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This festival is amazing.

Tweet overload to come.

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## Mini but mighty

Blown away by the band? Found the secret show? See something special and slide-out the QWERTY keypad to share with the world. Email. Facebook.<sup>®</sup> Instant messaging. Thousands of apps and more. Express yourself with the new Xperia<sup>™</sup> X10 mini pro.

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#### Sony Ericsson make.believe

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SPORTI SPORTI

Theo Walcott p54

Jamaican lager and vuvuzelas!

## Nuts MEMS

#### MISSING BARN DOORS, EVERY WEEK!

## Trade in your World Cup trash for a cheeky flash!

o that's it, then. Another technically superior team sends England crashing out of the World Cup and we're all left feeling cheated. Worse yet, like us, you probably have loads of unwanted England merchandise hanging around like a floater that won't flush.

So, to save the men of Britain the inconvenience of having to dispose of those England flags, caps and bunting, we devised a brilliant trade-off. They give us their now pointless England trash and our lovely models, Leah and Stacey, give them a flash. And what did we do with all that tat afterwards? Dropped it off at the FA – after all, they're used to dealing with a load of rubbish!

**BY GEORG** 

Nuts

ENGLAND TRASH FOR

עתורבכואב

-

ice bins!

LASH!

"Let's have that vuvuzela in your pocket, too" "Er..."

"Emile, your fan

mail's arrived..."

AT THE FA!

Nuts

## Nuts EXCLUSIVE! Gemma's backs The lovely Ms Atkinson is sex on wheels! And, er, some rings!

ritain might well be terrible at producing winning football teams at international level but rest assured, there's one thing we'll always excel at – producing girls with gargantuan boobs!

So never mind the football, just enjoy the sumptuous double delights of Gemma Atkinson. Look at her as she nonchalantly Rollerblades in Los Angeles without a care in the world. Then marvel at the way she makes her boobs look even bigger by hanging onto those rings. Before you know it, you'll have forgotten about the World Cup and be thinking about cups of an altogether more enjoyable sort.

See more sizzling Gemma pics at nuts.co.uk/girls

"Help! I can't stop!" Tidal wave? No, that's just Britain's men dribbling

**BRAVE BIKINI!** 

Egg and spoon races got a sexy upgrade

## **PEACH ON THE BEACH!**

Crouch's mum's earrings came in handy

0

## This will be the greatest COULTHARD British GP ever! David Coulthard on Silverstone and saucy F1 ladies!

i David! With Lewis Hamilton and Jenson Button doing well, can McLaren win this season's F1 Championship? If you'd asked me that after the first GP, I would've said they're outside shots at best. Now, with half a season of development behind them, they've both won and they're first and second in the championship. So why not? Who's the better driver -Button or Hamilton? After Jenson won the championship for Brawn last year, then moved to McLaren, people didn't give him a hope against Lewis. But his driving has done more for his credibility than winning the championship. They're both world-class drivers and to be honest, it's too tight to call.

Why has this season been so exciting? It's been one of the tightest seasons I can remember. That's down to a combination of drivers with winning experience under their belts, such as Alonso, Button and Webber, combined with great cars. The odd man out is Vettel - he doesn't have a long history in F1 but what he's done in that time is pretty remarkable. Was Michael Schumacher right to come back? If you're a Schumacher fan, you think it's fantastic that he's come back. If not, you'll think he should've left us with the memories. We only get one life and if that's what makes sense to Michael, then he's giving younger drivers such as Vettel and Hamilton the chance to be on track with the most successful F1 driver in history

**SEXY PIT GIRLS!** 

hey couldn't get the

ang of the

thing is the car performance. Silverstone is a track where the driver can pull out something special - a bit like Monaco - but it'll come down to the difference between the Red Bull, Ferrari and McLaren. It could be the best British Grand Prix ever because it's so difficult to call. Is Eddie Jordan as abrasive off-camera as he is on it? And have you ever seen anyone disagree with him? It's more a question of trying to find people who agree with him! He's unpredictable - just when you think he'll say something everyone agrees with, he comes up with something left-field. There's no scripting with him - he shoots from the hip! Which team has the hottest pit girls? It used to be Red Bull when they had the Formula Unas, but they don't have them now. Force India's girls are nice but the others don't have pit girls. I say bring them back! Finally, you're retired but do you still like to gun your motor? I prefer to be driven, as I get bored at anything less than 120mph. Not that I advise kids to drive fast, but when you're used to speeds of 200mph, it's hard to get excited about a drive from your house to the shops!

Will Hamilton and Button have

home advantage? No, the main

See the British GP live on BBC1 on Sunday from 12.10pm

Ints

DEESTER

He hated having his ears syringed

DESTONE

**BUTTON & HAMILTO** 

## Mark Webber's great escape!

Coulthard on why Red Bull's ace survived Valencia crash



#### CAR DESIGN

"The design of modern F1 cars is so much more advanced than when I was racing. Despite the fact the Red Bull lost its nose, which takes a lot of the impact, the car remained in one piece when it crashed into the tyre wall."



#### UNBREAKABLE COCKPIT

"Carbon-fibre cockpits are a protective shell for the driver, and even when the chassis is destroyed, these often survive. This, combined with better track safety, is why there have been no deaths since Senna."



#### **DRIVER FITNESS**

"Webber's fitness saved him. F1 drivers train their bodies to deal with high G-forces, so the tendons and supporting muscles around their organs and spine are much stronger and more supportive."

## **BB's Corin**

The blazing summer has given us the bonus of a *Big Brother* actually worth watching, as Corin and chums spend most of their screen time in bikinis. *Out* would be better, but c'est la vie!

#### Rima Fakih By the pool, Hollywood

This, gents, is Rima, the first ever Arab-American Miss USA. Proving once again that the simple application of a bikini can calm almost any cultural and political controversy!

BIKINI SPECIAL!

## 

## Christine Bleakley

Christine heads to bar while out on her hols. Just out of shot is her squeeze, Frank Lampard. He had a couple of yards on her but ran out of puff and she skinned him with ease. Typical.

#### India and Porchia In the sea, just off Ibiza

Porchia probably didn't intend to flash the cameras on her hols. But a naughty India ensured we got the snap we wanted, while continuing the grand tradition of the cheeky holiday moon!

## Kelly Brook

Few women can pull off the tricky "onesie" swimwear look, but unsurprisingly, Kelly can. Having 34E boobs helps, as does the smile - which is the perfect accessory for any outfit!

RORY BUCKERIDGE PHOTOS:

VORDS:

## Hayden Panettiere On Malibu beach, California

Looks like Hayden's in a hurry as she marches along Malibu beach. Maybe she's late for a dentist's appointment, left the oven on or is chasing the man who sold her that bikini!

FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS **NEWS FLASH!... Nuts news flashi** Rhian Sugden on the British Grand Prix!

"I'm Team Button all the way. He's a better

driver and he's fitter

than Hamilton, too!

He'll be World Champ

again, guaranteed!"

MS

**NEWS FLA** 

#### **NEWS FLASH!... NEWS FLASH!... NEWS**

#### OUCH!

Aaron Daugherty's truck is clipped in mid-air by another and sent crashing to the ground with a crunch!

## **ON IT'S FRONT!**

# FIGORIA HERE BUILDER BUILDER

eing a Pro Lite Unlimited truck racer is a bumpy business at the best of times, what with huge hill jumps and driving surfaces that

make even the Wembley pitch look good. But after this 50mph crash, driver Aaron Daugherty was left feeling like a sock in a washing machine's spin cycle. the Pro Lite Unlimited off-road race at Miller Motorsports Park just outside Salt Lake City in the US, when he clipped another

OTA TRUCKS

> the lucky petrolhead emerged unscathed, vowing never to take his truck for a "spin" again!

#### C EEEK!

Bouncing an incredible six metres into the air, Daugherty's truck completes its spin with a final muddy flourish!

2 ARRRGH! Oh-oh! As the sky swaps places with the ground, the American racing driver is close to doing toilets in his trousers!

NO LIKE S

**4** OOF! With his head-spinning ordeal almost over, the nutty driver readies himself for the final impact and a hefty crash!

## **FINAL SMASH!**

See more amazing crashes at nuts.co.uk/spambank

DYDTA



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## **Nuts EXCLUSIVE!** TV babe banned. ON THE SHOW "Right, who's for

## Honey gets chop from *Britain's* Next Top Model!

hloe Peers wanted to make her fortune as a model, so she had some snaps taken and entered reality show Britain's Next Top Model. But when judges found out about these arty pics, the blighters threw her off the show!

Watch Monday's episode on Living TV at 9pm for the unsporting showdown, then write to your MP in disgust!

an arm-wrestle?'

"Does anyone know how to untie knots?"

## SHE'S A STUNNER!

## **186MPH TOP SPEED!**



"Sorry, he's a bit shy"



Del and Rodney upgraded their <u>Reliant</u> Robin

## 

- This is the Mercedes SLS AMG E-Cell, an electric version of Mercedes' new gullwing supercar.
- The E-Cell is propelled by four electric motors, two at each wheel, making it four-wheel drive.
- The motors rev to 12,000rpm – over 4,000rpm more than the regular car's V8 engine.
- And together, the electric motors produce 526bhp and 649lb ft of torque.
- This compares to the petrol version's 563bhp and 479lb ft.
- The E-Cell sprints from 0-60mph in four seconds
   – just 0.2 seconds slower than the petrol version.
- Top speed is an incredible 186mph. Hold onto your seat!
- The batteries are a lithium polymer and their weight is spread across the car to make sure they don't ruin the handling!
- Two separate cooling circuits warm or cool the battery packs as needed.
- The interior gets a 10in touch screen to keep you in control of things.
- There's an extendable front spoiler and a new rear diffuser to increase downforce.
- The colour is called AMG Lumilectric Mango.
- And those mega gullwing doors from the regular car are still as cool as ever!
- It's a prototype for now (but a driveable one), with proper sales starting in 2013.



## ones to watch





also available on 🤶









**£12**.99

DVD

2 12

out now A truly terrifying sci-fi masterpiece, Cargo is a thrilling and intense dystopian nightmare. There's something hiding in the cargo bay, something that's waiting to kill...

also available on 🧾



**£9**.99

0

A Moscow concert turns bloody for an exbiker turned musician (Dolph Lundgren) when armed extortionists take hostages, including the Russian President and his family. Don't miss the limited edition The Expendables poster offer in pack



## £12.99

From the world-famous action team that brought you Ong Bak and The Warrior King comes the latest Thai martial arts showcase that delivers bonecrunching thrills and incredible stunt sequences

also available on 🤶



**£49.99** out now - 5 DVD A group of soldiers, scientists and civilians find themselves stranded billions of miles from Earth on an Ancient ship. Locked on an unknown course, they must fight to survive and find a way home

also available on 🥌





## **SHE'S BUSTY!**

"Hold on a sec, just changing the light bulb"

## Nuts EXCLUSIVE! BB babe 00005

IN *BB*!

She had a novel way of keeping her nipples warm

No, that does not constitute a valid passport photo!"

## It's our cover girl Rachael, topless!

ast week, our cover was graced by the fragrant presence of saucy Big Brother evictee Rachael White, in her first ever shoot for a men's magazine. Well, the exclusives keep coming, as this week, we've got a world first peek at her fine boob things!

Rachael's camera phone candids were unearthed by our picture-snooping spies (high fives all round, chaps). And as you can see, they're corkers!

Incidentally, this is one of the few naughty camera phone sets not sent to Ashley Cole. But it's only Tuesday, so give it time.

## **CHOICE CHARMS!**



SUPER-REALISM! Each car took a month to build, and it shows – doors, windows and roofs open and close, and every car has a working satnay!

## Test Drive Unlimited 2: first play!

## Cars! Girls! Ibiza! Need we say more?

ands up who'd like to own an Aston Martin. Good. A Pagani? Excellent. A shiny Koenigsegg CCXR? In! So get thee to *Test Drive Unlimited 2,* petrolhead, because you can do all this and more! In Ibiza!

You play a customisable character who goes from rags to riches by competing in high-speed street races to earn money for sweet new rides, houses and women. The developers told us that the painstakingly mapped island is a "living, breathing world" – and it certainly looked that way when they invited us for an exclusive first play!

Test Drive Unlimited 2 drops on 24 September, so get your affairs in order before then – because you won't be leaving the house much afterwards! **ACE GRAPHICS!** 

LOADS OF CARS There are more than 100 cars to stick in your garage. And for the bikers, Triumph, Kawasaki

and Ducati have pitched in too!

MAD CUSTOMISATION As well as tuning up your car, you can alter your character's appearance and upgrade your house, from the sofa to the TV!



Pictures for the stronger stomach!

**'Fuel can** 

exploded

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Send your injuries to dontlook@ipcmedia.com

"Er, have we got any of the Factor 25 left?"

## **COOKED!**

## **IN MY hand!'** Petrol can inferno melts man's mitt!

t may look like he's just dipped his hand in a tub of ice cream, but fish farmer Cameron Mackenzie actually fell foul of a burning petrol can. Poole resident Cameron, 21, tells *Nuts* about his camping catastrophe.

"A few of us had gone to a hut on a camping trip. We had a fire going but forgot we'd left the lid off the petrol can we'd used for our quad bikes.

"When the fumes reached the fire, the can caught light. I grabbed it instinctively to rush it outside, but it exploded, covering my hand in burning fuel! I rolled on the ground to put out the flames but it left my hand looking like this.

"My hand's recovering, and it could have been worse – we all could have gone up in flames!" ON THE MEND!

'in £1,000! 🥌

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!\* Submit your images and contact details to **dontlook@ipcmedia.com** 

TOOONEEDTES

"Does acupuncture normally take this long?"

## Human pin cushion. Those with a needle phobia, we suggest you avert your eyes now!

mbition can inspire men to greatness. Some scale mountains, some run across entire continents. Well, US tattoo artist Aryan Hopkins wanted to make his

mark by being the world's most pierced man in a single sitting. His aim? To get 2,000 two-inch needles pushed through his flesh at his parlour: Abstract Ink in Roseville, California. And this is serious stuff. When needles are inserted for hours, the skin tightens and bends them, which can lead to complications including blood loss and unconsciousness.

In the event, it didn't matter, as Aryan tapped out with "only" 1,093 needles embedded in his flesh. Apparently, he came over all faint and was losing feeling in his arms. Weak.

TAKES IT LIKE A MAN!

## JUES GEAR

**£90** 

#### Medion Life waterproof speaker

www.medionshop.co.uk **Nuts says:** Music's streamed from a base station up to 100m away, to which you can connect your iPod, etc. Works around the pool and in the bath, obviously.

Scanning

BBC Radio 6Live

Connecting.

#### ViewQuest pocket internet radio

www.firebox.com

EDION

**Nuts says:** The world's smallest Wi-Fi internet radio. You can search by country or genre, and also access the Beeb's Listen Again service. Each single charge lasts 15 hours.



Underwater sea scooters run at speeds of up to 2mph

£85



£90

## Pool jet

**Nuts says:** Swimming pool version of those utterly cool underwater sea scooter things. This will zip you around a pool as you whip up and down doing lengths faster than an England midfielder. Otamatone www.firebox.com

**Nuts says:** How to describe this? It's an instrument played by sliding your fingers along its neck and opening the mouth like a muppet. This could be utter genius – or the next vuvuzela. You decide.

You can listen to birdsong 24 hours a day at www. birdsongradio.com

JRDS: RORY BUCKERIDGE

£25

Check out more reviews at

## A sack of inspiration from around the Nuts nation! Send your letters to nutsletters@ip

## The best of enemies!

Dear Nuts.

Please find attached a photo that shows World Cup fever has finally arrived in Glasgow!

**Ewan Howieson, Dumfries** We hope you showed the England chap a little sympathy when Fabio's boys were so cruelly dumped out. Though somehow we doubt it.



#### **Not badly** drawn, boys! Dear Nuts.

Me and my mate Martin have done drawings of our favourite Nuts girls. Rhian is my favourite, Eva is his. But which drawing is the best of the two?

Steve Lewis, Thetford We're putting it to a vote! Email nutsletters@ ipcmedia.com and tell us which is your favourite!

#### **Dough story** Dear Nuts.

Look what we did with our Domino's pizza boxes!

Rob Wiggans, Lancaster Domino's, we reckon these boys have earned free pizzas. Drop us a line and we'll hook you up!

**CORNER!** 

ONLY IN



#### She's been 'ad Dear Nuts,

I spotted this great ad in Auto Trader. I don't know what made him buy it, but I know who wears the trousers in his house!

Sammy Gave, London Why do we get the impression that divorce proceedings began soon after this ad was placed? Still, nice bike, mate!

## Nuts - in peak condition

Four boobs found:

details sketchy

Chian

Dear Nuts.

This is me and my college mates with a copy of Nuts at the peak of Snowdon. We thought it would be a great way to cheer us up after England's World Cup display!

Ashley Arndt, via email The bloke on the right looks like he's about to jump off!





**ONEST ADVERTISING** 

fuiser/commuter. I'm selling it because it was purchased without proper consent of a loving wife. Apparently "do whatever the fuck you want" doesn't mean what I thought

"Look! It's Rooney stealth-bumming Defoe before the Slovenia match!" Joe Goodill, via email

**STEALTH BUMMING** 

EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 68 APP



media.com or to the address on p68





THE ENGLISH FArmens, FABIO CRAFFLLOP FORDER THOM "States France Date: """" Study PFARCE many Styles Creating from the Careful Date: """" """"" HOLD CHESA'S THE FORDER'S WITH RIME'S A THE WASHES MAY OUT 27.06.10



#### Win £100 to spend at OPLAY.com

Send your letters and hilarious spam pictures to **nutsletters@ipcmedia**. **com** or to the address on p68. The sender of the week's best letter\* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with savings and free delivery on everything. Visit www.play.com for great deals on DVDs, games, books, CDs and more!



"Please feature me – it would mean the world!" Ana, Exeter

> "Me in my matching braand-pants ensemble." Jade Bailey, via text



"I'm wearing nothing but a towel! Naughty!" Charlie, Northampton

Send us your pics! Text 'Nuts' and your sexy camera phone pic to 0771 388 8008\*

## Hot date.



Golden Wonder The Nation's Noodle Available in 4 Full on Flavours!

Chicken & Mushroom, Beef & Tomato, Chip Shop Curry and Sweet & Sour.



Pour, stir, click – thenationsnoodle.co.uk

## Send your jokes to nutsjokes@ipcm

#### Bursting with all the best gags, every week!

## SHORT JOKES!

Q: How do you learn to be a rubbish collector? A: You just pick it up as you go along Billy, via email

**Q: What lives on** a ship and makes an annoying noise? A: A vuvu-sailor

**That German football** player Müller isn't too good at shooting, but he's brilliant at corners

> I got a new stick deodorant today. The instructions said, "Remove cap and push up bottom." I can hardly walk, but my farts smell lovely! Robbie, Leicester



### **Butter fingers**

Green do after winning the Q: What does Robert World Cup with England? A: Drops his Xbox controller. Quentin, via email

#### Love your fellow man

As a church service is ending and the collection is counted, the priest sees a £50 note. He stops the service and asks who made the generous financial donation.

A gay man stands up and says, "It was me." The priest is so

impressed, he says to the man, "As a thankyou, you can pick three hymns."

The gay fella, looking round at the congregation, says, "OK, I'll have him, him and him, please!" Jesse. Doncaster

Lost: one cat, may be gay



## Taste the difference

A bloke is trying to get his wife to give him a blow job by telling her about a range of flavoured condoms.

Next night, she relents and goes down on him. "Ooh," says the wife,

"this really tastes like cheese 'n' onion."

"Sorry about that," says the husband. "I haven't put the condom on vet." Chris Hendricks, Rhvl



## Win a PS3 and Stargate Blu-ray box set!

Send jokes to nutsjokes@ipcmedia.com or the address on page 68. From the producers of the Stargate saga comes the latest exciting instalment, Stargate Universe: Season 1, now available on DVD and Blu-ray. To celebrate the 5 July release, we've teamed up with Fox and have a PS3 Slim and a box set on Blu-ray for the sender of this week's best joke!\*





### Who's who

A doctor is walking through the mental ward, looking at the patients. "And who might you be, sir?" he asks one of them. "I'm Napoleon Bonaparte!" replies the patient. "And who told you

this?" asks the doctor. "God told me," replies the nutter.

A bloke in the next bed sits up and says, "I never said any such thing!" Phil Sang, London



#### Moving on

Tim and Ted are in the pub discussing the end of the world.

"What would you do if the world was going to end in three hours?" asks Tim.

"I'd go mad and shag everything that moved!" replies Ted. "What about you, then?"

"I'd stand perfectly still!" replies Tim. Alex Strickland, London

## FAMOUS BLOKES'

### TIM VINE:

"I'm against hunting. I'm actually a hunt saboteur. I go out the night before and shoot the fox"

#### IAN STONE

"I saw a film poster that said, 'This film is a 15 and contains strong language and infrequent sex.' I thought, 'My life's a 15."

#### PETER KAY:

"Blow in a dog's face, he gets mad at you. But when you take him on a car ride, he sticks his head out of the window!"

## **RUSSELL BRAND:**

"There's rumours David **Cameron had drugs** as a schoolboy. What worries me is that he dressed up as **HUGH DENNIS:** a schoolboy to do it, the pervert"

"The French have four faults the language, food, their underarm hair and that they're French"



STEVEN WRIGHT: "I installed a skylight in my apartment. The people who live above me are furious"

#### **RICKY GERVAIS:**

"There are so many irresponsible television ads these days. Have you seen the one that goes, 'Hit me at 30 miles an hour and there's an 80 per cent chance I'll live.' Encouraging gambling! I mean, I really like those odds, but come on!"

**BILL BAILEY:** "People say, 'Bill, are you an optimist?' And I say, 'I hope so'''

## POPODUCUTES TO HUSPOPOUTORE POPODUCUTION Nutsi Nutsi Have a cheeky flash – and earn some cash!

**BAIZE BABE!** 

**ROSE 20, from West Yorkshire** "At the pub, on the pool table, out they came! Like them, boys?"

## **COURT APPEARANCE!**

ALEAH 22, from Stratford-Upon-Avon "Going topless felt very naughty, given the location!"

#### Win £100!

All printed pics get a *Nuts* vestand-shorts combo. The winner gets £100!\* Send your snaps to **nutspopout@ipcmedia.com** or by text to **0771 388 8008**.

**GARDEN GIRL!** 

#### **LEANNE 23, from Nottingham** "I threw open my patio doors and gave my neighbours an eyeful!"



JENNA 41, from Cape Town "This is me relaxing in South Africa, unveiling my World Cups!"

**Nuts PROMOTION** 



Prize 1 £12,000

You could spend £12,000 on goodies like this...



You could spend £8,000 on a flash new car!

Prize 2

£8,000



TO ENTER: CALL OR TEXT NOW TO RECEIVE YOUR RANDOM LUCKY NUMBER. IF IT MATCHES ANY NUMBER ON THIS PAGE, YOU COULD BE A WINNER! CALL: 09041 600 157 TEXT: NUTS TO 86611 OR POST: NUTS LUCKY NUMBERS, IPC MEDIA, THE BLUE FIN BUILDING, 110 SOUTHWARK STREET, LONDON SEI 0SU HOW TO CLAIM YOUR PRIZE: IF YOU THINK YOU HAVE A WINNING NUMBER, PLEASE CALL THE CLAIMS LINE ON 0870 880 2025 (ALL CLAIMS MADE BY 27 JULY 2010).

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TERMS AND CONDITIONS: THE CLOSING DATE FOR THIS GAME IS 13 JULY 2010. WINNERS MUST AGREE TO PUBLICITY AND WILL RECEIVE THEIR PRIZE WITHIN 28 DAYS OF THE CLOSING DATE. DELIVERY. SERVICE IS PROVIDED BY ECKOH (UK) LTD - 0870 880 4869 (NATIONAL RATE). BT CALLS COST £1.50 PER CALL, OTHER NETWORKS MAY CHARGE MORE.

## THE TRUTH ABOUT SEX WITH... EMMA GLOVER

## Nuts girls solve your bedroom bother!

Email questions to thetruth\_sex@ipcmedia.com

## **ONLY IN IN OUR OFFICE!**

## Should I be worried?

\*\*\*\*

I want a threesome with another man! I think watching my girl with someone else would be so sexy! Does this make me gay? Justin, Canterbury

Ha-ha! No, it doesn't, unless you want your girlfriend to leave halfway through! It's a bit weird that you want it that way, rather than with two ladies - girls are prettier, nicer and cleaner, but as they say, "horses for courses"!

## **Nuts BABES' SEX TIPS!**

**No.20:** "Slip your partner a little note explaining to her what your fantasy outfit would be. You might get a nice surprise one night!" **Chloe Saxon** 

### We do it everywhere!

My girlfriend and I have had sex in loads of places but we're running out of ideas! Can you suggest any new places for us? Greg, West Sussex

A library! Seriously, how hot would that be? It's twice as naughty because in addition to the fact that you mustn't be seen, vou mustn't be heard either. Oh. and it doesn't count if vou're a librarian. And it has to be during regular opening hours too!

## It's too hard!

I seem to "stiffen up" very quickly and noticeably when I'm snogging a lady. Is she likely to find that flattering or faintly pathetic and juvenile? Pete, Cleethorpes

I think she'd find it very flattering - believe me, it's much better than having the opposite effect. "Lots of kisses work best on boobs!" You only have to worry if you're popping off too soon, in which case it's. "No thanks, mate!"

## How do I do boobs?

I'm useless with boobs! Help me improve my technique! Nick, Middleton-on-Sea

No squeezing, or if you do, certainly don't do it too hard. Lots of kisses are best. Try to avoid the old "radio tuning" of the nipples, or at least work up to that slowly, increasing the intensity gradually. You don't just dive in and start tweaking!



## CONDECTOR ONLY IN CONSTRUCTION ONLY IN Nuts: Seen something daft? Snap it, send it in and win £100!

 Image: Provide state of st



"I hope the police who patrol this road are a little bit understanding..." **Anon, via text** 



"I found this cheese in a supermarket in Italy recently. Cheeky!" **Anon, via text** 



"Thanks for that, Morrisons! You've saved me an absolute packet!" **Anon, via text** 



"I spotted this shop in Whitby. Nice one! I'm definitely popping in!" **Jason, via text** 

## SCREWED FOOD CORNER!

CETTING FRUITY! Check out my melons checking out Sophie's melons!" Matty, via text

State State

D

"Are you sure you want to watch Match Of The Day?" 2

9
## Peta peppers us with piccies of her pert and perky boobs!

i Peta! This shoot's in a raunchy hotel – it looks like somewhere you'd have a one-night stand! It does! It's owned by the same man who owns the Embassy nightclub. It's very "boutique". It looks like the ideal place for a naughty time. You're right there! There's even a hot tub on the roof! I think being in a sexy location like this makes me look better in the shots, because I'm thinking, "These are some sexy surroundings," and my mind starts to wander!

What's a guaranteed turn-on for you in the bedroom? Don't be scared of me! I like a man with a bit of confidence. I don't always want to be the one going, "Come on, then, let's get to it!" Have you got anything planned for summer? I haven't really got any holidays in the pipeline. I'm staying in Britain, as I love England in summer. Staycations are brilliant fun in my book. Good, because normally, all the fit women go abroad in summertime and leave us! No, I'll be knocking around in a pair of flip-flops and a bikini, don't worry about that! 🗭

What do you look for in a bikini? I have a nightmare with bikinis because of my boobs! So I end up having to wear something that either looks nice but isn't practical - there's gonna be spillage - or go practical and not as sexy. There's no right answer to this! When blokes check you out from behind their sunglasses, can you tell? It's not just blokes - I do it, too! You can always tell when someone's checking you out, especially if they're trying to hold a conversation with you at the same time. Blokes sometimes forget that where your eyes are looking is one thing, but the direction of your head can give it all away. I'm an expert at it! Which do you prefer: a sunburnt British bloke or a tanned-up Spaniard? A burnt Brit, all day. I like it because it shows enthusiasm. It says, "I know we're only going to get about three days of sunshine but I'm going to enjoy it. I've bought a crate of beer and a barbie, and I'm going to have a good time!" What's your favourite thing about summertime? I get uncomfortable wearing layers of clothes. So to just have a single layer is happy times. That's probably why I'm a glamour model! I also like Pimm's. It's got fruit in it, so it's good for you, too! Have you ever had sex on a foreign beach? I haven't. Does that make me boring? Not at all. Why not, though? I don't know. I'm not really one of those people who'd get thrilled by the thought of getting caught. Plus it's all a bit public. Not me. What was the last sexy thought you had? It was something to do with the Victoria's Secret underwear models. They're so fit. If I had a boyfriend and he

Int. If I had a boyfriend and he got with any of them at any time, I wouldn't hold it against him. **Could they convince you to go for a bit of girl-on-girl action?** I wouldn't be up for a threesome because I'm selfish. There's only ever going to be one other person at a time involved. With another partner, you're asking for trouble. And I don't want someone even fitter than me in bed with my fella. I'd just want to stroke them softly and gaze at them!

"The hotel's hot tub made he feel sexy!"

"All that money for the room and not even one pillow!" "The remote control must be somewhere"

"Are you sure you didn't shrink my bikini in the wash?" "Like my new swimming outfit?"

PETA TODD

"If your name's not down, you're not coming in" 14 13 -

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180.00



## The top comics on the new series of their sketch show!

i Mitchell and Webb! When Nuts visited you on the set of your sketch show recently, we discovered that due to BBC cutbacks, the snooker commentators are now hosting late-night dog poker on the Dave channel. Whose idea was that?

Mitchell: It came out of one of our writing meetings. Down the pub?

Mitchell: No. It was in a house. In a room. With biscuits. Webb: Late-night dog poker - rejected by the BBC, chosen by Dave. We thought, "Well, that sort of writes itself." Mitchell: Everything's having trouble at the moment because of the credit crunch, the internet and the environment. Webb: Even snooker isn't safe. Mitchell: My fear is that someone commissions latenight dog poker between us filming it and the show going out, and it's no longer satire, it's just copying. They've had Dog Borstal on BBC3. In many ways, dogs should be getting involved in more formats. Is there some sort of quality control to make sure you haven't gone off the rails? Mitchell: Our producer is accommodating. He lets us do pretty much what we want. Unless he reckons the BBC wouldn't transmit it, which obviously covers a larger range of things, what with everything having got ruder because of Russell Brand. Webb: We're probably offending dogs now. Careful. Mitchell: As soon as dogs start to write in...

Webb: Championing all their dog rights...

Mitchell: I don't know what percentage of The Daily Mail readership is dogs. But if it gets high enough to affect

advertisers, you can bet the BBC will be quaking in their boots as we lose the terrier constituency because they don't like some of the things we've been saying about the Church of England. Er, right. So which other characters are back? Webb: Recurring characters? We don't really do them. Mitchell: There's a sketch with Sherlock Holmes in it, but he's not really our character. Webb: "We've had a brilliant new idea for a character -Sherlock Holmes!" We have a couple of footballers who talk to each other like they're actors. "Darling, you're doing some lovely work there."

## "We were bored of each other long before we were on TV"

Which is more fun to make – That Mitchell And Webb Look or Peep Show?

Mitchell: Peep Show is a slow and laborious process but that actually takes the pressure off because you've got more time to get your performance right. Webb: Peep Show's scripts turn up being brilliant. You're excited and look forward to reading out the funny jokes. Mitchell: With the sketch show, there's a constant change of location, costume and set, so it's a lot more work.

DOG PO

## A lot of people were rude about Horne and Corden's sketch show. Are they nicer about vours?

Mitchell: People go hot and cold on sketch shows. I think we're due for someone to write an article titled. "What's the point of sketch shows? Aren't they going to stop?" Might you do another film? Mitchell: No. Magicians happened because Jesse Armstrong and Sam Bain [writers of Peep Show] wrote it, and Andrew O'Connor [producer of *Peep Show*] directed it and asked us to do it. So that's our "getting into film" technique. No one seems to have repeated that particular sequence of events. Webb: We audition for other people's films. We just haven't got any so far.

Mitchell: We're not about to start writing a film script ourselves. because that sounds very difficult. And things being difficult is one of the many reasons not to do them. Finally, after four series of That Mitchell And Webb Look and six series of Peep Show, are you completely bored of each other yet? Mitchell: Oh God, yes. Webb: Sixteen years and we've scarcely spoken to another human being. Mitchell: We were bored of each other long before we were ever on television!

That Mitchell And Webb Look starts next Tuesday on BBC2

ur first time

## They're made of stone but packing plenty of wood!

L CAFE CIH

S



These two chaps stand outside the Franz Kafka Museum in Prague, where they're forever widdling into a pool shaped like the Czech Republic. Odd.

### **RANDY RUSSIANS!**

Look at this statue outside one Moscow art museum that depicts the Statue Of Liberty holding a massive penis. Just don't let Barack Obama see it!

### **BALI BONER!**

This traditional statue in Bali is one of the naughtiest here. We're not quite sure it should be on public display but it's one hell of a party trick!

### WE ALL WANT SOME!

Samuel Gompers (the big fella) was an old US union leader. If his statue is anything to go by, he also liked to have loads of midgets fight over him. Weird.

## RUDE STATUES

### SANTA'S SEX TOY!

We're sure Father Christmas isn't gay, so we're puzzled as to why this version of him in Rotterdam is holding a big butt plug. It must be a "little helper"!



### **CHECK OUT MY PACK AGE!** This chap is Lange Wapper, a Dutch giant who could leap miles in a single bound. It also enabled normal-sized folk to gaze in awe at his scrotum.

NAUGHTY FOUNTAIN! In the Old Town district of Dubrovnik, Croatia, you'll find this fountain. All we have to say is, she's a strapping lass, and clearly not very shy.

THIS STATUE SUCKS... MAN! This is a sculpture of George P Vierheller, first director of the St Louis Zoo, USA – a man who truly loved animals. And, it seems, they loved him back. ■

Nuts 43

Pinder's back - and she's saucier than ever everything with object her naked, we'e object her naked

## LUCY PINDER

i Lucy! Crikey, this shoot's a bit steamy, isn't it? Did you enjoy doing it? Yeah, it was great fun! When I heard that the theme was going to be "soft bondage", I thought, "This should be good!" It was fun to do something a bit unusual and show off a different side to myself. Well, we're certainly not complaining! Do you recommend a bit of soft bondage, then? When I do The Truth About Sex in Nuts, loads of lads write in saying they want to spice things up in the bedroom, but don't know if it's a good idea. I tell them that they don't want to bring in so much stuff that they'll scare the girl off but that, sometimes, it's nice to experiment. You don't have to go down the sex shop and pile your basket with everything. Most girls have a little scarf lying around that you could use to tie each other up with. Or start with a bit of hair pulling. Ease her in gently.

## Maybe start with some hair pulling. Ease her in gently

If a bloke's shy about trying something his missus has suggested, how should he deal with it? If you're really uncomfortable with something, obviously you're not going to relax and you're not going to enjoy yourself. But if she's asking you to do it, it's not like you're going to embarrass yourself. Give it a go-you could really enjoy it! Some people get a bit freaked out by trying new things but a lot of the time, you can have a giggle with it. How rude are you when it comes to bedroom activity? On a scale of one to ten, if ten was really unspeakable stuff, I'd probably be an eight. Actually, better make that 🛋

It was the last time she'd switch the footy off before the end of the game

Her boob polishing routine drew a big crowd -

18: 18:

## LUCY PINDER

a seven point five. Like I said, I'm up for experimenting with new things in the bedroom, but I don't want people to think I'm freaky or anything! Oh, we're sure they'd never think that. Are there any rude things you've never done but would like to? None of the "classic" places to have sex really appeal to me. If you want to join the mile-high club, the only place you can do it is in those little toilets and that doesn't sound very sexy. And sex on the beach sounds romantic in theory but, in reality, you're going to end up getting all sandy. To be honest, I think I've done pretty much everything I want to, which is good because it means I'm more than satisfied! What one rude thing would you never do? I'd never have more than one other person in the bedroom with me. Isn't a threesome most men's ultimate sexual fantasy? Well, I think the reality could never live up to the fantasy, so it's probably best to daydream about it and leave it there. For me, sex should always be with just two people.

### What's your rudest outfit?

I haven't got any *really* rude outfits. I get to wear sexy stuff on shoots but I don't get to take any of it home! I like little playsuits at the moment, though. They're a good way to get away with wearing really short shorts without exposing your pants! They leave a little bit to the imagination.



The candles made for a handy shoe cleaner

## /m well up for experimenting with new things

## LUCY PINDER

What's the naughtiest thing you've worn on a night out? You know what, I actually try to cover up when I go out. I'm quite shocked by what some girls go out in. I follow the "legs or cleavage" rule, which means I'll show one or the other but not both.

Which of the two do you prefer showing off? I'd have to say cleavage. I haven't got great legs because I'm so short, so that's the way it is. Your legs look pretty damn fine to us! What's your favourite rude word? I can't say it in the magazine but it's the rudest one of the lot. When it's used properly, that word can be really effective! And there was us thinking you're a nice girl! Ha-ha! I probably say it a bit too much, if I'm honest. I swear quite a lot. When you use swear words too much, they can lose their power a bit, so I try not to use them all the time. But I'm definitely a bit foul-mouthed, I'm afraid. Sorry to disappoint you, Nuts!

## There's nothing wrong with an occasional bit of dirty talk

Are you a fan of talking dirty in the bedroom? There's nothing wrong with a bit of dirty talk. But you're better off just going straight into it otherwise, what's the point? You have to be aware of what your partner likes, though. Don't judge it wrong and just start shouting in her face! If you're with someone and you know what she'll find exciting, just go there. But as a rule, don't burst into shouting terrible things the first time you sleep with a girl, as it might put her off for life! Rude rhymes with nude. **Coincidence?** That's an excellent coincidence! They go hand in hand. Very good rhyme, Nuts. Well done. 🗭

Birdseye was in no hurry to get <u>his fishnets</u> back

"Quick! Someone find the 3D glasses!"

Did you feel extra rude on this shoot? I think for girls, how you dress really affects how you feel. So if you're all trussed up, you feel naughtier. I definitely did on this shoot – it was really tough and sexy, and I felt that way. What you're in and where you are really changes your mood and how you act in front of the camera. Rude movies: do you watch them and would you ever star in them? I watch them, yes, but I'd never star in them because it would be asking for trouble. Can you imagine? I have nothing against people who enjoy making them but, for me, it wouldn't be worth the anxiety of knowing they exist. I prefer to leave that kind of thing to the professionals. Who's the naughtiest person you know? As far as being rude in the bedroom goes, it has to be Sophie Howard, definitely. She's a very naughty little girl, that one. But everyone at *Nuts* already knows that, don't they? After speaking with her, we know there isn't a lot she isn't up for in the bedroom. She's far naughtier than me. Bless her! So if you wanted to make your next shoot even sexier, would you suggest we bring in Sophie to join you? We'd have to, wouldn't we? With Sophie's lips, a photo shoot immediately becomes steamier and naughtier, doesn't it? She just screams sex, that girl! So what are you waiting for? Let's get it on!

## If you're trussed up, you feel naughtier

The pole vaulter had bitten off more than she could chew

999999



## **Neet the new-look England** Don't fret, Three Lions fans - the future's bright with Merse's brand-new team!

### **JOE HART**

Age: 23 Club: Man City 'Hart is an excellent shotstopper and seems to have the right no-stress attitude that every goalkeeper needs.'



Age: 24 Club: Bolton 'It's fine to say a centre-half should be able to bring the ball out, but he needs to be able to defend, too. And Cahill can.'

ASHLEY COLE

Age: 29 Club: Chelsea 'Cole will be 33 by the time the next World Cup comes around, but I don't care. When you're that good, it doesn't matter.'

### **GLEN JOHNSON**

Age: 25 Club: Liverpool 'Johnson is great going forward but defensively, he struggles. Maturity will help him because he has the tools.'

### JACK RODWELL

Age: 19 Club: Everton 'This may surprise people but I've watched Rodwell plenty of times and I think he could become a top, top centre-half.'

## **Nuts** SPORT

### THEO WALCOTT

Age: 21 Club: Arsenal 'Walcott still has loads of potential and if he gets a good run at club level, he can be a decent international player.'

### WAYNE ROONEY

Age: 24 Club: Man United 'Rooney had a rotten World Cup but he's only 24, so there's still time for him to prove he's the best player in the world.'



### JAMES MILNER

Age: 24 Club: Aston Villa 'I'd play Milner on the right. His crossing is decent but his biggest asset is his heart something England need.'

### **DAN GOSLING**

Age: 20 Club: Everton 'Gosling really seems to know

the game, despite being so young. I see him in a holding midfield role for England.'

## JACK WILSHERE

Age: 18 Club: Arsenal 'Wilshere makes the job of receiving and shifting the ball look so easy. He's the creative influence that England need.'

## ADAM JOHNSON

Age: 22 Club: Man City 'I still think Capello should've taken Johnson to the World Cup. He's a natural left-footer who enjoys going past people.'







## enns ace? Skin-flick star or Centre Court racket swinger? You decide!



ANSWERS: 1. TENNIS 2. TENNIS 3. TENNIS 4. SEX 5. TENNIS 6. SEX 7. TENNIS 8. SEX 9. TENNIS 10. SEX 11. TENNIS 12. TENNIS

## He's footy's funniest pundit – and he's only in Nuts!

# What an adventure, but what a shame!

can't believe it's all over, but what an incredible time I had over in South Africa for the World Cup! It's just gutting that it ended for me and all the other England fans on that awful day when we faced Germany.

It actually felt very much like

**ONLY IN** 

a matchday Saturday back home, with coaches, minibuses and camper vans packed with fans on the highways. The service stations were full of rival fans as English and German supporters greeted each other with mutual respect. Like us, the Germans travel in large numbers and are just as passionate about football. I loved the Free State Stadium with its 45,000 all-seater capacity, and as the kick-off drew near I was genuinely excited. I just couldn't believe what happened over the next 90 minutes, as Capello's team collapsed.

D CUP

GES

The Three Lions yet again lacked the passion and desire that we expect when wearing an England shirt. They came up against a classy young German team who had bags of pace and were clinical finishers. Who knows

where we go from here? The next match is only six weeks away, an international friendly against Hungary at Wembley on 11 August. The FA need to make some big decisions very guickly.

It was a terrible tournament for England, but I've got fantastic memories. Let's just hope that the 2010 Fifa World Cup leaves a legacy for the South African people, who are living in such poverty. I'll never forget them.



## RUMOUR HAS IT

I hear that the young Greek midfielder Sotiris Ninis could be heading to Man United in a £10m deal





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NO

## **Nuts** SPORT

## UNBELIEVABLY

What a coup for Manchester City to get Spain star David Silva's signature! An absolutely top player, he'll be one to watch next season



## **UNBELIEVABLY**



Sepp Blatter goes from strength to strength, eh? How did it take him so long to apologise to England and why was he against goal-line technology for so long?

## **SK KAMM** Hi Kammy!

With all the financial turmoil at Anfield and following their worst season for some time, do you think Roy Hodgson will be a success at Liverpool? Ged O'Leary, Kirkby

Well, he's really got his work cut out! It depends on how the American owners get on with him and what kind of transfer budget he's handed. Roy's a lovely

fella and I hope it works out for him. It's a real shame for Fulham, though!



## **1 ASHLEY COLE TO REAL MADRID £20 MILLION**

**CHRIS' CRYSTAL** 

"All the signs point to the rumours that Cole could be fed up with playing in England, so I think this could happen." KAMMY SAYS: 3/5

BALL

**Chris rates** 

this week's

transfer rumours!

SAMSUNG

### **2 SCOTT PARKER TO ASTON VILLA £12 MILLION**

"I can't believe that West Ham would let someone like Parker go. He's far too important a player at Upton Park." KAMMY SAYS: 2/5

## **3 EDIN DZEKO TO MAN CITY** £40 MILLION

**SROBE** 

"The German striker is hugely over-priced and City have too many strikers. If they sell a few, maybe, but I'm not convinced" KAMMY SAYS: 2/5

## DRAW

This is a smasher – good work Daniel! Keep them coming, folks! Can you beat it? Send in your efforts and a signed Nuts T-shirt could be on its way to you! -

## Kammy needs you!

Send Kammy your jokes, pics and anything else you think might tickle him to kammy@ipcmedia. com. The best one each week will be sent a signed Nuts T-shirt!



"Yeah, I've put some weight back on. What of it?"

**ONLY IN** 

WORLD CUP 101**TAKING OFF!** DIEGO FEELS FAB! "I still say we should've taken a plane" "I've been using Ronaldo's gel" "Yeah, cheers that, JT! Capello PAAAARP! **SPIKY FELLA!** grabs his nuts! "Chamone, "I caught a fish muthaf\*\*ka!" and it was this big!" WEBB: CAMP! **SPRAY ME! HEADS UP!** 

"My new

gel is on the

sticky side"

RING OF TRUTH

Football seen through the *Nuts* comedy glasses!

"Whatever you do, don't light a match!"



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OUOTE ME ON THAT!' Sporty types talking a load of toilet!

"Spain have had one

"My farewell was so sh\*t. Four years ago we were heroes. Today we are just b\*llocks"





"We've told our players to wrap up warm, blow dry their hair after showers and listen to their mother's advice" sistant coach Hansi Flick reveals Germany's secret

"The most important player on the pitch is the two centre halves at'll be two

ers then,

Alan Hansen

World Cup tactic



"Rooney is big and strong. Although he's not a big and strong

Frankie Dettori exposes himself.

plaver" K, Paul Merson



"Franz Beckenbauer has spent an hour too many under the sunbed" Andy Townsend on the orange Kaiser.

**'OO-ER SOUNDS A BIT RUDE' CORNER!** 

"I met the Queen today,

she said she loved me in

WOR

D CUP 2010!

**"The Russian** 

club wanted

**Bentley.** That

didn't sound

like a good

deal to me"

Harry Redknapp on two players with good engines.

to swap Honda for

- "Once Cisse opened his legs, he showed he can be a real handful" Craig Burley on
- "The players have affection for Maradona. especially when he brings them off" Mark Bright's in the know.

"Rafael Nadal got his monster weapon out just when he needed it" 5Live's Annabe Croft on Rafa's a



## Nuts REALGIRLS E BEST OF BRITISH HOTTIES

# DM BEDRO BABE The Pic she

Sent us!

Danielle 19, Norfolk, barmaid "I do a lot of dancing, which is loads of fun! It helps me stay trim and increases my flexibility. And that's very useful!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.

## "I've got a bunny outfit it makes Easter sexy!"

## TURN TO VOTE FOR OUR NEXT BEDROOM BABE!

Nuts 65



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Ladies, send us your pictures! Send your photos to Real Girls UK, *Nuts*, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

ONLY IN Nuts!

**Sammy 21, Leicestershire, designer** "I'm very good at massages, so for a night to remember, I'd

give my man a full body rub!"

## Carmen

**21, Falkirk, receptionist** "I'm very attracted to boys with piercings. A diamond stud in the ear is so sexy on a guy!"

## Jenna

**22, Portsmouth, importer** "A bloke once said to me, 'Can I have your photo? I want Santa to see what I want for Xmas!'"

## Louise

**25, Preston, student** "I love a man in a sexy suit – if you turn up for a date in one, you'll be in for a wild time!"

## Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

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**ONLY IN** 

THIS WEEK: Holly Jay 20, Milton Keynes

Where's the craziest place you've had sex? "The maddest place I've ever had sex is on a beach in Spain. It was very hot and something I'd do again!"

What's your trademark move in the bedroom? "I don't have one, but I'm always up for trying different and new things. So in a way, everything is my trademark!"

What really turns you on? "Dirty talk! The naughtier it is, the better it is. I like it best whispered in my ear."

Do you like to be dominated in the bedroom or do you prefer to be in control?

"I prefer to be dominated and for someone to tell me exactly what they want me to do to them – and what they want to do to me!"

**5** Apart from your mouth, where's your favourite place to be kissed? "My neck – it's definitely the way that any sex should start."

What one rude thing do you think every girl should try at least once? "I think every girl should try having sex outside or somewhere where you might get caught. I've never actually been caught yet, so that might put me off when I do!"

Have you ever got it on with another girl? "No, I haven't. I wouldn't have a threesome because I like to give my man as much attention as possible. But then again, never say never!"

What's your role-playing costume of choice? A French maid or nurse's outfit are my favourites. I love dressing up for the bedroom – it's a fun way of spicing things up!"

9 If you could ask a man to perform any sex act for you, what would you want him to do? "It would be for him to blindfold me and really tease me. I'd beg him to do whatever he wanted to me until I couldn't take it any more!"

> **10** Have you ever made a sex tape? Would you like to?

> "I haven't, but I'd definitely be up for making one. I guess I just haven't been with anyone who's wanted to, but I'm still looking!"

## **Nuts** REAL GIRLS

# REAL GIRLS, Nutsi REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 68. You must be at least 18 years old.

## THIS WEEK: Name: Leanne Age: 21 Boobs: 32D. "They're my favourite things!" Likes: "Funny boys!" Have you ever kissed a girl? "Many times!" Strangest place you've had sex? "In the woods, up against a tree!" Sex tip: "Buy me flowers!"

SHALDO

Leanne's Saucy guide to Shaldon Seeing the sunny side in the sexy Southwest!

## Leanne on... her home!

"We're in Devon. There are loads of nice beaches and the moors are near here, so it's good for sunbathing and walks, but it's rubbish for shops. Boo!"

## Leanne on... the beach!

"This is Shaldon beach. It's great for barbecues, although it gets really busy in summer. I don't sunbathe topless because I'd attract pervy old men! Eek!"

## Leanne on... being healthy!

"I like to be as healthy as I can and exercise a lot. But I've been a bit naughty this week as I've eaten a lot of cake! Ha-ha!"

"I'm a 32D. I show my boobs off in bikinis and vest tops but I don't like to have too much on show because it leaves more to the imagination!"

Leanne on...

her boobs!

HELLO!

## **Nuts REAL GIRLS**

## Leanne on... her sleeping habits! "I get up really early, but I go to

"I get up really early, but I go to bed about 10 because I've tired myself out. I'm the biggest fidgeter in the world but I still like a cuddle if I can get one!"

## Leanne on... shopping! "I have a habit of buying

dresses every time I go out but never having anywhere to wear them. I wear black as it makes me look tanned and slim!"

## "I like to show off my boobs!"

## Leanne on... her mobile!

"I'm always on the phone. I get told off for chatting all the time. Friends, nan, mum, stepdad, I talk a lot because I'm fun!"

## Leanne on... getting ready! "Getting ready takes about an

hour but I faff about for ages trying on different outfits. I usually just go out in the one I tried on in the first place!"

## Nuts PROMOTION



NEW TO Nuts!

> FIRETRAP GALAXY KNIT Great light knit for long summer evenings. £22

G-STAR ELWOOD HERITAGE JEANS Loose-fit jeans with a nod to trendy workwear.

A DAY ADDRESS AND A DAY AN

Para OC

WAYFARERS A cheaper version of the Ray Ban classic. £12

SOVIET

LACOSTE ALBANY Bang on-trend, simple two-tone trainers. £30



DIESEL T-FACCIN TEE Stand out in the crowd with this bright summer T-shirt. £30

ALL ITEMS AVAILABLE AT WWW.NUTS.CO.UK/FASHION
### Nuts REAL GIRLS

# CONFESS TO OUR SECRETARY!



## 'The window cleaner got "paid"'

After popping out to the shops one day, I went home to do some housework. There was a knock at the door and it was a window cleaner – and he was gorgeous! I told him that as a student, I didn't have a lot of money. He replied that he could accept other types of payment! So I invited him in and we started kissing in the hallway, his hands immediately going up my skirt. I unzipped him and took him in my mouth. Then I slipped a johnny on him, he turned me round, put his hands on my hips and took me from behind until we both came. Now I always get my windows done for free! *Anon, by email* 

Anon, by email

## 'I was begging him for it'

I was happily watching TV when my fiancé started rubbing and squeezing my nipples. I told him to stop it but he was so horny, he kept going while getting hard. He started stroking my body all over and even sucked my nipples. I couldn't help myself – after all, it was *Sex And The City* we were watching – and I wanted it so much I couldn't take it any more. I asked for sex but he ignored me and kept going, working on my boobs. I was so desperate that I had to scream and beg for it but *still* he wouldn't. Eventually, I threw him onto the bed and demanded a proper seeing-to. He got on top of me and slid inside me. I started gasping and yelling straightaway and that made him do it harder until I exploded all over him! My face went bright red and I couldn't look at him for an hour. And I never did manage to see the rest of the film. But I can't wait to see the seque!

100%

Anon, London

## 'I pleasured him with my mouth'

A few years ago I worked in a nice beauty spa out in the countryside. This fit guy had been in for a few back rubs but on this particular day, he had booked a full body massage. As usual, I got him to lay on his front and began to massage his back and then the back of his legs while thinking pretty naughty thoughts. When he turned over, I noticed something quite pleasant under his towel! I smiled at him and he smiled back, removing his towel as he kept eye contact. I told him to close his eyes while I attended to him with my mouth, and it wasn't long before he sat up, pulled my mouth close to his, and then pushed his hand up my uniform and into my soaking wet knickers. We were at the end of our session, so sadly had to stop there, but he's booked in for next week for the full experience!

Sue, Surrey

## 'I felt his bulge

get bigger' I was sleeping at my boyfriend's house one night not too long ago and his mother had asked him to do the ironing as his parents were going out for the night. Watching him being all domesticated and doing his shirts, really turned me on. I kept giving him cheeky comments as he smoothed out the clothes with the iron. At first he just laughed, but when I told him that I wanted him to "press me", he whipped his top off and threw it at me. I jumped up and started kissing him passionately - this domestic scene was really making me wet. He pulled me towards him and I felt his bulge getting bigger. While he stood at the board. I gently pulled down his pants and told him to get on with his chores. So, as he got busy with the iron, I got busy with my mouth and boy, did he love it! The excitement got to him and after jerking wildly, he groaned and came all over my clothes! I had to take them all off and wear some of his. The next morning, his mother took my jeans, top and underwear out of the washing machine and looked a little puzzled. I'm sure she'd had an idea what had been going on! Rebecca, Newcastle



Ladies, send your raunchiest confessions to **louise\_prior@ ipcmedia.com** or to the address on p68. The best one each week\* wins £50! Come on, girls!





**£10** 

£50

£65

## **Trekstocktee**

This charity tee was designed by the Maccabees! www.trekstock.com

### **Penfield trousers** Tidy summer slacks with a nice turn-up

Tidy summer slacks with a nice turn-up detail. www.urbanoutfitters.co.uk

Phil Smith Styling Wax & Shaping Cream cao If you're after great hair products that don't break the bank, look no further.

GROC



### **2** FCUK Black Bodywash & EDT <u>E4/E13</u>

This new limitededition grooming range is ace! Available at Boots



### **3 Ted Baker** Skinwear Limited Edition EDT 624

Gents, this is the perfect summer fragrance to get the ladies on your side! 0800 083 8416



## 4 Bulldog Moisturiser & Shave Gel

These are packed with natural ingredients to rejuvenate your skin. 020 8969 6006



### **5** Organic Homme grooming range From £9 This stuff will handle

your skin with care. organichomme.com 

These denim shorts are perfect for festival season. www.lee-store.com

£68

## **£80**

### Adidas Italia trainers Fans of retro terrace clobber will love

these re-issues. www.jdsports.co.uk

adidas Italia

# NUTS REVIEWS

## **GAMES!**

Crackdown 2 lets you gain mission achievements in the demo – a first



**SINGULARITY** 



First-person shooter where everything just works. The Macguffin - a device that fastforwards or rewinds time – is great fun. Good stuff! ★★★★

Great fusion of Harry

Potter and plastic bricks takes the usual

roaming adventure

and sprinkles on

some Lego magic dust. Cool! ★★★★



LEGO HARRY POTTER: YEARS 1-4 ALL FORMATS



Much-anticipated sequel to the Xbox hit sees your plucky future coppers return to a now criminal and zombie-infested

**CRACKDOWN 2** 

Pacific City and dish out some law with bigger guns, faster cars and four-player online co-op. You know the score, it's a fine sequel bigger, better and violently sillier. If you liked the first, this is a stickon purchase.  $\star \star \star \star$ 

XBOX 360



## DVDS/BLU-RAY!



### **GENERATION KILL: THE** COMPLETE SERIES CERT 15 BLU-RAY



76 Nuts

From the people behind The Wire, this gritty drama set in Baghdad has the same realism as the Baltimore-based TV series, with an

even larger dose of caustic humour and shocking scenes from the first 40 days of the Iraq War. Seen from the viewpoint of the US Marines, this is as close as you'll get to the action without having to don body armour!  $\star \star \star \star \star$ 

### PREDATOR FULLY LOADED EDITION CERT 18 BLU-RAY



## The full version of

this classic Arnie movie in Blu-ray. Look hard enough and you can see the Predator in the jungle now! ★★★★

### **BEYOND THE POLE**



Two blokes try to complete the first carbon-neutral veggie expedition to the North Pole in this mockumentary. Cool! \*\*\*

### STARGATE UNIVERSE SEASON 1 CERT 15 DVD & CERT 15 DVD & BLU-RAY



If Stargate's your thing you'll love this first season on Blu-ray. Us?

We can take it or, more often, leave it. Average. ★★★

## **MUSIC!**



**BIG BOI** SIR LUCIUS LEFT FOO<sup>-</sup> CHICO DUST



Mad name, brilliant album, from the one out of Outkast who isn't André 3000. The single,

Shutterbugg, is one of the hip-hop tunes of the decade.  $\star \star \star \star$ 

## **VARIOUS ARTISTS**



Top turn DJ Eddie Halliwell throws together 40 bia tunes from the superclub that is

Cream, many of which seem to be his own remixes. The scamp!  $\star \star \star$ 





EVIEWS: DAN BRIGHTMORE, ADAM RALPH, PETE CASHMORE, RORY BUCKERIDGE

## The latest action-packed releases! Ratings: \*\*\*\*\* Genius \*\*\*\* Very good \*\*\* Investigate \*\* Alright \* Rubbish



Don't worry, this South African gangland tale has nothing to do with Coolio. Instead, we follow the car-jacking spree of young Soweto

hoodlum Lucky as he climbs the criminal ranks. Ten years later, he's a Robin Hood-style kingpin in Johannesburg! ★★★★





JULY: BIKINI COMPS AND SPECIAL GUESTS!

INCHY STRYDER!

NUTS PROMOTION



Tinchy Stryder rocks Eden! And the Nuts cover girls come along to party!

## For more info, go to www.nuts.co.uk/

Nuts 6	ONE	TWO	itv 1
	6.00am Breakfast 9.15 The Estate We're In 10.00 Homes Under the Hammer 11.00 Real Rescues 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.25 CBBC 5.15 Weakest Link: <i>General knowledge</i> <i>quiz</i> . (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather	6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.10 The Flintstones (R) 11.35 The Flintstones (R) 12.00noon Daily Politics 12.30pm Working Lunch 1.00 The World at War (R) 1.50 Hands on Nature (R) 2.00 Open Gardens (R) 2.30 Ready Steady Cook (R) 3.00 Diagnosis Murder (R) 3.45 Flog It!: From Rochester in Kent. (R) 4.30 Ben Fogle's Escape in Time 5.15 Escape to the Country (R) 6.00 Eggheads (R) 6.30 Antiques Road Trip (R)	5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal 3.00 Celebrity Pressure Cooker 4.00 Midsomer Murders: <i>Drama</i> . (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News
Seven days of brilliant 7pm	7.00 High Street Dreams Entering the competitive market of	7.00 Coast Paddling piffle. (R)	7.00 Emmerdale Goat-herding nonsense.
Seven days of brilliant telly for blokes!	homewares. We'll leave them to it. 8.00 EastEnders	8.00 Hampton Court Palace Flower Show 2010	7.30 Coronation Street Cobbled-street codswallop.
telly for blokes:	More from the squabbling Cockneys. <b>8.30 QI</b> Impossible quiz. (R)	The show's conceptual gardens. Swotty plant stuff then, in other words. <b>9.00 Dive</b>	8.00 Dickinson's Real Deal Orange-bonced David Dickinson helps people sort their treasures from their tat.
	9.00 My Family	Drama with Jack O'Connell.	8.30 Coronation Street
	NEW Ben pretends to be disabled. You'll have to pretend to care if you're made to sit through it. 9.30 The Old Guys	10.00 How Not to Live Your Life Don searches for a new lodger.	<b>9.00 Doc Martin</b> Jug-eared doctor Martin Clunes encounters his ex-girlfriend. Uh-oh! (R)
	<b>NEW</b> Tom and Roy enter a pub quiz. Cue canned laughter.	10.30 Newsnight	10.00 ITV News, Weather
	10.00 BBC News, Weather 10.35 Friday Night with Jonathan Ross MUST-SEE With Jimmy Carr and Tom Jones.	11.05 Golf: The Scottish Open SPORT Ball-smacking from the Loch Lomond Golf Club.	10.35 Smokin' Aces PREMIERE Cool comedy crime drama following
	11.35 The National Lottery Friday Night Draws	12.05am Confessions	two FBI agents protecting a Vegas magician about to testify against the Mob.
	11.45 Down in the Valley PREMIERE Drama starring Edward Norton.	of a Dangerous Mind FILM Fact-based comedy drama starring Sam Rockwell.	12.35am The Zone Go to bed!
Man and an and an	1.35am Sign Zone: The Great Rift (R) 2.35 An African Journey with Jonathan Dimbleby (R) 3.35 Put Your Money Where	<b>1.50-3.05am Ettm</b> The Hitch-Hiker: Suspense thriller starring Edmond O'Brien.	2.35 ELLA All That Heaven Allows: Romantic melodrama. 3.55 Touching Evil 4.50-5.30am ITV Nightscreen

**TV PICK OF THE WEEK!** 



sky SPOR 6.00am Good Morning Sports Fans 7.00 World Cup Report 7.30 Good Morning Sports Fans 8.00 World Cup Report 8.30 Good Morning Sports Fans 9.00 Cricket (HD) 11.00 Premier League World 11.30 IAAF Athletix Weekly 12.00noon Transworld Sport 1.00pm NRL Fulltime 1.30 Rugby League 3.30 Cricket (HD) 5.30 LIVE Cricket: Twenty20 Cup ballclunking between Lancashire Lightning and Yorkshire Carnegie. (HD) 9.00 Premier League World 9.30 Football's Greatest 10.00 World Cup Report 10.30 World Sport 11.00 Cricket (HD) 1.00am Rugby League (HD) 2.30 Boxing (HD) 4.30-6.00am Rugby League (HD)

Your Mouth Is (R) 4.35-6.00am News

TODAY'S SPORT

BBC2 SCOTLAND: 8.00pm T in the Park 10.00 T in the Park

BBC2 WALES: 7.00pm Natural World STV: 8.00pm Postcode

Challenge 9.00 FOOR Football Years 10.35 Children's Hospital 11.05 In Plain Sight 12.00m't Roulette Nation 1.00am Charley Varrick: Crime thriller. 3.00-5.30am The Nightshift

> sky SPORTS 2 6.00am Aerobics 6.30 Ocean Ride 7.00 WWE: Raw (HD) 9.00 NRL Fulltime 9.30 Rugby League **11.30** Racing News 12.00noon Isle of Man Parish Walk 12.30pm Premier League World 1.00 Race World 2.00 IAAF Athletix Weekly 2.30 Premier League World 3.00 WWE: Raw (HD) 5.00 NFL: Total Access 6.00 Ocean Ride 6.30 IEX Magazine 7.00 World Sport 7.30 LIVE Rugby League: Hull KR vs Leeds Rhinos, kick-off 8pm. (HD) 10.00 LIVE Boxing: The bout between Lenny Daws and Steve Williams. (HD)

10.00 UVE Boxing: The bout between Lenny Daws and Steve Williams. (HD) 12.00m² and: Total Access 1.00am Tight Lines 2.00 Ocean Ride 2.30 World Sport 3.00 Cricket (HD) 5.00-6.00am NFL: Total Access

### **ON DIGITAL, SATE**

### FILM4 (315)

Ulster 11.10 Numb3rs 12.00m't Brain Box

ULSTER: 10.30pm SPORT UTV Live, Weather 10.40 Ultimate

6.55pm Guess Who: Romantic comedy starring Ashton Kutcher and Bernie Mac. 9.00 In Her Shoes: Bittersweet comedy drama starring Cameron Diaz. 11.30 Kingpin: Crude comedy starring Woody Harrelson. 1.45-4.00am The Return: Russian drama starring Vladimir Garin.

### COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Frasier 8.30 Scrubs 9.00 South Park 10.00 Lee Evans: XL Tour 11.20 Michael McIntyre: Live & Laughing 12.40am Sean Lock: Live at Hammersmith Apollo 1.50 South



10.00 Ultimate Fighter 11.00 MMA 11.45 UFC 12.15am Talk of the Terrace 12.30 Press Pass 2010 1.30 Cricket World 2.00 Ultimate Fighter 3.00-5.00am Boxing

### 9 JULY FRIDAY FULL 7 **GUIDE!** 'S MUST-SEES



Tommy looks set to become Speaker of the House, while Michael's obsession with Colin puts everyone in jeopardy. Brit actor Jason Isaacs stars.  $\star \star \star \star$ 



## **Friday Night With** Jonathan Ross BBC1, 10.35pm

**COMEDY** This week, Jimmy Carr, magicians Penn & Teller and superstar singer Tom Jones join Rossy on the showbiz sofa.  $\star\star\star\star$ 



## **Stand Up For The Week**

More topical laughs courtesy COMEDY of Rich Hall, Andi Osho, Jack Whitehall and Kevin Bridges. Plus, another celeb receives a grilling in "The Chair"! ★★★★

Channel 4, 11.25pm

Kimberley Walsh: Blue Jean Girl (R)(HD) 3.00 Stargate SG-1 (R) 4.00 Stargate SG-1 Mayor Quimby decides to brings election Brotherhood FX, 10pm Homer lets Bart in on his secret husiness DRAMA It's the last ever episode of the Sopranos-esque crime drama, and operation - manufacturing beef jerky. (R)

11.55 Cops in Crisis More bobbies in bother. (R) 12.00m't Oops TV Your gran will find this hilarious. (R) 12.10am SuperCasino Live interactive gaming. 4.05 SPORT Motorsport Mundial 4.30 1.00am Road Wars 1.50 JLC: West End House Doctor (R) 4.55 Rough Guide to

Star 2.40 Road Wars 3.30 Shear Genius 4.20 Tim Gunn's Guide to Style 5.10-6.00am Smarter Than a 10 Year Old?

6.00am X-Weighted: Families (R) 7.00

Oops TV (R) 9.00 Cold Case (R) 10.00 UK

Border Force (R)(HD) 11.00 X-Weighted:

Families (R) 12.00noon Law & Order (R)

(HD) 1.00pm Cold Case (R) 2.00

(R) 5.00 SPORT WWE Superstars (HD)

6.00 Oops TV: Home videos. (R)

7.00 The Simpsons

7.30 The Simpsons

8.00 Missing Children:

Lorraine Kelly Investigates

The case of Vicky Hamilton, who went

missing in Scotland in 1991. (R)(HD)

Zooey Deschanel guest stars. (R)(HD)

More from lie detector on legs, Cal Lightman. A police officer is shot and left

A competitive gamer is murdered. (R)(HD)

day forward. (R)

9.00 Bones

10.00 Bones

11.00 Lie to Me

paralysed. Ouch! (R)

Brainiac: Science Abuse (R)(HD) 8.00

### LLITE AND CABLE TV TONIGHT

Park 2.50 Two and a Half Men 3.20 Scrubs 4.15 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

6.00am The Hoobs (R) 6.50 Big Brother's

Little Brother 7.20 Big Brother (R) 8.15

Frasier (R) 8.45 5 O'Clock Show (R) 9.45

Deal or No Deal (R) 10.30 Everybody

Loves Raymond (R) 10.55 Friends (R)

11.55 SPORT Kicking Ahead: The Power

of Sport (R) 12.00noon Channel 4 News

Summary 12.05pm Grudge Match (R)

12.15 Relocation, Relocation (R) 1.15

Channel 4 Racing from Newmarket and

York 3.25 Countdown 4.10 Deal or No

Deal 5.00 Vernon Kay's 5 O'Clock Show

6.00 The Simpsons (R) 6.30 Hollyoaks

7.30 The Playboy Murderer

8.00 A Place in the Sun:

More fussy people search for houses.

Bonkers office-based laughs as Jen gets

11.25 Stand Up for the Week

12.30 Mercury Prize Sessions

12.50 The Album Chart Show:

1.15 Big Brother: Live 3.35 This Week's

4Music Top 20 5.25-6.10am Countdown (R)

MUST-SEE Excellent topical comedy show.

NEW Documentary about murderer Thanos Papalexis.

7.00 News

7.25 4thought.tv

Home or Away

9.00 Big Brother

10.00 The IT Crowd

involved with a rock band.

10.35 Big Brother

12.15am Music on 4:

Intros: I Blame Coco

A gig by the singer-songwriter.

12.20 Intros: Devlin

Kate Nash (R)

### BBC3 (115)

7.00pm Top Gear: Alastair Campbell tries out the new Reasonably Priced Car. 8.00 T: Editors and La Roux 9.00 Florence and the Machine and Faithless 10.00 EastEnders 10.30 T: Muse and Calvin Harris 12.00m't Family Guy: Peter befriends OJ Simpson. 12.45am Lee Nelson's Well Good Show: Jason Bent demonstrates his unusual training tips. 1.15 Mongrels 1.45 SPORT World Cup's Most Shocking Moments 3.45 Lee Nelson's Well Good Show 4.15 Mongrels 4.45-5.15am The Real Hustle on Holiday

### E4 (136)

7.00pm Hollyoaks: Kyle tracks Theresa down. 7.30 Friends 9.00 Supernanny 10.00 Supersize vs Superskinny 11.05 Rude Tube 11.20 Big Brother's Big Mouth 12.25-6.00am Big Brother: Live

Islands (R) 5.10 The New Tomorrow (R)

5.35-6.00am Michaela's Wild Challenge (R)

6.00am Milkshake! 9.45 Michaela's

Goddard (R) 11.45 CSI: Crime Scene

Investigation (R) 12.40pm Five News

Neighbours 2.15 Home and Away 2.50

Animal Rescue Squad (R) 3.05 The Family

Recipe (R) 3.10 FILM Backyard Wedding:

Romantic comedy starring Alicia Witt and

Teddy Sears. 5.00 Five News, Weather

5.30 Neighbours (R) 6.00 Home and

Away (R) 6.25 Live from Studio Five

Two new female meerkats cause

A spate of deaths among hippos. (R)

The agents investigate the murder of

of The Office quest-stars, incidentally.

A busker is raped and murdered. (R)

Derek's ex-wife Addison returns to the

hospital to perform an unusual operation.

10.55 Grey's Anatomy

a mathematical genius. Lucy Davis out

8.00 Nature Shock

9.00 The Mentalist

10.00 CSI: NY

a commotion. Noisy neighbours, eh? (R)

7.30 Zoo Days

Animal Road Trip (R) 10.45 Trisha

12.45 Megastructures (R) 1.45

### DAVE (111)

7.00pm Seaside Rescue: A six-year-old boy who slipped and fell on the rocks in Perranporth. 8.00 Louis Theroux's Weird Weekends: American TV's Home Shopping Network. 9.00 Have I Got News for You: Back-to-back editions of the news quiz. 1.40-3.00am Totally Viral

### **MTV ONE (350)**

7.00pm Gossip Girl 8.00 Pink: The Official Top 20 10.00 Pink: Behind the Music 11.00 World Stage 12.00m't South Park 1.30am MTV Cribs Awards 3.00-6.00am MTV Playlist

### VIRGIN 1 (121)

7.00pm Star Trek: Voyager 8.00 Warehouse 13 9.00 Star Trek: Enterprise 10.00 Supernatural 11.00 Eurotrash: The

Sexy Bits 11.30 Sexarama 12.00m't Challenge Jackpot 3.00am Booze Britain: Binge Nation 4.00-5.00am Pyramid Game with Donny Osmond

### SYFY (129)

7.00pm Smallville 8.00 ELM Dragon Hunter: Fantasy action adventure starring Brad Johnson. 9.50 FLM Komodo vs. Cobra: Horror starring Michael Paré and Michelle Borth. 11.40 ELM Merlin and the Book of Beasts: Fantasy drama starring James Callis and Jim Thorburn. 1.30am 3rd Rock from the Sun 2.00 Buffy the Vampire Slayer 3.00 Painkiller Jane 4.00 Angel 5.00-6.00am Smallville

### FX (164)

7.00pm NCIS: Triple-bill. 10.00 MUSTSEE Brotherhood: Last in the series of the excellent drama. 11.00 Life 12.00m't Farscape 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Charlie Jade

## Nuts

6.00am Breakfast 10.00 Saturday Kitchen 11.30 The Delicious Miss Dahl (R) 12.00noon BBC News, Regional News 12.10pm Twe Formula 1: The British Grand Prix - Qualifying: From Silverstone. 2.30 Live Golf: The Scottish Open: The third day in the European Tour event at Loch Lomond Golf Club. 5.15 BBC News, Regional News 5.30 Total Wipeout (R) 6.30 Livesset 101 Ways to Leave a Gameshow: Barmy quiz with Steve Jones.	6.00am CBeebies 7.30 CBBC 12.10pm Animal Park (R) 12.40 The Sky at Night (R) 1.00 We Golf: The Scottish Open: The third day at Loch Lormond Golf Club. There's more on BBC1 2.30 Escape to the Country (R) 3.30 Tiss Sacred Music 4.30 We Athletics: The British Grand Prix at the Gateshead International Stadium.	5.30am ITV News 6.00 GMTV 9.25 The Crocodile Hunter Diaries (R) 10.25 Children's Hospital (R) 10.55 Monk 11.55 News, Weather 12.09 pm London Weather 12.10 This Morning: Saturday 1.10 ETT Columbo: Prescription Murder: Detective thriller staring Peter Falk. 3.10 ETT Superman: Classic sci-fi adventure. 5.55 Creature Comforts (R) 6.05 Regional News, Weather 6.15 ITV News 6.30 You've Been Framed! (R)	6.10am The Hoobs (R) 6.35 FOORT World Sport 7.00 FOORT The Grid 7.30 SPORT MSA British Rallycross 8.00 SPORT The Morning Line 8.55 14: JLS Special: Under the Skin 10.00 Friends (R) 10.30 Big Brother (R) 12.20pm The Hollyoaks Music Show 12.50 T4 on the Beach 2010: Buried Treasures 1.40 TWE Channel 4 Racing from York, Ascot and Chester 3.55 Come Dine with Me (R) 6.35 News	6.00am Milkshake! 10.00 Zoo Days (R) 10.15 POOR Jane Tomlinson Run 2010 11.20 Fifth Gear (R) 11.50 Extreme Fishing with Robson Green (R) 12.50pm Daring Raids of World War Two (R) 1.20 IM Riding Shotgun: Western starring Randolph Scott and Charles Bronson. 2.50 IM Silverado: Western starring Kevin Kline, Kevin Costner and Jeff Goldblum. 5.20 IM Be Kind Rewind: Offbeat cornedy starring Jack Black and Mos Def.
<ul> <li>7.30 The National Lottery: In It to Win It 2012</li> <li>8.25 Casualty More blood-spattered relationship pap.</li> <li>9.15 Live at the Apollo With John Bishop. (R)</li> <li>10.00 BBC News, Weather</li> <li>10.20 A Question of Sport: Uncensored</li> <li>Some "risque" outtakes from the sports quiz. Sue Barker blushing, basically.</li> <li>10.50 That Mitchell and Webb Look</li> <li>Sketches from the Peep Show pair. (R)</li> <li>11.20 Match of the Day: 2010 FIFA World Cup</li> <li>SPORT Highlights of this evening's third place play-off.</li> <li>12.00m't The Relic</li> <li>FILM Duff horror thriller about a monster that kicks-off in the Chicago Natural History Museum.</li> </ul>	<ul> <li>7.30 Placido Domingo in Simon Boccanegra</li> <li>Window-rattling as booming Tenor Placido Domingo performs at the Royal Opera House in Covent Garden.</li> <li>10.00 Have I Got a Bit More News for You</li> <li>Aussie board-wobbler Rolf Harris is guest host on the topical news quiz. (R)</li> <li>10.40 Munich FILM Steven Spielberg's ace political thriller starring Eric Bana, Daniel Craig and Geoffrey Rush, based on the mascare of Israeli athletes at the 1972 Munich Olympics.</li> </ul>	<ul> <li>7.00 World Cup</li> <li>LIVE It's the third-place play-off. Pointless, but hey, it's still football, right? Kick-off 7.30pm.</li> <li>9.30 James Corden's World Cup Live</li> <li>Corden and Clancy joke about the match you've just watched.</li> <li>10.05 ITV News, Weather</li> <li>10.25 Mickey Blue Eyes</li> <li>FILM Rubbish Mafia comedy starring Hugh Grant as an Englishman in New York who becomes mixed up with the Mob after he proposes to his Italian- American girlfriend.</li> <li>12.15am Nightwatch with Steve Scott Doc following the emergency services. (R)</li> </ul>	<ul> <li>7.00 4thought.tv</li> <li>7.05 Return of the Magnificent Seven</li> <li>FILM Western sequel to The Magnificent Seven as Yul</li> <li>Brynner leads seven gunfighters against a Mexican outlaw gang. Great stuff!</li> <li>9.00 Big Brother The latest barmy goings-on from the house. Rather them than us.</li> <li>10.00 Misfits MUST-SEE Darma about a group of kids on community service who gain superpowers.</li> <li>11.05 Star Trek IV: The Voyage Home FILM Sci-fi adventure starring William Shatner and Leonard Nimoy as Kirk and crew travel back in time to the 20th Century. As you do.</li> </ul>	<ul> <li>7.15 Cricket on Five</li> <li>SPORT Bat-swinging highlights from the second match of the three-game one-day series between England and Bangladesh.</li> <li>8.05 Five News</li> <li>8.10 NCIS</li> <li>A supposedly dead Marine suddenly returns to consciousness. Yikes! (R)</li> <li>9.10 CSI: Crime Scene Investigation</li> <li>Captain Brass fights for his life after the shooting. It's tense. Very tense.</li> <li>10.05 Law &amp; Order</li> <li>Detective Falco takes home a woman he meets in a bar. Great! Then he wakes up the next morning to find she's been stabbed to death. Hmm, not so great.</li> <li>11.05 CSI: Miami</li> <li>Natalia is horrified to learn her sister has been kidnapped. (R)</li> <li>12.05am SuperCasino Interactive gambling guff.</li> </ul>
1.45 Friday Night with Jonathan Ross (R) 2.50-6.00am BBC News	1.15am Da Kath and Kim Code: Australian comedy. 2.40-6.00am Close	1.05 The Zone 3.10 October Road (R) 3.55-5.30am ITV Nightscreen	1.20am Big Brother: Live 3.40 What About Brian 4.25 Demolition Day (R) 5.20-6.05am Countdown (R)	4.05 SPORT European Seniors Tour Golf 4.55 The Family Recipe (R) 5.00 Hana's Helpline (R) 5.10-6.00am Milkshake!
BBC2 SCOTLAND: 7.30pm Tin the Placido Domingo in Simon Boccan Tin the Park 12.30-3.00am EMA Spielberg's controversial political th Eric Bana. STV: 10.25pm EMA Pass	egra 11.30 Evil 2.00-5.30am The Nig Munich: Steven <i>riller starring</i> Griff Rhys Jones 11.25 Bra senger 57: Action 2.50 Creature Comforts 3	htshift ULSTER: 10.24pm est Cities of the World with ain Box 2.00am Numb3rs .00-3.10am UTV Rewind	ATELLITE AND C	ABLE TV TONIGH

#### sky SPORTS 1 sky SPORTS 2 FILM4 (315) 4.40pm Oliver Twist: Dickens drama 6.00am Cricket (HD) 6.00am Tight Lines starring Ben Kingsley. 7.15 The Ringer: 8.00 World Cup Report 7.00 Rugby League: Hull KR vs Leeds Comedy starring Johnny Knoxville. 8.30 Premier League World Rhinos at Craven Park. (HD) 9.00 Road to Perdition: Depression-era 9.00 Cricket AM 8.30 LIVE Rugby Union: New Zealand vs gangster drama starring Tom Hanks. 10.30 MUSTSEE Cricket: England are in South Africa at Eden Park, kick-off 8.35am. 11.15 Saw II: Horror sequel starring one-day action against Bangladesh in this 11.00 Boxing: Lenny Daws vs Steve Donnie Wahlberg. 1.00-3.15am Williams in Bethnal Green, London. (HD) second match of the three-game series. Candy: Drama starring Heath Ledger. What's more, they've actually been 1.00pm LIVE Tennis: France take on Spain playing really well recently! Get in! (HD) on day two of the World Group quarter-

final in Clermont-Ferrand, France.

**COMEDY CENTRAL (126)** 7.00pm The King of Queens 8.00 Two

and a Half Men **10.00** Peter Kay at the Comedy Store 10.30 FLM Austin Powers: The Spy Who Shagged Me: Comedy



Asian X Games 2010 11.00 South Africa Nightly 11.30 The Ultimate Fighter 12.30am Press Pass 2010 1.00 Major League Baseball 4.00-5.00am Asian X Games 2010

#### starring Mike Myers. 12.20am Dara O Briain: Live at the Theatre Royal 1.40 South Park 2.40 Two and a Half Men 3.40 The Office: An American Workplace 4.10 Shortcuts Shuffle 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

### BBC3 (115)

7.00pm T: Stereophonics and Paolo Nutini 9.00 T: Black Eyed Peas 11.00 Family Guy: A special double-length episode with a Star Wars theme. 11.45 American Dad! 12.30am Big Meets Bigger 1.30 Bizarre ER 2.00 SPORT Match of the Day Live: 2010 FIFA World Cup 3.40 The Real Hustle on Holiday 4.10-5.10am Big Meets Bigger

### E4 (136)

7.00pm The Big Bang Theory 7.30 How I Met Your Mother 7.55 Friends 9.00 Mean Machine 11.00 HIM Hot Shots! 12.40-6.00am Big Brother: Live

### **DAVE (111)**

6.30pm Crash 7.30 Seaside Rescue 8.10 Dragons' Den 9.30 Mock the Week: Rhod Gilbert, Jo Caulfield and Andy Parsons guest. 10.10 QI 10.50 Never Mind the Buzzcocks 11.30 Mock the Week 12.10am QI 12.50 Never Mind the Buzzcocks 2.40-3.00am SPORT Radical Highs: Mountainboarding.

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### **MTV ONE (350)**

3.00pm Teen Cribs: Priciest Pads 8.00 16 and Pregnant 10.30 Ke\$ha: MTV. co.uk Session: The American singer performs. 11.00 World Stage 12.00m't The Official UK Top 20 2.00am Behind the Music 3.00-6.00am MTV Playlist

### **VIRGIN 1 (121)**

7.00pm Most Shocking 8.00 Sun, Sea and A&E 9.00 ELM Married to the Mob: Gangster comedy with Michelle Pfeiffer and Matthew Modine. 11.00 Sexcetera

7.30 LIVE Rugby League: Egg-chucking 3.30 IEX Magazine with Wakefield Trinity Wildcats vs Hull FC 4.00 World Sport at Belle Vue, kick-off 7.30pm. (HD) 4.30 LIVE Speedway: Tyre-shredding action from the British Grand Prix. 10.30 Football's Greatest: The career of 8.00 Cricket: England vs Bangladesh former Argentina star Diego Maradona. at the County Ground in Bristol. (HD) 10.00 Speedway (HD) 12.00m't Football's Greatest 1.00am Rugby League (HD) 2.30 NFL: Total Access 3.30 IEX Magazine 3.00-6.00am Speedway (HD) 4.00-6.00am Cricket (HD)

7.00pm World Cup Report

10.00 World Cup Report

11.00 Time of Our Lives

12.30am Cricket (HD)

2.30 Football's Greatest





6.00am Brainiac: Science Abuse (R)(HD) 7.00 Malcolm in the Middle (R)(HD) 8.00 Oops TV (R) 9.00 Kimberlev Walsh: Blue Jean Girl (R) 10.00 Got to Dance (R)(HD) 11.00 Got to Dance (R)(HD) 12.00noon Pineapple Dance Studios (R)(HD) 1.00pm Malcolm in the Middle (R)(HD) 2.00 Fat Families: Second Helpings (R)(HD) 3.00 Project Runway (R) 4.00 Liza and Huev's Pet Nation: With comedian Bill Bailey. (R)(HD) 5.00 Futurama (R)(HD) 5.30 Futurama (R)(HD) 6.00 Glenn Martin, DDS (R)(HD) 6.30 Modern Family (R)(HD)

7.00 The Simpsons A visit to a petting zoo prompts Lisa to become a vegetarian. (R)

7.30 The Simpsons Homer becomes a tow-truck driver. (R)

8.00 Oops TV More home-video hilarity. (R)

### 9.00 Erin Brockovich

FILM Worthy drama starring Julia Roberts as a single mum who takes a job in a law firm before kicking up a stink about all manner of environmental issues. Pesky do-gooder. (HD)

### 11.35 Classic Albums Classic Motown tunes with Stevie Wonder's Songs in the Key of Life. (R)

### 12.55am UK Border Force Behind the scenes with the crew at customs, as they go on the hunt for some more illegal immigrants. (R)(HD)

1.50 FLM Blood Monkey (HD) 3.30 Ross Kemp on Gangs (R) 4.20 Guinness World Records Smashed! (R) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)(HD)

12.00m't Challenge Jackpot 3.00am Ninja Warrior 4.00-5.00am Top Chef

### SYFY (129)

6.10pm FILM Sir Arthur Conan Doyle's Sherlock Holmes: Mystery thriller. 8.00 Merlin and the War of the Dragons: Adventure. 9.50 FILM Dungeons & Dragons 2: The Elemental Might: Fantasy adventure sequel. 11.50 Dragon: Fantasy adventure. 1.30am 3rd Rock from the Sun: Comedy. 2.00 The Ferryman: Horror. 4.00-6.00am FILM Ba'al: The Storm God: Thriller.

### FX (164)

6.00pm The Listener 8.00 American Dad! 9.00 Family Guy 10.00 Robot Chicken 10.15 Family Guy 11.15 Titan Maximum 11.30 Family Guy 12.00m't American Dad! 12.30am The Venture Brothers 1.00 American Dad! 2.00 Final 24 3.00-4.00am Swat USA

## **TODAY'S MUST-SEES**



"I feel a bit

### **101 Ways** To Leave **A Gameshow** BBC1, 6.30pm

OUIZ Steve Joiner eight contestants' knowledge to the test as they try to win £10,000, which, so far, all sounds ordinary. But those unfortunates who answer incorrectly are ejected from the studio - which happens to be 100ft up in a tower - into freezing water below, using bungees, cannons, rockets and 98 other mad methods. Sounds ace!  $\star \star \star \star$ 



### **England vs Bangladesh** Sky Sports 1/HD, 10.30am

**SPORT** After swatting the Aussies aside (yay!) in the one-day matches, England must be confident of more success here. This is the second of the three-match series, in Bristol. Come on!  $\star \star \star \star$ 



## Flame & Citron

Sky Movies Premiere/HD, 11.40pm

Danish drama about two resistance FILM fighters in Nazi-occupied Copenhagen during the Second World War, one of whom's the baddie from Casino Royale. Gripping! \*\*\*\*



### **Misfits** Channel 4, 10pm

Five teenagers on community service DRAMA are struck by lightning, giving them superpowers, and us one of the best dramas of last vear. First shown on E4, this is the ASBO-wielding, British answer to Heroes. It's brilliant, too!  $\star$ 



## NutsTV

am	<b>BBG</b> <b>ONE</b> <b>3.00am</b> Breakfast 9.00 The Andrew Marr Show 10.00 Sunday Morning Live 11.00 Regional Programme 12.10pm MUSSEE Formula 1: The British Grand Prix: The tenth round of the season at Silverstone, start-time 1pm. 3.40 EastEnders 5.35 Songs of Praise 6.10 BBC News, Regional News, Weather 6.30 MUSSEE Match of the Day Live: 2010 FIFA World Cup: OK, England didn't make it, but there's no excuse not to get the beers in and settle down for the final! It kicks off at 7.30pm.	6.00am CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 Escape to the Country (R) 12.00noon FILM Hocus Pocus: Supernatural comedy starring Bette Midler. 1.30pm LVC Golf: The Scottish Open: The last day at Loch Lomond Golf Club. 6.00 NEW Wild Wales	5.30am ITV News 6.00 GMTV 9.25 Coronation Street 12.05pm News 12.10 This Morning: Sunday 1.10 House Gift (R) 2.10 EUE Columbo: Mind Over Mayhem 3.40 Agatha Christie's Poirot (R) 5.40 Ladies of Letters 6.10 Regional News, Weather 6.20 ITV News 6.30 MUSISEE World Cup Final: Hmm, this or BBC1? Which commentary team do you prefer?	6.05am The Hoobs (R) 6.55 Catching the Impossible 7.50 SPORT Super 8 Athletics 8.45 T4: Hollyoaks 11.15 Big Brother's Little Brother 12.15pm Being N-Dubz (R) 12.45 T4 on the Beach 2010: Buried Treasures 1.35 The Simpsons (R) 2.35 ELLI Garfield: A Tail of Two Kitties: Comedy sequel. 4.05 Deal or No Deal 4.50 ELLI Sink the Bismarck1: Second World War naval drama. 6.40 News	6.00am Milkshake! 10.00 Shake! 11.10 Zoo Days (R) 11.25 Extreme Fishing with Robson Green (R) 12.25pm IIII Jane Doe: Now You See It, Now You Don't: Thriller, starring Lea Thompson. 2.20 IIII Operation Crossbow: Second World War action drama starring George Peppard and Sophia Loren. 4.30 IIIII The Karate Kid: Martial-arts adventure with Ralph Macchio. 6.50 Five News 6.55 IIIII Sleepless in Seattle: Romantic comedy rubbish.
pm	10.00 BBC News, Regional News, Weather It's a dangerous world out there	7.00 James May's Toy Stories Captain Slow enters a Plasticine garden in the Chelsea Flower Show. (R) 8.00 Top Gear MUST-SEE best four-seat supercar.	9.50 James Corden's World Cup Live The World Cup's over (boo!), but at least there's some banter on the final from James, Abbey Clancy and celeb guests. There's more over on ITV4.	7.05 4thought.tv 7.10 Beaches FILM Bittersweet weepy starring Bette Midler. Watch the build- up to the World Cup final! That's an order! 9.30 Big Brother	9.00 Miss Congeniality Comedy starring Sandra Bullock as a scruffy FBI agent who oh, we haven't got time for this rubbish - it's getting towards full-time in the World Cup final!
	10.25 Catch Me If You Can FILM Steven Spielberg's ace crime adventure. Leonardo DiCaprio plays a runaway teenager who goes on an amazing crime spree, passing himself off as a pilot, a doctor and a lawyer, and cashing millions of dollars in false cheques. The show-off. Based on a true	9.00 How to Build Britain's Secret Engineers The top-secret work of defence contractor Qinetid. Something tells us going on prime-time telly might just blow its cover. 10.00 Pete & Dud: The Lost Sketches A load of present-day comedians recreate	10.20 ITV News, Weather We're still gutted the World Cup's finished. 10.35 World Cup Highlights SPORT Highlights from the final. We're feeling all nostaloir.	More bickering and backstabbing. <b>10.30 Alan Carr: Chatty Man</b> The comedian welcomes Gok Wan to the sofa. One for the girlfriend then. <b>11.20 The IT Crowd</b> Nutty laughs as Douglas becomes a spaceologist. Superb! (R)	11.10 Extraordinary People: Seven New Faces in Seven Days Surgeons treat loads of patients with facial deformities in Vietnam. (R)
	story, this is effortlessly entertaining stuff. 12.45am Sign Zone: Children's Emergency Ill kids receive help. (R)	<ul> <li>A load of present day of head and steeleder routines from the duo's '60s TV series, <i>Not Only – But Also.</i></li> <li>11.00 Educating Rita</li> <li>EILM Comedy starring Michael Caine and Julie Walters.</li> <li>12.50am During One Night</li> <li>EILM An American air force recruit serving in the Second World War deserts his post in a last-ditch bid to lose his virginity. Needs must and all that.</li> </ul>	SPORT       Highlights from the linal. We're feeling all nostalgic.         11.35 Boogeyman         FILM       Horror thriller starring Barry Watson and Emily Deschanel.	11.55 Stand Up for the Week Chortle-heavy topical fun from Rich Hall, Jack Whitehall and Kevin Bridges . (R) 12.45am Big Brother: Live More paranoia from the house.	<b>12.10am UFC 83: Main Event</b> <b>SPORT</b> The Welterweight Championship bout between Matt Serra and Georges St-Pierre from Montreal, Canada. It's from over two years ago, but it's still ace.
lam	1.15 Holby City (R) 2.15 Grow Your Own Drugs (R) 2.45 Countryfile's Summer Special (R) 3.45-6.00am BBC News	2.15-3.45am BBC News	1.05am The Zone 2.30 SPORT British Superbike Championship Highlights: Round six. 3.25 SPORT Motorsport UK 4.10-5.30am ITV Nightscreen	4.25 Countdown: <i>With Gino D'Acampo.</i> (R) 5.10-6.00am Hill Street Blues (R)	<b>1.10</b> SuperCasino <b>4.05</b> House Doctor (R) <b>4.30</b> House Doctor (R) <b>4.55</b> The Family Recipe (R) <b>5.00-6.00am</b> Milkshake! (R)
	BBC1 NORTHERN IRELAND: 10.2 Show 10.50 IIIII Catch Me If You Spielberg's crime adventure starrin DiCaprio. 1.10am Secret Gardens 7.00pm Top Gear 8.00 T in the Pa	Can: Steven 12.00m't Total Educating g Leonardo Michael Caine and Julie W. BBC2 SCOTLAND: BBC News STV: 11.35pm	Rita: Comedy starring 11.35pm Brain Bo Jalters. 1.45-3.45am October Road 12.30am	um The Nightshift <b>ULSTER:</b> xx <b>2.00am</b> Children's Hospital	

## TODAY'S SPORT

sky SPORTS 1 6.00am Cricket (HD) 8.00 World Cup Report 8.30 Football's Greatest 9.00 Cricket Writers on TV 10.30 Cricket (HD) 12.30pm Football's Greatest 1.00 Cricket Writers on TV 2.30 LIVE Cricket: One of this afternoon's Twenty20 Cup round-robin matches. (HD) 6.00 Football's Greatest 6.30 Premier League World 7.00 World Cup Report 7.30 World Sport 8.00 Cricket (HD) 10.00 World Cup Report 10.30 Football's Greatest 11.00 Time of Our Lives 12.00m't Football's Greatest 12.30am Cricket (HD) 2.30 Football's Greatest 3.00 Time of Our Lives 4.00-6.00am Cricket (HD)

#### sky SPORTS 2 6.00am Rugby Union: New Zealand vs South Africa at Eden Park in Auckland. 7.30 Rugby League: Wakefield Trinity Wildcats vs Hull FC. (HD) 9.00 Speedway: The British Grand Prix from the Millennium Stadium. (HD) 12.00noon LIVE Tennis: The third day of the World Group quarter-final between France and Spain at the Grande Halle d'Auvergne in Clermont-Ferrand, France, 4.00pm IEX Magazine 4.30 This Week In WWE (HD) 5.00 WWE: Experience (HD) 6.00 Rugby Union: Action from the Edinburgh Sevens held at Murrayfield. 9.00 Wild Spirits: Includes whitewater

9.00 Wild Spirits: Includes writewater rafting, BMX biking and snowboarding. 9.30 This Week In WWE (HD) 10.00 WWE: Late Night – Afterburn (HD) 11.00 WWE: Vintage Collection 12.00m't-2.00am Tennis

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315) 7.00pm Eragon: Fantasy adventure starring Edward Speleers. 9.00 Titanic: Drama starring Kate Winslet and Leonardo DiCaprio. Glug, glug, glug... 12.40am The Hide: Thriller. 2.15-4.00am Vault of Horror: Horror compendium.

### COMEDY CENTRAL (126)

12.00noon Two and a Half Men 8.00pm IEIM Spaceballs: Mel Brooks' sci-fi spoof, starring Bill Pullman. 10.00 Lee Evans XIL Tour 2005 11.20 Shortcuts Shuffle 11.30 Two and a Half Men 12.30am Comedy Store 1.00 South Park 2.00 Grouchy



11.00 South Africa Nightly: The latest news on the World Cup in South Africa. 11.30 NHRA Drag Racing 12.30am Press Pass 2010 1.00 Asian X Games 2010 4.00-6.00am Boxing Young Men **2.30** Two and a Half Men **3.30** The King of Queens **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

### BBC3 (115)

7.00pm store Formula 1: The British Grand Prix – Highlights 8.00 T: Prodigy 9.00 T: Dizzee Rascal 10.00 Family Guy 10.45 Lee Nelson's Well Good Show 11.15 Mongrels 11.45 The Real Hustle on Holiday 12.15am Store Match of the Day: 2010 FIFA World Cup 1.55 store Formula 1: The British Grand Prix – Highlights 2.55 Lee Nelson's Well Good Show 3.25 Mongrels 3.55 store World Cup's Most Shocking Moments 4.55-5.25am The Real Hustle on Holiday

### E4 (136)

7.00pm One Tree Hill 8.00 Friends 9.00 Desperate Housewives 10.00 FLM Mean Machine: *Prison comedy drama.* 12.00-6.00am Big Brother: Live

### DAVE (111)

7.00pm Fifth Gear: Vicki Butler-Henderson tests a Gran Torino. 7.30 Seaside Rescue 8.10 Dragons' Den: On Tour 9.30 Mock the Week: With Frankie Boyle. 10.10 QI 10.50 Never Mind the Buzzcocks 11.30 Mock the Week 12.10am QI 12.50 Never Mind the Buzzcocks 2.05-3.00am Lead Balloon

### **MTV ONE (350)**

6.30pm Randy Jackson's America's Best Dance Crew 7.30 Cribs 8.00 16 and Pregnant 9.00 The Hills 9.30 The City 10.00 Jessica Simpson: Price of Beauty 10.30 The Osbournes 11.00 South Park: *Cartoon laughs*. 1.00am Slips 1.30 Jessica Simpson: Price of Beauty 2.00 16 and Pregnant 3.00-6.00am MTV Playlist

### **VIRGIN 1 (121)**

7.00pm Home Video Heroes 8.00 Verminators 9.00 Most Shocking 10.00



6.00am Hour of Power (HD) 7.00 Malcolm in the Middle (R)(HD) 8.00 Steve Jones in the Jones Boys' Amazon Adventure (R)(HD) 9.00 Road Wars (R) 10.00 Issorie WWE Superstars (R)(HD) 11.00 Issorie WWE: Experience: The latest action from Raw and Smackdown. (R) 12.00noon Malcolm in the Middle (R) (HD) 1.00 Modern Family (R)(HD) 2.00 A League of Their Own: Four editions. (R) (HD) 4.00 UK Border Force (R)(HD) 5.00 Futurama (R) 6.00 The Simpsons (R)(HD)

7.00 Pineapple Dance Studios Fruit-based foot-shuffling? Eh? (R)(HD)

8.00 Fat Families: Second Helpings Overweight types are told to embrace things like lettuce. (R)(HD)

**9.00 House** The miserable medic is taken hostage by a gun-wielding stranger. (R)(HD)

**10.00 House** A personal trainer filming an exercise DVD collapses. Hardly a ringling endorsement for it, is it? (R)(HD)

**11.00 Fringe** A train station is devastated by an explosion. (R)(HD)

12.00m't Fringe

Walter creates a powerful concoction to restore Olivia's memory of her encounter with William Bell. (R)(HD)

1.00 FILM Sharpshooter (HD) 2.35 Road Wars 3.30 Ross Kemp on Gangs 4.20 World Records Smashed! 5.10-6.00am Are You Smarter Than a 10 Year Old?

Sun, Sea and A&E **11.00** Sexcetera **12.00m't** Challenge Jackpot **3.00am** Ninja Warrior **4.00-5.00am** Top Chef

### SYFY (129)

6.20pm IIIM Dragon 8.00 IIIM Dragonquest: Fantasy starring Marc Singer. 9.40 IIIM Robin Hood: Beyond Sherwood: Fantasy adventure starring Robin Dunne. 11.30 IIIM Dragon Hunter: Adventure with Brad Johnson. 1.30am 3rd Rock from the Sun 2.00 Buffy the Vampire Slayer 3.00 Medium 4.00-6.00am IIIM Thrill Seekers: Sci-fi drama starring Casper Van Dien.

### FX (164)

7.00pm NCIS 9.00 Nip/Tuck: Kelly Carson stars. 10.00 Brotherhood: Donatello's condition worsens. 11.00 Life 12.00m't True Blood: The first episode of the vampire drama. 1.00am Family Guy 2.00-4.00am Dexter

## **TODAY'S MUST-SEES**



11 JULY SUNDAY

### The World Cup Final BBC1 & ITV1, 6.30pm

FULL 7 DAY TV

**GUIDE!** 

**SPORT** It's all eyes on Johannesburg for the climax of the fantastic footballing showpiece, but one thing we now know for sure is that Stevie G and chums won't be taking part. Last time around, in Berlin, an unfancied Italy beat France – and neither of them are going to be here either! Hopefully, nobody will do a Zinedine Zidane and get sent off for headbutting a rival player, and the beautiful game will be the winner. \*\*\*\*



### F1: British Grand Prix BBC1, 12.10pm

**SPORT** Championship front-runners Lewis Hamilton and Jenson Button look to pull away from the pack at Silverstone. Sebastian Vettel is in third, though, and he won here last year. \*\*\*\*\*



## I'm Alive Discovery, 9pm

**DOCU** Two more individuals face death head on, and somehow live to tell the tale. First up, a lifeguard gets a chomping from a great white shark off the coast of South Africa, then a golfer gets bitten by a pesky rattlesnake. Crikey! **\*\*\*** 



**Top Gear** BBC2, 8pm CARS The petrolheads test the Aston Martin Rapide, Porsche Panamera Turbo and Maserati Quattroporte to find the greatest four-seat supercar. Then Rubens Barrichello and Rupert Grint are the Stars In A Reasonably Priced Car. \*\*\*\*\*



### www.nuts.co.uk/bets

\*see site for details gambleaware.co.uk BETS

## **Nuts**

6

5am	6.00am Breakfast 9.15 Heir Hunters (R) 10.00 Homes Under the Hammer (R) 11.00 Real Rescues 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Regional News 3.05 CBeebies 3.25 CBBC 5.00 Newsround: <i>Current affairs.</i> 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather	6.00am CBeebies 8.00 CBBC 11.10 The Flintstones (R) 11.35 The Flintstones (R) 12.00noon Daily Politics 12.30pm Working Lunch 1.00 The World at War (R) 1.50 Hands on Nature 2.00 score Rowing 3.00 Diagnosis Murder (R) 3.45 Flog It! (R) 4.30 Ben Fogle's Escape in Time 5.15 Escape to the Country (R) 6.00 Eggheads: <i>Quiz show.</i> (R) 6.30 Antiques Road Trip (R)	5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal 3.00 60 Minute Makeover (R) 4.00 Midsomer Murders: <i>Rubbish drama</i> . (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News	6.00am Yo Gabba Gabba (R) 6.25 The Hoobs (R) 6.50 Big Brother's Little Brother (R) 7.45 Big Brother (R) 8.45 Vernon Kay's 5 O'Clock Show (R) 9.45 Deal or No Deal (R) 10.30 Everybody Loves Raymond (R) 11.00 Friends (R) 12.00noon Channel 4 News Summary 12.05pm The TV Book Club 12.30 Will & Grace (R) 1.00 Come Dine with Me (R) 3.25 Countdown 4.10 Deal or No Deal 5.00 Fern Britton's 5 O'Clock Show 6.00 The Simpsons: Homer meets Mel Gibson. (R) 6.30 Hollyoaks	<b>6.00am</b> Milkshake! <b>9.45</b> Michaela's Animal Road Trip (R) <b>10.45</b> Trisha Goddard (R) <b>11.45</b> CSI: Crime Scene Investigation (R) <b>12.40pm</b> Five News <b>12.45</b> House (R) <b>1.45</b> Neighbours <b>2.15</b> Home and Away <b>2.50</b> Don't Stop Believers <b>2.55</b> County Secrets (R) <b>3.10</b> EMM Hard Ground: Western starring Burt Reynolds and Bruce Dern. <b>5.00</b> Five News, Weather <b>5.30</b> Neighbours (R) <b>6.00</b> Home and Away (R) <b>6.25</b> Don't Stop Believers (R) <b>6.30</b> Live from Studio Five
<b>p</b> m	<ul> <li>7.00 The One Show</li> <li>7.30 Fake Britain</li> <li>A look at the fake medicines being peddled in the UK by dodgy quacks. (R)</li> <li>8.00 EastEnders</li> <li>Cockney screeching. Our poor ears!</li> <li>8.30 Panorama</li> <li>Docu looking at the earthquake in Haiti.</li> <li>9.00 The Silence</li> <li>NEW Thiller starring Genevieve Barr as an 18-year-old deaf girl who witnesses the murder of a policewoman. Alright, but it's no Luther.</li> <li>10.00 BBC News, Weather</li> <li>10.35 Who Do You Think You Are?</li> <li>Actress Susan Sarandon has a rummage around in her family history.</li> <li>11.20 Irresistible</li> <li>FILM Susan Sarandon gets back to the day job as a wife convinced that her husband is having an affair with the gorgeous Emily Blunt.</li> </ul>	<ul> <li>7.00 Wild Wales Welsh wildlife. So, sheep. Lots of sheep. </li> <li>8.00 University Challenge Mind-melting student quiz. 8.30 Antiques Master Old tat-based challenge. 9.00 Mary, Queen of Shops Mary Portas helps a DIY store in Surrey. Can't they just do it themselves? </li> <li>10.00 Rev Adam takes a stand against the opening of a lap-dancing club. Mug. 10.30 Newsnight 11.20 How to Build  Britain's Secret Engineers The top-secret work of defence contractor QinetiQ. Not so secret any more. (R) 12.20am The Private  Life of Cows Apparently, they're partial to the odd  game of tennis. (R)</li></ul>	<ul> <li>7.00 Emmerdale</li> <li>Sheep-based shenanigans.</li> <li>7.30 Coronation Street</li> <li>Carla refuses to go down without a fight.</li> <li>Sounds a bit dodgy, doesn't it?</li> <li>8.00 Countrywise</li> <li>More tramping around in the middle of nowhere. As exciting as it sounds.</li> <li>8.30 Coronation Street</li> <li>Another dose of cobbled-street capers.</li> <li>9.00 Identity</li> <li>The team triy to track down murder suspect Jane Calshaw.</li> <li>10.00 ITV News</li> <li>10.35 The Thing</li> <li>JUM John Carpenter's remake of the famous 1951 sci-fi thriller about a shape-shifting alien on the loose in an Antarctic base.</li> <li>12.35am The Zone</li> <li>Shopping meets gaming. OK then.</li> </ul>	<ul> <li>7.00 News</li> <li>7.55 4thought.tv</li> <li>The importance of religion to young people in Northern Ireland.</li> <li>8.00 Dispatches:</li> <li>Africa's Last Taboo</li> <li>A look at gay rights in Africa.</li> <li>9.00 Concorde's Last Flight</li> <li>MUST-SEE</li> <li>The story behind the daddy of all commercial jets. Whoosh!</li> <li>10.30 Big Brother</li> <li>The latest mayhem from the house.</li> <li>11.40 Being N-Dubz</li> <li>Tulisar egrets asking the boys to help paint her new home. Not the most rock and roll-sounding episode is it?</li> <li>12.15am Music on 4: Brandon Flowers: Video Exclusive</li> <li>The debut single from the Killers' man.</li> <li>12.20 Alan Carr: Chatty Man With Grace Jones and Gok Wan. (R)</li> </ul>	<ul> <li>7.15 Cricket on Five SPORT Highlights of the third and final match of the one-day series between England and Bangladesh.</li> <li>8.00 Police Interceptors Inspector Emma Brookes races across 40 miles to prevent a suicidal man throwing himself off a rooftop. Cracking work!</li> <li>9.00 xXx</li> <li>9.00 xXx</li> <li>FILM Hit and miss action thriller starring Vin Diesel as an extreme sports fanatic who is recruited by America's secret services and sent to Prague on a dangerous – and fairly daft – mission. Super-fit Asia Argento livens things up a bit as Vin's slinky sidekick.</li> <li>11.20 Road House 2: Last Call FILM Sequel to the '80s classic that, unsurprisingly, is nowhere near as good. When a saloon owner is beaten by a gang for refusing to sell his bar, the man's nephew sets out to take matters into his own hands. Poor.</li> </ul>
lam	<ul> <li>1.00am Sign Zone: The Genius of Design</li> <li>(R) 2.00 Museum of Life (R) 3.00 Put</li> <li>Your Money Where Your Mouth Is (R)</li> <li>4.00-6.00am BBC News</li> </ul>	<b>1.20 SPORT</b> The Super League Show: <i>Hull</i> <i>KR vs Leeds Rhinos and Wigan Warriors vs</i> <i>Salford</i> . <b>2.20-4.00am</b> BBC News	2.35 SPORT Tour de France 2010 Highlights 3.25-5.30am ITV Nightscreen	<b>1.10</b> Big Brother: Live <b>4.50-6.20am EXA</b> Contraband: Wartime spy thriller starring Conrad Veidt and Valerie Hobson.	1.00am SuperCasino 4.05 House Doctor (R) 4.30 House Doctor 4.55 Rough Guide to Adventures 5.10 The New Tomorrow 5.35-6.00am Wild Challenge (R)
	BBC1 NORTHERN IRELAND: 7.30 Up and Grow 11.35 Who Do You T 12.20am Sky High 12.30 Sign Zo Emergency BBC1 WALES: 7.30pn Week In, Week Out 11.05 Who Do	hink You Are? Sarandon and Sam Neill. 1 ne: Children's Panorama BBC2 SCOTLAN n X-Ray 10.35 Scotland, Weather BBC2 N	.30am Sign Zone: Britain's Secret En ND: 11.00pm Newsnight WALES: 7.00pm ( NORTHERN IRELAND: The Lakes 11.05 (	gineers 1.00am BBC News BBC2 ULSTER: 8 Coast STV: 9.00pm Taggart 10.35 11.05 Isroi Casa nam Moireasdanach 11.40 11.35 Brai	le Show <b>2.00-5.30am</b> The Nightshift <b>.00pm</b> Countrywise <b>10.35</b> The Twelfth World Cup Rock 'n' Goal Years in Box <b>2.00am</b> Countrywise <b>2.30</b> Id <b>ITV1 WALES: 8.00pm</b> The Ferret
	<b>TODAY'S SPOR</b> <b>sky sports 1</b> <b>6.00am</b> Good Morning Sports Fans <b>9.00</b> Rugby League (HD) <b>10.30</b> Uwe Cricket: England take on Bangladesh in the third and final match of	6.00am Aerobics 6.30 Ocean Ride 7.00 WWE: Bottom Line (HD) 8.00 Football's Greatest	<b>ON DIGITAL, S</b> FILM4 (315) 6.45pm Take the Lead: Fact-based drama starring Antonio Banderas. 9.00 Mr. & Mrs. Smith: Comedy adventure with Brad Pitt and Angelina Jolie. 11.15 Vanilla Sky: Thriller starring Tom Cruise. 1.55-3.55am	ATELLITE AND C. 2.10 Two and a Half Men 3.10 South Park 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier BBC3 (115) 7.00pm 101 Ways to Leave a Gameshow	ABLE TV TONIGHT DAVE (111) 7.00pm SPORt World Rally: Highlights from the seventh round in Bulgaria. 8.00 Trawlermen 9.00 Have I Got News for You: Frank Skinner guest hosts the current affairs quiz. 10.20 Mock the Week

angladesh in the third and final match o the one-day series from Edgbaston. (HD) 7.00pm Football's Greatest 7.30 LIVE Speedway: High-speed action as Belle Vue Aces face Coventry Bees at the Belle Vue Stadium. (HD) 9.30 Football's Greatest: The career of former Santos and Brazil star Pele. 10.00 Time of Our Lives: Former West Ham players bang on about the old days. 11.00 Cricket: Highlights of England vs Bangladesh from earlier on. (HD) 1.00am Soccer AM: The Best Bits 2.00 FIFA Futbol Mundial 2.30 Sports Unlimited 3.30 Watersports World 4.30 Max Power

5.30-6.00am FIFA Futbol Mundial

.00 Football's Greatest 8.30 Ocean Ride 9.00 Golf (HD) 12.00noon Golf(HD) 2.00pm Golf(HD) 3.30 Rugby League (HD) 5.00 Premiership Years 7.00 Motorsport (HD) 8.00 Cricket: Highlights from England vs Bangladesh at Edgbaston. 10.00 Poker 11.00 Boots 'n' All 12.00m't Fishing Gurus 12.30am Motorsport 1.30 Golf 2.30 Golf(HD) 3.30 Wonderful World of Golf

5.00-6.00am PGA Tour Classic

hriller starring Tom Cruise. **1** The Navigators: Drama with Joe Duttine.

### **COMEDY CENTRAL (126)**

6.00pm Two and a Half Men 10.00 Michael McIntyre's Comedy Roadshow 11.00 Peter Kay at the Comedy Store 11.30 Peter Kay: The Early Days 12.00m't Michael McIntyre's Comedy Roadshow 1.00am Sex and the City



South Africa Nightly 8.00 NFL Monday Night Football Classics 11.00 Basketball: FIBA World Magazine 11.30 NHRA Drag Racing 2.30-5.30am NFL Monday Night Football Classics

om TUT vvays to L 8.00 Snog, Marry, Avoid? 8.30 Hotter Than My Daughter 9.00 Gavin & Stacey 9.30 Lee Nelson's Well Good Show 10.00 EastEnders 10.30 Bizarre ER 11.00 Family Guy 11.45 Gavin & Stacey 12.15am Lee Nelson's Well Good Show 12.45 Bizarre ER 1.15 101 Ways to Leave a Gameshow 2.15 Wags, Kids and World Cup Dreams 3.15 Snog, Marry, Avoid? 3.45 Hotter Than My Daughter 4.15-5.15am The Real Hustle Undercover

### E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 One Tree Hill: With Sophia Bush. 10.00 Being Erica 11.00 Shameless 12.05-6.00am Big Brother: Live

*quiz*. **10.20** Mock the Weel 11.40 Have I Got News for You 1.00am Mock the Week 1.40 Never Mind the Buzzcocks 2.15-3.00am Lead Balloon

### **MTV ONE (350)**

7.00pm Gossip Girl 8.00 The Hills 9.00 16 and Pregnant 10.00 Jessica Simpson: Price of Beauty 10.30 The Osbournes 11.00 Nitro Circus 12.00m't South Park 1.00am Jackass 2.00 Jersey Shore 3.00-6.00am MTV Playlist

### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager 8.00 Passport Patrol 9.00 Chuck 10.00 MUST-SEE The Life and Times of Tim: Tim hits Atlantic City. 10.35 Room 101 11.10 Most Shocking



**6.00am** X-Weighted: Families (R) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** Cold Case (R) **10.00** UK Border Force (R)(HD) **11.00** X-Weighted: Families (R) **12.00noon** Law & Order (R) (HD) **1.00pm** The Real A&E (R)(HD) **2.00** A Town Called Eureka (R)(HD) **3.00** Stargate SG-1 (R) **4.00** Stargate SG-1 (R) **5.00** Malcolm in the Middle (R)(HD) **6.00** Oops TV: Selection of home videos and out-takes. (R) **6.30** The Simpsons: A judge rules that Homer is a negligent father. (R)

### 7.00 The Simpsons Ned buys the Simpsons' home. (R)(HD)

7.30 The Simpsons Lisa disguises herself as a nun to infiltrate a convent. Its ker-azy! (R)(HD)

8.00 The Biggest Loser US Another batch of fatties try to shed the pounds to bag some cash.

10.00 Law & Order Lupo and Bernard investigate the murder of a 17-year-old boy. (HD)

**11.00 Bones** A competitive gamer is murdered, presumably by a vengeful nerd. (R)(HD)

**12.00m't Bones** A botched robbery results in the death of a man dressed up as Father Christmas.

Not really in the festive spirit, is it? (R)(HD)

1.00 Road Wars 1.50 Oops TV (R) 2.40 Road Wars (R) 3.30 Shear Genius (R) 4.20 Tim Gunn's Guide to Style 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)

**12.00m't** Challenge Jackpot **3.00am** Booze Britain **4.00-5.00am** Pyramid Game with Donny Osmond

### SYFY (129)

7.00pm Smallville 8.00 FREMIERE Stonehenge Apocalypse: Sci-fi thriller starring Misha Collins. 9.50 EUCI War of the Worlds 2: The Next Wave: Sci-fi thriller starring C Thomas Howell. 11.30 EUCI Komodo vs. Cobra: Sci-fi horror with Michael Paré. 1.20am EUCI Journey to the Center of the Earth: Sci-fi thriller starring Greg Evigan. 3.00 Medium 4.00 Angel 5.00-6.00am Smallville

### FX (164)

7.00pm NCIS 9.00 Family Guy: Peter searches for his real dad. 9.30 American Dad! 10.00 Final 24: Gianni Versace's murder: 11.00 Brotherhood 12.00mt Farscape 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Charlie Jade

## **TODAY'S MUST-SEES**

12 JULY MONDAY

DANGER ZONE!



It was an impressive paper aeroplane



## Concorde's Last Flight

**DOCU** Concorde used to whizz between London and New York in three and a half hours, but after a crash in 2000, it was taken out of service. Here's the story of the famous jet's rise and fall.  $\star \star \star \star$ 



## **Life And Times Of Tim**

### Virgin1, 10pm

**COMEDY** More awkward laughs at the expense of cartoon world's unluckiest bloke. Tim goes on a trip to Atlantic City, where he meets a familiar-looking stripper. Good, eh? Er, no. \*\*\*\*

## Nigel Marven's Shark Island

FULL 7 DAY T

**GUIDE!** 

Nat Geo Wild, 9pm **DOCU** IT there are that really gets If there's one thing our blood flowing here at Nuts, it's sharks, and there are so many in the waters that surround Cocos Island off the coast of Costa Rica, it would be an understatement to call them "shark-infested". So Nigel Marven heads out in a mini-submarine to get up close with the predators without getting eaten, at one point being surrounded by 60 of the blighters. Scary!  $\star \star \star \star \star$ 



Britain's Next Top Model

**REALITY** A parade of hotties compete to land a top modelling contract. In tonight's show, the hopefuls are made aware of their bad habits. Such as wearing clothes, perhaps? **\*\*\*\*** 



## **Nuts** V

6am	6.00am Breakfast 9.15 Heir Hunters (R) 10.00 Homes Under the Hammer (R) 11.00 Real Rescues 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.25 CBBC 5.15 Weakest Link: General knowledge quiz (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather	6.00am CBeebies 8.00 CBBC 11.10 The Flintstones (R) 11.35 The Flintstones (R) 12.00noon Daily Politics 12.30pm Working Lunch 1.00 The World at War (R) 1.50 Hands on Nature 2.00 Open Gardens (R) 2.30 Ready Steady Cook (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! (R) 4.30 Ben Fogle's Escape in Time 5.15 Escape to the Country (R) 6.00 Eggheads (R) 6.30 Antiques Road Trip (R)	5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal 3.00 60 Minute Makeover (R) 4.00 Midsomer Murders: <i>Crime drama.</i> (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News	6.20am The Hoobs (R) 6.45 Big Brother's Little Brother 7.10 Big Brother (R) 8.20 Frasier (R) 8.45 Fern Britton's 5 O'Clock Show (R) 9.45 Deal or No Deal (R) 10.30 Everybody Loves Raymond (R) 11.00 Friends (R) 12.00noon Channel 4 News Summary 12.05pm Wife Swap USA (R) 1.00 Come Dine with Me (R) 3.25 Countdown 4.10 Deal or No Deal 5.00 Fern Britton's 5 O'Clock Show 6.00 The Simpsons (R) 6.30 Hollyoaks	<b>6.00am</b> Milkshake! 9.45 Michaela's Animal Road Trip (R) 10.45 Trisha Goddard (R) 11.45 CSI: Crime Scene Investigation (R) 12.40pm Five News 12.45 House (R) 1.45 Neighbours 2.15 Home and Away 2.50 Don't Stop Believers 2.55 County Secrets (R) 3.05 ELIMA Decent Proposal: <i>Conspiracy drama</i> <i>starring Jessica Tuck.</i> 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Don't Stop Believers (R) 6.30 Live from Studio Five
<b>7</b>	<ul> <li>7.00 The One Show</li> <li>7.30 EastEnders</li> <li>Phil makes an attempt to toughen up Ben. Get Social Services on the phone, quick!</li> <li>8.00 Holby City</li> <li>More broken hearts and severed limbs.</li> <li>9.00 The Silence</li> <li>Amelia identifies one of Jane Shilliday's killers as a detective on the Drugs Squad. Looks like this one could get messy.</li> <li>10.00 BBC News, Weather</li> <li>10.35 Between Life and Death</li> <li>Families struggle with one of modern medicine's greatest ethical dilemmas.</li> <li>11.25 Lady in the Water</li> <li>FILM</li> <li>Ropey fantasy from the director of <i>The Sixth Sense</i>. He should've called it a day after that, really.</li> </ul>	7.00 Antiques Master Trinket-based tedium. (R) 7.30 University Challenge More brain-sapping quizzery. (R) 8.00 Top Gear The world's best four-seat supercar. (R) 9.00 That Mitchell and Webb Look MUST-SEE Huzzah! The Peep Show double-act are back with another batch of daft characters to keep you laughing straight into 9.30 Shooting Stars MUST-SEE Part two of an ace comedy double- header, as Vic and Bob return for more barmy questions and daft challenges! 10.00 Miranda The laughter stops here, unfortunately. (R) 10.30 Newsnight 11.20 How to Beat Tough Times: Money Watch (R) 12.20am University Challenge 12.50-4.10am BBC News	<ul> <li>7.00 Emmerdale An hour-long episode. Oh dear. 8.00 Piers Morgan On The journalist travels to Monte Carlo. While smirking, no doubt. (R) 9.00 The Bill A pregnant woman is injured in what appears to be a carjacking. 10.00 ITV News 10.35 TV's Naughtiest Blunders Famous people swearing. Done. (R) 11.40 October Road Janet is nervous about sleeping with Eddie. Eddie, unsurprisingly, is not 12.35am Goodwood Festival of Speed SPORT High-speed highlights of the annual event from West Sussex, featuring displays of Formula 1 motors and classic cars.</li></ul>	<ul> <li>7.00 News</li> <li>7.55 4thought.tv</li> <li>8.00 The Ugly Face of Beauty</li> <li>NEW A look at the cosmetic surgery industry, kicking off with a boob-job gone wrong. Bleurgh!</li> <li>9.00 The Fairy Jobmother</li> <li>NEW Hayley Taylor helps jobless people find their way back into employment. Great pun, by the way!</li> <li>10.00 Big Brother Today's tears and tantrums.</li> <li>11.15 The Rise and Fall of Tiger Woods It's been a rough old year for Tiger Woods. Feel free to point and laugh here! (R)</li> <li>12.30am The Poker Lounge SPORT High-stakes action from a tournament heat.</li> </ul>	<ul> <li>7.30 Michaela's Zoo Babies Workers struggle to keep six kookaburra chicks alive. Aaaaaaaaaaaaaaa. (R)</li> <li>8.00 Build a New Life: Was It Worth It? Nah, not really. Shouldn't have bothered.</li> <li>9.00 CSI: Miami MUST-SEE As Eric's life hangs in the balance, he has a flashback to 1997, rather conveniently reminding him of a clue in an old case.</li> <li>10.00 CSI: NY The team recover from the afterrmath of the drive-by shooting. Cups of tea all round then. That's better. (R)</li> <li>11.00 CSI: Crime Scene Investigation The team suspects two serial killers are on the loose. They're like buses! (R)</li> <li>11.55 NCIS The team flies to Israel, but receives a hostile reception from Ziva's father. (R)</li> <li>12.55am SuperCasino Live interactive gaming.</li> </ul>
lam	1.10am Sign Zone: The Edible Garden 1.40 Kitchen Secrets 2.10 Adventure Capitalists 3.10 Put Your Money Where Your Mouth Is 4.10-6.00am BBC News		1.20 The Zone 3.25 The Jeremy Kyle Show (R) 4.20-5.30am ITV Nightscreen	1.30 Big Brother: Live 4.05 SPORT Boxing 4.30 SPORT Superbike 4.55 SPORT British Rallycross 5.25 SPORT The Grid (R) 5.50-6.20am SPORT World Sport	4.05 House Doctor (R) 4.30 House Doctor (R) 4.55 Rough Guide to Activity Holidays (R) 5.10 The New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge
	BBC1 SCOTLAND: 8.00pm River NORTHERN IRELAND: 12.15am SCOTLAND: 11.00pm Newsnight BBC2 NORTHERN IRELAND: 10.0 and Graham's Excellent Adventure TODAY'S SPOR Sky SPORTS 1 6.00am Good Morning Sports Fans 9.00 Boots'n' All: A review of the week's action from Super League. 10.00 twe Cricket: Willow-waving action, as Pakistan take on Australia on the opening day of the First Test at Lord's (HD)	BBC News     BBC2     8.00pm Wild Islands 9.00       Scotland, Weather     Millionaire? 10.35 Ether Loss       Opm Storer Colin     starring Billy Bob Thornton       BBC2 WALES:     Hunter and Kirsten Dunst.	O Who Wants to Be a evity: Psychological drama i, Morgan Freeman, Holly         2.00-5.30am The Brain Box 2.00an Nightwatch with \$           12.25am Roulette Nation         3.00-5.30am The Brain Box 2.00an Nightwatch with \$		ABLE TV TONIGH 11.55 My Name Is Earl: <i>Connedy.</i> 12.25-6.00am Big Brother: Live DAVE (111) 7.00pm Seaside Rescue 8.00 Full Circle with Michael Palin 9.00 QI 10.20 Would I Lie to You? 11.40 QI 1.00am Would I Lie to You? 14.00 QI and Balloon: <i>Connedy.</i>

Pregnant 9.00 The Hills 9.30 The City 10.00 Randy Jackson's America's Best Dance Crew 11.00 Nitro Circus 12.00m't South Park 1.00am Jackass 2.00 Jersey Shore 3.00-6.00am MTV Playlist

### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager 8.00 Nothing to Declare 9.00 Sun, Sea and A&E 10.00 Brit Cops: Frontline Crime UK 11.00

opening day of the First Test at Lord's. (HD) 6.30pm Football's Greatest 8.00 Cricket: Today's opening clash between Australia and Pakistan. (HD) 10.00 Football's Greatest: A look at the

lives and careers of some of world football's superstars. 11.00 Netbusters: The 100 best Football

League goals from the 2009/10 season. **11.30** Cricket (HD)

1.30am Netbusters

7.30 Netbusters

2.00 Soccer AM: The Best Bits: Some of the highlights from the past season. 3.00 Test Cricket (HD) 5.00-6.00am Soccer AM: The Best Bits 10.00 Golf (HD) 11.00 Wonderful World of Golf 12.30pm PGA Tour Classic 1.30 Premiership Years 3.30 Fishing Gurus 4.00 Motorsport (HD) 5.00 Premiership Years 7.00 LIVE Winning Post 9.00 Red Bull Air Race (HD) 10.00 Poker 11.00 Golfing World

12.00m't Football Asia

2.30 Show Jumping 3.30-4.00am Football Asia

12.30am Golf 1.30 Golf

Comedy starring Johnny Knoxville. 2.25-4.00am Wendy and Lucy: Drama.

### **COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Frasier **9.00** Two and a Half Men **10.00** Lee Evans: Big - Live at the O2 11.10 Peter Kay: The Early Days 11.40 Sex and the



Review Show 11.00 The Ultimate Fighter 12.00m't Bassmaster Elite Series 2.00am Press Pass 2010 2.30 AFL Review Show 3.30 Basketball 4.00-6.00am Baseball

7.00pm T: Kasabian 8.00 Don't Tell the Bride 9.00 The Mighty Boosh 10.00 EastEnders 10.30 Mongrels 11.00 Family Guy 11.45 The Mighty Boosh 12.45am Mongrels 1.15 Don't Tell the Bride 2.15 Wags, Kids and World Cup Dreams 3.15 Bizarre ER 3.45 T: Kasabian 4.45 The Real Hustle Undercover 5.15-5.25am Great Movie Mistakes

### E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 Smallville: Zan and Jayna travel to Metropolis to help Clark fight crime. 10.00 The Ricky Gervais Show 10.30 The Cleveland Show 11.00 King of the Hill

**86 Nuts** 

I Lie to You? 1.40 Lead Balloon: Comedy. 2.15 Never Mind the Buzzcocks 2.45-3.00am SPORT Radical Highs

MTV ONE (350)

7.00pm Gossip Girl 8.00 16 and





6.00am A Town Called Eureka (R)(HD) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 The Real A&E (R) (HD) 10.00 UK Border Force (R)(HD) 11.00 X-Weighted: Families (R) 12.00noon Law & Order (R)(HD) 1.00pm The Real A&E(R)(HD) 2.00 A Town Called Eureka (R)(HD) 3.00 Stargate SG-1 (R) 4.00 Stargate SG-1 (R) 5.00 Malcolm in the Middle (R)(HD) 5.30 Malcolm in the Middle (R)(HD) 6.00 Oops TV (R) 6.30 The Simpsons: Treehouse of Horror XII. (R)

7.00 The Simpsons Homer and Marge get married for

a second time. Sadists! (R)(HD) 7.30 The Simpsons

Marge and Lisa talk about strong women. Not the best episode. (R)(HD)

8.00 Ouch! Sextuplets If ever a title was designed to put us off watching, it's this one! Yuck. (R)

9.00 House

The miserable medic is taken hostage by a gun-wielding stranger demanding immediate medical attention. (R)(HD)

10.00 House A personal trainer filming an exercise DVD collapses. (R)(HD)

11.00 Petnapped Tedious guff about stolen pets. (R)

### 12.00m't Inside: America's **Toughest Jail**

Life inside Maricopa County jail, Arizona, one of America's most notorious prisons. You really don't want to end up here! (R)

1.00am Road Wars 1.50 Oops TV 2.40 Road Wars 3.30 Shear Genius 4.20 Tim Gunn's Guide to Style 5.10-6.00am Are You Smarter Than a 10 Year Old?

Eurotrash: The Sexy Bits 11.30 Sexarama 12.00m't Challenge Jackpot: Live interactive gaming. 3.00am Booze Britain: Binge Nation: A university drinking club in Walsall. 4.00-5.00am Pyramid Game with Donny Osmond

### **SYFY (129)**

7.00pm Smallville 8.00 [111] 2012: Supernova: Sci-fi adventure starring Brian Krause. 9.40 IIII The Day the Earth Stopped: Thriller starring C Thomas Howell. 11.20 ELM Thrill Seekers: Thriller. 1.10am **FILM** Ba'al: The Storm God: Fantasy thriller. 3.00 Medium 4.00 Angel 5.00-6.00am Smallville

### FX (164)

7.00pm NCIS: Double bill. 9.00 Family Guy 9.30 American Dad! 10.00 Nip/ Tuck 11.00 True Blood 12.00m't Farscape 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Charlie Jade

## ODAY'S MUS



HEY'RE BACK!

The geography teachers made hopeless bouncers

## **That Mitchell And Webb** Look BBC2, 9pm

The Peep COMEDY Show duo return for a fourth series of comedy sketches, with new characters including Sherlock Holmes and Dr Watson in their declining years and the world's worst public speaker. Meanwhile, snooker commentators Ted and Peter are reduced to hosting Dog Poker on Dave - a fate Mitchell and Webb needn't worry about. Brilliant telly!  $\star \star \star \star \star$ 





DRAMA With Eric on a me super-With Eric on a life support machine previous series, the first episode of this eighth series of the top crime drama sees him have a flashback to 1997, when the team was formed. Odd!  $\star\star\star\star$ 



Shooting Stars BBC2, 9.30pm Vic Reeves and Bob Mortimer are **COMEDY** back with a new series of the hit comedy panel show. Jack Dee and Ulrika-ka-ka-ka return as team captains, while rapper Example and Hairy Biker Si King are among the guests.  $\star \star \star \star$ 



River Monsters Discovery, 9pm Killer catfish? Surely not! But on the DOCU Amazon river, there are tales told of men being swallowed whole by gigantic specimens. So, extreme angler Jeremy Wade heads to South America to see if the stories might be true.  $\star \star \star \star$ 



### **True Stories: Maradona** More4, 10pm With his shiny suit, dodgy facial hair and DOCU

nutty touchline antics during the World Cup, it's easy to forget Diego Maradona was once a very controversial sporting figure. Here's why.  $\star \star \star \star$ 

## Nuts

<b>6</b> am	6.00am Breakfast 9.15 Heir Hunters (R) 10.00 Homes Under the Hammer (R) 11.00 Real Rescues 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt: From Ardingly, West Sussex. 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.25 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather	6.00am CBeebies 8.00 CBBC 11.05 The Flintstones (R) 11.30 Daily Politics 1.30pm Working Lunch 2.00 Open Gardens (R) 2.30 Ready Steady Cook (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! (R) 4.30 Ben Fogle's Escape in Time 5.15 Escape to the Country (R) 6.00 Eggheads: <i>Quiz show.</i> (R) 6.30 Antiques Road Trip: From Kendal in Cumbria, to Liverpool. (R)	5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show (R) 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal 3.00 60 Minute Makeover (R) 4.00 Midsomer Murders (R) 5.00 The Chase: <i>Quiz show</i> . 6.00 Regional News, Weather 6.30 ITV News	6.20am The Hoobs (R) 6.45 Big Brother's Little Brother 7.10 Big Brother (R) 8.20 Frasier (R) 8.45 Fern Britton's 5 O'Clock Show (R) 9.45 Deal or No Deal (R) 10.30 Everybody Loves Raymond (R) 11.00 Friends (R) 12.00noon Channel 4 News Summary 12.05pm Wife Swap USA (R) 1.00 Come Dine with Me (R) 3.25 Countdown 4.10 Deal or No Deal 5.00 Fern Britton's 5 O'Clock Show 6.00 The Simpsons (R) 6.30 Hollyoaks	<b>6.00am</b> Milkshake! <b>9.45</b> Michaela's Animal Road Trip (R) <b>10.45</b> Trisha Goddard (R) <b>11.45</b> CSI: Crime Scene Investigation (R) <b>12.40pm</b> Five News <b>12.45</b> House (R) <b>1.45</b> Neighbours <b>2.15</b> Home and Away <b>2.50</b> Don't Stop Believers <b>2.55</b> County Secrets (R) <b>3.05</b> ETM The Last Chance: Western staring Jennie Garth. <b>5.00</b> Five News, Weather <b>5.30</b> Neighbours (R) <b>6.00</b> Home and Away (R) <b>6.25</b> Don't Stop Believers (R) <b>6.30</b> Live from Studio Five
/pm	<ul> <li>7.00 The One Show</li> <li>7.30 Penguin Island</li> <li>NEW The fish-gulping inhabitants of Phillip Island, Australia.</li> <li>8.00 Waterloo Road</li> <li>Schoolyard shenanigans.</li> <li>9.00 The Silence</li> <li>Amelia lip-reads a compromising conversation between Rocky and Mac.</li> <li>10.00 BBC News, Weather</li> <li>10.35 The National Lottery Draws</li> <li>10.45 The Bionic Vet</li> <li>The vet helps a dog recover from being hit by a car. And then crushes the car with his bionic arms. Woof!</li> <li>11.15 Dan in Real Life</li> <li>Solid rom-com starring Steve Carell as a widowed journo who falls in love with his brother's new girlfriend. Uh-oh! Trouble's brewing.</li> <li>12.50am Sign Zone: My Life</li> </ul>	7.00 Golf: The Open Champions Challenge SPORT A review of today's four- hole competition on the Old Course at St Andrews. Fore! 8.00 How to Beat Tough Times: Money Watch More blather about the recession. Yawn. 9.00 Dragons' Den MUST-SEE "Right, here's my idea - it looks like an ordinary pen, but it's also an umbrella! Can I have some money now?" 10.00 Rev Adam takes a stand against the opening of a lap-dancing club. Er, why? (R) 10.30 Newsnight 11.20 That Mitchell and Webb Look More daft sketches from the boys. (R) 11.50 James May's Toy Stories James enters a Plasticine garden into the Chelsea Flower Show. (R) 12.50am Tribal Wives	<ul> <li>7.00 Emmerdale Natasha plans a last supper with the family, where she plans to confess to killing Mark. Only after dessert though. </li> <li>7.30 Coronation Street 8.00 Midsomer Murders A player is bludgeoned to death at the golf course. Maybe he'd cheated on his wife with a string of waitresses. (R) </li> <li>10.00 ITV News 10.35 Frantic FILM Roman Polanski thriller starring Harrison Ford as an American doctor in Paris, who gets embroiled in all sorts of sinister trouble after his wife is kidnapped. </li> <li>12.45am The Zone Interactive game show nonsense.</li></ul>	<ul> <li>7.00 News</li> <li>7.55 4thought.tv</li> <li>8.00 How to Look Good Naked</li> <li>NEW Gok Wan is back for more fashion-based flouncing.</li> <li>9.00 Living with Brucie</li> <li>At home with mega-chinned legend</li> <li>Bruce Forsyth, and his ex-Beauty Queen wife. Nice to see them, to see them</li> <li>10.00 Big Brother</li> <li>The steady descent into madness continues! Punch-up, anyone?</li> <li>11.10 The Big Bang Theory</li> <li>Sheldon tries to conceal his friendship with Penny from Leonard. The sly dog.</li> <li>11.35 My Name Is Earl</li> <li>Darnell and Joy enter the witness protection programme.</li> <li>12.35 Music on 4: The Album Chart Show Spotlight</li> <li>12.50 Mercury Prize Sessions</li> <li>A performance by the Temper Trap. (R)</li> </ul>	<ul> <li>7.30 Escape from Auschwitz         The stories of those who managed to escape the Auschwitz death camp. (R)         </li> <li>8.00 The Lost Evidence         NEW         Old war footage reveals the tactics that won the Battle of Britain. Worth watching if you need a bit of cheering up, post-World Cup!     </li> <li>9.00 NCIS         Tony's cover is blown as the hunt for La Grenouille intensifies. (R)     </li> <li>10.00 CSI: NY         The body parts of a wrestling coach are scattered around the city. Smackdown! (R)     </li> <li>10.55 K-Ville         MUST-SEE         A woman's murder is complicated voodoo magic. Hate it when that happens.     </li> <li>11.55 Poker         SPORT         Highlights of the recent Big Game IV event.     </li> </ul>
Lam	<b>1.20</b> Mary, Queen of Shops (R) <b>2.20</b> The Delicious Miss Dahl: <i>Cooking show</i> . (R) <b>2.50</b> Put Your Money Where Your Mouth Is (R) <b>3.50-6.00am</b> BBC News	1.50-3.50am BBC News	2.50 The Jeremy Kyle Show (R) 3.45-5.30am ITV Nightscreen	<b>1.05</b> Big Brother: Live <b>4.15</b> SPORT Beach Volleyball <b>5.10-5.55am</b> Countdown (R)	1.00am SuperCasino 4.05 House Doctor (R) 4.55 Rough Guide To (R) 5.10 The New Tomorrow (R) 5.35-6.00am Michaela's Wild Challenge (R)
	Vet 11.45 EVAN Dan in Real Life: Ro starring Steve Carell and Juliette Bi	5pm       52011 Colin       11.45 IIIII Dan in Real Lift         iss 11.15 The Bionic       starring Steve Carell and Ju         smantic comedy       SCOTLAND: 11.00pm Net         noche.       STV: 8.00pm Cops with C	e: Romantic comedy liette Binoche. BBC2 wsnight Scotland, Weather ameras 9.00 scott Jack Came Polly: Roma Nation 1.00 The Junt The Nightshift ULS Warriors 11.35 Br	COpen Course 10.35 EMM Along antic comedy. 12.15am Roulette eremy Kyle Show 2.00-5.30am STER: 10.35pm New Road ain Box 2.00-2.50am Numb3rs	ABLE TV TONIGH
	CAL EDODTE 1	CAL CROPTE 2	FILM4 (315)	3.00 The Office: An American Workplace	and Valeria Golino 10 45 You Have

#### sky SPORTS 2 sky SPORTS 1 6.00am Aerobics 6.30 Ocean Ride

7.00 WWE: Vintage Collection

12.00noon Mountain Biking

7.00 LIVE Winning Post: Nag-based

9.00 Motor Racing: Round four from

12.00m't European Tour Weekly

12.30am Inside the PGA Tour (HD)

action from this evening's feature races.

8.00 Golf

**10.00** Golf

3.00 Golf

1.00 Golf

9.00 Thinking Tackle

12.30pm Netbusters

1.00 Premiership Years

5.00 Premiership Years

the Norisring in Nuremberg.

10.00 Transworld Sport

11.00 Golfing World

2.00-4.00am Golf

6.00am Good Morning Sports Fans 9.00 Football Asia 9.30 Netbusters 10.00 LIVE Cricket: Leather-thwacking action on day two of the first Test between Pakistan and Australia at Lord's. (HD) 6.30pm Boots 'n' All 7.30 Football's Greatest: Combovers ahoy, it's Bobby Charlton! 8.00 Cricket: Highlights from the second day of the first Test between Pakistan and the Aussies at Lord's. (HD) 10.00 Boots 'n' All 11.00 Cricket: Highlights from Pakistan vs Australia at Lord's. (HD) 1.00am Soccer AM: The Best Bits: Some of the highlights from the past season. 2.00 FIFA Futbol Mundial 2.30 Boots 'n' All 3.30 Cricket (HD) 5.30-6.00am FIFA Futbol Mundial

#### FILM4 (315) 7.20pm Titanic: Oscar-winning blockbuster with Kate Winslet and Leonardo DiCaprio. 11.00 This Boy's Life: Drama starring Leonardo DiCaprio. 1.15-3.15am The Silence: Drama.

### **COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Frasier 9.00 Two and a Half Men 10.00 FILM Austin Powers: The Spy Who Shagged Me: Spoof espionage thriller sequel starring Mike Myers and Heather Graham. 11.50 Sex and the City 1.00am Two and a Half Men 2.00 South Park



Magazine 8.30 AFL Review Show 9.30 Russian Premier League Review 10.00 30 for 30 11.00 Major League Baseball 3.00-5.00am Bassmaster Elite Series

3.00 The Office: An American Workplace 3.30 The Sarah Silverman Program 4.00 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

### **BBC3 (115)**

7.00pm The World's Strictest Parents 8.00 Big Meets Bigger 9.00 ELM V for Vendetta: Action thriller starring Natalie Portman. 11.00 Family Guy: Bonnie gives birth to a girl. 11.45 American Dad!: Francine dreams of destroying George Clooney. 12.30am Mongrels: Destiny takes the credit when Marion performs feat of heroism. 1.00 Waterloo Road 2.00 Wags, Kids and World Cup Dreams 3.00 Big Meets Bigger 4.00 Mongrels 4.30-5.25am The World's Strictest Parents

### E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 Hot Shots! Part Deux: Spoof action movie sequel starring Charlie Sheen

and Valeria Golino. 10.45 You Have Been Watching 11.35 Rude Tube 12.40-6.00am Big Brother: Live

Т

### DAVE (111)

7.00pm Seaside Rescue 8.00 James May's Big Ideas: The latest developments in humanoid robots. 9.00 Mock the Week 10.20 Argumental: With guests Dara O'Briain and Mark Watson. 11.40 Mock the Week: With David Mitchell. 1.00am Never Mind the Buzzcocks 2.15 Rich Hall's Fishing Show 2.45-3.00am SPORT Radical Highs: Mountainboarding.

### **MTV ONE (350)**

7.00pm Gossip Girl 8.00 The City 9.00 16 and Pregnant 10.00 Jessica Simpson: Price of Beauty 10.30 Cribs 11.00 Nitro Circus 12.00m't South Park: Cartman and Kyle wage war against each other. 1.00am Jackass: Nutty stunts. 2.00 Jersey Shore 3.00-6.00am MTV Playlist

## 14 JULY WEDNESDAY FULL 7 DAY T **GUIDE!**

## sk

6.00am A Town Called Eureka (R)(HD) 7.00 Brainiac: Science Abuse (R)(HD) 8.00 Oops TV (R) 9.00 The Real A&E (R) (HD) 10.00 UK Border Force (R)(HD) 11.00 X-Weighted: Families (R) 12.00noon Law & Order (R)(HD) 1.00pm The Real A&E(R)(HD) 2.00 A Town Called Eureka (R)(HD) 3.00 Stargate SG-1 (R) 4.00 Stargate SG-1 (R) 5.00 Malcolm in the Middle (R) 5.30 Malcolm in the Middle (R) 6.00 Oops TV: Selection of home videos and out-takes (R) 6.30 The Simpsons: Moe refurbishes the bar. (R)

### 7.00 The Simpsons

Marge and Homer rent an apartment in an affluent area. Ooh, get them! (R)(HD)

7.30 The Simpsons Mayor Quimby decides to shut the Springfield borders. (R)(HD)

8.00 My Pet Shame **NEW** Embarrassing pets. Fairly embarrassing idea for a TV show as well. Turn it off! (HD)

9.00 Erin Brockovich FILM True-story drama starring Julia Roberts as a single mother who takes a job in a law firm, only to become a tree-hugging crusader. (HD)

11.35 The Real A&E Like Casualty, but with real blood. (R)

12.05am Real Filth Fighters Following specialist clean-up teams. (R)

12.35 Oops TV More home-video chuckles. (R)

1.35 Inside: The Prison Code (R) 2.30 Oops TV (R) 3.25 Shear Genius (R) 4.20 Guide to Style (R) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)(HD)

### **VIRGIN 1 (121)**

7.00pm Star Trek: Voyager 8.00 Duncan Bannatyne's Seaside Rescue 9.00 Criminal Minds: Hotch requests a transfer. 11.00 Medium 12.00m't Challenge Jackpot 3.00am Booze Britain: Binge Nation 4.00-5.00am Pyramid Game with Donny Osmond

### **SYFY (129)**

7.00pm Smallville 8.00 Impact: Disaster drama starring David James Elliott. 11.40 Painkiller Jane 2.00am Buffy the Vampire Slayer 3.00 Medium 4.00 Angel 5.00-6.00am Smallville

### FX (164)

7.00pm NCIS 9.00 Family Guy: Peter decides to buy a pick-up truck and become a redneck. 9.30 American Dad! 10.00 Dexter: Drama. 12.00m't Farscape 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Charlie Jade

## **TODAY'S MUST-SEES**

"Peter, just take the stack heels off"







### **Justified** Five USA, 10pm **DRAMA** More gun-toting crime cracking from the Stetson-adorning 19th centurystyle, modern-day police officer (er, just watch it you'll get the idea). Givens (Timothy Olyphant)

"We told you: petting!"

DRAMA New Orleans crime drama set in the

aftermath of Hurricane Katrina sees the inquiry into

a woman's murder complicated by clues hinting at

the practice of voodoo magic. Ooh!  $\star \star \star$ 



Matt Damon plays a US Army man sent to

Iraq to find weapons of mass destruction,

then gets into trouble when he doubts their existence.

Another ace film from the *Bourne* team.  $\star$ 



Green Zone

FILM

Sky Box Office/HD, From 6.30am





s, on facebook.

continues to try to take down the Crowders.  $\star \star \star$ 

Join 1000s of other fans on our official page.

facebook.com/nuts.magazine

## Dragons' Den BBC2, 9pm The bonkers

REALITY ideas series is back! So, expect Theo Paphitis to say he isn't about to blow his kids' inheritance on any hare-brained idea that's pitched to him, Duncan Bannatyne to continually fall out with Peter Jones, and for the Dragons to finally invest in an idea so obvious you'll kick yourself for not coming up with it yourself. Tonight, inventors try to obtain backing for a vineyard, road signs and frozen puddings respectively.

## NutsTV

am	6.00am Breakfast 9.15 Heir Hunters (R) 10.00 Homes Under the Hammer (R) 11.00 Real Rescues 11.45 Cash in the Attic (R) 12.15pm Bargain Hunt 1.00 BC News 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote: A theatre producer meets a grishy fate. (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.25 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather	6.00am CBeebies 8.00 CBBC 9.00 We Golf: The Open Championship: The opening day on the Old Course at St Andrews in Fife, Scotland. Excellent!	5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning: With John Barrowman and Peter Mandelson. 12.30pm Loose Women: With entrepreneur Peter Jones. 1.30 ITV News 1.55 Regional News, Weather 2.00 Dickinson's Real Deal 3.00 60 Minute Makeover (R) 4.00 Midsomer Murders (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News	5.55am Yo Gabba Gabba (R) 6.20 The Hoobs (R) 6.45 Big Brother's Little Brother 7.10 Big Brother (R) 8.20 Frasier (R) 8.45 Fern Britton's 5 O'Clock Show (R) 9.45 Deal or No Deal (R) 10.30 Everybody Loves Raymond (R) 11.00 Friends (R) 12.00noon Channel 4 News 12.05pm Wife Swap USA (R) 1.00 Come Dine with Me (R) 3.25 Countdown 4.10 Deal or No Deal 5.00 Fern Britton's 5 O'Clock Show 6.00 The Simpsons (R) 6.30 Hollyoaks	<b>6.00am</b> Milkshake! <b>9.45</b> Michaela's Animal Road Trip (R) <b>10.45</b> Trisha Goddard (R) <b>11.45</b> CSI: Crime Scene Investigation (R) <b>12.40pm</b> Five News <b>12.45</b> House (R) <b>1.45</b> Neighbours <b>2.15</b> Home and Away <b>2.50</b> Don't Stop Believers <b>2.55</b> County Secrets (R) <b>3.10</b> <b>IIII</b> Mystery Woman: In the Shadows: <i>Crime mystery starring Kellie Martin.</i> <b>5.00</b> Five News, Weather <b>5.30</b> Neighbours (R) <b>6.00</b> Home and Away (R) <b>6.25</b> Don't Stop Believers (R) <b>6.30</b> Live from Studio Five
/pm	7.00 The One Show 7.30 EastEnders Phil gives Ben one last chance to run away. Can we have one too?	8.00pm The Private Life of Chickens Is it just us, or are the Beeb seriously struggling for new ideas?	<b>7.00 Emmerdale</b> Natasha goes to the police station to confess, but they're busy dealing with a notorious goat-rustling ring.	7.00 News 7.55 4thought.tv 8.00 Celebrity Come	7.30 Fifth Gear Like <i>Top Gear,</i> only not quite as good. 8.00 Heavy Haulers
	<ul> <li>8.00 Waterloo Road</li> <li>Finn suggests to Amy they make the ultimate sacrifice.</li> <li>9.00 The Silence</li> <li>Amelia tries to bring the murderers to justice. It's squeaky bum time!</li> <li>10.00 BBC News, Weather</li> <li>10.35 Question Time</li> <li>Topical gasbagging.</li> </ul>	<ul> <li>9.00 Victorian Pharmacy</li> <li>A look at 19th Century remedies. Eye of newt, toe of frog, that sort of thing.</li> <li>10.00 Mock the Week</li> <li>MUST-SEE</li> <li>Patrick Kielty, Zoe Lyons and Milton</li> <li>Jones are this week's guests on the ace news-bashing quiz show.</li> <li>10.30 Newsnight</li> </ul>	<ul> <li>7.30 Made in Britain: Tonight A look at the UK's manufacturing industries. Thrilling stuff.</li> <li>8.00 Emmerdale Oh no - there's more!</li> <li>8.30 Coronation Street.</li> <li>9.00 Homes from Hell Property-based nightmares.</li> <li>10.00 ITV News</li> <li>10.35 Cops with Cameras</li> </ul>	Dine with Me Featuring Sam Fox, Calum Best and Jeff Brazier. "Celebrity"? Hmmm. 9.00 Undercover Boss NEW: A hotel-chain executive spends a few days getting his hands dirty. Then goes back to his big office again. A bit pointless? Yep. 10.00 Big Brother	MUST-SEE       Extreme fishing? Pah. Extreme tree-cutting?         Pffft. Extreme moving is where it's at now, and the Patterson family are the best in the business, carting massive structures across the States in their big truck. Nice.         9.00 Romeo Must Die         FILLM         Martial-arts thriller starring Jet Li and Aaliyah.
	<b>11.35 This Week</b> Gaah, more political flannel!	<b>11.20 Dragons' Den</b> More crackpot inventors embarrass themselves whilst Paphitis and co stroke their cash and look cross. (R)	Not as imposing as the cops with guns, but they take a nice picture. (R) <b>11.35 The Late Debate</b> Politicians rattling on about nothing. <b>12.05am Grimefighters</b>	The latest bitching and bawling. <b>11.10 Skins</b> JJ falls for Lara, a cashier from his workplace, but struggles to ask her out on a date. Man up JJ, man up!	<b>11.20 Police Interceptors</b> A man is caught with a van full of stolen clothes. Talk your way out of that one, mate! Big laundry run? (R)
	12.25am Sign Zone: Panorama Revisiting Haiti after the earthquake. (R) 12.55 Cracking Antiques Do you really care how much that old dear's vase is worth? No, thought not. (R)	12.20am How to Beat Tough Times: Money Watch How not to throw all your money away down the pub. Oops, too late. (R)	Police help a council worker evict squatters in Leicester. (R) <b>12.30 The Zone</b> Interactive games and shopping.	<b>12.15am Dirty Sexy Money</b> Chase threatens the Darling family, and Karen faces an armed intruder.	<b>12.20am SuperCasino</b> Live interactive gaming.
am	1.25 Put Your Money Where Your Mouth Is (R) 2.25 The Day the Immigrants Left (R) 3.25-6.00am BBC News	1.20-3.25am BBC News	<ul> <li>2.30 The Jeremy Kyle Show (R)</li> <li>3.25 Made in Britain: Tonight (R)</li> <li>3.50-5.30am ITV Nightscreen</li> </ul>	<b>1.05</b> Big Brother: Live <b>3.05</b> Dispatches: Africa's Last Taboo (R) <b>4.00</b> ELMI The Dark Corner: <i>Film noir thriller starring Mark</i> <i>Stevens</i> . <b>5.35-6.20am</b> Countdown (R)	<b>4.05</b> House Doctor (R) <b>4.55</b> Rough Guide to Journeys: <i>Italy and Thailand</i> . (R) <b>5.10</b> The New Tomorrow (R) <b>5.35-6.00am</b> Michaela's Wild Challenge (R)
	BBC1 WALES: 11.35pm Dragon's 12.55am This Week BBC2 SCOTL Newsnight Scotland STV: 10.35pt Alive: Offbeat Japanese crime thril Aikawa. 12.00m't Roulette Nation	AND: 11.00pm ULSTER: 10.35pm Crash m IIII Dead or Brain Box 2.00-2.30 Cour ler starring Sho 7.30pm Wales This Week	Scene Investigators <b>11.35</b> htrywise <b>ITV1 WALES:</b> <b>10.35</b> Sharp End <b>11.05</b>		

## TODAY'S SPORT

sky SPORTS 1 6.00am Good Morning Sports Fans 9.00 Inside the PGA Tour (HD) 9.30 European Tour Weekly 10.00 LIVE Cricket: Pakistan's battle with Australia continues on the third day of the first Test at Lord's. (HD) 6.30pm Football's Greatest: The career of former West Germany star Gerd Müller. Boo! Hiss! He was good though. 7.00 LIVE Cricket: All the action from one of this evening's Twenty20 Cup roundrobin matches. Slogtastic! (HD) 10.30 Cricket: Today's highlights between Pakistan and Australia from Lord's. (HD) 11.30 Time of Our Lives: Jack Charlton and Norman Hunter look back at Don Revie's managerial spell at Leeds. 12.30am Cricket (HD) 2.30 Cricket (HD) 3.30 Premier League World 4.00-6.00am Cricket (HD)

sky SPORTS 2 6.00am Aerobics 6.30 Ocean Ride 7.00 WWE: Experience (HD) 8.00 Golf 9.00 Rallyzone 9.30 FIFA Futbol Mundial 10.00 Modern Pentathlon 11.00 Rallyzone 11.30 Total Rugby 12.00noon Boots 'n' All 1.00pm Premiership Years 3.00 DTM Motor Racing 4.00 Boots 'n' All 5.00 Premiership Years 7.00 Premier League World 7.30 LIVE Rugby League: Hull FC vs Hull KR at the KC Stadium, kick-off 8pm. (HD) 10.00 WWE: Late Night - Raw (HD) 12.00m't WWE: NXT(HD) 1.00am Rugby League (HD) 2.30-4.30am Premiership Years

## ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315) 6.15pm Oliver starring Ben Kir

6.15pm Oliver Twist: Dickens drama starring Ben Kingsley and Barney Clark. 9.00 In Her Shoes: Bittersweet comedy drama starring Cameron Diaz. 11.30 William Shakespeare's Romeo + Juliet: Romantic drama starring Leonardo DiCaprio. 1.45-3.35am The House by the Cemetery: Horror with Catriona MacColl.

### **COMEDY CENTRAL (126)**

7.00pm The King of Queens 8.00 Frasier: *Roz auditions for a radio presenting job.* 9.00 Two and a Half Men 10.00 Michael McIntyre's Comedy



30 8.30 Eredivisie 9.30 UFC 10.00 MMA Live 10.45 BMX 11.45 AMA Supercross 1.45am Ultimate Fighter 2.45 MMA Live 3.30 Press Pass 2010 4.00-5.00am Bassmaster Roadshow: From the Edinburgh Playhouse. **11.00** Peter Kay at the Comedy Store **11.30** Sex and the City **12.40am** Two and a Half Men **1.40** South Park **2.40** The Office: An American Workplace **3.10** The Sarah Silverman Program **4.05** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

### BBC3 (115)

7.00pm Total Wipeout: Game show. 8.00 Undercover Princesses 9.00 Big Meets Bigger 10.00 EastEnders 10.30 Lee Nelson's Well Good Show: Jason Bent launches his autobiography. 11.00 Family Guy: Peter befriends OJ Simpson and Lois gets a job at Fox News. 11.45 Big Meets Bigger 12.45am Waterloo Road 1.45 Lee Nelson's Well Good Show: More stand-up and sketches. 2.15 Wags, Kids and World Cup Dreams 3.15 Undercover Princesses 4.15 The Real Hustle Undercover 4.45-5.15am Bizarre ER

### E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 CUS3533 The Big Bang Theory 9.30 How I Met Your Mother 10.00 Accidentally on Purpose 10.35 Alan Carr: Chatty Man 11.25 Important Things 11.55 My Name Is Earl 12.25-6.00am Big Brother: Live

### DAVE (111)

7.00pm Seaside Rescue 8.00 Dragons' Den 9.00 Never Mind the Buzzcocks 10.20 Have I Got News for You 11.40 Never Mind the Buzzcocks 1.00am Have I Got News for You 2.15 Pulling 2.45-3.00am Secord Radical Highs

### MTV ONE (350)

7.00pm Gossip Girl 8.00 16 and Pregnant 9.00 The Hills 9.30 The City 10.00 Randy Jackson's America's Best Dance Crew 11.00 Guy's Choice Awards 2010 1.00am Jackass 2.00 Jersey Shore 3.00-6.00am MTV Playlist



6.00am A Town Called Eureka (R)(HD)
7.00 Brainiac: Science Abuse (R)(HD)
8.00 Oops TV (R) 9.00 The Real A&E (R)
(HD) 10.00 UK Border Force (R)(HD)
11.00 X-Weighted: Families (R)
12.00noon Law & Order (R)(HD) 1.00pm
The Real A&E (R)(HD) 2.00 A Town Called
Eureka (R)(HD) 3.00 Stargate SG-1 (R)
4.00 Stargate SG-1 (R) 5.00 Malcolm in
the Middle: Francis encourages Lois to talk
to him. (R) 6.00 Oops TV (R) 6.30 The
Simpsons: Homer is hypnotised. (R)

7.00 The Simpsons Bart trades lives with a lookalike. (R)

7.30 The Simpsons Principal Skinner rediscovers the meaning of teaching. (R)(HD)

8.00 The Real A&E The team help a woman who is impaled on a rusty garden fence. Ouch! (R)

8.30 Real Filth Fighters Following London's specialist clean-up teams. Maybe they can get the rust off that garden fence? And the blood. (R)

**9.00 Lie to Me** Cal is called in to help find a gunman who paralysed a policeman. (HD)

**10.00 A League of Their Own** Sporting chuckles with Matt Le Tissier and Stephen Mangan. (R)(HD)

10.30 Modern Family The family go to Hawaii. (R)(HD)

**11.00 NCIS: Los Angeles** The team try to recover a stolen Predator drone, then go after an ex-marine who killed a businessman. Busy night! (R)(HD)

1.00 Inside: Prison Tactical 1.50 Road Wars (R) 2.40 Oops TV 3.30 Shear Genius (R) 4.20 Guide to Style (R) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)

### **VIRGIN 1 (121)**

 7.00pm Star Trek: Voyager 8.00 Chuck: Morgan and Ellie investigate Chuck's strange behaviour. 9.00 Medium: Part one oftwo. 10.00 Hustle 11.05 Most Shocking 12.00m't Challenge Jackpot 3.00am Boze Britain: Binge Nation 4.00-5.00am Pyramid Game

### SYFY (129)

7.00pm Smallville 8.00 EEEE Quantum Apocalypse10.00 Painkiller Jane 12.00m\*t EEEE Transmorphers: Fall of Man: *Sci-fi action thriller*. 2.00am Buffy the Vampire Slayer 3.00 Painkiller Jane 4.00 Angel 5.00-6.00am Smallville

### FX (164)

7.00pm NCIS 9.00 Family Guy: Peter befriends Bill Clinton. 10.00 American Dad! 11.00 Family Guy 12.00m't Farscape 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Charlie Jade

## TODAY'S MUST-SEES



15 JULY THURSDAY



## Heavy Haulers Five, 8pm New series following the decidely nutty

**DOCU** New series following the decidely nutty work of the Patterson family and their attempts to shift huge structures all over the US. First up, they attempt to move a 400-tonne brick mansion five miles across town. Over ice. Heck! **\*\*** 



## Mock The Week BBC2, 10pm

**COMEDY** More of the top show that pokes fun at the week's headlines. Guests include Patrick Kielty, host of Channel 4's *Stand Up For The Week* – a top show that pokes fun at the week's headlines. Does anyone else hear an echo? \*\*\*\*\*

## Sex & Drugs & Rock & Roll

FULL 7 DAY T

**GUIDE!** 

FILM lan Dury was a oneoff in popular music, a true star who also happened to be disabled. Left partially crippled by childhood polio, he and his group The Blockheads had some huge hits during the punk era. As a result of his stardom, he enjoyed all the trappings of the rock'n'roll lifestyle, especially the first two things mentioned in the title. Andy Serkis completely inhabits the role of Dury in this top biopic. Excellent! \*\*\*\*



**The Big Bang Theory** E4, 9pm **COMEDY**There's friction among the sartorially challenged flatmates when Sheldon invites a lady physicist to stay at the flat, only to become more than a bit put out when she takes a shine to Leonard. Cue massive geek wars! \*\*\*\*







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Nothin On You B.o.B	218908	218909
Candy Aggro Santos	218990	218999
We Dance On N-Dubz	218985	218993
OMG Usher	218588	218589
Solo lyaz	218991	219017
Stereo Love Edward Maya	218875	218876
Good Times Roll Deep	218777	218778
She Said Plan B	218586	218587
Pass Out Tinie Tempah	218293	218288
Neutron Star Collision Muse	218918	218917
Until You Were Gone Chipmunk	218797	218799
Riverside Sidney Sampson	217165	217231
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This Aint A Scouting For Girls	218582	218584

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- 217152

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conco p	_
Shout - Shout For England	219408
Wavin Flag - K'Naan	219064
, 3 Lions - The Squad 2010	219280
World In Motion - New Order	219265
Three Lions 98 - Baddiel & Skinner	219630
Jerusalem	219354
Nessan Dorma - Three Tenors	219369
Waka Waka - Shakira	219718
Tubthumping - Chumbawumba	219319
Lets Hear It EnglandI CHANT	219821
Vindaloo CHANT	219924
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It's Coming Home CHANT	218896
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## **Nuts MUST HAVE**

## YOUR SUM **GET YOUR TICKETS WITH**

**10th July Cocoon in the Park - Leeds** One of the most dedicated crowds around, the Cocoon girls know exactly what they want. feat. Sven Vath, Ricardo Villa Lobos. £40 + bf

### 23rd July Wickerman Festival - Dumfries, Scotland

If short tarten skirts are your bag then the girls here are sure to get your pipes blowing! feat. The Charlatans, Kutski, Fabio, Goldie Lookin Chain. £85 + bf

**30th July Kendal Calling - Lowther Deer Park, Lake District** Calvin Harris headlines this festival, boys & girls alike should be ready for the weekend... feat. Calvin Harris, The Doves, Kid British, Erol Alkan. £85 + bf

**30th July Tiesto - Victoria Park, London** If trance is your thing then the ladies here will be sure to light up your glow sticks. feat. Tiesto, Pendulum. £39 + bf

hotels restaurants and more... events 1

27th/28th August L.E.D Festival - Victoria Park, London A virgin festival on the scene, you'll be sure to find some fresh totty on the dance floor. feat. David Guetta, Soulwax, Leftfield. £40/70 + bf

### 28th/29th August Creamfields - Daresbury Estate, Cheshire There are plenty of single ladies at Creamfields, make sure you camp and get involved. feat. David Guetta, Deadmau5, Armin Van Buuren, Paul van Dyk. £59/110 + bf

28th/29th August SW4 Weekender - Clapham Common, London 2 days of mixed action across several tents...and then there's the dance tents themselves! feat. Armin Van Buuren, Sasha, Erick Morillo. £40/75 + bf

### 29th August Deadmau5 - Tall Trees, Yarm feat. Deadmau5 (funnily enough!). £20 + bf Northern lasses know best, this clubs has its own hotel so you have no excuses...



### DATING



### LIVE CHAT



## **Nuts** PUB AMMo Enjoy a nice, cool pint of trivia!

### Curb Your Enthusiasm star and Seinfeld creator Larry David is worth around £230million.

Facebook users have an average of 120 friends each. Anthropologists have discovered that this figure was also the maximum number of people that would make up a primitive settlement.

## In Brazil, there's a species of cockroach that eats your eyelashes while you sleep.

Anteaters have no stomach acid, instead relying on the acid content of their food to do the job of digestion for them.

### The Yanomami, a native tribe in South America, use farting as a greeting.

The world's most valuable object by weight is the Swedish Treskilling Yellow stamp, valued at around £1.5m.

A survey of more than 1,000 men in India has concluded that condoms made according to international sizes are too large for them.

Just one per cent of China's population breathe air that's considered safe by the World Health Organisation.

Research shows that the toilet cubicle nearest to the entrance to any toilet is often the cleanest because people avoid using it, thinking it will be the dirtiest.

The breast-milk of the Weddell seal is 57.9 per cent fat. This is almost twice as much fat as is in whipping cream.

During sex, the genitals of the male wasp spider snap off and lodge in the female to make sure that no other spiders can mate with her. The female then eats the male.

## PUB AMMO ON... THE WORLD CUP



 Sir Geoff Hurst is the only player to have scored a World Cup final hat-trick. The 2010 final will be played at the 94,700-capacity Soccer City Stadium. It was the site of Nelson Mandela's first speech after his release from prison.

- Germany have been defeated four times in the World Cup final

   more than any other team.
- A worldwide audience of 750m will watch the final this Sunday at 7.30pm.



WORDS: ADAM RALPH PHOTOS: GETTY, PA, GOFF-INF, ALAMY

"I told you not to have the jaifrezi'

"Like my Ascot hat?

> For a student bathroom, it was quite nice





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