so I like to lie in bed as long as possible at weekends. I'm a big cuddler in bed – I just love hugs!"

Sam on... eating well!

"I normally eat very healthily and go to the gym all the time. But I do eat a bit of rubbish now and then, as I love my sweets and chocolate!"

Sam on... her smalls!

"I've got so many pairs of knickers I can't count them all! I buy a colourful new set every week, so I've got drawers and drawers full of pants and bras!"

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BRITAIN'S BIGGEST SELLING MEN'S WEEKLY

Nuts

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LADIES CONFESS!

100% REAL STORIES!

TO OUR SECRETARY!

CONFESSION OF THE WEEK!

'The two of us wanted him'

My best mate Kayla and I have always loved rugby boys. We watch matches on the telly and follow our local team around hoping to meet some hot players. One afternoon, we both noticed the same guy in a local pub, short and stocky, with a shaved head and cauliflower ears. Judging by the big grin and the twinkle in his eye, he'd clearly spotted us as well. We got chatting and after a few drinks we suggested going to Kayla's house for some fun. We were all really horny and Kayla and I started pleasuring each other while our sexy rugger boy watched. It wasn't long before he was itching to join in, so I took him in my mouth while Kayla went down on me. We spent the whole night in a bit of a scrum!

Lauren and Kayla, Twickenham

'We waited four months to do it'

My sexy boyfriend is a bit of a gentleman and usually I really love that. However, I thought he was taking things a bit far when four months after we met, we still hadn't done the dirty deed! Finally, he got the message and took me out to dinner at a top London hotel and booked us into a gorgeous room with a hot tub. We were both a bit nervous so the bottle of wine at dinner and cocktails helped us relax. We fell through the door of our room and feverishly snogged each other. He tore my clothes off and admired my sexy new underwear. He dropped to his knees, pulled my G-string to one side and pleasured me with his tongue for ages. I then dragged him to the terrace and, with our clothes still on, we fell into the hot tub. We ended up making love in the water above the London skyline. It was certainly worth the wait!

Jenny, North London

'He had me up against a wall'

There's a firemen's training centre at the end of my road and I often like to eye up the hunky young firefighters. One day, I was at a local pub and met Rick, a young, blonde, good-looking and very athletic officer and we soon hit it off. He made it clear from the start of our relationship that he was very sexual and up for anything. One hot evening this summer, he called to say that he was alone and in charge of locking up. So I dressed up in my underwear, stockings and sexiest dress and went off down the street. After a few dirty exchanges, he led me into a huge blackened concrete room they use for fighting "pretend" fires. After kissing my neck and feeling my bum, he swung me round and pushed me up against a cold wall. He took me roughly from behind and my nipples rubbed against the cold concrete. After what seemed like only a few minutes, we'd both shuddered to a climax. He told me afterwards it was the best training session he'd ever had in there!

Sarah, Bromsgrove

'I watched them at it in close up'

I had sex with my new boyfriend last week and it was mind-blowing. The next day, I couldn't stop playing it over in my head and getting turned on by sexy thoughts. I grabbed my laptop, took off all my clothes and climbed onto my bed, desperate to relieve myself. I logged on to my favourite naughty website and watched a hot couple going for it in close-up. Already very wet, I started using my vibrator on myself, rubbing it around as my eyes were transfixed on the screen. I came almost instantly but still wanted more. I pushed it deep inside and turned up the pulse, watching as the guy was just about to reach his climax. I felt a deep orgasm building and was suddenly coming again, this time from stimulating my G-spot. I called my fella straightaway and told him exactly what I'd done and he rushed round immediately – I can't imagine why!

Liza, Bournemouth

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on page 80. The best one each week* wins £50! Come on, girls!

*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 80 APPLY

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Nuts FASHION

Get Santa to fill your friends' stockings with all the coolest products!

FASHION: SARAH COOK. GROOMING: DANIELLE GRAPH. PHOTOS: JIM LINCOLN

Christmas clobber!

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Cheap as chips pong, maybe for your dad?

MOLTON BROWN AMBER COCOON HAND WASH & LOTION £30
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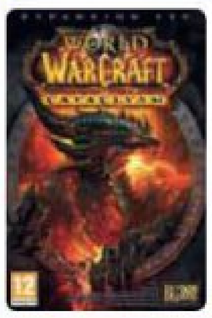
Nuts REVIEWS

GAMES!

HMV's biggest launch was for the last *World Of Warcraft*

WORLD OF WARCRAFT: CATACLYSM MAC, PC



The third *Warcraft* expansion starts with destruction, as a rogue dragon lays waste to the virtual world. This allows for all-new quests, bumped experience levels and two new playable races – worgen and goblins. For *Warcraft* devotees, this is the biggest game event of the year, bar none. For everyone else, that was pure goobledegook. ★★★★★

BEJEWELED 3 MAC, PC

The world's most popular puzzle game returns. The match-three-jewels dynamic is still front and centre, but with added Quest, Zen and Lightning challenges. Excellent! ★★★★

THE SLY COLLECTION PS3

Here are three overlooked Sly Cooper platform games (2002-2005), buffed into glorious HD. Really deserves your time. ★★★★

APPS!

REDLASER IPHONE, IPOD TOUCH

Like cheap stuff? Course you do! Scan a barcode with this and it'll find the same product online at bargain prices. Incredible! ★★★★★

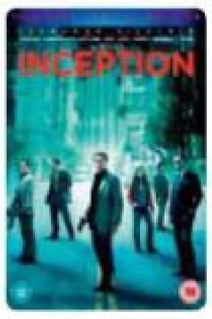
ASHES CRICKET LIVE SCORES IPHONE, IPOD TOUCH, IPAD

With ball-by-ball updates, you can keep up to date with all the goings-on Down Under as the Ashes heads towards squeaky-bum time! ★★★★

DVDS/BLU-RAY!

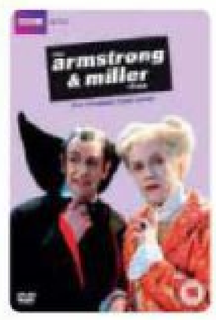
Inception is DiCaprio's most successful film since *Titanic*

INCEPTION DVD & BLU-RAY CERT 12



Leonardo DiCaprio plays a thief who extracts info from his victims while they're dreaming. Cue a complex plot structure, superb effects, and one of the top films of the year. Written and directed by Christopher "*The Dark Knight*" Nolan, this is a keeper, whether or not you saw it at the cinema. Think James Bond meets *The Matrix* and you'll be close. ★★★★★

ARMSTRONG AND MILLER SHOW: SERIES 3 DVD CERT 15

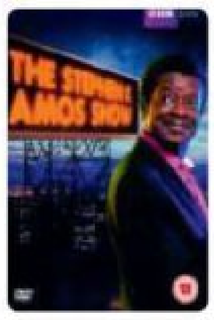


The latest series of the sketch show from the posh duo, with the exciting chefs and the accident-prone art historian. ★★★★

THE FIA FORMULA 1 WORLD CHAMPIONSHIP DVD CERT E

Relive a season that promised much for Brits Hamilton and Button, but ended up with Sebastian Vettel taking the glory. ★★★

THE STEPHEN K AMOS SHOW DVD CERT 12



Stand-up and sketches – it's a well-worn format, but done to decent effect in the debut series by the Beeb's funnyman. ★★★

MUSIC!

HED KANDI: ANTHEMS AND ARTWORK VARIOUS ARTISTS

It's that time of year when the "Best Ofs" crawl blinking into the light, and this monster four-CD binge is as good a dance collection as you'll find. ★★★★

GOLDIE LOOKIN' CHAIN IT'S A GOLDIE LOOKIN' CHRISTMAS

Yes, the GLC are releasing an Xmas album, and very funky and amusing it is too. Not as good or funny as Liverpool's Dick Limerick Academy, though. ★★★

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The latest action-packed releases!

Ratings: ★★★★★ Genius ★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!

Tom Cruise and Charlize Theron were originally cast for the film

The Tourist also stars two-time 007 Timothy Dalton

THE TOURIST CERT TBC

Johnny Depp and Angelina Jolie star in a twisty-turny thriller set in Paris and Venice. Depp, sporting a full-on face wig, is the victim of mistaken identity and finds himself hunted by Interpol agent Paul Bettany. A pawn in secret agent Jolie's game, Depp is more bumbling-guy-who-falls-for-spy than real hero. ★★★★

SOMEWHERE CERT 15

Sofia "My dad did *The Godfather*" Coppola directs Stephen Dorff from *Blade* as a wasted Hollywood star in a quirky drama set around the legendary Chateau Marmont hotel in Los Angeles. ★★★

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Nuts TV

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TV PICK OF THE WEEK!

MONDAY!

Wayne's war!

Man Utd vs Arsenal, Sky Sp 1/HD, 7pm

As Chelsea stutter, both the Gunners and the Red Devils are hitting league-winning form. Will Rooney slay the Londoners?

6am

BBC ONE

6.00am Breakfast **9.15** Rip Off Britain **10.00** Homes Under the Hammer (R) **11.00** Real Rescues **11.45** To Buy or Not to Buy **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Missing (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Animal Park (R) **12.00noon** Daily Politics **12.30pm** LIVE Snooker: UK Championship: *The opening session of the first semi-final in Telford.* **4.30** Pointless (R) **5.15** The Hairy Bikers' Cook Off **6.00** Eggheads (R) **6.30** Strictly Come Dancing – It Takes Two

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Gift **3.00** Dickinson's Real Deal (R) **4.00** Midsomer Murders (R) **5.00** The Alan Titchmarsh Show: *With guest John Bishop.* **6.00** Regional News, Weather **6.30** ITV News

7pm

7.00 The One Show

7.30 A Question of Sport
Paddy McGuinness, and weirdly, Olly Murs are on the panel. Odd. (R)

8.00 EastEnders
More London-based whingeing.

8.30 QI
Dara O'Briain and Jimmy Carr are among tonight's guests.

9.00 Strictly Come Dancing
The dance contest reaches the semi-final stage. At least it's nearly over then.

10.00 BBC News, Weather

10.35 The Graham Norton Show
Another bout of camp chatter.

11.20 The National Lottery Friday Night Draws

11.30 Dirty Dancing 2: Havana Nights
FILM Rubbish romantic sequel to the rubbish romantic original.

12.55am Sign Zone: The Normans

7.00 Snooker: UK Championship
LIVE The last session of the first semi-final in Telford.

7.30 Match of the Day
LIVE Championship action as high-flying QPR host Watford at Loftus Road, kick-off 7.45pm.

10.00 The Stephen K Amos Show
More sketches and stand-up.

10.30 Newsnight

11.00 The Review Show
Cultural claptrap.

11.50 Snooker: UK Championship
SPORT Best of the final session of the first semi-final.

12.40-2.05am Middletown
FILM So-so drama starring Matthew Macfadyen as a fundamentalist preacher returning to his Ulster home town after 15 years away.

7.00 Emmerdale
More farmyard tedium.

7.30 Coronation Street
Grim goings-on as the residents start totting up their dead. Lovely.

8.00 Countrywise Kitchen
Wellies, mud, drizzle… that sort of thing. Oh, and the odd bit of eating.

8.30 Coronation Street
Yep, there's more. Sigh.

9.00 Coronation Street: The Big 50
A light-hearted quiz about 50 years of deaths and infidelity. Ho-ho-ho!

10.30 ITV News

11.05 Taking Lives
FILM Average thriller starring Angelina Jolie as a brilliant FBI profiler on the hunt of a cunning serial killer. Some steamy sex scenes make it slightly more worth your while.

1am

1.55 Horizon: The Death of the Oceans?: *With David Attenborough.* (R) **2.55** The Young Ones (R) **3.55-6.00am** BBC News

1.00am The Zone **3.00** FILM Species: The Awakening: *Sci-fi chiller sequel starring Helena Mattsson and Ben Cross.* **4.40-5.30am** ITV Nightscreen

REGIONAL VARIATIONS

BBC2 SCOTLAND: 7.00pm Landward **BBC2 NORTHERN IRELAND: 10.00pm** LOL **BBC2 WALES: 7.00pm** SPORT Sport Wales **STV: 8.00pm** Postcode Challenge **11.00** SPORT STV Sports Centre: Friday Night Football **11.30** STV News, Weather **11.40** Grimefighters **12.10am** Brain Box **1.00** The Jeremy Kyle Show **1.55** Surface **2.40-5.30am** The Nightshift **ULSTER: 11.00pm** SPORT UTV Live **11.05** Swingtown **12.00m't** Brain Box **2.30am** Countrywise **ITV1 WALES: 11.00pm** Wales Tonight **11.05** Welsh Political Awards 2010 **12.05am** Can You Keep a Secret?: Tonight **12.35am** Countrywise

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD) **9.00** Ringside (HD) **10.00** Rugby (HD) **11.30** Premier League World (HD) **12.00noon** NFL (HD) **1.30pm** Premier League World (HD) **2.00** Ringside (HD) **3.00** Rugby (HD) **4.30** Ringside (HD) **5.30** Football League Weekend (HD) **6.30** Big Fight Countdown **7.00** Sky Sports News at Seven (HD) **7.30** LIVE Rugby Union: *Glasgow Warriors vs Toulouse, kick-off 8pm.* (HD) **10.00** Big Fight Countdown **10.30** Take It Like a Fan **11.00** Football League Weekend (HD) **12.00m't** Take It Like a Fan **12.30am** Rugby (HD) **3.00** Football League Weekend (HD) **4.00** Premier League Preview (HD) **4.30** Take It Like a Fan **5.00-6.00am** Football League Weekend

sky SPORTS 2

6.00am Aerobics **6.30** Snow Ride **7.00** WWE: Raw (HD) **9.00** Football **11.00** Racing News **11.30** Aerobics **12.00noon** Transworld Sport **1.00pm** Football **3.00** WWE: Raw (HD) **5.00** World Sport **5.30** IEX Magazine **6.00** Tight Lines **7.00** LIVE Poker: *The final of the Poker Million in London.* (HD) **11.00** Cricket **12.00m't** Ice Hockey **1.00am** NFL: Total Access (HD) **2.00** NFL (HD) **3.30** Cricket **4.30** Ice Hockey **5.30-6.00am** World Sport

ON DIGITAL, SATE

FILM4 (315)

7.00pm Star Trek III – The Search for Spock **9.00** Hitman: *Action thriller.* **10.50** Once Upon a Time in the West: *Western.* **2.00-3.55am** Deathwatch: *Horror.*

COMEDY CENTRAL (126)

6.00pm Two and a Half Men **7.30** Mike & Molly **8.00** Two and a Half Men **9.00** Live at the Apollo **10.00** FILM Deuce Bigalow: Male Gigolo **11.45** MUST-SEE Jim Jefferies: Alcoholocaust: *Ace stand-up chuckles.* **12.45am** Comedy Central at the Comedy Store **1.15** South Park **2.45** Rhod Gilbert at the Comedy Store **3.15** Two and a Half

ESPN

7.30 LIVE German Football **9.30** Kicks **9.45** Goal! **10.00** UFC **11.15** MMA **12.00m't** Kicks **12.15am** Premier League Preview **12.45** Kicks **1.00** LIVE NBA **3.00** NBA **4.00** Premier League Preview **4.30-5.00am** Italian Football

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10 DECEMBER FRIDAY

FULL 7 DAY TV GUIDE!

4

6.30am Planet Cook (R) **6.50** Yo Gabba Gabba (R) **7.15** Freshly Squeezed **7.40** Everybody Loves Raymond (R) **8.35** Frasier (R) **9.05** According to Jim (R) **9.35** Friends (R) **10.05** One Tree Hill **11.00** Smallville **12.00noon** Channel 4 News Summary **12.05pm** Iron Chef UK **1.05** SPORT Channel 4 Racing **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Four in a Bed **6.00** The Simpsons **6.30** Hollyoaks

7.00 News

7.25 4thought.tv

7.30 Unreported World
A look at the recent unrest in Thailand.

8.00 Come Dine with Me
Another hearty portion of cookery and complaining. (R)

9.00 The Event
Sean investigates Samantha's kidnap.

10.00 Peep Show
MUST-SEE Mark worries about whether he will be able to satisfy Dobby in the bedroom. Not like him, is it? Top stuff, as usual.

10.30 Robert's Web
That Robert Webb is back again, this time to make fun of the week's online news.

11.05 Frankie Boyle's Tramadol Nights
More acid-tongued gags from Frankie. (R)

11.40 The Morgana Show

12.10am Dylan Moran: What It Is
The Irish comic's stand-up show. (R)

1.10 Music on 4: *With Kelis.* **1.25** On Track (R) **1.40** 4Play **1.50** Top 20 **3.45** King of the Hill **4.10** ER (R) **4.55** One Tree Hill **5.40-6.25am** Countdown (R)

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.10pm** House Doctor (R) **12.40** Five News **12.45** Man-Eating Leopards: Austin Stevens' Adventures (R) **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.05** FILM Angel in the Family: *Festive drama starring Meredith Baxter.* **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 Fifth Gear
The team honour the best cars of the year, and review 2010's highlights.

8.00 White Van Man
A client is unimpressed with his removals service. We're unimpressed by Channel 4's idea of entertainment.

9.00 The Mentalist
Local astrologer Ellis Mars helps Jane solve the case of a triple murder. Good name for an astrologist, that.

10.00 Law & Order: Special Victims Unit
Benson helps track down her brother.

10.55 Law & Order: Special Victims Unit
A CIA agent's fiancee is murdered.

11.55 Cops in Crisis
Bobbies in the brown stuff. (R)

12.15am SuperCasino

4.05 SPORT Motorsport Mundial **4.30** Street Market Chefs (R) **4.55** Rough Guide To Weekend Breaks (R) **5.10-6.00am** Michaela's Wild Challenge (R)

sky1

6.00am X-Weighted (R) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** It's Me or the Dog USA (HD) **10.00** Bones (R)(HD) **11.00** The Filth Files (R) **11.30** Adoption Diaries (R) **12.00noon** X-Weighted (R) **1.00pm** Road Wars (R) **2.00** Stargate Atlantis (R)(HD) **3.00** Stargate Atlantis (R)(HD) **4.00** Bones (R)(HD) **5.00** SPORT WWE Superstars **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons
Apu turns the Kwik-E-Mart into a tourist attraction. We'd definitely go! (R)

7.30 Modern Family
Claire is suspicious when Grandpa Dunphy pays a surprise visit. (R)(HD)

8.00 Best of Oops TV
Man walks into door. Audience laughs. Repeat for an hour. (R)

9.00 Ross Kemp on Gangs
The actor investigates the world of gypsy gangs in Bulgaria, and interviews some prostitutes. Strictly for professional reasons, you understand. (R)(HD)

10.00 House
The doctor investigates the sudden death of several organ recipients. (R)(HD)

11.00 Stargate Universe
Eli struggles to tell his mother the truth about what happened to him. (R)(HD)

12.00m't Road Wars
The police dogs are called in to assist in the arrest of a violent man. Go on Rex! Get the blighter! (R)(HD)

1.00am Road Wars **1.50** Dom Joly's Happy Hour **2.40** Oops TV **3.30** Dresden Files **4.20** Sell Me the Answer **5.10-6.00am** Smarter Than a 10 Year Old?

TODAY'S MUST-SEES

They hadn't quite mastered the "nice cop, nasty cop" thing

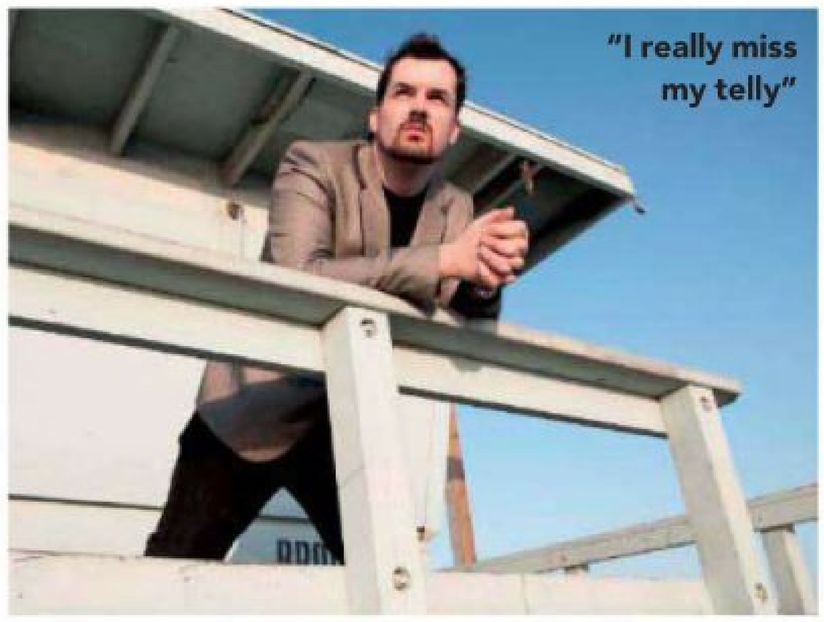
Peep Show
Channel 4/HD, 10pm

COMEDY More hapless buffoonery as Mark finds himself worrying about his bedroom performance, while Jeremy hosts a book group to impress a girl. Naturally, nothing goes particularly smoothly for either of them. ★★★★★

"Get away! The Ikea opening day sale is over!"

The Walking Dead
FX/HD, 10pm

DRAMA The last episode in the brilliant series sees Rick and his friends finally gaining access to the sanctuary of the military facility. Or so they think. ★★★★★


"I really miss my telly"

Jim Jefferies: Alcoholocaust
Comedy Central, 11.45pm

COMEDY The viciously funny Aussie comic delivers a brilliant set. ★★★★★

LITE AND CABLE TV TONIGHT

Men **4.10** Shortcuts Shuffle: *Comedy shorts.* **4.20** The King of Queens **5.10** Frasier **6.00-9.00am** Teleshopping

DISCOVERY (520)
6.00pm Mythbusters **8.00** How Do They Do It? **8.30** How It's Made **9.00** Beyond Survival with Les Stroud **10.00** Wheeler Dealers **11.00** Monsters Inside Me **12.00m't** Bear Grylls: Born Survivor: *From Patagonia.* **1.00am** Deadliest Catch **2.00** More Industrial Revelations **3.00** The First World War **3.50** Raging Planet **4.40** Unsolved History **5.30-6.00am** How Does That Work?

BBC3 (115)
7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Doctor Who **9.00** Russell Howard's Good News **9.30** Coming of Age **10.00** EastEnders **10.30** Don't Tell the Bride **11.30** Family Guy **12.15am** Russell Howard's Good News **12.45** How Not to Live Your Life **1.15** Coming of Age **1.45** Don't Tell the Bride **2.45** Beyond Walford: Roxy Mitchell **3.45** The Real Hustle Undercover **4.15-5.15am** Young Beautician of the Year

E4 (136)
7.00pm Hollyoaks **7.30** Friends **9.00** How to Look Good Naked **10.00** Wife Swap **11.05** Desperate Housewives **12.05am** Scrubs **1.05** How to Look Good Naked **2.00** Wife Swap **2.55** What About Brian **3.35** Reno 911!: *Comedy.* **3.55** Being Erica **4.40-6.00am** Switched

DAVE (111)
6.40pm Have I Got News for You **7.20** QI **8.00** Top Gear **9.00** QI XL **10.00** Mock the Week: *With Adam Hills.* **10.40** Have I Got News for You **11.40** QI XL **12.40am** Mock the Week **1.20** That Mitchell and Webb Look **2.00** Pulling **2.30-3.00am** Cooking in the Danger Zone

MTV (350)
7.00pm Brooke Knows Best **8.00** Celebrity Bites **8.30** MTV Live **9.00** FILM Super Sweet 16: The Movie **11.00** World Stage **12.00m't** South Park: *The gang are sent to the Death Camp of Tolerance.* **3.00-6.00am** All the Hits

SYFY (129)
7.00pm A Town Called Eureka **8.00** Warehouse 13 **9.00** Haven **10.00** FILM Police Story 2 **12.00m't** FILM Transmorphers: Fall of Man **2.00am** Dollhouse **4.00** Quantum Leap **5.00-6.00am** Buffy the Vampire Slayer

FX (164)
7.00pm NCIS **10.00** MUST-SEE The Walking Dead: *Splatter-tastic zombie action.* **11.00** Burn Notice **12.00m't** Nip/Tuck **1.00am** Farscape: *An aged holy woman regains her youth.* **2.00** Babylon 5 **3.00-4.00am** ReGenesis

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Nuts TV

BBC ONE

6am

6.00am Breakfast **10.00** Saturday Kitchen Live **11.30** Nigella Kitchen (R) **12.00noon** BBC News, Regional News, Weather **12.15pm** SPORT Football Focus **1.00** SPORT Inside Sport: The Marion Jones Story (R) **1.30** LIVE Snooker: UK Championship: *The opening session of the second semi-final from Telford.* **4.30** SPORT Final Score **5.10** BBC News, Regional News, Weather **5.30** The Impressions Show with Culshaw and Stephenson (R) **6.00** Strictly Come Dancing

7pm

7.00 Total Wipeout – Celebrity Special
It's a celebrity special, which means Joe Swash is almost certain to be involved. (R)

8.00 The National Lottery Saturday Night Draws

8.15 Casualty
Another dose of medical mediocrity.

9.05 The Armstrong & Miller Show
Chucklesome sketches from the posh pair.

9.35 BBC News, Weather

10.00 Match of the Day
SPORT All today's top flight action, including Newcastle vs Liverpool and Villa vs West Brom.

11.20 The Football League Show
SPORT All the goals from today's lower-league fixtures, including Barnsley vs Sheff United.

12.45-6.00am BBC News

1am

BBC TWO

6.00am CBeebies **7.00** CBBC **12.00noon** BBC Switch: The Cut **12.30pm** The Season (R) **1.00** The Season (R) **1.30** The 5:19 Show **1.50** Revealed **2.05** Revealed **2.20** The Sky at Night (R) **2.40** FILM The Big Circus: *Big-top drama starring Victor Mature.* **4.30** LIVE Snooker: UK Championship: *More ball-potting from Telford. The glamour!* **5.30** Dad's Army (R) **6.00** Making Scotland's Landscape

7.00 Snooker: UK Championship
LIVE High-pressure cue-pushing as the second semi-final reaches its concluding session.

9.30 Have I Got a Bit More News for You
Slightly old news by now, but still pretty funny nonetheless.

10.15 QI XL
Dara O'Briain and Jimmy Carr are on the panel for some more mad trivia. (R)

11.00 The Trip
Another chance to see the last episode of this ace comedy, as Steve and Rob pay a visit to old Ma Coogan. (R)

11.30 Dara O'Briain: Live at the Theatre Royal
Stand-up hilarity with the *Mock The Week* host, from his tour in 2006. (R)

12.30am Snooker: UK Championship
SPORT Highlights of today's second semi-final.

1.20-3.05am FILM Gilda: *Romantic drama starring Rita Hayworth and Glenn Ford.*

itv 1

5.30am ITV News **6.00** CITV **10.00** The Planet's Funniest Animals (R) **10.30** The Crocodile Hunter Diaries (R) **11.30** This Morning: Saturday **12.30pm** News, Weather **12.35** You've Been Framed! (R) **1.05** Best Ever Worst Dance Moments (R) **2.05** FILM Step Up: *Dance film starring Channing Tatum.* **5.35** Regional News, Weather **5.45** ITV News **6.00** This Is JLS

7.00 The X Factor
After what seems like years of build-up, the talent reaches the final! The winner's announced after part two tomorrow.

9.00 Take Me Out
NEW "No likey, no lighty!" Yep, Paddy McGuinness's barmy dating show is back, as another batch of hapless blokes blunder their way into the TV equivalent of a Bacardi-soaked hen night. Really, what are they thinking?

10.00 Bridget Jones: The Edge of Reason
FILM Rom-com gubbins starring Renee Zellweger as the large-knickered thirtysomething. One for the missus while you sneak down the pub.

11.00 ITV News, Weather

11.15 Bridget Jones: The Edge of Reason
FILM Part-two of tonight's chick flick. *MOTD* anyone?

12.15am The Zone

2.15 Surface (R) **3.00** Sons and Daughters **3.25-5.30am** ITV Nightscreen

4

6.25am The Treacle People (R) **6.35** Yo Gabba Gabba (R) **7.00** SPORT World Sport **7.25** SPORT Sailing **7.55** SPORT The Morning Line **8.55** T4: One Tree Hill **9.50** Ugly Betty (R) **10.40** Koko Pop **11.15** Chronicles of Narnia: The Voyage of the Dawn Treader: T4 Movie Special **11.40** Friends (R) **12.45pm** Beyoncé: I Am – World Tour **1.45** LIVE Channel 4 Racing: *From Cheltenham and Doncaster.* **3.55** Come Dine with Me (R) **6.25** The Political Slot **6.30** News **6.55** 4thought.tv

7.00 Kirstie and Phil's Perfect Christmas
More unnecessary festive tips from the property pair. Stick to houses, eh? (R)

8.00 Kirstie and Phil's Perfect Christmas
Same again. This really isn't the best use of your Saturday night. (R)

9.00 Meet the Spartans
FILM Woefully unfunny spoof of the genuinely awesome *300.*

10.40 The Beach
FILM So-so drama following Leonardo DiCaprio's American backpacker as he stumbles upon paradise on a remote Thai beach.

12.55am King of the Hill
Hank and his friends renovate a neighbourhood house.

1.20 King of the Hill **1.40** Studio 60 on the Sunset Strip (R) **3.15** Brothers & Sisters (R) **4.00** One Tree Hill **4.40** The OC (R) **5.25-6.10am** Countdown (R)

FIVE

6.00am Milkshake! **10.00** SPORT Your Sport **10.10** The Gadget Show (R) **11.10** FILM All I Want for Christmas: *Seasonal romantic drama.* **12.55pm** FILM Angel of Pennsylvania Avenue: *Depression-set drama starring Robert Urich.* **2.55** FILM Avalanche Express: *Spy thriller starring Lee Marvin and Robert Shaw.* **4.35** Five News **4.40** FILM Airport: *Air disaster movie starring Burt Lancaster and Dean Martin.*

7.15 NCIS
A suspected murderer is killed while on tour in Iraq. (R)

8.00 NCIS
The team face a race against time to find the antidote to a deadly virus. (R)

9.00 CSI: Crime Scene Investigation
Langston is suspected of being involved in a murder. (R)

10.00 CSI: NY
Mac is investigated over the suspicious death of Clay Dobson. (R)

10.55 CSI: NY
Tennis legend John McEnroe is suspected of murder. Mac stars as himself, although it's probably safe to say his acting isn't quite as sharp as his tennis was. (R)

11.50 Cops in Crisis
More police survival stories.

12.10am SuperCasino

4.00 Fifth Gear **4.25** HouseBusters **4.50** Your Sport **5.00** Hana's Helpline (R) **5.10** Milkshake! (R) **5.35** Thomas & Friends (R) **5.45-6.00am** Roary the Racing Car (R)

REGIONAL VARIATIONS

BBC2 NORTHERN IRELAND: 9.30pm Flight of the Earls **10.10pm** Where Music Matters **STV: 10.00pm** FILM Tremors: *Monster chiller starring Kevin Bacon and Fred Ward.* **11.15** FILM Tremors **12.00m't** Brain Box **2.00-5.30am** The Nightshift **ULSTER: 10.00pm** The Day John Lennon Died **11.15** Dating the Enemy **11.45** UTV Rewind **12.00m't** Brain Box

TODAY'S SPORT

sky SPORTS 1

6.00am Big Fight Countdown **6.30** Premier League Preview (HD) **7.00** Ringside (HD) **8.00** Time of Our Lives **9.00** ATP Tour Uncovered **9.00** LIVE Golf (HD) **1.00** LIVE Rugby Union: *Perpignan face Leicester in the European Cup.* (HD) **3.15** LIVE Rugby Union: *More continental egg-chasing as Saracens take on Racing Metro 92, who are from Paris.* (HD) **5.30** LIVE Rugby Union: *It's Northampton against Cardiff as the European Cup coverage keeps on coming!* (HD) **7.30** LIVE Rugby Union: *Brive face Sale at the close of today's rugby marathon.* (HD) **10.00** Golf (HD) **4.30** SPL Football (HD) **5.00** Take It Like a Fan **5.30-6.00am** Champions League Weekly: *The matchday six games.* (HD)

sky SPORTS 2

6.00am Transworld Sport **7.00** Take It Like a Fan **7.30** Football League Weekend (HD) **8.30** Champions League Weekly (HD) **9.00** Premier League Preview (HD) **9.30** Take It Like a Fan **10.00** Soccer AM **12.00noon** Big Fight Countdown **12.30pm** Take It Like a Fan **1.00** LIVE Golf: *The Alfred Dunhill Championship in South Africa.* (HD) **2.30** Big Fight Countdown **3.00** Take It Like a Fan (HD) **3.30** NFL: America's Game **4.30** Big Fight Countdown **5.00** LIVE Football: *Palace face fellow strugglers Hull, kick-off 5.20pm.* (HD) **7.30** You're on Sky Sports! **8.25** Football First (HD) **4.15am** Spanish Football (HD) **5.45-6.00am** Sky Sports Classics

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
4.55pm Never So Few: *War drama.* **7.20** Jingle All the Way: *Comedy starring Arnold Schwarzenegger.* **9.00** Transformers: *Sci-fi adventure starring Shia LaBeouf.* **11.45** Saw IV: *Horror sequel starring Costas Mandylor.* **1.30-3.30am** PREMIERE Year of the Dog: *Comedy drama.*

COMEDY CENTRAL (126)
7.00pm The Office: An American Workplace **8.00** Two and a Half Men **9.00** FILM Deuce Bigalow: Male Gigolo: *Comedy starring Rob Schneider.* **10.45** Dara O Briain: Live at the Theatre Royal **12.05am** Live at the Apollo **1.05** Comedy Central at the Comedy Store **1.35** South Park **2.35** Two and a Half Men **3.35** Grouchy Young Men **4.05** Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10** Frasier **6.00-9.00am** Teleshopping

ESPN
4.45pm MUST-SEE Football: *Newcastle take on Liverpool at St James'.* **7.45** LIVE Italian Football **9.45** Bundesliga **11.30** ESPN Kicks **11.45** UFC **2.15** MMA **3.00-6.00am** MUST-SEE UFC: *Live coverage of UFC 124. Fiiiight!*

DISCOVERY (520)
7.00pm Beyond Survival with Les Stroud **8.00** How It's Made **9.00** Frontline Battle Machines with Mike Brewer **10.00** Weird or What? **11.00** Greatest Tank Battles **12.00m't** Wheeler Dealers **1.00am** Mythbusters: *Theories about hypnosis.* **5.30-6.00am** How Does That Work?

BBC3 (115)
7.00pm The Real Hustle on Holiday **7.15** Great TV Mistakes **7.25** FILM Bruce Almighty: *Comedy starring Jim Carrey and Morgan Freeman.* **9.00** Russell Howard's Good News Extra **9.45** Family Guy **10.30** American Dad! **11.15** Great TV Mistakes **11.45** Russell Howard's Good News Extra **12.30am** Family Guy **2.05** Lip Service **5.00-5.05am** Special 1 TV

E4 (136)
6.30pm Ugly Betty **7.30** The Big Bang Theory **8.00** Friends **9.00** MUST-SEE The Idiot Awards: *Spoof awards show recognising the nation's buffoons! Could be good.* **11.05** FILM Showgirls **1.40am** Friends **2.05** Scrubs **2.50** Supernanny USA **3.30-6.00am** Hollyoaks

DAVE (111)
7.00pm Trawlermen **7.40** Genius **8.20** Have I Got News for You **9.00** QI **10.20** Mock the Week **11.00** QI **1.00am** Mock the Week **1.40** QI **2.20-3.00am** That Mitchell and Webb Look

MTV (350)
7.00pm Celebrity Bites **7.30** MTV Live **8.00** Teen Mom **11.00** Celebrity

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11 DECEMBER SATURDAY

FULL 7 DAY TV GUIDE!

sky1

6.00am Brainiac's Test Tube Baby (R) **7.00** Vet Adventures (R)(HD) **8.00** Malcolm in the Middle (R) **8.30** Malcolm in the Middle (R) **9.00** SPORT Wayne Rooney's Street Striker (R)(HD) **10.00** SPORT Soccer AM **12.00noon** Best of Oops TV (R) **1.00pm** Malcolm in the Middle (R) **2.00** Oops TV (R) **3.00** Fat Families: Second Helpings (R)(HD) **4.00** Modern Family (R)(HD) **5.30** Futurama (R)(HD) **6.30** The Simpsons (R)

7.00 The Simpsons
Principal Skinner and Edna Krabappel announce their engagement. (R)

7.30 The Simpsons
Mr Burns is reported dead after a landslide. Say it ain't so! (R)

8.00 Futurama
The crew battles giant space bees. All in a day's work. (R)

8.30 Futurama
Fry makes a deal with the Robot Devil. (R)

9.00 UK Border Force
Behind the scenes at customs (R)

10.00 Road Wars
Motor-based mayhem. (R)

11.00 Fringe
Olivia searches for an ally. (R)(HD)

12.00m't Surviving
The stories of three women who survived their encounters with noted loon and feared serial killer Ted Bundy. (R)

1.00am Night Cops **1.50** Surviving **2.40** Oops TV **3.30** Road Wars **4.20** Don't Forget the Lyrics **5.10-6.00am** Are You Smarter Than a 10 Year Old? (R)(HD)

Bites **11.30** Your Favourite Video 2010 – The Results **12.30am** MTV Live **1.30** Cribs **3.00-6.00am** All the Hits

SYFY (129)
7.00pm Fact or Faked: Paranormal Files **8.00** FILM Waterworld: *Adventure starring Kevin Costner and Dennis Hopper.* **10.30** FILM Mindhunters: *Thriller starring Val Kilmer and Christian Slater.* **12.30am** FILM Jackie Chan's Police Story 2: *Action comedy sequel starring Jackie Chan.* **2.50** Dollhouse: *Drama.* **3.50-6.00am** Thunderbirds

FX (164)
7.00pm King of the Hill **8.00** American Dad! **9.00** Family Guy: *Meg becomes deeply religious.* **10.00** Eastbound & Down: *Kenny considers a full-time job in Mexico.* **10.35** American Dad! **11.05** Family Guy **1.05am** Penn and Teller: B*******! **2.15-4.00am** Tour of Duty

TODAY'S MUST-SEES

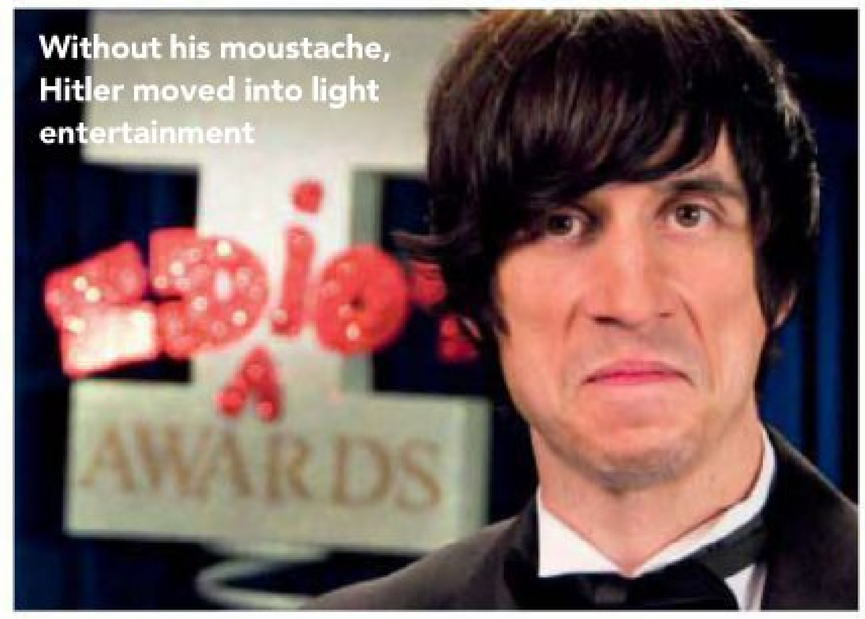
UFC 124 ESPN, 3am

SPORT After spending last Saturday watching their respective Ultimate Fighter final protégés knock seven bells out of each other, legendary Canadian Georges St-Pierre (far left) and Yank counterpart Josh Koscheck (near left) square-up to one another in one of the most eagerly anticipated fights of the year, from Montreal. These two have met before, in August 2007, with St-Pierre edging a tight contest. We're backing GSP to do the business again and defend his welterweight title tonight, and we'd be mad not to, frankly – the man's a machine! ★★★★★

There was one lad who couldn't afford a real top

Newcastle vs Liverpool
ESPN/HD, 4.45pm

SPORT Liverpool head to St James' Park where you'd expect them to be the favourites. But things have been topsy-turvy for the 'Pool this season, so who knows how this'll play out? ★★★★★


Without his moustache, Hitler moved into light entertainment

The Idiot Awards E4, 9pm

COMEDY Comedian Russell Kane presents a spoof awards ceremony that honours moments of daftness, with categories including most idiotic airport meltdown and most idiotic reality show moment. Brilliant! ★★★★

Amir Khan vs Marcos Maidana Sky Box Office, 8pm

SPORT Face-pounding action live from Vegas, as Khan puts his junior welterweight belt on the line against Marcos Maidana. ★★★★

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PREVIEWS: MIKE HALL, PETE CASHMORE, GEORGE WALES, FRANK TENNYSON PHOTOS: GETTY

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Nuts TV

BBC ONE

6.00am Breakfast **7.35** SPORT Match of the Day (R) **9.00** The Andrew Marr Show **10.00** Fern Britton Meets Jesse Jackson **11.00** Country Tracks **12.00noon** The Politics Show **1.00pm** Wild Weather: The South West **1.20** EastEnders **3.15** Drop Zone **4.15** Points of View: *With Jeremy Vine.* **4.30** Songs of Praise **5.05** BBC News, Regional News, Weather **5.30** Jimmy's Food Factory (R) **6.00** Countryfile

7.00 Strictly Come Dancing
It's the final next week. Only one more to go before then, thankfully.

7.30 Antiques Roadshow
Trinket-based waffle. (R)

8.30 Inspector George Gently
Bacchus and Gently hunt for the murderer of a waitress at a "hostess club". (R)

10.00 BBC News, Weather

10.25 The Impressions Show with Culshaw and Stephenson
More mimicry.

10.55 Match of the Day 2
SPORT Colin Murray presents highlights of Chelsea's trip to Spurs, Bolton against Blackburn and Wolves' derby with Birmingham.

12.05am The Apprentice
The remaining candidates set up a London tour company. Badly. (R)

1.10 Sign Zone: Coast (R) **2.10** Holby City (R) **3.10** Who Do You Think You Are? (R) **3.55-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **10.00** Something for the Weekend **11.30** Escape to the Country **12.00noon** FILM Triple Cross: *Spy thriller starring Christopher Plummer.* **2.00pm** LIVE Snooker: UK Championship: *The opening session of the final.* **5.20** FILM The Three Musketeers: *Comedy adventure starring Chris O'Donnell and Charlie Sheen.*

7.00 Johnny Kingdom's Year with the Birds
The wildlife expert points his binoculars at more feathered flying things.

7.30 Dad's Army
"Don't panic, don't panic!" etc. (R)

8.00 Snooker: UK Championship
MUST-SEE It's the final of the prestigious ball-sinking contest in Telford. Get in!

12.00m't Never Mind the Buzzcocks
Comedian Lee Mack brings the funny on guest-hosting duties. (R)

12.30am The Stephen K Amos Show
Little Britain stars Matt Lucas and David Walliams crop in this mix of stand-up, sketches and chat. (R)

1.00 FILM Homicide: *Thriller starring Joe Mantegna and Rebecca Pidgeon.* **2.35-3.55am** BBC News

itv 1

5.30am ITV News **6.00** CITV **9.30** The X Factor (R) **11.30** This Morning: Sunday **12.30pm** News, Weather **12.35** Coronation Street **4.15** Midsomer Murders (R) **6.15** Regional News, Weather **6.30** ITV News **6.45** All Star Family Fortunes

7.30 The X Factor
MUST-SEE Yep, this is the *real* final, as the remaining acts belt out a few last-gasp numbers in a bid to bag your support.

9.30 Piers Meets Elton: A Life Stories Special
Piers Morgan has a good old chinwag with the ivory-tinkling crooner about his life and career. Expect him to put the boot into *The X Factor* again.

10.30 ITV News, Weather

10.45 Music and Lyrics
FILM Slushy, ropey rom-com starring Hugh Grant and Drew Barrymore making baby eyes at each other. As unappealing as it gets.

12.40am The Zone

2.00 SPORT Motorsport UK **2.55-5.30am** ITV Nightscreen: *Info for insomniacs.*

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6.10am Sali Mali (R) **6.15** Planet Cook (R) **6.35** Yo Gabba Gabba (R) **7.00** SPORT Survival of the Fittest **7.30** SPORT Freesports on 4 **7.55** SPORT World B-Boy Series **8.55** T4: Hollyoaks **11.35** Friends (R) **12.40pm** Ugly Betty **1.40** The Simpsons (R) **2.50** FILM Volcano: *Disaster movie starring Tommy Lee Jones.* **4.50** Deal or No Deal **5.40** FILM Elf: *Family fantasy comedy starring Will Ferrell.*

7.30 News

7.55 4thought.tv

8.00 Celebrity Come Dine with Me Christmas Special
Festive moaning around the dinner table as another batch of celebs (David Gest is on the bill… again!) slag each other off over the washing up. (R)

9.00 Any Human Heart
Logan becomes involved with an anti-fascist organisation with sinister plans.

10.25 Desperate Housewives
Another camp carry-on on Wisteria Lane.

11.25 8 Out of 10 Cats
With Tim Minchin and Holly Walsh. (R)

12.15am The Real Housewives of New Jersey
Another visit to the plastic-faced crones of New Jersey. A truly hideous bunch!

1.15 LIVE American Football: *Dallas Cowboys vs Philadelphia Eagles.* **4.45** SPORT Freesports on 4 (R) **5.15** Grudge Match (R) **5.25-6.10am** Countdown (R)

FIVE

6.00am Milkshake! **10.00** Shake! **11.10** SPORT Your Sport (R) **11.25** Street Market Chefs (R) **11.55** FILM Cats & Dogs: *Family comedy fantasy featuring the voices of Tobey Maguire and Susan Sarandon.* **1.30pm** FILM Blizzard: *Yuletide fantasy starring Zoù Warner and Brenda Blethyn.* **3.30** FILM Snow White: *Screen adaptation of the classic fairy tale, starring Miranda Richardson.* **5.15** Five News **5.20** FILM Force 10 from Navarone: *Adventure starring Robert Shaw and Harrison Ford.*

7.50 The One
FILM Daft but fun martial arts sci-fi flick starring Jet Li as a universe-hopping nutter, racking up superhuman strength by killing parallel versions of himself. Told you it was daft!

9.30 Dirty Dancing
FILM Lady-pleasing musical drama starring Patrick Swayze as a prancing dance instructor. Don't let the girlfriend know it's on.

11.35 Fools Rush In
FILM More rom-com rubbish, this time between Matthew Perry and Salma Hayek. Who cares?

1.40am SuperCasino **4.00** HouseBusters (R) **4.25** Fifth Gear (R) **4.50** SPORT Your Sport (R) **5.00** Hana's Helpline (R) **5.10-5.35am** The Milkshake! Show

REGIONAL VARIATIONS

BBC1 SCOTLAND: 10.55pm SPORT Sportscene **11.40** SPORT Match of the Day 2: *Colin Murray reviews the day's Premier League action.* **12.55am** The Apprentice **1.55** BBC News **BBC1 NORTHERN IRELAND: 10.25pm** Wee Wise Words: Northern Irish children's thoughts on space travel. **10.30** The Politics Show **12.05am** The Graham Norton Show **12.50am** Off the Beaten Track: *Exploring Ballycastle's industrial past.* **BBC2 SCOTLAND: 7.00pm** Michael Wood's Story of England **STV: 10.45pm** Paul McCartney and Wings: Band on the Run **11.45** Alba Tro Sgail **12.10am** FILM The Life of David Gale: *Director Alan Parker's crime thriller starring Kevin Spacey and Kate Winslet.* **2.20-5.30am** The Nightshift **ULSTER: 12.40am** Robson Green's Wild Swimming Adventure **1.30** Countrywise **1.50am** UTV Rewind

TODAY'S SPORT

sky SPORTS 1

6.00am Aerobics
6.30 Football First (HD)
9.30 The Sunday Supplement
11.00 Goals on Sunday (HD)
1.00pm LIVE Football: *Bolton host Blackburn, kick-off 1.30pm.* (HD)
3.30 MUST-SEE Football: *Spurs take on Chelsea at White Hart Lane, where the home side will fancy their chances of getting a result against the stuttering champions. Kick-off 4pm.* (HD)
6.30 LIVE Spanish Football (HD)
8.00 LIVE Spanish Football: *The football continues with coverage of another match from La Liga. Ace!* (HD)
10.00 Football (HD)
11.30 Champions League Weekly (HD)
12.00m't Spanish Football (HD)
2.00am Football (HD)
3.30 Champions League Weekly (HD)
4.00-6.00am Spanish Football (HD)

sky SPORTS 2

6.00am Wild Spirits
6.30 Max Power
7.30 SPL Football (HD)
8.00 Spanish Football (HD)
9.30 Pool (HD)
12.30pm LIVE Rugby Union: *European Cup egg-juggling action as Munster play host to Ospreys, kick-off 1pm.* (HD)
2.45 LIVE Rugby Union: *Another European clash, this time between London Irish and Toulon. Kick-off 3pm.* (HD)
5.30 LIVE Rugby Union: *The egg-chucking continues with Harlequins taking on Connacht, kick-off 5.45pm.* (HD)
7.30 World Sport
8.00 LIVE Golf: *The third and final day's play from the Shark Shootout, held in Naples, Florida.* (HD)
11.00 Golf (HD)
12.30am Rugby Union (HD)
1.00-4.00am Golf (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
5.00pm The Bad and the Beautiful: *Cinematic drama starring Kirk Douglas.* **7.15** Black Knight: *Comedy adventure starring Martin Lawrence.* **9.00** Blade: Trinity: *Comic book adventure sequel starring Wesley Snipes and Ryan Reynolds.* **11.10** Mask: *Fact-based drama starring Cher.* **1.30-3.45am** Kontroll: *Comedy thriller starring Sandor Csanyi.*

COMEDY CENTRAL (126)
5.30pm Two and a Half Men **7.30** Mike & Molly **8.00** Two and a Half Men **9.00** Live at the Apollo **10.00** Dara O Briain: Live at the Theatre Royal **11.20** South Park **11.50** Comedy Central at the Comedy Store: *Stand-up gigs.* **12.20am** The Office: An American Workplace **1.20** Two and a Half Men **2.20** South Park **3.20** The King of Queens **4.15** Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10** Frasier **6.00-9.00am** Teleshopping

ESPN
6.30pm Serie A **7.45** LIVE Italian Football: *Juventus vs Lazio.* **9.45** ESPN Kicks: FA Cup **10.00** Ultimate Fighting Championship **1.00am** LIVE NHL Ice Hockey **3.30** Press Pass 2010 **4.00-5.15am** Serie A

DISCOVERY (520)
7.00pm How Do They Do It? **8.00** How It's Made **9.00** Invisible Worlds **10.00** Beyond Survival with Les Stroud **11.00** Behind Bars **12.00m't** Unsolved History **1.00am** Mars: The Next Frontier **2.00** Mythbusters **5.30-6.00am** How Does That Work?

BBC3 (115)
7.00pm Great Movie Mistakes **8.00** MUST-SEE Sherlock: *Holmes finds himself face-to-face with his mysterious enemy.* **9.30** Gavin & Stacey: The Outtakes **10.00** How Not to Live Your Life **10.30** Family Guy **11.10** American Dad! **12.00m't** Gavin & Stacey: The Outtakes **12.30am** How Not to Live Your Life: *Don visits a therapist.* **1.00** Family Guy **2.55** Being Human **4.55-5.25am** Freak Like Me

E4 (136)
7.00pm Life Unexpected **7.55** Friends **9.00** FILM Fantastic Four: *Adventure starring Ioan Gruffudd and Jessica Alba.* **11.00** Rude Tube **12.10am** FILM Basic: *Thriller starring John Travolta and Samuel L Jackson.* **2.10** Supernanny USA **3.30-6.00am** Hollyoaks

DAVE (111)
7.00pm Genius: *Stewart Lee joins presenter Dave Gorman for more mad ideas.* **7.40** Speed **8.20** Have I Got News for You **9.00** Men Behaving Badly **1.00am** Red Dwarf **1.40** That Mitchell and Webb Look **2.15-3.00am** Pulling

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12 DECEMBER SUNDAY

FULL 7 DAY TV GUIDE!

sky1

6.00am Hour of Power (HD) **7.00** It's Me or the Dog USA (R)(HD) **8.00** Vet Adventures (R)(HD) **9.00** Oops TV (R) **10.00** Oops TV (R) **11.00** SPORT WWE: Experience (R) **12.00noon** Oops TV (R) **1.00pm** Road Wars (R)(HD) **2.00** Real Filth Fighters (R)(HD) **2.30** Medical Emergency: *Real-life drama.* (R) **3.00** Fat Families: Second Helpings (R)(HD) **4.00** Modern Family (R)(HD) **4.30** Modern Family (R)(HD) **5.00** The Simpsons (R) (HD) **5.30** Must Be the Music: Winner's Story (HD) **6.30** The Middle (HD)

7.00 Futurama
The gang is sucked into the alternative reality. Nightmare. (R)(HD)

7.30 Futurama
The crew do battle with the snappily named "Tunnelling Horror". (R)(HD)

8.00 The Simpsons
Homer tries to copy a fire-eater. (R)(HD)

8.30 Modern Family

9.00 Bones
Brennan visits New Orleans to identify victims of Hurricane Katrina. (R)(HD)

10.00 House
Medical moodiness with the grumpiest doctor on the wards. (R)(HD)

11.00 Cold Case
The team tries to solve the 2004 case of a murdered psychiatrist. (R)(HD)

12.00m't Night Cops
The boys in blue, after dark. (R)(HD)

1.00am Ross Kemp on Gangs **1.50** Dom Joly's Happy Hour (R) **2.40** Road Wars (R) **3.30** Dom Joly's Happy Hour (R) **4.20-5.10am** Don't Forget the Lyrics (R)

MTV (350)
7.00pm Randy Jackson's America's Best Dance Crew **8.00** If You Really Knew Me **9.00** Jersey Shore **10.00** Teen Mom **11.00** Scream Queens **12.00m't** Pranked **12.30am** South Park **1.30** The Dudesons in America **2.00** Jersey Shore **3.00-6.00am** All the Hits

SYFY (129)
7.10pm Warehouse 13 **8.10** Haven **9.10** FILM Mindhunters: *Thriller starring Val Kilmer.* **11.10** FILM Triangle: *Horror starring Melissa George.* **1.10am** FILM AVH: Alien vs. Hunter **2.50** Dollhouse: *Drama.* **3.50-6.00am** Thunderbirds

FX (164)
6.00pm Burn Notice **8.00** NCIS **10.00** The Walking Dead: *Rick finds his way into the CDC.* **11.00** Eastbound & Down **12.10am** Life **1.10** American Dad! **2.10-4.00am** The Border

TODAY'S MUST-SEES

CAPITAL CLASH!

"No! I'm the best modern dancer!"

Spurs vs Chelsea

Sky Sports 1/HD, 3.30pm

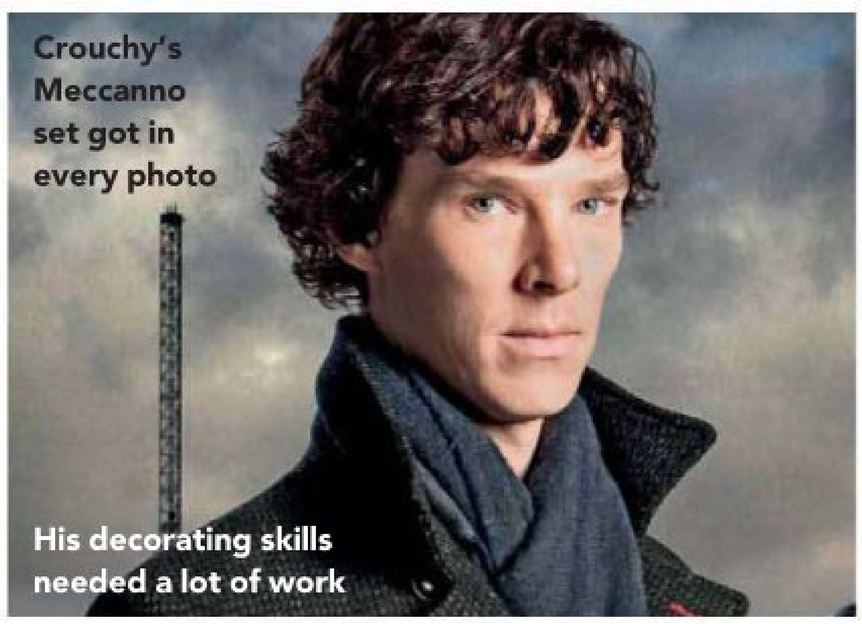
SPORT A fascinating contest between Prem kings Chelsea and young pretenders Spurs, especially as the title race is hotting up. Harry Redknapp has said his Spurs side are good enough to win the league, and with the likes of Bale, Modric, Lennon and Van der Vaart around, you can see his point! Last season, Spurs won the corresponding fixture 2-1. Can they do it again? Dunno, but it's certainly not one to miss! ★★★★★

"Gas? Electric?" "No – Cole"

The X Factor

ITV1 7.30pm

REALITY We've had tears of laughter, tears of joy and tears of the mentally confused, but tonight it's the end! With one part of the final behind them, the two acts have one chance to get your vote. Are we excited? Oh yes! ★★★★★



Crouchy's Meccanno set got in every photo

His decorating skills needed a lot of work

Sherlock

BBC3, 8pm

DRAMA The last of this ace mini-series sees Holmes get grumpy because he has to investigate a seemingly straightforward murder. But never fear, there's something dastardly at hand and a deadly cat-and-mouse game ensues. ★★★★

He finally mastered the giant chopsticks

Live Snooker: UK Championship

BBC2, 8pm

SPORT Chipmunk-cheeked presenter Hazel Irvine introduces the final session of snooker's second-biggest tournament. ★★★★

PREVIEWS: PETE CASHMORE, FRANK TENNYSON PHOTOS: GETTY

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Nuts TV

6am

BBC ONE

6.00am Breakfast **9.15** Rip Off Britain **10.00** Homes Under the Hammer (R) **11.00** Real Rescues **11.45** To Buy or Not to Buy **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Animal Park (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Due South (R) **1.45** Film 2010 with Claudia Winkleman (R) **2.15** Ready Steady Cook (R) **3.00** Murder, She Wrote (R) **3.45** Flog It! Ten of the Best **4.30** Pointless: *With Alexander Armstrong.* (R) **5.15** The Hairy Bikers' Cook Off **6.00** NEW Celebrity Eggheads **6.30** Strictly Come Dancing – It Takes Two

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Gift **3.00** Dickinson's Real Deal: *From Bangor, North Wales.* (R) **4.00** Midsomer Murders (R) **5.00** The Alan Titchmarsh Show **6.00** Regional News, Weather **6.30** ITV News

4

6.10am Sali Mali (R) **6.15** The Treacle People (R) **6.30** Planet Cook (R) **6.50** Yo Gabba Gabba (R) **7.15** Freshly Squeezed **7.40** Everybody Loves Raymond (R) **8.05** Smallville **9.00** One Tree Hill **9.55** Friends (R) **10.55** Glee (R) **12.00noon** Channel 4 News Summary **12.05pm** Chronicles of Narnia: The Voyage of the Dawn Treader: T4 Movie Special (R) **12.30** Iron Chef UK **1.35** FILM The Hills of Home **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Four in a Bed **6.00** The Simpsons **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** Five News **11.50** CSI: NY (R) **12.45pm** CSI: NY (R) **1.45** Neighbours **2.15** Home and Away **2.50** SPORT Your Sport **2.55** Meals in Moments (R) **3.05** FILM A Christmas Visitor: *Drama starring Reagan Pasternak and Aaron Ashmore.* **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7pm

7.00 The One Show
7.30 Inside Out
8.00 EastEnders
The latest Cockney chuntering.

8.30 Baby P: In His Mother's Words – Panorama
9.00 Accused
MUST-SEE Another slice of gritty drama. Marc Warren starring as a man who assaults his daughter's suspected attacker.

10.00 BBC News, Weather
10.35 A Question of Sport
11.05 Sports Personality of the Year: The Contenders
SPORT Profiling the ten contenders up for next Sunday's award. Phil Taylor to win!

11.45 The Graham Norton Show (R)
12.40am Sign Zone: The Apprentice

7.00 This World: Pakistan's Flood Doctor
Doco following surgeon Shershah Syed's efforts in flood-hit Pakistan.

8.00 University Challenge
Mind-melting quizzery.

8.30 Miranda
Miranda visits a therapist. If you care.

9.00 Ian Hislop's Age of the Do-Gooders
The presenter turns his attention to the perils of sex and alcohol. Er, perils?

10.00 Grumpy Old Men
More bellyaching from the professional moaners. Yeah, yeah, everything's rubbish – we get it! (R)

10.30 Newsnight
11.20 American Dream
A never ending supply of hamburgers? No? Surely some mistake? (R)

12.20-3.40am BBC News

7.00 Emmerdale
Rural rubbish.

7.30 Coronation Street
More misery on the cobbles, as the victims of the fire fight for survival.

8.00 Countrywise Kitchen
Chefs traipsing round the back end of nowhere. Brilliant.

8.30 Coronation Street
Yet more Manc-based moping.

9.00 The Savoy
NEW Documentary following the multi-million pound refurbishment of the posh London hotel.

10.00 ITV News
10.35 Young Adam
FILM Half-decent period drama set in '50s Scotland and starring Ewan McGregor as a womanising young drifter. Good man!

12.25am The Zone

7.00 News
7.55 4thought.tv
8.00 Heston's Christmas Feast
The barmy chef whips up a festive platter, probably full of mad ingredients. Deep-fried barn owl, anyone? (R)

9.00 River Cottage Christmas
Yum, that's better. Hugh saves the day with some conventional Christmas grub.

10.00 Alan Carr: Chatty Man
MUST-SEE David Hasselhoff is among the guests. That's right, The Hoff! Watch it!

11.05 Peep Show
Jeremy tries to impress Zahra by holding a book group meeting. Riiiight. (R)

11.40 The Simpsons (R)
12.10am Music on 4 Favourites: James Blunt
It's the most irritating singer around!

12.40 Premier League Poker
SPORT Action from the third match of the season, held at Maidstone Studios in Kent.

7.00 Five News at 7
7.30 How Do They Do It?
Robert Llewellyn finds out how the Swiss Army knife is made. Actually quite interesting for a change!

8.00 The Gadget Show
The team hit the Swiss slopes to test the latest extreme sports gear. Lucky them.

9.00 Extreme Fishing with Robson Green
The actor hunts for the fearsome bull shark. We'll be rooting for the latter.

10.00 Sudden Impact
FILM Hard-boiled crime thriller starring Clint Eastwood as Dirty Harry, on the trail of a rape victim turned killer. Pleasingly gritty stuff.

12.25am The World of Stupid Criminals
More useless law-breakers making fools of themselves for your pleasure.

12.55 SuperCasino

1am

1.40 A Life without Work (R) **2.40** The Story of Science – Power, Proof and Passion (R) **3.40-6.00am** BBC News

2.25 SPORT UEFA Champions League Weekly **2.55** The Jeremy Kyle Show (R) **3.50** The Jeremy Kyle Show (R) **4.40-5.30am** ITV Nightscreen

1.40 FILM Guilty by Suspicion: *Social drama.* **3.25** King of the Hill **3.50** King of the Hill **4.10** Brothers & Sisters (R) **4.55** ER (R) **5.40-6.25am** One Tree Hill

4.00 The FBI Files (R) **4.45** House Doctor (R) **5.10** Michaela's Wild Challenge (R) **5.35-6.00am** Michaela's Wild Challenge (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: 7.30pm Jimmy's Food Factory **10.35** Still Game **11.05** A Question of Sport **11.35** Sports Personality: The Contenders **12.15am** Graham Norton **BBC1 N IRELAND: 7.30pm** Getaways **10.35** Wee Wise Words **10.40** The Impressions Show **11.10** A Question of Sport **11.40** Sports Personality: The Contenders **12.25am** Off the Beaten Track **BBC1 WALES: 7.30pm** Rhys to the Rescue **10.35** The Royal Mint **11.05** A Question of Sport **11.35** Sports Personality of the Year: The Contenders **12.15am** Graham Norton **BBC2 SCOTLAND: 7.00pm** What Now? **BBC2 N IRELAND: 10.00pm** Laochra Loch Lao **11.20** Stormont Today **11.50** Grumpy Old Men **12.20am** American Dream **1.20-3.40am** News **BBC2 WALES: 11.20pm** Made in Wales **11.30** American Dream **12.30-3.40am** News **STV: 10.30pm** News **10.40** The Day John Lennon Died **11.40** Blasad **12.15am** Slighe gu Biadh **12.50** The Rockford Files **1.45** Highland Highlights **2.00-5.30am** The Nightshift **ULSTER:**

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD)
9.00 Football (HD)
10.30 Spanish Football (HD)
12.00noon Rugby (HD)
12.30pm Football (HD)
2.00 Champions League Weekly (HD)
2.30 Rugby Special (HD)
3.00 Spanish Football (HD)
5.00 Champions League Weekly (HD)
5.30 Soccer AM: The Best Bits
6.30 Netbusters
7.00 MUST-SEE Football: *Man United face Arsenal in a table-topping clash from Old Trafford, kick-off 8pm. Brilliant!* (HD)
10.30 You're on Sky Sports!
11.30 A League of Their Own (HD)
12.00m't SPL Round-Up (HD)
12.30am Soccer AM: The Best Bits
1.30 Football (HD)
3.30 Watersports World **4.30** Max Power **5.30-6.00am** FIFA Futbol Mundial

sky SPORTS 2

6.00am Aerobics
6.30 Snow Ride
7.00 WWE: Bottom Line (HD)
8.00 Elite League Ice Hockey
9.00 Golf (HD)
12.00noon Golf (HD)
1.30pm Ice Hockey
2.30 Poker (HD)
5.30 Rugby Union: *A round-up of the weekend's European matches.* (HD)
6.00 Snow Ride
6.30 Wild Spirits
7.00 Motorsport
8.00 American Football (HD)
10.00 Rugby Union (HD)
10.30 Great Run Series
11.00 Motorsport
12.00m't Show Jumping (HD)
1.00am Golf (HD)
2.00 Wonderful World of Golf
3.30-4.30am PGA Tour Classic

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
7.00pm PREMIERE Bee Season: *Domestic drama starring Richard Gere.* **9.00** 27 Dresses: *Rom-come with Katherine Heigl.* **11.10** Tokyo Sonata: *Social drama starring Teruyuki Kagawa.* **1.30-3.45am** Mutual Appreciation: *Comedy with Justin Rice.*

COMEDY CENTRAL (126)
6.00pm Two and a Half Men **7.30** Scrubs **8.30** Two and a Half Men **10.00** Sex and the City **11.10** South Park **11.40** Two and a Half Men **12.40am** South Park **1.40** Comedy Store **2.10** Comedy Central at the Comedy Store **2.40** Scrubs **3.40** Two and a Half Men **4.05** Shortcuts Shuffle **4.20** The King of Queens **5.10** Frasier **6.00-9.00am** Teleshopping

ESPN
8.00 NHL **10.00** Between The Lines **10.30** Pardon the Interruption UK **11.00** ESPN Game of the Week **11.30** ICC Cricket World **12.00m't** NFL: Monday Night Countdown **1.30am** LIVE NFL **4.30-5.00am** Press Pass 2010

DISCOVERY (520)
7.00pm Mythbusters **9.00** Storm Chasers **10.00** MUST-SEE Frontline Battle Machines with Mike Brewer: *The reporter recalls his scariest moments.* **11.00** Greatest Tank Battles **12.00m't** Bear Grylls: Born Survivor: *Surviving in the ice fields of Patagonia.* **1.00am** Deadliest Catch **2.00** Chris Barrie's Massive Engines **3.00** The First World War **3.50** Raging Planet **4.40** Unsolved History **5.30-6.00am** How Does That Work?

BBC3 (115)
7.00pm Great Movie Mistakes **7.05** Doctor Who **9.00** The World's Strictest Parents **10.00** EastEnders **10.30** How Not to Live Your Life **11.00** Family Guy **11.45** The World's Strictest Parents **12.45am** How Not to Live Your Life **1.15** Mad About the House **2.15** Lip Service **4.15** Great Movie Mistakes **4.20-5.20am** Mad About the House

E4 (136)
7.00pm Hollyoaks **7.30** Friends **9.00** Scrubs **10.00** Rude Tube **11.00** Pete Versus Life **11.35** Misfits **12.40am** Scrubs **1.30** Pete Versus Life **2.00** Misfits: *Nathan is violently killed again.* **2.55** What About Brian **3.35** Reno 911! **4.00** Being Erica **4.45-6.00am** Switched

DAVE (111)
6.40pm Have I Got News for You **7.20** QI **8.00** Top Gear **9.00** QI XL **10.00** Mock the Week: *With Stewart Francis.* **10.40** Have I Got News for You: *With guest host Martin Clunes.* **11.40** QI XL **12.40am** Mock the Week **1.20** That Mitchell and Webb Look **2.00** Men Behaving Badly **2.30-3.00am** Lead Balloon

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sky1

6.00am X-Weighted (R) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** It's Me or the Dog USA (HD) **10.00** Bones (R)(HD) **11.00** The Filth Files (R) **11.30** The Real A&E (R)(HD) **12.00noon** X-Weighted (R) **1.00pm** Road Wars (R) **2.00** Stargate Atlantis (R)(HD) **3.00** Stargate Atlantis (R)(HD) **4.00** Bones (R)(HD) **5.00** Malcolm in the Middle: *Comedy.* (R) **5.30** Futurama (R)(HD) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons
Bart moves into a loft apartment. Not bad for a ten-year-old. (R)

7.30 Modern Family
Phil tries to be romantic when the family go on holiday to Hawaii. (R)(HD)

8.00 Best of Oops TV
Not just people falling over, but people *really* falling over. Hard. (R)

9.00 UK Border Force
A Nigerian man tries to convince officers he's 15 years old. Tricky sell. (R)(HD)

10.00 NCIS: Los Angeles
The team face a race against time to trace a woman who holds the key to Callen's past. (R)(HD)

11.00 Cold Case
Lilly and the team reinvestigate the 1958 death of a newlywed. (R)(HD)

12.00m't Road Wars
The Road Crime Unit tracks down a Mercedes full of cocaine in Plymouth. It's like Baltimore down there! (R)(HD)

1.00am Road Wars **1.50** Joly's Happy Hour **2.40** Oops TV **3.30** The Dresden Files **4.20** Sell Me the Answer **5.10-6.00am** Smarter Than a 10 Year Old?

10.30pm UTV Live **11.00** Australian Balloon Adventure **12.00m't** FILM Buffalo Bill and the Indians **2.10-2.25am** UTV Rewind **ITV1 WALES: 8.00pm** Anna's Welsh Zoo **10.30-10.35pm** Wales Tonight

MTV (350)
7.00pm MTV Top Ten **8.00** Teen Mom **9.00** Jersey Shore **10.00** Scream Queens **11.00** Dirty Sanchez: Behind the Seven Sins **12.00m't** South Park **1.00am** Scream Queens **2.00** South Park **3.00-6.00am** All the Hits

SYFY (129)
7.00pm A Town Called Eureka **8.00** FILM Mega Shark vs. Giant Octopus **9.40** Haven **10.40** Warehouse 13 **11.40** FILM Transmorphers: Fall of Man: *Thriller.* **1.30am** 3rd Rock from the Sun **2.00** Dollhouse **4.00** Quantum Leap **5.00-6.00am** Buffy the Vampire Slayer

FX (164)
7.00pm NCIS **9.00** Family Guy **10.00** NCIS **11.00** The Walking Dead **12.00m't** Nip/Tuck: *Sean makes a decision.* **1.00am** Farscape **2.00** Babylon 5 **3.00-4.00am** ReGenesis

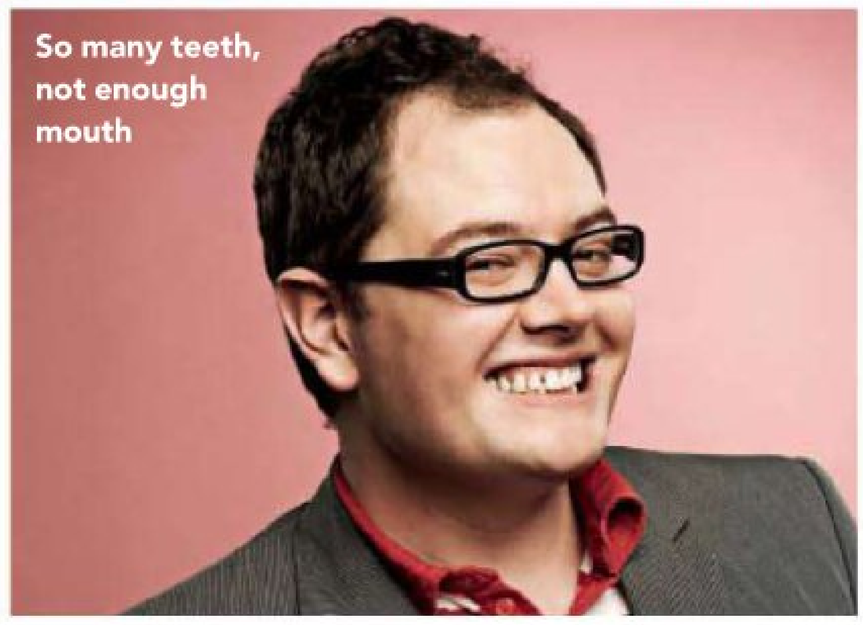
TODAY'S MUST-SEES

Man United vs Arsenal
Sky Sports 1/HD, 7pm

SPORT The corking fixtures are coming thick and fast as United host the Gunners with a vital three points up for grabs. Even though things have calmed down in recent years, there's still little love lost between both clubs, their fans and, of course, the managers. So neither side will want to take a step backwards in this one. Expect goals, too, as both teams are shaky at the back and believe attack is the best form of defence. We can't wait for it! ★★★★★

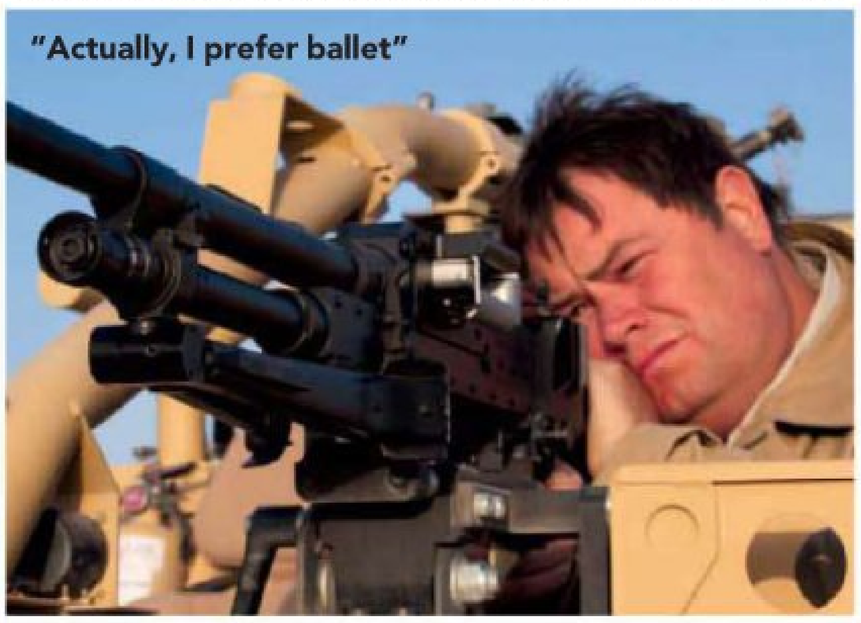
Accused
BBC1, 9pm

DRAMA Another tale of ordinary people in trouble with the law. This time, it's the turn of Kenny (Marc Warren from *Band Of Brothers*), who avenges an attack on his daughter rather too enthusiastically and finds himself in hot water. ★★★★



Alan Carr: Chatty Man
Channel 4, 10pm

COMEDY The four-eyed funnyman gets the new series off to a corking start, chatting to the cast of *The Inbetweeners*, Irish actor Collin Farrell and bonkers legend The Hoff! ★★★★



Frontline Battle Machines With Mike Brewer
Discovery, 10pm

DOCU The daredevil reporter recaps his hairiest moments in the Afghan war, like the day his RAF Chinook pilot was shot in the face! ★★★★

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Nuts TV

6am

BBC ONE

6.00am Breakfast **9.15** Rip Off Britain **10.00** Homes Under the Hammer (R) **11.00** Real Rescues **11.45** To Buy or Not to Buy **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Animal Park (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Due South (R) **1.45** Car Booty (R) **2.15** Ready Steady Cook (R) **3.00** Murder, She Wrote (R) **3.45** Flog It! Ten of the Best **4.30** Pointless (R) **5.15** The Hairy Bikers' Cook Off: *Pea and mint risotto.* **6.00** Celebrity Eggheads **6.30** Strictly Come Dancing – It Takes Two

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Gift **3.00** Dickinson's Real Deal (R) **4.00** Midsomer Murders (R) **5.00** The Alan Titchmarsh Show: *With Alexandra Burke.* **6.00** Regional News, Weather **6.30** ITV News

4

6.25am Planet Cook (R) **6.45** Yo Gabba Gabba (R) **7.15** Freshly Squeezed **7.40** Everybody Loves Raymond (R) **8.05** Smallville **9.00** One Tree Hill **9.55** Friends (R) **11.00** Glee (R) **12.00noon** Channel 4 News Summary **12.05pm** Iron Chef UK **1.05** FILM Swiss Family Robinson: *Disney adventure starring John Mills.* **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Four in a Bed **6.00** The Simpsons **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** Five News **11.50** CSI: NY (R) **12.45pm** CSI: NY (R) **1.45** Neighbours **2.15** Home and Away **2.50** SPORT Your Sport **2.55** Meals in Moments (R) **3.10** FILM The Christmas Gift: *Seasonal drama.* **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7pm

7.00 The One Show

7.30 EastEnders
Shrill Cockney chirping. Our ears!

8.00 Holby City
Ollie makes a slip-up in theatre. Never mind, it's only someone's brain.

9.00 Crimewatch
On the hunt for the country's crims.

10.00 BBC News, Weather

10.35 Crimewatch Update
Have they caught any? Find out here.

10.45 Imagine
Cultural flannel with beard-scratching presenter, Alan Yentob.

11.35 The Wackness
FILM Decent drama set in '90s New York, starring Josh Peck as a teen who fall's in love with his therapist's daughter.

7.00 Coast
More cliff-based tramping. Yawn. (R)

8.00 Decade of Discovery
Chris Packham selects his top ten wildlife discoveries made since the year 2000.

9.00 Pompeii: Life and Death in a Roman Town
The lives of Pompeii's residents just before that volcano came along and ruined everything.

10.00 Miranda
Gag-light comedy. One to avoid. (R)

10.30 Newsnight

11.20 This World: Pakistan's Flood Doctor
Following surgeon Shershah Syed as he helps clean up the devastation caused by the recent floods. (R)

12.20-3.15am BBC News

7.00 Emmerdale
More goat-bothering antics.

7.30 Living in Fear: Tonight
Have your litre of cider at the ready, we're going inside ASBO Britain!

8.00 A Touch of Frost
Crinkly old David Jason plays the ageing copper for one final time. Or at least for the final time until he needs to pay for a new hip. Then he'll be back again. (R)

10.00 ITV News

10.35 The War You Don't See
Broadcaster John Pilger explores the media's role in war, and how much of what we hear tells the real story.

12.25am The Zone

7.00 News

7.55 4thought.tv

8.00 Kirstie's Homemade Home
Boring property-based tosh.

9.00 The Family
Aspiring rapper Ayo prepares for his first major gig. Should be good for a laugh.

10.00 Frankie Boyle's Tramadol Nights
MUST-SEE Frankie finds plenty to get angry about in another scathing take on modern life. Ace!

10.35 The Morgana Show
Surprisingly non-rubbish sketch show.

11.10 The Big Bang Theory
Leonard takes desperate measures to get a girlfriend. Sounds a bit dodgy, no?

11.35 Robert's Web
The *Peep Show* funnyman has a chuckle over the week's web-based news. (R)

12.10am Music on 4

12.25 The Album Chart Show

12.40 The Crush

7.00 Five News at 7

7.30 Street Market Chefs
A pair of chefs get to grips with some Welsh lamb. Yum.

8.00 Sea Patrol UK
A rock climber is stranded on a cliff face.

9.00 CSI: Miami
MUST-SEE A car bomb kills an attorney who was working on a case with Delko.

10.00 CSI: NY
Mac and Stella track a serial killer to a Manhattan museum. Yikes! (R)

11.00 CSI: Crime Scene Investigation
The team try not to laugh as a man in a latex fat-suit is found dead.

12.00m't True CSI
Investigating the murder of a nurse in a small Canadian city in 1969. (R)

12.55am SuperCasino

1am

1.15am Sign Zone: See Hear (R) **1.45** The Big Silence (R) **2.45** The Bionic Vet (R) **3.15-6.00am** BBC News

2.25 The Rockford Files: *James Garner stars.* (R) **3.20** The Jeremy Kyle Show (R) **4.15-5.30am** ITV Nightscreen

1.05 World B-Boy Series **2.00** Freesports **2.30** Volleyball **3.20** Boxing **3.50** World Sport **4.15** Survival of the Fittest **4.45** Sailing **5.10-6.00am** Deadliest Catch

4.00 The FBI Files (R) **4.45** House Doctor: *A couple hoping to move to France.* (R) **5.10** Michaela's Wild Challenge (R) **5.35-6.00am** Michaela's Wild Challenge (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: 8.00pm River City **BBC1 NORTHERN IRELAND: 10.35pm** Wee Wise Words **10.40** Northern Ireland's Greatest Haunts **11.10** Crimewatch Update **11.20** Imagine **12.10am** FILM The Wackness: *Offbeat drama set in '90s New York, starring Josh Peck.* **BBC1 WALES: 10.45pm** The Real Indian Doctors **11.15** Imagine **12.05am** FILM The Wackness **BBC2 SCOTLAND: 7.00pm** This World: Pakistan's Flood Doctor **9.00** Men of Rock **10.00** NEW Desperate Fishwives **11.00pm** Newsnight Scotland, Weather **BBC2 NORTHERN IRELAND: 10.00pm** Great Unanswered Questions **11.20** Stormont Today **11.50** This World: Pakistan's Flood Doctor **12.50-3.15am** BBC News **BBC2 WALES: 11.20pm** Made in Wales **11.50** This World: Pakistan's Flood Doctor **12.50-3.15am** BBC News **STV: 10.30pm** STV News and Weather **10.40** Drama Trails **11.40** Made in Scotland Short **12.00m't** Brain Box **1.00** The Jeremy Kyle Show **1.55** Surface **2.40-5.30am** The Nightshift **ULSTER:**

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD) **9.00** Football (HD) **11.00** SPL Round-Up (HD) **11.30** Netbusters **12.00noon** FIFA Futbol Mundial **12.30pm** Football (HD) **2.30** SPL Round-Up (HD) **3.00** Netbusters **3.30** Football (HD) **5.30** Football Asia **6.00** Spanish Football **7.00** Sky Sports News at Seven (HD) **7.30** Football (HD) **10.00** Spanish Football **11.00** Football Asia **11.30** A-League **12.00m't** Football (HD) **1.30am** Spanish Football **2.30** Football Asia **3.00** A-League **3.30** Football (HD) **5.00-6.00am** Max Power

sky SPORTS 2

6.00am Aerobics **6.30** Snow Ride **7.00** WWE: Afterburn (HD) **8.00** Soccer AM: The Best Bits **9.00** Motorsport **10.00** Golf (HD) **11.00** Wonderful World of Golf **12.30pm** PGA Tour Classic **1.30** Aerobics **2.00** Golf (HD) **3.00** Wonderful World of Golf **4.30** Great Run Series **5.00** Sports Unlimited **6.00** Snow Ride **6.30** Golf **7.30** LIVE Greyhound Racing: *It's the William Hill Oaks from the Wimbledon Greyhound Stadium. Woof!* **10.00** Golf **11.00** Bowls **12.00m't** Basketball **2.00-3.00am** Golf

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
4.45pm Battleground: *Second World War drama starring Van Johnson.* **7.05** Turner & Hooch: *Family comedy starring Tom Hanks.* **9.00** PREMIERE The Namesake: *Domestic drama starring Kal Penn.* **11.20** Hostage: *Thriller starring Bruce Willis.* **1.30-3.45am** Zatoichi: *Revenge thriller directed by and starring Takeshi Kitano.*

COMEDY CENTRAL (126)
6.00pm Two and a Half Men **7.30** Scrubs **8.30** Two and a Half Men **10.00** Sex and the City **11.10** South Park **11.40** Two and a Half Men: *Alan thinks about retiring.* **12.40am** South Park **1.40** The Office: An American Workplace **2.40** Scrubs **3.40** Two and a Half Men **4.05** Shortcuts Shuffle **4.20** The King of Queens **5.10** Frasier **6.00-9.00am** Teleshopping

ESPN
6.30pm NFL **9.00** Eredivisie Review **10.00** Premier League Review **11.15** ESPN Game of the Week **11.45** ESPN Serie A Kicks **12.00m't** LIVE Basketball **4.00am** Press Pass **4.30-5.30am** Eredivisie Review

DISCOVERY (520)
6.00pm Mythbusters **8.00** How Do They Do It? **8.30** How It's Made **9.00** Swamp Loggers: *The team try to haul 75 loads in one week.* **10.00** Built from Disaster **12.00m't** Bear Grylls: Born Survivor **1.00am** Deadliest Catch **2.00** Chris Barrie's Massive Engines **3.00** The First World War **3.50** Nasa's Greatest Missions **4.40** Days That Shook the World **5.30-6.00am** How Does That Work?

BBC3 (115)
7.00pm Total Wipeout **8.00** EastEnders: The Greatest Cliffhangers **9.00** Mad About the House **10.00** EastEnders **10.30** Young Fishmonger of the Year **11.30** Family Guy **12.15am** Mad About the House **1.15** Young Fishmonger of the Year **2.10** EastEnders: The Greatest Cliffhangers **3.15** Total Wipeout **4.15-5.15am** The Real Sleeping Beauty

E4 (136)
7.00pm Hollyoaks **7.30** Friends **9.00** The Idiot Awards **11.05** The Event: *Sean and Leila try to uncover why Samantha was kidnapped.* **12.05am** Scrubs **1.00** The Event **1.45** Life Unexpected **2.25** What About Brian **3.10** Reno 911! **3.50** Being Erica **4.35-6.00am** Switched

DAVE (111)
6.40pm Have I Got News for You **7.20** QI **8.00** Top Gear **9.00** QI: *With Alan Davies and Jimmy Carr.* **9.40** Mock the Week **10.20** Have I Got a Bit More News for You **11.20** QI **12.00m't** Mock the Week **12.40am** Pulling **1.20** That Mitchell and Webb Look **2.00-3.00am** Lead Balloon

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14 DECEMBER TUESDAY

FULL 7 DAY TV GUIDE!

sky1

6.00am X-Weighted (R) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** It's Me or the Dog USA (HD) **10.00** Bones (R)(HD) **11.00** The Filth Files (R) **11.30** The Real A&E (R)(HD) **12.00noon** X-Weighted (R) **1.00pm** Road Wars (R) **2.00** Stargate Atlantis (R)(HD) **3.00** Stargate Atlantis (R)(HD) **4.00** Bones (R)(HD) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R)(HD) **6.00** Oops TV: *Video out-takes.* (R) **6.30** The Simpsons (R)

7.00 The Simpsons
Lisa falls in love with an older boy. Break his legs, Homer! (R)

7.30 Modern Family
Cameron reveals his inner diva. (R)(HD)

8.00 Futurama
Rapidly rising temperatures threaten all life on Earth. Aaaargh! (R)

8.30 Futurama
Fry finds the remains of his old dog. (R)

9.00 Fat Families
Another clan of tubbies are shamed into losing some weight. (R)

10.00 Fringe
Far-fecthed goings on. (HD)

11.00 Sharpshooter
FILM Half-baked action thriller starring James Remar as a CIA assassin taking one last job before retiring. Why do they always do that?

12.40am Road Wars
Trouble on the tarmac. (R)(HD)

1.40 Road Wars (R)(HD) **2.35** Oops TV (R)(HD) **3.30** The Dresden Files (R)(HD) **4.20** Sell Me the Answer (R)(HD) **5.10-6.00am** Are You Smarter Than a 10 Year Old? (HD)

10.30pm UTV Live Tonight **11.00** Kings of Leon: Excess All Areas **12.00m't** Brain Box
ITV1 WALES: 7.30pm Fishlock's Wales

MTV (350)
7.00pm MTV Top Ten **8.00** If You Really Knew Me **9.00** Teen Mom **10.00** Jersey Shore **11.00** Dirty Sanchez: Behind the Seven Sins **12.00m't** South Park **1.00am** Jersey Shore **2.00** South Park **3.00-6.00am** All the Hits

SYFY (129)
7.00pm A Town Called Eureka **8.00** Medium **9.00** Haven **10.00** FILM Unearthed: *Action adventure.* **11.50** FILM Fireball: *Thriller starring Lexa Doig.* **1.30am** 3rd Rock from the Sun **2.00** Dollhouse **4.00** Quantum Leap **5.00-6.00am** Buffy the Vampire Slayer

FX (164)
7.00pm NCIS **9.00** King of the Hill **10.00** American Dad! **11.00** Unhitched **12.00m't** Nip/Tuck **1.00am** Farscape: *A blind alien boards the ship.* **2.00** Babylon 5 **3.00-4.00am** ReGenesis

TODAY'S MUST-SEES

The Wolfman
Sky Movies Premiere/HD, 10pm

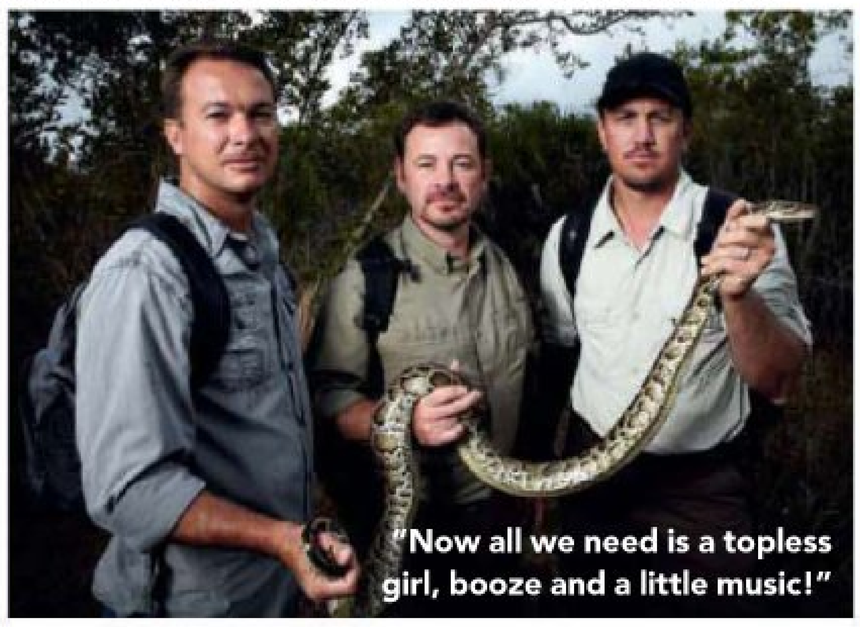
FILM A big fancy horror film in the old-fashioned style. An actor (Benicio Del Toro) returns to his family's remote country estate but, not long after his arrival, his brother is found slashed to bloody ribbons by an unseen beast. Pretty soon, said unseen beast reveals itself to be a ruddy great wolf of some kind, which promptly bites Del Toro. And so it is that he becomes stricken by the curse of the Wolfman. Anthony Hopkins and Emily Blunt co-star in this enjoyably gory nonsense. ★★★

CSI: Miami
Five, 9pm

DRAMA Horatio and his team investigate the assassination of State Attorney Rebecca Nevins. And guess what? The ginger one believes the intended target was in fact Delko! Worse still, the trail of evidence leads back to Ryan! ★★★

Frankie Boyle's Tramadol Nights
Channel 4, 10pm

COMEDY The one-time *Nuts* columnist mixes up his stand-up material with a load of similarly near-the-knuckle sketches. Quality! ★★★★★



Python Hunters
Nat Geo Wild/HD, 10pm

DOCU When Hurricane Andrew hit Florida in 1992, it apparently liberated loads of pet Burmese pythons. And now they're big, nasty and thriving, as this documentary proves. ★★★★

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PREVIEWS: FRANK TENNYSON, PETE CASHMORE, MIKE HALL PHOTOS: GETTY

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Nuts TV

6am

BBC ONE

6.00am Breakfast **9.15** Rip Off Britain **10.00** Homes Under the Hammer (R) **11.00** Real Rescues **11.45** To Buy or Not to Buy **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Daily Politics **1.00pm** See Hear **1.30** Car Booty (R) **2.15** Ready Steady Cook (R) **3.00** Murder, She Wrote (R) **3.45** Flog It! Ten of the Best **4.30** Pointless (R) **5.15** The Hairy Bikers' Cook Off **6.00** Celebrity Eggheads **6.30** Strictly Come Dancing – It Takes Two

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Gift **3.00** Dickinson's Real Deal (R) **4.00** Midsomer Murders (R) **5.00** The Alan Titchmarsh Show: *With guest Jools Holland.* **6.00** Regional News, Weather **6.30** ITV News

4

6.00am Sali Mali (R) **6.05** The Treacle People (R) **6.15** Planet Cook (R) **6.40** Yo Gabba Gabba (R) **7.05** Freshly Squeezed **7.35** Everybody Loves Raymond (R) **8.00** According to Jim (R) **8.30** Frasier (R) **9.00** One Tree Hill **9.55** Friends (R) **11.00** Glee (R) **12.00noon** Channel 4 News Summary **12.05pm** River Cottage Bites (R) **12.20** Iron Chef UK **1.20** FILM The Love Bug: *Comedy adventure starring Dean Jones.* **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Four in a Bed **6.00** The Simpsons **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** Five News **11.50** CSI: NY (R) **12.45pm** CSI: NY (R) **1.45** Neighbours **2.15** Home and Away **2.45** Meals in Moments (R) **2.55** Meals in Moments (R) **3.10** FILM Noel: *Drama with Susan Sarandon.* **5.00** Five News **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7pm

7.00 The One Show

7.30 Dig 1940

NEW Jules Hudson takes some war veterans to France to excavate an aircraft that was shot down.

8.00 Jimmy's Food Factory

The farmer lifts the lid on food production.

8.30 Nigel Slater's Simple Suppers

The food writer knocks up a dish using squid and rabbit. Really?

9.00 The Apprentice

MUST-SEE It's the episode where Sugar's mates put the final five through the interview wringer.

10.00 BBC News, Weather

10.35 The National Lottery Wednesday Night Draws

10.45 Film 2010 with Claudia Winkleman

11.25 When a Man Loves a Woman

FILM Meg Ryan stars as an alcoholic beginning to lose the plot.

7.00 Escape to the Country

Rat-race dodging escapades. (R)

8.00 Edwardian Farm

Mucking out, Edwardian style.

9.00 Ancient Worlds

The rise and fall of the Roman empire.

10.00 The Apprentice: You're Fired!

Ed Byrne joins Dara O'Briain to point and laugh at the latest jobless candidate.

10.30 Newsnight

11.20 At Home with the Georgians

A look at the concerns of the women of the age. We'll probably give it a miss, being neither women nor Georgian. (R)

12.20-4.25am BBC News

7.00 Emmerdale

More countryside non-events.

7.30 The Lakes

The story of a farmer and his prize-winning eggs. ITV1 are really scraping the barrel tonight, aren't they? (R)

8.00 A Touch of Frost

David Jason twiddles his tache as the creaking old inspector. (R)

10.00 ITV News, Weather

10.35 Falling Down

FILM Brilliant drama starring Michael Douglas as a stressed-out divorcee who loses his cool in a big way and goes on a rampage through LA. The burger-joint scene is particularly ace.

12.40am The Zone

7.00 News

7.55 4thought.tv

8.00 The Million Pound Drop Live

NEW Mega-money up for grabs as the cash-grabbing game-show returns in time for Christmas.

9.00 Grand Designs

Building-based blarney.

10.00 Hollyoaks

Saucy late-night goings on from Chester. Expect it all to get a bit naughty.

11.05 The Event

Sean and Leila try to unravel why Samantha was kidnapped. (R)

12.05am Reaper

Sam starts working for a company run by the Devil. Not the ideal boss really.

12.50 Isolation

FILM Daft horror flick in which a genetic experiment on cattle at a remote Irish farm goes terrifyingly wrong. Sounds promising.

7.00 Five News at 7

7.30 UEFA Europa League Football

MUST-SEE Liverpool take on FC Utrecht at Anfield as they look to escape Group K and progress to the knockout rounds. Kick-off 8.05pm.

10.10 Second in Command

FILM OTT action thriller starring Jean-Claude Van Damme as a Navy Seal commander taking on some Eastern European insurgents.

12.00m't Poker

SPORT High-stakes action from the World Open VI at the Palm Beach Casino in Mayfair.

1am

1.30am Sign Zone: Country Tracks (R) **2.25** Return of the Rhino: A Last Chance to See Special (R) **3.25** A Life without Work (R) **4.25-6.00am** BBC News

2.40 FILM End of Days: *Action horror thriller starring Arnold Schwarzenegger.* **4.40-5.30am** ITV Nightscreen

2.30 King of the Hill **2.55** ER (R) **3.40** Brothers & Sisters (R) **4.30** Hill Street Blues (R) **5.25-6.10am** One Tree Hill

1.00 SuperCasino **4.00** The FBI Files (R) **4.45** House Doctor (R) **5.10** Michaela's Wild Challenge (R) **5.35-6.00am** Michaela's Wild Challenge (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: 7.30pm Films of Scotland **8.00-9.00pm** Holby City **BBC1 NORTHERN IRELAND: 7.30pm** Our Wee World – Silver Bells **10.45** Wee Wise Words **10.50** NEW Dig 1940 **11.20** Film 2010 with Claudia Winkleman **12.00m't** Where Music Matters **12.05am** Sign Zone: Countryfile **1.00am** Sign Zone: See Hear **BBC1 WALES: 7.30pm** Coming Home: Ruth Madoc **BBC2 SCOTLAND: 7.00pm** Nigel Slater's Simple Suppers **7.30** Nigel Slater's Simple Suppers **11.00pm** Newsnight Scotland, Weather **STV: 7.30pm** Cheetah Kingdom **10.30** STV News and Weather **10.40** Homes from Hell **11.40** Vet School Bites **12.00m't** Brain Box **1.00am** The Jeremy Kyle Show **1.55** Surface **2.40-5.30am** The Nightshift **ULSTER: 10.30pm** UTV Live Tonight **11.00** Plantation: The Truth and the Legacy **12.00m't** Brain Box **2.30am** UTV Rewind

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD) **9.00** Spanish Football **10.00** Football (HD) **12.00noon** A-League **12.30pm** Spanish Football **1.30** Football (HD) **3.00** Football Asia **3.30** A-League **4.00** Spanish Football **5.00** Football Asia **5.30** A-League **6.00** Darts (HD) **7.00** Sky Sports News at Seven (HD) **7.30** FIFA Futbol Mundial **8.00** LIVE Boxing: *Martin Lindsay fights John Simpson in Belfast.* (HD) **10.00** You're on Sky Sports! **11.30** FIFA Futbol Mundial **12.00m't** Ringside Boxing (HD) **2.00-6.00am** MUST-SEE Cricket: *It's the third Ashes Test. Come on England!* (HD)

sky SPORTS 2

6.00am Aerobics **6.30** Snow Ride **7.00** WWE: Vintage Collection **8.00** Bowls **9.00** Basketball **11.00** Aerobics **11.30** Snow Ride **12.00noon** Bowls **1.00pm** Basketball **3.00** Golf **4.00** Motorsport **5.00** Watersports World **6.00** Golf **7.00** IRB Rugby Sevens **10.00** Darts (HD) **11.00** Bowls **12.00m't** Darts (HD) **1.00am** Transworld Sport **2.00** Snow Ride **2.30** European Tour Weekly **3.00** Golf **3.30-4.30am** Watersports World

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.40pm Star Trek IV: The Voyage Home: *Sci-fi adventure sequel starring William Shatner.* **9.00** Dogma: *Comedy fantasy starring Matt Damon and Ben Affleck.* **11.20** Election: *Comedy starring Matthew Broderick.* **1.20-3.40am** Miller's Crossing: *Thriller with Gabriel Byrne.*

COMEDY CENTRAL (126)

6.00pm Two and a Half Men **7.30** Scrubs **8.30** Two and a Half Men **10.00** Sex and the City **11.10** The Office: An American Workplace **12.10am** Two and a Half Men **1.10** South Park **2.10** Grouchy Young Men **2.40** Scrubs **3.40** Two and a Half Men **4.05** Shortcuts Shuffle: *Comedy shorts.* **4.20** The King of Queens **5.10** Frasier **6.00-9.00am** Teleshopping

ESPN **6.00pm** LIVE Football: *A match from the Europa League.* **10.00** Premier League **10.30** Skiing **11.00** Snowboarding **11.30** ESPN Kicks **11.45** 30 for 30 **1.45am** Press Pass **2.15** ESPN Kicks **2.30-5.00am** LIVE NBA

DISCOVERY (520)

6.00pm Mythbusters **8.00** How Do They Do It? **8.30** How It's Made **9.00** Shark Attack File **10.00** Behind Bars **11.00** Frontline Battle Machines with Mike Brewer **12.00m't** Bear Grylls: Born Survivor **1.00am** Deadliest Catch **2.00** Chris Barrie's Massive Engines **3.00** The First World War **3.50** Nasa's Greatest Missions **4.40** Days That Shook the World **5.30-6.00am** How Does That Work?

BBC3 (115)

7.00pm Mad About the House **8.00** FILM Catch Me If You Can: *Fact-based drama.* **10.15** Family Guy **11.00** The Real Sleeping Beauty **12.00m't** Russell Howard's Good News **12.30am** Mad About the House **1.30** The World's Strictest Parents **2.30** Russell Howard's Good News **3.00** The Real Sleeping Beauty **4.00** Lip Service **4.55-5.25am** The Real Hustle: Celebrity Scammers

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** Ugly Betty **10.00** Desperate Housewives **11.00** Alan Carr: Chatty Man: *With Colin Farrell, David Hasselhoff and the cast of The Inbetweeners.* **12.00m't** Scrubs **1.00am** Glee **1.45** Alan Carr: Chatty Man **2.40** What About Brian **3.20** Reno 911! **4.05** Being Erica **4.50-6.00am** Switched

DAVE (111)

6.40pm Have I Got News for You **7.20** QI **8.00** Top Gear **9.00** QI XL **10.00** Mock the Week **10.40** Have I Got a Bit More News for You **11.40** QI XL **12.40am** Mock the Week **1.20** Red Dwarf **1.55-3.00am** Billy Connolly's World Tour of Australia

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15 DECEMBER WEDNESDAY

FULL 7 DAY TV GUIDE!

sky1

6.00am X-Weighted (R) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** It's Me or the Dog USA (HD) **10.00** Bones (R)(HD) **11.00** The Filth Files (R) **11.30** Medical Emergency (R) **12.00noon** Fat Families (R)(HD) **1.00pm** Road Wars (R) **2.00** FILM Stargate: Continuum: *Sci-fi adventure.* (HD) **3.50** Bite Size Brainiac **4.00** Bones (R)(HD) **4.50** Bite Size Brainiac (R) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons
Krusty decides to run for Congress. (R)

7.30 The Simpsons
Ned comes to the rescue when the family are unable to pay the mortgage. (R)

8.00 The Simpsons
Homer and Marge play for a curling team in the Winter Olympics. (R)(HD)

8.30 Raising Hope
Jimmy struggles to arrange the perfect family photo shoot. (R)(HD)

9.00 Justin Lee Collins: The Wrestler
JLC squeezes himself into the spandex to become a high-flying Mexican wrestler. Cracking entertainment. (R)(HD)

10.00 Stargate – Ark of Truth
FILM The SG-1 team journeys to another galaxy to stop an invasion of Earth. Hurry up! (HD)

12.00m't Road Wars
More UK car crime. (R)(HD)

1.00am Road Wars **1.50** Shadow of the Shark **2.40** Oops TV **3.30** The Dresden Files **4.20** Sell Me the Answer **5.10-6.00am** Smarter Than a 10 Year Old?

MTV (350)
7.00pm Top Ten **8.00** Teen Mom **9.00** Jersey Shore **10.00** Scream Queens **11.00** Dirty Sanchez **12.00m't** South Park **1.00am** Scream Queens **2.00** South Park **3.00-6.00am** All the Hits

SYFY (129)
7.00pm A Town Called Eureka **8.00** FILM 100 Million BC **9.40** FILM Tremors 3 **11.40** FILM Yeti: Curse of the Snow Demon **1.30am** 3rd Rock from the Sun **2.00** Dollhouse **4.00** Quantum Leap **5.00-6.00am** Buffy the Vampire Slayer

FX (164)
7.00pm NCIS **9.00** American Dad! **10.00** MUST-SEE Burn Notice: *Michael comes face to face with the man who nabbed his identity.* **11.00** The Walking Dead: *Brillaint zombie drama.* **12.00m't** Nip/Tuck **1.00am** Farscape **2.00** Babylon 5 **3.00-4.00am** ReGenesis

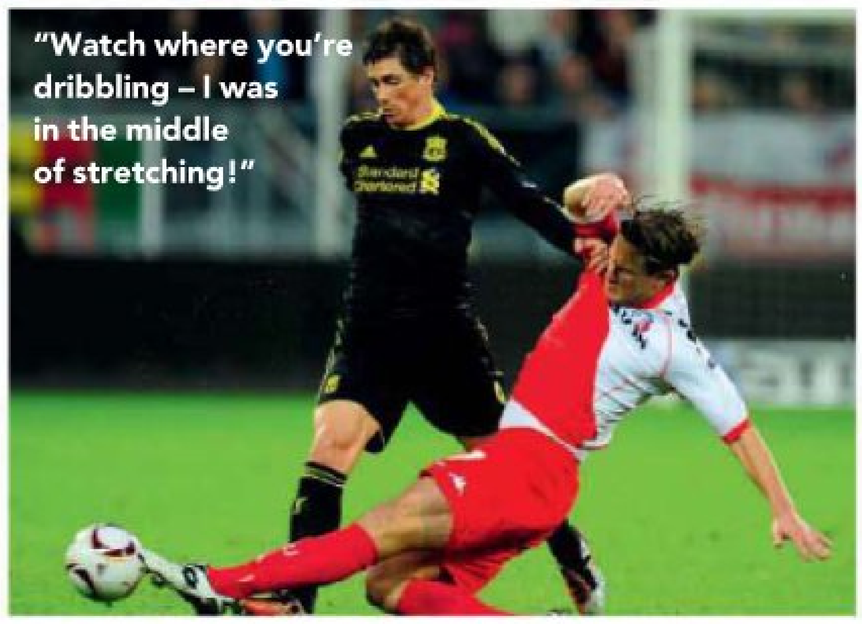
TODAY'S MUST-SEES

The Apprentice
BBC1/HD, 9pm

REALITY There's only one thing better than watching the insane egos of a power-crazed back-stabber being brought down a peg or two, and that's the sight of three of them receiving their comeuppance in one bumper episode. Better still, the trio have to sit through all manner of nightmare interviews with Lord Sugar's bezzies before they get to feel the sharp end of his finger. The end result? Two candidates left to duke it out for a job selling untold tat on Alan's market stall in next week's final. It really couldn't happen to nicer people. ★★★★

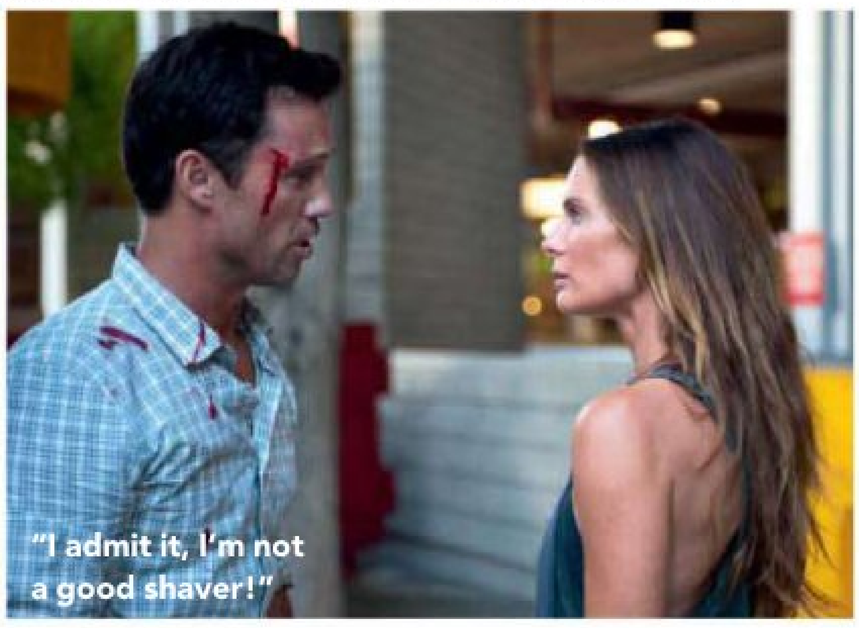
The Karate Kid
Sky Box Office/HD, from 6am

FILM Reimagining of the legendary '80s movie with Jackie Chan. You know the story – young kid learns karate to see off local bullies and gets ruddy brilliant at it. Decent remake. ★★★



Liverpool vs FC Utrecht
Five/HD, 7.30pm

SPORT It's fair to say it hasn't gone to plan for Liverpool recently, which is why they're playing Utrecht of Holland. Still, at least the Europa League offers them some chance of glory! ★★★★



Burn Notice
FX/HD, 10pm

DRAMA The super-smooth spy show comes to the end of its current series with Michael being approached by the man who has assumed his identity. So if he's after some revenge, now would definitely be the time to take it! ★★★

Australia vs England
Sky Sports 1/HD, 2am

SPORT The opening day of the third Ashes Test in Perth – a ground that favours fast bowlers, which could be good for our lads! But with a 2am start, you'd best break out the coffee! ★★★★★

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Nuts TV

6am

BBC ONE

6.00am Breakfast **9.15** Rip Off Britain **10.00** Homes Under the Hammer (R) **11.00** Real Rescues **11.45** To Buy or Not to Buy **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Animal Park (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Due South (R) **1.45** Car Booty (R) **2.15** Ready Steady Cook (R) **3.00** Murder, She Wrote (R) **3.45** Flog It! Ten of the Best **4.30** Pointless (R) **5.15** The Hairy Bikers' Cook Off: *Banana bread.* **6.00** Celebrity Eggheads **6.30** Strictly Come Dancing – It Takes Two

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Gift **3.00** Dickinson's Real Deal: *Tat-buying in Bolton.* (R) **4.00** Midsomer Murders (R) **5.00** The Alan Titchmarsh Show **6.00** Regional News, Weather **6.30** ITV News

4

6.10am Sali Mali (R) **6.15** The Treacle People (R) **6.25** Planet Cook (R) **6.45** Yo Gabba Gabba (R) **7.10** Freshly Squeezed **7.40** Everybody Loves Raymond (R) **8.05** According to Jim (R) **8.35** Frasier (R) **9.05** One Tree Hill **10.00** Friends (R) **11.00** Glee (R) **12.00noon** Channel 4 News Summary **12.05pm** My Eden (R) **12.10** River Cottage Bites (R) **12.25** Iron Chef UK **1.25** FILM Candleshoe: *Disney comedy.* **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Four in a Bed **6.00** The Simpsons **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** Five News **11.50** CSI: NY (R) **12.45pm** CSI: Crime Scene Investigation (R) **1.45** Neighbours **2.15** Home and Away **2.45** SPORT Your Sport **2.50** Meals in Moments (R) **3.05** FILM Crazy for Christmas: *Festive comedy starring Andrea Roth and Howard Hesseman.* **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7pm

7.00 The One Show

7.30 EastEnders
It's a child's party, so naturally there's plenty of heavy drinking and a fight.

8.00 The Royal Variety Performance 2010
Comic Michael McIntyre hosts the event from London, with Take That, Kylie Minogue and others doing the crooning.

10.00 BBC News, Weather

10.35 The Apprentice – Why I Fired Them
Alan Sugar talks through why he gave the boot to this year's array of bunglers.

11.35 This Week
Political jibber-jabber.

12.30am Sign Zone: Baby P: In His Mother's Words – Panorama (R)

7.00 Best of the Culture Show 2010

8.00 Nigella Kitchen
The posh chef rustles up some more mouth-watering grub.

8.30 Rick Stein's Christmas Odyssey
Featuring a Vietnamese turkey salad. Sounds pretty horrible, to be honest.

9.00 At Home with the Georgians
How the 18th-century home was constantly under threat from theft, fire, poverty and death. There are still places we can think of where that's the case.

10.00 Never Mind the Buzzcocks
Actress-turned-rock chick Juliette Lewis guest-hosts the music quiz.

10.30 Newsnight

11.20 Best of the Culture Show 2010

12.20am The Apprentice: You're Fired!

7.00 Emmerdale
A fight erupts in The Woolpack when a pig spills a scarecrow's pint.

7.30 Christmas or Bust?: Tonight
A look at families who are spending a bomb on Christmas, and others who can barely afford a turkey.

8.00 Emmerdale
More *Emmerdale?* To the pub!

8.30 Coronation Street
The first of the funerals takes place. Set to be a cheery few days then.

9.00 Celebrity Grimefighters
"Celebrities" like Andrew Castle and Nancy Dell'Olio get their hands dirty.

10.00 ITV News

10.35 2 Fast 2 Furious
FILM Action sequel starring Paul Walker and Tyrese.

12.30am The Zone

7.00 News

7.55 4thought.tv

8.00 The Million Pound Drop Live
More life-changing money on the table.

9.00 The House That Made Me
Michael Barrymore returns to the council estate where he grew up. Think we'll probably leave him to it.

10.00 Jamie's Christmas Lock-In
Big-tongued chef Jamie Oliver hosts a night of music, food and chat.

10.50 Alan Carr: Chatty Man
With Colin Farrell, David Hasselhoff and the cast of *The Inbetweeners.* (R)

12.10am Reaper
Sam plays a game with the Devil in a bid to reclaim his soul. No pressure then.

7.00 Five News at 7

7.30 Highland Emergency
Two first-time climbers become stranded on Ben Nevis. Amateurs!

8.00 Demolition: The Super Stadium
The demolition of Indianapolis's sporting arena, with a big old explosion. Yeah!

9.00 NCIS
A Russian man is the prime suspect when a petty officer is found dead. (R)

10.00 Law & Order: Criminal Intent
A priest manages to persuade Logan to reopen a murder case.

10.55 Law & Order
The team suspect a Gulf War veteran of murdering a peace campaigner. (R)

11.55 Cops in Crisis
Harrowing police survival tales. (R)

12.15am SuperCasino

1am

1.00 Countryfile (R) **1.55** Antiques Roadshow (R) **2.55** The Young Ones (R) **3.55-6.00am** BBC News

1.00-3.55am BBC News

2.35 Surface (R) **3.20** The Jeremy Kyle Show (R) **4.10-5.30am** ITV Nightscreen

1.00am Slow Joe: *Short film.* **1.10** Our Drugs War (R) **2.05** Unreported World (R) **2.35** FILM Antwone Fisher: *Drama.* **4.30-5.55am** FILM The Spy in Black

4.05 Divine Designs (R) **4.30** Rough Guide to Bang for Your Buck (R) **4.45** House Doctor (R) **5.10-6.00am** Michaela's Wild Challenge (R)

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: 10.45pm The Apprentice – Why I Fired Them **11.45am** This Week **BBC2 SCOTLAND: 11.00pm** Newsnight Scotland, Weather **BBC2 NORTHERN IRELAND: 7.00pm** Getaways **7.30** SPORT Britain by Bike **10.00** Blas Ceoil **11.20** Never Mind the Buzzcocks **11.50** Best of the Culture Show 2010 **12.50am** The Apprentice: You're Fired! **1.30-3.55am** BBC News **BBC2 WALES: 7.00pm** Iolo's Secret Life of Birds **7.30pm** The Making of Iolo's Secret Life of Birds **STV: 10.30pm** STV News and Weather **10.40** Greatest Cities of the World with Griff Rhys Jones **11.40** Politics Now **12.10am** Brain Box **1.00** The Jeremy Kyle Show **1.55** Surface **2.40** FILM End of Days: *Action horror thriller starring Arnold Schwarzenegger.* **4.40am** October Road **ULSTER: 7.30pm** The Seven Thirty Show **9.00** Insight Special – The Resurrection of Brendan Smyth **10.30** UTV Live Tonight **11.00** Christmas or Bust?: Tonight **11.30** Grimefighters **12.00m't-2.35am** Brain Box **ITV1 WALES: 7.30pm**

TODAY'S SPORT

sky SPORTS 1

6.00am LIVE Cricket: *The action continues on the opening day of the third Test between England and Australia.* (HD) **10.00** LIVE Cricket: *More willow-waving with South Africa facing India in the first of a three-match Test series.* (HD) **4.00pm** Cricket (HD) **5.00** Transworld Sport **6.00** FIFA Futbol Mundial **6.30** Premier League World (HD) **7.00** MUST-SEE Darts: *Get the beers in and settle down for the first of 16 days of non-stop arrow-chucking from the 2011 PDC World Championship at Alexandra Palace. It all kicks off with the opening four first-round matches. Brilliant stuff!* (HD) **12.00m't** Ringside (HD) **2.00am** Premier League World (HD) **2.30-6.00am** LIVE Cricket: *The battle continues between Australia and England as day two gets under way in Perth.* (HD)

sky SPORTS 2

6.00am Good Morning Sports Fans (HD) **9.00** Rugby Union: *Action from the second round of the South Africa Sevens, held in George, Western Cape.* **12.00noon** Cricket: *Highlights of the opening day of the third Test between England and Australia.* (HD) **1.00pm** Ringside Boxing: *Another chance to see Martin Lindsay fight John Simpson for the British featherweight title.* **3.00** Rugby Union **6.00** Snow Ride **6.30** ATP Tour Uncovered **7.00** Cricket (HD) **10.00** Time of Our Lives **11.00** Cricket: *The opening Test between South Africa and India.* (HD) **12.00m't** The Rugby Club (HD) **1.00-4.30** LIVE American Football: *San Diego Chargers take on San Francisco 49ers. Kick-off 1.20am.* (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.50pm How to Lose a Guy in 10 Days: *Romantic comedy.* **9.00** Into the Wild: *Fact-based drama starring Emile Hirsch.* **11.50** Wilderness: *Horror starring Sean Pertwee.* **1.40-3.45am** The Escapist: *British jail-break thriller starring Brian Cox.*

COMEDY CENTRAL (126)

6.00pm Two and a Half Men **7.30** Scrubs **8.30** Two and a Half Men **10.00** Sex and the City **11.10** Live at the Apollo: *With Ed Byrne, Adam Hills and Gina Yashere.* **12.10am** Two and a Half Men **1.10** South Park **2.10** Rules of Engagement **3.10** Scrubs **4.05** Shortcuts Shuffle: *Comedy shorts.* **4.20** The King of Queens **5.10** Frasier **6.00-9.00am** Teleshopping

ESPN

6.00pm LIVE Football: *Coverage of two Europa League matches.* **10.00** Goal! **10.30** MMA Live **11.15** ESPN Kicks **11.30** Europa League Highlights **1.30am** LIVE NHL **4.00** Press Pass **4.30-5.15am** MMA Live

DISCOVERY (520)

6.00pm Mythbusters **8.00** How Do They Do It? **8.30** How It's Made **9.00** Wheeler Dealers **10.00** Swamp Loggers **11.00** Death Machines **12.00m't** Bear Grylls: Born Survivor **1.00am** Deadliest Catch **2.00** Chris Barrie's Massive Engines **3.00** The First World War **3.50** Nasa's Greatest Missions **4.40** Days That Shook the World **5.30-6.00am** How Does That Work?

BBC3 (115)

7.00pm Top Gear: *With Michael Parkinson.* **8.00** Young Fishmonger of the Year **9.00** Jeff Brazier: Me and My Brother **10.00** EastEnders **10.30** Russell Howard Live: Dingledodies **11.30** Family Guy **12.15am** Jeff Brazier: Me and My Brother **1.15** Russell Howard Live: Dingledodies **2.10** My Boyfriend the War Hero **3.10** Love Me, Love My Face **4.10-5.10am** Young Fishmonger of the Year

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** MUST-SEE The Big Bang Theory: *Howard is scouted by the FBI.* **9.30** Meet the Parents **10.00** MUST-SEE Misfits **11.05** This Is England '86 **12.10am** Scrubs **1.10** Misfits **2.05** This Is England '86 **3.00** What About Brian **3.45** Reno 911! **4.05** Being Erica **4.50-6.00am** Switched

DAVE (111)

6.40pm Have I Got a Bit More News for You **7.20** QI **8.00** Top Gear **9.00** QI **9.40** Mock the Week **10.20** Have I Got a Bit More News for You **11.20** QI: *With Jo Brand and Sean Lock.* **12.00m't** Mock the Week **12.40am** Red Dwarf **1.20** Mitchell and Webb **2.00** Lead Balloon **2.30-3.00am** Cooking in the Danger Zone

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16 DECEMBER THURSDAY

FULL 7 DAY TV GUIDE!

sky1

6.00am Fat Families (R)(HD) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** It's Me or the Dog USA (R)(HD) **10.00** Bones (R)(HD) **11.00** The Filth Files (R) **11.30** Medical Emergency (R) **12.00noon** Fat Families **1.00pm** Road Wars (R) **2.00** FILM Stargate – Ark of Truth: *Adventure starring Michael Shanks.* (HD) **4.00** Bones (R)(HD) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons
Musical highlights from past episodes. Hmm, not a classic then. (R)

7.30 The Simpsons
Homer tells the story of his first love . (R)

8.00 Modern Family
Phil agrees to sell his car. (R)(HD)

8.30 The Simpsons
Homer forgets his and Marge's anniversary. Uh-oh. (R)

9.00 An Idiot Abroad
Karl Pilkington's tries rabbit meat in Egypt. Superb! (R)(HD)

10.00 Raising Hope
Jimmy gets his chance with Sabrina. Go on son! Make it count. (HD)

10.30 A League of Their Own
Dermot O'Leary is on the panel. (R)(HD)

11.00 NCIS: Los Angeles
Callen uncovers the key to his past. Good for him. (R)(HD)

12.00m't Road Wars
More motorway mayhem. (R)(HD)

1.00 Road Wars **1.50** Shadow of the Shark **2.40** Oops TV **3.30** The Dresden Files **4.20** Sell Me the Answer **5.10-6.00am** Smarter Than a 10 Year Old?

Wales This Week **10.35** The Wales Show Special **11.35** Christmas or Bust?: Tonight **12.05am** Great British Food

MTV (350)
7.00pm MTV Top Ten **8.00** If You Really Knew Me **9.00** Teen Mom **10.00** Jersey Shore **11.00** Dirty Sanchez: Behind the Seven Sins **12.00m't** South Park **1.00am** Jersey Shore **2.00** South Park **3.00-6.00am** All the Hits

SYFY (129)
7.00pm A Town Called Eureka **8.00** Paranormal Files **9.00** A Town Called Eureka **10.00** Haven **11.00** FILM Triangle **1.00am** FILM Dragonquest **3.00** Dollhouse **4.00** Quantum Leap **5.00-6.00am** Buffy the Vampire Slayer

FX (164)
7.00pm NCIS **9.00** Family Guy **10.00** Eastbound & Down: *Kenny settles a few scores and bids farewell to Vida.* **10.35** American Dad! **11.05** Family Guy **12.05am** Nip/Tuck **1.05** Farscape **2.05** Babylon 5 **3.05-4.00am** ReGenesis

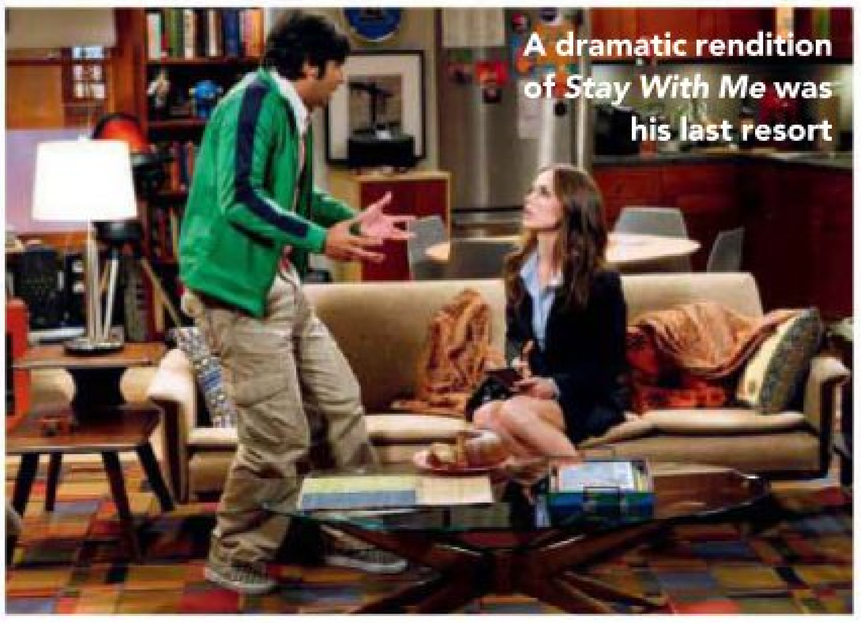
TODAY'S MUST-SEES

TOP ARROWS!

"Can't quite reach the light switch..."

Live Darts
Sky Sports 1/HD, 7pm

SPORT Oh yes! Be still our beating hearts, yes! We're off to the Alexandra Palace in London once again, for the 18th PDC World Darts Championship, and it'll come as no surprise to any of us that the defending champion is Phil Taylor, who scalped Simon Whitlock 15-6 in last year's final. A true feast of darts, the World Championship takes 16 whole days to reach its climax! We expect the likes of Dutch arrow-chucker Raymond "Barney" van Barneveld (left) to push Taylor all the way this year. ★★★★★



A dramatic rendition of *Stay With Me* was his last resort

The Big Bang Theory
E4, 9pm

COMEDY Another dose of geek-related guffawing ensues as Leonard vows to be more self-assured around women, and the FBI agent assesses Howard's suitability for a team working on a new surveillance satellite. ★★★★

"Oh my God, is that a third nipple?"

Misfits
E4/HD, 10pm

DRAMA This brilliantly quirky drama continues with the teens becoming superhero celebrities when their powers become known to the public. But it isn't long before their new fame attracts the attention of a sinister killer. ★★★★★

"I knew it was a mistake letting you have felt-tip pens"

IRT Deadliest Roads
History/HD, 10pm

DOCU The *Ice Road Truckers* team are back, and they're taking on some of the world's most dangerous roads in this new series set in the Himalayas. Seriously, what are they thinking? ★★★

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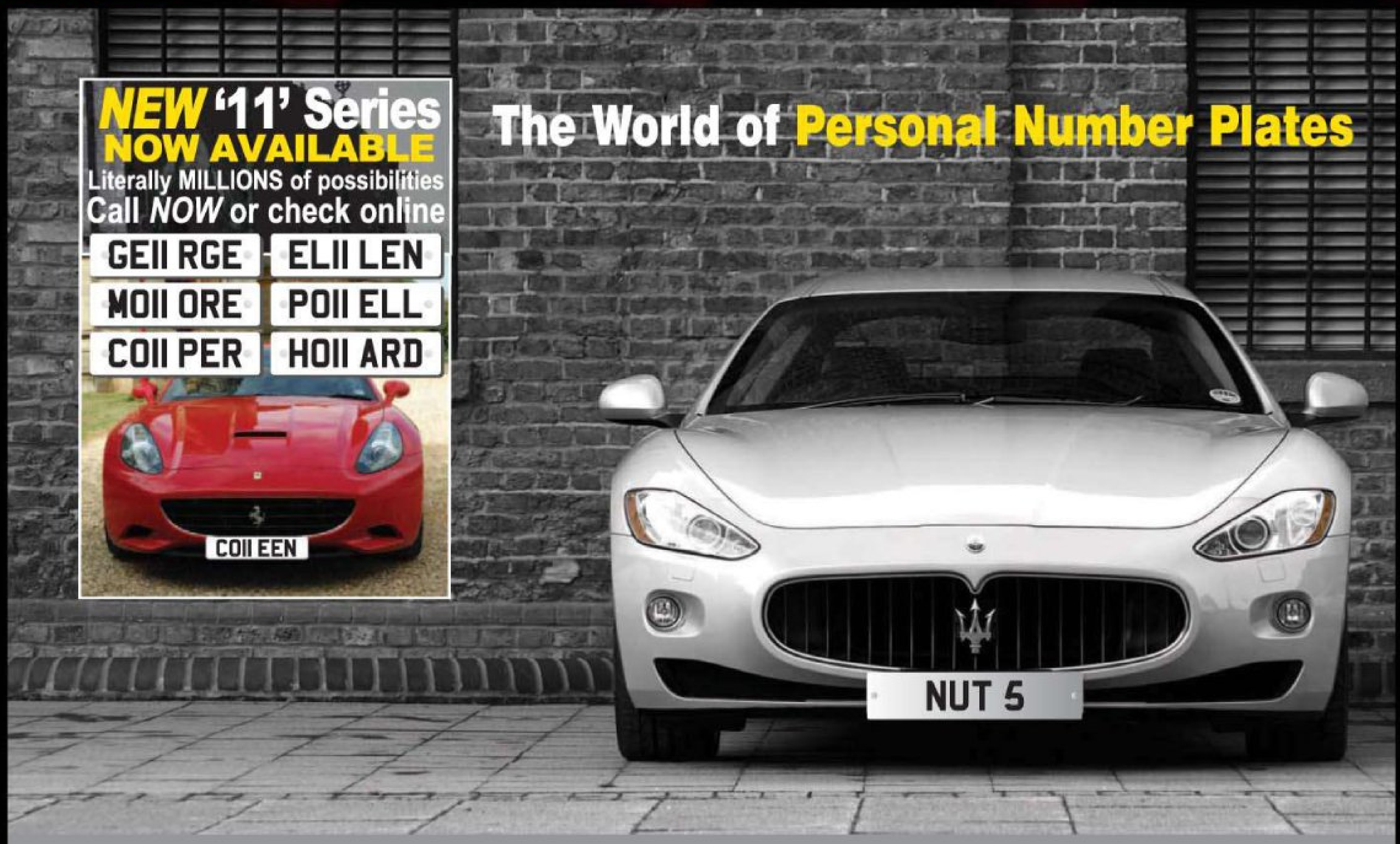
Nuts CHRISTMAS GIFT GUIDE!



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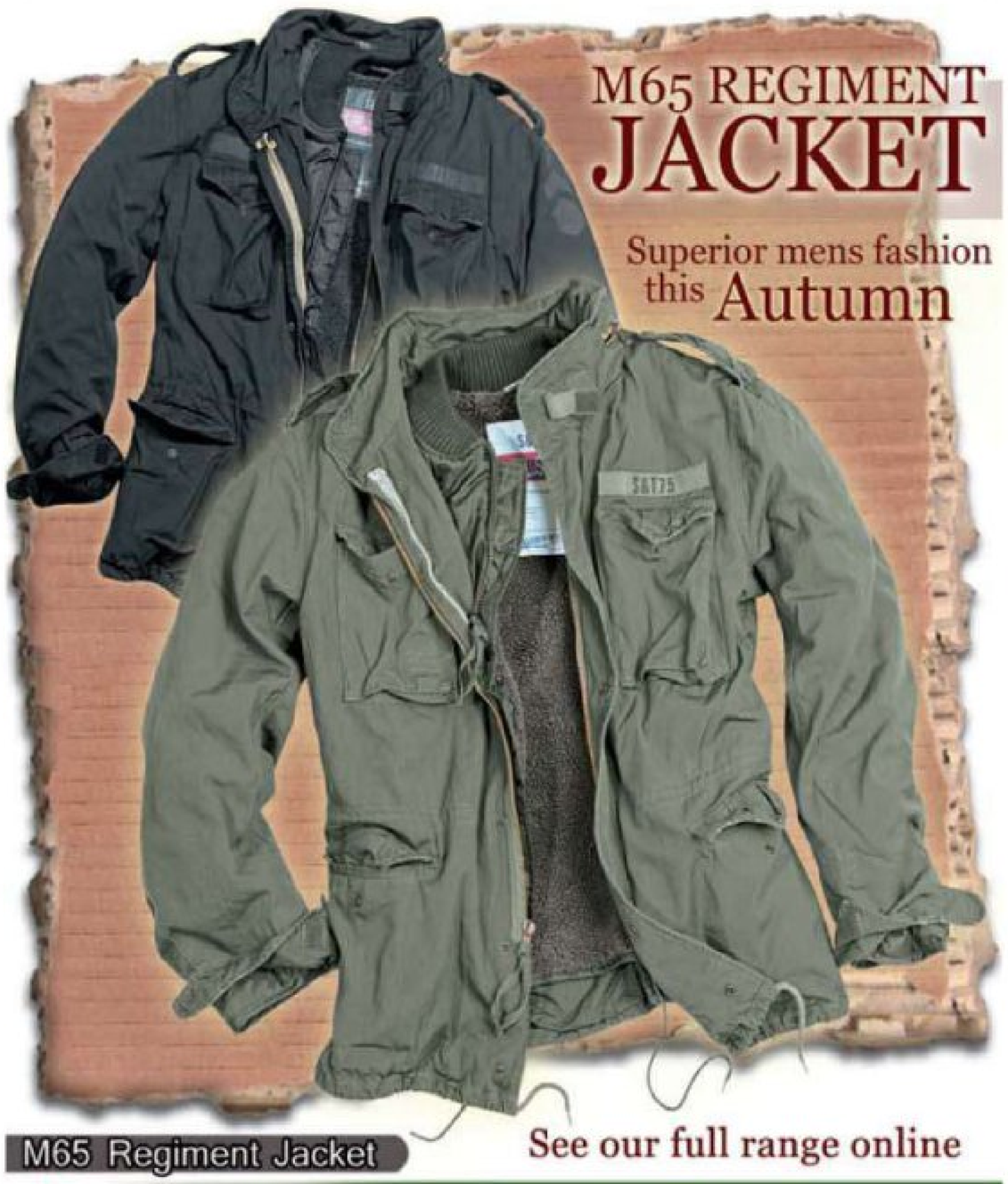

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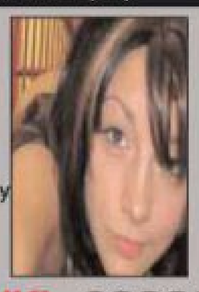
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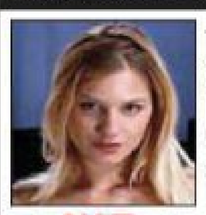
Nat (19) MIDLANDS/UK

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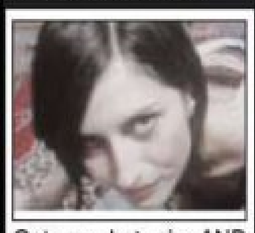
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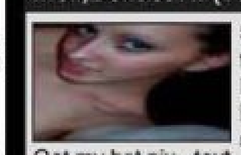
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Hook up with hot easy personas FAST! This is a discrete, easy service
text -NOW to 68889

Rita, Wales/Uk (45)

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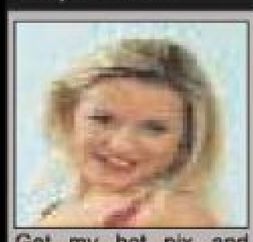
Lee, 20 Leeds

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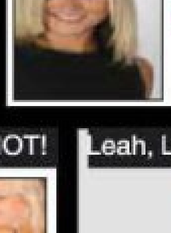
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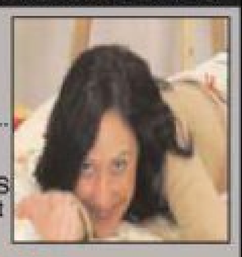
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Leah, London/Uk (19)

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LEAH to 68889

Tani South West/Uk (43)

Get my hot pix...text
TANI to 68889

As Seen on TV

HOOK UP NOW - VIA YOUR MOBILE

ANNE, 40s YORKS

Get my hot pix...and VIDEOS text
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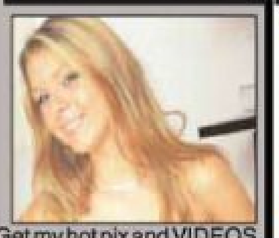
Carly, 18 UK

Get my hot pix...and HOT videos text
CARLY to 68889

Kyli 20, SUSSEX

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Beverly Mids/Uk (3os)

Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes age doesnt put you off! Get my hot pix...and hot videos text
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UK ANYWHERE

Lets hook up Get my hot pix... text
HWILKIE to 68889

Naughty, South West

Hot fun girl looking for flirts! Get my hot pix...and hot vids text
NAUGHTY to 68889

Amb UK

Get my hot pix...AND VIDEOS text
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HOTMOBILEVIDEOS

Rosie Jones And Friends Get Frisky For You	379659
18 Yr Olds First Uncensored Home Movie	372177
Naughty Nurses Huge Jugs Revealed	377295
Lucy Pinder And Lindsey Strutts Romp	371682
19yr Student Sleepover Turns Naughty	375669
Office Girl Uncensored Home Movie	376873
18yr Olf Blonde Girls Get Into Each Other	372496
Very Naughty Posh Girl	379566
Caught Neighbour Seducing My Hot Girlfriend	373642
2 Students Get It On	376875
Uncensored Girls Home Movie	376146
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My Dads Secretary Likes To Get Naked For Me	379868
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I Caught My Ex With My New Girl	371633
My Naughty Girlfriend Got It On With My Bro	376509
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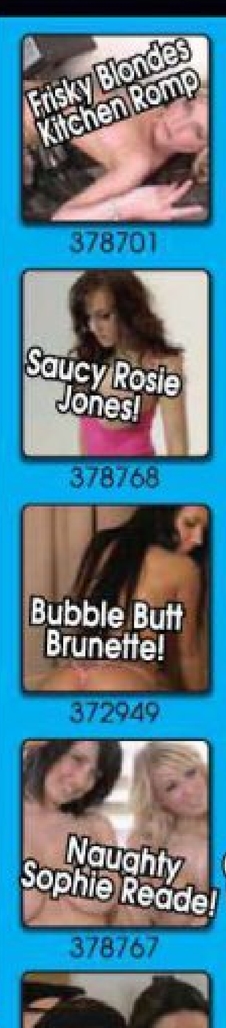
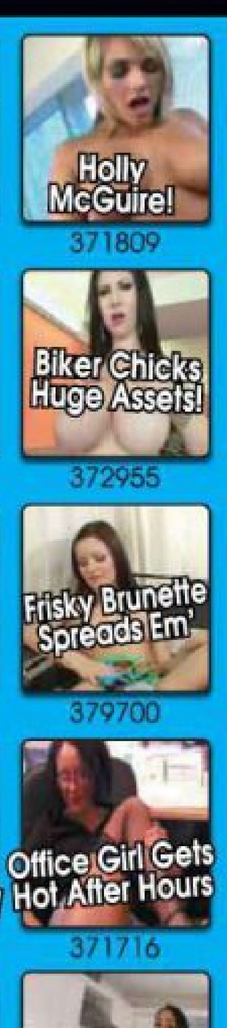
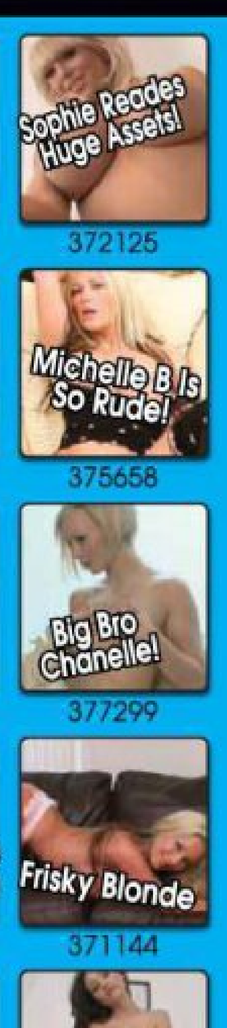
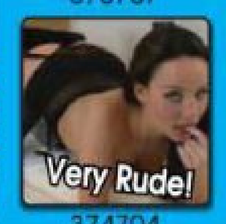
Hot & Frisky Blonde Takes Em' All Off	378243
Sophie Howard And Lindsay Strutt Fondle	379488
Spread Naked	374778
Mates Girlfriend Seduces Me	376388









TEXT ALERTS

Achmed - Silence I Kill You	373885
Quagmire - Giggerty Giggerty	371104
The Hangover - Paging Dr F**got	372950
Predator Growl	379908
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Fast & Furious Dump Valve	373846
Sid James Laugh	375948
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Catchphrase Buzzer	372280
Scarface - Say Hello To My...	377924
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Big Bang Theory - Bazinga!	372512
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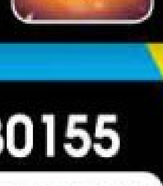
Catchphrase Buzzer	372280
What'chu Talkin Bout Willis	376656
CB Radio 10-4	371902



THEME TUNES

Formula 1	376395
NCIS	376699
True Blood	376667
Thundercats	374953
The A Team	377152
Dukes Of Hazzard	377288
The Professionals	376381
Big Bang Theory	374497
Stop The Pidgeon	375776
The Apprentice	376977
Top Gear	373808
The Exorcist	374955
The Avengers	378574
Jeremy Kyle Show	738711
Only Fools And Horses	373188
Dueling Banjos	373290
Hangover Stu's Tiger Song	376279
Shameless	377632
Airwolf	377130
Knight Rider	377143
Captain Pugwash	372828
Step Brothers - Boats N Hoes	377007
Hawaii Five-O	377287
Star Wars	373507
Roobarb And Custard	372164
Minder	377605
Dads Army	370372
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Ladies at home that are mature in so many special ways. Chat now to mature women xxx

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Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx

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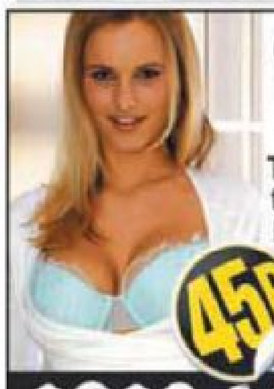

ON THE PULL

The baddest girls in town who just adore horny guys looking for a quick fix and some adult relief at anytime xxx xxx

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GORGEOUS SINGLES

Casual singles seriously up for it with as many guys as you can believe. 30 secs to serious heaven when you just need to get off

0909 897 9412

SUPERFAST RELIEF!

For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!

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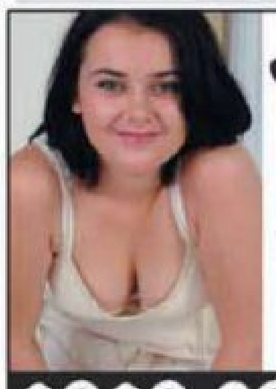


JUST 18+

18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx

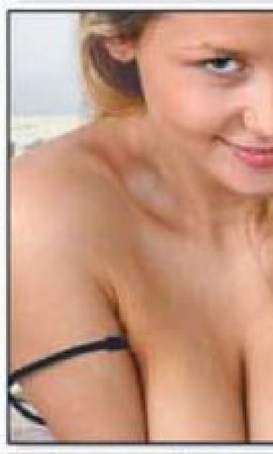
0909 897 2038

FAST RELIEF

45P PER MINUTE

Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx

0908 145 0579



COLLEGE GIRLS 18+

45P PER MINUTE

Looking for horny guys to fill their recreation time! Eager and willing to please, all guys needed urgently for the ultimate get off today x

0908 145 0582

I'LL BLOW YOUR MIND

45P PER MINUTE

Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx

0908 145 2543

VERY BROAD MINDED

Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx

0909 897 9333

HAVE FUN & RELAX

45P PER MINUTE

Up close and personal - lovely girls at home just eager to go live with you 1 on 1! x

0908 145 2542

BEAUTIFUL LADIES

Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time

0909 897 9405

HUNGRY HOUSEWIVES

Just hungry for a wicked time. These gorgeous ladies just looking for an erotic time. 100% totally sexy stimulation xxx

0909 897 9447

SEXY GIRLS AT HOME

45P PER MINUTE

Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x

0908 145 2544

VERY HOT LADIES

Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x

0909 897 0612

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45P PER MINUTE

Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx

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When you just cannot wait and need a real fast quickie session. Call now for relief

0908 145 0578

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0908 145 Calls cost 45p per minute + network extras. 0909 897 Calls cost 60p per minute + network extras. Calls recorded. SMS cost £1.50 each to receive + standard network charges apply. To stop just text 'STOP' to 69469. Mobile users may receive free promotional messages. Callers must be 18+ only to use this service. LiveLines Ltd PO6538 NN2 7YN. Helpline 0844 871 4497.

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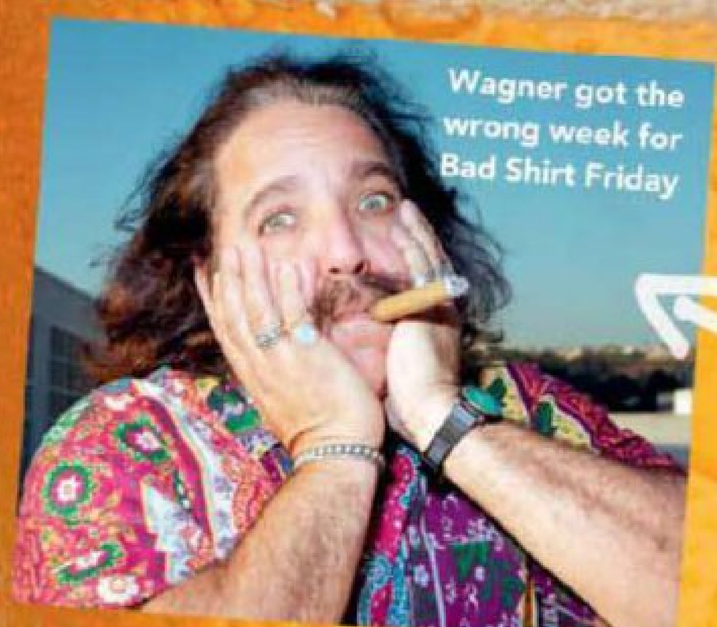


Wagner got the wrong week for Bad Shirt Friday

The tuberoid bushcricket has testicles that amount to 14 per cent of its bodyweight. This is the equivalent of an 70kg man having 10kg testicles.

Porn actor **Ron Jeremy's** penis has its own online blog.

The Rungnado May Day Stadium in Pyongyang, North Korea, has a capacity of 150,000, making it the largest-capacity sports stadium in the world.

Giant **squid** eat each other during sex

Whoever succeeds the Queen as the next monarch of the UK will face in the opposite direction on our coins.

It's not an offence to throw your rubbish over somebody's garden wall.

Nicole Kidman has a phobia of butterflies.

In 1998, Katie Price unsuccessfully auditioned for a part in *Baywatch*.

Alexreid.co.uk is a dry-cleaning company's website and has nothing to do with Jordan's other half.

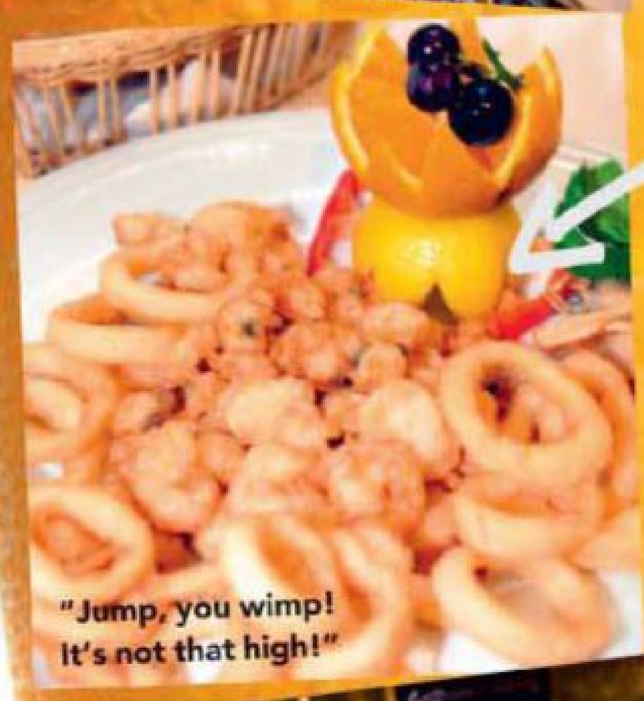
The Japanese word, "chokuegambo", specifically describes the desire that there were more designer clothes shops on a given street.

If Saturn were put in a large enough body of water, it'd float because it's less dense than water.

Female **lions** are more attracted to males with dark-brown hair.

It's illegal to own six or more dildos in the state of Texas, USA.

Pulling your foot out of **quicksand** at a speed of ten centimetres per second would take a force equivalent to that needed to lift a medium-sized car.

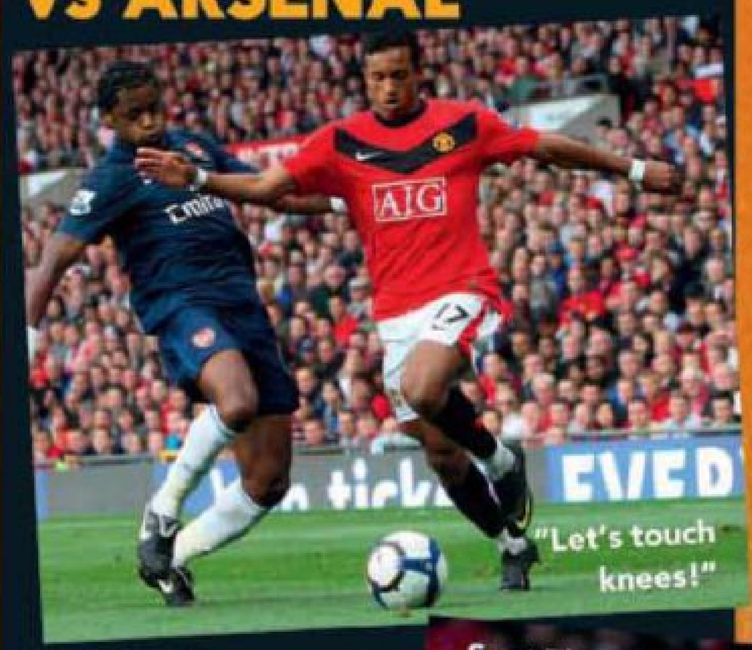


"Jump, you wimp! It's not that high!"

Waissel's gran was up to her usual tricks

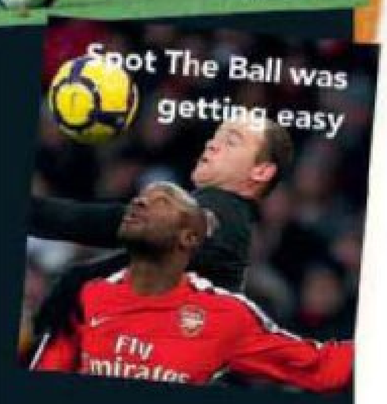
"Play around them? Come off it, ref!"

PUB AMMO ON... MANCHESTER UTD VS ARSENAL



"Let's touch knees!"

- Wayne Rooney scored his 100th Premier League goal at the Emirates Stadium in January 2010.
- The same match was the first one Sky Sports ever showed in 3D.
- **Arsene Wenger was fined £15k for calling then-United striker Ruud van Nistelrooy "a cheat" after Man United ended Arsenal's 49-game unbeaten league run in 2004.**
- Between them, Wenger and Sir Alex Ferguson have 38 years of top-flight English management experience.
- **Man United vs Arsenal is on Sky Sports 1 at 7pm on 13 December.**



Spot The Ball was getting easy

"Bad time? There's no bad time for a pull my finger gag!"

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