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# LUCY PINDER!

Plus! X-Factor  
babe strips!

# Nuts

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27 Aug - 2 Sep 2010 • www.nuts.co.uk

BRITAIN'S BIGGEST

LUCY  
POSTER  
INSIDE!

# It's Lucy!

Heeeere's boobies!

Britain's 20  
funniest men!

AS VOTED BY YOU!



Brilliant new  
Brit supercar!



Transfer  
window  
special!

MICAH: MOVING?



Medal Of Honor  
exclusive!

AWESOME!





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The Yahoo girls show off their new footy highlights service

Nuts man Adam finally meets his idol





# Nuts NEWS

HOWLING LIKE WOLVES, EVERY WEEK!

**Nuts EXCLUSIVE!**

## X-Factor babe strips!

Meet Sian Morgan. It's a yes from us!

**S**ay what you like about Simon Cowell (he'd probably just stuff his ears with £50 notes anyway), but that man knows how to spot a honey. In the case of Cheryl Tweedy, he gave her a job!

So it was no surprise that Sian Morgan and her band, I Candy, were put through to

*The X-Factor's* boot-camp stage by Simon and his panel after just a few bars of noise. Nor was it a surprise that *Nuts* secured the first pic of Sian in her undies.

*Nuts*: first for *The X-Factor* girls in their knickers since 2004!

*The X-Factor* is on ITV1 every Saturday at 7.30pm



She was rubbish at wall-climbing

**SEXY SINGER!**

Five seconds later, she fell off the edge of the bed





He wondered if it was  
too late to upgrade to  
an hour-long massage

**TOP TALENT!**

**BAND!**

The art class  
was massively  
over-subscribed





"Chris! I just washed that tea towel!"

**TIER 1 OPERATORS!**

Players will step into the boots of a warrior from one of the most highly trained Special Operations Forces – cool!

# Medal Of Honor **exclu**

We get our grubby little paws on the awesome new shoot-'em-up!

The ski pass inspector didn't mess around

**AMAZING LOCATION!**

Set in the hostile battlefield conditions of present-day Afghanistan, the game has a very authentic feel to it!

**W**ith the awesome new *Medal Of Honor* just weeks away, we here at *Nuts* jumped at the chance to play the "Gunfighters" mission. It's ace! And as if that wasn't enough, Linkin Park duo Mike Shinoda and David Farrell joined us on the gaming couch.

**HELL-RAISING HELICOPTER!**

The makers of the game designed this level with the help of a real Apache squadron – so the action is ruddy lifelike!





# nsive!



"Mummm! You're embarrassing me! I told you I'd get the bus home!"



## Nuts vs Linkin Park

The shouty band on Eminem, gold Xboxes and signing a baby!

**H**i Linkin Park! Your song *The Catalyst* is the soundtrack to *Medal Of Honor*. If you won a medal, what would it be for?

**Mike Shinoda:** I'll tell you what Dave's is. His would be in grilling! He's a very good chef!

**Dave Farrell:** There's a certain title you can achieve in the US called the Grill Master and you have to achieve certain levels to get there. I've climbed the ladder somewhat and I'd love to have my name certified as a Grill Master! As for Mike, he'd like a medal for best hair!

**MS:** Another one? I don't have enough room on my shelf! **Dave, being the bassist means you have quick fingers – does this make you good at games?**

**DF:** Ha-ha! I'd like to think so. I enjoy playing games but I'm very aware that there's a hierarchy of gamers, of which I'm probably closer to the bottom! Not through the lack of effort, more the lack of free time. I humbly know where I sit in the world of gaming!

**MS:** The tough part about gaming is when you get online with people you don't know and they start saying offensive stuff. You really need your "A" game because you have to choose what to do – fend them off, call them out or just quit!

Are you planning to start some beef with Eminem now he's lent his tracks to *Call Of Duty*?

**MS:** There are very few sane people who would start some beef with him. I remember first hearing his stuff and thinking he was the greatest battle rapper of all time. It'd be like taking on Muhammad Ali! **You've collaborated with Jay-Z. Is he a cool bloke?**

**DF:** Yeah, definitely. A lot of the band had been fans of his for a long time and getting the opportunity to work with him was sweet! He's really cool!

**MS:** The live set at Milton Keynes was an incredible experience for us, having Jay open up for us and then coming back to do a couple of songs at the end of the show! **What's his Xbox gamertag?**

**DF:** We can't give you that! **It was worth a try! So has he got a gold-plated Xbox?**

**MS:** Ha-ha! I'm not sure. Doesn't gold contain heat anyway? Would that work?

**DF:** It'd either overheat and melt the Xbox or it'd help the Xbox get rid of heat – it's either a good idea or a very bad idea! **Cheers for the scientific heads-up! What's the freakiest thing you've ever seen at a gig?**

**DF:** The most disturbing thing I've ever seen was when



we played in Malaysia in the afternoon. It was 43 degrees and 100 per cent humidity and there had been people waiting there all morning without water. As soon as we started, people who had passed out were being crowd-surfed out. We had to stop the show – I think they treated something crazy like 500 people that day! **Thanks, guys! Finally, what's the strangest thing you've received from a fan?**

**MS:** I've got a slight twist on that – the strangest thing a fan's ever asked me to do was sign their baby! This man, somewhere in Asia, pulled out his baby, lifted up their shirt, and gave me a permanent marker to sign it! People were staring and I was just like, "What the f\*\*k should I do?"

*Medal Of Honor is out on PC, PS3 and Xbox 360 on 15 Oct*



"I'm just saying  
it would've been  
easier to use  
Google Street View!"

**WHAT A VIEW!**



# Don't look down!

**You. Two inches of glass. Rest of the world!**

**H**aving even your own pilot describing the journey as a "terrifying experience" is a pretty strange way to start any flight, so welcome to recreation for masochists – a hot air balloon with a glass floor.

The wicker-basketed balloon made its maiden flight at the recent 2010 Bristol International Balloon Fiesta – a date for any thrill-seeking man's diary – with two passengers and two pilots standing, terrified, on the two-inch glass floor. And, as all went well, owner Christian Brown is hoping to break the altitude world record by taking it up to over 10,000ft. Not with any sane people on board, buddy!

WORDS: RORY BUCKERIDGE PHOTOS: ADAM GASSON/SWNS.COM

**THEY'RE MAD!**



"Anyone mind if I have a smoke?"





**0-60 IN 4.5 SECS!**

# 170mph space

**It's a family  
coupé – but not  
as we know it!**

- This beauty is the Morgan EvaGT, from British firm Morgan Motor Company.
- Despite its sporty lines, it's sold as a four-seat "family" coupé!
- The chassis is made from bonded aluminium to give rigidity and save weight.
- This same chassis is used in the Morgan Aero SuperSports,
- which competes in international GT3 sports-car racing events.
- All the EvaGT's parts are hand-finished to ensure a perfect A-class surface.



"Why's that  
car staring  
at me?"



"Who are you  
calling big nose?"



# -age Morgan!

- Hidden wipers, flush door handles and sharp creases are designed to deflect air over the surface of the car, improving performance.
- The EvaGT boasts a BMW 3.0-litre straight-six mono twin-turbo engine, producing 306bhp and 400Nm of torque.
- 0-60mph comes in at 4.5 secs.
- Top speed is over 170mph.
- The Morgan Motor Company will be taking orders with a request for a deposit of £5,000 to secure your build slot.
- It's expected that the first 100 cars of a limited run will begin production in mid-2012.
- To take one home, you'll have to cough up around £70,000!

**£70,000 PRICE TAG!**

"Er, I think you'd better  
sit in the front, Moylesy!"





GIRLS  
KISSING  
CORNER!

## Natalie Portman & Mila Kunis

In the movie *Black Swan*

Any film that has Natalie and Mila swapping saliva is worth watching in our book. There's two hours of ballet-based drama to sit through, but we're nothing if not determined!

## Charisma Carpenter

In *The Expendables*

And look! Here's Buffy and Angel star Charisma Carpenter also lady lip-locking. And as it's *The Expendables*, you know it'll only stop for Stallone to arrive and kill someone. With his nose!

# RUDE NEWS

The big-spending Man City of lady news!

## BB6's Saskia

Photo shoot, London

We recently featured Ms Howard-Clarke in a goodbye pic for her old, enormous boobs. Well, lookee here – the new downsized ones and they're still ace! Excellent work, surgeon!

## Beyoncé

Fashion ad campaign

Beyoncé slapped on a blonde wig, covered herself in fake tats and got on a shiny bike to advertise her Deréon fashion range. Next up, jumping in a lake to promote her singing!









# WIN TICKETS TO THE LYNX ALL NIGHTER



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Pick up any pack of new Lynx Musicstar from Tesco and log on to [www.lynxeffect.com/musicstar](http://www.lynxeffect.com/musicstar) for your chance to win tickets to the Lynx All Nighter on 30th October. You could be grinding away with thousands of girls to Professor Green, Roll Deep, Mylo and many more.



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Open to GB residents aged 18+. Max 9 entries per person (3 x anti-perspirant, 3 x bodyspray, 3 x shower gel). Keep receipt as proof of purchase. Closing date: 15.10.10. See website for full terms.

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## A QUICK WORD WITH...

## James Milner

**"It's not about the money," says Man City's £26m new signing**

**H**i James! How does it feel to be the most controversial transfer of the summer? I'm just pleased it's all over. It took a while to get the deal sorted and that was a bit difficult for everyone, I suppose, but now it's done, I couldn't be happier.

**But a lot of Aston Villa fans will say you've really let them down.**

I'd hope Villa fans would've seen that I gave everything to the team in every game. I really loved my time at Aston Villa and it was honestly a rough decision to leave. I'm grateful for what the club did for me, I really am, and I'll never forget the time I had there. I've got some great friends there but coming to City was an amazing opportunity.

**What was the big motivation to go to Eastlands? Money?**

Not at all. It's about the project. City are building something special and I wanted to be part of that. The chance to play with fantastic footballers, and more importantly to win things, means more than anything else. When I hang up my boots, I want to look back at a career that's got medals. Money is great, of course, but I'm here to win trophies.

**Can City win the title this season?** That's the target. You always have to aim for the best! I came to City to win the Premier

League and I make no apologies for that. That's what everyone here is geared up for. Just looking at the fantastic players we've signed, you have to be positive about the season. When will winning the title happen? I don't know. Soon, hopefully!

**Do you think you'll play every week?** There'll be competition for places and that's fine by me. I'm experienced enough to know the team comes first and winning is everything. It's not about reputations or transfer fees. Like everyone else, my job is to make the manager pick me. **Sitting on the bench won't help your England career, though!**

I look at it the other way. Playing in a side with all these great players should bring the best out of me and that can only help my England chances.

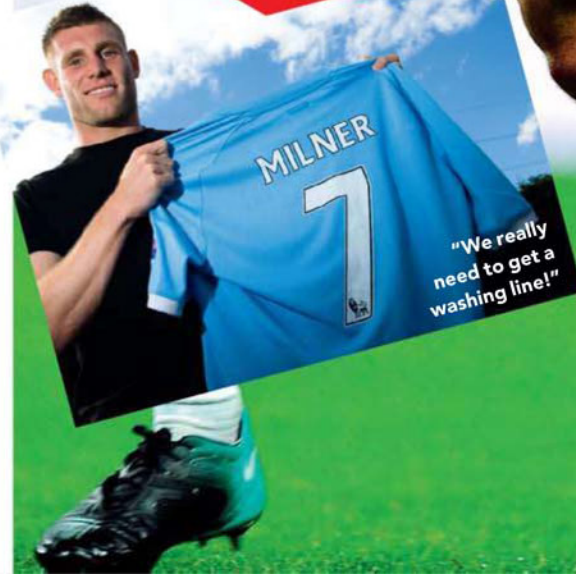
**Thanks, James! So, finally, what will James Milner bring to Man City?** Hard work. And lots of it! I've always given 100 per cent to every team I've played for. I'll attack, defend, score goals, put my head in where it hurts – whatever it takes. It's what I've always done and I promise I'll be no different at Man City!

Check out Milner's skills now at [nuts.co.uk/football](http://nuts.co.uk/football)

"You don't expect me to tie my own laces, do you?"



**CITY BOY!**



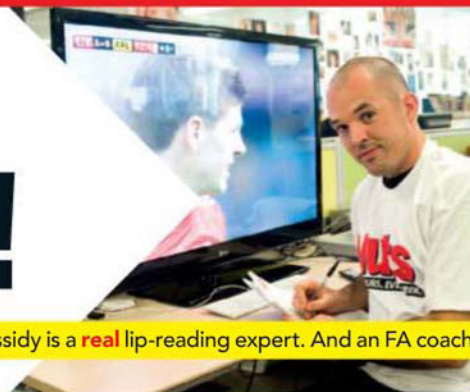
"We really need to get a washing line!"



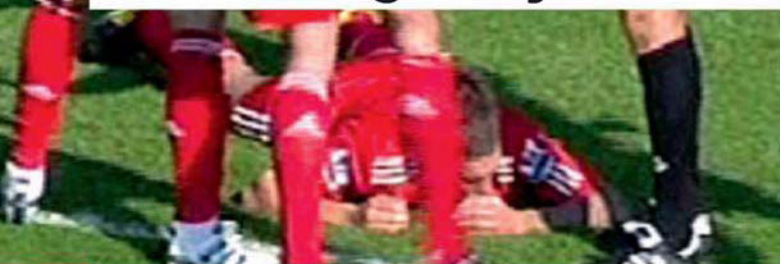
# THE Nuts LIP-READER!

When he watches a match, he sees every word!

John Cassidy is a **real** lip-reading expert. And an FA coach!



**Martin Atkinson:** "He's OK. Wait there. He's OK. It's nothing to cry about!"



**LIVERPOOL VS ARSENAL** Anfield, Sun 15 Aug, 5.23pm The ref is unsympathetic when Liverpool defender Daniel Agger falls heavily.



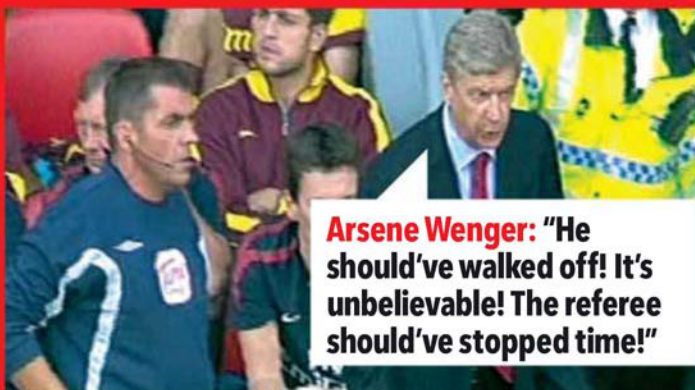
**Roberto Mancini:** "It's gonna be a great game, a great game!"

**MAN UNITED VS NEWCASTLE** Old Trafford, Mon 16 Aug, 7.59pm The Man City boss has high hopes ahead of the game.



**Paul Scholes:** "Great goal! Get in there!"

**MAN UNITED VS NEWCASTLE** 9.41pm The evergreen Scholes celebrates United's third goal with fellow warhorse Ryan Giggs.



**Arsene Wenger:** "He should've walked off! It's unbelievable! The referee should've stopped time!"

**LIVERPOOL VS ARSENAL** 5.35pm The Arsenal boss isn't very impressed when another Agger injury slows things down again.

## POTTY-MOUTH OF THE WEEK!



**Joe Cole:** "I won the f\*\*king ball! I won the f\*\*king ball!"

**LIVERPOOL VS ARSENAL** 4.46pm Liverpool's new signing confuses the white, round thing with Laurent Koscielny's leg.



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\*vs. previous Gillette Series shave gels and based on volume.

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# Katie Green and pals' fun!

It's the sort of topless hols we dream of!

**C**rikey! Last week, we delivered the undoubted delights of Rosie Jones, Emma Glover and friends on their hols. And we've only gone and done it again with Katie

Green, Danielle Mason and Rosie Whiteman's sexy pool party pics!

As the girls lapped up the blazing sun in Portugal, the clingy confines of their bikini tops became too much. Within

seconds, they stripped down to the bare essentials and proved – not for the first time – that the big blazing fella in the sky is more successful in getting a girl's top off than we could ever hope to be!



**THEY'RE FIT!**

Mr and Mrs Deckchair were so proud of what their kids had become



**DANIELLE!**

**KATIE!**

**ROSIE!**

The Blackjack dealer was finding it hard to concentrate





**WHAT A VIEW!**

"I told you the white paint on that bench hadn't dried!"



**PERFECT PAIR!**

It was the sexiest game of Kiss Chase ever



Crouchy was having that dream again



# Plane down!

Unlucky pilot loses wing mid-flight. And it all goes downhill from there!

If you're as thick as us, you probably thought it was only pilots who packed parachutes, along with their jumpsuits and bushy 'taches (and Werther's Originals for air sickness). But it seems planes have them, too.

And it's just as well this plane was toting one when it all went, well, south for pilot Dino Moline when a wing fell off his aircraft halfway through his display at the El Trebol air show in Santa Fe Province, Argentina.

Moline deployed the parachute and the plane landed safely – if with a bit of a bump – and our man's fine. His plane's piano-playing career, however? Over.

See the incredible video at  
[www.nuts.co.uk/spambank](http://www.nuts.co.uk/spambank)



**ONE WING!**



"Dave, how many times?  
Eject first, then deploy  
the chute!"



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# Burglar gets wedged!

And in doing so, doesn't get the wedge!

Say what you like about this bloke but when he ends up in court, at least he'll be able to use the "I'm just a bit thick, Your Honour" defence.

The would-be burglar in Bow, East London, came unstuck (and got stuck) when he attempted to wriggle his way into a house through a tiny 12 x 8in window. hilariously, he did so at 2am and it was another six hours before the homeowner finally found him, squirming helplessly as neighbours gathered to laugh at his backside. Eventually, firemen were able to prise him free, enabling him to scoot off to his day job as a rocket scientist.

WORDS: PETE CASHMORE PHOTOS: NI SYNDICATION



"Help! The man from the Village People's chasing me!"

RESCUED!

22 Nuts

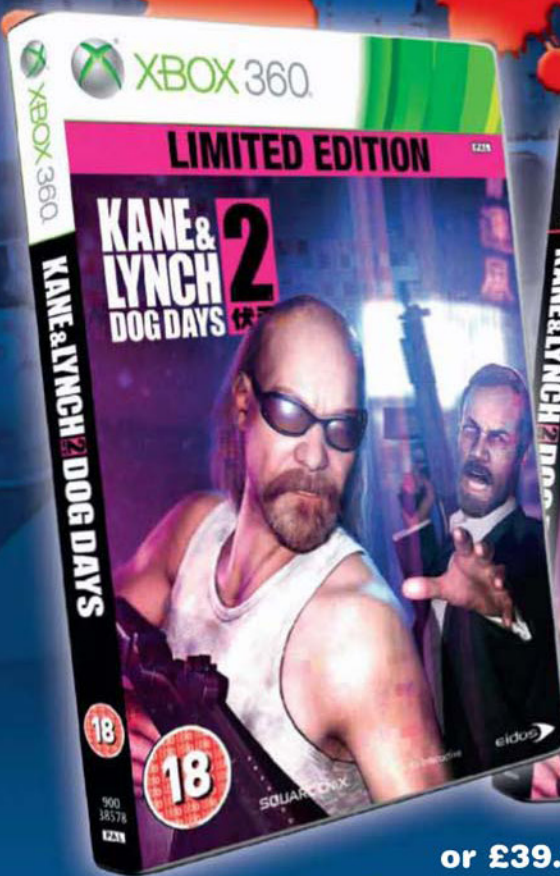


12 X 8IN WINDOW!

He was convinced he'd left a sock in the washing machine



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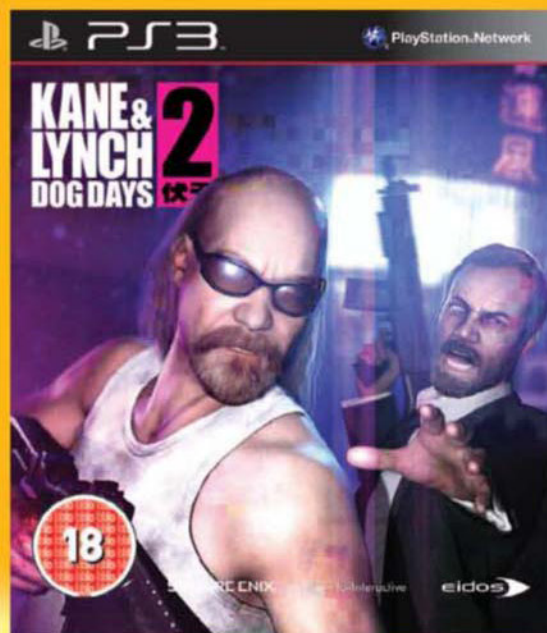
# Mafia II only £9.99



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Kane & Lynch 2



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\*Get Mafia II on PS3 or XBOX 360 for £9.99 when you trade in Kane & Lynch 2 on PS3 or XBOX 360.  
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# DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to [dontlook@ipcmedia.com](mailto:dontlook@ipcmedia.com)

"Pull on the other end and make a wish"



## 'A branch went through my arm!'

### Tree surgeon gets staked by tree on woodland ride!

**K**een motorcyclist (it's always a motorcyclist!) Joe Budd was hurtling around a corner on his Kawasaki Ninja when he felt something pulling on his arm. When he looked down, he

realised, to his horror, that he'd just become part man, part tree!

Joe, 19, from Kidderminster, tells *Nuts*, "I was going at top speed when I felt something catch my arm. Looking down, I saw a branch sticking through

it! Blood was oozing out of the wound, and it hurt like hell.

"The doctors pulled it out and stitched me up. I was lucky not to lose the arm. I'm back to work now – as a tree surgeon, of all things – and still riding my motorbike!"

### Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!\* Submit your images and contact details to [dontlook@ipcmedia.com](mailto:dontlook@ipcmedia.com)



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–	500MB	500MB	UK mobile internet a month		
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# Nuts GEAR

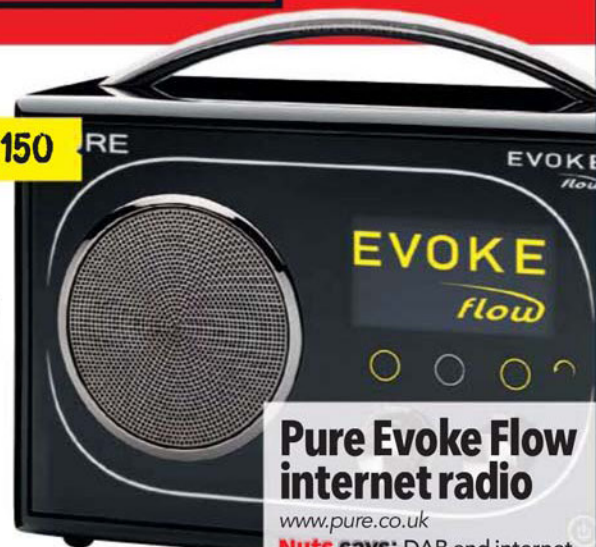
## V-Moda Crossfade LP headphones

[www.v-moda.com](http://www.v-moda.com)

**Nuts says:** Cans with a Kevlar-impregnated lead for longevity, bulletproof build and iPhone mic for commutes.

£170

£150



## Pure Evoke Flow internet radio

[www.pure.co.uk](http://www.pure.co.uk)

**Nuts says:** DAB and internet radio with FlowSongs – so tag any song playing, download it to the radio, then transfer it to iTunes at your leisure. Clever!

## Powermat

[www.carphonewarehouse.com](http://www.carphonewarehouse.com)

**Nuts says:** Clever charging device. Slide your moby into a case (some Blackberrys have a new back, so there's no case) then just slap it on the mat. The laziest charger of all time!

The Powermat automatically turns off when your phone's charged

£40



£100

## Lomo Panoramic 360° Camera

[www.firebox.com](http://www.firebox.com)

**Nuts says:** It's a camera on a stick! Pull the cord and it rotates slowly through 360° for full panoramic pics. And prints come on old-school film paper!

Lomo panoramic shots are four times wider than standard photos



Check out more reviews at [www.nuts.co.uk/reviews](http://www.nuts.co.uk/reviews)



# YOUR LETTERS

Diamond drawings, silly sparklers and free handcuffs!

Send your letters to [nutsletters](mailto:nutsletters)

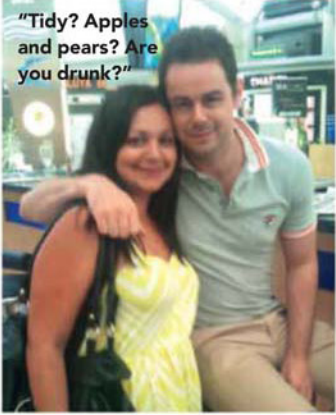
## In Dyer straits

Dear Nuts,  
I bumped into Cockney film berk Danny Dyer and felt sorry for him in his rubbish shorts, so I decided to get my picture taken with him.

*Claudia Lopes, London*

Dyer, eh? Wonder what mischief he's been up to lately!

"Tidy? Apples and pears? Are you drunk?"



## Anyone for sparkly?

Dear Nuts,  
After a really sophisticated weekend of wine-tasting in Hunter Valley, Australia, we lowered the tone with a pack of sparklers and my digital camera.

*Keith Foster, Middlesbrough*  
Lowered the tone? To Aussies, this is highbrow entertainment!

LETTER OF THE WEEK!



## We lav your car

Dear Nuts,  
Me and my mates got bored on the way back from the pub, so we gave our mate's car a wipe-down!

*Michael G, Wolverhampton*  
Nice! Somewhere in a pub in Wolverhampton, there's a bloke discovering he's going to have to wipe with his newspaper!

Fiat's Mumm-Ra outfit was a winner



"Yeah, they were on sale. So what?"



## STEALTH BUMMING CORNER!

ONLY IN Nuts!



"This is at Norwich Castle. They didn't like my 'stag do'!" *Brendan, Great Yarmouth*

## It's a drawing we're adoring

Dear Nuts,  
I loved Rosie on the cover of your "Busty Babes in Bed" issue, so I thought I'd give my artist's impression of Ms Jones fully uncovered.

*Kyle Spencer, Leicester*  
Proof, as ever, that our readers are a talented bunch, even if our writers aren't!



## Magnificent seven in need

Dear Nuts,  
This is me and my IED search team. Please note the lack of Nuts magazines and T-shirts – any chance of a few to boost morale?

*Lcpl David Jenkins, REST 13, Afghanistan*  
David, if you think we're going to turn down a team with guns, you've got another thing coming!





# RS!

@ipcmmedia.com or to the address on p72



The Nuts office found its Christmas tree

## Nice bush

Dear Nuts,  
I went to Chatsworth House, where I had to claim this phallic greenery as my own.

*Tim Smith, via email*

Good spot, Tim! From the looks of it, about a dozen semi-clothed Nuts models must have all just walked past at once!



Green Light was desperate to get in the shot

## All tied up

Dear Nuts,  
I thought you'd like this offer. I might even get myself a new bed!

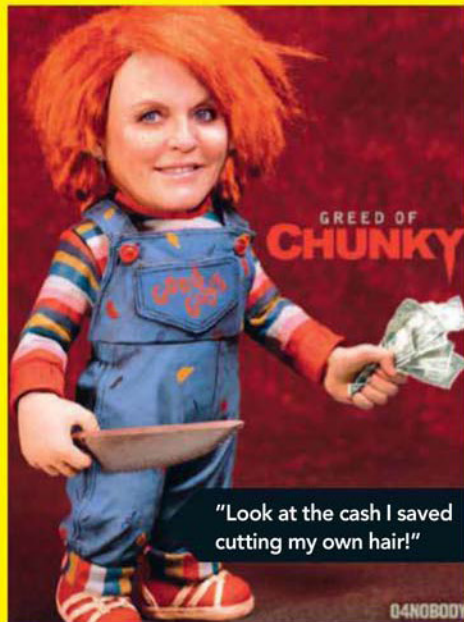
*Anna Sullivan, via email*

Handcuffs in your bed? Why? Is someone trying to nick it?

See more funny stuff at  
[www.nuts.co.uk/spambank](http://www.nuts.co.uk/spambank)

## Nuts SPAM BANK!

All the best online hilarity!



"Look at the cash I saved cutting my own hair!"



"I see you got a new bat-mobile!"

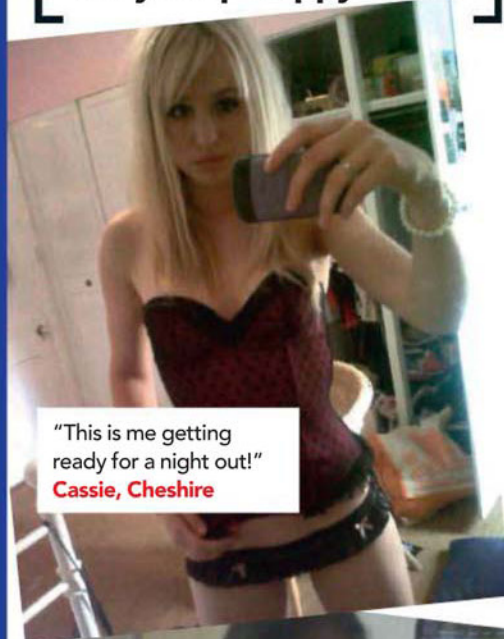
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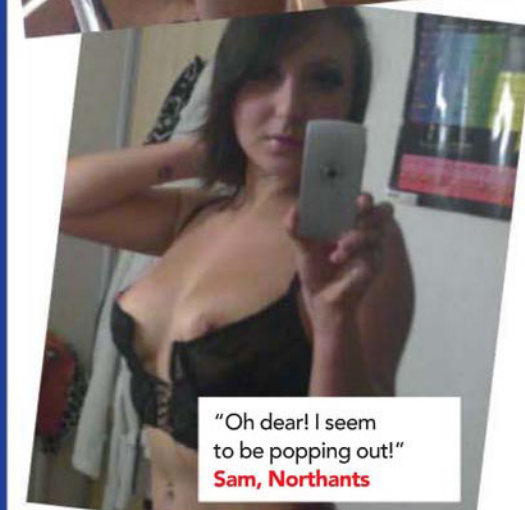
## CAMERA PHONE CUTIES!

Sexy snap-happy babes



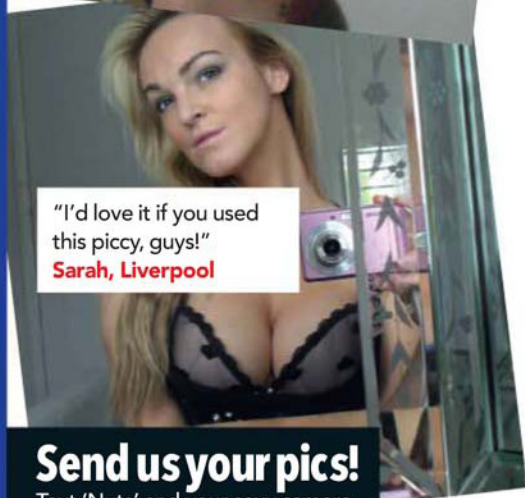
"This is me getting ready for a night out!"

**Cassie, Cheshire**



"Oh dear! I seem to be popping out!"

**Sam, Northants**



"I'd love it if you used this piccy, guys!"

**Sarah, Liverpool**

## Send us your pics!

Text 'Nuts' and your sexy camera-phone pic to **0771 388 8008\***



# YOUR JOKES

Bursting with all the best gags, every week!

Send your jokes to [nutsjokes@ipcmedia.com](mailto:nutsjokes@ipcmedia.com)

## SHORT JOKES!

**Q:** What hurts more - a kick in the balls or giving birth?

**A:** Ever heard a bloke say, "I'd like to get kicked in the balls again"?

Hans, via email

My wife said she's going to leave me and make sure my bank balance is £0. That's nice of her, paying off my overdraft!

Sam Parr, Gloucester

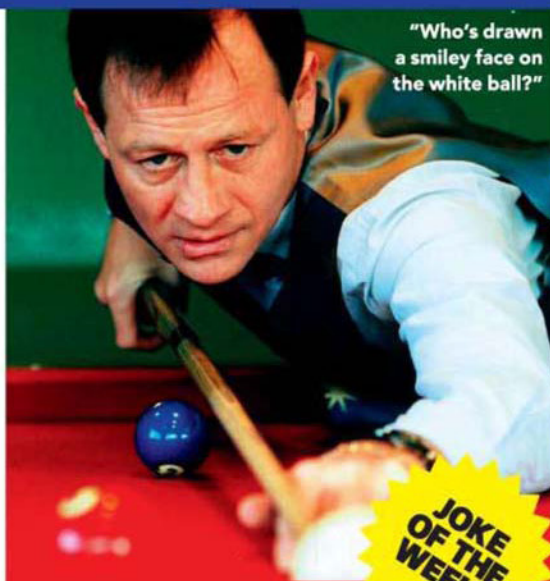
**If a tree falls in the forest and nobody hears it, have we found the perfect location for a JLS concert?**

Dan Trott, Luton

**Q:** What do you call a pointless race that covers 2,200 miles throughout France?

**A:** The French

Mark Clasnen, Falkirk



"Who's drawn a smiley face on the white ball?"

### Snooker loopy

It's emerged that Alex Higgins wanted to be buried on the sofa he spent the last year of his life on, but the undertakers couldn't get it in the hearse. So he went in off two cushions.

Ian Burnell, via email

### Funny... or what?

A man goes to his doctor complaining that his wife hasn't wanted sex for six months. The doc tells him to bring his wife in so he can find out what's up.

The next day, his wife duly shows up and the doctor asks why she doesn't want sex.

"Well, for the past six months, I've been taking

a cab to work every day," she says. "The cab driver asks me, 'Are you going to pay today or what?' So I take an 'or what'."

"Then, when I'm late to work, my boss asks me, 'Are we going to report this or what?' So I take an 'or what'. By the time I get home, I'm just too tired for any more."

"I see," replies the doc. "So, are we going to tell your husband or what?"

Jules Gordon, London

"You're really tall!"



### Washout

Phil walks into Boots and says, "Can I have a bottle of shampoo, please?"

The woman assistant says, "Extra volume?"

"Sorry!" Phil shouts.

"Can I have a bottle of shampoo, please?"

Glinner, via email



PHOTOS: ALAMY, REX, ALLSTAR, RETNA \*EDITOR'S DECISION IS FINAL  
TERMS & CONDITIONS ON PAGE 72 APPLY \*\*TERMS & CONDITIONS APPLY

### Win a signed shirt & a BT Vision subscription!

Send jokes to [nutsjokes@ipcmedia.com](mailto:nutsjokes@ipcmedia.com) or the address on page 72. To celebrate the launch of Sky Sports 1 and 2 on BT Vision, the sender of this week's best joke\* will win a shirt signed by Michael Owen and Wes Brown, along with a year's subscription to BT Vision.\*\*





S!



edia.com or to the address on p72

## A man's man

After having sex, a guy pulls out a cigarette and asks the girl for a light.

"There might a lighter in the drawer," she says. He opens it and finds one sitting on top of a framed picture of a man.

"Is this your husband?" he enquires nervously.

"No, silly," she replies, snuggling up to him.

"Your boyfriend, then?"

"No, not at all," she says.

"Well, who is he then?" the guy demands to know.

"That's me before the operation!" she replies.

Jason Groves, via email



## FRANKIE BOYLE:

"I could never do what Tiger Woods did - I f\*\*king hate golf!"

## HUGH DENNIS:

"The BBC has announced the creation of its new porn channel, CB boobies"



## GARY DELANEY:

"When I was older, I used to love playing around with time machines"



## RICH HALL:

"Being funny is to say smart things stupidly... or was it stupid things smartly? It's not rocket surgery"

## LEE EVANS:

"Every bloke has splashed aftershave on his balls. Once."



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**PIC OF THE WEEK!**

**EATING OUT!**

"After eating my pizza and wedges, I made this romantic scene!" **James, via text**

**DEAL OF THE DAY!**

"I found this great Dr Pepper deal at Tesco. Half price indeed!" **Mark Nicholl, Oxford**

## SCREWED FOOD CORNER!

"In the flick of a switch, it'll all be over for these boys!" **Matt Shaw, via text**

### PREVENTIVE MEASURES

- No smoking; **YOU WHAT?**
- Keep clear the emergency exit routes;
- The Museum is subject to constraint and preservation; inside are same paths and passages uncomfortable and tortoisies. Pay attention during the visit.

"What the flaming heck is this going on about? Bonkers!" **Anon, via text**

**SPREAD SURPRISE!**

"Mmm, you can almost taste the creamy, buttery goodness!" **Anon, via text**

**FOR THE CHOP!**

**FLYING BACON!**

"When in the Highlands, it seems you have to beware of flying pigs!" **Dave, Inverness**

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"This looks like a fun place to stay! Wonder if they let blokes in!" **Anon, via text**

\*BY SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT AND ITS PUBLICATION.  
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IN THE GARDEN!

**FRANCESCA** 18, from Ramsgate

"It was a hot evening, so I thought I'd cool myself down a bit!"



CUTTING THE GRASS!

**FAYE** 20, from Norfolk

"I decided to mow the lawn, but forgot to get dressed first!"

THIS  
WEEK'S  
£100  
WINNER!



ON A BIKE!

**LORRAINE** 28, from Leicester

"This is what happens when I go for a ride on my bike!"



IN THE DARK!

**JADE** 22, from Scottish Borders

"It was late and no one was around, so I got my bum out!"

Win £100!



All printed pics get a Nuts vest-and-shorts combo. The winner gets £100!\* Send your snaps to [nutspopout@ipcmedia.com](mailto:nutspopout@ipcmedia.com) or by text to 0771 388 8008.



Oscar the Grouch  
tried to smarten  
up his image

STEVE  
GARELL

COMEDY GENIUS!



## The American funnyman on Ricky Gervais, waxing and his new film *Dinner For Schmucks*

**H**i Steve! What's your new film all about then? *Dinner For Schmucks* is about a dinner party where the guests compete to bring the biggest idiot. It's a strong cast - Zach Galifianakis (the bearded bloke from *The Hangover*), David Walliams and Paul Rudd. We've got a group of comedy allstars right here! **What weird thing do you do that would make you stand out at a dinner for schmucks?** Well, I'm a terrifically third-rate baritone horn player! **You like to blow your own horn?** Not in the way you're thinking! **Who's the biggest schmuck you've ever met?** There was this kid at my school who always wore green. No matter what day, head-to-toe green. He was odd! **Is schmuck a naughty word in America?** Thanks to political correctness, yeah, but it's just a jovial term for an idiot. I guess they could have just called it *Dinner For Dunderheads*! **What's the dumbest thing you've ever done?** More than once, I've left my handbrake off, got out of the car and been

talking to a friend while my car drifts past at five miles per hour. I'm proof that being a Hollywood actor is no guarantee of cool! **When you were at college, did you ever have to do any weird initiations, like drink beer from a shoe?** I didn't pledge fraternity but I once won a case of beer at a frat party because I had the best hat. It featured a stuffed animal and a fan. Taxidermy meets cross-dressing, how could I lose? **Did that help you with your character in the film?** My character Barry is a lovable taxidermy-obsessed idiot who makes sculptures with dead mice. My life has come full circle! **We heard you got paid £6m to be in this film. What would Barry spend that kind of money on?** Formaldehyde. He'd build an elaborate workshop in which he could create the most dynamic and beautiful mouse theatre the world has ever known. **Did you have to get your teeth done for the film?** What are you saying about my front teeth? **Well, they look exaggerated.** **Did you use prosthetic teeth?** Er, yes... I'm slightly horrified! **So you didn't? Whoops. Sorry!** **When you hit the big time, did you go mad and buy anything weird?** I bought my wife an elaborate juice machine. It'll literally make juice out of any fruit or veg you put in it! My favourite's carrot and papaya. I'm joking. It's disgusting!

**Which British comedians do you rate?** If you're forcing me, I guess I have to say Ricky Gervais. He's always giving me sh\*t but I have to say I'm still a fan. I got a nice message from him when I announced I was quitting *The Office*. He's never been anything less than a gent, except when he's taking the p\*ss out of me. **Have you thanked him for creating *The Office*?** He'll never let me forget! I collected an Emmy award for Ricky for the American version of *The Office*. The following year, he was presenting and really let me have it! I remember him saying, "Look at his stupid face. He couldn't actually win one of his own, so he stole mine. I made you what you are and I get nothing back." He thought he deserved an award for sitting through *Evan Almighty*! If you're going to be ridiculed by someone, you might as well have it done by the best. **Is *Anchorman 2* still on the cards?** I'd love to work on a sequel and I know Paul Rudd would, too. I talked to Will Ferrell recently and he's up for it. Right now, it's kind of stuck in development hell. I don't think we care about the money. That's not an issue. We just wanna do it and have fun! **Did getting waxed for real in *The 40 Year-Old Virgin* make you want to get smooth anywhere else?** It really didn't, no! That was the end of any waxed hair removal from my body! It was too traumatic for me both physically and psychologically! **We love the bit in the film where your co-worker Mooj spouts a list of bizarre sexual practices. What's a rusty trombone?** Come on now! That's just something you'll have to look up online. **Have you ever experienced butthole pleasures?** You're really getting off on this, aren't you? **So you've never had a camel toe slide?** Ha-Ha! I'm not saying I haven't done these things, but I'm married, so I can't discuss them!

*Dinner For Schmucks* is at cinemas from 3 September

See a trailer for Steve's new film at [www.nuts.co.uk/news](http://www.nuts.co.uk/news)

"When I said bring your bird to dinner..."

**DINNER FOR SCHMUCKS!**





# BRITAIN'S FUNNI

Nuts readers vote for their very own kings of comedy!



## 20 RICH HALL

"I've been married seven times, all to ladies called Brenda. It's just a coincidence. The shrinks can make of it what they want but as my mum, Brenda, used to say..."



## 19 DARA O'BRIAIN

"For the first time, Irish folk can say, 'You're off to England? But it's full of terrorists! Come to Ireland. We have no terrorists here - they're all playwrights now'"



## 18 HUGH DENNIS

"Satnav is terrible. You know when people have a satnav on as they're not looking at anything and have no idea where they've been or where they're going"

Here at Nuts, we always debate the most serious issues. Like why, at 4-1 down against Germany with 20 minutes to go, did Capello bring Heskey on? But the one that creates the most debate is: who's Britain's funniest bloke? We decided to settle it once and for all by conducting an online survey with you lot at nuts.co.uk. Here are your top 20!



## 17 JOHNNY VEGAS

"It's easy for me to love myself, but for ladies to do it is another question altogether"

## 16 SIMON PEGG

"I just watched a film about a couple who bought a haunted yoghurt. It's called *Paranormal Activia*"



## 15 SACHA BARON COHEN

[As Borat] "Kazakhstan is more civilised now. Women can travel on inside of bus, and homosexuals no longer have to wear blue hat"



# FUNNIEST BLOKES!

AS VOTED  
BY YOU!

**13 ROBERT WEBB**  
"Madonna will always be with us, like death and taxes. She'll survive nuclear blasts. She looks like she already has"

**10 BILL BAILEY**  
"Marijuana? It's harmless, really - unless you fashion it into a club and beat somebody over the head with it" →

**14 JASON MANFORD**

"I'd give my right arm for porn on the iPad. Actually, not my right arm, maybe the left one!"

**11 JACK DEE**  
"Studies show that one in five British teens are unable to peel an orange. It's a good job they've all got knives, then"

**12 PETER KAY**  
"My next-door neighbour worships exhaust pipes. He's a catholic converter"

**MORE  
THIS WAY!**



**9 JIMMY GARR**

"I surveyed 100 women and asked them what shampoo they use when showering. Ninety-eight per cent of them said, 'How the f\*\*k did you get in here?'"

**8 MICHAEL MCINTYRE**

"I've got a little baby. He only says two words - 'car' and 'map'. I'm slightly worried he's trying to escape. If his next word is 'passport', we're in serious trouble!"

**7 ROB BRYDON**

"I'd potter for Britain. I'm pushing for it to be in the 2012 Olympics. Oh, and I'm a procrastinator as well. So I'd be a potterer if I could get round to it"

**4 RUSSELL HOWARD**

"Do you reckon the Queen ever pulls her duvet up so that just her head's showing, then goes, 'Look, Philip, I'm a stamp!'"

**6 DAVID MITCHELL**

"There's no truth in the rumour that the last entry in Anne Frank's diary reads, 'Today is my birthday. Dad bought me a drum kit'"

**5 SEAN LOCK**

"Thirty million acres of rainforest are being destroyed each year, and I'm recycling a jar of Marmite. It's like turning up at an earthquake with a dustpan and brush"





### 3 HARRY HILL

"A tip to all new mothers - don't put your baby in bed with you. You might fall asleep, roll on it and put your back out!"

## Britain's funniest bloke!

### 1 FRANKIE BOYLE

And so, here it is... your pick for the funniest bloke in Britain is none other than former Nuts columnist and the most politically incorrect comedian in the world, Frankie Boyle!

"Recent surveys show that three out of ten men have a problem with premature ejaculation. The rest just didn't think it was a problem"

### 2 LEE EVANS

"I was at the airport and they asked me, 'Has anyone done anything to your bag without you knowing it?' I was like, 'How the f\*\*k should I know?'"

"How long is too long to text someone back? My wife still thinks I died in 9/11"

"Apparently, they're going to bring in Super Asbos. But Asbos already sound too cool. Teenagers see them as a badge of honour. They should call them Gaybos or Bender Badges" ■



# CUMIN! ROLLERCOASTER FACES!

These pics  
are definitely  
worth £4.50  
on a keyring!

## TOTALLY SICK!

When David met The Goliath rollercoaster in California, there was only one winner – and it wasn't the bloke with the face full of chewed-up snack food!

"Save some  
for me!"

## CHUNDER!

"Oh God, please  
make him stop  
singing!"

## OOH, IT'S TOO MUCH!

This awesome foursome simply couldn't contain their delight on the log flume. They've not been so happy since they heard about the new series of *Glee*!



## ROLLERCOASTER FACES

"I'm just trying to stop them from escaping on their own, honest!"

### GURNING GANG SIGNS!

Gang signs can make you look tough – but not if you combine them with four of the goofiest faces ever seen! That just makes you look a right plank!

"OK, what the hell was in that Diet Coke?"

"Parrp!"

### CHEEKY SQUEEZE!

What better time to cop a feel of your girlfriend's boobs (at least we hope that's his other half!) than when her arms are raised in enjoyment? Bravo!

### HOLDING IT IN!

We can't help but think this bloke should have nipped to the gents before jumping on this coaster. That'll teach you!

"Wave your hands in the air like you've got no hair!"

"Slow down, I haven't had my pie yet!"

### REDNECK DAY OUT!

Looks like Britney's shaved her bonce again. And taken her family along for a rootin' an' a tootin' good time at the ol' amusement park. Yee-haw!

## MONKY BUSINESS!

### BONKERS BUDDHISTS!

As if everlasting enlightenment weren't thrilling enough, these bald loons also like to cut loose on the odd rollercoaster!

Jedward's audition for *The Exorcist* remake was going well

### TONGUE TWISTER!

No matter what rollercoaster you go on, you'll never enjoy it as much as this ginger loon. Just look at the intense joy etched on his demented face! ■









**Two sleek, curvy  
beauties join  
forces for a red-  
hot *Nuts* shoot!**

**W**e know you buy *Nuts* to look at sexy women and fast cars, so we figured we'd combine the two by getting the lovely Lucy draped over a '68 Dodge Charger that's almost as curvy as she is. No need to thank us, gents! ➡



LUCY PINDER







**"Monica Bellucci is  
the hottest thing  
on the planet!"**

**H**i Lucy! The car in this shoot is pretty cool. Do you like that kind of thing? I'm not really

into American muscle cars. I'd have preferred a Lambo or something. Maybe next time!

**Alright, we're not made of money! Although, speaking of which... if you won the lottery, what car would you buy?** I'd go out that same day

and buy a black DBS. I love Aston Martins, love them!

**What's the fastest you've ever driven in a car?** I wasn't driving but I've been in a car of mine when it's hit 174mph!

That was in an Audi RS4 and it was scary. I really want to go to one of those driving days where you let rip on a track!

**Have you ever, you know, "done the business" in a car?**

Of course, it's fun! If you've never done it before, make sure you park somewhere very deserted. I think most people have sex in cars out of necessity because, let's face it, if you've got a bed, a couch or a floor, it's easier than a car!

**If you had to go on a road trip with three famous people, who would you pick?** I'd go

with the three from *Top Gear*! That'd be funny. Who's my favourite? It's a toss-up between Clarkson and May.

Actually, hang on! I actually quite like Hammond's dishevelled rock-star look, so I don't know which I prefer!

**This shoot's a bit American.**

**Do you like the US?** I've never actually been! I'd like to see LA because people say you either love it or you hate it. And if I went to New York, I think I'd spend all my money shopping!

**Do you think American women are sexier than Brits?**

Well, it's not fair because America's a bigger country, so in terms of numbers of girls, there are probably more hotter Americans. But I think we do well. They've got Megan Fox, we've got Keira Knightley. they've got Katy Perry, we've got the *Nuts* girls. Personally, I like Italian women though. Monica Bellucci's easily the hottest thing on the planet! ➡



LUCY PINDER





**If you could theme your own Nuts shoot, what'd it be like?**

I'd like to do something totally different. I think that'd be fun. I saw a shoot a while ago where the girls were done up like sexy zombies – they looked fantastic! Maybe we could do that at Halloween. I'd also like to do a screen siren-themed shoot. I'd be Jessica Rabbit!

**Did you ever think your boobs would become so famous?**

No, it's a bit weird. But it's a compliment! Lots of gay men tell me the boobs they've seen most are mine because they obviously don't get exposed to many. I'll remember the nice things people say about my boobs when I'm old!

**What do you think makes your boobs special?** They're on the large side and in good shape, I suppose. Big and round is a winning combo. Nipples are quite important as well. Again, quite round is the key and not too big. I'm lucky, boob-wise, but I reckon Sophie Howard's are the best – in fact, they're perfect!

**Looking back over your Nuts career, what's been your all-time favourite shoot?** They're all really good fun. It's just like meeting up with your mates. But I really like the dark, bondage-themed ones. The weirdest shoot was probably the one in the supermarket!

**Do you think your last-ever Nuts shoot will be emotional?** Yeah, definitely. It's alright though, I'll still just turn up. I'll just hang around in the Nuts office making tea until I'm 50!

**Are we ever likely to see Pinder: The Movie?** I doubt it! I'd like to do a bit of acting, although I wouldn't want it to be about me. I don't like to be the centre of attention, which is strange considering what I do! Since I wouldn't star in my life story, I don't know who'd play me. She'd have to wear a prosthetic chest!

**Tell us the most shocking thing you've done recently.** I'm quite boring! Mind you, what I do is probably quite shocking for glamour models, isn't it? Like cleaning the ➡



**"I'd love to do a shoot dressed as Jessica Rabbit!"**





**Nuts** *Lucy Pinder*









cat litter tray out and doing the hoovering or watching French films. I'm a good girl! I do a bit of cooking as well, actually.

I make a really good banana cake. Next time I come in to visit you guys in the *Nuts* office, I'll bring you all a slice!

**Have you ever said, "Don't you know who I am?"** No!

I don't even queue-jump. My friends have tried to make me, though. If I was a bouncer, and someone said that to me, I'd tell them to f\*\*k off!

**Fair enough! What's the strangest thing you've ever signed?** I've autographed girls' boobs, which is always a treat. I haven't ever signed a bum, though. I don't think I'd want to! I've signed people's credit cards, and some really nice clothes, though. I always ask if they're sure they want me to scribble all over them, because it's ruining their top!

**What would you do if someone came up to you and had your face tattooed on them?** That'd be a bit OTT, although I guess I'd have to be a bit flattered. But I don't want any *Nuts* readers doing it now!

**Has a fan ever done anything really nice for you?** I get nice letters. I like the pictures the soldiers send in of them with a poster of me. That's quite cool because you're like, "I'm on the wall in Afghanistan or Iraq!" I really love that people like me. I'm a very lucky girl!

**Do you like doing shoots with other people or do you prefer it on your own?** I don't mind mixing it up a bit, to be honest. It's fun when there are a few of us on the shoot and we're just getting naked together!

**We agree! OK, final question, Lucy – out of our new babes, who would you most like to do a shoot with?** There are so many pretty girls, I don't know all of them! I really like Rosie, though, because she's hot and has the most amazing body. And there's a really pretty new girl with big boobs, I think it's Holly [Peers]. She's really pretty and looks like she really suits *Nuts*. A shoot with Rosie and Holly would be amazing! ■



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**"It's fun when a few  
of us get naked  
together on a shoot!"**



# Nuts SPORT

WHEELING AND DEALING, EVERY WEEK!

## Merse's transfer window wish list!

FOOTY LEGEND!

The players the top eight teams should try to sign!



"Is that a spider?"

**PASS MASTER!**

### **CHELSEA** Luka Modric

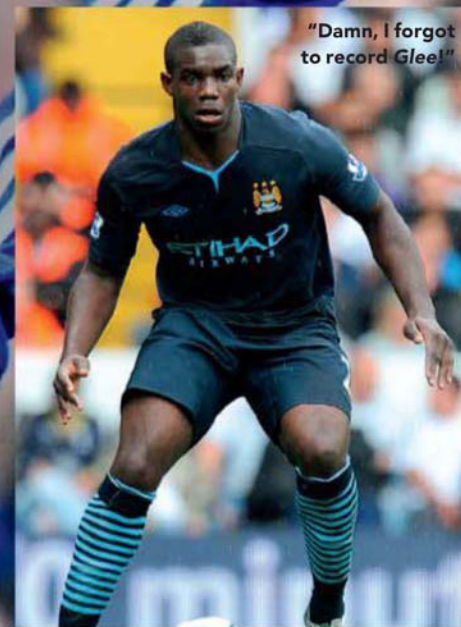
"Harry's too clever by half to let Modric go but if I was Ancelotti, I'd have a little punt at Modric. He's a great passer, brilliant on the ball and knows what this league is all about. A top-drawer player!"



"I told you green looks bad on me!"

### **MAN UNITED** Per Mertesacker

"Per has said he's staying at Werder Bremen but if Fergie came knocking, would he turn him down? Man United need another defender and Mertesacker has the quality to step into that team."



"Damn, I forgot to record Glee!"

### **ARSENAL** Micah Richards

"Richards has lost his way at Man City and would benefit from working with Wenger every day. He's also an Arsenal-type player – quick, with good feet. He could be the Gunners' next centre-half."





**GOAL MACHINES!**

**MAN CITY** Didier Drogba

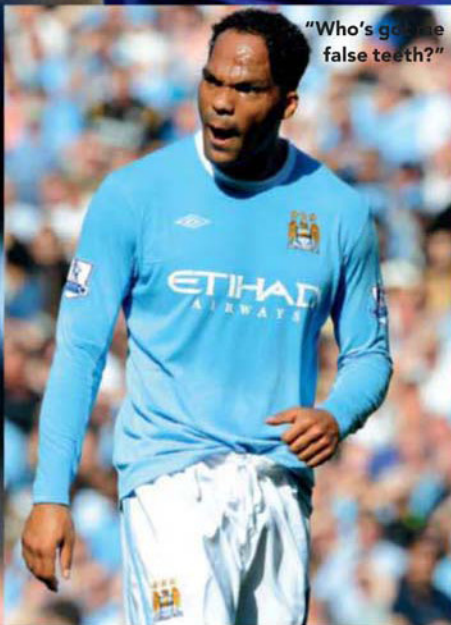
"I think Mancini has guaranteed himself the sack by signing Balotelli – a lad who doesn't want to be there and is a difficult character! City should have asked Chelsea to name their price for Drogba!"



"Hurry up and take it, I can't hold this pose forever!"

**SPURS** Luis Fabiano

"This Brazilian World Cup star would be mega for Spurs. Harry would let him express himself, and Spurs are short of someone who can play up on their own. Their current four just ain't up to it!"



"Who's got the false teeth?"

**LIVERPOOL** Joleon Lescott

"Lescott's a good player and if Anfield fans would accept an ex-Toffee, I could see this working. Lescott needs a change of scene and Liverpool are in search of a quality, versatile defender."

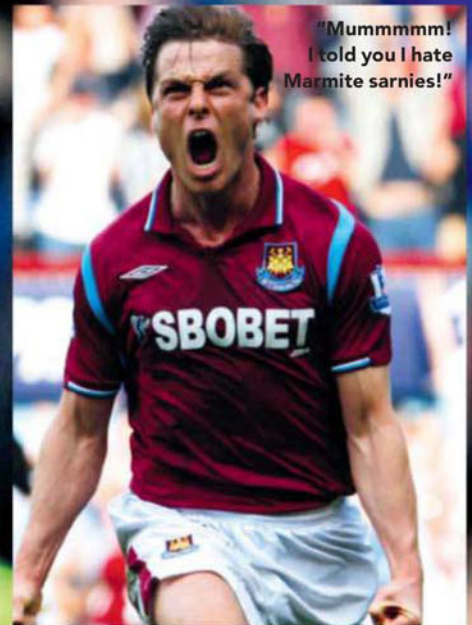


"Boss, someone's glued the ball down!"

**YOUNG TALENT!**

**EVERTON** Jack Wilshere

"Wilshere wants games now, he'd bring a bit more creativity to Everton and he wouldn't cost too much. Moyes has a great record for bringing youngsters through, so he wouldn't be wasted!"



"Mummmmm! I told you I hate Marmite sarnies!"

**ASTON VILLA** Scott Parker

"I actually think Villa got a good deal selling James Milner for a big fee and taking Stephen Ireland. If they just use some of the money to buy Scott Parker, I think Villa fans would be a lot happier."



# KAMMY!



ONLY IN  
Nuts!

He's footy's funniest pundit – and he's only in *Nuts*!

"Come on, Harry,  
let's bodypop!"

## The best league in the world is back!

**H**ow good is it to have the Premier League back on our screens? In just the opening 45 minutes of the first game of the new season – Spurs vs Man City – I saw more passion, pace, intensity and ability than I did in the whole of the World Cup (and I wasn't that disappointed with the South African tournament).

**"It's going to be a fascinating season alright"**

It's going to be a fascinating season alright, and with Chelsea and Man United both getting off to flyers (admittedly against opposition who'll probably struggle this year), for me, the real fascination will be seeing if Man City boss Roberto Mancini can build a team to challenge the big two out of the countless signings he's made.

It really is unbelievable what's been going on at Eastlands. City seem to have a huge amount of cover for almost every position, and how Mancini will cope with the egos in that dressing room is

beyond me. Can anyone actually name City's ideal starting 11? I know I can't. In Balotelli, Tevez and Adebayor, they have three hugely talented strikers but also three men with pretty big mouths, and they're not going to be steadying influences if all the stars in that squad start complaining about a lack of first-team opportunities.

As for the players who've left the club, I'm frankly stunned that the club could actually pay money to get rid of someone as naturally talented as Craig Bellamy. And personally, I think

Aston Villa got an absolute bargain in snapping up Stephen Ireland as part of the deal to take James Milner to Manchester. I'm a fan of Milner but he's hugely over-priced, and Ireland was City's player of the year just two seasons ago.

It all adds up to a fascinating fight to see who can challenge Chelsea and Man United's dominance, and with the right additions, I expect to see Arsenal, Man City and possibly Harry Redknapp's Tottenham up there with them. What a season it promises to be!



# KAMMY'S UNBELIEVABLE- OMETER™

## UNBELIEVABLY GOOD!

### SUPER SEASIDERS!

Congratulations to Blackpool for their terrific start to the season – and what an opening-day goal by David Jones of Wolves!



## UNBELIEVABLY BAD!



### SORT IT, REFS!

We're going to have another season of confusion over the offside rule. I wish refs like Mike Riley would come out and clarify controversial goals.

# KAMMY- ALIKE!

► Hi Kammy! Here's a picture of my mate Sean Moran, who went to a fancy-dress party dressed as you! He serves in the Army and it would make his day to appear in *Nuts*.

Tony Day, Derby

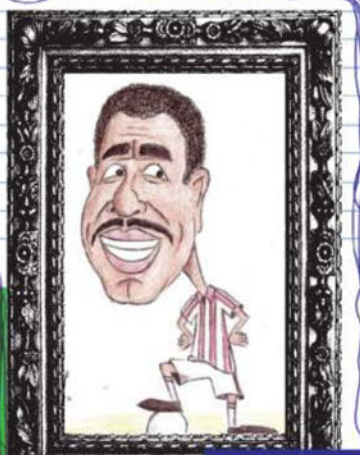
Ha-ha! I love it! I especially appreciate the full head of hair – I could do with some tips on getting mine so thick!

## DRAW KAMMY!

What a brilliant effort, Daniel. I think these pics are getting better and better! Send in your drawings and a signed *Nuts* T-shirt could be on its way to you.

## Kammy needs you!

Send Kammy your jokes, pics and anything else you think might tickle him to [kammy@ipcmedia.com](mailto:kammy@ipcmedia.com). The best one each week will be sent a signed *Nuts* T-shirt!



Daniel, Neath

# CHRIS' CRYSTAL BALL!

Chris predicts the week's big games!

## 1 MAN UTD VS WEST HAM 28 AUG, 5.30PM, ESPN/HD

"I think Avram Grant's men will struggle this season, and I can't see anything other than a United win here, with goals from an in-form Berbatov."

KAMMY SAYS: 3-0



## 2 BLACKBURN VS ARSENAL 28 AUG, 12.45PM, SKY SP 1

"Unless Big Sam Allardyce gets some of the money he's been promised and he makes some quick signings, I think this'll be an away win for the Gunners."

KAMMY SAYS: 0-2

## 3 ASTON VILLA VS EVERTON 29 AUG, 4PM, SKY SP 1

"Villa and Everton are two good teams and I expect them to play out a tightly fought game. But Villa are very solid at home, so I think they'll just pinch this one."

KAMMY SAYS: 1-0





# NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport!

Send pics, chants etc to [tim\\_bradley@ipcmedia.com](mailto:tim_bradley@ipcmedia.com)



## PERVY SPORTS STARS!

► Here are some of the New York Giants American football team doing some "research" into their rivals, the New York Jets, by eyeing up their cheerleaders. Well, you can tell them to stop if you want – we're not going to!

## SPORT

## ALIKES!



A golden doodle



Fabricio Coloccini



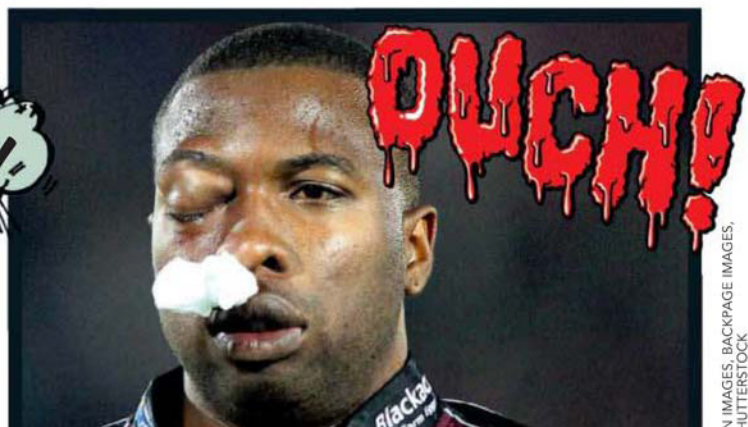
► Rugby star Vinnie Anderson of Warrington is a very big lad and he scares us. But sort your hair out, Vincent, it's ridiculous!

## CHANT OF THE WEEK

"He's rich, they're Scouse, they're going to rob his house, Joey Cole, Joey Cole." *Chelsea fans sing about their much-missed midfielder!*



► In the first of a new series bringing you the hardest tackles in sport, it's off to the baseball, as Texas Rangers' Bengie Molina takes down New York Yankees' Nick Swisher. Right in the dangly bits!



► Cricket's a relaxing game, all about church bells, leather on willow and sandwiches at teatime. Unless you're Kieron Pollard here, who got a ball in the face in the Twenty20 final – then it just hurts like hell!

PHOTOS: ACTION IMAGES, BACKPAGE IMAGES, CLEVA MEDIA, SHUTTERSTOCK



"Right, that's the 15 minute mark, boss, I think Ledley's done!"

# Dawson: 'I'd love us to sign Messi!'

## The Spurs skipper talks to *Nuts*

**H**i Daws! Congratulations on your England debut. Shame about their goal, though. I've been

in lots of squads, but it was great to finally play, and luckily we won. When your team concedes, it's disappointing as you want to keep clean sheets. The way it came about, with me clearing it, only to later find out it wasn't over the line, is hard.

**Who's harder to understand – Mr Capello or Mr Gerrard?**

Ha-ha! Do I have to answer? It's a little bit different having a foreign manager but I've had them at Tottenham before!

**What did you make of the Beckham situation? Has he got a future in the team?** You're asking the wrong guy! It's up to the manager, he picks the team.

**Is Capello really such a scary customer?** I haven't been in too many squads with him as manager to be fair, but he always wants to win, and if players don't fill their potential, people get angry. He's always been fine with me, though.

**Do you give yourself sleepless nights thinking about marking Messi and Ronaldo?** Maybe the night before, but you dream

about playing against players like them – that's what the Champions League is about!

**Do Spurs need to bring in more players?** The manager has

spoken about bringing in one or two, but we've got a fantastic squad. Who'd be my ultimate signing? Messi! He wouldn't be too expensive, would he?

**John Terry gets in among the goals – reckon you might this year?** I hope so! I don't get set any targets, though. It's more about stopping them for me!

**Thanks, Daws! Finally, Carlos Tevez says you're the hardest defender in the league. Who's the attacker you fear the most?**

It's hard to say one, because there are so many. You come across so many even in training day in and day out, so across the whole league I couldn't choose. There are plenty just at Spurs!

Michael Dawson appears in EA Sports' FIFA 11, out 1 October on all formats. Visit [www.youtube.com/easportsfootball](http://www.youtube.com/easportsfootball) to see the unveiling of FIFA 11's latest signing



**HARD MAN!**

"Take it back! My mummy says I'm beautiful!"



# RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN  
**Nuts!**

"Lads, I know you rate me, but this is a bit much!"

TEAM BONDING!

"So, girls, the offside rule..."

"Actually, scrap that - can I just look at your boobs all day?"

WEBB: LUCKY!

"My teeth point in these directions!"

THIS WAY!

"I'm just big-boned, honest!"

PREGGERS!

CAMP COLE!

LIMP WRIST!

CRAZY SAM!

"I know you're in there somewhere!"

PICK THAT OUT!

"Look, Manuel, hand to ball - you should try it sometime!"

"I said I wanted my eggs sunny side up!"

"Ooh, I'm getting grass all over my new boots!"



"Gaffer,  
that's not  
water!"



**DRIBBLER!**



**SCHMELLY!**

"Have you  
farted,  
Roberto?"

"Take that,  
Ribery!"



**WONKY WOY!**

"If I scratch my  
nose, maybe I'll  
keep Torres!"

**SPIT MASTER!**

**Nuts SPORT**

# MAN-LOVE CORNER!

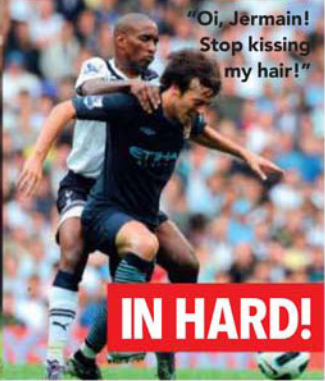


"Do my laces,  
mate!"

"I don't wanna  
pose either!"



**CUDDLES!**



"Oi, Jermain!  
Stop kissing  
my hair!"

**HEADS UP!**

**IN HARD!**

WORDS: SAM VAN GELDER PHOTOS: PA PHOTOS, FOTOSPORT, EAMONN CLARKE, OFFSIDE, PROPAGANDA, CAMERA SPORT, CORBIS, ACTION IMAGES, ALPHA

**RED ARMY!**



**WHO ARE WE... RED ARMY!**



# 'QUOTE ME ON THAT!'

This week's biggest match debaters!

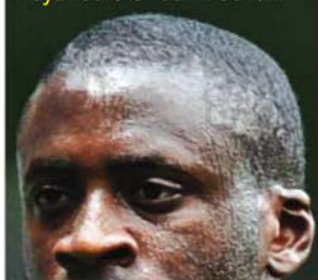
**"I'm driving home to Bath to see my wife's new dog - an apricot poodle called Teddy"**

Ian Holloway celebrates an away win as only he can.



**"I don't want to tire my spirit by listening to loud music"**

Yaya Toure isn't an iPod fan.

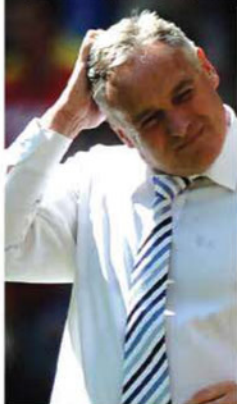


**"Joe Hart is worth billions"**

Kammy sees the rate of inflation rocket.

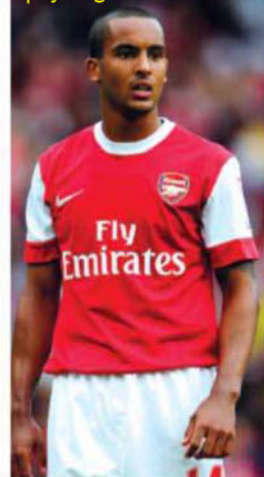
**"Craig Bellamy cuts my grass but we couldn't afford his big toe"**

Cardiff boss Dave Jones on his expensive gardener.



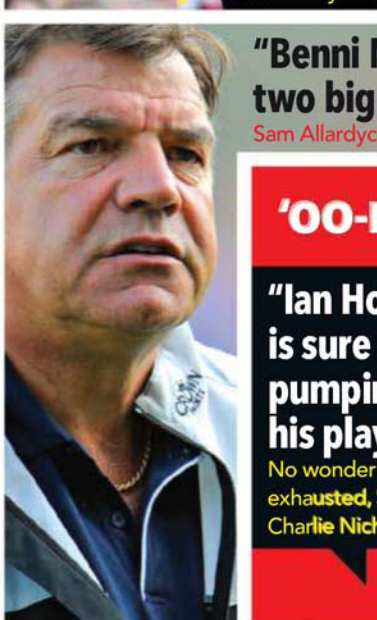
**"I told my girlfriend that if any players come up to her with groin problems, just tell them to bugger off"**

Theo Walcott on his physio girlfriend.



**"If I was reading anything into a transfer request, I'd suggest the player wants a transfer"**

There's no feeling Mick McCarthy.



**"The Macedonia striker was in front of goal just four years out"**

Sky's Iain Dowie gets a bit confused.

**"Benni McCarthy has an addiction to sugar. It's like two big bags of Tate & Lyle are strapped to his hips"**

Sam Allardyce on the sweet-toothed striker.



## 'OO-ER SOUNDS A BIT RUDE' CORNER!

**"Ian Holloway is sure to be pumping his players"**

No wonder they look exhausted, Sky Sports' Charlie Nicholas.

**"As an Arsenal fan, the one thing you worry about is when Wenger comes"**

No one wants to picture that, Paul Merson.

**"Gerrard tried to slip it into Rooney"**

Clive Tyldesley on England's close-knit team.





ONLY IN  
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STORIES!

Nuts SPORT

# Striker

By PETE NASH and SIMON RAVENHILL

striker3d.com





# Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES!



## BEDROOM BABE!

**Hazel**

21, Leighton Buzzard, accounts clerk  
"On a first date, I want to be wined, dined and taken dancing.  
And I never kiss on the first date, to leave him wanting more!"

**Want to be a Nuts model?** Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.



The Pic she  
Sent us!







**"The key to my heart is a glass of bubbly!"**



**TURN TO VOTE FOR OUR NEXT BEDROOM BABE!**



# Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

## Deal or No Deal top tips!

**D**eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one recent winner walked off with £1.4m!

And best of all? You can win big money in the comfort of your own home!

### HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

### THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

### DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the *Deal Or No Deal* TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

**He won big!**

Chris B won **£456,168** on Deal or No Deal!\*\*

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"



GET UP TO **£100 FREE PLAY\*** ON DEAL OR NO DEAL! SIGN UP TODAY AND ENTER PROMO CODE **NUTSA34**

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gambleaware.co.uk

jackpotjoy.com



# BEDROOM BABES!

Vote for your favourite - and she'll star in *Nuts*!

Vote for your favourite at [www.nuts.co.uk/girls](http://www.nuts.co.uk/girls)

**Ladies, send us your pictures!** Send your photos to Real Girls UK, *Nuts*, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email [nutsgirls@ipcmedia.com](mailto:nutsgirls@ipcmedia.com). You must be at least 18 years old.

**ONLY IN  
Nuts!**

## Kirsty

18, Lancing, student

"I went out without any undies on. My boyfriend couldn't stop thinking about it all night!"



## Sami

26, Edinburgh, law student

"I love football and beer, but I also appreciate a good rack on a girl. I'm a bit of a catch!"



## Louise

19, Norwich, secretary

"I like a man who shows his true feelings, and doesn't care what his mates think!"



## Bex

21, Middlesbrough, student

"I eat loads of junk food, so I go to the gym every day to keep my sexy figure in shape!"



**Vote now to see more of your favourite girl!**

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to [www.nuts.co.uk/girls](http://www.nuts.co.uk/girls), click on the "Bedroom Babes" bit and vote for her. It's as simple as that!



# REAL GIRLS, REAL PLACES!

**ONLY IN  
Nuts!**

**THIS WEEK:**

**Name:** Reezy

**Age:** 20

**Boobs:** 32A

**Likes:** "Skater boys!"

**Have you ever kissed a girl?** "Only once!"

**Where's the strangest place you've had sex?** "In a dinghy!"

**Sex tip:** "Be confident. It makes a big difference!"

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to [nutsgirls@ipcmedia.com](mailto:nutsgirls@ipcmedia.com) or write to Real Girls UK at the address on page 72. You must be at least 18 years old.

## Reezy's sexy guide to Bath

She's a Somerset stunner!

### Reezy on... her home!

"Welcome to Bath! There's not much to do around here. You can go for drinks but the clubs are small and underground, so they're too sweaty and hot!"

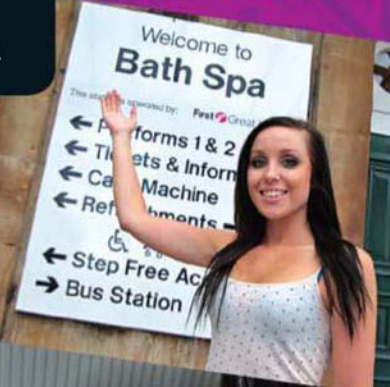
**HELLO!**

### Reezy on... going out!

"When I go out, I have tequila slammers all night. I love them so much, but no one will join in with me. Actually, I could really murder one right now!"

### Reezy on... her best features!

"My boobs aren't that big so I tend to show off my bottom half more than my top. I get the most compliments on my bum. I get told it's nice and tight!"





**"My bum  
is nice  
and  
tight!"**

**Reezy on...  
getting ready!**

"It takes me about four hours to get ready. I start early, so if I'm meeting my friends at eight, I'll get going at three. I take ages, so I need warning!"

**Reezy on...  
keeping fit!**

"I don't do much exercise, as I'm lucky with my weight. I'm not bad at all. I eat a bit of fruit but I honestly prefer something with a little bit of sugar in it!"

**Reezy on...  
her bed!**

"I love a good lie-in but I don't go to bed until two or three in the morning. I talk in my sleep and come out with nonsense. I also like a cuddle in bed!"

**Reezy on...  
her diet!**

"I eat a lot of Happy Meals. I had an obsession with Milky Way Magic Stars, too. I'd eat three packs a day but I stopped because it was getting silly!"



# POKER In the park

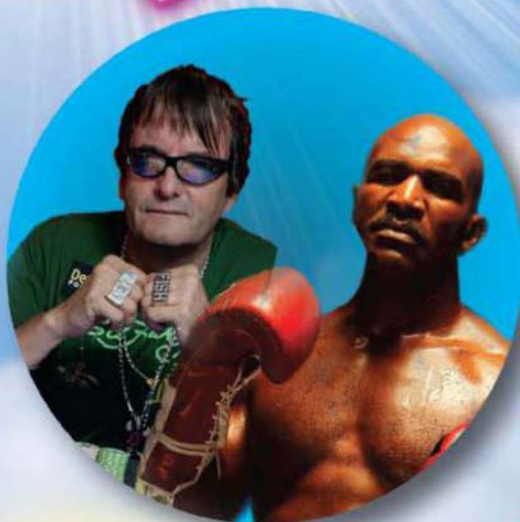
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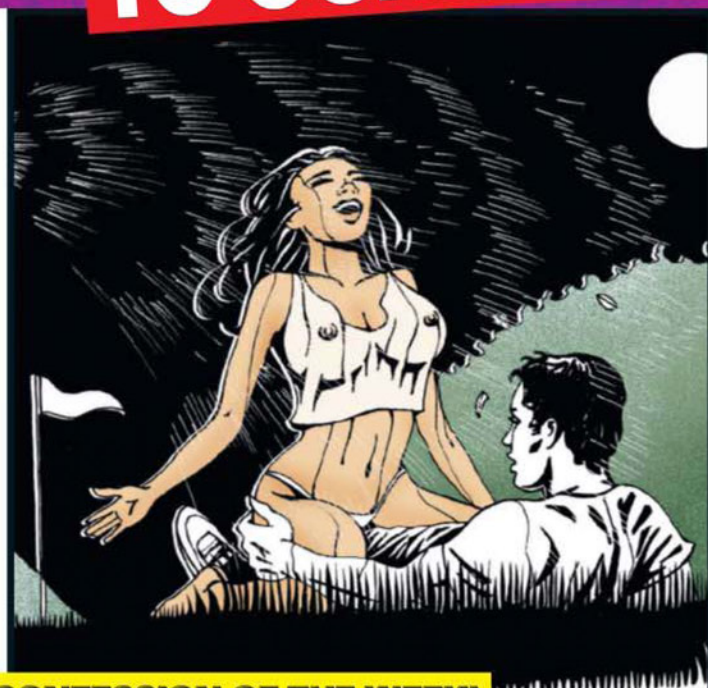
# LADIES CONFESS!

## TO OUR SECRETARY!

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**IT'S LOU!**



### CONFESSION OF THE WEEK!

#### 'I gave him a double-handed rub'

While walking back from the pub one night, my boyfriend and I decided to take a detour across the local golf course. I'd been feeling frisky all night and just couldn't wait to get him home. As we approached the ninth hole, I pulled him into the rough. Ripping off his trousers, I gave him a double-handed rub to get him really hard. Then I straddled him, pulling my panties to one side. I was so wet, he slid right in. I rode him hard and fast, and we soon came to an explosive climax together. My first golfing experience was certainly one to remember, and he can't wait to sink another hole!

*Charlotte, Birmingham*

#### 'I found myself getting horny'

My boyfriend and I were on the train together the other week, on our way back to Manchester from London. I'd bought a few papers and magazines for the

journey, one of them being *Nuts*. Anyway, I was reading through the magazine and really enjoying the pictures and jokes, when I stumbled across your 'Ladies Confess' page. As I read through them all, I found myself getting really horny. Without my boyfriend noticing, I slipped

off my knickers. As my boyfriend sat there innocently reading the paper, I grabbed his hand and put it up my skirt. His face was an absolute picture as he felt how wet I was. He then began to massage me in slow, sensual circles. I was getting more and more turned on, wriggling in my seat. By the time he put his fingers inside me, I was ready to come. It was an amazing journey and one I'll never forget.

*Gena, Manchester*

#### 'Before long, we were all naked'

A few weeks ago, my best friend and I were holidaying in Turkey. One night, while having a drink in a local bar, we noticed two attractive girls sitting close to us. They were also from Ireland, so we invited them to join us. Soon afterwards, the bar closed and the four of us went back to our room to keep drinking. One of the girls had been sunbathing naked and offered to show us how burnt she'd got on her bum. I could see she was well up for it, so I cheekily offered her a hand. She then stood in front of the three of us and took off all her clothes. It wasn't long before we were all naked. I never thought my friend would be into it, but we were soon all kissing each other. Then one of the girls came over and pinned me down on the bed, and the other two soon followed. We were all kissing, touching and licking. I was so wet when it was my turn to

watch them. If only I'd recorded it, so I could relive the experience!

*Jade and Tamara, Ireland*

#### 'He pulled my knickers aside'

My fiancé and I celebrated our anniversary recently by going to the cinema during the day. We bought the tickets, went in and sat down on our seats in the back row. The cinema only had a few people in it, including a couple of girls sat two rows in front of us, and a few people down the front. About half way through the film, my fiancé grabbed my hand and put it down his trousers, signalling me to play with him. Feeling naughty, I started touching him, giving him long, slow strokes. He then put his hand up my skirt and pushed my knickers aside. He started to play as well and soon had me on the brink of orgasm. I slipped my knickers off, whispered to him to meet me in the loo and raced out. Once there, I sat him on the seat, climbed on top and quietly bounced up and down on him until he came. Then I slipped my knickers back on and we carried on watching the film, giggling at what we'd just done!

*Courtney, Devon*

**Win £50!**



Ladies, send your raunchiest confessions to [louise\\_prior@ipcmedia.com](mailto:louise_prior@ipcmedia.com) or to the address on p72. The best one each week\* wins £50! Come on, girls!



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# Nuts

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**Thanks to:** Tim Bradley (Acting Sports Editor); Rich Jenkins, Rich Pelley, Graham Wray, Steve Cochrane, Sam Van Gelder, George Wales (words); Roger Labrosse (pictures); Ellis O'Brien, Alan McFaden (photography); Jon Buckley (marketing); Tony Bullman (repro)

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**IPC|INSPIRE**

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**SUBSCRIPTION RATES** One year (51 issues) including P&P: PRIORITY (Air Mail) UK £86.70; Europe £145; USA \$243; Rest of World £148. Subscription enquiries +44 (0)845 676 7778 (Mon-Fri 8am-9pm UK time), Fax +44 (0)1444 445599, [ipcsubs@quadrantsubs.com](mailto:ipcsubs@quadrantsubs.com) or NUTS subscriptions, PO Box 272, Haywards Heath, West Sussex, RH16 3FS, England



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# 10 RUDE QUESTIONS!

And a Real Girl to answer them...

## THIS WEEK:

**Jen**

24, Solihull

**1** Where's the craziest place you've had sex? "On a balcony in Tenerife. The only problem was someone was getting mugged on the street below us at the same time!"

**2** What really turns you on? "I work away quite a lot, so I'm really into dirty texts and sending rude pictures!"

**3** Apart from your mouth, where's your favourite place to be kissed? "On my neck, and then the inside of my thighs - especially if he has a bit of stubble so it tickles. You know where he's going next!"

**4** What one rude thing do you think every girl should try at least once? "Definitely sex outside. The thrill of being caught is great! If it's your first time, go to the woods or somewhere pretty secluded."

**5** Ever got it on with another girl? "I've kissed other girls but mainly just to wind up boys - and it works! Megan Fox is pretty sexy but women just aren't for me."

**6** What's your role-playing costume of choice? "I like the leather and latex stuff. I think it's really kinky and it lets me show my dominating side!"

**7** Have you ever made a sex tape? Would you? "Ooh, I haven't and I don't think I would. You can never be sure it won't end up online, then your family might see it!"

**8** If you could ask a man to perform any sex act for you, what would you want him to do? "Take me by surprise! If I've just got out of the shower or something and my man runs his hands up my towel, it lets me know he wants me and it makes me really horny!"

**9** Do you like to be dominated in the bedroom or do you prefer to be in control? "I definitely prefer to be dominated. I like a big, strong pair of arms to either pin me down to the bed or throw me around the room!"

**10** What's your trademark move in the bedroom?

"I really like being on top, so the guy can see all of me. I like him to grip me by the hips and control me while I'm riding!"



# Nuts FASHION

Look cooler than a penguin eating an ice lolly

FASHION: STEVE JOHAN; GROOMING: C. BALLE  
GRAPH: PHOTOFEST; VIBRON VIBALL; ALAN SP

## 10 of the best sunglasses

### 1. RAY-BAN AVIATORS £106

There may be imitations but these are the originals.

### 2. LE SPECS £40

These also double up as a mirror if you want to check yourself out!

### 3. GUCCI £160

You might want to team these with your deck shoes. Spot on.

### 4. GILES DEACON FOR NEW LOOK £12

If you're always losing your sunnies, get this cheap pair.



# 5. POLICE £115

This classic style will last you years – just so long as you don't lose them!

# 6. PUMA £69

These have a decent sporty edge to them.

# 7. PRADA LINEA ROSSA £185

The price tag's steep but you'll feel like a pimp daddy rocking these bins.

# 8. NUEU BY FAT PUNK STUDIO £65

Known for its crazy designs, Fat Punk Studio's sunnies tick all the right boxes.

# 9. RAY-BAN WAYFARERS £140

Loved by cool bands including Arctic Monkeys and Kasabian.

# 10. ANON £80

These are a bit different but we reckon they're ace.

**STOCKISTS:** RAY-BAN: WWW.ASOS.COM. LE SPECS: WWW.TOPMAN.COM. GUCCI: 01423 520 303. GILES DEACON: WWW.NEWLOOK.COM. POLICE: WWW.POLICE.IT. PUMA: 020 8992 9911. PRADA: WWW.SUNGLASSHUT.COM. NUEU: WWW.FATPUNKSTUDIO.COM. ANON: WWW.ANONOPTICS.COM.

# TOP 5 NEW SNIFFS

## JEAN PAUL GAULTIER LE MALE TERRIBLE £39

A new take on a classic pong, this is the business.  
**Stockist:** boots.com

## DOLCE & GABBANA THE ONE GENTLEMAN £29

The office ladies think this is sweet and sexy.  
**Stockist:** boots.com

## BVLGARI MAN £33

A slice of proper luxury, this stuff smells of money. Class in a bottle.  
**Stockist:** 0845 602 1073

## KENZO HOMME WOODY £25

This strong-smelling sniff will get you noticed.  
**Stockist:** 08445 61 61 61

## BLEU DE CHANEL £42

Chanel's first new sniff in 11 years, this smells great and has a cool bottle, too!  
**Stockist:** 020 7493 3836



# Nuts REVIEWS

## GAMES!



Mafia II boasts more than 700 separate pages of dialogue

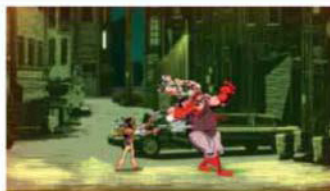
### MAFIA II

PC, PS3, XBOX 360



It's been a long time coming, but this GTA in fedoras and pinstripes (don't let anyone tell you different) is engaging,

beautifully crafted and enormous. You take a hood from proto-wiseguy to made man over 12 years of gameplay in a gorgeous San Francisco/New York hybrid. It's relentless, lavish, very cool and a consummate time-gobbler. ★★★★★



### SHANK

PLAYSTATION NETWORK, XBOX LIVE ARCADE



Fun 2D scrolling brawler that has you using anything – guns, knives, chainsaws etc – to take down hapless henchmen in your journey towards revenge. A proper hoot to play. ★★★★★



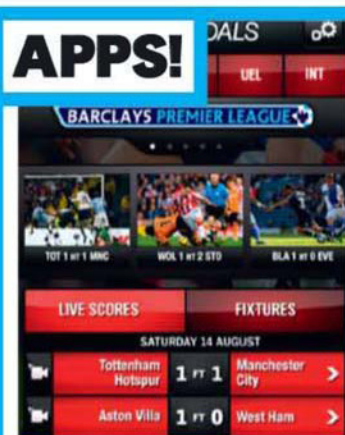
### SOLIPSKIER

IPHONE



Fun iPhone game has you controlling a skier with your thumb. Move up for jumps and down for speed-increasing slopes. And then there are the stunts! ★★★

## APPS!



### ESPN GOALS

IPHONE AND ANDROID

For just £3.99 a month, you get to see every Premier League goal on your phone, the majority just minutes after they go in. Beyond awesome! ★★★★★

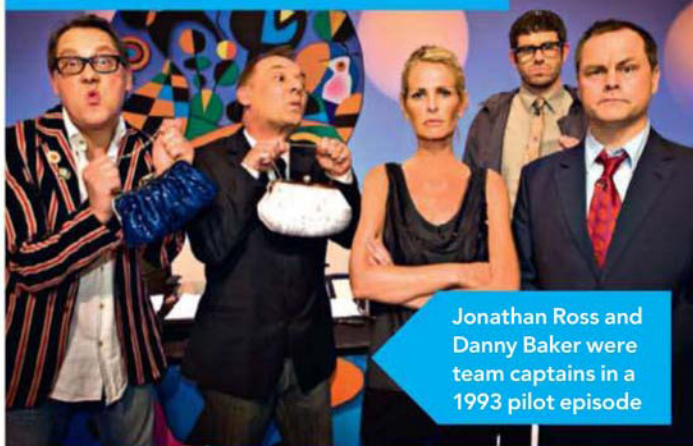
### WIKIPANION

IPHONE 2.0 OR LATER, IPOD TOUCH AND IPAD



A great one-stop app that tells you anything and everything you'll ever need to know about anything you can think of! It's an encyclopedia of life! ★★★★★

## DVDS/BLU-RAY!



Jonathan Ross and Danny Baker were team captains in a 1993 pilot episode

### SHOOTING STARS

CERT 15 DVD

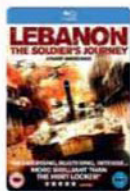


If you like your panel shows heavy on the nuttiness, step right this way. Yep, it's the latest series of the daft show hosted by Vic

and Bob, where we can expect much ribbing of captains Ulrika-Ja Jonsson and Jack Dee, top thigh-rubbing from Vic, and the many bizarre contents of score-keeper Angelos' bag, as well as all the other madness. Class! ★★★★★

### LEBANON

DVD & BLU-RAY CERT 15



Brilliantly realistic war movie set in 1982 during the first Lebanon War, seen from the viewpoint of Israeli soldiers in a tank. ★★★★★

### REPO MEN

CERT 18 DVD & BLU-RAY



When Jude Law can't pay for a mechanical heart he's had fitted, he's on the run from repo man Forest Whitaker. ★★★

### MEAT GRINDER

CERT 18 DVD



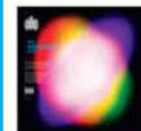
This Thai movie – perhaps the goriest film ever released in the UK – about a woman who sells a special meatball is gruesome. ★★★

## MUSIC!



### VARIOUS ARTISTS

THE UNDERGROUND 2010: TECHNO



Those Ministry chaps know what they're doing, hence this 30-track serving of club monsters from the likes of LFO, Plastikman and Carl Craig. ★★★★★

### KLAXONS

SURFING THE VOID



They dress like berks, but Klaxons' second album is a tasty confection, darker and more satisfying than their debut. Indie-heads should bag this one. ★★★



## The latest action-packed releases!

Ratings: ★★★★★ Genius ★★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

## MOVIES!



You can play the retro beat-'em-up Scott Pilgrim game on the Xbox Live Arcade

## SCOTT PILGRIM VS THE WORLD CERT 15

Hot Fuzz director Edgar Wright goes to town with a cool comic-book adaption, starring *Superbad* funnyman Michael Cera as the nerd who falls in love with ninja-skilled Mary Elizabeth Winstead.

It's coin-op inspired, chucklesome madness as, like a hero fighting big bosses in an arcade game, Pilgrim must defeat her seven evil exes to date her. Awesomeness guaranteed within! ★★★★★



## THE GIRL WHO PLAYED WITH FIRE CERT 15

Warm up for the Hollywood remix as the second chapter of Stieg Larsson's ace Swedish trilogy gets the big-screen treatment. ★★★★★



## DOG POUND CERT 18

Fighty American drama following three young hoodrats stuck in the hell of a youth correction centre. It's a riot. Literally! ★★★★★

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[gambleaware.co.uk](http://gambleaware.co.uk)

[jackpotjoy.com](http://jackpotjoy.com)



# Nuts TV

Seven days of brilliant telly for blokes!



6am

7pm

1am

**BBC ONE**

**6.00am** Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer **11.00** To Buy or Not to Buy (R) **11.30** Cash in the Attic (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Murder, She Wrote (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

**7.00** The One Show  
**7.30** A Question of Sport  
With rubbish tennis player Tim Henman and F1 commentator Martin Brundle.

**8.00** EastEnders  
Abortions and scattering dead people's ashes. Tonight's episode highlights.

**8.30** QI  
Quiz show for brain boxes. (R)

**9.00** My Family  
Ben volunteers to look after one of Janey's elderly care clients for the evening. This will be as much fun to watch as it sounds.

**9.30** Outnumbered (R)  
**10.00** BBC News, Weather  
**10.35** Would I Lie to You?  
With giant lady Miranda Hart and chef type bloke Hugh Fearnley-Whittingstall.

**11.05** The National Lottery Draws

**11.15** The Ring  
**MUST-SEE** Truly terrifying chiller about a videotape that kills the viewer a week after it's been watched. Super creepy stuff.

**1.05am** Sign Zone: Celebrity MasterChef (R) **2.05** Celebrity MasterChef - The Final (R) **3.05** Ben Fogle's Escape in Time (R) **3.50-6.00am** BBC News

**BBC TWO**

**6.00am** CBeebies **8.00** CBBC **11.00** FILM The Holiday: Romantic comedy starring Katharine Hepburn and Cary Grant.  
**12.30pm** FILM His Girl Friday: Classic newspaper comedy starring Cary Grant and Rosalind Russell. **3.00** Diagnosis Murder (R) **3.45** Flog It! (R) **4.30** Cash in the Celebrity Attic **5.15** Escape to the Country (R) **6.00** Eggheads (R) **6.30** Restoration Roadshow

**7.00** Who Do You Think You Are? (R)  
**8.00** Mastermind  
Tedious subjects including the life and career of Lance Armstrong. For real.

**8.30** Gardeners' World

**9.00** Home Movie Roadshow  
The team is shown a colour film of the 1951 Festival of Britain. Woo-hoo!

**10.00** Roger and Val Have Just Got In  
And right on cue, we're just going out.

**10.30** Newsnight  
**11.00** The Review Show at the Edinburgh Festival  
**11.50-1.20am** Swimming with Sharks  
**FILM** Black comedy starring Kevin Spacey. A stressed assistant takes revenge against his ruthless boss.

**itv 1**

**5.30am** ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show (R) **10.30** This Morning **12.30pm** Dinner Date **1.30** ITV News **1.55** Regional News, Weather **2.00** Dickinson's Real Deal (R) **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

**7.00** Emmerdale  
Carl's livid when Jimmy wants to work in the pub full-time. Can't say we blame him, working in a boozer sounds ace.  
**7.30** Coronation Street  
**8.00** Dickinson's Real Deal  
Nowt gong on here until 10.35pm.  
**8.30** Coronation Street  
Like we said, move along.

**9.00** Doc Martin  
Last in the series. See ya! (R)

**10.00** ITV News, Weather  
**10.35** UEFA Super Cup Highlights  
**SPORT** Inter Milan vs Atletico Madrid. Action from this evening's match between the respective winners of the Champions League and inaugural Europa League.

**11.35** Cops with Cameras  
On the trail of an armed robber. (R)  
**12.30am** The Zone

**2.30** FILM Outbreak: Thriller starring Dustin Hoffman. **4.35-5.30am** ITV Nightscreen

**REGIONAL VARIATIONS**

**BBC1 SCOTLAND: 7.30pm** The Beechgrove Garden **8.30pm** A Question of Sport **BBC2 WALES: 7.00pm** SPORT Sport Wales: Weekly magazine show. **7.30pm** South Africa Walks **STV: 8.00pm** Postcode Challenge **9.00** Florida - Paradise Lost **10.30** STV News and Weather **10.35** SPORT STV Sports Centre:

Friday Night Football: Including a preview of the weekend's football. **11.25** SPORT UEFA Super Cup Highlights: Inter Milan vs Atletico Madrid. **12.25am** Roulette Nation **1.00** Nightwatch with Steve Scott: Crime **2.00-5.30am** The Nightshift **ULSTER: 10.30pm** SPORT UTV Live, Weather **11.35**

## TODAY'S SPORT

**sky SPORTS 1**

**6.00am** Good Morning Sports Fans  
**9.00** Carling Cup Football (HD)  
**10.30** LIVE Cricket: More leather-lashing action on day two of England's fourth Test with Pakistan. (HD)  
**7.00pm** Sky Sports News (HD)  
**7.30** LIVE UEFA Super Cup Football: It's the continental equivalent of the Community Shield as European champs Inter take on Europa League winners Atletico Madrid, kick-off 7.45pm. (HD)  
**10.00** Take It Like a Fan  
**10.30** Premier League Preview (HD)  
**11.00** Football League Weekend (HD)  
**12.00m't** UEFA Super Cup Football (HD)  
**1.30am** Take It Like a Fan  
**2.00** Premier League Preview (HD)  
**2.30** Football League Weekend (HD)  
**3.30** Take It Like a Fan  
**4.00** UEFA Super Cup Football (HD)  
**5.30-6.00am** Take It Like a Fan

**sky SPORTS 2**

**6.00am** Aerobics **6.30** Ocean Ride  
**7.00** Test Cricket (HD)  
**9.00** Transworld Sport  
**10.00** IAAF Athletix Weekly  
**10.30** World Hockey Monthly  
**11.00** Aerobics  
**11.30** Racing News  
**12.00noon** Transworld Sport  
**1.00pm** Carling Cup Football (HD)  
**2.30** World Hockey Monthly  
**3.00** WWE: Raw (HD)  
**5.00** Football (HD)  
**7.00** Tight Lines  
**8.00** Test Cricket (HD)  
**10.00** Tight Lines  
**11.00** NFL: Total Access  
**12.00m't** Test Cricket (HD)  
**2.00am** NFL: Total Access  
**3.00** World Sport  
**3.30** Test Cricket (HD)  
**5.30-6.00am** IEX Magazine

## ON DIGITAL, SATELITE

**FILM4 (315)**

**7.00pm** My Big Fat Greek Wedding: Romantic comedy starring Nia Vardalos, Michael Constantine and John Corbett.  
**8.50** Scott Pilgrim Special: An inside look at Edgar Wright's latest film. **9.00** Team America: World Police: Satirical puppet comedy with the voices of Trey Parker, Matt Stone and Kristen Miller. **10.50** 30 Days of Night: Horror starring Josh Hartnett and Melissa George. **1.00am** KM 31: Horror starring Iliana Fox, Raúl Méndez and Adrià Collado. **3.00** Frightfest Special: The Last Exorcism **3.05** Frightfest Special: Adam Green **3.10-3.20am** Scott Pilgrim Special

**ESPN**

**7.00pm** Goal! **7.30** LIVE Bundesliga **9.30** Football  
**10.00** UFC **11.00** Rugby **12.45am** ESPN Kicks **1.00** Premier League Preview **1.30** Baseball **2.00** ESPN Kicks **2.15** MMA **3.00** UFC **4.30-5.00am** Superleague

TV PICK OF THE WEEK!

SATURDAY!

Dust-up time!

UFC 118: Edgar vs Penn 2, ESPN, 3am  
It's off to Boston, USA, for the Lightweight Championship rematch between Frankie Edgar (above) and BJ Penn. Fiiiight!



**4**

**6.10am** The Hoobs (R) **7.00** Big Brother's Little Brother **7.30** Ultimate Big Brother (R) **8.40** Frasier (R) **9.05** T4: Scissor Sisters Special: Under the Skin (R) **10.05** Privileged **11.00** Friends (R) **12.00noon** Channel 4 News Summary **12.05pm** Brothers & Sisters **12.55** Come Dine with Me (R) **3.25** Countdown **4.10** Deal or No Deal **5.00** A Place in the Sun: Home or Away **6.00** The Simpsons (R) **6.30** Hollyoaks

**7.00 News****7.25 4thought.tv****7.30 The Incubator**

Documentary about the stories of premature babies who need incubators.

**8.00 A Place in the Sun:****Home or Away**

A home in East Sussex or Italy? We can already smell the pizza.

**9.00 Ultimate Big Brother**

Highlights followed by a booting out.

**10.00 Pete Versus Life**

**MUST-SEE** Pete agrees to a marriage of convenience to be more charitable.

**10.35 Ultimate Big Brother**

The first evictee get's the Davina chat.

**11.25 Stand Up for the Week Best Bits****12.15am Music on 4:****Katy Perry: T4 Special****12.45 CTRL Student Tour** (R)

**1.00** Ultimate Big Brother: Live: Coverage of events. **2.50** This Week's 4Music Top 20 **4.40** Beauty and the Geek (R) **5.25-6.10am** Countdown (R)

Countrywise: A seabird colony where the puffin is in worrying decline. **12.00m-t-2.30am** Brain Box

**FIVE**

**6.00am** Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** The Hotel Inspector (R) **1.45** Neighbours **2.15** CSI: Crime Scene Investigation (R) **3.05** **FILM** A Step Toward Tomorrow: *Tear-jerker starring Judith Light*. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** The Boss Is Coming to Dinner **6.25** Live from Studio Five

**7.00 Five News at 7****7.15 Cricket on Five**

**SPORT** Ball-thwacking in the fourth Test between England and Pakistan at Lord's.

**8.00 Police Interceptors**

World Cup fever hits Essex. Clearly not for long it doesn't, as England pitifully crashed out.

**9.00 The Mentalist**

A party-goer is labelled a murderer when her friend is found dead in a forest. (R)

**10.00 Law & Order: Special Victims Unit**

A mother and daughter are found raped and killed. Well that's harsh.

**11.00 CSI: NY**

Media mogul Robert Dunbrook is suspected of murder, but claims he was acting in self-defence. (R)

**11.55 Cops in Crisis**

Robbery attempts gone wrong. (R)

**12.15am SuperCasino**

**4.05** The Boss Is Coming to Dinner (R) **4.30** Motorsport Mundial **4.55** County Secrets **5.10** The New Tomorrow (R) **5.35-6.00am** Michaela's Wild Challenge (R)

**sky1**

**6.00am** The Real A&E (R)(HD) **7.00** Brainiac's Test Tube Baby (R) **8.00** Brainiac: Science Abuse (R) **9.00** Oops TV (R) **9.30** Grease: The School Musical (R)(HD) **11.00** Wedding SOS (R)(HD) **11.30** New Parent Nightmares (R)(HD) **12.00noon** The Real A&E (R)(HD) **1.00pm** Malcolm in the Middle (R) **2.00** Liza and Huey's Pet Nation (R) **3.00** Stargate SG-1 (R)(HD) **5.00** **SPORT** WWE Superstars **6.00** Oops TV (R)(HD) **6.30** The Simpsons (R)

**7.00 The Simpsons**

Marge enjoys a sauna she discovers in the basement. (R)(HD)

**7.30 The Simpsons**

Homer's inadvertent actions result in Kent Brockman being fired. (R)

**8.00 Must Be the Music**

More hopefuls perform. (R)(HD)

**9.00 Must Be the Music**

The judges pick 15 acts to go through to the semi-finals. (R)(HD)

**10.00 Must Be the Music**

Blimey, another episode. Ok this is overkill now. (R)(HD)

**11.00 Lie to Me**

Cal finds himself in a pickle after witnessing Gillian's fella being bundled into a van by three men. (R)(HD)

**12.00m't Road Wars**

Police officers raid a massive cannabis factory. (R)

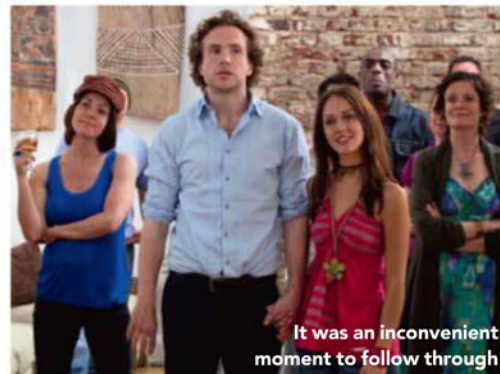
**1.00** Bones (R)(HD) **1.50** Road Wars (R)(HD) **2.40** Road Wars (R)(HD) **3.30** The 4400 (R)(HD) **4.20** Top Design (R)(HD) **5.10-6.00am** Sell Me the Answer (R)(HD)

**TODAY'S MUST-SEES**

He made a mental note never to wear that aftershave again

**Dexter** **FX, 10pm**

**DRAMA** Trying to juggle parenthood and serial killing is a hard job. So hard, in fact, that this week, Dexter misplaces his latest victim's dead body. Now, where did he leave it? Meanwhile, Trinity stalks his next target. ★★★★★



It was an inconvenient moment to follow through

**Pete Versus Life** **Channel 4, 10pm**

**COMEDY** While watching this top comedy, you know it's made by the people behind Peep Show, because it's every bit as cringeworthy. Tonight's episode is no exception, as Pete agrees to a marriage of convenience. ★★★



Carlos Tevez had just come on the screen

**The Ring** **BBC1, 11.15pm**

**FILM** US remake (in other words, a watered-down version) of the Japanese horror. Naomi Watts is the reporter investigating a video tape that kills anyone who watches it a week later. Bet it's just an episode of Glee on there! ★★★★★

**LITE AND CABLE TV TONIGHT****COMEDY CENTRAL (126)**

**7.00pm** The King of Queens **8.00** Scrubs **9.00** South Park **11.00** Jeff Dunham: Spark of Insanity **12.45am** South Park **1.45** Two and a Half Men **2.45** Grouchy Young Men **3.15** Comedy Store **4.10** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

**BBC3 (115)**

**7.00pm** **LIVE** Athletics: The Memorial Van Damme. **9.00** Reading Festival 2010 **10.00** EastEnders **10.30** Reading Festival 2010 **12.00m't** Family Guy **12.45am** Young, Dumb and Living Off Mum **1.45** **FILM** Scary Movie 2: Horror. **3.00** The Adventures of Daniel **3.30** The Klang Show **4.00** Inn Mates **4.30-5.30am** Young, Dumb and Living Off Mum

**E4 (136)**

**7.00pm** Hollyoaks **7.30** Friends **9.00** Supernanny **10.00** Wife Swap **11.05**

Rude Tube: Including two camels in a car. **11.20** Big Brother's Big Mouth **12.25-6.00am** Ultimate Big Brother: Live

**DAVE (111)**

**7.00pm** The Gadget Show **7.30** Seaside Rescue **8.00** Dragons' Den: On Tour **9.00** QI **10.20** Little Britain **11.40** QI **1.00am** Little Britain **2.15** Banzai **2.50-3.00am** **SPORT** Radical Highs: The high-risk sport of mountainboarding.

**MTV (350)**

**7.00pm** My Life as Liz **8.00** Justin Timberlake: Official Top 20 **10.00** Behind the Music: Profile of rap star 50 Cent. **11.00** MTV World Stage: Snooop **12.00m't** South Park **2.30am** The Dudesons in America **3.00-6.00am** All the Hits

**VIRGIN 1 (121)**

**7.00pm** Star Trek: Voyager **8.00** Warehouse 13 **9.00** Star Trek: Enterprise

**10.00** Supernatural **11.00** Star Trek: Enterprise **12.00m't** Challenge Jackpot **3.00am** Brit Cops: Zero Tolerance **4.00-5.00am** Street Crime UK

**SYFY (129)**

**7.00pm** Legend of the Seeker **8.00** Human Target: Double-bill. **10.00** **FILM** Airline Disaster: Thriller starring Lindsey McKeon **11.50** **FILM** Dragonquest: Fantasy adventure. **1.30am** Mysterious Ways **2.30** 3rd Rock from the Sun **3.00** Legend of the Seeker **4.00** Angel **5.00-6.00am** Smallville

**FX (164)**

**7.00pm** Third Watch **7.45** NCIS **10.00** **MUST-SEE** Dexter **11.00** Burn Notice: Top US spy drama. **12.00m't** A-Team, Predators & Knight and Day: Movie Special **12.25am** Farscape **1.10** Babylon 5 **1.55** ReGenesis **2.45** Water Rats **3.30-4.20am** Tour of Duty



6am

7pm

1am



**6.00am** Breakfast **10.00** **NEW** Saturday Kitchen Live **11.30** **SPORT** Football Focus **12.00noon** BBC News, Regional News, Weather **12.10pm** **LIVE** Formula 1: The Belgian Grand Prix - Qualifying: Coverage from Spa-Francorchamps (start time 1pm). **2.05** **LIVE** Rugby League: Challenge Cup Final: Leeds Rhinos vs Warrington Wolves, kick-off 2.30pm. **4.30** **SPORT** Final Score **5.15** BBC News, Regional News, Weather **5.35** **FILM** Over the Hedge: Animated comedy featuring the voice of Bruce Willis. **6.50** 101 Ways to Leave a Gameshow

**7.50 Tonight's the Night**  
A paramedic steps into the ring with his hero, world boxing champion David Haye. Er, good luck, mate.

**8.40 The National Lottery Saturday Night Draws**

**8.50 John Bishop's Britain**  
**MUST-SEE** More chucklesome observations from the Scouse funnyman. Ace, as ever.

**9.20 Michael McIntyre's Comedy Roadshow**  
Stand-up shenanigans with Rhod Gilbert, Mark Watson and Kevin Bridges. (R)

**10.05 BBC News, Weather**  
**10.25 Match of the Day**  
**SPORT** All the day's Premier League goals and gaffes, including Manchester United vs West Ham and Blackburn vs Arsenal.

**11.45 The Football League Show**  
**SPORT** Highlights and goals from today's top clashes from the Championship and beyond, including Cardiff a trip to Portsmouth.

**1.10-6.00** BBC News



**6.00am** CBeebies **7.25** CBBC **12.00noon** BBC Switch: Degra: The Next Generation **12.25pm** Scene Stealers **12.55** The Cut **1.20** The 5:19 Show **1.35** The Almost Perfect Guide to Life (R) **2.00** Coast (R) **2.20** **FILM** Oklahoma!: Rodgers and Hammerstein musical starring Gordon MacRae, Shirley Jones and Rod Steiger. **4.35** **FILM** The Eagle Has Landed: Second World War thriller about a German plot to kidnap Churchill. Based on Jack Higgins' bestseller and starring Michael Caine and Donald Sutherland. **6.45** BBC Proms 2010

**8.30 Dad's Army**  
More wartime faffing around. (R)

**9.00 Have I Got a Bit More News for You**  
Topical news-bashing quiz. (R)

**9.45 Vexed**  
Kate and Jack investigate the attempted murder of a banker. Who'd want to bump a banker off? Could take a while. (R)

**10.45 Grandma's House**  
Simon Amstell written comedy. Should have been good. It's not. (R)

**11.15 Russell Howard's Good News**  
The Mock The Week gag-merchant takes another sideways look at the week's big news stories.

**11.45-1.25 Intermission**  
**FILM** Decent Irish drama starring Colin Farrell and Cillian Murphy. A supermarket worker's plans to test his girlfriend's love backfire when she walks out on him. The muppet.



**5.30am** ITV News **6.00** GMTV **9.25** The Crocodile Hunter Diaries (R) **10.25** Children's Hospital (R) **10.55** Monk (R) **11.50** This Morning: Saturday **12.50pm** News, Weather **12.59** London Weather **1.00** The Planet's Funniest Animals (R) **1.30** **FILM** The Spy Who Loved Me: James Bond adventure starring Roger Moore and Barbara Bach. (R) **5.50** Regional News, Weather **6.00** ITV News **6.15** You've Been Framed! (R) **6.45** Odd One In

**7.30 The X Factor**  
The lovely Natalie Imbruglia and Cheryl Cole, both on judging duties? You're spoiling us, ITV! Sadly Louis Walsh is still hanging around, but you can't have it all.

**8.45 Magic Numbers**  
A phone-number based gameshow, and every bit as rubbish as that sounds.

**9.45 The Bourne Supremacy**  
**FILM** Bone-crunching thriller sequel starring Matt Damon as a former CIA assassin on the run from a host of shadowy enemies. Cracking stuff.

**11.45** ITV News, Weather

**12.00m't Dating the Enemy**  
Series in which two people who are almost certain to hate each other, are sent on a date together. Avoid it. (R)

**12.30am** The Zone

**2.30** October Road (R) **3.20** Raines (R) **4.05-5.30am** ITV Nightscreen



**6.10am** The Hoobs (R) **7.00** **SPORT** World Sport **7.30** **SPORT** The Grid **8.00** **SPORT** The Morning Line **9.00** T4: Katy Perry: T4 Special (R) **9.30** Ugly Betty (R) **10.30** The Ting Tings: Video Exclusive **10.35** Ultimate Big Brother (R) **12.25pm** The Hollyoaks Music Show **12.55** Scrubs (R) **1.25** **SPORT** That Paralympic Show **1.55** **LIVE** Channel 4 Racing: Coverage from Goodwood, Newmarket and Beverley. **3.55** Come Dine with Me (R) **5.55** News **6.20** 4thought.tv **6.25** **FILM** Battle of Britain: Second World War epic.

**9.00 Ultimate Big Brother**  
"Legendary" housemates from the show's past head back into the house for another round of tears and tantrums. Big Brother might be on its last legs, but the corpse ain't cold just yet!

**10.00 In Bruges**  
**MUST-SEE** What do you get when you mix Colin Farrell and Brendan Gleeson with a psychotic gangster, a quaint Belgian city and a coked-up midge? Cinematic gold, that's what! Funny, violent... just watch it!

**12.05am Stand by Me**  
**FILM** Brilliant coming-of-age flick starring River Phoenix as one of a group of mates looking for a dead body. Watch out for the bit with the leeches. Ouch!

**1.40** Ultimate Big Brother: Live **3.10** What About Brian **3.50** Wreck Detectives (R) **4.45** Beauty and the Geek (R) **5.25-6.10am** Countdown (R)



**6.00am** Milkshake! **10.00** How Do They Do It? (R) **10.30** The Gadget Show (R) **11.30** Great Railway Adventures with Dan Cruickshank (R) **12.30pm** **FILM** The Sword and the Rose: Historical romance starring Richard Todd and Glynis Johns. **2.15** **FILM** The Odyssey: Adventure based on Homer's epic poem about the travels of Odysseus, starring Armand Assante. **5.15** **FILM** Jason and the Argonauts: Mythological adventure starring Todd Armstrong and Nancy Kovack.

**7.10 Five News**  
**7.15 Cricket on Five**  
**SPORT** Willow-waving highlights from day three of the fourth Test between England and Pakistan. Howzat!

**8.00 NCIS**  
The team investigate some mummified remains, and the culprit looks like another one of those pesky serial killers!

**9.00 CSI: Crime Scene Investigation**  
A teenager saving money to fund a sex change is found stabbed and hanging from a tree. A real cheery one, then. (R)

**10.00 CSI: Crime Scene Investigation**  
ATV weather presenter who was working as a prostitute is found murdered. (R)

**11.00 CSI: Miami**  
Delko is rushed to hospital with potentially fatal gunshot wounds. (R)

**11.55 Cops in Crisis** (R)  
**12.15am SuperCasino**

**4.05** **SPORT** Golf **4.55** The Family Recipe (R) **5.00** Hana's Helpline (R) **5.10** Milkshake! (R) **5.35** Thomas & Friends (R) **5.45-6.00am** Roary the Racing Car (R)

REGIONAL VARIATIONS

**BBC2 SCOTLAND: 1.35pm** The Great Climb **7.15-9.00pm** BBC Proms 2010 **STV: 12.00m't** Brain Box **1.00am** **FILM** Psycho. Horror chiller remake of the 1960 Hitchcock classic starring Anne Heche and Vince Vaughn. **3.00-5.30am** The

Nightshift **ULSTER: 11.59pm** Pollen Count **12.00m't-2.30am** Brain Box

## TODAY'S SPORT



**6.00am** Aerobics  
**6.30** **LIVE** ITM Cup Rugby Union: Wellington face Northland at the Westpac Stadium, kick-off 6.30am. (HD)  
**8.30** **LIVE** ITM Cup Rugby Union: More egg-juggling as Canterbury take on Auckland, kick-off 8.35am. (HD)  
**10.30** **LIVE** Test Cricket: Day-three action from Lord's as England continue their fourth Test against Pakistan. (HD)  
**7.00pm** **LIVE** Spanish Football: Coverage of a match in La Liga. (HD)  
**9.00** **LIVE** Spanish Football: More La Liga action. Ole! (HD)  
**11.00** Challenge Cup Final  
**12.00m't** Women's Rugby Union (HD)  
**1.00am** Tri-Nations Rugby Union  
**2.00** Spanish Football (HD)  
**3.30** Test Cricket (HD)  
**5.30-6.00am** Champions League Weekly: The latest Euro goals. (HD)



**6.00am** Transworld Sport  
**7.00** Take It Like a Fan  
**7.30** Football League Weekend (HD)  
**8.30** Champions League Weekly (HD)  
**9.00** Premier League Preview  
**9.30** Take It Like a Fan  
**10.00** Soccer AM  
**12.00noon** Take It Like a Fan  
**12.30pm** **LIVE** Football Special: Blackburn play host to Arsenal at Ewood Park. Expect at least one of Wenger's men to be stretchered off before the end! Kick-off 12.45pm. (HD)  
**3.15** WWE: Smackdown (HD)  
**5.15** **LIVE** Football League: Championship action as Leicester take on Reading, kick-off 5.20pm. (HD)  
**7.30** You're on Sky Sports!  
**8.25** Football First (HD)  
**2.45am** Speedway  
**5.45-6.00am** Sky Sports Classics

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

**FILM4 (315)**  
**6.50pm** Cocoon: Sci-fi comedy fantasy starring Wilford Brimley. **9.00** There's Something About Mary: Comedy starring Cameron Diaz and Ben Stiller. **11.15** The Omen: Horror starring Gregory Peck. **1.25am** The Hills Have Eyes: Horror remake starring Aaron Stanford. **3.30-3.40am** Scott Pilgrim Special

**COMEDY CENTRAL (126)**  
**7.00pm** Rules of Engagement **8.00** Two and a Half Men **9.00** Dara O'Brian: Live at the Theatre Royal: The finale of the 2006 tour of the UK and Ireland. **10.20** Michael

**ESPN** **4.45pm** **MUST-SEE** Premier League Football: Man Utd host West Ham, kick-off 5.30pm. **7.45** **LIVE** Serie A Football **9.45** Bundesliga **11.30** Basketball **1.00am** MMA **2.00-6.00am** **MUST-SEE** UFC 118: Edgar vs Penn, fight!

McIntyre's Comedy Roadshow **11.20** **FILM** Harold & Kumar Get the Munchies: Comedy starring John Cho, Kal Penn and Ethan Embry. **1.05am** South Park **2.05** Two and a Half Men **3.05** The King of Queens **4.00** Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10** Frasier **5.35-6.00am** Two and a Half Men

**BBC3 (115)**  
**7.00pm** Top Gear **8.00** Reading Festival 2010 **12.00m't** Family Guy **12.45am** American Dad! **1.30** Beckii: Schoolgirl Superstar at 14 **2.30** Alice and Her Six Dads **3.25** The Blind Me **4.25-5.25am** Tulisa - My Mum and Me

**E4 (136)**  
**7.00pm** The Big Bang Theory **7.30** How I Met Your Mother **7.55** Friends **9.00** The 100 Greatest Kids' TV Shows **11.10** Frank Skinner: Live in Birmingham **12.20-6.00am** Ultimate Big Brother: Live

**DAVE (111)**  
**6.00pm** Trawlermen **7.40** Ray Mears' Extreme Survival **8.20** I'm Alan Partridge: Alan dreams of launching a new BBC show. **9.00** QI XL: With Johnny Vegas, Sean Lock and Pam Ayres. **10.00** QI: With Jo Brand, Phill Jupitus and Clive Anderson. **12.00m't** QI XL **1.00am** QI **2.15** The League of Gentlemen **2.45-3.00am** **SPORT** Radical Highs

**MTV (350)**  
**3.00pm** The Hills **9.00** Jersey Shore's Top 50 Fiest Pumpin' Tunes **2.00am** World Stage **3.00-6.00am** All the Hits

**VIRGIN 1 (121)**  
**7.00pm** Most Shocking **8.00** Trawlers, Rigs & Rescue: North Sea **9.00** Shooting Stars **10.00** 8 Out of 10 Cats **11.00** Sexcetera **12.00m't** Challenge Jackpot **3.00am** Cops on Camera **4.00-5.00am** Brighton Rocks



**sky1**

**6.00am** Brainiac: Science Abuse (R)(HD)  
**7.00** Guinness World Records Smashed!  
 (R)(HD) **8.00** Ooops TV (R)(HD) **9.00** **SPORT**  
 Football's Next Star (R)(HD) **10.00** **SPORT**  
 Soccer AM **12.00noon** Fat Families (R)  
 (HD) **1.00pm** Pineapple Dance Studios  
 (R)(HD) **2.00** Project Runway (R) **3.00** Bill  
 Bailey's Birdwatching Bonanza (R)(HD)  
**4.00** Liza and Huey's Pet Nation (R)(HD)  
**5.00** Vet Adventures (R)(HD) **6.00** The  
 Simpsons (R)

**7.00 The Simpsons**

Homer and Grampa head to Ireland.  
 To be sure, to be sure. Ahem. (R)(HD)

**7.30 Glenn Martin, DDS**

**NEW** The dentist reconnects with his  
 old Army buddies. (HD)

**8.00 Ooops TV**

Ha-ha-ha-ha-ha. That man just fell over!  
 Ha-ha-ha-ha-ha. So did that one! (R)(HD)

**9.00 The Fast and the Furious**

**FILM** Big, dumb fun with Vin Diesel  
 and Paul Walker tearing it up  
 in some souped-up motors. There's a plot  
 in there too, but it's mainly about the cars,  
 girls and explosions. Woowoooo! (HD)

**11.05 Classic Albums**

The making of Jimi Hendrix's 1968  
 album *Electric Ladyland*. (R)

**12.25am UK Border Force**

The customs boys have a root around in  
 some more "cavities". (R)(HD)

**1.25** **FILM** Black Friday (HD) **3.05** Road  
 Wars (R) **3.30** Justin Lee Collins: West  
 End Star **4.20** Don't Forget the Lyrics  
**5.10-6.00am** Sell Me the Answer (R)(HD)

**SYFY (129)**

**5.50pm** **FILM** Merlin and the War of  
 the Dragons: Fantasy starring Simon  
 Lloyd Roberts. **7.40** **FILM** Stonehenge  
 Apocalypse: Sci-fi thriller starring Misha  
 Collins. **9.30** **FILM** Princess of Mars:  
 Sci-fi thriller starring Antonio Sabato Jr.  
**11.20** **FILM** Robin Hood: Beyond  
 Sherwood: Fantasy adventure starring  
 Robin Dunne. **1.10am** Mysterious Ways  
**3.10** 3rd Rock from the Sun **4.00-**  
**6.00am** **FILM** Ba'al: The Storm God:  
 Fantasy thriller starring Jeremy London.

**FX (164)**

**7.00pm** The Listener **8.30** American  
 Dad! **9.15** Better Off Ted **10.00** Robot  
 Chicken **10.15** Family Guy **11.15**  
 Metalocalypse **11.30** American Dad!  
**12.30am** The Venture Brothers **12.55**  
 Family Guy **1.40** Better Off Ted **2.25**  
 Robot Chicken **2.40** Titan Maximum  
**2.55-3.40am** Swat USA

**TODAY'S MUST-SEES**

Mancini found  
 a new way to decide  
 who started



"Watch out, Rob,  
 it's one of those  
 round things you hate!"

**Man United vs West Ham**

ESPN, 4.45pm

**SPORT** The fixture list has been kind to Fergie,  
 with Newcastle, Fulham and now the  
 Hammers to start. The Reds did the double over the  
 Irons last season. Expect more of the same. ★★

**In Bruges** Channel 4, 10pm

**FILM** One of the best films of the past decade,  
 with Colin Farrell and Brendan Gleeson  
 playing a pair of hitmen laying low in sleepy Belgium  
 after a botched job. By turns hilarious, violent, sad  
 and moving, this is a true one-of-a-kind. ★★★★★

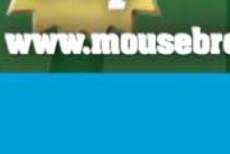
**UFC 118: Edgar vs Penn** ESPN, 3am

**SPORT** Top face-changing  
 action from the  
 Octagon! Lightweight title  
 holder Frankie Edgar (near left)  
 faces contender BJ Penn (far  
 left) in a rematch of their April  
 bout. This is sure to be one  
 of the tastiest dust-ups of the  
 year, with Penn desperate to  
 restore his rep as one of the  
 best in the game, and Edgar  
 looking to defend his title. As  
 a special treat, boxing veteran  
 James Toney makes his debut  
 in the Octagon, taking on  
 Randy Couture! ★★★★★

**John Bishop's Britain**

BBC1, 8.50pm

**COMEDY** With A League Of Their Own taking a  
 break, John Bishop hosts his very own  
 comedy look at Britain. To be fair, us Brits are bizarre  
 and funny, and his observations are spot on. ★★★★★

**Goal-scoring on the go!**



6am

7pm

1am



**6.00am** Breakfast **7.40** **SPORT** Match of the Day (R) **9.00** Breakfast **10.00** Sunday Morning Live **11.00** Country Tracks **12.00noon** BBC News **12.05pm** **MUST-SEE** Formula 1: The Belgian Grand Prix: Coverage of the 13th round of the season from Spa-Francorchamps (Start-time 1pm). **3.10** EastEnders **5.05** Songs of Praise **5.40** Halcyon River Diaries (R) **6.40** BBC News, Regional News, Weather



**6.00am** CBeebies **7.25** CBBC **10.00** Something for the Weekend **11.30** **SPORT** The Youth Olympics: Highlights from Singapore. **12.00noon** Bargain Hunt Famous Finds (R) **12.30pm** Flog It! (R) **1.15** Escape to the Country (R) **2.00** **FILM** South Pacific: Musical starring Mitzi Gaynor and Rossano Brazzi. **4.25** **FILM** Finding Neverland: Period drama starring Johnny Depp and Kate Winslet. **6.00** The Great British Bake Off (R)



**5.30am** ITV News **6.00** GMTV **9.25** Coronation Street **11.45** This Morning: Sunday **12.45pm** Dinner Date (R) **1.45** News, Weather **1.54** London Weather **1.55** The Planet's Funniest Animals (R) **2.25** The X Factor (R) **3.40** **FILM** Moonraker: James Bond adventure starring Roger Moore. **6.00** Regional News, Weather **6.15** ITV News **6.30** Stephen Tompkinson's Australian Balloon Adventure



**6.10am** The Hoobs (R) **6.35** **SPORT** British GT Championship **7.00** **SPORT** Rat Race Urban Adventure Edinburgh **7.30** **SPORT** Basketball **8.25** T4: Friends (R) **9.30** Hollyoaks **12.00noon** Big Brother's Little Brother **1.05pm** Friends (R) **1.40** The Simpsons (R) **2.45** Ugly Betty **3.45** Three in a Bed **5.20** Deal or No Deal **6.10** **FILM** Stormbreaker: Teen spy adventure starring Mickey Rourke and Bill Nighy.



**6.00am** Milkshake! **10.00** Shake! **11.10** Michaela's Wild Challenge (R) **11.40** The Family Recipe (R) **11.45** The Hotel Inspector (R) **12.45pm** Egypt's Lost Queen (R) **1.50** **FILM** The Law and Jake Wade: Western starring Robert Taylor. **3.30** **FILM** Free Willy 2: The Adventure Home: Adventure sequel starring Jason James Richter. **5.20** **FILM** Yours, Mine & Ours: Comedy remake of the 1968 film, starring Dennis Quaid and Rene Russo.

**7.00** Countryfile  
An hour of welly-wearing wubbish.

**8.00** The Very Last of the Summer Wine  
So they're all dead then?

**8.30** Antiques Roadshow  
Items include a rare teapot bought at a car-boot sale. Course it does.

**9.00** Secret Britain  
It can't be that much of a secret if there's a whole hour dedicated to it.

**10.00** BBC News, Weather

**10.25** Trackers Agency  
**NEW** Tracking unclaimed money in Britain. Sounds amazing.

**11.15** Bandits  
**FILM** Crime comedy starring Bruce Willis, Billy Bob Thornton and Cate Blanchett. Two mismatched escaped convicts go on a crime spree and take a bored housewife along for the ride.

**1.20am** Sign Zone: Holby City (R) **2.20** Between Life and Death (R) **3.10** A Band for Britain (R) **4.10-6.00am** BBC News

**7.00** Dragons' Den  
A pitch for a remote control in the form of a magic wand. Maybe if he waves his wand, he'll magic up the investment? (R)

**8.00** Mountain Gorilla

**9.00** Vexed  
The duo are sent to investigate an abduction. It would appear the humour from this show has been abducted.

**10.00** Match of the Day 2  
**SPORT** Colin Murray and guests review today's four Premier League fixtures, including Villa vs Everton and Sunderland vs Man City.

**11.10** Mad Men  
Roger Sterling finds himself facing Don's wrath when he makes a pass at Betty. (R)

**11.55** Mad Men  
Sal is put in a difficult position when a client takes him to dinner. (R)

**12.45am** MotoGP  
**SPORT** The Indianapolis Grand Prix. Jennie Gow introduces action from the 11th round.

**2.00-4.10** BBC News

**7.30** Coronation Street  
The Peacocks and Alahans have a slanging match in the street. We thought they only did that in EastEnders?

**8.00** Heartbeat  
Village-based The Bill.

**9.00** Martin Clunes - Horsepower  
Martin Clunes likes horses. A lot.

**10.00** ITV News, Weather

**10.15** Drama Trails  
James Nesbitt narrates the stories behind shows you've never watched.

**11.15** Comedy Classics: Duty Free  
You probably weren't even born when this show was on. Avoid. (R)

**12.15am** Nightwatch with Steve Scott: Crime (R)

**1.05** The Zone **2.30** **SPORT** Motorsport UK **3.20-5.30am** ITV Nightscreen

**7.45** News

**7.55** 4thought.tv  
Comedian Christina Martin discusses telling jokes about Jesus.

**8.00** Ultimate Big Brother  
The past 24 hours covered.

**9.00** Inside Incredible Athletes  
Scientists analyse how Britain's Paralympians attain peak performance.

**10.30** Alan Carr: Chatty Man  
Jedward are on tonight. Nuff said.

**11.20** The Seeker: The Dark is Rising  
**FILM** Fantasy adventure about a teenage boy who must fight the forces of evil in order to save the world from an apocalypse. Good luck with that.

**1.10am** Ultimate Big Brother: Live **4.35** Countdown (R) **5.20-6.10am** Hill Street Blues (R)

**7.10** Five News

**7.15** Cricket on Five  
**SPORT** Highlights of the fourth day's play in the fourth Test at Lord's, as England take on Pakistan.

**8.00** White Chicks  
**FILM** Slapstick comedy about two black FBI agents who dress up as white heiress sisters in order to catch a serial kidnapper. It's a bit rubbish.

**10.15** Panic Room  
**FILM** Ace thriller starring Jodie Foster as a newly divorced woman, who with her daughter, become trapped in a hidden chamber in their home by three burglars.

**12.25am** UFC 91: Main Event  
**SPORT** Body smashing between Randy Couture and Brock Lesnar at the MGM in Las Vegas.

**1.20** SuperCasino **4.05** Wildlife SOS **4.55** The Family Recipe **5.00** Hana's Helpline **5.10** Milkshake! **5.35** Thomas & Friends **5.45-6.00am** Roary the Racing Car (R)

REGIONAL VARIATIONS

**BBC1 NORTHERN IRELAND:** **10.25pm** Our Man in the Vatican **10.55** **FILM** No Way Out. Thriller about a murder investigation in the heart of Washington's Pentagon, starring Kevin Costner. **12.45-1.20am** BBC News **STV:** **11.15pm** October Road **12.10am**

**Brain Box** **1.00** Raines **2.00-5.30am** The Nightshift **ULSTER:** **10.14pm** Pollen Count **10.15** **FILM** Dead Calm. Suspense thriller about a married couple menaced by a psychotic mariner on a yacht in the Pacific. Starring Nicole Kidman and Sam Neill.

**12.00m** Brain Box **2.20-5.30am** **FILM** Alexander. Oliver Stone's epic biopic starring Colin Farrell as the ancient warrior king whose restless desire for glory led him to conquer most of the known world by the age of 25. With Angelina Jolie and Val Kilmer.

## TODAY'S SPORT



**6.00am** Aerobics  
**6.30** Football First (HD)  
**9.30** The Sunday Supplement  
**11.00** Goals on Sunday (HD)  
**1.00pm** **MUST-SEE** Super Sunday: Is there any such thing as a mid-table six-pointer? Well if there is, Bolton vs Birmingham is definitely it! Kick-off 1.30pm. (HD)  
**3.30** **MUST-SEE** Super Sunday: Villa take on Everton at Villa Park. With both sides eyeing a top-six finish, this one should be a cracker! Kick-off 4pm. (HD)  
**6.30** Super Sunday: The Last Word (HD)  
**7.00** **LIVE** Spanish Football (HD)  
**8.00** **LIVE** Spanish Football: Live La Liga action, from Ronaldo, Messi, Kaka and friends. Lovely stuff. (HD)  
**10.00** Football First (HD)  
**4.00am** Champions League Weekly (HD)  
**4.30** US Open Tennis (HD)  
**5.30-6.00am** FIFA Futbol Mundial



**6.00am** Test Cricket (HD)  
**8.00** Spanish Football (HD)  
**9.30** Challenge Cup Final: Face-mashing action from Leeds vs Warrington. Oo! **10.30** **LIVE** Test Cricket: It's the penultimate day of the fourth Test between England and Pakistan. Very nearly squeaky bum time! (HD)  
**7.00pm** US Open Tennis: A preview of this year's tournament, giving you a chance to see just what Andy Murray's up against. Roger who? (HD)  
**8.00** Test Cricket: Highlights of today's play at Lord's. (HD)  
**10.00** US Open Tennis (HD)  
**11.00** Scottish Premier League Football: Deep fried football from north of the border, as St Mirren take on Hibernian at St Mirren Park. (HD)  
**11.30** Test Cricket (HD)  
**1.30-3.30** Spanish Football (HD)

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

**FILM4 (315)**  
**6.40pm** Cocoon: The Return: Sci-fi sequel. **8.55** Frightfest Special: The Last Exorcism **9.00** Underworld: Supernatural thriller starring Kate Beckinsale. **11.15** **PREMIERS** Paradise Lost: Thriller starring Josh Duhamel. **1.00am** The Hills Have Eyes II: Horror sequel. **2.40** Frightfest Special: The Last Exorcism **2.45** Frightfest Special: Adam Green **2.50-3.00am** Scott Pilgrim Special

**COMEDY CENTRAL (126)**  
**9.00am** Two and a Half Men **9.00pm** Michael McIntyre's Comedy Roadshow

**ESPN** **6.30pm** FIA GT1 World Championship  
**7.45** **LIVE** Serie A **9.45** Ultimate Fighting Championship **12.15am** MMA Live at UFC 118 **1.15** Basketball **2.45** ESPN Kicks Extra **3.00-5.00am** **LIVE** Major League Soccer

**10.00** **FILM** Maid in Manhattan: Romantic comedy starring Jennifer Lopez. **12.00m** Michael McIntyre: Live & Laughing **1.20am** Two and a Half Men **2.20** Scrubs **2.50** Everybody Hates Chris **3.20** The King of Queens **4.15** Shortcuts Shuffle **4.20** Everybody Loves Raymond **5.10-6.00am** Two and a Half Men

**BBC3 (115)**  
**7.00pm** **SPORT** Formula 1: The Belgian Grand Prix - Highlights **7.45** **SPORT** **LIVE** MotoGP: Indianapolis Grand Prix: The 11th round of the season at the Indianapolis Motor Speedway. **9.00** Young, Dumb and Living Off Mum **10.00** Family Guy **10.45** Ideal **11.15** Reading Festival 2010 **12.30am** Young, Dumb and Living Off Mum **1.30** The Adventures of Daniel **2.00** **SPORT** Formula 1: The Belgian Grand Prix - Highlights **2.45** I Can't Stop Stealing **3.45** Ideal **4.15** Inn Mates **4.45-5.15am** The Adventures of Daniel

**E4 (136)**  
**7.00pm** One Tree Hill **7.55** Friends **9.00** **FILM** My Super Ex-Girlfriend: Fantasy comedy starring Uma Thurman. **11.00** Big Fat Quiz of the Year 2009 **1.10-6.00am** Ultimate Big Brother: Live

**DAVE (111)**  
**9.00am** Have I Got News for You **2.20** Rich Hall's Fishing Show **2.45-3.00am** **SPORT** Radical Highs: Speed-skiing.

**MTV (350)**  
**7.00pm** Cribs **8.00** 16 and Pregnant **9.00** The Hills **10.00** Jessica Simpson: Price of Beauty **10.30** The Osbournes **11.00** The Dudesons in America **11.30** South Park **1.00am** The Dudesons in America **3.00-6.00am** All the Hits

**VIRGIN 1 (121)**  
**7.00pm** Home Video Heroes **8.00** Britain's Worst Mother-in-Law **9.00**



**sky1**

**6.00am** Hour of Power (HD) **7.00** Guinness World Records Smashed! (R) (HD) **8.00** Oops TV (R) **9.00** Road Wars (R) **10.00** **SPORT** WWE Superstars (R) **11.00** **SPORT** WWE: Experience (R) **12.00noon** Futurama (R)(HD) **1.00pm** Must Be the Music (R)(HD) **4.00** Oops TV (R)(HD) **5.00** Futurama (R) **6.00** **MUST-SEE** The Simpsons (HD) **6.30** **MUST-SEE** The Middle: Comedy starring Patricia Heaton as a housewife and car saleswoman. (HD)

**7.00** **Must Be the Music**  
Five acts take to the stage in the first semi-final. Good luck! (HD)

**8.15** **Must Be the Music - Meet the Semi-Finalists**  
A preview of the five. (HD)

**9.00** **Michael Jackson's This Is It**  
**FILM** This is a documentary shot during rehearsals for Jackson's planned series of 50 London concerts. Then he died. (HD)

**11.10** **Martina Cole's The Take**  
Little Freddie's following in his dad's wicked footsteps. (R)(HD)

**12.10am** **Must Be the Music**  
This shows on a lot. (R)(HD)

**12.55** **House**  
The team treats an old woman. (R)(HD)

**1.50** Fringe (R)(HD) **4.20** Don't Forget the Lyrics (R)(HD) **5.10-6.00am** Sell Me the Answer (R)(HD)

Trawlers, Rigs & Rescue: North Sea  
**10.00** Most Shocking **11.00** Sexcetera  
**12.00m't** Challenge Jackpot **3.00am**  
The Unit **4.00-5.00am** Brighton Rocks

**SYFY (129)**  
**7.00pm** A Town Called Eureka **8.00** **FILM** Dungeons & Dragons 2: The Elemental Might: Fantasy sequel. **10.00** **FILM** DragonHeart: Fantasy. **12.00m't** **FILM** Merlin and the War of the Dragons: Fantasy adventure. **1.50am** Mysterious Ways **3.00** Legend of the Seeker **4.00-6.00am** **FILM** Thirst: Drama.

**FX (164)**  
**6.15pm** Burn Notice **8.00** NCIS **10.00** Dexter **11.00** True Blood: Jason follows Lafayette. **12.00m't** Generation Kill **1.10am** Family Guy **1.30** A-Team, Predators & Knight and Day: Movie Special **1.55** The Venture Brothers **2.20** To Catch a Predator **3.05-3.50am** Cops

**TODAY'S MUST-SEES****FOOTY FEAST!**

The gust of wind caught him by surprise

**Bolton vs Birmingham & Aston Villa vs Everton**

Sky Sports 1/HD, from 1pm

**SPORT** It's fair to say the first match of today's double bill isn't one of the season's glamour ties, but it'll certainly appeal to fans of teams whose name begins with "B". Much more enticing is the 4pm kick-off, which sees Villa going up against one of their rivals for a Champions League spot. Tasty! ★★★★★



He regretted belching in his helmet

**Formula 1 - The Belgian Grand Prix Live**

BBC1, 12.05pm

**SPORT** With Mark Webber at the top of the table, maybe it's time for Hamilton and Button to start binging Koopa shells at him. ★★★★★

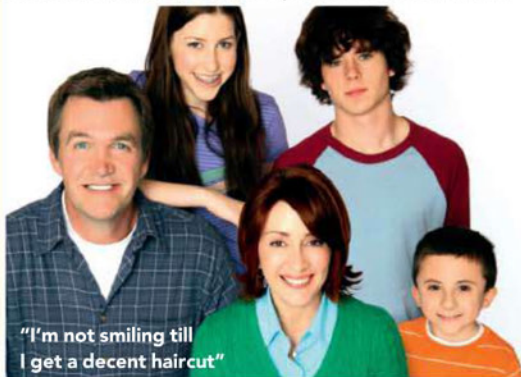


He always found time for the "pull my finger" gag

**The Simpsons**

Sky1/HD, 6pm

**COMEDY** After an incident in a bank involving a toffee apple, Homer is sentenced to community service, overseen by Chief Wiggum. As the time passes, the pair's relationship blossoms into a full-on "get the beers in" bromance. ★★★★★



"I'm not smiling till I get a decent haircut"

**The Middle**

Sky1/HD, 6.30pm

**COMEDY** Picking up where *Malcolm In The Middle* left off, this new sitcom follows the day-to-day shenanigans of the Heck family, who live in middle America (hence the title) with their three kids and rubbish jobs. Amusing. ★★★★★



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6am

7pm

1am

BBC ONE

**6.00am** Breakfast **9.00** Heir Hunters (R) **9.45** Homes Under the Hammer **10.45** To Buy or Not to Buy (R) **11.15** Cash in the Attic (R) **12.00noon** Bargain Hunt (R) **12.45pm** BBC News, Weather **1.05** Regional News, Weather **1.15** Sky High: Teen fantasy adventure starring Michael Angarano and Kelly Preston. **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.20** Regional News Programmes, Weather **6.30** The One Show

## 7.00 Edinburgh Military Tattoo 2010

Kapow! It's a bagpipe-wailing, cannon-blasting, military caper. Hoots mon!

## 8.00 EastEnders

Ricky and Bianca shout at each other. Again. Wake us up when it's over, yeah?

## 8.30 Panorama

## 9.00 Who Do You Think You Are?

Actor and singer Jason Donovan discovers he's an irritating prat. Bonzer!

## 10.00 BBC News, Weather

## 10.25 Cars, Cops and Criminals

Coppers taking on car crime.

## 11.25 Churchill: The Hollywood Years

**FILM** Dud historical spoof depicting the Second World War as a Hollywood blockbuster. Christian Slater plays Churchill. Yep, Christian Slater.

## 12.50am Sign Zone: Tribal Wives

**1.50** Holby City (R) **2.50** Ben Fogle's Escape in Time (R) **3.35-6.00am** BBC News

BBC TWO

**6.00am** CBeebies **8.00** CBBC **11.45** **FILM** Legend: Ridley Scott's fantasy adventure starring Tom Cruise, Mia Sara and Tim Curry. **1.10pm** **FILM** An American in Paris: Classic MGM musical starring Gene Kelly. **3.00** Put Your Money Where Your Mouth Is (R) **3.45** Flo! (R) **4.30** Pointless **5.15** Escape to the Country (R) **6.00** Eggheads (R) **6.30** Restoration Roadshow

## 7.00 Dan Snow's Norman Walks

Dan Snow has a tramp around Up North, and waffles on about the Normans a bit.

## 7.30 Roger and Val Have Just Got In

## 8.00 University Challenge

More brainy head-scratching.

## 8.30 Antiques Master

Another team of bores, sorry 'experts', pit their wits against various challenges.

## 9.00 Dragons' Den

**MUST-SEE** This week's collection of tat includes a combined drill and saw, and a gadget for sorting out smelly bathrooms.

## 10.00 Grandma's House

Simon is depressed. Aaw, diddums.

## 10.30 Dara O Briain: Live at the Theatre Royal

Stand-up from the Irish gag-man. (R)

## 11.30 The Life and Death of Peter Sellers

**FILM** Geoffrey Rush stars as the legendary British comic.

**1.25-3.35am** BBC News

itv 1

**5.30am** ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** 60 Minute Makeover (R) **11.30** House Gift (R) **12.30pm** Dinner Date **1.30** ITV News **1.55** Regional News, Weather **2.00** Dickinson's Real Deal (R) **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.15** ITV News **6.30** You've Been Framed! (R)

## 7.00 Emmerdale

Carl and Eve share an afternoon of passion in a hotel room. Sadly, Eve is a goat, and Carl is soon carted off to prison.

## 7.30 Coronation Street

Mayhem breaks out at the Croppers' wedding. It's a soap marriage, what else did they expect?

## 8.00 Countrywise

Manure-based misery. No thanks.

## 8.30 Coronation Street

## 9.00 Agatha Christie's Marple

The snooping old dear has a poke around the case when her friend Father Gorman is murdered. What's wrong with knitting, eh, Marple? Act your age!

## 11.00 ITV News, Weather

## 11.15 Stephen Tompkinson's African Balloon Adventure

The actor experiences Africa's diverse wildlife. From his balloon, obviously. (R)

## 12.15am The Zone

**2.15** **SPORT** UEFA Champions League Weekly **2.40** The Jeremy Kyle Show (R) **3.35-5.30am** ITV Nightscreen

4

**6.10am** The Hoobs (R) **7.00** Big Brother's Little Brother (R) **8.00** Ultimate Big Brother (R) **8.55** T4: Hollyoaks Music Show (R) **9.25** Privileged **10.20** Scrubs (R) **10.50** Friends (R) **11.50** **SPORT** IPC World Swimming Championships: Highlights from Eindhoven in the Netherlands. **12.45pm** **FILM** Tora! Tora! Tora!: Second World War epic starring Martin Balsam. **3.25** Countdown **4.10** Deal or No Deal **5.00** **NEW** Come Dine with Me **5.30** **NEW** Coach Trip **6.00** The Simpsons (R) **6.30** Hollyoaks

## 7.00 News

## 7.25 4thought.tv

## 7.30 Dispatches:

## Britain's Secret Slaves

Docu investigating claims that many overseas domestic workers have their passports pinched whilst in the UK.

## 8.30 I Am Slave

Like I Am Legend, only a bit more modest.

## 10.00 Ultimate Big Brother

Find out what the famous housemates have been up to now. Are Chantelle and Preston back on? Is Brian Dowling really fat? Do you know who any of them are? Do you care? All will be revealed here!

## 11.10 Alan Carr: Chatty Man

Pop irritants Jedward discuss, shudder, their new TV show. Dear God! (R)

## 11.55 Ultimate Big Brother: Live

The latest non-events from the house.

**2.35am** **FILM** The Anniversary Party: Comedy drama starring Alan Cumming. **4.30-6.05am** **FILM** The Lady Wants Mink: Comedy starring Ruth Hussey.

FIVE

**6.00am** Milkshake! **9.00** The Wright Stuff **10.30** Trisha Goddard (R) **11.30** CSI: NY (R) **12.25pm** CSI: NY (R) **1.15** Neighbours **1.50** **FILM** Ambush at Tomahawk Gap: Western starring John Derek. **3.20** **FILM** Torpedo Run: Second World War drama starring Glenn Ford. **5.10** Five News, Weather **5.30** Neighbours (R) **6.00** **NEW** Panda Week with Nigel Marven **6.30** Michaela's Zoo Babies (R)

## 7.00 Five News at 7

## 7.15 Cricket on Five

**SPORT** It's the final day of the fourth Test, and also the series, as England locked horns with Pakistan for the final time.

## 8.00 The Gadget Show

Jason Plato tests out various computer games that can be played on the move. And this is your job, is it Jason? Lucky.

## 9.00 Jerry Maguire

**FILM** Ever-so-slightly sickly rom-com drama starring Tom Cruise as an idealistic sports agent who ends up with just one client on his books. Luckily, that client turns out to be a bit handy.

## 11.45 Down and Out in Beverly Hills

**FILM** Old comedy starring Nick Nolte as a tramp who lands himself on a posh Beverly Hills family.

**1.45am** SuperCasino **4.05** House Doctor **4.30** Wildlife SOS **4.55** Animal Rescue Squad (R) **5.10** The New Tomorrow (R) **5.35-6.00am** Michaela's Wild Challenge

REGIONAL VARIATIONS

**BBC1 SCOTLAND:** **7.00pm** The One Show **7.30** Combatting Stress **11.25** **SPORT** SportsScene **12.05am** **FILM** Churchill: The Hollywood Years. Spoof comedy starring Christian Slater. **1.30-1.50am** BBC News **BBC1 NORTHERN IRELAND:** **10.25pm**

Jackie's the Boy **10.55** **NEW** Trackers Agency **11.45** **FILM** Churchill: The Hollywood Years **1.05-1.50am** BBC News **BBC1 WALES:** **10.25pm** Rhod Gilbert's Work Experience **10.55** Cars, Cops and Criminals **11.55** **FILM** Churchill: The Hollywood Years **1.20-**

**1.50am** BBC News **BBC2 SCOTLAND:** **9.00pm** A Family Business **9.40** Dragons' Den **10.40** Grandma's House **11.10** Dara O Briain: Live at the Theatre Royal **12.10am** **FILM** The Life and Death of Peter Sellers. Offbeat biopic starring Geoffrey Rush.

**2.05-3.35am** BBC News **STV:** **9.00pm** Wormwood Scrubs **10.00** Piers Morgan On **11.15** Turus a Bhraidain **11.50** Cacairean **12.20am** Brain Box **1.00** Nightwatch with Steve Scott: Mystery **2.00-5.30am** The Nightshift **ULSTER:** **8.00pm** Glorious Gardens

## TODAY'S SPORT

### sky SPORTS 1

**6.00am** Good Morning Sports Fans **9.00** Soccer Extra **10.30** **NEW** Test Cricket: The final day of the fourth Test between England and Pakistan at Lord's. (HD) **6.00pm** Champions League Weekly (HD) **6.30** Netbusters **7.00** Sky Sports News (HD) **7.30** **NEW** Speedway: Rubber-burning action galore from the Elite League. (HD) **9.30** Netbusters **10.00** SPL Round-Up **10.30** Soccer AM: The Best Bits **11.30** Test Cricket (HD) **1.30am** Netbusters **2.00** SPL Round-Up **2.30** FIFA Futbol Mundial **3.00** Soccer AM: The Best Bits **4.00** Netbusters **4.30** Max Power **5.30-6.00am** FIFA Futbol Mundial

### sky SPORTS 2

**6.00am** Aerobics **6.30** Ocean Ride **7.00** WWE: Bottom Line: More spandex-clad mucking about. (HD) **8.00** Test Cricket (HD) **10.00** Indy Car Series **12.00noon** Spanish Football (HD) **2.00pm** Soccer Extra **3.30** Champions League Weekly: Highlights of the play-off round second-leg matches. Did Spurs slip-up against Young Boys? Surely not! (HD) **4.00** **NEW** US Open Tennis: Coverage of the first-round matches at Flushing Meadows in New York. Will Andy Murray finally get his hands on a Grand Slam title? It's probably his best chance, away from the Wimbledon hype machine. Come on Andy! Get it done. (HD) **4.00-5.00** FIA GT1 World Championship: Action from round six of the season. (HD)

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

### FILM4 (315)

**5.10pm** Crocodile Dundee II: Comedy adventure sequel. **7.20** The Simpsons Movie: Animated comedy. **9.00** **MUST-SEE** Cloverfield: Monster thriller starring Michael Stahl-David. **10.35** Frightfest Special: The Last Exorcism **10.40** Cabin Fever: Horror. **12.30am** Bug: Thriller. **2.30** Frightfest Special: The Last Exorcism **2.35-2.45am** Scott Pilgrim Special

### COMEDY CENTRAL (126)

**6.00pm** **FILM** Maid in Manhattan: Romantic comedy. **8.00** Two and a Half Men **10.00** **MUST-SEE** Michael McIntyre:

### ESPN

**6.30pm** Talk of the Terrace **7.45** **NEW** Serie A Football **9.45** ESPN Premier League Kicks **10.00** Between The Lines **10.30** NFL **1.30am** Basketball **3.15** French Top 14 Rugby Union **3.45-5.00am** Talk of the Terrace

**Live & Laughing: The comedy megastar's ace standup show.** **11.20** Sex and the City **12.30am** Two and a Half Men **1.30** South Park **2.30** Comedy Store **3.00** Grouchy Young Men **3.30** Two and a Half Men **4.00** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Two and a Half Men

### BBC3 (115)

**7.00pm** Reading Festival 2010 **8.00** Baby Beauty Queens **8.30** Great TV Mistakes **10.30** EastEnders **11.00** Underage and Pregnant **11.30** Family Guy **12.15am** Great TV Mistakes **2.15** The Real Hustle: Celebrity Scammers **2.45** Baby Beauty Queens **3.15** Reading Festival 2010 **4.15** Underage and Pregnant **4.45-5.15am** The Real Hustle: Celebrity Scammers

### E4 (136)

**7.00pm** Hollyoaks **7.30** Friends **9.00** One Tree Hill **10.00** The Sex Education

Show: Am I Normal? **11.05** Shameless **12.10am** Being Erica **1.10-6.00am** Ultimate Big Brother: Live

### DAVE (111)

**9.00am** QI **9.00pm** Have I Got News for You **10.20** Mock the Week **11.40** Have I Got News for You **1.00am** Mock the Week **2.15** Rich Hall's Fishing Show **2.45-3.00am** **SPORT** Radical Highs

### MTV (350)

**7.00pm** Plastic Surgery Obsession: VH1 News Presents **8.00** Jessica Simpson: Price of Beauty **9.00** Jersey Shore **11.00** South Park **12.00m** Blue Mountain State **1.00am** Sanchez Get High: Pritchard vs Dainton **2.00** Jackass **3.00-6.00am** All the Hits

### VIRGIN 1 (121)

**7.00pm** Star Trek: Voyager **8.00** Passport Patrol **9.00** **MUST-SEE** Chuck: Chuck and



**sky1**

**6.00am** The Real A&E (R)(HD) **7.00** Crash Test Dummies (R) **8.00** Brainiac: Science Abuse (R) **9.00** Oops TV (R) **9.30** Grease: The School Musical (R)(HD) **10.30** Oops TV (R) **11.00** Wedding SOS (R)(HD) **11.30** The Secret Guide to Women's Health (R) **12.00noon** The Real A&E (R) (HD) **1.00pm** Malcolm in the Middle (R) **2.00** Liza and Huey's Pet Nation (R)(HD) **3.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R) **6.00** Oops TV (R)(HD) **6.30** The Simpsons (R)

**7.00 The Simpsons**

Ned buys the Simpsons' home when they can't pay their mortgage. (R)

**7.30 The Simpsons**

Homer is cast as the lead in a superhero movie. Funny stuff, as always. (R)

**8.00 The Biggest Loser US**

Another crowd of fatties try to shed a few pounds to bag a few quid. (HD)

**10.00 Law & Order**

Lupo and Bernard investigate when a couple arrive home to find their son brutally murdered. Yikes! (HD)

**11.00 Bones**

Brennan and Booth become embroiled in the world of witchcraft when they discover remains dating back to the 17th century. Spooky... (R)(HD)

**12.00m't Road Wars**

A criminal is pursued on foot. What? Isn't this *Road Wars*? We want our money back, immediately! (R)

**1.00** Road Wars (R)(HD) **1.50** Street Wars (R) **2.40** Oops TV (R)(HD) **3.30** The 4400 (R)(HD) **4.20** Top Design (R)(HD) **5.10-6.00am** Sell Me the Answer (R)(HD)

**11.15** Countrywise **11.45** UTV Rewind **12.00m't-2.15am** Brain Box

**Sarah head off to Europe.** **10.00** The Life and Times of Tim **10.35** Room 101: Gordon Ramsay guests. **11.10** Most Shocking **12.00m't** Challenge Jackpot **3.00am** Brit Cops: Frontline Crime UK **4.00-5.00am** Street Crime UK

**SYFY (129)**

**6.10pm** **FILM** Cyclops: Fantasy adventure starring Eric Roberts. **8.00** **FILM** DragonHeart: Fantasy adventure starring Dennis Quaid. **10.00** **FILM** The Celestine Prophecy **12.00m't** Human Target **2.00am** Buffy the Vampire Slayer **3.00** Medium **4.00** Smallville **5.00-6.00am** Angel

**FX (164)**

**7.00pm** Third Watch **7.45** NCIS **9.15** Family Guy **10.00** To Catch a Predator **11.00** Dexter **12.00m't** Farscape **12.45am** Babylon 5 **1.30** ReGenesis **2.20** Water Rats **3.05-3.55am** Cops

**TODAY'S MUST-SEES**

"Sorry, but only one of you is tall enough to ride the rollercoaster!"

**Dragons' Den**

BBC2, 9pm

**REALITY**

Rumours are rife there's going to be a shake-up in the Den, and all but Peter Jones and Duncan Bannatyne are to remain, with new Dragons drafted in. Watch this space. In the meantime though, two guys have developed an invention that gets rid of bathroom stinks. Don't you just light a match or spray some Lynx? Then there's the bloke who's made a power tool that combines drilling and sawing in one handy box. What? You mean like a tool box? ★★★★★

**Chuck**

Virgin1, 9pm

**DRAMA**

Geeky spy Chuck and the rather lovely Sarah go AWOL in Europe, hoping to put their days of spying behind them. But during their getaway, they spot, as you do, a wanted terrorist, so they agree to one last mission. ★★★★★

**Cloverfield**

Film4, 9pm

**FILM**

This Blair Witch-esque disaster flick sees a New Yorker with a camcorder recording the city being pulverised by a mysterious monster. Once you get over the headache-inducing camera style, this is a top film from start to finish. ★★★★★

**Michael McIntyre: Live & Laughing**

Comedy Central, 10pm

**COMEDY**

This is where all those "man drawer" quotes came from. And to be fair, it's all deserved - McIntyre's a top turn! ★★★★★

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6am

7pm

1am

**BBC ONE**

**6.00am** Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer **11.00** To Buy or Not to Buy (R) **11.30** Cash in the Attic (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

**7.00 The One Show**

**7.30 EastEnders**

Phil's on crack, Ricky's got some other girl preppers, it's all kicking off. If you care.

**8.00 Holby City**

Hospital hell.

**9.00 The Deep**

**MUST-SEE** Everything is against the crew of the sub. This is the last episode, so who wants to bet they make it out alive?

**10.00 BBC News, Weather**

**10.35 Gears and Tears**

Love blossoms between two members of rival camps.

**11.05 In the Bedroom**

**FILM** Psychological drama set in Maine, starring Sissy Spacek and Tom Wilkinson.

**1.15am** Sign Zone: Five Days That Changed Britain (R) **2.15** Money Watch (R) **3.15** Penguin Island (R) **3.45** Ben Fogle's Escape in Time (R) **4.30-6.00am** News

**BBC TWO**

**6.00am** CBeebies **8.00** CBBC **11.40** **FILM** The Boatniks: *Disney comedy adventure starring Robert Morse and Stefanie Powers.* **1.15pm** Ready Steady Cook (R) **2.00** Wanted Down Under (R) **3.00** Put Your Money Where Your Mouth Is (R) **3.45** Flog It! (R) **4.30** Pointless **5.15** Escape to the Country (R) **6.00** Eggheads (R) **6.30** Restoration Roadshow

**7.00 Coast**

Glance down, BBC2 is a no-go zone tonight folks. (R)

**8.00 The Great British Bake Off**

The six remaining contestants are challenged to bake the perfect loaf.

**9.00 Zimbabwe's Forgotten Children**

Documentary following the lives of three youngsters growing up in the country.

**10.30 Newsnight**

**11.20 Home Movie Roadshow**

The team is shown a colour film of the 1951 Festival of Britain. We did warn you about BBC2 tonight. (R)

**12.20am Digging for Britain**

Alice Roberts visits Happisburgh in Norfolk, where rare artefacts... do you really care where this is going? Didn't think so. Nighty-night. (R)

**1.20-4.30am** BBC News

**itv 1**

**5.30am** ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Dinner Date **1.30** ITV News **1.55** Regional News **2.00** Dickinson's Real Deal (R) **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

**7.00 Emmerdale**

Another soap, another 30minutes of your life you'll never get back.

**7.30 Grimefighters**

Restaurant inspectors pay a return visit to a kebab shop with a bad rep. Please don't let it be our local. (R)

**8.00 New Who Wants to Be a Millionaire?**

Pretty much everyone.

**9.00 The Bill**

Last-ever episode. See ya!

**10.00 ITV News, Weather**

**10.35 Farewell The Bill**

Cor they're still banging on about it. They're going to drag this one out, that's for sure.

**11.35 Ladette to Lady**

Eight Australians visit Eggleston Hall to learn about etiquette. (R)

**12.30am The Zone**

**2.30** The Jeremy Kyle Show (R) **3.25-5.30am** ITV Nightscreen

**4**

**6.05am** Sali Mali (R) **6.10** The Hoobs (R) **7.00** Big Brother's Little Brother **7.30** Ultimate Big Brother (R) **8.40** Frasier (R) **9.05** T4: Hollyoaks Music Show (R) **9.35** Privileged **10.30** Scrubs (R) **11.00** Friends (R) **12.00noon** Channel 4 News Summary **12.05pm** Brothers & Sisters **1.00** Jamie at Home (R) **1.30** **FILM** Three Came Home: *Real-life wartime drama starring Claudette Colbert and Patric Knowles.* **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons (R) **6.30** Hollyoaks

**7.00 News**

**7.55 4thought.tv**

Short film asking whether faith schools should be banned in the UK.

**8.00 Help! My House Is Falling Down**

Then let's get Channel 4 to film your peril.

**9.00 The Hunt for Britain's Sex Traffickers**

**NEW** Documentary telling the story of Britain's biggest police operation against sex trafficking.

**10.00 Ultimate Big Brother**

**11.10 The Inbetweeners**

Last in the series, but there's a brand new one coming soon! (R)

**11.45 Pete Versus Life**

Pete agrees to a marriage of convenience in an effort to be more charitable. (R)

**12.15am Late Night Poker**

**SPORT** Action from the opening round, as 48 of the world's players competed for a \$200,000 prize.

**1.15** BB: Live **2.30** The Hunt for Britain's Sex Traffickers **3.25** KOTV Boxing Weekly **3.55** British GT **4.20** The Grid **4.50** World Sport (R) **5.15-6.10am** ITU Triathlon

**FIVE**

**6.00am** Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** The Hotel Inspector (R) **1.45** Neighbours **2.15** CSI: NY (R) **3.05** **FILM** Back to You and Me: *Drama starring Lisa Hartman and Rue McClanahan.* **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Panda Week with Nigel Marven **6.25** Live from Studio Five

**7.00 Five News at 7**

**7.30 Chris Barrie's Massive Speed**

The history of the attack helicopter. (R)

**8.00 Nature Shock: Killer Squid**

**NEW** Documentary exploring the spread of the giant Humboldt squid which are swarming the Pacific Ocean. We say eat them!

**9.00 CSI: Miami**

**MUST-SEE** Another week, another mysterious case for the ginger dynamo to solve.

**10.00 CSI: NY**

An apparent suicide is revealed to be the work of the "compass killer". Oh. (R)

**11.00 CSI: Crime Scene Investigation (R)**

**12.00m't NCIS**

Gibbs takes a case connected to his dead daughter. (R)

**12.55am SuperCasino**

**4.05** House Doctor (R) **4.30** Wildlife SOS (R) **4.55** Animal Rescue Squad (R) **5.10** The New Tomorrow (R) **5.35-6.00am** Michaela's Wild Challenge (R)

**REGIONAL VARIATIONS**

**BBC1 SCOTLAND:** **8.00pm** River City **12.55-1.15am** BBC News **BBC1 NORTHERN IRELAND:** **10.35pm** Cars, Cops and Criminals **11.35** Gears and Tears **12.05am** Sporting Traditions **12.20-1.15am** Sign Zone: Country Tracks **BBC1 WALES:** **10.35pm**

Hospital 24/7 Revisited **11.05** Gears and Tears **11.35** **FILM** In the Bedroom. *Psychological drama starring Sissy Spacek and Tom Wilkinson.* **1.45-2.15am** BBC News **BBC2 SCOTLAND:** **11.00pm** Newsnight Scotland, Weather **12.50am** The

Normans **1.50-4.30am** BBC News **BBC2 WALES:** **7.00pm** Ballet School **7.30-8.00pm** Wainwright Walks: Coast to Coast **8.00pm** Joanna Lumley: Catwoman **9.00** New Who Wants to Be a Millionaire? **10.40** Ladette to Lady **11.40** **SPORT**

UEFA Champions League Weekly **12.10am** Brain Box **1.00** The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER:** **10.30pm** MTV Live Tonight **11.00** Farewell The Bill **12.00m't-2.30am** Brain Box **ITV1 WALES:** **7.30pm** **NEW** Anna's Welsh Zoo

## TODAY'S SPORT

**sky SPORTS 1**

**6.00am** Good Morning Sports Fans **9.00** Netbusters **9.30** Test Cricket (HD) **11.30** Netbusters **12.00noon** Soccer AM: The Best Bits **1.00pm** Test Cricket (HD) **3.00** SPL Round-Up **3.30** Netbusters **4.00** **LIVE** ECB 40 League Cricket: *Northants face Yorkshire in this day/night Group B match.* (HD) **10.00** Ryder Cup Countdown **10.30** Spanish Football **11.30** Football Asia **12.00m't** A-League **12.30am** Spanish Football **1.30** Football Asia **2.00** Golf **3.30** Spanish Football **4.30** Football Asia **5.00** A-League **5.30-6.00am** Ryder Cup Countdown

**sky SPORTS 2**

**6.00am** Aerobics **6.30** Ocean Ride **7.00** WWE: Afterburn (HD) **8.00** European Tour Golf **9.00** PGA Tour Golf (HD) **10.00** Wonderful World of Golf: *Jack Nicklaus vs Ben Crenshaw from 2001.* **11.30** PGA Tour Classic **12.30pm** Trilby Tour Golf **1.00** US Open Tennis: *Highlights of yesterday's opening day action.* **4.00** **LIVE** US Open Tennis: *Day two action from Flushing Meadows in New York, featuring the first-round matches in the men's and women's singles.* (HD) **12.00m't-4.00am** **LIVE** US Open Tennis: *Coverage of the year's final Grand Slam continues until the early hours. They play under floodlights out there you see. Oh, and then there's the time difference, obviously.* (HD)

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

**FILM4 (315)**

**5.00pm** Kidnapped: *Period adventure, starring Michael Caine.* **7.05** Cheaper by the Dozen 2: *Comedy sequel starring Steve Martin.* **8.50** Scott Pilgrim Special **9.00** The Transporter **10.45** 30 Days of Night: *Horror starring Josh Hartnett.* **12.55am** King of the Hill: *Spanish horror.* **2.40** Frightfest Special: *The Last Exorcism* **2.45-2.55am** Scott Pilgrim Special

**COMEDY CENTRAL (126)**

**7.00pm** The King of Queens **8.00** Frasier **9.00** Two and a Half Men **10.00** Dara O'Briain: *Live at the Theatre Royal* **11.20**

**ESPN** **8.15** Football **10.00** Pardon the Interruption **10.30** RPL **11.00** AFL **12.00m't** GT **1.00am** Press Pass **1.30** Eredivisie Review Show **2.30** RPL **3.00** ESPN Kicks **3.15** Bundesliga **4.30-5.00am** Pardon the Interruption

Sex and the City **12.30am** Two and a Half Men **1.30** Samantha Who? **2.30** South Park **3.30** Two and a Half Men **4.00** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

**BBC3 (115)**

**7.00pm** 101 Ways to Leave a Gameshow **8.00** Underage and Pregnant **8.30** Baby Beauty Queens **9.00** Don't Tell the Bride **10.00** EastEnders **10.30** **MUST-SEE** **10.40** **IDEAL** **11.00** Family Guy **11.45** Don't Tell the Bride **12.45am** Underage and Pregnant **1.15** Baby Beauty Queens **1.45** **IDEAL** **2.15** 101 Ways to Leave a Gameshow: *Daft quiz show with Steve Jones.* **3.15** Danielle Lineker - My New Stepfamily **4.15-5.15am** I Can't Stop Stealing

**E4 (136)**

**7.00pm** Hollyoaks **7.30** Friends **9.00** Smallville **10.00** The Cleveland Show: *Family Guy spinoff.* **10.30** The Ricky

Gervais Show **11.00** King of the Hill **12.00-6.00am** Ultimate Big Brother: Live

**DAVE (111)**

**7.00pm** The Gadget Show: *The latest technological toys.* **7.30** Seaside Rescue **8.00** Full Circle with Michael Palin **9.00** QI XL **10.00** QI **10.40** Would I Lie to You? **12.00m't** QI XL **1.00am** QI **1.40** Would I Lie to You? **2.40-3.00am** Radical Hits

**MTV (350)**

**7.00pm** Hogan Knows Best **8.00** The Hills **9.00** Jersey Shore **11.00** South Park **12.00m't** Blue Mountain State **1.00am** Sanchez Get High: *Pritchard vs Dainton* **2.00** Jackassworld **24 Hour Takeover - The Worst Bits 2** **3.00-6.00am** All the Hits

**VIRGIN 1 (121)**

**7.00pm** Star Trek: Voyager **8.00** Nothing to Declare **9.00** Trawlers, Rigs & Rescue:



31 AUGUST

TUESDAY

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**6.00am** The Real A&E (R)(HD) **7.00** Crash Test Dummies (R)(HD) **8.00** Brainiac: Science Abuse (R)(HD) **9.00** Oops TV (R) **10.00** Missing Mums: Lorraine Kelly Investigates **11.00** Wedding SOS (R)(HD) **11.30** Brain Doctors (R) **12.00noon** The Real A&E (R)(HD) **1.00pm** Malcolm in the Middle (R) **2.00** Liza and Huey's Pet Nation (R)(HD) **3.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R) **6.00** Oops TV (R)(HD) **6.30** The Simpsons (R)

**7.00 The Simpsons**

A violent martial art captivates the male population of Springfield. (R)

**7.30 The Simpsons**

Dracula, the Wolf Man, the Mummy and Frankenstein's monster gatecrash a Halloween party at the Simpsons. (R)

**8.00 UK Border Force**

Immigrants are chased and more of that kind of thing. (R)(HD)

**9.00 Michael Jackson's This Is It**

**FILM** The Wacko doc shot just before he kicked it in 2009. RIP Jacko. (HD)

**11.10 House**

The angry addict doc examines an environmental campaigner who collapsed during a protest. (R)(HD)

**12.10am Road Wars**

Police officers deal with a man running amok with an axe in Leamington Spa. Is it wrong we find this a little bit funny? (R)

**1.10** Road Wars (R)(HD) **1.40** Street Wars (R) **2.40** The 4400 (R)(HD)

**4.20** Top Design (R)(HD) **5.10-6.00am** Sell Me the Answer (R)

North Sea **10.00** **SPORT** Alex Reid: The Fight of His Life **11.00** Star Trek: Enterprise **12.00m't** Challenge Jackpot **3.00am** The Unit **4.00-5.00am** Street Crime UK

**SYFY (129)**

**7.00pm** Legend of the Seeker

**8.00** **MUST-SEE** **A Town Called Eureka** **9.00**

**FILM** Dinocroc vs. Supergator: Monster thriller. **10.50** **FILM** Stonehenge Apocalypse: Thriller starring Misha Collins. **12.40am** **FILM** War Wolves: Horror. **3.00** Legend of the Seeker **4.00** Smallville **5.00-6.00am** Angel

**FX (164)**

**7.00pm** Third Watch: Donald Mann exacts revenge. **7.45** NCIS **9.15** Better Off Ted **10.00** Family Guy **11.00** True Blood **12.00m't** Farscape **12.45am** Babylon 5 **1.30** ReGenesis **2.20** Water Rats **3.05-3.55am** Tour of Duty

## TODAY'S MUST-SEES



Radio One had just announced that Joe McElderry was gay

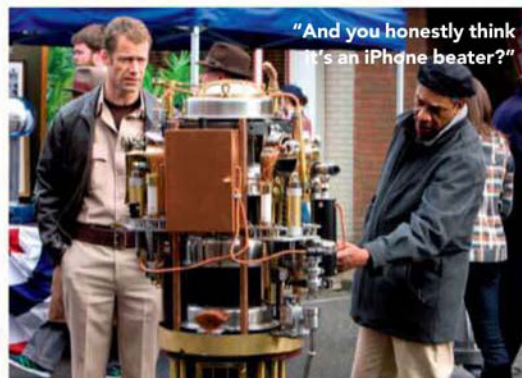
**CSI: Miami**

Five, 9pm

**DRAMA**

The CSIs are called to the scene of a car crash involving a woman and her two children after a concerned passer-by phones the police. But is the passer-by innocent? And were the family victims of their own carelessness or was it sabotage? Cue reams of investigation and twists as every character we meet goes through the usual "innocent, or are they?" cycle before Horatio uncovers some new evidence and delivers an ace one-liner! Case closed! ★★ ★★

## TWISTY COP DRAMA!



"And you honestly think it's an iPhone beater?"

**A Town Called Eureka**

Syfy, 8pm

**FILM**

This odd drama sees five time-travellers return to their home, only to find that they've returned to an alternative reality. Moral of the story? Don't ruin the time/space continuity! ★★ ★★



The world foot-wrestling championships got under way

**Ideal**

BBC3, 10.30pm

**COMEDY**

Things get even stranger for Moz and his band of weirdo friends tonight, as Cartoon-Head finds himself the subject of a death threat and Moz discovers that he's inadvertently involved in organ trading. What are the odds? ★★ ★★



The speed date was going badly

**The Deep**

BBC1, 9pm

**DRAMA**

As tensions mount between the US and Russia, the Orpheus crew face problems of their own. With Clem gone, they're left trying to get the lava-bug sample to the surface. Oh yeah, and their oxygen system's failed. Typical! ★★ ★★



Popping out for some ciggies in Glasgow was a hazard

**Jarhead**

ITV4, 10.35pm

**FILM**

Jake Gyllenhaal is in top form as Anthony Swofford, a man who signs up for the US Army and immediately finds that military life isn't much fun – especially when the first Gulf War cranks into action. Jamie Foxx co-stars. ★★ ★★



6am

7pm

1am

## BBC ONE

**6.00am** Breakfast **9.15** Heir Hunters (R) **10.00** Homes Under the Hammer **11.00** To Buy or Not to Buy (R) **11.30** Cash in the Attic (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News, Weather

### 7.00 The One Show

Jason Manford fronts more topical chat with that woman who looks a bit like Christine Bleakley's mum.

### 7.30 Saints and Scroungers

Con artists and benefit cheats. (R)

### 8.00 Waterloo Road

**NEW** More schoolyard scrapes and staffroom shenanigans.

### 9.00 Crimewatch Solved

Digging up some more closed cases.

### 10.00 BBC News, Weather

### 10.35 The National Lottery Draws

### 10.45 Reggie Perrin

Reggie finds himself taking a step too far with Jasmine. Disciplinary, anyone? (R)

### 11.15 On a Clear Day

**FILM** So-so comedy drama starring Peter Mullan as a former Glasgow shipyard worker who decides to swin the Channel. Good luck to him!

### 12.55am Sign Zone: Dragons' Den (R)

**1.55** Country Tracks (R) **2.50** Ben Fogle's Escape in Time (R) **3.35-6.00am** News

## BBC TWO

**6.00am** CBeebies **8.00** CBBC **11.30** **FILM** The Blackbeard's Ghost: Comedy starring Peter Ustinov. **1.15pm** Ready Steady Cook (R) **2.00** Wanted Down Under (R) **3.00** Put Your Money Where Your Mouth Is (R) **3.45** Flog It! (R) **4.30** Pointless **5.15** Escape to the Country (R) **6.00** Eggheads **6.30** Restoration Roadshow

### 7.00 The Tony Blair Interview with Andrew Marr

Old smug-features has a chat with Andrew Marr about his time as PM.

### 8.00 Coast

More seaside-based strolling. Dull.

### 9.00 Alex Higgins: The People's Champion

**SPORT** A look back at hard-drinking snooker legend, and all-round hellraiser Alex "Hurricane" Higgins. Referees, beware - he was fond of the odd headbutt!

### 10.00 Grumpy Old Men

Middle-aged moaning. Cheer up! (R)

### 10.30 Newsnight

### 11.20 E Numbers: An Edible Adventure

The truth about food additives. The truth is, we don't care. (R)

### 12.20am Home Movie Roadshow Uncut

Dusty old footage from the British Public's private collection. Yawn.

**1.20-3.35am** BBC News

## itv 1

**5.30am** ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Dinner Date **1.30** ITV News **1.55** Regional News **2.00** Dickinson's Real Deal (R) **3.00** The Michael Ball Show **4.00** Inspector Morse: Crime drama. (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

### 7.00 Emmerdale

The latest sheep-bothering antics from down on the farm. Baaaaaaa!

### 7.30 The Lakes

More rural tedium. Yawn.(R)

### 8.00 Agatha Christie's Poirot

The sleuth tries to get on with his job without people mocking his daft 'tache. Joey Barton's been taking notes. (R)

### 10.00 ITV News, Weather

### 10.35 Send in the Dogs

A look at the drug-snaffling mutts used by the police. (R)

### 11.35 Celebrity Juice

Bonkers panel show, hosted by gurning loon Keith Lemon. (R)

### 12.20am The Zone

**2.20** **FILM** Blues Brothers 2000: Comedy sequel starring Dan Aykroyd and John Goodman. **4.20** The Jeremy Kyle Show (R) **5.15-5.30am** ITV Nightscreen

## 4

**6.10am** The Hoobs (R) **7.00** Big Brother's Little Brother **7.30** Ultimate Big Brother (R) **8.40** Frasier (R) **9.05** T4: The Hollyoaks Music Show (R) **9.35** Privileged **10.30** Scrubs (R) **11.00** Friends (R) **12.00noon** Channel 4 News Summary **12.05pm** Brothers & Sisters **1.00** Jamie at Home (R) **1.35** **FILM** On the Town: Musical. **3.25** Countdown (R) **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** **NEW** The Simpsons **6.30** Hollyoaks

### 7.00 News

### 7.55 4thought.tv

**8.00** How to Look Good Naked Get down the gym. Or alternatively, get a massively camp bloke to deck you out in some new clobber. Whichever's easier.

### 9.00 The Hunt for Britain's Sex Traffickers

A woman gives the police a lead as they track down some more wrong'uns.

### 10.00 Ultimate Big Brother

Highlights from the past 24 hours in the house. Expect plenty of shouting.

### 11.10 School of Comedy

Sketch-based smirking. A bit hit and miss, but some of them are worth a look.

### 12.10am Music on 4: Student Tour

### 12.25 Tinie Tempah at RockCorps 2010

Alex Zane chats with the grime star.

### 12.55 Ultimate Big Brother: Live

The latest showing-off from the house.

**2.15** Britain's Sex Traffickers (R) **3.10** **SPORT** Volleyball **4.05** **SPORT** Basketball (R) **4.55** **SPORT** Rat Race Urban Adventure (R) **5.25-6.10am** Countdown (R)

## FIVE

**6.00am** Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** The Hotel Inspector (R) **1.45** Neighbours **2.15** CSI: NY (R) **3.05** **FILM** Love Comes Softly: Western romance starring Katherine Heigl and Dale Midkiff. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Panda Week with Nigel Marvin **6.25** Live from Studio Five

### 7.00 Five News at 7

### 7.30 Michaela's Zoo Babies

The presenter goes all gooey over some cuddly critters. Grow up, woman! (R)

### 8.00 Emergency Bikers

Birmingham's biker paramedics are kept busy with a bomb scare.

### 9.00 NCIS

McGee makes a discovery about his new girlfriend. Serial killer? (R)

### 10.00 Law & Order: Criminal Intent

Tonight's episode features a guest appearance from '80s movie legend Steve Guttenberg! Brilliant.

### 10.55 K-Ville

Boulet and Cobb are assigned to guard a college football player.

### 11.55 Poker

**SPORT** High-stakes bluffs and blinds from London's Les Ambassadeurs Club.

### 12.55am SuperCasino

**4.05** House Doctor (R) **4.30** Wildlife SOS (R) **4.55** Animal Rescue Squad (R) **5.10** The New Tomorrow (R) **5.35-6.00am** Michaela's Wild Challenge (R)

## REGIONAL VARIATIONS

**BBC1 SCOTLAND: 7.30pm** The Beechgrove Garden **9.00** Holly City **10.45** Crimewatch Solved **11.45** Reggie Perrin **12.15-1.55am** **FILM** On a Clear Day. Comedy drama. **BBC1 NORTHERN IRELAND: 10.45pm** European Pipe Band Championships

**11.15** Reggie Perrin **11.45** Off the Beaten Track **11.55-12.55am** Sign Zone: Tribal Wives **BBC2 SCOTLAND: 11.00-11.20** Newsnight Scotland, Weather **STV: 10.40pm** Children's Hospital **11.10** Celebrity Juice **12.00m't** Brain Box **1.00am** The

Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER: 10.30pm** UTV Live Tonight **11.00** Cops with Cameras **12.00m't-2.20am** Brain Box

## TODAY'S SPORT

### sky SPORTS 1

**6.00am** Good Morning Sports Fans **9.00** Countdown to the 2010 Ryder Cup **9.30** Spanish Football **10.30** Football Asia **11.00** European Challenge Tour Golf **12.00noon** Spanish Football **1.00pm** Football Asia **1.30** A-League **2.00** Spanish Football **3.00** Countdown to the 2010 Ryder Cup **3.30** **LIVE** ECB 40 League Cricket: Surrey take on Worcestershire Royals in this day-nighter at the Oval. **9.30** FIFA Futbol Mundial **10.00** Boots 'n' All **11.00** Transworld Sport **12.00m't** Women's Rugby Union (HD) **2.00am** FIFA Futbol Mundial **2.30** Boots 'n' All **3.30** Women's Rugby Union (HD) **5.30-6.00am** FIFA Futbol Mundial

### sky SPORTS 2

**6.00am** Aerobics **6.30** Ocean Ride **7.00** WWE: Vintage Collection **8.00** European Challenge Tour Golf **9.00** Mountain Bike World Cup **9.30** Mountain Bike World **10.00** Poker **11.00** Max Power **12.00noon** Challenge Series Golf **12.30pm** Countdown to the 2010 Ryder Cup **1.00** US Open Tennis (HD) **4.00** **LIVE** US Open Tennis: Day three action from Flushing Meadows in New York, as the men's singles first round comes to a close. Hopefully, Murray won't have gone crashing out by this stage. (HD) **12.00m't** **LIVE** US Open Tennis: Further coverage, as the women's second round matches kick off. (HD) **4.00-5.00am** Transworld Sport

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

**FILM4 (315)** **6.45pm** Cocoon: Sci-fi comedy fantasy starring Steve Guttenberg and Wilford Brimley. **9.00** Amadeus: Period drama starring F Murray Abraham and Tom Hulce. **12.25am** Hunger: Fact-based political drama starring Michael Fassbender and Liam Cunningham. **2.15-3.55am** Lake Placid: Comedy horror starring Bill Pullman and Bridget Fonda.

**COMEDY CENTRAL (126)** **7.00pm** The King of Queens: Double-bill. **8.00** Frasier: Double-bill. **9.00** Two and a Half Men: Double-bill. **10.00** Sex and the

**ESPN** **7.00pm** Press Pass **2010 7.30** ESPN Extra **7.45** **LIVE** French Rugby Union **9.30** Game of the Week **10.00** 30 for 30 **11.00** ESPN Extra **11.15** Basketball **1.00am** Press Pass **2010** **1.30** Baseball **4.30-5.30am** 30 for 30

City Double-bill. **11.10** Samantha Who? **12.10am** **FILM** Deuce Bigalow: European Gigolo: Comedy sequel, starring Rob Schneider. **1.50** Two and a Half Men **2.50** South Park **3.50** Two and a Half Men **4.15** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

**BBC3 (115)** **7.00pm** Doctor Who: Vincent Van Gogh battles an alien only he can see. **7.50** Doctor Who Confidential **8.00** Don't Tell the Bride: A Willy Wonka themed wedding. **9.00** **MUST-SEE** 2010 World Cup's Most Shocking Moments: All the weirdest bits of the last World Cup. Expect plenty of Maradona! **11.00** Family Guy: Double-bill. **11.45** American Dad! Double-bill. **12.30am** **SPORT** 2010 World Cup's Most Shocking Moments: A light-hearted look at the 2010 Fifa World Cup in South Africa. **2.30** Ideal **3.00** I Can't Stop Stealing **4.00-5.00am** Don't Tell the Bride

**E4 (136)** **7.00pm** Hollyoaks **7.30** Friends **9.00** Ugly Betty **10.00** **FILM** Take the Lead **12.15-6.00am** Ultimate Big Brother: Live

**DAVE (111)** **7.00pm** The Gadget Show **7.30** Fifth Gear **8.30** Seaside Rescue **9.00** Mock the Week **10.20** Argumental **11.45** Mock the Week **1.05am** Argumental **2.15** Never Mind the Buzzcocks **2.45-3.00am** **SPORT** Radical Highs

**MTV (350)** **7.00pm** Hogan Knows Best **8.00** Jessica Simpson: Price of Beauty **9.00** Jersey Shore **11.00** South Park **12.00m't** Blue Mountain State **1.00am** Cries **2.00** Scarred **3.00-6.00am** All the Hits

**VIRGIN 1 (121)** **7.00pm** Star Trek: Voyager **8.00** Brit Cops: Zero Tolerance **9.00** Criminal



1 SEPTEMBER

WEDNESDAY

FULL 7  
DAY TV  
GUIDE!

sky1

**6.00am** The Real A&E (R)(HD) **7.00** Crash Test Dummies(HD) **8.00** Brainiac: Science Abuse (R) **9.00** Oops TV **10.00** Missing Mums: Lorraine Kelly Investigates (R) **11.00** Wedding SOS (R)(HD) **11.30** Babies at Risk (R) **12.00noon** First Love (R) **1.00pm** Malcolm in the Middle (R) **2.00** Liza and Huey's Pet Nation (R)(HD) **3.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R) **6.00** Oops TV (R)(HD) **6.30** The Simpsons (R)(HD)

**7.00 The Simpsons**

Homer heads to Jerusalem, with Sacha Baron Cohen on guest voice duty. (R)(HD)

**7.30 The Simpsons**

Homer reckons Bart's new friend Bashir is a terrorist. (R)(HD)

**8.00 Vet Adventures**

Luke Gamble continues his journey in Peru, patching up some more exotic animals as he goes. (HD)

**9.00 Must Be the Music**

Karaoke-based fun with Dizzee Rascal and Jamie Cullum judging another batch of no-hopers. (R)(HD)

**10.15 Must Be the Music - Meet the Semi-Finalists**

A preview of the final five acts. (R)(HD)

**11.00 The Fast and the Furious**

**FILM** High-speed action flick starring Paul Walker as an undercover cop who joins Vin Diesel's gang of illegal road racers. Vroom! (HD)

**1.05am** Road Wars (R) **1.35** Street Wars (R) **2.25** The 4400 (R) **3.25** Oops TV (R) (HD) **4.20** Top Design (R)(HD) **5.10-6.00am** Sell Me the Answer (R)

Minds: Crime drama. **11.00** Medium **12.00m't** Challenge Jackpot **3.00am** Brit Cops: Frontline Crime UK **4.00-5.00am** Street Crime UK

**SYFY (129)**

**7.00pm** Legend of the Seeker **8.00** **FILM** Stonehenge Apocalypse: Sci-fi thriller starring Misha Collins. **9.50** **FILM** Meteor Apocalypse: Sci-fi thriller starring Joe Lando. **11.30** **FILM** Malibu Shark Attack: **1.10am** **FILM** Ba'al: The Storm God **3.00** Legend of the Seeker **4.00** Smallville **5.00-6.00am** Angel

**FX (164)**

**7.00pm** NCIS: Double-bill. **9.00** American Dad! **10.00** **MUST-SEE** Burn Notice: The spy-series returns, with Michael still hunting his former employers. **11.00** Dexter **12.05am** Farscape **1.05** Babylon 5 **2.05** ReGenesis **3.05-4.05am** Water Rats

## TODAY'S MUST-SEES



Lawn bowls was surprisingly rowdy this year

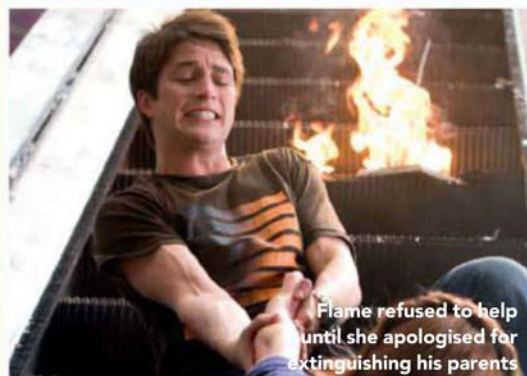
## 2010 World Cup's Most Shocking Moments

BBC3, 9pm

**SPORT**

Relive the best memories from South Africa. From Maradona's madness to France's implosion, and Frank Lampard's "goal" to those darned vuvuzelas, it's all here. With guest opinions from comedians, players, pundits and journalists – including Nuts legend Kammy – this is a must-see for footy fans! ★★★★★

## THE BEST BITS!

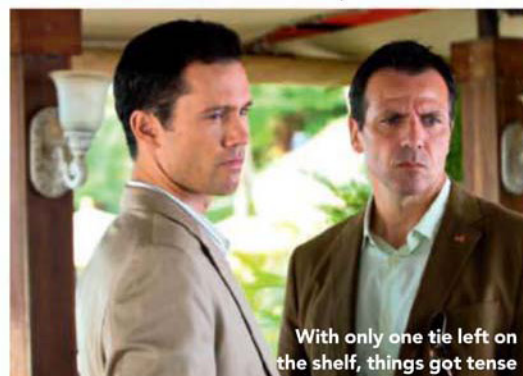


Flame refused to help until she apologised for extinguishing his parents

## The Final Destination

Sky Movies Premiere/HD, 8pm

**FILM** The fourth instalment of the series in which teenagers attempt to cheat death sees a group of youngsters surviving a speedway disaster. But then the Grim Reaper goes to work! ★★



With only one tie left on the shelf, things got tense

## Burn Notice

FX, 10pm

**DRAMA**

Back for a brand new series, Michael Westen is the former spy who got burned – which basically means fired. While trying to avoid his former employers, Westen uses his acquired skills to help others. Do-gooder! ★★



"Is now a bad time for a high five?"

## The Exorcist

ITV4, 10pm

**FILM**

It's a dead old movie, but this tale of a young girl seemingly possessed by demons caused massive uproar when it was released. And it's actually scary, unlike that namby-pamby Paranormal Activity nonsense. Pah! ★★★★★

**FREE!**

**POKER in the park 10**

**Play Staci - Live in the Nuts Poker Tournament!**

**Thu Sep 2, 16:30**

**Fri Sep 3, 12:30**

**Leicester Sq, London**

[www.pokerinthepark.com](http://www.pokerinthepark.com)



6am

**BBC ONE**

**6.00am** Breakfast **9.15** Heir Hunters (R)  
**10.00** Homes Under the Hammer (R)  
**11.00** To Buy or Not to Buy (R) **11.30** Cash in the Attic (R) **12.15pm** Bargain Hunt (R)  
**1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Diagnosis Murder (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

**BBC TWO**

**6.00am** CBeebies **8.00** CBBC **11.30** **FILM** All the King's Men: Drama of the rise and fall of a Southern politician who is corrupted by power. Starring Broderick Crawford. **1.15pm** Ready Steady Cook (R)  
**2.00** Wanted Down Under (R) **3.00** Put Your Money Where Your Mouth Is (R)  
**3.45** Flog It! (R) **4.30** Pointless **5.15** Escape to the Country (R) **6.00** Eggheads  
**6.30** Restoration Roadshow

**itv 1**

**5.30am** ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Dinner Date **1.30** ITV News **1.55** Regional News **2.00** Dickinson's Real Deal (R) **3.00** The Michael Ball Show **4.00** Inspector Morse (R) **5.00** Britain's Best Dish **6.00** Regional News, Weather **6.30** ITV News

**4**

**6.10am** The Hoobs (R) **7.00** Big Brother's Little Brother **7.30** Ultimate Big Brother (R) **8.40** Frasier (R) **9.05** T4: The Hollyoaks Music Show (R) **9.35** **FILM** Garfield Gets Real: Animated comedy. **11.00** Friends (R) **12.00noon** Channel 4 News Summary  
**12.05pm** Brothers & Sisters **1.00** Jamie at Home (R) **1.30** **FILM** Broken Lance: Western starring Spencer Tracy. **3.25** Countdown **4.10** Deal or No Deal **5.00** Come Dine with Me **5.30** Coach Trip **6.00** The Simpsons **6.30** Hollyoaks

**FIVE**

**6.00am** Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Miami (R) **12.40pm** Five News **12.45** The Hotel Inspector (R) **1.45** Neighbours **2.15** CSI: NY (R) **3.10** The Family Recipe (R) **3.15** **FILM** Sex and Lies in Sin City: Fact-based crime drama. Stars Matthew Modine, Mena Suvari, Johnathon Schaech. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Panda Week with Nigel Marven **6.25** Live from Studio Five

7pm

**7.00 The One Show**

**7.30 EastEnders**

It's a cockney knees-up, only without the singing, dancing or indeed, smiling.

**8.00 Waterloo Road**

A jealous Jess sabotages Karen and Chris's friendship. The stropky cow.

**9.00 Motorway Cops**

Officers pursue a thief driving a high-performance car. Good luck with that...

**10.00 BBC News, Weather**

**10.35 10 Things You Didn't Know About Sleep**

Snooze-based docu, exploring things like insomnia, jet lag and dreams. (R)

**11.35 The Abduction Club**

**FILM** Period adventure set in 18th-century Ireland, about a pair of lads looking to steal themselves some wealthy brides. Romance? Pah!

**1.15am** Sign Zone: Panorama (R) **1.45** It Shouldn't Happen at a Vet's (R) **2.45** Countryfile (R) **3.40** Ben Fogle's Escape in Time (R) **4.25-6.00am** BBC News

**7.00 Natural World**

Another set of critters find themselves under the microscope.

**7.50 Coast**

How William the Conqueror taught the English to build castles. Yeah, well he might have taught us, but we made them great. So there! (R)

**8.00 E Numbers: An Edible Adventure**

A look at the chemical gubbins that goes into your grub.

**9.00 Digging for Britain**

An hour of archaeology? Probably not...

**10.00 Have I Got News for You**

Topical news mockery. (R)

**10.30 Newsnight**

**11.20 Nurse Jackie**  
Drug abuse takes its toll on Jackie. (R)

**11.50 Nurse Jackie**

Dr Cooper confronts Jackie about falsifying an organ donor's file. Uh-oh... (R)

**12.20am The Wounded Platoon**

**1.20-4.25am** BBC News

**7.00 Emmerdale**

After some rural rubbish anyone? You've come to the right place...

**7.30 Community Dis-Service**

Hidden-camera snooping on some iffy characters doing community service.

**8.00 Emmerdale**

**8.30 Coronation Street**

It's the most miserable road in Manchester! Boooooo!!!!

**9.00 Real Crime with Mark Austin: Yvonne Fletcher - Justice Betrayed**

New evidence shedding light on the killing of the police officer in 1984.

**10.00 ITV News, Weather**

**10.35 City Slickers**

**FILM** Comedy Western about three friends on a cattle driving holiday. Might sound a bit dull, but there are plenty of laughs to be had.

**12.40am The Zone**

**2.40** The Jeremy Kyle Show (R) **3.35** Community Dis-Service: Tonight (R) **3.55-5.30am** ITV Nightscreen

**7.00 News**

**7.55 4thought.tv**

**8.00 Location, Location, Location**

No thanks, no thanks, no thanks.

**9.00 The Hunt for Britain's Sex Traffickers**

The police target slave markets in Britain. Pretty grim, as you'd expect.

**10.00 Ultimate Big Brother**

All the tears and tantrums from the past 24 hours in the house.

**11.10 Cha'Mone - Mo'fo Selecta! A Tribute to Michael Jackson**

More rubber-faced gooning, as Leigh Francis has a good old laugh at Wacko.

**12.15am Coming Up: Boy**

A boy kept locked in his room befriends a mouse. Ummm, okay then.

**12.45 Music on 4: The Album Chart Show Spotlight**

A round-up of the week's releases.

**1.00** Ultimate Big Brother: Live **3.05** The Hunt for Britain's Sex Traffickers (R) **4.00** When Hell Freezes (R) **5.25-6.10am** Countdown (R)

**7.00 Five News at 7**

**7.30 Escape from Alcatraz**

Some of the best and worst attempts at fleeing the San Francisco island jail, like jumping off a cliff onto a bed of tyres. (R)

**8.00 Egypt's Lost Queen**

Docu following scientists trying to identify a mummy they reckon was one of Egypt's most powerful Queens. Blimey!

**9.00 The Shepherd**

**FILM** Kick-ass action thriller starring Jean-Claude Van Damme as a border officer who becomes obsessed with bringing down a Mexican drug-smuggling operation. POW!

**11.00 Britain's Ugliest Models**

Yeah, who wouldn't want to watch this, right? Oh, wait....

**12.00m't SuperCasino**

**4.05** House Doctor (R) **4.30** Wildlife SOS (R) **4.55** Animal Rescue Squad (R) **5.10** The New Tomorrow (R) **5.35-6.00am** Michaela's Wild Challenge (R)

**REGIONAL VARIATIONS**

**BBC1 SCOTLAND: 1.20am** Sign Zone: Panorama **2.50-3.40am** Sign Zone: Countryfile **BBC2 SCOTLAND: 11.00pm** Newsnight Scotland **11.20-12.40** Nurse Jackie **1.10-1.20am** The

Wounded Platoon **STV: 9.00pm** Underbelly: A Tale of Two Cities **10.40** TV's Naughtiest Blunders **11.40** Comedy Classics: Brass **12.10am** Brain Box **1.00** The Jeremy Kyle Show **2.50-5.30am** The Nightshift **ULSTER: 7.30pm** The Seven Thirty Show **10.30** UV

Live Tonight **11.00** Community Dis-Service: Tonight **11.30** **SPORT** RPM Motorsport **12.00m't** Brain Box **2.30-2.40am** UTV Rewind **ITV1 WALES: 7.30pm** Segar on Success **10.35** Community Dis-Service: Tonight **11.05** The Wales Show **11.35** Countrywise

**12.00m't** I Was There  
**12.30-12.40am** Simply Gardening

## TODAY'S SPORT

**sky SPORTS 1**

**6.00am** Good Morning Sports Fans  
**9.00** FIFA Futbol Mundial  
**9.30** Total Rugby  
**10.00** Women's Rugby Union World Cup (HD)  
**12.00noon** Boots 'n' All  
**1.00pm** Transworld Sport  
**2.00** Total Rugby  
**2.30** Women's Rugby Union World Cup (HD)  
**4.30** **LIVE** ECB 40 League Cricket: Willow-thwacking action as Essex take on Middlesex in this Group B day/night encounter. (HD)  
**10.00** Time of Our Lives  
**11.00** Premier League World (HD)  
**11.30** The Rugby Club (HD)  
**12.30am** Premier League Snooker  
**4.00** Time of Our Lives  
**5.00** Premier League World (HD)  
**5.30-6.00am** IAAF Athletics Weekly

**sky SPORTS 2**

**6.00am** Aerobics  
**6.30** Ocean Ride  
**7.00** WWE: Experience: Grown men, prancing about in their pants. Tsk. (HD)  
**8.00** Boots 'n' All  
**9.00** Transworld Sport  
**10.00** F3 Euroseries  
**11.00** Aerobics  
**11.30** Racing News  
**12.00noon** F3 Euroseries  
**1.00pm** US Open Tennis: All yesterday's action from Flushing Meadows. (HD)  
**4.00** **LIVE** US Open Tennis: More Stateside racquet-swinging as the fourth day gets underway at Flushing Meadows in New York. (HD)  
**12.00m't** **LIVE** US Open Tennis: Further coverage from Flushing Meadows, as the women's second round matches come to a close. (HD)  
**4.00-5.00am** The Rugby Club (HD)

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

**FILM4 (315)**  
**6.45pm** Cocoon: The Return: Sci-fi sequel starring Willford Brimley. **9.00** There's Something About Mary: Comedy starring Cameron Diaz and Ben Stiller. **11.15** **MUSTSEE** Paradise Lost: Creepy horror flick starring Melissa George. **1.00am** The Neon Bible **2.50** Frightfest Special: The Last Exorcism **2.55-3.05am** Scott Pilgrim Special

**COMEDY CENTRAL (126)**  
**7.00pm** The King of Queens **8.00** Frasier **9.00** Two and a Half Men **10.00** **FILM** Deuce Bigalow: European Gigolo:

**ESPN** **7.00pm** ESPN Extra **7.15** Press Pass **7.45** Basketball **9.30** French Rugby Union **10.00** MMA **10.45** Premier League **11.00** Baseball **2.00am** Press Pass **2.30** ESPN Extra **2.45** MMA **3.30** UFC **4.30-5.00am** Rugby Union

Comedy sequel. **11.40** Sex and the City **12.50am** Two and a Half Men **1.50** Rules of Engagement **2.50** South Park **3.50** Two and a Half Men **4.20** The King of Queens **5.10-6.00am** Frasier

**BBC3 (115)**  
**7.00pm** Total Wipeout **8.00** Young, Dumb and Living Off Mum **9.00** **MUSTSEE** Edinburgh Comedy Festival: Standup laughs from the Fringe. **10.00** EastEnders **10.30** The King Is Dead **11.00** Family Guy **11.45** Edinburgh Comedy Festival **12.45am** King Is Dead **1.15** Baby Beauty Queens **1.45** Glamour Models, Mum and Me **2.45** Total Wipeout **3.40** Young, Dumb and Living Off Mum **4.40-5.10am** Baby Beauty Queens

**E4 (136)**  
**7.00pm** Hollyoaks **7.30** Friends **9.00** The Big Bang Theory **9.30** How I Met Your Mother **10.00** Accidentally on Purpose

**10.35** Alan Carr: Chatty Man **11.25** **MUSTSEE** Important Things with Demetri Martin: Floppy-haired gag-fest. **11.55** The Big Bang Theory **12.25-6.00am** Ultimate Big Brother: Live

**DAVE (111)**  
**7.00pm** The Gadget Show **7.30** James May's 20th Century **8.00** The World's Most Stupid Criminals **9.00** Never Mind the Buzzcocks **10.20** Have I Got News for You **11.45** Never Mind the Buzzcocks **1.05am** Have I Got News for You **1.45** The League of Gentlemen **2.15-3.00am** Lead Balloon

**MTV (350)**  
**7.00pm** Hogan Knows Best **8.00** The Hills: Reality show about the lives of some rather hot young ladies. **9.00** Jersey Shore **11.00** South Park **12.00m't** Blue Mountain State **1.00am** The Dudesons in America **3.00-6.00am** All the Hits



**sky1**

**6.00am** The Real A&E (R)(HD) **7.00** Crash Test Dummies (R)(HD) **8.00** Brainiac: Science Abuse (R) **9.00** Oops TV (R) **10.00** Missing Mums: Lorraine Kelly Investigates (R) **11.00** Wedding SOS (R) (HD) **11.30** Adoption Diaries (R) **12.00noon** The Real A&E (R)(HD) **1.00pm** Malcolm in the Middle (R) **2.00** Liza and Huey's Pet Nation (R)(HD) **3.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R) **6.00** Oops TV (R) **6.30** The Simpsons (R)(HD)

**7.00 The Simpsons**

Moe decides to tart up the bar a bit, but loses his regulars in the process. (R)(HD)

**7.30 The Simpsons**

Homer strikes up a friendship with Chief Wiggum. (R)(HD)

**8.00 The Real A&E**

A diabetic has half his leg amputated. (R)

**8.30 Real Filth Fighters**

Cleaners, cleaning things. Great. (R)

**9.00 Lie to Me**

**MUST-SEE** Cal goes porkie-sniffing, when a missing teenager gets sucked into the world of pornography. (HD)

**10.00 NCIS: Los Angeles**

Callen attends traffic school. Sounds a bit low-key. Where's all the splatter? (R)(HD)

**11.00 NCIS: Los Angeles**

A Marine sergeant is murdered by a ruthless gang. Yikes! (R)(HD)

**12.00m't Road Wars**

Moody motors and duff drivers. (R)

**1.00** Road Wars (R) **2.00** Street Wars (R) **3.00** Road Wars (R) **3.25** The 4400 (R) **4.20** Top Design (R)(HD) **5.10-6.00am** Sell Me the Answer (R)

**VIRGIN 1 (121)**

**7.00pm** Star Trek: Voyager **8.00** Chuck **9.00** Medium **10.00** Ghost Whisperer **11.00** Star Trek: Enterprise **12.00m't** Challenge Jackpot **3.00am** Brit Cops: Frontline Crime UK **4.00-5.00am** Street Crime UK

**SYFY (129)**

**7.00pm** Legend of the Seeker **8.05** Tin Man **10.00** A Town Called Eureka **11.00** Dungeons & Dragons 2: The Elemental Might **1.00am** Sir Arthur Conan Doyle's Sherlock Holmes **3.00** Legend of the Seeker **4.00** Smallville **5.00-6.00am** Angel

**FX (164)**

**7.00pm** NCIS **9.00** Family Guy **10.00** American Dad! **11.00** Better Off Ted **12.00m't** Farscape **1.00am** Babylon 5 **2.00** ReGenesis **3.00-3.55am** Water Rats

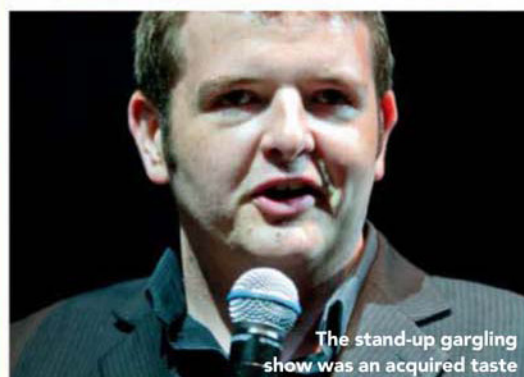
**TODAY'S MUST-SEES****Paradise Lost**

Film4, 11.15pm

**FILM**

Shocker set in Brazil, starring a bunch of photogenic youngsters as backpackers who fall foul of the locals and basically end up in a world of hurt in the torture-porn stylee. Heads get shot and caved in with rocks, but the main cause of woe is that there are unscrupulous natives who want to harvest the tourists for their internal organs – the kicker being that said backpackers obviously don't want to give them up. Melissa George provides the chief eye-candy. ★★★

Andre had heard that Jordan was coming to visit



The stand-up gargling show was an acquired taste

**Edinburgh Comedy Festival Live**

BBC3, 9pm

**COMEDY** Scottish comic Kevin Bridges delivers the gags in this, the first of two stand-up sessions recorded at the Edinburgh Fringe. ★★★

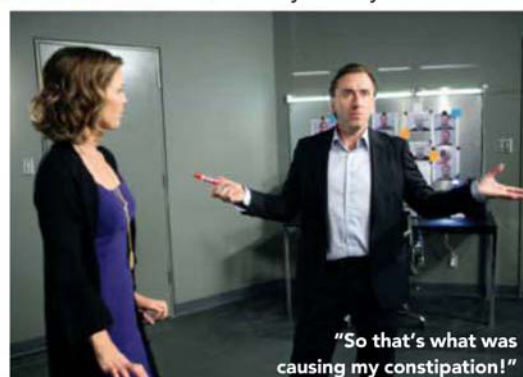


Who Wants To Be A Millionaire? had fallen on hard times

**Important Things With Demetri Martin**

E4, 11.25pm

**COMEDY** Demetri finishes his series with a bang, focusing on control, court orders, secret agents and terrible flatmates! ★★★



"So that's what was causing my constipation!"

**Lie to Me**

Sky1/HD, 9pm

**DRAMA** Lightman's on the case of a runaway teen who's ended up working in the porn industry. To make matters worse, his daughter Emily is shadowing him as a work assignment. But wait – could she be the key to this case? ★★★★★



Meet the **Nuts Girls** at Europe's Largest Poker Fair!  
Sep 2, 16:00 - 21:30  
Sep 3, 12:00 - 21:30  
Leicester Sq, London

[www.pokerinthepark.com](http://www.pokerinthepark.com)



**NUTS PROMOTION**

**PARTY TIME!**

# GO **Nuts** IN **IBIZA!** AT **EDEN**

**The biggest party in town is still going as strong as ever!**

**A**ugust at Eden has been going off! With the likes of Page 3 stunner Jakki Degg and top Aussie DJ duo the Stafford Brothers, there's been no better place to be. And it looks like

Hollyoaks hottie Carley Stenson, who plays Steph, loves to Go Nuts in Ibiza, too! Eden in San Antonio is the Nuts hang-out, so get your party face on, hit the White Isle and shake a leg with us!

**STEPH FROM HOLLYOAKS!**

**WHAT A LINE-UP!**

For more info, go to [www.nuts.co.uk/ibiza](http://www.nuts.co.uk/ibiza)



**FASHION**

**EVOLUTION OF THE SPECIES**



**NOW IN STOCK**  
**SPIDER 8.1 URBAN**  
**MAGNUM** £115.00

**YOUR PROMO CODE: NUTSKEY**

**ENTER CODE ABOVE TO RECEIVE A FREE RETRACTABLE KEY REEL**

**VISIT [WWW.MEANANDGREEN.COM](http://WWW.MEANANDGREEN.COM) OR CALL 08458 991133 TO VIEW OUR FULL RANGE OF MAGNUM FOOTWEAR**


**JOKELINES**

**Wacky's** Just like a real conversation ... these WindUps respond to what is said!

**WINDUP CALLS!**

1. Sex Survey - Very rude & embarrassing.
- 2/3. Your numbers on my boy/girlfriends mobile - Why?
4. Overdue CreditCard - We're sending the Bailiffs.
5. You got my Girlfriend pregnant - Wanna fight?
6. 'Honey Trap' Call - Are they cheating on you?
7. Wrong Number - Is that the Massage Parlour?
8. The VAT Office want their £20k ... or else.
9. Your Car Insurance is being Revoked - from 12pm.
10. Caught Downloading Internet Porn ... & a virus!
11. Strange £1Million Bank account Deposit - Why? + more online

**0906 663 0211**  
CASH: 097 999 9375

**HOW:** Choose a Wind-Up. Call, Tell us their name & number. Sit back & listen secretly as we call them & play the Wind-Up ... Let the fun begin!

*... asks for your victim by name!*

Helpline: 0844 482 2432. UK calls cost £1.50/min. Eire calls cost £1.75/min. Mobile's cost more. Bill payers permission required. 18+ only. For entertainment purpose only. Visit [www.wackyprankcalls.com](http://www.wackyprankcalls.com) for more.

**Gordon Bennett**

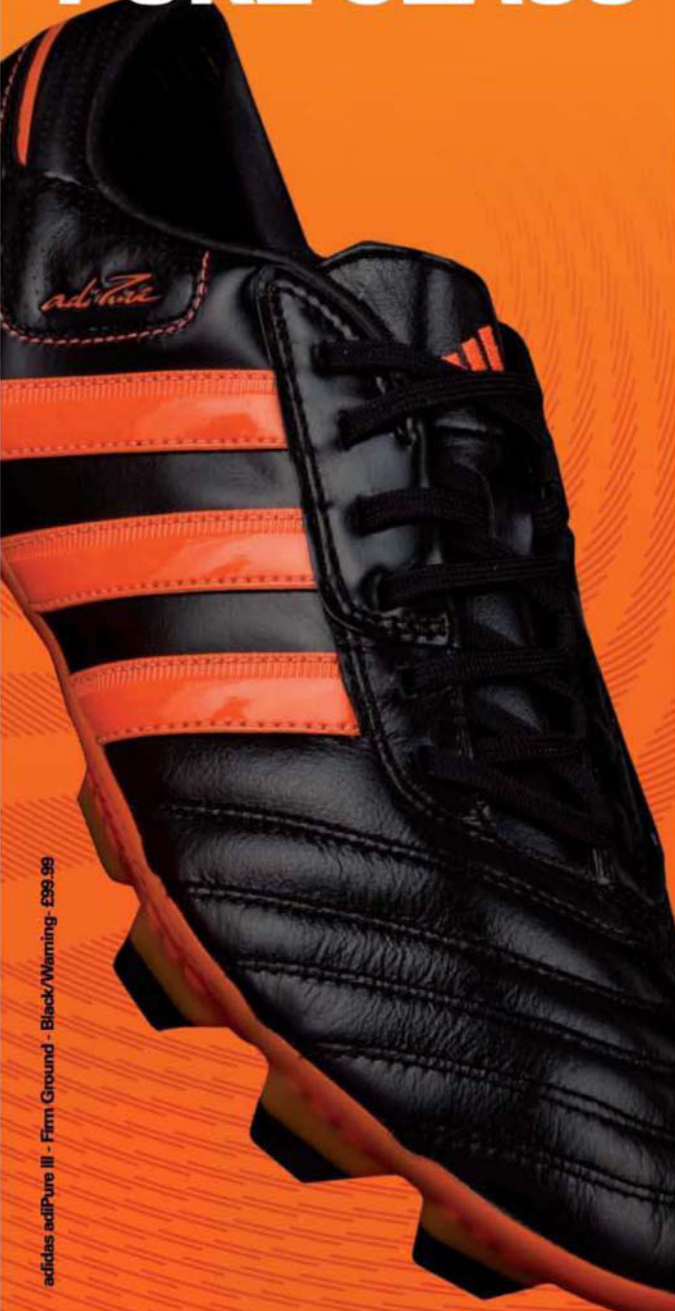
The new polo shirt collection by 'Gordon Bennett'

available from  
[www.gordonb.co.uk](http://www.gordonb.co.uk)



Picture: 'GB Polo Sport' £65

**WARNING!  
WARNING!  
PURE CLASS**



adidas adiPure III - Firm Ground - Black/Warning - £99.99

**PRO-DIRECT**  
soccer : the professional's choice  
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## HOTMOBILEVIDEOS

**NO SUBSCRIPTIONS  
GUARANTEED!**



371809



372125



378202



376407



377299



378722



378770



378701



374027



376388



378769



378703



370497



376629



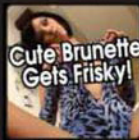
377661



378758



376746



376872



379887



374537



378724



Lucy Pinder And Lindsay Strutt Romp	371682
Too Rude Too Describe	373512
Mates Mum Unleashes Her Massive Boobs	371623
19yr Student Sleepover Turns Naughty	375669
Carla Slips Out Of Her Skirt	378700
Mates Mum Teases Me Hard	375924
My Girls Best Mate Got Naked for Me	379118
Caught Mum Seducing My Hot Girlfriend	373642
18 Yr Olds First Uncensored Home Movie	372177
My Naughty Wife Got It On With My Bro	376509
Naughty Nurses Huge Jugs Get Fondled	377295
Lucy Pinder Close Up	376403
Jana In The Bedroom	374777
My Girl And My Ex	376874
Caught My Sisters Mate Playing Outside	376387
Big Boobs Babe Shower Self Play Vid	376412
Naughty Neighbour Gets Filmed	374778
Hollyoaks Babe Look-A-Like Uncensored	378624
Local Girls Mum Gets Randy	375602
I Caught My Ex With My New Girl	371633
Mates Mum Lets Me Film Her	373865
Danielle Lloyd Strips Off Everything	371238
Busty Blonde Lick	379082
Rosie Jones And Friends Get Frisky For You	379659
2 Students Get It On	376875
Room Mates Get Randy	376146
Seduced By Uni Girls	372092
Home Alone Housewife Plays On Cam	376156
My Dads Secretary Likes To Get Naked For Me	379868
Naughty Student Nurse	374393
Hot Girl Strips Bare On All Fours	374431
My Neighbour Is A Kinky Girl	370828
Sexy Brunette Caught With My Ex	374465
Snatch A Peek	370672
Naughty 19 year old	370835
All's First Time On Camera	370504
Brookes Bedroom Play	370509



## TEXTALERTS

Inbetweeners - Oooh Friend	371404	Meerkat - Meerkat Simples	377015
Achmed - Silence I Kill You	373885	Text On Fire Spoof	374708
Die Hard - Yippee Ki Yay...	371360	Tardis Noise	373707
Fast & Furious Dump Valve	373846	Scooby Laugh	370862
Gavin & Stacey - ...Occuring	375722	Family Guy - Stewie - Mom Mom...	374143
Family Guy - Surfin Bird	371356	Air Raid Siren	378058
Quagmire - Giggerty Giggerty	371104	Slus Tiger Song	376279
The Hangover - Paging Dr F**got	372950	Ewok Growl	379090
Superbad - I am McLovin	373183	Formula 1 Cars	378053
Family Guy - Shipooopi Song	379391	Inbetweeners - You Bumder!	374183
Cartman Hissy Fit	370182	Star Wars Lightsabre On Sound	370655
Karate Kid - Wax On Wax Off	375854	Stewie - Victory Is Mine	375851
Classic Sega Logo SFX	375844	Looney Tunes Intro	379132
Pulp Fiction - Say What Again	379696	Popeye Laugh	370386
Star Trek Communicator	373700	Peter Griffin Laugh	374956

## THEMETUNES

Formula 1	376395	Life On Mars	372416
The Great Escape	372168	The IT Crowd	375380
True Blood	376667	Match Of The Day	376057
Duelling Banjos	373290	Top Gun	377156
Knight Rider	377143	Only Fools & Horses	373188
Walker Texas Ranger	373501	BBC Snooker Theme	376092
MacGyver	370442		
Monty Python	370464		
Reservoir Dogs	370387		

**FREE  
VIDEO!**  
txt HOT to 80155 texts cost 25p

**dbm**™

**TO ORDER:** txt DBM (space) ITEM CODE to 80155  
EG: txt DBM 372461 to 80155 **NO SUBSCRIPTIONS**  
All items cost £3

**FREE  
THEMETUNE  
TEXT ALERT!**  
txt LINK37 to 80155 texts cost 25p

80155 is aged 16+. Requests to 80155 charged at 25p. Wap/ GPRS Required. Videos in excess of 500k. All models used are 18+. Free Video: standard network costs apply. Text alerts & theme tunes produced by impressionists and do not carry the approval or endorsement of the personality involved or any broadcasting institution. K2 Media or its associates may contact you by SMS with the latest promotions & similar products. To end text STOP to 80155. dbm is a Trade Mark of K2 Media Ltd, PO Box 162, Kendal, LA8 8WW UK. Support 0844 879 7228.



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picture  
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**FREE PICS!**

Swap texts and picture  
with UK women looking  
to meet guys now

**text FLIRT to 85588**

18+. This is NOT a subscription service. Standard network charges apply to messages sent. Your mobile should be able to send and receive MMS photos and videos. Texts billed at £1.50 p/message.

**FREE**  
**SEXY MOBILE VIDEO**  
For Every Reader!

**TEXT: SEXY To: 82333**

**→ SMALL PRINT ←**  
\*There is NO CHARGE to receive the movie.  
18+. Msgs sent to 82333 cost 1p. Text to 82333 to see how. 82333. Help: 0870 7055594. Stop: 82333. That's all. We may also send you free promotional service messages.

**VIDS UPDATED WEEKLY**

**1p SEXY MOVIES**

**TXT: EASY TO: 81833**

Get one vid for just 1p. Other items on site are charged at £3 for 3 videos, £1.50 for 3 pics, charged per page, pay only for what you view, games and tones priced individually. Messages to 81833 charged at standard network rate. 16+ only. Send Stop to 81833 to stop service. Provided by BS Mobile PO Box 2952, London, WC1N 3XX. Help tel - 0870 100 1024, help@blingmob.com

**TEXT TALK**  
WITH PICTURE MESSAGING

**TEXTCHAT**  
£1.50 for 1st 15  
msgs sent/recvd. £1.50 per 6 msgs  
sent/recvd thereafter.

**Men: Text 'mwall' to 88199**  
**Women: Text 'wwall' to 88199**  
**Gay: Text 'gwall' to 88199**

**TEXT CHAT!**  
women text: ewall  
men text: mwall  
gay text: gwall  
**FREE FOR WOMEN\***  
1st 5 msgs FREE. £1.50 for 5  
msgs sent/recvd thereafter.

**RELAX & GET SEXY**  
Amazing SEXY TEXT  
hook up with local girls  
to relieve your stress x  
See our lovely pics now  
on your mobile xxx

**SEXY TEXT EASY AND QUICK**  
Hot girls at home always  
ready & sexy FOR YOU!  
Text in now for girls pics  
-a great time guaranteed,  
full satisfaction xxx

**TEXT EASY TO 67111**  
LL P06538 N22FYN. Help: 0844 871 4407. 18+. SMS cost £1.50 each - standard network charges apply. To stop text 'STOP' to 67111.

**TEXT KISS TO 67111**  
LL P06538 N22FYN. Help: 0844 871 4407. 18+. SMS cost £1.50 each - standard network charges apply. To stop text 'STOP' to 67111.



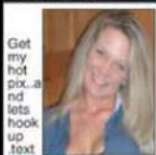
Fulfil your fantasies - 18+ Adults only prs service

## The HOTTEST personas! The HOTTEST photos! AND VIDEOS

# Want the HOTTEST HOOK UPS?

18+ HAVE FUN TONIGHT! GET PHOTOS & HOOK UP VIA YOUR MOBILE WHEN IT SUITS YOU

Gill, UK (34)



Get my hot pix...and let's hook up...text  
**GILL**  
to 68889

Anna, London (36)



Get my hot pix...text  
**ANNA**  
to 68889

Caro, Wales, (44)



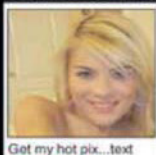
Get my hot pix...text  
**CARO**  
to 68889

North East (18)



Get my hot pix...text  
**BLONDIE**  
to 68889

Tash, Glasgow (18)



Get my hot pix...text  
**TASH**  
to 68889

Minki, Leics (18)



Get my hot pix...text  
**MINKI**  
to 68889

Claire, UK (38)



Get my hot pix...text  
**CLAIRE**  
to 68889

Val, UK (40s)



Get my hot pix...text  
**VAL**  
to 68889

25p per message sent into 68889 £1.50 per received text from 68889. MAXIMUM 4 BILLED MESSAGES PER REPLY. See virtual terms online at [www.ukeasyaction.com](http://www.ukeasyaction.com) STRICTLY ADULTS 18+

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM!

Meg, Lancashire.



Get my hot pix AND VIDEOS...Text  
**MEG**  
to 68889

Miff, 40s North England



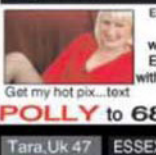
Fun loving naughty women with photos  
Get my hot pix...text  
**KISSY**  
to 68889

Katherine, WALES



Can't wait to send you my sexy photos. text anytime 24/7  
Get my hot pix...text  
**KATHERINE**  
to 68889

Polly, 44 UK.



Experienced woman wants fun! Especially with guy 18-30!  
Get my hot pix...text  
**POLLY**  
to 68889

### 18+ ONLY

POSTCODE MATCH!

See who replies to your postcode....

To be matched to a woman (with HOT photos & maybe HOT videos

Text- PC followed by your postcode to 68889

(for example PC NE344NB)

Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile

\*Text SWAP anytime to swap to a different hot woman\*

25p per message sent in. £1.50 per received text.

Kat, London. 18 years old!



Get my hot pix...text  
**KAT**  
to 68889

Ami, 20 GLOUCS.



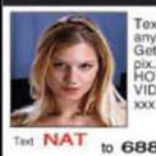
Get my hot pix and HOT VIDEOS...text  
**AMI**  
to 68889

Liz, 20s Hants/UK



Get my hot pix AND HOT VIDEOS...text  
**LIZ**  
to 68889

Nat (19) MIDLANDS/UK



Text me anytime & Get my hot pix...and HOT VIDEOS xxx  
**NAT**  
to 68889

Janie, SOUTH (41)



Get my hot pix...text  
**JANIE**  
to 68889

Tara, UK 47



Get my hot pix...text  
**TARA**  
to 68889

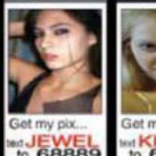
ESSEX (34)



Get my hot pix...text  
**DI**  
to 68889

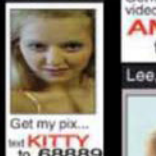
**WANT FUN NOW?**  
Hook up with text easy personas FAST! This is a discrete, easy service  
**text - NOW**  
to 68889

18. SCOT.



Get my hot pix...text  
**JEWEL**  
to 68889

Kitty, 18 Lancs.



Get my hot pix...text  
**KITTY**  
to 68889

Lee, 20 Leeds



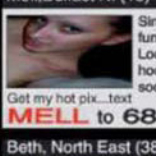
Get my hot pix...and VIDEOS text  
**LEE**  
to 68889

Daze, anywhere UK



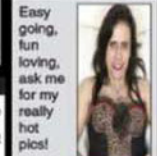
Get my hot pix...and HOT VIDEOS...text  
**DAZE**  
to 68889

Mell, Belfast NI (18)



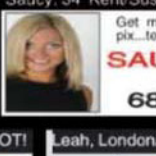
Single and fun loving Looking to hook up soon!  
Get my hot pix...text  
**MELL**  
to 68889

Rita, Wales/UK (45)



Easy going, fun loving, ask me for my really hot pics!  
Get my hot pix...text  
**RITA**  
to 68889

Saucy, 34 Kent/Sussex



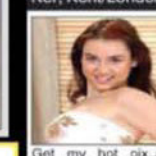
Get my hot pix...text  
**SAUCY**  
to 68889

Lily, UK (40)



Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text  
**LILY**  
to 68889

Ker, Kent/London



Get my hot pix...and VIDEOS text  
**KER**  
to 68889

Jule, UK (40)



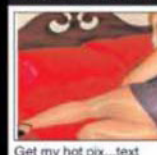
Hot single woman (40) wants to be contacted by guys 18-35 for fun easy times. Get my hot pix...and HOT VIDEOS Text  
**JULE**  
to 68889

Lib NORTH WEST (21)



Get my hot pix...and HOT VIDEOS too text  
**LIB**  
to 68889

Nici, LANCS 38 and HOT!



Get my hot pix...text  
**NICI**  
to 68889

Leah, London/UK (19)



Get my hot pix...and HOT VIDEOS too text  
**LEAH**  
to 68889

Tani South West/UK (43)



Get my hot pix...text  
**TANI**  
to 68889

**As Seen on TV**

**HOOK UP NOW - VIA YOUR MOBILE**

ANNE, 40s YORKS



Get my hot pix...and VIDEOS text  
**ANNE**  
to 68889

Carly, 18 UK



Get my hot pix...and HOT VIDEOS text  
**CARLY**  
to 68889

Kyll 20, SUSSEX



Get my hot pix and VIDEOS...text  
**KYLLI**  
to 68889

Beverly Mids/UK (30s)



Saucy older woman wants to hear from younger guy 18+. Easy going. Fun loving kind single woman 35 - hopes age doesn't put you off!  
Get my hot pix...and hot videos text  
**BEVERLY**  
to 68889

UK ANYWHERE



Let's hook up  
Get my hot pix...text  
**HWILKIE**  
to 68889

Naughty, South West



Hot fun girl looking for flirts! Get my hot pix...and hot vids text  
**NAUGHTY**  
to 68889

Amb UK



Get my hot pix...AND VIDEOS text  
**AMB**  
to 68889

Messages sent in 25p. Messages received only £1.50. Maximum 4 messages per reply.

Strictly 18+. 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (maximum 4 billed messages per reply) Photos/videos sent in/received charged at 2 billed messages at £1.50 each (£3 in total). You must check your mobile is able to send/receive videos or photos. Contact your network for possible network charges. Real people replying NOT a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages received may appear on your bill. No meeting made or implied. Photos are for display purposes and not to be reproduced. For fantasy entertainment only, areas/details to aid this. Virtual service Terms and conditions @ [www.ukeasyaction.com](http://www.ukeasyaction.com). please read the full virtual terms and conditions fully. B Media 331, 77 Beak Street, Soho, London W1F 6DB. HELP? 08458388647 To swap to a different persona text SWAP to 68889 at anytime. Please ensure you have credit in your phone if you are a PAYG user. We reserve the right to bar users if they are under 18. 18+ SERVICE only. To stop the service text STOP to 68889 at any time.



## LIVE CHAT

# GET LIVE & SEXY WITH NAUGHTY GIRLS AT HOME



## MATURE LADIES

Hot mature Ladies know how to get sexy with you! They're always willing to please new callers xxx

0909 897 2053



## SWEET 18'S +

So very adventurous & fit bodies wanting men of all ages for adventure, fun and thrills xxx xxx xxx xxx

0908 145 2545



## 45P SEXY GIRLS

Ask what you really want and we will do everything you like. You'll come back for more! xxx

0908 145 0576



## SEXY & MATURE OPEN ALL HOURS

Experienced Ladies - do you need it hard & fast? Well just call these tasty oldies - best get off in the UK!

0909 897 9111



## 40+ YEAR OLD SHARON

Ladies at home that are mature in so many special ways. Chat now to mature women xxx

0909 897 9416



## GIRLFRIENDS JUST FOR YOU

Sexy babes at home desperate to be your girlfriend & to please you in every way possible.

0908 145 0581



## MATURE WOMAN CRAVES ATTENTION

We just know how to get you off as fast as you want. Superfast, mind-blowing satisfaction from very experienced fit ladies xxx

0909 897 0888



## 45P GIRLS AT HOME

Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx

0908 145 0580



## ON THE PULL

The baddest girls in town who just adore horny guys looking for a quick fix and some adult relief at any time

0908 145 0575



## GORGEOUS SINGLES

Casual singles seriously up for it with as many guys as you can believe. 30 secs to serious heaven when you just need to get off

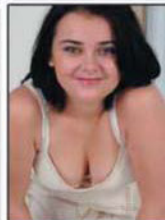
0909 897 9412



## SUPERFAST RELIEF!

For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!

0909 897 9442



## JUST 18+

18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx

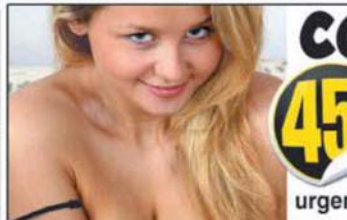
0909 897 2038



## 45P FAST RELIEF

Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx

0908 145 0579



## COLLEGE GIRLS 18+

Looking for horny guys to fill their recreation time! Eager and willing to please, all guys needed urgently for the ultimate get off today x

0908 145 0582



## 45P I'LL BLOW YOUR MIND

Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx

0908 145 2543



## VERY BROAD MINDED

Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx

0909 897 9333



## 45P HAVE FUN & RELAX

Up close and personal - lovely girls at home just eager to go live with you 1 on 1! x

0908 145 2542



## BEAUTIFUL LADIES

Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time

0909 897 9405



## HUNGRY HOUSEWIVES

Just hungry for a wicked time. These gorgeous ladies just looking for an erotic time. 100% totally sexy stimulation xxx

0909 897 9447



## SEXY GIRLS AT HOME

Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x

0908 145 2544



## VERY HOT LADIES

Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x

0909 897 0612



## 45P DIVORCED & SEXY

Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx

0908 145 0577



## 45P HOT & SEXY

When you just cannot wait and need a real fast quickie session. Call now for relief

0908 145 0578

**SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469 FOR CASUAL SEXY DATING VISIT [www.DATES-4U.co.uk](http://www.DATES-4U.co.uk)**

Live Lines UK Limited PO6538 NI2 TYNI. Help 0844 871 4487. 0909 897 Calls rec @ 60p per minute. 0908 096 Calls rec @ £1.50 per minute. 0908 145 Calls rec @ 45p per minute. Mobile users may receive free text messages. You must be 18+ to use this service and have the bill payers permission before calling our service. SMS cost £1.50 each to receive + standard network charges apply. To stop just text 'STOP' to 69469.



# Nuts PUB AMMO

Crown yourself the king of trivia down your local with our fantastic facts!

"Er, I'm just admiring the knitwork, love"



Every March or April, South Africa celebrates **National Cleavage Day**.

Casino Goa in Panaji is the only legal casino in India.

There's a pedestrian underpass in Castleford, West Yorkshire, called **Tickle Cock Bridge**.

Over 1,000 people are caned each year in Singapore, with a bamboo cane that's soaked in water to prevent it splitting.

In 2005, the Austrian town of **Fucking** installed theft-resistant road signs after repeated thefts of the natty-mouthed signposts by tourists.

According to Norse mythology, Thor, god of thunder, rides a chariot pulled by two goats. He eats their meat every night but they're restored to life by the morning.

Ithaa, in the Maldives, is the world's **only underwater restaurant**.

The West Indies are so-called because Christopher Columbus mistook them for India after sailing west from Spain.

On 2 April 1881, Wild West outlaw **Big Nose George Parrott** was hanged by a lynch mob and then made into a pair of shoes.

Pop star Cathy Wayne became the first Australian woman to be killed in the Vietnam War, when she was shot by a US Marine while performing.

A **duck** was one of the first passengers on a hot-air balloon.

Vietnam is the second-largest exporter of goods worldwide.

New Zealand band **The Trons** has no human members. Instead, the band is made up of four robots that play instruments.

"Blimey, I shouldn't have eaten all those bread crusts!"



## PUB AMMO ON... THE READING & LEEDS FESTIVAL



The guitarist had had a late night

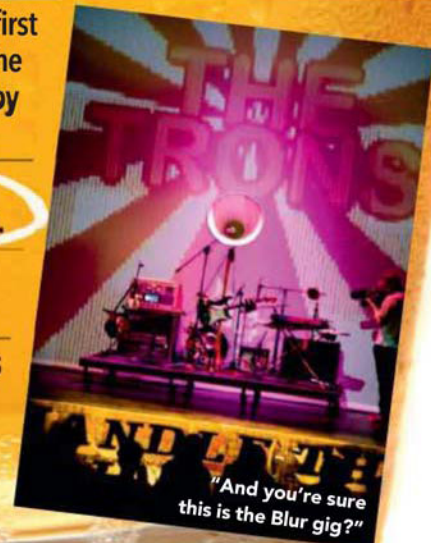
In 1992, Nirvana's Kurt Cobain was wheeled onto the main stage in a wheelchair, parodying media speculation about his mental health.

● In 2007, Kaiser Chiefs played a secret show at the Leeds site under the name **Hooks For Hands**.

● Meatloaf's 1988 set lasted just 20 minutes. The singer walked off after taking a bottle of cider full in the face.

● Guns N' Roses, Arcade Fire and blink-182 will be the headline acts at this year's Reading & Leeds Festival, which takes place from 27-29 August.

"Hi, I'm your date"



"And you're sure this is the Blur gig?"





**Nuts** *Lucy*



*HELPS TAKE CARE  
OF DANDRUFF!\**  
*Smells Gorgeous!*



 **head & shoulders**  
making heads happier

Smell great **and** help protect your scalp. Seven fresh fragrances, mixed with our unique anti-dandruff formula. Hey presto: happy nose, happy head!

\*removes up to 100% of flakes. Claim based on visibility of flakes at two feet when used regularly.