



Lucy Pinder!

BUSTY NEW PICS!



OOPS!
When animals get it wrong!

Nuts

£1.70 Sp €2.95/Gr €3.45 14-20 May 2010 www.nuts.co.uk

BRITAIN'S BEST SELLING

Plus!
Nuts football awards 2010!

DROGBA!>



LUCY POSTER INSIDE!

Lucy!

That top could go at any minute!

Ace new R8!
200MPH!

IN HH 664

New Call Of Duty 7 revealed!

THIS WEEK

14-20 MAY 2010

Nuts NEWS

- 4 Nuts sends prayers to Portsmouth FC!
- 6 Plane crash
- 8 It's Carly Baker!
- 10 First look at *Call Of Duty: Black Ops*
- 12 Rude News
- 15 A quick word with... Chipmunk!
- 18 Abbey Clancy!
- 20 Audi R8 GT

Nuts SPORT

- 54 FA Cup final preview
- 56 Kammy's Column!
- 58 Nuts About Sport
- 59 Kevin Mitchell
- 60 Ring Of Truth
- 62 Quote Me On That!



Kevin Mitchell p59

Nuts REAL GIRLS

- 64 Bedroom Babes
- 67 Our Postbag
- 69 Ten Rude Questions
- 70 Real Girls, Real Places
- 73 Ladies Confess



Gemma p64



GIRLS!

Lucy Pinder p44

Nuts FEATURES

- 34 Interview: Amir Khan
- 36 The Nuts official football awards 2010
- 42 When animals get sex totally wrong!
- 44 Lucy Pinder's boobiest ever pics!



Amir Khan p34

PLUS!

- 16 Lip-Reader
- 23 Don't Look!
- 24 Gadgets
- 26 Letters and Spam
- 28 Jokes
- 30 Camera Phone Comedy
- 33 Pop Out In Public
- 63 Striker
- 74 Fashion
- 76 Reviews
- 78 TV Guide
- 98 Pub Ammo

IN Nuts!



CARS!

Audi R8 GT p20



SPORT!

Drogba p54



LAUGHS!

Rude animals p42

IN THE Nuts OFFICE!



Domino's Pizza sort us out



Nuts footy team kick about with Mitre's new ball

Nuts NEWS

PERFORMING MIRACLES, EVERY WEEK!

CUP FINAL SPECIAL!

Nuts prays for Pompey!

DIVINE BABES!

The Lord's Prayer

Our Father, who art in heaven,
 Give us this weekend a goal or two.
 And use thine power to ensure that
 Didier Drogba can't hit a barn door.
 Forgive David James his haircuts
 and give him a clean sheet.
 For thine is the kingdom, the power
 and the glory.
 'Cos frankly, we've been relegated
 and gone into administration, so
 an FA Cup win would be dead nice.
 Thanks, Lordy.
 Amen

We ask the Lord to give Chelsea a good stuffing!

If you've been reading the papers or watching TV lately, you'll be aware the general consensus about this weekend's FA Cup final is that Portsmouth don't have a prayer.

Well, they do now! Cash-strapped Pompey have the Lord on their side, thanks to our very reverend Nuts man and his suspiciously sexy nuns. Here's hoping our prayer session at their Fratton Park ground will provide the divine intervention that propels them to victory – and to make it even more likely, you can chip in with the help of our cut-out-and-keep prayer. Portsmouth 5 Chelsea 0? Amen, brother!

His prayer to double Pompey's average attendance was answered

HOLY HEROES!



CHEERS, GOD!

"Argh! You could've told me the fire was on!"

PROUD SPONSOR OF PORTSMOUTH FOOTBALL CLUB

He'd just got to the bit where God created woman

What their fans said...



TONY, 31, PORTSMOUTH

"If our owners were as fit and proper as your nuns, Portsmouth FC wouldn't need anyone to pray for them!"



JAY, 23, PORTSMOUTH

"Thanks to your divine intervention, I reckon we'll beat Carlo Ancelotti's boys this weekend. I'm going for 1-0!"



ALAN, 48, PORTSMOUTH

"The prayers will help, of course, but the support of the best fans in Britain will make the biggest difference!"



JOHN PFC WESTWOOD, UNDER 60, PETERSFIELD

"If we beat them in 90 minutes, it'll save me having a heart attack!"

Chelsea vs Portsmouth

Saturday 15 May, 3pm, ITV1



Pulverised plane!

Loony pilot survives shocking smash into Australian river

This jammy beggar should've had a punt on the lottery after surviving almost certain death when his stuntplane plummeted into a river in Australia.

Pilot Adilson Kindemann was taking part in the Red Bull Air

Race in Perth – a frankly potty event in which competitors fly at speeds of upto 250mph through inflatable pylons over water courses – when he came a cropper.

The Brazilian lost control coming out of a turn and ended up hitting the water at speed.

Thankfully, he was pulled out of the river having suffered only minor cuts and bruises (and possibly soiled underwear) to show for his trouble.

HE'S OK NOW!

WORDS: FRANK TENNYSON
PHOTOS: GETTY





"Hey, at least we avoided the ash cloud"



"Does this mean it's too late for some Duty Free?"



"Please return to your seat, Ms Ditto, we're preparing to lan... argh!"



The Loch Ness Monster regretted having beans for lunch



Wherever he was, Flatley couldn't resist a dainty jig



"It wasn't like this when Winslet did it!"

Nuts EXCLUSIVE!

It's Professor Green's lady!

Meet Carly Baker, the *I Need You Tonight* babe, in her pants!



IN THE VIDEO!

British rap is enjoying a proper renaissance, accounting for no fewer than four of last week's top six singles, and our favourite is Professor Green's *I Need You Tonight* – not for the cheeky chap's lyrical spitting, but mostly because we can't stop watching the video and the stone-cold fox who fills it with lady.

She's called Carly Baker and she's ace. "Did me being in the video have anything to do with its success?" she chuckled. "I'd like to think so! The dress I was wearing was quite revealing, so every time I bent down, I accidentally flashed my boobs!"

Chaps, let's pray the outtakes come to light very soon!

See Carly in the video at www.nuts.co.uk/news

The secretary was determined to get a pay rise

"Has anyone seen my bra?"



LEGGY LOVELY!



SHE'S A HIT!

WORDS: RORY BUCKERIDGE PHOTOS: IMPICTURES.COM

"Well, you said
you wanted to
see my drawers!"

**HIP-HOP
HONEY!**



Call Of Duty 7: first look!

It's called *Black Ops*, and it looks really rather good!

Remember the famous Second World War shooter *Call Of Duty*? Well, as of now, that's past history, as this year's shooter has dumped the '40s setting and – like *Modern Warfare* – has gone all up-to-date. Well, sort of, as *Call Of Duty 7* is called *Black Ops*. And it's set largely during the Vietnam War.

This time, you're the head of a shadowy, elite Black Ops unit taking it to the Viet Cong in lush, sub-tropical forests and ramshackle towns. But there are also Arctic missions, underwater sections, great helicopter gunship fun and POW rescue tasks.

With *Call Of Duty*, *Medal Of Honor*, *Crysis 2* and *Halo: Reach* all out this Christmas, it's going to be an unseemly battle for the honour of this year's top shooter. *Call Of Duty* throws its cap in the ring on 9 November. Be excited!

See the new game trailer at www.nuts.co.uk/news

URBAN CHAOS

Alongside sticky jungle missions, there will be plenty of action based in Vietnamese shanty towns and cities, taking areas shack by shack – with chopper air support, of course.

"Can't we just use the satnav on my iPhone?"

THE VIET CONG

Your standard enemy will most probably be the Viet Cong – the cunning and ruthless guerrilla army that eventually defeated the US Forces. Their jungle warfare skills were second to none.

MISSILE LAUNCH

Nukes were never used during the Vietnam War, but this looks suspiciously like an Intercontinental Ballistic Missile launch and, therefore, Russia may be involved here more than is historically accurate.

The fight over the last Pot Noodle had really escalated

LASHINGS OF GORE

This game is set to be gruesomely realistic, so when enemies get hit by anything bigger than a rifle round, expect limbs to go flying off in stomach-flipping realism.

"Alright, I'll get a TV licence!"

"This was much easier when we used hoses!"

REALISTIC WEAPONS

Alongside the Vietnamese's trusty AK-47, expect realistic weapons from the time, like the Austrian Steyr AUG assault rifle, UH-1A Huey choppers and even the SR-71 Blackbird supersonic plane. Awesome!

"It's OK, my mission doesn't leave till... ah!"

GUNSHIPS

Like *Call Of Duty 4*, it looks like you'll have on-rails missions behind the trigger of helicopter gunships, raining 2.75in rockets and .30-calibre machine gun fire onto faraway enemies.

"Er, Steve, are you sure this is Lisbon airport?"

Call Of Duty: a history



CALL OF DUTY

Released: 2003
Developed by: Infinity Ward
Set: France, Austria, Belgium, Germany, Russia: 1944-45
Sold: 1 million



CALL OF DUTY 2

Released: 2005
Developed by: Infinity Ward
Set: North Africa, France, Germany: 1942-44
Sold: 2 million



CALL OF DUTY 3

Released: 2006
Developed by: Treyarch
Set: France: 1944
Sold: 4 million



CALL OF DUTY 4: MODERN WARFARE

Released: 2007
Developed by: Infinity Ward
Set: Iraq, Soviet Union, Azerbaijan, Ukraine: 2011
Sold: 14 million



CALL OF DUTY: WORLD AT WAR

Released: 2008
Developed by: Treyarch
Set: Palau, Russia, Germany, Japan: 1942-45
Sold: 12m



CALL OF DUTY: MODERN WARFARE 2

Released: 2009
Developed by: Infinity Ward
Set: Iraq, USA, Afghanistan, Russia, Brazil: 2016
Sold: 14 million

Kelly Brook

Piranha 3D trailer

Kelly Brook's following recent movie roles of "girl in a bikini" in 2005's *Three* and "bikini girl" in *Romy And Michele: In The Beginning* by playing a brain surgeon in *Piranha 3D*. Kidding!



Rosie, Em & Charlotte
Rock Solid Mafia video

For their music vid, Rock Solid Mafia got Rosie, Charlotte and Em in bikinis, then chucked paint on them. Which seems a particularly inept use of their time! See the vid at nuts.co.uk

RUDE NEWS

The plucky Pompey of the world of news



Beyoncé

On her hols, Hawaii

Beyoncé's plucky left boob has shown considerable and commendable tenacity here in escaping from such a sturdy piece of beachwear. That kind of attitude won wars, you know!

OOPS!

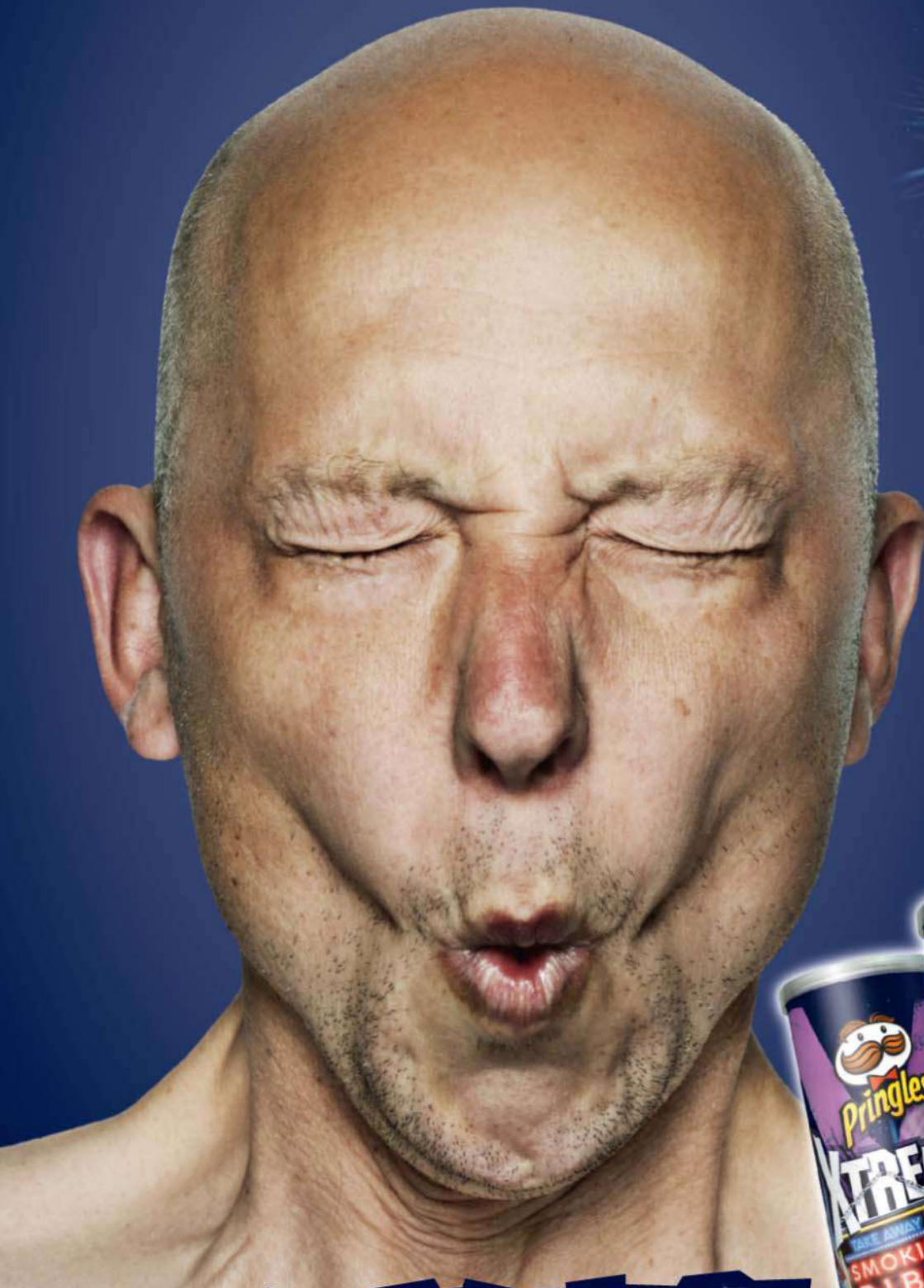


Porchia

On a beach, Spain

The hot Porchia news this week is that the blonde is starring as a Pamela Anderson-type lifeguard for a McDonald's ad. Probably not saving children from obesity though, eh?

WORDS: RORY BUCKERIDGE PHOTOS: ANGUS YOUNG, KETCHUP, SCOPEFEATURES.COM, WENN, TNI PRESS, SPLASHNEWS.COM



**FLAVOURS WAY OUTSIDE
YOUR COMFORT ZONE**

TAKE A SNACK ON THE WILD SIDE WITH EXTREME FLAVOURS FROM PRINGLES, LIKE EXPLODING CHEESE & CHILLI AND FLAMIN' CHILLI SAUCE. CAN YOU HANDLE THE TASTE?

A QUICK WORD WITH...
V

Chipmunk

The hip-hop star on broken necks and stalkers!

RAP HERO!



"Two fat ladies, 88"

"There were fans outside my hotel for five nights solid!"

Hi, er... do we call you Chippy, Mr Munk or just plain Chipmunk? They're all good. You pick whatever makes you happy.

Where did you get the nickname Chipmunk? I earned it in the school playground when, believe it or not, I was a little chubby. My teeth weren't saying much either, but the braces helped in that respect. A friend gave me the nickname and I kept it.

You won the 2009 MOBO for best hip-hop act, but who do you think is at the top of their game right now? Words-wise, it's got to be Kanye West and Jay-Z. I'm all about the delivery of the words and the rhymes.

Do you remember the first lyrics you ever wrote? Yeah. I was 14 and it went something like, "I'm broke, I ain't got a flash car/On the set, I spit a 16 bar/On the set, I see a shooting star, flying far/Sweet like a chocolate bar, sweet like a Snickers/Your girl saw me and took off her knickers."

Talking of knickers, do you receive much fan mail? Let's just say my postman struggles some!

Any stalkers? A few. On my tour, they were outside my hotel for five nights solid in different cities. I had to go out and have a word with them in the end.

What, you went and spoke to them in person? Yeah, why not? I'm real and they like that. I told them I appreciate the love, that I've took their pictures and signed their CDs and now it's time for them to go home.

Who would you like to work with in the future? Chris Martin. Yeah, I like Coldplay. I just want to go out of the box. I want to work with people who are the greatest in whatever they do.

Finally, on Twitter, you recently said you needed a chiropractor. What was up? I had some crazy neck pains. For a little while, I thought I'd broken my neck because I fell out of bed and couldn't move. I'd have done a live show in a wheelchair if I had to but, fortunately, the chiropractor cracked my back four times and then my neck, and I was able to move again. It was a miracle!

Chipmunk's single *Until You Were Gone* is out now

THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!



Tom Huddlestone:
"F**king yellow card!
He f**king kicked
the ball away, ref!"

MAN CITY VS SPURS Eastlands, Wednesday 5 May, 8.32pm
The Spurs midfielder demands a booking for City's Pablo Zabaleta.



Adam Johnson: "He f**king
pushed me, for f**k's sake!"

MAN CITY VS SPURS 8.12pm The City winger has a go at the linesman after a tussle with Benoit Assou-Ekotto goes against him.



Benoit Assou-Ekotto: "We mustn't play
with risk. When they get down here,
we must make sure we're here first"

MAN CITY VS SPURS 9.03pm The Spurs man talks tactics with fellow defender Ledley King before the second half kicks off.



Leon Clarke: "It's
broken! It's broken!"

SHEFF WED VS PALACE Hillsborough, Sunday 2 May, 1.46pm
The Owls scorer fears the worst after booting an advertising board.

POTTY-MOUTH OF THE WEEK!




NEW TO
Nuts!

James O'Connor:
"F**king come
on! I wanna get
on the f**king
pitch! Get him
to f**king do it!"

SHEFF WED VS PALACE 1.39pm The Wednesday ace lets rip when he's prevented from coming back on after receiving treatment.

TO CONTACT THE LIP-READER, WRITE TO: JOHNNYRASS@HOTMAIL.COM

 pay as you go

chockablock

free email, internet and texts
with the new £55 Rio



pink exclusive to Orange

The Rio is jam-packed with everything you could ever want. From the handy touchscreen and a QWERTY keyboard to the free texts, emails and internet you get on Dolphin pay as you go. More from Orange, for you.

visit your local Orange shop
or orange.co.uk/rio



Terms and conditions: Phones subject to availability and while stocks last. Subject to a minimum top-up of up to £20, see in-store for details. **Dolphin:** Minimum top-up of £10 a month. UK texts only. Reward starts from 300 texts for £10 monthly top-up. Unlimited texts subject to a fair usage policy and £30 monthly top-up. Free Web (mobile internet browsing) is UK only and subject to a 100MB cap and minimum £10 top-up. Orange considers 100MB sufficient for typical mobile internet browsing usage. It is insufficient for streaming of audio/video content, peer to peer, file sharing or Voice over Internet Protocol (VoIP) calls and internet tethering. If customers do any of this they should expect to exceed the 100MB cap and be charged at standard data rates. Further terms apply visit orange.co.uk/terms

Nuts EXCLUSIVE!

Clancy cruises Cape Town!

HOT WAG!

South Africans get an eyeful of Crouch's girl

Fabio Capello may have banned England's WAGs from South Africa, but there's nothing to stop one of them going out there to do a bit of work, is there? No, sir! That probably explains why Peter Crouch's other half, Abbey Clancy, rocked up in Cape Town to do a bikini shoot for Matalan. Sorry, Fabio, you may not approve, but we do!

WORDS: RICH JENKINS PHOTOS: TANIA COETZEE



SANDY SEXPOT!



The Beach Yahtzee drew a good crowd



"Come on, let's have a pad... oh, it was a mirage"

*HELPS TAKE CARE
OF DANDRUFF!**
Smells Gorgeous!



 **head & shoulders**
making heads happier

Smell great **and** help protect your scalp. Seven fresh fragrances, mixed with our unique anti-dandruff formula. Hey presto: happy nose, happy head!

*Removes up to 100% of flakes. Claim based on visibility of flakes at two feet when used regularly.



200mph Audi R8

Awesome German motor sheds the pounds!

- Regular Audi R8 not fast enough for you? Then meet the new R8 GT!
- It's a lighter, more hardcore version of Audi's supercar, that's even closer to catching up with the likes of Ferrari and Lamborghini.
- Powered by a 5.2-litre V10 engine, similar to the Lambo Gallardo, it packs 552bhp and 398lb-ft of torque.
- Weighing just 1,525kg, it gets from 0-60mph in 3.6 seconds.
- As for the top speed, that's a none-too-slouchy 200mph!
- The weight saving is largely thanks to a clever use of lightweight materials.
- The windscreen is made of thinner glass and the back windows are plastic!
- Those cool side blades are made of carbon fibre-reinforced plastic, too.
- Thinner carpets complete the diet, which cuts 100kg from the standard R8.
- Monster carbon ceramic brakes – which are light but strong – come as standard.
- So does a nifty six-speed sequential gearbox, with F1-style paddle-shifters.
- On the options list is a "Race Package", which adds a roll cage, fire extinguisher and racing seatbelts.
- Just 333 R8 GTs will be made, with 33 coming to us in the UK. Expect to pay a very reasonable £140,000!



NEAT STYLING!



"Can you put 'Kevin and Sharon' on the windscreen, too, please?"



0-60 IN 3.6 SECS!



552BHP BEAST!

It was the moment the seagull had been waiting for

"Excuse me, which way to the Footballers' Cars page?"

GT!





WELCOME TO YOUR NEW NIGHTMARE.

A NIGHTMARE ON ELM STREET

18 CONTAINS STRONG BLOODY VIOLENCE AND THREAT

NEW LINE CINEMA PRESENTS A PLATINUM DUNES PRODUCTION "A NIGHTMARE ON ELM STREET" JACKIE EARLE HALEY KYLE GALLNER ROONEY MARA KATIE CASSIDY THOMAS DEKKER KELLAN LUTZ MUSIC BY STEVE JABLONSKY
EDITED BY GLEN SCANTLEBURY PRODUCTION DESIGNER PATRICK LUMB DIRECTOR OF PHOTOGRAPHY JEFF CUTLER PRODUCED BY JOHN RICKARD EXECUTIVE PRODUCERS MIKE DRAKE ROBERT SHAYE MICHAEL LYNNE RICHARD BRENER WALTER HAMADA DAVE NEUSTADTER
NEW LINE CINEMA PRESENTS A NIGHTMARE ON ELM STREET STORY BY WESLEY STRICK SCREENPLAY BY WESLEY STRICK AND ERIC HEISSERER PRODUCED BY MICHAEL BAY ANDREW FORM BRAD FULLER DIRECTED BY SAMUEL BAYER
www.anightmareonelmstreet.co.uk

IN CINEMAS NOW

WWW.ANIGHTMAREONELMSTREET.CO.UK
JOIN UP AT [FACEBOOK.COM/DONTFALLASLEEP](https://www.facebook.com/dontfallasleep)

DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



"1, 2, 3, 4,
I declare a thumb
wa... oh heck!"

THAT'S HIS BONE!

'My bone was sticking out!'

Rugby ruckus damages reader's digit!

HE'S OK NOW!



As 30-year-old Steve Stapleton from Portsmouth stooped to pick up a rugby ball, he had no idea he was about to get a close look at one of his bones!

"I was gathering a ball from the floor," accountant Steve tells

Nuts, "just as this bloke from the other team swung his boot at it. His foot smashed into my thumb and I thought, 'Ooh, that hurts!'"

"My thumb was backwards and the bone was sticking out. There wasn't much blood, but it was the worst pain I've ever felt.

"When I got to hospital, the pain went up a notch when the doctors tried to snap my bones back into place. After a few tries, it wouldn't go, so they operated.

"I'm OK now, and I've thought about giving up rugby – but it'll take more than this to stop me!"

Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com



Nuts GEAR



Gorilla torch

www.cutebitz.com

Nuts says: These chaps do a top camera tripod, so it was a short hop to this: a bendy-legged torch that'll wrap around virtually anything for a handy light source. Magnets in the feet make it even stickier!

£24

From 1996-2000, Packard Bell were shirt sponsors of Leeds United FC

Nokia N8 mobile

www.nokia.co.uk

Nuts says: Out in the autumn, this boasts a 12-megapixel camera and internet TV. It's also tuned for social networking, with an app on the home screen that amalgamates your favourites – chums and sites.

£375

Nokia hails from the same place as F1 ace Kimi Raikkonen – Espoo in Finland



Packard Bell Easynote netbooks

www.packardbell.com

Nuts says: Swish lappies tuned for social networking, so hit the "Social Networks" key and a sidebar appears, with Facebook, Twitter, YouTube etc awaiting your updates.



AK-47 water pistol

www.firebox.com

Nuts says: With summer fast approaching, make sure you're tooled up with a water pistol that won't let you down in a water fight. Like this fully automated beauty – it shoots four squirts per second!

£550



Check out more reviews at www.nuts.co.uk/reviews

**RIGHT
GUARD**

***Xtreme
Protection
Xtreme
Freshness***



NEW



*Anti-perspirant with anti-bacterial silver molecules,
fights body odour at its source for 48 hours.*

Shower gel, washes away odour causing bacteria.

START YOUR DAY RIGHT!

YOUR LETTERS

Bringing a smile to the Royal Mail offices, every week!

Send your letters to nutsletters

Vested interest

Dear Nuts,
This is me giving my Nuts vest a bit of a stretch!

Linda, County Durham

Thanks for pointing out what we should be looking at – we'd already spotted them!



The barmaid knew how to get a good tip

Stockport C**ty!

LETTER OF THE WEEK!

Dear Nuts,
Here are five Stockport County fans at their last away game at of the season at Southend United. Cop that, constables!

Robert McNally, via email

It's fair to say that this little collection didn't quite make it onto *The Football League Show!*



"We're trying to spell Nuts but the C guy keeps following us!"

Yes we can can

Dear Nuts,
Before we chucked out our empty cans after Easter Monday, we made something fun out of them.

Killer, B-Mac, 2.3 and Raberto, via email

Four blokes... 94 cans... how could you even spell Nuts?



"I think the cat wants a change of diet!"

He's a spinner, not a winner

Dear Nuts,
We fell out with the resident DJ at our local, so he isn't called DJ Matt on the sign any more!

Liam, Lewis and John, via email

We'd pay good money for a DJ with a name like that!



Moyle's felt a bit unloved

STEALTH BUMMING CORNER!

ONLY IN Nuts!



"This is a You've-left-me-saurus!"

Here's me stealth-bumming a dinosaur on holiday! Wahey! *Brad Nichols, Wortley*

A good reason to vote Labour

Dear Nuts,
I saw this last week – genius!

Tim Monckton, Newcastle Upon Tyne

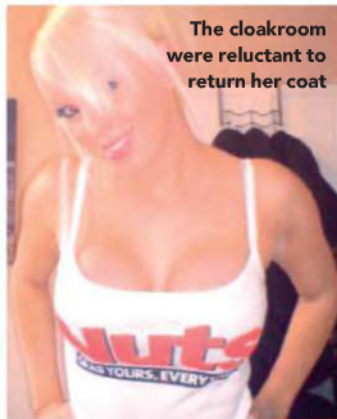
Whoever did that classy example of poster defacement would get our vote any day!



John and Furnish were backing Cameron's plans all the way

RS!

@ipcmmedia.com or to the address on p68



The cloakroom were reluctant to return her coat

She's really love-Lea!

Dear Nuts,
Here I am in the vest and shorts that I won as a Babe Of MyNuts!
Lea Farrell, via email
And remember, ladies, you can be in Babes Of MyNuts, too – get to www.nuts.co.uk/mynuts and get yourself signed up!



All we need is a jungle to blend into!"

Corps blimey!

Dear Nuts,
This is me and a British mate from the RAF with the T-shirt you sent. I just wanted to say thanks on behalf of all the Marines who love Nuts. Keep up the good work!
Staff Sergeant Kevin Campbell, US Marine Corps, Qatar
Proof, if ever it was needed, that blokes the world over appreciate a quality read. Keep up the good work yourselves!

See more funny stuff at www.nuts.co.uk/spambank

Nuts SPAM BANK!

All the best online hilarity!

Coming soon –
Friends: I Want Some

glee

UK VERSION

arrogance

for men

Works best with a long grey coat

A Special Fragrance by Jose Mourinho

Win £100 to spend at PLAY.COM

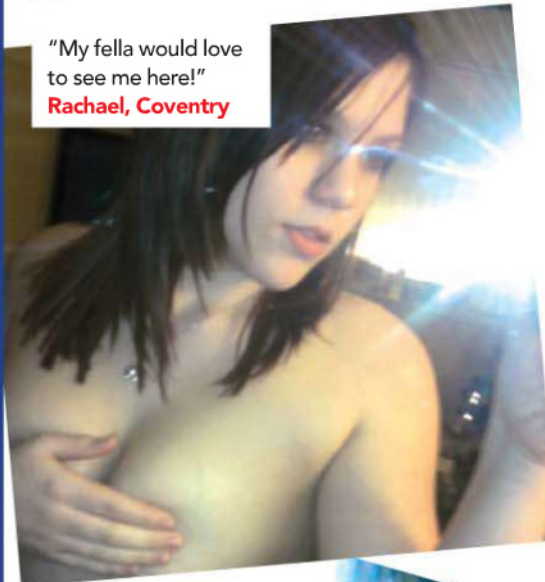
Send your letters and hilarious spam pictures to nutsletters@ipcmmedia.com or to the address on page 68. The sender of the week's best letter* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with big savings and free delivery on everything. Visit www.play.com for great deals on DVDs, games, books, CDs, digital downloads, mobiles, electronics and more!

ONLY IN Nuts!

CAMERA PHONE CUTIES!

Sexy snap-happy babes

"My fella would love to see me here!"
Rachael, Coventry



"This is me wearing my favourite undies!"
Gillian, Ayr



"What do you think of these, chaps?"
Tania, Southampton



Send us your pics!

Text 'Nuts' and your sexy camera-phone pic to **0771 388 8008***

YOUR JOKES

Bursting with all the best gags, every week!

Send your jokes to nutsjokes@ipcmedia.com

SHORT JOKES!

Q: Why is Paris Hilton like a lava lamp?

A: Nice to look at but not very bright

Paul Stringer, Cumbria

Q: Petrol and diesel - what's the difference?

A: Nothing if you're a woman!

Keith, Andover

Warning: condoms aren't 100 per cent protective. My friend was wearing one and he got run over by a bus

Andrew Stone, Plymouth

Arsenal are to rename their trophy room. As of next week, it'll be known as "The Room"

Jamie Osgood, London

Q: How does the Pope buy stuff off eBay?

A: He uses his Papal account

Earl, via email

"Stanley, I think the kettle's boiled!"



JOKE OF THE WEEK!

Erupt with laughter!

Is it too early for jokes about the volcano in Iceland, or should we wait for the dust to settle first?

Meni, via email

You only live twice

A funeral service is being held for a woman who's just passed away. As the pallbearers carry the casket out of the church, they bump into a wall.

At this point, they hear a faint moan coming from inside the casket. They open it and find that the woman is still alive! She goes on to live for 15 more years, then dies again.

Another funeral is arranged. This time, as

the pallbearers lift up the coffin to carry it out, the woman's husband yells in fear, "Watch that wall!"

Sam Tacherell, via email



"Pizza for Ms French"



"I thought you said he was armless?"

Water good joke

One day, an old lady sends her grandson, Johnny, down to the water hole to fetch some water so she can cook dinner. As he dips the bucket into the hole, he sees two big eyes looking back at him. He drops the bucket and runs home terrified.

"What happened to my bucket of water?" his gran asks with a frown.

"I'm afraid I can't get any water from that water hole," pants Johnny.

"There's a big alligator living down there!"

"Now, don't you mind that alligator, Johnny," reassures his gran. "He's been there for years and never hurt no one. Why, he's probably as scared of you as you are of him!"

"Well," replies Johnny, "if he's as scared of me as I am of him, that water ain't fit to drink!"

Ollie Crawford, via email

Win a PS3 and Give 'Em Hell Malone!

Send your jokes to nutsjokes@ipcmedia.com or to the address on page 68. The sender of the week's best joke* will win a PS3 and a copy of brilliant new shoot-'em-up movie *Give 'Em Hell Malone*, courtesy of Momentum Pictures. Nine runners-up will get the DVD. *Give 'Em Hell Malone* stars Ving Rhames and Thomas Jane, and is released on 17 May.



*EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 68 APPLY. PHOTOS: ALAMY, BIGPICTUREPHOTO.COM, REX, ALLSTAR

S!



edia.com or to the address on p68

FAMOUS BLOKES' JOKES!

50% MORE GAGS!

SEAN LOCK:

"The hardest job I ever had was doing the horoscopes for *The Big Issue*"



FRANK SKINNER:

"I'm getting plastic surgery on my head, as it looks like a light bulb. It's like my neck had a good idea"



JAMES CORDEN:

"Serena Williams has the loudest grunt in sport. Unless you count David Furnish after a Watford win"



JACK DEE:

"Koreans have brought out their own vegetarian version of an instant noodle snack. It's called a Not Poodle"



MILTON JONES:

"Have you ever fallen asleep while eating a plate of cauliflower, then all of a sudden woken up and thought you were in the clouds?"



STEPHEN GRANT:

"How do you talk to dead window cleaners? With a Squeegee board"



JIMMY CARR:

"You don't get keys to the city in Liverpool, you get coat hangers"



BILL BAILEY:

"I feel sorry for James Blunt. He must wake up and think, 'Oh my God, I'm James Blunt. What have I done?'"



Crouch had his Twiglets specially made

Not such a great Scot

A Scotsman walks into a butcher's with a condom and says, "Pound o' fillet?" The butcher replies, "Pound you don't." *James K, Portsmouth*



"Do you have to sing Take That so loud?"

Speed demon

Daft Dan gets stopped by a copper with a radar gun. The cop asks, "Bit of a speed merchant are we?" "Well, a little now and then," Daft Dan replies, "but I only sell to friends." *Rich Hughes, via email*

CAMERA PHONE COMEDY!

ONLY IN Nuts!

Win £100!



Text 'Nuts' and your picture to **0771 388 8008** (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** T&Cs on page 68.

Seen something daft? Snap it, send it in and win £100!

PIC OF THE WEEK!



SCARY SPILLAGE!

"I spilled my beer – horrifying – and I think it was haunted!" **Matt Lucas, Dorset**



THE BROWN STUFF!

"I came across this German coffee on my travels. Think I'll pass!" **Anon, via text**



RUDE SHOP!

"I noticed this nice little hardware shop in Callander, Scotland!" **Big Tony, Scotland**



PLAYTIME!

"My cat gets well into it when he's playing Fifa 2010 on my Xbox!" **Anon, via text**

Eye checks for children
Wind farm plan backed
Woman made child porn
Memorial fund at £50,000
TV star gets driving ban
Footballer fined for dump
Trio may face court costs
Six arrests after brawl
Music scheme for children
Car key th
Fly-tipping **MESSY STUFF!**

"I caught this story on Teletext. It must have absolutely stank!" **Anon, via text**



ICY DEATH!

"My snowman tried to take my beer hat. He regretted it!" **Chris R, Stonehouse**

BAD PARKING CORNER!

"The driver of this car has made a slight error in his depth perception!" **Anon, via text**

DITCHED!



*BY SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT AND ITS PUBLICATION. **EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 68 APPLY

Best deal in town.

SPECIAL pre-order offer

only **£36.99**

+

£5
of rental
vouchers

Out Friday 21st May



WE ARE GAMES.

Open late 7 days!



blockbuster.co.uk

Offers for a limited period only. Subject to suitability and availability. While stocks last. £5 rental vouchers consists of 5 x £1 off vouchers. Must be a member of Blockbuster to redeem vouchers. Terms and conditions apply. Excludes Sainsbury's concessions. BLOCKBUSTER name design and related marks are trademarks of Blockbuster Inc. © 2010 Blockbuster Inc. All rights reserved.

NUTS.11/05.PEDDEAD.N/S

THE HITS: VOLUME 1

ON DVD NOW!



EPISODES HAND-PICKED BY CREATORS

TREY PARKER AND **MATT STONE**

INCLUDES THE HILARIOUS
THE RETURN OF THE FELLOWSHIP OF THE RINGS TO THE TWO TOWERS • TOWELIE
GOOD TIMES WITH WEAPONS • TRAPPED IN THE CLOSET AND MANY MORE.....



Available at  **PLAY.COM**

FREE DELIVERY ON EVERYTHING

© 2010 Comedy Partners. All Rights Reserved. COMEDY CENTRAL, SOUTH PARK and all related titles, logos and characters are trademarks of Comedy Partners, TM, ® & Copyright © 2010 by Paramount Pictures. All Rights Reserved.

Prices are correct at time of going to press. Play.com reserve the right to change prices. Subject to availability

POP OUT IN PUBLIC!

**NEW TO
Nuts!**

Have a cheeky flash - and earn some cash!



THEY'RE BACK!

TOREEN AND DAISY 21, from High Wycombe
"We're back again, popping our peaches out at the police station!"



ON A SLIDE!

STACIE 19, from Doncaster
"Wheeee! Slides are much more fun when you've got no top on!"



IN THE STREET!

**THIS
WEEK'S
£100
WINNER!**

VIKKI 21, from Huddersfield
"This seemed like the most appropriate street for a bit of flashing!"



Win £100!

All printed pics get a *Nuts* vest-and-shorts combo. The winner gets £100!* Send your snaps to nutspopout@ipcmedia.com or by text to **0771 388 8008**.

ON THE PHONE!

ELISE 21, from Bournemouth
"Can you give me a minute? I have to take this, fully clothed or not!"



AMIR KHAN

**"After the next
few fights, I'll
be the best in
my division"**

FIGHT EXCLUSIVE 1

A quick word with Paulie Malignaggi

The biggest mouth in boxing on why he'll conquer Khan!

Hi Paulie! What do you think of Amir Khan? I think Amir's a solid fighter. But he'll have to deal with a former world champion who's still in his prime and fighting in his home town. For the first time, he's not going to be fighting in front of a crowd that'll go crazy for him when he lands a punch. He's going to be fighting in front of a crowd that'll go crazy when he gets punched in the mouth!

Can you knock him out?

I think when a grown man punches you hard enough in the mouth, you're going down. Some people say I'm "feather-fisted". Well, there's no such thing as a feather fist, because when I punch you in the face, it don't tickle! Amir Khan is going to be getting hit with punches he won't see coming! **So you reckon you've got him sussed?** I'm not going to say he's got any direct weaknesses. Regardless, when I'm at 100 per cent, I'm a handful for anybody, so that's the main game plan. If I'm in top form, I can beat anybody in the world, and that includes Amir Khan.

The Brit boxer on this Sunday's world title fight

Hi Amir! You've moved to America. It's not better than the UK, is it? I love it over there because it's easier for me to get away from all the distractions. In the UK, everyone knows who I am and everywhere I went, I'd get asked for autographs. I love my fans but sometimes, I just need to focus on my boxing. It pays my bills! **Your second WBA light-welterweight title defence is in New York against a New Yorker – Paulie Malignaggi. Isn't that a bit risky?** No. Naseem Hamed did it when he fought Kevin Kelly. Now I'm going to do it. I want to beat Malignaggi in his home town. It'll be a good fight and will generate a lot of interest in the US. **We heard you wanted to fight somebody else. Is this true?** I wanted to fight Juan Manuel Marquez in Las Vegas but that fell through. Then, on my Twitter account, Paulie started saying I was running scared of him! So I thought, "Forget Marquez, I want to fight Paulie because he's talking trash." I can't wait!

Neither can we! How far away are you from being the best pound for pound fighter out there? I think within the next 12 months, I'll be top of this weight division. It'll take time but after the next few fights, I'll be the best. **You're fighting at Madison Square Garden. Will that be a dream come true?** Yeah, man! That place is the Mecca of boxing. When I was younger, I watched the likes of Muhammad Ali, Mike Tyson and Naseem Hamed fight there, and I said, "One day, I want to get in that ring!" And recently, I went on a tour of the arena and saw all the posters of everybody who's fought there. Now I want a poster of me up there, so people know Amir Khan fought at Madison Square Garden! **Ricky Hatton has announced his retirement – are you sad you won't get to fight him?** Not at all. Ricky and I are really good friends and I think the best thing for him is to retire. There's no need for him to fight any more – he's made enough money, so why not just chill out and enjoy himself? He's got his promotions company to focus on now as well. **You've trained with welterweight champion Manny Pacquiao. How's that been?** I keep up with him and beat him at running! He's a great athlete.

You must've earned a few quid – do you party a lot? I choose not to. I'm an athlete, so my trainer, Freddie [Roach], keeps me away from all that stuff. It's probably because he gets jealous of the attention I get from girls! Ha-ha! **There's been loads of negative press for British sports stars recently. What do you think about that?** I don't try to be anything I'm not – what you see is exactly who I am. My family is important to me. Kids look up to me now, so I try to set a good example by behaving myself. If you live a clean life and have a clean heart, that's all it takes. **Do you feel there's pressure on you to behave?** Of course the pressure is there but I'm a very calm guy, so I think the pressure just makes me train a lot harder and focus more because I know there are so many people who are watching me. There's also a lot of hate out there, so I want to prove people wrong and make my fans happy as well. **Finally, where do you see yourself in five years' time?** Hopefully, winning some big fights and becoming a big name in America. That's the plan! ■

Watch Amir Khan vs Paulie Malignaggi live on ITV1 on Sunday 16 May from 2.45am



HIS OPPONENT!

NUTS FOOTBALL AWARDS

WINNERS 2010!

They're back, bigger and better than ever!

It's been another amazing season of football, and when we asked you to recognise the people who made it happen, you voted in your thousands.

Yes, it's the *Nuts* Football Awards 2010, the ones all the players, fans and managers are after, and we reckon this year's are the best yet! Player of the year, goal of the season, dodgiest barnet... they're all here! So sit back, relax and admire your handiwork, you lovely people!



GOAL CELEBRATION OF THE YEAR

WINNER: Jimmy Bullard

Jimmy's ace re-enactment of Phil Brown's half-time team talk was pure comedy genius. Top work, Jimmy!

CHEEKY LAD!

FANS OF THE YEAR

WINNERS: Portsmouth

Despite all the troubles at Pompey, their fans never stopped cheering them on. We salute you, blue people!



LOYAL!

PLAYER
OF THE YEAR

WINNER: Didier Drogba

The Chelsea striker had another amazing season, banging them in from all over the shop.

Good work! ➔



Kammy on Drogba

"He's just different class!"

"Didier really is a worthy winner. He's got so much power and frightening amounts of skill, and he has to be one of the best finishers in world football at the moment. He just seems to be getting better as he gets older. He's unbelievable!"



PREMIER STAR!



"Thanks so much for this award, Nuts readers – you're the best. And I've nicked it from Andy Gray, so I'm made up! Ha-ha!"

Kammy



PUNDIT OF THE YEAR

WINNER: Chris Kamara

Once we counted up the votes, there was only one winner – you wanted Kammy and he loved his award!

PROPER LEGEND!



"Thanks so much for this. I'm happy people liked my goal and that it helped Wigan stay up. It will live long in the memory – the award I mean, of course, not the goal!"
Maynor Figueroa

GOAL OF THE YEAR

WINNER: Maynor Figueroa
Maynor's 70-yard wonder strike was your choice for goal of the season, and we're not arguing – what a screamer!

WONDER STRIKE!



DODGY BARNET OF THE YEAR

WINNER: Andy Carroll
Fair play to the big Geordie, he's helped the Toon back to the big time. But what's that hair all about, Andy?

LOOPY LOCKS!



MOST COURAGEOUS DRESS SENSE

WINNER: Stephen Ireland
We love Man City man Stevie's cars and fashion choices here at Nuts, and you obviously agree with us! ➡

HE'S BONKERS!



WHAT A TEAM!

TEAM OF THE YEAR
WINNERS: Fulham FC
An incredible season for the Cottagers, reaching the Europa League final and winning new fans the world over!

MANAGER OF THE YEAR
WINNER: Roy Hodgson
Hopefully the next England manager, Roy wins his second Nuts award in as many years from you!



NAUGHTY BOYS!

OUTSTANDING CONTRIBUTION TO OFF-PITCH SHENANIGANS
WINNERS: JT and Ashley
The Chelsea boys had a top season – and did a fine job of dominating the front pages, too!



UTTER GENIUS!

CHANT OF THE YEAR
WINNERS: Stoke fans
"You've gotta file, file, file, file, file for divorce!"
Stoke fans to Ashley Cole, to the tune of Cheryl's hit *Fight For This Love!*

**NUTS' ONE TO
WATCH AWARD**

WINNER: Jack Rodwell

Everton man Jack is a real star of the future – and what a goal he grabbed against Man United this year! ■

“Cheers, boys! I read *Nuts* every week, so I’m honoured. Thanks to everyone who voted for me, of course! Now, where’s my *Nuts* T-shirt?”
Jack Rodwell

YOUNG STAR!



Any hole's a goal for these boys - even if it belongs to another species!



RABBIT RIDES DOG

Rabbits have a reputation to uphold, and this lad's certainly doing his part. The dog seems a tad underwhelmed, though!



HOUND HUMPS HOG

He's a scrawny snapper. She's "fuller-figured". But they work! It gives the term "doggy-style porking" a new meaning!



GIRAFFE HOPS ON HORSE

While this filly tries to carry that huge weight, her mates stand nearby and discuss whether they should have warned her.

YOU'LL DO!



MOOSE BOFFS BISON
It's one thing to give it up quite easily, but standing on a plinth to help out just lacks class. What would her mother say?



GO ON THEN!

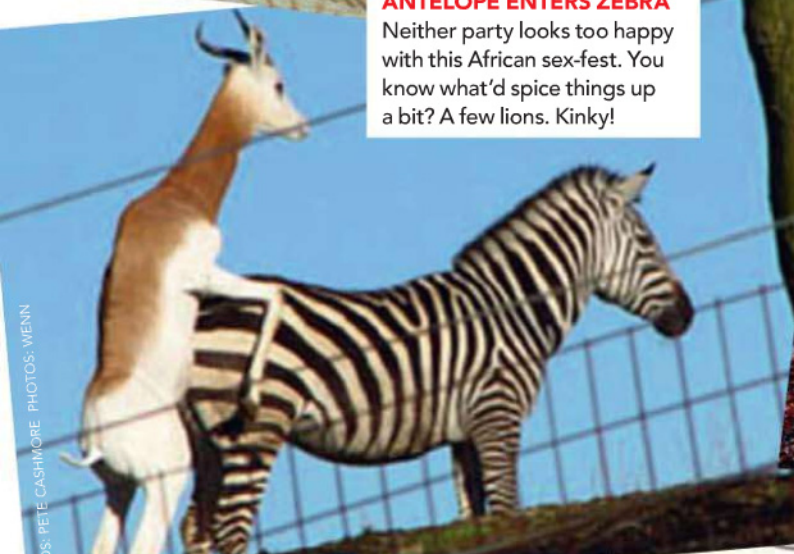
POOCH CLIMBS ON CAT
See, not all cats and dogs hate each other. Although the look on this moggy's face tells us she didn't have much choice!



DOG DRILLS DUCK
At least most of the animals on here are mounting mammals. This, though, is just putting us right off our Chinese takeaway!



ANTELOPE ENTERS ZEBRA
Neither party looks too happy with this African sex-fest. You know what'd spice things up a bit? A few lions. Kinky!



SEAL POUNDS PENGUIN
In terms of size difference, this is the most unlikely coupling on this page. Pingu must have been in pain after this meeting!



NOT FUSSY!

TORTOISE TAKES BBQ LID
We know how it is when you're desperate for some action but we'll never be this bad. At least not for a few more weeks! ■



MUTT MOLESTS MONKEY
Of all the monkeys that have made us chortle in *Nuts* down the years, this is the one with which we sympathise the most!



WORDS: PETE CASHMORE PHOTOS: WENN



Lucy Pinder

HELLO

BOYSS!

The *Nuts* fave talks summer, monkeys and *Playboy* parties!

Hi Lucy! How was the shoot? It's me with my boobs out, basically! It's a bit retro. A bit of a '70s *Playboy* bunny look – very kitsch and colourful. It's nice and sexy! **Are you looking forward to summer?** Yeah, I can't wait! The few days of sun we had recently just put everyone in such a happy mood. We haven't had a proper summer for about five years, so I hope we get one this year!

What are your plans for the summer? I'm going on holiday in a couple of months, just for a "sun holiday" in Portugal with my friends. Then, hopefully, I'll go to LA in July. I've never been there and everyone always says I'll like it. Everyone either loves it or hates it, but I think I'll love it! **Do you think you're going to stick out among all those fake-boobed blondes?** Hopefully. I'll be like the anti-LA woman, ➔

LUCY PINDER

with my brown hair and natural boobs! That'd be quite good fun. **What if you bumped into Hugh Hefner and he wanted you to do a *Playboy* shoot?** I don't think I could take it *all* off! Although I wouldn't mind a little invite to a party at the *Playboy* mansion. **Neither would we!** It'd be so much fun. I've heard things about his infamous grotto, though, so I don't think I'd go in there. I might just hover outside or try to peek to see if anyone's in there getting up to naughties!

Is summer the best time of year to get it on outdoors?

Oh, definitely, just for the practicality of the thing as you're nice and warm. There's something about feeling the sun on your skin. I think everyone gets a bit more frisky. And if you get caught, there are less clothes to put back on!

What's the funniest rumour you've ever read about yourself?

Loads of my friends recently thought I was pregnant, which is a bit freaky. I think I'm quite lucky because I'm not really a famous person. I can't really think of any funny rumours. I'm sure there have been loads but you just shrug it off.

Has anyone ever come up to you and said anything downright weird?

I just think it's a bit weird that because you're a glamour model, people think they can be inappropriate with you! I did a picture with this one guy and he walked off, then came back and said, "Are you going to do a picture with your boobs out or not?" I just said, "I don't think so, do you?" So he said, "No!" and just walked off!

According to the internet, your life ambition is to hold a monkey.

Is that true? And have you achieved it? [Laughs] Yeah, that's true. That's actually one of the things I really want to do! ➔

"Do you have any bigger shirts?"



A woman with long, wavy brown hair is posing for a photograph. She is wearing a bright pink, short-sleeved, ribbed crop top with a bow at the bust and light blue denim shorts. Her hands are on her hips, and she is looking towards the camera with a slight smile. The background is plain white.

**"I'D LOVE TO
PARTY AT THE
PLAYBOY
MANSION!"**

It was the sexiest
rendition of I'm A
Little Teapot ever



**"WOMEN ARE NICER
TO LOOK AT WHEN
THEY'RE NAKED!"**

The new series of
Mastermind proved
a ratings winner

48 Nuts

LUCY PINDER

Her sudden chest pains were proving problematic

Have you not managed it yet?

No, because I wanted to go to Borneo to see the orang-utans, then I realised that you have to be out there for quite a long time to actually get to a stage where you're on a one-to-one basis with them. Plus all the mosquitoes and stuff out there! I don't even like it in England in summer when the mozzies are around. I should go to Monkey World and ask if I can just shake one's hand or get one of their funny little monkey hands to grip my finger. I'd like to make contact with a monkey! **According to a "Top Ten Things You Don't Know About Lucy Pinder" website, it says that you're bisexual on MySpace.**

What? That's not true! That must be a fake MySpace account.

Oh, what a terrible shame! Lady-loving women the country over will be gutted. Sorry! Women are nicer to look at when they're naked, but I don't swing that way!

What's the strangest thing you've ever had to do for work?

I think my worst was when I first started modelling and didn't really know what I was doing and was wearing practically nothing in Trafalgar Square on a shoot. We got chased out by security and I remember being like, "Oh my god! My boobs are hanging out and I'm being chased and could get arrested!" That was fun. Ha-ha! Also being naked in the snow in Val d'Isere. It was freezing. Lovely trip but it was cold in a bikini in the snow!

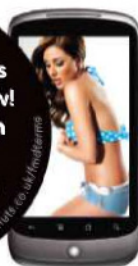
Can England win the World Cup this year? No!

So if they aren't going to win, how far do you think they'll get in the competition? I don't know. The England team seem to do alright when they're under a bit of pressure, so I think we might get a bit further than usual. I just don't think we have enough world-class players to win it. Sorry, guys. But when you look at the likes of Spain, Portugal and Argentina, it's frightening.

We live in hope! You do want England to win, though,

don't you? Yeah! I'm not too excited about it yet, but once it's actually on, I'll suddenly be like, "Come on, England!" ➔

Get these hot pics
on your phone now!
Only available on
your mobile!
Simply text Nuts
to 88888



Standard operator charges apply. For terms, visit nuts.co.uk/mobile



Nuts Lucy Pinder







"Is this OK for my passport photo?"

You do a lot for the forces. Have you got any plans to go out to Afghanistan again? I'd really like to do another forces trip!

What's the reaction like when you do go out there and meet the troops? It's so good. It's so much fun. I think the media take this view that they all feel really sorry for themselves, but they don't. They're all really positive about things. Although there's danger involved, they enjoy their job and don't whinge about it. It's really humbling going out there. But at the same time, it's also a really good laugh!

What are the troops like? Ooh! Ha-ha! They're just normal guys. The helicopter pilots can be a bit flash but, to be fair, it's pretty cool to be like, "This is what I drive around in," so fair enough.

What was the last really nice thing you did for somebody?

I gave someone my parking ticket because I had to pay for an hour and I was literally ten minutes, so I gave my ticket to this guy to use. I know it's not like saving the world but I thought it was nice! It was an older fella who probably wouldn't have a clue who I am or what *Nuts* magazine is. Ha-ha!

How many naughty thoughts do you have a day? Quite a lot. I'd say I think about sex as much as any bloke does. It's natural!

What's your favourite rude word? Oh, I can't say – it's far too rude. But my absolute favourite insult at the moment is calling people a penis. I just think it's quite amusing, and it's nicer than calling someone a c*ck!

Thanks, Lucy! Finally, do you like a bit of sexy talk in the bedroom? Yeah, it's OK! I'm not very good at the sexy stuff there, though. I'm more private. Sophie Howard's always good for dirty talk, you can't stop her! I'm not easily shocked or anything, I'm just quite private – but you've got to look out for the quiet ones! ■

LUCY PINDER

"This is Big Brother...
Wow! That's all!"

"I THINK ABOUT
SEX AS MUCH
AS ANY
BLOKE!"



Get these hot pics
on your phone now!
**Only available on
your mobile!**
Simply text Nuts
to 88888



Standard operator charges apply. For terms, visit nuts.co.uk/terms

Nuts SPORT

DOING SWEET FA, EVERY WEEK!

"Hey, Jamo, does my breath smell of pickled onions?"

SUPER STRIKER!

CUP FINAL SPECIAL!

Chelsea vs Portsmouth

Didier Drogba and David James chat to Nuts ahead of the big one!

Didier Drogba: "Winning is the Chelsea way"

Hi Didi! Do Chelsea really care about the FA Cup? Of course! The FA Cup has a great history and many happy memories for us, and we'll be doing everything to win it. We want to win every game – this is the Chelsea way. **You have a great record at Wembley, scoring five goals in your last five games.** Wembley is a special place and I'm proud to have done well there. But my personal achievements are second to the team's results.

You must be favourites to win the Cup against relegated Portsmouth. I can see why people would say such things but, of course, football never works this way. You achieve results by working hard, not by status, and I think talking about a victory before the game will bring only bad luck! We'll focus on our own strengths, which are many, and let the opposition think about what they must do to win. I only know that the Chelsea team is very special. **In what way?** We have many good players in the squad – that much is obvious – but the mentality is always positive, always very strong. To play for Chelsea, you must have a great deal of courage and bravery.

You've had your critics – how does it feel now that people are starting to appreciate you? A lot has been said about me over the years and maybe I've made mistakes. But I think I've shown everyone that I'm never beaten. Everything I do is for the team. **Finally, do you think you'll end your career at Stamford Bridge?** I'm happy at Chelsea. When I first came, it was difficult to settle and at times there have been difficult situations. But I've spent six years here and over this time, I've improved a lot and won many trophies. Also, my family are very happy in London, so why would I need a change? I'm hungry to win many more trophies and I'm sure Chelsea will provide this!



CUP WINNER!

"Hey, Ashley, need any new ornaments?"



David James:
"Pompey will bounce back!"

Hi Jamo! Has it sunk in yet that Portsmouth are in the FA Cup final? It's pretty incredible, isn't it?

It's been a season packed with lows, so to finish up playing in a showcase final like this is, frankly, extraordinary. Here at Pompey, we've gone through every emotion. I just hope the final one will be one of happiness.

How tough has it been this season? It's been unreal! We'd go into training not knowing what was going to happen next. Would we be playing the following week? Would people at the club be paid? But things seem to be on more of an even keel now, and at least everyone has something to look forward to.

Avram Grant has turned into something of a cult figure at Fratton Park. Exactly how good a manager is he? Avram has been first class, I have to say, and if he'd started the season as manager, I'm sure we wouldn't have been relegated. He knows exactly what he's doing and the players are all with him. An FA Cup final is testament to that.

Has being at Portsmouth harmed your England chances? I'll be judged on how well I'm playing, not on which club I'm at. Because of injuries, my form has been OK, not brilliant, but I believe in my abilities. The most important thing is England, not me, so if the manager thinks I'm good enough, then great. If not, I'll just have to deal with it.

Finally, what does the future hold for Portsmouth FC? Look, this season has been pretty awful but everyone has stuck together – the management, the players and especially the fans. Pompey have been through tough times before and bounced back, so I see no reason whatsoever why that shouldn't happen again. Portsmouth is a special club!



"Need help crossing the road, grandpa?"

WITH AVRAM!

Portsmouth Cup final!



TOP STOPPER!

He'd seen his hair in the mirror

Chelsea vs Portsmouth
 Saturday 15 May, 3pm, ITV1

PHOTOS: BACKPAGE IMAGES/GETTY; PA PHOTOS

KAMMY!



He's footy's funniest pundit - and he's only in *Nuts*!

ONLY IN
Nuts!



He'd misjudged his diving header

**DRAW
KAMMY!**

Great effort, Carl, even though I'm not smiling in it!



Carl Saxby, Cambridge

Roy's boys can do us proud in Europe!

What a massive game it is for Fulham in the Europa Cup final this week, and I think they can bring the trophy home and restore a bit of British pride when it comes to Europe.

England could do a lot worse than look to Roy Hodgson once Fabio Capello has served his term as boss. He's taken Fulham

"England could do a lot worse than look to Hodgson"

from the brink of relegation just a couple of years ago and turned them into a team to be feared.

But his players deserve credit, too. Bobby Zamora has had the season of his life, and I think he should be on the plane to South Africa. He's a big, powerful target man who can use both feet - and unlike Emile Heskey, he actually scores goals, too!

But for me, the Cottagers' lynchpin this year has been Mark Schwarzer in goal. I brought the big Aussie to English football when I was Bradford manager. I paid just £100,000 for him, and

not long after, he was off to Middlesbrough for a million, so I did the club a good bit of business. But all I got off the chairman was a drink!

So best of luck to the boys from southwest London. Atletico Madrid are a good side but Fulham can do it - and I don't think there's a British fan out there who doesn't want it to happen.



RUMOUR HAS IT!

Rumours abound that Fernando Torres is off to Chelsea, but I think he'll stick with Liverpool for another season.



KAMMY'S UNBELIEVABLE-OMETER™

UNBELIEVABLY GOOD!

TOP WORK, PHIL

I often have a pop at referees (it's hard not to sometimes!) but Phil Dowd has made some superb decisions lately and deserves credit.



UNBELIEVABLY BAD!



CROWD SHAME

How sad it was to see crowd trouble recently at Luton and Sheffield Wednesday. Nobody wants to see terrace violence return to our stadiums.

It's time for Rafa to go elsewhere

Rafa Benitez's time at Liverpool is drawing to a close, and I think most Reds fans would agree it's time for him to move on and for the club to be given an overhaul. You can't ignore Benitez's achievement in winning that Champions League final in Istanbul in 2005, but Liverpool now need a manager who can get the very best out of the players – a manager very much in the mould of Roy Hodgson, in fact.

His pop career didn't take off



ASK KAMMY!

Hi Kammy!

As a Man United fan, I was pleased to see Owen Hargreaves back in the squad recently. Do you think he can get back to the player he was?

Batty, Oldham

Owen is a great player but I know how hard it is to come back from an injury like he's had. It could take him another six months but eventually, he'll regain his form.



Kammy needs you!

To win a signed Nuts T-shirt, send your funny stuff to Kammy@ipcmedia.com. Also, don't forget to upload your best 11-a-side goals to www.youtube.com/thefa for a chance to win fantastic prizes!

CHRIS' CRYSTAL BALL!

Chris predicts the week's big games!



1 CHELSEA VS PORTSMOUTH
15 MAY, 3PM, ITV1

I really like Portsmouth but while anything can happen in an FA Cup final, I'm afraid I can't see beyond a Chelsea win.

KAMMY SAYS: 2-0



2 N FOREST VS BLACKPOOL
11 MAY, 7.45PM, SKY SP 2

Two evenly matched teams doing battle for a place in the Championship play-off final. I'm sitting on the fence!

KAMMY SAYS: 2-2



3 CARDIFF VS LEICESTER CITY
12 MAY, 7.45PM, SKY SPORTS 1

There isn't much between these two, and this play-off second leg will be a close contest. It could be a question of who wants it more.

KAMMY SAYS: 1-1

ONLY IN Nuts!

NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport!

Send pics, chants etc to tim_bradley@ipcmedia.com

STUPID SPORTS!



► **MOTOBALL:** Germans are good at stealing sunbeds, losing wars and eating sausages. But they're even better at inventing silly sports like this, where they ride motorbikes around and try to score goals!

SPORT ALIKES!



Vin Diesel



Julien Faubert

Send your sporting lookalikes to tim_bradley@ipcmedia.com

CAMP FOOTBALLERS!

► Footballers Cristiano Ronaldo and Didier Drogba might be two of the best players on the planet right now, but it definitely doesn't give them the excuse to pose like two greased-up ice skaters on

the front of a girlie fashion mag. To be fair, we'd expect it from Ronnie, but come on, Didier, sort it out – you're supposed to be *Nuts'* player of the year!
Camp rating: 🍷🍷🍷🍷🍷



"OO 'ELLO!"

CHANT OF THE WEEK

"Oh Ledley, Ledley, He's only got one knee, He's faster than John Terry, Oh Ledley, Ledley!"
Spurs fans sing to their constantly-injured skipper



From DJ, via email

Gareth's Bale



WORST HAIR OF THE WEEK!

► Want to see a barnet to rival David James? Meet Cameron Smith of Aussie rugby league side ARL Kangaroos. You look like a right drongo, matey!



TITLE CONTENDER!

"And the hairiest chest award goes to..."

FIGHT EXCLUSIVE 2

Kevin Mitchell: 'I'd fight Khan!'

Two of Britain's biggest boxing hopes chat to *Nuts*!

Hi Kevin! Saturday sees you fighting for the WBO Lightweight title. How have you been preparing? I've been doing a lot of sparring and groundwork. I've got Michael Katsidis at the right time, as he hasn't fought for 11 months. I'll be smashing away and everything will be spot on.

Being a West Ham fan, fighting at Upton Park must be a dream come true! Yeah, I went to my first game with my dad when I was about nine. It's a dream as a kid to be a world champion, and not only am I fighting for a world title but it's at Upton Park as well, which is a nice touch! **Katsidis wears a mask into the ring. Have you got a special entrance planned?** Not really. I've got a live band, and Stacey Solomon from *The X Factor* is singing the national anthem for me, but that's it. No make-up or dressing up for me. I'll be ready on the night, keeping my head focused.

Fancy fighting Amir Khan? Yeah. I don't think he'd want it, though. He's a nice guy but he wasn't knocking people out at the age of 13 like I was! **Thanks, Kevin. Finally, back in December, you beat Breidis Prescott, the man who knocked out Amir Khan. Was that your best performance in the ring?** Yeah, most definitely. I think I looked a class act in the Prescott fight. I've always had the skills and for that fight, my trainer, Jimmy Tibbs, made me move differently. It obviously worked!



IN ACTION!

Hi James! Are you looking forward to fighting Sam Horton for the WBA International Super-Middleweight title? I'm very excited. Out of 15 fights, he's won 14 and lost one, so he'll be game and ambitious. But being game and ambitious isn't enough to beat me. He's just going to make me look even better!

You'll be fighting in front of 30,000 people at Upton Park. Will you be nervous? No way. It excites me! I'm made for the lights, big crowds and big entrances, so let's get this on. **Thanks, James. Finally, you did a bit of ballet as a kid. Bit embarrassing?** A little! I went to stage school for a year but I grew out of it. It wasn't a tough decision giving up ballet for boxing. I was always forgetting my ballet shoes anyway!

For more on Lonsdale boxer James DeGale, head to www.lonsdale.com



BIG HITTER!

Mitchell vs Katsidis

Saturday, 8pm, Sky Sports 1/HD1

DeGale vs Horton

Saturday, 8pm, Sky Sports 1/HD1

RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN
Nuts!

"My missus
isn't having
a baby - I'm
just an idiot"



UP THE DUFF!

Rubbish statue!
"It's, erm, very lifelike"



"So that's what
happened to the
ping-pong ball"

GOBBY!



"I hate to say it, but
someone's nicked
your toupee again"

GET DOWN!



THE REAL SVEN!

"Strewth, ref,
you should
get a red card
for that!"

WHIFFY!



"Well, it ain't
a message
for my
barber!"

RIDICULOUS!



"This one's for
all the ladies
in the house"

WEE FELLA!

SOUL MAN!



"Shouldn't you be at
school, sonny?"



MAN-LOVE CORNER!



"I'll be honest, lads - I think we might look like a bunch of pillocks"

SMURFS!



"Mmm, ladies' underpants!"

SNIFFLY!



"This is instead of your win bonus. Hope that's OK?"

WAHEY!



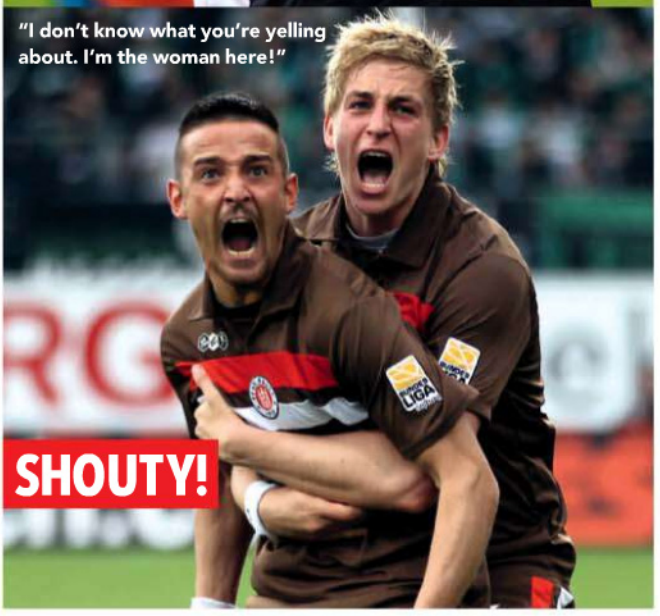
SUPER-LINESMAN!

"Sorry, this is about as high as I can fly"



"Next time, clean the wax out of your ears, yeah?"

OOH, DAMIEN!



"I don't know what you're yelling about. I'm the woman here!"

SHOUTY!

WORDS: PETE CASHMIRE PHOTOS: BACKPAGE IMAGES, PROPAGANDA, SPORTS IMAGE, CLEVA MEDIA, PA PHOTOS, CAMERA SPORT, GETTY



score more

milk with more!

Nurishment is made from real milk with added vitamins and minerals, and comes in a range of great tasting flavours.

All the goodness to help you score more.



The No.1 Nutritional Milk Drink*
www.nurishment.co.uk

*IRI UK Afro-Caribbean Food and Drink - Unit Sales, MAT 52 w/e 23 January 2010



'QUOTE ME ON THAT!'

Sporty types talking a load of toilet!



"Berbatov just needs to tap a goal in. It's what we call in a tap-in"

Some things don't need explaining, Dwight Yorke.

"Since we met up this week, the team has only been thinking of one thing - killing Bayern Munich"

Lyon midfielder Miralem Pjanic gets carried away.

"If we know he isn't coming off, why is he coming off?"

Paul Merson losing the plot again.



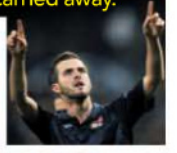
"To keep my stunning looks, I have to go to the hairdressers every eight weeks. It's hard work being so gorgeous"

Blond bombshell Robbie Savage fancies himself.



"I was a cheeky sh*t when I played rugby. I'd start the fights and let the front row sort it"

England bowler Graeme Swann likes to duck a scrap.



"In the next match, I still expect Kevin Pietersen to be Kevin Pietersen"

Well, it would be weird if he wasn't, Sky Sports pundit David Lloyd.

"Samba hasn't got a touch. He wears glass boots"

Charlie Nicholas sees through the issue.



"I do have a different mindset to millions of people on this planet"

Roy Keane finally admits he's a bit of an oddball.



"We had our pants pulled down and our backsides slapped"

Stoke boss Tony Pulis takes a thrashing.

"The most stress I've had all year is trying to get my puppy to come back when he's run off"

Spurs boss Harry Redknapp can't hold onto a lead.



'OO-ER SOUNDS A BIT RUDE' CORNER!

"The defender did well turning Walcott the other way"

Graeme Souness spots an issue.

"If someone has it off me, they get it full-frontal"

Really, Mick McCarthy?

"Jimmy Anderson gets his balls to swing both ways"

Sky Sports' Mike Atherton on the England man's trick.

"Daniel Sturridge is a talent. But he's not a talent"

Make your mind up, Phil Thompson.



ONLY IN
Nuts!

ALL NEW
STORIES!

Nuts SPORT

Striker

By PETE NASH and SIMON RAVENHILL

striker3d.net



VICTORY FOR WARBURY TODAY WOULD SEE THEM FINISH THE SEASON IN 17TH PLACE, ENOUGH TO GUARANTEE PREMIER LEAGUE SAFETY - BUT BEATING HIGH-FLYING MANCHESTER CITY WILL BE NO MEAN FEAT...



...AND THEY'VE SUFFERED AN EARLY SETBACK BECAUSE ADEBAYOR HAS GIVEN CITY THE LEAD WITH A THUMPING HEADER!



THIS IS BETTER FROM THE WARRIORS - IT'S STOMMEL TO ANGELO...



...WHO HITS THE EQUALISER! GAME ON!!



ONE-NIL UP LAST I HEARD ...IF THEY WIN AND WE DON'T, WE'RE DOWN!

HOW ARE BURNLEY DOING, DAVE?



TIME'S RUNNING OUT FOR WARBURY... CAN TING XANG CARVE AN OPENING?

YES, TANGO THROUGH BALL



THAT'S A SUPER CROSS...



AND ANGELO POUNCES FOR HIS AND WARBURY'S SECOND! IT'S A PERFORMANCE THAT HAS SURELY IMPRESSED THE WATCHING FABIO CAPELLO!



WARBURY HAVE HUNG ON FOR A CRUCIAL VICTORY - THEY'RE STAYING IN THE PREMIER LEAGUE BY THE SKIN OF THEIR TEETH!!

MANCHESTER CITY 1 WARBURY 2

Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES!



BEDROOM BABE!



Gemma 21, Worcester, sales manager
"To give a man a night to remember, I'd get in some beers and a deck of cards and suggest we play some naughty games!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.

"I once had sex in a castle in broad daylight!"



TURN TO VOTE FOR OUR NEXT BEDROOM BABE!

Nuts PROMOTION



Play Nuts Poker for free!

And win cash prizes while you're at it!

OK, we know this sounds too good to be true, but you can win money for free! We've had our very own Nuts poker room set up on the PKR.com website and we want you to come and join us!

Every Monday at 8pm BST (7pm GMT), all throughout May, we'll be hosting a free-to-enter tournament. So come along and create your own avatar, who'll sit at the table in your place. You can even dress him (or her!) in a Nuts T shirt, vest top or hat!

What's more, each tournament has a guaranteed pot of 250 dollars, and the winner will be featured on the Nuts website, so

while you've got nothing to lose, you do have plenty to play for!

So what are you waiting for? Head to www.pkr.com/nuts and register to play. On the day, simply find the tournament and enter the password on this page. Good luck and happy pokering!

The next tournament!

Monday 17 May at 8pm
Tournament Name:
NUTS Mag Freeroll #3
Exclusive Password: stacked

CASH PRIZES!



WWW.PKR.COM/NUTS  **PKR**
OVER 18S ONLY. WWW.GAMBLEAWARE.CO.UK let's play

BEDROOM BABES!

Vote for your favourite - and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, *Nuts*, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

**ONLY IN
Nuts!**



Stephanie

25, Bridgwater, sales assistant
"My best features are my boobs, my peachy bum and my personality - in fact, all of me!"

Stacie

20, Doncaster, entrepreneur
"If a bloke had only £5, he could buy me a single red rose and write me a love letter."



Sarah

21, London, promotions girl
"The craziest place I've done rude things was on the roof of a nightclub. It was wild!"



Laura

23, Exeter, beauty therapist
"I like a man in a suit, and I'd like one to whisk me off to Paris to stay in a fancy hotel!"

Vote now to see more of your favourite girl!

The winner gets her own *Bedroom Babes* shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

PAGE 64-65 PHOTOS: PAUL MUSSO. STYLING: REBEKAH ROY. HAIR & MAKE-UP: JOHANNA DALENO. CLOTHES: SKECHERS

Nuts MOBILE

Unlimited mobile pics & videos for just £3 a week!

Join the *Nuts* unlimited girls club for £3 a week!



TEXT NUTS357 TO 88888

ALL NEW PICS!



TEXT NUTS358 TO 88888



TEXT NUTS359 TO 88888



TEXT NUTS360 TO 88888

SAUCY VIDEOS!



TEXT NUTS361 TO 88888

AS MANY NUTS GIRLS AS YOU LIKE EACH WEEK! JUST PAY £3

- 1 Choose your download and text the **KEYWORD** to 88888
- 2 Download your first product
- 3 Click the link to *Nuts* girls mobile portal for more products

This is a subscription service that will cost you £3 per week until you send STOP to 88888. You can get as many *Nuts* girls videos or wallpapers each week as you like. Fair usage policy applies. A link will be sent to the *Nuts* girls mobile portal with your initial order. 16+ only. Bill payer's permission and compatible handset required. Standard network and data charges apply. Help: 0870 850 8160 (national rate). For full T&Cs, see www.nuts.co.uk/fmdterms

PPA CONSUMER MEDIA BRAND OF THE YEAR 2009

Nuts

4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU **Tel:** 020 3148 5000 **Fax:** 020 3148 8107 **Email us at:** nutsmagazine@ipcmedia.com **Website:** www.nuts.co.uk

Editor Dominic Smith

Deputy Editor Nick Soldingner 020 3148 6941 **PA/Office Manager** 020 3148 6948

Editor-At-Large Pete Cashmore 020 3148 6940	Associate Editor - Entertainment Sam Riley 020 3148 6921	Associate Editor - News Rory Buckridge 020 3148 6917
Associate Editor - Features Mark Spence 020 3148 6952	TV Editor Danielle Graph 020 3148 6944	Deputy News Editor Adam Ralph 020 3148 6950
Art Director Simon Freeborough 020 3148 6934	Associate Art Editor Barney Hammond 020 3148 6933	Deputy Art Editor Iain Fryer 020 3148 6935
Senior Designer James Jarman 020 3148 6931	Designer Nitish Mandalia 020 3148 6930	Fashion Editor Steven Buchan 020 3148 6798
Picture Editor John Gooch 020 3148 6937	Deputy Picture Editor Daffydd Bynon 020 3148 6928	Financial Administrator Dan Brightmore 020 3148 6947
Senior Picture Researcher Andy Seal 020 3148 6927	Picture Researcher Colin Williams 020 3148 6938	Executive Producer - Video Phil Wallis 020 3148 6850
Online Editor Keith Walker 020 3148 6855	Deputy Online Editor Craig Bloomfield 020 3148 6800	Online Picture Editor Adrian Callaghan 020 3148 6851
Production Editor Marc Gadian 020 3148 6915	Chief Sub Editor David Kenning 020 3148 6916	Sub Editor Paul Dimery 020 3148 6922
Sub Editor Mark Coughlan 020 3148 6923	Sub Editor - TV Listings Mike Hall 020 3148 6946	

Thanks to: Tim Bradley (Acting Sports Editor); Rich Jenkins, Rich Pelley, Steve Cochrane, Matt Glass, Sam Van Gelder, Nick Watkins, Anthony Teasdale (words); Ellis O'Brien (photography); Jon Buckley (marketing); Tony Bullman (repro); Matt Savage (work experience)

For work experience enquiries, please contact dan_brightmore@ipcmedia.com

ADVERTISING & PRODUCTION

Group Advertising Director Andy Goldsmith 020 3148 6700	Head Of Agency Sales Rob Freeman 020 3148 6708	Commercial Dev Manager Neil McSteen 020 3148 6707
Group Advertising Director's PA Tribha Shukla 020 3148 6733	Advertising Manager Chris Dicker 020 3148 6709	Regional Business Development Manager Oliver Scull 0161 872 2152
Digital Business Director Andrew Sanders 020 3148 6716	Head Of Insight Lynne Springett 020 3148 7634	Insight Manager Verity Amos 020 3148 6732

Agency Sales Team Jade Bousfield 020 3148 6706, Victoria Bell 020 3148 6703

Sponsorship & Brand Solutions Director Peter Edwards 020 3148 6723	Sponsorship & Brand Solutions Managers Jonathan Boakes, Chris Dehaney, Rob Hunt 020 3148 6722/6724/6721	Advertisement Production Laurie King 020 3148 6729
Sponsorship & Brand Solutions Group Head Anna Vercoe 020 3148 6725	Sponsorship & Brand Solutions Project Manager Shanna Barker 020 3148 6726	Classified Ad Sales Director Sharon Kirby 020 3148 2601
		Inserts - IPC Innovator John Firth 020 3148 3704

Group Production Manager Becky Goode 020 3148 5429

MARKETING

Head of PR Nicola Woods 020 3148 6779	Syndication Sales Executive Cerie McGee 020 3148 5484	Marketing Manager Mei-Ling Rider 020 3148 6777
---	---	--

PUBLISHING

Chief Executive Evelyn Webster	Publishing Director Jo Smalley	Publisher Clair Porteous
---------------------------------------	---------------------------------------	---------------------------------

© 2010 IPC Media Ltd No part of this magazine may be reproduced, stored in a retrieval system or transmitted in any form without prior permissions. Nuts may not be sold at more than the recommended retail price shown on the cover. ISSN 1742 8858

A Time Warner company. Repro by Wyndeham Prepress. Printed by Polestar. Distributed by Marketforce.

SUBSCRIPTION RATES One year (51 issues) including P&P: PRIORITY (Air Mail) UK £86.70; Europe €145; USA \$243; Rest of World £148. Subscription enquiries +44 (0)845 676 7778 (Mon-Fri 9am-9pm UK time), Fax +44 (0)1444 445599, ipcsubs@quadrantsubs.com or NUTS subscriptions, IPO Box 272, Haywards Heath, West Sussex, RH16 3FS, England



Terms and conditions 1. Competitions are open to UK/Channel Island residents, except employees of IPC Media Ltd and their families or any companies or third parties connected with the competition. 2. There is no cash alternative to the prize. 3. No responsibility will be accepted for any postal or phone network problems experienced. 4. Winners will be notified by post/phone after the closing date. 5. The editor's decision is final. 6. Entry implies acceptance of these rules. 7. While every effort will be made to supply the prize as specified, prizes provided by third parties cannot be guaranteed. 8. No purchase is necessary. 9. Entrants agree to take part in future publicity. 10. Standard network charges apply. **Mobile terms:** Standard network charges apply. Your handset must be web-enabled. You'll receive a link to the *Nuts* Real Girls mobile site. You may incur WAP and data charges from your network operator depending on your operator and contract type. For full terms and conditions, visit www.nutsrealgirls.com/about/terms.html. Customer Care 0117 307 9521. This is not a subscription service.

BACK ISSUES For all *Nuts* back issues, call John Denton Services on 01733 385170, fax 01733 239356

10 RUDE QUESTIONS!

And a Real Girl to answer them...

THIS WEEK: Stacie

22, Loughborough

1 Where's the craziest place you've had sex? "On a beach in Marbella. It was daytime, so it was pretty risky! People were everywhere, and I'm sure one guy saw everything!"

2 What's your trademark move in the bedroom? "Hot and sexy lingerie. You'll never catch me wearing underwear that's not matching!"

3 What really turns you on? "A man who takes control! No girl wants a guy who's shy. Dirty talk is a turn-on, too!"

4 Do you like to be the one who's in control in the bedroom or do you like to be dominated? "I like to be dominated. Be a man and dominate me! A girl doesn't want a guy who has to be told what to do. I don't, anyway!"

5 Apart from your mouth, where's your favourite place to be kissed? "My neck. Start off gently, then add a bit of roughness and definitely a bit of biting – I think that's hot!"

6 What one rude thing do you think every girl should try at least once? "Sex toys. They add a bit of excitement. The Rampant Rabbit is the best. I think men find it a massive turn-on using it on their woman, too, so everyone wins!"

7 Ever got it on with another girl? "Only a few sexy kisses – girls are more gentle and passionate! I've had quite a few lap dances from hot girls, too – I always go to strip clubs on a night out because I love the atmosphere!"

8 What's your role-playing costume of choice? "I'll be your sexy nurse... It's a bit obvious but it's always sexy! I haven't had any complaints!"

9 Have you ever made a sex tape? "Not yet, that's my next adventure! I'd make sure the scene is nice and sexy and maybe have a glass of wine first. But you should only do a sex tape with someone you totally trust!"

10 If you could ask a man to perform any sex act for you, what would you want him to do? "I'd love him to put on some good porn... then we could act it out!"



PHOTOS: STEPHEN JERRY

ONLY IN Nuts!

REAL GIRLS, REAL PLACES!

THIS WEEK:

Name: Rachael
Age: 23
Likes: "Ambition!"
Boobs: 30E.
"They're fun!"
Have you ever kissed a girl? "No."
Strangest place you've had sex? "On a boat!"
Sex tip: "Buy me lingerie!"

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 68. You must be at least 18 years old.



Rachael's sexy guide to Mumbles!

We're in Wales for another hot lady!

Rachael on... her home!

"We're in Mumbles in Swansea. I love it! The beaches are great, perfect for running on in the day and partying on at night!"



HELLO!

Rachael on... her boobs!

"I've been told I've got nice eyes but guys still check out my boobs! They get me a lot of free drinks when I'm out!"



Rachael on... mornings!

"I'm out for the count as soon as my head hits the pillow, but I work very hard so I'm always up early sorting things out!"



Rachael on... getting ready!

"I can get ready in an hour, but I do like having baths. There's nothing like relaxing with wine and loads of bubbles!"





**Rachael on...
keeping fit!**

"I'm quite fit! I like to do lots of squats and lunges and deadlifts to stay tight! There's nothing worse than a saggy arse!"



**Rachael on...
house parties!**

"This snooker table looks fancy but to be honest, I've got no idea how to play! It's great when we have parties, though."

**"My boobs get me
a lot of free drinks!"**



**Rachael on...
sexy undies!**

"Girls are expected to dress in sexy underwear so it's nice if the guy buys it for them sometimes. It's a nice present!"

YOU'VE HEARD THE HYPE
NOW WITNESS THE ACTION...

ROB SINCLAIR
BAMMA LIGHTWEIGHT CHAMPION

ALAN OMER
BAMMA FEATHERWEIGHT CHAMPION

**TOM
'KONG'
WATSON**

THE UK'S MOST EXPLOSIVE
MIXED MARTIAL ARTS EVENT

BAMMA

SATURDAY
MAY 15TH 2010
LG ARENA, BIRMINGHAM

TICKETS PRICED FROM £25 AVAILABLE AT:
WWW.THETICKETFACOTRY.COM

Nuts



WWW.BAMMA.COM



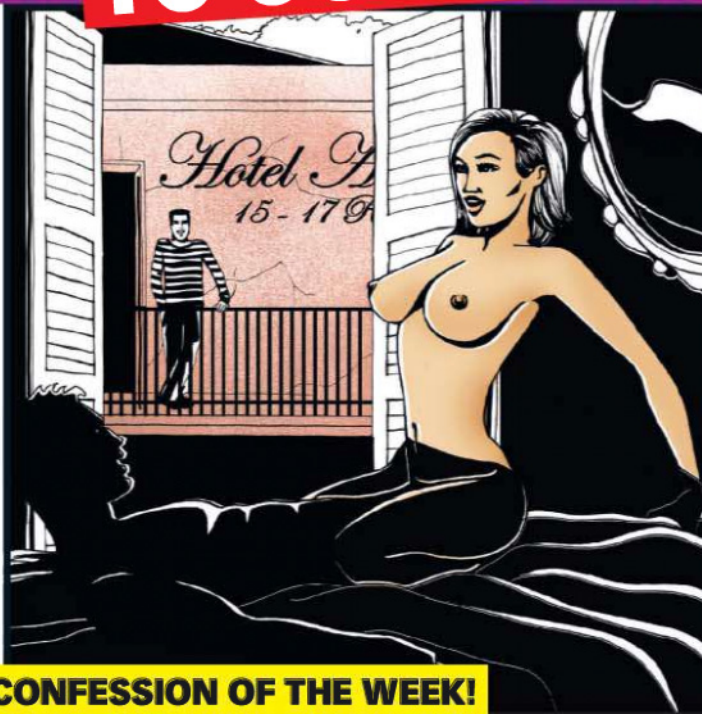
EVOLUTION
FIGHTWEARROOM

LADIES CONFESS!

100%
REAL
STORIES!

TO OUR SECRETARY!

IT'S LOU!



CONFESSION OF THE WEEK!

'We were watched having sex'

My boyfriend and I were in Paris and were enjoying a hot session in our hotel room when I looked out of our window to see a man standing on his balcony watching us. I was a bit shocked but then I realised it was turning me on. I didn't tell my boyfriend, but I put on a special show for him and our spectator, who watched us until we both climaxed. I gave a sly glance out of the window at the end and saw the guy grin and salute. It was the best sex we've had together and I've still never mentioned our naughty voyeur!

Bev, via email

'I had two guys in the shower!'

We had a mixed hockey game recently, which was great fun but really tiring. I stayed chatting to a few of the girls while everyone else went home or showered. By the time I got to the changing

rooms, the place was almost empty, but I could hear the showers running, so I stripped off and walked in and was confronted by two of the male team. They laughed and said they were hoping to run into some girls in this area. I was shocked at first but seeing them soapy and with semi-

erections really turned me on, so I walked over with a smile on my face. Within seconds, I was playing with both their erections and they were all over me. I bent down and expertly worked my tongue around one guy, while the other watched. He groaned and moaned very loudly as he came. It was such a turn-on and I was about to start on the other when we were interrupted by shouting and all disappeared in a flash!

Amy, Hertford

'It was so dirty, I came at once'

For my 20th birthday, my friends and I decided to visit the local funfair and as it was a lovely sunny day, we decided to dress up. We got loads of looks as our dresses were very tight and very short. I loved the attention and told the guys it was my birthday, so I deserved special treatment. There was one young guy on the dodgems who kept grinning at me. He was rugged-looking and not my usual type, but his arm muscles were so beefy. As we all got on, he jumped in one as well and started to chase me. We exchanged flirty glances and he kept constantly bumping into me. My knickers were instantly wet – I hadn't been so excited in a long time. When it finished, my friends walked off to give us the opportunity to chat. Before I knew it, we were behind the ride and he had his mouth around my nipples and his fingers deep inside me. It was so dirty, I came

instantly. Now, every time I go to a fair, I go red in the face as I remember my steamy encounter.

Bethany, London

'I worked him with my mouth'

It was a Sunday evening and my fella and I had spent the day vegging out at home, watching movies and eating in front of the TV. We'd started watching a movie and the steamy scenes were beginning to get me warm and a little horny. I moved closer to my man and draped my leg over him – he looked down at me and knew what I was after. I slowly pulled down his tracksuit bottoms and he wiggled out of his boxers. I started to stroke his manhood, getting him erect very quickly, then I gave him one of my super-slow and sexy blowjobs before getting naked and climbing on top of him. He slowly kissed each breast in turn as I moved back and forth. He kissed and licked my boobs faster and harder as I rode him with the same intensity. Things got wilder and we were both so worked up that we came at the same time. It was the best feeling ever – I can't wait until our next quiet Sunday night in!

Helen, King's Lynn

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on p68. The best one each week* wins £50! Come on, girls!

Nuts FASHION

Top threads to keep you looking cool in the rising temperatures

WORDS: STEVEN BUCHAN
PHOTOS: ALAN MCFADEN

1 Atticus polo

The ever-popular summer staple gets a stripy twist. www.play.com/atticus



£35

3 Barbour jacket

Get a load of this if you want to be seen! www.my-wardrobe.com



£85



£55

2 Ben Sherman cardigan

This retro cardie will look great worn with either a vest or T-shirt. 028 3832 4121

5 Oliver Sweeney brogues

They may cost a bit but these'll last for years! www.oliversweeney.com



£40



£220

4 Topman Harrington jacket

This classic summer coat is available in a number of colours, our favourite being red. www.topman.com

6 Tailored By Umbro top

Based on the original designs from the '70s. www.houseoffraser.co.uk



£65

7 Paul Smith cufflinks

Smarten up any shirt with these little beauties! www.my-wardrobe.com



£60

8 Ray-Ban sunglasses

Get some retro '80s style with these colourful specs. www.davidclulow.com



£99

9 Ben Sherman jeans

Wear these with a turn-up and ditch the socks this summer. 028 3832 4121



£60



£39

10 Farah polo

A nice piece of mod-inspired summer knitwear. Very chic! 01376 502 345

1 Calvin Klein Eternity For Men **£36**

The iconic Eternity fragrance is given a fresh new makeover. It's our favourite summer scent! 0800 083 6310



Classic!

2 Soap & Glory Spot Fighting Gel **£6**

This super-powered spot-fighting gel is fast-acting on zits, razor bumps and ingrown hairs. Your skin will look radiant and you'll feel great! www.boots.com



Useful!

3 Dr Brandt UV SPF 30 Face Tint **£30**

Fake tan's fine for blokes these days, and this offers protection from UV rays, too. Slap it on and you'll be fighting 'em off! www.spacenk.com



Bronzing!

4 Aveda Light Elements Shaping Wax **£20**

If you're looking for hold without the grease, this is for you. 0870 034 2380



Textured!

5 Diesel Only The Brave: Iron Man **£37**

To celebrate the release of Iron Man 2, Diesel has released this limited-edition fragrance. www.diesel.com



Rugged!

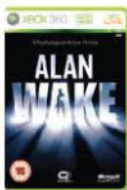
Nuts REVIEWS

GAMES!



Alan Wake is made by the same people who brought us the Max Payne games

ALAN WAKE XBOX 360



Brilliant new survival franchise that has a confused thriller writer stumbling through New England after his fiancée disappears,

fighting "The Taken" – zombie-like enemies who can be killed only by a combination of bullets and light. The graphics and effects are best-in-class, as are the atmosphere and psychological thriller story. A must-buy for Xbox owners. ★★★★★



LOST PLANET 2 PC, PS3, XBOX 360



Sequel set a decade after the original. The once-icy planet has thawed into a jungle and a new army of baddies has arisen. ★★★★★



SKATE 3 PS3, XBOX 360



The world's best skateboarding game is back with new boarders, plus better co-op play and user-created content. ★★★

DVDS/BLU-RAY!



Colin Farrell was touted to play the role of Holmes until Downey Jr was cast

SHERLOCK HOLMES CERT 12A DVD & BLU-RAY



Guy Ritchie's take on the famous literary detective is surprisingly on the ball, with not a whiff of any left-over Lock, Stock... lines.

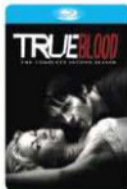
Starring Robert Downey Jr as Sherlock Holmes and Jude Law as his sidekick, Dr Watson, this action-packed movie is full of impressive slo-mo fight scenes and incredible special effects, and has a truly memorable ending. ★★★★★

NINJA ASSASSIN CERT 18 DVD & BLU-RAY



One of the world's deadliest assassins seeks revenge against his former employees after they execute his pal. Brutal. ★★★★★

TRUE BLOOD: SEASON 2 CERT 15 DVD & BLU-RAY



If vampires are your thing, you'll love this. If not, give it the same wide berth you would a man wearing a garlic necklace. ★★★

THE ROAD CERT 15 DVD & BLU-RAY



Based on the novel by Cormac "No Country For Old Men" McCarthy, this is a compelling father/son survival story. ★★★★★

MUSIC!



THE DEAD WEATHER SEA OF COWARDS



How many bands does Jack White have on the go? This is the White Stripes bloke's other other band and, as ever, his rock watermark is high. ★★★★★

FOALS TOTAL LIFE FOREVER



They're a bit too clever for our taste but if you like your indie music on the slightly off-kilter side – and the people who make it to be thin – this is for you. ★★★★★

The latest action-packed releases!

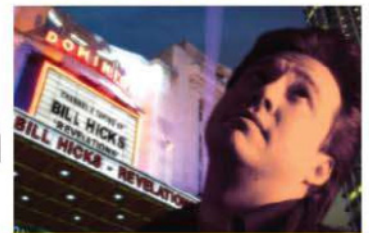
Ratings: ★★★★★ Genius ★★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!



Originally, Crowe was going to play the Sheriff of Nottingham, too!

The film's makers constructed an entire Nottingham village in Surrey



ROBIN HOOD CERT 12A

Russell Crowe wears the tights in Ridley "Gladiator" Scott's hero-on-horseback reboot. Crowe's archer-turned-rebel from Richard

the Lionheart's army fights against Norman invaders before it all kicks off with the Sheriff of Nottingham. Spectacular fighty fun! ★★★★★



AMERICAN: THE BILL HICKS STORY CERT 15

Hicks was the comedian's comedian and this cool doc features loads of hilarious stand-up. Without him, there'd be no Frankie Boyle! ★★★★★



THE INTERNATIONAL COMBAT SPORTS SHOW

SENI

MAY 29TH & 30TH 2010, EXCEL LONDON



BOOK TICKETS NOW FROM
ticketmaster
 0844 847 1699

SENI.tv

Advance Ticket Prices: Adult - £10 Daily / Child (under 14) £5 Daily Weekend Passes £15 Adults & £8 Child

Nuts TV

Seven days of brilliant telly for blokes!



6am

BBC ONE

6.00am Breakfast 9.15 Hospital Heroes
10.00 Put Your Money Where Your Mouth Is
11.00 Best of Homes Under the Hammer
11.30 Cash in the Attic 12.15pm Bargain Hunt
1.00 BBC News, Weather
1.30 Regional News, Weather 1.45 Doctors
2.15 Escape to the Country (R)
3.00 BBC News, Weather, Regional News
3.05 CBeebies 3.30 CBBC 5.15 Weakest Link (R)
6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

7pm

7.00 The One Show
7.30 A Question Of Sport
8.00 EastEnders
Zainab takes drastic measures to cut Syed out of her life. Using a spoon.
8.30 QI
9.00 Ashes To Ashes
A body is found in an illegal drinking den and Gene quickly decides someone's guilty of murder. He's probably right.
10.00 BBC News
10.35 Friday Night With Jonathan Ross
With Hot Fuzz funnyman Nick Frost.
11.35 The National Lottery EuroMillions Draw
11.50 Just Friends
FILM A womanising music executive tries to undo his past as an overweight, uncool teenager by wooing the girl he adored in high school. It's doubtful you'll actually watch this.

1am

1.25am Sign Zone: Great British Menu
1.55 Crop to Shop: Jimmy's Supermarket Secrets
2.55 Wonders of the Solar System
3.55 Victoria: A Royal Love Story

BBC TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies
11.05 The Flintstones (R) 11.30 Castle in the Country (R) 12.00noon Daily Politics
12.30pm Working Lunch 1.00 Car Booty (R) 1.30 **FILM** Up in the World: Comedy
3.00 Diagnosis Murder (R) 3.45 Flog It! 4.30 A Question of Genius 5.15 The Hairy Bikers' Food Tour of Britain (R)
6.00 Eggheads 6.30 Great British Menu

7.00 The Genius Of Design
MFI vs DFS. Who's the best?
8.00 Mastermind
8.30 Gardeners' World
This week: soil. Next week: soil.
9.00 How To Live A Simple Life
Number one? Go to the pub!
10.00 Frank Skinner's Opinionated
Dave Gorman joins the comedian.
10.30 Newsnight
11.00 The Review Show
Pretentious waffle.
11.45 Later With Jools Holland
Top tuneage with LCD Soundsystem, Kelis, The National and Tracey Thorn.

12.50am Bubble Boy
FILM Romantic comedy starring Jake Gyllenhaal.

2.10-3.40am **FILM** In the Company of Men: Drama starring Aaron Eckhart.

itv 1

5.30am ITV News 6.00 GMTV 9.25 The Jeremy Kyle Show 10.30 This Morning
12.30pm Loose Women 1.30 ITV News
1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 Daily Cooks Challenge
4.00 Dickinson's Real Deal (R) 5.00 Divided: Quiz show. (R) 6.00 Regional News, Weather 6.30 ITV News

7.00 Emmerdale
Doug warns Charlie to keep away from Diane as she is a sheep and thus unable to participate in day-to-day human discourse.
7.30 Coronation Street
8.00 Dickinson's Real Deal
Leatherface is back.
8.30 Coronation Street

9.00 Marco's Kitchen Burnout
More culinary capers.
10.00 ITV News
10.30 Regional News
10.35 True Crime
FILM Crime thriller starring Clint Eastwood as a journalist trying to prove the innocence of a death row prisoner eight hours before his execution.

12.50am Charley Varrick
FILM A small-time crook and his gang rob a small New Mexico bank and then discover that their loot belongs to, you guessed it, the Mafia.

2.45 Touching Evil: US crime thriller starring Jeffrey Donovan and Vera Farmiga. 4.15-5.30am ITV Nightscreen

REGIONAL VARIATIONS

BBC1 SCOTLAND: 8.30pm DIY SOS BBC1 NORTHERN IRELAND: 8.30pm DIY SOS 10.35 **SPORT** North West 200 Preview: A look ahead to the road-racing meeting on the north coast. 11.05 The National Lottery EuroMillions Draw 11.20 Friday Night with Jonathan Ross 12.20am

Sky High 12.25 Sign Zone: Panorama 12.55 See Hear BBC1 WALES: 8.30pm Crash BBC2 SCOTLAND: 7.00pm Landward 7.30 QI BBC2 WALES: 7.00pm **SPORT** Scrum V: Gareth Lewis introduces action from the opening semi-final of this season's Magners League. 9.00 Gardeners' World 9.30 How to

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Premier League World
9.30 The Rugby Club (HD)
10.30 **LIVE** Golf: The second day of the Open Cala Millor Mallorca at the Pula Golf Club in Son Servera, Spain. (HD)
12.30pm Premier League World
1.00 The Rugby Club (HD)
2.00 The Dogs
2.30 Premier League World
3.00 The Rugby Club (HD)
4.00 **LIVE** Cricket: The second semi-final of the World Twenty20, held at the Beausejour Stadium in Gros Islet, St Lucia.
8.30 **LIVE** Cricket: Now its a semi-final of the women's World Twenty20.
12.00m't Rugby League (HD)
1.30am World Sport
2.00 Boxing (HD)
4.00 Rugby League (HD)
5.30-6.00am World Sport

sky SPORTS 2

6.00am Aerobics 6.30 Urban Ride
7.00 WWE: Raw (HD) 9.00 Netball
11.00 Darts (HD)
2.30pm Race World
3.30 **LIVE** Golf: More from the second day of the Open Cala Millor Mallorca. (HD)
5.30 Premier League World
6.00 Football League Weekend
7.00 World Sport
7.30 **LIVE** Football: All the action from the first leg of a League One play-off semi-final, kick-off 7.45pm. (HD)
10.00 **LIVE** Boxing: Shinnay Bayaar and Ashley Sexton trade punches. (HD)
12.00m't Football (HD)
1.00am NFL: Total Access
2.00 Tight Lines
3.00 Football (HD)
4.00 NFL: Total Access
5.00 Urban Ride
5.30-6.00am IEX Magazine

ON DIGITAL, SATELITE

FILM4 (315)

6.40pm Around the World in 80 Days: Comedy adventure starring Jackie Chan and Steve Coogan. 9.00 My Super Ex-Girlfriend: Fantasy comedy starring Uma Thurman and Luke Wilson. 10.50 City of God: Brazilian crime drama starring Alexandre Rodrigues. 1.25-3.20am Offside: Iranian comedy drama.

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 30 Rock 9.00 Dara O Briain Talks Funny: Live in London: From the Hammersmith Apollo. 10.20 South Park 11.20 One

ESPN

5.30pm Australian Rules Football
8.00 **LIVE** Rugby Union 9.45 Total Italian Football 10.15 The Ultimate Fighter 11.15 30 for 30
12.15am E:60 1.15 ESPN Kicks 1.30 Total Italian Football 2.00 AMA Supercross

TV PICK OF THE WEEK!

SATURDAY!

FA Cup Final!

Chelsea vs Pompey, ITV1, From 1.10pm
Can Portsmouth cause a shock and beat Ancelotti's men? See our preview on p54.



5.55am The Hoobs (R) **6.45** Freshly Squeezed **7.10** Everybody Loves Raymond (R) **8.00** Frasier (R) **8.30** Will & Grace (R) **9.25** Supernanny USA (R) **10.20** Deal or No Deal: Cops and Robbers (R) **11.05** Wife Swap USA (R) **12.00noon** Channel 4 News Summary **12.05pm** Relocation, Relocation (R) **1.05** Jamie at Home (R) **1.35** **LIVE** Channel 4 Racing **3.25** Countdown **4.10** Deal or No Deal: Cops and Robbers **5.00** Iron Chef UK **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News

7.35 Unreported World

8.00 Glee

9.00 **Embarrassing Bodies**
Including a mother worried about the shape of her child's head. Blimey!

10.00 Facejacker

It's the last one. Boo!

10.35 **The Ricky Gervais Show**

Cartoon laughs about the surprising lack of homeless Chinese people!

11.05 **Peep Show**

Jeremy tells Elena he loves her. (R)

11.40 **Peep Show**

Mark discovers Elena's secret. (R)

12.15am **Music On 4: Scissor Sisters: Video Exclusive**

The band's new single.

12.20 **Mercury Prize Sessions: Corinne Bailey Rae**

Gig at the Hospital Club in "that London".

12.35 **Music Rooms**

With Plan B and Fun Lovin' Criminals. (R)

1.00 4Play: Broken Bells: *A performance by the band.* **1.15** This Week's 4Music Top 20 **3.05** Coming Up: Parlamento Glasgow **3.35** Young, Autistic & Stagestruck

Live a Simple Life **STV: 8.00-8.30pm** Postcode Challenge **10.35** **SPORTS** STV Sports Centre: *Including a preview of the weekend's sport.* **11.05** In Plain Sight **12.00m't** Roulette Nation **1.00am** Nightwatch with Steve Scott: Action **2.00-5.30am** The Nightshift **ULSTER: 10.30pm** UTV Live, Weather **10.35**



6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Highland Emergency (R) **1.45** Neighbours **2.15** Home and Away **2.50** I Own Britain's Best Home: Flying Visit (R) **3.05** **FILM** Uncorked: *Drama starring Julie Benz.* **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.30 **Highland Emergency**

The team rescue a 56-year-old man who has fallen through a roof. (R)

8.00 **Sea Patrol UK**

More tide-based trouble.

9.00 **The Mentalist**

The body of a saleswoman is found in the boot of a car at a luxury showroom.

10.00 **Grey's Anatomy**

The medics are kept busy treating bizarre ailments during Halloween. Presumably with the use of spells and a cauldron.

11.00 **CSI: NY**

A man is torn apart by tigers at the Bronx Zoo. We suspect he dies. (R)

11.55 **Cops In Crisis**

12.10am **SuperCasino**
Live interactive cash guzzling.

4.05 **SPORTS** Motorsport Mundial **4.30** House Doctor (R) **4.55** Rough Guide to Islands (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

Greatest Cities of the World with Griff Rhys Jones **11.35** Ultimate Ulster **12.00m't** Brain Box **3.00am** **FILM** The Amityville Horror: *Not-as-good remake of the 1979 horror chiller, starring Ryan Reynolds and Melissa George.* **4.30-5.30am** ITV Nightscreen



6.00am The Biggest Loser US (R) **7.00** Brainiac: History Abuse (R) **8.00** Oops TV (R) **9.00** Cold Case (R)(HD) **10.00** Stargate SG-1: *Double bill.* (R) **12.00noon** UK Border Force (R)(HD) **1.00pm** Lion Man (R) **1.30** Cold Case (R)(HD) **2.30** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Wedding SOS (R)(HD) **5.00** **SPORTS** WWE Superstars: *A round-up of all the latest wrestling news.* (HD) **6.00** Liza and Huey's Pet Nation (HD)

7.00 **The Simpsons**

Lisa gets a MyPod, while Homer believes Bart's new friend Bashir is a terrorist. (R)

7.30 **Westlife: Here We Are**

Great. Now go away! (R)(HD)

8.00 **A League Of Their Own**

With Matt Le Tissier. (R)(HD)

8.30 **Modern Family**

Claire is made to feel inadequate when an old friend visits.

9.00 **Lost**

10.00 **Chris Ryan's Strike Back**

Porter breaks a would-be assassin out of prison. The little tinker. (R)(HD)

11.00 **Chris Ryan's Strike Back**

Porter and Masuku prepare to fight Colonel Tshuma. (R)(HD)

12.00m't **A League Of Their Own**

12.30am **Glenn Martin, DDS**
Connor is upset after Courtney wins yet another trophy. Oh, boo-hoo. (R)(HD)

1.00 Road Wars **1.50** Inside: Supercops **2.40** Nothing But the Truth **3.30** Oops TV **4.20** Sell Me the Answer **5.10-6.00am** Are You Smarter Than a 10 Year Old?

TODAY'S MUST-SEES



The Ant or Dec argument was flaring up again

True Blood

FX, 10pm

DRAMA The second series of the coolest vamp drama on TV concludes with Maryann appointing Sookie as maid of honour at her sacrificial ritual, and Sam placing his life and trust in the hands of an unlikely ally. ★★★★★



Let The Right One In

FX, 11.10pm

FILM It's subtitled, but this is ace! It follows the friendship between Oskar, a bullied 12-year-old boy, and Eli, a girl of a similar age who turns out to be a 200-year-old vampire! ★★★★★

LLITE AND CABLE TV TONIGHT

Night Stand **12.30am** South Park **2.30** Two and a Half Men **3.30** Scrubs **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Top Gear **8.00** Walking with Dinosaurs **9.00** Doctor Who **9.45** Doctor Who Confidential **10.00** EastEnders **10.30** Blood, Sweat and Luxuries: *The volunteers mine for gold.* **11.30** Family Guy **12.15am** Russell Howard's Good News **12.45** How Not to Live Your Life **1.15** La La Land **1.40** Bizarre ER **2.40** Blood, Sweat and Luxuries **3.40** Russell Howard's Good News **4.10** How Not to Live Your Life **4.40-5.10am** Bizarre ER

E4 (136)

7.00pm Hollyoaks **7.30** My Name Is Earl **7.55** Friends **9.00** Supernanny **10.00** Superize vs Superskinny **11.10** Wife Swap **12.10am** My Name Is Earl **12.40** Scrubs **1.35** Supernanny **2.30** Superize

vs Superskinny **3.25** Wife Swap **4.20** Everwood **5.00-6.00am** Switched

DAVE (111)

7.00pm Fifth Gear **8.00** Top Gear **9.00** Mock the Week: *With Michael McIntyre and Lauren Lavene.* **9.40** Star Stories **10.10** QI **10.50** Bottom **11.30** Mock the Week **12.10am** Star Stories **12.40** Rob Brydon's Annually Retentive **1.20** Game On **2.00-3.00am** Absolute Power

MTV ONE (350)

7.00pm Girls Aloud: Official UK Top 20 **9.00** Jersey Shore **11.00** iTunes Festival 2009: Mr Hudson **12.00m't** World Stage **1.00am** South Park: *Double-bill.* **3.00** Jersey Shore **4.00** Pimp My Ride **5.00-6.00am** Hogan Knows Best

VIRGIN 1 (121)

7.00pm Star Trek: Voyager: *B'Elanna falls pregnant.* **8.00** Warehouse **13** **9.00** Star

Trek: Enterprise **10.00** Supernatural **11.00** Sexarama **11.30** Eurotrash: The Sexy Bits **12.00m't** Roulette Nation **3.00am** Street Crime UK **Uncut 4.00-5.00am** Star Trek: The Next Generation

SYFY (129)

7.00pm Smallville **8.00** Sanctuary **9.00** Human Target **10.00** V (2010) **11.00** **FILM** Snakes on a Train: *Horror thriller starring Julia Ruiz and Alby Castro.* **12.50am** **FILM** Trial by Fire: *Fire-fighting action drama starring Brooke Burns and Erin Karpluk.* **3.00** Painkiller Jane **4.00-6.00am** **FILM** Ground Zero: *Drama with Tracy Nelson and Charles Shaughnessy.*

FX (164)

7.00pm NCIS **10.00** **MUST-SEE** True Blood: *The last in the series of the brilliant vampire drama.* **11.10** **MUST-SEE** Let The Right One In: *Amazing Swedish vampire thriller. Get on it!* **1.20am** Brotherhood **1.50** NCIS



WWW.ANIGHTMAREONELMSTREET.CO.UK
JOIN UP AT FACEBOOK.COM/DONTFALLASLEEP

6am

7pm

1am



6.00am Breakfast **10.00** Saturday Kitchen **11.30** Great British Menu (R) **12.00noon** BBC News, Regional News, Weather **12.10pm** **LIVE** Formula 1: The Monaco Grand Prix - Qualifying: *From the Circuit de Monaco.* **2.35** Murder, She Wrote (R) **3.20** Weakest Link (R) **4.05** Junior Apprentice (R) **5.05** BBC News, Regional News, Weather **5.25** All New Total Wipeout: The Final **6.25** Doctor Who



6.00am CBeebies **7.00** CBBC **12.00noon** BBC Switch: Degraasi: The Next Generation **12.25pm** The Cut **12.50** No Hats, No Trainers **1.15** The 5:19 Show **1.30** Off the Hook (R) **2.00** Revealed **2.15** **FILM** The Man from Laramie: *Western starring James Stewart.* **3.55** Flog It! (R) **4.25** Escape to the Country (R) **5.10** Usain Bolt: The Fastest Man Who Has Ever Lived **6.10** BBC Young Musician 2010



5.30am ITV News **6.00** GMTV **9.25** The Crocodile Hunter Diaries (R) **10.25** The Lakes (R) **10.55** Monk **11.50** News, Weather **12.10** This Morning: Saturday **1.10** **MUST-SEE** FA Cup Final: *Cancel all plans! It's Chelsea vs Portsmouth at Wembley, kick-off 3pm.* **5.30** Regional News, Weather **5.45** ITV News **6.00** You've Been Framed! Funniest 100 (R)



6.00am The Treacle People (R) **6.10** The Hoobs (R) **6.35** **SPORT** Triathlon ITU World Championship Series: *The latest highlights.* (R) **7.30** **SPORT** World Sport: Magazine series. **8.00** **SPORT** The Morning Line: *Preview of today's race meetings.* **8.55** T4: Friends (R) **10.00** 90210 **10.55** Lady Gaga: Real Stories **11.55** Frock Me (R) **12.30pm** Koko Pop **1.00** Smallville **1.55** **LIVE** Channel 4 Racing from Newbury and Newmarket **3.55** Come Dine with Me (R) **6.30** News



6.00am Sunrise **7.00** Milkshake! **10.00** The Gadget Show (R) **11.00** Britain's Greatest Machines with Chris Barrie (R) **12.00noon** Justin Lee Collins: Good Times (R) **1.00pm** Penguin Adventure with Nigel Marven (R) **1.50** Talking to Heaven (R) **5.05** **FILM** Blue Thunder: *Action thriller starring Roy Scheider.*

7.10 Over the Rainbow
More glass-shattering courtesy of the high-pitched warbling wannabes.

8.10 The National Lottery: In It to Win It 2012
Quiz show in which five contestants answer questions to scoop a big prize. Oh, just get on with the draw, will you?

9.00 Casualty
More bedridden rubbish.

9.50 Live at the Apollo
With Rob Brydon and Sarah Millican. (R)

10.35 BBC News, Weather

10.55 The Heartbreak Kid
FILM Comedy starring Ben Stiller and Michelle Monaghan.

12.45am Friday Night with Jonathan Ross
With Nick Frost. (R)

7.30 Dad's Army (R)

8.00 The Boats That Built Britain
NEW The role of ships in Britain's development. Zzzzz.

8.30 The Boats That Built Britain
The story of the HMS Pickle, as told by Tom Cunliffe, who knows his onions. Sorry!

9.00 Have I Got a Bit More News for You
With FA Cup-eared host Martin Clunes.

9.45 I'm in a Rock 'n' Roll Band!
MUST-SEE The focus turns to drummers.

10.45 Frank Skinner's Opinionated (R)

11.15 More Guitar Heroes at the BBC
NEW With Jimi Hendrix, Pete Townshend and Peter Green.

12.15am The Breakfast Club
FILM Classic '80s comedy starring Anthony Michael Hall.

7.00 The Whole 19 Yards
Game show hosted by Vernon Kay.

8.00 Britain's Got Talent
Simon Cowell rolls his eyes as more loons take to the stage to do random stuff.

9.00 The Prisoner
Six encounters a double seemingly intent on killing Two, but the sinister leader of the village himself adopts an alter ego - who is the opposite of his king-like real self. We're not sure what any of that means, but we are sure our heads hurt.

10.00 ITV News, Weather

10.15 FA Cup Highlights
SPORT The final between Chelsea and Pompey from earlier.

11.20 Red Rock West
FILM Odd thriller starring Nicolas Cage and Lara Flynn Boyle.

7.00 Blitz Street
A look at the V2 rocket. (R)

8.00 Time Team Special: Buried by the Blitz
The team dig around a site devastated by the London Blitz. (R)

9.00 Die Hard
FILM Quite simply one of the best actioners of all time. Switch your brain off for the rest of the evening, put your feet up and enjoy!

11.35 Saturday Night Fever
FILM Seventies dance drama starring John Travolta.

7.00 Five News

7.05 NCIS
FBI agents try to seize control of an investigation. (R)

8.05 CSI: Crime Scene Investigation
Grissom's loss of hearing prompts him to make a major decision. Hmm, what could that be? A new pair of glasses maybe? (R)

9.00 CSI: NY
A prisoner requests Hawkes's presence at his execution, and makes a confession that shocks the forensic scientist.

10.00 Law & Order
A journalist is found dead in his bath.

11.00 CSI: Crime Scene Investigation
Sara's personal life is affected by her investigation into a fatal car crash. (R)

11.55 Cops in Crisis
More stressed-out bobbies.

12.10am SuperCasino
Live interactive gaming.

1.50-6.00am BBC News

1.50-3.25am **FILM** Scanners: *Sci-fi thriller with Stephen Lack and Patrick McGoochan.*

1.10am **FILM** The Calcium Kid: *Spoof documentary starring Orlando Bloom.* **2.40-5.00am** **MUST-SEE** Big Fight: *Amir Khan vs Paulie Malignaggi in New York.*

1.50am Lucky Escape: *Short film.* **1.55** What About Brian (R) **3.30** Beauty and the Geek **5.00** Glamour Puds (R) **5.25-6.10am** Countdown (R)

4.05 House Doctor (R) **4.55** The Family Recipe **5.00** Hana's Helpline (R) **5.10** The Milkshake! Show **5.35** Thomas & Friends **5.45-6.00am** Roary the Racing Car

REGIONAL VARIATIONS

BBC1 SCOTLAND: **10.55pm** **SPORT** SportsScene **11.45** **FILM** The Heartbreak Kid **1.35am** Friday Night with Jonathan Ross **2.40-6.00am** BBC News
BBC1 NORTHERN IRELAND: **10.55pm** Joey Dunlop Remembered **11.35** Friday Night with Jonathan

Ross **12.35-6.00** BBC News **BBC2 WALES:** **7.30pm** The Genius of Design **8.30** Mastermind **STV:** **10.15pm** **FILM** Red Heat **12.10am** Roulette Nation **1.00** Touching Evil **ULSTER:** **11.20pm** All Star Family Fortunes **12.00m't-2.40am** Brain Box

TODAY'S SPORT



6.00am Aerobics **6.30** Premier League World **7.00** Champions League Weekly (HD) **7.30** Football League (HD) **8.30** Champions League Weekly (HD) **9.00** Soccer AM **12.00noon** **LIVE** Football: A League One play-off semi-final first-leg encounter, kick-off 12.15pm. *Could be good!* (HD) **2.30pm** **LIVE** Football: The Scottish Cup final between Dundee United and Ross County, kick-off 3pm. (HD) **5.30** **LIVE** Football: A League Two play-off semi-final first leg, kick-off 6pm. (HD) **8.00** **MUST-SEE** Boxing: *Michael Katsidis vs Kevin Mitchell at Upton Park.* (HD) **11.00** Football (HD) **12.00m't** Football (HD) **1.30am** Spanish Football (HD) **3.00** Football (HD) **4.00** Football (HD) **5.30-6.00am** Champions League Weekly (HD)



6.00am Transworld Sport **7.00** Rugby League (HD) **8.30** **LIVE** Rugby Union: Crusaders vs Brumbies, kick-off 8.35am. **10.30** **LIVE** Rugby Union: Waratahs vs Hurricanes, kick-off 10.40am. **12.30pm** **LIVE** Golf: The Open Cala Millor Mallorca in Son Servera. (HD) **4.30** IEX Magazine **5.00** NFL: Total Access **6.00** **LIVE** Rugby League: Salford City Reds vs St Helens, kick-off 6pm. (HD) **8.00** **LIVE** Golf: The third round of the Texas Open at the TPC San Antonio. (HD) **11.00** Golf: *Action from the Open Cala Millor Mallorca in Son Servera.* (HD) **12.30am** Champions League Weekly: *A look ahead to the final in Madrid.* (HD) **1.00** Golf (HD) **4.00** Golf (HD) **5.30-6.00am** Premier League World

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
7.05pm Big Momma's House 2: *Comedy sequel starring Martin Lawrence.* **9.00** Dodgeball: *A True Underdog Story: Comedy starring Vince Vaughn.* **10.50** Battle Royale II: *Requiem: Japanese sci-fi sequel.* **1.30-3.15am** Lake Tahoe: *Drama.*

COMEDY CENTRAL (126)
6.00pm **FILM** Spaceballs: *Mel Brooks sci-fi spoof.* **8.00** Two and a Half Men **10.00** Lee Evans Live at Her Majesty's Theatre: *The comedian performs in London.* **11.20** Dirty Sexy Funny: *Olivia Lee. Hidden camera show.* **11.50** One Night Stand

ESPN **5.15pm** Australian Rules Football **7.45** NBA Fastbreak: *Basketball.* **8.15** ICC Cricket World **8.45** French Top 14 Rugby Union **12.00m't-6.00am** Major League Baseball: *New York Yankees vs Minnesota Twins.*

12.25am Jack Dee Live at the Apollo: *A top gig in London.* **2.05** Dirty Sexy Funny: *Olivia Lee* **2.35** South Park **3.35** Scrubs **4.00** Shortcuts Shuffle **4.10** Sir Leslie Quint: *A Life in Film* **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)
7.00pm Great Movie Mistakes **7.10** Doctor Who Confidential **7.55** Top Gear **9.00** **FILM** Flightplan: *Thriller.* **10.30** Russell Howard's Good News Extra **11.15** Family Guy **12.00m't** Coming of Age **3.55am** Russell Howard's Good News Extra **4.40-5.10am** Coming of Age

E4 (136)
6.55pm The Big Bang Theory **7.25** How I Met Your Mother **7.55** Friends **9.00** **FILM** Lake Top Gun: *Action drama.* **11.10** **FILM** Lake Pullman and Bridget Fonda. **12.45am** Wife Swap USA **3.30-6.00am** Hollyoaks

DAVE (111)
7.00pm Genius **7.40** Have I Got News for You **8.20** I'm Alan Partridge: *Alan faces bankruptcy.* **9.00** Would I Lie to You?: *With Carol Vorderman, Larry Lamb, Jo Brand and Russell Howard.* **1.40am** Jeremy Clarkson Meets the Neighbours **2.15** Rob Brydon's Annually Retentive **2.45-3.00am** Radical Highs

MTV ONE (350)
6.30pm Teen Mom **9.00** The Official UK Top 20 **11.00** World Stage **12.00m't** iTunes Festival 2009: *Paolo Nutini* **1.00am** Dizzee Rascal: *MTV.co.uk Session* **2.00** Jay Z: *The Official Top 20* **4.00-6.00am** The Official Urban Top 20

VIRGIN 1 (121)
7.00pm Most Shocking **8.00** Street Crime UK **9.00** **FILM** AntiTrust: *Hi-tech thriller starring Ryan Phillippe and Tim Robbins.* **11.10** Sexcetera **12.00m't**

sky1

6.00am Brainiac: Science Abuse (R)(HD)
7.00 Malcolm in the Middle: Double bill. (R)
8.00 Oops TV (R) **9.00** **SPORT** Soccer AM: Football magazine show. **12.00noon** Futurama (R) **12.30pm** Glenn Martin, DDS (R)(HD) **1.00** Fat Families (R)(HD) **2.00** Oops TV (R) **2.30** Pineapple Dance Studios (R)(HD) **4.00** **SPORT** WWE: Smackdown: The latest action. (R)
6.00 The Simpsons: Double bill. (R)(HD)

7.00 Futurama

Bender flushes Nibbler down the loo. (R)

7.30 Futurama

Zapp Brannigan joins the team. (R)

8.00 Lie to Me

Lightman interrogates an apparent traitor who joined the Taliban. (R)(HD)

9.00 Chris Ryan's Strike Back

Porter breaks a would-be assassin out of the slammer. (R)(HD)

10.00 Chris Ryan's Strike Back

Porter and Masuku prepare to fight Colonel Tshuma. (R)(HD)

11.00 Dude, Where's My Car?

FILM Two friends wake up and set about trying to remember what happened to them the night before. That was us this morning! (HD)

12.40am Fringe

A musical edition. (R)(HD)

1.40 A League of Their Own 2.10 **SPORT**

Football's Next Star **3.10** Inside **4.10** American Gladiators **5.10-6.00am** Are You Smarter Than a 10 Year Old?

Roulette Nation: Gambling. **3.00am** Booze Britain: Binge Nation **3.30** Booze Britain **4.00-5.00am** Takeshi's Castle

SYFY (129)

7.00pm Knight Rider: Mike goes undercover in a drag-racing gang. **8.00** **FILM** The Grudge 3: Supernatural thriller sequel starring Shawnee Smith. **10.50** **FILM** Hydra: Horror starring Alex McArthur and Polly Shannon. **12.40am** **FILM** Flu Birds: Horror film starring Sarah Butler and Clare Carey. **2.30** 3rd Rock from the Sun **3.00-6.00am** Angel

FX (164)

3.00pm Babylon 5 **8.00** American Dad! **9.00** Family Guy: Back-to-back episodes of the comedy. **11.30** American Dad! **12.00m't** The Border **1.00am** Brotherhood **1.30** Eastbound and Down **2.05** Penn and Teller: Bullsh*t! **2.40** Testees **3.40-4.40am** Charlie Jade

TODAY'S MUST-SEES



"Hold me, I'm floating away!"

THE FINAL!

Live FA Cup Final

ITV1, 1.10pm

SPORT The domestic season is rounded off nicely with the Wembley showpiece between Chelsea and Portsmouth, as a bunch of multi-millionaires face a club heading for the Championship and almost entirely broke – we know who we'll be cheering on! For the football romantics, there'd be nothing better than seeing Portsmouth end their nightmare season by upsetting the odds and putting one over on Chelsea. It probably won't happen, though! ★★★★★



"Don't worry, I'll hit myself!"

Live Boxing

Sky Sports 1/HD, 8pm

SPORT Kevin Mitchell's one of the UK's best boxers and here he fights for the WBO Lightweight belt against Michael Katsidis at Upton Park. Before that, Brits James DeGale and Sam Horton square up on the undercard. Great! ★★★★★



"I'd like to speak to whoever sold me this belt!"

I'm In A Rock 'N' Roll Band

BBC2, 9.45pm

DOCU Much like a goalie is generally the loose cannon of a football team, the drummer can be relied upon to be the loopy one of any band. Tonight's edition looks at the skin-bashers. ★★★★★



"Come here, you silly sausage!"

Live Boxing

ITV1, 2.40am

SPORT WBA World Light welterweight champ Amir Khan puts his belt on the line against Paulie Malignaggi in the US man's home town of New York. So, get stocked up on the bagels and cawfees (or pizzas and beers) and enjoy! ★★★★★



Join 1000s of other fans on our official page.

facebook.com/nuts.magazine

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.00** The Andrew Marr Show **10.00** The Big Questions **11.00** The Politics Show **12.10pm** **MUSTSEE** Formula 1: Monaco Grand Prix: From the Circuit de Monaco in Monte Carlo, start-time 1pm. **3.25** EastEnders **4.55** Points of View **5.10** Songs of Praise **5.45** BBC News, Regional News, Weather **6.10** **NEW** Halcyon River Diaries: Critters living by a river.

7.10 Countryfile

8.10 Over The Rainbow
Stage school brats warble and pout for an audience of grans, kids and mums. And, obviously, your missus.

9.00 Modern Masters

Alastair Sooke travels to Spain, France and America to explore the influence of Pablo Picasso on art and design. The big swot.

10.00 BBC News, Weather

10.25 War Of The Worlds

FILM Ace sci-fi adventure thriller starring Tom Cruise. When an extraterrestrial army launches a devastating attack on Earth, a divorced dockworker strives to protect his teenage son and ten-year-old daughter.

12.20am Sign Zone: Great Ormond Street

Dull documentary.

1.20 Holby City (R) **2.20** Richard Hammond's Invisible Worlds: Ace docu. (R) **3.20-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **10.00** **LIVE** Athletics: The Great Manchester Run. **11.30** Animal Park (R) **12.30pm** **FILM** The Prince and the Showgirl: Romantic comedy. **2.25** Flog It! (R) **2.55** EastEnders (R) **3.25** Escape to the Country (R) **4.25** **LIVE** Athletics: Footage of the stragglers finally getting over the line in the Great Manchester Run. **6.00** BBC Young Musician of the Year 2010: Classical guff.

8.00 Coast

The team visits the Cornish town of St Ives, because they're pretty crazy like that. (R)

8.10 Richard Hammond's Engineering Connections

The Hamster takes a stroll along the roof of Sydney Opera House. Don't look down!

9.00 Worried About The Boy

Drama charting Boy George's rise from misfit suburban teenager to international pop star in the '80s, with Douglas Booth.

10.30 Girls and Boys: Sex And British Pop

Music from the '80s - and the chance of some naughty ladies, too! (R)

11.30 Heaven 17: Live In Concert

More blips and bleeps, '80s-style.

12.30am Young Guns Go For It

The story of '80s pop duo Soft Cell. (R)

1.10 **FILM** She's Having a Baby: Comedy starring Kevin Bacon and Elizabeth McGovern. And, yes, this film is from the '80s. **2.55-3.20am** BBC News

itv 1

5.00am ITV Nightscreen **5.30** ITV News **6.00** GMTV **9.25** **SPORT** FA Cup Highlights: Chelsea vs Portsmouth. (R) **10.30** **SPORT** The Big Fight: Highlights of Amir Kahn's fight against Paulie Malignaggi in New York. (R) **11.30** News, Weather **11.40** This Morning: Sunday **12.40pm** Coronation Street **3.00** Britain's Got Talent (R) **4.00** **FILM** Baby Boom: Comedy starring Diane Keaton. **6.05** Goodbye Blanche (R) **6.35** Regional News, Weather **6.45** ITV News

7.00 The Seasons With Alan Titchmarsh

The broadcaster explores the effect of summer on the nation's landscape. One word - arid. A bit like ITV1 so far tonight.

8.00 Lewis

Someone's murdered on the first night of a quiz weekend. We bet it was because of someone cheating on their mobile.

10.00 ITV News, Weather

10.15 The South Bank Show Revisited

With Kiwi warbler Kiri Te Kanawa.

11.15 Robbie Coltrane: B-Road Britain

The Stilton cheese-rolling tournament. As entertainment goes, it's hardly a session on the Xbox, is it? (R)

12.15am Premiership Rugby Union

SPORT Highlights from the semi-finals, as the teams contest places in the Grand Final at Twickenham.

1.10 Champions League Weekly **1.40** Motorsport UK **2.30** Nightwatch with Steve Scott: Crime **3.20** Coastal Kitchen **3.45-5.30am** Nightscreen

4

6.10am The Hoobs (R) **7.00** **SPORT** The Grid **7.30** **SPORT** British GT Championship **7.55** **SPORT** Superbike World Champ. (R) **8.25** **SPORT** Freesports on 4 **8.55** T4: The Hills (R) **9.50** Friends (R) **10.25** Hollyoaks **12.55pm** Running in Heels **1.25** Frock Me **2.00** Glee (R) **2.55** Friends (R) **3.30** Russell Brand and Infant Sorrow: Video Exclusive **3.35** The Simpsons (R) **4.40** Deal or No Deal: Cops and Robbers **5.30** Time Team **6.30** News

7.00 The Landscape Man

Transforming an overgrown garden in Sussex. Just concrete it!

8.00 Come Dine with Me

"Call this a soufflé? Pah!"

9.00 The Restoration Man

George Clarke visits two buildings, then bores our pants off about them.

10.00 Music on 4: 50 Greatest Pop Videos

Kimberley Walsh counts down the most popular music vids, with contributions by Alexandra Burke and Fatboy Slim.

12.20am Barsaat Ki Raat

FILM Indian musical romance that we're not going to watch.

3.00 Animate TV (R) **3.45** Emily's Song **4.00** Glamour Puds (R) **4.25** Win My Wage (R) **5.10-5.55am** Countdown (R)

FIVE

6.00am Sunrise **7.00** Milkshake! **10.00** Shake! **11.10** Zoo Days (R) **11.20** Cowboy Builders (R) **12.25pm** **FILM** Rebel Without a Cause: Classic youth drama starring James Dean. **2.30** **FILM** Big Jim McLain: Action drama starring John Wayne. **4.15** **FILM** Hook: Steven Spielberg's fantasy adventure. **6.50** Five News **6.55** **FILM** Young Guns II: Western sequel starring Emilio Estevez and Christian Slater.

9.00 3.10 To Yuma

PREMIERE A debt-stricken rancher volunteers to escort a notorious outlaw to justice. Excellent Western remake starring Russell Crowe and Christian Bale.

11.25 Justin Lee Collins: Good Times

The comedian meets wonky-chinned fashion guru Gok Wan, and *Most Haunted* presenter Yvette Fielding. Safe to say it's not one of the better line-ups. (R)

12.25am Crime Scene Academy

A forensic training school. (R)

12.55 SuperCasino

Live interactive gambling for bored security guards in Portakabins and people who can't sleep.

4.05 House Doctor **4.55** The Family Recipe **5.00** Hana's Helpline **5.10** The Milkshake! Show **5.35** Thomas & Friends **5.45-6.00am** Roary the Racing Car

REGIONAL VARIATIONS

BBC1 SCOTLAND: **6.10pm** All New Total Wipeout: The Final **9.00** **NEW** Modern Masters **BBC1 NORTHERN IRELAND:** **10.25pm** **SPORT** North West 200 Highlights **11.25** The Politics Show **11.45** **FILM** Just Friends **BBC1 WALES:** **9.00pm** **NEW** Wild Wales

10.25 **NEW** Modern Masters **11.25** **FILM** War Of The Worlds **STV:** **10.15pm** **FILM** Eight Legged Freaks **12.05am** Roulette Nation **1.35** Desert Island Chefs **2.00-5.30am** The Nightshift

TODAY'S SPORT

sky SPORTS 1

6.00am Aerobics **6.30** Premier League World **7.00** Football: The Scottish Cup final between Dundee United and Ross at Hampden Park. That's Ross County, by the way, not just some bloke called Ross. (HD) **8.00** Football (HD) **9.30** The Sunday Supplement **11.00** Goals on Sunday **1.00pm** **LIVE** Football: A League Two play-off semi-final, kick-off 1.30pm. (HD) **3.30** Champions League Weekly (HD) **4.00** **LIVE** Cricket: The World Twenty20 final at the Kensington Oval in Barbados. We hope England have made it this far, but we're not getting our hopes up. **8.30** **LIVE** Cricket: The final of the women's World Twenty20 competition. **12.00m't** Spanish Football (HD) **2.00am** Football (HD) **3.30** Spanish Football (HD) **5.30-6.00am** Wild Spirits

sky SPORTS 2

6.00am Rugby League (HD) **7.30** Spanish Football (HD) **9.00** Wild Spirits **9.30** Boxing (HD) **11.30** Racing News **12.00noon** IEX Magazine **12.30pm** **LIVE** Golf: Coverage from the Open Cala Millor Mallorca. (HD) **4.30** **LIVE** Football: The Blue Square Premier play-off final between Oxford and York at Wembley, kick-off 5pm. (HD) **7.30** This Week in WWE (HD) **8.00** **LIVE** Spanish Football (HD) **10.00** Football (HD) **11.30** Football: Oxford vs York at Wembley from earlier on. (HD) **12.00m't** Rugby Union (HD) **1.30am** Tennis **3.00** Motorsport **4.00** Football (HD) **4.30-6.00am** Rugby Union

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

7.00pm The Family Stone: Comedy drama starring Claire Danes. **9.00** Allie: Comedy drama starring Jude Law. **11.05** The Edukators: German comedy drama starring Daniel Brühl. **1.40-3.35am** Raising Victor Vargas: Urban drama starring Victor Rasuk and Judy Marte.

COMEDY CENTRAL (126)

5.30pm Two and a Half Men **9.00** **FILM** Scary Movie 3: Horror spoof sequel starring Anna Faris and Charlie Sheen. **10.40** Lee Evans Live at Her Majesty's Theatre: The comedian performs in

ESPN **7.00pm** Australian Rules Football: Port Adelaide vs Carlton. **9.30** Serie A Football **11.15** 30 for 30 **12.15am** NHL Ice Hockey **2.15** MMA Live **2.45** The Ultimate Fighter **3.45-5.25am** Superleague Formula

London. **12.00m't** 30 Rock: Brilliant comedy. Liz prepares to film a talk show based on her book. **1.00am** South Park **2.00** Dirty Sexy Funny: Olivia Lee **2.30** Samantha Who? **3.00** Two and a Half Men **3.55** Scrubs **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)

7.00pm **SPORT** Formula 1: The Monaco Grand Prix Highlights: All the best action from Monte Carlo. **8.00** Doctor Who: Five years in the future, Amy faces a heart-breaking choice. **8.45** Doctor Who Confidential **9.00** Wags, Kids and World Cup Dreams **10.00** **MUSTSEE** Family Guy **10.45** La La Land **11.10** Bizarre ER **12.10am** Wags, Kids and World Cup Dreams **1.10** Autistic Superstars **2.10** Russell Howard's Good News Extra **2.55** **SPORT** Formula 1: The Monaco Grand Prix Highlights **3.50** Bizarre ER **4.20-5.20am** Blood, Sweat and Luxuries

E4 (136)

6.30pm Scrubs **7.30** Friends **9.00** Desperate Housewives **11.00** Samantha Who? **11.55** Wife Swap USA **2.40am** Samantha Who? **3.25-6.00am** Hollyoaks

DAVE (111)

7.00pm James May's 20th Century **7.40** Jeremy Clarkson Meets the Neighbours: Jeremy arrives in south-west France to discover more about the Basques. **8.20** Turn Back Time **9.00** Billy Connolly's World Tour of Scotland **1.00am** Game On **1.40** Turn Back Time **2.15-3.00am** And Then You Die

MTV ONE (350)

7.00pm The Secret Life of the American Teenager **8.00** 16 and Pregnant **9.00** Jersey Shore **10.00** Blue Mountain State **10.30** The Osbournes **11.30** Jersey Shore **1.30am** Blue Mountain State **3.00-6.00am** Teen Cris

sky1

6.00am Hour of Power **7.00** Malcolm in the Middle (R)(HD) **8.00** Pineapple Dance Studios (R)(HD) **9.30** Ooops TV (R) **10.00** **SPORT** WWE Superstars (R)(HD) **11.00** **SPORT** WWE: Experience (R) **12.00noon** Futurama (R) **12.30pm** Futurama (R) **1.00** Fat Families (R)(HD) **2.00** Body Language Secrets (R)(HD) **3.00** 35MM (R) **3.30** Modern Family (R)(HD) **4.00** Modern Family (R)(HD) **4.30** Futurama (R) **5.00** Modern Family (R)(HD) **5.30** The Simpsons (R)(HD) **6.00** Pineapple Dance Studios: Unseen (HD)

7.00 The Simpsons
Homer wins the lottery. (R)(HD)

7.30 The Simpsons
Classic movie monsters gatecrash a Halloween party. (R)(HD)

8.00 Wayne Rooney's Street Striker

SPORT Wazza holds the first set of trials in the tournament, as the teenagers compete to win tickets to the World Cup final. (R)(HD)

9.00 24
MUST-SEE Jack becomes increasingly ruthless in his hunt for Renee's killers. (HD)

10.00 House
The medic discusses his latest case with his therapist. (HD)

11.00 Bones
The investigators become embroiled in the world of witchcraft. (R)(HD)

12.00m't A League Of Their Own (R)(HD)

12.30am Glenn Martin, DDS
The dentist revamps his RV. (R)(HD)

1.00 Glenn Martin, DDS **1.30** Football's Next Star **2.30** Road Wars **3.25** Inside: The Border War **4.20** Gladiators **5.10-6.00am** Are You Smarter Than a 10 Year Old?

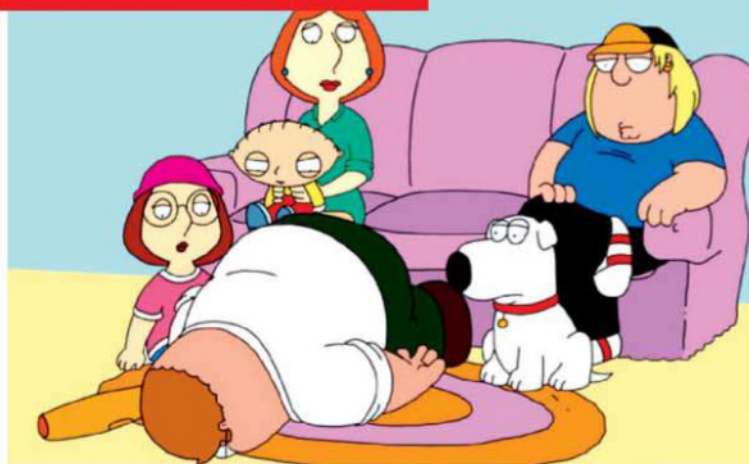
VIRGIN 1 (121)
7.00pm Home Video Heroes **8.00** Duncan Bannatyne's Seaside Rescue **9.00** Big Trouble in Thailand **10.00** Most Shocking **11.00** Sexcetera **12.00m't** Roulette Nation **3.00am** Booze Britain **4.00-5.00am** Takeshi's Castle

SYFY (129)
7.00pm Sanctuary **8.00** Human Target **9.00** **FILM** Tremors 2: Aftershocks: Comedy horror sequel starring Fred Ward. **11.00** **FILM** Lost City Raiders: Sci-fi adventure. **1.00am** **FILM** My Name Is Bruce: Horror comedy. **3.00** Mysterious Ways **4.00-6.00am** Angel

FX (164)
6.00pm Burn Notice: Spy drama. **8.00** NCIS **10.00** True Blood **11.10** **FILM** Let The Right One In: Excellent Swedish vampire thriller. **1.20am** Family Guy **2.20** Dexter **3.30-4.35am** Brotherhood

TODAY'S MUST-SEES

TOP LAUGHS!



"Well, it's definitely not my turn to pick him up"

Family Guy

BBC3, 10pm

COMEDY

A double bill of possibly the greatest show ever! First, two spies (Dan Aykroyd and Chevy Chase) move into Cleveland's old gaff, and soon they've drawn up files on everyone in Quahog, prompting Stewie and Brian to follow them to Russia. In the second episode, Brian starts dating a middle-aged woman, but she breaks her hip while they're getting frisky, forcing him to become her unofficial errand boy – and prompting them to re-evaluate their relationship. ★★★★★



"Tax on red caps has gone down?"

F1: Monaco Grand Prix

BBC1, 12.10pm

SPORT

The twisty streets of Monte Carlo stand between Jenson Button and continuing his decent start to the season. It's tricky to overtake here, so our advice is to start on pole. Easy! ★★★★★



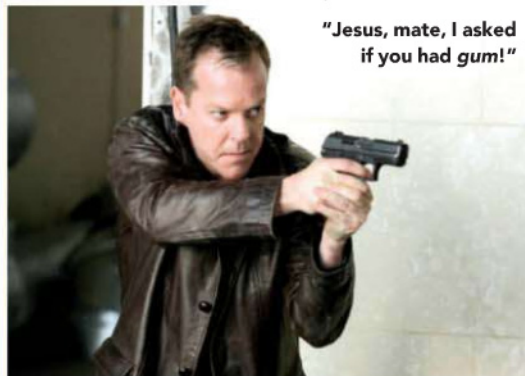
"99. 100. 101! Right, let's make ourselves another sequel!"

Storm Worlds

National Geo, 8pm

DOCU

Did you know that a massive solar storm hit the earth in 1859 and wiped out communications around the globe? Of course you didn't, it was ages ago! But it happened, and it could happen again, as this explains. Yikes! ★★★★★



"Jesus, mate, I asked if you had gum!"

24 Sky1/HD, 9pm

DRAMA

He may have started the day as the world's youngest grandpa, but Jack's now thirsting for revenge after the death of Renee. Meanwhile, the peace agreement is on the rocks – again! Can't they just sign the bloody thing? ★★★★★

Nuts PROMOTION

Nuts Girl Shop!

NEW ONLINE STORE

GET GIRLS ON MUGS, MAGNETS AND MORE!

WWW.NUTSGIRLSHOP.CO.UK

6am

7pm

1am



6.00am Breakfast **9.15** Hospital Heroes
10.00 Put Your Money Where Your Mouth Is **11.00** Best of Homes Under the Hammer **11.30** Cash in the Attic **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather



6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.05** The Flintstones (R) **11.30** Castle in the Country (R) **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** Car Booty (R) **1.30** Ready Steady Cook (R) **2.15** Animal 24:7 (R) **3.00** Diagnosis Murder (R) **3.45** Flog It! **4.30** A Question of Genius **5.15** The Hairy Bikers' Food Tour of Britain (R) **6.00** Eggheads **6.30** Great British Menu



5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover **3.00** **NEW** The David Dickinson Show: *Daily chat and topical debate.* **4.00** Daily Cooks Challenge **5.00** Divided (R) **6.00** Regional News, Weather **6.30** ITV News



5.55am The Hoobs (R) **6.45** Freshly Squeezed **7.10** Everybody Loves Raymond (R) **8.05** Frasier (R) **8.30** Will & Grace (R) **9.25** Supernanny USA (R) **10.20** Deal or No Deal: Cops and Robbers (R) **11.05** Wife Swap USA (R) **12.00noon** Channel 4 News Summary **12.05pm** A Brief History of Fun (R) **12.20** Relocation, Relocation (R) **1.25** **FILM** Across The Wide Missouri: *Western starring Clark Gable.* **2.55** Coach Trip (R) **3.25** Countdown **4.10** Deal or No Deal **5.00** Iron Chef UK **6.00** The Simpsons (R) **6.30** Hollyoaks



6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Paul Merton in India (R) **1.45** Neighbours **2.15** Home and Away **2.50** Extraordinary Animals (R) **3.20** **FILM** The Pledge: *Western starring Luke Perry.* **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show
7.30 A History Of The World
...in half an hour? That's a tall order you've got yourselves there, BBC!
8.00 EastEnders
8.30 Panorama
Christina Schmid examines the work of bomb-disposal experts in Afghanistan.
9.00 High Street Dreams
Jo Malone and Nick Leslau help two sets of business partners desperate to flog their children's nutrition products.
10.00 BBC News, Weather
10.35 The Graham Norton Show
Guests include wrong-faced composer Andrew Lloyd Webber.
11.20 Welcome To Collinwood
FILM Crime comedy starring William H Macy.
12.50am Sign Zone: Great British Menu

7.00 Coast
Water-based witterings. (R)
8.00 Springwatch Signs Of Change With Chris Packham
How changes in nature suggest that climate change may already be happening. We're all doomed!
9.00 Royal Wedding
Dull drama starring Jodie Whittaker.
10.20 Coast
Sensible docu from the Isles of Scilly. (R)
10.30 Newsnight
11.20 Heaven 17: The Story Of Penthouse And Pavement
The formation of the pop band and the release of their first album.
12.20-3.20am BBC News

7.00 Emmerdale
Eve decides to make her move on John by eating her own weight in horse-feed.
7.30 Coronation Street
8.00 Countrywise
Haystacks, ye-olde-worlde pubs, shops that shut really early. You get the idea.
8.30 Coronation Street
9.00 Wormwood Scrubs
Life behind bars.
10.00 ITV News, Weather
10.35 Magnum Force
FILM Thriller sequel to *Dirty Harry*, starring Clint Eastwood and David Soul. Inspector Harry Callahan investigates a wave of underworld killings in San Francisco. Great stuff!
12.55am Nightwatch With Steve Scott: Crime
Docu following cops around. (R)

7.00 News
8.00 Trafalgar Battle Surgeon
Historical dullness. (R)
9.00 Nelson's Hospital: A Time Team Special
Follow archaeologists as they take shovels to the cemetery beside Nelson's Hospital.
10.00 Derren Brown Investigates: The Man With X-Ray Eyes
MUST-SEE Derren travels to Holland to investigate the work of a man who believes he can teach blind people to see. Yeah, right.
11.05 Resident Evil
FILM A commando team battle a supercomputer and an army of undead zombies when they try to stop a viral outbreak. Play the game instead!

7.30 Top Trumps: Helicopters
The A109 multi-role chopper versus the AH-64 Apache. (R)
8.00 The Gadget Show
Jon Bentley tests sunglasses. Good luck with that incredibly tough task, Jon.
9.00 FlashForward
Worldwide tensions increase on the day before the prophesied date.
10.00 Justin Lee Collins: Good Times
MUST-SEE R'n'B star Rihanna and actor Mathew Horne join the comedian on the sofa.
11.00 Down And Out In Beverly Hills
FILM A tramp foists himself on a neurotic Beverly Hills family.

1.20 Jimmy's Global Harvest (R) **2.20** Luther (R) **3.20-6.00am** BBC News

1.45 Loose Women (R) **2.35** The Jeremy Kyle Show: *Guests air their differences.* (R) **3.25-5.30am** ITV Nightscreen

1.00am **FILM** Made in America: *Romantic comedy.* **2.55** Ninety Naps a Day **3.50** Shapes **3.55** Glamour Puds **4.20** Win My Wage **5.05-5.55am** Hill Street Blues

1.05am **SPORT** SuperCasino **4.05** House Doctor **4.55** Rough Guide to Adventures **5.10** Neighbours **5.35-6.00am** Home and Away

REGIONAL VARIATIONS
BBC1 SCOTLAND: 7.30pm DIY SOS 9.00 Holby City 11.20 Children's Emergency 11.50 **FILM** Welcome to Collinwood: *Crime comedy starring William H Macy.* 2.05am Sign Zone: Luther 3.05 Jimmy's Global Harvest **BBC1 NORTHERN IRELAND:** 7.30pm DIY SOS 10.35 **SPORT** North West 200 Highlights: *More action from the motorcycle race.* 11.35 The Graham Norton Show 12.20-12.50am BBC News **BBC1 WALES:** 7.30pm Life of Riley 8.30 Crash 10.35 Panorama 11.05 The Graham Norton Show 11.50 **FILM** Welcome to Collinwood **BBC2 SCOTLAND:** 7.00pm The Genius of Design 11.00pm Newsnight Scotland, Weather **BBC2 NORTHERN IRELAND:** 11.20pm Imeall Geal 11.50 Heaven 17: The Story of Penthouse and Pavement **12.50-3.20** BBC News **STV:** 9.00pm Underbelly 10.40 The Lakes 11.10 Ulaidhean 11.45 **NEWS** Anam's Intinn 12.20am Roulette Nation 1.00 The Jeremy Kyle Show 2.00 The Nightshift **ULSTER:** 10.30 UTV Live Tonight 11.00 Joanna Lumley:

TODAY'S SPORT



6.00am Good Morning Sports Fans
9.00 Spanish Football (HD)
11.00 **LIVE** Cricket: *The first day of the County Championship match between Kent and Durham from Canterbury.* (HD)
6.00pm Champions League Weekly (HD)
6.30 Soccer AM: The Best Bits
7.30 **LIVE** Football: *A League One play-off semi-final second-leg match, kick-off 7.45pm. Good stuff!* (HD)
10.00 Time of Our Lives: *Former football players reminisce about their careers.*
11.00 A League of Their Own (HD)
11.30 Soccer AM: The Best Bits: *Highlights of Saturday's show.*
12.30am Football (HD)
2.00 FIFA Futbol Mundial
2.30 Sports Unlimited
3.30 Watersports World
4.30 Max Power
5.30-6.00am FIFA Futbol Mundial



6.00am Aerobics
6.30 WWE: Bottom Line (HD)
7.30 Golf (HD)
10.30 Golf (HD)
12.00noon Football (HD)
12.30pm Football (HD)
2.00 Boxing (HD)
4.00 Football (HD)
4.30 Football (HD)
6.00 15 Years of the European Cup
7.00 Wild Spirits
7.30 **LIVE** Speedway: *Bike-skidding between Belle Vue and Poole.* (HD)
9.30 How the ICC World Twenty20 Was Won: *A look at this year's competition.*
11.30 Boots 'n' All
12.30am Golf (HD)
1.30 Golf (HD)
2.30 Wonderful World of Golf
4.00 PGA Tour Classic
5.00-6.00am Boots 'n' All

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.45pm Take the Lead: *Dance drama starring Antonio Banderas.* **9.00** The Simpsons Movie: *Animated comedy.*
10.45 **FILM** 4 Months, 3 Weeks & 2 Days: *Drama starring Anamaria Marinca.*
12.55-2.45am Deficit: *Mexican drama.*
COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** 30 Rock: *Liz gets a crash-course in being a performer.* **11.00** Sex and the City **12.45am** Two and a Half Men **1.45** South Park **2.45** 30 Rock **3.45** Samantha Who?

4.10 Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier
BBC3 (115)
7.00pm Total Wipeout **8.00** The Real Hustle on Holiday **8.30** The Wags' Stories **9.00** Gavin & Stacey: The Outtakes **9.30** Russell Howard's Good News **10.00** EastEnders **10.30** Bizarre ER **11.00** Family Guy **11.45** Gavin & Stacey: The Outtakes **12.15am** Russell Howard's Good News **12.45** The Wags' Stories **1.15** Snog, Marry, Avoid? **2.15** The Real Hustle on Holiday **2.45** Bizarre ER **3.15** Total Wipeout **4.15-5.15am** Wags, Kids and World Cup Dreams
E4 (136)
7.00pm Hollyoaks **7.30** My Name Is Earl **7.55** Friends **9.00** Glee **10.00** **MUSICSES** The Cleveland Show: *Family guy spin-off.* **10.30** King of the Hill **11.00** **FILM** Top Gun: *Action drama starring Tom Cruise.*

1.10am Everwood **2.00** My Name Is Earl **2.20** Scrubs **3.05** Dark Angel **3.50** Everwood **4.35-6.00am** Switched
DAVE (111)
7.00pm Ray Mears' Extreme Survival **8.00** Top Gear **9.00** QI XL **10.00** Mock the Week **10.40** Have I Got News for You **11.20** That Mitchell and Webb Look **12.00m't** QI XL **1.00am** Louis Theroux: Killadelphia **2.05** Absolute Power **2.40-3.00am** **SPORT** Radical Highs
MTV ONE (350)
7.00pm Catching Up with 16 and Pregnant: The Girls of Teen Mom **8.00** 16 and Pregnant **9.00** Jersey Shore **10.00** The Osbournes **11.00** Blue Mountain State **12.00m't** Pimp My Ride **1.00am** Disaster Date **2.00** Blue Mountain State **3.00** Monique's Charm School: Flavor of Love **4.00** Pimp My Ride **5.00-6.00am** Hogan Knows Best

ESPN **4.00pm** Serie A Football **7.30** NHL Ice Hockey **9.30** Superleague Formula **10.30** French Top 14 Rugby Union **11.00** Baseball Tonight **12.00m't** **LIVE** Baseball **3.00am** Basketball: FIBA World Magazine



6.00am The Biggest Loser US (R) **7.00** Brainiac: History Abuse (R) **8.00** Oops TV (R) **9.00** Cold Case (R)(HD) **10.00** Stargate SG-1: Double bill. (R) **12.00noon** UK Border Force (R)(HD) **1.00pm** Lion Man (R) **1.30** Cold Case (R)(HD) **2.30** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Wedding SOS (R)(HD) **5.00** Malcolm in the Middle (R)(HD) **5.30** Futurama (R) **6.00** Oops TV (R)

7.00 The Simpsons

Lisa decided to accept an invitation to join a Wiccan coven. (R)(HD)

7.30 The Simpsons

Homer is cast as the lead in a superhero movie. Excellent! (R)(HD)

8.00 The Real A&E (R)

9.00 House

The cantankerous medic receives a visit at work from his therapist, Dr Nolan. (R)(HD)

10.00 NCIS: Los Angeles

Sam goes undercover as a fighter in a mixed martial arts gym. (HD)

11.00 24

Jack rushes around a lot. As ever. (R)(HD)

12.00m't Oops TV

JLC narrates as more members of the public slip on banana skins. (R)

12.30am Oops TV

More of the above. (R)

1.00 Inside **1.50** Cold Case **2.40** Nothing But the Truth **3.30** Oops TV **3.55** Oops TV **4.20** Sell Me the Answer **5.10-6.00am** Are You Smarter Than a 10 Year Old?

Catwoman **12.00m't** Brain Box **ITV1 WALES: 8.00pm** Fishlock's Wales

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Passport Patrol **9.00** Ghost Whisperer **10.00** Trauma **11.00** Medium **12.00m't** Roulette Nation: Televised casino game. **3.00am** Street Crime UK Uncut **4.00-5.00am** Star Trek: The Next Generation

SYFY (129)

7.00pm Smallville **8.00** **FILM** The Day the Earth Stopped: Action thriller. **9.50** **FILM** Nuclear Hurricane: Disaster movie. **11.30 V 12.30am** **FILM** Locusts: Thriller. **2.10** 3rd Rock from the Sun **3.00** Mysterious Ways **4.00-6.00am** **FILM** Ba'al: The Storm God: Action film.

FX (164)

7.00pm NCIS **9.00** Family Guy **9.30** American Dad!: Stan becomes a traffic warden. **10.00** NCIS **11.00** True Blood **12.10am** Brotherhood **12.40** NCIS **2.40** Charlie Jade **3.40-4.40am** Tour Of Duty

TODAY'S MUST-SEES



BASILONE'S BACK!

The Pacific

Sky Movies Prem/HD, 9pm

DRAMA Real-life hero John Basilone (Jon Ceda, near left) is easily the most likeable character in *The Pacific*. Thing is, since his medal-winning heroics in episode one, he's spent most of the series working for the US propaganda machine in the States. This week, though, he's back to the front – just in time for the battle of Iwo Jima. Bad idea! The fighting resulted in 45,000 casualties – enough to convince the Yanks the only way to stop the fanatical Japs was the atom bomb! ★★★★★



"But muuuuuuum, my treehouse is nearly finished!"

Born Survivor: Bear Grylls

Discovery, 9pm

DOCU We're pretty sure we could survive the high-end hotels Bear goes home to every night after filming, but he still has some good survival hints when he visits the American Rockies. ★★★★★



Two hours later, he still couldn't decide which tie to wear

Derren Brown Investigates...

Channel 4, 10pm

MAGIC This week, hit-and-miss Derren clogs it to Holland to chat to a bloke who claims he sees without using his eyes. He'sh crazshy! ★★★★★



Mancini's new look was going down a storm

JLC: Good Times Five, 10pm

CHAT Hairy host Justin Lee Collins welcomes a top line-up of guests in hot singer Rihanna, actor Mathew Horne – the bloke who puts the Gavin in Gavin & Stacey, and theatrical rock singer Meat Loaf, who turns up for a game of darts. ★★★★★



Sorry, but the invite did only say plus one!"

The Cleveland Show E4, 10pm

COMEDY Cleveland and Cleveland Jr teach the kids about Black History Month, but an attempt to spice up things Rallo-style sees Cleveland provoked into a battle royale with his redneck buddy Lester. Let battle commence! ★★★★★

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Hospital Heroes **10.00** Put Your Money Where Your Mouth Is **11.00** Best of Homes Under the Hammer **11.30** Cash in the Attic **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link: Backstabbing quiz. **6.00** BBC News, Weather **6.30** Regional News, Weather

7.00 The One Show

7.30 EastEnders

More from the morose Cockneys. Avoid.

8.00 Holly City

Clone of Casualty.

9.00 Luther

MUST-SEE The top series continues with the unhealed detective facing suspension after Mark is beaten up.

10.00 BBC News, Weather

10.35 Children's Emergency

11.05 The Graham Norton Show

Annoying chat with composer Andrew Lloyd Webber and actress Minnie Driver.

11.50 The Football League Show

SPORT Leather bashing with the League One play-off semi-final second-leg encounters.

12.35am Sign Zone: See Hear

1.05 Junior Apprentice (R) **2.05** Simon King's Shetland Diaries (R) **3.05** Bang Goes the Theory (R) **3.35** Great British Menu (R) **4.05-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.05** The Flintstones (R) **11.30** Castle in the Country (R) **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** Car Booty (R) **1.30** Ready Steady Cook (R) **2.15** Animal 24/7 (R) **3.00** Diagnosis Murder (R) **3.45** Flog It! **4.30** A Question of Genius **5.15** The Hairy Bikers' Food Tour of Britain (R) **6.00** Eggheads **6.30** Great British Menu

7.00 Coast

Nicholas Crane visits to Grimsby, Scarborough and Skegness. Lucky him.

8.00 Theo's Adventure Capitalists

A look at British firms hoping to rake in loads of cash in Brazil.

9.00 The Story Of Science - Power, Proof And Passion

Wind and steam and things.

10.00 Later Live - With Jools Holland

With Alicia Keys and White Rabbits.

10.30 Newsnight

11.20 I'm In A Rock 'n' Roll Band!

The role of the drummer.

12.20-4.00am BBC News

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover **3.00** The David Dickinson Show **4.00** Daily Cooks Challenge **5.00** Divided (R) **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale

Blokes called either Seth or Amos sit around in a pub drinking pints of bitter.

7.30 Children's Hospital

8.00 Who Wants To Be A Millionaire?

Quiz featuring contestants guessing their way to big money.

9.00 The Bill

Is this still on? We thought it was ending!

10.00 ITV News, Weather

10.35 The Classical Brit Awards 2010

Clarinet-parping types perform.

11.50 The Pianist

FILM Brilliant drama based on the true story of a Jewish pianist who survived World War Two.

2.25am **SPORT** Premiership Rugby Union (R) **3.15** Loose Women (R) **4.05-5.00am** The Jeremy Kyle Show (R)

4

5.55am The Hoobs (R) **6.45** Freshly Squeezed **7.10** Everybody Loves Raymond (R) **8.00** Frasier (R) **8.30** Will & Grace (R) **9.25** Supernanny USA **10.20** Deal or No Deal (R) **11.05** Wife Swap USA (R) **12.00noon** Channel 4 News Summary **12.05pm** Atlantic **12.10** Jamie at Home (R) **12.45** **FILM** Mogambo: Adventure. **2.55** Coach Trip (R) **3.25** Countdown **4.10** Deal or No Deal **5.00** Iron Chef UK **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News

8.00 Supersize vs Superskinny

This vs Sky Sports 1? No contest. Flick!

9.00 Heston's Ultimate Feast

The chef creates his ultimate banquet using courses from previous meals.

10.00 Our Daughter, The Mermaid

The life of an American girl whose legs had been fused together since birth.

11.05 The Good Wife

Alicia and Will represent a client accused of leaking information to a drug lord.

12.05am Poker

SPORT People sit around in the Bahamas playing for \$60million in the Caribbean Adventure main event. Jealous? Us too.

1.05 **SPORT** Triathlon ITU World Championship Series **2.00** **SPORT** Superbike World Championship 2010 **2.25** **SPORT** The Grid **2.50** **SPORT** KOTV

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Paul Merton in India (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **3.00** **FILM** The Maldonado Miracle: Social drama starring Peter Fonda. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.30 Family Food Fight

NEW Chefs Jean-Christophe Novelli and Matt Tebbutt teach two families to make healthy meals. That's easy - rustle up some sausage and chips then stick a lettuce leaf on the side.

8.00 Cowboy Builders

The work of dodgy hammer-wielders.

9.00 CSI: Crime Scene Investigation

MUST-SEE A racist teenager is murdered.

10.00 CSI: Miami

A flight attendant is found dead among the luggage at an airport. (R)

11.00 CSI: NY

As the search for the taxicab killer continues, the team is distracted by a sudden death at a basketball game. (R)

12.00m't The FBI Files

12.55am SuperCasino

Live interactive gaming.

4.05 House Doctor (R) **4.30** House Doctor (R) **4.55** Rough Guide to Activity Holidays (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: **8.00pm** River City **10.35** **NEW** The Scheme **11.25** The Graham Norton Show **12.10am** **SPORT** The Football League Show: Highlights of the League One play-off semi-final second-leg encounters. **BBC1 NORTHERN IRELAND:**

10.35pm Spotlight **11.05** Children's Emergency **11.35** The Graham Norton Show **12.20am** **SPORT** The Football League Show **BBC1 WALES:** **10.35pm** **NEW** Week In Week Out Revisited **11.05** Children's Emergency **11.35** The Graham Norton Show

12.20am **SPORT** The Football League Show **BBC2 SCOTLAND:** **7.00pm** Thuige Seo **7.30** Fas Slan **11.00** Newsnight Scotland, Weather **BBC2 WALES:** **11.20pm** Bombay Railway **12.20am** I'm in a Rock 'n' Roll Band! **1.20-4.00am** BBC News **STV:**

8.00pm Cops with Cameras **9.00** Love, Life & Prison **10.40** Coastal Kitchen **11.10** The Classical Brit Awards 2010 **12.25am** Roulette Nation **1.00** The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER:** **10.30pm** UTV Live Tonight **11.00** **SPORT**

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans **9.00** How the ICC World Twenty20 Was Won: A look back at the competition. **11.00** **LIVE** Cricket: The second day of the County Championship match between Kent and Durham. (HD) **6.00pm** Spanish Football **7.30** **LIVE** Football: A League One play-off semi-final second-leg encounter, kick-off 7.45pm. Sounds OK to us! (HD) **10.00** Spanish Football **11.30** Football Asia: News from the Far East, featuring profiles of some of the teams leading the leagues. **12.00m't** Football: A League One play-off semi-final second-leg match. (HD) **1.30am** Spanish Football **3.00** Football Asia **3.30** Football League (HD) **5.00** Tracking Ero **5.30-6.00am** Football Asia

sky SPORTS 2

6.00am Aerobics **6.30** Urban Ride **7.00** WWE: Afterburn (HD) **8.00** Soccer AM: The Best Bits **9.00** Football League (HD) **10.30** Golf (HD) **11.30** Wonderful World of Golf **1.00pm** PGA Tour Classic **2.00** Football (HD) **3.30** Soccer AM: The Best Bits **4.30** Football Asia **5.00** Sports Unlimited **6.00** 15 Years of the European Cup **7.00** Tracking Ero **7.30** **LIVE** Greyhound Racing: Size zero hounds stretch their legs in the William Hill Derby quarter-finals at Wimbledon. **10.00** Poker **11.30** Golf **12.30am** Golfing World **1.30** Pool **2.30-3.30am** Show Jumping

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315) **6.35pm** A River Runs Through It: Period drama starring Craig Sheffer. **9.00** In Her Shoes: Comedy drama starring Cameron Diaz, Toni Collette and Shirley MacLaine. **11.30** A Complete History of My Sexual Failures: Comic documentary by Chris Waitt, charting his lack of success with women. **1.20-3.45am** The Entity: Horror starring Barbara Hershey and Ron Silver.

COMEDY CENTRAL (126) **7.00pm** The King of Queens **8.00** Scrubs: Double-bill. **9.00** Two and a Half Men **10.00** Scrubs **10.30** 30 Rock

ESPN **7.00pm** NHL Ice Hockey **9.00** AFL Review Show **10.00** 30 for 30 **11.00** Russian Premier League Review **11.30** Baseball Tonight **12.00m't** **LIVE** Baseball **3.00am** E:60 **4.00-5.00am** AFL Review Show

11.30 Sex and the City **1.15am** Two and a Half Men **2.15** The Office: An American Workplace **2.45** South Park **3.45** Scrubs **4.10** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115) **7.00pm** Top Gear: Jeremy Clarkson tests the Citroen C6. **8.00** Autistic Superstars **9.00** Blood, Sweat and Luxuries **10.00** EastEnders **10.30** La La Land: Gary Garner tries to improve his acting abilities. **11.00** Family Guy **11.45** Blood, Sweat and Luxuries **12.45am** Wags, Kids and World Cup Dreams **1.45** La La Land **2.10** The Real Hustle Undercover **3.10** Autistic Superstars **4.10-5.10am** Bizarre ER

E4 (136) **7.00pm** Hollyoaks **7.30** My Name Is Earl **7.55** Friends **9.00** 90210 **10.00** **FILM** The 51st State: Crime comedy starring Samuel L Jackson. **11.50** My Name Is Earl

12.20am Scrubs **1.20** Crowned **2.10** What About Brian **2.55** Dark Angel **3.40** Everwood **4.25-6.00am** Switched

DAVE (111) **7.00pm** James May: My Sisters' Top Toys: A celebration of toys through the decades. **8.00** Top Gear **9.00** QI **9.40** Mock the Week **10.20** Would I Lie to You? **11.00** Have I Got News for You **11.40** QI **12.20am** Mock the Week **1.00** Would I Lie to You? **1.40** Game On **2.20-3.00am** Jeremy Clarkson Meets the Neighbours

MTV ONE (350) **7.00pm** The Hills: The Lost Scenes **8.00** Peak Season: Double-bill. **9.00** 16 and Pregnant **10.00** Jersey Shore **11.00** South Park **12.00m't** Pimp My Ride **1.00am** Disaster Date **2.00** Jersey Shore **3.00** Monique's Charm School: Flavor of Love **4.00** Pimp My Ride **5.00-6.00am** Hogan Knows Best

NEW
ISSUE
ON SALE
TODAY!

18 MAY **TUESDAY**

**FULL 7
DAY TV
GUIDE!**

sky1

6.00am The Biggest Loser US (R)(HD)
7.00 Brainiac: History Abuse (R) **8.00**
Oops TV (R) **9.00** Cold Case (R)(HD) **10.00**
Stargate SG-1 (R) **11.00** Stargate SG-1 (R)
12.00noon UK Border Force (R)(HD)
1.00pm Lion Man (R) **1.30** Cold Case (R)
(HD) **2.30** Angela and Friends (HD) **3.30**
Project Runway (R) **4.30** Wedding SOS
(R)(HD) **5.00** Malcolm in the Middle (R)
(HD) **5.30** Futurama (R) **6.00** Oops TV (R)

7.00 The Simpsons

Bart spikes Mrs Krabappel's coffee with alcohol. Irish coffee then. Ace! (R)(HD)

7.30 The Simpsons

Marge campaigns against a martial arts craze in Springfield. (R)(HD)

8.00 Stargate Universe

The Destiny crosses into another galaxy. We're not sure if this is good news or bad news. So we'll opt for bad. (HD)

9.00 UK Border Force

A flight is delayed when a pregnant woman boards a plane. (R)(HD)

10.00 Fringe

Walter has to deal with the possibility of being sent back to St Claire's. (R)

11.00 Lost

Head-scratching drama. (R)(HD)

12.00m't Stargate Universe

That episode from earlier again. (R)(HD)

1.00am Inside: The Border War **1.50**
Road Wars **2.40** Nothing But The Truth
3.30 Road Wars **4.20** Sell Me The Answer
5.10 Are You Smarter Than A 10 Year Old?

RPM Motorsport: *Highlights of the latest round of the Killarney Rally.* **11.30** The Crocodile Hunter Diaries **12.00m't** Brain Box **3.00-3.15** UTV Rewind

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00**
Nothing to Declare **9.00** The Naked
Office **10.00** Brit Cops: Zero Tolerance
11.00 Sexarama **11.30** Eurotrash: The
Sexy Bits **12.00m't** Roulette Nation
3.00am Street Crime UK Uncut **4.00-**
5.00am Star Trek: The Next Generation

SYFY (129)

7.00pm Smallville **8.00** Painkiller Jane
10.00 V (2010) **11.00** **FILM** War Of The
Worlds 2: The Next Wave: *Adventure*
sequel. **12.40am** **FILM** Ogre: *Fantasy*
thriller. **2.30** 3rd Rock from the Sun
3.00 Mysterious Ways **4.00-6.00am**
FILM Frozen Impact: *Disaster movie.*

FX (164)

7.00pm NCIS: *Double-bill.* **9.00** Family
Guy **9.30** American Dad! **11.00** The
Border **12.00m't** NCIS **2.00am** Teeste
3.00-4.00am Tour of Duty

TODAY'S MUST-SEES



ACTION-PACKED!

French had started her new pilates class

2012

Sky Box Office/HD, from 6am

FILM

What is it with director Roland Emmerich? If he's not predicting the end of the world via an ice age in *The Day After Tomorrow*, he's predicting it by giant lizard (*Godzilla*) or alien invasion (*Independence Day*). This time, the earth's core temperature is increasing, which basically means that, well, the planet is going to collapse in on itself and we're all screwed. John Cusack is the out-of-work writer trying to save his family from a tidal wave of ace special effects and volcanoes and things. ★★★★★



They'd found Wright-Phillips' luggage

Sherlock Holmes

Sky Box Office/HD, from 6am

FILM

Guy Ritchie's take on the old detective stories is perfect bloke fodder. Packed with explosions, slo-mo punch-ups and fit women, it's two hours well spent! Robert Downey Jr stars. ★★★★★



"I can't get any closer - there appears to be something in the way"

Luther

BBC1, 9pm

DRAMA

The dark psychological drama continues to impress, with frowny DCI John Luther hot on the trail of a twisted occult writer who he knows has abducted a young mother, and also got away with murder ten years earlier. ★★★★★



"What about these two? Conjoined twins, GSOH, enjoy art and cinema"

CSI

Five, 9pm

DRAMA

There are ways to go and there are ways to go! And drowning in a flooded sewer is about as nasty a way to die as is possible, as one unfortunate teenage girl finds out. But as you'd expect, not everything is as it appears. ★★★★★

POKER. EVOLVED.

GET A **FREE** POKER GUIDE (WORTH £8.99) WHEN YOU JOIN THE OFFICIAL PKR **Nuts** POKER ROOM.

WWW.PKR.COM/NUTS

PKR let's play

18+ Please gamble responsibly. For more information and advice visit www.gamblingaware.co.uk

REVIEWS: PETE CASHMORE, ADAM RALPH, ANTHONY TEASDALE

6am

7pm

1am



6.00am Breakfast **9.15** Hospital Heroes
10.00 Put Your Money Where Your Mouth Is
11.00 Best of Homes Under the Hammer
11.30 Cash in the Attic **12.15pm** Bargain Hunt: *From Derby*. **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News, Weather



6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.05** The Flintstones (R) **11.30** Castle in the Country (R) **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** See Hear **1.30** Ready Steady Cook (R) **2.15** Animal 24/7 (R) **3.00** Diagnosis Murder (R) **3.45** Flog It! **4.30** A Question of Genius **5.15** The Hairy Bikers' Food Tour of Britain (R) **6.00** Eggheads **6.30** Great British Menu



5.00am ITV Nightscreen **5.30** ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover **3.00** The David Dickinson Show: *With guest Toni Braxton*. **4.00** Daily Cooks Challenge **5.00** Divided (R) **6.00** Regional News, Weather **6.30** ITV News



5.55am The Hoobs (R) **6.45** Freshly Squeezed **7.10** Everybody Loves Raymond (R) **8.00** Frasier (R) **8.25** Will & Grace (R) **9.20** Supremacy USA **10.20** Deal or No Deal (R) **11.05** Wife Swap USA (R) **12.00noon** Channel 4 News Summary **12.05pm** Jamie at Home (R) **12.35** FILM The Tall Men: *Western adventure*. **2.55** Coach Trip (R) **3.25** Countdown **4.10** Deal or No Deal **5.00** Iron Chef UK **6.00** The Simpsons (R) **6.30** Hollyoaks



6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Paul Merton in India (R) **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.05** PREMIERE Little Girl Lost: The Delimar Vera Story: *Fact-based drama starring Judy Reyes*. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show
Topical magazine show.

7.30 DIY SOS
Nail-bashing nause-ups.

8.00 Holby City
Disaster strikes when there's a power cut at the hospital. We wouldn't mind if there was one here at the moment.

9.00 Junior Apprentice
The budding entrepreneurs must design a camping accessory, before bearded Sir Alan give someone else the boot.

10.00 BBC News, Weather

10.35 The National Lottery Draws

10.45 Damages
Tom Shays forges a deadly alliance as his life begins to unravel. The little tinker.

11.30 Gods and Monsters
FILM Offbeat fictional biopic starring Ian McKellen.

7.00 Out of the Frying Pan
A charity buffet in a castle. But, why?

8.00 Springwatch City Living with Simon King
City-dwelling critters.

9.00 Monty Halls' Great Hebridean Escape
The marine biologist visits Watersay and Benbecula, where he organises a beach clean-up. He must be really pleased he chose to make this series.

10.00 QI
Swotty laughs with Stephen Fry. (R)

10.30 Newsnight

11.20 The Supersizers Eat
Power lunches of the '80s. (R)

12.20am BBC News

7.00 Emmerdale
Bob assures Gennie she is doing the right thing by moving away. We second that.

7.30 The British Soap Awards 2010
Phillip Schofield hosts the ceremony. Aargh! *The British Soap Awards 2010: Let's Party* follows on ITV2. Again, Aargh!

10.00 ITV News, Weather

10.35 The Skeleton Key
FILM A young nurse goes to care for an elderly stroke victim in a remote Louisiana mansion and comes upon a hidden attic room that holds a terrifying secret. Gulp!

12.30am Nightwatch with Steve Scott: Mystery
Britain's most notorious crimes. (R)

7.00 News

8.00 Three in a Bed
People go around criticising B&Bs in Cheshire, Dorset and Suffolk.

9.00 Jamie Does - Athens
Culinary geezer Jamie Oliver visits Athens where he prepares a selection of recipes.

10.00 Desperate Housewives

10.55 The Big Bang Theory
Geeky laughs as Raj lusts after a girl he meets while attending a university party.

11.25 My Name Is Earl
Earl attempts to make amends for stealing a dying child's wish.

11.55 My Name Is Earl
Now the bristly lipped do-gooder reunites his parents with their estranged friends.

12.25am Music on 4: JD Set Presents

12.40 The Album Chart Show Introduces Pretty Reckless
The band do a gig.

12.55 Corinne Bailey Rae (R)

1.10 4Play: El Bronx (R)

7.30 Zoo Days
Two Amur tigers celebrate Christmas. Presumably by getting absolutely hammered on sherry. (R)

8.00 Tutankhamun: The Mystery Revealed
NEW It's about history. Best give it a wide berth then.

9.00 NCIS
A boxer is killed.

10.00 Eurovision: A Song for Justin
MUST-SEE Top entertainment as JLC tries to enter the Eurovision Song Contest.

11.00 CSI: NY
Mac returns from holiday. (R)

11.55 Poker
SPORT The Women's World Open IV from London.

12.55am SuperCasino
Roulette-based ruination.

1.15am Sign Zone: Wonders of the Solar System (R) **2.15** Watchdog (R) **3.15** Great British Menu (R) **3.45-6.00am** BBC News

4.00-6.00am BBC Learning Zone

1.25 Loose Women: *Topical debate*. (R) **2.10** The Jeremy Kyle Show (R) **3.05-5.30am** ITV Nightscreen

1.25 Sex Education **2.20** Sex Explorer **3.15** Favourite Gigolo **4.10** Enough **4.15** Unreported World **4.40** Glamour Puds **5.10-5.55am** Countdown

4.05 House Doctor (R) **4.30** House Doctor (R) **4.55** Rough Guide to Short Breaks (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS **BBC1 SCOTLAND:** **7.30pm** The Beechgrove Garden **10.45** Red Road **11.15** Damages **11.55** FILM Gods and Monsters: *Offbeat fictional biopic starring Ian McKellen*. **1.40am** Sign Zone: Wonders of the Solar System **2.40** Watchdog **BBC1 NORTHERN IRELAND:** **7.30pm** Stuffed **10.45** Art Space **11.15** Damages **12.00m't** Sporting Traditions **12.15am** Sign Zone: Great Ormond Street **BBC1 WALES:** **7.30pm** X-Ray: *Tooth-whitening*. **BBC2 SCOTLAND:** **11.00pm** Newsnight Scotland **1.40am** Sign Zone: Wonders of the Solar System **2.00-3.45am** BBC News **BBC2 NORTHERN IRELAND:** **10.00pm** Spotlight **BBC2 WALES:** **11.20pm** The Great Offices of State **12.20am** The Supersizers Eat **1.20-3.45am** BBC News **STV:** **10.40pm** Road Warriors **11.40** Scotland Revealed Moments **12.00m't** Roulette Nation **1.00am** The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER:** **10.30pm** UTV Live Tonight **11.10** The Classical Brit Awards 2010 **12.25-12.30pm** UTV Rewind

TODAY'S SPORT



6.00am Good Morning Sports Fans
9.00 Spanish Football
10.30 Football Asia
11.00 LIVE Cricket: *The third day of the County Championship match between Kent and Durham in Canterbury*. (HD)
6.00pm Boots 'n' All
7.00 FIFA Futbol Mundial
7.30 LIVE Football: *All the action from a League Two play-off semi-final second-leg encounter, kick-off 7.45pm*. (HD)
10.00 You're on Sky Sports!
11.30 FIFA Futbol Mundial
12.00m't Football (HD)
1.30am Spanish Football: *Action from the recent Spanish Cup final between Atletico Madrid and Sevilla*. (HD)
3.00 Football (HD)
4.30 15 Years of the European Cup: *It's rugby union, not football...*
5.30-6.00am FIFA Futbol Mundial



6.00am Aerobics **6.30** Urban Ride **7.00** WWE: *Vintage Collection* **8.00** Show Jumping **9.00** Urban Ride
9.30 Poker
11.00 Football (HD)
12.30pm Spanish Football
2.00 Football Asia
2.30 Football (HD)
4.00 Golf
5.00 Watersports World
6.00 15 Years of the European Cup
7.00 LIVE Cricket: *West Indies vs South Africa in the Port of Spain, Trinidad*.
10.30 15 Years of the European Cup
11.30 Total Rugby
12.00m't Rugby Union (HD)
1.30am 15 Years of the European Cup
2.30 Poker
3.00 Inside the PGA Tour (HD)
3.30 European Tour Weekly
4.00-5.00am Golf

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.50pm Flight of the Phoenix: *Action adventure starring Dennis Quaid*. **9.00** PREMIERE *Waitress: Romantic comedy starring Keri Russell and Nathan Fillion*.
11.10 Black Snake Moan: *Deep South melodrama starring Samuel L Jackson*.
1.25-3.15am A Lesson in Love: *Comedy starring Gunnar Björnstrand*.

COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** The Office: *An American Workplace* **11.00** Sex and the City **12.45am** Two and a Half

ESPN **7.30pm** Press Pass 2010 **8.00** Serie A **8.30** Kicks **8.45** Superleague Formula **9.45** NBA Action **10.15** AFL Review Show **11.15** Kicks **11.30** Baseball **12.00m't** LIVE Baseball **3.00am** NBA **3.30-5.30am** Barca TV

Men **1.45** The Office: *An American Workplace* **2.45** Scrubs **3.15** South Park **4.10** Shortcuts Shuffle **4.20** The King of Queens **5.10-6.00am** Frasier

BBC3 (115)
7.00pm The Sarah Jane Adventures **8.00** The World's Strictest Parents **9.00** Young, Male and Angry **10.00** Family Guy **10.45** American Dad! **11.30** Bizarre ER **12.00m't** Autistic Superstars **7.00pm** Young, British and Angry **2.00** The World's Strictest Parents **3.00** The Real Hustle Undercover **3.30** Bizarre ER **4.00-5.00am** Autistic Superstars

E4 (136)
7.00pm Hollyoaks **7.30** My Name Is Earl **8.00** Friends **9.00** FILM Big Momma's House: *Comedy starring Martin Lawrence*. **11.00** The Cleveland Show **11.30** King of the Hill **12.00m't** My Name Is Earl **12.30am** Scrubs **1.25** Crowned **2.10**

What About Brian **2.55** Dark Angel **4.25** Everwood **5.10-6.00am** Switched

DAVE (111)
7.00pm Himalaya with Michael Palin **8.00** Top Gear **9.00** Have I Got News for You **9.40** Black Books **10.15** Mock the Week: *With Mark Steel*. **10.55** That Mitchell and Webb Look **11.35** Black Books **12.10am** Mock the Week **12.40** The League of Gentlemen **1.30** Game On **2.10-3.00am** Absolute Power

MTV ONE (350)
7.00pm Top 20 **8.00** 16 and Pregnant **9.00** Jersey Shore **10.00** Blue Mountain State **11.00** South Park **12.00m't** Pimp My Ride **1.00am** Jackassworld 24 Hour Takeover - *The Worst Bits: Highlights from the show's live TV special*. **2.00** Blue Mountain State **3.00** I Know My Kid's a Star **4.00** Pimp My Ride **5.00-6.00am** Hogan Knows Best



6.00am The Biggest Loser US (R) **7.00** Brainiac: History Abuse (R) **8.00** Oops TV (R) **9.00** Cold Case (R)(HD) **10.00** Stargate SG-1 (R) **11.00** Stargate SG-1 (R) **12.00noon** UK Border Force (R)(HD) **1.00pm** Lion Man (R) **1.30** Cold Case (R)(HD) **2.30** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Wedding SOS (R)(HD) **5.00** Malcolm in the Middle (R)(HD) **5.30** Futurama (R) **6.00** Oops TV: Home videos and out-takes. (R)

7.00 The Simpsons

Marge becomes a sex symbol after posing for a calendar. (R)(HD)

7.30 The Simpsons

Bart befriends a former schoolboy prankster. (R)(HD)

8.00 Pineapple Dance Studios: Unseen

We wish it had stayed that way. (R)(HD)

9.00 Chris Ryan's Strike Back

MUST-SEE A hacker interferes with air support. (HD)

10.00 Chris Ryan's Strike Back

MUST-SEE Porter manages to escape from a rebels' base in Pakistan. (HD)

11.00 Dude, Where's My Car?

FILM Comedy with Ashton Kutcher and Seann William Scott. (HD)

12.40am Inside: Women Behind Bars

Behind the walls of the Tennessee Prison for Women. (R)(HD)

1.40 Road Wars **2.40** Nothing But the Truth **3.30** Oops TV **3.55** Oops TV

4.20 Sell Me the Answer **5.10-6.00am** Are You Smarter Than a 10 Year Old?

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Trauma **9.00** Criminal Minds **11.00** Sexarama: Comedy series. **11.30** Eurotrash: The Sexy Bits **12.00m't** Roulette Nation **3.00am** Street Crime UK Uncut **4.00-5.00am** Star Trek: The Next Generation

SYFY (129)

7.00pm Smallville **8.00** Knight Rider **9.00** V (2010) **10.00** **MUST-SEE** Human Target **11.00** Painkiller Jane **1.00am** **FILM** Hydra: Low-budget creature feature starring Alex McArthur. **3.00** Mysterious Ways **4.00-6.00am** **FILM** Swarm: Airborne thriller starring Jessalyn Gilsig.

FX (164)

7.00pm NCIS **9.00** Family Guy **9.30** Brotherhood **10.00** Dexter **11.10** True Blood **12.20am** NCIS **2.20** Eastbound and Down **2.55** Penn and Teller: B*****! **3.30-4.30am** Tour of Duty

TODAY'S MUST-SEES



"Sorry, mate, I don't have any change!"

EURO STAR!

Eurovision: A Song For Justin

Five, 10pm

DOCU It's Eurovision, but not as we know it! Beardy legend Justin Lee Collins is trying to enter the 2010 Eurovision Song Contest, and the UK – fools that we are – won't have him! So begins his quest to find a country that'll let him represent them. As the West Country funnyman travels across Europe trying to convince countries he's the key to success, it turns out his salvation could end up being a lot closer to home! ★★★★★



"Is this a bad time to ask for that tenner you owe me?"

Strike Back Sky1/HD, 9pm

DOCU The ace series concludes with an intense double bill. Porter tracks a dismissed Army engineer who hacks a British missile, causing it to hit US troops. Then he escapes from a rebel base for a final showdown in Afghanistan. ★★★★★



"OK, so how do I poke her back?"

Justified Five USA, 10pm

DRAMA Maverick US Marshall and all-round Wild West throwback Raylan Givens is put in charge of tracking an informant, but soon has to face two ex-cons who'd like to do a bit more than make a mess of his Stetson. ★★★★★



"Are we sure this still counts as an official marathon?"

Sons Of Anarchy Bravo, 10pm

DRAMA The Hell's Angels crime drama really gets into its stride this week as the gang organise a charity bike rally, which is actually a cover for a gun-running scheme. Some of them aren't wearing helmets, either. The scamps! ★★★★★



"How was I meant to know it was a live grenade?"

Human Target Syfy, 10pm

DRAMA Christopher Chance heads to South America to rescue an archaeologist in trouble – he's discovered a lost treasure, but it's left him with both a bounty hunter and the Army on his case! Didn't *The Goonies* teach him anything? ★★★★★

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Hospital Heroes
10.00 Put Your Money Where Your Mouth Is **11.00** Best of Homes Under the Hammer **11.30** Cash in the Attic **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country (R) **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.30** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show

Topical chat.

7.30 EastEnders

More scowling in the Square.

8.00 Watchdog

A look at how people have been squandering your money.

9.00 Have I Got News for You

With guest host Eamonn Holmes.

9.30 Outnumbered

The last of the decent comedy. Sue and Pete try to resolve their differences.

10.00 BBC News, Weather

10.35 Question Time

Have they stopped banging on about the election yet? Let's hope so.

11.35 This Week

More political nonsense.

12.20am The Football League Show

SPORT Action from the League Two play-off semi-final second-leg kickabouts.

1.05 Sign Zone: Panorama (R) **1.35** Countryfile (R) **2.30** Banded Brothers - The Mongoose Mob (R) **3.30** Great British Menu (R) **4.00-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.05** The Flintstones (R) **11.30** Castle in the Country (R) **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** Car Booty (R) **1.30** Ready Steady Cook (R) **2.15** Animal 24:7 (R) **3.00** Diagnosis Murder (R) **3.45** Flog It! **4.30** A Question of Genius **5.15** The Hairy Bikers' Food Tour of Britain (R) **6.00** Eggheads **6.30** Great British Menu

7.00 The Culture Show

NEW Brian Eno talks about his line-up at the Brighton Festival.

8.00 Springwatch High Seas with Gordon Buchanan

The film-maker goes in search of the killer whale. The big loon!

9.00 History Cold Case

A skeleton discovered in Scotland's Stirling Castle. We suspect he'd been forced to watch BBC2 for an evening.

10.00 Grumpy Guide to the '80s

Celebrities have a moan about their most annoying memories of the decade. (R)

10.30 Newsnight

11.20 Never Mind the Buzzcocks

With guest captain Davina McCall. Expect a lot of shouting. (R)

11.50 Golf: PGA Championship

SPORT The opening day from Wentworth.

12.50am The Culture Show (R)

1.50 BBC News: The day's headlines. **4.00-6.00am** BBC Learning Zone

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** 60 Minute Makeover **3.00** The David Dickinson Show **4.00** Daily Cooks Challenge **5.00** Divided (R) **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale

Goat-grazing guff.

7.30 Divorce - For Richer, for Poorer?: Tonight

Poorer, at a guess.

8.00 Emmerdale

Goat-grazing guff: part deux.

8.30 Coronation Street

9.00 All at Sea

Bradley Walsh, Rosemary Shrager and Mark Durden-Smith set sail on a luxurious multi-million-pound sailing yacht. You like them even less now, don't you?

10.00 ITV News, Weather

10.35 Greatest Cities of the World with Griff Rhys Jones

Griff has a nose round the Big Smoke. (R)

11.35 Regional Programme

12.05am The Zone

NEW Shopping and interactive gaming. Sounds rubbish!

2.05 The Jeremy Kyle Show (R) **3.00** Divorce - For Richer, for Poorer?: Tonight (R) **3.25-5.30am** ITV Nightscreen

4

5.55am The Hoobs (R) **6.45** Freshly Squeezed **7.10** Everybody Loves Raymond (R) **8.00** Frasier (R) **8.25** Will & Grace (R) **9.20** Supernanny USA **10.20** Deal or No Deal (R) **11.05** Wife Swap USA (R) **12.00noon** Channel 4 News Summary **12.05pm** Ultra Running **12.10** Relocation, Relocation (R) **1.10** **FILM** Night Train to Munich: World War Two spy thriller starring Margaret Lockwood. **2.55** Coach Trip (R) **3.25** Countdown **4.10** Deal or No Deal **5.00** Iron Chef UK **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News

8.00 Location, Location, Location

Pad purchasing in the North West.

9.00 How the Other Half Live

A family living on a crime-ridden London estate are offered help.

10.00 You Have Been Watching

MUST-SEE With Reginald D Hunter, Sarah Millican and David O'Doherty.

10.50 The Manchurian Candidate

FILM A Gulf War hero wins the US vice-presidential nomination, but his former platoon commander discovers he is being manipulated by a sinister corporation. Pesky sinister corporation. Denzel Washington stars.

1.20am Frock Me **1.50** Sex Education Show **2.45** No, No, No **2.55** Fast Food Junkies Go Native **3.45** **FILM** A Ticket to Tomahawk **5.10-5.55am** Countdown

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Paul Merton in India (R) **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.05** **FILM** The Matthew Shepard Story: Melodrama. **5.00** Five News, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.30 Zoo Days

An aardvark gives birth. Didn't expect to read that on this page, did you? (R)

8.00 Britain's Greatest Machines with Chris Barrie

Oldie mechanical innovations.

9.00 The Invasion

PREMIERE Sci-fi thriller about a flu-like extraterrestrial virus that threatens to turn the human race into a load of soulless automatons. A bit like your average contestant from *The X Factor*.

10.55 Shops, Robbers & Videotape

Swindon cops face an ex-convict with a history of violence. (R)

11.55 Cops in Crisis

Police in peril.

12.15am SuperCasino

Live interactive gaming.

4.05 **SPORT** Red Bull Air Race Magazine Show **4.55** Rough Guide to Journeys (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS

BBC1 NORTHERN IRELAND: **11.35pm** Hearts and Minds **12.05am** This Week **12.50** **SPORT** The Football League Show **1.35** BBC News **2.00** Sign Zone: Panorama **BBC1 WALES:** **11.35pm** Dragon's Eye **12.05am** This Week **12.50** **SPORT** The Football

League Show **BBC2 SCOTLAND:** **11.00pm** Newsnight Scotland, Weather **BBC2 NORTHERN IRELAND:** **7.00pm** Losing the Plot **7.30** Hearts and Minds **9.00** History Cold Case **10.00** **SPORT** Fight Club **11.20** Grumpy Guide to the Eighties **BBC2**

WALES: **7.00pm** Dragon's Eye **7.30** Secret Wales **11.20** **NEW** The Culture Show **12.20am** **SPORT** Golf: PGA Championship **1.20** Never Mind the Buzzcocks **STV:** **9.00pm** **NEW** All at Sea **10.40** Underbelly Uncut **11.40** Politics Now **12.10am** Roulette Nation

1.00 The Jeremy Kyle Show **2.00-5.30am** The Nightshift **ULSTER:** **7.30pm** The Seven Thirty Show **10.30** UTV Live Tonight **11.00** Divorce - For Richer, for Poorer?: Tonight **11.30** Wild Goose Chase **12.00m't** Brain Box **ITV1 WALES:** **7.30pm** I Was

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Inside the PGA Tour (HD)
9.30 European Tour Weekly
10.00 **LIVE** Golf: The first day of the PGA Championship at Wentworth. (HD)
1.00pm European Tour Weekly
1.30 Football (HD)
3.00 **LIVE** Golf: Even more from the PGA Championship at Wentworth. (HD)
6.00 The Rugby Club (HD)
7.00 Premier League World
7.30 **LIVE** Football: All the action from a League Two play-off semi-final second-leg encounter, kick-off 7.45pm. (HD)
10.00 Time of Our Lives
11.00 The Rugby Club (HD)
12.00m't Football (HD)
1.30am Premier League World
2.00 Time of Our Lives **3.00** Football (HD) **4.30** Premier League World **5.00-6.00am** The Rugby Club (HD)

sky SPORTS 2

6.00am Aerobics
6.30 Urban Ride
7.00 WWE: Experience (HD)
8.00 Spanish Football: Action from the recent Spanish Cup final between Atletico Madrid and Sevilla. (HD)
9.30 Football: A League Two play-off semi-final second-leg encounter. (HD)
11.00 **LIVE** Cricket: The fourth day of the County Championship match between Kent and Durham in Canterbury. (HD)
6.00pm Netball
8.00 **LIVE** Golf: The opening day from the Byron Nelson Championship at the TPC Four Seasons resort in Irving, Texas. (HD)
11.00 European Tour Weekly
11.30 Premier League World: Including a round-up of the latest news.
12.00m't Golf (HD)
1.30am Golfing World
2.30-5.30am Golf (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
7.00pm The Family Stone: Comedy drama starring Claire Danes. **9.00** Saving Private Ryan: World War Two drama starring Tom Hanks. **12.15-3.00am** City of God: Excellent Brazilian crime drama starring Alexandre Rodrigues.

COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** **FILM** Austin Powers: The Spy Who Shagged Me: Spoof espionage sequel starring Mike Myers. **11.50** Sex and the City **1.35am** Two and a Half Men **2.35** South Park

ESPN **7.45pm** Press Pass **8.15** Russian Football **8.45** Kicks
9.00 FL Review Show **10.00** MMA Live **10.30** UFC **11.00** NBA **11.30** Baseball **2.30am** MMA Live **3.00** UFC **3.30** AFL Review Show **4.30-5.00am** NBA Action

3.05 30 Rock **4.05** Shortcuts Shuffle **4.15** Sir Leslie Quint: A Life in Film **4.20** The King of Queens **5.10-6.00am** Frasier
BBC3 (115)
7.00pm Top Gear **8.00** Blood, Sweat and Luxuries **9.00** Autistic Superstars **10.00** EastEnders **10.30** Junior Apprentice **11.30** Family Guy: Top cartoon acensess. **12.15am** Autistic Superstars **1.15** Blood, Sweat and Luxuries **2.15** E20 **3.45** The Real Hustle Undercover **4.15** Bizarre ER **4.45-5.15am** The Wags' Stories

E4 (136)
7.00pm Hollyoaks **7.30** Friends **9.00** **MUST-SEE** The Big Bang Theory **9.30** How I Met Your Mother **10.00** Inbetweeners **10.30** Facejacker **11.00** Glee **12.00m't** Scrubs **1.00am** The Inbetweeners **1.30** Facejacker **2.00** Reaper **2.45** What About Brian **3.30** Dark Angel **4.10** Everwood **4.55-6.00am** Switched

DAVE (111)
7.00pm Traffic Cops **8.00** Top Gear **9.00** Men Behaving Badly **9.40** Not Going Out **10.20** Have I Got News for You: With guest host Julian Clary. **11.00** Red Dwarf **11.40** Men Behaving Badly **12.20am** Rich Hall's Fishing Show **1.00** Game On **1.40** Absolute Power **2.20-3.00am** Jeremy Clarkson Meets the Neighbours

MTV ONE (350)
7.00pm Fabulous Life Of **8.00** Peak Season **9.00** 16 and Pregnant **10.00** Jersey Shore **11.00** South Park: Double-bill. **12.00m't** Pimp My Ride **1.00am** Jackassworld 24 Hour Takeover - The Worst Bits **2.00** Jersey Shore **3.00** I Know My Kid's a Star **4.00** Pimp My Ride **5.00-6.00am** Hogan Knows Best

VIRGIN 1 (121)
7.00pm Star Trek: Voyager: The crew all suffer from amnesia. **8.00** Ghost



6.00am The Biggest Loser US (R)(HD)
7.00 Brainiac: History Abuse (R) **8.00** Oops TV (R) **9.00** Cold Case (R)(HD)
10.00 Stargate SG-1 (R) **11.00** Stargate SG-1 (R) **12.00noon** The Real A&E (R)(HD)
1.00pm Lion Man (R) **1.30** Cold Case (R)(HD) **2.30** Angela and Friends (HD)
3.30 Project Runway (R) **4.30** Wedding SOS (R)(HD) **5.00** Malcolm in the Middle (R)(HD) **5.30** Futurama: Bender becomes a wrestler. (R) **6.00** Oops TV (R)

7.00 The Simpsons

Marge and Homer relive a turbulent patch in the '90s. (R)

7.30 The Simpsons

MUST-SEE Sacha Baron Cohen guests. Acel (HD)

8.00 Modern Family

Claire is suspicious when Grandpa Dunphy pays a surprise visit. (HD)

8.30 Modern Family

Claire plans a trip with Phil. (R)(HD)

9.00 A League of Their Own: Unseen

Out-takes and unseen footage from the half-decent sports-based quiz. (HD)

10.00 Bones

The team works to uncover evidence to convict the Grave Digger. (HD)

11.00 NCIS: Los Angeles

Sam goes undercover as a fighter in a mixed martial arts gym. (R)(HD)

12.00m't A League of Their Own: Unseen

Repeat of the earlier show. (R)(HD)

1.00am Cold Case **1.50** Inside **2.40** Nothing But the Truth **3.30** Road Wars **4.20** Sell Me the Answer **5.10-6.00am** Are You Smarter Than a 10 Year Old?

There **10.30** Wales Tonight, Weather **10.35** Sharp End **11.05** Divorce - For Richer, for Poorer?: Tonight: Dull investigation. **11.35-12.05am** The Lakes

Whisperer **9.00** Warehouse 13 **10.00** Medium **11.00** Sexarama **11.30** Eurotrash: The Sexy Bits: *Outrageous highlights.* **12.00m't** Roulette Nation **3.00am** Street Crime UK Uncut **4.00-5.00am** Star Trek: The Next Generation

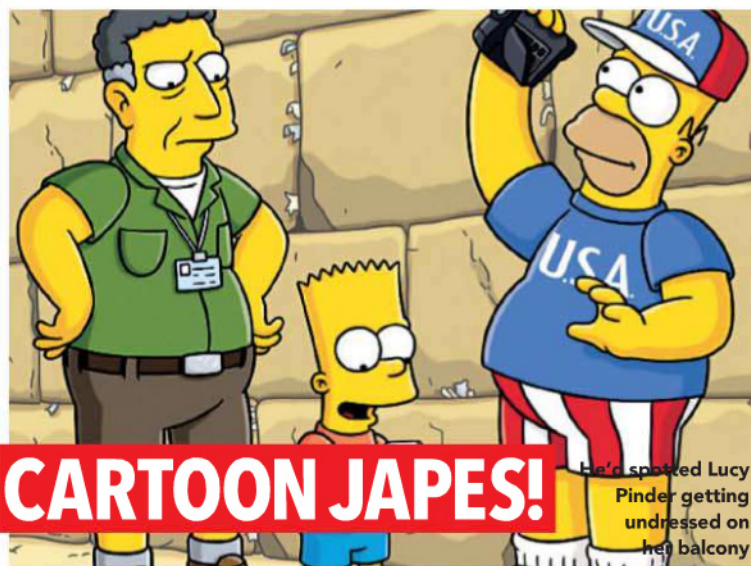
SYFY (129)

7.00pm Smallville **8.00** Legend of the Seeker **9.00** Sanctuary **10.00** Painkiller Jane **12.00m't** **FILM** The Grudge 3: Supernatural thriller sequel starring Shawnee Smith and Matthew Knight. **1.50am** Buried Alive **3.00** Painkiller Jane **4.00-6.00am** **FILM** Loch Ness Terror: Monster movie starring Brian Krause and Niall Matter.

FX (164)

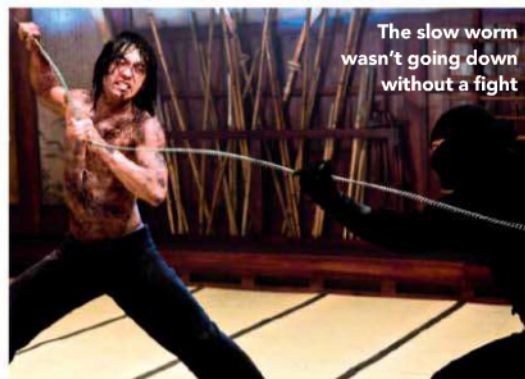
7.00pm NCIS **9.00** Family Guy **10.00** American Dad! **11.00** The Real Brotherhood **12.00m't** NCIS **2.00am** ReGenesis **3.00-4.00am** Tour of Duty

TODAY'S MUST-SEES



CARTOON JAPES!

He'd spotted Lucy Pinder getting undressed on her balcony



The slow worm wasn't going down without a fight

Ninja Assassin

Sky Box Office/HD, from 6am

FILM Captured as a child and trained to be one of the world's deadliest ninjas, Raizo flees the Ozunu Clan after they murder his pal. He later returns to seek revenge. Cue blood-letting galore! ★★★



"Alright, who painted my walls with uranium?"

You Have Been Watching

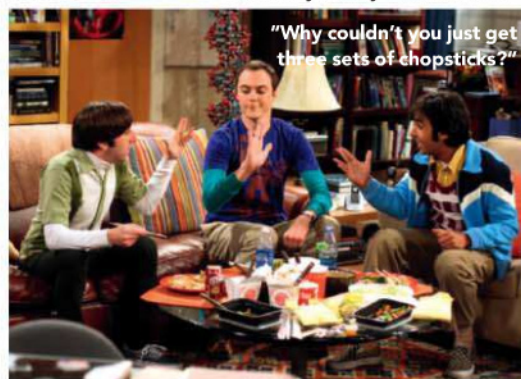
Channel 4, 10pm

COMEDY Angry bloke Charlie Brooker tears more strips off the week's TV with the help of guests Reginald D Hunter, Sarah Millican and David O'Doherty. Top entertainment! ★★★

The Simpsons

Sky1/HD, 7.30pm

COMEDY More often than not, if a celebrity guest makes an appearance in *The Simpsons*, they're decidedly wooden (we mean you, Chris Martin). But this week, it's top prankster Sacha Baron Cohen taking his yellow-skinned bow! Homer sets off for Jerusalem with Ned's prayer group in search of personal redemption, and hooks up with tour guide Jacob, voiced by Cohen. However, he soon finds that the path to enlightenment is a rocky, dusty one. ★★★★★



"Why couldn't you just get three sets of chopsticks?"

The Big Bang Theory

E4, 9pm

COMEDY Leonard and Sheldon's flat is burgled, so the lads work on a nerdy security system to outsmart any more unwanted guests. If only they'd watched *Beat The Burglar* with Dom Littlewood, none of this would've happened! ★★★★★

YOU'VE HEARD THE HYPE NOW WITNESS THE ACTION...

THE UK'S MOST EXPLOSIVE MIXED MARTIAL ARTS EVENT

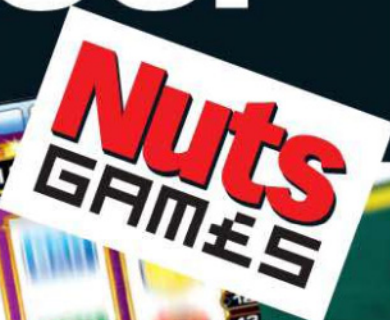
BAMMA 3

SATURDAY
 MAY 15TH 2010
 LG ARENA, BIRMINGHAM
 TICKETS AVAILABLE AT:
 WWW.LGARENA.CO.UK

NITS MFC MMA

Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!



Deal or No Deal top tips!

Deal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one recent winner walked off with £1.4m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the *Deal Or No Deal* TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

Chris B won £456,168 on Deal or No Deal!**

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"



THERE'S A WINNER EVERY TWO SECONDS ON NUTS GAMES!

**WINNER IMAGE POSED BY MODEL

GET UP TO **£100 FREE PLAY*** ON DEAL OR NO DEAL! SIGN UP TODAY AND ENTER PROMO CODE **NUTSA19**

WWW.NUTSGAMES.CO.UK

TV GAMES INSTANT WIN SCRATCH CARDS BINGO CASINO GAMES

*£10-£100 FREE PLAY FOR NEW PLAY FOR CASH MEMBERS. MINIMUM £10 DEPOSIT REQUIRED - EG DEPOSIT £30 AND WE'LL GIVE YOU £30 FREE PLAY. TO RECEIVE THIS OFFER YOU MUST ACCEPT THE SIGN UP BONUS WHEN REGISTERING. SUBJECT TO TERMS AND CONDITIONS OF THE OPERATOR, AVAILABLE AT WWW.NUTSGAMES.CO.UK. FOR 24-HOUR HELP AND SUPPORT, FREEPHONE 0800 458 0770. OVER-18S ONLY. PLEASE PLAY RESPONSIBLY. WWW.GAMBLEAWARE.CO.UK CLOSING DATE: 27 MAY 2010

Turn your unwanted items into cash!

Too much old stuff cluttering up your home?
Visit us today for a quick & easy way
to turn your unwanted items*
into cash on-the-spot!

is there
CASH
in your attic?



*We do not buy Clothing, Furniture or Firearms.
Proof of ID required. Minimum age 18. Terms and conditions apply.

cashconverters

150 stores nationwide
See www.cashconverters.co.uk for details

FASHION

MILITARY WATCHES

1. MWC METAL VIETNAM PATTERN WATCH £24.95
2. MWC US 1970S PATTERN MKVI WATCH £39.95

08458 991133
www.meanandgreen.com

FOR SALE

WELL COOL STUFF.COM
100's of T SHIRTS and COOL GIFTS

Digi Scales BB Guns Pulp Fiction Wallet

T-Shirts from £9.99

Chinese Lanterns

Banksy Mugs & Coasters

Dub Step

England Priorities

ACCURACY

South Africa 2010

Weekend Forecast

Mostly Drunk with a chance of HORNY

DO NOT FEED THE ZOMBIES

WOOP WOOP THAT'S THE SOUND OF DA POLICE!

Dolphin are Gay Sharks

ADIDAS WORLD CUP EDITIONS 2010

ADIPURE III

adidas adIPure III World Cup Edition SG - Black/Yellow £109.99

PRO-DIRECT
soccer : the professional's choice
www.prodirectsoccer.com

ENTERTAINMENT

HOT MOBILE VIDS!

NO SUBSCRIPTIONS!



**UNCENSORED
ANGEL DARK ON CAM!
419477**

Too Rude To Describe!!!	413512
18 Yrs Students Sleepover Caught On Cam	415669
Caught Mum Seducing My Hot Girlfriend!	413642
Uncensored Vikki Blows Action	412619
Lucy Pinder & Friend Get Frisky On Cam	411682
Huge Boobs Biker Chick Fondles Her Pair	412955
Mates Younger Sis Gets Wet Outdoors	413796
Danielle Lloyds Horniest Ever Roleplay	414537
Naughty Chanelle Loves To Tease You!	417299
Sophie Howard Loves To Get Them Out!	416255
19 Yrs Babe Gets Randy In Suspenders	416629
DD+ Girls Get Randy After A Night Out	416874
My Older Neighbour Shows Off Her Boobs	411623
Big Boobs Blonde Wants You In Her Bed	417113
My Girlfriends Mum Wants Me Bad!	415924
18 Yrs Students Saucy Shower Action!	416412
Saskia Unleashes Her Huge Assets For You	416914
Sexy Fat Babe Plays With Huge Rack	416159
Frisky Wife Seduced My Brother On Cam	416405
Naughty Bridesmaid Gets Caught Out!	416158

FREE VIDEO!

txt **HOT** to **80155**

txts cost 25p



418702



411809



418629

TEXT ALERTS

Meerkat Ad - Simple	417015
Eastenders Doof Doofs	416391
Go Compare Song	413973
Sid James Laugh	415948
Fast & Furious Dump Valve	413846
Peter Griffin Laugh	414956
Jaws - Smile You Son Of A...	417463
Loud Wolf Whistle	412001
Stewie Victory Is Mine	415851
Kill Bill Whistle	417413
Captain Cavemaaaaaaaaa!	412367
Creepy Grudge Noise	415137
Dukes Of Hazzard - General Lee	418135
Achmed - Silence I Kill You!	413885
Text Is On Fire - Sex On Fire Spoo!	414708



THEMES

True Blood	416667
Mission Impossible	417286
Gavin & Stacey	410435
South Park	412842
Hollyoaks	418036
Top Gear	413808
Good The Bad & The Ugly	417281
3 Lions	418726
BBC Cricket	417953
Shameless	417632
Match Of The Day	416057
Doctor Who	412215
Family Guy	412009



TO ORDER: txt DBM (space) ITEM CODE to 80155

EG: txt DBM 419477 to 80155 All items cost £3



80155 is aged 16+. Requests to 80155 charged at 25p. Wap/ GPRS Required. Videos in excess of 500k. All models used are 18+. Free Video: standard network costs apply. K2 Media or its associates may contact you by SMS with the latest promotions & similar products. To end text STOP to 80155. dbm is a Trade Mark of K2 Media Ltd, PO Box 162, Kendal, LA8 8WW UK. Support. 0844 879 7228.

FLIRTY MOBILE TEXT

HOT TEXTS! HOT PICS! HOT GIRLS!

YOU'RE IN CONTROL!

START FLIRTING TODAY WITH SEXY SINGLES!

TEXT **PULLONE**
TO **86737**



Kiss Tel, PO Box 679, CB22 5WN, Helpline 08445616410. Over 18s only and must be the bill payer or have the bill payers permission for these entertainment services. SMS messages cost £1.50, pictures charged 2 x £1.50 SMS messages and standard mobile charges apply. Text STOP to 86737 to stop the service. Promotional messages may be sent.



**WE'VE GOT 100'S OF GIRLS WAITING TO FLIRT RIGHT NOW!
DON'T GET BORED THIS SUMMER! GET OUT AND START FLIRTING!**

TO START TEXT PULLTWO TO 86737

WITH A BIT OF LUCK YOU COULD WATCH THE FOOTBALL AND FLIRT AT THE SAME TIME!

Kiss Tel, PO Box 679, CB22 5WN, Helpline 08445616410. Over 18s only and must be the bill payer or have the bill payers permission for these entertainment services. SMS messages cost £1.50, pictures charged 2 x £1.50 SMS messages and standard mobile charges apply. Text STOP to 86737 to stop the service. Promotional messages may be sent.

JOKELINES



PRANK CALLS

- 1 Inland Revenue want their £20k - or else!
- 2 Car insurance is cancelled - from today!
- 3 Caught Downloading porn - Caught a virus!
- 4 Police call - £1 million in your bank - Why?
- 5 You got my daughter pregnant - big trouble!
- 6 STD Clinic calling - test results ready!
- 7 Cheeky Sex Survey - The big squirm!
- 8 Narcotics Survey - what do they really know?
- 9 New Ozi game show invite - Win millions!
- 10 Shock US Radio - You're Live & on air!
- 11 Magistrates Court - Test Trials by phone!

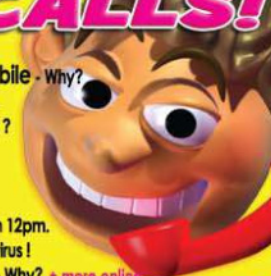
Call 09066 630 831

EIRE CALL 159 899 7487 • More pranks at www.prank-phonecalls.com or text MONSTER to 84010
Info +44 (0)207 1 860 0446. UK calls cost £1.50/min. Eire calls cost €2.40/min. Mobile rates may vary. Bill payers permission required. 18+ only.

Wacky's Just like a real conversation ... these WindUps respond to what is said!

WINDUP CALLS!

1. Sex Survey - Very rude & embarrassing.
- 2/3. Your numbers on my boy/girlfriends mobile - Why?
4. Overdue CreditCard - We're sending the Bailiffs.
5. You got my Girlfriend pregnant - Wanna fight?
6. 'Honey Trap' Call - Are they cheating on you?
7. Wrong Number - Is that the Massage Parlour?
8. The VAT Office want their £20k... or else.
9. Your Car Insurance is being Revoked - from 12pm.
10. Caught Downloading Internet Porn... & a virus!
11. Strange £1Million Bank account Deposit - Why? + more online



0906 663 0211

0906 663 0211

HOW: Choose a Wind-Up, Call, Tell us their name & number, Sit back & listen secretly as we call them & play the Wind-Up... let the fun begin!

... asks for your victim by name!

Helpline: 0844 482 2432. UK calls cost £1.50/min. Eire calls cost €1.75/min. Mobile's cost more. Bill payers permission required. 18+ only. For entertainment purpose only. Visit www.wackyphoncalls.com for more!

The HOTTEST women! The HOTTEST photos! AND VIDEOS

Want the HOTTEST HOOK UPS?

HAVE FUN TONIGHT! GET PHOTOS & HOOK UP NOW OR WHEN IT SUITS YOU

<p>Get my hot pix...and lets hook up .text GILL to 68889</p>	<p>Get my hot pix...text ANNA to 68889</p>	<p>Get my hot pix...text CARO to 68889</p>	<p>Get my hot pix...text BLONDIE to 68889</p>	<p>Get my hot pix...text TASH to 68889</p>	<p>Get my hot pix...text MINKI to 68889</p>	<p>UK Rep Lets hook up... Get my hot pix...text CLAIRE to 68889</p>	<p>Get my hot pix...text VAL to 68889</p>
---	---	---	--	---	--	--	--

25p per message sent into 68889 £1.50 per received text from 68889. See virtual terms online at www.ukeasyaction.com 18+

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM!

All personas 18+

<p>Get my hot pix AND VIDEOS ...text MEG to 68889</p>	<p>Fun loving naughty women with photos Get my hot pix...text KISSY to 68889</p>	<p>Can't wait to send you my sexy photos. text anytime 24/7 Get my hot pix...text KATHERINE to 68889</p>	<p>Fun easy experienced woman wants fun! Especially with guy 18-30! Get my hot pix...text POLLY to 68889</p>	<p>AS SEEN ON TV</p> <p>POSTCODE MATCH! See who replies to your postcode....</p> <p>To be matched to a woman (with HOT photos & maybe HOT videos</p> <p>Text-PC followed by your postcode to 68889 (for example PC NE344NB)</p> <p>Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile</p> <p>*Text SWAP anytime to swap to a different hot woman* £1.50 per received text.</p>	<p>Get my hot pix...text KAT to 68889</p>	<p>Get my hot pix and HOT videos ...text AMI to 68889</p>	
<p>Get my hot pix AND HOT VIDEOS ...text LIZ to 68889</p>	<p>Text me anytime & Get my pix...and HOT VIDEOS XXX text NAT to 68889</p>	<p>Get my pix...text TARA47 to 68889</p>	<p>Get my pix...text DI to 68889</p>		<p>Get my pix...text JEWEL to 68889</p>	<p>Get my pix...text KITTY to 68889</p>	<p>Get my hot pix...and VIDEOS text LEE to 68889</p>
<p>Lets have some fun Get my hot pix...text BETH38 to 68889</p>	<p>Single and fun loving Looking to hook up soon! Get my hot pix...text MELL to 68889</p>	<p>Easy going, fun loving, ask me for my really hot pics! Get my hot pix...text RITA45 to 68889</p>	<p>Get my hot pix...text SAUCY to 68889</p>		<p>Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text LILY to 68889</p>	<p>Get my hot pix...and VIDEOS text KER to 68889</p>	
<p>Get my hot pix...and HOT VIDEOS .text DAZE to 68889</p> <p>25p message sent £1.50 per received text.</p>	<p>Get my hot pix...and HOT VIDEOS ...text LIB to 68889</p>	<p>Get my hot pix...text NICI to 68889</p>	<p>Get my hot pix...and HOT VIDEOS too text LEAH to 68889</p>	<p>Get my hot pix...text TANI to 68889</p>	<p>Also - www.ukeasyaction.com</p> <p>UK EASY ACTION .COM</p> <p>HOOK UP NOW - VIA YOUR MOBILE</p>	<p>Get my hot pix...and VIDEOS text ANNE to 68889</p>	
<p>Hot single woman (40) wants to be contacted by guys 18-35 for fun easy times. Get my hot pix...and HOT VIDEOS Text JULE to 68889</p>	<p>Get my hot pix...and HOT videos text CARLY to 68889</p>	<p>Get my hot pix and VIDEOS ...text KYLI to 68889</p>	<p>Saucy older woman wants to hear from younger guy 18+. Easy going. Fun loving kind single woman 35 - hopes age doesnt put you off! Get my hot pix...and hot videos text BEVERLY to 68889</p>	<p>Lets hook up Get my hot pix...text HWILKIE to 68889</p>	<p>Hot fun girl looking for flirts! Get my hot pix...and hot vids text NAUGHTY to 68889</p>	<p>Get my hot pix...AND VIDEOS text AMB to 68889</p>	

Strictly 18+. This is NOT a subscription service. 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (max. 4 billed messages sent to you per message into 68889) Photos/videos sent in/received charged as 2 x £1.50. You must check your mobile is able to send/receive videos or photos. Real people replying NOT a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. Text stop to end (not case sensitive) You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages received may appear on your bill. We do not sell or share your data or mobile phone number. No guarantee of meeting implied. Photos are for display purposes and not to be reproduced for fantasy entertainment only, areas to aid this. Virtual service Terms and conditions @ www.ukeasyaction.com. please read the full terms and conditions fully, G Med 331, 77 Beak Street, Soho, London W1F 6DS. To swap to a different persona with photos text SWAP to 68889 at ANYTIME. PLEASE ENSURE YOU HAVE CREDIT IN YOUR PHONE IF YOU ARE A PAYG USER. WE RESERVE THE RIGHT TO BAR USERS IF THEY HAVE NO CREDIT OR ARE UNDER 18. 18+ SERVICE. To stop the service text STOP to 68889 THANKS.

DATING

UK's BEST
picture
text &
date
service

max
10p
per msg

Swap texts and pictures
with UK women looking
to meet guys now!

text **FLIRT** to **85588**

18+. This is NOT a subscription service. Standard network charges apply to messages sent. For the best experience, your mobile should be able to send and receive MMS photos and videos. Meetings not implied or guaranteed. MMM Ltd Helpline: 0871 310 7591 PO Box 55766 London E14 1DT

VIDS UPDATED WEEKLY

1P SEXY MOVIES

TXT: EASY TO: 81833

Get one vid for just 1p. Other items on site are charged at £3 for 3 videos, £1.50 for 3 pics, charged per page, pay only for what you view, games and tones priced individually. Messages to 81833 charged at standard network rate. 18+ only. Send Stop to 81833 to stop service. Provided by BS Mobile PO Box 2362, London, WC1N 3XX. Help tel - 0870 100 1024, help@bingmob.com

FLIRT & MATCH

PHOTO FLIRTING ON YOUR MOBILE

IT'S EASY TO CONNECT WITH SINGLES ACROSS THE UK ON YOUR MOBILE RIGHT NOW!

JUST TEXT IN AND WE'LL SEND YOU **3 FREE** PHOTO MATCHES WITHIN MINUTES

Hey babe! What are you up to? Like my new top?

TEXT CUTE TO 61000

AND BE FLIRTING AND GETTING PHOTOS RIGHT AWAY!

18+ ONLY. £1.50 FOR EACH TEXT MESSAGE RECEIVED. £10 MINIMUM SPEND OR TEXT STOP TO EXIT ANYTIME. DL BCM 185 LONDON WC1N 3XX HELP 0845 889 7599. THIS IS A FANTASY CHAT SERVICE. NO MEETINGS ARE GUARANTEED OR IMPLIED. WE MAY SEND YOU PROMOTIONAL MESSAGES TO OPT OUT TEXT STOP ALL TO 61000. FULL TAG AT WWW.INFOSMS.CO.UK

RELAX & GET SEXY

Amazing SEXY TEXT hook up with local girls to relieve your stress x See our lovely pics now on your mobile xxx

TEXT EASY TO 67111

LL P06538 N27YN. Help 08431982255. 18+. SMS cost £1.50 each + standard network charges apply. To stop text 'STOP' to 69469.

SEXY TEXT EASY AND QUICK

Hot girls at home always ready & sexy FOR YOU! Text in now for girls pics - a great time guaranteed, full satisfaction xxx

TEXT KISS TO 67111

LL P06538 N27YN. Help 0844 871 4487. 18+. SMS cost £1.50 each + standard network charges apply. To stop text 'STOP' to 69469.

TEXT TALK WITH PICTURE MESSAGING

25p per msg sent/recvd

Men: Text 'mpea' to 88199
Women: Text 'wpea' to 88199
Gay: Text 'gpea' to 88199
MIN SPEND £1.50

Helpdesk 0844 944 0002. Stand network charges apply. 18+. Women: Nwk charges only. Men/Gay: Join for 10p per msg for 1st 15 msgs sent/recvd, 25p thereafter. Pic msgs cost £1.50 each. This is a subscription svce, costing 25p per msg sent/recvd until you send STOP to 88199. SP: X-On.

TEXTCHAT

10p each for 1st 15 msg/s sent/recvd. 25p per msg sent/recvd thereafter.
Minimum spend £1.50

Men: Text 'mwall' to 88199
Women: Text 'wwall' to 88199
Gay: Text 'gwall' to 88199

Helpdesk 0844 944 0002. Standard network charges apply. 18+ only. Women: Network charges only. It will cost 25p per msg sent/recvd until you send STOP to 88199. IP: X-On.

TEXT TALK NO SUBSCRIPTION

10p PAY AS YOU TEXT!

PER MSG SENT/RECVD
Men: Text 'mpea' to 83455
Women: Text 'wpea' to 83455
Gay: Text 'gpea' to 83455
MIN SPEND £1.50

Helpdesk 0844 944 0002. Standard network charges apply 18+ only. Texts charged at £1.50 for each 15 texts sent/recvd. SP: X-On.

LIVE CHAT

GET LIVE & SEXY WITH NAUGHTY GIRLS AT HOME



MATURE LADIES

Hot mature Ladies know how to get sexy with you! They're always willing to please new callers xxx

0909 897 2053



45p SWEET 18'S +

So very adventurous & fit bodies wanting men of all ages for adventure, fun and thrills xxx xxx xxx xxx

0908 145 2545



45p SEXY GIRLS

Ask what you really want and we will do everything you like. You'll come back for more! xxx

0908 145 0576



SEXY & MATURE OPEN ALL HOURS

Experienced Ladies - do you need it hard & fast? Well just call these tasty oldies - best get off in the UK!

0909 897 9111



40+ YEAR OLD SHARON

Ladies at home that are mature in so many special ways. Chat now to mature women xxx

0909 897 9416



45p LOCAL CUTIE BABES

Local cutie girls who get excited with you xxx Very adventurous, into all sorts of things xxx

0908 145 0581



YUMMY WOMEN

Who know how to get you turned on and excited when you need relief. It's total extreme fun all the way xxx

0909 897 0888



45p GIRLS AT HOME

Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx

0908 145 0580



FUN & SEXY

Yummy Sally loves have sexy fun with you and will get you very excited xxx

0908 145 0575



FLIRTY SEXY FUN

One of our top 50 girls will take your call and give you a great sexy time - 100% live so call anytime you need to day or night xxx

0909 897 9412



SUPERFAST RELIEF!

For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!

0909 897 9442



JUST 18+

18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx

0909 897 2038



45p FAST RELIEF

Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx

0908 145 0579



FIT LOVELY GIRLS

Who want to get excited with you. Adventurous and playful. Call them now at home xxx xxx

0908 145 0582



45p I'LL BLOW YOUR MIND

Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx

0908 145 2543



VERY BROAD MINDED

Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx

0909 897 9333



45p HAVE FUN & RELAX

Up close and personal - lovely girls at home just eager to go live with you 1 on 1! x

0908 145 2542



BEAUTIFUL LADIES

Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time

0909 897 9405



CHEAP & SEXY

Live sexy 121 - Pure adult chat with any girl that turns you on like crazy xxx

0909 897 9447



SEXY GIRLS AT HOME

Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x

0908 145 2544



VERY HOT LADIES

Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x

0909 897 0612



45p DIVORCED & SEXY

Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx

0908 145 0577



45p HOT & SEXY

When you just cannot wait and need a real fast quickie session. Call now for relief

0908 145 0578

SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469

Nuts PUB AMMO

Facts and figures to help you win any pub quiz!



C-3P0 tried not to stare at her gammy eye

Every year, 2.2 million drivers are caught by speed cameras in the UK. Total fines exceed £114million.

Britain's oldest new father was 76 when his kid was born.

The World Record for sitting in a room with snakes and not being bitten is 113 days.

Badgers spend more than half their lives underground, much of it asleep.

Barcelona swung the deal to sign Lionel Messi from Argentine side Newell's Old Boys by offering to pay for the growth hormone treatment he needed as a youngster.

The dung beetle can pull 1,141 times its own weight in dung.

Ridley Scott's *Robin Hood* is out this week. At 46 years old, Russell Crowe is the oldest actor ever to play the Nottingham-based bandit in a film.

In French, a "brassière" is a baby's vest. Their word for a bra is "soutien-gorge".

Baboons can hold a full stomach's worth of food in their cheeks.

A Mexican mobile phone tycoon called Carlos Slim has overtaken Bill Gates as the richest man in the world. His net worth is £35.7billion.

There are more than 40,000 toilet related injuries in the US every year.

Neptune still hasn't completed one full orbit of the sun since it was discovered by astronomers in 1846. It will finally complete its orbit in 2011.

TNT stands for Trinitrotoluene.

Nike was originally called Blue Ribbon Sports when it was launched in 1964.

PUB AMMO ON... THE FA CUP FINAL

"This piggyback isn't really working for me!"



- The FA Cup is the oldest domestic cup competition in the world. This is the 129th final.
- Chelsea have won the cup five times and Portsmouth have won it twice. Man United have won it the most, lifting the trophy on 11 occasions.
- The current FA Cup trophy is the third version of the cup to be made. It had to be repaired in 2009 after then-holders Pompey knocked it off a table.
- Louis Saha holds the record for the fastest FA Cup final goal with his strike after 27.9 seconds last year.
- Watch Chelsea vs Portsmouth on ITV1 from 1pm on 15 May.



"What do you mean this is Crystal Palace?"



"Am I too late for the National?"



Winehouse's new fragrance wasn't to everyone's taste



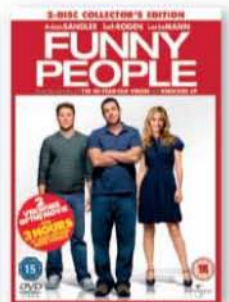
"Oi, Feltz, that's the third one you've broken this month!"

Clearance bargains!

3 for £12

£5 each

pre-owned



Loads more in-store!



blockbuster.co.uk

Offers for a limited period only. Products are pre-owned and are subject to suitability and availability. While stocks last. Pre-owned products and offers not available online. Packshots correct at time of print. All trademarks, copyrights and logos are property of their respective owners. Night At The Museum 2 (UK) © 2009 Twentieth Century Fox Home Entertainment LLC. All Rights Reserved. 500 Days of Summer © 2009 Twentieth Century Fox Home Entertainment LLC. All Rights Reserved. BLOCKBUSTER name design and related marks are trademarks of Blockbuster Inc. © 2010 Blockbuster Inc. All rights reserved. Excludes Sainsbury's concessions.

NUTS.11/05.PPGSALEW19.NVS

Created by 

**With high precision styling
you can score the perfect hit.**

Highscore your play. Maximize your attraction
and stay in style. Precision is everything.



SHOCKWAVES
STYLE. ATTRACT. PLAY.

