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Nuts

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KARLY! BB10!

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remove your bras!



**2010's most
incredible pic!**

HORNY!

**Plus! Moyles!
Rooney!
Squirrels!**



THIS WEEK

4-10 JUNE 2010

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IN THE Nuts OFFICE!



The Nuts team enjoy lunch from Subway

Hotties pop in to promote tasty Wicked Pig snacks

Nuts NEWS

RUNNING AWAY FROM FIGHTS, EVERY WEEK!



Bullseye!

Spanish matador's chin speared by angry beast!

Spectating at a bullfight is much like watching a stuntman leaping a chasm – you go for the spectacle but secretly, you're hoping for an amusing disaster. Step forward this massive bull and his human oppo, matador Julio Aparicio.

Unfortunately for Aparicio, he stumbled on the loose floor of

Madrid's Las Ventas bullring just as the monster charged, and took the portable burger's horn full force – right in the mush.

The horn passed through his chin, past his soft palate, and emerged, covered in human spit, out of the bullfighter's mouth to awesomely authentic screams from the 25,000 capacity crowd.

Six hours of surgery later, Aparicio was stitched back up and on the mend. The poor bull, meanwhile, was taken out by his matador chums. Spaniards: unsporting so-and-sos.

See the amazing video at
www.nuts.co.uk/news

HORN IN GOB!



"On the plus side, at least my tooth isn't loose any more!"

HE SURVIVED!

"Sorry, pal, pink tights are banned in this town!"



Nuts EXCLUSIVE!

Chris Moyles!

Our fave DJ on Tom Jones, sunstroke and why he likes being grey!

Hi Chris! We're at Radio 1's Big Weekend in Bangor. How's your day been? It's been surreal and exciting because I came here, did a link with Vernon, opened the show and introduced Scouting For Girls, then had about two-and-a-half hours' break. So I went and had a few beers, then someone reminded me I had a two-hour radio show to present at four! So a litre of water later, I was on the radio and it was all fine. **Did you have any good guests?** Yeah! Cheryl Cole came in. We were meant to do it in her dressing room, but I said no way, she has to come to me – and guess what, she did! **That reminds us, where exactly is Cheryl's tent?** Oh, she's staying with me. That way she knows she'll be safe. **We're in Wales. What's your fave Welsh thing?** Tom Jones. [A high-pitched voice pipes up "Aled!" from behind us. It's Aled Jones.] Oh yes, and Aled. **Who'd win a fight between Aled Jones and Tom Jones?** Aled. He's tough as nails. Never underestimate him. **What's the drunkest you've been at a festival?** Oh, it was a long time ago. I had to go see the St John's ambulance people! Some lagers, lots of sun and no cream. Not good! **What are the toilets like here?** We get alright ones, but like anywhere else, they're nice at one o'clock, then they're not so nice by eight o'clock! **Have you ever popped into one directly after Fearne Cotton?** I've never been to the loo after Fearne, but it would smell of angels and happiness.

Chris Evans has overtaken Wogan's listening figures – is he the best breakfast DJ ever? Yeah. He's absolutely the best ever and I look up to him and admire him. And I record his show every day and listen to it later and I write down, in a notepad, all his best bits. I'm going through about a notepad a week, it's that good. **He's good at buying posh cars. How will you beat him?** Well, I read in the papers that he apparently celebrated his figures by going out and buying a £12million Ferrari. I celebrated mine by getting a Chinese takeaway delivered, which cost about £18. **Keeping it real.** Well, there's keeping it real, but if we could all afford to go out and spend £12million on a Ferrari, we would! I can't. I can just about afford a Chinese, though. It was a good Chinese. I hope his car is just as satisfying! **Leeds United. Discuss.** Happy days! Second's as good as first if you don't wanna be third. **How long do you reckon you'll hang on to Jermaine Beckford?** Oh, he's gonna go. But we'll have Ronaldinho or someone soon. They'll be queuing up to sign for Leeds. **You're looking pretty svelte, but you've got a bit of salt and pepper grey going on around the temples there.** It's the sun! Plus, you know what? It makes me look even more f**king handsome. So I kind of embrace it. **You're not going to get some Just For Men and sort it?** Do you know what? I would, but if I walked into work on Monday with black hair,

everyone would go, "You've dyed your hair!" It's too late. The only way I could get away with it is if I was filming something that needed me to have completely dark hair. **Like if they made you the new James Bond?** I don't think that's gonna happen. Maybe James Bond's next door neighbour. Daniel Craig's a great Bond. I don't believe all this stuff about the next Bond film being sidelined. It'll happen. Of course it will! **You haven't had any spats for a while – do you want to start one? You could probably take Justin Bieber in a fistfight.** I don't know if I could, you know. He looks hard. Let's be honest, though, I'm a bit too old for Justin Bieber. Dave's interview with him today was hilarious because he just said nothing for three minutes. It was just, "Yes, no, I dunno." I want to interview him, I've got loads of questions I want to ask him. "Have you ever seen a naked woman? Have you ever been so drunk you've

vomited all over yourself?" That sort of thing. But I don't think I'm going to be allowed anywhere near him. **Probably for the best. What video games are you looking forward to coming out over the summer?** I'm very fussy. I'm a *Call Of Duty Fifa* man. **Call Of Duty Fifa? That sounds awesome!** Yeah, it's basically football in the middle of a warzone. I bought an Xbox this week just so I could play it. **What's your gamertag?** It's not that secretive, but it's not got "Chris" or "Moyles" in it. **Is it "Leeds1974"?** I couldn't possibly comment! **Thanks, Chris! Finally, did you bring a special lady with you to Bangor?** I don't get it. **Well, we're in Bangor. Did you bring a special lady to Bangor?** Is that a joke? I don't get it. Although I did sleep with Cheryl Cole last night. **Did you?** No, you pillock!

The Chris Moyles Show is on Radio 1, weekday mornings, from 6.30am to 10am

The twins had a slightly different upbringing



INTERVIEW: RICH JENKINS. PHOTOS: JIM LINCOLN

DJ HERO!

"You sure this is factor 30?"

What stars smell like!

Our man got up close and sniffy at Big Weekend!



CHRIS MOYLES!

A heady mixture of lager, with the faintest whiff of Chinese takeaway – how long ago did your listening figures come in, Chris?



VERNON KAY!

Lancashire hotpot mixed with a lingering trace of ladies' perfume... but hang on, Tess doesn't wear perfume. What a mystery!



CHIPMUNK!

Ah, it's the sweet smell of success from the teenage rap sensation... and a large amount of sweat from carrying all that bling everywhere he goes. Get some Lynx, Chip!



ELLIE GOULDING!

Despite having just come off the sweatiest stage in history, the pop beauty smelled like flowers and angel's parps – certainly not guns or horses, anyway!



PROFESSOR GREEN!

Don't come over all innocent with us now, Green. That lingering sprout aroma was definitely your work. We hope you didn't drop any of those near our Rosie!

"I don't think I'd be allowed anywhere near Justin Bieber!"





Rihanna

In her vid for Rockstar 101

Good work, photographer! Faced with the prospect of the lovely Rihanna slithering sexily toward the camera, he thought fast and focused on her best bits. Her lips. Obviously!



Olga Kurylenko

In Kirof

"Kirof" isn't a Russian carrot, apparently, and frankly we have no idea what it may be. But it's all academic, really, as the only incentive a man needs to see this movie is here, stage right!



RUDE NEWS

Girl news slicker than a Florida beach



Vanessa Walker

Playing with her new iPad

It seems Apple's sexy new tablet can do anything, even step in for knickers! That, or Vanessa's trialling an innovative new way of navigating the internet using the touch screen!



Victoria Shelley

Pimp premiere, London

We don't think Victoria's a particularly forgetful young lady, so maybe all her bras were in the wash that night? Not that we're complaining about the couple of bonus "premieres"!



Rachel Stevens

Sky+ launch, London

Rachel's flogging Sky's launch of "Eau De Stade", a fragrance that apparently captures the essence of football stadiums. Mouldy pie crusts, mascot BO and disappointment, then.



Naomi M'bank-Smith

On her hols, Las Vegas

Since she had that boob job, Ms Millbank-Smith hasn't bothered with bikini shoulder straps. Pure tensile strength vs opposable boob force keeps 'em up. See, physics can be fun!

NEWS FLASH!... NEWS FLASH!... NEWS



Nuts news flash!

Rosie Jones on U2 and Glastonbury

"They should've got Professor Green to replace U2 because he's ace and I'm in his video. But I couldn't get my boobs out!"

NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!...

NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!...

COOL LEVELS!

The level we played is set in a huge Arctic environment full of floating ice, drilling platforms and sheer drops, which we too often fell down. Other levels are set on a space satellite and in a futuristic jungle, so there's lots of variety.

Nuts EXCLUSIVE!

Killzone 3: first look!

We play scorching hot new shoot'em-up - in 3D!

Killzone is a game that loves to innovate. When *Killzone 2* arrived, the visuals seriously raised the bar for gaming. And they've done it again with *Killzone 3*.


Gun battles, massive futuristic weapons and pin-sharp graphics

are all combined with 3D tech and Sony's Move controller, and it's truly taken console gaming onto another level.


Melee attacks jump out of the screen and bullets whizz past as you explore levels ten times bigger than those in *Killzone 2*.

Now all you have to do is trade in that HD TV you just bought for a new 3D one to truly appreciate this latest gaming phenomenon!

See more game trailers
at www.nuts.co.uk/video




The Elephant Man's cousins were in town – and they were angry



The Trafalgar Square pigeons had been on the steroids

JET PACKS!

Next up, we made use of the new jet jump-packs that let us ascend the oil rig and progress through the level by jumping from one floating piece of ice to another, reigning death from above by picking off baddies from our airborne position.



"Right, that's everyone in the Sex And The City 2 queue – what's next?"

3D INNOVATION!

Some of the early 3D footage is far from perfect, but there's plenty of promise. We had to blow up a substation with C4 which, thanks to the 3D, comes right out at you. Then, by flicking the controller left and right, the fuse was set. Boom!



They welcomed England home after their group stage exit

UP CLOSE AND PERSONAL

We couldn't get enough of the new melee moves, activated by following on-screen prompts. By luck, we managed to stab our first foe in the eye, spin him round and then polish him off by crushing his skull into the ground with our rifle butt.

Ultimate Furry Champion!

UFC star Dan Hardy rates a pair of scrapping squirrels!

Here at *Nuts*, we've seen our fair share of fur-flinging animal fights – but this scrap between two squirrels putting the “paw” into southpaw is pretty special!

The feisty furballs – probably squabbling over some nuts or something – went right at it in a Botswana game reserve, throwing down some killer moves. So we got Brit UFC hardman Dan Hardy to comment on this fluffy dust-up!



DAN HARDY

“You put your left hand in... oh, sorry!”

1 KUNG FU STRIKE!

Dan says: “Awesome palm strike to the head from Righty. You can really see his kung fu training with that strike – his master would be proud!”



FINIIIIIGHT!

2 ILLEGAL CHOKING!

"Lefty's double throat grab is an illegal move in the UFC. I reckon he's done it because he feels threatened by the size of Righty's pods! Look at 'em!"

"Yep, it definitely looks like piles to me"

4 POTTY TAIL-PULLING!

"Great escape from Righty. He was in a bad spot for a second but he's wriggled free. Tail-grabbing isn't allowed in the UFC. Er, neither are tails!"

3 TAKEDOWN ATTEMPT!

"Here, Lefty's using his wrestling technique. From here, he can take his rival to the ground or jump on his back for a rear naked choke."

NUTTERS!

5 CHEEKY BITING!

"Again, Lefty's taking his opponent from behind, illegally using his teeth for better grip. He'll take him to the ground this time to stop him escaping!"

"Hmm, a touch more salt, I think"

6 LETHAL BLOW!

"The final strike! A double Shaolin fist to Righty's solar plexus. A devastating move from Lefty that incapacitates his adversary. Great stuff!"

RUCKING RODENTS!

Dan Hardy's verdict

"After a dominant display, Lefty wins with a knockout blow. If he keeps this up, we'll have to start calling him Woodchuck Liddell!"



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170MPH 4X4!

- This hulking monster is the Onyx Concept Range Rover Sport – a faster, meaner version of the famous 4x4.
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- This means the Onyx Concept Range Rover Sport V8 is crammed with more power than a Lamborghini LP560-4!
- The slick styling is beefed up by new bumpers, modified spoilers, extended wheel arches and a rear diffuser, all made from flashy carbon fibre and fibre-reinforced plastic.
- It can reach 0-60mph in an impressively nippy time of just under five seconds and exceed 170mph, making it probably the fastest Range Rover in the world!
- The whole package, including a new Range Rover Sport V8, is priced at around £79,000 – expect to see these parked outside Premier League clubs soon. Except maybe Blackpool!

PHOTOS: WWW.ONYXCARS.IE

See loads of cool car clips at nuts.co.uk/spambank



"I've lost the keys – just leave the window open!"

YOURS FOR £79K!

1 WEEK TO GO!

Your England XI

The first-choice World Cup team... voted for by you!

Nuts NEWS

Well, the pundits have had their expensive say, Mr Capello's whittled the team down to 23 possibilities, but who do you, the British public, think should start in South Africa?

This is a question our virtual chums over at Nuts.co.uk asked. And you answered. A lot! Over half a million Nuts readers have voted so far. Here are the results (with ratings). Emile Heskey, you may want to look away now!

WORDS: RORY BUCKERIDGE
PHOTOS: GETTY



Midfield: James Milner 7.7/10

Midfield: Aaron Lennon 7.6/10

Defence: Rio Ferdinand 7.1/10

Defence: John Terry 7.5/10

Keeper: Joe Hart 7.8/10

Midfield: Steven Gerrard 8.2/10

Midfield: Frank Lampard 8.3/10

Defence: Ashley Cole 7.7/10

Striker: Jermain Defoe 7.7/10

Striker: Wayne Rooney 9.3/10

Defence: Glen Johnson 7.0/10

FABIO'S BOYS!

See the results in full at www.nuts.co.uk/vote

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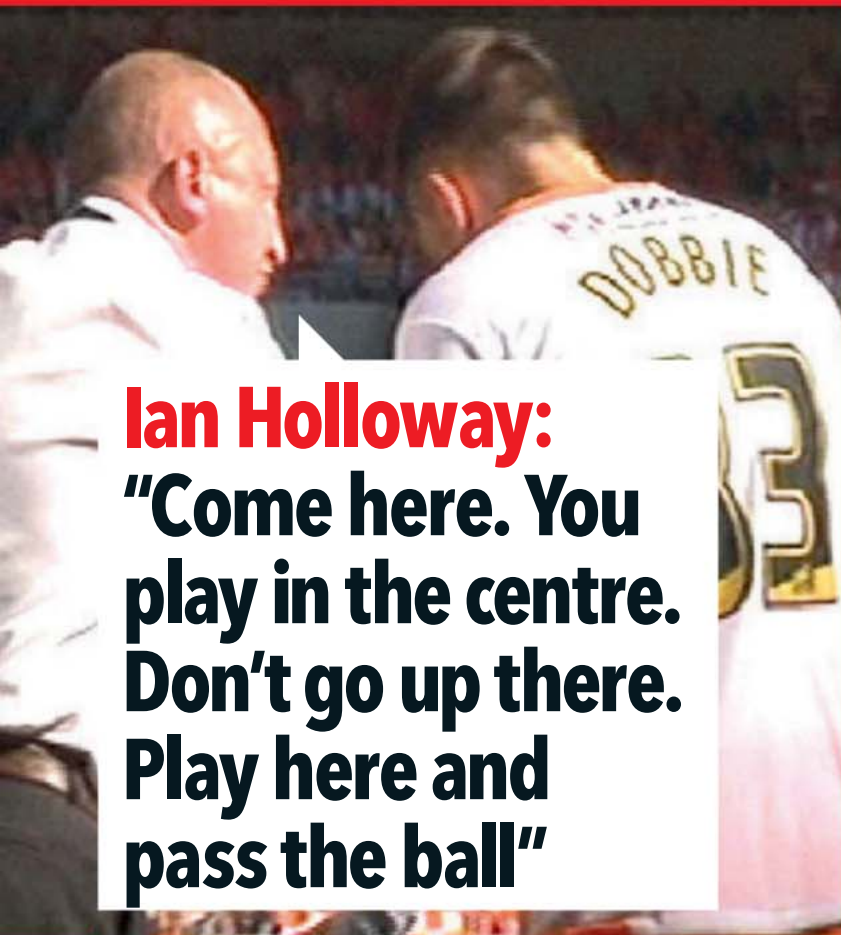
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THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!



Ian Holloway:
"Come here. You play in the centre. Don't go up there. Play here and pass the ball"

BLACKPOOL VS CARDIFF Wembley, Saturday 22 May, 4.25pm
The Blackpool gaffer talks tactics with striker Stephen Dobbie.



Fabio Capello: "Good match there, better than I thought!"

ENGLAND VS MEXICO 9.50pm The England boss is pleased by the workout his team have been given by a talented Mexico side.



Mark van Bommel:
"Every time, diving!"

BAYERN MUNICH VS INTER Santiago Bernabeu, Saturday 22 May, 9.14pm Bayern's midfielder is sick of the Inter players' theatrics.



Joe Hart: "Wazza! Wazza! Keep it going, keep it going!"

ENGLAND VS MEXICO Wembley, Monday 24 May, 9.30pm
The young keeper gives Wayne Rooney a bit of encouragement.

POTTY-MOUTH OF THE WEEK!



Matt Gilks: "F**k off, ref, he bashed into me! How's that a f**king corner?"

BLACKPOOL VS CARDIFF 4.26pm The Tangerines' keeper gives the ref an earful after Cardiff win a dodgy corner in the play-off final.

TO CONTACT THE LIP-READER, WRITE TO: JOHNINRCASS@HOTMAIL.COM

STEAL OF THE WEEK!

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1710-CB-S01W360-NUTS

The tiny man had beat them to the sunbed

Her boob-charming act needed work

Girls on tour!

Katie, Danielle and Rosie give Portuguese locals a topless treat!

Dear mum, Having a triffic time on holiday in the Algarve. It's been really hot! Dave fell asleep in the sun and the berk is as red as a lobster – we could fry eggs on his beer belly!

The bars are great – the beer's a bit expensive, but the red wine's cheap as chips. Talking of chips, we found a great greasy spoon round the corner from the hotel!

Oh, and we bumped into Katie Green, Danielle Mason and Rosie Whiteman by the pool. Smashing girls!

Love, Nuts



Instant great boobs – just add water!



"So that's why it's called the breaststroke!"

Frankly, Lilo had never been happier

THEY'RE HOT!

WORDS: RORY BUCKERIDGE
PHOTOS: UNLEASHEDDIGITAL.COM/HARRY P



Suddenly, Stan lost interest in his crossword



The water polo team's warm-down routine drew a big crowd

BOOBY BABES!



"And six slippery nipples, please!"

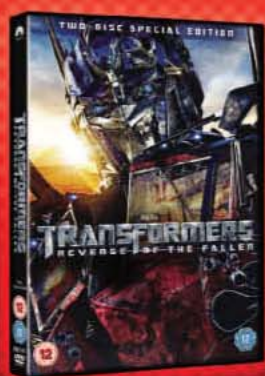


"Is it just me or are there an awful lot of lifeguards around?"



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DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com

'The blade went into my hand!'

Paint stripper causes pain!

Here at *Nuts*, a workplace accident might leave us with an ink smudge on our forehead or square eyes from staring at topless babes all day. For Ben Sheswell, a decorator from Northampton, a slip at work left his hand with a mini Grand Canyon in it!

"I was working with a heavy-duty paint stripper, and I put a bit too much force into it," Ben, 21, tells *Nuts*. "The stripper came off the wall and the huge blade went straight into my hand. I looked down and saw this massive, gaping hole!

"There was loads of blood pouring out, so I wrapped my hand in some joggers and elevated it, then went straight to hospital.

"Physio's going well and I should get use of the hand back and be back at work soon – although someone else can do the paint stripping next time!"

ON THE MEND!



SLICED OPEN!



"OK, maybe my high five was a bit hard!"

Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com



*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 68 APPLY

Nuts GEAR



The Econogo's battery, rechargeable in just an hour, offers 22 miles of juice

£1,999

Econogo scooter

www.econogoelectricscooters.co.uk

Nuts says: A retro-styled electric scooter, this'll help save the planet but also features a removable battery. So you can park up, then hoik it out to recharge it. With no juice, it'll be harder to nick, too!

Sony's slogan used to be "Like No Other" but it's now "Make Believe"

Sony Vaio P Series

www.sony.co.uk

Nuts says: Dinky netbook that looks good while packing a GPS, 3G, an accelerometer and a digital compass, for all your computing, browsing and orienteering needs.

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Palm Pre Plus

www.o2.co.uk

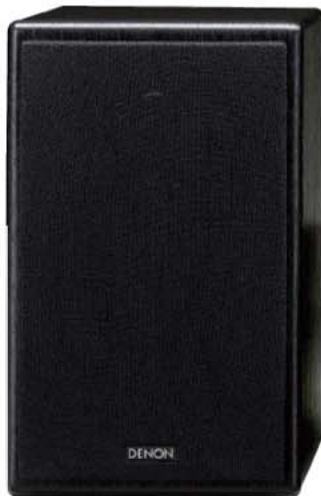
Nuts says: Version two of Palm's ultra-slick moby adds a larger touch screen, a beefier chip and 16GB of storage, maintaining its status as a fine iPhone alternative.

Denon D-M38DAB stereo

www.denon.eu

Nuts says: Great-sounding micro hi-fi with an iPod connection, this'll play iTunes, plus any app you've got loaded - Last.fm, Spotify etc.

£330



Check out more reviews at www.nuts.co.uk/reviews

PETER DINKLAGE DANNY GLOVER MARTIN LAWRENCE JAMES MARSDEN TRACY MORGAN CHRIS ROCK ZOE SALDANA LUKE WILSON



DEATH AT A FUNERAL

15 CONTAINS STRONG LANGUAGE, SEX REFERENCES AND COMIC DRUG USE

DAD'S LEFT A LITTLE SECRET BEHIND!

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YOUR LETTERS

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Apache performance

Dear Nuts,
This is me on the right, and my mate Cpl O'Neill, with David Beckham when he came to visit the Apache Detachment recently. He's a lot shorter in real life!

Marc Eason, AH Detachment, Afghanistan

Yeah, but he's a bit handy on the football pitch, isn't he?



Sofa-king silly!

Dear Nuts,
We've found the next Stealth Bumming-style craze – "putting heavy things above your mate's head while he's blotto".

Chris "Killer" Killen, via email
Very funny, Chris. Come on then, readers, let's see your attempts!



A Darke delight

Dear Nuts,
This is me in my Nuts vest. What do you think?

Siobhan Darke, via email
Lovely smile, lovely eyes, lovely boobery – lovely all over!



Dead sex-Sea

Dear Nuts,
These are HMS Chatham's engineers taking a break from piracy operations in Somalia, floating on the Dead Sea reading our favourite magazine.

Jason Peek, HMS Chatham
The high salt levels in the Dead Sea make you float, which is ironic, because it's salt that makes us sink. Well, that and the chips we put it on!



When Roxy met Ronnie

Dear Nuts,
Is it me or did porn legend Ron Jeremy turn up on *EastEnders* recently? Whatever next?

Len, Newcastle
Sorry, we have no idea who Ron Jeremy is. Honest!



STEALTH BUMMING CORNER!

ONLY IN Nuts!



"The craze for Stealth Bumming has got so out of control that it's now in your very own magazine!" *Brendan, via email*



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ONLY IN Nuts!

"This is me rocking my beloved team's strip!"
Hollie Trainer, Burnley

"Here I am looking all sultry - enjoy!" **Nicci Egerton, Cumbria**

"This is me chilling out in my bedroom!"
Emily Hards, via email

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Text 'Nuts' and your sexy camera phone pic to **0771 388 8008***

Nuts SPAM BANK!

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"What? It's cold in here!"



"That's a spicy curry!"

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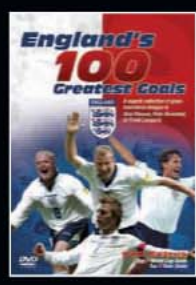
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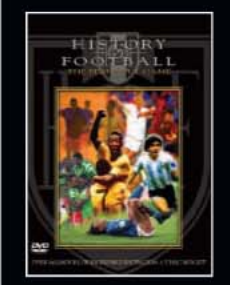
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YOUR JOKES!

Bursting with all the best gags, every week! Send your jokes to nutsjokes@ipcmedia.com or to the address on p68

SHORT JOKES!

Q: Did you hear about the optician who fell into the lens machine?

A: He made a spectacle of himself

Nickie, Great Yarmouth

It's good to see the voting system works. I voted for no one, and they won!

Martin, via email

Q: What do you say to a man stealing a gate?

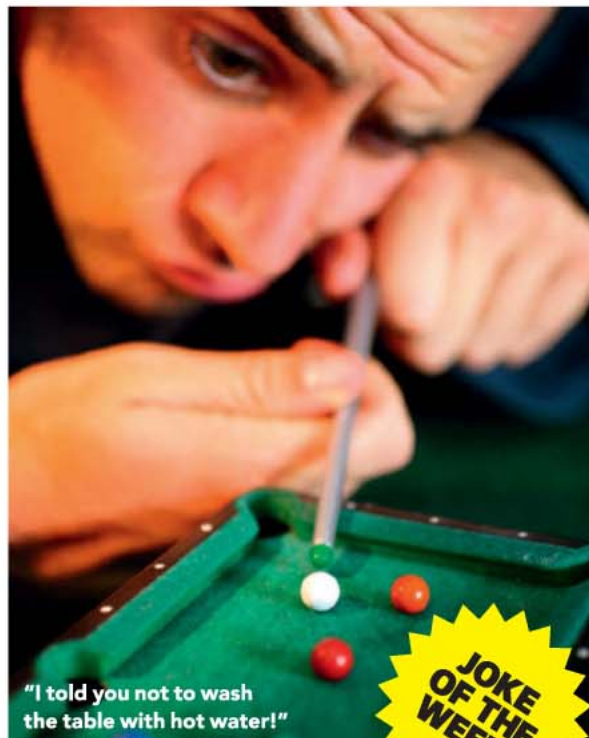
A: Nothing at all, as he'll take offence

Ollie Smith, via email

Q: What's the difference between Nick Griffin and a bus?

A: A bus has seats

CJ Allisdair, Gourrock



"I told you not to wash the table with hot water!"

JOKE OF THE WEEK!

Snooker loopy

John Higgins has said that if he's banned from snooker, he'll really miss it.

Do you reckon he'll miss it on purpose?

Luke H, via email



Spell on Earth

One Aussie walks up to another and says, "Hey, mate, could you help me? I'm trying to spell the word 'orange'."

"Jeez, mate!" roars the other guy. "What are you, some kind of idiot? Didn't you go to school? How stupid are you?"

The tirade continues for a few minutes, until the angry Aussie calms down and says, "Now, which one are you trying to spell – the fruit or the colour?"

Romain Deepak, Bristol

Dim-itar

Dimitar Berbatov walks into a bar with a dog that's got no legs, no tail, no eyes and no nose.

The barman says, "Dear Lord, what an utterly useless creature! Where did you get him from?"

"Manchester United," replies the dog.

Rhys Tetley, Bamburgh



Win a Sony LCD TV and Armored on DVD!

Send jokes to nutsjokes@ipcmedia.com or the address on page 68. The sender of the best joke* wins a 26in Sony LCD TV and a copy of explosively entertaining heist thriller *Armored*, courtesy of Sony Pictures Entertainment. With Jean Reno, Laurence Fishburne and Matt Dillon, *Armored* is out now on Blu-ray™ and DVD**.



YOUR JOKES CTD...

Optimus ruined another photo



Drive-by

A lorry driver dies and goes to heaven. "I'm too young to die," the driver argues. "I'm only 55!"

"Really?" says St Peter. "According to our records, you're 82."

"How did you get that?" the lorry driver asks.

"We added up your time sheets," says St Peter.

Chris P, Hungerford

"Oi, stop copying me!"



Seal the deal

An Eskimo is on a driving holiday through Wales when his car breaks down outside the small village of Castell Newydd.

A passing Welshman offers to take a look under the broken car's bonnet.

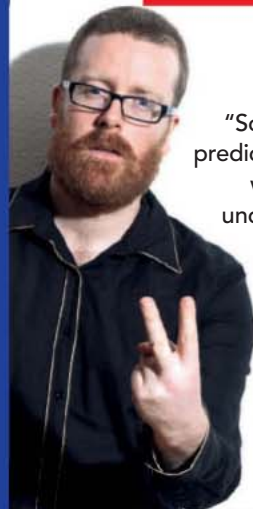
"Ah, it looks like you've blown a seal," he says.

"So what?" replies the Eskimo. "At least I don't sh*g sheep!"

Tony Crispin, Cumbria

FAMOUS BLOKES' JOKES!

50% MORE GAGS!



FRANKIE BOYLE:

"Scientists have now predicted that Norwich will be completely underwater by 2050.

The people of Norwich really can't wait for this to happen – it'll finally give them a chance to use their webbed hands and feet!"



ALAN CARR:

"Remember the time that all your aunties weren't 'aunties', just old women Nan used to hang out with?"



JASON MANFORD:

"I'm friends with Abu Hamza on Facebook. He's gonna be in trouble for his status update. 'Abu's going to blow up an airport.' 'Osama likes this.'"



TIM VINE:

"The advantage of easy origami is two fold"

RICH HALL:

"I don't see the point in testing cosmetics on rabbits. They're already cute"



PETER SERAFINOWICZ:

"I was thinking if Microsoft made actual windows, all our houses would be full of thieves and prostitutes!"

DAVE BARRY:

"Although golf was originally restricted to wealthy, overweight Protestants, today it's open to anybody who owns hideous clothing!"





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Seen something daft? Snap it, send it in and win £100!



"This isn't the kind of thing you expect to see on your way to work in the morning. It would seem that some people never pay attention to what road signs say!" **Anon, via text**



"I came across this sign the other day. Sounds dirty!" **Paul Childs, Leominster**



"I'm not a big fan of Chelsea, as you can probably guess." **Leonard, Newcastle**



"I spotted this sign in a gift shop. It's tempting but I think I'll pass." **Dan, York**



"The Spanish locals weren't very happy with our sculpture!" **Harvey, Belfast**



"I saw these in Amsterdam. He should've gone to Specsavers!" **Darren, Saltburn**

SCREWED FOOD CORNER!



"Poor orange. He simply didn't stand a chance." **Mat Shaw, via text**

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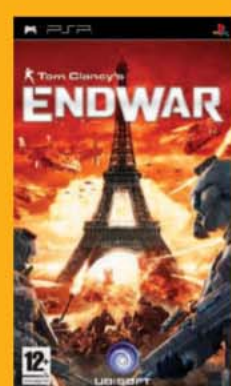
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THE TRUTH ABOUT SEX WITH... SOPHIE HOWARD!

Nuts girls solve your bedroom bother!

Email questions to thetruth_sex@ipcmedia.com

ONLY IN Nuts!



IN OUR OFFICE!

I like big girls!

I find chubby girls sexier than skinny ones, and my mates find this hilarious. Am I weird?

Lewis, Portsmouth

Not at all! I was talking to my friend about this the other day because I'm quite curvy. Chubby girls are tighter downstairs because if you're too skinny, you haven't got any padding and it feels looser. Also, chubby girls have bigger boobs and bigger bums, which, as we all know, are sexy! Tell your mates to sod off!

Nuts BABES' SEX TIPS!

NEW TO Nuts!

No.16: "If you want to have sex on a beach, make sure it's on a sun lounger and do it at night so there's less chance of being caught!"

Lindsey Strutt



Will the ladies think I'm gay?

I use my girlfriend's products, such as moisturiser, and I've even started dressing in the Russell Brand style. How far can I go before lasses think I'm gay?

Justin, Coventry

That depends on the girl. I'm not a fan of that kind of thing. I don't mind a bit of trimming (pubes are essential!), but straightening your hair and over-moisturising? Forget it! But that's me – if your girl's happy, that's what matters.

Is it all about the length?

Does the length of a guy's penis really matter? Mine's quite short but hey, it's well fat!

John, Grimsby

To be honest, it depends on how short you're talking. As long as you're in the realms of average length, you'll be fine because a lot of girls like a fat one. If you're shorter than average, just make up for it by being dirty in bed!

She's a big flirt

My mate's missus keeps giving me the odd flash of plunging cleavage and it's driving me mad. What's she playing at?

Alan, South London

Maybe she isn't getting enough attention off your mate and wants to make him jealous. Or perhaps she actually has a thing for you. Either way, I strongly suggest that you don't rise to the bait!



"If you're short, make up for it by being dirty in bed!"



NEXT TIME: HOLLY PEERS ANSWERS YOUR LETTERS!

SO YOU WANNA BE A FIGHTER!



PlayStation
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IN A FIELD!

LOUISE 24, from Worthing
"Howdy, pardners! There's gold in them there fields!"



IN THE LIBRARY!

SARAH-JAYNE 19, from Leicester
"Ssssh! I'm letting them out in the local library!"



POSTER POSE!

LEXIA 24, from Sheffield
"I hope I know the answer to this question already!"



Win £100! 

All printed pics get a Nuts vest-and-shorts combo. The winner gets £100!* Send your snaps to nutspopout@ipcmedia.com or by text to **0771 388 8008**.

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IN A PARK!

BECKY 18, from Wolverhampton
"Now it's nice and sunny, it's time to pop them out in the park!"

LOUIS WALSH!

The X Factor judge on Jedward, Simon's shoes and Cheryl's smell!

Hi Louis! We're here because you're promoting new Tango Fake Tan. Will you be giving some to Simon Cowell and Piers Morgan? I think they're orange enough already. Jordan, Peter Andre, David Dickinson, Dale Winton – there's more than enough orange people in this country! **Simon Cowell is 50 now, so he'll be dead soon. Why don't you marry him, then when he dies, you'll get all his money?** I don't need his money, I have my own. And I'd have to look at him in those heels all day! **Does Cheryl Cole get changed in front of you?** Never. We all have our own dressing rooms. She stays in hers all the time. **Could you try to sneak us a photo with your phone?** I couldn't do that to her. We're all friends on the show. **How does Cheryl smell?** Nice. Everyone on the show does.

Who's the smelliest person in show business? Piers Morgan on *Britain's Got Talent*. He looks smarmy and he smells smarmy. **Piers said you were the worst judge he'd ever seen after you filled in for Simon Cowell on the show. Are you going to have a fight?** No, because I've had 30 number one records, he hasn't. He's a good journalist but he's pompous. He's a poor man's Simon Cowell. He's very intelligent, he's just not a very good judge of entertainment. **Sharon Osbourne gets her dogs to poo in a box and then sends them to people she doesn't like. Has she ever sent a dog-poo-in-a-box to you?** No, because she likes me. **Who would you send a poo-in-a-box to?** I wouldn't do it. Think of the poor postman! **Simon wants either you or Cheryl to join him on *The American X Factor*. Ladies first, surely?** None of that's true. I don't think he knows who he's going to have yet. I think he'll have Americans! **You recently said Bruce Forsyth is so old, he should be dead. Are you after his job too?** No. I got a phone call one morning to tell me Bruce has

slagged off *The X Factor*. I was in bed so I said, "I thought he was dead" as a joke. I know he's not! You have to love him. **Do mums come up and kiss you on the street because you invented Westlife and Boyzone?** Absolutely. That's true. Grannies do it as well. **Dannii Minogue's pregnant. Is it yours?** No! We don't know whose it is. Dannii's pregnant, Simon's getting married, Cheryl's getting a divorce. What am I doing right? **Do you carry Jedward around, one under each arm?** Never. Your questions are getting worse, *Nuts*! **You've been in show business for years. Ever thrown a TV out of the window?** No. **Have you ever done crack, smack, coke, dope, speed, E, ketamine, Viagra or miaow miaow?** No. **Ever had an orgy?** No! **What's the most rock 'n' roll thing you've done?** I'm not really rock 'n' roll. I like the music but I don't do the cliché with a leather jacket and jeans, or a T-shirt with *Nuts* on it! **Do you live in a big house with Bono and Ronan Keating?** No. How could you live in a house with those two egos? I live in a house alone.

Aren't you lonely? No. I get a lot of visitors. **You sit there behind your comfy desk deciding who can and who can't sing for a living. So let's hear you, Louis. No excuses! I can't sing.** That's why I'm a manager. **Sing *Umbrella* by Rihanna.** No. I don't sing. **What about a bit of *Twinkle Twinkle Little Star*?** No! **Just do one note.** You're not even going to get that! **What'd be your talent if you were on *Britain's Got Talent*?** Getting rid of Piers. I'd wave a wand and get rid of him. **Would watching the rubbish *X Factor* auditions be more fun if you were drunk?** I like watching them. That's why people watch, because it gives them all hope. They all think, "I can do better," and they can. **Do you keep a leprechaun down your pants for good luck?** No. Everyone thinks every Irish person loves Riverdance, *Father Ted* and leprechauns. It's not true! **Thanks, Louis! Will you show us your craic before you go?** I'm showing it now. This is it! ■

Louis is the face of new Tango Fake Tan. See www.facebook.com/youvebeentangoed



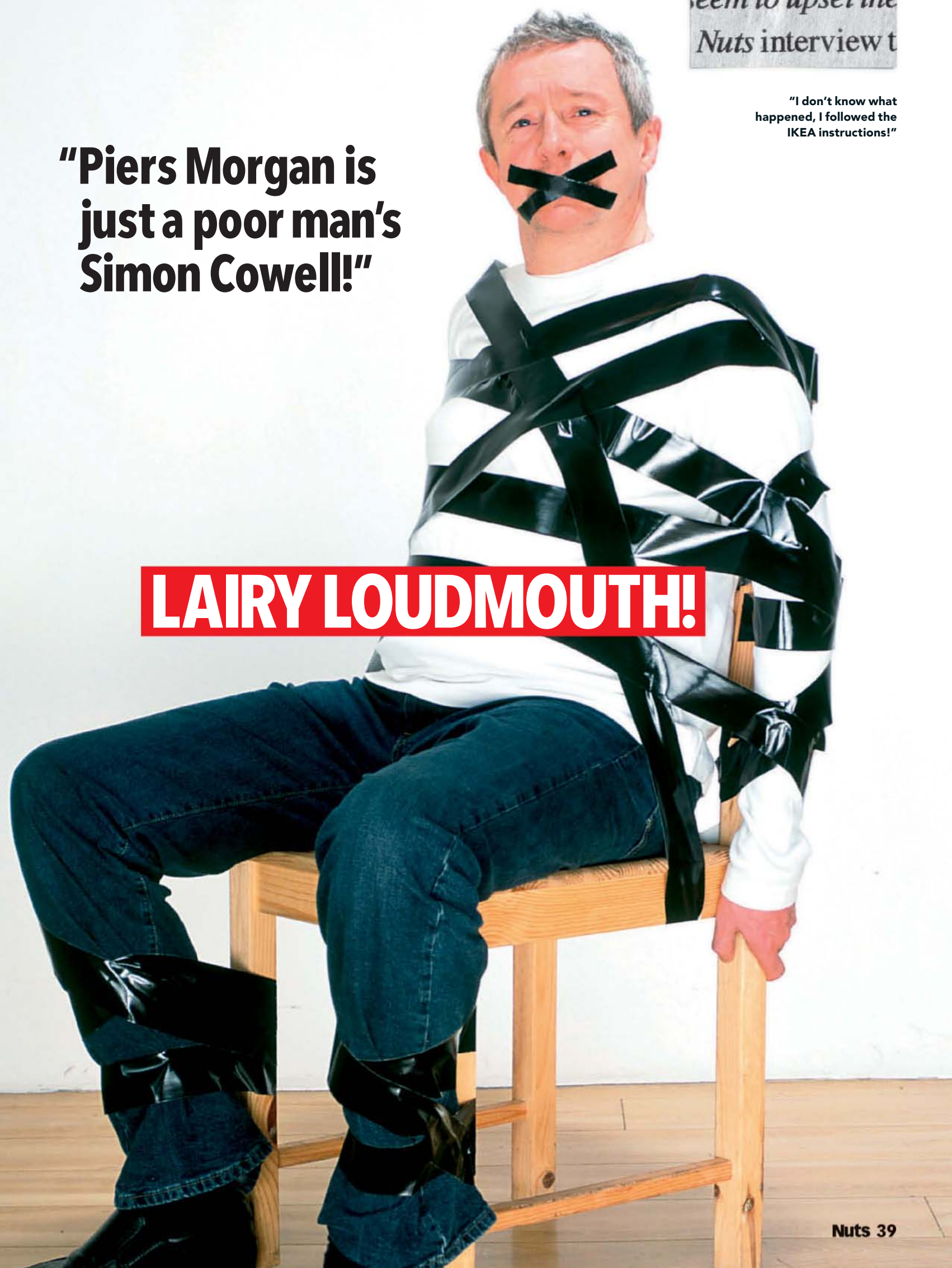
"I know it's black tie, but any chance?"

WITH NUTS MAN!

"I don't know what happened, I followed the IKEA instructions!"

"Piers Morgan is just a poor man's Simon Cowell!"

LAIRY LOUDMOUTH!





happy_hunter!
"Wowee, I've bagged me a beauty! Now to manfully pose for a photo... dangit, Spot, get away! Away! Save it for the tent later!"



When _photos_ get_ruined!



If Boots don't muck up your pics, this lot will!



berk_on_a_bike!
In fairness, Lance Armstrong never had to deal with lamppo... ah, who are we kidding? You're an idiot, sir, plain and simple!



ODD ONE OUT!

darth_invader!
"Luke, I am your father... and these other Fathers are from across the globe. They're just here to watch the wedding ceremony!"





dirty_dog!

Poor tree – just as he’s about to be snapped with two fit women hugging him, a dog with a full bladder turns up. Unbe-leaf-able!



happy_hippo!

When you’re the least attractive person in a photo like this, it’s time to give up. Having said that, that hippo knows how to pose!



HE’S LAMPED!



potty_protester!

Now that’s just rude! Mind you, there really is nothing worse than having to wear a wrinkled shirt in the morning!



weeing_wally!

Dammit, that guy has messed this pic up for everyone – did he not get the memo about maroon tops? Oh yeah, and he’s peeing!



randy_cows!

Apparently, this happy couple decided to get married on a farm – so a beefy session was inevitable at some point, we suppose! ■

WORDS: RICH JENKINS

SEXIEST BIG BROTHER BABES EVER!

As the last ever series kicks off, we present *BB's* best bits!



30 **CHARLEY UCHEA**
BB8

Charley didn't endear herself to the public, but she does look good out of her bikini!



29 **GRACE ADAMS-SHORT**
BB7

Grace was evicted by an 87.9 per cent majority. Well, 100 per cent of us think she's fit!

28

KINGA KAROLCZAK BB6

We reckon Kinga will always be remembered for her wine bottle antics. Wow!





27 **SHABNAM PARYANI** *BB8*
We don't remember much about Shabnam but we'd be happy to be reminded!



25 **EMILY PARR** *BB8*
Emily will be forever known as "the one who said a naughty word", but let's not forget she was also lovely!



26 **SHELL JUBIN** *BB5*
Shell celebrated her uni results by going starkers in the garden. Then Britain's menfolk celebrated, too!



24 **NARINDER KAUR** *BB2*
Another *BB* lady who's nicer on the eye than the ear. Luckily, *Nuts* is sound-free!



23 **MAYSOON SHALADI** *BB9*
Maysoon actually walked out of the house, proving she's just as clever as she is sexy!



22 **NICOLE CAMMACK** *BB9*
Nicole was sent into *BB9* because she was dating Rex. Let's hope she's single now!



21 **MAKOSI MUSAMBASI** *BB6*
We loved *BB6*, and Makosi's girl-on-girl kisses with Sam and Orlaith helped a lot! ➔



20

NIKKI GRAHAME BB7

A classic case of "never mind the 'difficult' personality, just enjoy the view". And we will!



19

AISLEYNE H-W BB7

Aisleyne is another lovely who made the cover of *Nuts*. We do spoil you, don't we!



18

KATE LAWLER BB3

Kate is a fitness addict, and runs marathons nowadays. So would we if it meant a snog from Kate!



10

IMOGEN THOMAS BB7

She was fit in the house, and then she decided to get a boob-boosting op. Amazing!



15

EMMA GREENWOOD BB5

Emma has been drinking with the *Nuts* staff – and drank us under the table. What a lady!



14

VANESSA NIMMO BB5

Tasty Vanessa got startlingly naked with Shell in the pages of *Nuts*. Which we enjoyed!



09

SAM HEUSTON BB6

Possibly BB's sauciest ever lady, Sam worked at *Nuts* after the show. Honestly!



08

ORLAITH MCALLISTER BB6

Orlaith loved people feeling her surgically redone boobs. What a flatmate she'd be!



17

**AMY
ALEXANDRA** BB8

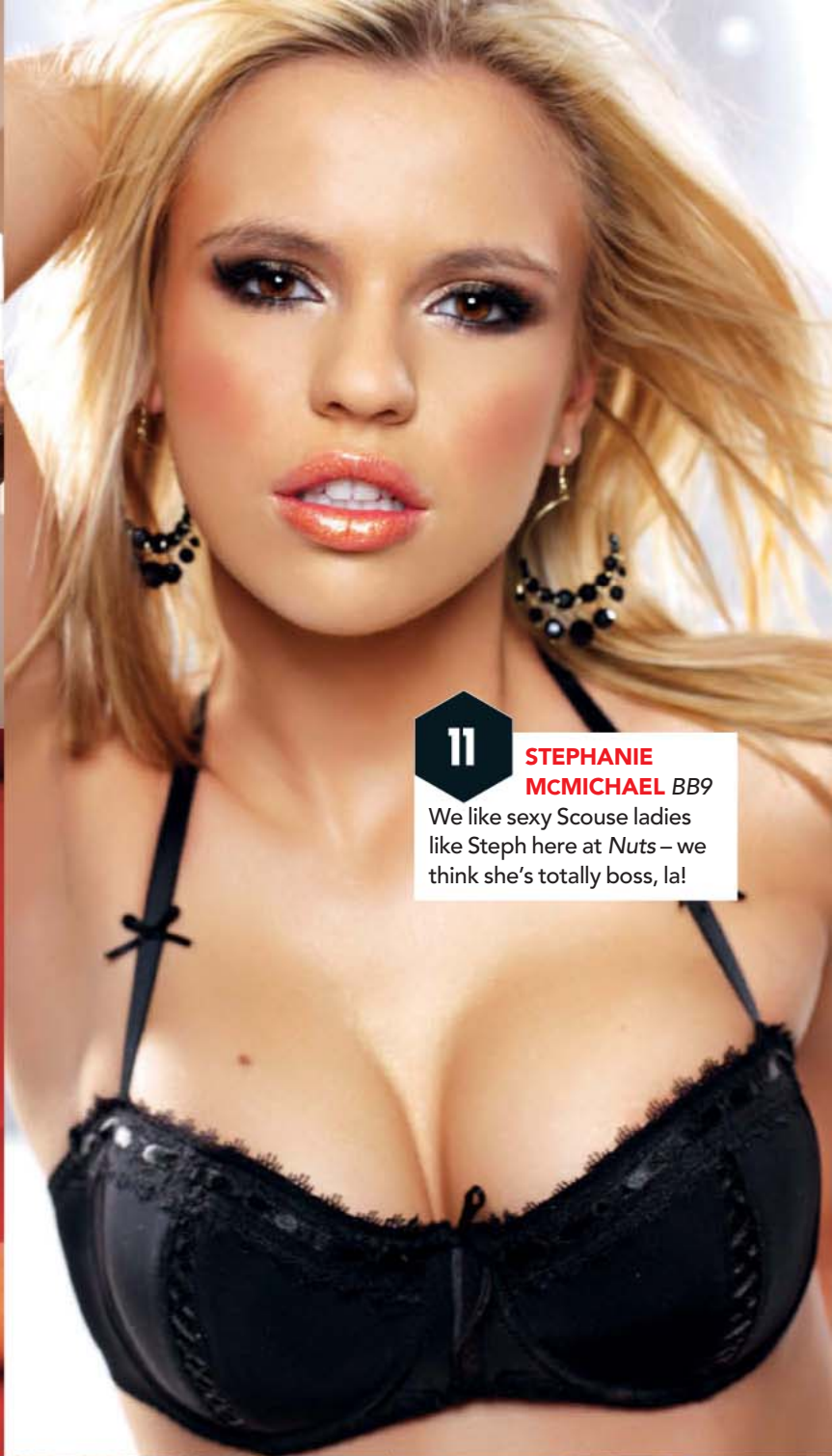
As soon as she arrived in BB8, Amy seemed naughty. And she didn't disappoint!



16

**SYLVIA
BARRIE** BB9

Another BB babe who's been called "a tad feisty", but she does fill out a bikini very well!



11

**STEPHANIE
MCMICHAEL** BB9

We like sexy Scouse ladies like Steph here at Nuts – we think she's totally boss, la!



13

**TANIA DO
NASCIMENTO** BB4

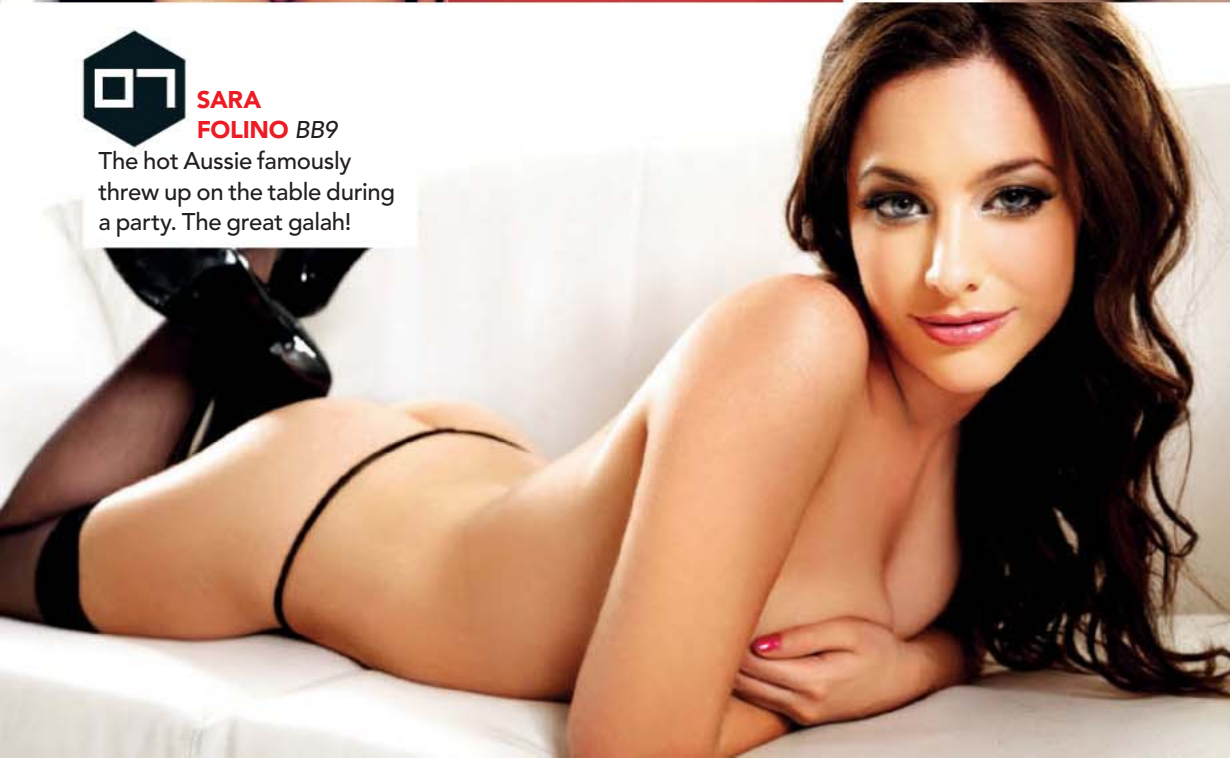
Tania's probably the lady who made BB producers decide to get sexy babes in every series!



12

**MICHELLE
BASS** BB5

The loopy Geordie used to say "Chicken" a lot. But she's still fit. Howay the boobs!



07

**SARA
FOLINO** BB9

The hot Aussie famously threw up on the table during a party. The great galah!



06

**KARLY
ASHWORTH** BB10

Karly's website just has the words "Karly Ashworth" on a page. That's it! Minimalist. ➡



05 **NOIRIN KELLY** BB10
Irish beauty Noirin had her eyebrows shaved off in the house. Not that we noticed!



04 **SASKIA HOWARD-CLARKE** BB6
Few people who witnessed Saskia bouncing around in a bikini have ever recovered!



03 **CHANELLE HAYES** BB8
Once she got over that Ziggy nonsense, Ms Hayes went on to become a Nuts favourite!



EXCLUSIVE
NEW
SHOOT!

02

**JENNIFER
CLARK** BB9

Jen was called "Big Brother's biggest bitch". We watch on mute, so wouldn't know! ➔

WORDS: PETE CASHMORE PHOTOS: ANGUS YOUNG, ZOE MCCONNELL, PAUL MUSSO, JAMES BETTS, CELEBRITYPICTURES.CO.UK, FRANK WHITE, NEONPICTURES.COM, REX, UNLEASHEDDIGITAL.COM/HARRY, POPSTARPICTURES.CO.UK, SOLARPIX.COM, MATRIPHOTOS.COM

SEXIEST *BB* BABES



EXCLUSIVE
**NEW
SHOOT!**

SOPHIE READE BB10

Hi Sophie! Are you excited about the return of *Big Brother*? Massively! I'm definitely going to watch.

I usually choose my favourite hot guy and try to meet him afterwards. It's lots of fun!

Should they finish with a bang and make this year's series the sexiest ever? Yes. They need to cram in lots of fit girls and one nice-looking guy, and let them all fight over him. When I was in the house, I'd look at the door all the time and pray someone good-looking would suddenly walk in!

What sort of stunts should they pull on the housemates? They should just be really horrible, as that's when you see people's personalities come out. As it's the final one, they should make it as evil and entertaining as possible!

If you were invited to go back into the house, do you think you'd be more outrageous this time around? I would be if they put some hot guys in there!

I didn't have sex in the house last time but I would've if there'd been someone in there I fancied.

"I'd love to do a sexy *BB* shoot with Chanelle!"

Which other sexy *Big Brother* contestant would you like to join you if you went back in? Chanelle. She has an amazing bum and boobs. I'd like to do a *Big Brother*-style shoot with her, so we could do lots of sexy poses on the Diary Room chair!

Did you have any rude dreams in the house because you went without sex for so long? Well, I never "sorted myself out" while I was in there, but all the guys did. The trouble was, at night, you could see the production team working on the show behind the mirrors. That ruined the mood for me a little bit!

When you came out of the house, were you pent up with sexual frustration? Yeah! I was desperate to go out and have a good time. I'd been in the house for ages and was massively frustrated. I couldn't wait to get out and relieve myself! Ha-ha!
What was your first post-house, er, "cuddle" like? The poor bloke didn't know what had hit him! It was an all-night thing. I had to make up for lost time! ➔



Nuts Sophie Reade





It was a popular advert but did nothing for red shoe sales



SEXIEST BB BABES

How would you describe your ultimate *Big Brother* babe? I like a slim girl with blonde hair and big boobs. In fact, you might as well send me back in! I'm a huge boobs fan. I loved it when Lea Walker went into the house [in *BB7*]. I was amazed by her boobs!

Since you've come out of the house, has your life changed? It's totally different. I get to go to loads of amazing parties and premieres, and I get to drink for free. That's the best part! Ha-ha!

Did Cristiano Ronaldo really try it on with you? Yeah! I went out for a meal and he opened the door for me and gave me his phone number, but my boyfriend at the time dragged me away. I thought, "Why did I have to bring him here tonight?" Ha-ha! I like Ronaldo. I think he's nice and he has a fantastic body.

Where's the weirdest place you've been recognised? In the toilets of clubs and restaurants – any public toilet! People stand there with a camera and I'm like, "Let me pull my dress up first!"

Are you a millionaire now? When you add together the prize money and the stuff I've done since, I've made good money out of it, let's put it that way.

What's the most expensive thing you've bought with all that cash? I bought an apartment in London but most of my money goes on clothes, my hair and shoes. I buy really expensive shoes!

Apparently, you wanted to be an air hostess but you're afraid of flying. Is that true? Yeah, I wanted to be a trolley dolly. But I don't like flying and I don't like walking on planes, because I have no balance. So I wouldn't have been very good! Ha-ha!

Was it the uniform you liked, then? I love wearing uniforms. Policewoman, firewoman, nurse... I'm up for them all!

Does that apply to when you're in the bedroom, too? Definitely! I've got loads of fancy-dress clothes. If you can think of it, I've got it! My favourite's a nurse's outfit that looks a bit leathery. It's different and very sexy. I'll have to show it to the *Nuts* readers! ■

The last ever series of Big Brother starts on Wednesday 9 June at 9pm on Channel 4.

INTERVIEW BY: RICH JENKINS PHOTOS: MORTEN HARKET STYLING: KAREN WILLIAMS HAIR & MAKE-UP: SALLY CAIRNS CLOTHES: WITH THANKS TO PRIMARK

Nuts SPORT

FORGETTING OUR KIT, EVERY WEEK!

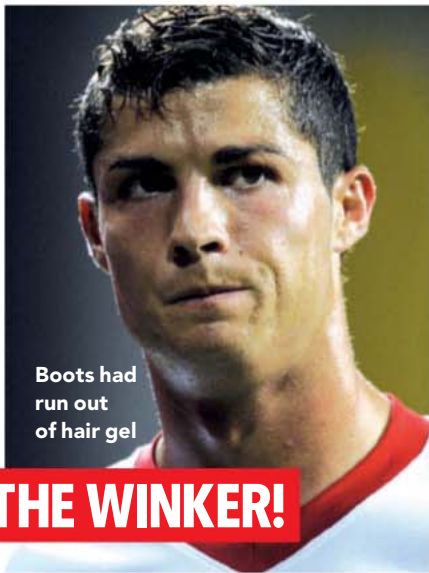
Nuts EXCLUSIVE!



'We fear Rooney!'

Ronaldo, Messi and Kaka on their biggest World Cup threat

As the World Cup kicks off in a few days, all eyes will be on the likes of Cristiano Ronaldo, Lionel Messi and Kaka. But who makes the three best players in the world lose sleep at night? Why, it's none other than our very own Wayne Rooney! And here's why...



Boots had run out of hair gel

THE WINKER!

Ronaldo PORTUGAL

"Wayne is an incredible footballer. He plays in training the same as he does in matches. He plays to win, no matter what, and his technique is such that he could play in any league in the world. He's that good. For England, he's a big hope but this won't affect him in a bad way. He's one of the most dangerous players in the tournament and could win the Golden Boot. As a friend, I hope he does well. But not too well!"



"Yes! My first facial hair!"

LITTLE GENIUS!

Messi ARGENTINA

"I don't know Rooney as a person but he's an impressive individual. He has an old-fashioned approach to the sport. It's football, football, football – the fame and money aren't important. England are a strong side for this World Cup and a lot of this is down to Rooney's skills and determination. Yes, he scores goals and provides for others but he'll also chase and chase for his team. Would I like to play in the same side as him? Of course!"



He'd taken one in the pods

SAMBA STAR!

Kaka BRAZIL

"Rooney's such a young man, yet it seems he's been around forever! Every year, he gets better. He scores, makes goals for others, defends – I can't see a real weakness in his game. But it's his sense of 'team' that's most impressive. Even though he's devastating as an individual, he considers the collective to be most important. With Rooney, Gerrard and Lampard in the team, England can have a strong World Cup!"

PHOTOS: GETTY, EMPICS, CORBIS



"Chip shop's open, you say?"

ENGLAND'S BEST!

Top Wazza Pub Ammo



- The 2009-10 PFA Player of the Year, Rooney has also won the Young Player of the Year award twice and the Player of the Month award five times.
- He covers an average of 7.5 miles per game.
- At top speed, he reaches 9.7 metres per second – that's not far off an Olympic sprinter!
- He was a keen boxer before giving it up to concentrate on football, but he remains a big fan – he once carried Ricky Hatton's belt into the ring.
- He has the most lucrative sports-book deal in history, worth almost £10million over 12 years.
- He scored a hat-trick on his debut for Man United in a 6-2 Champions League win against Fenerbahce.
- He's played 31 competitive games for England, notching up 13 goals.



England vs USA

Saturday 12 June, 7.30pm, ITV1

KAMMYY!



He's footy's funniest pundit – and he's only in *Nuts*!

ONLY IN
Nuts!



"Sorry, lads. This isn't the kind of threesome I had in mind"

Jose will be the Real deal

I said a few months ago that Jose Mourinho would win the Champions League with Inter this year, and I was proved right. Now he's bound for Real Madrid and with the resources he'll have at his disposal, he's bound to be a success there. Real's stars haven't performed but there's no better motivator in the game than Jose Mourinho.



Fabio's boys need to become men this summer!

With the World Cup just about upon us, I've been thinking about England's greatest moments – and let's face it, there haven't been many in the past 40-odd years! Since 1966, it's been one disappointment after another, from Diego Maradona's handball in 1986 to losing numerous penalty shootouts.

So the difference this time around has to be the mentality. Fabio Capello has to instil a winning mindset into the squad,

"The difference this time has to be the mentality"

the kind that won't see them falter when the pressure is really on. The squad that won England the World Cup in 1966 was full of real men who didn't shirk a challenge when the going got tough, and we have a few of those in the current side – notably, Wayne Rooney and John Terry.

Watching the friendly against Mexico, I couldn't help thinking how much England miss Terry when he isn't playing, because he's fearless. You only have to look at the way he bounced back from missing the vital penalty for Chelsea in the Champions League final against Man United. Just a couple of years on, he's led his team to the Double. I know he's lost the England captaincy

to Rio Ferdinand, but he's still a leader of men just like the great Bobby Moore was all those years ago, and that's what England need to win the trophy in South Africa, because other countries have more talented squads than us.

Anyway, I hope *Nuts* readers get right behind the boys – although that might be asking a bit much of our Scottish, Welsh and Irish readers! Ha-ha! Come on, England!



RUMOUR HAS IT!

Everton's Mikel Arteta is a hugely underrated talent, and I can see the likes of Man United and Arsenal fighting for his signature this summer.



CHRIS' CRYSTAL BALL!

Chris rates this week's transfer rumours!

1 FABREGAS TO BARCELONA £40MILLION

"I think this is a question of 'when', not 'if'. Cesc has his heart set on joining Barcelona and it's really just a matter of sorting out the fee now."
KAMMY SAYS: 5/5

2 AGUERO TO MAN CITY £52MILLION

"Atletico Madrid's 21-year-old Sergio Aguero will soon be one of the world's best strikers. He would grace any English side."
KAMMY SAYS: 3/5

3 PIENAAR TO SPURS £20MILLION

"Steven Pienaar had a great season with Everton but he turned down a new contract, so he could be on his way to White Hart Lane before long."
KAMMY SAYS: 4/5

KAMMY'S UNBELIEVABLE-OMETER™

UNBELIEVABLY GOOD!

MAGIC JOHNSON
It's great to see Man City youngster Adam Johnson being given his chance in the England team. I'm a big fan of the lad – he'll go a long way."



UNBELIEVABLY BAD!



BAINES PAIN
Sadly, though, I don't think Everton defender Leighton Baines has it in him to make the jump from club football to international quality. Not yet, anyway.

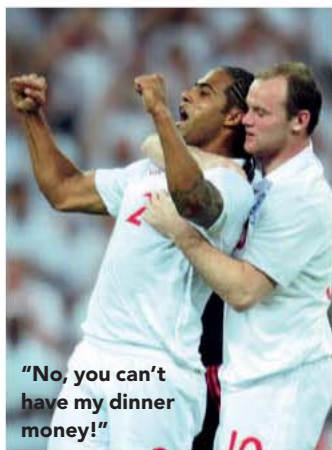
ASK KAMMY!

Hi Kammy!
OK, let's cut to the chase – having seen our form in the pre-tournament friendlies against Mexico and Japan, do you reckon England can really end 44 years of hurt and win the World Cup in South Africa?

Paul Carrow, via email

Of course they can! With a little bit of luck and the team spirit I mentioned [see left], Fabio

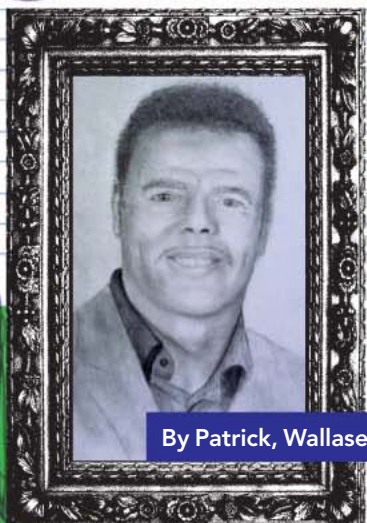
Capello's men can go far in the tournament. They could even go all the way and win it!



"No, you can't have my dinner money!"

DRAW KAMMY!

This effort from Patrick from Wallasey is amazing and could be the best yet. Can you beat it? Send in your efforts and a Nuts T-shirt could be on its way to you!



By Patrick, Wallasey

Kammy needs you!

Send Kammy your jokes, pics and anything else you think might tickle him to kammy@ipcmedia.com. The best one each week will be sent a Nuts T-shirt!



Be on the ball!

Going abroad to watch the World Cup? Then know the score

www.fco.gov.uk/worldcup

STAY SAFE!



The World Cup is nearly upon us (hooray!). Whether you're lucky enough to be going to South Africa itself or watching it on the big screen from a European resort or bar, there are a few tips you should follow to make it a trip to remember, not one to forget.

No matter what your destination, the Foreign and Commonwealth Office (FCO) has loads of useful travel advice and top tips to help you make the most of your holiday and cheer on the lads without any nasty surprises. Have a butcher's at fco.gov.uk/travel.



Here are a few things to remember...

GET SOME TRAVEL INSURANCE!

In the unfortunate event that anything should happen to you while you're in a foreign country, you'll want to make sure you get all the help and treatment you need to get you back on track. If you're going to Europe, you can get your mitts on a free European Health Insurance Card (EHIC), which will give you some reduced or free emergency care. But it's better to go for the full travel-insurance whack to ensure you're fully covered. Head to www.ehic.org.co.uk for more information.

KEEP YOUR STUFF SAFE!

Just like at home, there are folk abroad who see tourists as an easy touch to pick-pocket. Make sure all your valuables are on your person and out of sight at all times – especially in crime hotspots such as train stations. And keep an eye on your passport – 30,000 of them were lost or stolen last year!

STAY HEALTHY!

The last thing you want to bring back from a big trip is a disease, so find out if you need any shots before leaving. Pack condoms, too, as some places have higher rates of HIV/AIDS.

KNOW YOUR DESTINATION!

It's worth researching the country you're going to, as laws and customs abroad can be very different to ours. Visit the travel advice section of the FCO website (www.fco.gov.uk/travel) for destination info, including local laws and customs. If it's South Africa you're off to, you'll find the locals welcoming, but there are dangers just like anywhere else.

So wherever you're watching the footy, be on the ball!

Check out www.fco.gov.uk/worldcup or call 0845 850 2829 for more information

Holloway's 10 funniest quotes!

Barmy brilliance from the bonkers Blackpool boss!

It's not just the World Cup we're excited about - Blackpool's Premier League arrival means loads more of the funniest guy in footy! Gents, give it up for Mr Ian Holloway!



His Gandalf audition was all wrong

"Our performance today would have been not the best-looking bird but at least we got her in the taxi. She wasn't the best-looking lady we ended up taking home but she was very pleasant and very nice, so thanks very much, let's have a coffee"

"I love Blackpool. We're very similar. We both look better in the dark!"

"Hasney [Aljofree, of Plymouth] has bust his hooter. He can smell round corners now!"

"In the first half, we were like the Dog & Duck, and in the second, we were like Real Madrid. We can't go on like that. At full-time, I was at them like an irritated Jack Russell!"

"I wrote the word 'ugly' on the board at half-time and I wasn't talking about myself - although I could've been"

"It was lucky that the linesman wasn't stood in front of me because I would've poked him with a stick to make sure he was awake!"

"If you're a burglar, it's no good poncing about outside somebody's house, looking good with your swag bag ready. Just get in there, burgle them and come out. I don't advocate that, obviously, it's just an analogy!"

"They munched on a lamb. I'd have liked us to be lions but, unfortunately, we had a bit of mint sauce on ourselves!"

"We need a big, ugly defender. If we had one, we'd have dealt with their first goal by taking out the ball, the player and the first three rows of seats in the stands!"

"Roy Keane's like a shark. He has those eyes. You don't know if he's going to buy you a drink or eat you!"

PHOTOS: GETTY

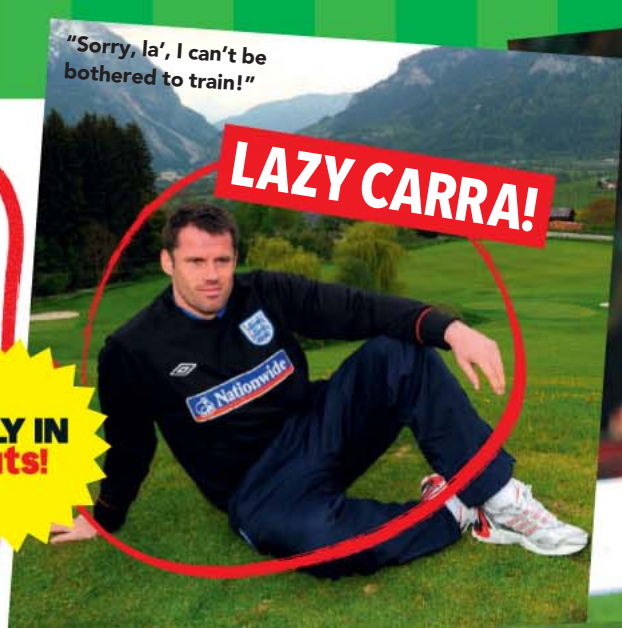
RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN
Nuts!

"Sorry, la', I can't be bothered to train!"

LAZY CARRA!



RIDE 'EM!



"You know, I think I prefer my Lexus!"



"Well, they're better than Emile!"

2ND XI!

NAFF CAR!



"This is worse than Thierry's bike!"

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MAN-LOVE CORNER!



"I don't care what they say, I think you're cute!"

IT'S RUDE RIO!

Ride a Roo!
"Shouldn't this be in Man-Love Corner?"

HOP ON!

"Anyone got any Veet?"

GUUULL!

"Hey, Julio, Have you met my bird?"

HE'S HAIRY!

WORDS: PETE CASHMERE PHOTOS: GETTY, PA PHOTOS, AMA, REX



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Samsung Tocco Lite £179

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'QUOTE ME ON THAT!'

Sporty types talking a load of toilet!

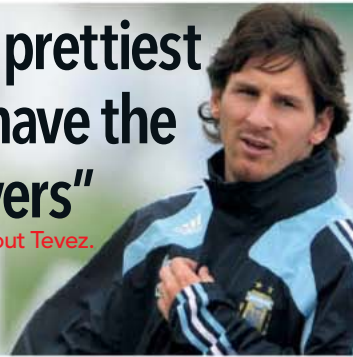
"Calling me a national treasure makes me sound like the Nora Batty of football"

David James denies being an old woman.



"We play the prettiest football and have the prettiest players"

Argentina's Messi forgets about Tevez.



"The Stadium of Light's pitch is so flat and bobbly"

It's either one or the other, Paul Jewell.



"If it ends up 21-19, so be it"

Nottingham Forest gaffer Billy Davies predicts a goalfest.



"When you have the most beautiful girl in the world, you hope she'll also wear the nicest dress"

Weirdly, Fifa chief Sepp Blatter is talking about the box for the World Cup trophy.

"It's easier to find a 50-year-old virgin than a sponsor for Michael Schumacher"

The Formula One legend's manager, Willi Weber, can't find a woman.



"It's gonna be biscuits for life, isn't it?"

Blackpool's Ian Evatt on the benefits of being promoted.



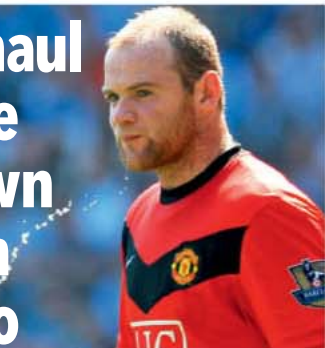
"I don't want to name players but Scott Parker and Matthew Upson received new contracts"

Alan Curbishley does a terrible job of not naming names.



"On long-haul flights, I've been known to sleep on the floor so I can hear the engine"

Don't ever go on a long-haul flight with Wayne Rooney.



"My head was too big to get through doors"

Big-boned Coventry boss Aidy Boothroyd.

'OO-ER SOUNDS A BIT RUDE' CORNER!

"I'd like to feel what Sir Alex feels"

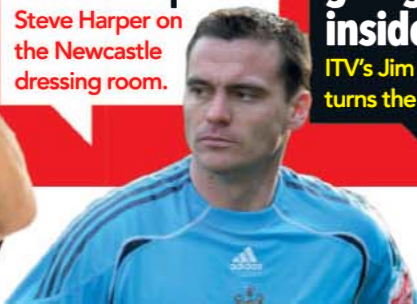
Sky Sports' Andy Gray reveals he has the hots for Mrs Fergie.

"The floor was a couple of inches deep in all sorts of liquid"

Steve Harper on the Newcastle dressing room.

"The keeper thought Robben was going to come inside him"

ITV's Jim Beglin turns the air blue.



ONLY IN Nuts!

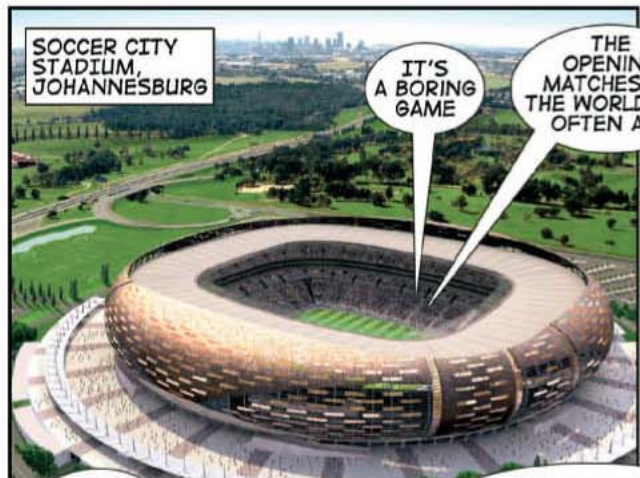
ALL NEW STORIES!

Nuts SPORT

Striker

By PETE NASH and SIMON RAVENHILL

striker3d.net



SOCCER CITY STADIUM, JOHANNESBURG

IT'S A BORING GAME

THE OPENING MATCHES OF THE WORLD CUP OFTEN ARE



MAYBE WE SHOULD HAVE GONE ON SAFARI WITH ERIC



GIVEN THE CHOICE, I'D RATHER BE BORED

T' LADS DON'T KNOW WHAT THEY'RE MISSING! GOING ON SAFARI IS T' CHANCE OF A LIFETIME FOR MOST FOLK

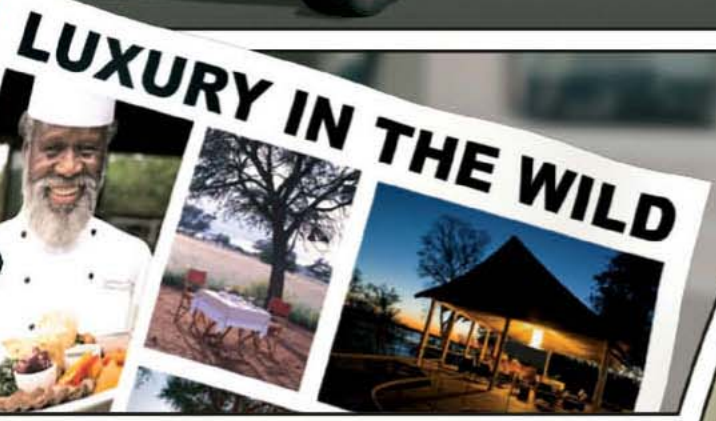
I STILL THINK WE SHOULD BE GOING WITH A GUIDE



IF WE WERE SLEEPING OUT IN TH' ELEMENTS I'D AGREE - BUT VANESSA'S IDEA OF ROUGHING IT IN T' KALAHARI DESERT IS TO STAY IN A **FOUR-STAR** RESORT ON ACCOUNT SHE COULDN'T FIND A FIVE-STAR ONE...



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SO YOU WON'T BE ABLE TO SHOOT ANYTHING?

ONLY WI' THIS



TALKING OF VANESSA, WHERE IS SHE?



I'M RIGHT HERE, BOYS! DO I LOOK THE PART?

CONTINUED NEXT WEEK

Nuts REAL GIRLS

TEXT: BBS FICREBROTSPH.FICISTUSE



BEDROOM BABEL

Siobhan 19, Cornwall, beauty therapist
"I like my man to make me feel special, so I want to be with someone who hasn't slept with loads of other women!"

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**ONLY IN
Nuts!**



Danielle

19, Norfolk, barmaid

"My best features are my eyes - I've had people stop me and comment on them before!"



Lynsey

25, Carlisle, student

"My dream first date would be on a sandy beach, sipping cocktails in skimpy undies!"



Mieke

20, London, student

"I'd love to be a WAG, go out with a sexy footballer and live the dream in Hollywood!"

Terrie

24, Colchester, dancer

"Pole dancing keeps my figure sexy, and I like to show it off in my silky pink all-in-one!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

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WITH NUTS

Every Monday night at EDEN

Terms and conditions This voucher entitles the bearer to a 40 per cent discount on the price of one ticket to one Go Nuts In Ibiza night, held every Monday at Eden, Calle Salvador Espriu, San Antonio, 07820, Ibiza (the "Venue"), between 7 June 2010 and 13 September 2010 inclusive. This voucher is valid between 7 June 2010 and 13 September 2010 inclusive. This voucher is redeemable only on tickets purchased at the Venue on the night and cannot be used when purchasing advance tickets. To obtain your discount, please hand this voucher to the receptionist at the Venue prior to purchasing your ticket. This voucher has no cash value and can be redeemed only once. This voucher is, and shall remain, the property of IPC Media Limited ("IPC") and is not for re-sale or publication. Entrance to the Venue is subject to ticket availability. IPC, the promoter of this offer, reserves the right to cancel any or all of the Go Nuts In Ibiza nights at the Venue and in such event this voucher shall cease to be valid and IPC shall not be liable to you in any way whatsoever as a result of you being unable to use this voucher. Promoter Head Office: IPC Media Limited, Blue Fin Building, 110 Southwark Street, London SE1 0SU.

LADIES CONFESS!

100%
REAL
STORIES!

TO OUR SECRETARY!



IT'S LOU!



CONFESSION OF THE WEEK!

'We had sex in the kitchen'

One night, my fella and I had friends over for a takeaway. Offering our guests a coffee, my bloke left the room, giving me a sly look as he went. So I followed him to "help". As soon as we got to the kitchen, I lifted my dress and slipped off my thong. My man's hand found my clit and he massaged it slowly. Unleashing his shaft, he guided it inside me. We made love against the sink, then I begged him to finish me off from behind. A few minutes later, we returned with the coffee and our friends were none the wiser!

Holly, Suffolk

'Our picnic turned steamy'

It was a really sunny afternoon, so my boyfriend and I decided to have a picnic in the garden. After some good food and a few cold beers, I seductively sucked on a strawberry and flashed him

a bit of thigh. This was the only invitation he needed and soon, he was on top of me, pinning me to the blanket. Things got steamy very quickly – before long, he was licking my breasts while my fingers worked his shaft. He suggested we go inside to finish off but being the adventurous

sort, I suggested we stay put and do the business right there in the garden. I could hear my next-door neighbour pottering around in his shed, so I tried to be really quiet. But as I approached an intense orgasm, I let out a loud groan. I couldn't stop myself! A few days later, I bumped into my neighbour in the supermarket and he went all red. I'm sure he must've got a sneaky peek of our al fresco naughtiness!

Clara, Winchester

'I could feel her getting hornier'

I thought I'd share my seven-year secret with your readers. In 2003 and in my last year of university, I discovered my wilder side. I'd already been having sex with my female roommate for a few months but one night, we agreed we'd both like to try a threesome. So a few days later, I pulled a really sexy bloke in a club and took him home. You should've seen his face when he spotted my roommate spread naked on the bed! I stripped off while she kissed him and took his trousers off. Watching my friend take him into her mouth as she played with herself quickly made me wet, so I made him do me from behind while I pleased my friend lying in front of me. As he rode me harder and faster, I could feel my friend getting hornier, which turned me on even more. Just as I came, she gasped beneath me and we all collapsed in a heap!

Jody, Colchester

'He tore a hole in my tights'

I work in an office where there are loads of fit guys. A few weeks ago, one of them started being really flirty with me, subtly stroking my hip in the kitchen and winking at me. The next thing I knew, we were sending dirty emails back and forth. I'd often find myself leaving work at the end of the day with wet panties! After about a week of this, he called me, asking me to go to his office. I had no idea what he was going to say but he quickly blurted out that I was making him really horny. Checking there was no one outside the office, he stood up and showed me his huge hard-on bulging beneath his trousers. I was really turned on, so I walked over to him and sat on the edge of his desk with my cleavage almost in his face. He groaned and ran his hands up my thigh. Then he tore a hole in the crotch of my tights, slipped his fingers into my knickers and pushed them inside me. It felt so naughty knowing that someone could walk in and catch us at any moment, and it didn't take me long to come over his hand. It was so naughty, and I can't wait until the next time he summons me to his office!

Katey, Newport

Win £50!



Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on p68. The best one each week* wins £50! Come on, girls!

**ONLY IN
Nuts!**

REAL GIRLS, REAL PLACES!

THIS WEEK:

Name: Dani
Age: 22
Boobs: 32F. "I think they're amazing!"
Likes: "Older men."
Ever kissed a girl? "Everyone has!"
Strangest place you've had sex? "At work. No, not with the cleaner!"
Sex tip: "Spank my arse!"

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 68. You must be at least 18 years old.

Dani's tasty tour of Twickenham

She puts the sex in Middlesex!



Dani on... keeping fit!

"My dad bought me some gym equipment because I hate getting all hot and sweaty in front of strangers! I try to use it at least four times a week."

HELLO!

Dani on... her home!

"Twickenham's great because there are lots of sexy rugby players walking around! There isn't much to do, though, so I go to London for a night out."

Dani on... dressing up!

"I really like dressing up in the bedroom. I have a fishnet dress with some very sexy PVC boots. No one wants to sleep with a girl in granny pants!"



**Dani on...
her boobs!**

"My boobs are 32F, which means blokes never look at my face when they're talking to me! But if I didn't like it, I'd make more effort to cover them up."

Dani on... food!

"These Fruit Pastilles ice lollies are amazing! I'm also a big fan of McDonald's and I love carbohydrates. Toast, pasta, potatoes, chocolate – anything I can get my hands on, really!"

**Dani on...
getting ready!**

"It takes me about three hours to get ready for a night out, as I need to have a shower, do my hair, tan and make-up, then decide on an outfit!"

**"I really like
dressing
up in the
bedroom"**

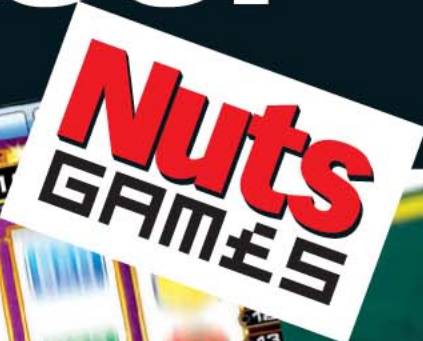
**Dani on...
beauty sleep!**

"I need my beauty sleep, so at weekends I get up at about midday. I sleep like a starfish, so there isn't much room in my bed for visitors. Sorry, guys!"



Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!



Deal or No Deal top tips!

Deal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one recent winner walked off with £1.4m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the *Deal Or No Deal* TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

Chris B won £456,168 on Deal or No Deal!**

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"



GET UP TO **£100 FREE PLAY*** ON DEAL OR NO DEAL! SIGN UP TODAY AND ENTER PROMO CODE **NUTSA22**

WWW.NUTSGAMES.CO.UK

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BABES OF MYNUTS!

The hottest ladies from our website

ONLY IN Nuts!

THIS WEEK:

Tanya

20, Southampton

Your three wishes? "To make something of myself, to win the lottery and to go on holiday by the end of this year!"

Favourite tippie? "Archer's or vodka and Red Bull."

Favourite films? "Pretty Woman and Independence Day."

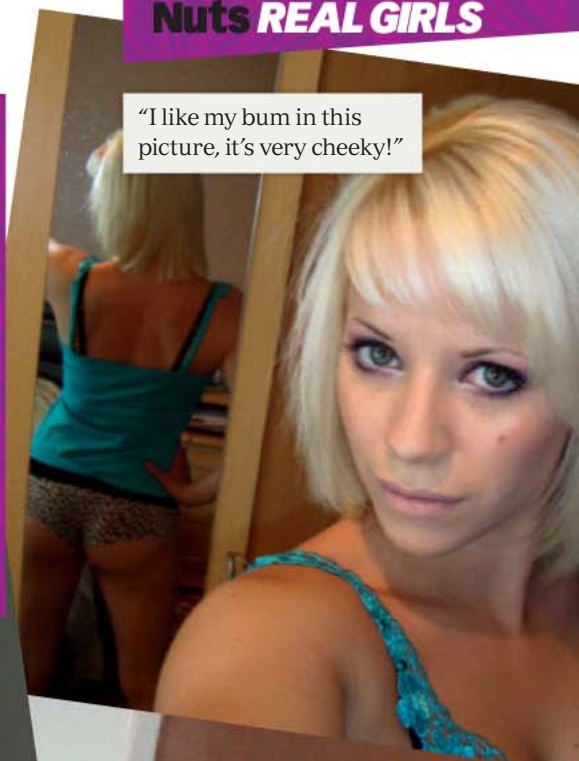
Likes: "Sunny weather, cheese, Archer's and make-up!"

Who would you like to meet? "Nuts babes, for the advice."

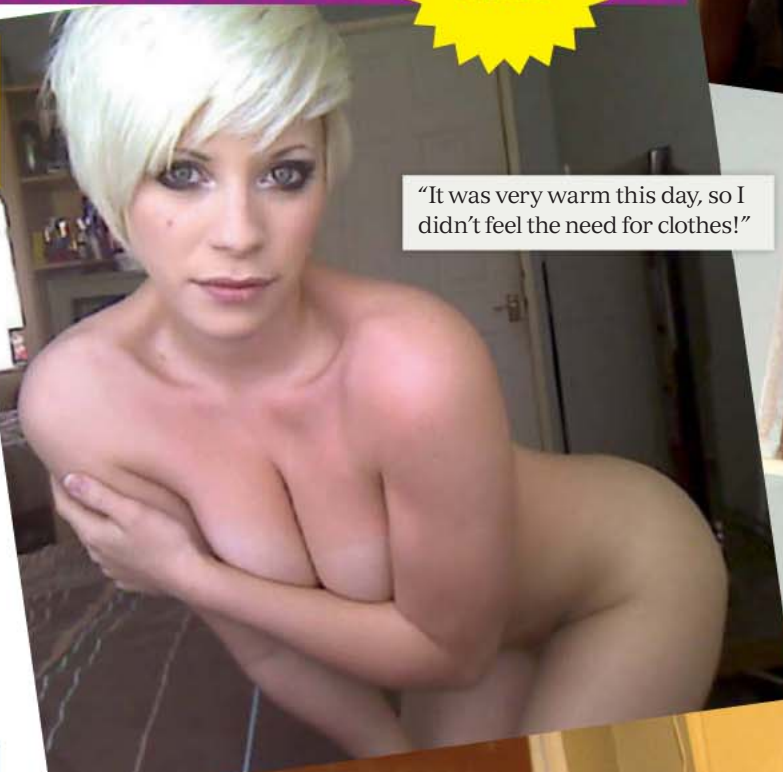
Superpower you'd like to have? "To be able to do anything!"

What else? "Please rate and comment on my pictures on MyNuts if you like them!"

See more at nuts.co.uk/my-nuts/xbeautiful-blondix



"I like my bum in this picture, it's very cheeky!"



"It was very warm this day, so I didn't feel the need for clothes!"



"The stockings make me feel sexy and sophisticated!"

"I always feel sexier in pink!"



"I have a very peachy bum!"



"Red lipstick's always a winner!"

Nuts FASHION

Hot clothes for the hot months

WORDS: STEVEN BUCHAN
PHOTOS: ALAN MCFADEN



3 **Armani sunnies**
Oversized shades are all the rage at the moment. 01423 202 303

£99

1 **55DSL polo**
There's always room for a polo in your wardrobe! www.55dsl.com



£45



£36

4 **Topman jeans**
Great vintage wash, and at a bargain price. We like! www.topman.com

2 **WO sweatshirt**
This brand is becoming a regular on our radar. www.weekendoffender.com



£45



£85

5 **G-Star plimsolls**
These'll look great worn with the Topman jeans! 0845 307 2484

TOP 5... FACE WASH!



£49

6 Reiss belt

The perfect summer belt, this comes in several colours. www.asos.com



£27

7 Burton shirt

This is a great piece of everyday clobber. www.burton.co.uk



£87

9 Lyle & Scott jumper

An example of top-notch, '80s-inspired knitwear! www.lyleandscott.com

8 WeSC shorts

Wear these with a turn-up and team with the Burton shirt. www.wesc.co.uk



£55



10 Luke anorak

Trainspotter chic is back! www.luke1977.com



£70

1 Nivea For Men Deep Cleaning Face Wash £4

This will give your face a deep clean, opening clogged pores and removing impurities. Great for problem skin! Available nationwide



2 Trevor Sorbie Face Facial Wash £5

This is a great all-rounder at an affordable price. www.trevorsorbie.com



3 Bulldog Sensitive Face Wash £5

If you suffer from sensitive skin, this'll go easy on it. www.meetthebulldog.com



4 Ole Henriksen On The Go Cleanser £20

For the man who doesn't mind spending that little bit extra! www.selfridges.com



5 Gillette Series Pre-Shave Wash £5

This has been designed to clean away dirt and excess oil, and help soften the skin before a shave. www.gillette.com



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Nuts REVIEWS

GAMES!



Serious Sam was made by Croteam – the world's first Croatian developer

SERIOUS SAM HD PC, XBOX LIVE ARCADE



Subtitled *The Second Encounter*, this frenetic first-person shooter has you taking apart legions of suicidal beasts as they run full pelt into your

crosshairs. This version adds 15-person multiplayer (on the PC version) and all-new levels. And as it's an old game that's been reassembled in the company's high-def game "engine", it's all in crisp, Xboxy high def. ★★★★★



DENKI BLOCKS IPHONE, IPOD TOUCH



One of the best new puzzlers in years lands on the glory phone. Like all puzzlers, it's easy to understand but fiendishly difficult to master. You slide

coloured blocks across a maze to freedom. But what's the catch? All the blocks move at the same time, in the same direction. This equals gaming genius and brain-mashing difficulty. But it's perfect for long journeys! ★★★★★

DVDS/BLU-RAY!



Benicio Del Toro's werewolf make-up took three hours to apply each time

THE WOLFMAN CERT 15 DVD & BLU-RAY



Benicio Del Toro and Anthony Hopkins star in this solid remake of a classic Gothic werewolf thriller. It's basically an

enjoyably daft Victorian murder mystery, with Del Toro on cracking form as the bitey beast, some gloriously gory maulings and Brit hottie Emily Blunt filling out a frilly frock very nicely as the shrieking love interest. Decent. ★★★★★

CHRIS RYAN'S STRIKE BACK CERT 15 DVD & BLU-RAY



Thrilling 24-style action series about a neck-snapping former SAS hero who's parachuted into a new special unit. Cool! ★★★★★

CURB YOUR ENTHUSIASM: SEASON 7 CERT 15 DVD



Larry David returns for more awkward chuckles as he blunders his way through a reunion of his hit show *Seinfeld*. ★★★★★

A PROPHET CERT 18 DVD & BLU-RAY



Don't be put off by the subtitles – this brutal prison drama about warring mobsters inside a French clink is a corker! ★★★★★

MUSIC!



VARIOUS ARTISTS HED KANDI: BEACH HOUSE



It's the summer! Which means holidays, bikinis and frugging away to sexy house of the type found on this latest effort from Hed Kandi. Top stuff! ★★★★★

VARIOUS ARTISTS TOTALLY POP



What this compilation album tells us is that pop in 2010 is either very good (Shakira, Chipmunk) or very bad (JLS, Joe McEldey, Jedward). ★★★★★

The latest action-packed releases!

Ratings: ★★★★★ Genius ★★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!



Rian Johnson, who made *Brick*, wrote and directed *The Brothers Bloom*

For her role, Rachel Weisz learned to juggle, do karate and breakdance!

THE BROTHERS BLOOM CERT 12A

The globetrotting tale of two con-men brothers, played by Adrien Brody and Mark Ruffalo. Out to swindle tycoons and enjoy the

finer things in life, they eventually meet their match in wacky heiress Rachel Weisz. Quirky comedy with some laugh-out-loud bits. ★★★★★



DEATH AT A FUNERAL CERT 15

A darkly comic farce played out at a funeral, with a cool cast including stand-up legend Chris Rock and Zoe Saldana from *Avatar*. ★★★

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PKR
let's play

Nuts PROMOTION

Get ahead of the game with *Blur*!

This chaotic racer will have you on the edge of your seat!

Bored of playing racing games that put more focus on tuning up exhaust pipes than smashing the opposition off the track? Can't prise *Mario Kart* out of a toddler's hands? Well, don't fret, as the answer is right here!

Blur is the ultimate racing experience, mixing electrifying action, hyper-realism and heart-stopping power-ups! Buckle up for our top five reasons to pick up *Blur* from your nearest game shop...

1 ANYONE CAN PLAY!

Whether you want a quick blast before you go to work or to get stuck into a full-on career mode, *Blur* has something to keep you satisfied. If you're more of a Sunday driver than a Jenson Button, there'll be a skill level to suit you – either online or in single-player mode!

OUT NOW AT HMV!





2 MENTAL POWER-UPS!

There can't be a bloke out there who doesn't wish his motor performed better. Well, *Blur* offers power-ups that enable you to boost your speed, drop mines or even blast other cars right off the track! You can use power-ups independently or combine them to create carnage!



3 AWESOME MULTIPLAYER!

Create chaos with four-player split-screen play, or go online for head-to-head action with up to 20 racers! Log into the *Blur* network to find out where on the planet the most intense races are taking place, rally your fans for support and take up any challenge that should come your way!

4 REAL-WORLD CARS AND LOCATIONS!

Blur features more than 50 licensed cars (that's more than in your garage – unless you're Jay Kay) and you can race through photo-realistic locations ranging from the west coast of LA to the narrow turns of Tokyo, via the back streets of Hackney!



5 DESTROY YOUR MOTOR!

Of course, if you want a break from the racing, you can always just go nuclear and see how much damage you can cause to your car and the environment! Watch your panels crumple as you smash headfirst into an opponent vehicle and then fly off a cliff!



Win a copy of *Blur*



So what are you waiting for? If it's a racing experience that'll get your heart pumping, you need to pop out and get a copy of *Blur*! Alternatively, answer this easy question to be in with a chance of winning one of three copies! Ready?

Q: What has a higher top speed – a 2005 Ford GT or a Koenigsegg CCXR?

Send your answer to shanna_barker@ipcmmedia.com and get ready to start your engine! Competition closes 18 June.

AVAILABLE ON



Nuts TV

Seven days of brilliant telly for blokes!



6am

7pm

1am

BBC ONE

6.00am Breakfast 9.15 Don't Get Done, Get Dom 10.00 Put Your Money Where Your Mouth Is 11.00 Cowboy Trap (R) 11.45 Cash in the Attic 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Murder, She Wrote (R) 3.00 BBC News, Weather, Regional News 3.05 CBeebies 3.30 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC TWO

6.00am CBeebies 8.00 CBBC 11.10 The Flintstones (R) 11.35 The Flintstones (R) 12.00noon Daily Politics 12.30pm Working Lunch 1.00 Open Gardens (R) 1.30 **LIVE** Racing from Epsom 4.30 A Question of Genius 5.15 Escape to the Country (R) 6.00 Great British Menu

itv 1

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show (R) 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 60 Minute Makeover 3.00 Dickinson's Real Deal 4.00 Agatha Christie's Poirot: *Rubbish crime capers.* (R) 5.00 The Chase 6.00 Regional News, Weather 6.30 ITV News

7.00 **The One Show**

7.30 **A Question of Sport**
It's a special World Cup edition with a blast from the past line-up including Ossie Ardiles, Gaizka Mendietta, Dietmar Hamann and, er, Quinton Fortune.

8.00 **EastEnders**
More Cockney jibber and/or jabber.

8.30 **Outtake TV**
Clip show gubbins full of TV-based gaffes.

9.00 **New Tricks**
Jack's mind isn't on the job. (R)

10.00 **BBC News, Weather**

10.35 **Friday Night with Jonathan Ross**
Stateside megastars Christina Aguilera, Eminem, and LL Cool J are all on the couch. A stellar line-up, Wossy!

11.35 **The National Lottery Friday Night Draws**

11.45 **Absolute Power**
FILM Crime thriller starring Clint Eastwood as an ageing thief, set up to take the rap for a murder.

7.00 **The Genius of Design**
The impact of retail culture during the '80s. So it's about shopping then? Pass.

8.00 **Great British Railway Journeys**
All aboard the 8 o'clock to Dullsville! (R)

8.30 **Gardeners' World**
More mud-based mediocrity.

9.00 **When Romeo Met Juliet**
NEW Pupils from two schools have eight weeks to put on a performance of the Shakespeare play.

10.00 **Grumpy Guide to the Eighties**
Another round of nostalgic ranting. Yawn.

10.30 **Newsnight**

11.00 **The Review Show**
The week's cultural bits and pieces.

11.50 **Bon Jovi: When We Were Beautiful**
Behind the scenes with the poodle-haired rock blokes during 2008's Lost Highway tour. Big tunes galore.

7.00 **Emmerdale**
Tractors, sheep, mud... you get the idea.

7.30 **Britain's Got Talent**
It's the last semi-final, with eight more lunatics, sorry, "acts" hoping to sing and dance their way into the final.

9.00 **Coronation Street**
Tony sets the factory alight with his hostages inside. As *Coronation Street* goes, this actually sounds quite exciting!

9.30 **Britain's Got Talent - The Results**
Who's going through to tomorrow's final? There's a hundred grand at stake...

10.00 **ITV News**

10.35 **The Dukes of Hazzard**
FILM Ropey action comedy starring Seann William Scott and Johnny Knoxville as cousins Bo and Luke Duke trying to rescue the family farm. Worth watching for Jessica Simpson and her little denim hotpants.

12.30am **The Zone**
Interactive gaming show.

1.45am Sign Zone: The Virtual Revolution: *The impact of the internet.* (R)
2.45 High Street Dreams (R) 3.45 Great British Menu (R) 4.15-6.00am BBC News

1.10am I'm in a Rock 'n' Roll Band! (R)
2.10-3.50am **FILM** Like Minds: Psychological thriller starring Toni Collette.

2.30 **FILM** Avalanche Express: *Spy thriller starring Lee Marvin.* 4.00 Touching Evil 4.45-5.30am ITV Nightscreen

REGIONAL VARIATIONS

BBC1 SCOTLAND: 7.30pm The Beechgrove Garden 8.30 A Question of Sport 9.00 Holby City **BBC1 NORTHERN IRELAND:** 8.30pm DIY SOS 10.35 The Blame Game 11.05 The National Lottery Friday Night Draws 11.15 Friday Night with Jonathan Ross 12.15am BBC News 12.45 Sign Zone: Countryfile **BBC2 SCOTLAND:** 7.00pm Landward 7.30 Porridge **STV:** 10.35pm October Road 11.30 In Plain Sight 12.20am Roulette Nation 1.00 Nightwatch with Steve Scott: Mystery 2.00-5.30am The Nightshift **ULSTER:** 10.35pm Ultimate Ulster 11.05 The Lakes 11.35-2.30am Brain Box

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Premier League World
9.30 The Rugby Club (HD)
10.30 **MUST-SEE** Cricket: *It's the opening day of the second and final Test between England and Bangladesh at Old Trafford. England have got to be massive favourites, and with the Twenty20 World Cup already in the bag, let's hope the Test side can keep up the good work!* (HD)
7.00pm **LIVE** Darts: UK Open arrow-chucking, with the third round at the Reebok Stadium, featuring the top 32 players from the UK Order of Merit and yesterday's second-round winners. (HD)
11.00 Cricket (HD)
1.00am Rugby League: Leeds Rhinos vs Wakefield Trinity Wildcats. (HD)
2.30 Boxing (HD)
4.30 Premier League World
5.00-6.00am NFL: Total Access

sky SPORTS 2

6.00am Aerobics
6.30 Darts (HD)
10.30 NRL Fulltime
11.00 Rugby League
1.00pm Darts (HD)
5.00 NFL: Total Access
6.00 Transworld Sport
7.00 World Sport
7.30 **LIVE** Rugby League: Face-mangling action as defending champions Leeds Rhinos face Wakefield Trinity Wildcats in the Super League, kick-off 8pm. (HD)
10.00 **LIVE** Boxing: Ian Napa scraps with Stuart Hall (no, not that one) at the Peterlee Leisure Centre, with the vacant British Bantamweight title up for grabs. (HD)
12.00m't NFL: Total Access
1.00am Darts: The second day of the UK Open at the Reebok in Bolton. (HD)
5.00 World Sport
5.30-6.00am IAAF Athletix Weekly

ON DIGITAL, SATELITE

FILM4 (315)

7.00pm Aquamarine: *Teen fantasy comedy starring Emma Roberts.* 9.00 Night at the Museum: *Fantasy adventure comedy starring Ben Stiller and Robin Williams.* 11.10 Dog Soldiers: *Horror thriller starring Sean Pertwee and Kevin McKidd.* 1.15-3.05am Vault of Horror: *Horror chiller Starring Daniel Massey.*

COMEDY CENTRAL (126)

7.00pm The King of Queens: *Double bill.* 8.00 30 Rock 9.00 South Park 11.00 Lee Evans XL Tour 12.20am Lee Evans: Up Close 1.40 South Park 2.40 Dirty Sexy

ESPN

6.00pm FIFA World Cup Classic Matches
8.00 Birmingham
City vs Manchester United: 2009/10
10.00 Ultimate Fighter 11.00 30 for 30
1.00am **LIVE** NHL Ice Hockey 4.00 MMA Live 4.30-5.30am The Ultimate Fighter

TV PICK OF THE WEEK!

WEDNESDAY!
Big Bro is back!
Big Brother: The Launch, Channel 4, 9pm
Davina introduces the fit women (we hope) and looney blokes going in the house this year!



6.00am The Treadle People (R) **6.10** The Hoobs (R) **7.00** Freshly Squeezed **7.25** Everybody Loves Raymond (R) **8.20** Frasier (R) **8.45** The 5 O'Clock Show with Peter Andre (R) **9.45** Deal or No Deal (R) **10.35** Will & Grace (R) **11.05** Supernanny USA (R) **12.00noon** Channel 4 News Summary **12.05pm** Brain Damage **12.10** Jamie at Home (R) **12.40** **FILM** Logan's Run: *Sci-fi adventure*. **2.55** Coach Trip (R) **3.25** Countdown **4.10** Deal or No Deal **5.00** The 5 O'Clock Show with Peter Andre **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News

7.35 Unreported World

A look at teenage miners in Bolivia.

8.00 Glee

More high-school yelping.

9.00 Fighting the Red Baron

Two Red Arrows pilots take on challenges they would have faced as First World War aviators to discover how aerial combat changed so quickly from 1914 onwards.

10.35 The Ricky Gervais Show

More daft chit-chat with Ricky and the boys. Watch out for a particularly chucklesome discussion involving face transplants. Brilliant stuff.

11.10 The Ricky Gervais Show

Karl Pilkington discusses time travel and nappies for adults. The usual gibberish!

11.45 Music on 4:

World Music Awards

Coverage of this year's award ceremony from Monaco, hosted by actress Michelle Rodriguez with music by Jennifer Lopez, NERD, Ludacris and David Guetta.

1.15am CTRL Student Tour **1.30** This Week's 4Music Top 20 **3.15** **FILM** Mad About Mambo: *Romantic drama*. **4.40** Win My Wage (R) **5.25-6.05am** Countdown (R)



6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Paul Merton in Europe (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **2.55** I Own Britain's Best Home: Flying Visit (R) **3.10** **FILM** Sacrifices of the Heart: *Drama starring Melissa Gilbert*. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.15 Cricket on Five

SPORT Highlights of the day's willow-thwacking action from Old Trafford as England begin the second Test against Bangladesh.

8.00 Sea Patrol UK

More strife on the high seas. (R)

9.00 The Mentalist

A female scientist contacts Jane for help after being exposed to a deadly virus.

10.00 CSI: NY

A woman linked to a number of high-profile figures is murdered, but the detectives find their inquiries hindered by the Chief of Police. The shifty swine. (R)

10.55 Grey's Anatomy

Staff deal with the victims of a bus crash.

11.55 Cops in Crisis

The Bobbies are in bother again. (R)

12.15am SuperCasino

Live interactive gambling show.

4.05 **SPORT** Motorsport Mundial **4.30** Wildlife SOS (R) **4.55** Animal Rescue Squad (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)



6.00am The Biggest Loser US (R) **7.00** Brainiac's Test Tube Baby (R) **8.00** Oops TV (R) **9.00** Bones (R)(HD) **10.00** The Real A&E (R)(HD) **11.00** Pineapple Dance Studios (R) **12.00noon** Angela and Friends (HD) **1.00pm** Bones (R)(HD) **2.00** Project Catwalk (R) **3.00** Stargate SG-1: *Double bill of sci-fi nonsense*. (R) **5.00** **SPORT** WWE Superstars **6.00** Terry Pratchett's Going Postal (R)(HD)

8.00 Terry Pratchett's Going Postal

More bizarre goings-on as the comic fantasy reaches its conclusion. (R)(HD)

10.00 Ross Kemp: Battle for the Amazon

The baldy actor examines the problems facing the famous river. (R)(HD)

11.00 Celebrating the Goal

SPORT The stories behind some of the most memorable goals in World Cup history. (R)

12.00m't A League of Their Own

Ruth Jones and Alastair Campbell join the regulars for the sport gag-fest. (R)(HD)

12.30am A League of Their Own

Crouchy's missus Abbey Clancy and Georgie Thompson? Yes please! (R)(HD)

1.00 Battle for the Amazon **1.50** Road Wars **2.40** Cold Case **3.30** Tru Calling **4.20** Parents' SOS **4.45** Hello Goodbye **5.10-6.00am** Sell Me the Answer

TODAY'S MUST-SEES

"Hang on, that's my hamster!"



England vs Bangladesh

Sky Sports 1/HD, 10.30pm

SPORT The second and final Test begins at Old Trafford. As Twenty20 champs, England will have a certain swagger – and they should go into this 1-0 up already! ★★★★★



"My mum said it makes me look sophisticated!"

Zimbani Dave, 10.50pm

COMEDY One-off comedy send-up of '70s spy adventures, following two agents trying to outwit evil dictator Zimbani, played by Julian "The Mighty Boosh" Barratt. It's a bit bonkers, but it's actually pretty good! ★★★★★

LLITE AND CABLE TV TONIGHT

Funny: Olivia Lee **3.10** Two and a Half Men: *Double bill*. **4.10** Shortcuts Frasier **4.20** Scrubs **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Top Gear **8.00** Walking with Beasts **9.00** Doctor Who **9.50** Doctor Who Confidential **10.00** EastEnders **10.30** **FILM** Kidulthood: *Gritty Brit drama following a group of West London teenagers on a day off school, when one of their classmates kills herself*. Noel Clarke stars. **12.00m't** Family Guy: *Peter befriends actor James Woods*. **12.45am** Coming of Age **1.45** Bizarre ER **2.15** La La Land: *Ace wind-ups*. **2.40** The Real Hustle Undercover **4.10-5.10am** Coming of Age

E4 (136)

7.00pm Hollyoaks **7.30** My Name Is Earl **8.00** Friends **9.00** Gok's Fashion Fix **10.00** Supersize vs Superskinny **11.05** Wife Swap **12.10am** My Name Is Earl

12.40 Scrubs **1.40** Gok's Fashion Fix **2.35** Supersize vs Superskinny **3.30** Wife Swap **4.25** Everwood **5.05-6.00am** Switched

DAVE (111)

7.00pm Traffic Cops **8.00** Top Gear: *Jeremy Clarkson tests the BMW M3 saloon*. **9.00** Mock the Week **9.40** Star Stories **10.10** QI **10.50** **MUST-SEE** **Zimbani: New comedy with Mighty Boosh star Julian Barrett**. **11.10** Mock the Week **11.50** Star Stories **12.20am** QI **1.00** Game On **1.40** Bottom **2.20-3.00am** Rob Brydon's Annually Retentive

MTV ONE (350)

7.00pm Gossip Girl **8.00** The Hills **8.30** The City **9.00** Jersey Shore **11.00** World Stage **12.00m't** Pendulum: *Camden Crawl Live* **12.30am** Plan B: *Camden Crawl Live* **1.00** South Park **3.30** Jackass: *Where Are They Now?* **4.00** Pimp My Ride **5.00-6.00am** Brooke Knows Best

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Warehouse 13 **9.00** Star Trek: Enterprise **10.00** Supernatural **11.00** Sexarama **11.30** Eurotrash: *The Sexy Bits* **12.00m't** Roulette Nation **3.00am** Costa del Dosh **4.00-5.00am** Take it or Leave it

SYFY (129)

7.00pm Smallville **8.00** **FILM** The Dish: *Australian comedy starring Sam Neill and Kevin Harrington*. **10.00** V (2010) **11.00** Human Target: *Chance tries to make an underworld figure lose in a prize fight*. **12.00m't** Sanctuary **3.00am** Painkiller Jane **4.00-6.00am** Angel

FX (164)

7.00pm NCIS **10.00** Brotherhood: *Tommy faces political problems*. **11.10** Life **12.10am** NCIS: *The team hunt down a sniper*. **2.10** Third Watch: *Yokas clashes with her mum*. **3.10-4.10am** Tour of Duty

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6am

7pm

1am

BBC ONE

6.00am Breakfast **10.00** Saturday Kitchen **11.30** The Delicious Miss Dahl (R) **12.00noon** BBC News, Regional News, Weather **12.15pm** Usain Bolt: The Fastest Man Who Has Ever Lived (R) **1.15** LIVE Derby Day: *And they're off, including the three-legged donkey we've backed.* **4.30** BBC News, Regional News, Weather **4.45** Hole in the Wall (R) **5.15** FILM Shrek 2: *Animated comedy.* **6.40** Doctor Who

7.30 The National Lottery: In It to Win It 2012
Quiz show with Dale Winton. Come back in about half an hour for the draw.
8.20 Casualty
Pill-popping nonsense.
9.10 Victoria Wood's Short Term Memories
Skits, songs and sketches.

10.00 Michael McIntyre's Comedy Roadshow
Top stand-up laughs from Patrick Kielty, Neil Delamere and Jeff Green. (R)
10.45 BBC News, Weather
11.05 Legally Blonde
FILM Comedy starring Reese Witherspoon.

12.35am Derby Day Highlights
SPORT Action from the Derby day dobbin-dashing at Epsom.

1.05 Friday Night with Jonathan Ross (R) **2.10-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **12.00noon** BBC Switch: Degrassi: The Next Generation **12.25pm** The Cut **12.50** No Hats, No Trainers **1.15** The 5:19 Show **1.30** Off the Hook (R) **2.00** LIVE French Open Tennis: *The women's singles final in Paris.* **4.55** Coast (R) **5.25** The Boats That Built Britain (R) **5.55** Dad's Army (R) **6.25** Timewatch - Bloody Omaha (R)

7.25 Little Ships
The boats that rescued thousands of Allied troops from Dunkirk in 1940. (R)
8.25 Dunkirk: The Soldiers' Story
Interviews with survivors. (R)
9.15 Have I Got a Bit More News for You
Comic John Bishop guests to poke more fun at recent headlines.

10.00 I'm in a Rock 'n' Roll Band! Live
MUST-SEE Air guitars at the ready - members of the ultimate fantasy band are chosen... live!

11.45 Somers Town
PREMIERE This is England director Shane Meadows' comedy drama about a runaway and a Polish boy who hang out together around London's King's Cross.

1.05am FILM A Room for Romeo Brass: *Comedy drama starring Andrew Shim and Ben Marshall.* **2.30-3.50am** Bon Jovi: When We Were Beautiful (R)

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Crocodile Hunter Diaries (R) **10.25** The Lakes (R) **10.55** Monk **11.50** News, Weather **12.10pm** This Morning: Saturday **1.10** Britain's Got Talent (R) **2.40** Britain's Got Talent - The Results (R) **3.10** FILM Kindergarten Cop: *Comedy thriller starring Arnold Schwarzenegger.* **5.10** Creature Comforts (R) **5.30** Regional News, Weather **5.45** ITV News **6.00** You've Been Framed! (R) **6.30** The Whole 19 Yards

7.30 Britain's Got Talent - The Final
MUST-SEE The ten finalists perform, with the winner given a slot at the Royal Variety Performance. Big deal. Oh, they get 100 grand as well? That's more like it!

10.00 Batman Begins
FILM The film that got the Batman franchise back on track, with Christian Bale taking the lead as the origins of the comic-book hero are traced. Brilliant, unlike ITV1's insistence on sticking the news on in the middle of it.

11.30 ITV News, Weather
Grrr!

11.45 Batman Begins
FILM The final part of the dark comic-book thriller.

12.50am The Zone
Shopping and interactive gaming, with inevitable over-excited presenters.

2.50 FILM Jesus Christ Superstar: *Musical starring Ted Neeley and Carl Anderson.* **4.40-5.30am** ITV Nightscreen

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6.10am The Hoobs (R) **6.35** SPORT ITU Triathlon World Cup (R) **7.30** SPORT World Sport **8.00** SPORT The Morning Line **8.55** T4: Friends (R) **9.55** 90210 **10.50** Simon Cowell: Real Stories **11.55** Frock Me (R) **12.25pm** The Hollyoaks Music Show **12.55** Smallville **1.55** LIVE Channel 4 Racing from Doncaster and Musselburgh **3.55** Come Dine with Me (R) **6.30** News

7.00 The Lord of the Rings: The Return of the King
FILM The last part of Peter Jackson's ace fantasy adventure starring Elijah Wood. As hobbits Frodo and Sam get to the end of their journey into the dark lands of Mordor to destroy the One Ring, Sauron unleashes the full might of his armies on Middle-earth. The swine!

10.40 A Man Apart
FILM A government agent is forced to turn to an imprisoned drugs lord for help in catching the new cartel boss who has taken his place. Vin Diesel stars, along with Timothy Olyphant out of decent new Five USA show *Justified*.

12.45am Black Christmas
FILM The festive celebrations in a college sorority house are brought to an abrupt end by a murderous intruder. Well, it was either that or someone would have remembered it's actually June. It's the original by the way, not the remake from a few years back.

2.40 My Daughter Grew Another Head... **3.35** What About Brian **4.15** A Ninja Is For Life, Not Just Christmas **4.20** Demolition Day **5.15-6.00am** Countdown

FIVE

6.00am Sunrise **7.00** Milkshake! **10.00** Animal Rescue Squad (R) **10.15** Fifth Gear (R) **10.45** Britain's Greatest Machines with Chris Barrie (R) **11.45** Tutankhamun: The Mystery Revealed (R) **12.45pm** FILM Last of the Dogmen: *Western starring Tom Berenger and Barbara Hershey.* **3.00** FILM The Cannonball Run: *Action comedy starring Burt Reynolds and Dom DeLuise.* **4.50** FILM The Missing: *Western starring Tommy Lee Jones and Cate Blanchett.*

7.10 Five News
7.15 Cricket on Five
SPORT Ball-clattering with the second day of the last Test between England and Bangladesh.

8.00 NCIS
The team launch a manhunt when a terrorist threatens to unleash a chemical attack. Get a move on! (R)

9.00 CSI: Miami
A celebrity is found dead. (R)

10.00 CSI: NY
Mac witnesses strange goings-on while recuperating from an injury at home. Never off duty, Mac.

11.00 Law & Order
A banking associate is found murdered.

11.55 Cops in Crisis
More police in peril. (R)

12.15am SuperCasino
Live interactive gaming.

4.05 Wildlife SOS **4.55** The Family Recipe **5.00** Hana's Helpline **5.10** The Milkshake! Show **5.35** Thomas & Friends **5.45-6.00am** Roary the Racing Car

REGIONAL VARIATIONS

BBC2 WALES: **11.45pm** SPORT Golf: The Wales Open **12.25am** Frank Skinner's Opinionated **12.55am** Wild: Bat Women of Panama **STV:** **10.00pm** FILM Hannibal Rising: *Thriller prequel starring Gaspard Ulliel.* **12.30am** Roulette Nation

1.00 Touching Evil **2.00-5.30am** The Nightshift
ULSTER: **12.50am** FILM American Graffiti: *Nostalgic comedy drama starring Richard Dreyfuss.*

TODAY'S SPORT

sky SPORTS 1

6.00am Aerobics
6.30 Premier League World: *Including a round-up of the latest news.*
7.00 Cricket (HD)
9.00 Cricket AM: *A light-hearted look at the world of bat-swinging.*
10.30 LIVE Cricket: *The second day of the final Test between England and Bangladesh at Old Trafford.* (HD)
7.00pm LIVE Darts: *Miniature spear-fencing with the fifth round of the UK Open at the Reebok in Bolton.* (HD)
11.00 Cricket: *Ball-hitting highlights from England vs Bangladesh.* (HD)
1.00am World Sport
1.30 LIVE Motor Racing: *The seventh round of the Indy Car Series with the Firestone 550 in Fort Worth, Texas.*
4.00 World Sport
4.30 NFL: Total Access
5.30-6.00am IEX Magazine

sky SPORTS 2

6.00am FIFA Futbol Mundial
6.30 Darts (HD)
10.30 LIVE Rugby Union: *Australia vs Fiji the Canberra Stadium, kick-off 10.30am.*
12.30pm Sailing
1.00 LIVE Darts: *The UK Open from the Reebok Stadium in Bolton.* (HD)
5.00 Sailing
5.30 Sailing
6.00 LIVE Rugby Union: *The Junior World Championship Pool B match between France and Ireland, kick-off 6pm.*
8.00 LIVE Rugby Union: *More egg-chasing in the junior World Championship, this time between Argentina and England, kick-off 8pm.*
10.00 LIVE Rugby Union: *USA vs Russia, in the Churchill Cup, kick-off 10.30pm.*
12.30am Rugby Union
2.30 Speedway
5.30-6.00am World Sport

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.40pm CutThroat Island: *Adventure starring Geena Davis.* **9.00** Tenacious D in The Pick of Destiny: *Musical comedy starring Jack Black.* **10.50** Wolf Creek: *Horror thriller starring Cassandra Magrath.* **12.45** Hallam Foe: *Drama.* **2.35-2.45am** Another Year: *Cannes 2010 Special*

COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** Jeff Dunham: *Spark of Insanity* **11.45** FILM Jerry Maguire: *Romantic comedy drama starring Tom Cruise.* **2.25am** Dirty

ESPN **6.15pm** FIFA World Cup Official Film: 1982 **8.15** FIFA World Cup Official Film: 1990 **12.00m't** Australian Rules Football **2.30am** Barca TV **4.30-5.00am** This Week in Baseball

Sexy Funny: Olivia Lee **2.55** South Park **3.55** Scrubs **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)
7.00pm SPORT World Cup's Most Shocking Moments **7.30** Doctor Who Confidential **8.15** FILM Shanghai Knights: *Action comedy starring Jackie Chan and Owen Wilson.* **10.05** Family Guy **10.50** American Dad! **11.35** FILM Kidulthood: *British urban drama starring Aml Ameen.* **1.00am** Pulse **1.55** Wags, Kids and World Cup Dreams **2.55** Blood, Sweat and Luxuries **4.55-5.20am** SPORT World Cup's Most Shocking Moments

E4 (136)
6.55pm Friends **7.30** The Big Bang Theory **8.00** How I Met Your Mother **8.30** Friends **10.00** FILM Jeepers Creepers 2: *Horror thriller sequel starring Jonathan Breck.* **12.05am** FILM Bulletproof Monk:

Action adventure starring Chow Yun-Fat. **2.05** Wife Swap USA **3.00** Style Her **3.20-6.00am** Hollyoaks

DAVE (111)
7.00pm James May's 20th Century **7.40** Jeremy Clarkson Meets the Neighbours: *Jeremy visits France.* **8.20** I'm Alan Partridge **9.00** Mock the Week **2.20-3.00am** Rob Brydon's Annually Retentive

MTV ONE (350)
7.00pm 16 and Pregnant **9.00** The Official UK Top 20 **11.00** World Stage **12.00m't** iTunes Festival 2009: Oasis **1.00am** iTunes 2009 Live: Mika **2.00** Beyonce's Official Top 20 **4.00-6.00am** The Official Urban Top 20

VIRGIN 1 (121)
7.00pm Most Shocking **8.00** The Naked Office **9.00** FILM Rocky III: *Boxing drama sequel starring Sylvester Stallone.*

sky1

6.00am Brainiac: Science Abuse (R)(HD)
7.00 Lion Man: *Double bill.* (R) **8.00**
 Oops TV (R) **9.00** **SPORT** Football's Next
 Star (R)(HD) **10.00** Road Wars (R) **11.00**
 Oops TV (R) **12.00noon** Futurama (R)
1.00pm Malcolm in the Middle (R)(HD)
2.00 Terry Pratchett's Going Postal (R)
 (HD) **4.00** The Real A&E (R)(HD) **5.00**
 The Simpsons (R) **6.00** Futurama (R)

7.00 The Simpsons

Mayor Quimby brings election day forward, making Springfield's the first primary election in the country. (R)

7.30 The Simpsons

Bart joins forces with Donny, a new pupil at Springfield Elementary. (R)

8.00 Oops TV

JLC narrates as members of the public get into all kinds of "hilarious" scrapes. (R)

9.00 Die Hard 2

FILM Needs no introduction - just watch it. (HD)

11.20 Classic Albums

The making of U2's *The Joshua Tree*. (R)

12.30am Fringe

Walter and Olivia travel to the parallel universe. The big show-offs. (R)(HD)

1.25 Road Wars **2.15** Inside: Miami Vice
3.05 Oops TV **3.30** Street Wars **4.20**
 Journeyman (HD) **5.10-6.00am** Are
 You Smarter Than a 10 Year Old? (HD)

11.00 Sexcetera **12.00m't** Roulette
 Nation: *Gambling action.* **3.00am** Ninja
 Warrior **4.00-5.00am** Chubby Children

SYFY (129)

7.00pm Knight Rider **8.00** V (2010)
9.00 **PREMIERE** Universal Soldiers: *Action
 thriller.* **10.40** **FILM** 30,000 Leagues
 Under the Sea: *Underwater thriller.*
12.20am Sanctuary **2.20** 3rd Rock
 from the Sun **3.00** Mysterious Ways
4.00-6.00am **FILM** Dangerous Waters:
 Shark Attack: *Adventure thriller.*

FX (164)

7.00pm King of the Hill **8.00** American
 Dad! **9.00** Family Guy **10.00** Robot
 Chicken **10.30** Family Guy: *Double-bill.*
11.30 Titan Maximum **12.00m't** Family
 Guy **12.30am** American Dad! **1.00** The
 Venture Brothers **1.30** Family Guy:
Peter gets stranded. **2.30** The Border
3.30-4.05am Eastbound and Down

TODAY'S MUST-SEES

"Afternoon. I'm here to pick up your daughter!"



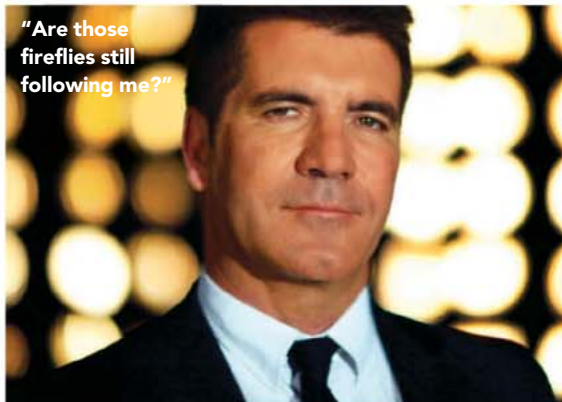
FREAKY FLICK!

Alice In Wonderland

Sky Box Office/HD, from 6am

FILM If it's another dark Tim Burton/Johnny Depp flick you're after, this is for you! You know the story - young girl falls down a rabbit hole and has a mad, possibly drug-fuelled adventure with talking bunnies, potions that make her shrink to the size of a chipmunk, and a nutcase in a hat (Depp, left). What gives this film its edge is Burton's trademark oddball style - we don't know what he puts in his tea but we want some! ★★★★★

"Are those fireflies still following me?"



Britain's Got Talent - Final

ITV1, 7.30pm

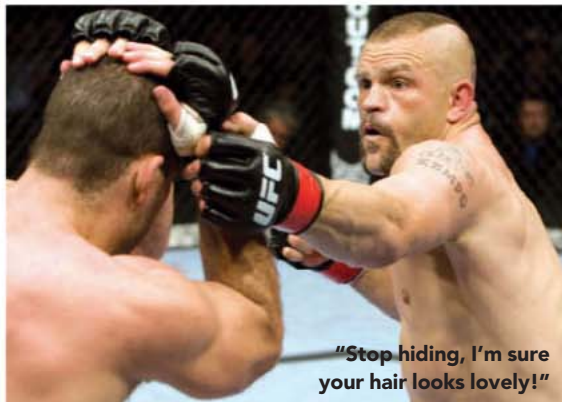
REALITY The mad talent show comes to an end as the finalists take to the stage for the final time to try to win £100k and a slot at the Royal Variety Performance. Your missus will care! ★★★★★



I'm In A Rock 'N' Roll Band! Live

BBC2, 10pm

DOCU After weeks of debating what make a top band, this live edition sees viewers vote on their ultimate fantasy band. Ace! ★★★★★



UFC: The Ultimate Fighter

Five USA, Midnight

SPORT If you're gonna smash people's faces in, you may as well get paid for it! Coached by Chuck Liddell (above) and Tito Ortiz, fighters battle it out to win a contract with the UFC. ★★★★★

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BBC ONE

6.00am Breakfast **9.00** The Andrew Marr Show **10.00** The Big Questions **11.00** Country Tracks **12.00noon** The Politics Show **1.00pm** EastEnders **3.20** Junior Apprentice (R) **4.20** Points of View **4.40** Songs of Praise **5.15** BBC News, Regional News, Weather **5.30** Priceless Antiques Roadshow (R) **6.00** Halcyon River Diaries

BBC TWO

6.00am CBeebies **7.00** CBBC **10.00** Something for the Weekend **11.30** Great British Menu (R) **12.30pm** LIVE MotoGP: The Italian Grand Prix. **2.00** LIVE French Open Tennis: The men's singles final at Roland Garros in Paris. **5.55** Earth: The Power of the Planet (R) **6.55** Richard Hammond's Engineering Connections

itv 1

5.30am ITV News **6.00** GMTV **9.25** Coronation Street **11.55** News, Weather **12.00noon** This Morning: Sunday **1.00pm** FILM Columbo: Death Hits the Jackpot: Murder mystery starring Peter Falk. **3.00** Britain's Got Talent - The Final (R) **5.30** Regional News, Weather **5.45** ITV News **6.00** MUSTSEE Soccer Aid 2010: Ex-pros take on celebs in this charity match.

4

6.00am The Treadle People (R) **6.10** The Hoobs (R) **7.00** SPORT The Grid **7.30** SPORT British Formula 3 International Series **8.00** SPORT Freesports on 4 **8.55** 14: The Hills (R) **9.25** Friends (R) **9.55** Hollyoaks **12.25pm** Friends (R) **1.00** Glee (R) **2.00** World Music Awards (R) **3.35** The Simpsons (R) **4.40** Deal or No Deal **5.25** NEW Scrapheap Challenge **6.30** News

FIVE

6.00am Sunrise **7.00** Milkshake! **10.00** Shake! **11.10** Family Food Fight (R) **11.40** Brits Who Made the Modern World (R) **12.10pm** Warplane: The Bomber (R) **1.10** D-Day: The Ultimate Conflict (R) **3.15** FILM Guarding Tess: Comedy starring Shirley Maclaine and Nicolas Cage. **5.05** FILM The Goonies: Children's adventure starring Sean Astin and Corey Feldman.

7.00 Countryfile
Wellington-based washout.

8.00 Bafta TV Awards 2010
Graham Norton hands out the gongs as the best of British telly gets a well-earned pat on the back. Kenneth Branagh, Helena Bonham Carter and Brendan Gleeson are among the big names expected to go home as winners.

10.00 BBC News, Weather

10.25 A Good Woman
FILM Comedy drama starring Helen Hunt and Scarlett Johansson. Worth watching, if only for her.

11.55 The Sky at Night
Stargazing antics with Patrick Moore.

12.20am Sign Zone:
Little Ships
Boats, in other words. (R)

7.45 Top Gear
The trio go on a road trip around Vietnam! The lucky blighters. (R)

9.00 An African Journey with Jonathan Dimbleby
The broadcaster takes a punt through east Africa's Rift Valley to discover how the continent is changing.

10.00 Michael Clayton
PREMIERE Cracking legal thriller starring George Clooney as a fixer for a large law firm, who puts his life in danger when he has a change of heart on his latest job.

11.55 Confessions of a Dangerous Mind
FILM It's a Clooney double bill! This time George stars and directs in this offbeat drama based on the autobiography of TV game-show producer Chuck Barris, who claimed to have moonlighted as an assassin for the CIA.

10.00 Piers Morgan's World Cup South Africa
SPORT The Britain's Got Talent judge travels to South Africa in the run-up to the World Cup to explore the country's passion for football. There's not long to go now!

11.00 ITV News, Weather

11.15 Open Water
FILM Nerve-shredding thriller inspired by true events, as a pair of scuba divers end up stranded in the shark-infested ocean when their boat inadvertently leaves without them. D'oh!

12.50am The Zone
Shopping and interactive gaming.

7.00 Cameron's Black Tory
Political gubbins about ethnic minority candidates in the Tory party.

7.55 One Fine Day
FILM Rom-com starring Michelle Pfeiffer and George Clooney as two divorced parents who are thrown together by chance. Yuck.

10.00 Big Brother Exposed: The Inside Story
An insider's view of the madhouse, featuring interviews with producers, former housemates and presenters.

11.05 8 Out of 10 Cats
Mad actor Stephen Baldwin is on the panel. He crazy! (R)

11.40 Kung Fu Hustle
FILM Madcap martial arts action comedy starring Stephen Chow as a small-time crook who inadvertently triggers a showdown between a fearsome Shanghai gang and the residents of a run-down tenement. It isn't long before all hell breaks loose in an orgy of chop-socky mayhem!

7.10 Five News

7.15 Cricket on Five
SPORT All the highlights of day three of the second and final Test between England and Bangladesh from Old Trafford.

8.00 Robin Hood: Prince of Thieves
FILM Who needs Russell Crowe when Kevin Costner smashed it out of the park as Robin Hood in this ace action caper? Credit is also due to Alan Rickman as the sneering baddie!

10.45 Best of the Best
FILM Daft action drama starring Eric Roberts and Chris Penn as a pair of kick-boxers training to compete against a ruthless Korean team.

12.40am SuperCasino
Live interactive gambling show.

1.20 Holby City (R) **2.20** Inside John Lewis (R) **3.20** Modern Masters (R) **4.20-6.00am** BBC News

1.40am BBC News **4.20-5.20am** SPORT The Super League Show: Egg-hurling.

2.30 SPORT Motorsport UK **3.20-5.30am** ITV Nightscreen

1.35am FILM The Kid Stays in the Picture: Documentary. **3.10** What About Brian **3.50** Win My Wage (R) **4.35** Countdown (R) **5.20-6.10am** Hill Street Blues (R)

4.05 Wildlife SOS **4.55** The Family Recipe **5.00** Hana's Helpline **5.10** The Milkshake! Show **5.35** Thomas & Friends **5.45-6.00am** Roary the Racing Car

REGIONAL VARIATIONS

BBC1 SCOTLAND: 10.25pm Modern Masters 11.25 FILM A Good Woman 12.55am The Sky at Night **BBC1 NORTHERN IRELAND:** 10.25pm The Politics Show 10.45pm FILM A Good Woman **BBC1 WALES:** 10.25pm Modern Masters 11.25 FILM A Good Woman 12.55am The Sky at Night **BBC2 WALES:** 10.00pm Earth: The Power of the Planet 11.00 SPORT Golf: The Wales Open 11.40pm Coast **STV:** 11.15pm The South Bank Show Revisited 12.15am Roulette Nation 1.00 Nightwatch with Steve Scott: Mystery 2.00am The Nightshift **ULSTER:** 11.15pm Brain Box 1.15am FILM The Jerk: Comedy starring Steve Martin.

TODAY'S SPORT

sky SPORTS 1

6.00am Aerobics
6.30 FIFA Futbol Mundial
7.00 Cricket (HD)
9.00 Cricket Writers on TV
10.30 LIVE Cricket: England face Bangladesh on day three of the second and final Test, held at Old Trafford. Put them away, chaps! (HD)
7.00pm MUSTSEE Darts: Arrow-flinging action from the final day of the UK Open at the Reebok Stadium in Bolton, featuring the semi-finals and final. Brilliant! (HD)
11.00 Cricket: Action from the third day of the second Test between England and Bangladesh at Old Trafford. (HD)
1.00am Rugby League: Harlequins vs Crusaders at the Stoop. (HD)
2.30 IEX Magazine
3.00 Cricket (HD)
5.00 Wild Spirits
5.30-6.00am IEX Magazine

sky SPORTS 2

6.00am Darts (HD)
10.00 International Rugby Union
12.00noon IEX Magazine
12.30pm Louis Vuitton Series Sailing
1.00 LIVE Darts: The final day of the UK Open gets under way at the Reebok Stadium in Bolton, as the eight remaining players compete in the quarter-finals. (HD)
5.00 Sailing
5.30 LIVE Rugby League: Another round of egg-juggling, skull-crushing action as Harlequins take on Crusaders at the Stoop, kick-off 5.45pm. (HD)
8.00 Cricket (HD)
10.00 Rugby League: Action from the Super League match between Harlequins and Crusaders from earlier on. (HD)
11.30 Motorsport: Tyre-shredding antics at the Firestone 550 in Texas.
1.30am IEX Magazine
2.00-2.30am Wild Spirits

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.50pm Crocodile Dundee II: Comedy adventure sequel starring Paul Hogan.
9.00 What's Love Got to Do with It: Musical biopic starring Angela Bassett and Laurence Fishburne. **11.15** Solaris: Sci-fi drama starring George Clooney.
1.05 Little Red Flowers: Comedy drama starring Bowen Dong. **2.50-3.00am** Another Year: Cannes 2010 Special

COMEDY CENTRAL (126)

6.15pm FILM Mannequin: Comedy starring Andrew McCarthy and Kim Cattrall. **8.00** Two and a Half Men **9.00**

ESPN **6.15pm** FIFA World Cup Official Film: 1998 **8.00** FIFA World Cup Official Film: 2002 **10.30** Australian Rules Football **1.00am** Press Pass 2010 **1.30-5.00am** LIVE NBA Basketball: A top play-off encounter.

FILM Jerry Maguire: Romantic comedy drama starring Tom Cruise. **11.40** 30 Rock **12.40am** South Park **1.40** Dirty Sexy Funny: Olivia Lee **2.10** Samantha Who? **2.40** Two and a Half Men **3.40** Frasier: Analysing the Laughter **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Doctor Who **7.50** Doctor Who Confidential **8.00** Don't Tell the Bride **9.00** Wags, Kids and World Cup Dreams **10.00** MUSTSEE Family Guy: Hugh Laurie pops up as House! **10.45** La La Land: Shirley seeks an exorcism. **11.15** Don't Tell the Bride **12.15am** Bizarre ER **12.45** Wags, Kids and World Cup Dreams **1.45** Blood, Sweat and Luxuries **3.40** Bizarre ER **4.10-5.15am** Snog, Marry, Avoid?

E4 (136)

6.30pm Scrubs **7.25** Friends **9.00** Desperate Housewives **11.00** Samantha Who? **11.25** Wife Swap USA **2.10am** FILM Sarah Silverman: Jesus Is Magic: The comedienne performs her stand-up routine in front of an audience in LA. **3.05** Samantha Who? **3.25-6.00am** Hollyoaks

DAVE (111)

7.00pm Jeremy Clarkson Meets the Neighbours **7.40** Speed **8.20** Ray Mears' World of Survival: An Innu hunting camp in northern Canada. **9.00** Have I Got News for You **1.00am** Never Mind the Buzzcocks **1.40** Game On **2.20-3.00am** The League of Gentlemen

MTV ONE (350)

7.00pm The Secret Life of the American Teenager **8.00** 16 and Pregnant **9.00** The Hills **9.30** The City **10.00** Blue Mountain State **10.30** The Osbournes **11.30** South Park **12.30am** Jersey Shore **1.00** Blue Mountain State **2.00** 20 Greatest Celeb Reality Fights **3.00-6.00am** Teen Cribz



6.00am Hour of Power (HD) **7.00** Malcolm in the Middle (R)(HD) **8.00** Oops TV (R) **9.00** Road Wars (R) **10.00** **SPORT** WWE Superstars (R) **11.00** **SPORT** WWE: Experience (R) **12.00noon** Futurama (R) **1.00pm** Oops TV (R) **2.00** Terry Pratchett's Going Postal (R)(HD) **4.00** Modern Family (R)(HD) **5.00** Futurama (R) **6.00** The Simpsons (R)

7.00 Pineapple Dance Studios: Best Of - Volume Three

"Highlights" of the camp flounce-off. (HD)

8.00 The Simpsons

Homer's unattended gym bag leads to a terrorism scare, prompting Springfield to turn to us Brits for help! (R)(HD)

8.30 The Simpsons

A top-notch 24 spoof - the perfect way to build up to tonight's finale! (R)

9.00 24

MUST-SEE And so, the end is near - thankfully, though, there are still a few more baddies left for Jack to knock about! (HD)

10.00 24

MUST-SEE It's the last one ever! Hankies at the ready, this could get a bit emotional... (HD)

11.00 Die Hard 2

FILM Kiefer not satisfied your need for kick-ass coppers? Why not try Bruce on for size then? (HD)

1.20am Road Wars **2.10** Inside: Supermax **3.00** Oops TV **3.30** Street Wars **4.20** Journeymen **5.10-6.00am** Are You Smarter Than a 10 Year Old?

VIRGIN 1 (121)

7.00pm Home Video Heroes: "Funny" moments. **8.00** Verminators **9.00** The Naked Office **10.00** Most Shocking **11.00** Sexcetera **12.00m**t Roulette Nation **3.00am** Ninja Warrior **4.00-5.00am** Chubby Children

SYFY (129)

6.00pm Legend of the Seeker **8.00** Human Target **9.00** **FILM** The Grudge 3: Supernatural thriller sequel starring Shawnee Smith. **10.50** **FILM** Universal Soldiers: Action thriller. **12.30am** Sanctuary **2.30** 3rd Rock from the Sun: Comedy. **3.00** Mysterious Ways **4.00-6.00am** **FILM** Ba'al: The Storm God

FX (164)

6.00pm Burn Notice: Double-bill. **8.00** NCIS **10.00** Brotherhood **11.10** Life **12.10am** Family Guy **1.10** Dexter **2.20** ReGenesis **3.20-4.20am** Third Watch

TODAY'S MUST-SEES

"Nobody touches my candlestick collection!"



FINAL EPISODES!

24 Sky1/HD, 9pm

DRAMA So, after 196 hours of terrorist-bashing action, poor Jack Bauer can finally hang up his boots and enjoy a bit of peace (er, providing he's not blown to bits!). That's right, 24 is finally finishing, but there's still plenty to be taken care of before the great man can call it a day, with a corking double-bill to cap things off. As President Taylor sticks by the peace treaty, Jack takes matters into his own hands for a final revenge mission. Strap yourselves in, it promises to be an explosive finale! ★★★★★



"Look, I'm on TV!"

Soccer Aid 2010 ITV1, 6pm

SPORT Celebs including Gordon Ramsay, Ricky Hatton and James Corden take on former footy pros, including French wizard Zinedine Zidane, for charity in a game at Old Trafford. Hmm, Corden vs Zidane? This we have to see! ★★



"Your cornflakes are ready, Ms French!"

Megastructures

National Geographic, 8pm

DOCU If, like us, you're finding the wait for the World Cup a drag, whet your appetite with two special editions of the big buildings series that look at the construction of the stadiums. ★★



Johnny Fist-hands was surprisingly good at Rock, Paper, Scissors

Live Darts Sky Sports1/HD, 7pm

SPORT It's the concluding day of the UK Open from the Reebok in Bolton, and if it's followed the patterns of previous years, there could be a few shocks in store tonight as the qualifiers fight for a place in the final stages. ★★★★★



"Are you sure this is a genuine dance move?"

Family Guy BBC3, 10pm

COMEDY A double-bill of The Greatest Show Ever sees Peter forced to relearn everything he has ever known after injuring himself before Hugh Laurie turns up as sarcastic Dr House to coax Mr Pewterschmidt out of a coma. ★★★★★

6am

7pm

1am



6.00am Breakfast **9.15** **NEW** Crimewatch Roadshow **10.00** Put Your Money Where Your Mouth Is **11.00** Cowboy Trap (R) **11.45** Cash in the Attic **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Murder, She Wrote (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link: Backstabbing quiz. **6.00** BBC News, Weather **6.30** Regional News, Weather



6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.10** The Flintstones: Double bill. (R) **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** **LIVE** Tennis from Queen's: The AEGON Championships in London. **5.15** Escape to the Country (R) **6.00** Eggheads **6.30** Great British Railway Journeys (R)



5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover **3.00** Dickinson's Real Deal **4.00** Agatha Christie's Poirot (R) **5.00** The Chase **6.00** Regional News, Weather **6.30** ITV News



6.10am The Hoobs (R) **7.00** Everybody Loves Raymond (R) **7.50** Frasier (R) **8.45** The 5 O'Clock Show with Peter Andre (R) **9.50** Deal or No Deal (R) **10.35** Will & Grace (R) **11.05** Friends (R) **12.00noon** Channel 4 News Summary **12.05pm** **SPORT** Kicking Ahead: The Power of Sport **12.10** The Kitchen Pharmacy (R) **12.20** **FILM** Beau Brummell: Drama. **2.25** Coach Trip (R) **2.55** **NEW** Cook Yourself Thin **3.25** Countdown **4.10** Deal or No Deal **5.00** The 5 O'Clock Show with Peter Andre **6.00** The Simpsons (R) **6.30** Hollyoaks



6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Vets in Action (R) **1.45** Neighbours **2.15** Home and Away **2.50** I Own Britain's Best Home: Flying Visit (R) **3.05** **FILM** Victor: Sporting biopic starring Mark Lutz and Ron Lea. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show
7.30 Jimmy's Food Factory
Jimmy Doherty tells us exactly what we've been shoving in our gobs. (R)
8.00 EastEnders
A social worker comes looking for Phil. About time, isn't it?
8.30 Panorama
A look at the debt landed on Man United by the Glazer family. Green and gold scarves at the ready.
9.00 For Queen and Country
10.00 BBC News, Weather
10.35 The Graham Norton Show
Miley Cyrus and Usher are the guests.
11.20 Inside Sport: South Africa In Black And White
SPORT Exploring the role of sport in South Africa.
11.50 The Best of Times
FILM So-so comedy with Robin Williams as a small-town loser obsessed with replaying a high-school football game he messed up.

7.00 Tammy Wynette: 'Til I Can Make It On My Own
Profile of the country warbler. (R)
8.00 Springwatch 2010
Kate Humble and Chris Packham drone on about the great outdoors.
9.00 Mary, Queen of Shops
NEW Retail-based wittering. Not for us, thanks.
10.00 Have I Got News for You
John Bishop guests. (R)
10.30 Newsnight
11.20 Dunkirk: The Soldiers' Story
Survivors of the British Expeditionary Force recall their reaction to the German Army's blitzkrieg on 10 May, 1940, which saw Holland and Belgium overrun. (R)
12.10am When Romeo Met Juliet
More schoolboy Shakespeare. (R)

7.00 Emmerdale
Hmm, from the look of ITV1's line-up, you might be better off with a little doze.
7.30 Coronation Street
Or a big one. Zzzzzzzzzz.
8.00 Countrywise
Huh, wha... oh it's still rubbish. Zzzzzz.
8.30 Coronation Street
Gah, we had the worst nightmare! We were stuck in front of a godawful Manchester-based soap and then... oh.
9.00 Father & Son
NEW Gritty drama exploring the gun culture present in modern-day inner-city life.
10.00 ITV News
10.35 Van Helsing
FILM Daft fantasy romp pitting vampire-slayer Hugh Jackman against Dracula, Frankenstein's Monster and various other beasties. Fun!
12.50am The Zone
Shopping and interactive gaming.

7.00 News
8.00 Dispatches: Undercover Social Worker
Grim doc about child cruelty.
9.00 Cloverfield
PREMIERE Missing your regular fix of Lost bonkersness? Then give this a try, if you've not watched it yet - it's from the same team. Five New Yorkers film the carnage as a giant monster attacks the city.
10.35 Predator 2
FILM Crash-bang-wallop sequel starring Danny Glover as a cop facing a ferocious alien in 1997 LA.
12.40am Poker
SPORT A charity poker tournament from the Bahamas. Want to see Slash take money off Nelly? You've come to the right place!

7.15 Cricket on Five
SPORT Leather-lashing action from the fourth day of the second Test between England and Bangladesh at Old Trafford.
8.00 Police Interceptors
NEW High-speed cops and robbers.
9.00 David Jason: The Show Must Go On!
Del Boy lends a hand to an amateur dramatics group to learn a one-act comedy in just three weeks, and then perform it in a West End theatre.
10.00 The Simon Cowell Factor
Documentary exploring the career of the high-trousered pop mogul.
11.00 Justin Lee Collins: Good Times
I'm a Celebrity winner Joe Swash and former Strictly Come Dancing judge Arlene Phillips join Justin on the sofa. Some real A-list guests there then.
12.00m't America's Toughest Prisons
For God's sake, don't drop the soap! (R)

1.35am Sign Zone: Luther (R) **2.35** Lost: The Mystery of Flight 447 (R) **3.35** Great British Menu (R) **4.35-6.00am** BBC News

1.10-4.35am BBC News

2.55 The Jeremy Kyle Show: Talk show. (R) **3.50-5.30am** ITV Nightscreen

1.45 **FILM** Sleep My Love **3.20** Coming Up: Foreign John (R) **3.45** What About Brian **4.25** Win My Wage (R) **5.10-6.05am** Wreck Detectives (R)

1.00am **SPORT** SuperCasino **4.05** Wildlife SOS (R) **4.55** Rough Guide to Beaches (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS
BBC1 SCOTLAND: 9.00pm Holby City **BBC1 NORTHERN IRELAND:** 10.35pm Life Matters **11.35** The Graham Norton Show **12.20am** **SPORT** Inside Sport: South Africa in Black and White **12.50** The Sky at Night **1.10am** BBC News **BBC1 WALES:** 7.30pm X-Ray **10.35** Tom Jones at 70 **11.10** The Graham Norton Show **11.55** **SPORT** Inside Sport: South Africa in Black and White **12.25am** **FILM** The Best of Times: Comedy drama starring Robin Williams. **2.05am** Sign Zone: Panorama **BBC2 SCOTLAND:** 7.00pm The Genius of Design **11.00pm** Newsnight Scotland, Weather **BBC2 NORTHERN IRELAND:** 10.00pm Imeall Geal **11.20** Cad Éan Scéal **11.25** Áit is Ansa **11.30** History Cold Case **12.30am** When Romeo Met Juliet **1.30-4.35am** BBC News **STV:** 10.35pm The Lakes **11.05** Ulaidhean **11.40** Anam's Inntinn **12.15am** Roulette Nation **1.00** The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER:** 10.30pm UTV Live Tonight **11.10** The Lakes **11.40pm** Brain Box **ITV1 WALES:**

TODAY'S SPORT

sky SPORTS 1
6.00am Good Morning Sports Fans
9.00 Rugby League: Leeds Rhinos vs Wakefield Trinity Wildcats. (HD)
10.30 **LIVE** Cricket: Day four of England's second Test tussle with Bangladesh, live from Old Trafford. (HD)
7.00pm FIFA Futbol Mundial
7.30 **LIVE** Speedway: High-speed bike-skidding action with the Elite League meeting between Wolverhampton Wolves and Peterborough Panthers. (HD)
9.30 Time of Our Lives
10.30 Rugby Union (HD)
11.00 Cricket: The fourth day of the Test between England and Bangladesh. (HD)
1.00am Soccer AM: The Best Bits
2.00 FIFA Futbol Mundial
2.30 Sports Unlimited
3.30 Watersports World
4.30 Max Power
5.30-6.00am FIFA Futbol Mundial

sky SPORTS 2
6.00am Aerobics
6.30 Ocean Ride
7.00 Cricket (HD)
9.00 Golf (HD)
3.00pm Golf (HD)
4.30 Rugby League: Harlequins vs Crusaders from the Stoop. (HD)
6.00 Ocean Ride
6.30 Sailing
7.00 Motorsport (HD)
8.00 Cricket: The penultimate day of the second and final Test between England and Bangladesh at Old Trafford. (HD)
10.00 Motorsport (HD)
11.00 Boots 'n' All
12.00m't Sailing
12.30am Golf (HD)
1.30 Golf (HD)
2.30 Wonderful World of Golf
4.00 PGA Tour Classic
5.00-6.00am Boots 'n' All

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.50pm Eye of the Needle: World War Two thriller starring Donald Sutherland.
9.00 Run Fatboy Run: Comedy starring Simon Pegg. **10.55** Raising Arizona: Offbeat crime comedy starring Nicolas Cage. **12.45-2.55am** The Believer: Fact-based drama. **2.45-2.55am** Another Year: Cannes 2010 Special
COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** **MUST-SEE** 30 Rock: Kenneth's weird childhood is finally revealed! **11.00** Sex and the City
ESPN **5.30pm** FIFA World Cup **8.00** Premier League Football
10.00 NHL **12.00m't** Basketball **12.30am** Press Pass **1.00** DTM **2.30** Cricket **3.00** NBA **3.30** Basketball **4.00** Press Pass **4.30-5.30am** The Ultimate Fighter

12.05am Two and a Half Men **1.05** South Park: An anti-smoking campaign goes terribly wrong. **2.05** Scrubs **3.05** Samantha Who? **3.35** Two and a Half Men **4.05** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier
BBC3 (115)
7.00pm On the Money with Robert Peston **7.30** Total Wipeout **8.30** The Wags' Stories **9.00** Gavin & Stacey **10.00** EastEnders **10.30** Bizarre ER **11.00** Family Guy **11.45** Gavin & Stacey **12.45am** Total Wipeout **1.45** Bizarre ER **2.15** The Wags' Stories **2.45** Blood, Sweat and Luxuries **3.45** On the Money with Robert Peston **4.15-5.15am** Wags, Kids and World Cup Dreams
E4 (136)
7.00pm Hollyoaks **7.30** My Name Is Earl **7.55** Friends **9.00** Glee **10.00** Glee: The Real Show Choirs of America

11.05 Big Brother's Big Awards Show **12.10am** My Name Is Earl **12.40** Scrubs **1.30** Glee: The Real Show Choirs of America **2.25** Joan of Arcadia **3.50** Everwood **4.35-6.00am** Switched
DAVE (111)
7.00pm Ray Mears' Extreme Survival **8.00** Top Gear **9.00** QI XL **10.00** Would I Lie to You?: With guests Carol Vorderman, Larry Lamb, Jo Brand and Russell Howard. **10.40** That Mitchell and Webb Look **11.20** QI XL **12.20am** Would I Lie to You? **1.00** Jeremy Clarkson Meets the Neighbours **1.40** Game On **2.20-3.00am** The League of Gentlemen
MTV ONE (350)
7.00pm The Hills **8.00** MTV Movie Awards Pre-Show **9.00** **MUST-SEE** **MTV Movie Awards 2010** **11.00** The Osbournes **12.00m't** MTV Movie Awards **2.00am** Blue Mountain State **3.00** Ride

sky1

6.00am The Biggest Loser US (R) **7.00** Brainiac: Science Abuse (R)(HD) **8.00** Oops TV (R) **9.00** Bones (R)(HD) **10.00** Medical Emergency (R) **11.00** Pineapple Dance Studios (R)(HD) **12.00noon** Angela and Friends (HD) **1.00pm** Bones (R)(HD) **2.00** Project Catwalk (R)(HD) **3.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R)(HD) **5.30** Futurama (R) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons

Homer is jealous when an old classmate is inducted into the Walk of Fame. (R)(HD)

7.30 The Simpsons

Ned comes to the rescue when the family is unable to pay the mortgage. (R)(HD)

8.00 UK Border Force

The team raids a nail bar in Southampton. Nail 'em boys! Sorry! (R)(HD)

9.00 A League of Their Own: Best Bits

The best gags from the series. (R)(HD)

10.00 NCIS: Los Angeles

When a terrorist in army custody escapes the NCIS team must track down the suspect before he flees the country. (HD)

11.00 24

President Taylor pushes on with the peace treaty and Jack takes matters into his own hands. Not like him, is it? (R)(HD)

12.00m't 24

Another chance to catch last night's big finale. It's the end of an era. (R)(HD)

1.00am Road Wars **1.50** Oops TV **2.40** **24** **3.30** Tru Calling **4.20** Celebrity Parents' SOS **4.45** Hello Goodbye **5.10-6.00am** Sell Me the Answer

8.00pm **NEW** The Captain's Climb: Past and present Welsh rugby stars climb Mount Kilimanjaro for charity.

with Funkmaster Flex **4.00** Pimp My Ride **5.00-6.00am** Brooke Knows Best

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Passport Patrol **9.00** **MUST-SEE** Chuck: Guest starring Vinnie Jones. **10.00** Trauma **11.00** Medium **12.00m't** Roulette **3.00am** Hellraisers' Handbook **4.00-5.00am** Take It or Leave It

SYFY (129)

7.00pm Smallville **8.00** **FILM** Meteor Storm **9.50** **FILM** 100 Million BC **11.30** **V** **12.30am** **FILM** The Tattooist: Horror. **2.20** 3rd Rock from the Sun **3.00** Flash Gordon **4.00-6.00am** Angel

FX (164)

7.00pm NCIS **9.00** Family Guy **9.30** American Dad! **10.00** NCIS **11.00** Brotherhood **12.10am** NCIS **2.10** Charlie Jade **3.10-4.10am** Tour of Duty

TODAY'S MUST-SEES



"Sorry about my dad – tell me a bit about yourself!"

Chuck **Virgin1, 9pm**
DRAMA As if having an entire database of CIA info rammed into his brain wasn't distressing enough, poor old Chuck has woman issues too, as his relationship with Sarah starts getting rocky. There's no time to mope, though, because one of Sarah's mates arrives on the scene with a new mission for our unwilling hero. She might be a bit of a looker, but her fiancé's in tow, and he looks remarkably like Vinnie Jones (largely because he is). Don't go getting any ideas, Chuck, there's a good lad! ★★★★★

SUPER SPY!



"Look, it's colourful and it was reduced to five pounds!"

MTV Movie Awards **MTV, 9pm**

AWARDS It's the annual ceremony celebrating all things celluloid, with such quintessentially American categories as Best WTF Moment. Aziz Ansari – he's been in *Flight Of The Conchords* and *I Love You, Man* – hosts. Fun! ★★★★★



McElderry's solo quickly cleared the boat

Aftermath **National Geographic, 9pm**

DOCU Tired of life's mundane inevitabilities? Then feast your eyes on this new series looking at the potential consequences of worst-case scenarios, starting with what would happen if the world suddenly stopped spinning. Blimey! ★★★



"...and his fingers have been stuck together ever since, doc!"

30 Rock **Comedy Central, 10pm**

COMEDY A double-bill of the magnificently daft sitcom, which sees the truth about Kenneth's weird Southern childhood being revealed, then Michael Sheen guest-stars, as Jack attempts to secure himself a new job. ★★★★★

Nuts PROMOTION

Nuts Girl Shop!

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BBC ONE

6.00am Breakfast **9.15** Crimewatch Roadshow **10.00** Put Your Money Where Your Mouth Is **11.00** Cowboy Trap (R) **11.45** Cash in the Attic **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Murder, She Wrote (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.10** The Flintstones (R) **11.35** The Flintstones (R) **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** **LIVE** Tennis from Queen's: *The AEGON Championships in London*. **5.15** Escape to the Country (R) **6.00** Eggheads **6.30** Great British Railway Journeys (R)

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover **3.00** Dickinson's Real Deal **4.00** Agatha Christie's Poirot (R) **5.00** The Chase: *Quiz show*. **6.00** Regional News, Weather **6.30** ITV News

4

6.05am Sali Mali (R) **6.10** The Hoobs (R) **7.00** Everybody Loves Raymond (R) **7.50** Frasier (R) **8.45** The 5 O'Clock Show with Peter Andre (R) **9.45** Deal or No Deal (R) **10.35** Will & Grace (R) **11.00** Friends (R) **12.00noon** Channel 4 News Summary **12.05pm** **SPORT** Kicking Ahead: The Power of Sport **12.10** The Herd **12.15** Jamie at Home (R) **12.45** **FILM** Moonfleet: **2.25** Coach Trip (R) **2.55** Cook Yourself Thin **3.25** Countdown **4.10** Deal or No Deal **5.00** The 5 O'Clock Show with Peter Andre **6.00** The Simpsons (R) **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Vets in Action (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **3.00** **FILM** *Though None Go with Me: Romantic drama starring Cheryl Ladd*. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

6am

7pm

7.00 The One Show

7.30 EastEnders
More jellied-eel quaffing.

8.00 Holby City

Connie questions her judgement after Elaine dies. Here's a clue for her: if the patient snuffs it, something has probably gone wrong somewhere.

9.00 Luther

MUST-SEE Uh-oh, there's been another murder and poor old Luther is in the frame! Gulp!

10.00 BBC News, Weather

10.35 Children's Emergency

11.05 The Graham Norton Show

Featuring Miley Cyrus and Usher. (R)

11.50 James Dean

FILM Biopic of actor James Dean, following him from his mother's death when he was a child to his spectacular rise to stardom.

1.30am Sign Zone: See Hear (R) **2.00** Junior Apprentice (R) **3.00** Raymond Blanc: Kitchen Secrets (R) **3.30** Great British Menu (R) **4.30-6.00am** BBC News

7.00 Coast

The team travel down the west of Scotland stopping off in the only place in the UK that Elvis Presley ever visited. What on earth was he thinking? (R)

8.00 Springwatch 2010

9.00 Tribal Wives
NEW Another cocky twentysomething is packed off to a remote tribe to see how the locals live. Like *Wife Swap*, with less moaning.

10.00 Never Mind the Buzzcocks

Robert Webb and that muppet from N-Dubz are on the panel. (R)

10.30 Newsnight

11.20 Atlantis: The Evidence - A Timewatch Special

Exploring the latest evidence regarding the lost continent of Atlantis. (R)

12.20am Revealing Anne Lister

A look at the life of 19th-century Yorkshire landowner Anne Lister. No, ta. (R)

1.20-4.30am BBC News

7.00 Emmerdale

Rhona agrees to rent Ryan and Andy's spare room. Thrill-a-minute, eh?

8.00 Who Wants to Be a Millionaire?

More friend-phoning with chuckling Chris Tarrant and his big wad of cash.

9.00 Father & Son

Michael fails to persuade Sean to withdraw his statement.

10.00 ITV News

10.35 October Road

NEW Hannah has to deal with her true feelings for Nick.

11.35 October Road

Nick loses his job. Will Hannah have a bit of a rethink on those "true feelings"?

12.25am The Zone

Shopping and interactive gaming.

2.25 The Jeremy Kyle Show: *Shouty show*. (R) **3.20-5.30am** ITV Nightscreen

7.00 News

8.00 Gok's Fashion Fix

Gok Wan compares designer labels. Does that sound like your bag? No, ours neither.

9.00 Inside Nature's Giants: Great White Shark

NEW Huzzah! It's the return of the show where they hack apart the biggest creatures on the planet to see what's inside. This week it's a shark!

10.00 Big Brother's Big Awards Show

Davina McCall hosts a celebration of the past ten series of the reality show. They'd better have a best boobs category...

11.05 The Good Wife

Alicia is furious when she discovers why Peter has taken the family to church.

12.05am Poker

SPORT A charity poker tournament from the Bahamas, featuring celebs such as Carlos Bernard, Montel Williams and Fatima de Melo. Er, sorry, who are they again?

1.05 **SPORT** Volleyball **2.00** **SPORT** F3 **2.25** **SPORT** Boxing **2.55** The Grid **3.20** **SPORT** World Sport **4.45** Survival of the Fittest **5.10-6.10am** Wreck Detectives (R)

7.15 Cricket on Five

SPORT Highlights of the final day of the second Test between England and Bangladesh at Old Trafford.

8.00 Volcanic Ash: The Ticking Timebomb

The potential consequences of a second Icelandic volcano erupting. A right royal pain in the backside, basically.

9.00 CSI: Crime Scene Investigation

Langston is suspected of being involved in a murder. Oh dear.

10.00 CSI: Miami

A body is found mashed up inside a wood chipper. Lovely. (R)

11.00 CSI: NY (R)

Mac and Danny investigate the death of a man torn apart by tigers at the zoo. Yikes!

12.00m't NCIS

Trent Kort returns in an attempt to track down a dangerous criminal. (R)

12.55am SuperCasino

Live interactive gambling gubbins.

4.05 Wildlife SOS (R) **4.30** Wildlife SOS (R) **4.55** Rough Guide to Cities (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

1am

REGIONAL VARIATIONS

BBC1 SCOTLAND: 8.00pm River City **BBC1 NORTHERN IRELAND: 10.35pm** Spotlight **11.05** Children's Emergency **11.35** The Graham Norton Show **12.20am** **FILM** James Dean **BBC2 SCOTLAND: 7.00pm** Thuige Seo **7.30** Fas Slan **11.00** Newsnight

Scotland, Weather **BBC2 WALES: 7.00pm** Secret Wales **7.30pm** Wild Welsh Zoo **STV: 8.00pm** Who Wants to Be a Millionaire? **10.35** **FILM** The Calcium Kid: *Spooof documentary starring Orlando Bloom*. **12.10am** Roulette Nation **1.00** The Jeremy Kyle

Show **2.00-5.30am** The Nightshift **ULSTER: 10.30pm** UTV Live Tonight **11.10** Living with Lily **11.40** Brain Box

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Louis Vuitton Series Sailing
9.30 Boots 'n' All
10.30 **LIVE** Cricket: *The last day of the second Test between Bangladesh and England at Old Trafford*. (HD)
6.00pm Football Asia
6.30 Boots 'n' All: *Review of the week's action from Super League XV*.
7.30 Football Asia
8.00 Cricket: *The last day of the final Test between England and Bangladesh*. (HD)
10.00 Football Asia
10.30 Rugby Union (HD)
11.00 Cricket (HD)
1.00am Soccer AM: The Best Bits: *Some of the highlights from the past season*.
2.00 Rugby Union (HD)
2.30 Cricket (HD)
4.30 Soccer AM: The Best Bits
5.30-6.00am Football Asia

sky SPORTS 2

6.00am Aerobics
6.30 Ocean Ride
7.00 Cricket (HD)
9.00 Golf (HD)
10.00 PGA Tour Golf (HD)
11.00 Wonderful World of Golf
12.30pm PGA Tour Classic
1.30 Fishing Gurus
2.00 Show Jumping
3.00 Boots 'n' All
4.00 Speedway (HD)
6.00 Golf
7.00 Powerboating
7.30 **LIVE** Greyhound Racing: *All the action from this evening's Gymcrack meeting at Hall Green in Birmingham, a race specifically for puppies. Aaaaah!*
10.00 Poker
11.30 Football Asia
12.00m't Bowls
2.00-3.00 Sports Unlimited

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.05pm Volcano: *Disaster movie starring Tommy Lee Jones and Anne Heche*. **9.00** **PREMIERE!** Hot Rod: *Comedy starring Andy Samberg*. **10.45** Lucky Number Slevin: *Darkly comic thriller starring Josh Hartnett*. **12.50** The Good Thief: *Crime caper thriller starring Nick Nolte*. **3.00-3.10am** Another Year: *Cannes 2010 Special*

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** Scrubs **11.00** 30 Rock **12.00m't** Sex and the City **1.10am** Two and a Half Men **2.10** The

ESPN **6.00pm** Classic World Cup Football **8.00** Premier

League Football: *Everton vs Man City*. **10.00** 30 for 30 **11.30** AFL Review Show **12.30am** Press Pass 2010 **1.00** UFC All Access **1.30-5.00am** **LIVE** NBA Basketball

Office: *An American Workplace* **3.10** South Park **4.10** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Top Gear **8.00** Blood, Sweat and Me **9.00** Who Is Nelson Mandela? **10.00** EastEnders **10.30** Pulse: *One-off medical horror starring Claire Foy*. **11.25** Family Guy: *Peter launches his own TV channel*. **12.10am** Wags, Kids and World Cup Dreams **1.10** Who Is Nelson Mandela? **2.10** Blood, Sweat and Me **3.05** Snog, Marry, Avoid? **4.05-5.00am** Pulse

E4 (136)

7.00pm Hollyoaks **7.30** My Name Is Earl **7.55** Friends **9.00** Smallville **10.00** **FILM** The Omen: *Occult horror thriller remake starring Liv Ullmann and Julia Stiles*. **12.10am** My Name Is Earl **12.40** Scrubs **1.35** Reaper **2.20** Joan of Arcadia **3.50** Everwood **4.30-6.00am** Switched

DAVE (111)

7.00pm Himalaya with Michael Palin **8.00** Top Gear **9.00** QI **9.40** Mock the Week **10.20** Would I Lie to You?: *With Davina McCall, Dave Gorman, Janet Street-Porter and Omid Djalili*. **11.00** Have I Got News for You **11.40** QI: *With Jeremy Clarkson*. **12.20am** Mock the Week **1.00** Game On: *Mandy pretends she's a virgin*. **1.40** Louis Theroux: *Law and Disorder in Johannesburg* **2.45-3.00am** **SPORT** Radical Highs: *Featuring base jumping*.

MTV ONE (350)

7.00pm MTV Movie Awards 2010 **9.00** The Hills **9.30** The City **10.00** Blue Mountain State **11.00** South Park: *Wendy gets into trouble after threatening to beat up Cartman*. **12.00m't** Jersey Shore **1.00am** Nitro Circus **2.00** 20 Greatest Celeb Reality Fights **3.00** Ride with Funkmaster Flex **4.00** Pimp My Ride **5.00-6.00am** Brooke Knows Best

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8 JUNE **TUESDAY**

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DAY TV
GUIDE!**

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6.00am The Biggest Loser US (R) **7.00** Brainiac: Science Abuse (R) **8.00** Oops TV (R) **9.00** Bones (R)(HD) **10.00** Medical Emergency (R) **10.30** Medical Emergency (R) **11.00** Pineapple Dance Studios (R) (HD) **12.00noon** Angela and Friends (HD) **1.00pm** Bones (R)(HD) **2.00** Project Catwalk (R)(HD) **3.00** Stargate SG-1 (R) **4.00** Stargate SG-1 (R) **5.00** Malcolm in the Middle (R)(HD) **5.30** Futurama (R) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons

Lisa disguises herself as a nun. Hey, we've all been there. (R)(HD)

7.30 The Simpsons

Homer proposes to Marge for the second time when he discovers their marriage licence is invalid. Romantic! (R)(HD)

8.00 Stargate Universe

Young discovers the Destiny is in danger of being boarded by the Alliance. (HD)

9.00 UK Border Force

Staff at a steakhouse in London's West End are interrogated. Or should that be "grilled"? Yeah, we said it. (R)(HD)

10.00 Fringe

Walter and Olivia enter the parallel universe. Sensible? (HD)

11.00 Ross Kemp Middle East: Gaza

The actor examines the Israeli-Palestinian conflict. Thankfully, they love *Eastenders* in Gaza, so nobody shoots him. (R)(HD)

12.00m't Stargate Universe

1.00am Road Wars **1.50** Oops TV **2.40** **24** **3.30** Tru Calling **4.20** Celebrity Parents' SOS **4.45** Hello Goodbye **5.10-6.00am** Sell Me the Answer

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Nothing to Declare **9.00** The Naked Office **10.00** Brit Cops: Frontline Crime UK **11.00** Sexarama **11.30** Eurotrash: The Sexy Bits **12.00m't** Roulette Nation **3.00am** Hellraisers' Handbook **4.00-5.00am** Take It or Leave It

SVFY (129)

7.00pm Smallville **8.00** Painkiller Jane **10.00** V (2010) **11.00** **FILM** Lightning Strikes: Horror thriller starring Kevin Sorbo and David Schofield. **1.00am** **FILM** Thirst: Thriller starring Adam Arkin. **3.00** Flash Gordon **4.00-6.00am** Angel

FX (164)

7.00pm NCIS **9.00** Family Guy: Lois tells Peter to bond with Stevie. **9.30** American Dad! **11.00** The Border **12.00m't** NCIS **2.00am** Testees **2.30** No Signal **3.00-4.00am** Tour of Duty

TODAY'S MUST-SEES



"Right, where's the bloke who sold me the fake tan?"

Avatar

Sky Box Office/HD, from 6am

FILM In the year 2154, the RDA Corporation is trying to get hold of a hard-to-obtain mineral called – wait for it – Unobtainium. But the only place it exists is on Pandora, a beautiful world populated by ten-foot-tall humanoids. Soldier Jake Sully (Sam Worthington) is chosen to infiltrate them and persuade them to leave – but he soon has a change of heart. Watching this on TV can't replicate seeing it in 3D on the big screen, but the effects are still impressive enough to make it unmissable! ★★★★★

SCI-FI EPIC!



"It's a bit harsh just 'cos I'm wearing the same hat!"

Luther

BBC1, 9pm

DRAMA The first series of the psychological crime drama ends with troubled cop John Luther framed for murder. Sadly for him, the only people he can turn to are cold, calculating killer Alice and love rival Mark. What a bummer! ★★★★★



"How can I smile when you've got my nose?"

Man Vs Fish

Discovery, 9pm

DOCU Extreme fisherman Matt Watson isn't satisfied with hooking the odd trout, instead preferring to pit himself against the biggest and baddest sea monsters around. This week, he's having a splash with the deadly mako shark. ★★★★★



"Oh hi, is this the S&M club?"

Spartacus: Blood And Sand

Bravo, 10pm

DRAMA In tonight's hit of extreme violence and rudery, Spartacus enters a fight that'll get him closer to freeing his wife. Bless him. ★★★★★

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PREVIEWS: RICH JENKINS, GEORGE WALES, PETE CASHMORE, MIKE HALL

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Crimewatch Roadshow **10.00** Put Your Money Where Your Mouth Is **11.00** Cowboy Trap (R) **11.45** Cash in the Attic **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Murder, She Wrote (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.05** The Flintstones (R) **11.30** Daily Politics **1.00pm** See Hear **1.30** Working Lunch **2.00** **LIVE** Tennis from Queen's: *The AEGON Championships at the Queen's Club in London*. **5.15** Escape to the Country (R) **6.00** Eggheads **6.30** Great British Railway Journeys (R)

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover (R) **3.00** Dickinson's Real Deal **4.00** Agatha Christie's Poirot (R) **5.00** The Chase: *Quiz show*. **6.00** Regional News, Weather **6.30** ITV News

4

6.10am The Hoobs **7.00** Everybody Loves Raymond (R) **7.50** Frasier (R) **8.45** The 5 O'Clock Show with Peter Andre (R) **9.45** Deal or No Deal (R) **10.35** Will & Grace (R) **11.00** Friends (R) **12.00noon** Channel 4 News Summary **12.05pm** **SPORT** Kicking Ahead: The Power of Sport **12.10** Home Country **12.15** Jamie at Home (R) **12.45** **FILM** Footsteps in the Fog: *Thriller*. **2.25** Coach Trip (R) **2.55** Cook Yourself Thin **3.25** Countdown **4.10** Deal or No Deal **5.00** The 5 O'Clock Show with Peter Andre **6.00** The Simpsons (R) **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Vets in Action (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **2.55** I Own Britain's Best Home: Flying Visit (R) **3.10** **FILM** I Dream of Murder: *Mystery starring Jolene Blalock*. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show
Christine Bleakley is joined by Matt Okayer, sorry - Matt Allwright.

7.30 EastEnders
Characters called either Arthur, Pat, Ethel or Dot have an argument in the Vic.

8.00 Waterloo Road
Kim ends up in hospital during a trip to an art gallery. We reckon it's because she must have nearly died of boredom.

9.00 Junior Apprentice
The ten remaining contestants sell designer products. Or try to.

10.00 BBC News, Weather

10.35 The National Lottery Draws
The balls are set rolling.

10.45 Proof of Life
FILM Romantic thriller starring Russell Crowe and Meg Ryan.

7.00 The Beauty of Maps
NEW Map reading through the ages. On that bombshell, we feel it wise to direct you to Sky1.

7.30 South Africa Walks
NEW Julia Bradbury yomps around the country.

8.00 Springwatch 2010
Simon King, Kate Humble and Chris Packham spy on more furies.

9.00 Make Me a New Face: Hope for Africa's Hidden Children
Ethiopian children with facial disfigurement caused by disease.

10.00 QI
With Jimmy Carr. (R)

10.30 Newsnight

11.20 An African Journey with Jonathan Dimbleby
Developments in Ethiopia. (R)

12.20am South Africa Walks (R)

12.50-4.25am BBC News

7.00 Emmerdale
Chicken-clucking claptrap.

7.30 Lion Country
Three lions from the Zambian pride encounter two buffalo, then it all kicks off.

8.00 Florida - Paradise Lost
Disgruntled Britons living in the Sunshine State. The poor things.

9.00 Father & Son
Michael suspects DI Conroy cannot be trusted. It finishes tomorrow.

10.00 ITV News, Weather

10.35 The Illusionist
PREMIERE Ace mystery thriller starring Edward Norton as a magician in early 20th-century Vienna tries to stop the love of his life from marrying a ruthless prince.

12.35am The Zone
Shopping and interactive gaming.

7.00 News

8.00 Come Dine with Me: Wags Special
Hotties indulge in some whisk-wielding!

9.00 Big Brother: The Launch
MUST-SEE It's back! Davina McCall presents as the new housemates arrive. Always fun.

10.35 Desperate Housewives
Oh, forget this - stick E4 on and you can keep getting your *Big Brother* fix!

11.35 The Big Bang Theory
Leonard is invited to visit the Large Hadron Collider in Switzerland.

12.00m't My Name Is Earl
The do-gooder decides whether to become an informer.

12.30am My Name Is Earl
Randy takes Catalina's nephew Oscar into his care and treats him like a little brother.

7.30 Daring Raids of World War Two
The first British paratroop mission. (R)

8.00 Tutankhamun: The Mystery Revealed
Examining the cause of the pharaoh's death. Who cares? It was ages ago!

9.00 NCIS
An Army scientist goes missing.

10.00 CSI: NY
The murder of an archaeologist exposes an artefact smuggling ring. (R)

10.55 CSI: Crime Scene Investigation
Brow-furrowing abounds as the team tackle the death of a poker player. (R)

11.55 Poker
SPORT Highlights of a recent tournament.

12.55am SuperCasino
Live interactive gaming.

1.00am Sign Zone: Country Tracks: *From East Yorkshire*. (R) **1.55** DIY SOS (R) **2.25** Watchdog (R) **3.25** Great British Menu (R) **4.25-6.00am** BBC News

2.40 The Jeremy Kyle Show: *"I'm so angry!"* (R) **3.30-5.30am** ITV Nightscreen

1.00 Music on 4: *The Crush: The Pretty Reckless perform*. **1.30** Big Brother: Live **5.15-6.00am** Countdown (R)

4.05 Wildlife SOS (R) **4.30** Wildlife SOS (R) **4.55** Rough Guide To: *Morocco and Nicaragua*. (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: 10.45pm For Queen and Country **11.45pm** **FILM** Proof of Life **BBC1 NORTHERN IRELAND: 10.45pm** This Sporting Life **11.25** Snow Patrol: Live at Ward Park 2010 **12.25am** BBC News **BBC1 WALES: 10.45pm** Hotel Stephanie

11.15 **FILM** Proof of Life **1.25am** Sign Zone: See Hear **BBC2 SCOTLAND: 7.00pm** The Beechgrove Garden **11.00pm** Newsnight Scotland **BBC2 NORTHERN IRELAND: 10.00pm** Spotlight **STV: 8.00pm** **SPORT** How to Win the FIFA World Cup **10.35**

FILM Balls of Fury: *Spoof martial arts starring Dan Fogler*. **12.15am** Roulette Nation **1.00** The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER: 10.30pm** UTV Live Tonight **11.10** **FILM** Intolerable Cruelty: *Romantic comedy starring George Clooney and Catherine Zeta-Jones*. **12.55am** **FILM** Connie and Carla: *Comedy starring Nia Vardalos*.

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Football Asia
9.30 Cricket (HD)
11.30 Golf
1.00pm Cricket (HD)
3.00 Golf: *The PGA EuroPro Tour From Burhill Golf Club in Surrey*.
5.00 Golf: *Action from the Principal Charity Classic from the Glen Oaks Country Club in West Des Moines, Iowa*.
6.00 Boots 'n' All
7.00 **LIVE** Cricket: *The Twenty20 Cup match between Derbyshire Falcons and Warwickshire Bears*. (HD)
10.30 Boots 'n' All
11.30 FIFA Futbol Mundial
12.00m't Football Asia
12.30am Cricket (HD)
2.30 Soccer AM: The Best Bits
3.30 FIFA Futbol Mundial
4.00-6.00am Cricket (HD)

sky SPORTS 2

6.00am Aerobics **6.30** Ocean Ride **7.00** Golf **9.00** Ocean Ride **9.30** Pool **10.30** Poker **12.00noon** Ocean Ride
12.30pm Football Asia
1.00 Golf
2.00 Golf
3.00 Poker
4.30 Football Asia
5.00 FIFA Futbol Mundial
5.30 Total Rugby
6.00 **LIVE** Rugby Union: *The Junior World Championship match between England and Ireland, kick-off 6pm*.
8.00 **LIVE** Rugby Union: *More juniors with Argentina vs France, kick-off 8pm*.
10.00 **LIVE** Rugby Union: *The Churchill cup match between England Saxons and Russia, kick-off 10pm*.
12.30am **LIVE** Rugby Union: *France A vs Uruguay, kick-off 12.30am*.
3.00 Rugby **3.30-4.30am** Boots 'n' All

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.40pm CutThroat Island: *Swashbuckling adventure*. **9.00** Office Space: *Satirical comedy starring Ron Livingston*. **10.45** Showgirls: *Drama starring Elizabeth Berkley*. **1.20** She's the One: *Comedy with Jennifer Aniston*. **3.10-3.20am** Another Year: *Cannes 2010 Special*

COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** The Office: *An American Workplace* **11.00** Omid Djalili - One Night Stand **11.35** Sex and the City **12.45am** Two and a Half Men

ESPN **6.00pm** England vs France: 1982 World Cup **8.00** Football **10.00** UFC **11.00** DTM **12.00m't** VW Scirocco Cup **1.00am** Press Pass 2010 **1.30** UFC **2.30** DTM **3.30** VW Scirocco Cup **4.30-5.00am** Press Pass 2010

Men **1.45** The Office: *An American Workplace* **2.45** Scrubs **3.45** South Park **4.10** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)
7.00pm The World's Strictest Parents **8.00** **SPORT** World Cup's Most Shocking Moments: *Controversial incidents*. **10.00** EastEnders **10.30** Family Guy: *Brian gets a job at the New Yorker*. **11.15** American Dad!: *Stan and Roger exchange lives*. **12.00m't** Junior Apprentice: *More incompetence*. **1.00am** Waterloo Road **2.00** Bizarre ER **2.30** **SPORT** World Cup's Most Shocking Moments **4.30-5.30am** Who Is Nelson Mandela?

E4 (136)
7.00pm Hollyoaks **7.30** My Name Is Earl **7.55** Friends **9.00** Derren Brown: *Evening of Wonders* **10.35** Big Brother's Big Mouth **11.40-6.00am** Big Brother: Live

DAVE (111)
6.40pm Speed **7.20** Jeremy Clarkson Meets the Neighbours: *The presenter explores Italy*. **8.00** Top Gear: *Jeremy Clarkson drives a powerful Swedish supercar*. **9.00** Have I Got News for You **9.40** Black Books: *Manny and Fran decide to go out*. **10.15** Mock the Week **10.55** Little Britain Down Under **12.15am** Black Books **12.50** Mock the Week **1.30** Game On **2.10** Rob Brydon's Annually Retentive **2.45-3.00am** **SPORT** Radical Highs

MTV ONE (350)
7.00pm Gossip Girl **8.00** The City: *Double-bill*. **9.00** **MUST-SEE** MTV Movie Awards: *Coverage of the awards show held in Los Angeles*. **11.00** South Park **11.30** Jackass: *Where Are They Now?* **12.00m't** Jersey Shore **1.00am** Nitro Circus **2.00** Blue Mountain State **3.00** Ride with Funkmaster Flex **4.00** Pimp My Ride **5.00-6.00am** Brooke Knows Best



6.00am The Biggest Loser US (R) **7.00** Brainiac: Science Abuse (R) **8.00** Oops TV (R) **9.00** Bones (R)(HD) **10.00** Medical Emergency (R) **10.30** Medical Emergency (R) **11.00** Pineapple Dance Studios (R) (HD) **12.00noon** Angela and Friends (HD) **1.00pm** Bones (R)(HD) **2.00** Project Catwalk (R)(HD) **3.00** Stargate SG-1 (R) (HD) **4.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R)(HD) **5.30** Futurama: Fry meets an old girlfriend. (R) **6.00** Oops TV (R) **6.30** The Simpsons (R)

7.00 The Simpsons
Marge and Lisa debate if a woman can be strong and beautiful. Er, yes? (R)(HD)

7.30 The Simpsons
Bart and Lisa go to a new school. (R)(HD)

8.00 Fat Families: Second Helpings
NEW Steve Miller sees how former salad dodgers are getting on with their new diets. (HD)

9.00 Battlestar Galactica: The Plan
FILM Sci-fi adventure spin-off from the popular TV series. (R)(HD)

11.20 Ross Kemp Middle East: Israel
The actor visits Israel to examine the Palestinian conflict. (R)(HD)

12.20am Oops TV
Selection of video out-takes. (R)

12.50 Road Wars
A dog handler and his German Shepherd are called to back up officers. (R)(HD)

1.50 Road Wars (R)(HD) **2.40** 24 (R)(HD) **3.30** Tru Calling (R) **4.20** Celebrity Parents' SOS (R) **4.45** Oops TV (R) **5.10-6.00am** Sell Me the Answer (R)(HD)

VIRGIN 1 (121)
7.00pm Star Trek: Voyager **8.00** Trauma **9.00** Criminal Minds **11.00** Sexarama **11.30** Eurotrash: The Sexy Bits **12.00m't** Roulette Nation: Gambling action. **3.00am** Hellraisers' Handbook **4.00-5.00am** Take It or Leave It

SYFY (129)
7.00pm Smallville **8.00** Knight Rider **9.00** **MUST-SEE** **V** **10.00** Human Target **11.00** Painkiller Jane **1.00am** **FILM** 30,000 Leagues Under the Sea: Underwater thriller starring Lorenzo Lamas and Sean Lawlor. **3.00** Flash Gordon **4.00-6.00am** Angel

FX (164)
7.00pm NCIS **9.00** Family Guy: Peter starts a society for fat men. **9.30** American Dad! **10.00** Dexter **12.15am** NCIS **2.15** Eastbound and Down **2.50** Cheers **3.20-4.20am** Tour of Duty

TODAY'S MUST-SEES



FINAL SERIES!

Red Riding Hood's new look impressed the wolf

Big Brother: The Launch

Channel 4, 9pm
REALITY For the 11th and final time, Davina McCall invites a group of unknowns (hot female ones, we hope) into the most notorious house in Britain for a summer of fun and frivolity, fights and friction – and all with a load of cameras pointing at them! It promises to be brilliant, as ever, but this being the final series, expect more than the usual twists along the way, beginning right from the start tonight. Cool! ★★★★★



"OK, you have two hours to find your way home... go!"

Carriers **Sky Box Office/HD, from 6.30am**
FILM The storyline – deadly virus turns entire population into crazed, homicidal undead – has been done to death, but this is still fairly decent horror fare, as Chris Pine and chums go all out to avoid the virus "carriers" of the title. ★★★



"Take. The. Olympic. Torch!"

V Syfy, 9pm
DRAMA The rebels discover that Anna has despatched a tracker to hunt them down in the sci-fi remake that is slowly coming to the boil, mainly because those pesky, human-eating aliens are just so darned unlikeable! ★★★



Premier League life wasn't as fun as Blackpool had expected

Sons Of Anarchy **Bravo, 10pm**
DRAMA With most of the biker gang locked up, Jax Teller's boys have to deal with white supremacists and California gangsters, but help is at hand – or it could be – as the police make an offer to get them out. For a price. ★★★

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6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Crimewatch Roadshow **10.00** Put Your Money Where Your Mouth Is **11.00** Cowboy Trap (R) **11.45** Cash in the Attic **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Murder, She Wrote (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.10** The Flintstones (R) **11.35** The Flintstones (R) **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** LIVE Tennis from Queen's: *The AEGON Championships*. **5.15** Escape to the Country (R) **6.00** Eggheads **6.30** Great British Railway Journeys (R)

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover (R) **3.00** Dickinson's Real Deal **4.00** Agatha Christie's Poirot (R) **5.00** The Chase: *Game show*. **6.00** Regional News, Weather **6.30** ITV News

4

6.00am The Hoobs **6.50** **NEW** Big Brother's Little Brother **7.20** Big Brother: The Launch **8.50** The 5 O'Clock Show with Peter Andre **9.50** Deal or No Deal **10.35** Will & Grace **11.00** Friends **12.00noon** News Summary **12.05pm** **SPORT** Kicking Ahead: The Power of Sport **12.10** Brief Encounters of the Sporting Mind: Harness Racing **12.20** **FILM** Bhowani Junction **2.25** Coach Trip **2.55** Cook Yourself Thin **3.25** Countdown **4.10** Deal or No Deal **5.00** The 5 O'Clock Show with Peter Andre **6.00** The Simpsons **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Vets in Action (R) **1.45** Neighbours **2.15** Home and Away **2.50** I Own Britain's Best Home: Flying Visit (R) **3.05** **FILM** They Come Back: *Thriller starring Mia Kirshner*. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show
Live topical chat.

7.30 EastEnders
Market-stall misery.

8.00 Watchdog
The taxman incurs the wrath of Anne Robinson. Run, taxman, run!

9.00 Junior Apprentice
More entrepreneurial mishaps.

10.00 BBC News, Weather

10.35 Question Time
Smug politicians skirt around questions asked by a studio audience.

11.35 This Week
More political bobbins.

12.25am Sign Zone: Panorama
Man United's debt. (R)

12.55 Countryfile
Real-life Emmerdale. (R)

7.00 The Culture Show
The relationship between science and art. Or us and the remote. Flick!

8.00 Springwatch 2010
It's the one we've all been waiting for - Chris Packham presents an update on the progress of the chicks.

9.00 Springwatch Unsprung 2010
Live discussion on critters.

9.30 World Cup Kick Off Concert
Alicia Keys, Black Eyed Peas and Shakira warble at Soweto's Orlando Stadium.

10.30 Newsnight

11.20 The Culture Show
Oh no - this again! (R)

12.20am World Cup Kick Off Concert
Hmm, short of ideas tonight, BBC?? (R)

7.00 Emmerdale
Dullness in the Dales.

7.30 Britain's Broken Roads: Tonight
Chris Choi investigates the state of the nation's roads. Mind the potholes!

8.00 Emmerdale
Baa!

8.30 Coronation Street

9.00 Father & Son
Michael agrees to a deal with the police to reduce Sean's sentence.

10.00 ITV News, Weather

10.35 Sixty Six
PREMIERE A 12-year-old Jewish boy goes into despair when he discovers that the 1966 World Cup final is scheduled for the same day as his Bar Mitzvah. Nightmare!

12.20am The Zone
Shopping and interactive gaming.

7.00 News

8.00 Location, Location, Location
A couple who have been house-hunting for 10 years. They're not fussy then?

9.00 Come Dine with Me: Footballers Special
With Neil Ruddock, John Fashanu, Carlton Palmer and Frank Worthington.

10.00 Big Brother
Highlights of the new housemates' first 24 hours inside the compound. They'll still be falling over each other to be nice at the moment. Come back in a couple of days!

11.10 Skins
NEW Thomas feels responsible for an accident in a club.

12.15am Dirty Sexy Money
Nick gets a shock when the witness testifying against Letitia is revealed.

7.30 Fifth Gear
MUST-SEE Top motoring mag with Vicki B-H, Tiff Needell and Jonny Smith.

8.00 Britain's Greatest Machines with Chris Barrie
The engineering enthusiast explores the technology of the '60s, reliving the Monte Carlo Rally in a Mini Cooper. Lucky him!

9.00 Once Upon a Time in Mexico
FILM A legendary gunman seeking revenge for his wife's murder is recruited into a CIA agent's plan to stop an assassination. Antonio Banderas stars.

11.05 Police Interceptors
Specially trained officers try to stop a 4x4 as it is driven dangerously through the mean streets of, er, Basildon. (R)

12.05am SuperCasino
Live interactive gaming.

1.55 When Romeo Met Juliet (R) **2.55** Diet or My Husband Dies (R) **3.45** Great British Menu (R) **4.45-6.00am** BBC News

1.20-4.45am BBC News

2.20 **SPORT** British Touring Car Championship Highlights: *Top recent action*. **3.35-5.30am** ITV Nightscreen

1.10 Big Brother: Live **3.30** Undercover Social Worker **4.25** Unreported World **4.50** The Kitchen Pharmacy **5.05** Countdown **5.50-6.15am** The Hoobs

4.05 Wildlife SOS (R) **4.30** Wildlife SOS (R) **4.55** Rough Guide to Weekend Breaks (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: 11.35pm Hearts and Minds **12.05am** This Week **BBC1 WALES:** 11.35pm Dragon's Eye **12.05am** This Week **BBC2 SCOTLAND:** 11.00pm Newsnight Scotland **BBC2 NORTHERN IRELAND:** 7.00pm Jackie's Jaunts **7.30** Hearts and Minds **11.20** The Blame Game **11.50** The Culture Show **12.50am** World Cup Kick Off Concert **1.50-4.45am** BBC News **BBC2 WALES:** 7.00pm Dragon's Eye **7.30** Wild Welsh Zoo **STV:** 10.35pm Martina Cole's Lady Killers **11.35** Politics Now **12.05am** Roulette Nation **1.00** Nightwatch with Steve Scott: Action Stations **2.00** The Nightshift **ULSTER:** 7.35pm The Seven Thirty Show **10.30** UTV Live Tonight **11.00** Britain's Broken Roads: Tonight **11.30** **SPORT** RPM Motorsport **12.00m't** Brain Box **3.00** Home **ITV1 WALES:** 7.30pm I Was There **10.35** The Sharp End **11.05** Britain's Broken Roads: Tonight **11.35** The Captain's Climb **12.00m't** Simply Gardening **12.10am** Simply Gardening

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans **7.00** World Cup Report **7.30** Good Morning Sports Fans **8.00** World Cup Report **8.30** Good Morning Sports Fans **9.00** Rugby Union **11.00** Total Rugby **11.30** FIFA Futbol Mundial **12.00noon** Boots 'n' All **1.00pm** Total Rugby **1.30** FIFA Futbol Mundial **2.00** Rugby Union **4.00** Total Rugby **4.30** Boots 'n' All **5.30** **LIVE** Cricket (HD) **9.00** ATP Tour Uncovered **9.30** Premier League World **10.00** World Cup Report **10.30** Football's Greatest **11.30** Cricket (HD) **1.30am** Football's Greatest **2.30** Time of Our Lives **3.30** Premier League World **4.00** Football's Greatest **5.00** IAAF Athletix Weekly **5.30-6.00am** Premier League World

sky SPORTS 2

6.00am Aerobics **6.30** Ocean Ride **7.00** WWE: Experience (HD) **8.00** Boots 'n' All **9.00** Cricket (HD) **11.00** Aerobics **11.30** Racing News **12.00noon** Transworld Sport: *BMX biking, surfing and kite-boarding*. **1.00pm** Cricket: *Derbyshire Falcons vs Warwickshire Bears*. (HD) **3.00** Watersports World: *Water skiing, sailing and windsurfing*. **4.00** **LIVE** Cricket: *The first Test between West Indies and South Africa at Sabina Park in Kingston, Jamaica*. (HD) **11.00** WWE: Late Night - Raw: *Wrestling action from the States*. (HD) **1.00am** WWE: NXT (HD) **2.00** NRL Fulltime **2.30-4.30am** Rugby League

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

4.50pm The Sea Wolves: *World War Two adventure starring Gregory Peck*. **7.10** The Man Who Knew Too Little: *Comedy thriller starring Bill Murray*. **9.00** Borat! *Ace mockumentary starring Sacha Baron Cohen*. **10.40** Wolf Creek: *Australian horror thriller starring Cassandra Magrath*. **12.35am** Enduring Love: *Thriller starring Daniel Craig*. **2.25-4.00am** Lights in the Dark: *Finnish comedy drama*.

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00**

ESPN **5.30pm** World Cup Season **8.00** Premier League Football **10.00** MMA Live **11.00** South Africa Nightly **11.30** The Ultimate Fighter **12.30am** Press Pass 2010 **1.00** UFC All Access **1.30-5.00am** **LIVE** NBA Basketball

FILM Spaceballs: *Mel Brooks sci-fi spoof starring John Candy*. **12.00m't** Sex and the City **1.10am** Two and a Half Men **2.10** South Park **3.10** Two and a Half Men **4.05** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Top Gear **8.00** Britain's Really Disgusting Food **9.00** Stanley Park **9.30** Dappers **10.00** EastEnders **10.30** **NEW** Lee Nelson's Well Good Show **11.00** Family Guy **11.45** Junior Apprentice **12.45am** Stanley Park **1.15** Dappers **1.45** Who Is Nelson Mandela? **2.45** Lee Nelson's Well Good Show **3.15** Britain's Really Disgusting Food **4.15** The Wags' Stories **4.45-5.15am** Bizarre ER

E4 (136)

7.00pm Hollyoaks **7.30** My Name Is Earl **7.55** Friends **9.00** The Big Bang Theory **9.30** How I Met Your Mother **10.00** The Inbetweeners **10.35** Rude Tube **11.00** Glee **12.05-6.00am** Big Brother: Live

DAVE (111)

7.00pm James May: My Sisters' Top Toys: *A celebration of toys*. **8.00** Top Gear: *The presenters test out their designs for amphibious vehicles*. **9.00** Men Behaving Badly **9.40** Not Going Out **11.00** Have I Got News for You **11.40** Men Behaving Badly **12.20am** Bottom **1.00** Louis Theroux: Killadelphia **2.00** Game On **2.40-3.00am** **SPORT** Radical Highs

MTV ONE (350)

7.00pm Gossip Girl **8.00** 16 and Pregnant **9.00** The Hills **9.30** The City **10.00** Blue Mountain State **11.00** MTV Movie Awards 2010 **1.00am** Nitro Circus **2.00** Jersey Shore **2.30** Jackass: Where Are They Now? **3.00** Ride with Funkmaster Flex **4.00** Pimp My Ride **5.00-6.00am** Brooke Knows Best



6.00am The Biggest Loser US (R) **7.00** Brainiac: Science Abuse (R) **8.00** Oops TV (R) **9.00** Bones (R)(HD) **10.00** Medical Emergency (R) **10.30** Medical Emergency (R) **11.00** Pineapple Dance Studios (R) (HD) **12.00noon** Angela and Friends (HD) **1.00pm** Bones (R)(HD) **2.00** Project Catwalk (R)(HD) **3.00** Stargate SG-1 (R) (HD) **4.00** Stargate SG-1 (R)(HD) **5.00** Malcolm in the Middle (R)(HD) **5.30** Futurama (R) **6.00** Oops TV (R) **6.30** The Simpsons: *Marge starts a business.* (R)

7.00 The Simpsons

A parody of *Transformers*. Cool! (R)

7.30 The Simpsons

MUST-SEE Another top new episode! Bart plays his parents against each other. (HD)

8.00 Modern Family

Claire's plans for a family portrait do not go smoothly. (HD)

8.30 Modern Family

Mitchell and Manny enjoy an outing together. (R)(HD)

9.00 A League of Their Own

With cricketer Steve Harmison and baldy comic Dara O'Briain. (R)(HD)

9.30 A League of Their Own

With nose-buster Amir Khan and comedian Jack Whitehall. (R)(HD)

10.00 Lie to Me

MUST-SEE Cal hunts for a psychopath. (HD)

11.00 NCIS: Los Angeles

The secret transfer of a terrorist is compromised. (R)(HD)

12.00m't Oops TV (R)

1.00 Road Wars (HD) **1.50 Road Wars**

(HD) **2.40 24 3.30 Tru Calling 4.20** Celebrity Parents' SOS **4.45** Oops TV **5.10-6.00am** Sell Me the Answer (HD)

VIRGIN 1 (121)

7.00pm Star Trek: Voyager: *The crew searches for dilithium crystals.* **8.00** Chuck **9.00** Warehouse 13 **10.00** Medium **11.00** Sexarama **11.30** Eurotrash: *The Sexy Bits* **12.00m't** Roulette Nation: *Gambling.* **3.00am** Armed and Dangerous: *Ultimate Forces* **4.00-5.00am** Take It or Leave It

SYFY (129)

7.00pm Smallville **8.00** Legend of the Seeker **10.00** Painkiller Jane **12.00m't** **FILM** Universal Soldiers: *Action thriller starring Kristen Quintrall and Dario Deak.* **1.40am** Mysterious Ways **3.00** Painkiller Jane **4.00-6.00am** Angel

FX (164)

7.00pm NCIS: *Double-bill.* **9.00** Family Guy **10.00** American Dad! **11.00** Family Guy **12.00m't** NCIS **2.00am** ReGenesis **3.00-4.00am** Tour of Duty

TODAY'S MUST-SEES



"These are all the good bits from *Sex And The City 2!*"

STILL GOING STRONG!

The Simpsons

Sky1/HD, 7.30pm

COMEDY

Worn down by years of Bart's nonsense, Mrs Krabappel cracks after his latest non-presentation of homework and sends his parents a stern letter. Duly summoned to a conference with Principal Skinner, the parents take conflicting views, with Marge sympathetic to her son, and Homer wanting to throttle him. Bart soon realises he can escape punishment by pitting his parents against each other – so that's what he does! A return to top form! ★★★★★



"Neutered? Yeah, try it and see what happens!"

The Wolfman

Sky Box Office/HD, from 6am

FILM

Benicio Del Toro goes all hairy in this big monster movie as an actor who swaps Shakespearean speeches for flesh-eating mayhem after a bite from a rabid wolf. Solid, bloody fun! ★★★



Stelling's big nose gags were starting to get to Phil Thompson

Lie To Me Sky1/HD, 10pm

DRAMA

Series two finally resumes with lie detector-on-legs Dr Cal Lightman (Tim Roth) continuing to collar all manner of crims using his infamous ability to read meaning from involuntary facial expressions. He's basically a freak then! ★★★



"Quick, Wimpy closes in five!"

Fifth Gear

Five, 7.30pm

CARS

This week's highlight sees Jason Plato taking the brand-new 650bhp Noble M600 out for a spin – which is pretty cool! – while Tiff and Jonny drive an electric car from Newcastle to Portsmouth. Draw the short straw much? ★★★★★



Godzilla tried to get down with the kids

Lee Nelson's Well

Good Show

BBC3, 10.30pm

COMEDY

Another geezer parody, with South London cheeky-chappie Lee Nelson (above) introducing gags, games and sketches. ★★★

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- Neighbours DD Daughter Caught Outdoors—410576
- BB Chanelle Loves To Tempt & Tease You—417299
- My Bosses Sexy Secretary Seduced Me—416436
- Bridesmaid Gets Hot & Steamy In Suspenders—412863
- Older Neighbour Wants It Rough Now!—413865
- Danielle Lloyds Frisky Roleplay Tease—414537
- Sexy Fat Babe Plays With Huge Rack—416159
- Mates Horny Girlfriend Wants Me Now—411651
- My Horny Mum Tried It On With My Girlfriend!—413642

- My Horny Mum Tried It On With My Girlfriend!—413642
- Caught Out My Girlfriend & My Brother!—416509
- 18 Yr Olds Naughty Sleepover On Cam—415669
- Too Rude To Describe!!!—413512
- Sexy Housewife Doing What She Shouldn't—413642
- BB's Sophie Unleashes Her Huge Assets!—416801
- Sophie Howard Reveals All For You!—416255
- Join Lucy Pinder In The Bedroom Now!—412461



418770



412123



419122



416387



411809

THEMES

- Match Of The Day—416057
- Family Guy—412009
- Formula 1—416395
- Top Gear—413808
- Shameless—417632
- Soccer AM Catwalk—416271
- Doctor Who—412215
- Question Of Sport—416000
- 2 Pints Of Lager—416650
- The Mighty Boosh—411265

MATCH OF THE DAY



TXT ALERTS

- Achmed - Silence I Kill You!—413885
- Inbetweeners - Ooooh Friend—411404
- Die Hard - Yippee Ki Yay Mother!—411360
- Meerkat - Simplest!—417015
- Text On Fire - Sex On Fire Spoof—414708
- Fast & Furious Dump Valve—413846
- EastEnders - Ending Doof Doofs—416391
- Oh, What's Occurin' - Gav & Stacey—415722
- Wallanders Phone Ringtone—411657
- Churchill Dog—415625
- Stewie - Victory Is Mine!—415851
- Del Boy - Luvvly Jubbly—416172
- South Park - Dont Kick The Baby—419556
- Naked Gun - Nice Beaver—414149
- Peter Griffin Laugh—414956

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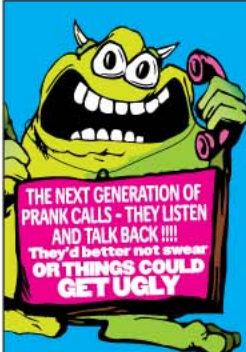
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EIRE CALL 158 099 7407 • More pranks at www.prank-phonecalls.com or text **MONSTER** to 84010
Info +44 (0)871 660 0448. UK calls cost £1.50/min. Eire calls cost €2.40/min. Mobile rates may vary. Bill payers permission required. 18+ only.

TEXT TALK
WITH PICTURE MESSAGING



Men: Text 'mpea' to 88199
Women: Text 'wpea' to 88199
Gay: Text 'gpea' to 88199
MIN SPEND £1.50

Helpline: 0844 944 0002. Stnd ntwk charges apply. 18+. Women: Ntwk charges only. Men/Gay: Join for 10p per msg for 1st 15 msgs sent/rcvd; 25p thereafter. Pic msgs cost £1.50 each. This is a subscription svcs, costing 25p per msg sent/rcvd until you send STOP to 88199. SP: X-On.

TEXTCHAT

10p each for 1st 15 mgs sent/rcvd. 25p per msg sent/rcvd thereafter.
Minimum spend £1.50

Men: Text 'mwall' to 88199
Women: Text 'wwall' to 88199
Gay: Text 'gwall' to 88199

Helpline: 0844 944 0002. Standard network charges apply. 18+ only. Women: Network charges only. It will cost 25p per msg sent/rcvd until you send STOP to 88199. IP: X-On.

TEXT TALK
NO SUBSCRIPTION

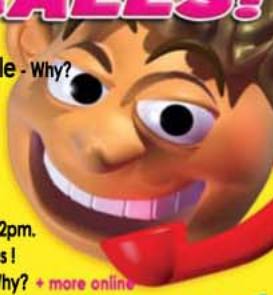
10p PER MSG SENT/RCVD
PAY AS YOU TEXT!
Men: Text 'mpea' to 83455
Women: Text 'wpea' to 83455
Gay: Text 'gpea' to 83455
MIN SPEND £1.50

Helpline: 0844 944 0002. Standard network charges apply. 18+ only. Texts charged at £1.50 for each 15 texts sent/rcvd. SP: X-On.

Wacky's Just like a real conversation ... these WindUps respond to what is said!

WINDUP CALLS!

1. Sex Survey - Very rude & embarrassing.
- 2/3. Your numbers on my boy/girlfriends mobile - Why?
4. Overdue CreditCard - We're sending the Bailiffs.
5. You got my Girlfriend pregnant - Wanna fight ?
6. 'Honey Trap' Call - Are they cheating on you ?
7. Wrong Number - Is that the Massage Parlour ?
8. The VAT Office want their £20k ... or else.
9. Your Car Insurance is being Revoked - from 12pm.
10. Caught Downloading Internet Porn ... & a virus !
11. Strange £1Million Bank account Deposit - Why? + more online



0906 663 0211
HOW: Choose a Wind-Up, Call, Tell us their name & number. Sit back & listen secretly as we call them & play the Wind-Up ... Let the fun begin!
... asks for your victim by name!
Helpline : 0844 482 2432. UK calls cost £1.50/min. Eire calls cost €1.75/min. Mobile's cost more. Bill payers permission required. 18+ only. For entertainment purpose only. Visit www.wackyprankcalls.com for more.

RELAX & GET SEXY

Amazing **SEXY TEXT** hook up with local girls to relieve your stress x See our lovely pics now on your mobile xxx

TEXT EASY to **67111**

SEXY TEXT EASY AND QUICK

Hot girls at home always ready & sexy **FOR YOU!** Text in now for girls pics - a great time guaranteed, full satisfaction xxx

TEXT KISS to **67111**

LL P06538 NN27YN. Help 0844 871 4487. 18+. SMS cost £1.50 each + standard network charges apply. To stop text 'STOP' to 69469.

The HOTTEST women! The HOTTEST photos! AND VIDEOS

Want the HOTTEST HOOK UPS?

HAVE FUN TONIGHT! GET PHOTOS & HOOK UP NOW OR WHEN IT SUITS YOU

<p>Gill, UK (34)</p>  <p>Get my hot pix... and lets hook up .text GILL to 68889</p>	<p>Anna, London (36)</p>  <p>Get my hot pix...text ANNA to 68889</p>	<p>Caro, Wales, (44)</p>  <p>Get my hot pix...text CARO to 68889</p>	<p>North East (18)</p>  <p>Get my hot pix...text BLONDIE to 68889</p>	<p>Tash, Glasgow (18)</p>  <p>Get my hot pix...text TASH to 68889</p>	<p>Minki, Leics (18)</p>  <p>Get my hot pix...text MINKI to 68889</p>	<p>Claire, UK (38)</p>  <p>UK Rep Lets hook up.. Get my hot pix...text CLAIRE to 68889</p>	<p>Val, UK (40s)</p>  <p>Get my hot pix...text VAL to 68889</p>
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25p per message sent into 68889 £1.50 per received text from 68889. See virtual terms online at www.ukeasyaction.com 18+

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM!

All personas 18+

<p>Meg, Lancashire.</p>  <p>Get my hot pix AND VIDEOS ...Text MEG to 68889</p>	<p>Milf, 40s North England</p>  <p>Fun loving naughty women with photos Get my hot pix...text KISSY to 68889</p>	<p>Katherine, WALES</p>  <p>Can't wait to send you my sexy photos. text anytime 24/7 Get my hot pix...text KATHERINE to 68889</p>	<p>Polly, 44 UK.</p>  <p>Fun easy experienced woman wants fun! Especially with guy 18-30! Get my hot pix...text POLLY to 68889</p>	<p>AS SEEN ON TV</p> <p>POSTCODE MATCH! See who replies to your postcode.... To be matched to a woman (with HOT photos & maybe HOT videos Text- PC followed by your postcode to 68889 (for example PC NE344NB) Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile *Text SWAP anytime to swap to a different hot woman* £1.50 per received text</p>	<p>Kat, London. 18 years old!</p>  <p>Get my hot pix...text KAT to 68889</p>	<p>Aml, 20 GLOUCS.</p>  <p>Get my hot pix and HOT videos ...text AMI to 68889</p>
<p>Liz, 20s Hants/UK</p>  <p>Get my hot pix AND HOT VIDEOS ...text LIZ to 68889</p>	<p>Nat (19) MIDLANDS/UK</p>  <p>Text me anytime & Get my pix...and HOT VIDEOS xxx Text NAT to 68889</p>	<p>Janie, SOUTH (41)</p>  <p>Get my hot pix...text JANIE to 68889</p>	<p>Tara, UK 47</p>  <p>Get my pix...text TARA47 to 68889</p>	<p>ESSEX (34)</p>  <p>Get my pix...text DI to 68889</p>	<p>18. SCOT.</p>  <p>Get my pix...text JEWEL to 68889</p>	<p>Kitty, 18 Lancs.</p>  <p>Get my pix...text KITTY to 68889</p>
<p>Daze, anywhere UK</p>  <p>Get my hot pix...AND HOT VIDEOS .text DAZE to 68889</p>	<p>Mell, Belfast NI (18)</p>  <p>Single and fun loving. Looking to hook up soon! Get my hot pix...text MELL to 68889</p>	<p>Rita, Wales/UK (45)</p>  <p>Easy going, fun loving, ask me for my really hot pics! Get my hot pix...text RITA45 to 68889</p>	<p>Saucy, 34 Kent/Sussex</p>  <p>Get my hot pix...text SAUCY to 68889</p>	<p>Lily, UK (40)</p>  <p>Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text LILY to 68889</p>	<p>Lee, 20 Leeds</p>  <p>Get my hot pix...AND VIDEOS text LEE to 68889</p>	<p>Ker, Kent/London</p>  <p>Get my hot pix...AND VIDEOS text KER to 68889</p>
<p>Lib NORTH WEST (21)</p>  <p>Get my hot pix...AND HOT VIDEOS .text LIB to 68889</p>	<p>Nici, LANCS 38 and HOT!</p>  <p>Get my hot pix...text NICI to 68889</p>	<p>Leah, London/UK (19)</p>  <p>Get my hot pix...AND HOT VIDEOS too text LEAH to 68889</p>	<p>Tani South West/UK (43)</p>  <p>Get my hot pix...text TANI to 68889</p>	<p>Also - www. UK EASY ACTION .COM</p> <p>HOOK UP NOW - VIA YOUR MOBILE</p>	<p>ANNE, 40s YORKS</p>  <p>Get my hot pix...AND VIDEOS text ANNE to 68889</p>	<p>Amb UK</p>  <p>Get my hot pix...AND VIDEOS text AMB to 68889</p>
<p>Carly, 18 UK</p>  <p>Hot single woman (40) wants to be contacted by guys 18-35 for fun easy times. Get my hot pix...and HOT VIDEOS Text JULE to 68889</p>	<p>Kylil 20, SUSSEX</p>  <p>Get my hot pix...AND HOT VIDEOS text CARLY to 68889</p>	<p>Beverly Mids/UK (30s)</p>  <p>Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes age doesnt put you off! Get my hot pix...and hot videos text BEVERLY to 68889</p>	<p>UK ANYWHERE</p>  <p>Lets hook up Get my hot pix...text HWILKIE to 68889</p>	<p>Naughty, South West</p>  <p>Hot fun girl looking for flirts! Get my hot pix...and hot vids text NAUGHTY to 68889</p>	<p>Also Visit - www. ukeasyaction.com - for more...</p>	<p>Strictly 18+. This is NOT a subscription service. 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (max. 4 billed messages sent to you per message into 68889) Photos/videos sent in/received charged as 2 x £1.50. You must check your mobile is able to send/receive videos or photos. Real people reply using NOT a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. Text stop to end (not case sensitive) You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages received may appear on your bill. We do not sell or share your data or mobile phone number. No guarantee of meeting implied. Photos are for display purposes and not to be reproduced for fantasy entertainment only, areas to aid this. Virtual service terms and conditions @ www.ukeasyaction.com. please read the full terms and conditions fully. 18 Med 331, 77 Beak Street, Soho, London W1F 6DB. To SWAP to a DIFFERENT PERSONA WITH PHOTOS TEXT SWAP to 68889 AT ANYTIME. PLEASE ENSURE YOU HAVE CREDIT IN YOUR PHONE IF YOU ARE A PAYG USER. WE RESERVE THE RIGHT TO BAN USERS IF THEY HAVE NO CREDIT OR ARE UNDER 18. 18+ SERVICE. To stop the service text STOP to 68889 THANKS.</p>

LIVE CHAT

GET LIVE & SEXY WITH NAUGHTY GIRLS AT HOME



MATURE LADIES
Hot mature Ladies know how to get sexy with you! They're always willing to please new callers xxx

0909 897 2053



45P SWEET 18'S +
So very adventurous & fit bodies wanting men of all ages for adventure, fun and thrills xxx xxx xxx xxx

0908 145 2545



45P SEXY GIRLS
Ask what you really want and we will do everything you like. You'll come back for more! xxx

0908 145 0576



SEXY & MATURE OPEN ALL HOURS
Experienced Ladies - do you need it hard & fast? Well just call these tasty oldies - best get off in the UK!

0909 897 9111



40+ YEAR OLD SHARON
Ladies at home that are mature in so many special ways. Chat now to mature women xxx

0909 897 9416



45P LOCAL CUTIE BABES
Local cutie girls who get excited with you xxx Very adventurous, into all sorts of things xxx

0908 145 0581



YUMMY WOMEN
Who know how to get you turned on and excited when you need relief. It's total extreme fun all the way xxx

0909 897 0888



45P GIRLS AT HOME
Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx

0908 145 0580



45P FUN & SEXY
Yummy Sally loves have sexy fun with you and will get you very excited xxx

0908 145 0575



FLIRTY SEXY FUN
One of our top 50 girls will take your call and give you a great sexy time - 100% live so call anytime you need to day or night xxx

0909 897 9412



SUPERFAST RELIEF!
For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!

0909 897 9442



JUST 18+
18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx

0909 897 2038



45P FAST RELIEF
Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx

0908 145 0579



FIT LOVELY GIRLS 45P
Who want to get excited with you. Adventurous and playful. Call them now at home xxx xxx

0908 145 0582



45P I'LL BLOW YOUR MIND
Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx

0908 145 2543



VERY BROAD MINDED
Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx

0909 897 9333



45P HAVE FUN & RELAX
Up close and personal - lovely girls at home just eager to go live with you 1 on 1 x

0908 145 2542



BEAUTIFUL LADIES
Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time

0909 897 9405



CHEAP & SEXY
Live sexy 121 - Pure adult chat with any girl that turns you on like crazy xxx

0909 897 9447



45P SEXY GIRLS AT HOME
Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x

0908 145 2544



VERY HOT LADIES
Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x

0909 897 0612



45P DIVORCED & SEXY
Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx

0908 145 0577



45P HOT & SEXY
When you just cannot wait and need a real fast quickie session. Call now for relief

0908 145 0578

SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469

Nuts PUB AMMO

The page that'll make you tipsy with trivia!



The new nurse was a bit of a dog

Simply by sniffing a patient's breath, trained dogs are able to detect lung cancer 99 per cent of the time.

In the '70s, US company Baskin-Robbins launched a ketchup-flavoured ice cream.

Twice as many VHS cassettes were sold in the UK last year as in 2008.

An average of 1.4 million people use the BBC iPlayer every day.

Following a volcanic eruption in Indonesia in 1982, a British Airways jet flew through an ash cloud. All four engines cut out and the plane plummeted 24,000ft before the engines kicked back into life.

A woman's telephone number was mistakenly broadcast on an episode of *EastEnders* last year, leading to 2,800 texts from curious viewers.

Man City defender Wayne Bridge is a big fan of *Star Wars* and owns a stormtrooper outfit.

The first song ever played live in space was *Jingle Bells*, performed on a harmonica and sleigh bells by the crew of the Gemini 6A on 16 December 1965.

Kinder Eggs are the most confiscated import into the United States, because the toy inside poses a choking hazard to young children.

Arachibutyrophobia is a fear of peanut butter sticking to the roof of your mouth.

David Cameron's biggest mention in the Eton School magazine was the story of how he sprained his ankle dancing to bagpipes on a school trip to Rome.

PUB AMMO ON... THE 2010 WORLD CUP SOUTH AFRICA



- South Africa will host the 19th Fifa World Cup from 11 June to 11 July.
- It'll be the first World Cup to be hosted by an African nation.
- Five new stadiums have been built especially for the tournament.
- This year, the winning nation will receive around £21million in prize money.
- The opening match of the competition is South Africa vs Mexico on Friday 11 June at 3pm. It'll be screened live on ITV1.



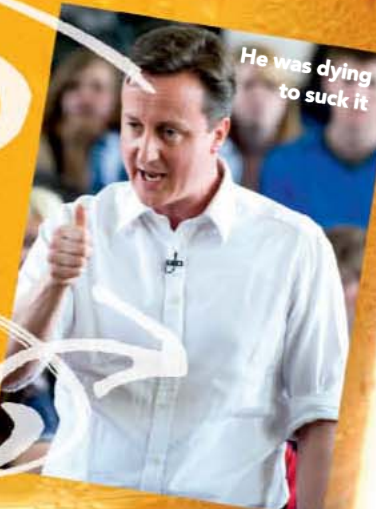
The joke-cigarette prank worked every time



"Mum! He's chasing me!"



Egg loved his new cagoule



He was dying to suck it

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... AND YOU'VE GOT DAYBREAKERS"**

VARIETY

DAYBREAKERS

THE BATTLE FOR BLOOD BEGINS.



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