



THSMEK

17-23 SEPTEMBER 2010

Nuts NEWS

- **6** Nuts gives England team a cold shower!
- **8** Dean Windass
- 11 Rooney's girl in *Nuts*!
- 12 Halo: Reach reviewed
- **14** Roxanne Pallett
- 16 The Ultimate Aero II
- **18** Rude News
- 20 The Nuts Lip-Reader
- **22** Will Ferrell



Nuts FEATURES

- 34 Emma Glover
- **38** Johnny Vegas
- **40** Robert King: war photographer
- 44 Big Brother's Rachael's rudest pics!



Nuts SPORT

- **52** Giggs and Gerrard on Man U vs Liverpool
- **54** Kammy's column
- **56** Nuts About Sport
- **57** James DeGale
- **58** Ring Of Truth
- 60 Quote Me On That!



Nuts REAL GIRLS

- **64** Bedroom Babes
- **67** Our Postbag
- **68** Real Girls, Real Places
- **71** Ladies Confess
- 73 Ten Rude Questions



- 25 Gear
- **26** Letters
- 28 Jokes 30 Camera
- 24 Don't Look! 31 Pop Out In Public
 - 33 The Truth About Sex
 - **61** Striker
 - 74 Fashion
- **76** Reviews Phone Comedy 78 TV Guide
 - 98 Pub Ammo

HotMags - Free Magazines







Nuts gives England a cold shower! We help Fabio's boys resist those "unclean desires"!





'Footballers' believe they can do anything!'

Ex-pro Dean Windass tells us what it's like inside football's sex-fuelled world!

NUTS LEGEND!

Too much, too young

"It's not about the football for a lot of these lads – they care more about the cash and the lifestyle. Before I was a footballer, I earned £140 a week on a building site. Then, when I signed my first contract at Hull, my wage went up to £250. But I'd have signed for £50 – I loved the game that much! Nowadays, you see these lads with their fancy BMWs, having achieved f**k-all yet. Everything just comes that little bit too easy."

Players live in a bubble

"When you earn so much money, normal rules of behaviour don't apply. Young, rich footballers think they're untouchable and behave how they like. But at the end of the day, there are always consequences. If you just think with your old chap, you're going to get into trouble! There'll always be someone willing to sell their story to the highest bidder."

Playing the fame game

"Once upon a time, footballers were just sportsmen. Now, with all the money and attention that surrounds the game, players are almost like movie stars. I've seen for myself how groups of girls compete with each other to see how many famous people they can sleep with. They're like bees around a honeypot. It seems that everyone wants to be a celebrity – or at least get close to one. It's the way society is these days."

Women are predators

"When women used to come up to me in nightclubs, it wasn't because they fancied Dean Windass the ruggedly handsome bloke! Let's be honest, they fancied a piece of someone who had a few quid in his pocket. It was amazing how much more attractive I got as I moved up through the leagues! Whether they wanted to be bought a bottle

of champagne (it was never lager and lime!) or to have sex, I knew their underlying motive was to kiss and tell. There's a culture now where if you can get off with a top footballer who's married, it makes the story you sell to the papers a lot more valuable."

Pulling hotspots

"Women know where the players go, and they'll hang out in these haunts in the hope of hooking up with one. The drink will be flowing and they'll make the footballer feel like he's ten feet tall. I've seen girls falling over themselves to be first in line – like you'd get at a January sale! For a player in his early 20s, it's a hell of a temptation, especially if you kid yourself you won't get caught."

Cash for sex

"This development leaves me scratching my head! When I was growing up, prostitutes hung out on street corners, they didn't follow footballers around. I guess the reason players are using the services of escort girls is that they think they're buying discretion. But hang on! You're asking girls who sell themselves for money not to go to the newspapers, who'll end up paying them even more? That's madness! It again shows how the amount of money in the game makes some footballers believe they can do anything without taking the consequences."

Blokes will be blokes

"Look, I'm not saying I blame footballers. If you're a young, single bloke and women are throwing themselves at you, why not have a go? I honestly couldn't give a f**k what they get up to! In most cases, no one's being hurt, are they? But when you have a girlfriend, a wife and a family, you're just asking for trouble. You might think you're untouchable but you ain't. No one's a saint but if you can't keep it in your pants in those situations, you deserve everything you get!"

INTERVIEW: FRANK TENNYSON PHOTOS: SPLASH, REX, NEWS INTERNATIONAL SYNDICA





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PS3 Move first review

It's the PSWii!



lso out this week (coincidence? We think not!) is Sony's shiny, new answer to Nintendo's Wii – the PlayStation Move. It's packed with science and is backed up by the PS3's amazing brain. But is it any good? We got our best man (above) to test it and find out...

How does it work? Using a combination of motion-tracking the controller's ball with the camera, and clever gyroscopes in the wand, the PS3 knows exactly where the controller is in space and time.

How much does it cost? The starter pack – camera and one controller – is £50. More controllers are £35 a pop, and the Navigation Controller (like the Wii's Nunchuck) is £25.

Is it any good? Oh yes. Sony's tech is robust, impressively responsive, pin-sharp and almost impossible to fool. It's every bit what the Wii should've been when it was launched.

What games are there? This is where the handbrake gets pulled. Launch games consist of Sports Champions (generic but fun sporty sim), Kung Fu Rider (quirky racing game) and Start The Party! (girl's game). None of which are essential.



Verdict: This is a terrific system that makes the Wii feel like you're wading through cotton wool. But hold on to your cash until there are more games.









AIR WEAPONS STOWAGE RAMP



- This is the SSC Ultimate Aero II, soon to become the fastest car in the world.
- The Aero hopes to leapfrog the current world record held by the Bugatti Veyron SuperSport, which reached 267.91mph as recently as July.
- The Veyron took its crown back from the original SSC Ultimate Aero, which hit 256.23mph in 2007 to overtake the original Veyron's 253.81mph record. Can you see a pattern here?
- Now this is an arms race we can get behind!
- And with 1,350bhp in a car a third the weight of the Veyron, the Aero will almost certainly do it.
- Helpfully, Australian wheel makers Carbon Revolution supplied the first ever onepiece carbon fibre wheel for the car - a 19-incher that weighs a preposterous 5.8kg.
- And the entire construction is made of F1-derived carbon, which helps the

- car achieve an outrageous 1,000bhp per tonne.
- Under the bonnet is a 6.8-litre V8 engine which will rev to an incredible 9,000rpm.
- This means the beast of a car does 0-60mph in a buttock-squeezing 2.8secs.
- Which should take the Aero II to a top speed of 275mph and result in a nice certificate from Mister Guinness.
- And how much will this awesome car cost? A mere £626,000. No change.



Read more about the fastest car in the world in this month's Top Gear magazine. On sale now!









THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!





SWITZERLAND VS ENGLAND St Jakob-Park, Tues 7 Sept, 8.22pm The midfielder demands action from the ref after a foul.



SWITZERLAND VS ENGLAND 9.17pm The England boss has a word with the fourth official after Darren Bent is flagged offside.



ENGLAND VS BULGARIA 9.36pm Don Fabio goes potty after Adam Johnson wastes a chance instead of teeing up Jermain Defoe.

POTTY-MOUTH OF THE WEEK!



SWITZERLAND VS ENGLAND 8.11pm The England striker politely informs the Swiss keeper he's made a fair challenge on him.

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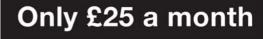
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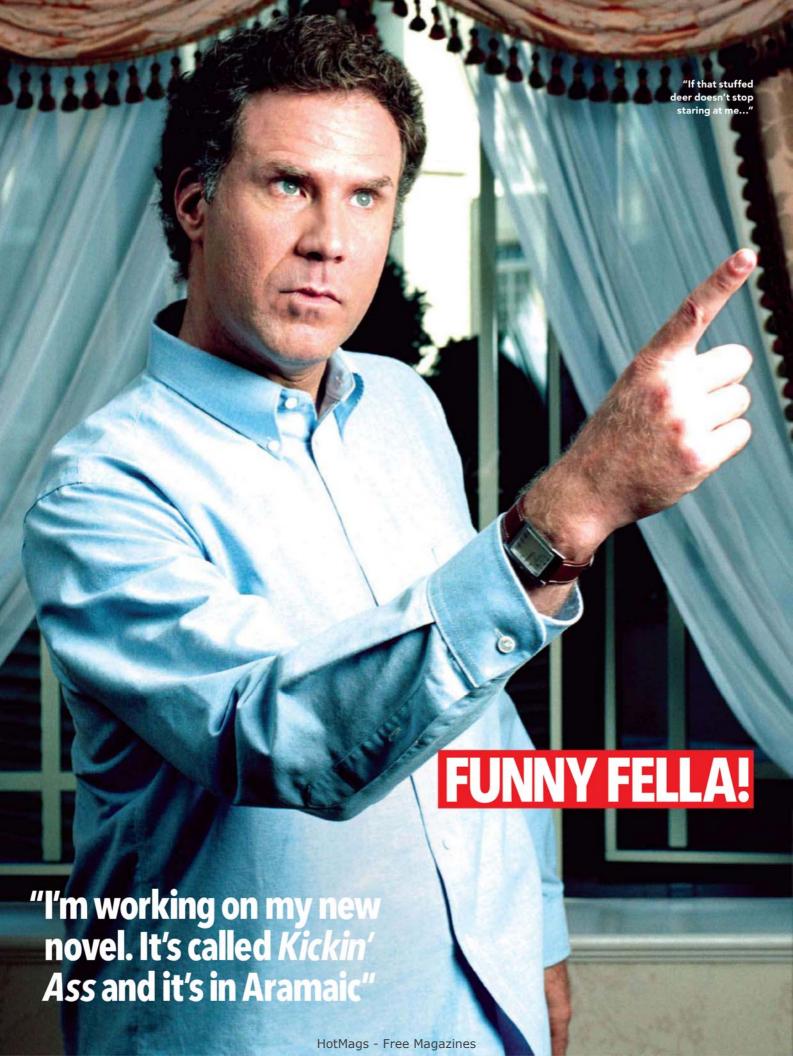


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The comic on his new film, human trafficking and kissing Eva Mendes!

i Will! You're in a new film, The Other Guys. We understand you play a rubbish cop? Allen [Gamble, Will's character] discharges his weapon in the office because he's convinced by the other guys that it's OK to do a "desk pop" [fire your gun while sitting at your deskl. So his gun's taken away and he's given a wooden one. Then that gets taken away and he's just handed a rape whistle. That's a sad moment. And he doesn't get on with his partner, Terry [Mark Wahlberg]. He says Allen's not a real cop. He even hates the sound of his urination. But Allen hits back. He's worried Terry's never voted and that he wears a leather jacket. Steve Coogan is in the film with you, and Eve Mendes plays your wife. How the hell did Allen bag her? Sheila [Mendes] and Allen met in the emergency room of a hospital. He was suffering from a severe case of rectal poison ivy. She was the attending physician. She was a doctor and a back-up dancer for the New York Knicks basketball team - a typical combination. She immediately fell in love with him. She was told there was a drugged-out pimp in the ER, but she said, "This guy's not a pimp, he's lovely man." And a beautiful romance began. And you got to make out with

And you got to make out with her? It was strange to kiss Eva Mendes, in a way that I couldn't believe it was happening to me.

"Mr Partridge, we're arresting you for crimes against broadcasting"

THE OTHER GUYS!

an older woman and you have to make out with her again. Was that better or worse? Well, I now make my wife wear a wig and an older woman's garments when we pleasure each other. Do you feel that being partners as cops is similar to being comedy partners, in that you have to watch out for each other and back each other up? No. I feel it's more important to be cut-throat on set and not look out for each other. That provides a certain tension and makes for a horrible work environment but boy, does it pop on screen! Were there any crazy antics on the set? There was a trailer called "The Party Trailer" but it was towed away after the second day of filming. There was a lot of crazy stuff going on in there. There was human trafficking, a crystal meth lab-it wasn't good. Had you secretly always wanted to play a cop? No. When I was a kid, I'd walk around with a pair of nunchuks on my side, which isn't really law-enforcement related - it's more of a martial arts thing. I built a jail and I'd incarcerate my family in it from time to time. But otherwise, no.

But then she dresses up as

When you carried the nunchuks around, did you think you were on the side of good and out for justice? Yeah, I guess I did. I think it was a vigilante, justice, guardian-angel-type thing. How old were you? Six years old. Were the nunchucks homemade? They were rolling pins. Really? No.

Your films are always quotable. What are your favourite quotes from your movies? One of my favourite quotes is, "By the way, it's a pleasure to be here in 'The Whale's Vagina', which is the literal translation of San Diego." I get a lot of "shake and bake", of course. And, "You're my boy, Blue. Let's go streaking!" But most of the time, I get, "Please, don't touch me!" I say, "But that's not a quote from one of my movies." And they're like, "I know. Please, don't touch me." Finally, do you have anything on a "bucket list" to do before you die? I hope to do a 52in vertical leap and to learn Hebrew. I'm still working on my novel. I've written 7,000 words. It's called Kickin' Ass and it's in Aramaic.

The Other Guys is at cinemas across the UK now

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



This is why we don't stick feet through windows HE'S OK NOW!

olidays are good for relaxing, but we bet 20-year-old van driver Alex Morgan wasn't too relaxed after a trip through a window split his foot in two!

"I was in Gran Canaria with a load of my friends after finishing our end-of-year exams," Alex, from Gloucester, tells Nuts. "I'd had far too much to drink one night and accidentally put my foot through a window. The shattered glass sliced straight into my ankle, through two arteries and my Achilles tendon. I didn't know how much damage I'd done until I pulled my shoe off and blood was squirting out.

"I've had six operations since and spent the best part of six months on crutches, but I'm back on my feet now and looking forward to my next holiday!"

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com



Big spiders, ace sketches and saucy snaps!

Send your letters to nutsletters



I made a right **boob of Stacey**

I painted this after the recent "Sex Issue" came out. It's not perfect but my mates like it. I accidentally painted her left boob a bit big but I don't think that's a bad thing!

Stephen Atkinson, via email Well, you could always go back and paint the right one bigger. That'd make it even better!

l'm going tur a bint

I went to Devon this year and visited Babbacombe Model Village in Torquay. Apparently, it's a place where giant cats frequent the pubs. Colin Foster, Hull

There's such an obvious joke here to be made about "a place that's full of..." Well, you figure it out!



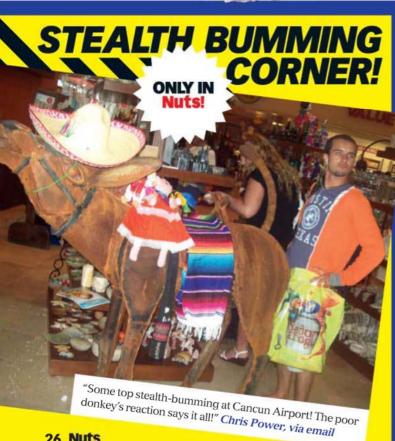


Massive spider!

I had to object to your assertion that some bloke had found a big spider in your recent issue. This is a big spider. Meet Oreo, my pet tarantula. She's a beauty!

Tamsin Hopkins, via email

We can't help but think this competition is already over!



Wedding belle Dear Nuts, This is my lovely fiancée Sue. For an early wedding present, she had some photos taken and was so impressed, we decided to share at least one of the 20 we had done with you guys.

Mark J-W, Sutton Coldfield

Who else is thinking, "Mark, please send us the other 19"?





@ipcmedia.com or to the address on p70



Of Corps we can, Marine!

Dear Nuts.

I'm a US Marine stationed out here in Afghanistan. Your 40th Commandos were up here for years and we have to say they're some of the greatest guys we know. They left a bunch of your mags lying around and so we covered the wall with 'em. Got any old issues you can send us?

SSgt Ty Hart, 3/12 India Battery, Afghanistan

Nope, but we've got plenty of brand spanking new ones you can have, Marine!



It's the thin end of the veg

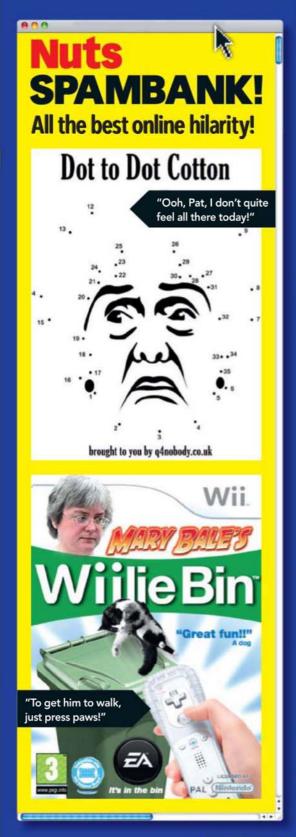
Dear Nuts,

Here's one very well-endowed carrot. I know we occasionally see pictures of well-endowed veg in *Nuts*, but this is surely the first one with mud "pubes"!

Geoff, Wiltshire

Geoff, are you sure you didn't just grow those "pubes" yourself?

See more funny stuff at www.nuts.co.uk/spambank



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Send your letters and hilarious spam pictures to nutsletters@ipcmedia.com or to the address on page 70. The sender of the week's best letter* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with big savings and free delivery on everything. Visit www.play.com for great deals on DVDs, games, books, CDs, digital downloads, mobiles, electronics and more!



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Send your jokes to nutsjokes@ipcm

SHORTJOKES!

I now know what the shinbone is for... It's for helping you locate furniture in the dark! Tel Stevens, Stockbridge

I bought a new boat the other day. I didn't really want it, but there was a sail on

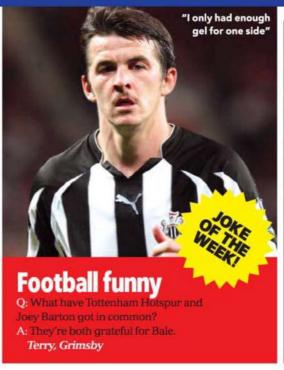
Q: Who won the Siamesetwin 100-metre sprint? A: Nobody - it was

Ross Jones, Coventry

Q: What do you call a gorilla named Geoff?

A: Geoff

Daniel Fisher, via email



"I'll ask you

Mouse in the house

Little Mike walks into his dad's bedroom and sees him slipping on a condom. His father tries to hide it by bending over, as if to look under the bed.

"What are you doing, dad?" asks little Mike.

His father replies, "Er, I thought I saw a mouse."

"Right," says little Mike. "And what are you gonna do with it-shag it?" Walter Olara, Bristol

Frank walks into a pub and sees a sign over the bar that reads, "Hand jobs £3, sandwiches £5."

He says to the gorgeous blonde behind the bar, "Are you the one who gives the hand jobs?"

"I certainly am, handsome," she replies with a cheeky wink.

"Go and wash your hands, then," says Jim. "I want a sandwich." John S, Southampton



Win a year's Pot Noodle GTIs and a driving experience!

Send jokes to nutsjokes@ipcmedia.com or to the address on p70. The week's best joke* wins a year's supply of new real-meat-stuffed Pot Noodle GTI and a driving day! Real men eat real meat, so rev up your engines, lads!



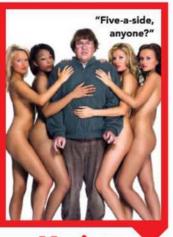
edia.com or to the address on p70

He's not well

For their homework. a teacher tells her class to write about something unusual that's happened to them recently. At the next lesson, Jimmy gets up to read out his essay. "My dad fell in a well last week," he starts.

"Good heavens!" cries the teacher. "Is he OK?"

"I think he must be," says Jimmy. "He stopped screaming for help yesterday afternoon." Nick Tomkins, London



Music to

A fat bloke goes for a job interview and the interviewer asks him about his hobbies.

"It says on your application that you like music," she says. "Were you in the school band?"

"Yes," the fatty replies So the interviewer continues, "What was your favourite musical instrument at school?"

The chubby fella replies, "The dinner bell." Mark, Esher

FAMOUS BLOKES'

JIMMY CARR:

"My dad's dying wish was to have his family around him. I can't help thinking he would've been better off with more oxygen."

GARY DELANEY:

"As a kid, I was made to walk the plank. We couldn't afford a dog"

ROBERT WHITE: "For Vanessa Feltz, life is like a box of chocolates: empty"

TIM VINE:

"One-armed butlersthey can take it but they can't dish it out"

DAVID GIBSON:

"I'm currently dating a couple of anorexics. Two birds, one stone"

ONLY IN

GARETH RICHARDS:

"Wooden spoons are great. You can use them to prepare food or, if you can't be bothered with that, write a number on one and walk into a pub"

EMO PHILIPS:

"I like to play chess with bald men in the park - although it's hard to find 32 of them"

FRANKIE BOYLE:

"I'm trying to concentrate on my charity work. I'm helping teenagers who've been sexually abused... find their way out of my house."



Text 'Nuts' and your picture to

Seen something daft? Snap it, send it in and win £100!

0771 388 8008 (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** T&Cs on page 70.







"Sorry, boys - but tomorrow night,





"I decided to steer clear of this dessert while in Majorca!" Eddie, Bournemouth





RUDE SPUD!

SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT ITS PUBLICATION. **EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 70 APPLY "Check out this potato - there's nothing



"Apparently, Viagra is in demand in this area

of Ballymoney!" Davy, Northern Ireland



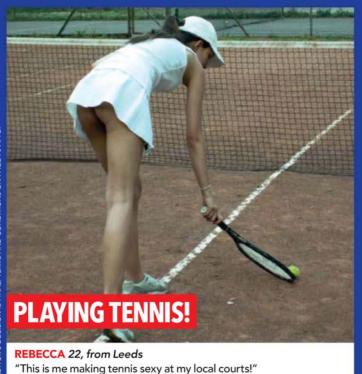
Have a cheeky flash - and earn some cash!



LEXI AND EMILY 22, from Newport and 25, from Liverpool "Here we are, chilling out on a car bonnet at the local garage!"



CHARLEY 20, from Surrey
"Here I am on the bus, and I've decided get my bra off!"





Win £100!

SAMANTHA-JANE 20, from South Wales
"Anyone could've walked past when I stripped off in the park!"

SOMETHING HUGE IS COMING TO MTU



SUNDAYS 10PM

THE HARD TIMES OF RJ BERGER



THE TRUTH ABOUT SEX WITH... ROSIE JONES!

Nuts girls solve your bedroom bother!

Email guestions to thetruth sex@ipcmedia.com



Are unusual dates good?

I took a girl to see the darts the other week and she loved it because she wasn't expecting it. Do you think "weird" date ideas are always good?

Phil, London

Yes, weird dates are very much a good thing - a strange activity date is always going to be better than the usual date locations, such as the cinema or going out for a meal. With something like the darts, you'll get to know each other better and see more of each other's personality coming out.

Nuts Babes' **SEX TIPS!**

No.26: "Get that tent up and camp in the garden! Start a little bonfire, then slip into the tent and get naughty!" Elle



I'm breast obsessed!

I'm into big boobs and I'll only date girls with at least an F-cup. Do you think I'm weird?

Paul, Bristol

Ha-ha! It's not weird because all men like big boobs, but you really shouldn't limit yourself so much. Do you really want to restrict yourself to certain boob and dress sizes? You might find that you meet a small-boobed girl who you really like.

Is my piercing a turn-off?

I have a piercing down below and a lot of girls are put off by it because they think I'm into weird stuff. What do you think? Adam, Dudley

I wouldn't be put off but I'd be a bit, like, "Whoah!" because I find that kind of thing scary. You might want to go for girls with piercings themselves, as they won't be freaked out by it. Or you could just warn your partner about it before you unleash it!

What's the best size?

Is there an optimum size for a willy? I'm worried mine's too big! Leslie, Glasgow

Well, too big is better than too small, so I don't think you have anything to worry about - unless it's absolutely massive! Most blokes would be happy to have a "problem" like yours!



















prevent people from discovering his identity, and was carrying a heavy machine gun! These men are hardcore – you don't mess with them."







Baghdad, 2006: "This is a pic of the 82nd Airborne Division relaxing around Haifa Street in the Green Zone. They're absolutely awesome soldiers who I was lucky enough to spend a lot of time with while I was in Iraq. This is them having a few rounds of golf!"



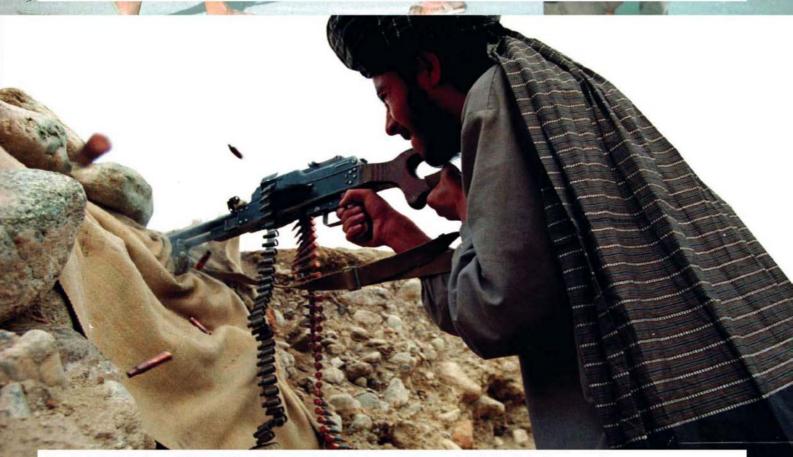
close to where it was dropped, but he was even closer. In the picture, he's being taken away by Army medical staff to be assessed."



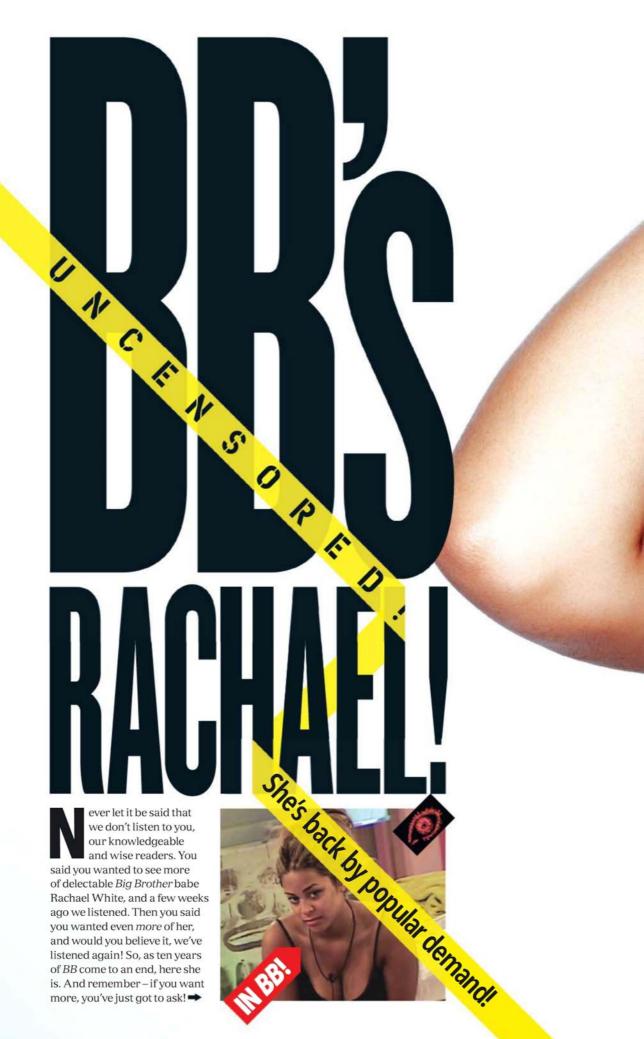
Afghanistan, 1997: "The guys on horses are the 511 Afghan Cavalry. They were involved in fighting against the Taliban. US Special Forces started working with them in the north of the country after 9/11. They had a better life on horseback than they did living under the Taliban."



Mazar-e Sharif, Afghanistan, 1997: "The Taliban took over Afghanistan in 1997. In this picture, a fighter loyal to General Dostum, who was ruling the country at the time, is captured by troops who'd formed a temporary alliance with the Taliban. I don't know what happened to him."



Near Kabul, Afghanistan: "This is a Taliban fighter, machine-gunning opposing troops in the battle for the country." ■
Shooting Robert King, a documentary of the photographer's adventures, is released on DVD on 27 Sept. www.shootingrobertking.com













but that's how I'd refer to it! Er... um... What was the last nice thing someone did for you? I like the little things, like when guys hold doors open. I don't know if it's because I'm recognised a little bit more now that people do it. Maybe it's because you're gorgeous? Do you reckon? Maybe all these nice guys are Nuts readers and recognise me? Nuts readers are an unfailingly nice bunch! You're a trained hairdresser. Would you shave your head for a laugh? Not for a laugh, no. I'd do it for charity but I'd have to raise an awful lot of money. I'm talking £500,000! I'd need a lot to part with it. Whose bedroom would you like to be a fly on the wall of? Part of me thinks I'd love to see what John James and Josie are like without the cameras on... but then again, I don't want to see what they're getting up to! Do you know what, I'd like to be a fly on the wall of my ex-boyfriends' rooms. To see if they're gutted and crying over me. I bet they're not though, ha-ha! Everyone wants to know what their ex thinks of them. Facebook is one way of doing it but being in their bedroom would be even better! What ambitions do you have left? I'd be totally happy if I went back to my life as a hairdresser, but if Nuts still wanted me to come down and do more sexy photo shoots, I'd love to! Cool! When was the last time you had an argument, and did you win? It was recently, and I did win! It was about whether me and a certain person should stay in and have a quiet night in, if you know what I mean, or go out. I wanted to stay in but he wanted to go out! Who'd turn down a night in? And not a boring night in, either. I mean "a night in". Definitely not us! What's your guilty pleasure? When I've got a day off, I'll sit on the sofa with a guilt and some munchies and just do nothing. I used to be dead energetic but now if I can just chill on a day off, I'll do it! Thanks, Rachael! So will you

be popping down to the Nuts offices to give us all a haircut soon? Yeah, I'll definitely do that. I'll sharpen my scissors now!■

minutes, I'm going for a w*nk,"



THE PAGE THAT CAN'T SHOOT STRAIGHT OLD OF THE PAGE THAT CAN'T SHOOT STRAIGHT OLD OF THE PAGE THAT CAN'T SHOOT STRAIGHT

Man United VS
The skippers talk to Nuts ahead of the massive Sunday showdown!

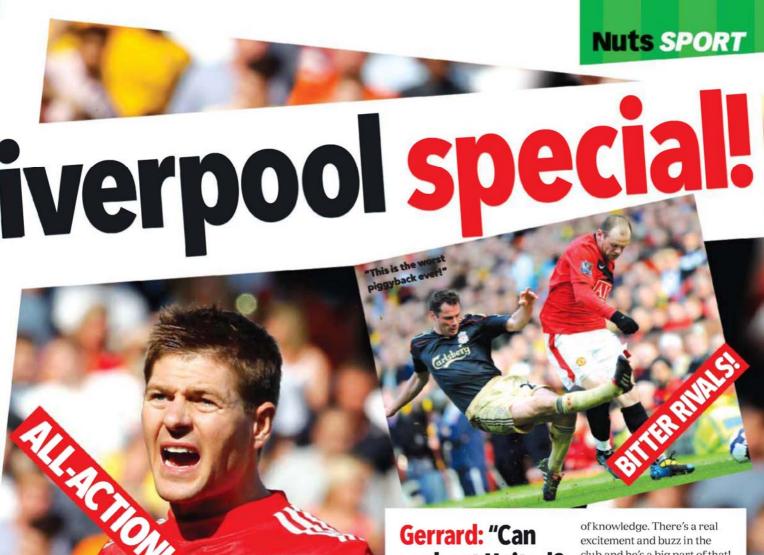
Giggs: "You can never write off Liverpool!"

i Giggsy! How do you assess this season's title race? It'll be close, but we're confident. When I look around the dressing room, I think we have a better set of players than last season. We've bought and strengthened really well. Who are your rivals? Chelsea, Arsenal and maybe Liverpool - you never write off the Reds. What about Man City? They'll be there or thereabouts. The quality of the talent they've signed is without doubt, but it's not easy to build a team from so many new signings. What went wrong last season? I wouldn't say anything went wrong. We still finished second and won the Carling Cup! But we lost too many games we should have won. It's the small margins

that make the difference and we weren't consistent enough. What's different this year? As I said, we've strengthened well. Hernandez has bags of quality and will score plenty of goals, and we've got Rio, Anderson and Gary Neville to come back from injury, so you can see why we feel good. The form of Paul Scholes must be a major plus. He's been brilliant. What you see is what you get with him. He makes the game look so easy. A total pro and a brilliant footballer. And Wayne Rooney? Wayne's one of the best footballers in the world - certainly the best of his type – and he showed that last season. I'm sure he'll do the same again, but we all need to chip in with more goals across the team. What about yourself? Fancy being named Footballer of the Year again? I'm just grateful to be still playing! I'll know it's time to call it a day when the legs won't do what I tell them. Thankfully, I'm not quite at that stage yet!

His imaginary chinups kept him entertained

HotMags - Free Magazines



Gerrard: "Can we beat United? Of course!"

All Action

Standard Chartered

i Stevie! How much of a relief was it to return to England colours with two wins? I have to admit it hasn't been much fun being an England player recently! There's a long way to go and those two wins are only one step in the right direction. But at least we've performed well.

Now it's back to the Premier League. How do you feel about Liverpool's chances this season? I'm optimistic. Although we lost Mascherano, who was a big player for us, we've added some quality in other areas. And we've also kept hold of some quality in the squad, which you'd expect for a club the size of Liverpool.

Can Roy Hodgson bring the glory days back to Anfield?

I hope so. He's a top manager and coach - someone who's worked around the world and has a wealth

club and he's a big part of that! What went wrong last season? It's easy to make excuses with injuries and things. At the end of the day, we just weren't good enough. Liverpool vs Man United. It doesn't get any bigger than this, does it? There's always a special atmosphere in these games because of the rivalry. United are a quality side and they'll be tough to play at Old Trafford but I'm optimistic about the way we're going. It'll be a good test to see how much we've progressed. Can you beat your bitter rivals on their own turf? Of course! Two seasons ago, there wasn't much difference between the teams and we have to believe we're still a good side. If we can get a decent result, it could be a springboard for the rest of the season. We have to believe we can win, there's no other way!

Man Utd vs Liverpool

Sun 19 Sept, 1.30pm, Sky Sports 1/HD



have to say I wasn't surprised when I read in the paper about Wayne Rooney and his extra-marital indiscretions.

There are a couple of reasons for this. First, while in South Africa, I heard the rumours about Wayne and that it was only a matter of time before the story came out. And second, with respect, Wazza had previous

He can take out his frustrations on the pitch" when it comes to dalliances with ladies of the night!

The newspaper that broke the story had a decision to make, as they knew about it while the World Cup was on – and Wayne knew they knew – but they didn't want to risk being blamed for him having a bad tournament because they'd exposed his alleged infidelities. As it was, he had a shocker anyway, so they needn't have worried!

But as bad as the revelations are, they might've come at a good time for Wayne. The pressure is lifting after the World Cup mess and he can take out his frustrations on the pitch, as he did for England against Bulgaria and Switzerland.

I actually have quite a lot of sympathy for players such as Rooney, who have to deal with the whirlwind that comes with being a star at such a young age. They're constantly being told they're role models to kids when they're barely adults themselves, so they try to do things like get married early to show they've taken this advice on board, and to get a bit of stability and normality into a crazy existence.

But when they succumb to the same temptations that all young lads experience, the fallout is magnified massively because they're in the public eye. Sir Alex Ferguson is used to dealing with young starlets after guiding Ryan Giggs through a 20-year playing career, and I'm sure he'll be there to help Rooney this time around.

One thing's for sure – Rooney's isn't the first marriage to have problems and it won't be the last. He's never let anything get in the way of his football and he'll come out on top in the end.

GOOD!

KING KEANO

Robbie Keane continues to break records with his goal against Andorra. No matter what he does at Spurs, he'll always be a hero for Ireland.



UNBELIEVABLY BAD!



UNLUCKY THE

Poor old Theo Walcott got his injury at the worst possible time. He was flying this season and proving his doubters wrong.

Adam's the man once again!

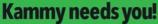
I know this column can seem like an Adam Johnson fan club sometimes, but you can see why I'm so excited about him after his displays in England's first two Euro 2012 qualifying games. He gives the side something it hasn't had in a long time with his pace and ability. If England hadn't won those two games, I think Fabio Capello would be looking for a new job right about now!



ASK KAMMY!

Hi Kammy! Do you think referees today are under too much pressure? I play at U21 level and the quality of refereeing is terrible! Robbie, Glasgow

I don't think they're under too much pressure, but they have to get the big decisions right. If they do that, nobody will complain.



Send Kammy your jokes, pics and anything else you think might tickle him to kammy@ipcmedia.com. The best one each week will be sent a signed Nuts T-shirt!



CHRIS' CRYSTAL BALL! Chris predicts the week's big games! 1 STOKE VS WEST HAM 18 SEPT, 12.45PM, SKY SP "West Ham have to get going sooner or later, and there are worse teams in the Premier League. But Stoke are a tough side, so this is a draw for me." KAMMY SAYS: 1-1 **2 MAN UNITED VS LIVERPOOL** 19 SEPT, 1.30PM, SKY SP 1 "Liverpool raise their game when they come up against their old rivals, but the loss of Dirk Kuyt to a shoulder injury weakens them, so I'm going for a home win." KAMMY SAYS: 2-1 SUNG **3 CHELSEA VS BLACKPOOL** 19 SEPT, 4PM, SKY SP 1

"I don't want to say this is just

a case of how many Blackpool will

concede, but I'm afraid it is! lan

Holloway's side will always try

to play good football, though."

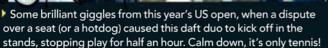
KAMMY SAYS: 4-0



NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport! Send pics, chants etc to tim_bradley@ipcmedia.com

















Nuts EXCLUSIVE!

Olympic champ chats to Nuts!

i James! You're taking on Carl Dilks as part of the Magnificent Seven event in Birmingham. How's the preparation? Very good. I've had some great sessions with Tony Bellew, the Commonwealth champion, so I'm raring to go! What do you know about Carl Dilks? He's a lively opponent. He's had 16 fights and lost two. which were both controversial. He's ranked in the top five Super-Middleweights in the country, so it should be a pretty competitive fight for a couple of rounds, but if I don't knock him out I'm going to be upset! Have you planned a flash ring entrance? No. I'm going to save them from now for my bigger fights, or else I won't have any new ones. I like all the madness of the big lights and stuff! Do you have music blaring in the dressing room before

a fight? Yeah, I like the Rocky soundtrack or funky house. I like a bit of everything! You wear a different T-shirt for every fight. Would you wear

one saying "DeGale Is The Nuts"? Ha-ha, I like that one. I'll definitely put that on the shortlist for my next T-shirt! What do you think of Wayne Rooney's cheating story? It sets a bad example. Footballers have beautiful women at home and live a nice, comfy life, so I don't know why they do it. Maybe they've got too much time free and they just get a bit bored! Does that sort of thing go on in boxing? Well, men will be men, but I wouldn't say so. After training, I'm too knackered! Especially in the eight weeks leading up to a fight! If I ever find a lady I really like, I'll be faithful to her, so she wouldn't have to worry about me! You're an Arsenal fan. How will they do this season? We're playing well, so we should be alright. I'm surrounded by Gunners. Frank [Warren], my trainer and my family all support them, so I hope they do well. It'll make life easier!

Nuts SPORT

Buy tickets for The Magnificent Seven from ticketfactory.com

DeGale vs Dilks

Sat 18 Sept, from 6pm, Sky Box Office











QUOTE ME ON THAT!'

This week's biggest match debaters!

"Bear Grylls would be my ideal man if I kicked with the other foot"

"Being in the Premier League is like being in Big Brother"

"I don't mind us getting beat, so long as we've got our boots on'

Steve Bruce hates his players wearing flip-flops



"Pantsil's got his legs on the wrong feet" Nuts legend Chris Kamara has his

mouth on the wrong brain.

'00-ER SOUNDS A BIT RUDE' CORNER!



"Football is score goals, maybe you



Mancini. Thanks for that.





Steve Lomas reports on DIY action.

"Every time I watch Malouda, he instantly comes inside"

Alan McInally puts off the Chelsea striker. "He's certainly had a rub of the balls this evening'

Snooker pundit



"I don't eat pasta I just love **KFC** hot wings" Sprinter Usain **Bolt spices** things up.

"A lot of Man City's team

is made up

of haunting

Paul Merson on some

ghostly goings-on.

plavers"

60 Nuts



IT'S QUITE UNBELIEVABLE

CONTINUED NEXT WEEK

T'S UK VS US IN A Inspired by ace new comedy The Other Guys, we're having

ow here's an arresting sight! To celebrate the release of the summer's hottest comedy film, The Other Guys, we decided to have ourselves a Nuts-style "cop off"! We pitched a sexy British bobby (Emma Glover) against a foxy New York City cop (Amy Green) – both, as you may have noticed, with their "uniforms" painted on! Who'll win? We hit the streets to let the blokes decide!

The Other Guys is a spleenrupturingly hilarious new comedy starring Will Ferrell and Mark Wahlberg as a pair of rather useless, not especially sexy cops. Gamble (Ferrell) and Holtz

WAHLBERG!

(Wahlberg) are hapless desk jockeys constantly being outshone by two rival Detectives (Dwayne "The Rock" Johnson and Samuel L Jackson). But even the most hopeless of berks gets his chance to shine – and so it proves for our Other Guys...

The Other Guys basically makes other cop comedies look like rookies. But is it enough to persuade British blokes to go for sexy US cop over hot Brit fuzz-fox? Let's now find out!

The Other Guys is released nationwide on 17 September. To watch the trailer, go to www. nuts.co.uk/news/archive/films



THE OTHER GUYS

HotMags - Free Magazines







We poured this advice into a *Nuts* man's head and sent him online to try to win!

Deal or No Deal top tips!

eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one recent winner walked off with £1.4m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the *Deal Or No Deal* TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

Chris B won £456,168 on Deal or No Deal!**

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"



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BEDROOM BABES!

Vote for your favourite - and she'll star in Nuts!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

ONLY IN

22, Kent, student

"I'd take a bloke to the pub for some drinks and proper grub, then back to mine for dessert!"

19, Surrey, beauty therapist

"I love to get dressed up in sexy suspenders with a matching bra and panties!"

Natalie

23, Sevenoaks, showjumper "Best chat-up line I've heard? 'Are you a cement mixer? You're making me hard!""

26, Bristol, caterer

"I love eating cake, but I make sure I always have sex after to burn off all those calories!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

REAL GIRLS, REAL PLACES!

THIS WEEK:
Name: Emma
Age: 24
Boobs: 32D. "I like
showing off my cleavage!"
Likes: "Healthy boys."
Ever kissed a girl? "Yeah,
most weekends!"
Strangest place you've
had sex? "In the woods!"
Sex tip: "Massage me."

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 70. You must be at least 18 years old.

Emma's sexy tour of Stroud She's a gorgeous girl from Gloucestershire!

Emma on... her home!

"I'm in Stroud, which is in Gloucestershire. There are lots of green fields and animals – oh, and we've got two clubs that are quite good, too!"

Emma on... mornings!

"I'm quite good at getting up when I have to. I'm a nice person to share a bed with. I'm a big cuddler and fall asleep straightaway, so I don't fidget!"

HELLO!

Emma on.. fashion!

"I like to keep up with current trends, so I spend loads on clothes, shoes and accessories. I probably spend a quarter of the money I earn on clothes!"

Emma on... her Italian roots!

"I'm half-Italian, so I tend to stick to my brunette roots. I like looking a bit foreign! I've been blonde before but I reckon brunette suits me better."

68 Nucs

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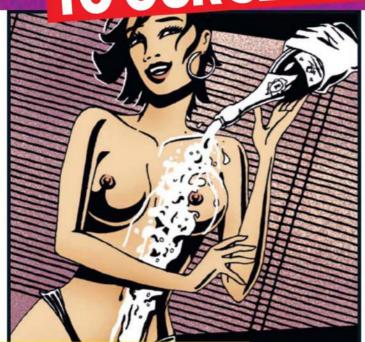
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CORFES TO OUR SECRETARY!





CONFESSION OF THE WEEK!

'He licked champagne off me'
I was meeting my mate at her flat, but I finished work before her

I was meeting my mate at her flat, but I finished work before her so she gave me her keys. As I walked in, I was grabbed and before I knew it, her flatmate was kissing me and reaching his hands up my skirt! He obviously thought I was my mate! When he pulled away, I smiled and, despite his mistake, so did he. I felt his bulge growing, so I kissed him again and he led me upstairs, where he had some champagne. He tore my clothes off, poured it over me and licked it off before I climbed on him and rode him until my friend got home. She still doesn't know why I looked so flustered!

Anna, by email

'He started to suck my nipple'

I went to my cousin's 30th birthday at the weekend and bumped into some old friends, who we used to hang out with years ago. There was one guy who I used to have saucy fun with and looking at him ten years on, I still wanted him. We made eye contact across the garden and on my way from the marquee to the loo, we bumped right into each other. He kissed me quickly on the lips and grabbed my hand. As soon as we started kissing,

I didn't want to stop. I was feeling so horny that I totally forgot where I was and didn't care that there were family present. His hand quickly slipped up my top and he pulled my breast from my bra with one hand in no time before he leaned down and started to suck sensually on my nipple. As I got more excited by this, I decided to return the feeling and stuffed my hand down his trousers as he put two fingers inside me. It felt so naughty, knowing we could get caught at any time. We couldn't take it much further as we heard a bit of noise and quickly stopped, but we met up the next night and certainly made up for lost time!

Jo-Jo, Crawley

'My white vest was soaked'

A few days ago, I was running low on supplies and quickly raced out of my flat to get some milk and bread as my folks were popping over for a visit. I was wearing a little white vest and my tracksuit bottoms but as soon as I got near the shops, the heavens opened and it started pouring down. By the time I got home again, I was soaked through and my nipples were standing to attention. I bumped straight into my neighbour, who stopped me for a quick chat. I've always thought he was quite fit and I noticed he couldn't take his eyes off of my boobs and my wet hair. I asked him if he liked what he saw and he pointed to his bulge,

which was growing as we spoke. The sexual tension between us was immense but my parents pulled up at that moment. Still, he's invited me around for dinner tomorrow – it's making me get all excited just thinking about what we're going to get up to!

Maria, by email

'I gave my fella a surprise visit'

To keep a bit of spice in our relationship, I decided to dress up for my boyfriend one night and not tell him, just so he got a special surprise. Having finished work, I quickly changed into sexy underwear in the ladies' toilets, then put on a long coat and left the office, grinning to myself at the saucy gear I had on beneath it. I drove across town and turned up at his place. He didn't know I was coming, so he was pretty happy to see me on the doorstep to start with, and when I asked him to take my coat and he saw what I had on underneath, his face just dropped. He carried me up to his bedroom where he instructed me to keep it all on while we had sex. He absolutely loved it and now he's planning a surprise for me. I can't wait!

Clarissa, Essex

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Stockists: nationwide

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NIVEA FOR MEN ARCTIC FREEZE MOISTURE GEL £8

Super-lightweight moisturiser with a wicked cooling sensation that lasts all day.

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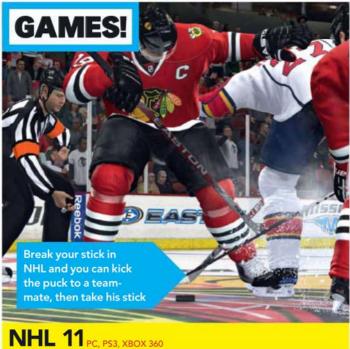
FUDGE HAIR SHAPER MINT £11

Fudge's bestselling goo, mint-scented, will leave your hair looking great and smelling brill. **Stockists:** fudge.com



Nutr 75

Nuts ?= //= //S



No one else does ice hockey games quite like Electronic

Arts. Which is mostly because no one else really pushes ice hockey

games in the UK. But if puckchasing is your thing, NHL 11 which features 200 gameplay enhancements - is as polished, accessible and fun a sports game as you'll find on any console. And that includes you, Fifa! ***





Late-entry PSP port of the gouge-'emup transfers a lot of the console game to the handheld. So expect similar pros and cons. ***



KINGDOM HEARTS: BIRTH BY SLEEP PSP



Role-playing game that mixes Final Fantasy action with Disney sensibilities. And it's not bad. One for younger readers. ***

COMICS

A must-have for comic fans everywhere, this comprehensive app features loads of free

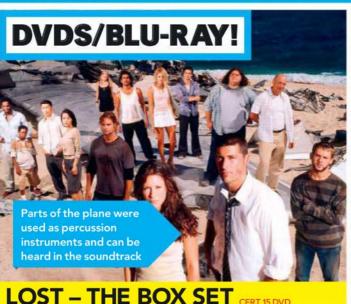
content, including all your fave comic-book heroes! ★★★

IONE, ITOUCH, IPAD



This tells you what that song is playing on the radio, in the shop, on TV... anywhere! Simply

hold your phone up to the tune, and it'll spill all the details! ★★★



CERT 15 DVD

Take a couple of weeks off and lose yourself in every single episode of the mind-boggling but brilliant drama following the

survivors of a plane crash stranded on a mysterious island where danger lurks at every turn. And if that's not enough, this includes epilogue The New Man In Charge, too! A must-have for newcomers and devotees alike. ***

UFC 114: RAMPAGE VS EVANS DVD



The eagerly anticipated bout between Rampage Jackson and Rashad Evans, who don't like each other much. ****

PRINCE OF PERSIA



A prince and princess fight a villain threatening to destroy the world. Top action, and with Gemma Arterton! ***

THE SIMPSONS: SEASON 13



All 22 episodes of yellow family fun from way back in 2001, with guests including Pierce Brosnan and REM. Woo-hoo! ★★★★





Superclub Pacha know a thing or two about dance, hence this triple CD that takes in

David Guetta, Kylie, Gorillaz and all manner of stuff besides. ★★★

LINKIN PARK



A few weeks back, we played Medal Of Honor with them, and now the shouty Yanks have

put out another disc of awesomely impressive big rock. Ace! ★★★



THE OTHER GUYS CERT 12A

Will Ferrell's desk jockey dork teams up with Mark Wahlberg's trigger-happy nutcase detective in a hilarious spoof buddy cop comedy from Anchorman bloke Adam McKay. Ferrell will have you in stitches singing Pimps Don't Cry with the smokin' Eva Mendes,

who plays his other half - the jammy git! - and look out for a crazy good cop, bad cop routine with baddie Steve Coogan. Supreme silliness and slapstick action. We like! And don't forget to check out our interview with Ferrell on page 22! ★★★



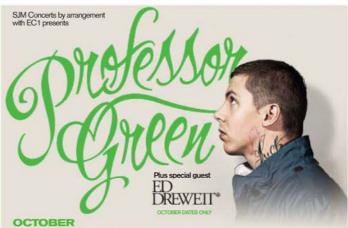
I'M STILL HERE

Ever wondered what happened to Joaquin Phoenix? Casev Affleck spent a year with the Gladiator star, documenting his meltdown as he quit Hollywood to become rapper "Jo Pho". For real or just a wacky wind-up? Either way, it's weirdly compelling viewing. ★★★



THE HORDE

Blood, guts and guns abound as cops and gangsters call a truce to face off against a zombie uprising. Like a big-screen version of brap-'em-up gaming classic Left 4 Dead, this mental French horror is a splatterfest of the highest order. C'est magnifique! ★★★



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Nuts

Seven days of brilliant telly for blokes!



6.00am Breakfast 9.15 Helicopter Heroes 10.00 Homes Under the Hammer 11.00 Filthy Rotten Scoundrels 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Diagnosis Murder (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC

6.00am CBeebies 7.00 CBBC 8.30 CReebies 11.30 Open Gardens (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Animal Park (R) 1.30 Darby O'Gill and the Little People: Disney comedy fantasy starring Albert Sharpe. 3.00 Put Your Money Where Your Mouth Is (R) 3.45 Flog It! 4.30 Pointless 5.15 Escape to the Country 6.00 The Pope's Visit 2010: Evening Prayer from Westminster Abbey

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women: With Janice Dickinson. 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Michael Ball Show 4.00 Inspector Morse (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

7.00 The One Show Topical chat

7.30 Animal 24:7 A fox gets caught in a snare. (R)

8.00 EastEnders Cockney codswallop.

8.30 QI

NEW Ross Noble, Jack Dee, Phill Jupitus and Alan Davies crack gags while trying to answer boncebotheringly hard questions.

9.00 New Tricks

The wrinkly team investigate the death of a college professor.

10.00 BBC News, Weather 10.35 Would I Lie to You? Unseen material from the show

11.05 The National **Lottery Draws**

11.15 The Dark

Ropey horror movie starring Maria Bello and Sean Bean.

12.45am Sign Zone: Gears and Tears (R)

1.15 Who Do You Think You Are? (R) 2.15 Ben Fogle's Escape in Time (R) 3.00

Britain's Empty Homes: From south-west London. (R) 3.30-6.00am BBC News

7.30 Churches: **How to Read Them**

NEW The secrets of crumbly old religious buildings.

8.00 Mastermind

Subjects include sharks and Leeds United - the Don Revie years. Blimey - this has almost got us interested!

8.30 Gardeners' World Rake-related rubbish

9.00 Dragons' Den: **What Happened Next?**

MUST-SEE The progresss of potty inventions.

10.00 The Rob Brydon Show MUST-SEE Chat show with the Welsh actor.

10.30 Newsnight 11.00 The Review Show

11.50 Later with Jools Holland With the Manics and Klaxons

12.55-2.25am Later with Jools **Holland's Golden Moments** The 250th episode. (R)

7.00 Emmerdale

Moira drives Holly to the police station and asks for her to be arrested, but they're far too busy dealing with a gang of armed robber sheep to care.

7.30 Coronation Street Manc-hased misery

8.00 Cheetah Kingdom

A cub needs help after being hit by a car. 8.30 Coronation Street

Trevor starts to get on Carla's nerves. Rather like ITV1 in general tonight. 9.00 Paul O'Grady Live

With Enrique Iglesias. Next! 10.00 ITV News, Weather

10.35 Along Came Polly A man's routine is the continuous disarray when a spontaneous old friend walks back into his life. Pesky spontaneous old friends, eh?

12.15am The Zone Shopping and interactive gaming.

2.20 IIIM Igby Goes Down: Comedy drama starring Kieran Culkin and Ryan Phillippe. 3.55-5.30am ITV Nightscreen



BBC1 SCOTLAND: 7.30pm Bang Goes the Theory BBC2 NORTHERN IRELAND: 8.00pm WE Ulster Rugby BBC2 WALES: 7.30pm Sport Wales 8.00pm WE Scrum V STV: 8.00pm Postcode Challenge 10.35 STORT STV Sports Centre: Friday Night Football 11.35 Dating the Enemy

12.05am Brain Box 1.00 Nightwatch with Steve Scott: Crime 2.00-5.30am The Nightshift ULSTER: 10.35pm Swingtown 11.35 Countrywise 12.00m't Brain Box

TODAY'S SPORT

- 6.00am Good Morning Sports Fans 9.00 Ringside Special (HD)
- 10.00 The Rugby Club (HD)
- 11.00 Premier League World
- 11.30 Ringside Special (HD) 12.30pm UNE Cricket: The one-dayer
- between England and Pakistan. (HD) 9.00 Ringside Special (HD)
- 9.30 Countdown to the Ryder Cup 10.00 Take It Like a Fan
- 10.30 Premier League Preview: A look ahead to Man United vs Liverpool. (HD) 11.00 Football League Weekend (HD)
- 12.00m't Ringside Special (HD) 12.30am Cricket: Action from the match
- between England and Pakistan. (HD) 2.00 Take It Like a Fan
- 2.30 Premier League Preview (HD)
- 3.00 Football League Weekend (HD) 4.00 Ringside Special (HD)
- 4.30-6.00am Cricket (HD)

sky SPORTS 2

6.00am Aerobics 6.30 Ocean Ride 7.00 WWE: Raw (HD) 9.00 ATP Tour Uncovered

- 9.30 IAAF Athletix Weekly 10.00 Snooker
- 1.30pm Premier League World
- 2.00 Ringside Special (HD) 3.00 WWE: Raw (HD)
- 5.00 Premier League World (HD)
- 5.30 Football League Weekend (HD)
- 6.30 Premier League Preview (HD)
- 7.00 Ringside Special (HD)
- 7.30 LIVE Rugby League (HD)
- 10.00 Golf (HD)
- 11.00 Golfing World
- 12.00m't Rugby League (HD) 1.30am Sportnation
- 2.00 Golf (HD)
- 3.00 NFL: Total Access
- 4.00 Sportnation
- 4.30 Football League Weekend (HD)
- 5.30-6.00am Ocean Ride

ON DIGITAL, SATE

FILM4 (315)

6.55pm Guess Who: Romantic comedy starring Bernie Mac and Zoe Saldana. 9.00 The Untouchables: Gangster thriller starring Kevin Costner. 11.15 Under Siege: Action adventure starring Steven Seagal. 1.15am The Man Who Wasn't There: Drama starring Billy Bob Thornton. 3.30 Frightfest Special: The Last Exorcism 3.35-3.45am Scott Pilgrim Special

COMEDY CENTRAL (126)

7.00pm Scrubs: Carla and Turk contemplate having a second baby. 8.00 Maid in Manhattan: Comedy with



7.00pm WE Rugby Union 10.00 Rugby Union 11.45 UFC

Unleashed 12.45am Poker 1.45 Premier League Preview 2.15 Ultimate Fighting Championship 4.15 ESPN Kicks Extra 4.30-5.00am This Week in Baseball

6.10am The Hoobs (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.25 Frasier (R) 8.55 Friends (R) 9.30 Lakes on a Plate (R) 10.00 The Good Wife (R) 11.00 Desperate Housewives (R) 12.00noon Channel 4 News Summary 12.05pm A Guide to Taking a Photo 12.10 Gigi: Musical with Leslie Caron. 2.20 Lakes on a Plate 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Coach Trip 6.00 The Simpsons 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 CSI: Miami (R) 12.40pm Five News 12.45 Chinese Food in Minutes (R) 1.15 House Doctor (R) 1.45 Neighbours 2.15 Home and Away 2.50 The Family Recipe (R) 3.00 Animal Rescue Squad (R) 3.15 [IIII Be My Baby: Romantic comedy starring René Ashton. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five



6.00am Body Language Secrets (R)(HD) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 Lion Man (R) 9.30 Lion Man (R) 10.00 Bones (R)(HD) 11.00 Wedding SOS (R)(HD) 11.30 New Parent Nightmares (R)(HD) 12.00noon Body Language Secrets (R)(HD) 1.00pm Project Runway (R) 2.00 Bones (R)(HD) 3.00 Stargate SG-1 (R)(HD) 4.00 Stargate SG-1 (R)(HD) 5.00 SPORT WWE Superstars 6.00 Oops TV (R) 6.30 The Simpsons (R)

TODAY'S MUST-SEES



7.00 News

7.25 4thought.tv

Bishop Pat Buckley reveals the question he'd like to ask the Pope. We reckon it's "Alright mate?

7.30 The Yorkshire Clamper

A bloke who just can't help clamping cars in the village of Haworth, West Yorkshire. Bet he's popular. (R)

8.00 Come Dine with Me

"The ratatouille was just abysmal!" etc.

9.00 Embarrassing Bodies: **Back to the Clinic**

NEW A mastectomy patient completes her treatment.

10.00 8 Out of 10 Cats MUST-SEE The return of the ace comedy panel show.

10.55 The Inbetweeners

NEW If you missed this on E4 on Monday, catch it here. Jay

continues to falsify his sexual experiences.

11.25 Alien

FILM Sci-fi horror thriller starring Sigourney Weaver.

1.35am Chasing the Cumbrian Killer (R) 2.30 The Fairy Jobmother (R) 3.25 This Week's 4Music Top 20: The week's big hits. 5.25-6.10am Countdown (R)

7.00 Five News at 7

7.30 Escape from Colditz

The high-security Nazi prison camp. (R)

8.00 Police Interceptors

A car thief leads officers on a cross-country chase. The little tinker.

9.00 The Mentalist

The star witness in a high-profile narcotics case is murdered. (R)

10.00 Law & Order: **Special Victims Unit**

Grim stuff as Stabler and Beck discover a child prostitution ring.

10.55 CSI: NY

Stella heads to Greece to investigate her old mentor. Hmm, crime-cracking and plate-smashing combined? Nice idea. (R)

11.50 Cricket on Five

SPORT Bat-flailing with the third one-dayer between England and Pakistan at the Oval.

12.45am SuperCasino

Live interactive gaming.

4.05 SPORT Motorsport Mundial 4.30 House Doctor (R) 4.55 Rough Guide to Islands (R) 5.10 New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)

7.00 The Simpsons

Anne Hathaway takes up temporary residence in Springfield. (R)(HD)

7.30 The Simpsons

A new neighbour moves in next door to the family, who Bart becomes convinced is Sideshow Bob. (R)(HD)

8.00 The Middle

Frankie and Mike's romantic anniversary break is disrupted. (R)(HD)

8.30 Must Be the Music The semi-finalists perform. (R)(HD)

9.45 Must Be the Music -Meet the Finalists

The six acts who will perform. (R)(HD)

10.30 Lie to Me

A reporter is found murdered. (R)(HD)

11.30 Football's Greatest

SPORT The career of red-conked former Man United and Denmark star Peter Schmeichel. (R)

12.00m't Road Wars

Havoc on the highways. (R)(HD)

1.00am Night Cops (R) 1.50 Border Force (R)(HD) 2.40 Oops TV (R) 3.30 The 4400 (R)(HD) 4.20 Crash Test Dummies (R)(HD) 5.10-6.00am Sell Me the Answer (R)(HD)

Dragons' Den: What Happened Next? BBC2, 9pm

Peter Jones meets of who've been in the Den and won. Peter Jones meets up with people

And we get to see him on holiday. Why? ★★★★

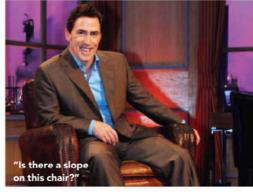


8 Out Of 10 Cats Channel 4, 10pm

COMEDY

The dog's dangly bits of comedy panel shows is back for more

survey-related laughs hosted by Jimmy Carr. Guests include singer Jamelia, and comedians Jack Dee and Jack Whitehall. Ace! ★★★★



The Rob Brydon Show

BBC2, 10pm

The Welshman hosts a new show, with stand-up from the comic actor himself, chat with funnymen David Walliams and Tom Deacon, and music from Tom Jones! ****

LLITE AND CABLE TV TONIGHT

Jennifer Lopez and and Ralph Fiennes. 10.00 Lee Evans: Wired and Wonderful - Live at Wembley 12.15am Comedy Central at the Comedy Store 12.45 South Park 2.45 Grouchy Young Men 3.15 Scrubs 4.10 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

BBC3 (115)

7.00pm Doctor Who: The Doctor battles a werewolf. 8.30 Great TV Mistakes 9.00 Little Britain 9.30 The King Is Dead 10.00 EastEnders 10.30 The Real Hustle: Celebrity Scammers 11.30 Family Guy 12.20am Little Britain 12.50 Ideal 1.20 Him and Her 1.50 The King Is Dead 2.20 Edinburgh Comedy Fest Live 3.20 The Real Hustle: Celebrity Scammers 4.20 Ideal 4.50-5.20am Him and Her

7.00pm Hollyoaks 7.30 Friends 9.00 How to Look Good Naked 10.00 Wife Swap USA 11.00 TILM The Transporter: Action adventure starring Jason Statham and Shu Qi. 12.50am Scrubs 1.45 How to Look Good Naked 2.40 Wife Swap USA 3.35 Samantha Who? 3.55 The Hills 4.15-6.30am Switched

DAVE (111)

7.00pm Dragons' Den: Ideas include a yoga class for children. 8.00 Top Gear 9.00 Have I Got News for You 10.20 Al Murray: Giving It Both Barrels 11.50 Have I Got News for You 1.05am The League of Gentlemen 1.45 Chandon Pictures 2.10 Cooking in the Danger Zone 2.35-3.00am SPORT Radical Highs

MTV (350)

7.00pm My Life as Liz: Comedy drama. 8.00 MTV Video Music Awards 2010 10.00 Behind the Music 12.00m't World Stage 1.00am MTV Video Music Awards 2010 3.00-6.00am All the Hits

CHANNEL ONE (121)

7.00pm Star Trek: Voyager 8.00 Warehouse 13 9.00 Star Trek: Enterprise 10.00 Supernatural 11.00 Star Trek: Enterprise 12.00m't Roulette Nation 3.00am Take It or Leave It 4.00-5.00am Classic Who Wants to Be a Millionaire?

SYFY (129)

7.00pm A Town Called Eureka 8.00 Spaceballs: Star Wars Spoof starring Bill Pullman. 9.50 FLM Yeti: Curse of the Snow Demon: Horror starring Peter DeLuise. 11.30 Human Target 1.30am 3rd Rock from the Sun 2.00 Mysterious Ways 3.00 Legend of the Seeker 4.00 Smallville 5.00-6.00am Angel

7.00pm NCIS: Double-bill. 10.00 Dexter 11.05 Burn Notice 12.05am Farscape 1.05 Babylon 5 2.05 ReGenesis 3.05-4.05am Water Rats

Nuts

Saturday Draws

Feeling confident? No, us neither.

9.15 Michael McIntyre's **Comedy Roadshow**

10.00 BBC News, Weather

West Brom vs Birmingham.

6.00am CBeebies 7.00 CBBC 9.40 The Pone's Visit 2010: Papal Mass from Westminster Cathedral 12.15pm Coast (R) 12.30 BBC Switch: Degrassi: The Next Generation 12.55 No Hats, No Trainers 1.20 Shelfstackers 1.45 The 5:19 Show 2.00 Single, Together, Whatever (R) 2.30 Revealed 2.45 FILM Without a Clue: Sherlock Holmes spoof starring Michael Caine. 4.30 Escape to the Country (R) 5.15 Dad's Army (R) 5.45 The Vera Lynn Story (R) 6.45 Newman - Saint or Sinner?

5.30am ITV News 6.00 CITV 10.00 Columbo: A Deadly State of Mind: Murder mystery starring Peter Falk. 11.30 This Morning: Saturday 12.30pm News, Weather 12.44 London Weather 12.45 Octopussy: James Bond adventure starring Roger Moore. 3.10 Midsomer Murders (R) 5.15 Regional News 5.25 ITV News 5.45 Animals Do the Funniest Things 6.45 All Star Family Fortunes

6.10am The Hoobs (R) 6.35 SPORT World Sport 7.00 Sport UK School Games 7.55 SPORT The Morning Line 8.50 T4: One Tree Hill (R) 9.45 Ugly Betty (R) 10.45 The Hollyoaks Music Show Playlist 11.15 The Album Chart Show: The Script 11.50 Ne-Yo's R'n'B Dance Grooves: Top 10 12.50pm Scrubs (R) 1.25 SPORT That Paralympic Show: Iwan Thomas trains with Oscar Pistorius. 1.55 WE Channel 4 Racing: Coverage from Newbury, Ayr and Newmarket. 3.55 Come Dine with Me (R) 6.30 News 6.55 4thought.tv

6.00am Milkshake! 10.00 How Do They Do It? (R) 10.30 The Gadget Show (R) 11.30 Megastructures: Giant Aircraft Transporter (R) 12.30pm Nature Shock: Deadly Rat Invasion (R) 1.30 Jane Doe: The Wrong Face: Crime thriller with Lea Thompson and Joe Penny. 3.25 FILM Westbound: Western with Randolph Scott, Andrew Duggan. 4.55 FILM Bullet to Beijing: Espionage thriller starring Michael Caine. 6.50 Five News 6.55 NCIS (R)

7.30 Merlin

A battle breaks out at the citadel.

6.00am Breakfast 10.00 Saturday

Kitchen Live 11.35 Rachel Allen: Bake! (R)

12.00noon BBC News, Regional News,

Weather 12.15pm SPORT Football Focus

1.00 LIVE Athletics: The Great North City

Great North Run 3.00 LIVE Snooker: Ball-

Glasgow. 4.30 SPORT Final Score 5.10 BBC

News, Regional News, Weather 5.30 Hole

in the Wall (R) 6.00 NEW Walk on the Wild

Side 6.30 All New Celebrity Total Wipeout

Games, 2.30 SPORT Michael Johnson's

potting action in the World Open from

8.15 The National Lottery:

8.25 Casualty

Ruth plans a night of jiggery-pokery with her new husband, Edward.

MUST-SEE Stand-up gigs from Glasgow. Cool!

10.20 Match of the Day

SPORT Sunderland vs Arsenal, Everton vs Newcastle and

11.40 The Football League Show

1.05-6.00am BBC News

SPORT Action from the day's lower-league footy fun, including Ipswich vs Cardiff.

745 Vatican -The Hidden World

Behind the scenes at the Pope's manor.

8.45 QI XL

With Ross Noble and Jack Dee.

9.30 The Special Relationship

PREMIERE Fact-based political drama, exploring the friendship between Tony Blair and Bill

Clinton. We suggest you explore BBC1. 11.00 The Rob Brydon Show

Last night's episode of the top new chat show presented by the Welsh comic. (R)

11.30 Mock the Week

Baldy host Dara O Briain oversees more topical laughs courtesy of guests Stewart Francis and Ed Byrne. (R)

12.00m't Snooker

SPORT Day one of the World Open in Glasgow.

12.50-2.50am Snooker Extra

SPORT Even more ball-poking from Glasgow.

7.30 The X Factor

There's no Cheryl Cole this week (boo!), so Pussycat Dolls lead singer Nicole Scherzinger's standing in.

8.45 Phil Collins: One Night Only

9.45 Charlie Wilson's War

PREMIERE A politician secretly provides military

aid to rebels in Soviet-occupied Afghanistan. It's based on a true story, too. Blimey!

11.40 ITV News, Weather

11.55 Dating the Enemy

An animal rights activist goes on some dates with a woman who supports hunting. This is sure to end well. (R)

2.25 Raines: Neo-Nazis are suspected of

murder. (R) 3.15-5.30am ITV Nightscreen

12.25am The Zone

Shopping and gaming gubbins.

4.15 Age of Love (R) 5.00 Countdown (R) 5.45-6.10am Yo Gabba Gabba (R)

7.00 Grand Designs

Some rich people build a complicated home on the Isle of Wight. (R)

8.00 Stephen Hawking's Universe

NEW The swotty physicist and cosmologist explores the mysteries of space and time. Leave it out, Stephen! It's Saturday night!

9.00 Blade: Trinity

MUST-SEE The vampire hunter and a team of human sidekicks face a showdown with Dracula himself. Ace comic-book fun.

11.10 AVPR: Aliens vs Predator - Requiem

Decidedly ropey but fun thriller sequel. Residents of a small American town are in danger when warring Alien and Predator lifeforms show up nearby. Always the way, isn't it?

1.00am Dev. D: Comedy. 3.25

A Family Portrait 3.30 What About Brian

7.50 NCIS

A commander dies after surgery. (R)

8.45 CSI: Crime Scene Investigation

A student falls to her death from her university dorm room and it's not long before the suspected suicide becomes wait for it - a murder investigation! (R)

9.45 CSI: Crime Scene Investigation

A murder is linked to a shoot-out at a gun store involving four people. (R)

10.40 CSI: Miami

A loaded businessman is killed. (R)

11.40 Forensic Files

Scientific and forensic techniques.

4.05 Chinese Food in Minutes (R) 4.30

House Doctor: Home improvements. (R)

4.55 The Family Recipe (R) 5.00 Hana's

Helpline (R) 5.10-6.00am Milkshake! (R)

12.10am SuperCasino

Live interactive gaming.

BBC2 WALES: 6.45pm Last Night of the Proms Celebrations 7.30 Newman - Saint or Sinner? 8.30 Vatican - The Hidden World 9.30 NEW Dragons' Den: What Happened Next? 10.30 Special Relationship: Fact-based political drama

starring Michael Sheen. 12.00m't The Rob Brydon Show 12.30am SPORT Snooker 1.20-2.50am SPORT Snooker Extra STV: 11.59pm Local Weather 12.00m't Brain Box 1.00am Film Fahrenheit 451: Sci-fi drama starring Oskar Werner and Julie Christie. 3.00-5.30am The Nightshift ULSTER: 11.55pm Star Bites 12.00m't Brain Box 2.30-3.15am Raines

TODAY'S SPORT

sky SPORTS 1

6.00am Ringside Special: A look ahead to the Magnificent Seven event. (HD) 6.30 IVI Rugby Union: Wellington vs Hawke's Bay, kick-off 6.30am. (HD)

8.30 IVE Rugby Union: Tasman vs North Harbour, kick-off 8.35am. (HD) 10.30 Cricket (HD)

12.00noon WE Golf: The second day of the Austrian Open at the Diamond Country Club in Atzenbrugg. (HD) 2.30pm Live Cricket: Bat-swinging with

the final of the ECB 40 League. (HD) 9.30 Rugby Union (HD) 10.30 Rugby League: The Super League

first preliminary semi-final. (HD) 12.00m't Champions League Weekly

12.30am Spanish Football (HD) 2.00 Rugby Union (HD)

3.00 Rugby League (HD)

4.30 Rugby Union (HD)

5.30-6.00am Take It Like a Fan

sky SPORTS 2

6.00am Sports Unlimited

7.00 Ringside (HD) 7.30 Football League Weekend (HD) 8.30 Champions League Weekly (HD)

9.00 Premier League Preview 9.30 Take It Like a Fan: Football quiz presented by John Fendley.

10.00 Soccer AM: With Max Rushden and Helen Chamberlain. 12.00noon Ringside (HD)

12.30pm WE Football: Stoke vs West Ham, kick-off 12.45pm. (HD) 3.00 WE Rugby Union: London Wasps vs Leicester Tigers, kick-off 3.05pm. (HD)

5.15 WE Football: Hull City vs Forest at the KC Stadium, kick-off 5.20pm. (HD) 7.30 You're on Sky Sports! 8.25 Football First: Coverage of today's

Premier League games. (HD) 4.15am Spanish Football (HD) 5.45-6.00am Sky Sports Classics

FILM4 (315)

7.05pm Big Momma's House: Comedy starring Martin Lawrence. 9.00 Run Fatboy Run: Romantic comedy with Simon

Pegg and Thandie Newton. 10.55 UST-SEE Dog Soldiers: Brit werewolf horror starring Sean Pertwee and Kevin

McKidd. 1.00am Not Quite Hollywood: The Wild, Untold Story of Ozploitation! 3.05 Frightfest Special: The Last Exorcism 3.10-3.20am Scott Pilgrim Special

COMEDY CENTRAL (126)

7.00pm Rules of Engagement 7.30 The King of Queens 8.00 Scrubs 9.00 Lee



4.45pm Football 7.45 WE Serie A Football

9.45 Bundesliga 11.30 French Rugby Union 1.15am FIA GT1 World Championship 2.45 Kicks 3.00 Baseball 3.30-5.30am WE Major League Soccer

Evans XL Tour 10.20 Deuce Bigalow: European Gigolo: Comedy sequel. 12.00m't Two and a Half Men 1.00am Comedy Central at the Comedy Store 1.30 South Park 2.30 Two and a Half Men 3.30 The King of Queens 4.00 Shortcuts Shuffle 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

BBC3 (115)

7.00pm Great TV Mistakes 7.10 Top Gear 8.15 The Real Hustle: Celebrity Scammers 8.45 FLM Serendipity: Romantic drama starring Kate Beckinsale and John Cusack. 10.10 Live at the Apollo: With Jason Manford and Michael McIntyre. 10.55 Family Guy 11.40 American Dad! 12.25am Mongrels 4.25-4.55am Mongrels Uncovered

7.00pm The Big Bang Theory 7.30 How I Met Your Mother 8.00 Friends 9.00

Dreamgirls: Musical drama starring Jamie Foxx. 11.35 Russell Brand Live 12.40am Wife Swap USA 2.30 Russell Brand Live 3.25-6.00am Hollyoaks

7.00pm Fifth Gear: Motoring magazine. 8.00 Crash 9.00 Mock the Week 9.40 QI: With Jo Brand, Vic Reeves and Clive Anderson. 11.40 Mock the Week: Quiz show with Dara O Briain. 12.20am QI 2.15-3.00am The League of Gentlemen

MTV (350)

7.00pm MTV Video Music Awards 2010 9.00 Teen Mom: Three shows, 12.00m't Jersey Shore 2.00am The Dudesons in America 3.00-6.00am All the Hits

CHANNEL ONE (121)

7.00pm Most Shocking 8.00 Trawlers, Rigs & Rescue: North Sea 9.00 Shooting Stars 10.00 8 Out of 10 Cats: Topical

18 SEPTEMBER SATURDAY



6.00am Brainiac: Science Abuse (R)(HD) 7.00 Crash Test Dummies (R)(HD) 8.00 Malcolm in the Middle (R) 9.00 Football's Next Star (R)(HD) 10.00 SPORT Soccer AM 12.00noon Oops TV (R) 12.30pm Pineapple Dance Studios (R) 2.00 Project Runway (R) 3.00 Michael Jackson's Private Home Movies 3.30 Michael Jackson's Private Home Movies 4.00 Michael Jackson's Private Home Movies 4.30 Michael Jackson's Private Home Movies 5.00 Vet Adventures (R)(HD) 6.00 The Simpsons (R)(HD)

7.00 The Simpsons Homer starts hallucinating. (R)(HD)

7.30 Glenn Martin, DDS Glenn and Jackie take a weekend trip to a luxury spa (HD)

8.00 Oops TV

JLC narrates as more people cause "hilarity" by falling over. (R)(HD)

9.00 Lethal Weapon 2



Top actioner with Mel Gibson and Danny Glover. (HD)

11.10 Classic Albums

The writing and recording of Paul Simon's '80s album Graceland. (R)

12.30am Fringe

Peter joins a law enforcement official on a serial murder investigation which has links to Newton. (R)(HD)

1.25 Football Behind Bars (R) 2.15 Ross Kemp on Gangs 3.05 Road Wars (R) 3.30 Family Court 4.20 Don't Forget the Lyrics (R) 5.10-6.00am Sell Me the Answer

panel show. 11.00 Sexcetera 12.00m't Roulette Nation 3.00am Vegas Virgins 4.00-5.00am Takeshi's Castle

SYFY (129

6.20pm Tum Teen Wolf 8.15 Tum The Day the Earth Stopped: Sci-fi drama. 10.00 IIIM Unearthed: Horror. 11.50 Lost Colony: The Legend of Roanoke: Historical horror. 1.40am Jack Hunter: The Quest for Akhenaten's Tomb: Adventure, 3.40 3rd Rock from the Sun 4.10-6.00am Atomic Twister: Action adventure

6.00pm The Listener 8.00 American Dad! 9.00 Better Off Ted 10.00 Robot Chicken 10.15 Family Guy 11.15 Metalocalypse 11.30 Family Guy 12.30am The Venture Brothers 1.00 American Dad! 2.00 Family Guy 3.00-4.00am Better Off Ted



Michael **McIntyre's** Comedy Roadshow

9.15pm, BBC1

COMEDY

McIntyre's very much

the Marmite of comedy, but we're fans, even if he looks like a squinty-eyed five year old. He's back for another series of his roadshow, with some new faces and some old favourites. including John Bishop, Ardal O'Hanlon and Kevin Bridges. Guaranteed laughs! ★★★



Sunderland vs Arsenal

The Black Cats host the free-flowing dandies of Arsenal. The corresponding fixture last season saw Bruce's men ending the Gunners' 14-match unbeaten run. Ouch! ★★★



Dog Soldiers Film4, 10.55pm

Ace British horror thriller about a party of soldiers who are sent into the forests of the Scottish Highlands and find them pretty heavily populated with werewolves. Prepare yourself for fantastic gore, good gags and a top climax. ★★★



Blade: Trinity Channel 4, 9pm
It's the third and final instalment in the

trilogy, and this time Blade's up against a rubbish Count Dracula. Still, we like this flick cause it's got Ryan Reynolds (he's funny!), Jessica Biel (she's gorgeous!) and a vampire dog (it's weird!). ★★★



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NutsTV

6.00am Breakfast 7.10 SPORT Match of the Day (R) 8.30 The Andrew Marr Show 9.30 Live Great North Run 12.00noon Battle of Britain Sunday from Westminster Abbey 1.40pm WE Great North Run: More sweaty types get their knees up. 2.25 The Politics Show 3.30 EastEnders 5.25 Songs of Praise 6.00 BBC News, Regional News, Weather 6.30 Countryfile

6.00am CBeebies 7.00 CBBC 9.20 The Pope's Visit 2010: Beatification Mass of John Henry Newman 12.30pm UVE MotoGP: The Aragon Grand Prix MotoGP. 2.00 IN Snooker: The World Open. 5.00 Sport Rugby League: The Super League play-off matches. 6.00 Battle of Britain Sunday from Westminster Abbey

5.30am ITV News 6.00 CITV 9.25 Coronation Street 11.45 This Morning: Sunday 12.45pm Dinner Date (R) 1.45 News, Weather 1.59 London Weather 2.00 The Planet's Funniest Animals (R) 2.35 The X Factor (R) 3.50 ELM A View to a Kill: James Bond adventure with Roger Moore. 6.15 Regional News, Weather 6.25 ITV News 6.45 New The Cube

6.10am The Hoobs (R) 7.00 SPORT The Grid 7.30 Sport British Formula Ford Championship 7.55 SPORT Duathlon 8.20 GT Academy 8.50 T4: Friends (R) 9.20 RockCorps 2010: The Making of the Single 9.40 Hollyoaks 12.15pm Ugly Betty 1.10 Friends (R) 1.40 Bestival 2010 2.10 The Simpsons (R) 3.10 Three in a Bed 4.55 Deal or No Deal 5.45 Charlotte's Web: Children's drama.

6.00am Milkshake! 10.00 Shake! 11.10 Michaela's Wild Challenge (R) 11.40 Zoo Days (R) 12.00noon How to Take Stunning Pictures (R) 12.30pm Build a New Life: Was It Worth It? (R) 1.30 Bonneville: Road movie starring Jessica Lange. 3.15 Man of the House: Comedy starring Tommy Lee Jones. 5.15 Groundhog Day: Romantic fantasy.

7.30 Antiques Roadshow

They value old things. We might take our nan and see how much she's worth...(R)

8.30 The Battle of Britain

Ewan McGregor and his brother retell the story of the 1940 air battle that marked a turning point in the Second World War.

10.00 BBC News, Weather

10.25 Who Do You Think You Are?

Actress Lisa Kudrow finds out. Turns out, she's a woman, an actress and she starred in some show called Friends. Amazing!

11.10 The Year of

Living Dangerously
Old political thriller starring
Mel Gibson as an Aussie journalist caught up in a coup. Dull.

7.30 Wellington Bomber

A factory in North Wales that assembled a bomber in a single day. Blimey!

8.30 Victoria Wood: Seen on TV

The comedienne rattles on about the highlights of her TV career. (R)

10.00 Match of the Day 2

SPORT Colin Murray presents the best bits from today's Premier League fixtures, featuring the big one - Man United vs Liverpool.

11.10 Great North Run 2010

SPORT Headband-wearing loons run for absolutely ages.

11.40 Snooker

SPORT Ball-nudging with the second day of the World Open from Glasgow.

12.30am Snooker Extra

SPORT Even more from the World Open in Glasgow.

7.45 The X Factor

It's the final round of auditions, No!

9.00 Joe Maddison's War

Wartime drama. One for your parents. Do yourself a favour and flick to Channel 4.

10.55 ITV News, Weather

11.15 Bouquet of Barbed Wire

Peter's obsession with Gavin takes a dangerous turn. Who are these people? Pah, we don't know either! (R)

12.15am Premiership Rugby Union

SPORT Action from the weekend's egg-chasing fixtures, including Northampton Saints vs Bath, London Wasps vs Leicester Tigers and London Irish vs Gloucester.

7.30 News

7.55 4thought.tv

Five minutes of your life you'll never get back.

8.00 Celebrity Come Dine with Me

Debbie McGee, ex-MP Lembit Opik, presenter lain Lee and glamour girl Jodie Marsh all try to host a perfect dinner party. Can't imagine this'll go well. (R)

9.00 Jumper

MUST-SEE No, not a film about knitting, thankfully,

but a quality sci-fi action thriller about a bloke who discoves he can teleport himself anywhere he likes. We'd teleport ourselves into Lucy Pinder's bedroom to say "Hi!" if we had the chance.

10.45 Michael Jackson and **Bubbles: The Untold Story** The chimp talks. Or maybe not. (R)

11.45 Bestival 2010 12.50am RockCorps 2010: The Making of the Single (R)

1.05 WE American Football: Indianapolis Colts vs New York Giants, kick-off 1.20am. 4.45 SPORT Ironman Triathlon (R) 5.10-5.55am Countdown (R)

7.15 Five News

7.20 Men in Black II

FILM Five seem to have this film on rotation every other month, so by now, you know what to expect. Tommy Lee Jones and Will Smith are the men in black, battling aliens again.

9.00 Hitch

FILM It's a Will Smith double. He plays a relationship guru who falls for Eva Mendes' charms. Can't say we blame him - she's foxy!

11.20 Envy

A black comedy we've never heard of, which is suprising as it stars Ben Stiller and Jack Black. It's about a man who ends up hating his best friend after he becomes a millionaire. Hmm, doesn't sound great, to be honest.

1.10am SuperCasino 4.05 SPORT Golf 4.55 Recipe (R) 5.00 Hana's Helpline (R) 5.10 Milkshake! Show (R) 5.35 Thomas & Friends (R) 5.45-6.00am Roary (R)

1.05am Sign Zone: Holby City: Jac clashes with Ric. If you care. (R) 2.05 Victorian Pharmacy (R) 3.05 The Private Life of Chickens (R) 4.05-6.00am BBC News

2.30-4.05am BBC News

1.00 The Zone 2.30 SPORT British Superbike Championship Highlights 3.25 SPORT Motorsport UK: From Silverstone. 4.15-5.30am ITV Nightscreen

TODAY'S SPORT

BBC1 NORTHERN IRELAND: 10.25pm When the Snooker Extra BBC2 WALES: 11.10pm SPORT Scrum Pope Came to Ireland 11.05 The Politics Show V 12.00m't SPORT Rugby League 1.00am SPORT 11.25-1.05am Crazy/Beautiful: Teen romance. Great North Run 2010 1.30-2.20am Sport Snooker BBC2 SCOTLAND: 11.40pm SPORT Rugby League STV: 9.00pm The Illusionist: Period mystery. 12.40am SPORT Snooker 1.35-2.20am SPORT 11.15 SPORT STV Sports Centre: Rugby 12.00m't

Brain Box 1.00am Raines 2.00-5.30am The Nightshift ULSTER: 6.45pm NEW Lesser Spotted Ulster 11.15 Dating the Enemy 11.45 UTV Rewind 12.00m't Brain Box 2.30am UTV Rewind 2.40-3.25am Sport Premiership Rugby Union

6.00am Aerobics

6.30 Football First (HD)

9.30 The Sunday Supplement 11.00 Goals on Sunday: A review of yesterday's football action. (HD)

1.00pm MUSTISEE Football: Man United vs Liverpool, kick-off 1.30pm. (HD)

3.30 LIVE Football: Chelsea vs Blackpool at Stamford Bridge, kick-off 4pm. (HD) 6.30 Super Sunday: The Last Word: Andy Gray looks at the weekend's matches. (HD) 7.00 WE Spanish Football: One of the weekend's big La Liga matches. (HD) 8.00 LIVE Spanish Football: Another one of the weekend's big La Liga matches. (HD) 10.00 Football (HD)

11.30 Super Sunday: The Last Word (HD) 12.00m't Football (HD)

12.30am Spanish Football (HD)

2.30 Football (HD) 4.00-6.00am Spanish Football (HD)

sky SPORTS 1 sky SPORTS 2

6.00am IAAF Athletix Weekly 6.30 Rugby League (HD)

8.00 Spanish Football (HD) 9.30 IAAF Athletix Weekly: A round-up of athletics news from around the world. 10.00 Motorsport: The Indy Japan 300 at

the Motegi Twin Ring Circuit. 12.00noon WE Golf: The final day of the Austrian Open at the Diamond Country

Club in Atzenbrugg. (HD) 4.00pm IEX Magazine

4.30 WWE: Experience (HD) 5.30 WE American Football: Dallas Cowboys vs Chicago Bears, kick-off 6pm. 9.00 WE American Football: New York Jets vs New England Patriots at New Meadowlands Stadium, kick-off 9.15pm. 12.30am Seamaster Sailing: The latest

news from the Grand Prix season. 1.00 Motorsport 2.00-3.00am Watersports World

FILM4 (315)

6.30pm The Magnificent Seven: Western starring Yul Brynner. 9.00 Chocolat: Romantic drama with Juliette Binoche and Johnny Depp. 11.20 The Libertine: Biopic starring Johnny Depp. 1.30am Yes: Drama starring Joan Allen. 3.30-3.45am Frightfest Special: The Last Exorcism

COMEDY CENTRAL (126)

9.30am Two and a Half Men 9.00pm Deuce Bigalow: European Gigolo: Comedy sequel starring Rob Schneider. 10.40 Lee Evans Live from the West End 12.10am Two and a Half Men 1.10



6.30pm Serie A Football 7.45 UVE Serie A Football

9.45 Motor Racing 11.45 FIA GT1 World Championship 1.15am Superleague Formula 3.00 NHRA Drag Racing 4.00 Press Pass 2010 4.30-5.30am UFC

Grouchy Young Men 1.40 Comedy Central at the Comedy Store 2.10 Two and a Half Men 3.10 The King of Queens 4.05 Shortcuts Shuffle 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

BBC3 (115)

7.00pm Great Movie Mistakes 7.05 The Real Hustle: Celebrity Scammers 7.35 Ace Ventura: When Nature Calls: Comedy sequel starring Jim Carrey. 9.00 Gavin & Stacey 9.30 Him and Her 10.00 Family Guy 10.45 The King Is Dead 11.15 Gavin & Stacey 11.45 Ideal 12.15am Him and Her 12.45 Greatest TV Mistakes 1.45 The King Is Dead 2.15 Ideal 2.45 The Real Hustle: Celebrity Scammers 3.15 | Can't Stop Stealing 4.15-5.15am Greatest TV Mistakes

7.00pm Life Unexpected 8.00 Friends 9.00 Derren Brown: Something Wicked This Way Comes: An amazing performance in London. 10.40 Derren Brown: Evening of Wonders 12.15am Wife Swap USA 2.10 Life Unexpected 2.55 Switched 3.20-6.00am Hollyoaks

DAVE (111)

7.00pm Have I Got News for You 8.20 I'm Alan Partridge 9.00 Billy Connolly's World Tour of New Zealand: Back-to-back episodes. 12.35am Dragons' Den: A festive edition. Yes, at this time of year. 2.10 Whose Line Is It Anyway? 2.30-3.00am Chandon Pictures

MTV (350)

6.00pm The Hills 8.00 16 and Pregnant 9.00 Jersey Shore 10.00 MUSTISEE The Hard Times of RJ Berger 10.30 Valemont 11.00 The Dudesons in America 11.30 South Park 1.00am Jersey Shore 2.00 The Hard Times of RJ Berger 2.30 Valemont 3.00-6.00am All the Hits

19 SEPTEMBER SUNDAY

FULL 7 DAY TV **GUIDE!**



6.00am Hour of Power (HD) 7.00 Crash Test Dummies (R)(HD) 8.00 Malcolm in the Middle (R) 9.00 Road Wars (R) 10.00 SPORT WWE Superstars (R) 11.00 SPORT WWE: Experience (R) 12.00noon Must Be the Music (R)(HD) 1.15pm Must Be the Music - Meet the Finalists (R) (HD) 2.00 Futurama (R) 4.00 The Simpsons (R)(HD) 6.30 The Middle (HD)

7.00 Must Be the Music

The music show continues. (HD)

8.15 The Middle

Brick's teachers tell his parents he's socially challenged. (HD)

8.45 Must Be the Music

It's the last in the series. (HD)

9.30 An Idiot Abroad -The Preview Show

The first episode of this is on Thursday night. Don't miss it either - it's the funniest thing we've seen in ages! (R)

10.00 Chris Ryan's Strike Back

Porter goes undercover to a prison in Zimbabwe to break out the British man accused of the assassination. (R)(HD)

11.00 Chris Ryan's Strike Back

Porter and Masuku seek refuge in an orphanage. (R)(HD)

12.00m't House

The medic and his team try to diagnose a ballerina whose lungs collapsed during a performance. Ouch!(R)(HD)

1.00 House (R)(HD) 1.50 Ross Kemp (R) (HD) 2.40 Road Wars 3.30 Family Court (R) 4.20 Don't Forget the Lyrics (R)(HD) 5.10-6.00am Sell Me the Answer (R)(HD)

CHANNEL ONE (121)

7.00pm Home Video Heroes 8.00 Britain's Worst DIYer 9.00 Trawlers, Rigs & Rescue: North Sea 10.00 Most Daring 11.00 Sexcetera 12.00m't Roulette Nation 3.00am Vegas Virgins 4.00-5.00am Takeshi's Castle

SYFY (129)

7.00pm A Town Called Eureka 8.05 The Real Warehouse 13: Inside Secret Government Warehouses 10.00 Pandorum: Sci-fi horror starring Ben Foster. 12.00m't DUM Out for a Kill 2.00am Mysterious Ways 3.00 Tin Man 4.00-6.00am FLM Dungeons & Dragons 2: The Elemental Might

6.00pm Burn Notice 8.00 NCIS 10.00 Dexter 11.05 True Blood 12.10am Burn Notice 1.10 To Catch a Predator 2.10 Swat USA 3.10-4.10am Cops

TODAY'S MUST-S



Man United vs Liverpool Sky Sports 1/HD, 1.30pm

SPORT The game of the day sees United host their big rivals, and having

been hammered in Manchester once this season - 3-0 against City - Roy's boys will need a huge improvement against a United side in top form. Still, Liverpool did triumph here 4-1 two seasons ago, so you never know. After that, it's Chelsea vs Blackpool, where there's as much chance of an away win as there is of Carlo Ancelotti cracking a smile! ★★★★



Jumper Channel 4, 9pm

FILM Sci-fi action thriller starring Hayden
Christensen as a bloke who discovers he can teleport anywhere, but then finds he's being pursued by a very shouty Samuel L Jackson. Rachel Bilson is sex on a stick in this likable nonsense. ***



The Hard Times Of RJ Berger MTV, 10pm

Super-geek RJ and his massive todger think he's in luck when his dreamgirl breaks up with her awful boyfriend. ★★★



Two Weeks In Hell

Discovery, 9pm

Do you have what it takes to become DOCU a Green Beret? Us neither, but the men who do undertake a brutal 14-day training regime that'll make or break them, as this docu shows. ★★★



Nuts

6.00am Breakfast 9.15 Helicopter Heroes 10.00 Homes Under the Hammer 11.00 Filthy Rotten Scoundrels 11.45 Cash in the Attic(R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Diagnosis Murder (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Daily Politics Conference Special 12.30pm Special Special 12.30pm Special Special 12.30pm day of the World Open in Glasgow. 4.00 Daily Politics Conference Special 5.30 Escape to the Country 6.00 Eggheads 6.30 Climbing Great Buildings

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 60 Minute Makeover 3.00 The Michael Ball Show 4.00 Inspector Morse (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

5.55am Sali Mali (R) 6.00 The Treacle People (R) 6.10 The Hoobs (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.25 Frasier (R) 8.55 Friends (R) 9.30 Lakes on a Plate (R) 10.00 The Good Wife (R) 11.00 Desperate Housewives (R) 12.00noon News 12.05pm NEW River Cottage Bites 12.15 Hud: Western. 2.20 Lakes on a Plate 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Coach Trip

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 Chinese Food in Minutes (R) 12.15pm House Doctor (R) 12.45 Five News 12.50 House (R) 1.45 Neighbours 2.15 Home and Away 2.45 New Meals in Moments 3.00 The Family Recipe (R) 3.05 FILM On Hostile Ground: Disaster movie starring John Corbett and Jessica Steen. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show

Light-hearted topical stories.

7.30 Wild Weather

Nutty weather conditions. It's all because of that global warming, you know...

8.00 EastEnders

Sam asks Minty to leave Walford with her. Let's hope he takes her up on the offer, and persuades some of the other cast members to tag along with him.

8.30 Panorama

Eyelid-dropping documentary about public sector salaries.

9.00 Spooks

NEW Lucas boards a boat heading from Tangier to Plymouth to track a Somalian terrorist.

10.00 BBC News, Weather 10.35 Traffic Cops

Officers encounter a celebrity with a dodgy number plate. String 'em up!

11.35 The Breakfast Club

FILM Classic '80s comedy starring Emilio Estevez.

7.00 The Pope's Visit 2010

The Simpsons is on on Sky1, just in case you hadn't noticed.

8.00 University Challenge It's another spod brain overdrive

8.30 Antiques Master With oldie truck-puller, Geoff Capes.

9.00 Unequal Opportunities with John Humphrys Serious documentary

10.00 Have I Got Old **News for You** Satirical quiz. (R)

10.30 Newsnight

11.20 Today at Conference

Highlights of some political guff.

11.50 Snooker

SPORT Cue-pushing antics in the World Open.

12.40am Snooker Extra

SPORT More World Open ball-bothering from Glasgow.

7.00 Emmerdale Hogwash. Literally

7.30 Coronation Street

Cladding-based claptrap.

8.00 Countrywise Century-old farming methods and the people who keep rural traditions alive. Technophobes, in other words. (R)

8.30 Coronation Street

The words "bad" and "penny" spring to mind, for some reason

9.00 Bouquet of Barbed Wire Peter faces a dark secret from his past.

10.00 ITV News, Weather 10.35 Surgery School

The trainees face assessments as the first year draws to a close.

11.35 Stephen Tompkinson's Australian Balloon Adventure

The actor hurtles across Australia in a hotair balloon. Madness! (R)

12.30am The Zone

Shopping and interactive gaming.

7.00 News

7.55 4thought.tv

Philip Sharp, who has seven wives, shares his views on polygamy. We somehow doubt he'll be speaking out against it.

8.00 Dispatches: How the **MoD Wastes Our Billions**

6.00 The Simpsons 6.30 Hollyoaks

Asking whether the Ministry of Defence offers value for money.

9.00 My Family's Crazy Gap Year

The Pindoria family go on an African driving adventure.

10.00 Jamie's American **Food Revolution**

Jamie Oliver tries to get kids in America eating healthily. He'll be lucky.

11.00 This Is England '86

Ace drama. Milky and Woody compete for Lol's affections. (R)

12.05am Mona Lisa

Romantic thriller starring Bob Hoskins and Cathy Tyson.

7.00 Five News at 7

7.30 How Do They Do It?

How a large-scale coal mine works.

8.00 The Gadget Show

Jon Bentley and Pollyanna Woodward visit France to examine compact cameras.

9.00 Rory and Paddy's **Even Greater Adventures**

NEW The duo try haggis hurling. Well, if it makes them happy.

10.00 Enter the Dragon

Action thriller starring Bruce Lee and John Saxon.

12.10am Cricket on Five

SPORT Highlihts of the fourth one-day international between England and Pakistan at Lord's.

1.15am Sign Zone: My Story (R) 1.45 Penguin Island: There's a heatwave. (R) 2.15 Wild Wales (R) 3.15 Benedict: Trials of a Pope (R) 4.15-6.00am BBC News

2.40-6.00am BBC News

2.30 SPORT UEFA Champions League Weekly: Highlights of recent games. 3.00 The Jeremy Kyle Show (R) 3.50-5.30am ITV Nightscreen

1.55 FLM Luck by Chance: Indian drama starring Farhan Akhtar. 4.35 Age of Love (R) 5.20-6.10am Hill Street Blues (R)

1.05 SuperCasino 4.05 Chinese Food (R) 4.30 House Doctor (R) 4.55 Rough Guide (R) 5.10 New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 SCOTLAND: 7.30pm Saints and Scroungers 11.35 SPORT Sportscene 12.15-1.15 FILM The Breakfast Club: Comedy drama starring Emilio Estevez and Molly Ringwald. BBC1 NORTHERN IRELAND: 7.30pm BBC Newsline Special: The

Soldier and the Stone 10.35 Special Deliveries 11.05 The Science of the Young Ones BBC1 WALES: 7.30pm X-Ray 10.35 Wales and the History of the Ryder Cup 11.15 The Science of the Young Ones 12.15-1.15 TIM The Breakfast Club BBC2

SCOTLAND: 11.00-11.20 Newsnight Scotland **BBC2 NORTHERN IRELAND: 11.20pm Stormont** Today 11.50 Today at Conference 12.20am Ride of My Life: The Story of the Bicycle 12.50-2.40am Sport Snooker Extra STV: 9.00pm Taggart 10.30

ON DIGITAL, SATELLITE

STV News and Weather 10.39 Big Hearted Scotland Awards 10.40 Children's Hospital 11.10 Oran na Mna 11.45 Cocairean 12.15am Brain Box 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 7.59pm UTV Live Update 8.00 Fabulous

AND CABLE TV TONIGHT

TODAY'S SPORT

6.00am Good Morning Sports Fans 9.00 Football Special: Man United vs Liverpool and Chelsea vs Blackpool. (HD) 10.30 Spanish Football (HD)

12.30pm Live Cricket: Bat-swishing with the fourth one-dayer between England and Pakistan at Lord's. (HD)

9.00 Premier League Review: A look back at recent top-flight games, including Man United vs Liverpool. (HD)

10.00 Netbusters

10.30 SPL Round-Up

11.00 Soccer AM: The Best Bits: Some of the highlights of Saturday's show.

12.00m't Cricket: The fourth one-dayer between England and Pakistan. (HD) 2.00am FIFA Futbol Mundial

2.30 Premier League Review (HD)

3.30 Watersports World

4.30 Max Power

sky SPORTS 1 sky SPORTS 2

6.00am Aerobics 6.30 Ocean Ride 7.00 WWE: Bottom Line (HD) 8.00 Golf (HD) 9.30 Rugby League (HD)

11.00 Golf (HD)

12.30pm Football Special (HD)

2.00 Super Sunday: The Last Word (HD) 2.30 Rugby League (HD) 4.00 Football Special (HD)

5.30 Super Sunday: The Last Word (HD) 6.00 Soccer AM: The Best Bits

7.00 Netbusters 7.30 WE Speedway: Action from an Elite

League play-off semi-final second leg. (HD) 10.00 Motorsport (HD)

11.00 Motorsport (HD) 12.00m't Boots 'n' All

1.00am Motorsport 2.00 Golf

3.00 Wonderful World of Golf 4.30 PGA Tour Classic

FILM4 (315)

6.15pm Independence Day: Sci-fi adventure starring Will Smith, Bill Pullman and Jeff Goldblum. 9.00 I, Robot: Sci-fi thriller starring Will Smith. 11.10 Water Lilies: French drama starring Pauline Acquart. 12.50am The Cooler: Drama starring William H Macy. 2.55-3.10am Frightfest Special: The Last Exorcism

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men: Charlie and Jake go on a double date 10.00 Lee Evans XL Tour 11.20 Sex and the City 12.30am

4.30-6.00am Premiership Rugby Union



6.30pm Talk of the Terrace 8.00 French

Top 14 Rugby Union 8.30 Premiership Rugby Union 10.00 Between The Lines 10.30 Talk of the Terrace 12.00m't NFL 1.30am WE NFL

Two and a Half Men 1.30 South Park 2.30 Grouchy Young Men 3.00 Two and a Half Men 4.00 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

BBC3 (115)

7.00pm Merlin 7.45 Doctor Who 8.30 E20 9.00 Cherry Gets Married 10.00 EastEnders 10.30 Him and Her 11.00 Family Guy 11.45 Cherry Gets Married 12.45am Him and Her 1.15 E20 1.45 The Real Hustle: Celebrity Scammers 2.50 Britain's Really Disgusting Drinks 3.50 Greatest TV Mistakes 4.20-5.20am The Real Hustle: Celebrity Scammers

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 One Tree Hill 10.00 MUST-SEE The Inbetweeners: Simon tries to impress a girl by going to a gig. 10.35 MUST-SEE School of Comedy: Sketches include ar awkward school reunion. 11.05

Shameless: Yvonne is confronted by a ghost from her past. 12.10am A Shot at Love with Tila Tequila 1.10 Scrubs 2.00 Shameless 2.55 A Shot at Love with Tila Tequila 3.40 Joan of Arcadia 4.25 The Hills 4.45-6.00am Switched

7.00pm Dragons' Den 8.00 Top Gear: Jeremy Clarkson compares the 2005 Mercedes SL with the 1972 version. 9.00 QIXL 10.00 Stephen Fry in America 11.20 QI XL 12.20am Stephen Fry in America 1.40 The League of Gentlemen 2.50-3.00am SPORT Radical Highs

MTV (350)

7.00pm The City 7.30 Teen Mom 9.00 The Hard Times of RJ Berger 10.00 Jersey Shore 11.00 Disaster Date: Hidden camera show. 12.00m't South Park 1.00am Jackass 2.00 Nitro Circus 3.00-6.00am All the Hits

5.30-6.00am FIFA Futbol Mundial 5.30-6.00am Golf

20 SEPTEMBER MONDAY



6.00am Body Language Secrets (R)(HD) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 Lion Man (R) 10.00 Bones (R)(HD) 11.00 Wedding SOS (R)(HD) 11.30 The Secret Guide to Women's Health (R) 12.00noon Body Language Secrets (R)(HD) 1.00pm Project Runway (R) 2.00 Bones (R)(HD) 3.00 Stargate SG-1 (R)(HD) 5.00 Malcolm in the Middle (R)(HD) 5.30 Futurama (R) 6.00 Oops TV (R) 6.30 The Simpsons (R)

7.00 The Simpsons Lisa is moved up a grade. (R)

7.30 The Simpsons Bart bonds with a sickly calf. (R)

8.00 The Biggest Loser US More doughnut dodging. (HD)

9.50 Ricky Gervais/Stephen Merchant - Face 2 Face The pair chat about their work. (R)

10.00 Law & Order

A war widow is found unconscious in a bombed army recruitment centre. (HD)

11.00 Bones

Brennan tries to clear her father's name at his murder trial. (R)(HD)

12.00m't Road Wars

Vehicle crime and the like. (R)(HD)

1.00 Night Cops (R)(HD) 1.50 UK Border Force (R)(HD) 2.40 Oops TV (R) 3.30 The 4400 (R)(HD) 4.20 Crash Test Dummies (R)(HD) 5.10-6.00am Sell Me the Answer

Food Adventure 8.59 UTV Live Update 10.30 UTV Live Tonight 11.00 Ladette to Lady 12.00m't-2.30am Brain Box ITV1 WALES: 8.00pm The Ferret 10.30-10.35pm Wales Tonight, Weather

CHANNEL ONE (121)

7.00pm Star Trek: Voyager 8.00 Passport Patrol 9.00 MUST-SEE Chuck: The spy's dad returns. 10.00 Criminal Minds 11.00 Star Trek: Enterprise 12.00m't Roulette Nation 3.00am Take It or Leave It 4.00-5.00am My Wife and Kids

SYFY (129)

7.00pm Buffy the Vampire Slayer 8.00 Jack Hunter: The Star of Heaven: Adventure sequel starring Ivan Sergei. 10.00 Out for a Kill: Actioner starring Steven Seagal. 11.50 Human Target 1.50am Fact Checkers Unit 2.00 Mysterious Ways 3.00 Tin Man 4.00 Smallville 5.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 Family Guy 10.00 To Catch a Predator 11.00 Dexter 12.05am Farscape 1.05 Babylon 5 2.05 ReGenesis 3.05-4.05am Water Rats



The **Inbetweeners**

E4, 10pm

The third COMEDY series of the

brilliant school-based comedy continues in cringeworthy yet hilarious fashion. Simon's got his sights set on a younger girl (she's not five - she's in the year below him!), so he heads to a gig hoping to bump into her. Of course, his mates, being the wind-up merchants they are, invite themselves along and jeopardise Simon's chances. With friends like that, who needs enemies? ★★★★



Chuck Virgin1, 9pm

More ridiculous adventures with the nerdy spy gang, and tonight, Chuck's dad gets in on the action too! Chuck's started having

dreams about the supposedly dead Daniel Shaw. The big question is, is he really dead? Yikes! ★★★



REALITY Antique valuation just got cool! This new series is about a pawn shop in Las Vegas, where punters bring along such outdated oddities as a treasure chest and an aeroplane propeller to exchange for cash. Weird! ★★★



School Of Comedy E4, 10.35pm COMEDY Surely children can't be funny, can they? Well, as this show in which

youngsters play grown-ups in comedy sketches proves, they can be - but then we were funny when we were kids. But we soon grew out of it! ***



NutsTV

6.00am Breakfast 9.15 Helicopter Heroes 10.00 Homes Under the Hammer (R) 11.00 Filthy Rotten Scoundrels 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Diagnosis Murder (R) 3.00 BBC News, Regional News 3.05 CBBC 5.15 Weakest Link: Back-stabbing general knowledge quiz. 6.00 BBC News, Weather

6.30 Regional News Programmes

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Open Gardens (R) 12.00noon Daily Politics Conference Special 1.00pm Live Snooker: The fourth day of the World Open in Glasgow. 4.30 Pointless 5.15 Escape to the Country 6.00 Eggheads 6.30 Climbing Great Buildings: Jonathan Foyle and Lucy Creamer scale St Pancras station in London. As you do.

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 60 Minute Makeover: From Bolton. 3.00 The Michael Ball Show 4.00 Inspector Morse (R) 5.00 Britain's Best Dish: The main course cooks compete in day two of finals week. 6.00 Regional News, Weather 6.30 ITV News

6.10am The Hoobs (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.25 Frasier (R) 8.55 Friends (R) 9.30 Lakes on a Plate (R) 10.00 The Good Wife (R) 11.00 Desperate Housewives (R) 12.00noon Channel 4 News Summary 12.05pm Jamie at Home (R) 12.35 The Outrage 2.20 Lakes on a Plate 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Coach Trip 6.00 The Simpsons 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 Chinese Food in Minutes (R) 12.15pm House Doctor (R) 12.45 Five News 12.50 House (R) 1.45 Neighbours 2.15 Home and Away 2.45 Meals in Moments 2.55 Zoo Days (R) 3.05 FILM The Nanny Express: Family drama. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show Topical chat.

7.30 EastEnders Shouty soap

8.00 Holby City Stethoscope-wielding nonsense.

9.00 Lost Land of the Tiger NEW An expedition to help a load of big cats in the Himalayas.

10.00 BBC News, Weather 10.35 My Story

Christine Bleakley introduces love stories submitted by the public. Don't tell your girlfriend this is on!

11.05 The Girl in the Park

A grieving woman becomes convinced an 18-year-old conwoman is her daughter.

12.55am Sign Zone: See Hear Profile of a deaf golfer. (R)

7.00 Snooker

More ball-potting as the World Open continues.

8.00 The Great British Bake Off Mmm, cake

9.00 Excluded

Part-improvised drama exploring the problems faced by inner-city schools.

10.00 Later Live with Jools Holland

MUST-SEE We advise you to mute the TV while the Scissor Sisters sing and crank it up for the **Brandon Flowers segment**

10.30 Newsnight 11.20 Today at Conference 11.50 Snooker

SPORT Highlights of the fourth day from Glasgow.

12.40am Snooker Extra

SPORT Even more cue-pushing from the World Open.

7.00 Emmerdale

Andy has anger-management issues. We reckon they're caused by sitting through loads of rubbish TV. Like this.

7.30 Grimefighters

Unwelcome critters and the like. (R)

8.00 New Who Wants to Be a Millionaire?

Big-prize quiz with chuckly Chris Tarrant.

9.00 71 Degrees North The eight remaining celebrities are challenged to build a snow cave. Easy.

10.00 ITV News, Weather

10.35 Swingtown Susan and Bruce throw a party.

11.35 Ladette to Lady The girls get wrecked on wine. (R)

12.30am The Zone

7.00 News

7.55 4thought.tv Catholic Helena Mulhall reveals why

she thinks women should put their husbands first. Good on you, girl!

8.00 Help! My House Is Falling Down

A Hampshire couple whose Georgian townhouse is sinking into the ground.

9.00 Ramsay's Best Restaurant Gordon Ramsay puts two Indian restaurants to the test. And swears a lot.

10.00 This Is England '86 MUST-SEE Shaun faces life on the streets.

11.05 Alan Davies' Teenage Revolution (R)

12.10am Late Night Poker SPORT Six of the world's best players compete. 7.00 Five News at 7 7.30 How to Take **Stunning Pictures**

We reckon we've already got this sorted check out those shots of covergirl Rachael!

8.00 Nature Shock: The Crocs That Turned to Rubber

A mysterious disease wiping out the moody reptiles in South Africa.

9.00 CSI: Miami MUST-SEE A homeless man is arrested for the stabbing of an heiress.

10.00 CSI: NY

The murder of a former drug addict uncovers a sinister insurance racket. (R)

11.00 CSI: Crime Scene Investigation

A newlywed is fatally shot on the day she moves into her new home. (R)

12.00m't NCIS

A psychiatric patient escapes. Panic! (R)

12.55am SuperCasino

1.25 Digging for Britain (R) 2.25 Natural World (R) 3.25 Britain's Empty Homes (R) 3.55-6.00am BBC News

2.40-3.55am BBC News

2.30 The Rockford Files: A wealthy man is accused of murder. 3.20 The Jeremy Kyle Show (R) 4.15-5.30am ITV Nightscreen

1.10 Volleyball 2.00 Triathlon 2.55 Duathlon 3.20 Boxing 3.45 Formula Ford **4.15** Grid **4.40** World Sport **5.05** GT Academy 5.35-6.20am School Games

4.05 Chinese Food in Minutes (R) 4.30 House Doctor (R) 4.55 Rough Guide to Activity Holidays (R) 5.10 New Tomorrow (R) 5.35-6.00am Wild Challenge (R)

BBC1 SCOTLAND: 8.00pm River City 9.00-10.00pm Holby City BBC1 NORTHERN IRELAND: 10.35pm In Cold Blood 11.05 My Story 11.35 Who Do You Think You Are? 12.45-12.55am Sign Zone: Gears and Tears BBC1 WALES: 10.35pm NEW

New Hotel Stephanie 11.05 My Story 11.35-1.25am The Girl in the Park. Family drama starring Sigourney Weaver and Kate Bosworth. BBC2 SCOTLAND: 11.00pm Newsnight Scotland 11.20 Talking Music 11.50 Today at Conference Sport Snooker Extra STV: 10.30pm STV News and

12.20am SPORT Snooker 1.10-2.40am SPORT Snooker Extra BBC2 NORTHERN IRELAND: 11.20pm Stormont Today 11.50 Today at Conference 12.20am Sport Snooker 1.10-2.40am Weather 10.39 Big Hearted Scotland Awards 10.40 Ladette to Lady 11.40 SPORT UEFA Champions League Weekly 12.10am Brain Box 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 8.59pm UTV Live Update 10.30 UTV Live

TODAY'S SPORT

sky SPORTS 1

- 6.00am Good Morning Sports Fans
- 9.00 Netbusters
- 9.30 Premier League Review (HD) 10.30 Cricket (HD)
- 12.30pm Soccer AM: The Best Bits
- 1.30 SPL Round-Up 2.00 Premier League Review (HD)
- 3.00 Cricket (HD)
- 5.00 Netbusters
- 5.30 Football Asia
- 6.00 Spanish Football (HD)
- 7.00 Sky Sports News at Seven (HD)
- 7.30 Soccer Special (HD) 10.30 Spanish Football (HD)
- 11.30 A-League
- 12.00m't Football (HD)
- 1.30am Spanish Football (HD)
- 2.30 Football Asia
- 3.00 Football (HD)
- 4.30 Spanish Football (HD)
- 5.30-6.00am A-League

sky SPORTS 2

6.00am Aerobics 6.30 Ocean Ride

- 7.00 Cricket (HD)
- 9.00 Speedway (HD)
- 11.30 Wonderful World of Golf
- 1.00pm PGA Tour Classic 2.00 Boots 'n' All
- 3.00 Wonderful World of Golf
- 4.30 Golf
- 5.00 Motorsport (HD) 6.00 Golf: Action from the Midland Open Amateur Championship.
- 6.30 Golf: Action from the Open de Espana Femenino in Benahavis, Spain.

7.30 MUST-SEE Football: The Carling Cup third-round match between Spurs and Arsenal, kick-off 7.45pm. (HD)

- 10.00 Poker(HD)
- 12.00m't Red Bull Air Race (HD) 1.00am Sailing
- 2.00-4.00am Tennis

AND CABLE TV TONIGHT ON DIGITAL, SATELLITE

FILM4 (315)

7.15pm Knights of the South Bronx: Fact-based drama starring Ted Danson. 9.00 The Manchurian Candidate: Thriller remake starring Denzel Washington. 11.30 Under Siege: Action adventure starring Steven Seagal and Tommy Lee Jones. 1.30am Genova: Drama starring Colin Firth. 3.20-3.35am Frightfest Special: The Last Exorcism

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 Grouchy Young Men 10.30 Lee Evans: Up Close



7.00pm LIVE Bundesliga: TSG Hoffenheim vs

Bayern Munich, kick-off 7pm. 9.00 Game of the Week 9.30 Kicks 10.00 Pardon the Interruption 10.30 Poker 11.30 Football 4.45-5.15am Pardon the Interruption UK 11.50 Sex and the City 1.05am Two and a Half Men 2.05 Samantha Who? 3.05 South Park 4.00 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

7.00pm Total Wipeout 8.00 Cherry Gets Married 9.00 Don't Tell the Bride 10.00 EastEnders 10.30 Ideal 11.00 Family Guy 11.45 Don't Tell the Bride 12.45am Bizarre ER 1.45 Ideal 2.15 Total Wipeout 3.15 Glamour Models, Mum and Me 4.15-5.15am Cherry Gets Married

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 Smallville 10.00 The Cleveland Show 10.30 Ricky Gervais Show 11.00 King of the Hill 12.00m't Scrubs 1.00am Ricky Gervais Show 1.25 The Cleveland Show 1.50 King of the Hill 2.35 Joan of Arcadia 3.20 Samantha Who? 4.00 The Hills 4.25-6.00am Switched

DAVE (111)

7.00pm Full Circle with Michael Palin 8.00 Top Gear: Martin Kemp takes to the test track. 9.00 QI XL: With Johnny Vegas, Sean Lock and Pam Ayres. 10.00 Stephen Fry in America 11.20 QI XL 12.20am Stephen Fry in America: The actor travels from West Virginia to Alabama. 1.40 The League of Gentlemen 2.15 Lead Balloon 2.45-3.00am SPORT Radical Highs

7.00pm The City 7.30 Teen Mom 9.00 Jersey Shore 10.00 The Hard Times of RJ Berger 11.00 Disaster Date 12.00m't South Park 1.00am Jackass 2.00 Nitro Circus 3.00-6.00am All the Hits

CHANNEL ONE (121)

7.00pm Star Trek: Voyager 8.00 Nothing to Declare: Double bill. 9.00 Trawlers, Rigs & Rescue: North Sea: An 18-year-old tries out for a job on a prawn trawler.

1 SEPTEMBER TUESDAY

6.00am Body Language Secrets (R)(HD) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 Lion Man (R) 9.30 Lion Man (R) 10.00 Bones (R)(HD) 11.00 Wedding SOS (R)(HD) 11.30 Brain Doctors (R) 12.00noon Body Language Secrets (R)(HD) 1.00pm Project Runway (R) 2.00 Bones (R)(HD) 3.00 Stargate SG-1 (R)(HD) **4.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R)(HD) **5.30** Futurama (R) 6.00 Oops TV (R) 6.30 The Simpsons: Lisa gets her own TV show. (R)

7.00 The Simpsons

When Homer's mum dies, she leaves him a challenge in her will. (R)

7.30 The Simpsons

Lisa makes a revealing docu about life with her family for a school project. (R)

8.00 The Little Couple

Following the daily lives of Bill and Jen who are both under four feet tall. (R)

8.30 Super Nurses



The lives of cancer patients and their nurses. (HD)

9.00 Batman Forever

The point at which the Batman franchise started going down the pan. Val Kilmer is the caped crusader. Tommy Lee Jones plays Two-Face. (HD)

11.20 House

A patient whose left and right brain lobes operate independently. Odd. (R)(HD)

12.20am Road Wars (R)(HD)

1.20 Night Cops (R)(HD) 2.15 UK Border Force (R) 3.05 Oops TV (R) 3.30 The 4400 (R)(HD) 4.20 Crash Test Dummies (R)(HD) 5.10-6.00am Sell Me the Answer (R)(HD)

Tonight 11.05 The Cube 12.00m't-2.30am Brain Box ITV1 WALES: 10.30-10.35pm Wales Tonight, Weather

10.00 Danny Dyer's Deadliest Men 11.00 Star Trek: Enterprise 12.00m't Roulette Nation 3.00am Take It or Leave It 4.00-5.00am My Wife and Kids

SYFY (129)

7.00pm Buffy the Vampire Slayer 8.00 A Town Called Eureka 9.00 FILM The Seven Adventures of Sinbad: Fantasy adventure starring Patrick Muldoon. 10.50 FILM The Terminators: Sci-fi thriller starring Jeremy London. 12.30am Hydra: Horror starring the brilliantly named Texas Battle. 2.30 3rd Rock from the Sun 3.00 Legend of the Seeker 4.00 Smallville 5.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 Better Off Ted 10.00 Family Guy 11.00 True Blood: The identity of the serial killer is revealed. 12.05am Farscape 1.05 Babylon 5 2.05 ReGenesis 3.05-4.05am Water Rats

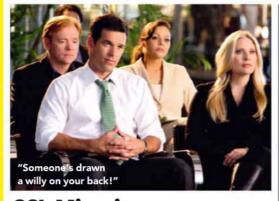


Spurs vs Arsenal

Sky Sports 1/HD, 7.30pm

SPORT North London derbies are always

tense but perhaps more so now Spurs fancy themselves to be the dominant of the two teams this season. With this in mind, it'll be interesting to see if Arsene Wenger fields a weakened side for this League Cup tie. Either way, expect Harry Redknapp to pick a strong eleven and try to see off the Gunners. The sides last met in this competition in the 2007-08 semi-finals, when Spurs secured a 6-2 aggregate win thanks to a 5-1 victory at White Hart Lane. Tasty stuff! ★★★★



CSI: Miami Five, 9pm

DRAMA

Remember Eric Delko who quit

CSI at the start of the series because he got shot - again? Well, he pops up in tonight's episode and he's going up against his old CSI team in the case of a dead woman. Who will win? ***



Later Live - With Jools Holland BBC2, 10pm

Killers' frontman Brandon Flowers and moody rock bloke Nick Cave's rather magnificent side-project Grinderman appear. ***



This Is England '86

Channel 4, 10pm

In an era of dole queues, the Hand of DRAMA God and Chris De Burgh, you'd think Shane Meadows would give his characters a break. But no! Here, Shaun faces life on the streets. ****



Nuts

6.00am Breakfast 9.15 Helicopter Heroes 10.00 Homes Under the Hammer 11.00 Filthy Rotten Scoundrels 11.45 Cash in the Attic(R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Diagnosis Murder (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather 6.55 Party Political Broadcast (R)

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Daily Politics Conference Special 1.00pm See Hear 1.30 UVE Snooker: The fifth day of the World Open. 4.25 Pointless 5.10 Escape to the Country 5.55 Party Political Broadcast 6.00 Eggheads 6.30 Climbing Great Buildings

itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 60 Minute Makeover 3.00 The Michael Ball Show 4.00 Inspector Morse (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News 6.55 Party Political Broadcast: More hot air.

6.20am Sali Mali (R) 6.25 The Treacle People (R) 6.35 The Hoobs (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.25 Frasier (R) 8.55 Friends (R) 9.25 Lakes on a Plate (R) 10.00 The Good Wife (R) 11.00 Desperate Housewives (R) 12.00noon News 12.05pm River Cottage Bites 12.20 FILM Hombre: Western. 2.20 Lakes on a Plate 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Coach Trip 6.00 The Simpsons 6.30 Hollyoaks

7.00 News

8.00 Food

7.55 4thought.tv

9.00 Grand Designs

10.00 Seven Days

11.05 Ramsay's Best

Ramsay curses in a curry house. (R)

12.10am Music on 4: On Track

NEW Foals perform a cover version of a song they like.

12.25 Manic Street Preachers:

One Last Shot at Mass Communication

The band's album launch gig.

12.55 The Album Chart

Show Introduces Hurts

1.10 Album Chart Show 1.25 Hung (R)

2.10 Afterworld (R) 2.35 Slow Joe 2.40

Blackball 4.15 Age of Love (R) 5.00

Countdown (R) 5.45-6.10am Yo Gabba

Restaurant

How did they come up with that title?

Two architects build an underground

NEW Documentary following the lives of people living and working in London's Notting Hill.

eco-friendly house. The show-offs.

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 Chinese Food in Minutes (R) 12.15pm House Doctor (R) 12.45 Five News 12.50 House (R) 1.45 Neighbours 2.15 Home and Away 2.45 Meals in Moments 3.00 Zoo Days (R) 3.10 Love's Abiding Joy: Family Western starring Erin Cottrell and Logan Bartholomew. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show

7.30 Bang Goes the Theory

Like Mythbusters but not as good. The team build a square-wheeled motorbike.

8.00 Waterloo Road School-based drama. No thanks.

9.00 Lost Land of the Tiger An expedition aimed at helping the

survival of big cats in the Himalayas. 10.00 BBC News, Weather

10.35 The National **Lottery Draws** Jodie Prenger presents.

10.45 The Science of The Young Ones We don't care

11.30 The League Cup Show

SPORT Third-round action, including Scunthorpe vs Man United and Spurs vs Arsenal.

12.35am Sign Zone: Dragons' Den Nutty ideas and inventions. (R)

1.35 Bang Goes the Theory (R) 2.05

Watchdog (R) 3.05 Britain's Empty Homes (R) 3.35-6.00am BBC News

7.00 Snooker

More ball-bashing in the fifth day of the World Open.

8.00 Battle of Britain: The Real Story

James Holland explores the Battle of Britain from the German point of view.

9.00 Britain's **Youngest Boarders**

We're bored just thinking about this show.

10.00 Grumpy Old Women Oldie female celebs bang on about their daily chores. (R)

10.30 Newsnight 11.20 Today at Conference Political rubbish

11.50 Snooker

SPORT More World Open ball-bothering from Glasgow.

12.40am Snooker Extra

2.40-3.35am BBC News

SPORT The cue-chalking just keeps on going...

7.00 Emmerdale

Rodney and Terry are shocked to discover the taxi office and all the cars have been vandalised. Presumably with manure.

7.30 The Unforgettable **Terry Scott**

Profile of the Terry and June star. Ask your parents. Or your grandparents.

8.00 Midsomer Murders

More from the village with a murder rate Detroit would be ashamed of.

10.00 ITV News, Weather

10.35 The Whole Ten Yards

FILM Black comedy sequel starring Bruce Willis. An anxious dentist is forced to turn to a former neighbour and one-time assassin for help

12.25am The Zone Shopping and gaming.

when his wife is kidnapped.

2.25 FILM TimeCop: The Berlin Decision: Sci-fi thriller sequel starring Jason Scott Lee. 3.50 The Jeremy Kyle Show (R)

4.40-5.30am ITV Nightscreen

News and Weather 10.40 October Road 11.35 Doctor in Charge 12.05am Brain Box 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 7.30pm The Seven Thirty Show 7.59 UTV

Live Update 10.30 UTV Live Tonight 11.00 Send in

7.00 Five News at 7

7.30 Michaela's Zoo Babies Breeding in zoos around the UK. (R)

8.00 Cowboy Builders

NEW Melinda Messenger and Dominic Littlewood help homeowners who've been conned.

9.00 NCIS

The body of a Muslim Marine is found near a mosque with links to al-Qaeda. (R)

10.00 Law & Order: Criminal Intent

Goren infiltrates the psychiatric ward of a jail to investigate murderous allegations.

10.55 Law & Order

A vial containing a sample of the Sars virus is stolen during a carjacking. Whoops! (R)

11.55 Cricket on Five

SPORT Ball-slogging with the fifth one-day international between England and Pakistan.

12.50am SuperCasino

4.05 Chinese Food in Minutes (R) 4.30 House Doctor(R) 4.55 Rough Guide (R) 5.10 The New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 SCOTLAND: 7.30-8.00pm The Beechgrove Garden BBC1 NORTHERN IRELAND: 10.45pm Our William 11.15 The Science of The Young Ones 12.00m't Sport The League Cup Show 1.05-2.05

the Rescue BBC2 SCOTLAND: 7.30pm Scottish League Cup Football 9.30 Battle of Britain: All Things Considered 11.00-11.20pm Newsnight Scotland, Weather STV: 8.00pm Animals Are Dragons' Den BBC1 WALES: 7.30-8.00 NEW Rhys to Amazing 9.00 NEW Law & Order: UK 10.30 STV

the Dogs 12.00m't Brain Box 2.30am TimeCop: The Berlin Decision: Sci-fi thriller. 3.55 The Jeremy Kyle Show 4.45-5.30am ITV Nightscreen

TODAY'S SPORT

6.00am Good Morning Sports Fans 9.00 Football (HD)

10.30 A-League

11.00 Spanish Football: Highlights of the latest La Liga matches. (HD)

12.00noon Football: The Carling Cup third-round match between Spurs and Arsenal at White Hart Lane. (HD)

1.30pm Football Asia: Profiles of the teams leading the leagues in the Far East.

2.00 MUSTISEE Cricket: The fifth and final one-dayer between England and Pakistan at the Rose Bowl in Hampshire. (HD)

10.30 FIFA Futbol Mundial

11.00 Football: Action from the Manchester United Premier Cup.

12.00m't Football (HD) 1.30am FIFA Futbol Mundial

2.00 Football

3.00 Football (HD) 4.30-6.00am You're on Sky Sports!

sky SPORTS 1 sky SPORTS 2

6.00am Aerobics 6.30 Ocean Ride

7.00 Sailing 8.00 Spanish Football (HD)

9.00 Pool

10.00 Poker (HD)

12.00noon Sailing 1.00pm Tennis

3.00 A-League 3.30 Football (HD)

5.00 Watersports World 6.00 FIFA Futbol Mundial

6.30 Football

7.30 MUST-SEE Football: Scunny vs Man United, kick-off 7.45pm. (HD)

10.00 You're on Sky Sports!

11.30 Cricket (HD) 1.30am Motorsport

2.30 Rallyzone 3.00 Poker (HD)

5.00-6.00am Transworld Sport

FILM4 (315)

6.50pm Made in America: Romantic comedy with Whoopi Goldberg and Ted Danson. 9.00 The Untouchables: Gangster thriller starring Kevin Costner. 11.15 Jackass Number Two: Comedy sequel starring Johnny Knoxville. 1.05am Close My Eyes: Drama starring Clive Owen and Saskia Reeves. 3.10-3.25am Frightfest Special: The Last Exorcism

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 Sex and the City 11.10 Samantha Who? 12.10am



6.30pm VW Cup 7.30 Serie A Kicks 7.45 WE Serie A

9.45 Kicks 10.00 30 for 30 11.00 UFC 119 12.00m't UFC 12.30am Press Pass 1.00 Russian League 1.30 AFL 2.30 Motor Racing 3.30 F3 4.30-5.30am VW Cup

Two and a Half Men 1.10 South Park 2.10 Sex and the City 3.20 Two and a Half Men 4.15 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

7.00pm The Real Hustle: Celebrity

Scammers 8.00 Don't Tell the Bride 9.00 Ace Ventura: When Nature Calls: Comedy sequel. 10.30 Family Guy 11.10 American Dad!: Roger becomes a bounty hunter. 11.35 One Non Blonde 12.05am Ideal 12.35 Him and Her 1.05 The Real Hustle: Celebrity Scammers 2.05 One Non Blonde 2.35 Ideal 3.05 Great TV Mistakes 3.35 Him and Her 4.05-5.05am Don't Tell the Bride

7.00pm Hollyoaks 7.30 Friends 9.00 Ugly Betty: The leaders of the Community of the Phoenix take control of Mode. 10.00 Dreamgirls: Musical drama

starring Jamie Foxx. 12.30am RuPaul's Drag Race 1.30 Scrubs 2.20 Joan of Arcadia 3.45 RuPaul's Drag Race 4.25 The Hills 4.50-6.00am Switched

DAVE (111)

7.00pm Dragons' Den 8.00 Top Gear: Jeremy Clarkson tackles Germany's Nürburgring race track. 9.00 QI XL: With Dara O Briain. 10.00 Stephen Fry in America 11.20 QI XL 12.20am Stephen Fry in America 1.40 Never Mind the Buzzcocks 2.15 Lead Balloon 2.45-3.00am SPORT Radical Highs

7.00pm The City 8.00 Teen Mom 9.00 The Hard Times of RJ Berger 10.00 Jersey Shore 11.00 Disaster Date 12.00m't South Park: The children endure sex education. 1.00am Jackass: Steve-O snorts a live earthworm. 2.00 Nitro Circus 3.00-6.00am All the Hits

22 SEPTEMBER VEDNESDAY FULL 7 DAY TV



6.00am Body Language Secrets (R)(HD) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 Lion Man (R) 10.00 Bones (R)(HD) 11.00 Wedding SOS (R)(HD) 11.30 Babies at Risk (R) 12.00noon Body Language Secrets (R) (HD) 1.00pm Project Runway (R) 2.00 Bones (R)(HD) 3.00 Stargate SG-1 (R)(HD) 5.00 Malcolm in the Middle (R)(HD) 5.30 Futurama (R) 6.00 Oops TV (R) 6.30 The Simpsons: Bart discovers his new school friend is really a spy. Cool! (R)

7.00 The Simpsons

Bart's in trouble when he steals a mobile phone from Denis Leary. (R)

7.30 The Simpsons

Now Bart's on his best behaviour as he tries to score with a girl at school. (R)

8.00 Vet Adventures

The vet treats a dishevelled dog in Kampala, and meets some chimps. For a nice cup of PG Tips, presumably.

9.00 Must Be the Music

The final at Wembley Arena. (R)(HD)

10.15 Must Be the Music

Oooh, there's more, (R)(HD)

11.00 Lethal Weapon 2

FILM Pre-cuckoo days, Mel Gibson made quality films. This ace action thriller's one of 'em. (HD)

1.10am Road Wars (R)(HD) 2.05 Night Cops (R)(HD) 3.05 Oops TV (R) 3.30 The 4400(HD) 4.20 Crash Test Dummies(HD) 5.10-6.00am Sell Me the Answer (R)(HD)

CHANNEL ONE (121)

7.00pm Star Trek: Voyager 8.00 Brit Cops: Zero Tolerance 9.00 Criminal Minds 11.00 Star Trek: Enterprise 12.00m't Roulette Nation 3.00am Hustle 4.00-5.00am My Wife and Kids

7.00pm Buffy the Vampire Slayer 8.00 Meteor Storm: Sci-fi thriller. 9.50 Quantum Apocalypse: Sci-fi drama. 11.40 Dungeons & Dragons 2: The Elemental Might: Fantasy starring Bruce Payne. 1.50am Mysterious Ways 3.00 Legend of the Seeker: Adventure. 4.00 Smallville 5.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 American Dad! 10.00 MUSTISEE Burn Notice: Michael captures a crimelord. 11.00 Dexter 12.05am Farscape 1.05 Babylon 5 2.05 ReGenesis 3.05-4.05am Water Rats

TODAY'S MUST-SEE



The Taking Of Pelham 123

Sky Movies Premiere/HD, 8pm

FILM In 1974, a frankly fantastic action thriller called *The* Taking Of Pelham One Two Three came out. It was all about a gang hijacking a New York Subway train, holding the passengers to ransom and negotiating their release through a mild-mannered train-dispatch operator. In 2009, this remake came out, starring Denzel Washington (the good guy) and John Travolta (the overacting bad guy), and it isn't a patch on the original. But it's still a decent yarn full of surprisingly crunchy violence. ★★★



England vs Pakistan

Sky Sports 1/HD, 2pm

The tourists' "interesting" visit to Britain concludes with the fifth one-dayer at the Rose Bowl in Southampton, an occasion made that bit more special as it's a day-nighter. Cool! ***



Burn Notice FX/HD, 10pm

DRAMA The third series of super-slick sleuthing continues as Michael captures a crime boss at the centre of a Miami police investigation, then offers him over to Detective Paxson in the hope of getting the pesky cops off his case. ***



Scunthorpe vs Man Utd

Sky Sports 2/HD, 7.30pm

Scunthorpe reach the third round of the SPORT Scuntificipe reach the Second year running Carling Cup for the second year running and a full house will cheer on the Iron, but Fergie's men remain overwhelming favourites. ★★★



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NutsTV

6.00am Breakfast 9.15 Helicopter Heroes 10.00 Homes Under the Hammer (R) 11.00 Filthy Rotten Scoundrels 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Diagnosis Murder: Oldie crime drama. (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Open Gardens (R) 12.00noon Daily Politics 12.30pm [IVI Snooker: The World Open. 4.30 Pointless 5.15 Escape to the Country 6.00 Eggheads 6.30 Climbing Great Buildings

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 60 Minute Makeover 3.00 The Michael Ball Show 4.00 Inspector Morse (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

6.10am The Hoobs (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.25 Frasier (R) 8.55 Friends (R) 9.25 Lakes on a Plate (R) 10.00 The Good Wife (R) 11.00 Desperate Housewives (R) 12.00noon Channel 4 News Summary 12.05pm River Cottage Bites 12.15 Butch Cassidy and the Sundance Kid: Western. 2.20 Lakes on a Plate 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Coach Trip 6.00 The Simpsons 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor (R) 12.15pm House Doctor (R) 12.45 Five News 12.50 House (R) 1.45 Neighbours 2.15 Home and Away 2.45 Meals in Moments 3.00 Animal Rescue Squad (R) 3.10 [IIII] The Perfect Husband: Fact-based crime drama. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show Topical tittle-tattle

7.30 EastEnders Jellied eel-related junk.

8.00 Watchdog Investigating conditions on board one of the UK's most popular cruise ships.

9.00 Lost Land of the Tiger Footage of a snow leopard cub at high altitude in Bhutan. Brr!

10.00 BBC News, Weather 10.35 Question Time Topical political twaddle.

11.35 This Week See above.

12.25am Sign Zone: Panorama Vivian White examines public sector salaries. The crazy maverick. (R)

12.55 Countryfile

Matt Baker and Julia Bradbury travel to the South Downs. (R)

7.00 Snooker

More bow tie-wearing types knock balls around the baize in the sixth day of the World Open.

8.00 Highgrove: **Alan Meets Prince Charles**

The Prince of Wales invites Alan Titchmarsh on a tour of the Highgrove estate for a nice natter with his plants.

9.00 Gareth Malone's Extraordinary School for Boys The choirmaster sets a daunting writing

challenge. The fiend!

10.00 Mock the Week

With Milton Jones, Kevin Bridges, Russell Kane and Patrick Kielty.

10.30 Newsnight

11.20 Snooker

SPORT Highlights of the sixth day of the World Open.

12.10am Snooker Extra

SPORT Even more break-building antics in Glasgow.

7.00 Emmerdale

Hay-baling bobbins.

7.30 Tonight Reports on current talking points.

8.00 Emmerdale

More old blokes called Seth compare handlebar moustaches.

8.30 Coronation Street

Ciaran decides his future lies away from Weatherfield. We can hardly blame him.

9.00 Law & Order: UK

Steel finds himself pitted against a brilliant defence lawyer.

10.00 ITV News, Weather

10.35 The Matrix

MUST-SEE Amazing sci-fi action thriller starring Keanu Reeves and Laurence Fishburne.

7.00 News

7.55 4thought.tv

8.00 River Cottage Everyday NEW Hugh Fearnley-Whittingstall makes a spag bol.

9.00 Alan Davies' Teenage Revolution

The end of the '80s and the start of the frizzy-haired actor's comedy career.

10.00 True Blood

MUST-SEE Sookie empathises with Jessica, despite Bill's warnings that she is dangerous.

11.15 **Reaper**

NEW Sam, Sock and Ben lose their jobs and apartment.

12.10am Reaper

Sam is given a new assignment.

7.00 Five News at 7

7.30 Escape from Auschwitz People who fled the death camp. (R)

8.00 Record-Breaking Bridge: Megastructures

The construction of a big bridge in Greece.

9.00 U.S. Marshals

FILM Action thriller sequel to The Fugitive, starring Tommy Lee Jones and Wesley Snipes.

11.40 Britain's Ugliest Models

Marc French and Simon Rogers try to set up a new branch in LA.

12.35am SuperCasino

More post-pub money squandering.

1.50 The Vera Lynn Story (R) 2.55 Britain's Empty Homes (R) 3.20-6.00am BBC News 2.10-3.20am BBC News

1.00am The Zone 3.00 SPORT British Touring Car Championship Highlights 4.15-5.30am ITV Nightscreen

1.00 Earthquake 10.5 (R) 2.20 Mother of Many 2.25 Hospital (R) 3.20 Dispatches (R) 4.15 Age of Love (R) 5.00 Countdown (R) 5.45-6.10am Yo Gabba Gabba (R)

4.05 House Doctor(R) 4.30 House Doctor (R) 4.55 Rough Guide to Journeys (R) 5.10 The New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 SCOTLAND: 9.00-10.00pm NEW Lost Land of the Tiger BBC1 NORTHERN IRELAND: 11.35pm Hearts and Minds 12.05-12.55am This Week BBC2 SCOTLAND: 11.00-11.20pm Newsnight Scotland BBC2 NORTHERN IRELAND: 7.00pm Coast 7.30

Hearts and Minds 10.00 Our William 11.20 Mock the Week 11.50 SPORT Snooker 12.40-2.10am Sport Snooker Extra STV: 9.00pm Underbelly: A Tale of Two Cities 10.30 STV News and Weather 10.40 Superhuman: World's Smallest People 11.40 12.00m't Brain Box 2.30-3.00am Countrywise

Politics Now 12.10am Brain Box 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 7.30pm The Seven Thirty Show 10.30 UTV Live Tonight 11.00 Tonight 11.30 SPORT RPM Motorsport ITV1 WALES: 7.30pm Captains' Climb 10.35 Sharp End 11.05 The Wales Show 11.35 Tonight 12.05am Countrywise 12.30-1.00am The Lakes

TODAY'S SPORT

sky SPORTS 1 sky SPORTS 2

- 6.00am Good Morning Sports Fans
- 9.00 Football (HD)
- 10.30 Cricket (HD) 12.30pm Football (HD)
- 2.00 Football
- 3.00 FIFA Futbol Mundial
- 3.30 Football: Scunny vs Man United in the Carling Cup third round. (HD)
- 5.00 Football
- 6.00 Football (HD)
- 7.00 Sky Sports News at Seven (HD)
- 7.30 Premier League World (HD)
- 8.00 The Rugby Club (HD)
- 9.00 Ringside
- 11.00 Time of Our Lives
- 12.00m't Football: All the goals from the Carling Cup third-round. (HD)
- 1.00am Ringside
- 3.00 Time of Our Lives
- 4.00 Football (HD)
- 5.00-6.00am The Rugby Club (HD)

6.00am Aerobics

- 6.30 Ocean Ride 7.00 Cricket (HD)
- 9.00 Motorsport
- 10.00 Total Rugby 10.30 Inside the PGA Tour (HD)
- 11.00 European Tour Weekly
- 11.30 LIVE Golf: The Vivendi Cup at the Golf de Joyenval, Paris. (HD)
- 1.30pm Total Rugby: A round-up of recent rugby union matches.
- 2.00 Inside the PGA Tour (HD) 2.30 UVE Golf: More from the Vivendi
- Cup in Paris. (HD) 4.30 Total Rugby
- 5.00 Transworld Sport
- 6.00 W Golf: The Tour Championship at the East Lake Golf Club in Georgia. (HD)
- 11.00 European Tour Golf (HD) 12.30am Golfing World
- 1.30-2.00am ATP Tour Uncovered

FILM4 (315)

5.00pm The Man in the Iron Mask: Adventure starring Richard Chamberlain. 7.05 Big Momma's House: Comedy starring Martin Lawrence. 9.00 Appaloosa: Western starring Ed Harris. 11.15 Dog Soldiers: Horror starring Sean Pertwee. 1.20am All About My Mother: Drama with Cecilia Roth. 3.20-3.35am Frightfest Special: The Last Exorcism

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 Anger Management: Comedy starring



7.15pm Goal! 7.45 WE Serie A 9.45 Kicks 10.00 MMA

Live 10.45 UFC 12.15am Kicks Extra 12.30 Press Pass 2010 1.00 Goal! 1.30 UFC Unleashed 2.30 MMA Live 3.15 AFL Review Show 4.15-5.15am Eredivisie

Jack Nicholson and Adam Sandler. 12.05am Sex and the City 1.15 Two and a Half Men 2.15 Rules of Engagement 2.45 South Park 3.45 Two and a Half Men 4.10 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

7.00pm Top Gear 8.00 Are You Fitter Than a Pensioner? 9.00 Five Really Disgusting Foods 10.00 EastEnders USTASEE The King Is Dead 11.00

Family Guy 11.50 Him and Her 12.20am Are You Fitter Than a Pensioner? 1.20 Five Really Disgusting Foods 2.15 The King Is Dead 2.45 Cherry Gets Married 3.45 E20 4.20-4.50am Him and Her

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 The Big Bang Theory 9.30 How I Met Your Mother 10.00 Accidentally on Purpose 10.30 The Inbetweeners 11.00 School of

Comedy 11.35 Facejacker 12.10am Scrubs 1.05 Accidentally on Purpose 1.30 Facejacker: Ace pranks. 1.55 Joan of Arcadia 3.20 Samantha Who? 4.05 The Hills 4.25-6.00am Switched

DAVE (111)

7.00pm Dragons' Den: Where Are They Now? 8.00 Top Gear 9.00 QI XL 10.00 Stephen Fry in America 11.20 QI XL 12.20am Stephen Fry in America 1.40 Never Mind the Buzzcocks 2.15-3.00am Cooking in the Danger Zone

MTV (350)

7.00pm MTV Video Music Awards 2010: Coverage of this year's awards ceremony. 9.00 Jersey Shore 10.00 The Hard Times of RJ Berger 11.00 Disaster Date: Double bill of the hidden camera show. 12.00m't South Park: Cartman tries to save Kenny's life. 1.00am Jackass 2.00 Nitro Circus 3.00-6.00am All the Hits



6.00am Body Language Secrets (R)(HD) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 Lion Man (R) 9.30 Lion Man (R) 10.00 Bones (R)(HD) 11.00 Wedding SOS (R)(HD) 11.30 Medical Emergency (R) 12.00noon Body Language Secrets (R)(HD) 1.00pm Project Runway (R) 2.00 Bones (R)(HD) 3.00 Stargate SG-1 (R)(HD) 4.00 Stargate SG-1: Sci-fi drama. (R)(HD) 5.00 Malcolm in the Middle (R)(HD) 5.30 Futurama (R) 6.00 Oops TV (R) 6.30 The Simpsons (R)

7.00 The Simpsons

Principal Skinner rediscovers the meaning of teaching during an outing with his rebellious pupils. (R)

7.30 The Simpsons

MUST-SEE Moe stirs up marital strife in Springfield.

8.00 Alex Zane's Guest List

Ricky Gervais discusses his career in TV, film and stand-up comedy. (R)

8.30 Simpsons -Access All Areas

Now Ricky Gervais narrates the story of the top cartoon. Woo-hoo! (R)(HD)

9.00 An Idiot Abroad

MUST-SEE Utterly hilarious new series following Karl Pilkington as he reluctantly visits the Seven Wonders of the World

10.00 Batman Forever

Callen's cover is blown. (R)(HD)

Ropey comic-book adventure sequel with Val Kilmer. (HD)

12.20am NCIS: Los Angeles

1.20 NCIS: Los Angeles (R)(HD) 2.10 Road Wars (R) 3.30 The 4400 (R)(HD) 4.20 Crash Test Dummies (R)(HD) 5.10-6.00am Sell Me the Answer (R)(HD)

CHANNEL ONE (121)

7.00pm Star Trek: Voyager 8.00 Chuck 9.00 Leverage 10.00 Ghost Whisperer 11.00 Star Trek: Enterprise 12.00m't Roulette Nation 3.00am Hustle 4.00-5.00am My Wife and Kids

SYFY (129)

6.00pm Smallville 7.10 The Real Warehouse 13: Inside Secret Government Warehouses 9.00 Warehouse 13 10.00 A Town Called Eureka 11.00 TIM The Celestine Prophecy: Adventure. 1.00am Stir of Echoes 3.00 Legend of the Seeker 4.00 Smallville 5.00-6.00am Angel

FX (164)

7.00pm NCIS 9.00 Family Guy: Double bill of the brill comedy. 10.00 American Dad! 11.00 Better Off Ted 12.00m't Farscape 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Water Rats

TODAY'S MUST-SE



An Idiot Abroad

Sky1/HD, 9pm

COMEDY As any fan of The Ricky

Gervais Show will know, Karl Pilkington's one very funny man indeed, and it's a fact that's not lost on Gervais or writing partner Stephen Merchant, who pack Pilkington off to visit the Seven Wonders of the World after he described them as "a bit sh*t", despite having never seen them. Beginning with a trip to the Great Wall Of China, what follows is some of the most hilarious TV we've seen all year, thanks to another wonder of the world - Karl's brain! ★★★★



The Simpsons Sky1/HD, 7.30pm

Terminal bachelor Moe has had COMEDY enough of being every boozy bloke's sounding board when it comes to their marital problems, so he decides to teach them some lessons in life and love as Valentine's Day approaches. ★★★



The King Is Dead BBC3, 10.30pm

show in which three celebs compete Simon Bird hosts the spoof comedy to land the gig as replacement for, in this episode, a head of sales. The celebs are Eamonn Holmes, Kate

Walsh and the blonde one from The Saturdays. ★★★



True Blood Channel 4, 10pm

DRAMA Weirdo shaky thing Maryann reveals the extent of her powers, causing a full-on orgy at the local bar, Merlotte's. Meanwhile, Sookie has to deal with Bill's new baby vampire, Jessica, who she takes under her wing. ★★★



The Matrix ITV1, 10.35pm

Groundbreaking sci-fi flick starring Keanu Groundbreaking sci-ii inc. sessioned to Reeves as a computer hacker destined to save humanity from enslavement by a network of computers. Cue amazing special effects and a hot leather all-in-one worn by Carrie-Ann Moss! ****

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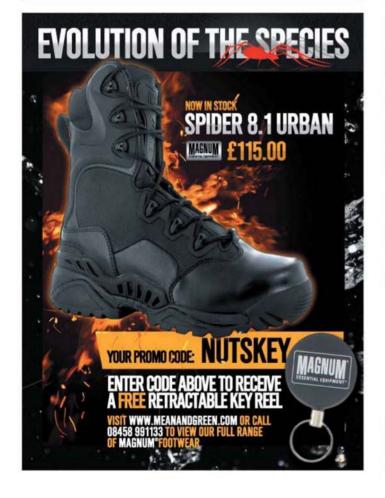
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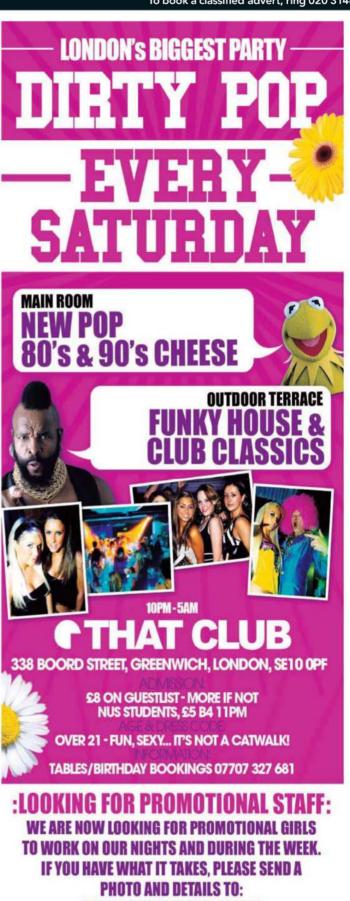


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The sound of a whip cracking is achieved when the tip of the whip moves faster than the speed of sound and creates a miniature sonic boom.

The King of Hearts is the only king on a standard playing card pack who doesn't have a moustache.

rrince Charles and Prince William never travel on the same plane as a precaution in case it crashes.

Tablecloths were originally meant to be used as towels with which dinner guests could wipe their hands and faces after eating.

Wrigley's Juicy Fruit gum was the first product to have a barcode.

In Iceland, tipping at a restaurant is considered an insult.

A Boeing 747 airliner holds 57,285 gallons of fuel.

It takes glass one million years to decompose, which means it practically never wears out and can be recycled a near-infinite number of times.

Most lipstick contains a substance called pearlescence, which is found in fish scales

Over 2,500 left-handed people a year are killed from using products made for right-handed people.

The Mona Lisa has no eyebrows. It was the fashion in Renaissance Florence to shave them off.

People who suffer with Taphephobia fear being buried alive.

A "jiffy" is a unit of time that represents 1/100th of a second.





- In the poster for the film, Mark Wahlberg and Will Ferrell both have badge number 10712 on their uniform.
- Allen Gamble (Ferrell) hums the theme to '70s cop show S.W.A.T. at his desk at one point – a nod to Samuel L Jackson, who starred in the 2003 film remake of S.W.A.T.
- Dwayne "The Rock" Johnson is afraid of spiders.
- "Just keep smiling!"

 Will Ferrell Has a brief cameo in Naked Gun 33 1/3: The Final Insult as a man chasing a lawnmower down a flight of stairs.
 - The Other Guys is at cinemas across the UK from this Friday.



WORDS: FRANK TENNYSON, NICK SOLDINGER PHOTOS: MIRRORPIX, ALAMY, ALLSTAR, REX

"Crouchy, I think this

strawberry Push Pop

fell out of your bag!"





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HOLEIN



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