

INTOPLESS STARS!

And the good news is - they're all female!



THS VIEK

12-18 NOVEMBER 2010

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FORGETTING OUR KIT, EVERY WEEK

SEMA CAR SHOW SPECIAL!

2010's maddest motors!

Welcome to the Sema Car Show, the maddest motor collection in the world!

or the connoisseur of the tweaked, stretched, lowered, blinged, trickedout, custom-painted and generally modified-to-withinan-inch-of-their-hubcaps vehicle, Las Vegas' Sema show (Speciality Equipment Market Association) is the Mecca to which one swarms. We sent our modded motor correspondent down with a camera and notepad to gawp at the lines of tweaked and buffed metal – and the booth babes, but that was on his own time!

Here's what he liked. We can confidently assume Clarkson and co would not approve!

£250K

ABT AUDI R8 GT R R8 gets lots of carbon-fibre mods, including skirts and adjustable wing. It sprints to 60mph in three seconds!

TOYOTA PRIUS Hybrid gets 18in wheels, eco sport tyres, 10cm suspension drop, Recaro race seats and a translucent rear spoiler.

£30K

ROLLS-ROYCE PHANTOM DROPHEAD Bling Roller in Beverly Hills spec yellow. Weighs 2.6 tonnes but still does 0-60 in 5.6 secs!

£300K









CHEVROLET CAMARO Matt-black vinyl wrap, faired-in lights and huge Forgiato alloys. Voted "hottest car" at the Sema show.

BABY "LAMBORGHINI" Awesome mini-Lambo based on a quad bike. One of a series, it rides on normal-sized wheels and tyres.

£20K



LAMBORGHINI GALLARDO 200mph, V10 Lambo modified with dark window tints, black mirrors and 20in colour-coded wheels.



NISSAN 350Z Touring car-inspired wide-arch bodykit – with corner splitters and a neat wing – and a carbon-vented bonnet.



you able to keep your feet on the ground? Yeah, I'm just being me and enjoying playing my football. You absolutely murdered Inter. What do you put Spurs' recent performances down to? Lots of things – the team's playing really well at the moment and the manager has got confidence in us. I feel like I'm improving as a player all the time and when those things come together, we're capable of great performances like we showed against Inter. How far can Spurs go in the Champions League? Can you

that, but never say never. We're

certainly not just there to make

up the numbers, we want to do

as well as we can. Every game

we play in the competition,

and don't get too carried away with everything.

There's talk of the likes of Barcelona bidding £50m for you. Do you see your long-term future at Spurs? I'm just enjoying playing my football at the moment. I'm learning every week and the manager believes in me so I'm happy here. We've got a very good young side and I want to keep playing my football at the club and keep progressing.

But are you aware of all the wild transfer speculation that's surrounding you now? I don't take too much notice of it all.

win it? I don't think you can say 'I really feel I'm improving all the time" to keep my feet on the ground and work hard in training. It's the only way to improve!

Can you achieve what you want to at Tottenham? I think we can achieve what we want with the squad and manager we've got. If we keep doing what we're doing, there's a lot of bright things in the future.

Do you have to pinch yourself when you think of how far you've come personally in the last year or so? I don't really think about it too much. I just concentrate on enjoying my football and doing my best. Are you the best left-sided player in the world right now? A lot of people are saying very nice things about me at the moment, which is great, but I know I've got to keep going and work harder still.

than him, do they? Ever since he made his debut, he's shown what a good player and a good person he is. He's an amazing man to follow and hopefully I can get near him in terms of my performances.

Are you in the best form of your career? Yeah, I'm really enjoying it at the moment! Do you think that your performances against Inter have announced yourself to a world audience? I don't know about that. I'm really not sure. In truth, I don't look at any papers or anything. It's just about me playing the best football I can. I'm a normal person and I just want to keep doing well for Tottenham.

For more football news, visit www.lifesapitch.co.uk



It's 'Arry on Bale!

The Spurs boss knows his side boasts a rare talent



i Harry! You've played a part in turning Gareth Bale into a truly world-class player. How good can he actually become? He could be the best left-sided player in the world! He's got absolutely everything. He can run all day, he can play left-back or left midfield. He keeps running the length of the field and getting to the byline and crossing balls. I think he'll end up as a leftback because you can't mark him there.

Is there anything that opposition managers can do against Bale? You just can't stop him! Sometimes, when he's playing wide, the full-back can get very close to him and stop him that way. But that's it.

Is he a new Ryan Giggs?
He's very different but
I think he can go on and
be one of the great players.
It's just amazing how he's
developed. He's a lovely lad,
he's toughened up – he was
a bit soft last year! But he's
got tougher and now he's
pretty amazing!

So you've got high hopes for him? Yeah, I think leftback is probably where he'll finish up, and there wouldn't be a better leftback in the world!





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We've played the game of the year, start to finish. And...

ast week, our chums at Activision invited us to a secret, covert venue to take on a secret, covert mission (play Call Of Duty: Black Ops), with a crack team of expertly trained ninjas (some games journalists). This was the only access anyone had to the title before its launch today. And here's our world exclusive review. What happens? From a covert assassination attempt on Fidel Castro in Cuba, to a Russian labour camp mine, to operations in a Kazakh space-launch facility, taking a hill in Vietnam and infiltrating a Ural Mountains

enemy complex, you essentially shoot people in the face. For about eight hours. Then, of course, there are months of multiplay. And zombies. Sweet, sweet zombies. Highlights: Charging out of a 1963 labour camp with a chain oun called "death machine". Destroying a Sputnik rocket as it launches with a guided missile. Rappelling into a Vietnamese building from a 'copter as it ditches following a rocket hit. Verdict: A cracking conspiracy theory with eye-poking graphics, stunning set pieces and pin-sharp shooting make this, yes, better than Modern Warfare 2. Oh yes. We went there. ★★★★



UP-CLOSE COMBAT! Microsoft's new PC impressed no one

The COD star-o-meter

EXPLOSIONS: *****
TORTURE: *****
WEAPONS: *****
DANCE CHALLENGES: *
MULTIPLAY: ****
WORLD TRAVEL: ****
TOONY ANIMALS: *
ZOMBIES: *****





*when you trade-in 2 of these games













Don't have these? Don't worry, see in-store for more trade-in titles.



Buy in-store

or online at blockbuster.co.uk



Nuts NEWS



Amanada Righetti

n 2002 movie Angel Blade

Any fan of Five's fine cop show The Mentalist will know Amanda's work. But new to their eyes will be her chest, from low-budget, non-Oscar-winning horror flick Angel Blade.



The twinkle-toed Spurs left-winger of lady news!









THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!

Rio Ferdinand: "You've given it! You've got to give the goal! You've given it!"



MAN UNITED VS SPURS Old Trafford, Sat 30 October, 7.09pm The United captain makes sure Nani's goal isn't chalked off.



WOLVES VS MAN CITY Molineux, Sat 30 October, 3.38pm Toure tells Adebayor to cool it when he loses his rag with Vincent Kompany.



Steve Bruce: "It's all in the middle of the park! There aren't enough passes going wide!"

NEWCASTLE VS SUNDERLAND St James' Park, Sun 31 October, 2.41pm The Sunderland boss rallies his side during their Toon defeat.



MAN UNITED VS SPURS 7.18pm Fergie sympathises with Harry Redknapp after the full-time whistle signals a 2-0 defeat for Spurs.



BOLTON VS LIVERPOOL Reebok Stadium, Sun 31 October, 5.22pm The Norwegian berates the linesman after failing to win a throw.



Carrenarkably unscathed!

used to play as a kid where you'd spin around for ages to make yourself dizzy?

That's how Alexandre Premat must've felt when his Audi A4 was sent whizzing through the air during a German Touring Car Masters race in Italy. It only took an annoying little clip from the car behind to send his vehicle into this spectacular death roll.

emember that game you

Amazingly, the Frenchman calmly walked away from the incident with only minor injuries, despite his smashed up motor hitting the protective barrier and landing upside down. Like a tenderised turtle.

See footage of the crash at www.nuts.co.uk/news



Meet driver Alex Premat

Mon dieu! This fancy French racer lived to tell the tale!

irst, how are you after the crash? I'm fine now, but my ankle is badly bruised.
What do you remember about the crash? It was on the first lap and it was very wet and slippery. My tyres were still cold and there wasn't much grip. I got clipped from behind and it pushed me onto the grass.
Did you suffer any injuries?
Only a bruised ankle! I smacked it against the steering wheel as

I repeatedly hit the ground. The cockpit was getting smaller and smaller every time I hit the grass because of the impact. It felt like I was spinning forever!

What was going through your mind as your car was flying through the air? I was thinking please stop! When the car did stop spinning, it ended up upside down! I managed to move every part of my body to make sure I could feel my arms, legs and

neck. Then I took my seat belt off and just got out of the car! Is this the worst crash of your career? I've had a few crashes in the past but this is by far the worst! I'm just happy to be alive! Finally, will it be on your mind in the future? I'll forget about it because I came out without an injury. In the past, the driver of a crash like this could've died, but the cars are very safe these days so you can move on.



Blow India's top off! We'll show you how!

haps, this lovely photo of India is, in fact, the future. You hold in your hand *Nuts'* first ever page to feature
Augmented Reality, or AR.

AR is a truly awesome thing. You can literally blow India's top off using this amazing interactive feature – and all you need is a webcam and a microphone to do it! Here's how to make that top vanish, as if by magic...

How to...

- **1:** Turn on your webcam.
- 2: Go to www.ar.nuts.co.uk 3: Follow the instructions
- you'll find there.
- 4: Hold the page up to your webcam. Blow India a big kiss into your mic – and watch her top fly off!





Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



'My leg was 'gaping open!'

Footy tackle splits unlucky bloke's thigh!

e all love a kickabout, but one particular tackle left Ben Eldred with a hole in his leg wider than Russell Brand's smile on his wedding night!

"I was just playing a regular game of seven-a-side when I got a knock to the thigh," the telesales worker, 26, from York tells *Nuts*. "It put me down, but I got up and carried on playing.

"Two hours later, my leg had swollen up to twice its normal size. I went to hospital and they told me I had compartment syndrome, which is when all the muscle and blood compacts and swells up. I could have lost my leq!

a bit close

"The surgeons opened me up and left my leg gaping for two days to drain the blood. Luckily, I'm fine now and I'm looking forward to playing footy again!"

Win £1,000

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

Nuts GEAR













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YOUR LETTERS

Send 'em in and make us laugh!

Send your Letters to **nutsletters@ipcmedia.com** or to the address on p60

Golden moment

Dear Nuts.

At the recent Golden Joystick Awards, I managed to get my picture with Leah Francis and Jordan's ex, Dane Bowers.

Lee Brown, via email

We hope you told Dane to step aside – we like Leah more!

Come offit

Dear Nuts.

My mate in Australia sent me this. It certainly made me chuckle.

Ollie, Manchester

Isn't it amazing what you can buy in sachets nowadays?







Dee-lectable

Dear Nuts,

This is me (on the left) and my friend Jennifer out and about in our *Nuts* gear!

Becky Dee, Cardiff

And this, gents, is why we're all moving to Cardiff tomorrow.



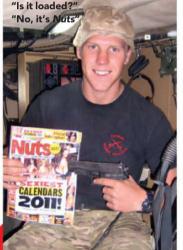
East-friender

Dear Nuts,

I bumped into Billie and Leon from *EastEnders* at the Emirates! Both of them were really nice lads, too!

Dave Stow, Essex

Glad to hear it, Dave. Did they ask you to watch their stall?







Gun for gear

Dear Nuts,

Send me out a *Nuts* T-shirt or the magazine gets it!

Luke Lovell, 22 Engineer Regiment, Camp Bastion, Afghanistan

Don't spoil a perfectly good mag! The T-shirt's on its way!

spend at PLAY.com

Send your letters, hilarious spam

pictures and camera phone cutie

shots to: nutsletters@ipcmedia.

address on p60. The sender of the week's best letter* will win

£100 of vouchers to spend at

play.com, the UK's favourite online entertainment retailer, with big savings and free delivery on everything. Visit www.play.com for great

deals on DVDs, games, CDs,

digital downloads, books,

electronics and more!

Win £100 to

com or post them to the

A spice rack

Dear Nuts,

I decided to get a bit creative with my local Co-Op's spices.

Anon, via email

And by "creative" you mean "downright filthy"!



Bursting with all the best gags, every week!

Send your jokes to nutsiokes@ipcm

SHORTJOKES!

Q: What's the difference between a kangaroo and a kangaroot?

A: One's an Australian animal, the other's a Geordie stuck in a lift

Alan Wateridge, Redhill

Cannibals... they are what they eat

Is it any wonder that **homeless** people are so poor when all they ever ask for is small change?

Freddie Shaw, Bolton

I was at this party and everyone was queueing for this mixed fruit beverage. **That was** the punch

Simon Hall, Bristol

Just went to the doctor's with some grass and trees growing out of my head. Turns out I've

> got a beauty spot Oliver Taylor, Liverpool



Two piles of vomit are on the floor talking to each other. One lump starts to get a bit annoyed with how the other pile of sick is speaking to him, so he says, "What's with the attitude, mate?"

The other pile of sick replies, "Sorry, it's just how I was brought up!"

James Lowe. Blackburn

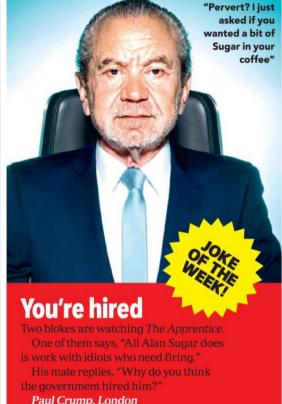




Table manners

A fella's on a date with a girl when she asks what kind of lover he is.

He says, "To me, being in bed with a girl is all about the girl. It's about knowing what it is that she likes, what turns her on, the discovery of her body, knowing how she

Win a year's subscription to Sky!

To celebrate the launch of Feasters All Steak Pie, the sender of this week's best joke* wins a seven-day supply of Feasters' Good and Ready snacks, along with a year's subscription to Sky! Send jokes to nutsjokes@ ipcmedia.com or to the address on page 60.

FEASTERS REAL





edia.com or to the address on p60

likes to be touched and kissed. And it's all about waiting. Waiting for her to build up her pleasure and showing patience so that she reaches orgasm. In fact, my pleasure is secondary and my orgasm irrelevant."

She leans into the man and looks into his eyes, when she suddenly notices his arm and says, "Are you knocking one out under the table?"

Pete Coleman, Norwich

Girl talk

A man reads an article to his wife about how many words women use a day: 30,000, compared to a man's 15,000.

His wife responds,
"The reason has to be
because we have to repeat
everything to you blokes!"

The husband then turns to her and says, "What?" Stuart Davies, Wales



Bucking wife!

A bloke and his wife are playing Buckaroo when he needs to go to the loo. He goes upstairs and shouts down to his wife to put the kettle on. Minutes later, the chap comes back downstairs to find she's broken the game and the carpet's soaked in water.

Sam C, Merstham

FAMOUS BLOKES' JOKES'

GREG DAVIES:

"The most dangerous room in my house is my bedroom.
Nothing to do with me, I keep a puma in there!"

MILTON JONES:

My grandfather's always going on about how people could leave their back doors open in the old days. Which is probably why his submarine sank!"



JIMMY CARR:

"One in three Scottish girls are obese. As are the other two!"

MILES JUPP:

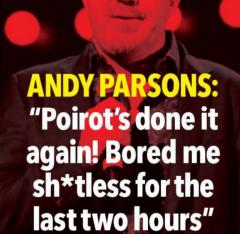
"I went to a nightclub recently and the people in there were jumping around like crazy. At one point, my cup and saucer were knocked clean out of my hand."

MICHAEL MCINTYRE:

"I flew into
Dublin airport
the other
day and an
Irishman said,
'What's the
story?' I turned
to my wife and
said, 'Have you
got any stories?
Apparently,
we need one
to get in the
country!"

ANDREW
LAWRENCE:
"When people
find out you're
a comedian
they ask you
for a joke.
You don't get
people asking
cleaners to
empty their

bins, do you?"

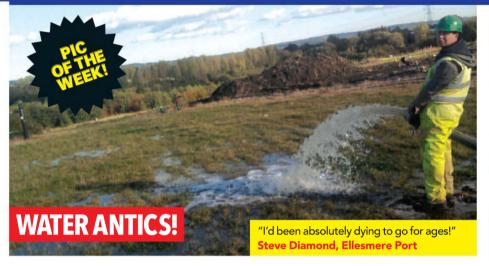


PHOLOS: CAMERA PRESS, ALAMY, FAMOUS, ALL STAR
*FOLTOR'S DECISION IS FINAL TERMS & CONDITIONS ON PAGE 60 APPLY

Text 'Nuts' and your picture to 0771 388 8008 (texts are free

Seen something daft? Snap it, send it in and win £100!

but standard network charges apply*). Pic Of The Week wins £100 cash!** T&Cs on page 60.





"OK, I should've moved my head slightly to the side!" Anon, via text



mustard would smart a bit!" Anon, via text



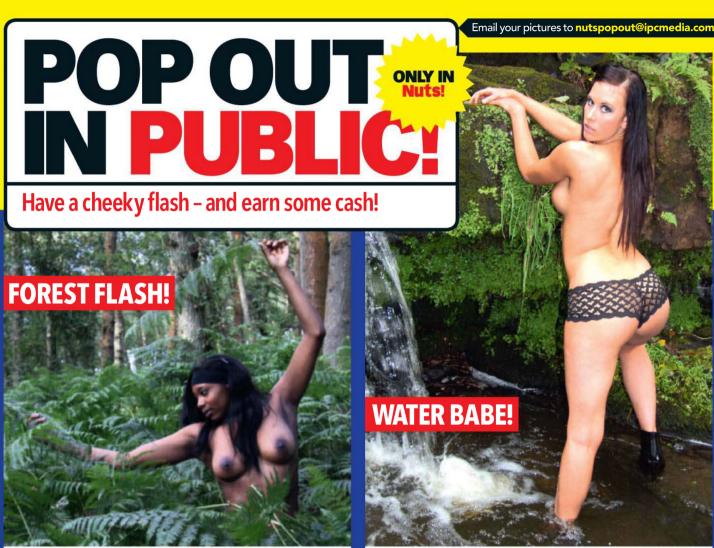
"I'm afraid me and my mates just couldn't resist." Anon, via text







30 Nuts



STEFF 21, from London
"I like to get out to the countryside whenever I can!"

116 4



"I had to get my feet wet for this one – but it was worth it!"

ALLISON 25, from Bolton

TEAGAN 24, from Bournemouth
"Me being cheeky outside my local pub!"



EJAY 21, from Leamington Spa
"Me in Bradgate Country Park, giving them an airing!"

- 50 BEST NEW STAN

New pants at the ready, chaps, because this lot will have you soiling

FRANKIE BOYLE 1.Cricket is, of course, practised in Scotland as a homosexual martial art

- 2. If Susan Boyle was the last woman on earth, I'd use her as bait to trap a wild animal I'd be happier f**king.
- The audience last night were horrific. I felt like putting out a public service announcement saying, "In the event of a fire, you'll all be better looking."
- 4. I'm all in favour of the full-length burga as it allows me to masturbate in Tesco
- 5. Wayne Rooney has just had a baby. He must have been an asset at childbirth – "Look, Coleen done a poo with a face!"

Frankie Boyle's If I Could Reach Out Through Your TV And Strangle You, I Would is released on 15 November on Channel 4 DVD

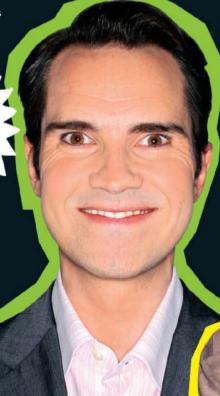
- 6. Do women know that drinks cost money? If you're an ugly chick, you'll know that drinks cost money!
- 7. Lesbians, if you hate men so much. stop trying to look like one. You never see a Jew dressed as a Nazi
- 8. It must be awesome being in a gay relationship because if your partner is being a d*ck, you can punch them in the head!
- 9. My birthday's on Valentine's Day, so even on my birthday I'm buying some bitch dinner.

10. How do blind people wipe their ass?

Jim **Jefferies' DVD** Alcoholocust is out now

MANAMA JIMMY CARR

- 11. I came home the other night and my girlfriend was dressed up as a French maid. I was very disappointed. The house was a f**king state.
- What's the hardest thing about rollerblading? **Telling your parents** that you're gay
- 18. When I'm cooking, I always make sure that there are vegetarian options. They can make do, or they can f**k off.



D-UP GAGS 2010!

yourself into the middle of next week!

14. Anyone who says I'm homophobic can suck my c*ck. As long as it isn't a fella 'cos that's not natural.

15. Women have a go at men because we're no good at multitasking, but then you have a go at us when we p*ss in the shower!

Jimmy Carr's Making People Laugh is out now on DVD

BILLY CONNOLLY

16. I've got a tattoo of a heart with two ribbons on it. One savs "Pamela" and the other says "Dec 4th 2000". That was the day I forgot my wife's birthday

Billy Connolly Live in London

RHOD GILBERT 17. Why would I want to delay the start of a washing machine? In case a pair of sh*tty pants come into fashion?

18. I went to buy a simple Hoover. The bloke in the shop tried to sell me one with variable suction power. Has it ever occurred to you to use anything other than full power when you're hoovering?

19. My dad put my horse down. She said, "It's the kindest thing." I said, "He used a lawn mower"

20. Panic buying? At times of panic, people do not go shopping.

21. My doctor started having a go about my diet. "It's no wonder you're depressed," he said. "You are what you eat." I said, "Well, you want to lay off the tw*t pancakes, doctor."

Rhod Gilbert's The Cat That Looked Like Nicholas Lyndhurst is out to buy on DVD from Monday

ROSS NOBLE

22 I got into an incident with a deadly brown snake in Australia. Doesn't sound deadly, does it? The viper! The cobra! The brown snake.

23. The midwife said to me, "You must be so proud." I said, "No, the baby's not done anything yet"→

Ross Noble's Things is out to buy on DVD from 29 November





JOHN BISHOP 24. I don't need an induction for the gym. I know if I get on that boat over there and start rowing, I won't go anywhere

25. No one can explain why we get hairy ears. Why is it just men? I've never met a woman with hairy ears, and I've been to St Helens.

26. My personal trainer called me up and asked if I wanted to have any more one-on-one sessions. I said "Do I sh*te! I can't walk!" to which he said, "That's because

you've been exercising muscles you don't normally use." So I said, "I'm 42, if I don't use them I don't f**king need them!"

27. The internet's a wonderful thing, especially when you come home from work and everyone's in bed and you need something to help you relax

28. In front of my wife, I told my kids that porn is not what the internet's for. Well that's what the words said – my eyes were saying, "C'mon kids, take a bullet for your dad!"

John Bishop's Elvis Has Left The Building is out on DVD from 15 November

KEVIN BRIDGES

29. Destiny – that's a new name I heard the other day. Imagine calling your daughter after the nightclub she was conceived in!

30. You always had a mate during a water fight use a Durex Extra Safe condom. What was he trying to do? Put someone in a coma?

31. My dad's very "old school". He believes that using an instruction manual when building something is an admission of homosexuality.

32. Attempted murder carries a six-year sentence. Murder carries life. Why is it less? You should get double for attempted murder for making an arse of it!

33. I was in a fashion store and I asked to try a pair of jeans on in a 36-inch waist. The guy looked at me as if I'd sh*t in his kettle.

34. It's easy to slag off Lady GaGa but the guy does put on a good show!

Kevin Bridges'The Story So Far... Live In Glasgow DVD is out on 22 November

HotMags - Free Magazines

AL MURRAY

35. The key to chatting up women is to ask them what things they're interested in and then you pretend to be interested in them as well.

36. No one is worried about global warming because by the time it kicks in we'll all be dead!

37. The Pope needs to support Liverpool Football Club to realise the meaning of "faith being tested".

38. Men and women are different – that's because we're not the same and, therefore, we cannot be classed as equal!





39. If the **Eiffel Tower** symbolises anything, it's that the French had a load of scrap metal lying around and they didn't have sense to build a f**king battleship!

Al Murray, The Pub Landlord's Barrel Of Fun Live is out on DVD from 22 November

LEE MA(K

- 40. I joined a wine club recently. We meet at nine o'clock in the park every morning.
- 41. I like my women like I like my coffee. From the corner of the street and I'm not paying more than £2.50.
- 42. My wife told me to be romantic and bring home a bottle of wine and a DVD, then leave little notes around the house. So I came home with a bottle of Blue Nun, a porno and left a note saying, "Do not disturb!"
- 43. One of my kids is over-zealous, audacious. We went for a more traditional name with the other one - John
- 44. My son said he's worried about a Third World War. I said, don't worry, I've seen Comic Relief and I don't think the third world are up for it.
- 45. I've always wanted to kidnap the former tennis player Pat Cash so I could ring his parents up and ask if they want Cash back.

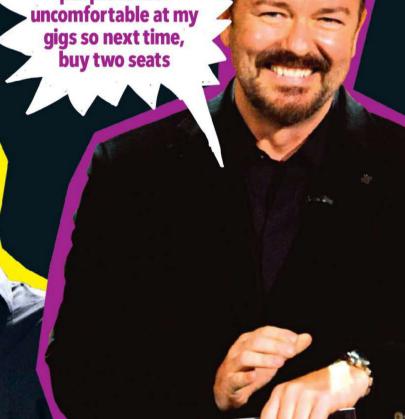
Lee Mack's Going Out is out on DVD from 22 November

RI(KY GERVAIS 46. I'm on painkillers at the moment, so if I start speaking like Kerry Katona, you'll know why!

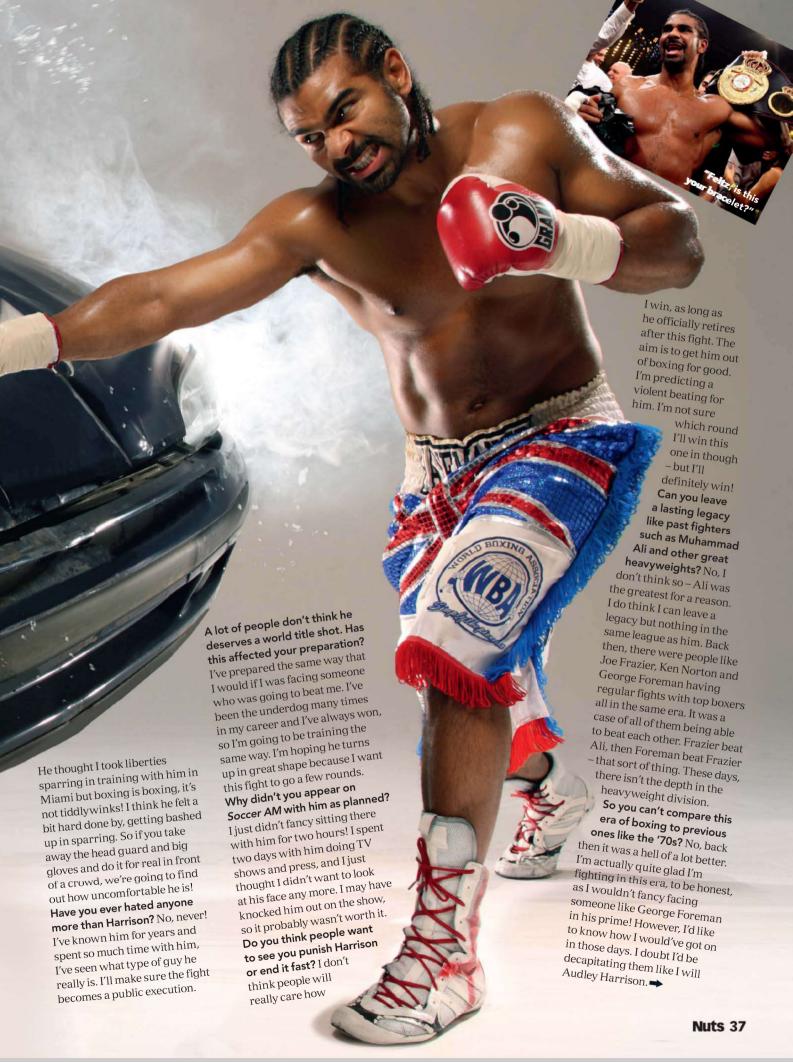
- 47. I'm going to finish off my world tour and then enter Britain's Got Talent because that's when the career really takes off. Just look at Susan Boyle - if you can!
- 48. People don't want to say the word "fat" any more. People say "big" girl. "You know Brenda, the big girl who sweats just standing at her desk?"
- 50. A fat woman was on a plane with me the other day with a bucket of food. How did that happen, food in a bucket? Then she turned to her friend and said, "This is the best fried chicken I've had all day!" ■

Ricky Gervais' Science is out to buy on DVD from 22 November

49. I don't want fat people to feel uncomfortable at my gigs so next time, buy two seats









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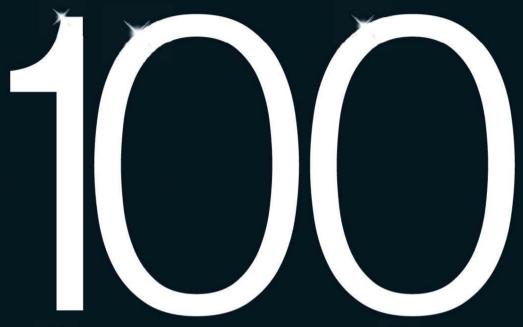
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very well. It was always going to be a challenge to bring many different players together so quickly, but I think you can say we have accommodated these excellently. We're challenging at the top and this was the objective when we started the season. But there have been whispers about Roberto Mancini's future.

The manager's doing a very good job. What other people say doesn't concern me. OK, but pressure comes with

expectation. Is it too high for City? We're professionals so we expect success from ourselves. And it's understandable why

It shows we're progressing and building the club into one which will be special in future years. Will anything other than winning the title be a failure, especially after all the money City have spent? I always say this is a project which may take time. This isn't to say we don't want to claim the title this season! We have a passion to be champions but we also must be patient. You've confessed to being homesick. Does this mean you'll end up leaving City to go back to Argentina? Of course I'll leave at some stage but maybe I'll be an old man when I do!

been fantastic to me and England is a wonderful place to play football. Who knows the future? A lot can happen in sport but at the moment, I'm happy here. Thanks for the chat, Carlos! Final question - are City now the biggest club in Manchester? I cannot say that! United have had many years of success and won many trophies. They're also famous around the world. We're only at the start of our journey. We want to be a huge club that's known for winning many titles and winning the Champions League. When will this happen? Very soon, I hope!









fter the battering Spurs gave Inter Milan in the Champions League last week, you'd think their manager Rafa Benitez would have enough to occupy his time without getting involved in the situation at Liverpool. But every time Rafa opens his mouth, he seems to be having a dig at his

He only signed two good players: Torres and Reina"

former club and current boss Roy Hodgson. Not only do I find some of the things Rafa's been coming out with recently hugely disrespectful, he doesn't seem to have learnt from his time at Anfield, where he was repeatedly found lacking.

Let's get one thing clear – while Benitez did well to win the Champions League in his first season at Liverpool, he did it with Gerard Houllier's team. And after that, he made a pig's ear of things. He dismantled that cup-winning side and went on

to make disastrous signing after disastrous signing, with only Xabi Alonso, Pepe Reina and Fernando Torres as notable exceptions. He spent more money than any side outside the top three, and Roy Hodgson is now trying to pick up the pieces.

And yet Benitez has the audacity to criticise him and tell him he doesn't know what he's talking about! Liverpool fans are proper football people. They know the game inside out, and that's why the majority of them are willing to give Hodgson

a chance to sort out the mess he inherited from Rafa. They've started to turn the corner on the pitch now, and the new owners seem to have sensible ideas on how to take the club forward. It'll take time to restore the good name of Liverpool Football Club, but it can be done.

One thing they can do without is the man who caused the problems in the first place constantly sticking his oar in during every press conference he gives. Time to concentrate on your own team, Rafa!



Turkey last week.

The goal by Nani against Spurs last week was down to the ref's assistant, who should have flagged as soon as the United winger handled the ball.

ASK KAMMY!

Hi Kammy! Do you think lan Holloway was right to have a go at the Blackpool fans after his side struggled to put away nine-man West Brom last week?

Danny B, Lincoln

Football fans can be so fickle sometimes! Blackpool supporters need to remember how they felt when Ian got their team into the Premier League back in May, and who'd have thought they could

be in the top half of the table? He's worked wonders for that team – and the whole town.

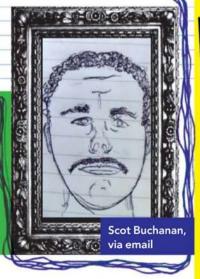


DRAW KAMMY!

That's a good effort, Scot! Keep your drawings coming in folks!

Kammy needs you!

Send Kammy your jokes, pics etc to kammy@ipcmedia.com. The sender of the best one each week will win a signed Nuts T-shirt!





2 EVERTON VS ARSENAL 14 NOV, 2PM, SKY SP 1/HD1

"Arsenal have ground out some good away results this season, but Everton have a never-say-die spirit, as we saw when they faced Man United at home."

KAMMY SAYS: 2-2



Nuts EXCLUSIVE!

i Lewis! The F1 season's

Lewis Hamilton!

The F1 ace on Red Bull, The X Factor and why he won't wear Y-fronts!

coming to an end. Has it not gone as well as you expected? I think it could always be better. I've had some very tough races. Generally, though, we've had some pretty positive races and it's good to still be in the fight at the end. I'm surprised we're even still there! Your hair's looking quite short. Is that a weight-saving measure? Ha-ha! Yeah, I'm trying to save all I can! Really, though, I'm away for two weeks now and I have my barber in the UK, so whenever I get the chance to see him, I do. I saw him last night at midnight.

I have one guy who cuts my hair he's been doing it for eight years! How are you going to stop Red Bull next season? It's incredible how quick their car's been lately - we don't even know where they pick up the pace. We're always improving the car like they are, but they seem to do something that enables them to pull out another half-second - it's unbelievable! So all we can hope is that our race pace is not far off theirs. We feel it's all about the race start, getting ourselves in second row-if not first-and jumping in at the start or having to hope they have their faults.

Do you play any racing games? I play more shooters, though.

house. It's in the bathroom, ha-ha! No, I don't know if it's in the bathroom but we do have it. My dad keeps all my trophies at the moment until I get a house. I haven't got a room for them! We expect the championship trophies are somewhere at the back and ours is right at the front, yeah? Ha-ha! Yeah! What's your favourite Pussycat Dolls song? I think it's probably When I Grow Up. Actually, no, that's a lie, it's Don't Cha.

"I've tried to wee in my race suitit's impossible!"

Is that because when you first saw Nicole, you thought, "Yes, actually, I do wish my girlfriend was hot like you!"? Ha-ha! Yeah, something like that. That one's always been my favourite.

She did well on The X Factor this year. Were you watching? Yeah, but I live in Europe and we don't get it in Switzerland. I don't have international TV yet, but I watch it online and she sends me any links of the show that she has, so I get to watch it a little bit. Did she tell you any stories from her time on the show? She loved it. People won't realise this but she gets incredibly nervous for her shows. It's because she's got such a will to succeed and a will to achieve the best. She said she got on so well with Simon and Louis, and she just seemed to love the whole thing. She's such a funny person and everyone got her humour as well, which I'm sure she'll be happy about.

If you went on The X Factor, what would you sing? I'm trying to get my uncle to go on because he's the most tone-deaf person I've ever heard and it'd just... I'd literally pay for him to go on it!

He couldn't be much worse than Wagner. I don't like watching good people. I like watching all those terrible people. I feel like going up there and doing a joke one. Like walk out on stage, big myself up and tell everyone I was gonna smash it out of the park, then... [wails tunelessly and starts laughing]. I'd do Bad by Michael Jackson and kill it. Can you do the moonwalk? Not in these shoes, no! I can do the spin and the kick, though. Will you show us? No!

You're all talk! Back to F1, how has your relationship with Jenson Button come on this year? It hasn't changed. I mean, we know each other a lot more but from day one, we've got on so well and work really well. He's been a great team-mate to have. It's been a great privilege working with him and we're both looking forward to next year.

We've never seen you out of your race suit. What do you wear underneath it? Lucky Y-fronts? I definitely don't wear Y-fronts! My friend calls them budgie smugglers, they're just not comfy. I like to wear a lot of tracksuits. Thanks, Lewis! Finally, when we were doing a lap to try to beat your time in the go-kart, we needed a wee, so we went in our suit. That's what you guys do, isn't it? I wondered what that smell was! A couple of drivers have done that. I've heard that DC [David Coulthard] has done it. I've tried, but it's impossible! You're so focused, plus you're strapped in quite a lot. You'd have to take your concentration off driving for a good period of time and that's the last thing you want!

Lewis Hamilton was speaking at a Vodafone VIP event. For more, visit www.vodafone.co.uk/vip





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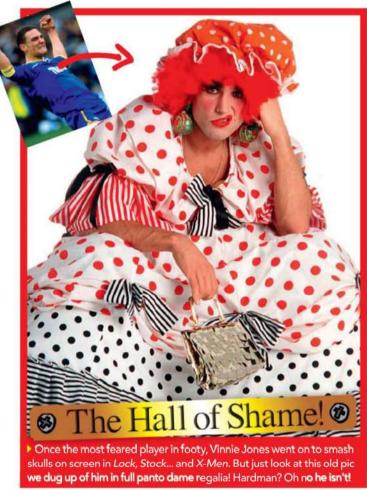
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NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport! Send pics, Chants etc to tim_bradley@ipcmedia.com







We all know that boxing is a sport that hurts a lot, but even we had to wince when we saw the state of Avtandil Khurtsidze's mug after getting a crack off French fighter Hassan N'Dam! Sit down, son!



This has to be one of the nastiest tackles we've ever seen! Barca keeper Victor Valdes flies knee-first into Copenhagen striker Dame N'Doye, smashing him right in the swede! N'Doye was knocked out cold. Ouch!

Another lesson for any Aussies reading: we're harder than you. Don't believe us? Check out England rugby league star Sam Tomkins against the 'roo-munchers recently: it took three of them to put him down. Ace!



Nuts SPORT

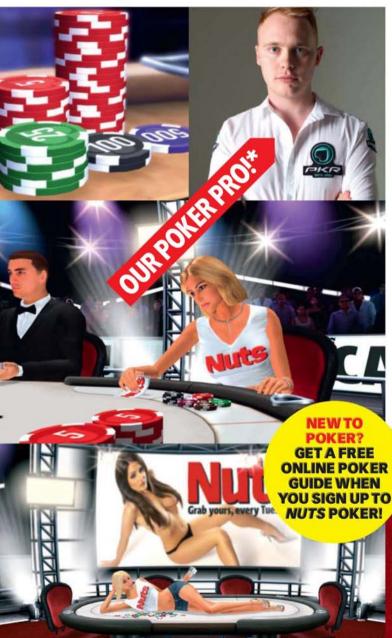
MAN-LYVE CORNER!







Top tips to play poker like a pro! Expert advice on how to win



big in the Nuts poker room

1 DON'T BLOW YOUR WAD!

Be cagey with your cash and only lay bets you can afford to lose. Don't put yourself under pressure by raising the stakes to chase your losses - you'll play worse when you're scared of losing. If you think you're the weakest player at the table, it's time to bust a move and drop down a level.

2 LAY OFF THE BOOZE!

Sinking cans while playing "heads up" poker at home with the lads might be a bit of fun, but when you're playing chaps online who are only out to nab your cash, you need to keep a clear head!

3 CHOOSE YOUR HANDS!

While the big guns of the game might be able to play any two cards with skill, you'll need to build your confidence and protect your bankroll. Choose only the best starting hands to gamble with, and if you hit something big on the flop, bet hard!

4 PLAY TAG!

We're not talking playground here - to roll with the sharks, you need to play tight and aggressive. Be selective, then when you think you've got the best hand, go big.

5 STAY COOL ON THE DRAW!

If you've got a straight or a flush draw, don't keep calling bets just to see if you hit. If you're not getting the correct odds, just fold. And remember to draw to "Nut hands" (Ace-high flush) rather than low hands (7-high flush) as even if you hit your low flush, you may be beaten by a higher flush!

6 ASSUME THE POSITION!

Play moves clockwise in poker. The worst position is the small blind spot and the best is the button. If you're right of the button, you see what everyone has done before it's your turn to act, so it's the best spot to go for it and play most of your hands.

7 GO EASY WITH THE BLUFF!

Starting out, most players like to see what the other player is holding, so they call a lot more than they fold. This means people will call your bets more than they fold to them. So don't bluff too often or you'll get found out!



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QUOTE ME ON THAT!'

This week's biggest match debaters!



"We had three or four players today. To win games, you need seven or eight"

"Some of the Man United players looked like dogs with balloons"



"I heard I was world number one golfer when I was in Sainsbury's buying rubber gloves and potatoes" Lee Westwood has

"QPR are talking about getting Lippi. I thought they already had a lippy manager" Dave Jones on Neil Warnock

"Even if you're Miss World, if I have to say 'f**k off' to you, then that's what I'll say" Spurs' Benoit Assou-Ekotto isn't shy.

"Ashley
Cole is
just like
Seb Coe,
only a
different
colour"

So not just like him, Carlo Ancelotti.



"Alex
Song's
haircut
doesn't
help him
at all
Arsene Weng
isn't a fan



'00-ER SOUNDS A BIT RUDE' CORNER!



"Cole will let you come inside without challenging you"

Charlie **Nicholas** on the **Chelsea** left-ba**ck**. "It can really hurt when you get taken from behind"



"Andy tidies his room and goes to bed at 11. It's like having another kid in the house" Kevin Nolan on team-mate and new housemate Andy Carroll.

of blonds.







Nuts PROMOTION

But where's the single player?



Don't panic, the campaign mode's still here, and it's better than ever! Ubisoft have spent a huge amount of time and cash on multiplay, but that doesn't mean they've skimped on the main campaign. There's still the kind of deep and involving (and hour-gobbling) missions to play through, now involving new settings, new assassins and new kills. It's still first and foremost a single player experience, and it's going to rock!

Answer question! Win stuff!



As if the expectation of playing this game wasn't prize enough, our chums at Ubisoft have dug deep into their pot of gold with "Compos" scribbled on with a crayon, and are spoiling us with a top giveaway! Up for grabs are a copy of the game (natch!), a shiny new PS3 to play it on (sweet!) and a brand new Panasonic TV, so you can see the game and everything!

Entry's simple – just cast your peepers on the game trailer and tell us; Where does the dust-up at the end of the movie take place? Simply email your answer to Brotherhood@ipcmedia.com.





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ONLY IN Nuts!

Kelly

33, Hampshire, health worker "A man can make himself more attractive by keeping his hair groomed and dressing well!"

Charley

20, Surrey, beauty therapist
"My best feature is obviously
my 30H boobs! I've got a really
great bum as well, though!"

Stephanie

19, Shropshire, beautician "My sexiest outfit would have to be a sexy little black dress paired with some killer heels!"

Julie

27, Hampshire, receptionist "A saucy night with me means a sexy outfit, no knickers and a Sharon Stone-style flash!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

REAL GIRLS, Nuts! REAL PLACES!

THIS WEEK:

Name: Daisy Jade

Age: 22

Boobs: 34C. "I love them!" Likes: "Bad boys." Ever kissed a girl: "No!" Strangest place you've

High Wycomb

had sex? "In a car!"

Sex tip: "Pull my hair!"

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 60. You must be at least 18 years old.

Daisy Jade's dishy guide to Wycombe

Nuts meets a Bucks beauty! Daisy Jade

HELLO!

Daisy Jade on... her home!

PHOTOS: ELLIS O'BRIEN

"We're in Wycombe, halfway between the country and the city! The only place to go is our local – we go there every weekend. We're town rats!"

Daisy Jade on... sleeping!

"I go to bed late and I have to get up early for my job. I don't need much sleep – I eat a lot of sugar so I'm always a bit hyper! I'm a cuddler in bed."

Daisy Jade on... keeping fit!

"I can't be bothered to exercise at all! Well, I do Wii Fit and Wii Dance – does that count? I must have a high metabolism because I eat so much rubbish!"

HotMags - Free

Daisy Jade on... getting ready!

"It takes me hours to get ready.
I have a bath, do my hair – that
can take ages – make-up and
tan, and choose something to
wear. It takes forever!"



MAN UP, BRUT STYLE!

Gentlemen, we should all smell better. And with BRUT, you will!



here are certain things that sort the men from the boys.
Have you ever chopped wood? Can you change a tyre? And more importantly, do you own a bottle of BRUT? If you're the type of bloke who likes a bit of *Glee* on a Friday, grab your poncey aftershave and don't let the door hit you on the way out, 'cos nothing says "man" better than the iconic classic smell of BRUT.

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BRUT's got a quality history to boot. Proper men like Henry Cooper, Gazza and even Kevin Keegan have all been BRUT ambassadors, and for good reason – 'cos they're real men! And talking of real men, BRUT have joined forces with the charity Help For Heroes, and are privileged to be a part of their campaign to help those proper men and women who've fought for our country, and get them back on the road to recovery.

And if you want to take your level of manliness up to the max, head over to our online assault course game and you could be well on your way to driving a tank. It doesn't get much more manly!

There's no messing with top notes of this, and base notes of that – get your hands on some BRUT and leave a trail of women in your wake. Come on, chaps, get some brute force behind you!

For more information on BRUT, check out **brutformen.co.uk** BRUT is available at most major retailers nationwide.



HotMags From Magazines





'Two girls asked me to join in'

After a hockey game one Saturday, I hung around by the pitch for ages chatting to one of my mates. By the time I wandered into the changing room, it was completely empty. As I undressed, I heard noises coming from the showers, so I peeked inside to find two of my team-mates at it. I was quite turned on to see two girls kissing and touching each other. They spotted me, giggled and told me to get lost or join in. As I took my top off, one of the girls came over and started taking down my trousers, then she started to suck on my breasts as the other began kissing me. One girl put her hand between my legs so I did the same to the third girl. We spent an hour playing around in there and now I can't wait to go on tour! Jasmine, Colchester

'I gave him a cheeky lick'

We went to a fancy dress party with my boyfriend's pals for Halloween and I wanted to look sexy as well as scary. I dressed as a killer nurse, with a tight PVC outfit covered in blood. My boyfriend couldn't take his eyes off my curves all night. In the cab on the way home, his hands were all over me, and he seemed to really enjoy the feeling of rubber. We sat almost facing each other,

kissing and whispering naughty things. I felt his hand slowly going up my skirt and I instinctively glanced at the driver's mirror to see if he was looking. Feeling confident that he couldn't see, I slipped my hand in my man's jeans and wrapped my fingers around his hard manhood. We got pretty carried away for a few minutes, until I realised that the cab had suddenly slowed down to a crawl and the driver kept turning around to watch us!

Harriet, Staffs

'I forgot my knickers'

I was in a rush getting ready for work one morning and I put my sexy pencil skirt on and pulled on some hold-ups. The new sexy supervisor was in charge that day and I really wanted him to notice me. Glancing at the clock, I realised I was super-late and raced out the door. Arriving at the office, I realised I'd forgotten to put my knickers on but thought I could use it to my advantage. When the boss called me into his office to photocopy some pages, I deliberately dropped them in front of him. I slowly bent down to pick them up, making sure he had a good look. At first, he looked totally shocked but then he gave me a big grin and stood up to show me his arousal. After some quick fondling, he bent me over his desk. Pulling my skirt up roughly, he slid in behind me and took a firm hold of my hips. We did it hard and fast until he came

with a loud and aggressive grunt. Since that day I've "accidentally" forgotten my knickers on more than one occasion!

Morgan, Bromley

'We got naked in the sea'

I was on holiday in Thailand with four girlfriends and one night, after a wild party on the beach, we decided to all go skinnydipping in the sea. We were soon spotted by a group of guys who we'd met the day before. It took them no time to race into the water, bits flapping everywhere and white bums on show! We all started flirting with each other and splashing about in the warm water. I really fancied one of the guys and I could see his erection growing by the second. We got more and more playful and I couldn't resist a cheeky grope. He pulled me towards him and I continued stroking his shaft as we kissed each other passionately. His hands were suddenly all over me and as I glanced around, I could see that the other girls were getting it on with the lads too. It was a really horny experience and God knows what the rest of the people on the beach thought!

Amy, Romford

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on page 60. The best one each week* wins £50! Come on, girls!

Nuts REVIEWS



SONIC COLOURS NINTENDO WII



A bit of a return to form for the speedy Hog after his bizarre foray into action adventures. Now he and his chums are bombing through an action-packed amusement park at the usual rate of knots, collecting rings and bashing enemies. Just like always. If you're not a Sonic fan, you'll probably be nonplussed. But if you are, you'll be breaking out the cheers. ***



FIGHTERS UNCAGED



Beat-'em-up that attempts to turn you into a Thai boxer – with some success. It's definitely a good workout! ***



DANCE CENTRAL



Dancing game made by the original *Guitar Hero* chaps that works incredibly well with the controller-free system. Ace! ***

APPS!



TUNEIN RADIO



An essential app that gives you access to over 40,000 radio stations from all

around the world. Now that's one hell of a lot of jingles! ****

GYROSYNTH IPHONE 4, IPOD TOUCH (4TH GEN)



Download this app and you can make sweet music (or otherwise) just by

moving your hand rhythmically through the air. Nifty! ★★★





JIM JEFFERIES – ALCOHOLOCAUST CERT 18 DVD



"I like living in Britain because my alcohol problem isn't a problem here!" Prepare to die laughing as Nuts' favourite Aussie stand-up goes to the darkest places à la Frankie Boyle, having a potty-mouthed pop at war and relationships – to be honest they're the same thing to us. He's once again both funny and offensive. Cracking! ***

24 CERT 15 DVD



Terrorist-bashing hero Jack Bauer (Kiefer Sutherland) endures the last of eight breathtaking days in this final season.

JIMMY CARR: MAKING PEOPLE LAUGH CERT 18 DVD



Need a new fix of side-splittingly rude jokes? Well, there are over 250 here in this hilarious set from the snappily clad comic. ***

BLUE MOON RISING CERT 12 DVD & BLU-RAY



Brill docu following seven Man City fans as they support their team home and away in a battered camper van! A must for footy fans. ****

MUSIC!



VARIOUS ARTISTS



On a retro-electro trip this week, the Ministry serves up 60 chunks of synthsilliness. Frankie,

Human League, Erasure and loads more. Wahey! ★★★

SUSAN BOYLE



Oddball Scottish lady singer murders other people's songs and solves all your Christmas-

gift-for-mum problems in one go. Cheers for that, SuBo! \star

76 Nuts



SKYLINE CERT 15

Absurdly awesome B-movie alien invasion nonsense that's as silly as Megashark vs Giant Octopus. Mammoth extra-terrestrials threaten to wipe out mankind, sucking peeps off the face of the

earth. Don't look at the light! We love the bits where massive aliens shoot their suckers at helicopters and stomp on the heads of idiots who should have stayed indoors. People never learn! ★★★



see paddypower.com for full conditions. New customers only. Free bet stake not included in winnings gambleaware.co.uk

WE ARE WHAT WE ARE

Fancy a Mexican? When dad dies. a family of cannibals are forced to fend for themselves on the dangerous streets of Mexico City. Limb-rippingly gross! ★★★

-BACK SPEC HAT THE OTHERS SIMPLY JUST CAN'T OFFER!



Nuts

Seven days of brilliant telly for blokes!



BBC

6.00am Breakfast 9.15 Remembrance Week 10.00 Homes Under the Hammer (R) 11.00 Cowboy Trap 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Moving On 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park: Wild in Africa (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Ready Steady Cook (R) 2.15 Ben Fogle's Escape in Time (R) 3.00 Murder, She Wrote (R) 3.45 Flog It! (R) 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show (R) 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover (R) 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

7.00 The One Show 7.30 Helicopter Heroes

A combine harvester gets the better of a farmer's leg. Send it in to Don't Look!

8.00 EastEnders

More screaming Cockneys.

8.30 QI

The super-difficult quiz show, with guests Bill Bailey and Eddie Izzard.

9.00 New Tricks

Last in the series.

10.00 BBC News, Weather

10.35 The Graham **Norton Show**

Rhod Gilbert and Rihanna quest-star.

11.20 The National Lottery: 10 UK Millionaires

NEW The UK Millionaire Super Raffle gets underway.

11.35 Interview with the Vampire

Gothic horror starring Tom Cruise and Brad Pitt as centuries-old vampires roaming the vorld in search of fresh prey.

1.40am Sign Zone: Eyewitness (R) 2.40 SPORT Olympic Dreams (R) 3.30 Restoration Roadshow 4.30-6.00am RBC News

7.00 Edwardian Farm

An experiment to recreate Edwardian life in Devon. Nope, we've no idea why. (R)

8.00 Mastermind

Subjects include Rameses II. Have these people no lives?

8.30 Gardeners' World

It's winter. Surely everything just dies?

9.00 David Attenborough's First Life

The naturalist (not to be confused with naturist) explores how animals evolved to survive on dry land.

10.00 The Stephen **K Amos Show**

MUST-SEE The comedian does his normal mix of amusing stand-up and sketches.

10.30 Newsnight

11.00 The Review Show

11.50 Later with Jools Holland

12.50-2.30am Small

Engine Repair

FILM Bittersweet comedy drama starring Steven Mackintosh.

7.00 Emmerdale

More fun on the farm

7.30 Coronation Street

Fiz opens a handwritten note. Don't they have the email on Corrie?

8.00 Cheetah Kingdom Never play cards with a cheetah...

8.30 Coronation Street

Nick and Leanne give in to their desires. We're giving in to ours too and turning this rubhish over

9.00 Paul O'Grady Live

Katy Perry sings her new single. She's nice. We like her for two reasons.

10.00 ITV News, Weather

10.35 Mercury Rising

Bruce Willis and Alec Baldwin star in this flick about an FBI agent on the run with an autistic nineyear-old boy. He's gonna slow him down. We reckon he should cut the kid loose.

12.35am The Zone

2 40 TIM The Missouri Breaks: Offheat Western starring Marlon Brando and Jack Nicholson. 4.45-5.30am ITV Nightscreen



BBC1 SCOTLAND: 7.30pm Wallace & Gromit's World of Invention BBC1 WALES: 7.30pm Jimmy's Food Factory BBC2 SCOTLAND: 7.00pm Landward 7.30 Eòrpa (European Current Affairs) 11.50 Sport Bowls 12.50am Later with Jools Holland 1.50-3.30am FILM Small Engine Repair. Bittersweet comedy

drama starring lain Glen and Steven Mackintosh. BBC2 NORTHERN IRELAND: 10.00pm SKETCHY with Diarmuid Corr BBC2 WALES: 7.00pm Sport Wales 7.30 Edwardian Farm STV: 8.00pm Postcode Challenge 10.30 STV Sports Centre: Friday Night Football 11.00 STV

TODAY'S SPORT

6.00am Good Morning Sports Fans (HD) 9.00 Ringside Special (HD) 10.00 The Rugby Club (HD) 11.00 Premier League World (HD) 11.30 FIFA Futbol Mundial 12.00noon Ringside Special (HD) 1.00pm Premier League Review (HD) 2.00 Premier League World (HD) 2.30 The Rugby Club (HD) 3.30 Ringside Special (HD) 4.30 Premier League Review (HD) 5.30 Football League Weekend (HD) 6.30 Ringside Special (HD) 7.00 Sky Sports News at Seven (HD) 7.30 Football League: Preston North End vs Hull City, kick-off 7.45pm. (HD) 10.00 Ringside Special (HD) 10.30 Take It Like a Fan 11.00 Premier League Preview (HD) 11.30 Football League

Weekend (HD) 12.30am Anglo-Welsh

Fan 2.30 Ringside Special (HD) 3.00-

6.00am European Tour Golf (HD)

Cup Rugby Union (HD) 2.00 Take It Like a

sky SPORTS 2

6.00am Aerobics 6.30 Urban Ride 7.00 WWE: Raw (HD)

9.00 Premier League Snooker

12.30pm NFL 2.00 Transworld Sport

3.00 NFL: Total Access (HD)

4.00 NFL 5.30 Tight Lines

6.30 Premier League Preview: A look ahead to the weekend's action (HD)

7.00 International Rugby League 7.30 WE Anglo-Welsh Cup Rugby Union: Egg-chasing from Wales as the Ospreys take on the Leicester Tigers at Bridgend's Brewery Field. Kick-off at 7.45. (HD)

10.00 International Rugby League 10.30 NFL 12.00m't Tight Lines

1.00am NFL: Total Access (HD) 2.00 NFL 3.30 Football League

Weekend (HD) 4.30 Take It Like a Fan 5.00 Ringside Special (HD) 5.30-

6.00am International Rugby League

ON DIGITAL, SATEI

FILM4 (315)

5.25pm Carry On Up the Khyber 7.10 Down to You 9.00 Borat! 10.40 Cabin Fever 12.30am PREMIERE Strange Wilderness: Comedy. 2.10-3.55am Conquest of the Planet of the Apes

COMEDY CENTRAL (126)

7.00pm Mike & Molly 7.30 Two and a Half Men 9.00 Lee Evans Live in Scotland 10.30 South Park 11.30 Harold & Kumar Get the Munchies 1.15am Comedy Central at the Comedy Store 1.45 South Park 2.45 Grouchy Young Men 3.15 Two and a Half Men 4.10



7.00pm Goal! 7.30 LWE German Football 9.30

Premier League Preview 10.00 UFC Unleashed 11.00 ESPN Kicks 11.15 Poker 12.15am Total Italian Football 12.45 ESPN Kicks 1.30 WE NBA 4.00-5.00am UFC

TODAY'S MUST-SEES

6.15am Planet Cook (R) 6.35 Yo Gabba Gabba (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.25 Frasier (R) 8.55 According to Jim (R) 9.25 Cook Yourself Thin (R) 10.00 Wife Swap USA (R) 11.00 Supernanny USA 12.00noon Channel 4 News Summary 12.05pm A Place in the Sun: Home or Away (R) 1.05 WE Channel 4 Racing: From Cheltenham. 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Celebrity Coach Trip 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: NY (R) 12.40pm Five News 12.45 Combat Chefs (R) 1.45 Neighbours 2.15 Home and Away 2.50 Rough Guide to Islands (R) 3.05 [IIII Ice Dreams: Figure skating drama starring Jessica Cauffiel and Jerry Stiller. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 Liza and Huey's Pet Nation (R)(HD) 10.00 Cold Case (R)(HD) 11.00 Kim's Rude Awakening (R)(HD) 11.30 New Parent Nightmares (R)(HD) 12.00noon The Biggest Loser US 1.00pm Dog Squad (R)(HD) 1.30 Dog Squad (R)(HD) 2.00 Stargate Atlantis (R)(HD) 4.00 Cold Case (R)(HD) 5.00 SPORT WWE Superstars (HD) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

"I'm looking for a dwarf who's lost his gun"

7.00 News 7.25 4thought.tv

Five minutes of your life you'll never

7.30 Unreported World Black magic in Central African Republic.

8.00 Come Dine with Me A bunch of strangers cook for each other. Dave Lamb who narrates this is aces.

9.00 The Event

MUST-SEE We're not sure where exactly this show is going, but we like it! And it's been given another series Stateside, so that's good!

10.00 The Million **Pound Drop Live** Avoid, avoid, avoid

11.20 Rhod Gilbert and the **Award-Winning Mince Pie** The comedian tells a story. (R)

12.25am Music on 4: The Album Chart Show: NERD 12.55 On Track

Tinchy Stryder records a session. (R)

1.10 4Play: Robert Plant 1.25 HIM Battle Royale II: Requiem 3.45 3 Minute Wonder (R) 4.00 This Week's 4Music Top 20 5.50-6.35am Countdown (R)

7.00 Five News at 7 7.30 Fifth Gear

Jason Plato experiences a Formula One driving simulator. Cool. What's cooler though is Vicki Butler-Henderson gets behind the wheel of the Aston Martin DB5. Jealous? Us? Never!

8.00 White Van Man

You might drive a van all day - fancy watching a show about it? Didn't think so.

9.00 The Mentalist

The case of a murdered jockey leads Jane into the murky world of horse racing.

10.00 Law & Order: **Special Victims Unit**

When a baby is kidnapped, Stabler and Benson suspect the mother's husband.

10.55 CSI: Miami

A club owner is found hanging with his eyes shot out. Nice. (R)

11.55 Cops in Crisis Harrowing tales of survival. (R)

12.15am SuperCasino

4.00 Sport Motorsport Mundial 4.25 How Not to Decorate (R) 5.10 Michaela's Wild Challenge (R) 5.35-6.00am Michaela's Wild Challenge (R)

7.00 The Simpsons

Homer is awarded his own talk show and takes over Krusty's regular TV slot. (R)

7.30 The Simpsons

Homer becomes a masked vigilante. (R)

8.00 Oops TV

Justin Lee Collins talks us through people slipping over and the like. (R)

9.00 House

Wilson ends his career at the hospital and his friendship with House.(R)(HD)

10.00 Thorne: Scaredy Cat

Thorne adopts a high-risk strategy to locate a murderer. It's good is this. (R)(HD)

11.00 Stargate Universe

An alien influence affects Chloe's mind and body. (R)(HD)

12.00m't Road Wars

Car crime, (R)(HD)

1.00 Road Wars 1.50 Ross Kemp on Gangs 2.40 Oops TV 3.30 Lost 4.20 Sell Me the Answer (R)(HD) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)(HD)

The Event Channel 4, 9pm

DRAMA We like The Event. It's not as daft as Lost and we feel like we might get some answers from it soon! It's not too late to get

involved, so start watching. This week, negotiations with Thomas reach crisis point. ★★★



The Walking Dead

FX/HD, 10pm

Well, it's taken next to no time for DRAMA this to become one of the most unmissable shows on telly, as the survivors continue

to steer clear of the undead hordes. Ace! ***



The Stephen K Amos Show BBC2, 10pm

The comic introduces more standup and character sketches, while his

mum Buki becomes a nude model! ★★★

News and Weather 11.10 Swingtown 12.05am Brain Box 1.00 The Rockford Files 2.00-5.30am The Nightshift ULSTER: 10.30pm SPORT UTV Live, Weather

10.35 The Seven Thirty Show 11.05 Swingtown 12.00m't Brain Box 2.30-2.40amUTV Rewind

LITE AND CABLE TV TONIGHT

Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Lost Worlds with Les Stroud 10.00 | Shouldn't Be Alive 11.00 Chilean Miners Rescue 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Chris Barrie's Massive Speed 3.00 World War Two: The Complete History 3.50 Predator X 5.30-6.00am How Does That Work?

7.00pm Doctor Who 7.50 Doctor Who Confidential 8.00 Freak Like Me 8.30 EastEnders: The Greatest Weddings 9.30 Russell Howard's Good News 10.00 EastEnders 10.30 Don't Tell the Bride 11.30 Family Guy 12.15am Russell Howard's Good News 12.45 How Not to Live Your Life 1.45 EastEnders: The

Greatest Weddings 2.45 Freak Like Me 3.15 Don't Tell the Bride 4.15-5.15am How Not to Live Your Life

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 How to Look Good Naked 10.00 Becoming Mum 11.05 Desperate Housewives 12.05am Scrubs 1.05 How to Look Good Naked 2.00 Becoming Mum 2.55 What About Brian 3.35 Reno 911! 3.55 Switched 4.20 Accidentally on Purpose 4.40-6.00am Switched

6.40pm Have I Got News for You 7.20 QI 8.00 Top Gear 9.00 QI 9.40 Mock the Week 10.20 Have I Got News for You 11.00 QI 11.40 Mock the Week 12.20am Have I Got News for You 1.00 Star Stories 1.30 Never Mind the Buzzcocks 2.00 Lead Balloon 2.30-3.00am Whose Line Is It Anyway?

MTV (350)

7.00pm 16 and Pregnant 8.00 Celebrity Bites 8.30 N-Dubz: MTV.co.uk Session 9.00 Gonzo 10.00 iTunes Festival 2010 11.00 World Stage 12.00m't MTV EMA 2010 2.30am Making the Video 3.00-6.00am All the Hits

SYFY (129)

7.00pm A Town Called Eureka 8.00 Warehouse 13 9.00 Haven 10.00 Fist of Fury 11.50 PILM Double Impact. Action drama starring Jean-Claude Van Damme. 2.00am Medium 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Buffy the Vampire Slayer

7.00pm NCIS: Double-bill. 10.00 MUSTISEE The Walking Dead: Zombies everywhere! 11.00 Burn Notice

12.00m't Nip/Tuck 1.00am Farscape 2.00 Babylon 5 3.00-4.00am ReGenesis

Nuts

6.00am Breakfast 10.00 Rachel Allen: Bake! (R) 10.25 Rachel Allen: Bake! (R) 10.50 The Lord Mayor's Show 12.10pm BBC News, Regional News, Weather 12.15 Formula 1: Abu Dhabi Grand Prix - Qualifying: Live coverage from the United Arab Emirates, start-time 1pm. 2.15 International Rugby Union: Wales vs South Africa, kick-off 2.30pm. 4.30 Final Score 5.10 BBC News, Regional News, Weather 5.30 Walk on the Wild Side (R) 6.00 Strictly Come Dancing

6.00am CBeebies 7.00 CBBC 12.15pm Football Focus 1.00 BBC Switch: The Cut 1.25 Teensville: Bat School for the Blind 1.50 Popatron 2.20 The 5:19 Show 2.35 The Season (R) 3.05 Revealed Extra: Civilian to Soldier 3.25 The Sky at Night (R) 3.45 Flog It! (R) 4.00 The Great British Bake Off (R) 5.00 INE International Rugby Union: Scotland vs New Zealand, kick-off 5.15pm. Coverage of the Scots' opening autumn international, as they welcome the All Blacks to Murrayfield.

itv

5.30am ITV News 6.00 CITV 10.00 The Planet's Funniest Animals (R) 10.25 The Crocodile Hunter Diaries (R) 11.25 This Morning: Saturday 12.20pm News, Weather 12.25 Dennis the Menace Strikes Again! Comedy sequel starring Justin Cooper. 1.50 Free Willy 3: The Rescue: Family adventure sequel starring Jason James Richter. 3.30 Diamonds Are Forever: Adventure starring Sean Connery. 5.50 Regional News, Weather 6.00 ITV News 6.15 All Star Family Fortunes

6.35am Yo Gabba Gabba (R) 7.00 SPORT World Sport 7.25 Britain's Favourite Yacht Race 7.55 SPORT The Morning Line 8.50 T4: One Tree Hill (R) 9.45 Ugly Betty (R) 10.40 NEW Koko Pop 11.15 The Inbetweeners: Revealed! 11.45 Friends (R) 12.45pm Freeze Festival 2010 1.15 The Album Chart Show 1.45 LIVE Channel 4 Racing: Live coverage from Cheltenham and Wetherby. 3.55 Come Dine with Me (R) 6.25 The Political Slot 6.30 News 6.55 4thought.tv

Sport 10.15 Fifth Gear (R) 10.45 The Gadget Show (R) 11.50 FILM Operation Daybreak: Second World War drama starring Timothy Bottoms. 2.05pm Jason and the Argonauts (R) 5.40 Five News 5.45 TIM The Dirty Dozen: Action adventure starring Lee Marvin.

7.20 Merlin

Morgana's haunted by thoughts of Gwen becoming queen. Can't say we care.

8.05 The National Lottery Saturday Night Draws

More dreams are shattered. Better luck next time, eh?

8.20 Casualty More hospital hell

9.10 Festival of Remembrance 2010

Coverage of the Royal British Legion Festival of Remembrance.

10.45 BBC News, Weather 11.05 Match of the Day

SPORT Highlights of today's ball-bothering clashes, including Villa vs Man United, Man City vs Birmingham and Stoke vs Liverpool.

12.25am The Football League Show

SPORT Highlights including Forest vs QPR.

1.50 Sign Zone: Who Do You Think

You Are? (R) 2.35 Coast (R) 3.35

7.15 Coast

Ooh! This time it's the Norwegian shoreline. Facinating! (R)

7.30 Dad's Army Ancient wartime comedy. Your Gran might like it. (R)

8.00 Return of the Goodies

A tribute to a 1970s comedy series. (R)

9.30 Have I Got a Bit More News for You

It's an extended edition!

10.15 A Night with **Neil Diamond**

Thank you, but no.

12.45am The Stephen K Amos Show

The sketch/stand-up comedy show. This was on the other night. (R)

1.15-2.40am Emile: Melodrama

starring lan McKellen, Tygh Runyan

and Deborah Kara Unger.

7.00 All New You've Been Framed!

Harry Hill narrates more slipping-over tomfoolery.

7.30 Harry Hill's TV Burp Always something here to raise a smile.

8.00 The X Factor Vote Wagner! Vote Wagner!

9.30 Take That:

Look Back, Don't Stare Or walk forward and never return?

11.00 Must Love Dogs

Romantic thing starring
Diane Lane and John Cusack. A divorced teacher tries internet dating. We on the other hand try switching over.

11.45 ITV News, Weather 12.00m't Must Love Dogs

The rest of that rom-com thing.
It's a bit late chaps, you're better off going to bed than watching this.

1.10 The Zone 3.10 Surface (R) 3.55 Sons and Daughters 4.20-5.30am ITV Nightscreen

7.00 Grand Designs

People who build their own homes. (R)

8.00 Apocalypse: The Second World War

The story of Adolf Hitler's invasion of the Soviet Union and Rommel's war against the British in North Africa. Sounds a wee bit heavy to us.

9.00 The Pillars of the Earth

King Stephen defeats Maud, who flees to France, while Aliena and Richard suffer from a lack of funds. We have no idea who these people are or what they're on about.

10.00 The Million **Pound Drop Live**

Oh, that's a shame, it's the last in the series. See ya!

11.20 Sharon Osbourne: A Comedy Roast

Not a roasting in the literal sense! (R)

12.25am Water Lilies

FILM French coming-of-age drama set in the world of synchronised swimming. There are so many reasons not to watch this.

1.50 You, the Living 3.25 3 Minute

Afterworld (R) 4.05 The OC (R) 4.45 The

OC(R) 5.30-6.15am Countdown (R)

Wonder: Over Exposed (R) 3.40

8.35 NCIS

Gibbs and the team try to find out who sent a set of blue eyeballs to the home of a petty officer. Just look for a bloke or lady with no eyes, surely? (R)

9.30 CSI: Crime Scene Investigation

The team tries to discover why a prisoner burst into flames during an escape attempt. (R)

10.30 CSI: Crime Scene Investigation

Hodges enlists the help of high-school cadets to determine what caused the death of a woman who was found dead in a burnt-out apartment complex. (R)

11.30 CSI: Miami

A man is accused of being a serial killer who marks his prey with Y-shaped incisions (R)

12.25am SuperCasino

4.05 Golf 4.55 The Family Recipe (R) 5.00 Hana's Helpline (R) 5.10 Milkshake! (R) 5.35 Thomas & Friends (R) 5.45-6.00am Roary the Racing Car(R)

Britain's Youngest Boarders (R) 4.35-6.00am BBC News

BBC2 SCOTLAND: 7.15pm Making Scotland's Landscape 8.15 Return of the Goodies 9.45 Have I Got a Bit More News for You 10.30 A Night with Neil Diamond: Neil Diamond: Solitary Man 11.30

Neil Diamond 1.00 The Stephen K Amos Show 1.30-3.00am Emile: Melodrama starring lan McKellen and Deborah Kara Unger. STV: 11.00pm Wild Britain with Ray Mears 11.30 Highland Neil Diamond: Radio 2 Electric Prom 12.30am Sings Highlights 12.00m't Brain Box 1.00am The

Wiz: Motown musical updating of The Wizard of Oz based on the hit Broadway show, starring Diana Ross. 3.15-5.30am The Nightshift ULSTER: 11.00pm Brass 11.40 UTV Rewind 12.00m't Brain Box 2.25am Celebrity Juice

TODAY'S SPORT

sky SPORTS 1 sky SPORTS 2

6.00am WE Golf: Club-swinging action from the Singapore Open. (HD)

8.00 Ringside Special (HD)
8.30 Ringside Special (HD) face Australia, kick-off 9am.

11.30 Ringside Special (HD)

12.00noon Take It Like a Fan

12.30pm Time of Our Lives 1.30 Ringside Special (HD)
2.00 Rugby Union: England against

Australia, kick-off 2.30pm. (HD)

5.00 International Rugby League 7.00 WE Spanish Football (HD)

11.00 NFL: Total Access (HD) 12.00m't Pacquiao vs Margarito: 24/7

2.00am WE Boxing: Face-pounding mayhem on the cards as Manny Pacquiao takes on Antonio Margarito. Our money's

5.00 Champions League Weekly (HD)

5.30-6.00am World Sport

6.00am Aerobics 6.30 Ringside Special 7.00 Take It Like a Fan

7.30 Football League Weekend (HD) 8.30 Champions League Weekly (HD)

9.00 Premier League Preview (HD) 9.30 Take It Like a Fan

10.00 Soccer AM 12.00noon Ringside Special (HD)

12.30pm Musisse Football: Villa take on Manchester United, kick-off 12.45pm. (HD)

3.15 Ringside Special (HD) 3.45 Sky Sports Classics

4.00 Take It Like a Fan 4.30 Ringside Special (HD)

5.00 Twe Football: Reading face Norwich, kick-off 5.20pm. (HD)

7.30 You're on Sky Sports! 8.25 Football First (HD)

4.15am Spanish Football (HD) 5.15 IEX Magazine

5.45-6.00am Sky Sports Classics

FILM4 (315)

5.00pm Mr Hobbs Takes a Vacation: Comedy starring James Stewart. 7.15 Nacho Libre: Comedy starring Jack Black. 9.00 The Departed: Gangster thriller. 11.50 The Omen: Horror remake. 1.55-3.50am The Cave: Horror.

COMEDY CENTRAL (126)

5.00pm Till The Mask of Zorro: Swashbuckling adventure starring Antonio Banderas. 7.35 The Office: An American Workplace 8.00 Two and a Half Men 9.30 Lee Evans Live in Scotland 11.00 Harold & Kumar Get the Munchies:



4.45pm Premier League Football 8.00

MUSTISEE UFC: Bone crunching action from UFC 122. 11.00 Serie A 12.45am ESPN Kicks Extra 1.00 WE College Football 4.30-5.30am 30 for 30

Comedy starring John Cho. 12.45am Comedy Central at the Comedy Store 1.45 South Park 2.45 Two and a Half Men 3.45 The King of Queens 4.10 Shortcuts Shuffle 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

DISCOVERY (520)

7.00pm Chilean Miners Rescue 8.00 How It's Made 9.00 Frontline Battle Machines with Mike Brewer 10.00 Weird or What? 11.00 How the Universe Works 12.00m't | Shouldn't Be Alive 1.00am Mythbusters 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm The Real Hustle on Holiday 7.15 SPORT International Rugby Union 8.05 Top Gear 9.10 EastEnders: The Greatest Weddings 11.05 Russell Howard's Good News Extra 11.50 Family Guy 12.35am American Dad! 1.20 Lip Service 2.20

Russell Howard's Good News Extra 3.05 Special 1 TV 3.10 EastEnders: The Greatest Weddings 5.05-5.20am The Real Hustle on Holiday

6.30pm Ugly Betty 7.30 The Big Bang Theory 7.55 How I Met Your Mother 8.30 Friends 10.00 FILM StakeOut: Comedy thriller. 12.15am David Blaine: Drowned Alive 1.15 Gok's Fashion Fix 2.15 Supernanny USA 2.55 Switched 3.20-6.00am Hollyoaks

DAVE (111)

7.00pm Seaside Rescue 7.40 Have I Got News for You 8.20 QI 9.00 Al Murray: The Pub Landlord - Live at the Palladium 10.40 Al Murray: The Pub Landlord - My Gaff, My Rules 12.10am Al Murray: The Pub Landlord - Live at the Palladium 1.50 Never Mind the Buzzcocks 2.20 Chandon Pictures 2.45-3.00am Radical Highs

13 NOVEMBER SATURDAY



6.00am Brainiac's Test Tube Baby (R) 7.00 The Zoo UK (R) 7.30 The Zoo UK (R) 8.00 Malcolm in the Middle (R) 8.30 Malcolm in the Middle (R) 9.00 Oops TV (R) 10.00 SPORT Soccer AM 12.00noon Best of Oops TV (R) 1.00pm Malcolm in the Middle (R) 1.30 Malcolm in the Middle (R) 2.00 Oops TV (R) 3.00 Liza and Huey's Pet Nation (R)(HD) 4.00 The Real A&E (R)(HD) 5.00 Futurama (R) 5.30 Futurama (R) 6.00 The Middle (R)(HD) 6.30 The Simpsons (R)(HD)

7.00 The Simpsons

Homer builds a robot for Bart to enter the Robot Rumble TV show. (R)

7.30 The Simpsons

The Simpsons are sent to Alcatraz. Course they are! (R)

8.00 Searching for My Son

Following the cases of two women who receive help from local authorities in finding their adopted children. (R)

9.00 The Legend of Bagger Vance

FILM Sporting fantasy starring Will Smith and Matt Damon. In 1930s Georgia, a mysterious caddie acts as a guardian angel to a burnt-out golfer. Yeah, it's a bit rubbish. (HD)

11.25 Fringe

The team investigates when a twin frees his brother from a quarantined Amber area on the Other Side, and Olivia is subjected to a Walternate experiment. (R)(HD)

12.25am Classic Albums

The story behind Queen's fourth album, A Night At The Opera. (R)

1.30 Inside: Teen Lockdown (R) 2.30 Night Cops (R) 3.30 Road Wars (R) 4.20 Don't Forget the Lyrics (R)(HD) 5.10-6.00am Are You Smarter Than ... ? (R)(HD)

5.00pm 16 and Pregnant 11.00 Celebrity Bites 11.30 MTV EMA 2010 2.00am South Park 3.00-6.00am All the Hits

7.00pm Fact or Faked: Paranormal Files 10.00 Waterworld: Adventure starring Kevin Costner. 12.30am The Day the Earth Stopped: Drama. 2.10 3rd Rock from the Sun 2.40 Painkiller Jane 3.40-6.00am Thunderbirds

6.00pm The Listener 8.00 King of the Hill 9.00 Family Guy 10.00 Robot Chicken 10.15 Eastbound & Down 10.50 Metalocalypse 11.05 American Dad! 12.05am The Venture Brothers 12.35 Family Guy 1.35 Titan Maximum 1.50 Family Guy 2.50 American Dad! 3.20 Robot Chicken 3.35 Metalocalypse 3.50-4.05am Titan Maximum

TODAY'S MUST-SEES



David Haye vs Audley Harrison

8pm, Sky Box Office/HD/3D

Audley Harrison's career has been one of huge disappointment since he won Olympic gold in 2000. But one Prizefighter win later and he's challenging David Haye for the WBA World Heavyweight title at the MEN Arena. Haye has promised a world of pain for his challenger, while Harrison claims he'll test the champion's chin. Let battle commence! ★★★★



Aston Villa vs Man United

Sky Sports 2/HD, 2.30pm

It's been 15 long years since Villa came away from this fixture with the honours, but that outcome seems plausible as United continue to look fallible in the wake of Rooney's antics. ★★★



UFC 122 ESPN, 8pm

Yet more hard-hitting action from the SPORT Vet more hard-intellige Land Ultimate Fighters! This week, it's the slightly-less-brutal Middleweight division, as the USA's Nate Marquardt takes on Japan's Yushin Okami, live from the Konig Pilsener Arena, Germany. ★★★



Grand Slam Of Darts

ITV4, 6pm

The opening day of the tournament that SPORT sees the best players from the PDC and the BDO lock horns in one almighty darts dust-up. Phil Taylor won last year - what a surprise! ★★★



www.nuts.co.uk/bets

See site for free bet details gambleaware coul

NutsTV

6.00am Breakfast 7.35 Match of the Day (R) 9.00 The Andrew Marr Show 10.25 Cenotaph 2010 12.10pm [MUSISH] Formula 1: The Abu Dhabi Grand Prix: The 19th and final round of the season. Starttime 1pm. 3.30 Regional Programme 4.35 Points of View 4.50 Songs of Praise 5.30 BBC News, Regional News, Weather 6.00 Jimmy's Food Factory (R) 6.30 Countryfile

BBC

6.00am CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 Nigella Kitchen (R) 12.00noon Escape to the Country (R) 12.30pm EastEnders 2.30 Boxing 4.10 International Rugby Union 5.00 Four Nations Rugby League 6.00 Remembrance Sunday: The Cenotaph Highlights

itv

5.30am ITV News 6.00 CITV 9.30 The Planet's Funniest Animals (R) 10.00 The X Factor (R) 11.30 This Morning: Sunday 12.25pm News, Weather 12.30 Coronation Street 2.45 Midsomer Murders (R) 4.20 Downton Abbey (R) 5.50 Regional News, Weather 6.00 ITV News 6.15 Harry Hill's TV Burp (R) 6.45 The Cube

6.15am Planet Cook (R) 6.35 Yo Gabba Gabba (R) 7.00 Formula Ford Festival 7.25 Great East Swim 8.20 World B-Boy Series 8.50 T4: Friends (R) 9.25 Hollyoaks 11.55 Live and Lost 12.00noon Ugly Betty 1.00pm [IIII] Channel 4 Racing: Live coverage from Cheltenham and Fontwell Park. 3.30 Friends (R) 4.00 The Simpsons (R) 5.00 Deal or No Deal 5.45 The Spiderwick Chronicles: Children's fantasy adventure starring Freddie Highmore.

Street Market Chefs (R) 11.40 Andre Rieu at the Albert Hall (R) 12.40pm Your Sport (R) 12.45 How Do They Do It? (R) 1.15 Extreme Fishing with Robson Green (R) 2.20 Battle of the Brave: Epic historical romance set in 18th-century Canada starring Noùmie Godin-Vigneau. 4.55 Den Season: Animated comedy. 6.35 Five News 6.40 III Planet of the Apes: Director Tim Burton's sci-fi adventure remake, starring Mark Wahlberg and Helena Bonham Carter.

7.30 Strictly Come Dancing Another leaden-footed clogger gets turfed out of the ballroom dance-off.

8.00 Antiques Roadshow More tat goes under the microscope.

9.00 Garrow's Law

NEW The barrister worries that his clients are more concerned with money than justice. What kind of lawver is he?

10.00 BBC News, Weather 10.25 The Impressions Show with Culshaw and Stephenson

NEW Hit and miss spoofery from Jon Culshaw and Debra Stephenson. Good impressions, iffy gags.

10.55 The Apprentice

Old moneybags challenges the teams to create an advertising campaign for a multi-purpose household cleaner. (R)

11.55 Spooks

Harry instructs the team to find Lucas, who is trying to flee the country. (R)

1.00am Sign Zone: Remembrance Week (R) 1.45 Holby City (R) 2.45 Eyewitness (R) 3.45 Restoration Roadshow (R) 4.15-6.00am BBC News

7.00 The Great British Bake Off

The competitors make pastry dishes in the Cornish village of Mousehole. That's a slightly ridiculous name for a village. (R)

8.00 Making Scotland's Landscape

NEW Och-aye the noo etc. It's a look at how man has shaped nature north of the border.

9.00 James May's Man Lab Hugh Dennis takes on a wallpapering challenge. Better than it sounds.

10.00 The Trip

More excellent comedy bitching with Steve Coogan and Rob Brydon. (R)

10.30 Match of the Day 2

SPORT Colin Murray presents highlights of Arsenal's trip to Goodison Park and Chelsea's game with Sunderland at the Bridge.

11.30 Never Mind the Ruzzcocks

1.30-4.15am BBC News

Tim Minchin hosts the comedy music quiz, with Jason Donovan and Tim Key. (R)

12.00m't The Odd Angry Shot

7.45 The X Factor

Take That and knicker-wetting-inducing boyband JLS perform live, while another hopeful gets the axe. So long as it isn't Wagner, we'll be happy.

9.00 I'm a Celebrity **Get Me Out of Here!**

MUST-SEE Another bunch of Z-listers head into the jungle to argue, moan and snaffle the odd testicle. We can't wait!

10.30 ITV News, Weather 10.45 Take That: Look Back, Don't Stare

A close-up look at the making of the band's latest album, Progress. Has Robbie upset the apple cart? (R)

12.15am Anglo-Welsh **Cup Rugby Union**

SPORT Highlights of the second round of pool matches, featuring Cardiff vs Exeter, Ospreys vs Leicester and London Irish vs Scarlets.

2.30 Motorsport UK 3.20-5.30am

1.00 The Zone

ITV Nightscreen

7.30 News

7.55 4thought.tv

8.00 Undercover Boss USA

A CEO discovers he is not cut out for the world of customer service. Don't like getting their hands dirty, do they?

9.00 The Secret Millionaire

Former care home owner Bradley Reback poses as a man living out of a camper van in Brighton, Each to their own.

10.00 Desperate Housewives Gossip and giggling from Wysteria Lane.

11.00 Seven Days

Another look behind closed doors in the posh London neighbourhood. (R)

12.00m't The Real **Housewives of New Jersey** More botox-based blather.

Match (R) 5.25-6.10am Countdown (R)

1.00 INTE NFL: Pittsburgh Steelers vs New England Patriots, kick-off 1.20am. 4.45 Formula Ford Festival (R) 5.10 Grudge

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

9.00 10,000 B.C

FILM Half-baked CGI action-fest set in the prehistoric era. The sabre-toothed big cats steal the show.

11.10 Anaconda

FILM Jungle adventure starring
Jennifer Lopez and Ice Cube as a documentary film crew go on the run from a deadly giant snake. Literally, that is it. A big old snake.

12.55am SuperCasino

4.05 Fifth Gear 4.30 Street Market Chefs 4.55 The Family Recipe 5.00 Hana's Helpline 5.10 Milkshake! 5.35 Thomas (R) 5.45-6.00am Roary the Racing Car(R)

BBC1 SCOTLAND: 8.00pm Making Scotland's Landscape 10.25 Escape to Glasgow 10.55 The Impressions Show with Culshaw and Stephenson 11.25 The Apprentice 12.25am Spooks 1.30 BBC News 2.00 Sign Zone: Remembrance Week 2.45-

3.45am Sign Zone: Holby City BBC1 NORTHERN IRELAND: 10.25pm The Politics Show 10.50 The Impressions Show with Culshaw and Stephenson 11.20 Eurotrip: Teen comedy starring Scott Mechlowicz and Michelle Trachtenberg.

12.45am Off the Beaten Track BBC2 SCOTLAND: 7.00pm Remembrance Sunday: The Cenotaph Highlights 8.00 Escape to the Country 12.00m't International Rugby Union 12.50am [IIII] The Odd Angry Shot 2.20-4.15am BBC News BBC2

NORTHERN IRELAND: 7.00pm Coast 10.00 Pop Goes Northern Ireland BBC2 WALES: 11.30pm Scrum V 12.30am Four Nations Rugby League STV: 12.15am Brain Box 1.00 ELLI Matchstick Men: Comedy drama starring Nicolas

TODAY'S SPORT

6.00am Aerobics

6.30 Football First (HD) 9.30 The Sunday Supplement

11.00 Goals on Sunday (HD)

1.00pm Champions League Weekly (HD) 1.30 MUSISSE Football: Everton take o

Arsenal at Goodison, kick-off 2pm. (HD) 4.00 Football: Chelsea host Sunderland in the second part of today's double-header. Kick-off 4.10pm. (HD)

6.30 Football: The Last Word (HD)

7.00 Spanish Football (HD) 8.00 Spanish Football: Coverage of a match from La Liga. (HD)

10.00 Football Special: Highlights of all today's Premier League action. (HD) 11.30 Super Sunday: The Last Word (HD)

12.00m't Spanish Football (HD) 2.00am Football Special (HD)

3.30 Super Sunday: The Last Word (HD) 4.00-6.00am Spanish Football (HD)

sky SPORTS 1 sky SPORTS 2

6.00am International Rugby League: *Egg juggling antics between New Zealand and* Australia.

8.00 Spanish Football (HD) 9.00 International Rugby Union (HD) 11.00 Big Time Boxing

1.00pm NFL: America's Game: Pittsburgh Steelers' 1975 Super Bowl success.

2.00 IVI Tennis: Racquet-slinging action from the Paris Masters final, at the Palais Omnisports de Paris-Bercy.

4.30 Wild Spirits 5.00 World Sport: Magazine show

rounding up the latest events. 5.30 WE NFL: Chicago Bears vs

Minnesota Vikings, kick-off 6.00pm. 9.00 INT NFL: More face-mangling from the NFL as San Francisco 49ers take on St Louis Rams, kick-off 9.15pm.

12.30am Champions League Weekly (HD) 1.00-2.00am Max Power

FILM4 (315)

6.40pm The Day After Tomorrow: Disaster thriller starring Dennis Quaid. 9.00 This Is England: Drama set in the 1980s starring Thomas Turgoose. 11.00 Quills: Period drama starring Geoffrey Rush. 1.25am | Am Cuba - The Siberian Mammoth: The making of the film I Am Cuba. 3.10-3.25am Mike Leigh Special

COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 Mike & Molly 8.00 Two and a Half Men 10.00 South Park 10.30 Live at the Apollo 11.30 South Park 12.30am Live at the



6.30pm Serie A 7.45 Lim Italian Football 9.45 ESPN

Kicks Extra 10.00 Ultimate Fighting Championship 1.00am Press Pass 2010 1.30 NHRA Drag Racing 2.30-5.00am W NBA Basketball

Apollo 1.00 The Office: An American Workplace 2.00 Two and a Half Men 3.00 Comedy Central at the Comedy Store 3.30 Shortcuts Shuffle 4.00 Shortcuts Shuffle 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

DISCOVERY (520)

7.00pm Swamp Loggers 8.00 How It's Made 9.00 Speed of Life: New series. The intricacies of the natural world. 10.00 Lost Worlds with Les Stroud 11.00 1983: The Brink of Apocalypse 1.00am Frontline Battle Machines with Mike Brewer 2.00 Mythbusters 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm Formula 1: The Abu Dhabi Grand Prix - Highlights 8.00 The World's Strictest Parents: Two teenagers are sent to live with a family in Puerto Rico. 9.00 Gavin & Stacey 9.30 How Not to Live Your Life 10.30 Family Guy 11.15 American Dad! 12.00m't Gavin & Stacey 12.30am How Not to Live Your Life 1.30 Being Human 3.30 Formula 1: The Abu Dhabi Grand Prix - Highlights 4.25-5.25am The World's Strictest Parents

7.00pm Life Unexpected: Baze finds a condom in Lux's room. 7.55 Friends 9.00 50 Greatest Comedy Films 12.10am David Blaine: Frozen in Time 1.10 Gok's Fashion Fix 2.10 Supernanny USA 3.30-6.00am Hollyoaks

DAVE (111)

7.00pm Stephen Fry in America 8.20 I'm Alan Partridge 9.00 Jack Dee Live at the Apollo 10.00 Lee Mack Live 11.20 Mock the Week 12.00m't Jack Dee Live at the Apollo 1.00am Lee Mack Live 2.10 Never Mind the Buzzcocks 2.40-3.00am Radical Highs



6.00am Hour of Power (HD) 7.00 The Zoo UK (R) 7.30 The Zoo UK (R) 8.00 It's Me or the Dog USA(R)(HD) 9.00 Customs (R) 9.30 Customs (R) 10.00 WWE Superstars (R)(HD) 11.00 WWE: Experience (R)(HD) 12.00noon The Real A&E (R)(HD) 1.30pm Super Nurses (R)(HD) 2.00 Real Filth Fighters (R)(HD) 2.30 Emergency Animal Rescue (R)(HD) 3.00 Fat Families (R)(HD) 4.00 The Real A&E (R)(HD) 5.00 Futurama (R) 5.30 Futurama (R) 6.00 The Simpsons (R)(HD) 6.30 The Middle (R)(HD)

7.00 Wayne Rooney's **Street Striker**

MUST-SEE Wazza's back to run the rule over Britain's best young footballers. At least it'll take his mind off things. (HD)

8.00 The Simpsons

Springfield closes its borders. (R)(HD)

8.30 Modern Family Phil is plagued by the bleeping of a broken smoke alarm. Nightmare. (R)(HD)

9.00 Thorne: Scaredy Cat MUST-SEE Martin Palmer escapes police custody. Uh-oh! (HD)

10.00 House

A campaign manager falls ill during a tight election race. (HD)

11.00 An Idiot Abroad

Karl Pilkington reflects on his journeys to the seven wonders of the modern world. Should be a laugh! (R)(HD)

12.00m't Inside: America's Toughest Jail

Inside the Maricopa County jail, Arizona, Don't drop the soap, eh? (R)

1.00am Law & Order 1.50 Ross Kemp in Search of Pirates 2.40 Road Wars 3.30 Family Court 4.20 Don't Forget the Lyrics (R) 5.10-6.00am Are You Smarter...(R)

Cage, Sam Rockwell and Alison Lohman. 3.00-5.30am The Nightshift ULSTER: 6.45pm Lesser Spotted Ulster 12.15am Brain Box 2.30 UTV Rewind 2.35 Anglo-Welsh Cup Rugby Union

7.00pm Randy Jackson's America's Best Dance Crew 8.00 If You Really Knew Me 9.00 Jersey Shore 10.00 Teen Mom 11.00 Scream Queens 12.00m't Pranked 12.30am Jersey Shore 1.30 Randy Jackson's America's Best Dance Crew 2.30 Pranked 3.00-6.00am All the Hits

SYFY (129)

7.00pm Warehouse 13 8.00 Haven 9.00 The Myth: Comedy adventure starring Jackie Chan. 11.30 Double Impact: Thriller. 1.40am Fact or Faked: Paranormal Files 3.00 Painkiller Jane 4.00-6.00am Thunderbirds

FX (164)

6.00pm Burn Notice 8.00 NCIS 10.00 The Walking Dead 11.00 Eastbound & Down 11.35 Life 12.35am Burn Notice 1.35 American Dad! 2.35-4.05am Cops

TODAY'S MUST-SEES



ound I'm A Celebrity... **Get Me Out** Of Here! ITV1, 9pm

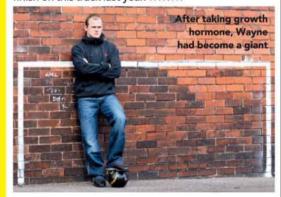
REALITY You know winter's on its way when

two chirpy Geordies appear on our screens, making jokes at the expense of hilariously rubbish celebrities fighting to keep their dignity in the hot and steamy Australian rainforest, Yep, I'm A Celebrity... Get Me Out Of Here! is back! So if bug-eating, gungedunking and snake-dodging are your thing, tune in to ITV1 at 9pm. It's three weeks of Ant and Decinspired mayhem! ****



Abu Dhabi Grand Prix

It's the final race in what's been a great SPORT F1 season. Button and Hamilton will be hoping to prevent a repeat of Red Bull's one-two finish on this track last year. ***



Street Striker 7pm, Sky1/HD

The X Factor for footy is back, as tabloid-fodder Wayne Rooney looks to discover a new footballing star. Challengers must impress Wazza in a range of freestyle and technique tests (none of them involving call girls). ***



Everton vs Arsenal

Sky Sports 1/HD, 1.30pm

Everton take on the Gunners with last term's 6-1 mauling in the corresponding fixture no doubt very much in their minds. Later, Chelsea take on Sunderland (kick-off 4pm). ★★★



Thorne: Scaredy Cat

Sky1/HD, 9pm

The murderers have escaped the DRAMA "po-po" (fools) and are off to commit bloody murder. Then Thorne only goes and discovers Chen's fancy for narcotics. It'll end badly! ****

Nuts

6.00am Breakfast 9.15 NEW Rewind the 60s 10.00 Homes Under the Hammer 11.00 Cowboy Trap 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 NEW The Indian Doctor 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park: Wild in Africa (R) 12.00 noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Film 2010 with Claudia Winkleman (R) 2.15 Ben Fogle's Escape in Time (R) 3.00 Murder. She Wrote (R) 3.45 Flog It! (R) 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dinner Date 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.10am Sali Mali (R) 6.15 The Treacle People (R) 6.30 Planet Cook (R) 6.50 Yo Gabba Gabba (R) 7.15 Freshly Squeezed 7.45 Everybody Loves Raymond (R) 8.40 Frasier (R) 9.10 According to Jim (R) 9.40 Cook Yourself Thin (R) 10.10 One Tree Hill (R) 11.05 Smallville 12.00noon Channel 4 News 12.05pm Supernanny USA(R) 12.55 TIM The Comancheros 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Celebrity Coach Trip 6.00 The Simpsons (R) 6.30 Hollyoaks

10.45 Trisha Goddard (R) 11.45 House Doctor(R) 12.10pm House Doctor(R) 12.40 Five News 12.45 Emergency Bikers (R) 1.45 Neighbours 2.15 Home and Away 2.50 Rough Guide to Adventures (R) 3.05 Lost Holiday: The Jim & Suzanne Shemwell Story: Factbased adventure drama starring Dylan Walsh and Jami Gertz. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show 7.30 Inside Out 8.00 EastEnders

Carol argues with Bianca about where to scatter Billie's ashes. Might we suggest flushing them? No one really cares

8.30 Tax the Fat: Panorama Something about taxes and junk food.

9.00 Accused

MUST-SEE Grittier than a beach, and darker than the same beach at midnight, this Jimmy McGovern drama is harsh but good

10.00 BBC News, Weather

10.35 Ask Rhod Gilbert MUST-SEE Last in the series of the angry comedian.

11.15 The Graham **Norton Show**

Not even the lure of Rhod Gilbert and Rihanna can make us watch this. (R)

12.00m't Drop Dead Gorgeous Mock documentary starring Kirsten Dunst about a teen

beauty pageant in Middle America.

1.35 Sign Zone: Remembrance Week (R)

2.20 The Apprentice (R) 3.20 MasterChef:

The Professionals (R) 3.50 Restoration

Roadshow (R) 4.20-6.00am BBC News

7.00 Michael Wood's Story of England

Something about Kibworth's 17th-century dissenters. We too have no idea.

8.00 University Challenge

Just a thought, but how about connecting electric shocks to the spods every time they buzz in?

8.30 Miranda

NEW New comedy series starring that oddly tall woman (you wouldn't) as a joke-shop owner.

9.00 Giles and Sue Live The Good Life

We think you'll find they don't.

10.00 The Trip

MUST-SEE Check out some amazing clips of this show on Nuts.co.uk. It's very funny.

10.30 Newsnight

11.20 The Secret Life of the National Grid

NEW Docu charting the history of Britain's electricity grid.

12.20am BBC News

4.00-6.00am BBC Learning Zone

7.00 Emmerdale More farmyard-foolery

7.30 Coronation Street

Why are you reading this? Scoot down to 9pm! That's where the action is.

8.00 Wild Britain with Ray Mears

It's crazy, this wild Britain, just mental!

8.30 Coronation Street Really? You're reading this again?

9.00 I'm a Celebrity Get Me Out of Here!

Who's doing the Bushtucker trial? We don't know, but we can't wait!

10.00 ITV News, Weather 10.35 When Playboys Ruled the World

The careers of Formula 1 driver James Hunt and motorcyclist Barry Sheene.

12.00m't Monte Carlo or Bust

The three teams embark on the final leg of their journey. Last in the series. (R)

12.50am The Zone

2.50 SPORT UEFA Champions League Weekly 3.20 The Jeremy Kyle Show (R) 4.10-5.30am ITV Nightscreen

7.00 News

7.55 4thought.tv

Short boring films, meant to make you think. They make us think bog off!

8.00 Dispatches: Riding Europe's Gravy Train

This programme investigates the package of salary, pension and expenses that MEPs receive. Sure to make you want to vom.

9.00 Coppers

Police officers responding to emergency calls. An oddly fascinating show.

10.00 Chris Moyles' Quiz Night

MUST-SEE The man with a face for radio, is joined by Chaz Church, Patrick Kielty and Nick Frost.

10.55 Ramsay's Best Restaurant: The Finals

A poor excuse for a Ramsay show, if you ask us! (R)

1.00am Freeze Festival 1.30 Premier

League Poker 2.25 Under the Bombs

4.05 Brothers & Sisters (R) 4.50 ER (R)

5.35-6.25am Hill Street Blues (R)

7.00 Five News at 7 7.30 How Do They Do It?

Interested in oil and how the Swiss Army knife is made? You're in luck then!

8.00 The Gadget Show

The five best satnays on the market.

9.00 Extreme Fishing with Robson Green

The actor heads to Cuba, where he fishes for tarpon in the Rio Hatiquanico and searches for bonefish off the island of Cayo Romano.

10.00 Black Hawk Down

FILM Director Ridley Scott's war drama based on the catastrophic US military action in Somalia

in 1993, starring Josh Hartnett, Ewan McGregor and Tom Sizemore.

12.50am SuperCasino

3.55 House Doctor (R) 4.20 Emergency Rikers (R) 5.10 Michaela's Wild Challenge (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 SCOTLAND: 7.30pm Jimmy's Food Factory 10.35 Still Game 11.05 Sportscene 11.45 The Graham Norton Show 12.35am Remembrance Week 1.20am Eyewitness BBC1 NORTHERN IRELAND: 7.30pm Getaways 10.35 THE House on

the Hill 11.05 Ask Rhod Gilbert 11.45 The Graham Norton Show 12.30 The Apprentice BBC1 WALES: 7.30pm X-Ray BBC2 SCOTLAND: 7.00pm Dè a-nis? 9.00 Donald Trump's Golf War 11.00 Newsnight Scotland 11.20 Giles and Sue Live The Good Life

12.20am The Secret Life of the National Grid 1.20am News BBC2 NORTHERN IRELAND:

10.00pm Seacht 10.25 Seinn Liom 11.20 Stormont Today 11.50 The Trip 12.20am The Secret Life of the National Grid 1.20am News BBC2 WALES:

11.20pm SPORT Rallying 12.20am NEW The Secret Life of the National Grid 1.20am BBC News STV: 10.40pm Vet School Bites 11.00 Dilais 11.35 A Reir na h-Aimsir 12.10am Brain Box 1.00 Jeremy Kyle 2.00 The Nightshift 3.20am The Nightshift ULSTER:

TODAY'S SPORT

- 6.00am Good Morning Sports Fans (HD) 9.00 Football Special (HD)
- 10.30 Super Sunday: The Last Word (HD) 11.00 Spanish Football (HD)
- 12.00noon Football Special (HD)
- 1.30pm Super Sunday: The Last Word (HD) 2.00 Spanish Football (HD)
- 5.00 Super Sunday: The Last Word (HD)
- 5.30 Soccer AM: The Best Bits
- 6.30 Netbusters
- 7.00 Sky Sports News at Seven (HD) 7.30 Football: League 2 action as Torquay face Barnet, kick-off 7.45pm. (HD)
- 10.00 Football (HD)
- 11.00 A League of Their Own (HD) 11.30 Premier League Review (HD)
- 12.30am Soccer AM: The Best Bits 1.30 Football
- 3.30 Watersports World
- 4.30 Max Power
- 5.30-6.00am FIFA Futbol Mundial

sky SPORTS 1 sky SPORTS 2

6.00am Aerobics 6.30 Snow Ride

7.00 WWE: Bottom Line (HD)

8.00 PGA Tour Golf (HD)

11.00 European Tour Golf (HD)

1.00pm International Rugby Union (HD) 3.00 European Tour Golf (HD)

5.00 Show Jumping 6.00 NFL: The latest pigskin-chucking highlights. (HD)

8.00 Big Time Boxing: Another chance to see what happened when Manny Pacquiao took on Antonio Margarito.

10.00 Max Power 11.00 NASCAR (HD)

12.00m't Show Jumping

1.00am Snow Ride

1.30 European Tour Golf 2.30 PGA Tour Golf (HD)

3.30 Wonderful World of Golf 5.00-6.00am PGA Tour Classic

FILM4 (315)

6.40pm Tristan + Isolde: Adventure. 9.00 Assault on Precinct 13 11.05 28 Weeks Later 12.55am Hotel Rwanda 3.15-3.30am Mike Leigh Special

COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 Scrubs 8.30 Two and a Half Men 10.00 Mike & Molly 10.30 Sex and the City 11.05 Live at the Apollo 12.05am Sex and the City 12.40 Two and a Half Men 1.40 South Park 2.40 Scrubs 3.40 Two and a Half Men 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier



6.30pm Talk of the Terrace 8.00 NBA Basketball 10.00

Between The Lines 10.30 Talk of the Terrace 12.00m't NFL: Monday Night Countdown 1.30am IIII NFL: Monday Night Football 4.30-5.00am Press Pass

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Mythbusters 10.00 Frontline Battle Machines with Mike Brewer 11.00 How the Universe Works 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Rory McGrath's Best of British Engineering 3.00 World War Two: The Complete History 3.50 Special Forces Heroes 4.40 Mystery Investigator: Olly Steeds 5.30-6.00am How Does That Work?

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

7.00pm Doctor Who 7.50 Doctor Who Confidential 8.00 The Real Hustle: Celebrity Scammers 8.30 Freak Like Me 9.00 The World's Strictest Parents 10.00 EastEnders 10.30 How Not to Live Your Life 11.00 Family Guy 11.45 The World's Strictest Parents 12.45am Freak Like Me 1.15 How Not to Live Your Life 1.45 Mad

About the House 2.40 Children in Need: 50 Greatest Moments 3.40 The Real Hustle: Celebrity Scammers 4.10 Doctor Who Confidential 4.20-5.20am Mad About the House

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 Scrubs 10.00 The IT Crowd 10.30 Pete Versus Life 11.05 Misfits 12.10am A Shot at Love with Tila Tequila 1.05 Scrubs 1.55 The IT Crowd 2.20 Pete Versus Life 2.50 Misfits 3.45 Reno 911! 4.05 Switched 4.30 Accidentally on Purpose 4.50-6.00am Switched

DAVE (111)

7.00pm Storid Rally 8.00 Top Gear 9.00 QI 9.40 Mock the Week 10.20 Have I Got News for You 11.00 QI 11.40 Mock the Week 12.20am Have I Got News for You 1.00 QI 1.35 Never Mind the Buzzcocks 2.10-3.00am Lead Balloon

15 NOVEMBER MONDAY

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 Liza and Huey's Pet Nation (R) (HD) 10.00 Cold Case (R)(HD) 11.00 Super Nurses (HD) 11.30 The Real A&E (R)(HD) 12.00 noon The Biggest Loser US 1.00pm UK Border Force (R)(HD) 2.00 Stargate Atlantis (R)(HD) 3.00 Stargate Atlantis (R)(HD) 4.00 Cold Case (R)(HD) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

7.00 The Simpsons

Homer takes over as the Grim Reaper. (R)

7.30 The Simpsons

Homer heads to Jerusalem and ends up stranded in the desert. (R)(HD)

8.00 Fat Families

Two overweight cousins who rarely leave their home. Last in the series. (HD)

9.00 Inside Britain's **Fattest Man**

We're guessing there's a lot of pies? (R)

10.00 NCIS: Los Angeles

When a former army sergeant responsible for tracking down high-value targets is found dead, the team suspects terrorists are behind his murder. (HD)

11.00 Bones

The team identifies a skull and decomposing hands found in a wheelie bin belonging to a bounty hunter. (R)(HD)

12.00m't Law & Order

Lupo and Bernard investigate the murders of homeless men. (HD)

1.00am Road Wars 1.50 Ross Kemp on Gangs (R)(HD) 2.40 Oops TV (R) 3.30 Lost (R)(HD) 4.20 Sell Me the Answer (R) 5.10-6.00am Are You Smarter Than... (R)(HD)

11.05pm Stephen Tompkinson's African Balloon Adventure 12.00m't Brain Box 2.25 Countrywise ITV1 WALES: 8.00pm Anna's Welsh Zoo 10.30 Wales Tonight 12.00m't Wild Britain with Ray

7.00pm Hogan Knows Best 8.00 Teen Mom 9.00 Jersey Shore 10.00 Scream Queens 11.00 The Hard Times of RJ Berger 12.00m't The Dudesons in America 1.00am Scream Queens 2.00 The Hard Times of RJ Berger 3.00-6.00am All the Hits

SYFY (129)

7.00pm A Town Called Eureka 8.00 Sanctuary 10.00 Haven 11.00 Warehouse 13 12.00m't Black Dawn: Action adventure sequel. 1.50am Fact or Faked: Paranormal Files 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Buffy the Vampire Slayer

7.00pm NCIS 9.00 Family Guy 10.00 NCIS 11.00 The Walking Dead 12.00m't Nip/Tuck 1.00am Farscape 2.00 Babylon 5 3.00-4.00am ReGenesis

TODAY'S MUST-SEES



The Trip BBC1, 10pm Steve Coogan COMEDY and Rob Brydon continue to eat meals, riff on this thing called life and do amusing impressions to each other in this brilliant mockumentary. This week, the hilarious duo are off to Greta Hall in Keswick, which was once home of Samuel Taylor Coleridge (strange chap who used

to write mad poems under the influence of lots of drugs), and Dove Cottage, home of William Wordsworth, who was also a bit useful when it came to making stuff rhyme, though he did have a tendency to warble on about daffodils. Poetry-tastic! ★★★



Accused BBC1, 9pm

DRAMA The BBC tend to do some things pretty well, and one of them is super-gritty, close-to-the-knuckle, depressing dramas. Like these six one-off dramas about a normal person who somehow ends up in court. Dark stuff. ***



Ask Rhod Gilbert BBC1, 10.35pm The last show in the series, and a fine

series it's been - more Gilbert in the near future, please! As ever, Rhod answers questions from the public, with the help of his flatmate Lloyd and Greg Davies from The Inbetweeners. ★★★★



Chris Moyles' Quiz Night

Nuts hero Moylesy's back to banish those Monday night blues. Will a series of celeb guests like Rio Ferdinand and David Tennant be able to outwit Moyles in this quiz? Probably not! ★★★



NutsTV

6.00am Breakfast 9.15 Rewind the 60s 10.00 Homes Under the Hammer 11.00 Cowboy Trap 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 The Indian Doctor 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park: Wild in Africa (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Car Booty (R) 2.15 Ben Fogle's Escape in Time (R) 3.00 Murder, She Wrote (R) 3.45 Flog It! (R) 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dinner Date 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.25am Sali Mali (R) 6.30 Planet Cook (R) 6.50 Yo Gabba Gabba (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.40 Frasier (R) 9.10 According to Jim (R) 9.40 Cook Yourself Thin (R) 10.10 One Tree Hill (R) 11.05 Smallville 12.00noon Channel 4 News Summary 12.05pm Supernanny USA (R) 12.50 TIM The Last Command 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Celebrity Coach Trip 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshakel 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor(R) 12.10pm House Doctor(R) 12.40 Five News 12.45 Emergency Bikers (R) 1.45 Neighbours 2.15 Home and Away 2.50 Rough Guide to Activity Holidays (R) 3.05 Food for Feudin' 3.10 Dawn Anna: Fact-based drama starring Debra Winger. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show

7.30 EastEnders More Cockney jibber-jabber.

8.00 Holby City

Donna's charmed by a charismatic agency nurse. Save it for your own time, Donnathis geezer's lung needs changing.

9.00 Turn Back Time -The High Street

The traders transform their shops to fit 1930s standards. Overrun with rats, then.

10.00 BBC News, Weather 10.35 Imagine

NEW Beard-stroking arts show with Alan Yentob.

11.30 The Mission

Classic historical drama, starring Robert De Niro and Jeremy Irons as a pair of Jesuit priests in 18th-century Brazil. Bit heavy, really.

1.30am See Hear (R) 2.00 Sign Zone

2.45 MasterChef: The Professionals (R) 3.45 The Bionic Vet (R) 4.20 Restoration 7.00 Coast

A journey to France on board a hovercraft. Thrilling stuff as always, then... (R)

8.00 Alan Titchmarsh's **Garden Secrets**

The green-fingered presenter has a poke around Buckinghamshire.

9.00 Horizon

Scientific scaremongering.

10.00 Later Live with Jools Holland

Another sterling line-up, including Adele, Robert Plant and Arcade Fire. Lovely.

10.30 Newsnight

11.20 The Secret Life of the National Grid

A documentary about Britain's electricity grid. If this doesn't get you off to sleep, nothing will.

12.20-4.00am BBC News

4.00-6.00am BBC Learning Zone (R)

7.00 Emmerdale

Sheep-bothering antics on the farm.

7.30 River Monsters

Jeremy Wade swims into the lair of a snakehead, known as the "Jack the Ripper" fish. Good luck mate!

8.00 The Zoo

The elephants fall victim to a herpes outbreak. We're not making this up.

9.00 I'm a Celebrity Get Me Out of Here!

More kangaroos have their genitals eaten.

10.00 ITV News, Weather 10.35 Celebrity Juice: McFly Special

The boy band have the Michael extracted by Keith Lemon and friends.

11.20 Swingtown

Bruce and his wife return to swinging. Good for you, Brucie!

12.15am The Zone

2 15 The Rockford Files (R) 3 10 The Jeremy Kyle Show (R) 4.05-5.30am ITV Nightscreen

6.25pm The Core : Sci-fi action thriller.

remake starring Mark Wahlberg, 11.05

Best 3.25-3.40am Mike Leigh Special

COMEDY CENTRAL (126)

starring Vasundhara Das. 1.20am Second

6.00pm Two and a Half Men 7.30 Scrubs

8.30 Two and a Half Men 9.30 Mike &

Molly 10.00 Live at the Apollo 11.00

Sex and the City 12.10am Two and a

Half Men 1.10 South Park 2.10 The

Monsoon Wedding: Comedy drama

9.00 The Italian Job: Crime thriller

7.00 News

7.55 4thought.tv

8.00 Kirstie's **Homemade Home**

9.00 The Family

NEW Fly-on-the-wall documentary, following a family's squabbles and strife. Bored of shouting at your own mob? Watch this lot instead.

10.00 Jimmy Carr **Telling Jokes**

MUST-SEE As opposed to what?
"Jimmy Carr Mending A Tap?" Funny stuff, mind.

11.05 The Big Bang Theory

NEW Wolowitz's new robotic arm creates problems. Hmm, womder what he's been using it for ...

11.35 The Big Bang Theory Sheldon tries to extend his lifespan.

12.05am Bull Run

SPORT The New York to Las Vegas rally continues, with the drivers aiming to reach Chicago.

12.40 Freeze Festival 2010

5.00 Deadliest Catch 5.45-6.30am ER

1.30am World B-Boy Series 1.55 Volleyball 2.50 KOTV 3.15 World Sport 3.40 Swimming 4.30 Britain's Yacht Race

7.00 Five News at 7

7.30 Street Market Chefs

Cookery show. Which reminds us, time to whack that pizza in the oven.

8.00 Sea Patrol UK

More ocean-based rescues.

9.00 CSI: Miami

MUST-SEE The team investigate three different murders, each more weird than the last!

10.00 CSI: NY

An execution is delayed by a prison riot. Saved by the bell, eh? (R)

11.00 CSI: Crime Scene Investigation

The team make a grisly discovery underneath a hotel patio. It's like Brookside all over again!

12.00m't NCIS

An agent's funeral leads Shepard on a covert mission. (R)

1.00 SuperCasino 3.55 House Doctor (R) **4.20** Emergency Bikers (R) **5.10** Michaela's Wild Challenge (R) **5.35**-6.00am Michaela's Wild Challenge (R)

Roadshow (R) 4.50-6.00am BBC News

BBC1 SCOTLAND: 8.00pm River City 11.30 SPORT Sportscene 12.10-1.40 FILM Drop Dead Gorgeous: Mock documentary starring Kirsten Dunst. BBC1

BBC1 WALES: 10.35pm Week In, Week Out 11.05 Imagine 12.00m't The Mission BBC2 SCOTLAND: 7.00pm Michael Wood's Story of England 11.00pm Newsnight Scotland, Weather

Boy 7.30 An Bhearna Bhaoil (The Gap of Danger) 10.00 Great Unanswered Questions 11.20 Stormont Today 11.50 Later Live - with Jools Holland 12.20am The Secret Life of the National

Railway Walks 7.30 Mastermind STV: 7.30pm Cheetah Kingdom 10.30 STV News and Weather 10.40 The Hitcher: Horror thriller remake starring Sean Bean. 12.15am Brain Box 1.00 The

NORTHERN IRELAND: 10.35pm Spotlight Special
11.35 Imagine 12.25am (IRELAND) Drop Dead Gorgeous

BBC2 NORTHERN IRELAND: 7.00pm Jackie's the

Grid 1.20am BBC News BBC2 WALES: 7.00pm

Jeremy Kyle Show 2.00-5.30am The Nightshift

TODAY'S SPORT

sky SPORTS 1 sky SPORTS 2

- 6.00am Good Morning Sports Fans (HD) 9.00 Netbusters
- 9.30 Football League (HD)
- 11.00 SPL Round-Up (HD)
- 11.30 Soccer AM: The Best Bits
- 12.30pm Premier League Review (HD) 1.30 Football League (HD)
- 3.00 SPL Round-Up (HD)
- 3.30 Netbusters
- 4.00 Soccer AM: The Best Bits
- 5.00 Premier League Review (HD)
- 6.00 Spanish Football
- 7.00 Sky Sports News at Seven (HD) 7.30 Football: Scotland take on the Faroe Islands in this friendly encounter at Pittodrie, kick-off 7.45pm. (HD)
- 10.15 Qatar 2022
- 10.45 Sky Sports Classics
- 11.00-7.30am Cricket: Australia 'A' host England, as the opening day of this four-day match gets underway. (HD)

6.00am Aerobics 6.30 Snow Ride

7.00 WWE: Afterburn (HD) 8.00 Premier League Review (HD)

9.00 European Tour Golf

10.00 PGA Tour Golf (HD) 11.00 Wonderful World of Golf

12.30pm PGA Tour Classic 1.30 European Tour Golf

2.30 Wonderful World of Golf 4.00 PGA Tour Classic

5.00 Sports Unlimited 6.00 Hong Kong Cricket Sixes 7.00 Qatar 2022

7.30 Greyhound Racing 10.00 Poker Million (HD)

12.00m't Football Asia 12.30am A-League

3.00-4.00am Golf

1.00 International Football (HD) 2.00 Spanish Football

FILM4 (315)

Office: An American Workplace 3.10 7.00pm NFL 9.30 Premier League

Kicks 9.45 SPL Kicks

10.00 Eredivisie 11.00 RPL 12.00m't NHL 2.30am Press Pass 3.00 Serie A Kicks 3.15 RPL 3.45 Premier League Kicks 4.00-5.00am Eredivisie

Scrubs 3.40 Two and a Half Men 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

DISCOVERY (520)

6.00pm Mythbusters 8.00 Deadliest Catch 9.00 Swamp Loggers 10.00 Built from Disaster 11.00 River Monsters 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Rory McGrath's Best of British Engineering 3.00 World War Two: The Complete History 3.50 Special Forces Heroes 4.40 Mystery Investigator: Olly Steeds 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm Merlin 7.45 Doctor Who's Greatest Moments 8.00 Children in Need: 50 Greatest Moments 9.00 Mad About the House 10.00 EastEnders 10.30 MUSTISEE Lip Service: More girly kissing. Ace! 11.30 Family Guy 12.15am

Mad About the House 1.15 Lip Service 2.15 Children in Need: 50 Greatest Moments 3.10 Secrets of the Universe 4.10 Doctor Who's Greatest Moments 4.25-5.25am Kara Tointon: Don't Call Me Stupid

7.00pm Hollyoaks 7.30 Friends 9.00 The Event 10.00 MUSISSE Predator 2: Sci-fi thriller sequel. 12.10am Scrubs 1.05 The Event 2.00 Life Unexpected 2.40 A Shot at Love with Tila Tequila 3.20 Reno 911! 3.45 Switched 4.05 Accidentally on Purpose 4.30-6.00am Switched

DAVE (111)

6.40pm QI 8.00 Top Gear 9.00 QI 10.00 Mock the Week 10.40 Have I Got News for You 11.20 QI 12.20am Have I Got News for You 1.00 Mock the Week 1.40 Buzzcocks 2.15 Lead Balloon 2.45-3.00am Radical Highs

16 NOVEMBER TUESDAY

FULL 7 DAY TY



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 Liza and Huey's Pet Nation (R) (HD) 10.00 Cold Case (R)(HD) 11.00 Kim's Rude Awakening (R)(HD) 11.30 The Real A&E(R)(HD) 12.00noon The Biggest Loser US 1.00pm UK Border Force (R) (HD) 2.00 Stargate Atlantis (R)(HD) 3.00 Stargate Atlantis (R)(HD) 4.00 Cold Case (R)(HD) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

7.00 The Simpsons

Homer's mother asks for help. (R)

7.30 The Simpsons

Bart tracks down and a former student rumoured to have pulled off the "ultimate prank". (R)(HD)

8.00 UK Border Force

A flight is delayed when a pregnant woman boards a plane to America. Tsk, how selfish of her! (R)(HD)

9.00 Stargate Universe

Rush and Col Young are left stranded in space. Noone can hear them scream, either...(HD)

10.00 Fringe

Peter presses on with piecing together the mass destruction device. Sounds like a recipe for disaster... (HD)

11.00 A League of Their Own David James is among the guests. (R)(HD)

11.30 A League of Their Own Another round of sporting gags. (R)(HD)

12.00m't Lie to Me

More porkie-busting adventures with Tim Roth and friends. (R)(HD)

1.00 Road Wars (R)(HD) 1.50 Ross Kemp on Gangs (R)(HD) 2.40 Oops TV (R) 3.30 Lost (R) 4.20 Sell Me the Answer (R) 5.10-6.00am Smarter Than a 10 Year Old?

ULSTER: 10.30pm UTV Live Tonight 11.05 The Cube 12.00m't Brain Box ITV1 WALES: 7.30pm Kiwi Connections

MTV (350)

7.00pm Hogan Knows Best 8.00 Baby High 9.00 Teen Mom: Maci takes Ryan to court. 10.00 Jersey Shore 11.00 The Hard Times of RJ Berger 12.00m't The Dudesons in America 1.00am Scream Queens 2.00 The Hard Times of RJ Berger 3.00-6.00am All the Hits

SYFY (129)

7.00pm A Town Called Eureka 8.00 Medium 9.00 Haven 10.00 Black Dawn 11.50 Double Impact 2.00am Fact or Faked: Paranormal Files 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Buffy

FX (164)

7.00pm NCIS 9.00 King of the Hill 10.00 American Dad! 11.00 Life 12.00m't Nip/Tuck: A patient refuses anaesthetic. 1.00am Farscape 2.00 Babylon 5 3.00-4.00am ReGenesis

ODAY'S MUST-S



Predator 2

E4, 10pm

Hugely under-rated FILM sci-fi action sequel starring Danny "I'm too old for this sh*t" Glover as a tough cop facing a ferocious alien in 1997 Los Angeles. The city's citizens - mainly naughty crime gangs are being stalked by the extraterrestrial hardass who wants to test his hunting abilities against other "predators". Except it's no contest really, as the alien is massive and has amazing weapons! Look out for utterly gruesome deaths and imaginatively bloody slayings! Awesome! ****



CSI: Miami Five, 9pm

DRAMA It's a bonanza of bodies as Horatio and his team investigate three separate murders during the spring break - a man impaled on a statue, a woman found dead in a washing machine, and a victim discovered buried alive. Blimey! ★★★



LipService BBC3, 10.30pm

Quite simply, the best lesbian-based DRAMA drama on telly, mainly because said lesbians are fit, they're prone to removing their outer garments and it's the only lesbian drama on telly. Obviously of no interest to real lesbians. ★★★



Jimmy Carr: Telling Jokes

The king of dry humour is back doing what he does best, standing there, firing off gags about sex, religion and political correctness. Not for the easily offended. ★★★



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Nuts

6.00am Breakfast 9.15 Rewind the 60s 10.00 Homes Under the Hammer 11.00 Cowboy Trap 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 The Indian Doctor 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Daily Politics 1.00pm See Hear 1.30 Car Booty (R) 2.15 Ben Fogle's Escape in Time (R) 3.00 Murder, She Wrote (R) 3.45 Flog It! (R) 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads (R) 6.30 Strictly Come Dancing - It Takes Two

itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 Dinner Date 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.30am Planet Cook (R) 6.50 Yo Gabba Gabba (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.40 Frasier (R) 9.10 According to Jim (R) 9.40 Cook Yourself Thin (R) 10.10 One Tree Hill (R) 11.05 Smallville 12.00 noon Channel 4 News Summary 12.05pm River Cottage Bites 12.15 Jamie at Home (R) 12.50 Eye of the Needle: Spy thriller. 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Celebrity Coach Trip 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor(R) 12.10pm House Doctor(R) 12.40 Five News 12.45 Emergency Bikers (R) 1.45 Neighbours 2.15 Home and Away 2.50 Rough Guide to Short Breaks (R) 3.05 FILM Cries in the Dark: Suspense thriller starring Eva La Rue. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show

The normally funny man Jason Manford, goes unfunny for this show.

7.30 Wallace & Gromit's World of Invention

8.00 Jimmy's Food Factory

8.30 Nigel Slater's Simple Suppers

Recipes for Thai-spiced aubergines.

9.00 The Apprentice

MUST-SEE A hard task this week where the mouthy, suit-wearing gobshites have to create a "personal movie experience"

10.00 BBC News, Weather 10.35 The National **Lottery Draws** 10.45 Film 2010 with

Claudia Winkleman A review of the new Harry Potter flick.

11.25 The Crossing Guard

FILM Drama with Jack Nicholson. An alcoholic plots to murder a drunk driver who killed his kid.

1.15am Sign Zone: Remembrance Week

(R) 2.00 MasterChef: The Professionals (R)

3.00 Watchdog (R) 4.00 Restoration

Roadshow (R) 4.30-6.00am BBC News

7.00 Escape to the Country People who like wellies. (R)

8.00 Edwardian Farm

The team try egg production, beef cattle and food preservation using only Edwardian tools and materials. But why? It's 2010 so why make life so hard?

9.00 Ancient Worlds

Richard Miles explores the collapse of the Bronze Age 3,000 years ago... and sleep.

10.00 The Apprentice: You're Fired!

Another candidate gripes about being a loser! Once again... loser!

10.30 Newsnight

11.20 The Secret Life of the National Grid

Or the secret life of getting a life? (R)

4.00-6.00am BBC Learning Zone

12.20am BBC News

7.00 Emmerdale

Paddy and Rhona struggle to resist their urges at work. We say go for it, just get down and get dirty.

7.30 England vs France

MUST-SEE It's a friendly, but all's the same it's England vs France, so how friendly is it really going to be? Kick-off at Wembley is at 8pm.

10.10 ITV News, Weather

10.45 International **Football Highlights**

SPORT England vs France.
Highlights of this evening's friendly clash at Wembley Stadium, as the two nations continued to rebuild following poor World Cup campaigns.

11.45 Cops with Cameras Does what it says on the tin. (R)

12.40am The Zone

2.45 Out for Justice: Martial arts thriller starring Steven Seagal and Jerry Orbach. 4.15 The Jeremy Kyle Show (R) 5.10-5.30am ITV Nightscreen

7.00 News

7.55 4thought.tv The public reflect on religious issues. We're converting to the Nuts religion where it's all about having a laugh.

8.00 Animal Madhouse

An aggressive tortoise and an excitable dog get help. In the form of Valium, perhaps?

9.00 Grand Designs More house building nonsense.

10.00 Rude Tube: Viral Ads Funny stuff on the net. You could just go to Nuts.co.uk for the best of the web.

11.05 The Event Agent Collier closes in on Vicky. (R)

12.05am Music on 4: On Track With Swedish singer-songwriter Robyn.

12.20 The Album Chart **Show Introduces Mike Posner**

12.40 4Play: Frankie and the Heartstrings 12.55 The Album Chart **Show Spotlight**

1.05 ELL Lemon Tree 2.55 Studio 60 on the Sunset Strip (R) 3.35 FILM A Letter to Three Wives 5.20 Ma Bar (R) 5.30-6.15am Countdown (R)

7.00 Five News at 7

7.30 Highland Emergency More people get stuck up mountains. Will

they never learn?

8.00 Emergency Bikers

NEW Biker cops are on the lookout for illegal contraband.

9.00 NCIS

Vance sticks to the rules as he investigates the death of a fellow agent. (R)

10.00 Law & Order: Criminal Intent

A magician disappears during a live-burial stunt. Whoopsy.

11.00 Law & Order

A homeless man goes on trial, accused of killing a fellow vagrant. (R)

11.55 Poker

SPORT Action from the prestigious event at the Palm Beach Casino in Mayfair.

12.55am SuperCasino

3.55 House Doctor (R) 4.20 Emergency Bikers (R) 5.10 Michaela's Wild Challenge (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 SCOTLAND: 7.30pm Grand Tours of Scotland 8.00 Holby City 10.45 Ask Rhod Gilbert 11.25 Film 2010 with Claudia Winkleman 12.05am The Crossing Guard 2.15 Sign Zone: Remembrance Week 3.00am Sign Zone: MasterChef: The

Professionals BBC1 NORTHERN IRELAND:

10.45pm SKETCHY with Diarmuid Corr 11.15 Film 2010 with Claudia Winkleman 11.55 BBC News 12.20am Sign Zone: Countryfile BBC1 WALES:

with Claudia Winkleman 11.55 RLM The Crossing

Santer STV: 7.30pm Grimefighters 8.00 Moviejuice Harry Potter Special 8.30 IIIM I'm With Lucy. 10.40

- 7.30am Football Asia 8.00 International Football (HD)
- 9.00 Spanish Football 10.00 International Cricket (HD)
- 12.00noon Spanish Football
- 1.00pm International Football (HD)
- 2.00 International Cricket (HD) 4.00 International Football (HD)
- 5.00 Spanish Football
- 6.00 Total Rugby 6.30 FIFA Futbol Mundial
- 7.00 Sky Sports News at Seven (HD)
- 7.30 International Football: Friendly action from Dublin as Republic of Ireland take on Norway, kick-off 7.45pm.
- 10.00 You're on Sky Sports!
 11.00-7.30am we International Cricket: Further Ashes preparation for England, as they take on Australia 'A' at the Bellerive Oval in Hobart, Tasmania. Fingers crossed they can build a bit of momentum! (HD)

sky SPORTS 1 sky SPORTS 2

6.00am Good Morning Sports Fans (HD) 9.00 Powerboating

- 9.30 Qatar 2022
- 10.00 Poker Million (HD) 12.00 noon Hong Kong Cricket Sixes
- 1.00pm British Basketball
- 3.00 Poker Million (HD) 5.00 Hong Kong Cricket Sixes
- 6.00 European Tour Weekly
- 6.30 Inside the PGA Tour (HD)
- 7.00 Football Asia 7.30 IIII International Football: Northern Ireland face Morocco at Windsor Park, kick-
- off 7.45pm. (HD) 10.00 Transworld Sport
- 11.00 FIFA Futbol Mundial
- 11.30 Total Rugby
- 12.00m't International Football
- 2.00am Total Rugby 2.30 You're on Sky Sports!
- 3.30-5.30am International Football

10.45pm The Real Indian Doctors 11.15 Film 2010

Guard 1.40-2.00 BBC News, Weather BBC2 SCOTLAND: 7.00pm The Big Silence 11.00pm Newsnight Scotland, Weather BBC2 NORTHERN IRELAND: 7.00pm House on the Hill 7.30pm

STV News 10.50 October Road 11.45 Animals Are Amazing Shorts 12.00m't Brain Box 1.00am The Jeremy Kyle Show 2.00am The Nightshift ULSTER:

TODAY'S SPORT

FILM4 (315)

7.00pm Sister Act: Musical comedy. 9.00 The Departed: Gangster thriller starring Leonardo DiCaprio. 11.50 Borat! 1.30-3.45am Après vous:

COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 Scrubs 8.30 Two and a Half Men 10.00 The Office: An American Workplace 11.00 Sex and the City 12.15am Two and a Half Men 1.15 South Park 2.15 Grouchy Young Men 2.45 Scrubs 3.45 Two and a Half Men 4.10 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier



7.00pm ESPN Kicks 7.15 ESPN Serie A Kicks 7.30

Live International Football 9.30 Ski World Cup Report 10.00 30 for 30 11.00 Poker 12.00m't WE NBA Basketball 2.30-5.00am NHL Ice Hockey

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It?: How peanut butter is made. 8.30 How It's Made 9.00 Did the Mob Kill JFK? 10.00 Ultimate Air Jaws 11.00 Frontline Battle Machines with Mike Brewer 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Rory McGrath's Best of British Engineering 3.00 World War Two: The Complete History 3.50 Special Forces Heroes 4.40 Mystery Investigator: Olly Steeds 5.30-6.00am How Does That Work?

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

BBC3 (115)

7.00pm Radio 1 Teen Awards 8.00 Mad About the House 9.00 Children in Need: 50 Greatest Moments 10.55 Family Guy 11.40 Lip Service 12.40am Mad About the House 1.40 Russell Howard's Good News 2.10 Children in Need: 50 Greatest Moments 4.05-5.05am Radio 1 Teen Awards

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 Ugly Betty 10.00 Desperate Housewives 11.00 Natalie Cassidy: Becoming Mum 12.00m't RuPaul's Drag Race 1.00am Scrubs 1.50 Natalie Cassidy: Becoming Mum 2.45 RuPaul's Drag Race 3.30 Reno 911! 3.50 Switched 4.15 Accidentally on Purpose 4.35-6.00am Switched

DAVE (111)

6.40pm QI 8.00 Top Gear 9.00 QI 9.40 Mock the Week 10.20 Have I Got News for You 11.00 QI 11.40 Mock the Week 12.20am Have I Got News for You 1.00 Pulling 1.35 Chandon Pictures 2.30-3.00am Lead Balloon

MTV (350)

7.00pm Hogan Knows Best 8.00 Teen Mom 9.00 Jersey Shore 10.00 Scream Queens 11.00 The Hard Times of RJ Berger 12.00m't The Dudesons in

17 NOVEMBER WEDNESDAY



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV(R) 9.00 It's Me or the Dog USA (HD) 10.00 Cold Case (R)(HD) 11.00 Kim's Rude Awakening (R)(HD) 11.30 Medical Emergency (R) 12.00 noon The Biggest Loser US 1.00pm UK Border Force (R) (HD) 2.00 Stargate Atlantis (R)(HD) 3.00 Stargate Atlantis (R)(HD) 4.00 Cold Case (R)(HD) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

7.00 The Simpsons

The childless sectors of society mount a campaign against children. We can see where they're coming from. (R)

7.30 The Simpsons

Homer wins \$1million on the lottery, but keeps it a secret from his family. Think we'd probably do the same. (R)(HD)

8.00 The Little Couple

Docu following the lives of a couple who are both under four feet tall (R)(HD)

8.30 Emergency **Animal Rescue**

RSPCA thing. It'll make you cry! (HD)

9.00 The Legend of **Bagger Vance**

FILM Sporting fantasy starring Will Smith and Matt Damon set in 1930s Georgia, a mysterious caddie acts as a guardian angel to a golfer. (HD)

11.25 UK Border Force

The team in Calais searches lorries for illegal immigrants. (R)

12.25am Inside **Britain's Fattest Man**

This is never going to be pleasant. (R)

1.25 Road Wars (R)(HD) 2.15 Ross Kemp on Gangs (R)(HD) 3.05 Oops TV (R) 3.30 Lost (R)(HD) 4.20 Sell Me the Answer (R) 5.10-6.00am Are You Smarter... (R)(HD)

10.40pm UTV Live Tonight 11.15 International Football Highlights 12.10am Brain Box 2.30-2.45am UTV Rewind ITV1 WALES: 10.40-10.45 Wales Tonight, Weather

America 1.00am Scream Queens 2.00 The Hard Times of RJ Berger 3.00-6.00am All the Hits

SYFY (129)

7.00pm A Town Called Eureka 8.00 War of the Worlds 2: The Next Wave: Sci-fi thriller starring CThomas Howell. 9.40 Lava Storm: Disaster thriller starring lan Ziering. 11.30 FILM Spaceballs: Mel Brooks' sci-fi spoof starring Bill Pullman. 1.20am Thunderbirds 2.30 3rd Rock from the Sun 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Buffy the Vampire Slayer

FX (164)

7.00pm NCIS 9.00 American Dad! 10.00 Burn Notice 11.00 The Walking Dead 12.00m't Nip/Tuck 1.00am Farscape 2.00 Babylon 5 3.00-4.00am ReGenesis

TODAY'S MUST-SEE



"Yeah, let's head wn the strip ba... er, hi Coleen!" France 7.30pm, ITV1

SPORT People may well think England had a disastrous World Cup campaign, but compared to Les Bleus across the Channel, it was like a pleasant walk in the park. The unfortunate Frogs failed to win a single game, went home in complete humiliation and suffered a player revolt that led to the entire team being suspended. A spectacular failure, basically, so they may see a match against Fabio Capello's boys as a chance to salvage some much-needed national pride. We must hope and pray they fail again! ★★★



The Human Centipede

Sky Box Office, from 6am

Absurd horror nonsense worth watching just so you can say you've seen it. A group of tourists fall into the hands of a demented surgeon who plans on stitching them all together! ***



The Apprentice BBC1, 9pm We head to Pinewood Film Studios as

REALITY the candidates create personal movie experiences - like car races and shark diving - and try to sell them. Expect more professional grumpiness from Sir Alan and the usual "You're fired!" ****



Paranormal Activity

Sky Movies Premiere/HD, 8pm

A young couple move into a dream home and start hearing things in the night. They set up a video camera to record what happens... and we watched the rest through our fingers! ****



NutsTV

6.00am Breakfast 9.15 Rewind the 60s 10.00 Homes Under the Hammer 11.00 Cowboy Trap 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 The Indian Doctor 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park: Wild in Africa (R) 12.00 noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Car Booty (R) 2.15 Ben Fogle's Escape in Time (R) 3.00 Murder, She Wrote (R) 3.45 Flog It! (R) 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dinner Date 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.15am Sali Mali (R) 6.20 The Treacle People (R) 6.30 Planet Cook (R) 6.50 Yo Gabba Gabba 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond 8.40 Frasier 9.10 According to Jim (R) 9.40 Cook Yourself Thin (R) 10.10 One Tree Hill (R) 11.05 Smallville 12.00noon Channel 4 News Summary 12.05pm A Place in the Sun (R) 1.05 Film Geronimo 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Celebrity Coach Trip 6.00 The Simpsons (R) 6.30 Hollyoaks



6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor(R) 12.10pm House Doctor(R) 12.40 Five News 12.45 Emergency Bikers (R) 1.45 Neighbours 2.15 Home and Away 2.50 Rough Guide to Journeys (R) 3.05 Mickey and the Seal (R) 3.10 FILM Jane Doe: Vanishing Act: Mystery, starring Lea Thompson. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show 7.30 EastEnders

Chirpy barrow-boys, market-traders and murderers galore!

8.00 Watchdog

Some more dodgy companies get a boot up the backside.

9.00 Have I Got News for You Topical news-bashing quiz.

9.30 Reggie Perrin

Rubbish, laughter-free "comedy". Take our advice, give it a wide berth.

10.00 BBC News, Weather 10.35 Question Time

Political claptrap.

11.35 This Week

More of the same. Zzzzzzzzzz.

12.30am Sign Zone: Tax the Fat: Panorama

Shining a light on British eating habits. (R)

Countryfile (R) 2.40 Antiques Roadshow

1.00 Remembrance Week (R) 1.45

(R) 3.40 Restoration Roadshow (R)

7.00 The Culture Show

Arts-hased chit-chat with Lauren Laverne

8.00 Nigella Kitchen

Nigella whips up some more top grub. Worth watching, since she's easier on the eye than Gordon.

8.30 Autumnwatch 2010

Chris Packham looks at some birds. Sadly, only the feathered kind

9.30 Autumnwatch Unsprung So that's a full 90 minutes of

Autumnwatch then? Right.

10.00 Never Mind the Buzzcocks

MUST-SEE Irish funnyman David O'Doherty is this week's guest host. Decent, as always.

10.30 Newsnight

11.20 The Culture Show Just in case you missed it earlier. (R)

12.20am The Apprentice: You're Fired!

With guests Andy Parsons, Colin Wilkinson and Carol Vorderman.

7.00 Emmerdale

Brace yourselves, it's an hour-long episode. That's us off to the pub then.

8.00 Coronation Street

It's Jack's funeral. Should be a cheery one.

8.30 I'm a Celebrity Get Me Out of Here!

Ant and Dec take a look at the latest insectgobbling goings-on

10.00 ITV News, Weather 10.35 Olly Murs: Revealed

The X-Factor crooner describes his rise to fame since last year's final.

11.35 The Late Debate

Political chuntering. No thanks.

12.05am Grimefighters

The police try to haul a stolen BMW out of the Thames. Don't bother lads. It'll definitely be knackered. (R)

12.30 The Zone

7.00 News

7.55 4thought.tv

8.00 Beenv's **Restoration Nightmare**

NEW Yet another property show. Give it a rest eh Sarah?

9.00 The Secret Millionaire

More heartstring-plucking dogoodery, as another millionaire spreads their cash around the less fortunate.

10.00 True Blood

MUST-SEE Bill, Sookie and Jason discover Bon Temps

has been all-but destroyed by Maryann. We always knew she was a wrong'un.

11.05 8 Out of 10 Cats

With Jack Dee and Jack Whitehall. (R)

11.50 Reaper

Sam is sent to the home of the Devil's lover Never a dull moment

12.45am King of the Hill

Peggy becomes overprotective when she discovers a child has gone missing.

7.00 Five News at 7

7.30 Jaguar Adventure with Nigel Marven

The naturalist investigates Brazil's jaguar population. (R)

8.00 The Virgin Queen's Fatal Affair: Revealed

Dusty old history documentary. Not as exciting as the title suggests.

9.00 In the Line of Fire

FILM Classic thriller starring
Clint Eastwood as a veteran secret service agent trying to stop john Malkovich's psycho killer assassinating the US President. Great stuff!

11.35 The World of Stupid Criminals Another batch of dozy cons find

themselves caught in the act.

12.05am SuperCasino

Don't bother playing this. Just flush your wallet down the lav instead. It's quicker.

4.10-6.00am BBC News

BBC1 NORTHERN IRELAND: 11.35pm Hearts and

1.05 BBC News 4.00-6.00am BBC Learning Zone (R)

2.30 Surface (R) 3.15 The Jeremy Kyle Show (R) 4.10-5.30am ITV Nightscreen 1.10 King of the Hill 1.35 Coppers (R) 2.30 (ALM) A Dirty Shame 4.05 Unreported World (R) 4.30 Dispatches (R) 5.25-6.10am Countdown (R)

3.55 House Doctor (R) 4.20 Emergency Bikers (R) 5.10 Michaela's Wild Challenge (R) 5.35-6.00am Michaela's Wild Challenge (R)

Minds 12.05am This Week 12.55 Sign Zone: Tax the Fat: Panorama 1.25 Sign Zone: Remembrance Week 2.10 Sign Zone: See Hear BBC1 WALES: 11.35pm Dragon's Eye 12.05am This Week

BBC2 SCOTLAND: 11.00pm Newsnight Scotland BBC2 NORTHERN IRELAND: 7.00pm Getaways 7.30 Hearts and Minds 10.00 Blas Ceoil 11.20 Never Mind the Buzzcocks 11.50 The Culture Show 12.50am The Apprentice: You're Fired! 1.30am

BBC News BBC2 WALES: 7.00pm Dragon's Eye 7.30 lolo's Secret Life of Birds STV: 10.30pm STV News and Weather 10.40 Ladette to Lady 11.35 Politics Now 12.05am Brain Box 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift

ULSTER: 10.30 UTV Live Tonight 11.05 Olly Murs: Revealed 12.00m't-2.30am Brain Box ITV1 WALES: 10.35pm Wales This Week 11.05 Sharp End 11.35 The Wales Show

TODAY'S SPORT

- 7.30am Total Rugby
- 8.00 WWE: Experience (HD) 9.00 FIFA Futbol Mundial
- 9.30 Total Rugby
 10.00 International Cricket (HD)
- 12.00noon International Football 2.00pm International Cricket (HD)
- 4.00 International Football
- 5.00 FIFA Futbol Mundial
- 5.30 European Tour Golf (HD) 7.00 Sky Sports News at Seven (HD)
- 7.30 Premier League World (HD)
- 8.00 The Rugby Club (HD) 9.00 Ringside (HD)
- 10.00 Time of Our Lives
- 11.00-7.30am IVI International Cricket: It's day three of the four-day match between Australia 'A' and England at the Bellerive Oval in Hobart, with Strauss's men looking to play their way into form before the Ashes. (HD)

sky SPORTS 1 sky SPORTS 2

- 6.00am Good Morning Sports Fans (HD) 9.00 Transworld Sport
- 10.00 International Football 12.00 noon European Tour Golf (HD)
- 4.00pm Ladies European Tour Golf 5.00 International Football (HD)
- 6.00 Karting 6.30 Spirit of Yachting
- 7.00 ATP Tour Uncovered
- 7.30 Premier League Snooker. Ball-sinking action from the 10th and final round of the season, at the Venue Cymru in Llandudno, Wales.
- 11.00 The Rugby Club (HD) 12.00m't Ringside (HD)
- 1.00-4.30 WE NFL: Time for another helping of Stateside bone-mangling from the NFL. Tonight's action sees Miami Dolphins take on Chicago Bears in this inter-conference clash at the Sun Life Stadium. Kick-off 1.20am. (HD)

FILM4 (315)

5.05pm 23 Paces to Baker Street: Thriller. 7.10 Down to You: Romantic comedy, 9.00 Kingdom of Heaven 12.40-3.55am Solaris: Sci-fi mystery.

COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 Scrubs 8.30 Two and a Half Men 10.00 South Park 11.00 Sex and the City 12.10am Two and a Half Men 1.10 South Park 2.10 Rules of Engagement 2.40 Scrubs 3.40 Rules of Engagement 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier



6.00pm International Football 7.30 NBA

9.30 Goal! 10.00 MMA Live 10.45 UFC11.45 ESPN Kicks Extra 12.00m't NHL 2.30am Press Pass 3.00 MMA Live 3.45 UFC 4.45-5.45am UFC Unleashed

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Wheeler Dealers 10.00 Swamp Loggers 11.00 Death Machines 12.00m't Deadliest Catch 1.00am Bear Grylls 2.00 Rory McGrath's Best of British Engineering 3.00 Hitler's Gold 3.50 Special Forces Heroes 4.40 Mystery Investigator 5.30-6.00am How Does That Work?

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

7.00pm Children in Need: 50 Greatest Moments 8.00 The World's Strictest Parents 9.00 Love Me, Love My Face 10.00 EastEnders 10.30 Russell Howard's Good News 11.00 Family Guy 11.45 Freak Like Me 12.15am The World's Strictest Parents 1.15 Love Me, Love My Face 2.15 Russell Howard's Good News 2.45 Children in Need: 50 Greatest Moments 3.45 Lip Service 4.45-5.15am Freak Like Me

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 The Big Bang Theory 9.30 Meet the Parents 10.00 MUSISSE Misfits: The gang lose their superpowers. 11.05 FILM Damien - Omen II: Horror sequel to The Omen starring William Holden and Lee Grant. 1.15am Scrubs 2.05 Misfits 3.00 Glee 3.40 Reno 911! 4.05 Switched 4.25 Accidentally on Purpose 4.50-6.00am Switched

DAVE (111)

6.30pm James May: My Sisters' Top Toys 7.50 QI: With Jo Brand. 8.30 Carpool 9.00 QI 10.20 Mock the Week 11.00 Have I Got News for You 11.40 QI 1.00am Mock the Week 1.40 Pulling 2.10 Whose Line Is It Anyway? 2.35-3.00am Radical Highs

MTV (350)

7.00pm Hogan Knows Best 8.00



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 It's Me or the Dog USA (HD) 10.00 Cold Case (R)(HD) 11.00 Kim's Rude Awakening (R)(HD) 11.30 Medical Emergency (R) 12.00noon The Biggest Loser US 1.00pm UK Border Force (R) 2.00 Stargate Atlantis (R)(HD) 3.00 Stargate Atlantis (R)(HD) 4.00 Cold Case (R)(HD) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

7.00 The Simpsons

Homer tells the story of his first love . (R)

7.30 The Simpsons

Lisa discovers why Marge became a housewife. (HD)

8.00 Modern Family 8.30 The Simpsons

Bart is convinced a new neighbour is Sideshow Bob in disguise. Yikes! (R)(HD)

9.00 An Idiot Abroad

Karl stops off in Israel. Will he understand it? Don't hold your breath. (R)(HD)

10.00 Raising Hope

MUST-SEE New comedy about a 23-year-old no-hoper who suddenly finds out he's a dad. (HD)

10.30 A League of Their Own

Lily Allen and Jimmy Carr are among tonight's guests. (R)(HD)

11.00 Wayne Rooney's

Street Striker

SPORT Wazza takes a break from counting his money to find Britain's best young player. (R)(HD)

12.00m't NCIS: Los Angeles

1.00 Road Wars (R)(HD) 2.55 Oops TV (R) 3.20 Lost (R)(HD) 4.20 Sell Me the Answer (R) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)(HD)

If You Really Knew Me 9.00 Teen Mom 10.00 Jersey Shore 11.00 The Hard Times of RJ Berger 12.00m't The Dudesons in America 1.00am Jersey Shore 2.00 The Hard Times of RJ Berger 3.00-6.00am All the Hits

7.00pm A Town Called Eureka 8.00 Fact or Faked: Paranormal Files 9.00 Warehouse 13 10.00 Haven 11.00 The 7 Adventures of Sinbad 12.50am The Tattooist: Horror thriller starring Jason Behr. 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Buffy the Vampire Slayer

FX (164)

7.00pm NCIS 9.00 Family Guy 10.00 Eastbound & Down 10.35 American Dad! 11.05 Family Guy 12.05am Nip/Tuck 1.05 Farscape 2.05 Babylon 5 3.05-4.05am ReGenesis



Raising Hope

COMEDY From the creators of My

Name Is Earl, Raising Hope is about Jimmy. He's part of the Chance family who are just a step up from trailer trash, and the 23-year-old pool cleaner thinks there's more to life than this. And he'd be right. After a chance encounter with a hot girl, Jimmy discovers he's a dad but as you'd expect, totally clueless about babies. With likeable characters, laugh-out-loud gross-out comedy moments, this Stateside smash is definitely worth a watch. ****



Misfits

E4/HD, 10pm

You know when you go out, have a few too many and think you've got super-powers? That's what happens to Nathan and the gang on a night out, except, since they already have super-powers, they lose them! Oops! ****



True Blood Channel 4, 10.30pm

I prefer Sookie's"

Bill discovers traditional vampire DRAMA

Bill discovers traditional techniques won't work on Maryann while Sookie tries to help Tara through the Maryann mentalness. Blood. Vampires. Drama and hot girls. What more could we ask for? ★★★



Never Mind The Buzzcocks

Irish comic David O'Doherty fills the host's seat this week, while Fielding and Jupitus are joined by the surprisingly funny Mel B, Olly Murs, Peter Jones and Joe Wilkinson. ***



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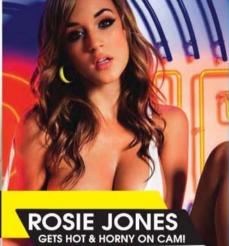
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Frisky Older Babe Seduced My Hot Girlfriend	373642
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My Dads Secretary Likes To Get Naked For Me-	379868
I Caught My Ex With My New Girl-	-371633
Lucy Pinder Uncensored Movie	-376403
Naked Rhian Sudgen	-372394
My Mates Girtfriend And My Ex-	-376874
Caught My Sisters Mate Playing Outside-	-376387
Lucy Pinder On Her Back	372393
Older Girl Gets Randyl	-375602



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Mates Mum Lets Me Film Her	373865
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Naughty Housewife Plays On Cam	-376156
Rosie Jones And Friends Get Frisky For You	379659
19yr Student Sleepover Turns Naughty-	-375669
Hot Neighbour Unleases Her Massive Boobs-	371623
My Naughty Wife Got It On With My Bro	376509
Busty Blonde Teases Very Friskyl	379082
Hot Blande Shows You Everything & Morel-	378243
Sophie Howard And Lindsay Strutt Fondle	379488
Spread Naked	374778
19 Year Old Uncensored	370835
Student Nurse Lets Me Film Her	374393
Rosie Jones And Emma Frain Romp	-378723
Sophie Howard Exposed	374785
Romping Girlfriends	370961
Full On Girl Action-	374465
Secretary Seduces Boss	-378702
Naughty Nurses Huge Jugs Get Teased-	377295































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١	Captain Caveman372367
ı	Road Runner374144
ı	CB Radio 10-4371902
J	Sld James Laugh375948
١	Darth Vader - I Am Your Father -375727
ı	Catchphrase Buzzer372280
١	Scarface - Say Hello To My 377924
ı	Tardis Noise373707
d	Chewbacca Growl373184
١	Jawsa Blager Boat371342
I	Full Metal Jacket - Your So Ugly378124
I	Happy Gimore - Go Home Ball - 377923
J	Jigsaw - I Want To Play A Game-374610







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Formula 1 376395	Halloween	-37
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True Blood376667	Littlest Hobo	-37
Family Guy 372009	Kill Bill Whistle	-37
Hangover Stu's Tiger Song-376279	The Simpsons	-37
Spongebob Squarepants - 373237		
Thundercats 374953	Hawaii Five-O	-37
Doctor Who 2010 372215	Magnum Pl	-37
Captain Pugwash 372828	Knight Rider	-37
NCIS376699	Airwolf	-37
The A Team377152	The Professionals	-37
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Nuts PUB AMMO

Your licence to serve intoxicating facts



In Scotland, 22 per cent of fish and chip shops sell battered, deep-fried Mars bars.

It's a criminal offence in the UK to possess, advertise, sell or exchange a bat (dead or alive) or any part of a bat.

The first chainsaw, invented in Germany in the 1830s, was designed to cut through the the human skull.

It's illegal to sell raw almonds in the US, due to the fact they can be chemically treated to produce cyanide.

The first baked beans were eaten by Native Americans served in a sauce of maple syrup and bear fat

A snail can sleep for up to three years without needing to eat.

The small dot at the top of the letter i is called a tittle.

The Apollo 11 lunar module had just 20 seconds worth of fuel remaining when it touched down on the moon in 1969.

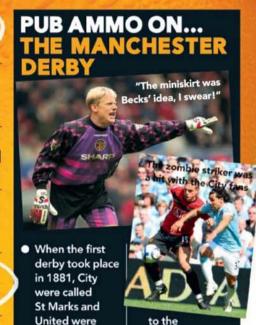
A McDonald's Happy Meal can last six months without going mouldy.

Chewing gum while cutting an onion helps stop your eyes watering - this is because you breathe through your mouth, which prevents enzymes released from the onion reaching your eyes.

Russell Brand once auditioned to be in boyband 5ive.

In 2006, a komodo dragon named Flora gave birth to five infants at Chester Zoo despite never having had any contact with a male in her life.

Robbie Savage received his first league red card aged 32, despite being the second most yellow-carded player in Premier League history



Newton Heath.
In 1970, George
Best broke City
defender Glyn
Pardoe's leg
so badly that
amputation was

second tier.
In his ten seasons
playing for City
and United, Peter
Schmeichel
never lost a
derby match.

 The 157th even considered. In the second-tocompetitive last game of the Manchester 1973-74 season, derby kicks former United off at 8pm on legend Denis 10 November Law's goal and is live on relegated United Sky Sports 2.





