



BB'S CORIN TOPLESS!

Plus! BB's Chantelle naked!

Nuts

£1.80 Sp €2.95/Gr €3.45

3-9 Sep 2010 • www.nuts.co.uk

BRITAIN'S BIGGEST SELLING MEN'S

WORLD EXCLUSIVE!

Plus! BB's Makosi topless!

IN BIG BROTHER!

IN NUTS!

BB'S CORIN TOPLESS!

FIRST TIME EVER!

FASTER!

New 217mph Bentley!

NEW PICS!

Plus! BB's Rachael!



Walcott on England!

FAST!



9 771742 885132

35 >

THIS WEEK

3-9 SEPTEMBER 2010

Nuts NEWS

- 4 Nuts splats the rat!
- 6 Theo Walcott
- 8 BB's Chantelle!
- 10 Bullfighter gored!
- 12 Kammy's verdict on the Champions League
- 15 US Army's new gun!
- 20 Bentley GTC Speed
- 22 Roll Deep's Target



Roll Deep p22

Nuts FEATURES

- 34 Nuts exclusive: Big Brother's Corin topless!
- 44 Interview: McLovin!
- 46 Ten household items that can kill you!
- 48 Big Brother's Rachael

BB's Corin! p34



Nuts SPORT

- 54 Mario Balotelli!
- 56 Kammy's column
- 59 Nuts About Sport
- 60 Ring Of Truth
- 62 Quote Me On That!
- 63 Striker!



Kammy on Johnson p56

Nuts REAL GIRLS

- 64 Bedroom Babes
- 67 Our Postbag
- 68 Real Girls, Real Places
- 71 Ladies Confess
- 72 Boardmasters Babes!



Lexi p68

PLUS!

- 16 Rude News
- 18 Lip-Reader
- 24 Gear
- 25 Don't Look
- 26 Letters
- 28 Jokes
- 30 Camera Phone Comedy
- 31 Pop Out In Public
- 33 Truth About Sex
- 74 Fashion
- 76 Reviews
- 78 TV Guide
- 98 Pub Ammo



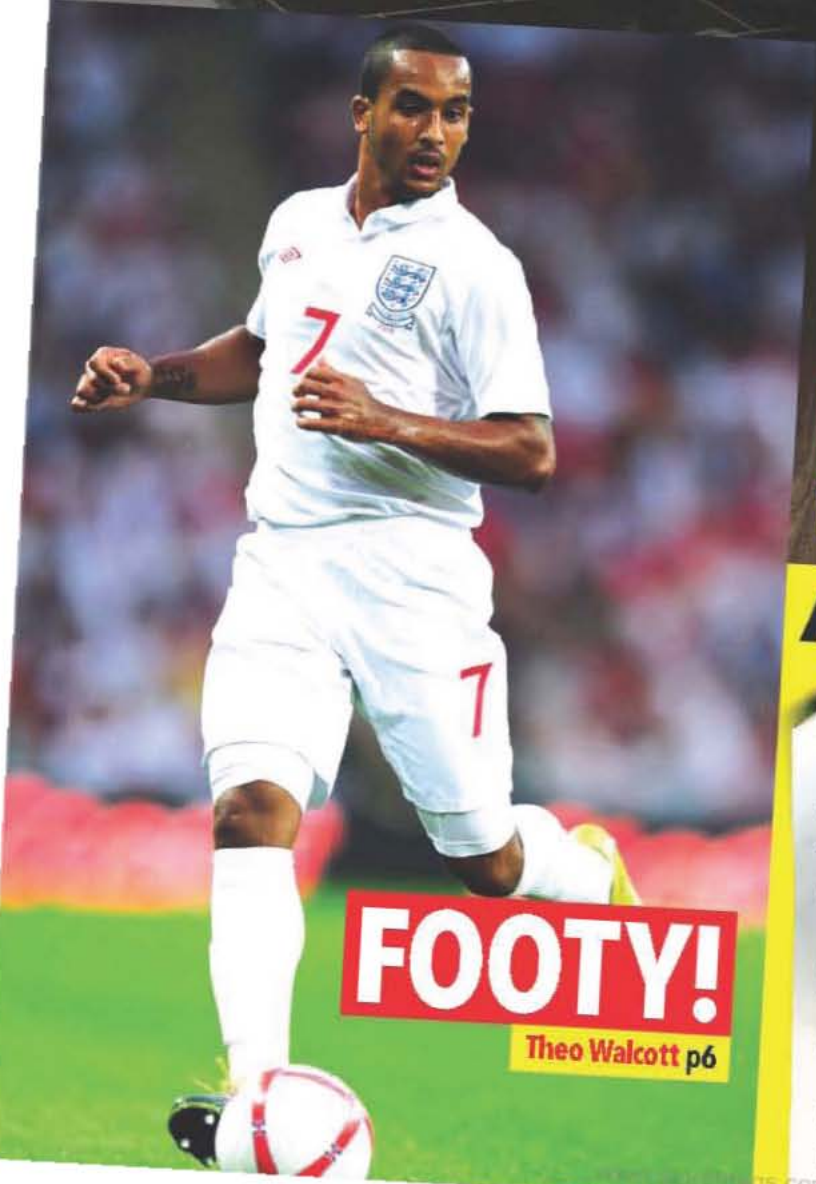
GIRLS!

BB's Rachael p48

IN Nuts!



CARS!
Bentley GTC Speed p20



FOOTY!
Theo Walcott p6



LAUGHS!
McLovin p44

AN ANNOUNCEMENT

Nuts

Dear Readers,

Thanks for buying *Nuts*! As you may have noticed, the magazine is slightly more expensive this week - though only by a single ten-pence piece!

We're very proud of *Nuts* and hope you'll agree that it's still great value. After all, where else can you see boob legends like Lucy Pinder and Sophie Howard alongside newcomers like Holly Peers and Rosie Jones?

And if you want a real bargain, check out our subscription offer on page 32, which would save you a whopping £21!

Finally, I'd like to thank you for the jokes, letters and pictures you send us - we simply couldn't do the mag without you!

Dominic Smith, Editor



Nuts NEWS

EATING ALL THE CHEESE, EVERY WEEK!

Nuts splats giant rats!

We arm Lincoln locals against furry intruders!



When we heard news reports that a plague of rats the size of Peter Crouch's little black book have been getting up to no good in the Midlands, we sent our very own giant rodent there, laden down with a selection of awesome rat-splating implements to arm the locals against the furry blighters.

Within hours, Lincoln was fully trained in how best to deal with these super-sized scoundrels, and the world could rest easy once more!



4 best rat splatters!

We test the tools for dealing death to rodents!



IN THE PUB!

"I dunno about you but I feel ratted"



A FRYING PAN

A clout from this sturdy pan and ratty is seeing stars. Just remember to clean it after!

Splat rating:



A COPY OF NUTS

A world-beating mag and weapon! But only spill blood on the Don't Look! page!

Splat rating:



A HANDBAG

One swing of a ladies' leather bag and the rodent rascal is pole-axed. Oof!

Splat rating:



A ROLLING PIN

This can take a break from rolling out tasty pie crusts to deliver a telling whack!

Splat rating:



"Can you ask the landlady for some bog roll?"

IN THE LOO!

GET LOST!

Ashley Cole's disguise was fooling no one

Walcott: 'It's time to deliver!'

The England speedster on why he's ready to be Fab's main man!

Hi Theo! Can England's European Championship qualifying campaign erase the memory of a disastrous World Cup? We were all disappointed at how it went. I'm an England fan and I obviously wanted the lads to do well, but we have to put that behind us now. There's a new tournament to look forward to – we can't change the past. **Do you think you could've made a difference if you'd gone to South Africa?** I can't say that! I was disappointed when the manager told me I was missing out, though. It's a great honour to play for your country and to have the opportunity to play in a World Cup would've been ace. But it wasn't to be. **Were you annoyed at Fabio Capello for omitting you?** No. I respected his decision. He's the manager and it was his call. I was more disappointed than anything, but with my friends and family around, I was able to keep things in perspective. There are worse things in life! **You've started this season well. What's been the difference?** I struggled a lot with injuries last season and never got going. This year, I had a good pre-

season and that's made a huge difference. The break in the summer actually did me some good, too, because I could have a rest and get my body right. **And you're now back in the England squad!** Yeah, that's great! I've learned now to just try to enjoy things out there and not worry too much. I'll keep working at my game and won't put pressure on myself. I'm going to enjoy my football and see where it takes me. **What do you say when people like Alan Hansen say you don't have a footballing brain?** I've had plenty of criticism about a lot of things over the last year or so, which is fair enough. Some of it's been fair, some not, but I can't change that. It's time for me to show people what I can really do and if I can prove the doubters wrong, then great – but I don't lose sleep over it! **It's a massive season for you, both with Arsenal and England. Is it time for Theo Walcott to truly deliver?** Yeah, I'm 21 now and I'm ready to make the next step. I want to play games for Arsenal and keep my place with England. I feel good and I feel confident. Hopefully, the next 12 months will be my best yet!

WING WIZARD!



"One swift kick and we'll get rid of that big blister!"

What the pundits say

Telly's top know-it-alls reveal their tips for England success



PAUL MERSON

"England have got to ditch 4-4-2, it died with the dinosaurs. I'd play Rooney up front on his own, and let Gerrard support him from midfield. Overall, there has to be more movement and versatility. I'm sick of seeing what I call 'Subbuteo football', where players stand like statues in the same bits of the pitch. It's embarrassing for everyone!"



ANDY GRAY

"England need to sort out what they want from Steven Gerrard. I'm not convinced playing him out on the left is best for him or the team. Gerrard can do a job there but he's most effective bursting through the middle and you can see that he and Wayne Rooney have a great understanding. Adam Johnson might give a better balance on the flank, too."

England vs Bulgaria

Friday 3 September, 8pm, ITV1

It's *Big Brother's* Chantelle!

IN CELEB BB!



Back in the house *and* in *Nuts*!

Great news! There's one, or should we say two, good reasons to watch *Ultimate Big Brother* and that's Chantelle Houghton! Our favourite Paris Hilton looky-likey is back in the house for a second time, which means we'll be seeing lots more of her and her recently enhanced chest! It didn't take long for the lovely lady to turn on the waterworks either. Maybe someone should tell her she's in this week's *Nuts* to cheer her up. These pictures certainly put a smile on our face, anyway!



The leopard hadn't died in vain

"Hard? No, love,
I'm rock"



"I'm a
great catch"

PERFECT PEACH!

WORDS: NICK WATKINS
PHOTOS: FAMOUS, NEON

Gore blimey!

**Bullfighter gets
the horn. And not
in a good way!**

Spanish beast-botherer Pedro Muriel's job as a banderiller involves sticking barbed harpoons into a bull's neck in order to weaken its massive muscles. This allows the matador to step in and complete the glory of the kill.

Except, during a fight in Malaga, Spain, moronic Muriel turned his back just at the wrong moment and this barmy bovine saw its chance to introduce its horn to the Spaniard's rear end. Now that's a real pain in the bum!

WORDS: FRANK TENNYSON PHOTOS: REUTERS





IMPALED!

"I only asked
for a leg-up!"

Kammy's guide to the Champions League!

Sky Sports legend gives his verdict on the European draw!



"Urgh, the blue stripes have come off my top"

ARSENAL

Opponents: *Shakhtar, SC Braga, Partizan Belgrade*
"Arsene Wenger will be absolutely delighted with this draw – the Gunners are a shoo-in for qualification to the next stage! I honestly believe they'll

win all their games, home and away. Partizan are no-hopers but although Braga were unbeaten all last season at home, the away trip to Shakhtar will still be Arsenal's stiffest test."

KAMMY PREDICTS:
1st Arsenal, 2nd Shakhtar



KAMMY!

EASY FOR BLUES!

CHELSEA

Opponents: *Marseille, Spartak Moscow, Zilina*
"Marseille, coached by Chelsea old boy Didier Deschamps, are an improving team and will be Chelsea's hardest opponents, I reckon. That plastic pitch in

Moscow won't be easy but with Drogba and co on fire – and the Slovakian side just making up the numbers – I can't see many horrors for The Blues. In fact, it should be a walk in the park!"

KAMMY PREDICTS:
1st Chelsea, 2nd Marseille

"Don't worry, Inter, I'm still in my England form"





UNITED TOP!

"Hey, Wayne, only girls wear gloves!"

MAN UNITED

Opponents: Valencia, Rangers, Bursaspor

"This should be a breeze for Fergie as Valencia have sold their best two players in David Silva and David Villa, and Bursaspor just don't have the quality.

Rangers' boss Walter Smith will be cursing his luck because you don't want to be involved in a "Battle of Britain" with United – it never ends well! That said, 'Gers might have a trick up their sleeve."

KAMMY PREDICTS: 1st Man United, 2nd Rangers (just!)



"Gimme a hug, Mr Invisible Fat Bloke"

GREAT DRAW!

TOTTENHAM

Opponents: Internazionale, Werder Bremen, FC Twente
"To come up against the kings of Europe at the first time of asking is unbelievable! However, Inter aren't the same side as last year – especially as Mourinho's done

a bunk – and the other two in the group are very, very beatable. Because of their experience I'll still tip Inter to win the group but with Harry Redknapp at the helm, Spurs could really go far"

KAMMY PREDICTS: 1st Inter, 2nd Tottenham

Kammy's verdict

"A great draw for all the English teams so I can definitely see United, Chelsea, Spurs and Arsenal progressing to the next stage. In fact, I reckon Rangers might join them too! Unbelievable!"

Great new phones or SIM only from just £10 a month

Make your choice to suit your needs



Phone of the month

Deal of the month

Keep your number and phone, switch to value.

Free Samsung Monte

- Available in Pink or Black
- Great 3.2MP camera, Wi-Fi and Google Maps™.

New Free Nokia C6

- Free Sat Nav with Ovi Maps
- View everyone's tweets and status updates at a glance on the personalised homescreen

Free HTC Wildfire

- Over 50,000 amazing Android™ apps – download them straight to your phone.
- Capture every detail with 5MP camera

Free Samsung Monte		Free Nokia C6		Free HTC Wildfire		Free SIM only 12-month contract		
£10 a month	£20 a month	£20 a month	◀ Phones on a 24-month contract ▶			£10 a month	£15 a month	£20 a month
100 minutes	100 minutes	300 minutes	◀ Mins to all UK mobiles & UK landlines (starting 01,02,03) ▶			300 minutes	600 minutes	900 minutes
500 texts	500 texts	Unlimited texts	◀ UK standard texts ▶			Unlimited texts	Unlimited texts	Unlimited texts
–	500MB	500MB	◀ UK mobile internet a month ▶			–	–	500MB

Call 08080 022 004 today
before 4pm for next day delivery

Search online for 'Vodafone Press' or go in store today

The patio heater was
a bit full-on

'Fire in the hole!'

New lightweight supergun!

This is the US Army's latest awesome weapon, the M777 Light Towed Howitzer, and it's guaranteed to blow your mind – not to mention anything else that gets in its way! Featuring the latest GPS targeting tech, this behemoth – which is operated by seven soldiers – will fire

guided shells that are accurate at up to 25 miles!

And that's not all! Because it's built from titanium, it weighs just 3,181kg, compared to its predecessor, the M198 howitzer, which weighed 7,000kg. We still wouldn't wanna shift it, though!

25 MILE RANGE!

WORDS: NICK WATKINS
PHOTOS: SFC EVAN D MARCY/WWW.ARMY.MIL



Diana Vickers

On stage, V Festival

We're certain there's a funny poem in here somewhere about knickers, Vickers and stickers, but we're no Shakespeare and a picture paints a thousand words. Especially one like this!

OOPS!

Beyoncé

Filming a TV ad

What a result! While promoting her new Heat perfume, the pop goddess came close to a delightful nip-slip. Crikey, if her whiff makes women this hot, we'll have a vat-load, please!

OOPS!



RUDE NEWS

Seeing the summer out in the finest way!



BB6's Makosi

Photo shoot, London

Within minutes of entering the *Big Brother* house, US rapper Coolio was already hitting on Makosi and she had to warn him she was "African and very conservative". You don't say!



Alex Curran

On her hols, Majorca

While Stevie G was trying to save his team from a drubbing by Man City last week, Mrs G was busy trying to contain her own two up front. Sadly for us, she did a better job than he did!

THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!



John Terry: "Mike! Mike!
Remember the tackle!"

WIGAN VS CHELSEA DW Stadium, Sat 21 August, 5.55pm
JT wants ref Mike Dean to note Charles N'Zogbia's heavy challenge.



Roberto Di Matteo: "Hey, how
are you? Come for a drink after"

WEST BROM VS SUNDERLAND The Hawthorns, Sat 21 August,
2.57pm The Albion boss invites Steve Bruce for a post-match chat.



Marcus Hahnemann: "He kicked
him from behind! F**king hell!"

EVERTON VS WOLVES Goodison Park, Sat 21 August, 3.43pm
The Wolves stopper isn't happy with Tim Cahill's opener.



Theo Walcott: "I
don't believe this!"

ARSENAL VS BLACKPOOL Emirates Stadium, Sat 21 August,
4.13pm The winger is overcome at scoring his first Arsenal hat-trick.

POTTY-MOUTH OF THE WEEK!



ONLY IN
Nuts!

Robert Huth: "Come on,
it's gone in! You were two
f**king yards away! F**k it!"

STOKE VS TOTTENHAM Britannia Stadium, Sat 21 August, 4.47pm
Stoke get mad when an equaliser is ruled not to have crossed the line.

TO CONTACT THE LIP-READER, WRITE TO: JOHN@NUTS.CO.UK

J O S H B R O L I N



JONAH HEX

REVENGE
GETS
UGLY

15 CONTAINS FREQUENT, MODERATE VIOLENCE, SOME STRONG LANGUAGE

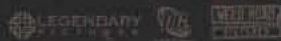
WARNER BROS. PICTURES PRESENTS

IN ASSOCIATION WITH LEGENDARY PICTURES, A MAD CHANCE/WHEEL ROAD PRODUCTION

MEGAN FOX, MICHAEL FASSBENDER, WILL ARNETT AND MICHAEL SHANNON MUSIC BY MARIO DELTRAM EDITED BY DAN HANLEY EXECUTIVE PRODUCERS KENT DEYDA EXECUTIVE PRODUCERS FERNANDO VILLENNA PRODUCED BY TONY MEYER DIRECTED BY MITCHELL ANUNOSEN

BASED UPON CHARACTERS APPEARING IN COMIC BOOKS PUBLISHED BY DC COMICS CO-PRODUCERS RICHARD MIDDLETON, MIH-YOON, MARGOT LULICK EXECUTIVE PRODUCERS THOMAS TULL, JON JASHNI, WILLIAM FAY, MATT LEBLANC, JOHN GOLDSTONE, RAVI MEHTA

STORY BY WILLIAM FARMER AND NEVELDINE & TAYLOR SCREENPLAY BY NEVELDINE & TAYLOR PRODUCED BY ANITA GOLDSMAN ANDREW LAZAR DIRECTED BY JIMMY HAYWARD



WWW.JONAHHEXMOVIE.CO.UK

IN CINEMAS SEPT 3


0-60 IN 4.5 SECS!



Pimped Bentley does 217mph!

Top tuners Mansory give Bentley a Batmobile-style makeover!

- This is the Bentley GTC Speed, brought to you by prestige car-tuners Mansory.
- It's taken the by-no-means unimpressive Bentley GTC Speed and transformed it into the sort of motor that'll turn more heads than Kelly Brook in a see-through bikini!
- The chassis has been treated to a PU-RIM overhaul, providing those sleek lines and menacing front nose.
- These amendments optimise the airflow over the Bentley silhouette, which leads to greater handling and improved fuel consumption.
- Weight is further reduced by 21-inch aluminium alloys, while high-performance Dunlop tyres provide the GTC with extra traction.
- With fitted air filters and adjustments to the electronics, torque rises from 750Nm to 890Nm at 6,100rpm.
- The GTC Speed still sports a standard 6.0-litre twin-turbo W12 engine, but a new chrome exhaust system gives the back of the Bentley a striking finish and boosts the BHP from 610 to 685.
- Top speed is now 217mph and 0-60mph at 4.5 seconds!



"I told you before
about driving in the
bathroom, Dave"

CHASSIS OVERHAUL!



MAD INTERIOR!

"All that money, and they
run out of black paint
on the steering wheel"

Palace's club shop sold out of Edgar Davids glasses for the third time

TARGET!

A QUICK WORD WITH...

Roll Deep!

We chat to the group's main man, Target

Hello Mr Target! How did it feel to be Number One for so long? It was mad, man! We thought we were onto a big one with the single but to have three weeks at Number One just felt mad. We were all really happy. Grime's gone a bit more poppy. Do you all write songs with a Number One in mind now? It's always in the back of your mind but I don't think anyone's thought, "Let's all make tunes that we're not into just to get into the charts." It's just now we know we can experiment a bit and be successful. Where did your nickname come from? I was about 14 years old and we'd just started making tapes in Wiley's bedroom. They'd all chosen their names

and I didn't have a name yet. So I remember looking at a light on one of the decks and it was called a target light, so I thought, "I'll just use Target for this tape." And then it just stuck from there. My real name's Darren. There are loads of members in Roll Deep. Ever want to sack some so you get a bigger cut of the money? Ha-ha! No, it just means we've got to work harder. Everyone does get paid but obviously there are more of us, so it means we've got to do that bit more. There are more mouths to feed. In total, there's about ten of us and everyone's got different roles, so everyone gets paid for different jobs. You've nearly got enough for a football team. Do you play? Yeah, I play up front for my six-

a-side team. We played against all these different grime artists in a tournament last year and won it. We played Tinchy's team, actually. He's an alright player. You're a DJ, too. Where's the weirdest place you've ever played? A club in London that used to be an old-school public toilet. It's really small and only holds about 100 people. Ever put on a crap tune just to impress a girl? If a fit girl asks me to play something in a club and I think it might help my chances, I'll probably put it on. If a proper ugly bird asked for it, it might not be the same! Any other perks from being a DJ? Yeah, we used to do a weekly night with a wet T-shirt competition and best dancer competition in Ayia Napa. The

girls would win a bottle of champagne but really it was just for our entertainment! What's the most embarrassing record you own? I've got a Basshunter record that I got sent by the promo company. I didn't buy it, but the fact it's still in my house after all that *Celebrity Big Brother* stuff is pretty embarrassing! Are Roll Deep fans of Nuts? Yeah! We buy *Nuts* all the time. There's a copy on the coffee table in our studio every week! Who's your favourite Nuts girl then? Pinder's pretty fit! Maybe we could get her and Rosie Jones to be in the next Roll Deep video. Yeah, let's make it happen!

Roll Deep's chart-topping single Green Light is out to buy now

INTERVIEW: JIMI FAYUREWA

Kick ass offer.

Out 6th September



pre-order today!

blu-ray

only **£15.99** RRP £24.99

PLUS £5 of rental vouchers

dvd also available for pre-order only **£11.99**



Don't delay, pre-order **in-store** today
or **online** at blockbuster.co.uk



blockbuster.co.uk

Subject to suitability and availability. While stocks last. Voucher consists of 5 x £1 rental vouchers. Subject to availability. Minimum £2 deposit required. Ask staff for full pre-order terms & conditions. Online prices and promotions may vary. Film © 2009 KA Films LP. All Rights Reserved. Artwork and Packaging Design © 2010 Universal Studios. All Rights Reserved. BLOCKBUSTER name design and related marks are trademarks of Blockbuster Inc. © 2010 Blockbuster Inc. All rights reserved.



NUTS.31/08.KICKASS.N/S

Nuts GEAR



Nikon Coolpix S1100pj camera

www.nikon.co.uk

Nuts says: Nikon's latest projection snapper with a 40 per cent brighter projector to show off its 14.1-megapixel, 5x-zoom snaps. It's awesome!

Connect Coolpix to your PC and it can project its content

£350



£185

A special pair with diamonds in the heel are available for £250

Puma v1.10 SL Lightning boot

www.prodirectsoccer.com

Nuts says: At just 150g, this boot – inspired by Usain Bolt – is the lightest in the world and has a sole that moulds to the foot and a microfibre upper.

Sony DR-GA500 gaming headset

www.sony.co.uk

Nuts says: Headset with 7.1 digital surround sound (to hear people sneaking up from behind), plus 40mm drive units for premium sound quality.

£150



£90

Bose IE2 in-ear headphones

www.bose.co.uk

Nuts says: Designed especially with music-enabled mobile phones in mind, these pack Bose's excellent audio tech as well as "StayHear" tips.

Check out more reviews at www.nuts.co.uk/reviews

DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



"That reminds me, I need to get some chilli!"

"I thought you had the parachute!"

'My tendons were staring out at me!'

Paintball disaster nearly ruins bloke's wedding!

HE'S OK NOW!

There's nothing like paintballing on a stag do, unless you get a bit overconfident and slice your leg open while performing some Rambo-like moves!

Jono Wingrove, a 25-year-old electrician from Thetford, was the unlucky war hero. "Halfway through the first game, I went

running into a position, sliding on my knees," he tells Nuts. "I hit a small tree root and thought, 'That hurt!' I expected I'd just bruised my leg because it didn't hurt that much, but when I rolled my trousers up, I saw blood and my tendons staring out at me!"

"I was rushed to hospital where the nurse put some iodine

on it, which made me feel like I was about to faint! Luckily, after three layers of stitching, I was finally ready to be discharged. I got married a few weeks later, even if I did have to hobble up the aisle a bit. I'm a happily married man now, and at least I'll never forget my stag do – though maybe not for the right reason!"

Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com



YOUR LETTERS

Spiders, spam and spoiled snapshots!

Send your letters to nutsletters@ip



Capello liked to make an entrance

Along came a (massive) spider

Dear Nuts,
I just caught this bad boy in my bathroom – that's a pint glass covering it! I was wondering if any other *Nuts* readers have found a bigger one?

Dave, Leicestershire

Is this the biggest creepy-crawly in the land or can you do better? Let us have 'em!



Spidey loved spending time in his greenhouse

LETTER OF THE WEEK!

One for the photo album

Dear Nuts,
I feel that I slightly messed up this couple's romantic pic!

Alex Kidd, Manchester

If you're not careful, you'll be showing off a couple of your own!

D'ough!

Dear Nuts,
I used to work in a pizza shop and one night I was bored, so I decided to be creative with the dough.

Sam Bell, via email

We look at that and all we can think is, "We could murder a penis-shaped pizza right now."

Suddenly, the cheesy crust didn't sound so appetising



He's two-faced!

Dear Nuts,
My brother fell asleep on the sofa, so I got the clippers out!

Neil Watkins, Oxford

Ah, that's what brothers are for – shaving your noggin and making you look stupid!



"I haven't got eyes in the back of my head, you know! Oh..."

STEALTH BUMMING CORNER!

"My brother Ryo got prehistoric on this dino's arse!" *Paulio, Middlesbrough*

ONLY IN Nuts!



For emergency fast food

Dear Nuts,
I saw this in Turkey. If your kebab is ill, you know where to go!

Pat Dillon, Cornwall

Is there any such thing as a truly healthy kebab?



"Can I have the organ donor and chips, please"

Barmy army

Dear Nuts,
Cheers for the morale-boost! We put all the stuff you sent us to good use, as you can see!

LCpl Matty "Dutch" Holland, Helmand, Afghanistan

No worries, guys. The chap at the front looks very comfy in his *Nuts* hotpants, we must say!



They denied the product-placement allegations

RS!

media.com or to the address on p70

CAMERA PHONE CUTIES!

Sexy snap-happy babes

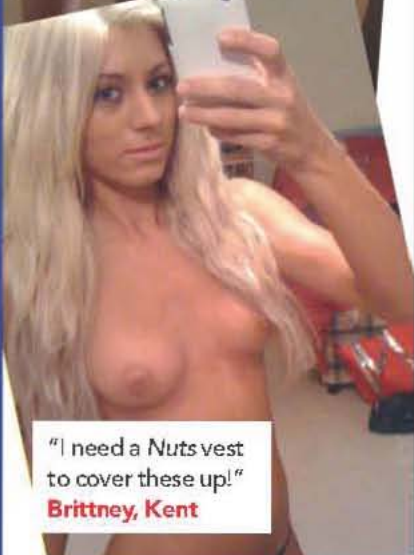
ONLY IN Nuts!



"I used my bandana in an interesting way!"
Roxanne, Wales



"One from over the shoulder!"
Sam, Manchester



"I need a Nuts vest to cover these up!"
Brittney, Kent

Send us your pics!

Text 'Nuts' and your sexy camera phone pic to 0771 388 8008*

Hot date.



Golden Wonder
The Nation's Noodle

Available in
4 Full on Flavours!

Chicken & Mushroom,
Beef & Tomato, Chip Shop
Curry and Sweet & Sour.



Pour, stir, click -
thenationsnoodle.co.uk

Nuts SPAM BANK!

All-new online hilarity

"This is an 'old' up!"



"Nice outfit, Jermain!"

Win £100 to spend at **PLAY.COM**

Send your letters and hilarious spam pictures to nutsletters@ipcmedia.com or to the address on p70. The sender of the week's best letter* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with savings and free delivery on everything. Visit www.play.com for great deals on DVDs, games, books, CDs and more!

YOUR JOKES!



All the best gags, every week!

Send your jokes to nutsjokes@ipcmedia.com or to the address on p70

SHORT JOKES!

Q: What did the yellow tooth say to the white tooth?

A: "Is it 'cos I is plaque?"

Mack Grenfell, via email

I've just been to the cinema to see *The Fast And The Furious*. Watch out, there are spoilers

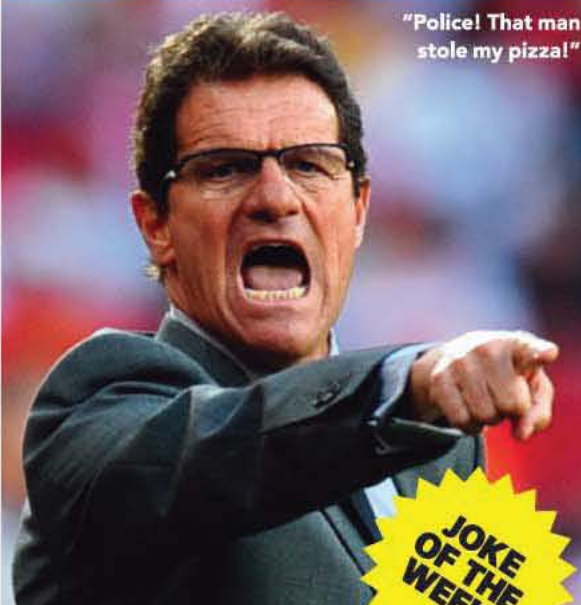
Rory, London

Q: Did you hear about the flasher who was thinking of retiring?
A: He decided to stick it out for one more year

Dan, Northampton

I was walking home last night and somebody threw grated cheese all over me. I thought, "Very mature"

Tim Bardsley, Kent



"Police! That man stole my pizza!"

JOKE OF THE WEEK!

Seeing red

Fabio Capello walks up to a ginger kid kicking a ball against a wall and asks him if he wants to play for England in their next match.

Horrified, the boy replies, "No chance - I already get bullied enough for being ginger!"

Martin Brunswick, Dover



She'd come to the fancy-dress party as a plate of salad

Old joke

Two OAPs, Hilda and Mary, go to their local greengrocer's. Mary says to the man behind the counter, "How much are your cucumbers, please?"

The young man says, "They're £1, madam - and they're buy-one-get-one-free this week."

Hilda turns to Mary and says, "Well, we could always eat the other one."

S Fawcett, Sheffield

Fever pitch

A man is taken to hospital with a burning fever, and his wife waits nervously outside for some news.

After a while, a doctor comes out. "There's good and bad news," he says. "The good news is that his temperature has dropped."

"And what about the bad news?" asks the wife.

"I'm afraid he's dead," replies the doctor.

Francis Cole, via email



"You've been stealth-bummed! Oh, so have I!"

PHOTOS: GETTY, ALAMY, REX, PA PHOTOS *EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 70 APPLY

Win a PS3 Slim & a DVD!

Send jokes to nutsjokes@ipcmedia.com or to the celebrate the release of ace time-travelling *Machine* on DVD and Blu-ray, the sender of the PS3 Slim and a DVD of the film.*



FAMOUS BLOKES' JOKES!

JIMMY CARR:

"One in three people fantasise about group sex. Three in one people is group sex"

50% MORE GAGS!

JASON MANFORD:

"Tipping's pretty hard. You can't give an adult a pound - you may as well go, 'There you go, mate, go and get yourself some sweets.'"

JIM JEFFERIES:

"My grandma died recently. She was 92 - she's meant to f**king die. I'd have been more surprised if she'd done a motocross rally or something"

KEVIN BRIDGES:

"I was watching that TV programme *My Super Sweet 16* the other night. Some kid got a £200,000 budget from his dad. For your 16th birthday, you should be grateful for a bottle of Mad Dog 20/20 and a smelly finger!"

JONATHAN ROSS:

"Let's see love for Justin Bieber. The poor kid's only 16 and he's got a comb-over already!"

"ACTION-PACKED AND HILARIOUS"



NEWS OF THE WORLD



THE GUARDIAN



PRE-ORDER NOW!
ON BLU-RAY & DVD 6TH SEPT

PLAY.COM



CAMERA PHONE COMEDY!

ONLY IN Nuts!

Win £100!
Text 'Nuts' and your picture to **0771 388 8008** (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash! ** T&Cs on page 70.

Seen something daft? Snap it, send it in and win £100!

FRISKY MEERKAT!



PIC OF THE WEEK!

"I was outraged by the behaviour of this obviously horny meerkat!" **Anon, via text**



TOTAL GENIUS!

"I was bored of my fishing mag, so I did a little letter-rearranging!" **Anon, via text**



WOOFERS!

"Isn't this a form of discrimination? Equal rights for straight dogs!" **Anon, via text**



BOOZE LOSE!

"I know we cider drinkers are daft, but even we can spot this!" **Q, Weston-super-Mare**

SCREWED FOOD CORNER!

"If Frankenstein's monster was made of fruit..." **Matt Shaw, Leicester**



THEY SUCK!

"Phil and Ian have more in common now, thanks to my vandalism!" **Andy, Liverpool**



CEREAL STONKER!

"I found a morning glory in my Special K. It put me right off!" **Anon, via text**



FREAKY FRUIT!

*BY SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT AND ITS PUBLICATION. **EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 70 APPLY.

POP OUT IN PUBLIC!

ONLY IN
Nuts!

Have a cheeky flash - and earn some cash!



THIS
WEEK'S
£100
WINNER!

IN A FIELD!

SIAN 20, from Devon

"Sorry, chaps - the gate ended up getting in the way!"



BACK FROM THE BEACH!

SAIR 20, from York

"I'd been at the beach at Filey and I lost all my clothes. Oops!"



OUT AND ABOUT!

ROXANNE 21, from Cornwall

"Don't worry, guys, there's no barrier that can contain my boobs!"



Win £100!



All printed pics get a Nuts vest-and-shorts combo. The winner gets £100!* Send your snaps to nutspopout@ipcmedia.com or by text to **0771 388 8008**.

IN THE WOODS!

REBECCA 19, from Wolverhampton

"If you go down to the woods today, you're sure of a big surprise!"

Nuts PROMOTION

Subscribe & save!

Save over £21 when you subscribe to *Nuts*, and receive your free gift worth over £30!

SMELL NICE FOR GIRLS!

Subscribe to Britain's biggest-selling men's weekly and not only will you get your usual treat of girls, gadgets, cars, sport and jokes, you can also get a free gift of VO5 products worth over £30!

FREE VO5 GIFT SET WORTH £30!



Subscribe now! Go to www.nutssubs.co.uk/intee
Or call 0844 848 0848 and quote code 10V

Offer is available only to new UK subscribers paying by Direct Debit. Please allow up to six weeks for your first issue and 28 days for your gift. For full terms and conditions, call 0844 848 0848. Offer ends 30/09/10.

THE TRUTH ABOUT SEX WITH... INDIA REYNOLDS

Nuts girls solve your bedroom bother!

Email questions to thetruth_sex@ipcmedia.com



ONLY IN Nuts!

IN OUR OFFICE!

Is it wrong to like larger girls?

My mates all think I'm mad because I have a preference for larger women. Are they right that I shouldn't like 'em chubby?

Pete, West Midlands

No! Everybody needs love and has their own preferences. It's no different from always going for blondes or brunettes, it's all about what makes you happy – stick to what makes you happy and don't listen to your friends. At the end of the day, it's your own happiness you need to look out for, so go for what you enjoy!

One-track mind!

I can't stop thinking about sex – sex I've already had, girls I'd like to do it with and so on. How can I stop this from happening?

Frank, Surrey

I think you might be a sex addict. Maybe you need counselling! However, some lads of "a certain age" are just like that. It's OK to think about sex because I think about it a lot – everyone does. As long as nobody else knows what you're thinking, carry on thinking whatever you like!

She's gone bald!

My girlfriend shaved her downstairs bits totally bald and I think it's a bit weird! What do you think about grooming?

Luke, Blackpool

I think it's OK, but some people think it looks a bit weird. I like to mix it up a little bit, so maybe you should get her to leave a strip next time! There'll be enough to keep it tidy, but also enough to stop it being weird!



"Stick to what makes you happy, not your friends!"

Nuts BABES' SEX TIPS!

No.26: "Take your time turning her on. By the time you get down to it, there will be fireworks!"

Emily O'Hara



So many toys!

There's a drawer under my girlfriend's bed that's like a branch of Ann Summers – sex toys everywhere! Should I be worried I'm not satisfying her?

Paul, Kent

No, not at all! Maybe you should use them with her so you both get some enjoyment out of it. They don't necessarily mean you're not satisfying her, it's just that girls like to vary their sex life a bit. You should see this as a positive thing!



NEXT TIME: LUCY PINDER ANSWERS YOUR LETTERS!

storemags.com
BB'S CORIN

BB'S CORIN





IN BB!



big brother
exclusive 2

topless!

The 30G brunette on life after Big Brother!

This year's Big Brother may not have been packed with incident but there's no denying the quality of its totty. To prove it, here's Corin Forshaw. Minus her top! →



Hi Corin! Is it weird being out of the house? Yeah! I was in there for 11 weeks. It's a long time but I'd always wanted to go on the show, so I coped with it dead well. **What sort of response have you had since you got out?** No way did I expect to get the response that I have. I thought I'd get booed but everyone's been so lovely. People tell me I'm hilarious and other nice things. Today, I went shopping and I must've spent about two hours shopping and five hours talking to people! People would have their photo taken with me and say, "Thank you." And I'd go, "No, thank you for wanting a picture with me!" **Who did you get on with the best and worst in the house?** I'd say the best were Josie, Dave, Mario, Steve, Ben and Nathan. Oh, and Ife. I didn't get on with John at all! He seemed to have it in for me from day one, so I just tried to stay away from him.

Are you excited to be doing a shoot for *Nuts*? It was a dream for me to get on *Big Brother*, and you always see girls who've been in the house doing photo shoots for *Nuts*. So this fulfils everything I've always wanted to do! **Are you used to walking around in your pants?** No way! I'm the shyest person ever. I wouldn't even walk past my mum in my undies or say "bra" to my dad! **You've admitted you're bisexual. Do you prefer men or ladies?** I can't really say, as it's all about the person in question. I know you boys go all funny when two women are together! Ha-ha! **Are you in a relationship with a lady at the moment?** We're in the process of sorting things through. When I get home, we're going to meet up, have a chat and see what happens. This is my first relationship with a lady. I was attracted to her as soon as I met her, and we got together. It's been a few years now. ➡

Standard operator charges apply. For terms, visit www.88888.com

Get these hot pics on your phone now!
Only available on your mobile!
Simply text **Nuts** to 88888



"I know you boys go funny when two women are together!"



Do you think your next partner will be a bloke? I'm not thinking that far ahead, to be honest. It's not all about me – there are other people in my life. So until I've got everything straight with what I'm doing at the moment, I won't even be considering it.

When you're with a girl, do you miss manly loving? Not really, to be honest. I'm with who I'm with and I don't miss guys when I'm with a girl – and vice versa.

What are the differences between going out with a guy and a girl? There's no difference for me, really. I was attracted to my partner in exactly the same way I would be with a guy. She made me happy and that was it.

Are men or women more adventurous in bed? Again, it's hard to answer because I know what I can do and it makes no difference who I'm doing it with!

When ladies do the sex, do you have "positions" like a man and a woman would? Ha-ha! Yeah, of course we do. You can get into whatever position you want – it all depends on what tools you're using! I have a bottom drawer. I can't tell you what's in it, though – that's too much information!

Your dream is to be a celebrity's PA, right? Where the hell did that come from? There are loads of things written on the internet about me. I don't know where they get it, though. I haven't even got a Facebook or a Twitter account. I've certainly never said that about being a celebrity's PA!
Well, that kind of ruins our next question. We wanted to know whose PA you'd like to be.

Oh, right! Er... probably Sharon Osbourne. She'd be mint! I'd love to be in her house and see exactly what goes on. She's funny and down-to-earth, but also really strong. I reckon she could teach me a thing or two about life!

Have you relieved any "tension" since you left the Big Brother house? No, I haven't yet. I've been so busy with work, I haven't had the chance. And I'm feeling very frustrated! After about two weeks in the house, we were all, like... they could've sent anyone in and we'd all have been drooling! You just want to get a bit of attention and give it out, but you're not allowed to! ➔

**"I always
wanted big
boobs. Now
I have them!"**



BB'S CORIN

Get these hot pics on your phone now!
Only available on your mobile!
Simply text Nuts to 88888



Standard operator charges apply. For terms, visit www.nuts.co.uk/mobpics



Was there anywhere you could sneak off to be rude? No, there was nowhere at all. At first, you could go inside the wardrobe but after we mentioned it, the producers built something inside it so you couldn't go in!

Harsh! Are you happy with your 30G boobs? They're really good! I always wanted to have big boobs and now I've got them!

I was pretty confident anyway but I wanted my chest to be even bigger, so I had a boob job.

Blokes are obsessed with boobs.

Are girls just as obsessed? It depends on the person. It's each to their own. People like what they like. I can only speak for the people I've been with and it doesn't make much difference!

Who'd win a boob-off between you and Jordan? Oh, she would, definitely. Her boobs are hot!

I really like Jordan. She looks amazing in all the pictures she does. I never set out to look like her or be like her or anything.

I had a boob job and dyed my hair black, and all of a sudden everyone was like, "Oh my God, you look like Jordan!" I see it as a compliment. She's mint!

You say life should be grabbed by the short and curlyes – ever been grabbed by yours? Ha-ha!

What am I supposed to say to that? I don't have any short and curlyes, so it would be difficult! →

"It's all about being bare for 2010! Ha-ha!"





"I have a bottom drawer - I can't tell you what's in it, though!"



Oh, really? Yep. It's all about being bare for 2010! Ha-ha!

You rate yourself as a 9/10 in the looks department. Where do you drop a point? Oh God, that's just something I put on my *Big Brother* application. You've got to talk yourself up a bit, haven't you? I think I'm quite a nice person, so I gave myself nine out of ten. But nobody's perfect!

If a *Nuts* reader had the hots for you, how could he or she win your heart? The key to winning me over is to make me laugh. I also like someone who's strong physically and mentally, who knows how to have a good time and will treat me right. Then wine me, dine me and sixty-nine me, and I'll be all yours!

Who's your ultimate celebrity crush? Ooh, who's fit at the moment? To be honest, I'm not really into big celebrities – I like boxers. I like a man who's tough mentally and strong enough to throw me around the bedroom. I could do with a hot night of passion – it's been 11 weeks!

If you could get jiggy with any *Big Brother* housemate from the 11 series, who would it be?

Hmm, probably Anthony Hutton from *Big Brother 6*. I also really liked Charlie Drummond from *Big Brother 10*, but he's gay!

Which housemate is your all-time favourite?

Jade Goody, without a doubt. Not only was she entertaining in the house, she also did some remarkable things outside of it. She was just a down-to-earth person and could have a laugh with everyone she met.

You've got a couple of tattoos – do you plan to get any more?

Not at the moment. I don't have any in any rude places, either! I've got a Nike tick on my arm that I got when I was 15. I'm having it removed and I can't wait!

Thanks, Corin! Finally, will we see you again? I hope so! It's all a bit of a whirlwind at the moment.

I like not knowing what's going to happen tomorrow, though.

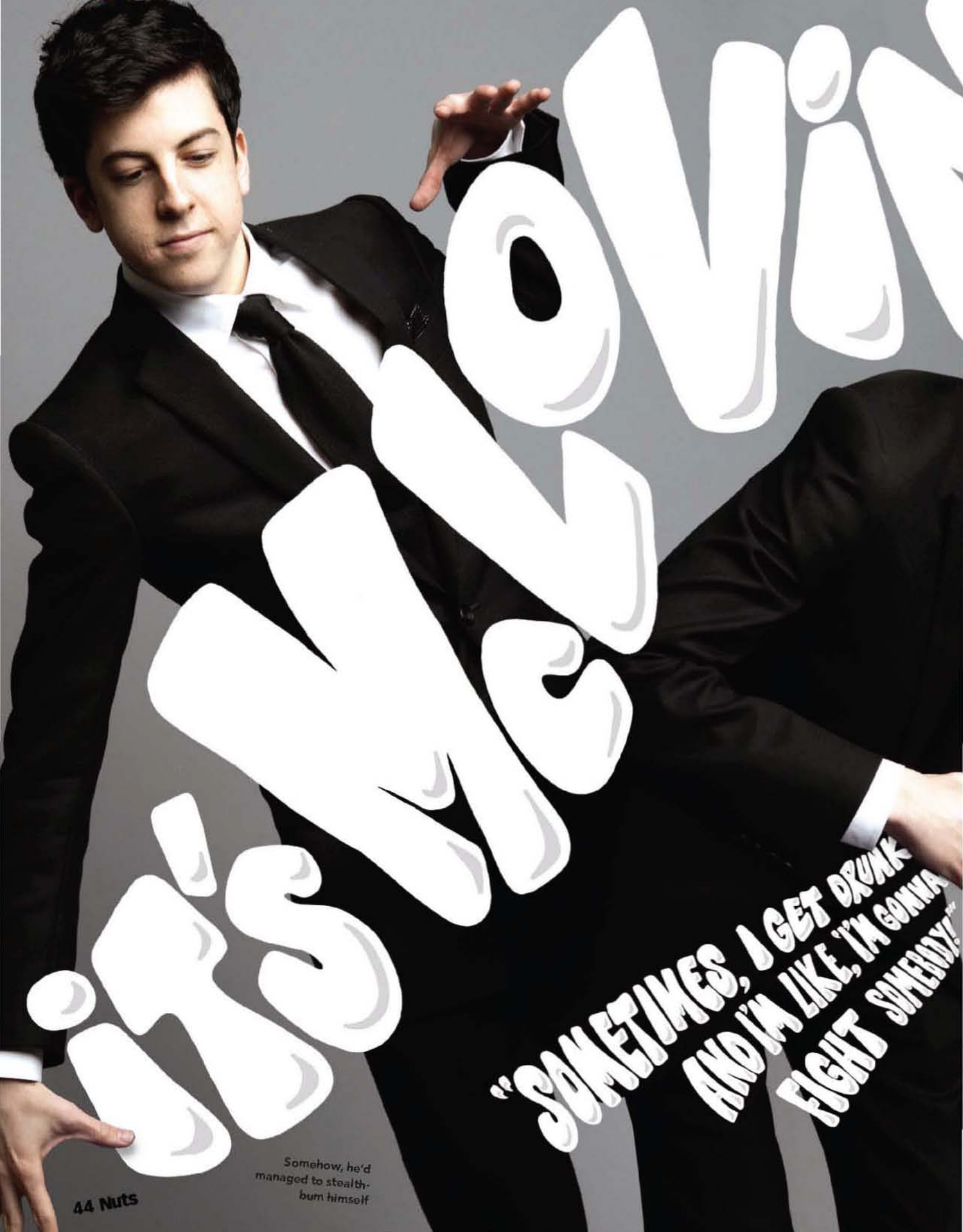
Who knows? I could be at home next week and not get any work.

Either way, I'm just going to make the most of whatever comes my way. After all,

you only live once! ■

INTERVIEW: RICH JENKINS; PHOTOS: ZOE MCCONNELL; HAIR & MAKE-UP: JOHANNA DALEND; STYLING: LISA NICALOU; LINGERIE: LA SENZA, CO.UK

**TURN TO PAGE 48 TO
SEE BB'S RACHAEL!**



It's Now or Never

"SOMETIMES, I GET DRUNK AND I'M LIKE, 'I'M GONNA FIGHT SOMEBODY!'"

44 Nuts

Somehow, he'd managed to stealth-bum himself

IN KICK-ASS!



Christopher Mintz-Plasse on fighting, girls and jokes!

Hi Chris! *Kick-Ass* is out on DVD and Blu-ray next week. It's pretty violent, isn't it? Yeah!

That's how every film should be. Even animated films - they shouldn't be kids' films, they should be violent. And this is called *Kick-Ass*, so you know what you're gonna get! **Could you kick Nuts' ass?**

It depends - do you have any training in fighting? I haven't, really, so you could probably kick my ass! I did, like, a week and a half's training but I'm not the fighting type.

Not ever? Sometimes, I get drunk and I'm like, "I'm gonna fight somebody!" But it never happens. A classic guy move! **First McLovin in *Superbad*, now Red Mist in *Kick-Ass*.**

You play pretty geeky roles. Does that mean you've ruled out playing James Bond?

I'm definitely not getting that role! But I can't complain about the geeky roles, as I get to work with amazing people, such as Seann William Scott, Paul Rudd and Seth Rogen.

If you could write a movie part for yourself, what would it be like? I'd love to play someone brutal. Someone who, like, messes people up and is really dark. That could be fun in the future. Maybe I'm a little messed up! I just love that kind of stuff.

Who do you think has the best ass in the world? The best ass in the world? That's tough. Can I see yours?

Er, no. Will *Kick-Ass 2* ever happen? Hopefully, but not yet. I think Mark [Millar] and John [Romita Jr], the writer and illustrator of the comic book, will get started on *Kick-Ass 2* the comic sooner rather than later. Then the movie. We're hoping for a sequel but we don't know when it'll be.

Your character is called Red Mist. When was the last time you got really angry? I was at a friend's birthday, in the smoking area, and someone was smoking. He blew smoke into my face and I was like, "Hey, man, could you not do that?" He was like, "You're in the smoking area. F**k off!" Me and my friends got furious and his friends had to pull him away. Lucky for him, with all my *Kick-Ass* training!

How often do people call you McLovin? It's everywhere I go! I get it once or twice a day. It doesn't annoy me, though - it only bothers me if they're an asshole. In general, I love it when people come up and compliment me on my films.

Do you find it easier to chat up ladies now that you're a star? Or do they come up to you? They come up to me. **Really?** Ha-ha! No, I'm not really the kind of guy who uses my fame to have one-night stands and stuff. If I'm out with my friends, it's just like anybody else - we all have someone to talk to.

Has a lady ever asked you to use a *Superbad* line in bed? Definitely! Someone's asked me that before and I refused. Girls seem to like it. They ask me to, like, do the "Chica-chica-yeah!" thing. But I kinda... don't really do that.

Your mum was on set while you filmed your *Superbad* sex scene. Does she leave you to it in the real world? I'm 20 years old, so I'm not a minor now. I'm allowed to travel on my own and even have sex on my own!

We heard you love Europe because you can drink legally. What kind of blow-out have you got planned for when you turn 21? I could do the typical Las Vegas trip but everybody does that - and anyway, it might turn into paparazzi stalker-ville! I reckon I'll take it easy with some friends and go to a cool restaurant for a really good steak and some nice wine.

What's your favourite drink and how many can you handle? Jack Daniel's and Coke - and as many as you wanna give me! I haven't blacked out but I haven't pushed it to the limit yet.

What's your favourite swear word? Ah, man, I think my favourite swear word has to be c**t. Just because it's so ripe and sounds so fun to say. C**t! C**t! C**t! Ha-ha!

Steady on, old chap! Is it true that you drive a 2004 Honda Civic? Sure do. Sadly, they didn't let me keep the awesome Red Mist-mobile from the film! Matthew [Vaughn, the director] kept that. He funded the movie, so he gets to keep whatever he wants. I like to save money and my Civic runs really well. But maybe when it breaks down, I'll get something new.

Have you ever been tempted to try stand-up comedy? Seth Rogen has done it but I've never written before. So I'd have to start writing first, obviously, because I need some jokes! Maybe later on down the line, I'll give it a go.

You can practise on us if you like. Know any funny jokes? Funny jokes... OK, here's one: There are two muffins in an oven and one turns to the other and says, "Man, it's really hot in here!" And the other muffin says, "Oh my God, a talking muffin!"

Erm, it's not great, is it. One last chance... OK, what about this one: What do bees come back as when they die? Go on. Zom-bees! Ha-ha! Come on, that's a good one! Hello? Are you still there? ■

Kick-Ass is out on DVD and Blu-ray on 6 September

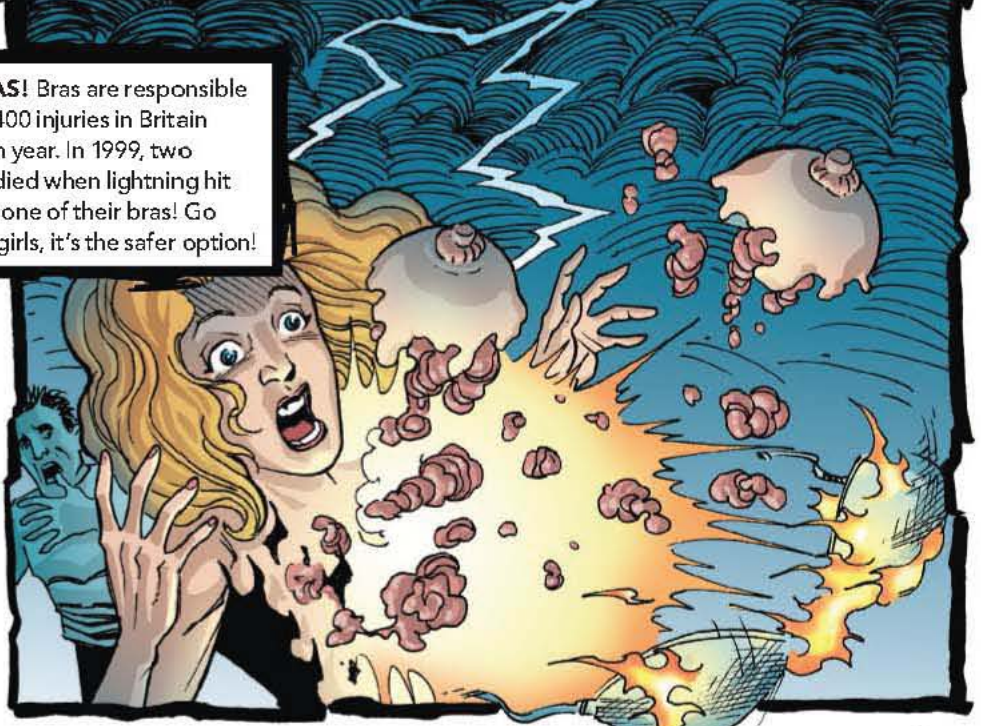
NUTS MAN!

INTERVIEW: RICH JENKINS PHOTOS: ELLIS PARRINDER/CAMERA PRESS



10 HOUSEHOLD THINGS THAT COULD KILL YOU!

1 BRAS! Bras are responsible for 400 injuries in Britain each year. In 1999, two women died when lightning hit wiring in one of their bras! Go topless, girls, it's the safer option!

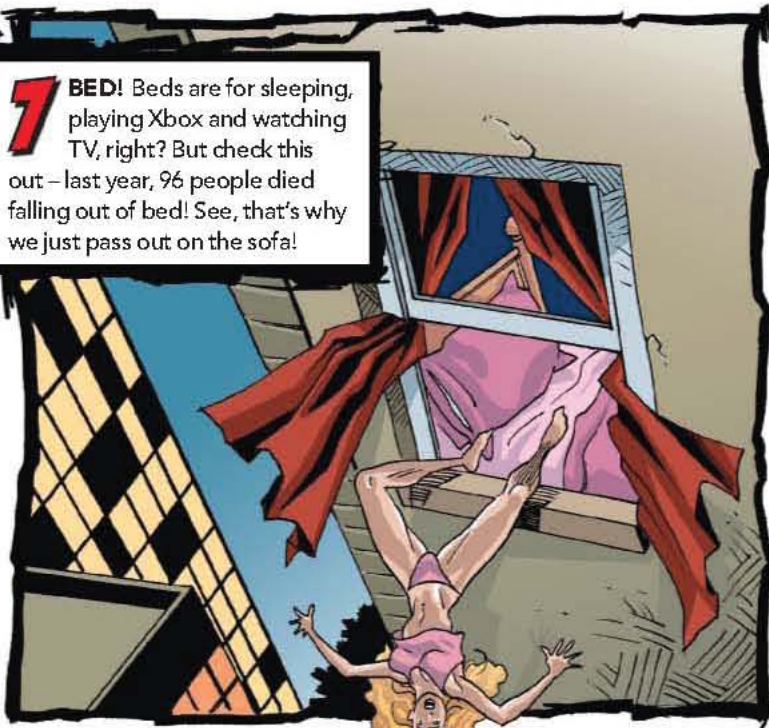


4 THE GARDEN! Almost 70,000 people are injured in British gardens annually, including around 4,000 flowerpot injuries! Luckily, we only go in the garden when the sun comes out!

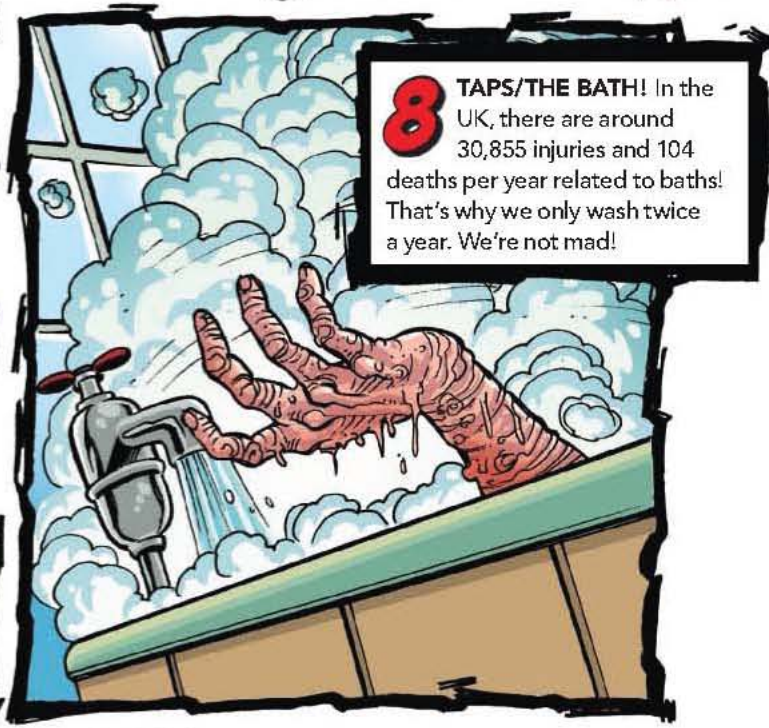


You'll never look at doing the dishes the same way again!

7 BED! Beds are for sleeping, playing Xbox and watching TV, right? But check this out – last year, 96 people died falling out of bed! See, that's why we just pass out on the sofa!



8 TAPS/THE BATH! In the UK, there are around 30,855 injuries and 104 deaths per year related to baths! That's why we only wash twice a year. We're not mad!



2 CHIPS! A quarter of house fires are started by chip pans, and nearly a third of those occur between 10pm and 4am – remember that next time you fancy a post-pub chip butty!



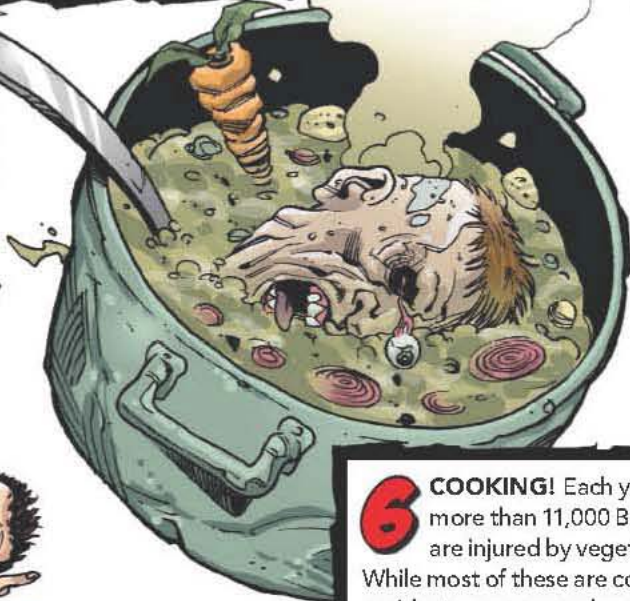
3 WASHING UP! In 2003, a Scottish woman died when she fell on a knife protruding from her dishwasher. Get the Fairy Liquid out and keep it old school is the message here!



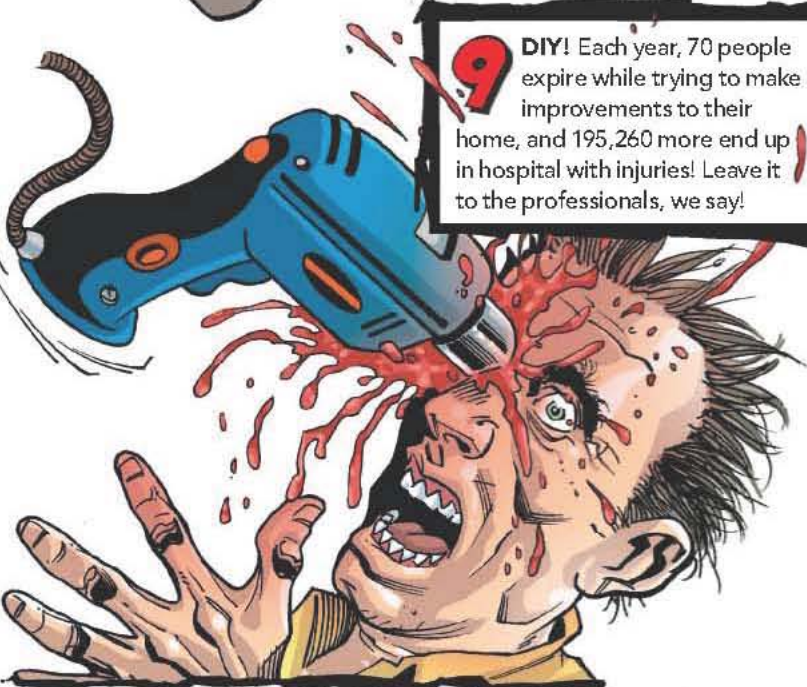
5 TEDDY BEARS! More people are killed by teddy bears than by real grizzlies! Adults usually trip over the toys, which cause around 22 deaths and 140,000 injuries per year!



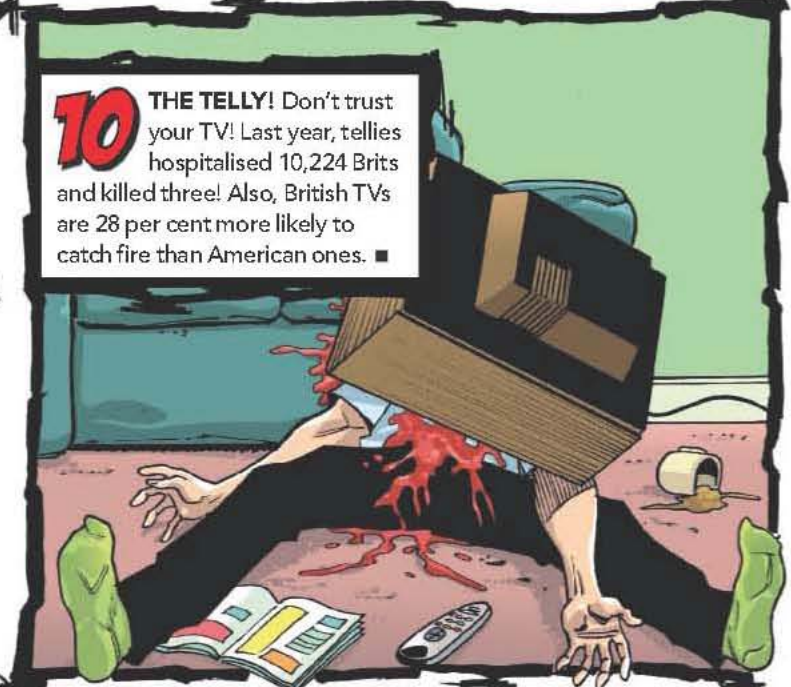
6 COOKING! Each year, more than 11,000 Britons are injured by vegetables. While most of these are cooking accidents, some people use veg as weapons. Each to their own!



9 DIY! Each year, 70 people expire while trying to make improvements to their home, and 195,260 more end up in hospital with injuries! Leave it to the professionals, we say!



10 THE TELLY! Don't trust your TV! Last year, tellies hospitalised 10,224 Brits and killed three! Also, British TVs are 28 per cent more likely to catch fire than American ones. ■



It's BB's

RACHAEL WHITE

You demanded her return, so here she is in all her glory!

When we put Rachael White on our cover a few weeks ago, *Nuts* HQ was flooded with requests from you lot to see more of the *Big Brother* beauty. Well, who are we to say no to our kind readers? Gentlemen, enjoy! ➔



IT'S RACHAEL!



Hi Rachael! You're back by popular demand. How does that feel?

As Corin would say, "I'm lovin' it!" I didn't know my first shoot would be that popular and I'm just so happy to be back. I'm so chuffed a girl like me would be able to sell copies of a magazine! **We're chuffed, too! What have you been up to recently?**

It's just been busy, here there and everywhere, but I'm just enjoying life and having fun. Obviously I went back into the *Big Brother* house a while ago and that kicked it all off again.

Have you now managed to relieve all the "frustration" you built up in the house?

Yes, thank God! I had to wait for someone else to come out of the house so it was a bit of a wait. But I'm definitely relieved now. I don't think he knew what hit him, I still don't think he knows now!

Lucky bloke! You're a hairdresser. What's a good look for a bloke to be rocking at the moment? Everyone's got their own style, so whatever you've got, it has to suit you. I like neat hair.

You popped into the *Nuts* office recently. What did you think? It was much bigger than I expected. Everyone in the *Nuts* office was so funny and nice. I've been to a few offices and *Nuts* definitely had the best atmosphere. It was really nice to meet all the guys and girls working there!

It was nice to see you, too!

What would you like to do for your next sexy shoot?

I'd go on holiday and have it on a beach somewhere! That, or a shoot in bed with lots of sexy lingerie. What I'm wearing today is kind of a rock look, lots of black. But the underwear I normally buy for myself is really colourful, so maybe a big white bed with lots of bright, pretty lingerie!

What do you do in your spare time? Go out with my friends or go round for tea! It sounds boring but I'm craving my friends, I'm missing them! ➔



**"I'd like to do a
lingerie shoot
on a beach!"**





What's the craziest thing you've ever done? Probably *Big Brother!* Going on a TV show and putting yourself out there, all your dignity and modesty go out the window!

Was there anything you were worried about that didn't come out in the end? Yeah, there's a sex tape I made with an ex-boyfriend, and I was worried he'd be bitter or release it for money, but it turned out I could trust him because he didn't sell it.

Crikey! Was it pretty raunchy, then? Well it was only on a mobile, so it wasn't exactly big budget! It was just fun for us two, I don't think anyone else would have really wanted to see it. But I enjoyed it – I like being in front of the camera!

What's been your worst ever date? I went on a date once to Pizza Express – I'm quite low maintenance and I love pizza – and I ordered a really hot one. I thought I could handle it, but I couldn't! I was glugging wine to cool my mouth down, so I got really drunk! I burned my mouth, I was sweating and I was drunk. Not the best first impression. He still called me back, though! Ha-ha!

Have you ever had a "wardrobe malfunction"? I'm always flashing my knickers by mistake because I usually wear comfy little dresses. If I've flashed anyone, I'm sorry!

Have you ever done the walk of shame? Yeah! In the past, I'll have gone out in one outfit, not gone home and realised I had to be at work in an hour. So I'd dash into town, buy a new outfit from Primark for a tenner, then at least nobody knows I've been out all night. Except Primark staff! Ha-ha!

Thanks, Rachael! Finally, how will you make your next *Nuts* shoot even sexier? Oh God... I'm not sure if I want to go fully topless. But I sunbathe topless, so why not? Tell you what, if *Nuts* want me back, we'll talk about it then! ■

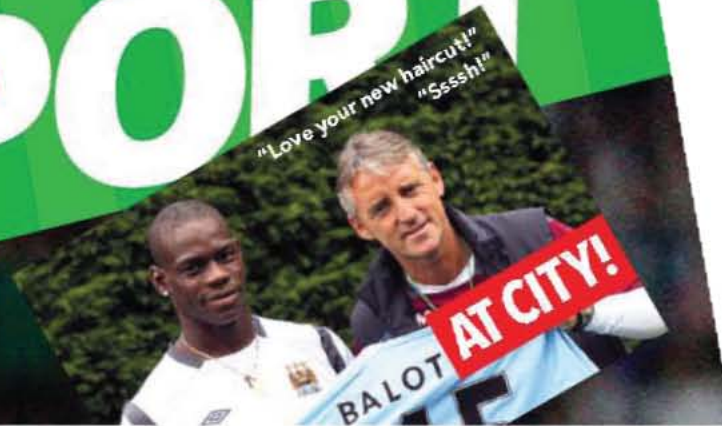
See Ultimate *Big Brother* on Channel 4 and E4 every night

"I wear little dresses, so I always flash my knickers!"



Nuts SPORT

FORGETTING OUR SHINPADS, EVERY WEEK!



Balotelli: 'My passion gets me into trouble!'

Man City's new striker on England, Mancini and Mourinho!

Hi Mario! Why did you decide to move to Man City? There were a lot of teams interested in signing me but once I knew Man City were one of them, it was an easy decision. I wanted to work with the manager here again because I knew he'd help me improve. Roberto Mancini is a great coach and a good man.

You left Inter Milan under a cloud. What was that about? It became clear I had no future in Italy, which is a shame because it's my home and my friends and family are there. But I found the negative atmosphere bad for my soul. Yes, I made mistakes and sometimes I let my emotions overtake me, but I've always tried to act with the best intentions. I'm passionate about football and this can sometimes get me into trouble.

Do you think you were treated badly there? A lot of things were written about me that were completely false. Always, it was bad things about Balotelli - never anything good. They had an image of me that they insisted was true when, in fact, I was different in my private life. I'm young and should be allowed to make mistakes!

You didn't get on with Jose Mourinho, did you? I choose not to speak about him. He's in the past now.

Would you say you're arrogant? I'm confident, yes. All players need to be this way if they want to be the best. I know I have ability, which I think is OK for me to say. I believe I can be one of the top footballers in the world. But I must improve also.

Man City are blessed with a lot of striking talent. Will you be happy sitting on the bench? No footballer would be! I've come here to play. There's no shame in saying this.

Do you think you can cope with the physical rigours of the Premier League? I can't see a problem with this. I believe my game is perfectly suited to English football. There are always chances to score here, which is magical for any striker. In Italy, it was always very tactical.

Finally, what are your ambitions in a City shirt? To be the best. We have many good players and I want to be one of the most important. It'll be a fight but I've fought all my life. I believe the assets I have and my philosophy will help me achieve my goals.



WITH JOSE!

Mad Mario moments!

Here's what you're letting yourselves in for, City...



**ITALIAN
HITMAN!**



HOW TO MAKE FRIENDS!

In 2008, Balotelli politely informed Inter fans that he'd better play in every game – or else! "I don't feel for Inter inside," he said. "If I don't play, I'll leave. It's as simple as that."



UPSETTING COACHES!

Balotelli fell out with Italy U21 coach Pierluigi Casiraghi after missing meetings and staying out late. Casiraghi said, "Seeing a player with his talent acting in this way gets me furious."



SHIRT SHOCKER!

Balotelli once declared his love for AC Milan – while playing for arch-rivals Inter! He told fans, "I'm a Milanista. Didn't you know that?" Later, he appeared on a TV comedy show wearing an AC shirt bearing his name!



MUST TRY HARDER!

Former Inter manager Jose Mourinho once said of Balotelli, "I don't like what he's bringing to the team. It's not the right attitude for a young player. Sometimes he does not know how to use his brain."



SPITTING HIS DUMMY OUT!

After being booed by Inter fans during the club's stunning 3-1 Champions League win over Barcelona last season, Balotelli threw his shirt to the ground and gave them the finger.



HE SHOOTS, HE'S NICKED!

A couple of months ago, Balotelli was stopped by police after firing a toy gun out of a car in Milan city centre. We know you like shooting, Mario, but that's just bonkers!

KAMMYY!



He's footy's funniest pundit - and he's only in *Nuts*!

ONLY IN
Nuts!

"Consider yourself
stealth-bummed!"



Adam's the man to lead England's revival!

Last week, I watched with a smile as Man City's young wing-wizard Adam Johnson tore Liverpool apart on a rainy Monday night.

The reason for that is simply because even before Johnson's move from Middlesbrough to City, I'd discussed the boy with Brian Marwood, the football administrator at Eastlands, and

"He's the kind of player that could ignite the fans!"

we both agreed he was going to be an absolutely wonderful player in the years to come.

Incoming manager Roberto Mancini won't have known much about Johnson, but there's no doubt the Italian thinks he's now one of the most important names on a teamsheet full of expensive signings.

His performance against Liverpool was interesting for a couple of reasons - first, because he outshone new signing James Milner, who arrived at City for a transfer fee almost three times that of

Johnson's, but also because it gave us a glimpse of what we could've witnessed the young winger do in South Africa. If only Fabio Capello had listened to my advice in *Nuts* and put him in the England squad!

With two important qualifiers coming up against Bulgaria and Switzerland, it's vital Fabio selects in-form Johnson, but not in a rigid 4-4-2 formation as we've seen so often. The beauty of Johnson is he doesn't just stick to the touchline like Aaron Lennon or Shaun Wright-Phillips. Much like Chris

Waddle in days of old, Johnson can play on either wing, drift inside stepping over the ball, cross and finish. I'm not saying he's as good as Waddle yet, but he's certainly heading in the right direction, and he's the kind of player who'll ignite England fans who've had to put up with so much recently.

With the Premier League off to a flyer, the hangover from the World Cup can be put to one side now and, Capello aside, we can look to the future with the national team. Adam Johnson could, and should, lead the way!

KAMMY'S UNBELIEVABLE-OMETER™

UNBELIEVABLY GOOD!

GOALS GALORE!

Can you believe the start to the season we've had? Four six-nil wins, goals are flying in, and there's another eight months left. Get in!



UNBELIEVABLY BAD!



THEO BASHING

I couldn't believe Alan Hansen still had a go at Theo Walcott after the winger's hat-trick. My mate Ian Wright set him straight, and I'm in Wrighty's corner!

CHRIS' CRYSTAL BALL!

Chris predicts the week's big games!



1 ENGLAND VS BULGARIA
3 SEPT, 8PM, ITV1/HD

"A must-win game for Capello, and I think England will do it easily. Dimitar Berbatov's retirement from international football just helps the cause!"
KAMMY SAYS: 3-0



ME AND KAMMY CORNER!
Hi Kammy! Me and a few lads met you on our way to Ibiza - you're a legend! Ste, via email



2 ARMENIA VS REP OF IRE
3 SEPT, 4PM, SKY SP 1/HD1

"It's good to see Ireland boss Giovanni Trapattoni getting back to health, and I think Spurs outcast Robbie Keane will take his frustrations out on Armenia!"
KAMMY SAYS: 1-2



3 MONTENEGRO VS WALES
3 SEPT, 6.30PM, SKY SP 3/HD

"How England could do with in-form Welsh winger Gareth Bale! But it's another Ryan Giggs situation, so fair play. I think he'll grab a goal in a win here."
KAMMY SAYS: 0-2

ASK KAMMY!

Hi Kammy!

Do you think Newcastle have what it takes to stay up this year? Andy Carroll's certainly started well!

Tony, Stockton-on-Tees

He has, and he'll do the number nine shirt justice. There's no way Newcastle will go down - their players and fans are too good!



"Can't I get a bigger shirt?"

Kammy needs you!

Send Kammy your jokes, pics and anything else you think might tickle him to kammy@ipcmedia.com. The best one each week will be sent a signed Nuts T-shirt!

CALL OF DUTY[®] BLACK OPS

09.11.10

PRE-ORDER NOW AT **hmv**

SEE THE NETWORK PREMIERE OF THE
CALL OF DUTY: BLACK OPS TRAILER
AT HALF-TIME OF ENGLAND V BULGARIA ON FRI 3 SEP

itv 1



XBOX
LIVE

WWW.CALLOFDUTY.COM

treyarch

ACTIVISION.

© 2010 Activision Publishing, Inc. Activision and Call Of Duty are registered trademarks of Activision Publishing, Inc. All rights reserved. Xbox, Xbox 360, Xbox LIVE, and the Xbox logos are trademarks of the Microsoft group of companies and are used under license from Microsoft. All other trademarks and trade names are the properties of their respective owners. All rights reserved.

XBOX 360

Jump in.

**ONLY IN
Nuts!**

NUTS ABOUT SPORT!

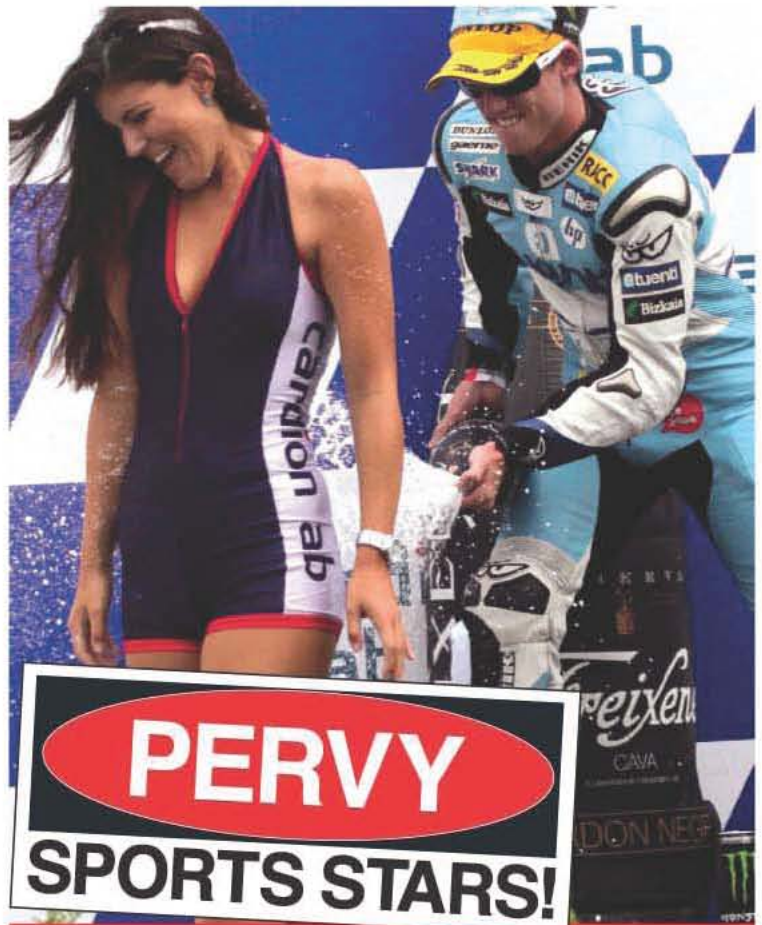
Funny goings-on in the wonderful world of sport!

Send pics, chants etc to tim_bradley@ipcmedia.com



FUNNIEST FANS

► When you watch cricket, don't copy this pitch invader at the third England vs Pakistan Test. He was either drunk – or a glass collector!



PERVY SPORTS STARS!

► You race motorbikes and you're quite good at it, so how do you celebrate winning a Grand Prix? Well, if you're Spaniard Pol Espargaro, you do it by spraying champers all over a tasty lady's bum. Legend!

SPORT ALIKES!



David Blaine



Sheikh Mansour



► If you're a rugby player, take tackling lessons from Anthony Laffranchi of Australia's Gold Coast Titans. No prisoners!



► Apparently, Park Yoon Hee of South Korea is a woman. We just thought she was a wee weightlifter with terrible hair!



► We've said it enough times but if you're going to play rugby, you need to be pretty nails. And South Africa's Flip van der Merwe learned this the hard way, as you can see. Claret all over the place!

RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN
Nuts!

is this how you do it, Ronaldo?"

WINKER!

Next top model?

"So it's hands on hips and one leg out?"

IN THE BALLS!

"Anyone wanna see my sex face?"

"Come on, Ruud, let's go get a pint"

BIG GIRLS!

"Oh no, here it comes!"

WORKING IT!

BEST MATES!

LEAPFROG!

PANTS!

NOSE-PICKER!

FOX AWARD!

"I prefer my shorts a bit tighter - like this!"

"I've got to get it - it's been bothering me all day!"

"I said keep still when I jump!"

"I'd like to thank my manager..."

MAN-LOVE CORNER!

"It's alright, calm down, I'm here... there we go"



FROM BEHIND!



MAKE OUT!

"The lads at City didn't let me kiss them!"



"Hang on, I'm nearly done!"

SPOONING!

WORDS: NICK WATKINS PHOTOS: GETTY, BACKPAGE IMAGES, CLEVA MEDIA, PA PHOTOS, COLORSPORT



THIRSTY?

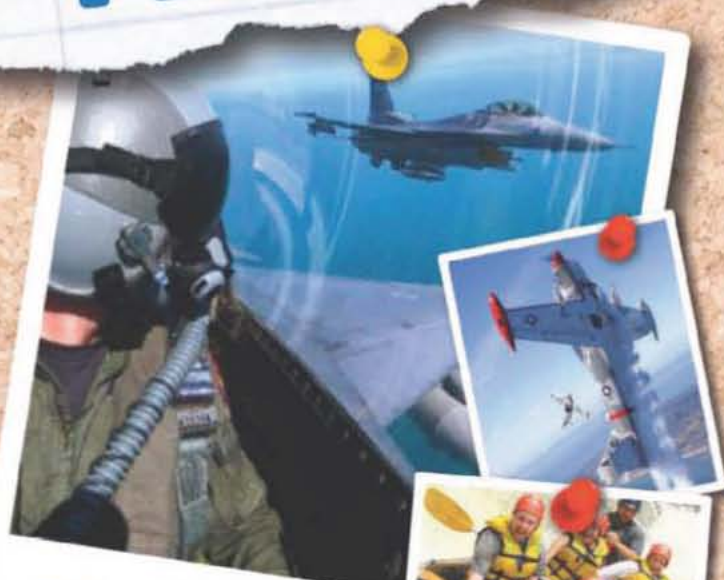
HANDY!

"Crouchy, how do you do that dance again?"

BIC

Your chance to

WIN
A TOP GUN
FLIGHT IN THE
USA



Top Gun Flight



White Water Rafting

Plus claim a **FREE**

Hair-Raising Experience

with **EVERY 2 PACKS** of **BIC³ Sensitive Shavers**

Look out for unique codes printed on promotional packs
Check out www.bicshave.com for more details

Offer closes 30th September 2010.
Terms & conditions apply.



Bungee Jumping



'QUOTE ME ON THAT!'

This week's biggest match debaters!



"It was a great defeat for us"

Really, Harry Redknapp?



"There's an Arsenalisation going on at the Emirates"

Martin Keown makes up his own language.



"The ref was so young he's probably going to play in the Wacky Warehouse after the game"

Paul Merson disses the kids.

"I once pulled out of a deal to sign a player because his wife kept answering my questions"

Was it Posh Spice by any chance, Sam Allardyce?

"I gave Gareth Bale some good tactical advice. I said, 'Stop fking about with your barnet and toughen up'"**

Harry Redknapp's sophisticated tactics seem to work on today's fashion-conscious players.

"My chairman and I are like the Men In Black zapping the aliens together. Bosh. Zap"

Ian Holloway is on another planet - Karl Oyston resigned soon after.



"In the Premier League, hard work is a dirty word"

Two dirty words actually, Mick McCarthy.

"As a striker, Marlon Harewood has got everything. And I mean everything. He's not a finisher, though"

Everything, Marlon!

"Paul Currie got an early goal and like most curries he's come back to repeat it"

Soccer Saturday's Jeff Stelling on the Berwick striker's spicy brace.



"The two players we bought were within our budget, but we pushed the boat out beyond even that budget for them"

That's impossible, Alex McLeish.

'OO-ER SOUNDS A BIT RUDE' CORNER!

"My girlfriend's doing a local football team this week"

That's nice, Theo Walcott.



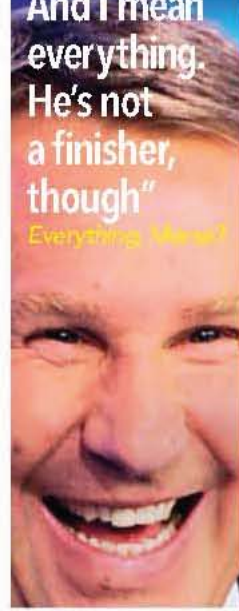
"Jimmy Anderson's having success getting his length right up there"

Sky's David Gower gets saucy.



"Damien Duff is attracted to Darren Fletcher"

Jamie Redknapp goes all gossipy.



ONLY IN Nuts!

ALL NEW STORIES!

Striker

By PETE NASH and SIM

striker3d.com



TERRIFIC STRIKE BY KURT PANZER!

THE WARBURY SKIPPER'S GOAL EARNS A DRAW AGAINST HIGH-FLYING MANCHESTER CITY AND LIFTS THE WARRIORS INTO SECOND PLACE!!

MANCHESTER CITY 1
WARBURY 1



IT'S SHEIKH K'LLIB ON LINE TWO FOR YOU, MR OPENSHAW!

TELL HIM I'M OUT!!



I HEARD THAT, YOU IDIOT!

OPENSHAW'S
OLDE ORIGINAL
PORK SCRATCHINGS
'MAKE A PIG OF YOURSELF!'



OH, HEY UP, SHEIKH - HOW ARE THINGS IN SUNNY ARABIA?



THE TRANSFER WINDOW HAS CLOSED AND YOU HAVE SIGNED JUST ONE PLAYER! EXPLAIN!!



HARDLY ANY OF T' BIG CLUBS HAVE SIGNED ANYONE ON ACCOUNT OF UEFA ORDERING ALL CLUBS TO BALANCE THEIR BOOKS

OUR BOOKS ARE ALREADY BALANCED THANKS TO THE MONEY I HAVE INVESTED. YOU HAD £70 MILLION TO SPEND ON NEW PLAYERS!!

AYE, BUT PERSUADING 'EM TO COME 'ERE IS ANOTHER KETTLE OF MONKEYS. THEY THINK IT WERE A FLUKE THAT WE WON T' CHAMPIONS LEAGUE LAST SEASON SO THEY SIGNED FOR BIGGER CLUBS



YOU JUST SAID HARDLY ANY OF THE BIG CLUBS HAVE SIGNED ANYONE!



HELLO...HELLO? SHEIKH, ARE YOU STILL THERE?

OF COURSE I'M HERE, YOU IDIOT. I AM WAITING FOR YOU TO ANSWER MY QUESTION!

SCRUNCH!!!



I'LL HAVE TO CALL YOU BACK LATER - THERE'S A LOAD OF CRACKLING ON T' LINE

Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES!



BEDROOM BABE!



Lexi 20, Stoke-on-Trent, dental nurse
"What's my sexiest outfit? I reckon it's definitely my suspenders – worn with nothing else!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.



Nuts REAL GIRLS

I've been told
I look like Megan
Fox - I wish!"

TURN TO VOTE FOR OUR
NEXT BEDROOM BABE!



Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

Deal or No Deal top tips!

Deal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one recent winner walked off with £1.4m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the *Deal Or No Deal* TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

Chris B won £456,168 on Deal or No Deal!*

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"



GET UP TO £100 FREE PLAY!*

WINNER IMAGE POSED BY MODEL

GET UP TO £100 FREE PLAY* ON DEAL OR NO DEAL! SIGN UP TODAY AND ENTER PROMO CODE NUTSA35

WWW.NUTSGAMES.CO.UK

TV GAMES INSTANT WIN SCRATCH CARDS BINGO CASINO GAMES

*£10-£100 FREE PLAY FOR NEW PLAY FOR CASH MEMBERS. MINIMUM £10 DEPOSIT REQUIRED - EG DEPOSIT £30 AND WE'LL GIVE YOU £30 FREE PLAY. TO RECEIVE THIS OFFER YOU MUST ACCEPT THE SIGN UP BONUS WHEN REGISTERING. SUBJECT TO TERMS AND CONDITIONS OF THE OPERATOR, AVAILABLE AT WWW.NUTSGAMES.CO.UK. FOR 24-HOUR HELP AND SUPPORT, FREE PHONE 0800 458 0770. OVER-18S ONLY. PLEASE PLAY RESPONSIBLY. WWW.GAMBLEAWARE.CO.UK CLOSING DATE: 9 SEPTEMBER 2010

BEDROOM BABES!

Vote for your favourite - and she'll star in *Nuts*!

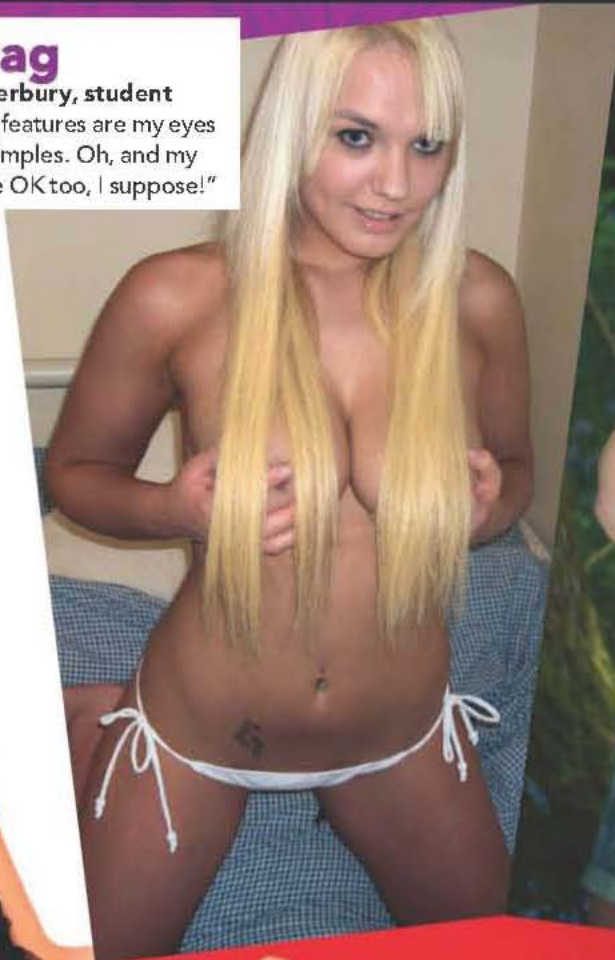
Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

**ONLY IN
Nuts!**

Morag

18, Canterbury, student
"My best features are my eyes and my dimples. Oh, and my boobs are OK too, I suppose!"



Charlii

19, Eastbourne, sales assistant
"A man licked his finger, touched my top and said, 'We should get you out of those wet clothes!'"



Lynsey

25, Carlisle, student
"For a memorable night, I'd answer the door in nothing but heels and see what happened!"



Emma

20, Manchester, sales assistant
"I like my men to have a fit body - so, fellas, join a gym and make sure you go regularly!"



Vote now to see more of your favourite girl!

The winner gets her own *Bedroom Babes* shoot in a future issue of *Nuts*! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

PHOTOGRAPHY: JULIA UNDERWOOD, STYLING: GEORGIA LACEY, HAIR & MAKE-UP: OLIVIA FERRELL

ONLY IN Nuts!

REAL GIRLS, REAL PLACES!

THIS WEEK:

Name: Arizona

Age: 19

Boobs: 32A.

Likes: "Funny boys"

Ever kissed a girl?

"Lots of times!"

Strangest place you've had sex: "On a park bench in China!"

Sex tip: "A nice massage gets me in the mood!"

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 70. You must be at least 18 years old.



Arizona's cheeky guide to Cheltenham

The Nuts bus heads west to meet another cutie!

Arizona on... her home!

"Cheltenham's nice but I live in a bit of a dodgy area! The city centre is good for a night out as there are lots of pubs and clubs and a nice cinema."

Arizona on... nightmares!

"I have terrible nightmares and talk in my sleep. Goodness knows what I say! I work for an insurance company and try to sell insurance in my sleep!"



HELLO!

Arizona on... her assets!

"My boobs are quite small, so I tend to show off my legs and bum when I go out. Boys say I've got a hot figure. I like it. It's a good shape, not too skinny!"

Arizona on... getting ready!

"I can get ready in an hour, which I think is quite quick. I spend more time in the bath thinking about what I'm going to wear than getting ready!"



**Arizona on...
relaxing!**

"I watch TV to relax. I love *EastEnders*, *America's Next Top Model* and the soaps, and I love *Top Gear*. Can you fix it for me to meet the boys?"

"I had sex on a park bench in China!"

**Arizona on...
her shoes!**

"I spend a lot of money on dresses, so when I buy a pair of shoes, they tend to be very expensive and very high. I like being very tall. Tall shoes help!"

**Arizona on...
her diet!**

"I eat lots of ice lollies. I always have a freezer full of Fabs. I don't ever go to the gym and I live on microwave meals because I can't cook a thing!"



Nuts MOBILE

Big Brother babes on your mobile!

Get your favourite pics and vids for just £2 each!



EXCLUSIVE SOPHIE PICS!



SAUCY RACHAEL VIDS!

1 Choose your download and text the KEYWORD to 88888
2 Download your product, sit back and enjoy

Nuts wallpapers and videos cost £2 each. Bill payer's permission and compatible handset required. Age 16+. Standard network and data charges apply. Help: 0870 850 8160 (national rate). You'll receive a link and access to the Nuts download area. T's & C's: www.nuts.co.uk/fmdterms. This is not a subscription service.

PPA MASTHEAD MEDIA BRAND OF THE YEAR 2009

Nuts

4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU Tel: 020 3148 5000 Fax: 020 3148 8107

Email us at: nutsmagazine@ipcmedia.com Website: www.nuts.co.uk

Editor Dominic Smith

Deputy Editor Nick Soldingier 020 3148 6941 PA/Office Manager 020 3148 6948

Editor-At-Large Pete Cashmore 020 3148 6940	Associate Editor - Entertainment Sam Riley 020 3148 6921	Associate Editor - News Rory Buckeridge 020 3148 6917
Associate Editor - Features Mark Spence 020 3148 6952	TV Editor Danielle Graph 020 3148 6944	Deputy News Editor Adam Ralph 020 3148 6950
Art Director Simon Freeborough 020 3148 6934	Associate Art Editor Bamey Hammond 020 3148 6933	Deputy Art Editor Iain Fryer 020 3148 6935
Senior Designer James Jarman 020 3148 6931	Designer Nitish Mandala 020 3148 6930	Fashion Editor Steven Buchan 020 3148 6798
Picture Editor John Gooch 020 3148 6937	Deputy Picture Editor Daffydd Bynon 020 3148 6928	Financial Administrator Dan Brightmore 020 3148 6947
Senior Picture Researcher Andy Seal 020 3148 6927	Picture Researcher Colin Williams 020 3148 6938	Executive Producer - Video Phil Wallis 020 3148 6850
Online Editor Keith Walker 020 3148 6855	Deputy Online Editor Craig Bloomfield 020 3148 6800	Online Picture Editor Adrian Callaghan 020 3148 6851
Production Editor Marc Gadian 020 3148 6915	Chief Sub Editor David Kenning 020 3148 6916	Sub Editor Paul Dimery 020 3148 6922
Sub Editor Mark Coughlan 020 3148 6923	Sub Editor - TV Listings Mike Hall 020 3148 6946	Digital Marketing Manager Sam Wight 020 3148 6780

Thanks to: Tim Bradley (Acting Sports Editor); Rich Jenkins, Frank Tennyson, Nick Watkins, Jimi Famurewa, George Wales, Graham Wray (words); Anthony Teasdale (production); Roger Labrosse (pictures); Ellis O'Brien, Alan McFaden (photography); Jon Buckley (marketing); Tony Bullman (repro)

For work experience enquiries, please contact dan_brightmore@ipcmedia.com

ADVERTISING & PRODUCTION

Group Advertising Director Andy Goldsmith 020 3148 6700	Head Of Agency Sales Rob Freeman 020 3148 6708	Commercial Dev Manager Neil McSteen 020 3148 6707
Group Advertising Director's PA Trisha Shukla 020 3148 6700	Advertising Manager Chris Dicker 020 3148 6709	Regional Business Development Manager Oliver Scull 0161 872 2152
Digital Business Director Andrew Sanders 020 3148 6716	Head Of Insight Andrew Marrs 020 3148 3645	Insight Manager Verity Amos-Piggott 020 3148 6732
Agency Sales Team Victoria Bell 020 3148 6703, Adam Bulleid 020 3148 6704, Hollie-Anne Shelley 020 3148 6725		
Sponsorship & Brand Solutions Director Peter Edwards 020 3148 6723	Sponsorship & Brand Solutions Managers Jonathan Boakes 020 3148 6722, Jade Bousfield 020 3148 6706, Chris Dehaney 020 3148 6724, Rob Hunt 020 3148 6721	Advertisement Production Laurie King 020 3148 6729
Sponsorship & Brand Solutions Project Manager Shanna Barker 020 3148 6726		Classified Ad Sales Director Nicola Jago 020 3148 2608
		Inserts - IPC Innovator John Firth 020 3148 3704

Group Production Manager Becky Goode 020 3148 5429

MARKETING

Head of PR Nicola Woods 020 3148 6779	Syndication Sales Executive Cerie McGee 020 3148 5484	Marketing Manager Mei-Ling Rider 020 3148 6777
---	---	--

PUBLISHING

Chief Executive Evelyn Webster	Managing Director Paul Williams	Publishing Director Jo Smalley	Publisher Clair Porteous
---------------------------------------	--	---------------------------------------	---------------------------------

© 2010 IPC Media Ltd No part of this magazine may be reproduced, stored in a retrieval system or transmitted in any form without prior permission. Nuts may not be sold at more than the recommended retail price shown on the cover. ISSN 1742 8858

A Time Warner company. Repro by Wyndeham Prepress. Printed by Polestar. Distributed by Marketforce.

SUBSCRIPTION RATES One year (51 issues) including P&P:
PRIORITY (Air Mail) UK £86.70; Europe €145; USA \$243; Rest of World £148. Subscription enquiries +44 (0)845 676 7778 (Mon-Fri 9am-9pm UK time). Fax +44 (0)1444 445899. ipcsubs@quadrantsubs.com or NUTS subscriptions, PO Box 272, Haywards Heath, West Sussex, RH16 3FS, England



When you have finished with this magazine please recycle it.

Terms and conditions 1. Competitions are open to UK/Channel Island residents, except employees of IPC Media Ltd and their families or any companies or third parties connected with the competition. 2. There is no cash alternative to the prize. 3. No responsibility will be accepted for any postal or phone network problems experienced. 4. Winners will be notified by post/phone after the closing date. 5. The editor's decision is final. 6. Entry implies acceptance of these rules. 7. While every effort will be made to supply the prize as specified, prizes provided by third parties cannot be guaranteed. 8. No purchase is necessary. 9. Entrants agree to take part in future publicity. 10. Standard network charges apply. Mobile terms: Standard network charges apply. Your handset must be web-enabled. You'll receive a link to the Nuts Real Girls mobile site. You may incur WAP and data charges from your network operator depending on your operator and contract type. For full terms and conditions, visit www.nutsrealgirls.com/about/terms.html. Customer Care 0117 307 9521. This is not a subscription service.

BACK ISSUES For all Nuts back issues, call John Denton Services on 01733 385170, fax 01733 239356

LADIES CONFESS!

100%
REAL
STORIES!

TO OUR SECRETARY!



CONFESSION OF THE WEEK!

'I took a vibrator to the cinema'

My bloke recently took me to the cinema, so in return I thought I'd give him a sexy surprise – by wearing a tiny denim skirt and no knickers to the film. As the lights went down, I guided his hand between my legs. I put my hand down his trousers and felt things were getting a bit excited in his crotch area. I then gave him a sly smile and reached into my handbag for my mini-vibrator. He grinned, turned it on by twisting the base, and placed it on my clit, while my hand worked faster on his shaft. I came as quietly as I could – and then settled back to catch up with the movie!

Sara, Rotherham

'I wanted to taste him'

I've just been to Cornwall for the weekend to watch a surfing competition. My friend and I had gone down there to pull some hot surfers and we both fulfilled that

fantasy! One night in a club, I met a cute guy. I made my move on the dancefloor by giving his balls a squeeze. He took my hand and soon we were snogging in the back alleyway. Quickly whipping on a condom, he pressed me semi-naked against the wall while taking me from behind. I then told

him I wanted to taste him, so I ended up on my knees giving him head, feeling really dirty as I sucked him like a lolly. After five minutes, he moaned loudly and before I could react, he withdrew and came in my hair. We then went back to his camper van for round two and he ended up riding a lot more than waves!

Steph, Torquay

'A threesome was just the job'

I was feeling extremely horny while at work and I knew that one of my colleagues had a real thing for me. So, I decided to take advantage of that fact and gave him a saucy wink from across the room. I popped outside and five minutes later, he was standing there behind the workshop. No one was around so I walked up to him and he grabbed me and started kissing me passionately. He slipped his hand up my short black skirt as I unzipped his trousers. Getting more and more turned on, he picked me up and pushed me against the wall before putting his fingers deep inside me. Just as I was reaching the point of no return, one of our workmates came round the corner with a look of shock on her face. We froze but she just walked over and unbuttoned her top. We all got down to it and couldn't keep our hands off of each other. He came very quickly with two girls all over him, so I've promised him another show!

Natalie, Aberdeen

'We did it at Alton Towers'

Last weekend, my boyfriend and I took a trip to Alton Towers. We hadn't been in years and booked to stay the night beforehand in a nearby hotel so we could get into the park super-early. After spending most of the night having naughty fun in our hotel room, we were both buzzing the next day. The fast rides fuelled our adrenaline and I wanted him again by mid-morning. I even cheekily squeezed his privates while we were queuing for one ride. Afterwards, we decided to have a romantic walk around the castle, right to the top and then we started passionately kissing. He pushed me up against the wall and we kissed again while I undid his trousers. I pulled them down, got down to my knees and gave him head while he grinned with pleasure. He gasped that he was about to come and I steadied myself for his explosive orgasm. Then he quickly pulled up his trousers and we walked back towards the fun, grinning as we passed people on the way. I must say, he was a little unsteady on his feet and bright red in the face – it looked like he'd just come off the scariest ride in the park!

Lauren, Lincoln

Win £50!



Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on p70. The best one each week* wins £50! Come on, girls!

Boardmasters Babes 2010!

Brandy is crowned *Nuts* Bikini Queen in Cornwall!

WORDS: SAM VAN GELDER PHOTOS: ALEX SHORE

Gents, after months of voting at Nuts.co.uk, we can reveal that blonde bombshell Brandy Brewer has been crowned champ of *Nuts* Bikini Babes at Relentless Boardmasters!

At a packed Fistral Beach in Newquay, the local lass beat off 11 other finalists at the UK's premier surf and music festival.

Nuts babe Leah Francis joined fellow celebs on the judging panel as the girls strutted their stuff in front of thousands.

More than 600 hopefuls had applied for the competition and over half a million votes were cast. But on the day, Brandy was the cream of the Cornish crop – and we're sure you'll agree she's a right cracker!



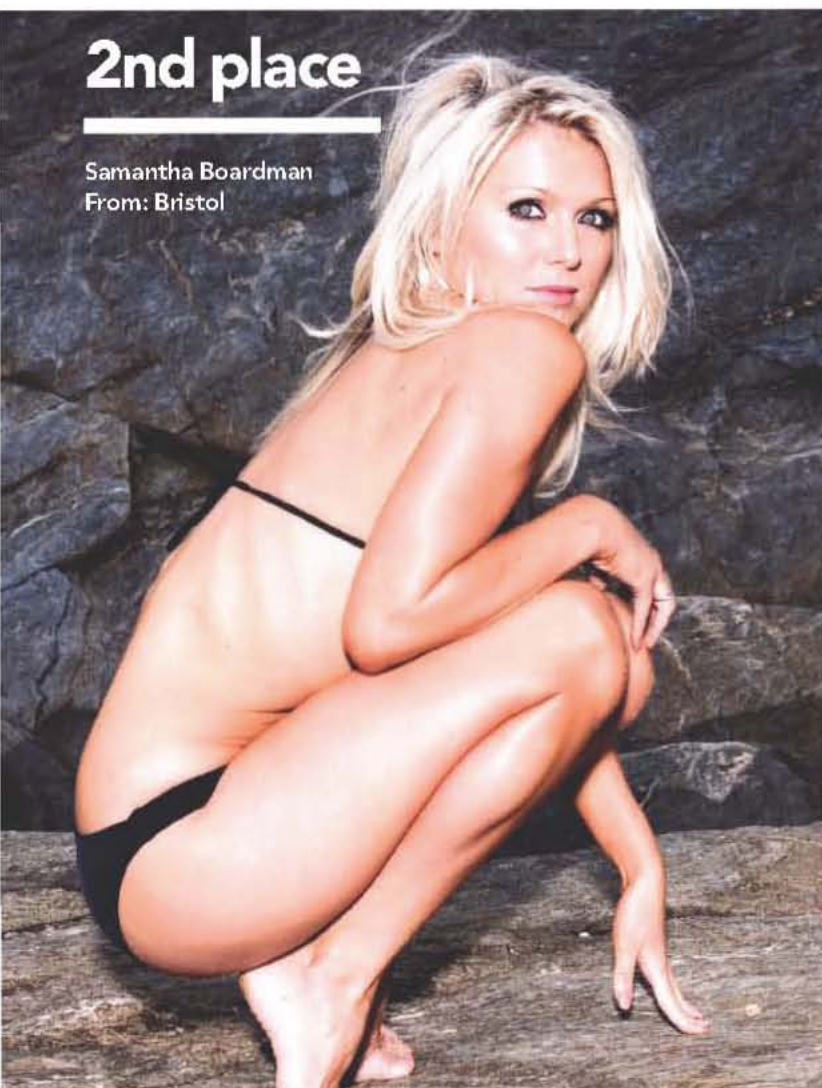
GIRLS GALORE!





3rd place

Sammy Love
From: York



2nd place

Samantha Boardman
From: Bristol



1st place

Brandy Brewer
From: Cornwall

Hi Brandy! How does it feel to win? Amazing! And I'm from Cornwall, so it's even more special! What do you think made you stand out from the other girls? Probably my bum-and-boob shake! All I needed was some maracas and I would've been off! What's the rudest thing you've done on a beach? I'm not a fan of sand – it gets everywhere! But I've got naughty in the sea. Me and my fella took my dad's boat out and got caught having sex by a coastguard! I could've died!

Are you a good girl or a bad girl? I'm in between. In public, people think I'm really sweet and that butter wouldn't melt. But get me on my own and it's a completely different story – I'm really dirty! What's more important in a fella – looks or a sense of humour? A sense of humour. If he has nice hair and teeth, and can make me laugh, he's in with a chance! Finally, have you got a message for the *Nuts* readers? I'd just like to say thanks very much – and if you ever see me out, come over and have a Jagerbomb with me!

Nuts FASHION

Radical rags for street heroes!

Get your skates on!

1. STUSSY £125

The baseball jacket is still on our radar.

2. WESC £17

You can't go wrong with this spot-on T-shirt.

3. CONDEMNED NATION £50

Known for their footwear, their new shirt gets our vote.

4. LUKE £55

Combat shorts should be worn baggy and low – like these.

5. G-SHOCK £100

A loud piece of wrist action in a range of acid colours.

FASHION: STEVE FORDMAN; GROOMING: PHILIPPA; STYLING: VICTORIA

9. NOBIS £23
A modern take
on the classic
baseball cap.

6. O'HANLON
MILLS £28
Looking for an
alternative to an
Eastpak bag?
Look no further.

7. LEVI'S £80
These 504s are
nice and tapered.

8. VANS £40
This classic style is
a wardrobe staple
for the skater set.

10. NIKE £65
If you want to go
for the Yank look,
this jacket's for you.

TOP 5 NEW GROOMING



ORIGINAL SOURCE LIME
AND SWEET CHILLI
SHOWER SPICE £1.99
It's like a cocktail shower
gel in a pouch. Zingy.
Stockist: Boots

MARC JACOBS
BANG EDT £38.50
Bang by name, bang by
nature, this new smell
packs a punch. Stockist:
theperfumeshop.com



SOAP & GLORY FACIAL
MOISTURE BALM £5.99
Part of a smashing new
range, this is well worth
seeking out. Super.
Stockist: Boots

KINGS HAYWARD
SHOWER GEL £2.99
Brand new, this range
changes every season.
We like the shower gel.
Stockist: Boots



L'OREAL HYDRA
ENERGETIC ICE COOL
EYE ROLL-ON £10.99
Like running ice under
your eyes. Fresh.
Stockist: Boots

STOCKISTS: LUKE: WWW.LUKE1977.COM. STUSSY: WWW.URBANDOUTFITTERS.CO.UK. NIKE: WWW.NIKESPORTSWEAR.COM. LEVI'S: 01604 599 735. NOBIS: WWW.NOBIS.CA. CONDEMNED NATION: WWW.FOOTASYLUM.COM. WESC: WWW.WESC.CO.UK. VANS: WWW.VANS.CO.UK. O'HANLON MILLS: WWW.URBANDOUTFITTERS.CO.UK. G-SHOCK: WWW.CASIOONLINE.COM.

Nuts REVIEWS

GAMES!



Ace Combat has four-player online co-op, a first for a handheld dogfighting game

ACE COMBAT: JOINT ASSAULT PSP



If you're the kind of person who likes quoting lines from *Top Gun*, you'll love this dogfighting actioner. It sees you blasting your jet

across the skies of those, er, renowned war zones London, San Francisco and Tokyo, tracking, machine-gunning and missileing enemies. With its stunning visuals and smooth gameplay, it's a guaranteed time-gobbler. ★★★★★



TETRIS PARTY DELUXE NINTENDO DS, WII

Wii Ware This latest version of the perennial puzzler keeps the attention span active with 20 modes, online battles and multiplayer games. It's nothing new but there's a good reason why this endures. ★★★

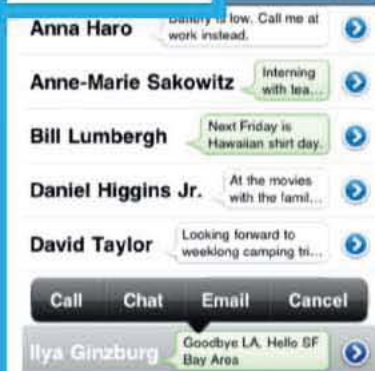


THE INCIDENT IPHONE, IPAD



Fun download where you control a man trying to avoid stuff falling from the sky. He then has to scale the detritus to get to the next level. ★★★

APPS!



WHATSAPP IPAD, IPHONE, IPOD TOUCH, BLACKBERRY, NOKIA S60

A bit like the instant chat feature on Facebook. Get your mates to buy this app when you do, and you'll have free texts all the time! ★★★

IMDB IPAD, IPHONE, IPOD TOUCH

A bible of film and TV knowledge. Just type in the name of a movie, telly show or actor/actress and it'll give you all the information you need. ★★★★★

DVDS/BLU-RAY!



Cusack claims it was the film's title alone that persuaded him to appear in it!

HOT TUB TIME MACHINE CERT 15 DVD & BLU-RAY



Gross-out comedy starring John Cusack, Clark Duke, Rob Corddry and Craig Robinson as four blokes who, after spilling an

illegal energy drink into a hot tub, travel back in time to a ski resort in 1986 as their younger selves, where they proceed to have the time of their lives. Loaded with bad-taste laughs, this is one of the feel-good films of the year! ★★★★★

SHERLOCK CERT 12 DVD & BLU-RAY



Modern update of the classic detective story with Benedict Cumberbatch as Holmes and Martin Freeman as Watson. Top stuff! ★★★★★

CEMETERY JUNCTION CERT 15 DVD & BLU-RAY



Ricky Gervais and Stephen Merchant pen a slow-burner with this coming-of-age tale about three pals growing up in '70s Reading. ★★★

BIG BROTHER'S BIG DVD CERT 15 DVD



Relieve those *Big Brother* withdrawal symptoms with the best moments from a decade of the daddy of reality shows. ★★★★★

MUSIC!



KANO METHOD TO THE MADNESS



The Brit rap fella ropes in the likes of Damon Albarn, Wiley and Hot Chip for an album of eclectic hip-hop with the odd potential chart-worrier. ★★★★★

KATY PERRY TEENAGE DREAM



We'd big up Katy even if she was rubbish, just to keep her making videos. But this is sprightly, summery pop, so we're happy to say, "Yes, please!" ★★★

The latest action-packed releases!

Ratings ★★★★★ Genius ★★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!



Flight Of The Conchords bloke Jemaine Clement appears in the film

DINNER FOR SCHMUCKS CERT 12A

Paul "Role Models" Rudd is desperate for a promotion, so agrees to play his boss' "dinner for idiots" game, where guests bring the dumbest dorks they can find and the biggest buffoon wins!

Cue comedy mayhem as Steve Carell's weirdo – not quite as funny as *The 40 Year Old Virgin's* Andy – is let loose in a surprisingly heartfelt comedy from the director of the *Austin Powers* films. ★★★



THE LAST EXORCISM CERT 15

A con merchant claiming to be a medium gets the fright of his life when he comes up against a satanic possession. Freaky. ★★★



JONAH HEX CERT 15

Josh Brolin slings his gun but even the delectable Megan Fox can't save this messy Wild West tale based on the graphic novel. ★★

"BRUTAL... EVEN BETTER THAN RISE OF THE FOOTSOLDIER"

★★★★★ TalkSPORT Magazine

THE WHOLE TRUTH AND NOTHING BUT THE F**KIN' TRUTH

THE RISE TO POWER OF THE ESSEX BOYS

BONDED BY BLOOD

IN CINEMAS FRIDAY SEPT 3



GET ALL THE LATEST FILM NEWS AT www.revolvergroup.com

Nuts TV

Seven days of brilliant telly for blokes!



6am

7pm

1am

BBC ONE

6.00am Breakfast 9.15 Heir Hunters (R) 10.00 Homes Under the Hammer 11.00 To Buy or Notto Buy (R) 11.30 Cash in the Attic (R) 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Diagnosis Murder (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.30 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC TWO

6.00am CBeebies 8.00 CBBC 11.25 **FILM** Odd Man Out: Classic dramastarring James Mason as a wounded IRA gunman seeking shelter in Belfast. 1.15pm Ready Steady Cook (R) 2.00 Wanted Down Under (R) 3.00 Put Your Money Where Your Mouth Is (R) 3.45 Flog It! (R) 4.30 Pointless 5.15 Escape to the Country (R) 6.00 Eggheads 6.30 Restoration Roadshow

itv 1

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Dinner Date 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal (R) 3.00 The Michael Ball Show 4.00 Inspector Morse (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

7.00 **The One Show**
7.30 **Animal 24/7**
A puppy is treated for a broken leg. The missus will be in floods.
8.00 **EastEnders**
"Gor blimey, guv'n or! Turn it off!"
8.30 **The Inspector Lynley Mysteries**
Lynley investigates when a youngster is found drowned in a lake. (R)
10.00 **BBC News, Weather**
10.35 **Would I Lie to You?**
More colourful porkies from David Mitchell, Lee Mack and Rob Brydon.
11.05 **The National Lottery Draws**
11.15 **Grosse Pointe Blank**
FILM Brilliantly black comedy thriller starring John Cusack as a hitman whose latest job leads him back to his high-school reunion.

7.00 **Who Do You Think You Are?**
Jason Donovan works out whether he's from convict stock. Ripper! (R)
8.00 **Mastermind**
Mind-melting quiz show.
8.30 **Gardeners' World**
Green-fingered gubbins. Not for us.
9.00 **Home Movie Roadshow**
The sort of tedious footage you'd see round your gran's. No, ta.
10.00 **Roger and Val Have Just Got In**
Roger sends an embarrassing email to all his colleagues. We've all been there.
10.30 **Newsnight**
11.00 **The Review Show**
Including a look at Josh Brolin's cowboy caper, *Jonah Hex*.
11.50 **Reading Festival 2010**
Highlights of the rock festival, including Guns N' Roses, Arcade Fire and Queens of the Stone Age.

7.00 **Emmerdale**
You could watch this, or you could get a spot in the pub for the footy. What's it going to be?
7.30 **International Football**
MUST-SEE Lordy, here we go again. It only seems like yesterday that Fabio's flops were crashing out against Germany, but qualification for Euro 2012 starts here, against Bulgaria at Wembley. They might not be able to call on Berbatov any more, but the Bulgarians are probably the biggest threat in Group G, so this is one England need to win. Kick-off 8pm.
10.10 **ITV News, Weather**
10.45 **International Football Highlights**
SPORT All the action from earlier, in case you missed it.
11.45 **Cops with Cameras**
Officers target the home of a suspected drug dealer in west London. (R)
12.40am **The Zone**

1.00am Sign Zone: Who Do You Think You Are? (R) 2.00 DNY SOS (R) 3.00 Ben Fogle's Escape in Time (R) 3.45-6.00am BBC News

1.20-2.50am **FILM** The Haunted House of Horror: Gory chiller starring Frankie Avalon, Jill Hayworth and Dennis Price.

2.40 **FILM** Alien Siege: Sci-fi thriller starring Brad Johnson, Erin Ross and Carl Weathers. 4.10-5.30am ITV Nightscreen

REGIONAL VARIATIONS
BBC1 SCOTLAND: 7.00pm SportsScene 9.30 EastEnders BBC2 SCOTLAND: 7.00pm The One Show 7.30 Animal 24/7 BBC2 NORTHERN IRELAND: 7.00pm **SPORT** Ulster Rugby BBC2 WALES: 7.00pm **SPORT** Scrum V 9.00 **SPORT** Sport Wales 9.30 Home Movie Roadshow **STV**: 7.30pm Postcode Challenge 8.00 Midsomer Murders 10.45 **SPORT** STV Sports Centre: Friday Night Football 11.45 Dickinson's Real Deal 12.10am Brain Box 1.00 Nightwatch with Steve Scott: Emergency 2.00-5.30am The Nightshift **ULSTER**: 11.45pm UTV Rewind 12.00am Brain Box 2.30am UTV Rewind

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 The Rugby Club (HD)
10.00 NRL Fulltime
10.30 Championship Rugby League
12.30pm The Rugby Club (HD)
1.30 Premier League World (HD)
2.00 Transworld Sport
3.00 The Rugby Club (HD)
3.55 **LIVE** Football
6.00 Football League Weekend
7.00 Premier League World (HD)
7.30 **LIVE** Football: Slovenia take on Northern Ireland in this Euro 2012 qualifier, kick-off 7.45pm.
10.00 Take It Like a Fan
10.30 International Football
12.00am Take It Like a Fan
12.30am Football
3.00 Take It Like a Fan
3.30 Football League Weekend
4.30-6.00am International Football

sky SPORTS 2

6.00am Aerobics
6.30 Ocean Ride
7.00 WWE: Raw (HD)
9.00 FEI Equestrian World
9.30 IAAF Athletics Weekly
10.00 Transworld Sport
11.00 Aerobics
11.30 Racing News
12.00noon IAAF Athletics Weekly
12.30pm ATP Tour Uncovered
1.00 US Open Tennis (HD)
4.00 **LIVE** Tennis: Day five action from Flushing Meadows, as the US Open continues in New York Tonight sees the men's second round come to a close, as the women kick-off round three (HD)
12.00am **LIVE** Tennis: The fifth day's play of the US Open continues. (HD)
4.00am World Sport
4.30 Tight Lines
5.30-6.00am Ocean Ride

ON DIGITAL, SATELITE

FILM4 (315)
6.35pm Logan's Run: Sci-fi adventure starring Michael York and Jenny Agutter. In the year 2274, everyone over the age of 30 must die. 8.55 Scott Pilgrim Spedal 9.00 Cloverfield: Monster thriller starring Michael Stahl-David. A young New Yorker with a camcorder films events as he and his friends react to a shocking catastrophe in the city. 10.35 Date Movie: Spoof of romantic comedy with Alyson Hannigan and Adam Campbell. 12.10am Hero: Martial arts adventure starring Jet Li. 2.05-3.55am Faintheart: Romantic comedy starring Eddie Marsan.
ESPN 6.45pm French Rugby 7.15 ESPN Kicks Extra 7.30 Press Pass 2010 8.00 **LIVE** Football 10.00 Football 11.45 UFC Unleashed 12.45am MMA 1.30 30 for 30 2.30 French Rugby 3.00 UFC 4.00-6.00am Boxing

TV PICK OF THE WEEK!

FRIDAY!
Stevie's stars!
England vs Bulgaria, ITV1, 7.30pm
The sulking and recriminations are over as England start their qualifying campaign for the European Championships. Come on!

4

6.10am Sali Mali (R) **6.15** The Hoobs (R) **7.05** Big Brother's Little Brother **7.35** Ultimate Big Brother (R) **8.45** Frasier (R) **9.15** **ITV4**: Hoot: Family comedy starring Logan Lerman. **11.00** Friends (R) **12.00noon** Channel 4 News Summary **12.05pm** Brothers & Sisters **1.00** Jamie at Home (R) **1.35** **ITV4** Big Business: Comedy starring Bette Midler. **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons **6.30** Hollyoaks

7.00 News **7.25** 4thought.tv **7.30** Who Do You Think You Were? Neil Clarke uses hypnosis in an effort to remember things about a past life. Loo.

8.00 A Place in the Sun: Home or Away Cornwall or France? Decisions, decisions.

9.00 Ultimate Big Brother What have the "classic" housemates been up to today? Working out how to spend their massive appearance fees, probably.

10.00 Pete Versus Life **MUST-SEE** Pete lands himself a decent job. Nice one!

10.35 Ultimate Big Brother Davina McCall talks to the latest reject.

11.25 Tim Minchin: Live The piano-based stand-up's live show. Ivory-tickling has never been funnier!

1.30am Music on 4: The Album Chart Show **2.00** Ultimate Big Brother: Live **3.35** This Week's 4Music Top 20 **5.25-6.05am** Countdown (R)

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Miami (R) **12.40pm** Five News **12.45** The Hotel Inspector (R) **1.45** Neighbours **2.15** CSI: NY (R) **3.05** **ITV4** Expecting a Miracle: Family drama starring Jason Priestley and Teri Polo. A childless couple experience a miracle after they get stranded in a small Mexican village. With Cheech Marin. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Panda Week with Nigel Marven **6.25** Live from Studio Five

7.00 Five News at 7 **7.30** Zoo Days Two new cheetahs arrive at Chester Zoo. Good, if you're into cheetahs. (R)

8.00 Police Interceptors Officers try to track down the thieves responsible for robbing a supermarket.

9.00 The Mentalist The severed hand of a casino owner turns up on the Nevada border. Yikes! (R)

10.00 Law & Order: Special Victims Unit A rapist begins to escalate his crimes. Not a nice man. Not one bit.

11.00 CSI: NY A jewellery valuer is murdered at an auction. As if that wasn't enough, the man in the frame is a Neo Nazi! (R)

11.55 Cops in Crisis Bobbies put their lives on the line. (R)

12.15am SuperCasino

4.05 House Doctor (R) **4.30** **SPORT** Motorsport **4.55** Animal Rescue Squad **5.10** The New Tomorrow (R) **5.35-6.00am** Michaela's Wild Challenge

sky1

6.00am The Real A&E (R)(HD) **7.00** Crash Test Dummies (R)(HD) **8.00** Brainiac: Science Abuse (R) **9.00** Oops TV (R) **9.30** Oops TV (R) **10.00** Missing Mums: Lorraine Kelly Investigates (R) **11.00** Wedding SOS (R)(HD) **11.30** New Parent Nightmares (R)(HD) **12.00noon** The Real A&E (R)(HD) **1.00pm** Malcolm in the Middle (R) **2.00** Liza and Huey's Pet Nation (R)(HD) **3.00** Stargate SG-1 (R)(HD) **5.00** **SPORT** WWE Superstars **6.00** Oops TV (R)(HD) **6.30** The Simpsons (R)(HD)

7.00 The Simpsons Homer forgets his and Marge's anniversary. D'oh, indeed. (R)(HD)

7.30 The Simpsons Marge opens a women-only gym. (R)

8.00 The Middle Frankie is about to make her first sale, when the car is pinched. (R)(HD)

8.30 Must Be the Music The warbling hopefuls reach the semi-final stage. (R)(HD)

9.45 Must Be the Music - Meet the Semi-Finalists A preview of the acts in the second semi-final. (R)(HD)

10.30 Lie to Me Cal investigates the case of a runaway teenager who has become involved in pornography. (R)(HD)

11.30 Football's Greatest **SPORT** Running the rule over the best players in the world. When's the Heskey episode on? Oh. (R)

12.40am Bones The Grave Digger goes on trial for her crimes. Hooray! (R)(HD)

1.40 Road Wars (R)(HD) **2.30** Street Wars (R) **3.30** The 4400 (R)(HD) **4.20** Top Design (R)(HD) **5.10-6.00am** Sell Me the Answer (R)

TODAY'S MUST-SEES

"Just you wait til I get you in the showers, gorgeous"



England vs Bulgaria

ITV1, 7.30pm

SPORT The chance for England's World Cup flops to make amends for said flopping starts here, against a Bulgaria side without Dimitar Berbatov. Ripe for the taking, surely? ★★★★★



Pete Versus Life Channel 4, 10pm

COMEDY Bumbling sports journalist Pete finally lands on his feet when he nets himself a great new job. Sadly, it's not long before it all goes belly-up in typically side-splitting style. Second series please, Channel 4! ★★★★★

DLITE AND CABLE TV TONIGHT

COMEDY CENTRAL (126) **7.00pm** The King of Queens **8.00** Scrubs **9.00** South Park **10.00** Dara O Briain: Live at the Theatre Royal **11.20** Comedy Central at the Comedy Store **11.50** South Park **1.50am** Two and a Half Men **2.50** Grouchy Young Men **3.30** Comedy Central at the Comedy Store **3.50** South Park **4.15** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115) **7.00pm** Top Gear: The presenters build their own motorhomes. **8.00** The Real Hustle: Celebrity Scammers **9.00** Little Britain **9.30** The King Is Dead **10.00** EastEnders **10.30** The Real Hustle: Celebrity Scammers **11.05** Family Guy **11.50** The King Is Dead **12.20am** Ideal **12.50** Young, Dumb and Living Off Mum **1.50** Little Britain **2.20** The Real Hustle: Celebrity Scammers **3.50** Young, Dumb and Living Off Mum **4.50-5.25am** Ideal

E4 (136) **7.00pm** Hollyoaks **7.30** Friends **9.00** Supernanny **10.05** Wife Swap **11.05** Rude Tube: Including Keyboard Cat. **11.25** Big Brother's Big Mouth **12.30-6.00am** Ultimate Big Brother: Live

DAVE (111) **7.00pm** The Gadget Show **7.30** James May's 20th Century **8.00** Dragons' Den **9.00** QI **10.20** Little Britain **11.45** QI **1.05am** Never Mind the Buzzcocks: Comedy music quiz. **1.45** The League of Gentlemen **2.15** Lead Balloon **2.45-3.00am** **SPORT** Radical Highs

MTV (350) **7.00pm** My Life as Liz **8.00** MTV Unplugged **9.00** Ibiza Rocks 2010: Florence and the Machine **10.00** Storytellers: Foo Fighters **11.00** World Stage **12.00am** South Park: Rude cartoon fun. **3.00-6.00am** All the Hits

CHANNEL ONE (121) **7.00pm** Star Trek: Voyager **8.00** Warehouse 13 **9.00** Star Trek: Enterprise **10.00** Supernatural **11.00** Star Trek: Enterprise **12.00am** Challenge Jackpot **3.00am** Brit Cops: Frontline Crime **UK 4.00-5.00am** Street Crime UK

SYFY (129) **7.00pm** Legend of the Seeker **8.00** Human Target **10.00** **ITV4** Derailed: Action adventure starring Jean-Claude Van Damme and Laura Elena Harring. **11.40** **ITV4** War Wolves: Horror starring Michael Worth. **1.40am** Mysterious Ways **3.00** Legend of the Seeker **4.00** Smallville **5.00-6.00am** Angel

FX (164) **7.00pm** NCIS: Triple-bill. **10.00** Dexter **11.05** Burn Notice **12.05am** Farscape **1.05** Babylon **5.20** ReGenesis **3.05-4.05am** Water Rats

POKER in the park 10 2008 **FREE!**

Play Staci - Live in the Nuts Poker Tournament!

Thu Sep 2, 16:30
Fri Sep 3, 12:30
Leicester Sq, London

www.pokerinthepark.com

TV LISTINGS DANIELLE GIBB; PREVIOUS: PETE CASHMORE; GEORGE WALES PHOTOS; BETTY

6am

7pm

1am



6.00am Breakfast **10.00** Saturday Kitchen Live **11.30** Whatto Eat Now (R) **12.00noon** BBC News, Regional News, Weather **12.15pm** **SPORT** Football Focus **1.00** Bargain Hunt Famous Finds (R) **1.30** Cash in the Celebrity Attic (R) **2.15** **FILM** Father of the Bride: Comedy starring Steve Martin. **3.55** **FILM** Snow Dogs: Comedy starring Cuba Gooding Jr and James Coburn. **5.25** BBC News, Regional News, Weather **5.50** **FILM** Outtake TV **6.20** **FILM** Wallace & Gromit in The Curse of the Were-Rabbit: Animated adventure.

7.40 **The National Lottery's Big Night**
A pointless awards ceremony celebrating lottery-funded projects. Move along.

8.45 **Casualty**
NEW It's a brand new series, which kicks off with a super long episode. Our cure for this dull TV show? The boozier, now!

10.15 **BBC News, Weather**

10.35 **Live at the Apollo**
Russell Howard and Jo Brand perform. (R)

11.20 **The Football League Show**
SPORT All the goals and highlights from the Championship and beyond. Enjoy.

12.20am **Color of Night**
FILM Really old psychological thriller, starring Bruce Willis.

2.20-6.00am BBC News



6.00am CBeebies **7.00** CBBC **12.00noon** BBC Switch: Degraasi: The Next Generation **12.25pm** No Hats, No Trainers **12.50** **NEW** Shelfstackers **1.15** The 5:19 Show **1.30** Single, Together, Whatever (R) **2.00** Revealed **2.15** Escape to the Country (R) **2.45** Coast (R) **2.55** **FILM** Two Men Went to War: Second World War comedy starring Kenneth Cranham. **4.40** Dad's Army (R) **5.10** **FILM** The Heroes of Telemark: Second World War action drama starring Richard Harris.

7.15 **Rigoletto Live from Mantua - Act One**
Opera. No, really, it's opera.

8.30 **Coast**
A repeat of a show we didn't watch first time around for good reason. It's poop. (R)

9.00 **BBC Proms 2010**
Orchestral music. We'll get our coats.

11.10 **Vexed**
This is the final part of the series and the duo are sent to investigate an abduction. Note to the producers of this show. Must try harder. (R)

12.10am **Grandma's House**
A depressed Simon is having a life crisis. We're having a crisis about this show. (R)

12.40 **Russell Howard's Good News**
Russell offers his perspective on the big stories making the news.

1.10-2.40 **FILM** Tapeheads: Offbeat comedy starring John Cusack and Tim Robbins.



5.30am ITV News **6.00** GMTV **9.25** The Crocodile Hunter Diaries (R) **10.25** Children's Hospital (R) **10.55** Monk (R) **11.55** News, Weather **11.59** London Weather **12.00noon** This Morning: Saturday **1.00pm** The Planet's Funniest Animals (R) **1.25** **FILM** Moonraker: James Bond adventure starring Roger Moore and Lois Chiles. **3.45** Midsomer Murders (R) **5.45** Regional News, Weather **6.00** ITV News **6.15** You've Been Framed! (R) **6.45** Odd One In

7.30 **The X Factor**
MUST-SEE Need another reason to tune in tonight other than to stare at the uber fit Tweedy? How about guest host Katy Perry. Sold!

8.45 **The Bourne Ultimatum**
MUST-SEE This is the first time this edition of Bourne has been on the TV, so tune in for an absolutely cracking piece of spy action.

10.45 **ITV News, Weather**

11.00 **Blood Work**
FILM Crime thriller directed by and starring Clint Eastwood.

1.00am The Zone **3.00** October Road (R) **3.50** Raines (R) **4.35-5.30am** ITV Nightscreen



6.10am The Hoobs (R) **6.35** **SPORT** World Sport **7.00** **SPORT** The Grid **7.25** **SPORT** British Formula 3 International Series **7.55** **SPORT** The Morning Line **8.50** T4: The Hollyoaks Music Show Playlist **9.15** Friends (R) **9.45** Ugly Betty (R) **10.45** Ultimate Big Brother (R) **12.25pm** Friends (R) **12.55** Scrubs (R) **1.25** **SPORT** That Paralympic Show **1.55** **LIVE** Channel 4 Racing: Live coverage of races from Haydock Park, Kempton Park and Thirsk. **3.55** Come Dine with Me Down Under **6.30** News **6.55** 4thought.tv

7.00 **102 Minutes That Changed America**
Harsh documentary showing footage and audiotape recorded by New Yorkers when the terrorist attacks happened on 9/11. (R)

9.00 **Ultimate Big Brother**
How brilliant has this been?

10.00 **My Funniest Year: 2000**
MUST-SEE A mix of stand-up comedy, guests and archive footage. Rufus Hound is funny.

12.05am **Music on 4: V 2010: The Best of the Festival**
Highlights include Florence and the Machine, Kasabian, Kings of Leon, Scouting for Girls and Stereophonics.

1.10 Ultimate BB: Live **2.45** Dispatches: Britain's Secret Slaves (R) **3.40** What About Brian **4.25** Beauty and the Geek (R) **5.10-5.55am** Countdown (R)



6.00am Milkshake! **10.00** **SPORT** Red Bull Air Race (R) **11.00** The Gadget Show (R) **12.00noon** Europe's Super Port: Megastructures (R) **1.00pm** Nature Shock: Killer Squid (R) **2.00** **FILM** Ten Wanted Men: Western starring Randolph Scott and Richard Boone. **3.35** **FILM** The Law and Jake Wade: Western starring Robert Taylor. **5.10** **FILM** Gremlins 2: The New Batch: Horror comedy fantasy sequel starring Zach Galligan and Phoebe Cates.

7.20 **Five News**
7.25 **NCIS**
The team investigate when a marine helicopter is discovered abandoned in a crop circle. This should be interesting. (R)

8.15 **NCIS**
The rape and murder of a woman revives harrowing memories for Ducky. (R)

9.10 **CSI: Crime Scene Investigation**
An actor becomes the victim of an axe murderer. That's showbusiness. (R)

10.10 **CSI: Crime Scene Investigation**
An employee's severed head is discovered at a bowling alley. Strike! (R)

11.10 **CSI: Miami**
The CSIs investigate the murder of a wealthy couple. (R)

12.05am **SuperCasino**

4.05 Wildlife SOS (R) **4.55** The Family Recipe **5.00** Hana's Helpline **5.10** Milkshake! Show **5.35** Thomas & Friends **5.50-6.00am** Roary the Racing Car

REGIONAL VARIATIONS
BBC2 SCOTLAND: 6.45-7.15 Edward Morgan: Love and a Life **BBC2 NORTHERN IRELAND:** 6.45-7.15 Gardeners' World **BBC2 WALES:** 6.45-7.15 Gardeners' World **STV:** 11.00pm Drama Trails **12.00** n't Brain Box **1.00am** **FILM** Anything Else.

Woody Allen comedy starring Jason Biggs and Christina Ricci. An aspiring comedy writer's life is made miserable after he falls in love at first sight with a kooky and neurotic young woman. With Woody Allen, Danny DeVito, Stockard Channing.

2.50-5.30am The Nightshift **ULSTER:** 10.59pm Pollen Count **11.00** TV's Naughtiest Blunders **12.00** n't Brain Box **2.35-3.00** Countrywise

TODAY'S SPORT



6.00am Aerobics
6.30 **LIVE** ITM Cup Rugby Union: It's a bumper day of rugby, as Northland take on Southland, kick-off 6.30am. (HD)
8.30 **LIVE** ITM Cup Rugby Union: North Harbour vs Waikato, kick-off 8.35am. (HD)
10.30 US Open Tennis (HD)
12.00noon **LIVE** European Tour Golf: Day three of the European Masters. (HD)
4.00pm **LIVE** Rugby League: Hull FC vs Leeds Rhinos, kick-off 4.30pm. (HD)
6.30 **LIVE** Rugby League: St Helens vs Castleford Tigers, kick-off 6.45pm. (HD)
9.00 **LIVE** Saturday Fight Night: Roman Martinez takes on Ricky Burns for the WBO Super Featherweight title. (HD)
11.00 Rugby League (HD)
1.00am Saturday Fight Night (HD)
3.00 Saturday Story (HD)
5.00 Take It Like a Fan
5.30-6.00am Champions League (HD)



6.00am Football League Weekend
7.00 Take It Like a Fan
7.30 International Football
9.00 Champions League Weekly (HD)
9.30 Take It Like a Fan
10.00 Soccer AM
12.00noon **LIVE** Football League: League One action from Stadium: MK in Milton Keynes, as MK Dons take on Hartlepool, kick-off 12.15pm. (HD)
2.30pm US Open Tennis (HD)
4.00 **LIVE** US Open Tennis: Coverage of the opening session on day six at Flushing Meadows. (HD)
12.00 n't **LIVE** US Open Tennis: Another dose of late-night tennis, as both the men's and women's draws approach the fourth round stage. (HD)
4.00am NFL: Total Access
5.00 World Sport
5.30-6.00am IEX Magazine

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.50pm Entrapment: Crime thriller starring Sean Connery and Catherine Zeta-Jones. **9.00** Shallow Graves: Thriller starring Ewan McGregor **10.50** The Sin Eater: Supernatural horror, starring Heath Ledger. **12.55am** Boys Don't Cry: Fact-based drama starring Hilary Swank. **3.10** Frightfest Special: The Last Exorcism **3.15-3.25am** Scott Pilgrim Special

COMEDY CENTRAL (126)
7.00pm Rules of Engagement **8.00** Two and a Half Men **9.00** Lee Evans: Big - Live at the O2 **10.10** Michael McIntyre:

ESPN **7.00pm** DTM Racing **8.15** International Football **10.00** Premiership Rugby Union **1.00am** UFC: Unleashed **2.00** **LIVE** Major League Soccer **4.00** This Week in Baseball **4.30-5.45am** DTM Racing

LIVE & Laughing 11.30 **FILM** Anger Management: Comedy with Jack Nicholson. **1.30am** Comedy Central at the Comedy Store **2.00** South Park **3.00** Two and a Half Men **3.55** The King of Queens **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)
7.00pm Doctor Who **7.45** Top Gear **8.45** Great TV Mistakes **10.45** Family Guy **11.55** American Dad! **12.15am** Edinburgh Comedy Fast Live **1.15** Great TV Mistakes **3.15** Young, Dumb and Living Off Mum **4.15-5.15am** Edinburgh Comedy Fast Live

E4 (136)
7.00pm The Big Bang Theory **7.30** How I Met Your Mother: American comedy. **7.55** Friends **9.00** **PREMIERE** Joy Ride: Premiere. Thriller starring Steve Zahn. **11.00** **FILM** Take the Lead: Fact-

based drama starring Antonio Banderas. **1.15-6.00am** Ultimate Big Brother: Live

DAVE (111)
6.00pm Dragons' Den **8.00** James May's Big Ideas **9.00** Little Britain USA **10.10** Little Britain **11.35** Little Britain USA **12.45am** Little Britain **1.25** The League of Gentlemen **2.00** Lead Balloon **2.30-3.00am** Chandon Pictures

MTV (350)
1.00pm The Hills **8.00** Plastic Surgery Obsession: VH1 News Presents **9.00** Jersey Shore **11.00** Isle of MTV 2010 **12.00** n't World Stage **1.00am** Ibiza Rocks 2010: Florence and the Machine **2.00** Ibiza Rocks 2010: Dizzee Rascal **3.00-6.00am** All the Hits

CHANNEL ONE (121)
7.00pm Most Shocking **8.00** Trawlers, Rigs & Rescue: North Sea **9.00** Shooting

sky1

6.00am Brainiac: Science Abuse (R)(HD)
7.00 Crash Test Dummies (R) **8.00** Oops TV (R)(HD) **9.00** **SPORT** Football's Next Star (R)(HD) **10.00** **SPORT** Soccer AM **12.00noon** Fat Families (R)(HD) **1.00pm** Pineapple Dance Studios (R)(HD) **2.00** Project Runway (R) **3.00** Bill Bailey's Birdwatching Bonanza (R)(HD) **4.00** Liza and Huey's Pet Nation (R)(HD) **5.00** Vet Adventures (R)(HD) **6.00** The Simpsons (R) **6.30** The Simpsons (R)

7.00 The Simpsons

Bart and Lisa are convinced they have killed Martin. (R)

7.30 Glenn Martin, DDS

Glenn is elated when Wendy wins the star kicker spot on the high-school's American football team. Nope, we've no idea who these people are either. (HD)

8.00 Oops TV

More people falling over, who just happen to have been caught on camera doing so. (R)(HD)

9.00 Notting Hill

FILM Romantic comedy starring Julia Roberts and Hugh Grant. We think that's all the information you need to make a just decision, and not watch this. (HD)

11.20 Camp Bestival 2010

Highlights from Lulworth Castle. (R)

12.20am Fringe

A healthy woman dies from a disease she seemingly never had. Eh? (R)(HD)

1.20 Football Behind Bars **2.10** Ross Kemp Gangs **3.00** Road Wars **3.30** JLC: Ballroom Dancer **4.20** Don't Forget the Lyrics **5.10-6.00am** Sell Me the Answer

Stars **10.00** 8 Out of 10 Cats: Comedy quiz. **11.00** Sex, Cetera **12.00am** Challenge Jackpot **3.00am** Vegas Virgins **4.00-5.00am** Brighton Rocks

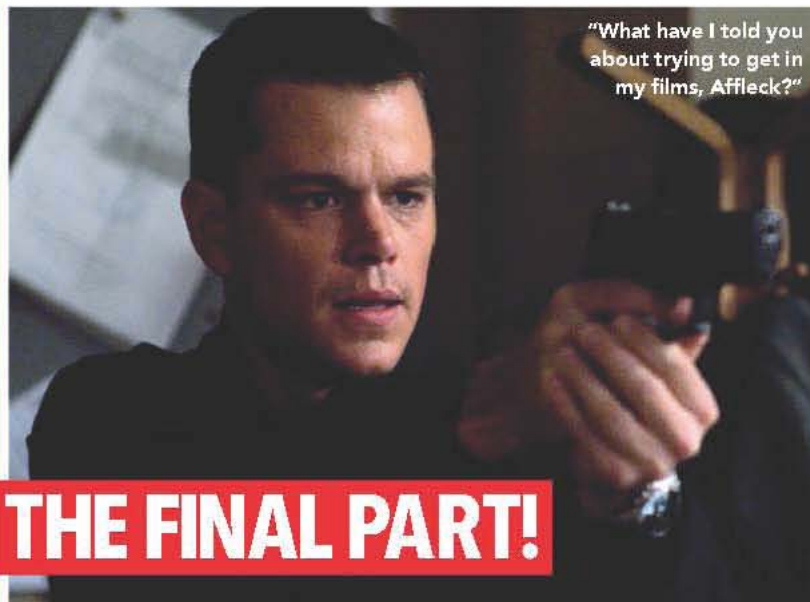
SYFY (129)

5.40pm **FILM** Dungeons & Dragons 2: The Elemental Might **7.40** **FILM** Dinocroc vs. Supergator: Monster thriller. **9.20** **FILM** Solar Destruction **11.00** **FILM** Derailed **12.40am** **FILM** Malibu Shark Attack **2.20** Mysterious Ways **3.20** 3rd Rock from the Sun **4.10-6.00am** **FILM** Nature of the Beast

FX (164)

6.00pm The Listener **8.00** American Dad! **9.00** Better Off Ted **10.00** Robot Chicken **10.15** Family Guy **11.15** Metalocalypse **11.30** Family Guy **12.30am** The Venture Brothers **1.00** American Dad! **2.00** Family Guy **3.00-4.00am** Better Off Ted

TODAY'S MUST-SEES



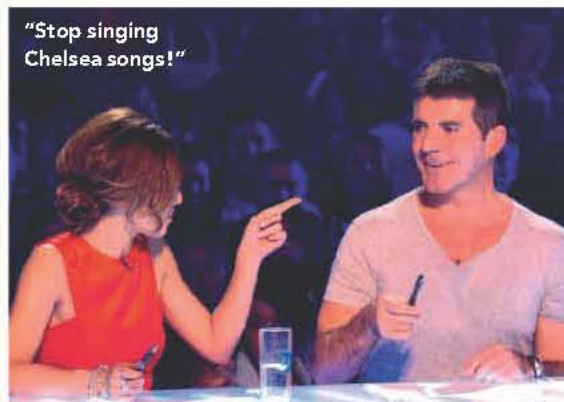
"What have I told you about trying to get in my films, Affleck?"

The Bourne Ultimatum

ITV1, 8.45pm

FILM The final entry to the Bourne saga, and it's the best of the bunch. Matt Damon returns as the ex-CIA assassin attempting to outwit his former bosses, dodge the cops and track down his true identity. It's an action-packed adrenaline rush right from the off, with some crunching fight scenes. At one point, Bourne manages to off a baddy with nothing more threatening than a rolled-up mag. Trust us, the man means business! ★★★★★

THE FINAL PART!



"Stop singing Chelsea songs!"

The X Factor

ITV1, 7.30pm

REALITY So what if it's all auto-tuned? It was hardly realistic to begin with! Tune in to watch nutters making fools of themselves and Cheryl Cole looking impossibly fit. Plus, there's every chance of a foxy guest judge. Bring it on, we say! ★★★★★



"I don't want a haircut!"

Blade

Five USA, 10.05pm

FILM Before all this Twilight nonsense, vampires used to be proper bad-ass. They had fangs and they were scary mo-fos we all wanted to be. And Wesley Snipes' half-human, half-vamp is up there with the best of them in this ace action flick. ★★★★★



"No, I'm not Derren bloody Brown!"

My Funniest Year: 2000

Channel 4, 10pm

COMEDY Comedians revisit the best stories from a year through clips and funny stories. Tonight, Rufus Hound relives BB's arrival, the Millennium Bug and a naked Keith Chegwin! ★★★★★

Win tickets to the UEFA Europa League Final!

SEAT Sex Drive, the new show from SEAT and Fifth Gear, will find out whether men or women are the better drivers, and it'll be screened online this autumn. Jack Osbourne is captain of the Men's Team and he needs you!

To support the men and enter the draw to win tickets to the UEFA Europa League Final, just go to www.seatsexdrive.com



6am

BBC ONE

6.00am Breakfast **9.00** The Andrew Marr Show **10.00** Sunday Morning Live **11.00** Country Tracks **12.00noon** BBC News **12.05pm** Cash in the Attic (R) **12.35** **LIVE** MotoGP: The San Marino Grand Prix **2.00** Escape to the Country (R) **3.00** EastEnders **4.55** **LIVE** Uffelline (R) **5.05** Songs of Praise **5.40** Halcyon River Diaries (R) **6.40** BBC News, Regional News, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **10.00** Something for the Weekend **11.30** **FILM** Miss Sadie Thompson: *Melodrama starring Rita Hayworth.* **12.55pm** Rigoletto Live from Mantua **1.35** Flog It! (R) **2.05** **LIVE** Burghley Horse Trials: *Show jumping coverage from Stamford, Lincolnshire.* **4.05** **SPORT** Sailing **4.35** **SPORT** Athletics **5.05** **FILM** Emma: *Jane Austen adaptation starring Gwyneth Paltrow and Jeremy Northam.*

itv 1

5.30am ITV News **6.00** GMTV **9.25** Coronation Street **11.20** News, Weather **11.29** London Weather **11.30** This Morning: Sunday **12.30pm** Dinner Date (R) **1.30** **FILM** Columbo: *Publish or Perish: Crime mystery starring Peter Falk as Lt Columbo.* **3.00** The X Factor (R) **4.15** **FILM** For Your Eyes Only: *James Bond adventure starring Roger Moore. 007 strives to trace a top secret military device sunk off the Greek coast. With Carole Bouquet.* **6.35** Regional News, Weather **6.45** ITV News

4

5.55am Yo Gabba Gabba (R) **6.20** The Hoobs (R) **7.10** **SPORT** Basketball **8.05** **SPORT** Ironman Triathlon **9.00** T4: Pocket TV (R) **9.15** Hollyoaks **11.45** Big Brother's Little Brother **12.50pm** Friends (R) **1.20** The Simpsons (R) **2.20** Ugly Betty **3.20** Three in a Bed **5.00** Deal or No Deal **5.50** News **6.15** 4thought.tv **6.20** **MUSIC** Transformers: *Crash-bang-wallop action with Shia LaBeouf and some kick-ass robots.*

FIVE

6.00am Milkshake! **10.00** Shake! **11.10** Animal Rescue Squad (R) **11.25** Michaela's Wild Challenge (R) **12.00noon** Renee Fleming: *From Mozart to Muse* (R) **12.30pm** Going the Distance Movie Special (R) **1.00** Egypt's Lost Queen (R) **2.00** **FILM** Torpedo Run: *Second World War drama starring Glenn Ford and Ernest Borgnine.* **3.50** **FILM** Fort Worth: *Western starring Randolph Scott.* **5.25** **FILM** License to Wed: *Premiere. Comedy starring Robin Williams and John Krasinski.*

7pm

7.00 Countryfile
Tramping around in the sticks.

8.00 Antiques Roadshow
More dusty old rubbish. (R)

9.00 Secret Britain
Countryfile in disguise. Avoid!

10.00 BBC News, Weather

10.25 The Armstrong & Miller Show
More posh chuckles as the RAF pilots take a shine to some women in uniform. (R)

10.55 The Invisible
FILM Daft supernatural thriller, about a comatose teenager's disembodied spirit, who has to lead someone to his body before he dies. Told you it was daft!

12.30am The Sky at Night
Stargazing guff. Probably time for bed.

12.55 Sign Zone:
A Band for Britain
Sue Perkins pits her trumpet blowers against one of the best brass bands in the world. Should be thrilling. (R)

7.00 Dragons' Den
More rubbish inventions are shot down by the scowling moneymen. (R)

8.00 Mountain Gorilla
Simian shenanigans as a pair of young gorillas struggle to survive in the wild.

9.00 Grumpy Old Schooldays
A load of sour-faced old buffers reminisce about their classroom antics.

10.00 Have I Got Old News for You

10.30 Rigoletto from Mantua - Act Three
Operatic warbling with Placido Domingo.

11.10 Mad Men
Betty is invited to return to modelling. No surprises there. She's hot! (R)

12.00am Mad Men
Don reacts badly to the loss of a contract, but Roger comes up with a plan to lift his spirits. Probably involving whiskey. (R)

12.45am Photographing Fairies
FILM Ghostly drama about a paranormal snapper.

7.00 Coronation Street
Hour-long episode? Cheers ITV.

8.00 Heartbeat
A bag of explosives turns up at Dawn's birthday party. Should be interesting.

9.00 U Be Dead
Drama based on the true story of Maria Marchese, who was jailed for nine years for stalking a doctor and his fiancée.

11.00 ITV News, Weather

11.15 Comedy Classics:
The New Statesman
A celebration of Rik Mayall's bonkers political comedy. Worth a look. (R)

12.15am Premiership Rugby Union
SPORT Highlights from the opening weekend of the egg-juggling season, including Exeter vs Gloucester and Wasps vs Harlequins.

9.00 Ultimate Big Brother
The latest from the final ever series of the veteran reality show.

10.00 Alan Carr: Chatty Man
More camp chinwagging as Katy Perry bangs on about Russell Brand, whilst Davina McCall talks *Big Brother*.

11.05 The Waterboy
FILM Gag-heavy sports comedy starring Adam Sandler as a water carrier for a college American football team who reveals his talents as an outstanding defensive player.

12.50am Music on 4: Paul Weller: Find the Torch
The crinkly rocker talks about his latest album *Waking Up the Nation*. (R)

7.10 Five News

7.15 Cricket on Five
SPORT All the swinging and sledging from today's Twenty20 clash between England and Pakistan at Cardiff's SWALEC Stadium.

8.00 The Pursuit of Happiness
FILM Slushy, schmaltzy rags-to-riches guff starring Will Smith as a struggling single father in early 1980s San Francisco. Not good.

10.20 Ali
FILM Lffy biopic starring Will Smith as world heavyweight boxing champion Muhammad Ali. A bulked-up Smith certainly looks the part, but it's all a bit too slow for its own good. Shame.

1am

1.55 Holby City (R) **2.55** Stealing Shakespeare (R) **3.45-6.00am** BBC News

2.30 BBC News **3.45** **SPORT** The Super League Show **4.45-6.00am** Close

1.00 The Zone **2.30** **SPORT** British Superbike Championship Highlights **3.25** **SPORT** Motorsport UK **4.15-5.30am** ITV Nightscreen

1.50 Ultimate Big Brother: Live: *Further coverage.* **4.35** Countdown (R) **5.20-6.10am** Hill Street Blues (R)

1.15am SuperCasino **4.05** **SPORT** Golf **4.55** The Family Recipe **5.05** Hana's Helpline **5.15** Milkshake! **5.40** Thomas **5.50-6.00am** Roary the Racing Car (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: 8.00-9.00 **NEW** DIY SOS: The Big Build - Brynmawr **BBC1 NORTHERN IRELAND: 10.25-10.55** Our Man in the Vatican **BBC2 WALES: 6.05-8.00** **FILM** Emma: *Jane Austen adaptation starring Gwyneth Paltrow and Jeremy Northam.* *rich young woman tries to play matchmaker but is blind to her own heart's affections. With Toni Collette.* **STV: 9.00pm** The Diplomat **11.15** October Road **12.10am** Brain Box **1.00** Raines **2.00-5.30am** The Nightshift **ULSTER: 11.14pm** Pollen Count **11.15** Children's Hospital **11.45** UTV Rewind **12.00am** Brain Box **2.20am** **SPORT** Premiership Rugby Union **3.05-4.15am** **FILM** Lorenzo's Oil: *True story drama starring Nick Nolte and Susan Sarandon.*

TODAY'S SPORT

sky SPORTS 1

6.00am Aerobics
6.30 Champions League Weekly (HD)
7.00 Saturday Fight Night (HD)
9.00 The Sunday Supplement
10.30 Goals on Sunday (HD)
11.55 **LIVE** Football League: *Brentford vs Sheffield Wednesday, kick-off 12pm.* (HD)
2.00pm **MUSIC** Twenty20 International Cricket: *England take on Pakistan in what promises to be a top dash between the last two World Champions.* (HD)
6.00 Champions League Weekly (HD)
6.30 **LIVE** Masters Football: *All the creaky action from the Grand Final at the LG Arena in Birmingham.* (HD)
9.30 Twenty20 International Cricket (HD)
11.30 Masters Football (HD)
2.30am Twenty20 International Cricket: *Highlights from earlier.* (HD)
4.30 Champions League Weekly (HD)
5.00-6.00am DTM Motor Racing

sky SPORTS 2

6.00am Saturday Story (HD)
8.00 Indy Car Series
10.00 DTM Motor Racing: *Oil splattered, high-speed highlights from the seventh round of the Deutsche Tourenwagen Masters season at Brand's Hatch.*
11.00 Saturday Fight Night: *Face-mashing action as Roman Martinez takes on Ricky Burns in Glasgow, with the WBO Super Featherweight title on the line.* (HD)
1.00pm US Open Tennis (HD)
4.00 **LIVE** US Open Tennis: *Coverage of the seventh day's play as it gets under way at Flushing Meadows. Hopefully Andy Murray will still be hanging around, so we've got someone to cheer!* (HD)
12.00am **LIVE** US Open Tennis: *Yep there's another four hours of tennis to soak up as the men's third round comes to a close and the women's fourth round gets underway.* (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.55pm Crocodile Dundee II: *Comedy adventure sequel, starring Paul Hogan.*
9.00 X-Men: *Cornic-book adventure starring Hugh Jackman.* **11.00** The Warlords: *Historical adventure starring Jet Li.* **1.10am** Deathwatch: *First World War horror starring Jarnie Bell.* **3.00** Frightfest Special: *The Last Exorcism* **3.05-3.15am** Scott Pilgrim Special

COMEDY CENTRAL (126)
5.00pm Two and a Half Men **9.00** **FILM** Anger Management: *Comedy starring Jack Nicholson and Adam Sandler.* **11.00** **FILM** Scream 3: *Horror sequel starring Neve Campbell.* **1.15am** Comedy Central at the Comedy Store **1.45** Two and a Half Men **2.45** The King of Queens **3.45** Two and a Half Men **4.10** Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)
7.00pm Doctor Who **7.50** Doctor Who Confidential **8.00** **SPORT** 2010 World Cup's Most Shocking Moments **10.00** Family Guy **10.45** The King Is Dead **11.15** Ideal **11.45** **FILM** Malice: *Thriller starring Alec Baldwin.* **1.30am** **SPORT** 2010 World Cup's Most Shocking Moments **3.25** Edinburgh Comedy Fast Live **4.25** The King Is Dead **4.55-5.25am** Ideal

E4 (136)
7.00pm One Tree Hill **8.00** Friends **9.00** 100 Funniest Moments **1.15-6.00am** Ultimate Big Brother: Live

DAVE (111)
7.00pm Have I Got News for You **8.20** I'm Alan Partridge **9.00** Would I Lie to You? **1.05am** Louis Theroux **2.05** Lead Balloon **2.35-3.00am** Chandon Pictures

MTV (350)
6.00pm The Hills **8.00** 16 and Pregnant **9.00** Jersey Shore **10.00** **MUSIC** The Hard Times of R.J. Berger: *New comedy about a well-endowed teen.* **11.00** The Dudesons **11.30** South Park **1.00am** Jersey Shore **2.00** The Hard Times of R.J. Berger **3.00-6.00am** All the Hits

CHANNEL ONE (121)
7.00pm Home Video Heroes **8.00** Britain's Worst Parent **9.00** Trawlers, Rigs & Rescue: *North Sea: An exploration rig drills for oil.* **10.00** Most Shocking **11.00** Sexcaters **12.00am** Challenge Jackpot **3.00am** Vegas Virgins **4.00-5.00am** Brighton Rocks: *Double bill.*

sky1

6.00am Hour of Power 7.00 Crash Test Dummies (R)(HD) 8.00 Ooops TV (R) 8.30 Ooops TV (R) 9.00 Road Wars (R) 10.00 **SPORT** WWE Superstars (R) 11.00 **SPORT** WWE: Experience (R) 12.00noon Futurama (R) 12.30pm Futurama (R) 1.00 Must Be the Music (R)(HD) 3.00 The Simpsons (R) 3.30 The Simpsons (R) 4.00 The Simpsons (R) 4.30 The Simpsons (R) 5.00 The Simpsons (R) 5.30 The Simpsons (R) 6.00 **MUST-SEE** The Simpsons: Lisa befriends a beached whale. (HD) 6.30 The Middle

7.00 **Must Be the Music**

Five more fame-hungry crooners compete in the second semi-final. (HD)

8.15 **Must Be the Music - Meet the Semi-Finalists**

A preview of the acts in the third semi-final. Sorry, third semi-final? Eh? (HD)

9.00 **An Idiot Abroad - Preview**

MUST-SEE Karl Pilkington's back, and he's got his own show! Ricky Gervais' pet idiot jets around the world, talking nonsense. Ace!

9.30 **The Simpsons**

Homer gets hooked on marijuana. (R)

10.00 **Martina Cole's The Take**

Little Jimmy is found dead at the hands of Little Freddie. (R)(HD)

11.00 **Must Be the Music - Meet the Semi-Finalists**11.45 **House**

Cameron pleads with House to examine an environmental campaigner. (R)(HD)

12.45am **Fringe**

More barmy alien investigation. (R)(HD)

1.45 **Ross Kemp on Gangs (R)(HD) 2.40**

JLC: High Diver 3.30 Ooops TV (R) 3.55 Road Wars 4.20 Don't Forget the Lyrics 5.10-6.00am Sell Me the Answer (R)(HD)

SYFY (129)

7.00pm **A Town Called Eureka 8.00**

FILM Tremors 2: Aftershocks: Tongue-in-cheek horror sequel with Fred Ward.

10.00 **FILM** Horsemen of the

Apocalypse: Thriller starring Dennis Quaid. 11.50 **FILM** Dinocroc vs.

Supergator: Monster thriller starring

David Carradine. 1.30am Mysterious

Ways 2.30 3rd Rock from the Sun 3.00

Tin Man 4.00-6.00am **FILM** Dragon

Hunter: Fantasy starring Brad Johnson.

FX (164)

6.00pm **Burn Notice 8.00 NCIS: Double**

bill: The team investigates the murder of

a Navy pilot; and Tony's father is linked to

an assassination attempt. 10.00 Dexter:

The Trinity serial killer strikes again.

11.05 True Blood: Bill breaks a vampire

taboo by protecting Sookie. 12.10am

Burn Notice 1.10 To Catch a Predator

2.10 Swat USA 3.10-4.10am Cops

TODAY'S MUST-SEES

It was one thing after another on the M25



ROBOT ACTION!

Transformers

Channel 4, 6.20pm

FILM Sam Witwicky (Shia LaBeouf) is a nerdy high-school loser, until he's bought a dapped-out sports car that, it turns out, is a shape-shifting robot from another planet. It also turns out there are more of these robots on Earth – some of them good, some evil – and that they intend to wage war on each other on the streets of the US of A. This is a deafening, gleefully OTT action movie with awesome effects – and it gets an extra star because Megan Fox is in it! ★★★★★

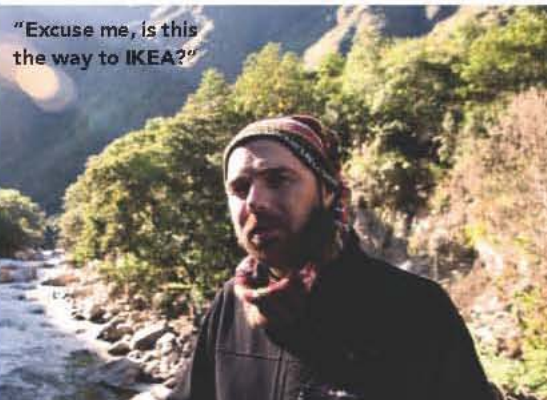


"Er, miss? I've done toilets"

Twenty20 International Cricket

Sky Sports 1, 2pm

SPORT After something of a see-saw Test series, England and Pakistan face-off in this first of a two-match Twenty20 tie. Howzat! ★★★★★



"Excuse me, is this the way to IKEA?"

An Idiot Abroad: Preview

Sky 1/HD, 9pm

COMEDY The true star of Ricky Gervais' recent podcasts was Karl Pilkington, with his utterly hilarious and random views on life. Now he's got his own show, travelling the world! ★★★★★



"On the plus side, at least I washed my balls"

The Simpsons

Sky1/HD, 6pm

COMEDY Following a storm in Springfield, the Simpson kids head down to the bay to find that a gigantic blue whale has beached itself – and out in the bay, its two calves are being circled by bloodthirsty sharks. Time for Lisa to act! ★★★★★



"Oi, Corren, haven't you left yet?"

The Hard Times Of RJ Berger

MTV, 10pm

COMEDY RJ Berger is the ultimate geek. That is, until his massive toadger is revealed to the school, and life starts to get sweeter! ★★★★★

PREVIEWS: PETE CASHMORE, DANIELLE GRAPH, GEORGE WALES, RICH JENKINS. PHOTOS: GETTY

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** **NEW** Helicopter Heroes **10.00** Homes Under the Hammer **11.00** To Buy or Not to Buy **11.45** Cash in the Attic (R) **12.15pm** **NEW** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.10** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News, Weather

7.00 The One Show

7.30 Saints and Scroungers

Exposing benefit cheats. (R)

8.00 EastEnders

It's Janine's hen night. Expect half an hour of shouting then.

8.30 Panorama

Investigating a treatment for diabetes.

9.00 Who Do You Think You Are?

Actor Alan Cumming has a root around for some family skeletons in his closet.

10.00 BBC News, Weather

10.35 Gears and Tears

The grand finale of the stock-car season approaches. Massive pile-up, anyone?

11.05 The Case for God?

Religion-based chit-chat.

11.35 Their Eyes Were Watching God

FILM Period drama starring Halle Berry as a free-spirited woman searching for love in the Florida during the '20s and '30s. She shouldn't struggle.

1.30am Sign Zone: Tribal Wives (R)
2.30 My Child's Big Fat Birthday Party (R)
3.20 Ben Fogle's Escape in Time (R)
4.05-6.00am BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Living Dangerously **12.00noon** Daily Politics **12.30pm** **NEW** GMT **1.00** Animal Park (R) **2.00** Wanted Down Under (R) **3.00** Put Your Money Where Your Mouth Is (R) **3.45** Flog It! **4.30** Pointless **5.15** Escape to the Country **6.00** Eggheads **6.30** **NEW** Climbing Great Buildings

7.00 Timothy Spall: Somewhere at Sea

NEW The saggy-faced actor goes sailing around Britain. And we should care why, exactly?

7.30 Roger & Val Have Just Got In

Val tries to console Roger after the death of his father. (R)

8.00 University Challenge

Student head-scratching.

8.30 Antiques Master

God almighty, when is this tedious tosh going to clear off? Soon, hopefully, since this is the semi-final.

9.00 Dragons' Den

MUST-SEE Including a plastic vest to help gym users sweat. Slow week, chaps?

10.00 Grandma's House

Simon decides to heal his family.

10.30 Newsnight

11.20 Home Movie Roadshow

12.20am Digging for Britain

Exploring Anglo Saxon history. Zzzzz. (R)

1.20-4.05am BBC News

itv 1

5.30am ITV News **6.00** **NEW** Daybreak: News and entertainment with Adrian Chiles and Christine Bleakley. **8.30** **NEW** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News **2.00** 60 Minute Makeover **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale

Andy attends an anger-management session. You'll be needing one after this.

7.30 Coronation Street

Tyrone struggles to make it home when Molly goes into labour. We're struggling to care, quite frankly.

8.00 Countrywise

Boot-wearing bobbins.

8.30 Coronation Street

9.00 Bouquet of Barbed Wire

NEW Remake of the '70s drama about a couple who find themselves at loggerheads when their daughter falls pregnant to her teacher.

10.00 ITV News, Weather

10.35 Surgery School

NEW Behind the scenes with trainee doctors. Shouldn't we just let them get on with it?

11.35 Stephen Tompkinson's African Balloon Adventure

The actor explores Rwanda, Zambia and Botswana. In a balloon! (R)

12.30am The Zone

2.35 **SPORT** UEFA Champions League Weekly **3.00** The Jeremy Kyle Show (R) **3.50** The Jeremy Kyle Show (R) **4.45-5.30am** ITV Nightscreen

4

6.10am The Hoobs (R) **7.00** Big Brother's Little Brother (R) **8.05** Ultimate Big Brother (R) **9.05** Hollyoaks Music Show (R) **9.35** Friends (R) **10.05** The Good Wife (R) **11.05** Desperate Housewives (R) **12.00noon** Channel 4 News Summary **12.05pm** Brothers & Sisters **1.00** **FILM** Do Not Disturb: Comedy starring Doris Day. **2.55** **NEW** Wogan's Perfect Recall **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News

7.55 4thought.tv

8.00 Come Dine with Me: Big Brother Winners

Big Brother winners from the past attempt to cook for each other with predictably disastrous results. Worth watching, if only for Nuts favourite Sophie Reade.

9.00 My Family's Crazy Gap Year

NEW British families visit remote corners of the world, and have a good old moan when it's not what they were expecting.

10.00 Ultimate Big Brother

The latest action from the house.

11.10 This Is England

MUST-SEE Shane Meadows' brilliant coming-of-age drama set in 1983, starring Thomas Turgoose as a lonely 12-year-old who gets taken up by a group of local skinheads. Watch out for Stephen Graham as a spectacularly nasty piece of work!

1.10am Pete Versus Life (R) **1.45-6.10am** Ultimate Big Brother: Live

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: NY (R) **12.40pm** Five News **12.45** Chinese Food in Minutes (R) **1.15** The Boss Is Coming to Dinner **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.05** **FILM** Britannic: Wartime adventure drama starring Edward Atterton and Amanda Ryan. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 How Do They Do It?

Robert Llewellyn meets people who provide electricity to homes. Sounds great. We'll just have this sedative.

8.00 The Gadget Show

The presenters set out to destroy some of the world's toughest gadgets. Pow!

9.00 The Last of the Mohicans

FILM Epic romantic adventure starring Daniel Day-Lewis as a frontiersman trying to rescue two kidnapped women. Top stuff.

11.15 Police Interceptors

Officers try to track down the thieves responsible for robbing a supermarket. Not quite CSI, is it? (R)

12.20am UFC 100: Main Event

SPORT Bone-crunching action as Brock Lesnar faces Frank Mir and Georges St-Pierre takes on Thiago Alves in Las Vegas.

12.5 SuperCasino

4.05 Chinese Food in Minutes **4.30** The Boss Is Coming to Dinner **4.55** Animal Rescue Squad **5.05** The New Tomorrow **5.35-6.00am** Michaela's Wild Challenge

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: **10.35pm** **NEW** Special Deliveries **11.05** Gears and Tears **11.35** The Case for God? **12.05am** BBC News **12.30-1.30am** Sign Zone: Tribal Wives **BBC1 WALES:** **7.30pm** Wales and the History of the World **10.35** Rhod Gilbert's

Work Experience **11.05** Gears and Tears **11.35** The Case for God? **12.05am** **FILM** Their Eyes Were Watching God: Period dramastarring Halle Berry. **2.00-2.30am** BBC News **BBC2 SCOTLAND:** **11.00-11.20** Newsnight Scotland, Weather

BBC2 NORTHERN IRELAND: **10.00pm** European Pipe Band Championships **11.20** Grandma's House **11.50** Home Movie Roadshow **12.50am** Digging for Britain **1.50-4.05am** BBC News **STV:** **9.00pm** Wormwood Scrubs **10.30** STV News and Weather

10.40 Children's Hospital **11.10** **NEW** Oran na Mna **11.40** Coclairan **12.15am** Brain Box **1.00** The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER:** **7.59pm** UTV Live Update **8.00** **NEW** Fabulous Food Adventure **8.59** UTV Live Update

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Champions League Weekly (HD)
9.30 Twenty20 Cricket (HD)
11.30 Champions League Weekly (HD)
12.00noon Masters Football (HD)
3.00pm Twenty20 Cricket (HD)
5.00 Champions League Weekly (HD)
5.30 Soccer AM: The Best Bits
6.30 Netbusters
7.00 Sky Sports News
7.30 **FILM** Speedway: Lakeside Hammers vs Peterborough Panthers.
9.30 Netbusters
10.00 Soccer AM: The Best Bits
11.00 Football
12.00 **mt** Speedway (HD)
2.00am FIFA Futbol Mundial
2.30 Sports Unlimited
3.30 Watersports World
4.30 Max Power
5.30-6.00am FIFA Futbol Mundial

sky SPORTS 2

6.00am Aerobics
6.30 Ocean Ride
7.00 Canter Banter
7.30 PGA Tour Golf (HD)
10.30 European Seniors Tour Golf
11.30 European Tour Golf: Another chance to catch all the dub-swinging action from the final day's play of the European Masters in Switzerland. (HD)
1.00pm US Open Tennis (HD)
4.00 **mt** US Open Tennis: The men's and women's fourth-round matches at Flushing Meadows get underway. (HD)
10.00 Boots 'n' All
11.00 Ocean Ride
11.30 Wild Spirits
12.00 **mt** US Open Tennis: Further racquet-waving coverage from New York, as the women's fourth-round reaches its conclusion. (HD)
4.00-5.00 NASCAR (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
5.05pm Campbell's Kingdom **7.05** Scott Pilgrim Special **7.15** Bedazzled: Fantasy. **9.00** Failure to Launch: Romantic comedy starring Matthew McConaughey. **10.50** Once Upon a Time in America: Crime drama starring Robert De Niro. **3.10am** Frightfest Special: The Last Exorcism **3.15-3.25am** Scott Pilgrim Special

COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Frasier **9.00** Two and a Half Men **10.00** Lee Evans: Big - Live at the O2 **11.10** Sex and the City **12.30am** Two and a Half Men

ESPN
6.30pm Talk of the Terrace **8.00** French Rugby Union **8.30** Premiership Rugby Union **10.00** Between the Lines **10.30** NFL Monday Night Football Classics **1.30am** Press Pass **2010** **2.00-5.00am** Major League Baseball

1.30 South Park **2.30** Grouchy Young Men **3.00** Two and a Half Men **4.00** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)
7.00pm Doctor Who's Greatest Moments **8.00** Doctor Who **8.30** Dr Who at the Proms 2010 **9.30** Gavin & Stacey **10.00** EastEnders **10.30** Him and Her **11.00** Family Guy **11.45** Underage and Pregnant **12.15am** Gavin & Stacey **12.45** Him and Her **1.15** Edinburgh Comedy Fest Live **2.15** The Real Hustle: Celebrity Scammers **2.45** Dr Who at the Proms 2010 **3.45** Doctor Who's Greatest Moments **4.15** Underage and Pregnant **4.45-5.15am** The Real Hustle: Celebrity Scammers

E4 (136)
7.00pm Hollyoaks **7.30** Friends **9.00** One Tree Hill **10.00** The Sex Education

Show: Am I Normal? **11.05** Shameless **12.10am** Being Erica **1.10-6.00am** Ultimate Big Brother: Live

DAVE (111)
7.00pm The Gadget Show **7.30** Speed **8.00** Louis Theroux's Weird Weekends **9.00** Never Mind the Buzzcocks **9.40** Would I Lie to You? **10.20** Argumental **11.00** Rob Brydon's Annually Retentive **11.45** Never Mind the Buzzcocks **12.25am** Would I Lie to You? **1.05** Argumental **1.45** The League of Gentlemen **2.15** Lead Balloon **2.45-3.00am** **SPORT** Radical Highs

MTV (350)
7.00pm The City **8.00** Teen Mom **9.00** The Hard Times of RJ Berger **10.00** Jersey Shore **11.00** Disaster Date **12.00** **mt** South Park **1.00am** The Dudesons in America **2.00** Nitro Circus **3.00-6.00am** All the Hits

sky1

6.00am The Real A&E (R)(HD) **7.00** Brainiac: Science Abuse (R) **8.00** Oops TV (R) **9.00** Bondi Vet (R)(HD) **10.00** Missing Mums: Lorraine Kelly Investigates (R) **11.00** Wedding SOS (R)(HD) **11.30** The Secret Guide to Women's Health (R) **12.00noon** The Real A&E (R) **1.00pm** Project Runway (R) **2.00** Bones (R)(HD) **3.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R)(HD) **6.30** The Simpsons (R)

7.00 The Simpsons

Homer becomes involved with the paparazzi. (R)

7.30 The Simpsons

Homer becomes a tow-truck driver. (R)

8.00 The Biggest Loser US

Chubby chancers try to lose their blubber to bag themselves some cash. (HD)

10.00 Law & Order

A trucker is found dead. (HD)

11.00 Bones

The team try to get enough evidence together to nail the Grave Digger. (R)(HD)

12.00m't A League of Their Own

Two-time Ashes winner Steve Harmison and Mock the Week funnyman Dara O'Briain join the regulars. (R)(HD)

12.30am Road Wars

Tarmac-based tear-ups. (R)(HD)

1.00 Street Wars (R) **1.50** UK Border Force (R)(HD) **2.40** Oops TV (R) **3.30** The 4400 (R)(HD) **4.20** Top Design (R)(HD) **5.10-6.00am** Sell Me the Answer (R)(HD)

10.30 UTV Live Tonight **11.00** Ladette to Lady **12.00m't-2.35am** Brain Box **ITV1 WALES: 8.00pm** A Little Piece of Paradise **10.30-10.35pm** Wales Tonight, Weather

CHANNEL ONE (121)

7.00pm Star Trek: Voyager **8.00** Passport Patrol **9.00 MUST-SEE!** Chuck: Sarah and Chuck receive some spy training. **10.00** The Life and Times of Tim **10.35** Room 101 **11.10** Most Shocking **12.00m't** Challenge Jackpot **3.00am** Take It or Leave It **4.00-5.00am** Classic Who Wants to Be a Millionaire?

SYFY (129)

7.00pm Legend of the Seeker **8.00** Jack Hunter and the Lost Treasure of Ugarit **10.00** The Foreigner: Action thriller starring Steven Seagal. **11.50** Human Target **2.00am** Tin Man **4.00** Smallville **5.00-6.00am** Angel

FX (164)

7.00pm NCIS **9.00** Family Guy **10.00** To Catch a Predator **11.00** Dexter **12.05am** Farscape **1.05** Babylon 5 **2.05** ReGenesis **3.05-4.05am** Water Rats

TODAY'S MUST-SEES



BRIT CLASSIC!

"Hey, son, do you want to meet David Cameron?"

This Is England

Channel 4, 11.10pm

FILM Here in Britain, we have a habit of making films that are – how do we put this? – a little on the rubbish side. But this isn't one of them. In an extraordinary performance, young Thomas Turgoose plays a bullied 12-year-old, grieving the death of his father, who's taken in by a group of well-meaning skinheads. However, when an older, charismatic skin with far-right sympathies (Stephen Graham) starts to influence the gang, the party's over. The TV series starts tomorrow. ★★ ★★



Hell was even worse than previously imagined

Dragons' Den

BBC2, 9pm

REALITY Tonight's offerings include a father and son team trying to flog a plastic vest that helps gym-users sweat off the weight. We're pretty sure that they were sent into the Nuts office a while back. Black bag, anyone? ★★ ★



It was another fun day on the set of Redneck Shaggers 6

Mythbusters

Discovery Channel, 9pm

DOCU Join those geeky scientists as they see if they can save petrol by using only right turns, and discover if it's possible to land in a kids' pool unhurt from 40 metres away. Sounds good to us – as long as we're not the ones doing it! ★★ ★



"Eeh, I love bouncers, me"

Chuck

Channel One, 9pm

DRAMA In order to help Sarah and Chuck work more efficiently as a team, the couple receive training from married CIA agents, who also happen to loathe each other. Meanwhile, Casey has to train Morgan (the real star of the show). ★★ ★

TOM WATSON VS ALEX REID

'KONG'

'REIDERNATOR'

THE UK'S MOST EXPLOSIVE MIXED MARTIAL ARTS EVENT

BAMMA 4

SATURDAY

25TH SEPT 2010

THE NIA, BIRMINGHAM

TICKETS AVAILABLE FROM £15

WWW.THETICKETFACTORY.COM

0844 338 6000

NUTS

MMA

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes **10.00** Homes Under the Hammer **11.00** To Buy or Not to Buy **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show

7.25 EastEnders

More soap misery.

8.00 Holby City

Hospital hell.

9.00 Motorway Cops

Bad stuff going down on motorways. This does not sound interesting.

10.00 BBC News, Weather

10.35 My Story

NEW Three people we've never heard of judge remarkable true stories by members of the public. We must write in to them and tell them about the time we met Lucy Pinder. Now that was remarkable.

11.05 La Bamba

FILM Biopic of '50s rock'n'roll idol Ritchie Valens.

12.55am Sign Zone:

Madness in the Fast Lane

Documentary about two Swedish sisters filmed running into traffic on the M6 in 2008. Mentalists. (R)

1.45 How to Beat Tough Times: Money Watch (R) **2.45** Penguin Island (R) **3.15** Ben Fogle's Escape in Time (R) **4.00-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Living Dangerously **12.00noon** Daily Politics **12.30pm** GMT **1.00** Animal Park (R) **2.00** Wanted Down Under (R) **3.00** Put Your Money Where Your Mouth Is (R) **3.45** Flog It! **4.30** Pointless **5.15** Escape to the Country **6.00** Eggheads **6.30** Climbing Great Buildings

7.00 Coast

More coastal claptrap. (R)

8.00 The Great British Bake Off

The contestants reinvent classic puddings. We're quite partial to an apple pie.

9.00 The Big School Lottery

NEW School-based documentary that you'll have no interest in. Trust us. We're never wrong.

10.00 Mercury Prize

2010: Live
Coverage of the award ceremony at Grosvenor House Hotel in London.

10.30 Newsnight

11.20 Mercury Music

Prize 2010
Highlights including performances by the shortlisted artists.

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITN News **1.55** Regional News, Weather **2.00** 60 Minute Makeover **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale

Farmyard frolics.

7.30 Grimefighters (R)

8.00 New Who Wants

to Be a Millionaire?
Marginally better than the old version. We're not recommending you watch it though. That would be silly.

9.00 Help! I Caught

It Abroad 2
MUST-SEE This is one of those car crash TV shows - you can't help but look as critters invade our bodies. Grim.

10.00 ITV News, Weather

10.35 Swingtown

NEW New drama set in '70s America, where a couple who move to a new neighbourhood get caught up in the prevailing sexual revolution.

11.30 Ladette to Lady

The girls try and fit in their new surroundings. (R)

12.25am The Zone

2.25 The Rockford Files **3.20** The Jeremy Kyle Show (R) **4.10-5.30am** ITV Nightscreen

4

6.10am The Hoobs (R) **7.00** Big Brother's Little Brother **7.25** Ultimate Big Brother (R) **8.35** Frasier (R) **9.05** Hollyoaks Music Show (R) **9.35** Friends (R) **10.05** The Good Wife (R) **11.05** Desperate Housewives (R) **12.00noon** Channel 4 News Summary **12.05pm** Brothers & Sisters **1.00** **FILM** Indiscreet: Romantic comedy starring Cary Grant. **2.55** Wogan's Perfect Recall **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons **6.30** Hollyoaks

7.00 News

7.55 4thought.tv

Five minutes of utter pointlessness.

8.00 Help! My House

Is Falling Down
Does what it says on the tin. Thing is, we're not interested in this tin.

9.00 Ultimate Big Brother

Highlights from the past 24 hours.

10.00 This Is England '86

MUST-SEE Brilliant new four-part follow-up to Shane Meadows' film *This Is England*. It's 1986 and Shaun is preparing to leave school.

11.05 Footloose

FILM Really old teen musical dancing thing starring Kevin Bacon. If you watch *Glee*, you'll love this. We obviously suggest avoiding it.

1.05am Late Night Poker **2.00** Ultimate BB: Live **4.05** KOTV Boxing **4.30** Superbike 2010 **4.55** British Formula 3 **5.25** The Grid **5.50-6.20am** World Sport

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: NY (R) **12.40pm** Five News **12.45** Chinese Food in Minutes (R) **1.15** The Boss Is Coming to Dinner **1.45** Neighbours **2.15** Home and Away **2.50** I Own Britain's Best Home: Flying Visit (R) **3.05** **FILM** A Kiss at Midnight: Romantic comedy starring Faith Ford and Cameron Daddo. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 Zoo Days (R)

8.00 Nature Shock:

India's Silent Killer
How a decline in India's vulture population has devastated its ecosystem. Vultures are big funny birds, aren't they? We know someone who was pooped on by a vulture. Can't say she was lucky.

9.00 CSI: Miami

MUST-SEE Another week, another tall tale on Miami. This week, a company is suspected of knocking off its employees.

10.00 CSI: NY

Mac and the team uncover the lair of the "compass killer". (R)

11.00 CSI: Crime Scene

Investigation
The original and the best of the CSI's. We miss Grissom. (R)

12.00m't Cricket on Five

SPORT England vs Pakistan. Highlights of the second and final international of the

12.55am SuperCasino

4.05 Chinese Food in Minutes **4.30** The Boss Is Coming to Dinner **4.55** Animal Rescue Squad **5.10** The New Tomorrow **5.35-6.00am** Michaela's Wild Challenge

REGIONAL VARIATIONS

BBC1 SCOTLAND: 8.00pm River City **10.35** **SPORT** SportsScene **11.25** **NEW** My Story **11.55am** **FILM** La Bamba: Biopic of 1950s rock 'n' roll idol Ritchie Valens, starring Lou Diamond Phillips and Esai Morales. **BBC2 SCOTLAND: 11.00-11.20** Newsnight

Scotland, Weather **BBC2 WALES: 7.00pm** Ballet School **7.30pm** Wainwright Walks: Coast to Coast **8.00pm** Joanna Lumley: Catwoman **9.00** **NEW** Who Wants to Be a Millionaire? **10.30** STV News and Weather **10.44** Big Hearted Scotland Awards

10.45 Ladette to Lady **11.40** **SPORT** UEFA Champions League Weekly **12.10am** Brain Box **1.00** The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER: 10.30pm** UTV Live Tonight **11.00** Send

in the Dogs **12.00m't** Brain Box

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Netbusters
9.30 Soccer AM: The Best Bits
10.30 Speedway (HD)
12.30pm Netbusters
1.00 Soccer AM: The Best Bits
2.00 Speedway (HD)
4.00 Soccer AM: The Best Bits
5.00 Football Asia
5.30 **LIVE** Twenty20 International Cricket: England's two match Twenty20 series with Pakistan comes to a dose at the SWALEC stadium in Cardiff. Let's hope they can finish things off with a win! (HD)
9.30 **LIVE** US Open Tennis: Coverage from New York as the women's quarter-finals get underway on day nine of the final Grand Slam of the year. (HD)
4.00am Football Asia
4.30 A-League
5.00-6.00am Ladies European Tour Golf

sky SPORTS 2

6.00am Aerobics
6.30 Ocean Ride
7.00 WWE: Afterburn (HD)
8.00 Trilby Tour Golf
8.30 European Tour Golf
9.30 PGA Tour Golf (HD)
1.30pm Trilby Tour Golf
2.00 Wonderful World of Golf
3.30 PGA Tour Classic
4.30 Trilby Tour Golf
5.00 Boots 'n' All
6.00 PGA Tour Golf: The Deutsche Bank Championship. (HD)
7.00 **MUST-SEE** International Football: England travel to Switzerland for their second Group G qualifier. Fingers crossed eh Fabio? Kick-off 7.45pm. (HD)
10.00 Poker Million (HD)
12.00m't Twenty20 International Cricket: England vs Pakistan. (HD)
2.00-3.00 Ladies European Tour Golf

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.50pm Flight of the Phoenix: Adventure remake starring Dennis Quaid. **9.00** The Italian Job: Crime thriller remake starring Mark Wahlberg. **11.05** Date Movie: Spoof romantic comedy with Alyson Hannigan and Adam Campbell. **12.40-3.55am** Lady Chatterley: French drama starring Marina Hands.

COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Frasier **9.00** Two and a Half Men **10.00** Grouchy Young Men **10.30** Lee Evans Live at Her Majesty's Theatre **11.50** Sex and the City

ESPN **6.45pm** AFL Review Show **7.45** **LIVE** International Football **9.45** Parndon the Interruption **10.15** Football 1 **2.00m't** Rugby **12.30am** Press Pass 2010 **1.00** Superleague **2.00** Rugby Union **3.30** UFC **4.30-5.30am** AFL

1.00am Two and a Half Men **2.00** Samantha Who? **3.00** South Park **3.55** Two and a Half Men **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)
7.00pm Total Wipeout **8.00** Underage and Pregnant **8.30** Snog, Marry, Avoid? **9.00** Don't Tell the Bride **10.00** EastEnders **10.30** **MUST-SEE** Ideal **11.00** Family Guy **11.25** American Dad! **11.45** Don't Tell the Bride **12.45am** **SPORT** 2010 World Cup's Most Shocking Moments **2.45** Ideal **3.15** Total Wipeout **4.10** Underage and Pregnant **4.40-5.10am** Baby Beauty Queens

E4 (136)
7.00pm Hollyoaks **7.30** Friends **9.00** Smallville **10.00** The Cleveland Show **10.30** The Ricky Gervais Show **11.00** King of the Hill **12.00-6.00am** Ultimate Big Brother: Live

DAVE (111)
7.00pm The Gadget Show **7.30** Speed **8.00** Full Circle with Michael Palin **9.00** QI **9.40** Comedy Exchange **10.40** Argumental **11.25** QI **12.50am** Comedy Exchange **1.05** Never Mind the Buzzcocks **1.45** The League of Gentlemen **2.15-3.00am** Cooking in the Danger Zone

MTV (350)
7.00pm The City **8.00** Teen Mom **9.00** Jersey Shore **10.00** The Hard Times of R.J. Berger **11.00** Disaster Date **12.00m't** South Park **1.00am** The Dudesons in America **2.00** Nitro Circus **3.00-6.00am** All the Hits

CHANNEL ONE (121)
7.00pm Star Trek: Voyager **8.00** Nothing to Declare **9.00** Trawlers, Rigs & Rescue: North Sea **10.00** **SPORT** Alex Reid: The Fight of His Life: The Celebrity Big Brother winner learns mind techniques from Chris

sky1

6.00am The Real A&E (R)(HD) **7.00** Brainiac: Science Abuse (R) **8.00** Oops TV (R) **9.00** Bondi Vet (R)(HD) **9.30** Bondi Vet (R)(HD) **10.00** Bones (R)(HD) **11.00** Wedding SOS (R)(HD) **11.30** Brain Doctors (R) **12.00noon** The Real A&E (R) **12.30pm** The Real A&E (R)(HD) **1.00** Project Runway (R) **2.00** Bones (R)(HD) **3.00** Stargate SG-1 (R)(HD) **4.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R)(HD) **6.30** The Simpsons (R)

7.00 The Simpsons
Homer and Marge relive their youth. (R)

7.30 The Simpsons
Homer becomes an opera star. (R)

8.00 UK Border Force
People try to invade countries. (R)(HD)

9.00 Batman
FILM Tim Burton's absolute classic take on the comic book hero starring Michael Keaton and Jack Nicholson. This really is a great movie.

11.25 An Idiot Abroad - Preview
Karl Pilkington is the star of the show, and he's one funny bloke. (R)

11.55 House
The team examines a deaf teenager who collapsed after "hearing" explosions during a wrestling match. (R)(HD)

12.55am A League of Their Own
Boxer Amir Khan and comedian Jack Whitehall are the guests. (R)(HD)

1.25 Street Wars (R) **2.15** UK Border Force (R)(HD) **3.05** Oops TV (R) **3.30** The 4400 (R)(HD) **4.20** Top Design (R)(HD) **5.10-6.00am** Sell Me the Answer (R)(HD)

Howard. **11.00** Star Trek: Enterprise **12.00m**'t Challenge Jackpot **3.00am** Take It or Leave It **4.00-5.00am** Classic Who Wants to Be a Millionaire?

SYFY (129)
7.00pm Legend of the Seeker **8.00** A Town Called Eureka **9.00** **FILM** Merlin and the Book of Beasts: Fantasy starring James Callis. **10.50** **FILM** The Foreigner: Action thriller starring Steven Seagal. **12.40am** **FILM** Ba'al: The Storm God: Fantasy thriller starring Jeremy London. **2.30** 3rd Rock from the Sun **3.00** Legend of the Seeker **4.00** Smallville **5.00-6.00am** Angel

FX (164)
7.00pm NCIS: Double-bill. **9.00** Better Off Ted: Double-bill. **10.00** Family Guy **11.00** True Blood **12.05am** Farscape **1.05** Babylon 5 **2.05** ReGenesis **3.05-4.05am** Water Rats

TODAY'S MUST-SEES



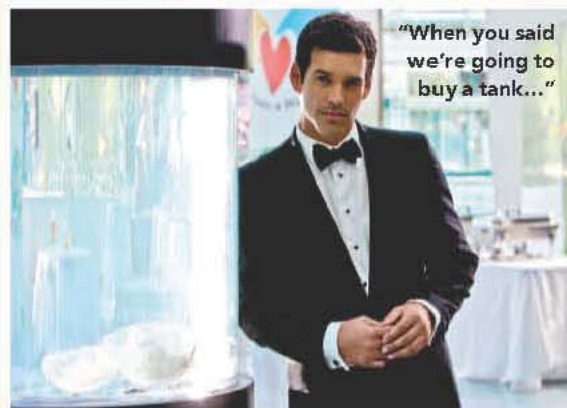
"Get off me, I'm an aeroplane! Wheee!"

THREE LIONS!

Switzerland vs England

Sky Sports 2/HD, 7pm

SPORT It's been a rocky road for Fabio and his boys, and it's not likely to get any easier in their first away game since the World Cup. You might remember a certain broly-waving berk failing to get England to Euro 2008, so it's vital Mr Capello starts well here. England fans will hope to see more of Adam Johnson and Theo Walcott this time, and more adventure in the team's play. It's the least the fans deserve! ★★★★★



"When you said we're going to buy a tank..."

CSI: Miami Five, 9pm

DRAMA Another baffling death for Horatio and the CSI team to figure out, this time involving a bloke who's fallen from an upstairs balcony into a tank filled with lethal box jellyfish. Seriously, could your luck get much worse? ★★★



Nuts began their search for new staff

This Is England '86

Channel 4, 10pm

DRAMA Four years on from This Is England and Shaun's about to emerge from school into mass unemployment, and dreams of buying a scooter for him and love-of-his-life Smell! ★★★★★



"Welcome back to the VD clinic, Mr Cole!"

Help! I Caught It Abroad 2

ITV1, 9pm

DOCU A grim look at poor saps who've been abroad and brought back extra baggage. Like the unfortunate patient bitten by a snake, or the patient infected with a parasite in his eyeball! ★★★



"Er, are you eating my boxer shorts?"

Ideal BBC3, 10.30pm

COMEDY More funny stoner antics as Moz (Johnny Vegas) agrees to help Tilly with her new range of pre-stained T-shirts. Even after smoking something dodgy, that could never have sounded like a good idea, could it? ★★★

6am

7pm

1am



6.00am Breakfast **9.15** Helicopter Heroes
10.00 Homes Under the Hammer **11.00** To Buy or Not to Buy **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.10** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather



6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Daily Politics **1.00pm** See Hear **1.30** Living Dangerously (R) **2.00** Wanted Down Under (R) **3.00** Put Your Money Where Your Mouth Is (R) **3.45** Flog It! **4.30** Pointless **5.15** Escape to the Country **6.00** Eggheads **6.30** Climbing Great Buildings



5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News



6.20am The Hoobs (R) **6.45** Big Brother's Little Brother **7.10** Ultimate Big Brother (R) **8.05** Frasier (R) **8.35** The Hollyoaks Music Show (R) **9.05** Friends (R) **10.05** The Good Wife (R) **11.05** Desperate Housewives (R) **12.00noon** Channel 4 News Summary **12.05pm** Brothers & Sisters **1.00** **FILM** The Private Lives of Elizabeth and Essex: *Classic historical drama starring Bette Davis. 2.55* Wogan's Perfect Recall **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons **6.30** Hollyoaks



6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: NY (R) **12.40pm** Five News **12.45** Chinese Food in Minutes (R) **1.15** The Boss Is Coming to Dinner **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **2.55** The Family Recipe (R) **3.10** **FILM** Love's Enduring Promise: *Western drama starring Dale Midkiff and Katherine Heigl. 5.00* Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show
7.30 Bang Goes the Theory
NEW The team investigates the Gulf of Mexico oil disaster.

8.00 Waterloo Road
School-based drama.

9.00 Crimewatch
"Don't have nightmares" etc, etc.

10.00 BBC News, Weather
10.35 The National Lottery Draws
More dreams are shattered.

10.45 Crimewatch Update
10.55 Reggie Perrin
The executive searches for a new focus in life. We'd like to suggest football? (R)

11.25 The Singing Detective
FILM Musical fantasy drama based on the Dennis Potter TV series, starring Robert Downey Jr. It's not good.

1.15am Sign Zone: Dragons' Den (R) **2.15** Country Tracks (R) **3.10** Ben Fogle's Escape in Time (R) **3.55-6.00am** BBC News

7.00 Queens of Heartache
The careers of 20th-century singers Edith Piaf, Billie Holiday, Judy Garland, Maria Callas and Janis Joplin. Who?(R)

8.00 Coast (R)

9.00 The Big School Lottery
The pupils find out what school they have been allocated to.

10.00 Grumpy Old Holidays
BBC2 really like creating shows with the word 'grumpy' in the title. This does not make the shows any good though. (R)

10.30 Newsnight

11.20 E Numbers: An Edible Adventure
A TV show about food additives. Awful. (R)

12.20am Home Movie Roadshow Uncut

1.20-3.55am BBC News

7.00 Emmerdale
Maisie prepares to leave the village. Is Maisie a cow? So sounds like one. Moo.

7.30 The Unforgettable Mollie Sugden
Profile of a dead comedy actress.

8.00 Midsomer Murders
More murder in the village.

10.00 ITV News, Weather

10.35 Words of the Blitz
Interested in the Blitz? Watch this. Not interested? Move along then.

11.35 Send in the Dogs
Dope-sniffing dogs. (R)

12.30am The Zone

2.30 **FILM** The Lion in Winter: *Historical drama starring Peter O'Toole. 4.50-5.30am* ITV Nightscreen

7.00 News

7.55 4thought.tv
Five minutes of your life you'll never ever get back.

8.00 How to Look Good Naked
Squint.

9.00 Ultimate Big Brother
The latest goings on.

10.00 Derren Brown Live
MUST-SEE Derren does more magical brain twists than foolery with Joe Public.

11.05 Ultimate Big Brother
Another one's booted out.

11.35 School of Comedy
Sketches include the bad news police.

12.05am Music on 4: Student Tour (R)

12.25 4Play: Laura Marling
12.40 The Crush
Rick Edwards is joined by McFly, Alasha Dixon and Example for a music roundup.

1.05 Ultimate Big Brother: Live **2.45** **FILM** Broken Lizard's Club Dread: *Spoof horror. 4.30* **SPORT** Beach Volleyball **5.25-6.10am** Countdown (R)

7.00 Five News at 7

7.30 Michaela's Zoo Babies
This show will make your missus go ahhh, and you go grrr. (R)

8.00 Emergency Bikers
Paramedics on bikes.

9.00 NCIS
Abby babysits a bright nine-year-old while the rest of the team searches for the youngster's missing father. (R)

10.00 Law & Order: Criminal Intent
An aspiring author is murdered.

11.00 Law & Order
Briscoe and Green investigate a spate of murders, and find a pattern. (R)

11.55 Poker
SPORT The Big Game IV. Hold 'em and fold 'em fun.

12.55am SuperCasino

4.05 Chinese Food in Minutes **4.30** The Boss Is Coming to Dinner **4.55** Animal Rescue Squad **5.10** The New Tomorrow **5.35-6.00am** Michaela's Wild Challenge

REGIONAL VARIATIONS

BBC1 SCOTLAND: **7.30pm** The Beechgrove Garden
BBC1 NORTHERN IRELAND: **10.45pm** Our William
11.15 Crimewatch Update **11.25** Reggie Perrin
11.55 The Armstrong & Miller Show **12.25am** BBC News **BBC2 SCOTLAND:** **11.00pm** Newsnight

Scotland, Weather **5TV:** **8.00pm** Animals Are Amazing **9.00** Real Crime with Mark Austin: Yvonne Fletcher - Justice Betrayed **10.30** STV News and Weather **10.45** iTunes Festival Highlights 2010 **11.40** On the Buses **12.10am** Brain Box **1.00** The

Jeremy Kyle Show **2.00-5.30am** The Nightshift
ULSTER: **10.30pm** UTV Live Tonight **11.00** Words of the Blitz **12.00am** Brain Box

TODAY'S SPORT



6.00am Good Morning Sports Fans
9.00 Football Asia
9.30 Twenty20 Cricket (HD)
11.30 Ladies European Tour Golf
12.30pm Twenty20 Cricket: (HD)
2.30 Football Asia
3.00 A-League
3.30 Twenty20 Cricket (HD)
5.30 FIFA Futbol Mundial
6.00 Boots 'n' All
7.00 SkySports News
7.30 International Football
9.30 Total Rugby
10.00 Boots 'n' All
11.00 FIFA Futbol Mundial
11.30 International Football
1.30am Boots 'n' All
2.30 FIFA Futbol Mundial
3.00 International Football
5.00 FIFA Futbol Mundial
5.30-6.00am Total Rugby



6.00am Aerobics
6.30 Ocean Ride
7.00 WWE: Vintage Collection: *More spandex dad tittin'-around.*
8.00 Ladies European Tour Golf
9.00 PGA EuroPro Tour Golf
11.00 Poker Million (HD)
1.00pm US Open Tennis (HD)
4.00 **FILM** Tennis: *The tournament reaches the quarter-final stage, with the last remaining eight players looking to make it to the final four. Federer, Nadal, Djokovic and Murray? We hope not, for Andy's sake!* (HD)
10.00 Transworld Sport
11.00 Inside the PGA Tour (HD)
11.30 Total Rugby
12.00am-4.00am **FILM** Tennis: *Further late-night coverage from Flushing Meadows, where the line-up for the women's last four is set to be decided.* (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

4.50pm The Barefoot Contessa: *Satirical drama, starring Humphrey Bogart. 7.25* The Man: *Comedy starring Samuel L Jackson and Eugene Levy. 9.00* Once Upon a Time in the Midlands: *Western-style drama starring Robert Carlyle. A petty criminal runs off with the proceeds of a robbery in Glasgow and heads for Nottingham. 11.00* Small Time: *Comedy drama starring Mat Hand. 12.05am* Where's the Money, Ronnie? **12.20** The Sin Eater: *Horror starring Heath Ledger. 2.25-4.00am* Highwaymen: *Horror starring Jim Caviezel.*



10.00 30 for 30 **11.00** Football **12.30am** Press Pass **1.00** ESPN Kicks **1.15** VW Scirocco Cup **2.15** DTM Review **3.15** F3 Euroseries **4.15-5.15am** 30 for 30

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Frasier **9.00** Two and a Half Men **10.00** Sex and the City **11.15** Samantha Who? **12.15am** Two and a Half Men **1.15** South Park **2.15** Sex and the City **3.25** Grouchy Young Men **3.55** Two and a Half Men **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Great TV Mistakes **8.00** Don't Tell the Bride **9.00** **FILM** Under Siege 2: **10.30** Family Guy **11.20** American Dad! **12.05am** Ideal **12.35** Him and Her **1.05** The Real Hustle: *Celebrity Scammers* **1.35** Great TV Mistakes **2.35** Ideal **3.05** Him and Her **3.35** The Real Hustle: *Celebrity Scammers* **4.05-5.05am** Don't Tell the Bride

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** Ugly Betty **10.00** Come Dine with Me:

Big Brother Winners **11.05** Friends **11.35** Big Brother's Big Mouth: *Fans of the reality show share their views. 12.40-6.00am* Ultimate Big Brother: Live

DAVE (111)

7.00pm The Gadget Show **7.30** Speed: *The effects of air pressure at high velocity. 8.00* Seaside Rescue **9.00** QI **9.40** Mock the Week **10.20** Would I Lie to You? **11.00** Argumental **11.45** QI **12.25am** Mock the Week **1.05** Would I Lie to You? **1.45** The League of Gentlemen **2.15** Lead Balloon: *Sitcom starring Jack Dee. 2.45-3.00am* **SPORT** Radical Highs

MTV (350)

7.00pm The City **8.00** Teen Mom **9.00** The Hard Times of RJ Berger: *Double-bill. 10.00* Jersey Shore **11.00** Disaster Date **12.00am** South Park **1.00am** The Dudesons in America **2.00** Nitro Circus **3.00-6.00am** All the Hits

sky1

6.00am The Real A&E (R) **6.30** The Real A&E (R) **7.00** Brainiac: Science Abuse (R) **8.00** Oops TV (R) **9.00** Bondi Vet (R)(HD) **9.30** Bondi Vet (R)(HD) **10.00** Bones (R)(HD) **11.00** Wedding SOS (R)(HD) **11.30** Babies at Risk (R) **12.00noon** First Love (R) **1.00pm** Project Runway (R) **2.00** Bones (R)(HD) **3.00** Stargate SG-1 (R)(HD) **4.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R)(HD) **6.30** The Simpsons (R)

7.00 The Simpsons

Bart and Lisa foolishly help extraterrestrials phone home. (R)

7.30 The Simpsons

Homer's jealous when a classmate is inducted into the Springfield Walk of Fame. (R)(HD)

8.00 Vet Adventures

Luke helps a charity and rescues a maggot-infested dog. Rank! (HD)

9.00 Must Be the Music

Five more acts compete in the second semi-final. This show seems to be having loads of finals. (R)(HD)

10.15 Must Be the Music - Meet the Semi-Finalists

It's on. Again. (R)(HD)

11.00 Notting Hill

FILM It's got Hugh Grant in it. It's a romantic comedy. Still reading this? Why oh why? (HD)

1.20am Road Wars (R) 1.50 Street Wars (R) 2.40 The 4400 (R)(HD) 3.30 Oops TV (R) 4.20 Top Design (R)(HD) 5.10-6.00am Sell Me the Answer (R)(HD)

CHANNEL ONE (121)

7.00pm Star Trek: Voyager **8.00** Brit Cops: Zero Tolerance **9.00** Criminal Minds **11.00** Medium **12.00am** Challenge Jackpot **3.00am** Take It or Leave It **4.00-5.00am** Classic Who Wants to Be a Millionaire?

SYFY (129)

7.00pm Legend of the Seeker **8.00** **FILM** Disaster Zone: Volcano in New York: Thriller, starring Costas Mandylor. **9.50** **FILM** Ice Twisters: Thriller. **11.40** **FILM** Gryphon: Fantasy adventure. **1.30am** 3rd Rock from the Sun **2.00** Tin Man **3.00** Legend of the Seeker **4.00** Smallville **5.00-6.00am** Angel

FX (164)

7.00pm NCIS **9.00** American Dad! **10.00** **MUST-SEE** Burn Notice **11.00** Dexter **12.05am** Farscape **1.05** Babylon 5 **2.05** ReGenesis **3.05-4.05am** Water Rats

TODAY'S MUST-SEES



After another operation, Torres was finally match-fit

Terminator: Salvation

Sky Movies Premiere, 8pm

FILM It's 2018 and John Connor (Christian Bale) pretty much failed to stop Skynet. The machines have taken over, seeking out the human race and splatting them like flies. Connor has learnt the machines are planning to kill him and Kyle Reese – the man who'll go back in time and impregnate his mother. Still with us? Good. Anyway, with ace CGI effects to boot, you don't want to miss this blockbuster! ★★★★★

WAR MACHINES!



The robot beetle prepared for world domination

Bugatti Super Car Nat Geo, 9pm

CARS There are many reasons the Bugatti Veyron (above) is Jeremy Clarkson's favourite car ever. This documentary, which goes inside the Bugatti factory for the first time, reveals all sorts, including the bolts that cost a whopping £75 each! ★★★



"If it comes up on black, I'm getting my wife's boobs done"

Derren Brown Live C4, 10pm

MAGIC Here's what we know: this is a brand-new Derren Brown show where he takes a member of the public and does something spectacular with them. That's quite literally it, but Derren never fails to entertain. Enjoy! ★★★★★



"Mum, I know my watch is silly, but you're wearing a blanket"

Burn Notice FX, 10pm

DRAMA Fiona, Sam and Michael help a couple recover their kidnapped son, but a pesky Miami copper chucks a spanner in the works when he discovers a storage unit full of Michael's explosives. Mind your own business, flatfoot! ★★★



facebook

Join 1000s of other fans on our official page.

facebook.com/nuts.magazine

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Helicopter Heroes
10.00 Homes Under the Hammer **11.00** To Buy or Not to Buy **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show

7.30 EastEnders

Phil and Peggy have an emotional showdown. It's their third this week.

8.00 Watchdog

NEW Anne Robinson catches some more dodgy companies with their pants down. Rip-offs ahoy!

9.00 Small Teen, Big World

Docu about a teenage dwarf. Actually.

10.00 BBC News, Weather

10.35 The Spending Review: The London Debate

Political claptrap. We'll pass, thanks.

11.25 Underclassman

FILM Comedy thriller about a cop going undercover at a posh LA school to solve the murder of a student. Daft, but quite funny in places.

1.00am Sign Zone: Panorama (R) **1.30** Countryfile (R) **2.25** Ben Fogle's Escape in Time (R) **3.10-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Living Dangerously (R) **12.00noon** Daily Politics **12.30pm** GMT **1.00** Animal Park (R) **2.00** Wanted Down Under (R) **3.00** Put Your Money Where Your Mouth Is (R) **3.45** Flog It! **4.30** Pointless **5.15** Escape to the Country **6.00** Eggheads **6.30** Climbing Great Buildings

7.00 Mountain Gorilla

More banana-guzzling antics. (R)

8.00 E Numbers: An Edible Adventure

The chemicals that end up in your grub.

9.00 Gareth Malone's Extraordinary School for Boys

NEW The choirmaster teaches in a primary school for one term, hoping to get a bunch of pre-teen lads to sing. Good luck with that, mate.

10.00 Mock the Week

With Chris Addison and Milton Jones.

10.30 Newsnight

11.20 Nurse Jackie

A film critic ends up in a coma after Zoey gives him the wrong painkiller. Oops. (R)

11.45 Nurse Jackie

Eddie threatens to tell Jackie's co-workers about her family. (R)

12.15am Reading Festival 2010

The best bits from the festival including sets from Guns N' Roses, Arcade Fire and Queens of the Stone Age. (R)

1.45-3.10am BBC News

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News **2.00** 60 Minute Makeover **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale

Declan urges Natasha to speak. For the last time mate, pigs can't talk!

7.30 Litter Legacy: Tonight

8.00 Emmerdale

More rural rubbish on the farm.

8.30 Coronation Street

Manc-based misery in the rain.

9.00 Law & Order: UK

NEW Two children go on trial for killing a toddler. Grim.

10.00 ITV News, Weather

10.35 United 93

MUST-SEE This utterly brilliant film from *Bourne Ultimatum* director Paul Greengrass recreates the final flight of United Airlines 93, the fourth plane to be hijacked by al-Qaeda terrorists on 11 September 2001. Uplifting and upsetting at the same time, it's an essential watch.

12.35am The Zone

2.35 **SPORT** British Touring Car Championship Highlights **3.50** The Jeremy Kyle Show (R) **4.45-5.30am** ITV Nightscreen

4

6.10am The Treadle People (R) **6.20** The Hoobs (R) **6.45** Big Brother's Little Brother **7.10** Ultimate Big Brother (R) **8.35** The Hollyoaks Music Show (R) **9.05** Friends (R) **10.05** The Good Wife (R) **11.05** Desperate Housewives (R) **12.00noon** Channel 4 News Summary **12.05pm** Brothers & Sisters **1.00** **FILM** Casablanca: *Romantic drama starring Humphrey Bogart. 2.55* Wogan's Perfect Recall **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons **6.30** Hollyoaks

7.00 News

7.55 4thought.tv

8.00 Ultimate Big Brother

Highlights from the past 24 hours in the house. Who's having a meltdown now?

9.00 Alan Davies' Teenage Revolution

NEW The Q! gag-merchant looks back to the 1980s, beginning by returning to Essex and confronting the leader of the local gang who terrorised his teenage years. Go on, Al!

10.00 8 Out of 10 Cats: Big Brother Special

MUST-SEE Former housemates from the reality show line up for Jimmy Carr and friends to tear strips off them. Funny stuff.

10.50 My Funniest Year: 2000

Rufus Hound tells the story of the year 2000, focussing on the funny bits, obviously. (R)

12.50am Music on 4: The Album Chart Show Spotlight

1.05 Ultimate Big Brother: Live **5.35-6.20am** Countdown (R)

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: NY (R) **12.40pm** Five News **12.45** Chinese Food in Minutes (R) **1.15** The Boss Is Coming to Dinner **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.05** **FILM** Family Sins: *Drama starring Kirstie Alley. 5.00* Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 Escape from Apollo 13

Docu charting the massive balls-up that left moon-rocket Apollo 13 in serious strife back in 1970. (R)

8.00 The Wright Stuff 10th Birthday Special

Anniversary edition of mega-smug presenter Matthew Wright's morning talk show. Give it a wide berth.

9.00 9/11 Crime

Scene Investigators

Members of the NYPD's elite Crime Scene Unit remember their efforts to find survivors in the aftermath of the World Trade Centre disaster.

10.00 Nowhere to Run

FILM Dodgy action thriller starring Jean-Claude Van Damme as an escaped convict who shacks up with Rosanna Arquette and her kids.

12.05am SuperCasino

4.05 Chinese Food in Minutes **4.30** The Boss Is Coming to Dinner **4.55** Animal Rescue Squad **5.10** The New Tomorrow **5.35-6.00am** Michaela's Wild Challenge

REGIONAL VARIATIONS

BBC1 SCOTLAND: **9.00pm** Holly City **10.35** Small Teen, Big World **11.35** **FILM** Underclassman. Comedy thriller starring Nick Cannon and Cheech Marin. **1.05am** Sign Zone: Madness in the Fast Lane **1.55-2.25am** Sign Zone: Panorama **BBC1**

NORTHERN IRELAND: **10.35pm** Show Me the Mummy **11.35-1.30am** **FILM** Their Eyes Were Watching God. Period drama starring Halle Berry. **BBC1 WALES:** **10.35pm** Saints and Scroungers **11.05** **FILM** Underclassman. Comedy thriller. **12.35-**

1.00 BBC News **BBC2 SCOTLAND:** **11.00-11.20** Newsnight Scotland, Weather **STV:** **9.00pm** Underbelly: A Tale of Two Cities **10.30** STV News and Weather **10.40** Superhuman: Super Strong **11.40** Politics Now **12.10am** Brain Box **1.00** The Jeremy

Kyle Show **2.00-5.30am** The Nightshift **ULSTER:** **7.30pm** The Seven Thirty Show **10.30** **ITV** Live **Tonight 11.00** Litter Legacy: Tonight **11.30** **SPORT** RPM Motorsport **12.00n't-2.35am** Brain Box **ITV1 WALES:** **7.30pm** Segar on Success **10.35** Litter

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD)
9.00 International Football
11.00 FIFA Futbol Mundial
11.30 Boots 'n' All
12.30pm International Football
2.30 FIFA Futbol Mundial
3.00 Boots 'n' All
4.00 International Football
6.00 Cricket
7.00 Sky Sports News
7.30 Premier League World (HD)
8.00 The Rugby Club (HD)
9.00 Ringside
10.00 Time of Our Lives
11.00 The Rugby Club (HD)
12.00n't **FILM** NFL: *Stateside carnage as New Orleans Saints take on Minnesota Vikings, in the opening match of the season. Kick-off, 1.30am. (HD)*
4.30am Ringside
5.30-6.00am Premier League World

sky SPORTS 2

6.00am Aerobics
6.30 Ocean Ride
7.00 WWE: Experience (HD)
8.00 British Motocross Championship
9.00 Boots 'n' All
10.00 Transworld Sport
11.00 Aerobics
11.30 Racing News
12.00noon Watersports World
1.00pm US Open Tennis (HD)
4.00 **FILM** US Open Tennis: *Ball-battering action with live coverage of the men's quarter-finals at Flushing Meadows in New York. (HD)*
10.00 ATP Tour Uncovered
10.30 Premier League World (HD)
11.00 Cricket
12.00n't **FILM** US Open Tennis: *The quarter-finals continue, as the final four in the men's draw are decided. (HD)*
4.00-5.00 The Rugby Club (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.00pm Fantastic Four: *Sci-fi comic book adventure, starring Ioan Gruffudd. 9.00* X-Men: *Comic book adventure starring Hugh Jackman. 11.00* Dead Man's Shoes: *Psychological thriller starring Paddy Considine. 12.45am* Shane's World **2.15** Where's the Money, Ronnie? **2.30** Small Time: *Comedy drama. 3.35-3.45am* Scott Pilgrim Special

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Frasier **9.00** Two and a Half Men **10.00** Jack Dee Live at the Apollo **11.40** **FILM** Scream 3:

7.00pm Press Pass **2010** **7.30** 30 for 30 **9.30** Goal! **10.00**

MMA Live **10.45** UFC **11.45** ESPN Kicks Extra **12.00n't** Baseball **3.00am** French Top 14 Rugby Union **3.30** Press Pass **2010** **4.00-6.00am** **FILM** Major League Soccer

Horror sequel starring Neve Campbell. 1.50am Two and a Half Men **2.20** Rules of Engagement **3.20** South Park **4.15** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Top Gear **8.00** Glamour Models, Mum and Me **9.00** Edinburgh Comedy Fest Live **10.00** EastEnders **10.30** The King Is Dead **11.00** Family Guy **11.45** Him and Her **12.15am** Edinburgh Comedy Fest Live **1.15** The King Is Dead **1.45** Underage and Pregnant **2.15** Baby Beauty Queens **2.45** Glamour Models, Mum and Me **3.45** Tullisa - My Mum and Me **4.45-5.15am** Him and Her

E4 (136)

7.00pm Hollyoaks **7.30** Friends **9.00** The Big Bang Theory: *The gang fights over a ring it believes was used in The Lord of the Rings. 9.30* How I Met Your Mother

10.00 Accidentally on Purpose **10.35** Alan Carr: Chatty Man **12.15-6.00am** Ultimate Big Brother: Live

DAVE (111)

7.00pm The Gadget Show **7.30** Speed **8.00** Three Men in More Than One Boat **9.00** QI **9.40** Would I Lie to You? **10.20** Argumental **11.00** Rob Brydon's Annually Retentive **11.40** Zimbari **12.00n't** QI **12.40am** Argumental **1.20** Never Mind the Buzzcocks **1.55** Lead Balloon **2.25** Chandon Pictures **2.50-3.00am** **SPORT** Radical Highs

MTV (350)

7.00pm The City **8.00** Teen Mom: *Reality series. 9.00* Jersey Shore: *Sam says she still has feelings for Ron. 10.00* The Hard Times of J Berger **11.00** Disaster Date **12.00n't** South Park **1.00am** The Dudesons in America **2.00** Nitro Circus **3.00-6.00am** All the Hits: *Music videos.*



6.00am The Real A&E (R) **7.00** Brainiac: Science Abuse (R) **8.00** Oops TV (R) **9.00** Bondi Vet (R)(HD) **10.00** Bones (R)(HD) **11.00** Wedding SOS (R)(HD) **11.30** Adoption Diaries (R) **12.00noon** The Real A&E (R) **1.00pm** Project Runway (R) **2.00** Bones (R)(HD) **3.00** Stargate SG-1 (R)(HD) **4.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R)(HD) **6.30** The Simpsons (R)

7.00 The Simpsons

Lisa is addicted to passive smoking. (R)

7.30 The Simpsons

Lisa becomes attached to a beached whale. No, not Homer... (R)(HD)

8.00 The Real A&E

A man is trapped under a 13-tonne truck for almost an hour. Oof! (R)(HD)

8.30 An Idiot Abroad - Preview

Another chance to catch Karl Pilkington's new travel show. Watch it, it's ace.

9.00 Lie to Me

MUST-SEE Cal becomes entangled in the case when a reporter is found murdered. (HD)

10.00 NCIS: Los Angeles

Sam goes undercover as a fighter in a mixed martial-arts gym. Bold. (R)(HD)

11.00 NCIS: Los Angeles

A Navy Lieutenant is found dead. (R)(HD)

12.00m't A League of Their Own

With Jimmy Carr on guest duties. (R)(HD)

12.30am Road Wars

1.00 Street Wars (R) **1.50** Inside: Teen Lockdown (R) **2.40** Oops TV (R) **3.30** The 4400 (R)(HD) **4.20** Top Design (R)(HD) **5.10-6.00am** Sell Me the Answer (R)(HD)

Legacy: Tonight **11.05** The Wales Show **11.35** Countrywise **12.05am** I Was There **12.25-12.35am** Simply Gardening

CHANNEL ONE (121)

7.00pm Star Trek: Voyager **8.00** Chuck **9.00** Medium **10.00** Ghost Whisperer **11.00** Star Trek: Enterprise **12.00m't** Challenge Jackpot **3.00am** Take It or Leave It **4.00-5.00am** Classic Who Wants to Be a Millionaire?

SYFY (129)

7.00pm Legend of the Seeker **8.05** Tin Man **10.00** A Town Called Eureka **11.00** **FILM** Merlin and the War of the Dragons: Fantasy adventure. **12.50am** **FILM** Ba'al: The Storm God: Fantasy thriller. **3.00** Legend of the Seeker **4.00** Smallville **5.00-6.00am** Angel

FX (164)

7.00pm NCIS **9.00** Family Guy: Double bill. **10.00** American Dad! Double bill. **11.00** Better Off Ted **12.00m't** Farscape **1.00am** Babylon 5 **2.00** ReGenesis **3.00-4.00am** Water Rats

TODAY'S MUST-SEES

"Next time, we'll pick the wallpaper together!"



NEW SERIES!

8 Out Of 10 Cats Big Brother Special

Channel 4, 10pm

COMEDY To kick off the impending new series, here's the yearly special BB episode of 8 Out Of 10 Cats, which is always brilliant. Jimmy Carr does his normal excellent hosting and makes us smile at his ridiculous laugh, while Sean Lock will no doubt be clueless as to who any of the housemates are and Jason Manford just doesn't care. Welcome back, lads! ★★★★★



Spider-Man was showing his age

Lie To Me Sky1/HD, 9pm

DRAMA It's the last episode of the series and with political corruption the order of the day, plus Cal discovering a murdered journo (gulp!), dodgy cops and a whole load of suspicious circumstances, it's sure to go out with a bang. ★★★★★



"Jesus, how much did I have to drink last night?"

I Shouldn't Be Alive

Discovery Channel, 9pm

DOCU This isn't the life story of a kitten chucked into a wheelie bin, but a pretty serious doc about an extreme sports fiend called Danielle who got stuck 60ft down a canyon wall. Oops! ★★★



Passengers take on the terrorists on 9/11

United 93 ITV1, 10.35pm

FILM With the anniversary of 9/11 approaching, here's a chance to see Paul Greengrass' film about United 93, the flight where passengers fought back against the terrorists. The story unfolds in real time and it's moving stuff! ★★★★★



SOMETHING HUGE IS COMING TO MTV

SUNDAYS 10PM

THE HARD TIMES OF RJ BERGER



PREVIEWS: DANIELLE GRAYH, PETE CASHMORE, RICH JENKINS

TOM WATSON VS **ALEX REID**
'KONG' **'REIDERNATOR'**

THE UK'S MOST EXPLOSIVE
MIXED MARTIAL ARTS EVENT

BAMMA

4

SATURDAY
25TH SEPT 2010
THE NIA, BIRMINGHAM

TICKETS AVAILABLE FROM £15

WWW.THETICKETFACTORY.COM

0844 338 8000


Nuts

WWW.BAMMA.COM



FASHION

EVOLUTION OF THE SPECIES




NOW IN STOCK
SPIDER 8.1 URBAN
MAGNUM £115.00

YOUR PROMO CODE: NUTSKEY


ENTER CODE ABOVE TO RECEIVE A FREE RETRACTABLE KEY REEL

VISIT WWW.MEANANDGREEN.COM OR CALL 08458 931133 TO VIEW OUR FULL RANGE OF MAGNUM FOOTWEAR




ENTERTAINMENT

Commercial Diving An Enhanced Career Choice



Professional Diving Academy



professionaldivingacademy.com

tel: +44 (0) 01369 701 701
fax: +44 (0) 01369 701 700

"Request Our Information Pack"

LONDON'S BIGGEST PARTY

DIRTY POP

— EVERY —

SATURDAY



MAIN ROOM

NEW POP

80's & 90's CHEESE



OUTDOOR TERRACE

FUNKY HOUSE & CLUB CLASSICS



10PM - 5AM

THAT CLUB

338 BOORD STREET, GREENWICH, LONDON, SE10 0PF

ADMISSION
£8 ON GUESTLIST - MORE IF NOT
NUS STUDENTS, £5 B4 11PM

AGE RESTRICTION
OVER 21 - FUN, SEXY... IT'S NOT A CATWALK!

RESERVATION
TABLES/BIRTHDAY BOOKINGS 07707 327 681



:LOOKING FOR PROMOTIONAL STAFF:
WE ARE NOW LOOKING FOR PROMOTIONAL GIRLS TO WORK ON OUR NIGHTS AND DURING THE WEEK. IF YOU HAVE WHAT IT TAKES, PLEASE SEND A PHOTO AND DETAILS TO:
INFO@DIRTYPOPEVENTS.COM

WWW.DIRTYPOPEVENTS.COM

HOT MOBILE VIDEOS

NO SUBSCRIPTIONS GUARANTEED!

 Horny Holly McGuire 371809	 Pierced Blonde Gets Hot! 379121	 Saucy Babe Reveals All 378724
 Very Horny Brunette! 378722	 BB Sophie's Home Movie 372125	 Naughty College Girl 379887
 Very Naughty PVC Catsuit! 378758	 Horny Holly's Home Movie 378770	 Big Boobed Neighbour 376629
 Hot Neighbours Bedroom Cam 377661	 Very Horny Bedroom Strip 370497	 Uni Students Hot Antics! 376746
 Frisky Blonde Loves To Strip 378243	 Hot Bedroom Antics 378625	 Horny Blondes Kitchen Romp 378701



ROSIE JONES
NAUGHTY STRIPEASE ON CAM!
378768

- Lucy Pinder And Lindsay Struff Romp.....371682
- Too Rude Too Describe.....373512
- Mates Mum Unleashes Her Massive Boobs.....371623
- 19yr Student Sleepover Turns Naughty.....375669
- Carla Slips Out Of Her Skirt.....378700
- Mates Mum Teases Me Hard.....375924
- My Girls Best Mate Got Naked for Me.....379118
- Caught Mum Seducing My Hot Girlfriend.....373642
- 18 Yr Olds First Uncensored Home Movie.....372177
- My Naughty Wife Got It On With My Bro.....376509
- Naughty Nurses Huge Jugs Get Fondled.....377295
- Lucy Pinder Close Up.....376403
- Jana In The Bedroom.....374777
- My Girl And My Ex.....376874
- Caught My Sisters Mate Playing Outside.....376387
- Big Boobs Babe Shower Self Play Vid.....376412
- Naughty Neighbour Gets Filmed.....374778
- Hollyoaks Babe Look-A-Like Uncensored.....378624
- Local Girls Mum Gets Randy.....375602
- I Caught My Ex With My New Girl.....371633
- Mates Mum Lets Me Fil Her.....373865
- Danielle Lloyd Strips Off Everything.....371238
- Busty Blonde Lick.....379082
- Rosie Jones And Friends Get Frisky For You.....379659
- 2 Students Get It On.....376875
- Room Mates Get Randy.....376146
- Seduced By Uni Girls.....372092
- Home Alone Housewife Plays On Cam.....376156
- My Dads Secretary Likes To Get Naked For Me.....379868
- Naughty Student Nurse.....374393
- Hot Girl Strips Bare On All Fours.....374431
- My Neighbour Is A Kinky Girl.....370828
- Sexy Brunette Caught With My Ex.....374465
- Snatch A Peek.....370572
- Naughty 19 year old.....370835
- All's First Time On Camera.....370504
- Brookes Bedroom Play.....370509

 Very Naughty Girl! 378241	 Rude Brunette's Hot Rear! 378703
 Rosie Jones & Friends Nude 378202	 Saucy Babe Teases! 373513
 Danielle Lloyd's Randy Roleplay 374537	 Holly McGuire's Hot Assets 377639



BB'S CHANELLE
SHOWS YOU HER HOT ASSETS!
377299

TEXTALERTS

- | | | |
|--|--|---|
| Inbetweeners - Oooh Friend — 371404 | | Meerkat - Meerkat Simples — 377015 |
| Achmed - Silence I Kill You — 373885 | | Text On Fire Spoo! — 374708 |
| Die Hard - Yippee Ki Yay... — 371360 | | Taris Noise — 373707 |
| Fast & Furious Dump Valve — 373846 | | Scooby Laugh — 370862 |
| Gavin & Stacey - ...Occuring— 375722 | | Family Guy - Stewie - Mom Mom... — 374143 |
| Family Guy - Surfing Bird — 371356 | | Air Raid Siren — 378058 |
| Quagmire - Giggerty Giggerty — 371104 | | Stus Tiger Song — 376279 |
| The Hangover - Paging Dr F**got — 372950 | | Ewok Growl — 379090 |
| Superbad - I am McLovin — 373183 | | Formula 1 Cars — 378053 |
| Family Guy - Shipooopi Song — 379391 | | Inbetweeners - You Bumder! — 374183 |
| Carlman Hissy Fit — 370182 | | Star Wars Lightsabre On Sound — 370655 |
| Karate Kid - Wax On Wax Off — 375854 | | Stewie - Victory Is Mine — 375851 |
| Classic Sega Logo SFX — 375844 | | Looney Tunes Intro — 379132 |
| Pulp Fiction - Say What Again — 379696 | | Popeye Laugh — 370386 |
| Star Trek Communicator — 373700 | | Peter Griffin Laugh — 374956 |

THEMETUNES

- | | | |
|------------------------------|--|------------------------------|
| Formula 1 — 376395 | | Life On Mars — 372416 |
| The Great Escape — 372168 | | The IT Crowd — 375380 |
| True Blood — 376667 | | Match Of The Day — 376057 |
| Dueling Banjos — 373290 | | Top Gun — 377156 |
| Knightrider — 377143 | | Only Fools & Horses — 373188 |
| Walker Texas Ranger — 373501 | | BBC Snooker Theme — 376092 |
| MacGyver — 370442 | | |
| Monty Python — 370464 | | |
| Reservoir Dogs — 370387 | | |

FREE VIDEO!
txt HOT to 80155 texts cost 25p



TO ORDER: txt DBM (space) ITEM CODE to 80155
EG: txt DBM 377299 to 80155 **NO SUBSCRIPTIONS**
All items cost £3

FREE THEMETUNE TEXT ALERT!
txt LINK37 to 80155 texts cost 25p

80155 is aged 16+. Requests to 80155 charged at 25p. Wap/ GPRS Required. Videos in excess of 500k. All models used are 18+. Free Video: standard network costs apply. Text alerts & theme tunes produced by impressionists and do not carry the approval or endorsement of the personality involved or any broadcasting institution. K2 Media or its associates may contact you by SMS with the latest promotions & similar products. To end text STOP to 80155. dbm is a Trade Mark of K2 Media Ltd, PO Box 162, Kendal, LA8 8WW UK. Support 0844 879 7228.

Fulfill your fantasies - 18+ Adults only prs service

The HOTTEST personas! The HOTTEST photos! AND VIDEOS

Want the HOTTEST HOOK UPS?

18+ HAVE FUN TONIGHT! GET PHOTOS & HOOK UP VIA YOUR MOBILE WHEN IT SUITS YOU

<p>Gill, UK (34)</p>  <p>Get my hot pix...and lets hook up...text</p> <p>GILL to 68889</p>	<p>Anna, London (36)</p>  <p>Get my hot pix...text</p> <p>ANNA to 68889</p>	<p>Caro, Wales, (44)</p>  <p>Get my hot pix...text</p> <p>CARO to 68889</p>	<p>North East (18)</p>  <p>Get my hot pix...text</p> <p>BLONDIE to 68889</p>	<p>Tash, Glasgow (18)</p>  <p>Get my hot pix...text</p> <p>TASH to 68889</p>	<p>Minki, Leics (18)</p>  <p>Get my hot pix...text</p> <p>MINKI to 68889</p>	<p>Claire, UK (38)</p>  <p>Get my hot pix...text</p> <p>CLAIRE to 68889</p>	<p>Val, UK (40s)</p>  <p>Get my hot pix...text</p> <p>VAL to 68889</p>
--	---	---	--	---	--	---	--

25p per message sent into 68889 £1.50 per received text from 68889. MAXIMUM 4 BILLED MESSAGES PER REPLY. See virtual terms online at www.ukeasyaction.com STRICTLY ADULTS 18+

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM!

<p>Meg, Lancashire.</p>  <p>Get my hot pix AND VIDEOS...Text</p> <p>MEG to 68889</p>	<p>Mill, 40s North England</p> <p>Fun loving naughty women with photos</p> <p>Get my hot pix...text</p> <p>KISSY to 68889</p>	<p>Katherine, WALES</p> <p>Can't wait to send you my sexy photos. anytime 24/7</p>  <p>Get my hot pix...text</p> <p>KATHERINE to 68889</p>	<p>Polly, 44 UK.</p>  <p>Get my hot pix...text</p> <p>POLLY to 68889</p>	<p>18+ ONLY</p> <p>POSTCODE MATCH!</p> <p>See who replies to your postcode....</p> <p>To be matched to a woman (with HOT photos & maybe HOT videos</p> <p>Text- PC followed by your postcode to 68889 (for example PC NE344NB)</p> <p>Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile</p> <p>*Text SWAP anytime to swap to a different 'hot woman'</p> <p>25p per message sent in. £1.50 per received text.</p>	<p>Kat, London. 18 years old!</p>  <p>Get my hot pix...text</p> <p>KAT to 68889</p>	<p>Ami, 20 GLOUCS.</p>  <p>Get my hot pix and HOT videos...text</p> <p>AMI to 68889</p>
<p>Liz, 20s Hants/UK</p>  <p>Get my hot pix AND HOT VIDEOS...text</p> <p>LIZ to 68889</p>	<p>Nat (19) MIDLANDS/UK</p>  <p>Text me anytime & Get my hot pix...and HOT VIDEOS xxx</p> <p>NAT to 68889</p>	<p>Janie, SOUTH (41)</p>  <p>Get my hot pix...text</p> <p>JANIE TO 68889</p>	<p>Tara, UK 47 ESSEX (34)</p>  <p>Get my pix... TARA47 to 68889</p> <p>Get my pix... DI to 68889</p>		<p>18, SCOT. Kitty, 18 Lancs.</p>  <p>Get my pix... JEWEL to 68889</p> <p>Get my pix... KITTY to 68889</p>	<p>Lee, 20 Leeds</p>  <p>Get my hot pix...and VIDEOS text</p> <p>LEE to 68889</p>
<p>Daze, anywhere UK</p>  <p>Get my hot pix...and HOT VIDEOS text</p> <p>DAZE to 68889</p>	<p>Mell, Belfast NI (18)</p>  <p>Single and fun loving Looking to hook up soon!</p> <p>Get my hot pix...text</p> <p>MELL to 68889</p>	<p>Rita, Wales/UK (45)</p> <p>Easy going, fun loving, ask me for my really hot pics!</p>  <p>Get my hot pix...text</p> <p>RITA45 to 68889</p>	<p>Saucy, 34 Kent/Sussex</p>  <p>Get my hot pix...text</p> <p>SAUCY to 68889</p>	<p>Lily, UK (40)</p> <p>Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text</p> <p>LILY to 68889</p> 	<p>Ker, Kent/London</p>  <p>Get my hot pix...and VIDEOS text</p> <p>KER to 68889</p>	

<p>Lib NORTH WEST (21)</p>  <p>Get my hot pix...and HOT VIDEOS text</p> <p>LIB to 68889</p>	<p>Nici, LANCS 38 and HOT!</p>  <p>Get my hot pix...text</p> <p>NICI to 68889</p>	<p>Leah, London/UK (19)</p>  <p>Get my hot pix...and HOT VIDEOS too text</p> <p>LEAH to 68889</p>	<p>Tani South West/UK (43)</p>  <p>Get my hot pix...text</p> <p>TANI to 68889</p>	<p>As Seen on TV</p> <p>HOOK UP NOW - VIA YOUR MOBILE</p>	<p>ANNE, 40s YORKS</p>  <p>Get my hot pix...and VIDEOS text</p> <p>ANNE to 68889</p>
<p>Carly, 18 UK</p>  <p>Get my hot pix...and HOT videos text</p> <p>CARLY to 68889</p>	<p>Kyli 20, SUSSEX</p>  <p>Get my hot pix and VIDEOS...text</p> <p>KYLI to 68889</p>	<p>Beverly Mids/UK (30s)</p>  <p>Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes age doesnt put you off! Get my hot pix...and hot videos text</p> <p>BEVERLY to 68889</p>	<p>UK ANYWHERE</p>  <p>Lets hook up Get my hot pix...text</p> <p>HWILKIE to 68889</p>		<p>Naughty, South West</p>  <p>Hot fun girl looking for flirts! Get my hot pix...and hot vids text</p> <p>NAUGHTY to 68889</p>

Strictly 18+. 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (maximum 4 billed messages per reply) Photos/videos sent in/received charged at 2 billed messages at £1.50 each (£3 in total). You must check your mobile is able to send/receive videos or photos. Contact your network for possible network charges. Real people replying NOT a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages received may appear on your bill. No meeting made or implied. Photos are for display purposes and not to be reproduced. For fantasy entertainment only, areas/details to aid this. Virtual service Terms and conditions @ www.ukeasyaction.com, please read the full virtual terms and conditions fully. B Media 331, 77 Beak Street, Soho, London W1F 6DB. HELP? 08459388647 To swap to a different persona text SWAP to 68889 at anytime. Please ensure you have credit in your phone if you are a PAYG user. We reserve the right to bar users if they are under 18. 18+ SERVICE only. To stop the service text STOP to 68889 at any time.

Messages sent in 25p. Messages received only £1.50. Maximum 4 messages per reply.

TO SWAP TO A DIFFERENT PERSONA TEXT SWAP TO 68889 AT ANYTIME.

DATING

RELAX & GET SEXY



Amazing **SEXY TEXT** hook up with local girls to relieve your stress x See our lovely pics now on your mobile xxx

TEXT EASY TO 67111

LL.P06538 NN27YN Help: 0844 671 4497 18+ SMS cost £1.50 each + standard network charges apply. To stop text 'STOP' to 69469.

SEXY TEXT EASY AND QUICK



Hot girls at home always ready & sexy **FOR YOU!** Text in now for girls pics - a great time guaranteed, full satisfaction xxx

TEXT KISS TO 67111

LL.P06538 NN27YN Help: 0844 671 4497 18+ SMS cost £1.50 each + standard network charges apply. To stop text 'STOP' to 69469.

TEXT TALK WITH PICTURE MESSAGING



Men: Text 'mpea' to 88199
Women: Text 'wpea' to 88199
Gay: Text 'gpea' to 88199
MIN SPEND £1.50

25p per msg sent/rcvd

Helpdesk 0844 944 0002. Stand network charges apply 18+. Women: Nbk charges only. Men/Gay: Join for 15p per msg for 1st 15 msgs sent/rcvd, 25p thereafter. Pic msgs cost £1.50 each. This is a subscription price, costing 25p per msg sent/rcvd until you send STOP to 88199. SP: X-On.

TEXTCHAT

£1.50 for 1st 15 msgs sent/rcvd. £1.50 per 6 msgs sent/rcvd thereafter.

Men: Text 'mwall' to 88199
Women: Text 'wwall' to 88199
Gay: Text 'gwall' to 88199

TEXT CHAT!

women text: ewall
men text: mwall
gay text: gwall

FREE FOR WOMEN*
1st 5 msgs FREE. £1.50 for 5 msgs sent/rcvd thereafter.

18+ Only Helpdesk 0844 944 0002. Standard network charges apply. *Women: Network charges only. Send STOP to 88199 to Stop. IP: X-On.

JOKELINES

Wacky's Just like a real conversation ... these WindUps respond to what is said!

WINDUP CALLS!

1. Sex Survey - Very rude & embarrassing.
- 2/3. Your numbers on my boy/girlfriends mobile - Why?
4. Overdue CreditCard - We're sending the Bailiffs.
5. You got my Girlfriend pregnant - Wanna fight?
6. 'Honey Trap' Call - Are they cheating on you?
7. Wrong Number - Is that the Massage Parlour?
8. The VAT Office want their £20k ... or else.
9. Your Car Insurance is being Revoked - from 12pm.
10. Caught Downloading Internet Porn ... & a virus!
11. Strange £1Million Bank account Deposit - Why? + more online.

0906 663 0211 0906 663 0211

HOW: Choose a Wind-Up. Call. Tell us their name & number, 38 back & listen secretly as we call them & play the Wind-Up ... Let the fun begin!

Helpline: 0844 482 3433. UK calls cost £1.50/min. Eire calls cost £1.75/min. Mobile's cost more. 38 pagers permission required. 18+ only. For entertainment purpose only. Visit www.wackyprankcalls.com for more.

FOR SALE

WELLCOOLSTUFF.COM

100's of T SHIRTS and COOL GIFTS B.B Guns

BB Guns & Paintball Supplies

HOW TO KILL A ZOMBIE

Weekend Forecast

Official Pulp Fiction Wallet

Digital Scales **ONLY £14.99**

T-SHIRTS FROM £9.99

Banksy Mugs

Nuts

Please mention Nuts when replying to advertisements

UK's BEST picture text & date service

FREE PICS!



Swap texts and pictures with UK women looking to meet guys now!

text FLIRT to 85588

18+. This is NOT a subscription service. Standard network charges apply to messages sent. Your mobile should be able to send and receive MMS photos and videos. Texts billed at £1.50 p/message. Meetings not implied or guaranteed. MMM Ltd Helpline: 0844 824 7446 PO Box 55766 London E14 1DT

FREE SEXY MOBILE VIDEO

For Every Reader!



TEXT: SEXY To: 82333

SMALL PRINT

*There is NO CHARGE to receive the movie.

18+. Mgs sent to 82333 max 17p. PTTX support@nut.com help:0707300354. Stop? text stop to 82333. Chg mgs cost £1.50. We may send you free promotional and/or service messages.

GET LIVE & SEXY WITH NAUGHTY GIRLS AT HOME



MATURE LADIES

Hot mature Ladies know how to get sexy with you! They're always willing to please new callers xxx

0909 897 2053



45p SWEET 18'S+

So very adventurous & fit bodies wanting men of all ages for adventure, fun and thrills xxx xxx xxx xxx

0908 145 2545



45p SEXY GIRLS

Ask what you really want and we will do everything you like. You'll come back for more! xxx

0908 145 0576



SEXY & MATURE OPEN ALL HOURS

Experienced Ladies - do you need it hard & fast? Well just call these tasty oldies - best get off in the UK!

0909 897 9111



40+ YEAR OLD SHARON

Ladies at home that are mature in so many special ways. Chat now to mature women xxx

0909 897 9416



45p GIRLFRIENDS JUST FOR YOU

Sexy babes at home desperate to be your girlfriend & to please you in everyway possible.

0908 145 0581



MATURE WOMAN CRAVES ATTENTION

We just know how to get you off as fast as you want. Superfast, mind-blowing satisfaction from very experienced fit ladies xxx

0909 897 0888



45p GIRLS AT HOME

Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx

0908 145 0580



ON THE PULL

The baddest girls in town who just adore horny guys looking for a quick fix and some adult relief at any time

0908 145 0575



GORGEOUS SINGLES

Casual singles seriously up for it with as many guys as you can believe. 30 secs to serious heaven when you just need to get off

0909 897 9412



SUPERFAST RELIEF!

For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!

0909 897 9442



JUST 18+

18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx

0909 897 2038



45p FAST RELIEF

Get ready to enjoy yourself. Cheap text off with lovely sexy girls desperate to relieve you and their own urges xxx

0908 145 0579



45p COLLEGE GIRLS 18+

Looking for horny guys to fill their recreation time! Eager and willing to please, all guys needed urgently for the ultimate get off today x

0908 145 0582



45p I'LL BLOW YOUR MIND

Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx

0908 145 2543



VERY BROAD MINDED

Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx

0909 897 9333



45p HAVE FUN & RELAX

Up close and personal - lovely girls at home just eager to go live with you 1 on 1 x

0908 145 2542



BEAUTIFUL LADIES

Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time

0909 897 9405



HUNGRY HOUSEWIVES

Just hungry for a wicked time. These gorgeous ladies just looking for an erotic time. 100% totally sexy stimulation xxx

0909 897 9447



45p SEXY GIRLS AT HOME

Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x

0908 145 2544



VERY HOT LADIES

Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x

0909 897 0612



45p DIVORCED & SEXY

Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx

0908 145 0577



45p HOT & SEXY

When you just cannot wait and need a real fast quickie session. Call now for relief

0908 145 0578

SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469 FOR CASUAL SEXY DATING VISIT www.DATES-4U.co.uk

Live Lines UK Limited PO6538 NN2 7YN. Help 0844 871 4487. 0900 887 Calls rec @ 50p per minute. 0908 088 Calls rec @ £1.50 per minute. 0908 145 Calls rec @ 45p per minute. Standard network charges apply. Mobile users may receive free text messages. You must be 18+ to use this service and have the bill payers permission before calling our service. SMS cost £1.50 each to receive + standard network charges apply. To stop just text 'STOP' to 86489.

Nuts PUB AMMO

Two pints of lager and a page of random facts, please!

His fishing boasts fooled no one



Man United's Javier Hernandez is nicknamed "Chicharito" (meaning "Little Pea") after his dad, who was nicknamed "Chicharo" (Pea) thanks to his striking green eyes.

Oxfordshire was the first county in the UK to scrap speed cameras this year.

Rapper 50 Cent started dealing drugs when he was just 12 years old.

Owing to the recession, half the villages in Britain no longer have a local pub.

Chewing gum has existed in various forms since the Neolithic period, some 5,000 years ago.

The escapologist Harry Houdini was the first man to fly solo in Australia.

The sale of alcohol is forbidden in Jack Daniel's hometown of Lynchburg, Tennessee.

Weightlessness causes the spine to expand, which means astronauts can measure up to two inches taller in space than they do on Earth.

The biggest volcano in the solar system is on Mars. It's so big, the base has a larger surface area than Greater London.

The Dutch village of Giethoorn has no roads. Instead, everything is connected by water, and the only way to get around is by boat.

New Arsenal signing Marouane Chamakh has an impressive goal-scoring record for Morocco, with 27 goals in 53 appearances.

Over 30 per cent of Taiwanese funerals hire strippers.

The electric chair was invented by a dentist.

PUB AMMO ON... ENGLAND VS BULGARIA



The Spot The Ball round was a bit easy



"You said you'd catch me!"

- England have drawn their last two competitive matches against Bulgaria 1-1 and 0-0 respectively.
- Bulgaria have failed to qualify for the last three World Cups.
- Man United striker Dimitar Berbatov is the all-time leading goal-scorer for

his country and has won the Bulgarian Footballer of the Year award a record six times.

- Bulgaria have never beaten England.
- Watch England's Euro 2012 qualifier vs Bulgaria this Friday at 8pm on ITV1/HD.

Red Riding Hood had gone off the rails since puberty



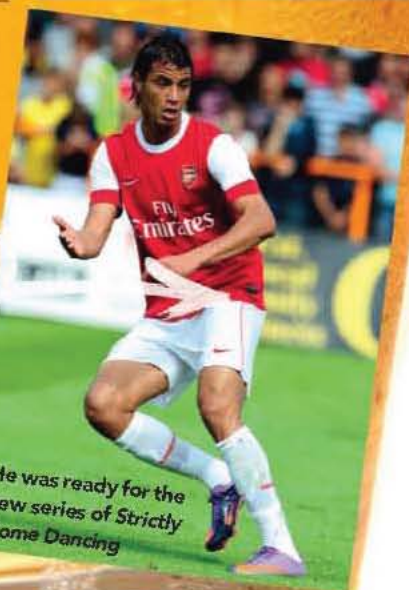
"Touch my bottle and I'll bite your legs off!"



"This'll hurt a lot... wait, that's not what I'm meant to say!"



He was ready for the new series of Strictly Come Dancing





TOM CLANCY'S

H.A.W.X.2



Engage your target with extreme air combat manoeuvres



New features include take-off and landing, silent UAV control, night missions and more



Jump straight into the action with 4 player story co-op or 8 player adversarial modes

**IN STORES ON XBOX 360® NOW!
IN STORES ON PS3™ SEPTEMBER 10TH**

DOWNLOAD THE DEMO NOW!

www.hawxgame.com



UBISOFT



*"The podium"
Jenson Button*



Whatever's on Jenson's mind, with the world's number one anti-dandruff shampoo* it's not dandruff.

