

Nuts BRITAIN'S 100 BOOBIEST BABES!



THE SATURDAYS' ROCHELLE!



LUCY PINDER!

HURRAH FOR BRITISH BREASTS!

Nuts

12-18 Mar 2010 • www.nuts.co.uk

£1.70 Sp €2.95/Gr €3.45

BRITAIN'S BIGGEST SELLING MEN'S WEEKLY!



EMILY DIAMOND!



CORRIE'S MICHELLE KEEGAN!



ROSIE JONES!

BRITAIN'S 100 BOOBIEST BABES!

It's boom time for busts!



HOLLY WILLOUGHBY!



KELLY ANDREWS!



SAM COOKE!

PLUS! 92 OTHERS!



CUTE!
CHERYL COLE'S SEXY NEW PICS!



JAMES CORDEN'S CHEEKY CHAT!
'CUDDLY!'



2010'S COOLEST NEW SUPERCARS!



COSTLY!

ILL TAKE TWO!

THIS WEEK

12-18 MARCH 2010

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IN Nuts!



CARS!

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LAUGHS!

Corden p36



FOOTY!

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IN THE Nuts OFFICE!

At Wembley! Get your T-shirt from cheat.spreadshirt.co.uk



The Million Dollar Man scares Reg!

Nuts NEWS

GIVING IT SOME CHOKE, EVERY WEEK

2010's coolest new cars!

Geneva Motor Show's sweetest rides!

The annual Geneva Motor Show traditionally showcases the most kick-arse new cars from around the world – and this year's didn't disappoint. With

mad hybrids, bright-blue Rollers and rides costing £1.3million, our eyes were out on stalks. Wonder if they'll take our clapped-out Fiat Uno as part exchange?

LAMBORGHINI GALLARDO LP570-4 SUPERLEGGERA

This is Lamborghini's lightweight, carbon-fibre Gallardo – and it's hardcore! The new 5.2-litre engine boasts 562bhp and 398lb-ft of torque. Top speed is 202mph. And using Lambo's built-in Launch Control, it'll hurtle from 0-60mph in 3.4 seconds. Most impressive, though, is the weight loss owing to carbon-fibre refinements. The car weighs in at just 1,340kg – 70kg lighter than the LP560-4.

Kermit tried his best to impress Piggy



"Do you mind?
I'm trying to reverse!"

PORSCHE 918 SPYDER

Porsche's super-sleek hybrid will do 0-60mph in an astonishing 3.2 seconds and close to 200mph, and yet it's even more eco-friendly than a Toyota Prius! Everyone's a winner, then.



Plum had pawned the candlestick and lead piping

MANSORY ROLLS-ROYCE GHOST

German tuner Mansory has made the Ghost even less subtle, and given it 720bhp and a 193mph top speed. Now all you need to do is find a chauffeur brave enough to take you for a spin in it.

PHOTOS: FOX SYNDICATION



0-60 IN 3.4 SECS!



"Hmm, do you have anything in puce?"

PAGANI ZONDA TRICOLORE

The last Zonda before Pagani makes an all-new supercar, this carbon-fibre head-turner costs a Premier League wage packet of £1.3million. No doubt Stephen Ireland's on the waiting list.



Fiat 500 had been down the gym

HISPANO SUIZA

The Audi R8 rebodied as a wild supercar, with a mighty 750bhp V10 engine. At most, 50 will be built annually and if you want one, expect to cough up around £700,000. We'll take two, please!



**230MPH
TOP SPEED!**

BRABUS E V12 COUPÉ
If Batman had a tuned Mercedes, it would look like this. And let's be honest – Bruce Wayne is one of the few people who could afford this £400,000 beast, which is based on the new E Class. The engine is a SV12 R Biturbo 800 12-cylinder displacement that produces 800bhp and over 1,000lb-ft of torque. Top speed is a whopping 230mph and 60mph comes up in 3.7 just seconds.

"Oi, long legs,
get off my
bonnet!"



Megatron
rubbished claims
he was showing off

KOENIGSEGG AGERA
This mental motor from the Swedish manufacturer is powered by a 4.7-litre twin-supercharged V8, which generates 910bhp and powers the Agera to a Stig-scaring top speed of 245mph!



She was having trouble
adjusting her chair

CITROËN SURVOLT
The French firm's tiny electric sports car is styled like a mini Bugatti Veyron. Could this be the first Citroën a footballer drives without fear of being ridiculed? We'll keep you posted.



"I could've sworn I just saw a ghost"



FAB DESIGN MERCEDES SLR

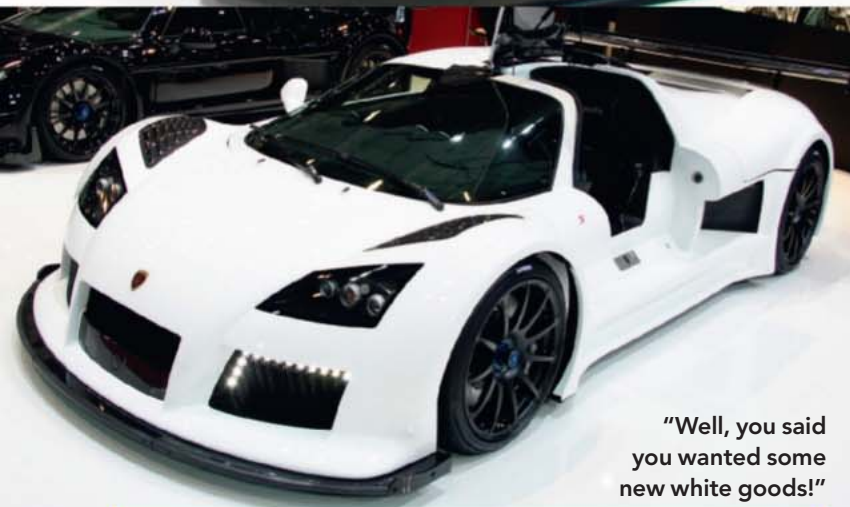
Here's another strange tuned car from Germany. This time, it's from FAB Design, which has turned an SLR into the sort of motor a Stormtrooper would drive. Top speed is a decent 192mph.



It was the fastest sprout they'd ever seen

FERRARI 599 HY-KERS

This beast is green in more than one way, being that it's a petrol-electric hybrid. It's still quicker than a standard 599, though, with a top speed of 200mph and a 0-60mph time of 3.5 seconds.



"Well, you said you wanted some new white goods!"

GUMPERT APOLLO

An Apollo recorded the quickest time around the *Top Gear* track, and now Gumpert has made a 850bhp race version with a twin-turbo 4.2-litre V8 engine and an F1-style gearbox. Be scared!



Abramovich loved his new dodgers

MANSORY CYRUS ASTON MARTIN DB9

Those Mansory boys are at it again. This time, it's a carbon-fibre-bodied Aston DB9 that costs half a million quid! If 007 is reading this, we imagine he'll be on the blower to Q right about now.

Nuts EXCLUSIVE!

Unseen Girls Aloud

Never-before-
aired sexy snaps
unearthed!

You know when you go through an old pair of jeans and find a sweet £20 note you'd forgotten about? Well, this is the *Nuts* picture version of that, only it's

more the winning lottery ticket version, as we've unearthed unseen snaps of the booby pop phenomenon that is Girls Aloud.

So do the windscreen-wash thing on your eyes, because you,

lucky reader, are the first man ever to cast your peepers over these shots, snapped for a calendar that was never made.

Apart from us at *Nuts*, who made the page last week, of

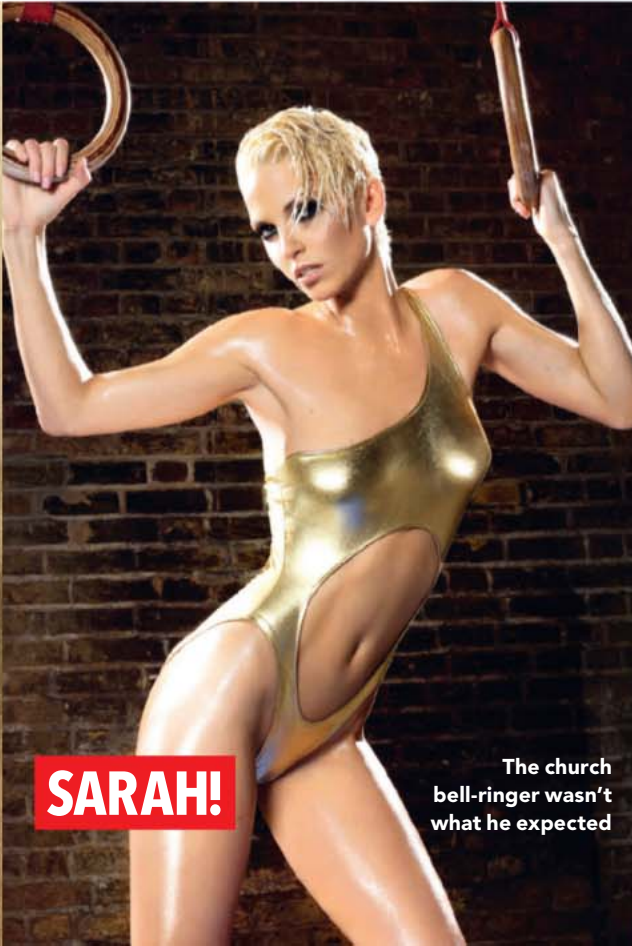


"Do you mind?
I'm trying to sleep!"



"Wanna share
my giant
chocolate coin?"

NADINE!



The church
bell-ringer wasn't
what he expected

SARAH!



KIMBERLEY!

ud shots!

course. And the men who work at the printer's. And your local newsie. And only if you were the first person to actually buy the magazine. Dagnabit, you know what we mean!

WE LOVE CHERYL!



"Anyone know how to change a massive tyre?"



"Right, who spilled mustard on my boat?"

"Oi, get off my snooker cue!"



THE GINGER ONE!

WORDS: RORY BUCKERIDGE PHOTOS: IAN BARTLETT/CAMERA PRESS STYLING: FRANK STRACHAN



Amelle Berrabah

On tour in Warsaw, Poland

Now, this is the way to get a Sugababe's autograph! Ask politely, hand over some paper, then make up an unfeasibly long name and message while you stare happily down her top.



Victoria's Secret girls

Photo shoot, London

This lingerie-clad line-up of Victoria's Secret models has to be the best-ever "Which would you snog?" in the history of mankind. Our answer? "Eeny, meeny, miny, moe..."

RUDE NEWS

The week's breast-based bulletins!



Polly Parsons

Photo shoot, London

In miserable soap *EastEnders*, Ricky's re-marrying Bianca. In real life, the actor Sid Owen's marrying Polly, demonstrating here the wedding night view he'll get. The lucky Herbert!



Maddy Ford

Photo shoot, London

This is Maddy, the first lady Peter Andre "romanced" after splitting with Jordan. She then, of course, blabbed it all to the tabloids immediately. Well, why else would you sleep with him?

WORDS: RORY BUCKERIDGE PHOTOS: ANGUS YOUNG, UNLEASHEDDIGITAL.COM/HARRYP, TINI PRESS, WENN, CELEBRITYPICTURES.CO.UK, SPLASHNEWS.COM, GETTY

Formula One 2

AND THEY'RE OFF!

The Bahrain circuit – venue of the first race of 2010 – cost £100m to build.

MB: "WEBBER 6TH!"

Nuts says: Put your money on the Aussie to win at least one GP, but his lack of consistency will be a problem for him.

MB: "SCHUMACHER 4TH!"

Nuts says: We're salivating at the return of the German hero, but it's hard to see him passing the McLarens or Alonso.

MB: "BUTTON 3RD!"

Nuts says: Jenson's smooth style will keep the thinner front tyres on the track, but he'll take time to settle at McLaren.

2010 preview!

Martin Brundle gives *Nuts* his top tips



BBC EXPERT!

With the return of German legend Michael Schumacher to a revitalised Mercedes, Fernando Alonso's defection to Ferrari, and the Brit pairing of Jenson Button and Lewis Hamilton at McLaren, this year's Formula One Drivers' Championship promises to be the most exciting for yonks!

But who'll be top dog come the end of the season? We asked BBC F1 commentator Martin Brundle to give us his expert opinion on who'll be in pole position come November.

The BBC is covering the entire F1 season on TV and radio, online and on the red button. Visit bbc.co.uk/sport for details

WORDS: RICH JENKINS PHOTOS: GETTY

David Coulthard's view

The former F1 ace on rule changes and potential winners



Hi David! Which rule changes do you think will have the biggest impact this season?

The narrower front tyres, and the fact that refuelling during races is now outlawed. The latter rule will have the biggest effect, as cars will be carrying 220 litres of fuel and travelling five seconds a lap slower, so it could change the style of racing completely.

Who is most likely to be affected? The drivers who consistently deliver fast laps. There are guys who can vary their lap times. An extreme example would be Jarno Trulli. We used to say that if you got stuck behind him, you were in for a slow weekend!
So who's going to win it? The top four teams all have winning drivers. But how do you separate a Hamilton from a Button or an Alonso from a Schumacher? It's hard to call.

MB: "VETTEL 5TH!"

Nuts says: The Red Bull cars get quicker every year, and the German is supremely gifted. But he's a talent for the future.

MB: "HAMILTON 2ND!"

Nuts says: Lewis' fearless overtaking will suit the rule changes, but he'll fall just short of repeating his 2008 triumph.

MB: "ALONSO 1ST!"

Nuts says: Alonso's clear head, experience, consistency and car will combine to give the Spaniard overall glory this year.

Bahrain Grand Prix

Sun 14 March, 11.10am, BBC1



**LOSING IS NOT AN OPTION,
BECAUSE I'M THE HOST**



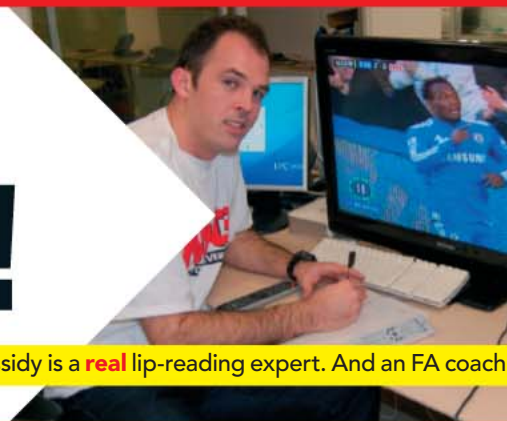
sky

A LEAGUE OF THEIR OWN

THE NEW PANEL SHOW THAT DOESN'T TAKE SPORT TOO SERIOUSLY

STARTS THURSDAY 9PM **sky1^{HD}**

THE Nuts LIP-READER!



When he watches a match, he sees every word! John Cassidy is a **real** lip-reading expert. And an FA coach!



Martin O'Neill:
"He must be off!"

ASTON VILLA VS MAN UNITED Wembley, Sun 28 Feb, 3.05pm
The Villa boss expects Nemanja Vidic to walk for his foul in the area.



James Collins: "He took a bit of a dive there - trust me!"

ASTON VILLA VS MAN UNITED 3.14pm The Villa defender reckons Michael Owen's hoodwinked the ref, but is booked anyway.



Wayne Rooney:
"F**king come on!"

ENGLAND VS EGYPT Wembley Wed 3 March, 8.34pm Wazza gives his team-mates a rocket after their lacklustre start to the game.



Nigel de Jong: "From behind! F**k that! Get him off, for f**k sake!"

CHELSEA VS MAN CITY Stamford Bridge, Sat 27 Feb, 2.24pm
City's midfielder demands the ref sends Michael Ballack packing.

POTTY-MOUTH OF THE WEEK!



NEW TO Nuts!

Sol Campbell: "No! F**king hell! F**k off! No! F**k off!"

STOKE VS ARSENAL Britannia Stadium, Sat 27 Feb, 6.51pm The Arsenal man's in no mood for excuses after Aaron Ramsey is injured. **15**

TO CONTACT THE LIP-READER, WRITE TO: JOHNNYR.CASSID@HOTMAIL.COM

Ka-boom!

Oz snapper gets extraordinary warship money shot!

This is the incredible moment a shell is captured on camera as it's shot from the cannon of a warship.

As the shell shoots out of the cannon, the burnt gunpowder can be seen exploding out of the end as the armour-piercing round flies towards its target.

The impressive shot was taken by Andrew Dakin on board the

HMAS Anzac as it took part in training exercises off the coast of eastern Australia. With his talent for capturing unlikely shots, we're considering tasking Andrew with getting a snap of one of his Aussie countrymen buying a round.

That'd be truly spectacular!

WORDS: ADAM RALPH. PHOTOS: ANDREW DAKIN/COMMONWEALTH OF AUSTRALIA

EXPLOSIVE!

Fellini struggled to fit down the ship's chimney

HD



*"smallest" defined as the product of height x width and having the lowest weight based on phones available for purchase on the market as at 1st March 2010. Actual height x width is 107 x 52. Sony and "make.believe" are trademarks or registered trademarks of Sony Corporation. Ericsson is a trademark or registered trademark of Telefonaktiebolaget LM Ericsson.



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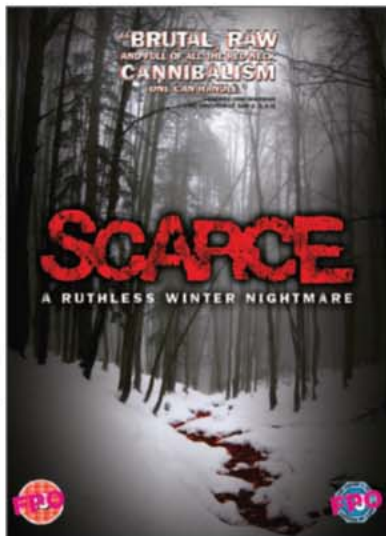


£13.99

out now

The deathly traps and cunning plotting return for this sixth entry in the hugely popular SAW film series

also available on 



£9.99

out now

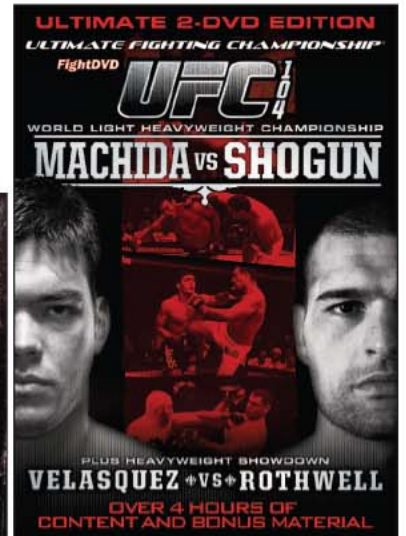
Snowbound thrills and cannibalistic chills highlight this frostbitten shocker about three snowboarders fighting for their lives in an isolated mountain cabin



£7.99

out now

Danielle Lloyd stars in this tense British horror - a uniquely claustrophobic experience which pulls you in and offers no mercy



£14.99

out now - 2 DVD

Lyoto 'The Dragon' Machida defends his UFC light heavyweight crown for the first time against former PRIDE star Mauricio 'Shogun' Rua. This double DVD has over four hours of content and bonus material



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ACE ACTION!

"Argh! Me rucksack's on fire!"

JET PACKS!

The combat goes 3D with the addition of jet packs that boost you into the atmosphere!

Nuts EXCLUSIVE!

Halo multiplayer revealed!

WORDS: RORY BUCKERIDGE

And it's every bit as mental as ever!

Remember when you got your copy of *Halo 3: ODST*, there was another disc in it? Well, that was the *Halo: Reach* multiplayer beta – and prepare for your gob to be viciously smacked, because it looks utterly kicking.

A prequel to the game, this is an online-only multiplayer mash-up that throws up loads of clues as to how the campaign will play, with new moves, weapons, armour, venues and game modes. Stick your disc in your Xbox from 3 May – it's going to be mental!

LOADOUTS!

Now your armour can carry one "loadout" – a skill such as invisibility, sprint or the jet pack.

Pete denied that his new torch was a penis extension

NEW MODES!

New multiplayer modes include Invasion, The Arena, Headhunters and Spartans vs Elites.

"Blimey, this Hoover's strong!"

NEW WEAPONS!

A needle rifle, grenade launcher and Covenant version of the Spartan laser will be available.

Cheryl was ready for Ashley's homecoming

Nuts WORLD CUP COUNTDOWN

New World Cup boot tested!

Can new Nikes make even girls good at footy?

Everyone knows girls are rubbish at football. But that could be about to change, thanks to Nike!

The sport-kit giants gave us a call and harped on so much about how revolutionary their new Mercurial Vapor Superfly II boots are, we gave them the ultimate challenge: can they make a girl good at football?

To test our theory, we called in Peta Todd (Games: 0. Goals: 0. Balls actually kicked: 0), poured her into a woman-sized pair of Mercurials and stood back to admire the results...

Nab a pair of Mercurial Vapor Superfly II boots for £275 at www.nike.com/nikefootball

WORDS: RICH JENKINS PHOTOS: JIM LINCOLN



FOOTY FITTIE!

"Well, you said you wanted to see my booty"

She tried everything to put off Usain Bolt



ON HER MARKS!

SPEED TEST

Unbelievable! Peta was out of the blocks like she'd just heard there was a shoe sale on, thanks to extra traction at the front end of the boot!

"Do you mind? I'm trying to do the cancan!"

Navigating her way round Fergie's chewing gum was tricky



HOT SHOT!

SHOOTING

Peta nearly took the net off with her new shooting ability. Call her up to the England squad, Fabio – she'll probably score more than Heskey!

DRIBBLING

Our girl was in and out of the cones we put up like some kind of greased-up weasel. If they were real defenders, they'd be eating her dust!



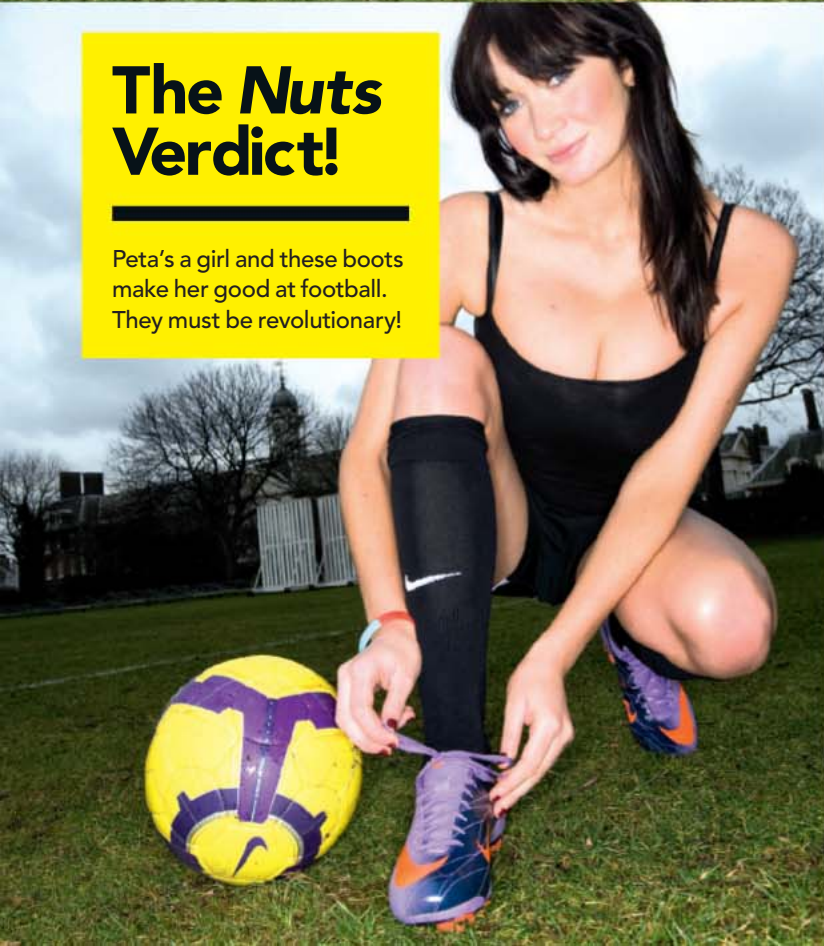


SILKY SKILLS!

KEEPY-UPS

Thanks to the Superfly II's re-engineered upper, Peta was able to control the ball instead of lumping it over the nearest fence like she used to!

The goalie hated getting her hands dirty



The Nuts Verdict!

Peta's a girl and these boots make her good at football. They must be revolutionary!

CINE **Asia**

PRESENTS

DRAGON  DYNASTY

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body-slammimg
action**

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AN ALL STAR
SMACKDOWN"

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Nuts EXCLUSIVE!

Man TV of the year!

We get Spielberg's new war series in our sights!

Nearly ten years after they made belting Second World War TV series *Band Of Brothers*, Tom Hanks and Steven Spielberg are back with ace sequel *The Pacific*!

The ten-parter, which cost £120m to make, follows three US Marines from their landings on Japanese beaches in 1942 through to VJ Day. The cracking drama starts on Sky Movies this Easter weekend – don't miss it!

EPIC FIREFIGHTS!

FIRST OFFENSIVE

Troops return fire in the Battle of Alligator Creek on the island of Guadalcanal, the first major offensive launched by Allied forces against the Empire of Japan, in which 7,100 US troops lost their lives.

"Can you check my Facebook page while you're online?"

Phil's paintball party was getting out of hand

"I'm telling you – a lick of paint and we could sell this on eBay!"

REAL-LIFE HEROES!

HUGE WARZONES!

DECORATED VETERAN

The show features the exploits of real-life hero John Basilone, who was awarded the Medal of Honor, Navy Cross and Purple Heart after holding off 3,000 troops when his unit of 15 was reduced to two men.

MASSIVE BATTLE

US soldiers take cover during the Battle of Peleliu as they attempt to capture a Japanese airstrip on this small coral island. A total of 1,794 troops were killed and 8,010 wounded during this battle.

DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com

'My finger was like a burst sausage!'

"I told you not to feed the guinea pig!"

Work accident fillets *Nuts* reader's finger

MASHED!

Ervin Brown from Rothwell in West Yorkshire was looking forward to his birthday weekend when a freak accident at work left his finger in tatters.

Ervin tells *Nuts*, "I work in a factory that makes plastic bags and as I was feeding some polythene into the machine, my finger got dragged in.

"I shouted for the machine to be turned off and quickly pulled my finger out. All I could see was blood everywhere. It wasn't until I got to hospital that I got to have a proper look at my injury – my finger looked more like a sausage that had burst after being fried for too long!

"The worst part is that it was my birthday three days later and because I was on antibiotics, I couldn't have a drink. Some birthday!"



His right ear was shy

HE'S OK NOW!



Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com



WORDS: RICH JENKINS *EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 70 APPLY

Murder a great movie?



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and advice visit www.gambleaware.co.uk.



PKR
let's play

Nuts GEAR

iPhone projector

www.iwoot.com

Nuts says: All the kit you need to project iPhone movies up to 70in in size onto a wall. Integrated speakers bring the noise, a remote control directs the action and a kick stand stops your arm getting tired.

Zippos hand warmer

www.firebox.com

Nuts says: All hail this clever hand warmer from the lighter chaps. Still using lighter fuel but burning with no flame, you light the burner, then stick it in a warming bag and hey presto – warm hands for 12 hours!

Since 1933, more than 400 million Zippo lighters have been made



£230

£20

£400

Sanyo means "three oceans" and refers to their aim to sell products worldwide

Sanyo Xacti VPC-CS1 HD camcorder

www.sanyo.com

Nuts says: The world's smallest HD camcorder at just 2.7cm thick and weighing 159g, the Xacti takes full 1080i video and 8.0-megapixel stills, so it's great for when your pal gets drunk and YouTube beckons!

£250

Samsung R530

www.samsung.co.uk

Nuts says: Sturdy 2.2GHz lappy which, with full keyboard, Wi-Fi, webcam and 500Gb hard drive, will blitz your home computing needs. Good price, too.



Check out more reviews at www.nuts.co.uk/reviews

YOUR LETTE

The page that has our postie in stitches every week!

Send your letters to nutsletters

What's the story?

Dear Nuts,
While in Thailand at Christmas, I wasn't looking forward to breakfast once I'd seen the menu!

James Green, via email

Our Thai expert tells us that "morning glory" is in fact spinach. Thank God!

"Hmm, mine tastes a bit hard!"

Fried pineapple with :

> Pork/fish/tofu/chicken

Fried ginger vegetable

Fried ginger vegetable with :

> Pork/fish/tofu/chicken

Fried morning glory

Fried morning glory with :

> Pork/fish/tofu/chicken

Now, that's brown bread!

Dear Nuts,
Well, at least Marks & Spencer are honest about the quality of their loaves!

Johnno, via text

Well, we're not going to buy their chocolate spread!

LETTER OF THE WEEK!



"You think that's bad? You should've seen the state of the baguettes!"

A spicy little message

Dear Nuts,
I decided to continue the "rude food" trend in Morrisons!

John K, Paisley

And all for the total price of £2.36. What a bargain!



Jordan couldn't help feeling she was being targeted

Drop those drawers!

Dear Nuts,
We bought our new kitchen cupboards from B&Q and were disappointed!

John Arthur, Rochester

800mm wide does seem a little on the large side!

DRAWER PACK T
3 x White Country Style



"You idiot! I told you I didn't want white ones!"

STEALTH BUMMING CORNER!

ONLY IN Nuts!



"I hope that's a banana!"

I was playing crazy golf in Tennessee, USA, and couldn't resist monkeying around! *Lee, Crawley*

It's another Deano beano!

Dear Nuts,
Me and the lads were shocked to see footy legend Dean Windass in our local pub at the weekend. We told him to keep up the hilarious work!

Marcus Strudwick, Bradford

Just a thought... next time, don't use so much flash. It makes you look evil!



Most of Blazin' Squad had aged well

RS!

@ipcmmedia.com or to the address on p70



Milner's new goal celebration was a bit weird

A thriller from the Villa

Dear Nuts,
I thought I'd send you a picture of my mate in my Nuts vest.
I think it looks better on him!

Sara Gill, via email

Given he's a Villa fan and will be down after the Carling Cup final, we'd better agree with you!



"Nice, but are you going to fix the radiator?"

Natalie dressed

Dear Nuts,
This is me in my Nuts vest and shorts. I'm a Camera Phone Cutie!

Natalie Crowley, via email

Thanks for pointing out where we should look, Nat!

See more funny stuff at www.nuts.co.uk/spambank

Nuts SPAM BANK!
All the best online hilarity

"Any of you slept with Wayne Bridge?"

Cammando 2: David In Charge

"You're making me Dizzee!"

Florence in the Machine

NEW TO Nuts!

CAMERA PHONE CUTIES!

Sexy snap-happy babes



"Hope this one isn't too dark!"
Stacie Foster, Doncaster



"Here's one of me in my bikini!"
Joanne Probeta, London



"Hope you boys like the look of this one!"
Emily Sarah, The Wirral

Send us your pics!

Text 'Nuts' and your sexy camera-phone pic to **0771 388 8008***

YOUR JOKES

Bursting with all the best gags, every week!

Send your jokes to nutsjokes@ipcm

SHORT JOKES!

This joke is written in a font people with tiny willies can read. How's it going so far? Gaz, Widnes

My wife's just left me 'cos she says I love football more than her... we've been married for 15 seasons! Tamir, London

A woman walks into a bar and asks the barman for a large innuendo.

So he gives her one!

Robert Holness, Holyhead

Q: What's harder to stop than smoking?

A: A Toyota

Billy, via email

Two silkworms were in a race It ended in a tie

Chinner, via email

"Hi, I'm the priest for your wedding!"



JOKE OF THE WEEK!

Drugs funny

Having spent six months in rehab, Pete Doherty is approaching the end of his stay and has to talk to his counsellor about his time inside.

"I still think I'm addicted," says Pete.

"So do a lot of people I've spoken to about you," says the counsellor, "but my name's not Ted!"

Jon Goldsmith, via email

Putting his foot in it

Two blokes are walking towards each other from opposite ends of the road, both dragging their right foot on the ground.

As they get close to each other, the first bloke points knowingly at his foot and says, "Afghanistan, 2007."

The second fella points at his foot and says, "Dog sh*t, 20 yards back!"

Tazo, via email



"It's all the rage in Milan, dahhhling!"

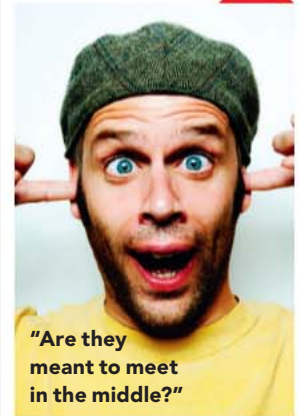
He's got half an ear on it

A bloke goes to the doctor and says, "Doctor, I've got a very serious problem. I seem to be able to hear only half of everything."

"That can't be right," answers the doc. "Either you can hear everything or you can't actually hear anything. Let's see. Repeat after me... Ninety-six."

"Forty-eight," the man quickly replies.

Chris Slater, Cardiff



"Are they meant to meet in the middle?"

Speaking the truth

"I've got a really big part in the school play," little Tony tells his dad. "I'm playing a man who's been married for 25 years!"

"That's nice," replies his Dad. "Maybe you'll get a speaking part next year!"

James W, Tunbridge

Win an Xbox 360 and FINAL FANTASY XIII!

Send your jokes to nutsjokes@ipcmmedia.com or to the address on page 70. To celebrate the release of FINAL FANTASY XIII, the sender of this week's best joke* will win an Xbox 360 Elite and a copy of the game! Two runners-up get a copy of the game.



PHOTOS: GETTY, PA PHOTOS, ALAMY *EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 70 APPLY

S!



edia.com or to the address on p70

FAMOUS BLOKES' JOKES!

50% MORE GAGS!

JASON MANFORD:

"I met Stephen Baldwin last week. Thinking about it, if he's going to heaven, I might leave it!"

DAVID WALLIAMS:

"The Pope doesn't approve of homosexuality. Unless it's between a consenting adult and a choirboy!"

MILTON JONES:

"I've always wanted to go out with a Russian, as in my experience, inside every Russian woman... is another Russian woman!"

JACK WHITEHALL:

"My mum has issues with her weight. She uses dieting pills. I told her the other day that they don't work if you butter them!"

DAVID TENNANT:

"Venus isn't so bad. I've been to planets in the Solar System and you'd be surprised how many look like quarries in Wales!"

JIMMY CARR:

"Next year, Cadbury's workforce will be half the size - or as Kraft are calling it, funsize!"

KEVIN BRIDGES:

"I've never voted Tory, but you should try everything once. That's why I'm addicted to crystal meth!"

JIMMY FALLON:

"President Obama took his family to see Avatar at a special screening in Hawaii. After seeing the film, he said, 'So that's what it's like when something does live up to the all the hype!'"



"My dad's not rich, who told you that?"

Dressing to impress

Two years after they get married, a woman asks her Scottish husband for money to buy a new dress.

"Och! Why do you want a new dress?" he asks. "What's wrong with the one you're wearing?"

"Nothing" she explains, "but I'm tired of people throwing confetti at me!"

Frank, Fife



"Mum, must you do this in every picture?"

Asking for trouble!

A bloke finds a condom in his 15-year-old son's coat.

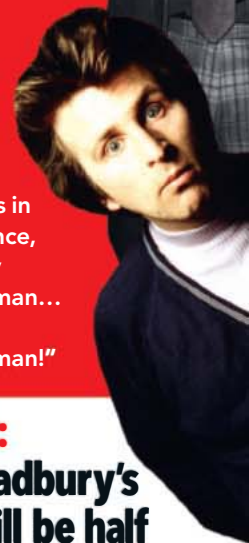
"What's this?" he asks.

"I use it to eat prickly pears," says the lad.

"That's a f**king stupid answer," says the dad.

"Well," says the boy, "it's a f**king stupid question!"

Michael Skaars, via email



CAMERA PHONE COMEDY!

ONLY IN Nuts!

Win £100!



Text 'Nuts' and your picture to **0771 388 8008** (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** T&Cs on page 70.

Seen something daft? Snap it, send it in and win £100



PEBBLE PRANK!

PIC OF THE WEEK!

"This is what happened when my mate fell asleep in a dinghy!" **Google, Bognor**



"This sounds like the kind of place Ashley Cole might visit." **Claude, Bournemouth**



NAUGHTY NAME!

"I'm sure I'm not the only person to spot this Winter Olympics star." **Anon, via text**



SMELLS FISHY!

"I saw this while shopping with the wife. She didn't find it funny!" **Alan, Inverness**



IT'S GOT WOOD!

"Me and my mate were out for a drive when we saw this tree." **Anon, via text**



RUDE PLATE!

"I feel sorry for whoever drives this car – I hope it's intentional!" **Pete, Cheltenham**

BAD PARKING CORNER!



"I'd love to ask the driver of this truck how he managed to get up there!" **Anon, via text**

LORRY LOON!

*BY SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT AND ITS PUBLICATION. **EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 70 APPLY

POP OUT IN PUBLIC!

**NEW TO
Nuts!**

Have a cheeky flash - and earn some cash!

HOWZAT!



EMILY 24, from London
"I'm an England cricket fan, so I thought I'd motivate our boys!"

ON A HORSE!



**THIS
WEEK'S
£100
WINNER!**

CHLOE 21, from Surrey
"I bet I'm the first girl who's popped out on horseback!"

AT THE CINEMA!

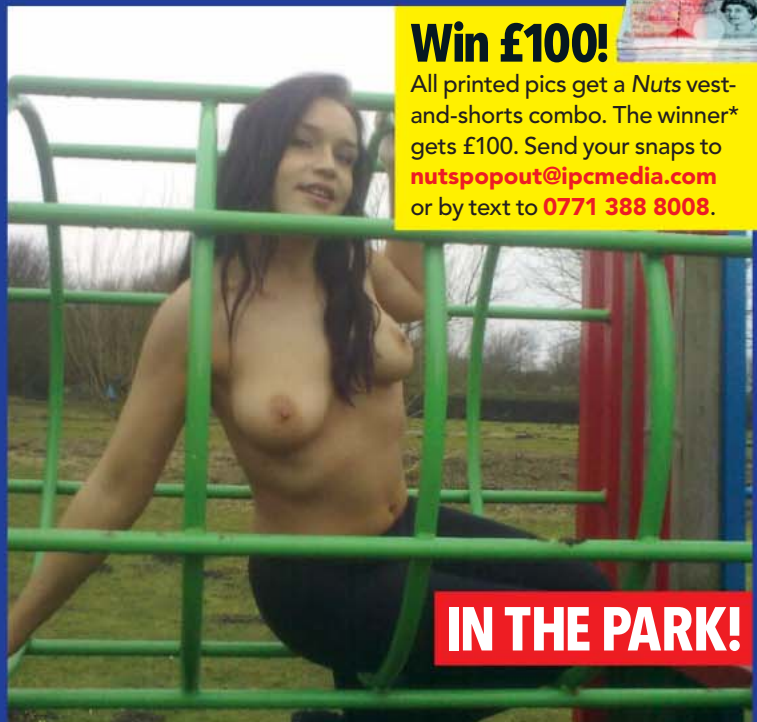


JEMMA 20, from Lincolnshire
"Yep, I bet it's a good Vue from where you're standing!"

Win £100!



All printed pics get a Nuts vest-and-shorts combo. The winner* gets £100. Send your snaps to nutspopout@ipcmedia.com or by text to **0771 388 8008**.



IN THE PARK!

STACIE 19, from Doncaster
"Woo-hoo! This was a fun afternoon down at the park!"

NAFF TATS!

The best of the worst of your terrible tats!

Send your pictures to nutsletters@ipcmedia.com

ONLY IN
Nuts!

Win £50!



The sender of the week's naffest tat wins £50!* Send your tats to nutsletters@ipcmedia.com or text them to 0771 388 8008.

NAFF TAT
OF THE
WEEK!



RUBBISH FISH!

NAME: Ashley Hobbs
COST? Free
WHY? "I love Patrick the Starfish from *SpongeBob*!"



DRAB DUCK!

NAME: Callum Jones
COST? £40
WHY? "My mates bet me I wouldn't get it. I won!"



WEIRD WAND!

NAME: Andy Krane
COST? £100
WHY? "I do a bit of magic, so it's meant to be a wand!"



WANTED: GORGEOUS BABES

AND 2
VERY LUCKY
JUDGES



Got what it takes to join the 2010 Bennetts Babes Squad?

- 8 squad members needed.
- Each winner receives a modelling contract.
- Represent Bennetts at loads of glamorous biking events.
- Looks, attitude and ambition a must!

Want to be a judge?

We're also looking for two lucky judges to select the final line-up of babes. You'll need an eye for beauty, a cool head, and some serious bragging skills.

Hot babes and cool judges should apply now at:

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UK's No.1 for bike insurance

THE TRUTH ABOUT SEX WITH... **LEAH FRANCIS!**

Nuts girls solve your bedroom bother!

Email questions to thetruth_sex@ipcmedia.com

ONLY IN Nuts!

IN OUR OFFICE!

High heels make me randy!

I get really turned on by high heels but I'm afraid to tell my girlfriend in case she thinks I'm a bit weird. We haven't tried anything too different in bed, but I'd love to have sex with her while she wears stilettos. What do you think I should do?

Dev, Leicester

Go for it! Girls love shoes – it's almost like a fetish for us! Why not take her shopping, buy her

a pair of stilettos that she really likes and tell her that you'd really like her to wear them in bed one night. I bet she agrees to it!

Is a threesome a good idea?

My new girlfriend was a bit tipsy the other night and mentioned the possibility of us having a threesome with a female friend of hers. Is she serious and do you think it would be a good idea?

Marc, Swindon

I've got mixed views about this one. If you're confident in your relationship, open-minded and positive no one will get jealous, why not? It should be a lot of fun! But, on the other hand, if either of you are even a little bit doubtful, I'd give it a miss. You've got to be 100 per cent sure before getting involved in a threesome.

Is penis size important?

I'm having a crisis of confidence. My manhood isn't tiny and I've had no complaints but, at the same time, it isn't exactly on the huge side either! Does size really matter to a girl when it comes to the bedroom?

Giles, Coventry

Try to remember the motto "It's not the size of the boat, it's the motion of the ocean" – it's really true! The most important thing is knowing how to use what you have, rather than worrying about how big it is. There's no point having a massive member if you're absolutely rubbish in bed!

"You've got to be totally sure about a threesome!"

Nuts BABES' SEX TIPS!

NEW TO Nuts!

No.5: "Get your girlfriend to pop an ice cube in her mouth while she's pleasuring you. It'll add a whole new dimension!"
India Reynolds



NEXT WEEK: EMMA GLOVER ANSWERS YOUR LETTERS!



"Ha! They
won't call me
an airhead
now... oh!"

A photograph of actor Chris Pratt. He is wearing a bright green soccer jersey. In the foreground, he is looking directly at the camera with a neutral expression, his hands are framing his face. In the background, a large soccer ball is visible. To the right, there is a black line-art thought bubble containing a soccer ball. A red banner with white text is overlaid on the right side of the image.

COMEDY KING!



The chubby chortle-maker on his new quiz show!

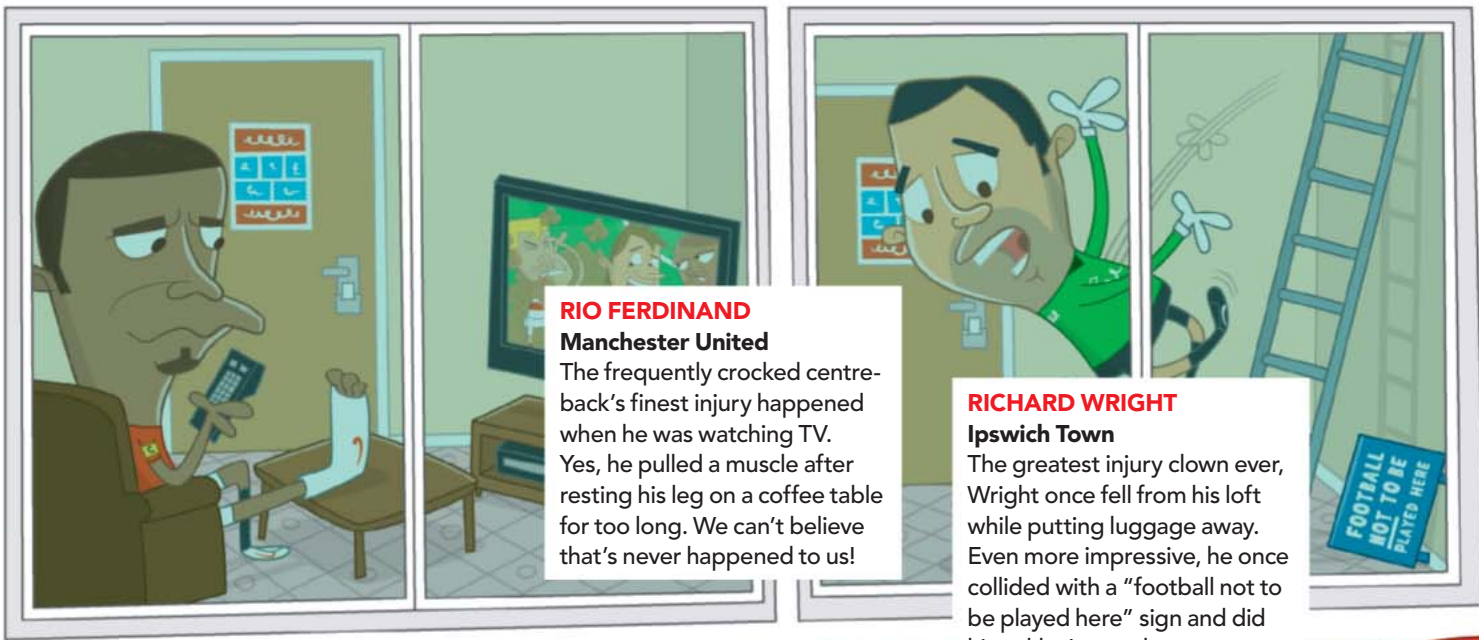
Hi James! You're hosting a brand-new sports quiz show, *A League Of Their Own*, on Sky 1. Excited? Yeah, very excited! Sometimes, I find myself thinking, "Is this really my job?" I get to sit in a room with Freddie Flintoff, Jamie Redknapp, Jimmy Carr and Amir Khan, talk about sport and try to be funny. If I wasn't on the telly, I'd be at home or in the pub talking about sport and trying to be funny anyway! **You don't exactly look like the trained athlete one might expect to find hosting a sports quiz show. No offence!** I beg your pardon? But you're right, I'm not the sportiest person in the world. But that's the thing about the show – it's a sporting quiz, but you don't have to be a massive sports fan to enjoy it. You can watch it with the missus and you'll both still enjoy it. **Well, if it means we don't have to watch *Desperate Housewives*!** Will you be getting your top off for the ladies as per usual, or will you be sparing us the sight of your, ahem, six-pack this time? I think there's a slight reveal but I've tried as best I can to keep the old torso well covered. I've learnt my lesson!

Now you've been in a room with team captain Jamie Redknapp, can you tell us exactly how package-huggingly tight his trousers are? They're pretty tight but Jamie has the package to pull it off. I've seen the outline and it's quite a piece, I can tell you. That boy's packing some serious armoury down there. If mine was that impressive, I wouldn't wear trousers, I'd wear Lycra! **Who'd win a drinking contest between you and captain of the opposing team, Freddie Flintoff?** Oh, sh*t – Freddie, without a shadow of a doubt. I've tried to keep up with him in the pub twice and failed drastically on both occasions. The man is absolutely incredible. If you're stood with him, it's basically a never-ending glass of wine because when you're not looking, he goes and tops it up. You think, "Ah, it's been a quiet night – I've only had one glass," but you've actually drunk a whole bottle! **And who'd win a fight between you and *A Question Of Sport* presenter Sue Barker?** You know, I think it would probably be Sue because I've heard she has a f**king killer left hook on her. No one ever banks on her uppercut. That woman's lethal!

Will your pal Mathew Horne be sitting at home every Thursday, crying his eyes out because you haven't invited him on the show? I don't think so. Mathew's very busy up in Manchester at the moment, shooting a TV film called *All About The Boy*. I was hoping he could come on but, unfortunately, he's tied up. **If you were Wayne Bridge, how would you have dealt with the John Terry situation? Bunch of flowers?** I think he's dealt with the whole thing very respectfully. He's been brilliant. I wouldn't have done it any other way. **Does Russell Brand still take you to see your beloved West Ham, or does he give the tickets to Katy Perry nowadays?** I've been to the football with Russell, but it's not like he takes me – we just happen to meet there. We were talking about getting a box but I think he'll be spending a lot more time in America now, so I don't know if it'll happen. **Do you own a pair of West Ham underpants to rival Katy's?** I do, but I couldn't possibly show them to you, the state they're in now. They've been soiled! Ha-ha! ■

A League Of Their Own is on Thursdays at 9pm on Sky1/HD

"I've tried to keep up with Flintoff in the pub but failed drastically"

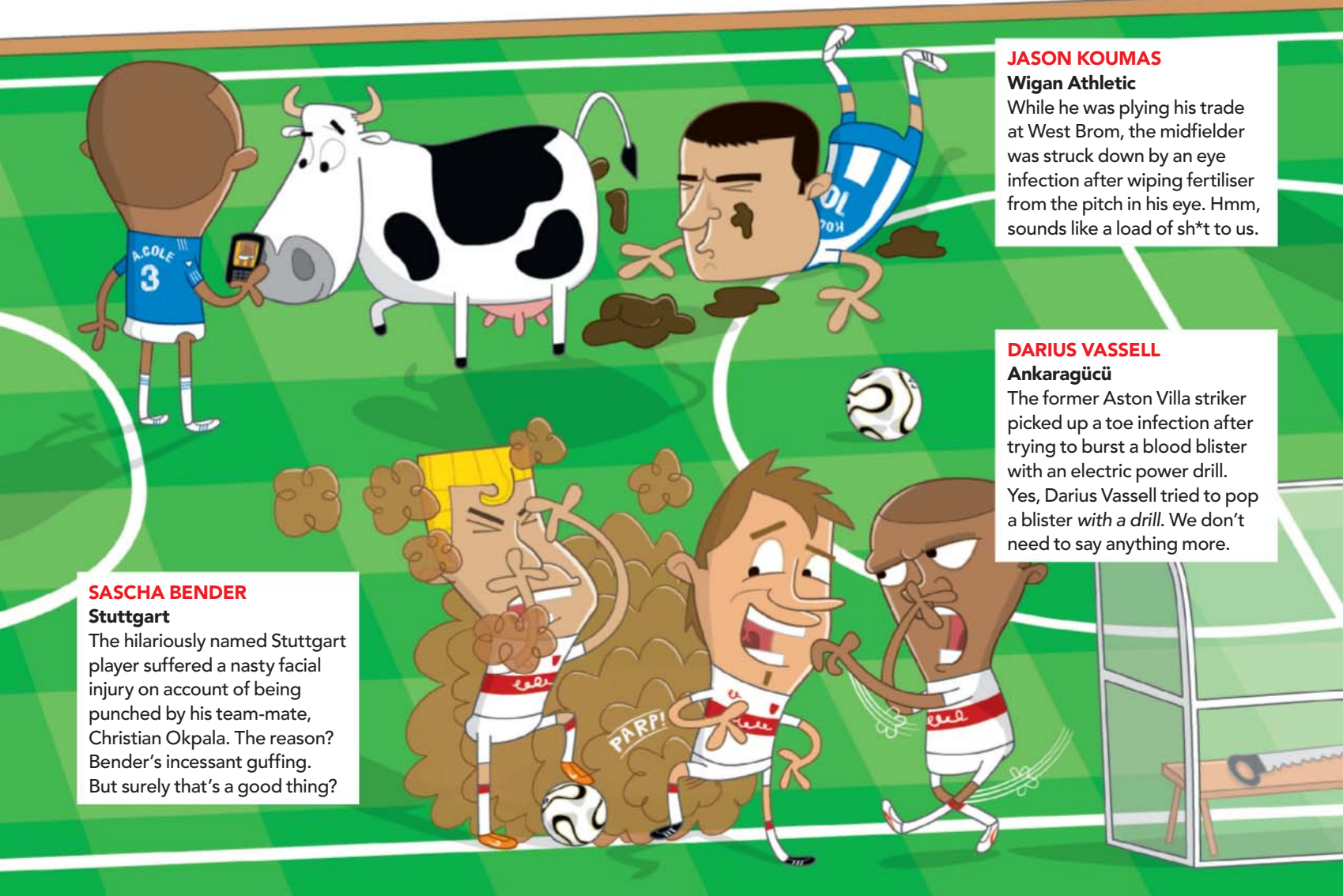


RIO FERDINAND
Manchester United
 The frequently crooked centre-back's finest injury happened when he was watching TV. Yes, he pulled a muscle after resting his leg on a coffee table for too long. We can't believe that's never happened to us!

RICHARD WRIGHT
Ipswich Town
 The greatest injury clown ever, Wright once fell from his loft while putting luggage away. Even more impressive, he once collided with a "football not to be played here" sign and did his ankle. Legendary.

Weird football

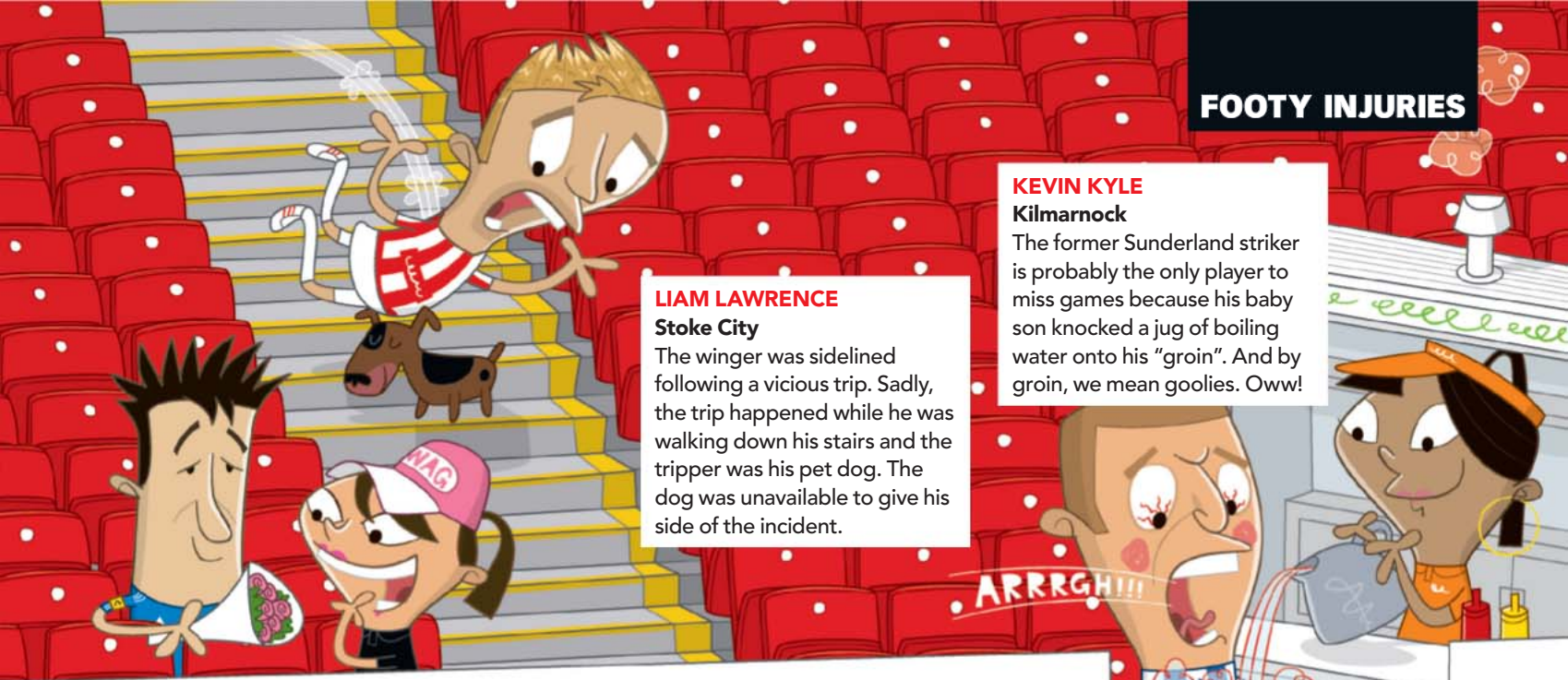
Because a stubbed toe just doesn't cut it!



JASON KOUMAS
Wigan Athletic
 While he was plying his trade at West Brom, the midfielder was struck down by an eye infection after wiping fertiliser from the pitch in his eye. Hmm, sounds like a load of sh*t to us.

DARIUS VASELL
Ankaragücü
 The former Aston Villa striker picked up a toe infection after trying to burst a blood blister with an electric power drill. Yes, Darius Vassell tried to pop a blister with a drill. We don't need to say anything more.

SASCHA BENDER
Stuttgart
 The hilariously named Stuttgart player suffered a nasty facial injury on account of being punched by his team-mate, Christian Okpala. The reason? Bender's incessant guffing. But surely that's a good thing?



LIAM LAWRENCE

Stoke City

The winger was sidelined following a vicious trip. Sadly, the trip happened while he was walking down his stairs and the tripper was his pet dog. The dog was unavailable to give his side of the incident.

KEVIN KYLE

Kilmarnock

The former Sunderland striker is probably the only player to miss games because his baby son knocked a jug of boiling water onto his "groin". And by groin, we mean goolies. Ow!



WORDS: PETE CASHMORE
ILLUSTRATION BY: THE BOY FITZHAMMOND

injuries!

BOB TAYLOR

Retired

The West Brom goal legend was once out of action for two months after injuring his Achilles tendon. How did he do it? By wearing tight new shoes. With 6in spiked heels. Possibly.



MARTIN PALERMO

Villarreal

As the Argentine celebrated a goal with Villarreal fans, a wall collapsed, shattering his leg! ■

Taken from the book Alan Hansen's Strangest Football Injuries, out now, priced £8.99



DARREN FLETCHER

Manchester United

The Scottish midfielder was poleaxed, not by a crunching tackle but by a falling toilet door, after United beat Lyon in 2008. Fletcher was actually seriously concussed but that doesn't make it any less funny.



Blimey! It's a brilliant, bra-bustin', Brit boob bonanza!

BRITAIN'S 100 BOOBIEST BABES!

We love boobs. Everything about them is a joy to behold. In fact, they're probably our favourite thing in the whole wide world! So we thought we'd put together some of the best breasts we could find in one handy collection. And here it is, you lucky chaps!



01 GEMMA MERNA Here at *Nuts*, we pray every Sunday – that Gemma will strip off in *Hollyoaks*!

02 TANYA ROBINSON Tanya evidently loves being naked outdoors. We wish we were her neighbour.



03 KEIRA JONES Keira Knightley – skinny, pouty. Keira Jones – curvy, sexy. It's no contest!



04 EMMA GLOVER Here we see Emma yet again losing in *Nuts*' weekly game of strip poker. Hurrah!





05 CHERYL COLE
Cheryl hasn't been in the news much recently. Does anybody know if she's single?



06 SAM COOKE
Sam has won awards for the quality of her frontage, and who are we to disagree?



07 NICOLA MCLEAN
Never mind McLean – we can't help having McDirty thoughts about chesty Nicola.



08 KELLY ANDREWS
Kelly is gorgeous and has astonishing boobs. What more do we need to say?



09 GEMMA ATKINSON
One look at Gemma's knockout boobs and we see stars. Oh, that's her bikini top.



10 SEREN GIBSON
Seren Gibson is an anagram of "very big ones". OK, it isn't but it should be!



11 ROSIE JONES
Jones is a common name but Rosie's huge boobs are anything but common! ➔



BOOBIEST BABES



12 KATIA IVANOVA
She used to date a wrinkly rocker, now she's taking her kit off. That's progress!



13 GEMMA GARRETT
Why the naughty face, Gemma? Taking your top off is exemplary behaviour!



14 CHANTELE HOUGHTON
Chantelle may be frowning but we smile whenever we see her.



15 DANIELLE LLOYD
If we had to name the world's best job, being Dani's hands would be up there.



16 GEMMA NEWMAN
With fishnets like those, Gemma could catch just about any bloke she wanted.



17 ALEX CURRAN
We're not sure what Alex is drinking, but it seems to be making her boobs grow.

18 EMILY O'HARA
Here, gorgeous Emily is practising her "come to bed eyes". Like she needed to ask!





19 KATIE-MARIE CORK
Katie-Marie tells us she weighs her boobs every month. Those scales deserve a medal.



20 GEMMA MASSEY
Gemma doesn't seem to have noticed we're admiring her boobs. Sh, everyone!



21 CHARLOTTE JACKSON
She isn't one of the Jackson Five, but the lovely Charlotte's definitely a thriller.



22 EMMA FRAIN
Emma is so pretty and leggy, it's easy to forget what a lovely pair of boobs she has.



23 NIKKALA STOTT
Nikkala rarely appears in *Nuts* these days. So here's a reminder of how hot she is.



24 SOPHIE GRADON
Geordie Sophie is Miss Great Britain. We've no idea where she'll put her rosette.



25 ROCHELLE WISEMAN
We could look at The Saturdays star every day of the week. She's a corker!



26 AISLEYNE HORGAN-WALLACE
The world's greatest inventions No.168: the see-through bra. ➔



27 KATE HOBAN
"Oops, my cardigan has come undone," says Kate. "Can anyone help me?" Nope!

28 DANNII MINOGUE
Who's that splashing water all over Dannii's bikini? We'd like to shake their hand.



29 JENNY LAIRD
In Scotland, a laird is a person of great stature. A very apt name for Jenny, then.

30 LUCY PINDER
Lucy is a Southampton fan. She's certainly a Saint for letting us look at her boobs!



31 SARAH HARDING
The Girls Aloud star is a minted lingerie model who likes to party. What a girl!



32 ROSIE WHITEMAN
What's this? Another sexy Rosie? Oh, go on then, we can squeeze another one in.



33 SARAH BYRNE
The *Shameless* babe shows no shame in going topless. We're not complaining!



BOOBIEST BABES



34 AMY DIAMOND
It would be too easy to quip that Amy's boobs are like a pair of gems. Oh, we just did.



35 ABBEY CLANCY
You may try to hide your boobs, Ms Clancy, but they're simply too big!



36 KAYLEE CARVER
Look up "pert boobs" in the dictionary and you'll find a picture of curvy Kaylee.



37 ROXANNE PALLETT
Emmerdale was rubbish until Roxanne turned up in it. Now we're big fans!



38 KEELEY HAZELL
It's not difficult to see why the Bromley babe rose to legendary status in Boobsville.



39 STEPHANIE MCMICHAEL
Another *Big Brother* alumna with a rather lovely physique.



40 MELISSA DEBLING
Whoever said hoodies were a bad thing obviously hadn't set eyes on Melissa.



41 VIKKI BLOWS
The designer of Vikki's bra must've run out of material. We're eternally grateful! ➡



42 LUCY BRIGGS
Whenever we try to say the name Briggs, we keep pronouncing it Biggs. Figures!



43 HELEN FLANAGAN
It's Rosie from *Corrie*, wearing the kind of outfit that would give Ken a heart attack.

44 SAM KELLETT
We would say that's a nice scarf, Sam – but quite frankly, we're not looking at it.



45 EM DIAMOND
Sadly, Em is showing only one boob here. We'll just have to look at it twice as long.



46 EMMA SPELLAR
Emma is Spellar by name – and stellar by nature when it comes to boobage.



47 HANNAH KAY
Hannah is clearly not very good at hiding her boobs. No, we don't plan to tell her.



48 ZOE STOLLERY
Last alphabetically but certainly not in boob quality, Essex girl Zoe is perfect.



49 CLAIRE ANDRISANI
Elegant curves, stunning bodywork... And no, we're not talking about the car.



50 DAISY LOWE
Daisy's mum, Pearl, was a top pop star. Daisy is a "top's popped off" star.



51 JENNIFER ELLISON
First, Liverpool brought us the Fab Four. Now we have the Fab Two as well.



52 KITTY LEA
We love Kitty. She's punky, she has attitude. Oh, and she has a fabulous chest.



53 AMII GROVE
When spelling Amii's name, remember she has two Is. She also has two nice DDs.



54 CASEY BATCHELOR
Here, Casey seems to be having a bit of bother going underwater. Wonder why.



55 JESSICA JANE CLEMENT
The *Real Hustle* star is the main reason we buy a TV licence! ➡



56 MISSY With a name like this, we couldn't leave this hottie out – we'd Missy her too much!



57 NOIRIN KELLY We rejoiced when BB's Noirin decided to go topless in Nuts. So here she is again!

58 FRANCOISE BOUFHAL Oh yes, we know what you're thinking. And, oh yes, they're totally real! Phwoar!



59 JADE ROGERS She may be facing away, but it's still possible to see that Jade's boobs are ace!

60 SOPHIE READE Normally, the fit one gets voted off *Big Brother* first. Luckily, Soph was an exception.



61 HOLLY PEERS Holly has no peers when it comes to great boobs. See what we did there? Clever!



62 SAMMIE PENNINGTON Point the shower head this way, Sammie – we need a quick cooling down, too!



63 JORDAN We like to think that, as this was taken, Katie exclaimed, "Here are my boobs! Ta-daaa!"



64 DANNI WELLS
Sometimes words fail us. And this is one of those times, because Danni is so hot!



65 POPPY RIVERS
Expect to see lots of Poppy in 2010. To be fair, you can already see a lot of her.



66 NICOLA T
Another reality TV star, Nicola has one of the perkier pairs of boobs we've ever seen.



67 JENNIFER CLARK
The *Big Brother* lovely owns one of the best chests ever to grace the house.



69 AMY GREEN
Amy seems to be simply blown away by the quality of her heaving bosom! As are we!



68 IMOGEN THOMAS
We've never felt jealous of a tube of suntan lotion before. Well, we do now!



70 EVA
Here's a woman who needs no introduction. So just carry on admiring her chest! ➔



BOOBIEST BABES



71 MEL B She's been around for a while now, but the former Spice Girl is still a true hottie!



72 MAZ CUNNINGHAM We're not sure what Maz is short for, but we think it's Magnificent Mammaries.



73 CHELSEA WHITE This is one Chelsea who deserves our support. And by golly, she's got it!



76 STACEY MASSEY Oh to be that necklace, nestling between those lovely, round... sorry, where were we?



75 KATE BECKINSALE This is Kate in the flick *Uncovered*. We predict a sales spike for the film, starting now!



74 LEAH FRANCIS We think Leah covers up sometimes, but we're still trying to find some evidence!



77 MICHELLE KEEGAN Corrie star Michelle gives a helpful distraction while your missus enjoys the plot!



78 KATIE GREEN Katie was hired to be M&S' underwear model, but we prefer her like this – bra off!



79 ABI TITMUSS A quick tip – if you're thinking, "That strawberry looks nice!" put down the mag!



80 HOLLY WILLOUGHBY
"Holly, Willoughby showing us your boobs one day?" We pray she says yes!



81 ALEX SIM-WISE
It looks like Alex has just seen her boobs in a mirror. We're gobsmacked, too, Alex!



82 KELLY BROOK
Best boobs around? Discuss. Actually, don't. Just look at them for a long time!

83 LINDSEY STRUTT
What can you say about the Strutter's boobs? They're ruddy marvellous!



84 CHARLOTTE MEARS
Charlotte is taking a break here – carrying hefty boobs around must be tiring!



85 STACI
Fresh-faced, perky and with a truly delightful frontal region, Staci's gonna be big! ➔

PHOTOS: ANGUS YOUNG, ZOE MCCONNELL, JAMES BETTS, BRONK LANDERS, PAUL MUSO, SCOTT MCAULAY, BRONK LANDERS/LOADED, JEFF WALKER / EPICPICTURES.CO.UK, XPOSUREPHOTOS.COM, UNLEASHEDDIGITAL.COM, LFI, SUPERMODEL SYNDICATION.COM, MATRYPHOTOS.COM, RICHFO.COM, SOLARPIX.COM, BIGPICTURES.PHOTO.COM, WENN, IWMEDIA.COM, POPSTARPICTURES.CO.UK, SAMANTHABOND.NET, IMM, KETCHUP, PICTUREBANK



86 KAYLEIGH PEARSON
A legend in the world of the boob, Kayleigh's been wowing us for a good decade!



87 KATIE LEIGH
Katie's looking at you with pure lust. We'll forgive you if you haven't noticed it yet!



88 MEDDY FORD
Meddy is the definition of a busty blonde bombshell, and that's why we love her!



89 RUBY JONES
Here, Ruby shows off her "side boob squeeze" shot. Squeeze away, Ruby!



90 RHIAN SUGDEN
Rhian's been keeping a low profile recently. We can't even seem to reach her by text!



91 INDIA REYNOLDS
India the country – hot, mysterious, exotic. Add big boobs and you get our India!



92 PETA TODD
Peta's got a great pair of lungs on her, and she's a top girl. Ms Todd, we salute you!



93 CHLOE SAXON
Why is Chloe smiling so? Because, in life's big boob lottery, she got the jackpot!



94 CARA BRETT Somebody clearly said, "hands up if you've got brilliant boobs" just before this picture.



95 BECKY RULE Becky certainly does Rule when it comes to having a big-yet-pert set of boobage!



96 SIOBHAN FISK Nuts' first Real Girl Of The Year award winner is still boasting lovely boobs.



97 AMYLU BENNETT AmyLu made our list after making an adjustment to her pink top. Can you spot it?



98 GEMMA BISSIX Gemma set pulses racing when she showed up in Nuts displaying this cleavage!



99 GEMMA HILES Is Gemma letting her boobs out or putting them in? They're out, so we don't care!



100 SOPHIE HOWARD Chesty, naughty, and up for a party, Sophie is a goddess among booby babes. ■

Nuts SPORT

WINNING ON AGGREGATE, EVERY WEEK!

SCORING MACHINE!

Nuts EXCLUSIVE!

Rooney: 'Top players

The Man United star talks to Nuts ahead of their showdown with Milan

Hi Wayne! One trophy's in the bag with the Carling Cup, but how do you feel about doing the treble? [laughs] That'd be great! Things are going well at the minute and there's a real buzz about the dressing room. Winning one trophy already is good for confidence but as everyone knows, a club like Man United won't sit back. The focus is on the next game and the next trophy. Hopefully we can achieve a lot more. **United seem to be on a mission to make up for losing last season's Champions League final to Barcelona.** Man United are the biggest club in the world, so there's an expectation for us to perform well in

Europe. All the players feel that. Obviously, last season was painful – Barcelona beat us and that's difficult to take – but we know how good it feels to win the Champions League, too. That's definitely a good motivator to do it all over again. **Would you say you're in the form of your life?** I'm a better player now, yeah. I think I've improved in a lot of areas. **Which ones?** I'm certainly better in the air. I've spent a lot of time in training working on my heading and it's paid off. I just seem to get on the end of crosses a bit better. To be fair, a lot of credit has to go to the quality from wide positions, which has probably been better than in previous seasons.

What motivates Wayne Rooney? Just playing football. I love playing. Being part of a group of people all going for the same thing – winning every game and winning trophies is what it's all about. **What about your goal tally? You seem like a man on a mission to make up for all the goals Cristiano Ronaldo scored last season.** I just do my best. I can't worry about what Cristiano did or anything like that. I can only worry about my own performances and how they affect the team. At the end of the day, scoring goals is what I'm paid for and it's been great to contribute a lot more this season. I've managed to get myself into better positions and

my finishing has been decent. That comes with confidence – every time I go onto the pitch now, I think I'm going to score. **Thanks for the chat, Wayne! Finally, with all the headlines about footballers, do you feel pressure to keep a squeaky clean image, especially in a World Cup year?** With all the attention surrounding football, you have to be careful. What you say or do can be twisted, but footballers are role models and although it's hard, you know what you do will be in the papers. On the field is the most important thing and I take my responsibilities seriously there. I've made mistakes which I've learned from, and I'm now more aware of what can go wrong.

"Go on, Rio, just pull one of me fingers!"

Ronaldinho: 'Serie A is better than the Premier League!'



Hi Ron! Can you still win this tie? We believe it's possible. It'll be tough but I don't think there's much between the two teams. In fact, we're stronger in some areas. If we play the football we can, United will have a hard time! **Recent Champions League campaigns suggest the Premier League is stronger than Serie A. Do you agree?** I respect the Premier League but I think Serie A still has the technical edge. **What'll be key to getting a result?** They'll have the crowd on their side but if we score first, they might get nervous. We have talent throughout the team and everyone works hard for each other. We can win in Manchester. **And you've also got some bloke called Beckham...** Beckham's a great player and a great man. We'll need both his quality and attitude against Manchester. **When you left Barcelona, people wrote you off. What's the secret behind your return to form?** People who spoke about me didn't know the situation. All I can say is I'm happy at Milan. I've found a coach [Leonardo] who I respect and respond to. He trusts me also - this is important for a player. I'm enjoying myself and this is showing in my form.

must behave!



"Wheee, we're aeroplanes!"

Man United vs Milan

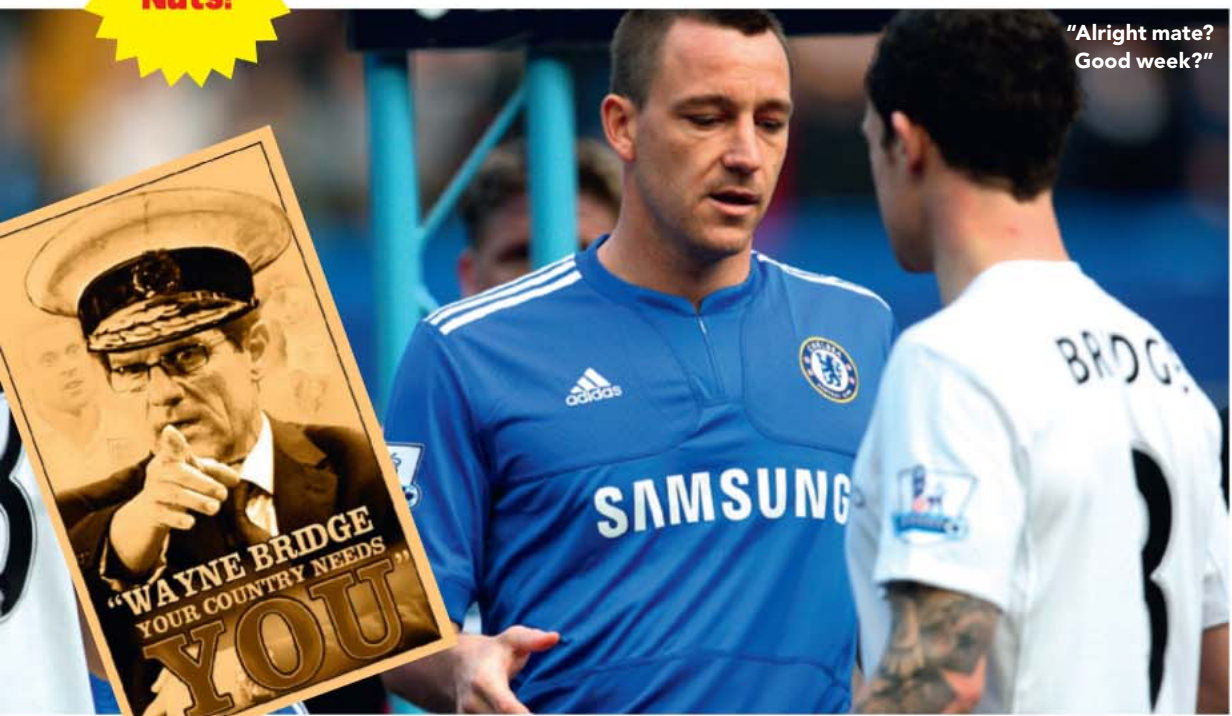
Wed 10 March, 7.45pm, ITV1

KAMMY!



He's footy's funniest pundit - and he's only in *Nuts*!

ONLY IN Nuts!

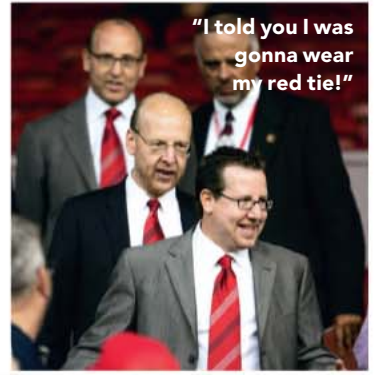


"Alright mate? Good week?"



Red Knights to the rescue

It's about time the Glazer family packed up and shipped out of Old Trafford. Over the past few years of owning Man United, they've just plunged the club more into debt while paying themselves a handsome wage. Now a consortium called the Red Knights is looking to pay the Glazers a crazy amount of money to take over, and I hope the Yanks bite their hands off and head back to the US. They'll have made a huge profit from doing nothing but damaging the club and ignoring loyal supporters, but at least they won't be around to keep making money from fans.



"I told you I was gonna wear my red tie!"

England needs you back, Wayne!

Wayne Bridge has been through a lot recently, and I think he's shown dignity throughout the whole John Terry affair, but he has to reconsider his decision to drop out of England's World Cup squad.

The fact of the matter is that Wayne will regret choosing not to take part - especially as this time round, he could well have been playing in every game after

"Bridge will regret not going to South Africa!"

the injury to Ashley Cole, and wouldn't simply be sitting on the subs bench. He has a chance of being part of something special in South Africa, and while I completely understand him saying he wants to show respect to his son by dropping out, I can see a situation where his son asks him one day why he never played in a World Cup.

I think there are a few more cards to be played in this sorry story, but one of the important things that should happen for me is Fabio Capello sitting Bridge and Terry down and making the latter apologise - something Bridge wants and badly needs.

The left-back's had a huge amount of support from the female population, but England fans haven't been so quick to get behind Wayne. That's down to the fact that we're now looking very short in defence and it could de-rail our campaign.

So, on behalf of *Nuts* readers and England fans everywhere, I have one thing to say to Wayne - please change your mind, Bridgey. Your country needs you!



KAMMY'S TOP TIP!

I backed Chelsea at the start of the season, but now I think the Premier League will finish as follows: 1 Man United, 2 Chelsea, 3 Arsenal.



CHRIS' CRYSTAL BALL!

Chris predicts the week's big games!



1 MAN UNITED VS AC MILAN
10 MAR, 7.45PM, ITV1

"I can't see Milan going to Old Trafford and winning. Rooney will make the difference and United will march on."

KAMMY SAYS: 2-0



2 SPURS VS BLACKBURN
13 MAR, 12.45PM, SKY SP 1

"Spurs are my tip for fourth and they seem to get better and better. They'll beat Big Sam's side comfortably here."

KAMMY SAYS: 2-0



3 HULL VS ARSENAL
14 MAR, 5.30PM, ESPN

"Arsenal play good football, no matter what the opposition do, and Hull aren't strong enough to compete with them."

KAMMY SAYS: 1-3

KAMMY'S UNBELIEVABLE-OMETER™

UNBELIEVABLY GOOD!

RAMPANT ROY!

Unsung heroes Fulham continue to do an amazing job, and now face Juventus in the Europa League last 16. What a job Roy Hodgson has done!



UNBELIEVABLY BAD!



POOR AARON!

My thoughts go out to Aaron Ramsey after the horrific injury he picked up in the Stoke game. He's a wonderful player and I hope he's back in action very soon.

ASK KAMMY!

Dear Kammy,
As a Crystal Palace fan, I'm not sure what kind of a job former Portsmouth boss Paul Hart will do at Selhurst Park. What do you reckon?

Mark, London

Harty's a top man and a good mate of mine, so I hope he gets a fair crack of the whip this time, unlike at Pompey. Palace have a decent side, so I think he'll keep them up.



"Fabio, I don't think that's Joe Hart!"

DRAW KAMMY!

An absolutely tremendous effort here from Alex Brown, who's made me look both young and handsome! Nice work – a Nuts T-shirt is on its way to you, mate!



by Alex, Dorset

Kammy needs you!

To win a signed Nuts T-shirt, send your funny stuff to kammy@ipcmedia.com! And upload your best 11-a-side goals to youtube.com/thefa for the FA Grassroots Goal of the Month competition, where you can win fantastic prizes!



**Work Rest Play
FOR ENGLAND**

NUTS ABOUT SPORT!

Funny goings-on in the wonderful world of sport!

Send pics, chants etc to tim_bradley@ipcmedia.com



PIGEON!

UNDESERVED STATUE OF THE WEEK

► Cristiano Ronaldo. In Madrid. Ridiculous!

CHANT OF THE WEEK

"You're supposed to be a gnome!"
Port Vale fans to a slightly smaller-than-usual referee.



From Sam, via email

jobsite

Experienced Bellringer seeking work

WRESTLING BABES!

#1 →

► Here's Rachael Carr, an absolutely belting-looking lady who's in training to be a WWE wrestler! We were worried she might get hurt... but then we remembered the skimpy outfits. Carry on, Miss Carr!



AWIGS OF THE WEEK!

► Check out Arshavin, Eboué and Bendtner celebrating 25 years of "Arsenal In The Community" – the project's invested a huge £5.5m helping more than a million people in London and abroad.

RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!

ONLY IN Nuts!

TEVEZ: SCARY!

"Santa, you've got to lay off the mince pies!"

"I forgot it's a full moon tonight!"

"This is my Humpty Dumpty impression!"

LEFT HANGING!

BIG BARNES!

HELLO SEXY!

Top snubbing!
"Pleased to meet you, Invisible Man!"

FRIENDLY!

KNACKERED!

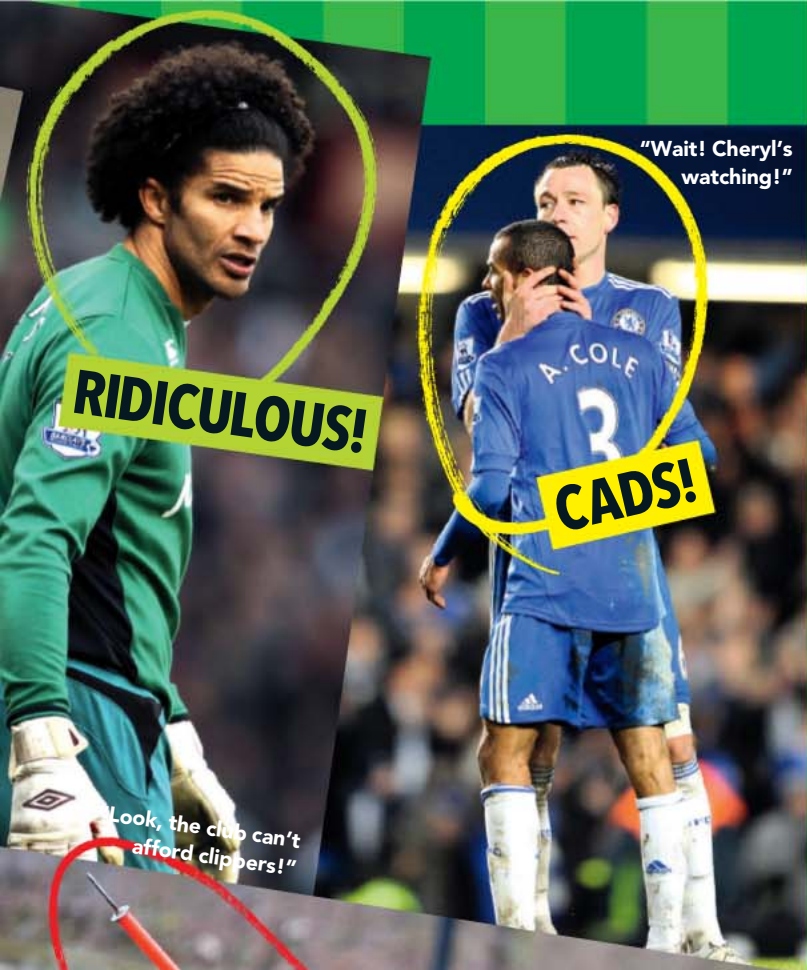
"Job one for Monday - sack my stylist!"

EH UP, OUR PHIL!

"Oi, Roman! This one's for you!"

"Sorry, Dave, too hungover to respond!"

MAN-LOVE CORNER!



RIDICULOUS!

"Wait! Cheryl's watching!"

CADS!

"Look, the club can't afford clippers!"



"He-he! Look, I'm Luke Skywalker!"

ATTACK!



POP OUT!

"... And I'm getting this one pierced!"



"Oww!
Pube burn!"

GO IN HARD!



"Hey, enough of the UFC treatment!"

GRAPPLE!



"My bedroom's over there!"

GRAB IT!

Nuts PROMOTION
FEATURE TITLE

Who's the mummy?

Rate Your Mate's Mum

They're one of life's great pleasures. They're friendly, great to look at, and they might just cook your tea for you. Of course, we're talking about the yummy mummy. The red hot mama. We're talking, gents, about the MILF, which we believe stands for Mums I Love and Fancy – yeah, that sounds about right.

There's much to love and fancy about the sexy older lady. In addition to having the phwoar factor, she brings wisdom and experience to the table, and could easily teach you a thing or two – if she wasn't married to your mate's dad!

Even so, we think sexy mothers are great. So, to coincide with Mother's Day (that's 14 March – please don't say you've forgotten), Nuts has hooked up with mobile types Phones 4u to start the hunt for the UK's hottest mum. Join us at nuts.co.uk/rateyourmatesmum and see what it's all about!

How to enter

Just whip your phone out, take a pic of her (with permission) and upload it to the website. Then just sit back and watch as the rest of the world rates her. If she ends up as the highest-rated MELF (Mum Everybody Loves and Fancies) on the site, you'll win two white BlackBerry® Curve™ 8520 smartphones. Exclusive to Phones 4u, it's probably the most internet-friendly phone out there.



phones®

4u

it's what we do

FOR TS & CS, VISIT WWW.NUTS.CO.UK/RATEYOURMATESMUM

'QUOTE ME ON THAT!'

Sporty types talking a load of toilet

ONLY IN Nuts!

"The top five teams all won today, including Man City and Liverpool, who drew"

Sky Sports pundit Gary McAllister thinks a draw is as good as a win.

"I'm a nice guy but on the pitch, I could act like a backside"

Boro boss Gordon Strachan gets cheeky.



The body-popping grandad was surprisingly good

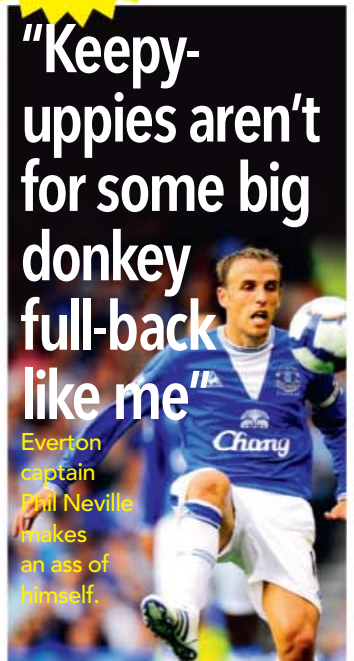


"If I make a mistake, the bank manager will be at my door with a meat cleaver"

Crystal Palace's Matty Lawrence on his not-so-friendly bank manager.

"Keepy-uppies aren't for some big donkey full-back like me"

Everton captain Phil Neville makes an ass of himself.



"Rooney's now playing as a pair on his own up front"

Former Man United striker Dion Dublin reckons current Old Trafford hero Wazza is worth two players.

"Give Arshavin one chance and he'll score. Although he missed that last chance"

Jamie Redknapp on the two-chance Arsenal striker.



Three bowls of Bran Flakes was a bad idea

"If you've been to Disney, you'll know that it doesn't compare to this"

We're presuming Ipswich gaffer Roy Keane is likening the emotions of football to a rollercoaster, rather than suggesting he's in charge of a Mickey Mouse club.

"England have won the match. Start the tuk-tuk!"

Sky Sports' David Lloyd gets carried away in Bangladesh.

'OO-ER SOUNDS A BIT RUDE' CORNER!

"If you pull a main striker out of a player, it'll hurt"

Leeds boss Simon Grayson on his tight-knit squad.

"I'm delighted Sam Allardyce has come on the sofa"

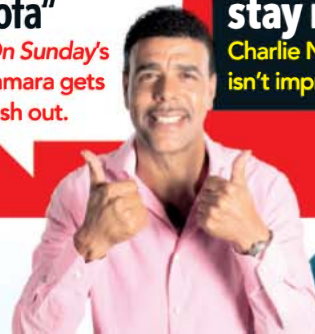
Goals On Sunday's Chris Kamara gets the Vanish out.

"Harry Redknapp isn't one to stay rigid"

Charlie Nicholas isn't impressed.

"We're not living in Cloud Cuckoo Land. We live in Let's Get Some Points Land"

Wolves boss Mick McCarthy really lives on another planet.





Santa Pod Raceway

The Fast Show

SUNDAY
21ST MARCH
2010

Santa Pod's Season-Opener!

An action-packed start to the season for all performance and modified cars fans

- // **RUN WHAT YA BRUNG** drag strip open to the public (driving licence needed, see website for full details)
- // **AUTOGLYM SHOW CAR PADDOCK** entry open to all
- // **MONSTER TRUCK AND STUNT SHOWS**
- // **DRIFT DEMO TRACK**
- // **HANDLING TRACK** open to public, free entry
- // **CLUB DISPLAYS** call now to book your club space
- // **DRAG RACING** including HKS Drag Series and Euro Sport Compact and 270mph Jet Car
- // **MISS FAST SHOW COMPETITION, GLAMOUR GIRLS AND DANCERS**
- // **TRADERS, MOBILE DYNO, CATERING AND BAR**



Make a weekend of it!

Saturday 20th March is the Fast Show test day including Run What Ya Brung. Track open until late. Free camping for all weekend ticket holders, and free entry to the new and improved **Pod Palais**: a heated nightclub with DJs, dancers, bar and seating.



TICKETS	ADV*	GATE
Sunday	£15	£18
Weekend	£25	£30



No pets, glass bottles and unlicensed vehicles on site please. FREE camping for weekend ticket holders, FREE parking with all tickets. Gates open Sat 8am for weekend ticket holders and RWYB only. *Advance tickets subject to booking fee, and available until 12/3/10.

www.TheFastShow.com

FOR FULL SHOW INFO, TICKETS AND MORE, VISIT THE OFFICIAL WEBSITE OR CALL 01234 782 828

SANTA POD RACEWAY, AIRFIELD ROAD, PODINGTON, WELLINGBOROUGH, NORTHANTS, NN297XA. SIGNPOSTED FROM J14/15 M1



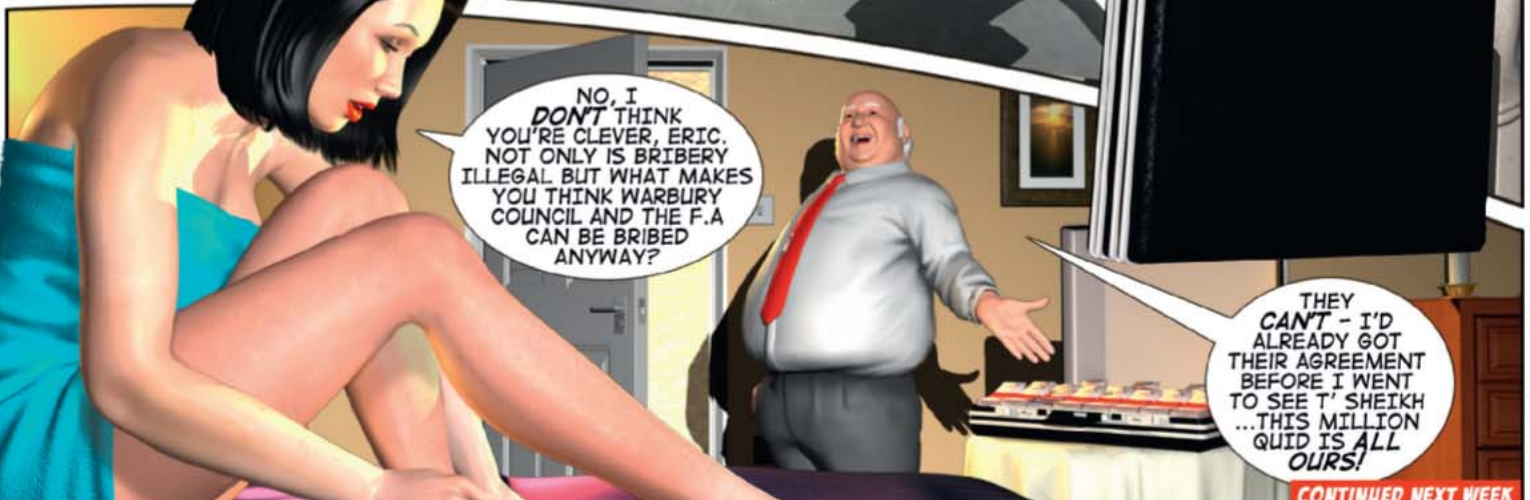
NEW TO Nuts!

ALL NEW STORIES!

Striker

By PETE NASH and SIMON RAVENHILL

striker3d.net



CONTINUED NEXT WEEK

Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES!



BEDROOM BABE!

Milly 21, Brighton, actress

"It doesn't take money to impress me, just wit. Someone who can make me laugh definitely impresses me."

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.





**"My sexiest outfit is
a beautiful corset from
Agent Provocateur"**

**TURN TO VOTE FOR OUR
NEXT BEDROOM BABE!**



Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

Deal or No Deal top tips!

Deal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to gamble 20p a turn, you could win a progressive jackpot – in fact, one recent winner walked off with £1.4m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the *Deal Or No Deal* TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

Chris B won £456,168 on Deal or No Deal! **

"It's brilliant! I might move somewhere hot and buy a house. It hasn't sunk in yet!"



THERE'S A WINNER EVERY TWO SECONDS!

**WINNER IMAGE POSED BY MODEL

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gambleaware.co.uk

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BEDROOM BABES!

Vote for your favourite - and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, *Nuts*, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

**ONLY IN
Nuts!**



Amber

23, Whitby, jeweller

"It doesn't take money to impress me - if you're a bit skint, I'll buy you a pint!"

Hannah

20, Sunderland, receptionist

"My boobs are completely natural. I'd say my best feature is my booty, though!"



Chloe

20, Trowbridge, beautician

"My sexiest outfit is an all-in-one fishnet body stocking. It's quite kinky and I love it!"



Gemma

19, Castletown, barmaid

"For a wild night to remember, I'd get out the chocolate sauce and baby oil and see what happened from there!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

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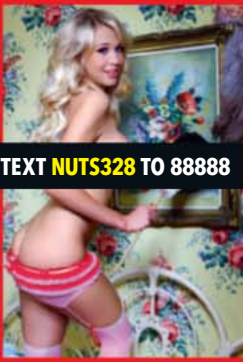
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Nuts

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BACK ISSUES For all *Nuts* back issues, call John Denton Services on 01733 385170, fax 01733 239356

10 RUDE QUESTIONS!

And a Real Girl to answer them...

THIS WEEK:

Zoe

24, Hertfordshire

1 Where's the strangest place you've had sex?

"I'd have to say the craziest place was probably on a beach while I was away on holiday. It was quite quiet though."

2 What really turns you on?

"Men who are big, muscly and very adventurous! I think being turned on is all about who you're with."

3 Do you like to be dominated in the bedroom or do you prefer to be in control?

"A bit of both. Being dominated makes you feel sort of vulnerable – in a good way – but taking control can be really good fun as well."

4 Apart from your mouth, where's your favourite place to be kissed?

"My neck, definitely. I like a man to start off quite slow and move onto something a bit friskier!"

5 Ever got it on with another girl?

"No, the opportunity's never come up. If I was going to get it on with a famous lady, it'd be Carmen Electra or Katie Price – they're sexy, powerful women."

6 What's your role-playing costume of choice?

"I've never actually dressed up, although my boyfriend always wants me to dress up as a nurse and 'look after him'."

7 Have you ever made a sex tape?

"No, but we've taken some pictures on my phone. I showed them to my colleague once because I thought all I had on there were pictures of my dog!"

8 If you could ask a man to perform any sex act for you, what would you want him to do?

"I'd like him to dress up in a sexy cop's outfit with a big truncheon! Ha-ha!"

9 What's your trademark move in the bedroom?

"Bouncing my boobs around in whatever position I'm in! I think the best position for boob-bouncing is definitely with me on top, it's always popular."

10 What one rude thing do you think every girl should try at least once?

"Crotchless underwear! I think they're naughty and sexy – I always wear mine if I know I'm going to be getting lucky."

ONLY IN Nuts!

REAL GIRLS, REAL PLACES!

THIS WEEK:

Name: Jen
Age: 24
Likes: "A good sense of humour!"
Boobs: 32E. "They could always be bigger!"
Have you ever kissed a girl? "Yes, for fun!"
Strangest place you've had sex? "In a car. It's not as exciting as at the top of a mountain!"
Sex tip: "Tie me up!"

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 70. You must be at least 18 years old.

Jen's sexy guide to Solihull!

Nuts discovers a Midlands minx



Jen on... her home!

"We're in Solihull in the West Midlands. There's not much to do around here, so I normally head into Birmingham if I want a big night out. If not, I'll stay in with a DVD and ice cream!"



HELLO!

Jen on... getting ready!

"It doesn't take me long to get ready because I'm normally already out! A couple of bottles of wine with the girls at lunch and then I'll just go out in what I happen to be wearing!"



Jen on... late nights!

"I'm nocturnal. I go to bed late and get up late, usually because I don't have much to do in the day. Ha-ha! I like to hog the bed, though, so there's not much room for guests."



Jen on... keeping fit!

"I'd like to be good at cooking but I don't know how. I like keeping fit though. I go to the gym every day, unless I've got a hangover and I can't face it! I like running, too."





**Jen on...
snack food!**

"I'm quite a healthy eater but I live on snacks, not meals. I had half a packet of hot cross buns yesterday and then didn't have any room for dinner. I'm always snacking on chocolate, too."



**Jen on...
her boobs!**

"My boobs are 32E. I like to show them off when I go out but I don't get them out like some girls do. Boys pretend to look at their mobile phones but I can see them staring!"

**"I walk around
the house naked!"**



**Jen on...
being naked!**

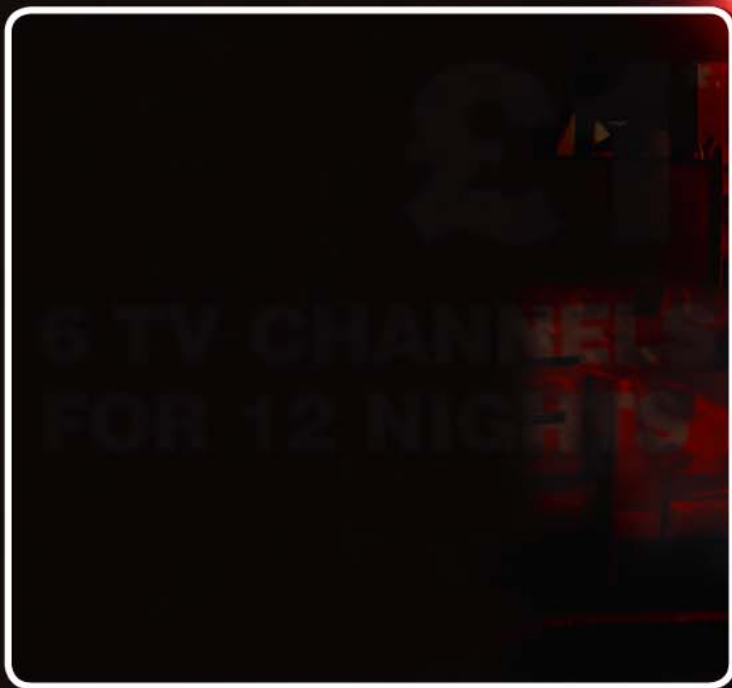
"It's nice and warm in here. I often walk around the house totally naked but I forget that the neighbours can probably see in. They're getting a peep show for free. I should charge!"



**Jen on...
flashing!**

"I love this park. I flashed my boobs here last summer at an ice-cream man, but he didn't give me any free ice-cream!"

**WHERE
ARE ALL
THE MEN?**



STAYING IN JUST GOT FUN!

Call **0844 842 9698**

or visit www.playboytv.co.uk/offer
and start watching today!



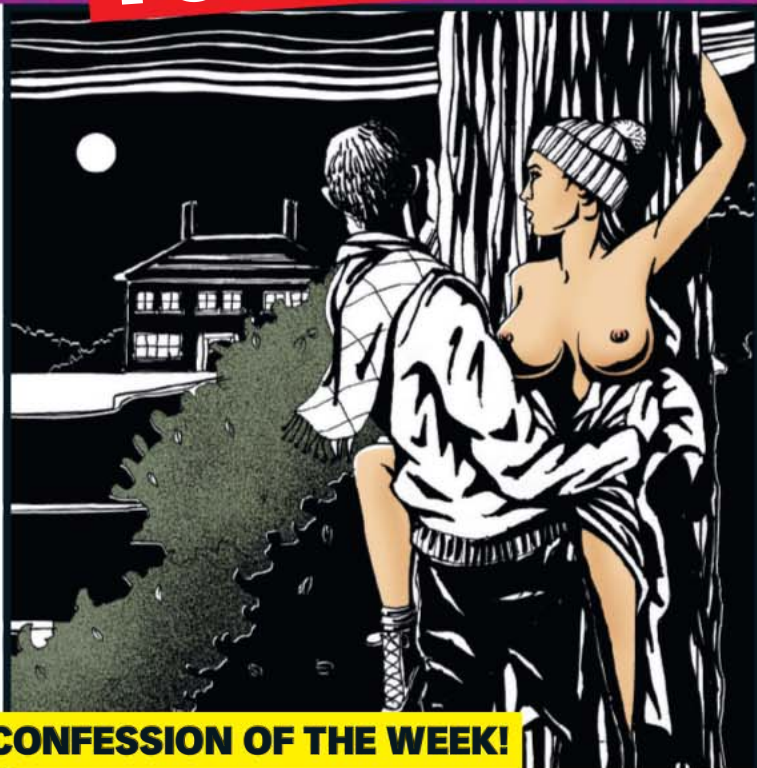
LADIES CONFESS!

100%
REAL
STORIES!

TO OUR SECRETARY!



IT'S LOU!



CONFESSION OF THE WEEK!

'We did it in someone's garden'

My boyfriend and I were taking a shortcut home through the woods one day and were both in the mood for some naughty action. After a bit of dirty talk, he pushed me against a tree and we started touching each other. I noticed a big house right by us and realised we were actually in someone's garden! But I didn't care – I felt my man's hands creep into my pants and I was far too horny to stop him. We ended up having sex there and then, and even took some naughty photos on my phone to show our friends!

Lauren, Aberystwyth

'We did it while I chatted to sis'

I hadn't seen my boyfriend for two weeks, so when he came to my house, we quickly had each other's clothes off. But as we lay semi-naked and kissing on the sofa, my sister called me in tears

about her divorce. Sighing with frustration, I took my phone into the kitchen. As I leant across the kitchen bar, deep in conversation with my sister, I suddenly felt a sensual kiss on the back of my neck. My boyfriend's fingers then pushed my thong to one side and began slowly probing inside me.

He then replaced his fingers with something else, slowly entering me from behind! I lifted my right leg onto the worktop to make it easier for him to go deeper inside me and we slowly rocked back and forth, my sister oblivious to what was happening at the other end of the phone! As soon as the call finished, we properly went for it. The slow build-up had worked us into a frenzy and we went at it hammer and tongs. I came in a matter of seconds!

Donna, Essex

'I gave his balls a little lick'

My sister threw a big party one Saturday night and an old uni friend of hers turned up. He was a few years older but he was really fit, and I could tell from his glances that he thought the same about me. When someone pointed out that we'd run out of beer, he volunteered to go to the shops and I offered to show him the way. We jumped in his car and you could feel the sexual tension between us. Without saying anything, he leaned in and kissed my neck, sending shivers down my body. I traced my fingers along his thigh to his lap, where I found his erection waiting for me. I bent down and took it all in my mouth, playing with his balls at the same time. He gasped and pulled my hair around my neck so he could get a better view. I gave his balls a little lick and this drove him even wilder. He soon came and we quickly adjusted our

clothes. One moment later and we would have been caught, as one of my friends came out of the house and asked why we hadn't left yet. We muttered something about not being able to find the car keys and drove off laughing!

Stacey, Brentwood

'I gave my fella a sexy apology'

I'd been dating this guy for a few weeks when he took me to a posh hotel. I was nervous as it was our first night away together, so I had a few drinks in the bar beforehand to calm myself down. But the drink went straight to my head and I ended up making a complete fool of myself. By the time we went up to bed, I was just ready to crash out. The next morning, I wanted to show him how sorry I was, so I called down to reception to extend our check-out time until 2pm to give me a chance to make it up to him. I then ordered him to just lie back on the bed and do nothing while I kissed and licked him all over his body, finishing with a slow, lingering blow job, which drove him totally wild. Then I climbed on top of him and rode him to an explosive orgasm. I think he forgave me!

Jessie, Manchester

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on p70. The best one each week* wins £50! Come on, girls!

Nuts FASHION

The top ten fashion must-haves this week!

WORDS: STEVEN BUCHAN
PHOTOS: ALAN MCFADEN

1 St George by Duffer top

This snug hoodie is ideal for lounging around in. 08445 616 161



£40



£60

2 Vision trainers

The '80s trend is big at the moment, so get in on it with these! 01726 861 742



£22
£19

15% OFF Go to nuts.co.uk/fashion, enter TREFOIL as the "offer code" at checkout and get 15 per cent off!

3 Adidas Originals tee

Classic design in a variety of colours. nuts.co.uk/fashion (product no 16513)



£16

4 Asos tee

Stone Roses fans will be mad for this Ian Brown tee. www.asos.com



£129

5 Ben Sherman coat

A classic bit of kit to keep the rain at bay. 02838 324 121

NEW TO Nuts! **TOP 5... GROOMING!**



£146

6 Evisu jeans
The brand known for its vintage denim does the business again. 020 7292 0500



£80

7 Chateau Roux cardigan
This chunky knit will look good with a vest and cargo shorts. www.chateauroux.co.uk



£25

8 Paul Frank tee
Pair this with the Chateau Roux cardigan for a cool look. www.globalappareluk.com



£130

9 Knomo bag
One of a new range designed by DJ Erick Morillo. 0800 043 7924



£70

Buy this polo at nuts.co.uk/fashion

10 Ralph Lauren polo
Don't wait till summer – get this now! nuts.co.uk/fashion (product no 16416)

1 Braun Series 7 720 shaver **£200**

When it comes to super-close, smooth shaves, the Braun Series 7 720 is the daddy. Available at Amazon, plus Boots and Argos nationwide

Super-close!

2 Burberry Sport eau de toilette **£48**

Fresh and fruity with elements of grapefruit, ginger and juniper berries, this stuff will be a winner with the ladies! www.selfridges.com

Fruity!

3 Garnier Anti-Dark Circles roll-on **£10**

Perfect for covering any tracks from your heavy session the night before. Available at Boots nationwide

Eye rescue!

4 Dove Men +Care Body And Face Wash/Deodorant **From £3**

Cheap new range designed just for blokes. 0800 085 1548

Good value!

5 The Shave Doctor travel set **£15**

Perfect for the gym or a holiday, this set – including moisturiser, shave oil and face wash – comes in a handy wash bag. www.shave-doctor.co.uk

Convenient!

SAVE LOADS ON CLOTHES AT NUTS.CO.UK/FASHION

Nuts REVIEWS

GAMES!



The *Final Fantasy* series is the sixth best selling video game franchise of all time

FINAL FANTASY XIII PS3, XBOX 360



The world's best-known role-playing game returns for a 13th outing, and it's faster, more accessible and

better-looking than ever. But its convoluted, dour tale of light versus dark and the lingering Japanese-ness of it mean it's still aimed primarily at fans. But if you are a fan, add two stars – you'll absolutely love it! ★★★



UNDEAD KNIGHTS PSP



Hack-and-slash zombie adventure with a twist – the zombies are on your side. So take out enemy soldiers and they rise again to help your cause. Not too bad. ★★★



BORDERLANDS: THE SECRET ARMORY... PSN, XBOX LIVE



This downloadable story pack (with 40 new missions) sends you back to Pandora to take on assassins and hunt down General Knoxx in sturdy, fun, value-for-money content. ★★★★★

DVDS/BLU-RAY!



The cast were given scripts titled *Evolution III* to prevent the plot leaking to *Saw* fans!

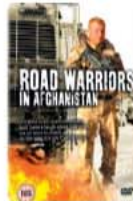
SAW VI CERT 18 DVD & BLU-RAY



The twisted conveyor belt of blood, guts and gore keeps turning and the sixth film in the hit franchise doesn't disappoint.

Sinister Detective Hoffman continues where Jigsaw left off, setting ever more inventive traps to slice the skin and remove the limbs of members of the FBI as they close in on him. Make sure you keep a sick bag handy! ★★★★★

ROAD WARRIORS IN AFGHANISTAN CERT 15



Gritty documentary following the brave troops who dodge suicide bombers, snipers and IEDs to deliver supplies in Afghanistan. ★★★★★

THE MENTALIST CERT 15



A former psychic medium fraud uses his observational skills to help the American plod solve murder cases in this drama. ★★★

EASTBOUND AND DOWN CERT 15



Excellent HBO comedy following ex-baseball pitcher Kenny Powers (Danny McBride) on his return to his hometown. ★★★

MUSIC!



GORILLAZ PLASTIC BEACH



Damon Albarn assembles a huge cast – De La Soul, Kano, Mos Def, Lou Reed, Gruff from Super Furry Animals – for a new pop music masterpiece. ★★★★★

VARIOUS ARTISTS MY SONGS



An exhaustive 40-track barrage of songs designed to suit your mood, although we don't know quite what mood you have to be in to like Paolo Nutini! ★★★★★

Watch, play and listen to this stuff!

Ratings: ★★★★★ Genius ★★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

MOVIES!



The mental asylum scenes were shot in a disused hospital said to be haunted!

SHUTTER ISLAND CERT 15

Martin Scorsese follows up *The Departed* with this scary-as-hell adaptation of a spooky book by Dennis Lehane. Investigating a

disappearance on a remote island that's also a mental asylum, US Marshall Leonardo DiCaprio sees things quickly unravel. ★★★★★



GREEN ZONE CERT 15

Another decent action flick from Paul "Bourne Identity" Greengrass sees Matt Damon trying to prove WMDs don't exist in Iraq. ★★★



THE GIRL WITH THE DRAGON TATTOO CERT 18

Ace Swedish thriller based on the best-selling book about a mental lesbian computer hacker obsessed with stalking a serial killer. ★★★★★



PLUS! TAKE ME OUT GIRLS TAKE 'EM OFF!



loaded out now!





6.10am The Hoobs (R) **7.00** Freshly Squeezed **7.25** Everybody Loves Raymond (R) **8.20** Frasier (R) **9.20** Will & Grace (R) **9.45** Deal or No Deal (R) **10.30** Coach Trip (R) **11.05** Wife Swap USA **12.00noon** Channel 4 News Summary **12.05pm** In Your Dreams (R) **12.15** Location, Location, Location (R) **1.15** **FILM** Murder She Said: *Comedy thriller*. **2.55** Glamour Puds **3.25** Countdown **4.10** Deal or No Deal **5.00** Coach Trip **5.30** The Simpsons (R) **6.30** Hollyoaks

7.00 News

7.30 White Boy, Black Nanny

Director Mark Rossiter returns to South Africa to find the nanny who raised him for ten years during apartheid.

8.00 A Place In The Sun: Home Or Away

Dr Dawn meets a woman with inverted nipples. We can't decide whether this sounds promising or just plain wrong.

10.00 Chris Moyles' Quiz Night

MUST-SEE With Billie Piper and David Haye.

10.50 Bulletproof Monk

FILM A Tibetan monk chooses a young pickpocket to guard a precious religious scroll.

12.50am 4Music: The Album Chart Show Introduces - Ellie Goulding

Interview with the singing saucepot.

1.05 4Play: The Plasticines **1.15** **FILM** Holy Man: *Comedy*. **3.10** The Dead Zone **3.50** The War at Home **4.15** St Elsewhere (R) **5.00-5.45am** Countdown (R)

Crime thriller starring Al Pacino, Sean Penn and Penelope Ann Miller. **3.25-5.30am** ITV Nightscreen **ULSTER: 10.35pm** Piers Morgan On **11.35** Brain Box **1.35am** **FILM** A Good Man in Africa: *Black comedy drama starring Colin Firths.* **5.4c:** As C4 except: **7.00pm** Wedi **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm

8.25 Cyngerdd Rhuban Glas Y Cardis **9.30** Jonathan **10.35** Penawdau Newyddion a'r Tywydd **10.40** **FILM** 30 Days of Night: *Horror starring Josh Hartnett.* **12.45am** Chris Moyles' Quiz Night **1.35** **FILM** Dawn of the Dead: *Remake of the 1978 George A Romero horror movie.* **3.20-5.15am** This Week's 4Music Top 20



6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.15pm** House Doctor (R) **12.40** Five News **12.45** Extraordinary Animals (R) **1.15** Wild Animal ER (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **2.55** I Own Britain's Best Home: Flying Visit (R) **3.10** **FILM** A Stranger's Heart: *Drama.* **5.00** Five News **5.30** Neighbours (R) **6.00** Home and Away (R) **6.30** Home and Away (R)

7.00 Live From Studio Five

The lowest point in the history of TV.

8.00 Highland Emergency

The RAF's Sea King helicopter rescues two climbers stranded 4,000ft up Ben Nevis.

9.00 The Mentalist

MUST-SEE Jane and Lisbon investigate the death of a biker gang's lawyer.

10.00 Law & Order: Criminal Intent

Goren and Eames investigate the death of a billionaire radio mogul's eldest son. (R)

11.00 NCIS

The team searches for the informant. (R)

12.00m't SuperCasino

Your chance to spend the next four hours slumped in a drunken haze watching a wheel spin round.

4.00am **SPORT** Motorsport Mundial **4.30** Great Scientists (R) **4.55** County Secrets (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)



6.00am **SPORT** Good Morning Sports Fans **7.00** The Simpsons (R) **7.30** The Simpsons (R) **8.00** Brainiac: Science Abuse (R)(HD) **9.00** Lie to Me: *Drama starring Tim Roth.* (R) **10.00** Grimebusters (R)(HD) **10.30** Grimebusters (R)(HD) **11.00** Lion Man (R) **11.30** Airline (R) **12.00noon** The Biggest Loser: Australia (R) **1.00pm** Lie to Me (R)(HD) **2.00** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Lion Man (R) **5.00** **SPORT** WWE Superstars (HD) **6.00** Oops TV (R)

7.00 The Simpsons

Lisa gets a MyPod, and Homer believes Bart's new friend Bashir is a terrorist. (R)

7.30 The Simpsons

Mr Burns wins a basketball team. (R)

8.00 Oops TV

The rubbish home video and out-takes show goes primetime. Why, Sky1? Why?

9.00 Lost

Confusing drama.

10.00 A League Of Their Own

Sport-based comedy quiz show, hosted by James Corden. (R)(HD)

11.00 Pineapple Dance Studios

Dance-based dross. (R)(HD)

12.00m't Road Wars

A desperate drug dealer bites a policeman's hand in an attempt to escape being searched. Tasty. (R)

1.00am Road Wars **1.50** Ross Kemp **2.40** Don't Forget the Lyrics US **3.30** Brainiac **4.20** Journeyman **5.10-6.00am** Are You Smarter Than a 10 Year Old?

TODAY'S MUST-SEES



"Sorry, guys, it's Badly Dressed Loners night tonight"

The Mentalist **Five, 9pm**

DRAMA Police consultant Patrick Jane lends his observation expertise to the hapless cops again, tonight helping them solve the murder of a biker gang's lawyer. Well done, Patrick – you still have a girly surname, though! ★★★

He always dressed well for the dentist

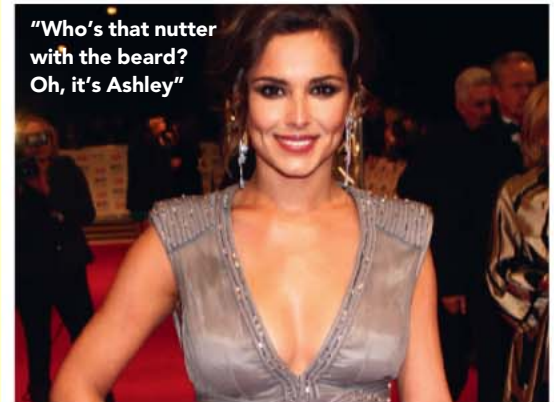


Chris Moyles' Quiz Night

Channel 4, 10pm

QUIZ This week, Chris is joined by David Haye, Dale Winton and *Secret Diary Of A Call Girl's* Billie Piper, who we assume won't be getting her kit off in the topical quiz show. Damn! ★★★

"Who's that nutter with the beard? Oh, it's Ashley"



Friday Night With Jonathan Ross **BBC1, 10.35pm**

CHAT Listen for the sound of men everywhere shouting, "Ashley, are you mad?" – Cheryl, erm, Tweedy's one of the guests! ★★★★★

LITE AND CABLE TV TONIGHT

South Park **2.20** Two and a Half Men **3.20** Scrubs **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Top Gear **8.00** World's Toughest Driving Tests: *With Will Mellor.* **9.00** Stag Weekends: *The Dirty Secrets* **10.00** EastEnders **10.30** Snog, Marry, Avoid? **11.00** Hotter Than My Daughter **11.30** Family Guy **12.15am** Two Pints of Lager and a Packet of Crisps **1.15** The Gemma Factor **1.45** Undercover Princesses **2.45** Summer Heights High **3.40** Snog, Marry, Avoid? **4.10** Undercover Princesses **5.10-5.25am** Greek Uncovered

E4 (136)

7.00pm Hollyoaks **7.30** How I Met Your Mother **8.00** Friends: *Double-bill.* **9.00** How to Look Good Naked **10.05** Wife Swap **11.10** Alan Carr: Chatty Man: *With Frankie Boyle, and Jane Torvill and*

Christopher Dean. **12.00m't** How I Met Your Mother **12.30am** Scrubs **1.30** How to Look Good Naked **2.25** Wife Swap **3.25** Alan Carr: Chatty Man **4.05** Ugly Betty **4.50-5.30am** Switched

DAVE (111)

7.00pm Fifth Gear **8.00** Top Gear **9.00** Never Mind the Buzzcocks: *With Dermot O'Leary.* **9.40** QI: *With Jeremy Clarkson and Neil Mullarkey.* **10.20** Live at the Apollo **11.20** Argumental: *With Sean Lock and Dom Joly.* **12.00m't** Never Mind the Buzzcocks: *With guest captain Dermot O'Leary.* **12.40am** QI **1.20** Dead Ringers **2.00** Man Stroke Woman **2.40-3.00am** **SPORT** Radical Highs

MTV ONE (350)

7.00pm Justin Bieber's Teen Stars **9.00** Teen Cries: *Loads of episodes of the show.* **1.00am** World Stage **2.00** South Park **4.30-6.00am** My Super Sweet 16

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Who Wants to Be a Millionaire? *Celebrity: Quiz show.* **9.00** Medium **10.00** Terminator: The Sarah Connor Chronicles **11.00** Deadliest Warrior **12.00m't** Roulette Nation **3.00am** How Clean is Your Crime Scene? **4.00-5.00am** Ninja Warrior

SCI-FI (129)

5.00pm Buffy the Vampire Slayer **8.00** Sanctuary **9.00** **FILM** Malibu Shark Attack: *Disaster movie.* **10.40** **FILM** An American Werewolf in London: *Cult horror starring David Naughton.* **12.40am** Legend of the Seeker **1.40** Buffy the Vampire Slayer **3.00** Flash Gordon **4.00-6.00am** **FILM** Wildfires: *Disaster movie.*

FX (164)

7.00pm NCIS: *Three episodes.* **10.00** True Blood **11.10** Life **12.10am** NCIS **2.10** Nip/Tuck **3.10-4.10am** Underbelly

LISTINGS BY: MIKE HALL, ANTHONY TEASDALE PREVIEWS BY: ADAM RALPH, PETE CASHMORE, MIKE HALL PHOTOS: GETTY

6am

7pm

1am



6.00am Breakfast **9.00** Saturday Kitchen
10.10 **LIVE** Formula 1: The Bahrain Grand Prix - Qualifying: *The battle for pole position in Sakhir.* **12.30pm** BBC News, Regional News, Weather **12.45** **SPORT** Football Focus **1.30** A Question of Sport **2.00** **LIVE** Six Nations Rugby Union: Ireland vs Wales from Croke Park, kick-off 2.30pm. **4.25** BBC News, Regional News, Weather **4.35** **MUST-SEE** Six Nations Rugby Union: Scotland vs England, kick-off 5pm.



6.00am CBeebies **7.00** CBBC **12.00noon** BBC Switch: Greek **12.45pm** Single, Together, Whatever **1.15** The 5:19 Show **1.35** The Cut (R) **2.00** Revealed **2.15** The Sky at Night (R) **2.55** **FILM** Suspicion: *Classic Hitchcock suspense thriller starring Cary Grant.* **4.30** **SPORT** Final Score **5.20** **FILM** First Knight: *Romantic drama.*



5.30am ITV News **6.00** GMTV **9.25** CITV **10.00** The Crocodile Hunter Diaries (R) **10.30** Lion Country (R) **11.00** Dickinson's Real Deal (R) **12.00noon** News, Weather **12.10** Michael Winner's Dining Stars (R) **1.10** **FILM** Murder She Wrote: The Last Free Man: *Mystery drama.* **2.50** Midsomer Murders (R) **4.50** **FILM** Mr Bean's Holiday: *Comedy starring Rowan Atkinson and Emma de Caunes.* **6.30** Regional News, Weather **6.40** ITV News



6.10am The Hoobs (R) **6.35** Yo Gabba Gabba (R) **7.00** **SPORT** World Sport **7.30** **SPORT** Road to the 2010 FIFA World Cup **8.00** **SPORT** The Morning Line: *Preview of the day's races.* **8.55** T4: Friends (R) **9.55** Glee (R) **10.50** Diversity's Dance Masterclass: Top 20 **11.55** Ultimate Traveller (R) **1.00pm** Smallville **1.55** **LIVE** Channel 4 Racing from Sandown Park and Wolverhampton: *Horse-hurrying antics.* **3.55** Three Hungry Boys **4.25** Come Dine with Me Extra Portions (R) **6.30** News



6.00am Sunrise **7.00** Milkshake!
10.00 **SPORT** UEFA Europa League Football **11.00** The Gadget Show (R) **12.00noon** Megastructures: 747 Demolition (R) **1.05pm** Chinese Food in Minutes (R) **1.35** **FILM** The King and I: *Animated remake of the Rodgers and Hammerstein musical.* **3.10** **FILM** Man of the House: *Children's comedy starring Chevy Chase and Farrah Fawcett.* **5.15** Five News **5.20** **FILM** Battle of the Bulge: *Drama starring Henry Fonda and Robert Shaw.*

7.00 Let's Dance For Sport Relief
Actually, let's not.

8.15 The National Lottery: Who Dares Wins

9.05 Casualty
Medical misery.

9.55 BBC News, Weather

10.15 Match Of The Day
SPORT Today's top-flight ball kicking, including Hull City's match against Arsenal at the KC.

11.35 The Football League Show
SPORT Lower-league ball thumping now, including the north-east derby between Middlesbrough and Newcastle.

12.50am Friday Night With Jonathan Ross
With Cheryl Cole. (R)

1.55 **NEW** Sign Zone: Dinner with Portillo
2.25 Alesha Dixon: Who's Your Daddy?
3.25-6.00am BBC News

7.30 Dad's Army

8.00 Requiem For Detroit
Julien Temple charts the fortunes of the city of Detroit. Which have been mostly bad, by the sounds of it.

9.15 QI XL
David Mitchell, Rob Brydon, Dara O' Briain and Alan Davies join host Stephen Fry for another round of head-scratching.

10.00 Heroes
Matt continues his battle to resist Sylar's mental domination.

10.40 Motor City's Burning: Detroit From Motown To The Stooges
A look at the city's influence on music in the '60s, from the success of Motown to the garage rock scene. Cool. (R)

11.40 Gridlock'd
FILM Two heroin-addicted musicians resolve to kick their habits after a friend overdoses.

1.10am Motown: A Culture Show Special (R) **1.55** **FILM** Man About Dog: *Irish comedy.* **3.15-3.34am** **NEW** Inside F1: *A look ahead to the Bahrain Grand Prix.*

7.00 New You've Been Framed!
Harry Hill narrates videos of clumsy idiots falling off logs/ladders/high buildings.

7.30 Harry Hill's TV Burp
Essential Saturday night nuttiness.

8.00 Ant & Dec's Push The Button

9.00 Piers Morgan's Life Stories
Coronation Street actress and singer Kym Marsh talks about her career highs and lows, hopefully in a low-cut dress.

10.00 Troy
FILM So-so historical epic starring Brad Pitt and Eric Bana.

11.30 ITV News, Weather

11.45 Troy
FILM Let's face it, you'll have probably given up by now.

1.05am **FILM** TimeCop: The Berlin Decision: *Sci-fi thriller sequel.* **2.25** Nightwatch with Steve Scott: *Mystery (R)* **3.20-5.30am** ITV Nightscreen

7.00 Stardust
FILM Fairytale comedy adventure with Michelle Pfeiffer. Avoid.

9.25 In Her Shoes
FILM Bittersweet comedy drama starring Cameron Diaz and Shirley MacLaine. OK, time for drastic action - hide the remote from the missus!

11.55 Alan Carr: Chatty Man
The host is joined by World's Funniest Man, comedian Frankie Boyle. (R)

12.45am City Of God
FILM Brilliant Brazilian crime drama following the contrasting fortunes of two boys growing up in a violent shanty town.

2.55 The Dead Zone **3.35** St Elsewhere (R) **4.25** Scrapheap Challenge Top Ten (R) **5.15-6.00am** Countdown (R)

8.00 NCIS (R)

9.00 CSI: NY
The team respond to an emergency call from a penthouse and arrive to find a mummified corpse in the lounge. Heck!

10.00 Law & Order
A man is killed shortly before he was due to switch off his incapacitated wife's life support. Safe to say it's not the most light-hearted episode then.

11.00 CSI: Crime Scene Investigation
Warrick investigates a spate of drive-by shootings, but an emotional involvement in the case leads him to pursue an innocent man. See? That's what you get if you do serious stuff in Vegas. Just head to the casino and have some fun! (R)

12.00m't SuperCasino
Not this casino though.

4.05am House Doctor (R) **5.00** Hana's Helpline (R) **5.10** The Milkshake! Show (R) **5.35** Thomas & Friends (R) **5.45-6.00am** Roary the Racing Car (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: **10.15pm** **SPORT** Sportscene
BBC2 SCOTLAND: **6.30pm** Top Gear **10.40** Burnistoun **11.10** Motor City's Burning: Detroit from Motown to the Stooges **12.10am** **FILM** Gridlock'd: *Offbeat comedy drama starring Tim Roth.* **1.40**

Motown: A Culture Show Special **2.25** BBC News
BBC2 WALES: **7.30pm** Gardeners' World **9.15** Mastercrafts **10.15** QI XL **11.00** Heroes **11.40** Motor City's Burning: Detroit from Motown to the Stooges **12.40am** Dad's Army **STV:** **10.00pm** **FILM**

Jaws 2: *Adventure thriller sequel starring Roy Scheider.* **12.20am** Roulette Nation **1.00** Ladette to Lady **1.55** **FILM** Balto III: Wings of Change: *Animated adventure sequel featuring the voices of Maurice LaMarche.* **ULSTER:** **1.05am** Brain Box **S4C:**

As C4 except: **6.35pm** Gala Operatig Llangollen **8.10** Newyddion a Chwaraeon **8.25** **NEW** Noson Lawen **9.30** **SPORT** Sgorio Cymru **10.05** Jonathan **11.05** **FILM** Braveheart: *Epic historical drama directed by and starring Mel Gibson.* **2.20am** **FILM**

TODAY'S SPORT



6.00am Aerobics
6.30 Premier League Preview
7.00 Football League Weekend
8.00 Champions League Weekly (HD)
8.30 Premier League Preview
9.00 Soccer AM
12.00noon Soccer Saturday
12.30pm **LIVE** Football: *Spurs vs Blackburn, kick-off 12.45pm.* (HD)
3.00 Soccer Saturday: *Up-to-the-minute scores with Jeff Stelling and guests.*
5.15 **LIVE** Rugby League: *Warrington Wolves vs Bradford Bulls at the Halliwell Jones Stadium, kick-off 5.30pm.* (HD)
7.30 You're on Sky Sports!
8.25 Football First
1.15am Sky Sports Classics
1.30 Champions League Weekly (HD)
2.00-6.00am **MUST-SEE** Boxing: *Manny Pacquiao vs Joshua Clottey from the Cowboys Stadium in Texas.* (HD)



6.00am **LIVE** Cricket: *The second day of the first Test between Bangladesh and England from Chittagong.*
11.30 World Sport
12.00noon **LIVE** Football: *Kilmarnock vs Celtic, kick-off 12.15pm.* (HD)
2.30pm Cricket
4.30 Boxing: *Paul Smith vs Tony Dodson at the Liverpool Echo Arena.* (HD)
6.30 A-League
7.00 **LIVE** Golf: *The third day of the CA Championship at the Doral Golf Resort and Spa in Miami, Florida.* (HD)
11.00 Golf
12.00m't Max Power
1.00am Spanish Football
2.30 A-League
3.00 IEX Magazine
3.25-6.00am **LIVE** Cricket: *More ball slogging with the third day of the first Test between Bangladesh and England.*

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.25pm K-19: The Widowmaker: *Cold War thriller starring Harrison Ford.* **9.00** She's the Man: *Romantic comedy starring Amanda Bynes.* **11.00** No Day Watch: *Russian horror fantasy sequel.* **1.30-3.40am** You Can Count on Me: *Indie comedy drama starring Laura Linney.*

COMEDY CENTRAL (126)
7.00pm **FILM** Beetlejuice: *Fantasy comedy.* **8.45** Scrubs **9.15** Lee Evans: *Wired and Wonderful - Live at Wembley* **11.30** **FILM** Police Academy 6: *City Under Siege: Comedy sequel.* **1.10am** Grouchy

ESPN **4.45pm** **MUST-SEE** Football: *Hull City vs Arsenal.* **7.45** **LIVE**
Italian Football: *Napoli vs Fiorentina.* **9.45** Bundesliga **11.30** Athletics **1.30am** NBA Fastbreak **2.00** **LIVE** Basketball **4.00-5.00am** World Series of Poker

Young Men **1.40** Dirty Sexy Funny: *Olivia Lee* **2.10** South Park **2.40** Two and a Half Men **3.40** Comedy Store **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)
7.00pm The Real Hustle on Holiday **8.00** Top Gear **9.05** **FILM** Bruce Almighty: *Comedy.* **10.40** Eddie Izzard: *Marathon Man: The physical and mental strain begins to take its toll.* **11.40** Family Guy: *Stewie is left home alone.* **12.00m't** American Dad! **12.45am** Hotter Than My Daughter **1.15** Snog, Marry, Avoid? **1.45** Eddie Izzard: *Marathon Man* **2.45** The Real Hustle on Holiday **3.45** Hotter Than My Daughter **4.15-5.15am** Lily Allen at Radio 1's Big Weekend

E4 (136)
6.55pm The Big Bang Theory **7.25** How I Met Your Mother **7.55** Friends **9.00** **FILM** Assault on Precinct 13: *Action thriller*

starring Ethan Hawke. **11.05** **FILM** My Best Friend's Wedding: *Romantic comedy starring Julia Roberts.* **1.15am** Supernanny **2.10** Gok's Fashion Fix **3.05** Samantha Who? **3.30-6.00am** Hollyoaks

DAVE (111)
7.10pm Fifth Gear **7.40** Have I Got News for You **8.20** The Mighty Boosh: *Howard is abducted by a yeti.* **9.00** Live at the Apollo: *With Sean Lock and Jason Manford.* **10.00** Red Dwarf **12.00m't** Red Dwarf Special: *Smeg Ups* **12.40am** Red Dwarf **2.00** The Mighty Boosh **2.40-3.00am** **SPORT** Radical Highs

MTV ONE (350)
2.30pm The City **9.00** The Official UK Top 20 **11.00** World Stage **12.00m't** 40 Naughtiest Celebrity Scandals: *A countdown of mischievous antics.* **2.00am** Justin Bieber's Teen Stars **4.00-6.00am** Peter Andre's Pop Revelations



6.00am Brainiac: Science Abuse (R)(HD)
7.00 Malcolm in the Middle (R) **7.30** Malcolm in the Middle (R) **8.00** **SPORT** Wayne Rooney's Street Striker (R)(HD)
9.00 **SPORT** Soccer AM **12.00noon** The Simpsons (R) **12.30pm** The Simpsons (R) **1.00** The Real A&E (R)(HD) **2.00** Pineapple Dance Studios (R)(HD) **3.00** Fat Families (R)(HD) **4.00** The World Wild Vet (R)(HD) **5.00** Oops TV (R) **6.00** The Simpsons (R) **6.30** The Simpsons (R)

7.00 Futurama

Kif hopes to impress Amy's parents by retrieving their stolen livestock. (R)

7.30 Futurama

Bender becomes a tyrannical pharaoh. (R)

8.00 Pineapple Dance Studios

9.00 The Librarian: The Curse Of The Judas Chalice

Action adventure sequel for goths. (HD)

10.45 Fringe

The team travels to Edina to investigate the murder of three state troopers.

11.45 Road Wars

Officers investigate a gang mugging that leave a man with a broken nose. (R)(HD)

12.45am A League Of Their Own

Cool new sport-based comedy quiz show hosted by James Corden. (R)(HD)

1.45 Miami SWAT: Double-bill.

(R)(HD) **3.25** Prison Break (R)(HD) **4.20** American Gladiators (R)(HD) **5.10-6.00am** Are You Smarter Than a 10 Year Old? (R)(HD)

Wrong Turn: Thriller starring Eliza Dushku. **3.55-4.50am** The Flying Car: Daredevils

VIRGIN 1 (121)

7.00pm Most Shocking **8.00** Street Crime UK **9.00** **FILM** No Way Out: Thriller starring Kevin Costner and Gene Hackman. **11.15** Sexcetera **11.50** Virgin Media Shorts 2009 **12.00m't** Roulette Nation **3.00am** World's Most Amazing Videos **4.00-5.00am** TV Scrabble

SCI-FI (129)

7.00pm **FILM** Tremors 2: Aftershocks: Tongue-in-cheek horror sequel. **9.00** **FILM** Tremors 3: Back to Perfection **11.00** **FILM** Dangerous Waters: Shark Attack: Teen adventure thriller. **12.40am** Heroes **4.00-6.00am** **FILM** Past Tense

FX (164)

3.00pm King of the Hill **8.00** American Dad! **9.00** Family Guy **11.30** American Dad! **12.00m't** **FILM** The Front Line: Thriller. **1.50am** Urban Legends **2.20** The Newsroom **2.50-3.50am** Swat USA

TODAY'S MUST-SEES

He reacted badly to his new shower gel



ACTION EPIC!

Watchmen

Sky Movies Premiere/HD, 10pm

FILM

Absolutely epic staging of the graphic novel that sees a group of disgraced heroes hauled out of retirement when one of their number, The Comedian, is found murdered. The story of two generations of masked vigilantes is told as three of the current batch, Rorschach, Nite Owl and Silk Spectre 2, go about investigating the murder, in a parallel vision of America where mankind has well and truly lost its way and we're all going to hell in a handcart. An action classic. ★★★★★

"Mind if I scratch my itchy head on your shoulder?"

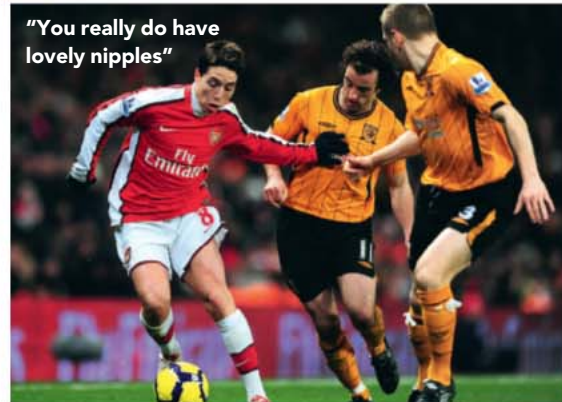


Scotland vs England

BBC1, 4.35pm

SPORT England head to Murrayfield to defend the Calcutta Cup and attempt to keep alive their Six Nations Championship hopes. Scotland, meanwhile, face the dreaded wooden spoon! ★★★★★

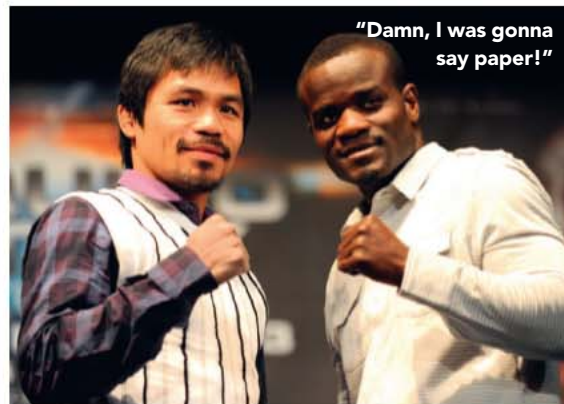
"You really do have lovely nipples"



Hull vs Arsenal

ESPN, 4.45pm

SPORT We're expecting a bit of needle in this one. Aside from the fact that both teams are desperate for the points for very different reasons, their last meeting at the Emirates in December led to both clubs copping a fine for fisticuffs! ★★★★★



"Damn, I was gonna say paper!"

Pacquiao vs Clottey

Sky Sports 1/HD, 2am

SPORT It took fearless Filipino Manny Pacquiao just two rounds to beat Ricky Hatton last year. Here, he defends his WBO Welterweight title against Ghanaian Joshua Clottey. Run, Joshua! ★★★★★

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BBC ONE

BBC TWO

itv 1

4

FIVE

6am

7pm

1am

6.00am Breakfast **7.35** Ss Match of the Day (R) **9.00** The Andrew Marr Show **11.00** The Big Questions **11.00** BBC News, Weather **11.10** **MUST-SEE** Formula 1: The Bahrain Grand Prix: *It's the opening race of the season! Come on Jensen! Er, and Lewis! Start time 12noon.* **2.15pm** The Politics Show **3.30** Cash in the Celebrity Attic (R) **4.15** Murder, She Wrote (R) **5.00** Songs of Praise **5.35** BBC News, Regional News, Weather **6.00** Countryfile

6.00am CBeebies **7.00** CBBC **10.00** Something for the Weekend **11.30** **SPORT** On Thin Ice (R) **12.15pm** EastEnders **2.10** **LIVE** Six Nations Rugby Union: France vs Italy, kick-off 2.30pm. **4.40** Escape to the Country **5.10** Banded Brothers - The Mongoose Mob **6.10** Richard Hammond's Engineering Connections (R)

5.30am ITV News **6.00** GMTV **9.25** CITV **10.00** Coronation Street **12.20pm** News, Weather **12.30** **FILM** The Best of Benny Hill: *Comedy.* **2.10** Columbo: Murder in Malibu **4.10** Agatha Christie's Poirot (R) **6.10** Regional News, Weather **6.25** ITV News **6.40** Harry Hill's TV Burp (R)

6.00am The Hoobs (R) **6.50** Yo Gabba Gabba (R) **7.15** **SPORT** The Great Swim Series (R) **8.10** **SPORT** The Grid **8.35** **SPORT** Freesports on 4 **9.10** T4: The Hills (R) **9.40** Friends (R) **10.10** Hollyoaks **12.40pm** Ultimate Traveller **1.45** Friends (R) **2.45** 90210 **3.45** The Simpsons (R) **4.50** Deal or No Deal **5.35** Glee **6.30** News

6.00am Sunrise **7.00** Milkshake! **10.00** Shake! **11.10** Build a New Life in the Country (R) **12.05pm** Highland Emergency (R) **1.05** Ice Road Truckers (R) **2.10** **FILM** Hangman's Knot: *Western starring Randolph Scott.* **3.45** **FILM** The Cowboys: *Western starring John Wayne and Bruce Dern.* **6.05** Five News **6.10** **FILM** Jumanji: *Fantasy adventure starring Robin Williams and Bonnie Hunt.*

7.00 Victoria: **A Royal Love Story**
8.00 Lark Rise To Candleford
Bonnet-based bobbins.
9.00 Seven Ages Of Britain
Britain's imperialist history. Yawn.
10.00 BBC News, Weather
10.25 Great British Railway Journeys
Michael Portillo takes the Embsay and Bolton Abbey steam railway. (R)
10.55 The Brothers Grimm
FILM Two comen brothers who claim to be professional demon slayers are caught out when they encounter a real witch. That'll learn 'em!
12.50am Sign Zone: Berlin
Matt Frei explores the history of the German capital. (R)

7.00 Top Gear
Mad-haired London Mayor Boris Johnson is the Star In A Reasonably Priced Car. (R)
8.00 Tropic Of Cancer
NEW Simon Reeve traces the path of the northern tropic around the globe, which sounds like a lot of hassle if you ask us. He begins in Mexico.
9.00 Wonders Of The Solar System
Brian Cox examines the physics through which the universe was formed. Ooh!
10.00 Match Of The Day 2
SPORT Action from the games between Man United and Fulham and Sunderland vs Man City.
10.50 Blur:
No Distance Left To Run
PREMIERE Documentary following the band from their Britpop heyday through to their break-up and 2009 reunion.
12.35am Blur At Glastonbury 2009
Ace performance from last year.

7.10 Dancing On Ice
8.30 Wild At Heart
8.30 Wild At Heart
Giraffe-based japery.
9.30 Dancing On Ice: The Skate Off
No-one cares!
10.00 ITV News, Weather
10.15 Trevor McDonald Meets David Cameron
11.15 Piers Morgan On
The journalist talks to a selection of money-obsessed types in Marbella. (R)
12.10am Champions League Weekly
Highlights of the recent last-16 second-leg games, including Manchester United vs AC Milan and Arsenal vs Porto.
12.40 Nightwatch With Steve Scott: Emergency
Nee-naw, nee-naw! (R)

7.00 Embarrassing Bodies
8.00 Celebrity Come Dine with Me
Featuring Tom O'Connor, Kim Woodburn, Darren Day and Claire Sweeney.
9.00 Snakes On A Plane
FILM Nutty action flick starring Samuel L Jackson as an FBI agent trapped on a flight with squillions of snakes for company. Mad!
11.05 Silent Hill
FILM A mother searches for her daughter when she vanishes in a mysterious town plagued with sinister creatures. Like Northampton or Stoke, then. Just kidding!

8.15 Joe Kidd
FILM A hired gun becomes involved in a range war between poor Mexicans and a powerful rancher. Clint Eastwood's in it.
10.00 Revolver
FILM Guy Ritchie's terrible crime thriller starring Jason Statham. An ex-convict gambler learns the ultimate con trick and seeks revenge against his casino-owning enemy. Total and utter tosh.
12.15am The Gadget Show
Former Olympic 100m champ Linford Christie has a look at the latest sports shoes. Just don't expect to be able to run as fast as him if you invest in a pair. (R)

1.50 Holby City (R) **2.50** The Real Winnie Mandela (R) **3.50-6.00am** BBC News

1.20 **FILM** Human Traffic: *British club culture drama.* **2.55** BBC News **3.50-4.35am** **SPORT** The Super League Show

1.30 **FILM** Real Women Have Curves: *Hispanic family drama.* **3.05** Dating the Enemy (R) **3.25-5.30am** ITV Nightscreen

1.25am **FILM** The Broken Hearts Club **3.00** Hill Street Blues **3.50** Dispatches: Cameron Uncovered **4.45** Battlefront Television **5.15-6.00am** Countdown

1.15 SuperCasino **4.05** House Doctor **5.00** Hana's Helpline **5.10** The Milkshake! Show **5.35** Thomas & Friends **5.45-6.00am** Roary the Racing Car

REGIONAL VARIATIONS
BBC1 NORTHERN IRELAND: **10.25pm** The Politics Show **10.50** Great British Railway Journeys **11.20** **FILM** The Brothers Grimm **1.10am** BBC News **BBC1 WALES:** **10.25pm** **SPORT** Scrum V Six Nations Special **11.15** Great British Railway Journeys **11.45** **FILM** The Brothers Grimm **1.40am** BBC News **BBC2 SCOTLAND:** **7.00pm** Banded Brothers - The Mongoose Mob **STV:** **12.10am** Roulette Nation **1.00** **SPORT** Champions League Weekly **1.30** **FILM** Around the Bend: *Road movie starring Christopher Walken.* **2.55-5.30am** ITV Nightscreen **5.4C:** As Ca except: **7.00pm** **SPORT** Rygbi: Cwpan LV **8.00** Dechrau Canu Dechrau Canmol **8.30** **NEW** 3 Lle **9.00** Cwccw **10.40** Newyddion a'r Tywydd **10.55** **FILM** Stardust: *Fairy tale comedy adventure starring Claire Danes.* **1.25am** **FILM** Keeping Mum: *Comedy starring Rowan Atkinson.* **3.20** Generation XXL **4.15-4.45am** White Boy, Black Nanny

TODAY'S SPORT

sky SPORTS 1
6.00am Aerobics
6.30 Football First
9.30 The Sunday Supplement
11.00 Goals on Sunday
1.00pm **MUST-SEE** Football: *Man United vs Fulham, kick-off 1.30pm.* (HD)
3.30 **LIVE** Football: *Sunderland vs Man City, kick-off 4pm.* (HD)
6.30 Super Sunday: The Last Word (HD)
7.00 **LIVE** Spanish Football: *Coverage of a match from La Liga.* (HD)
10.00 Boxing: *Face-punching between Manny Pacquiao and Joshua Clottey.* (HD)
11.30 Football: *Man United vs Fulham and Sunderland vs Man City.* (HD)
1.00am Super Sunday: The Last Word: *Andy Gray twiddles his knobs.* (HD)
1.30 Spanish Football (HD)
3.25-6.00am **LIVE** Cricket: *The fourth day of the first Test between Bangladesh and England in Chittagong.*

sky SPORTS 2
6.00am **LIVE** Cricket: *Ball-clobbering in the third day of the first Test between Bangladesh and England in Chittagong.*
11.30 World Sport
12.00noon **LIVE** Rugby Union: *The Anglo-Welsh Cup match between Cardiff Blues and Gloucester from the Cardiff City Stadium, kick-off 12.15pm.* (HD)
2.30pm Cricket: *Highlights of the Test between Bangladesh and England.*
4.00 **LIVE** Rugby Union: *Northampton Saints vs Saracens, kick-off 4.15pm.* (HD)
6.30 World Sport
7.00 **LIVE** Golf: *Day four of the CA Championship at the Doral Golf Resort and Spa in Miami, Florida.* (HD)
11.00 Golf
12.00m't Golf
2.30am Rugby Union: *Highlights of the semi-finals of the Anglo-Welsh Cup.* (HD)
4.00-4.30am Rugby Union (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.50pm Hope Floats: *Romantic drama rubbish starring Sandra Bullock.* **9.00** Premonition: *Supernatural drama starring Sandra Bullock.* **10.50** The Truth About Cats & Dogs: *Romantic comedy starring Uma Thurman.* **12.45-3.40am** Import Export: *Drama starring Ekateryna Rak.*
COMEDY CENTRAL (126)
9.00am Two and a Half Men **7.30pm** Scrubs: *Kelso and Cox try to oust Maddox from Sacred Heart.* **8.00** Samantha Who? **8.30** Two and a Half Men **9.30** Omid Jalilii - One Night Stand **10.05** Jo Brand **6.30pm** Talk of the Terrace **7.45** **LIVE** Italian Football: *AC Milan vs Chievo.* **10.00** Dutch Football **11.45** Athletics **12.45am** ESPN Boxing: Short Stories **1.00** **LIVE** NBA Basketball **3.30-5.30am** World Series of Poker

Barely Live **11.40** Dirty Sexy Funny: Olivia Lee: *Hidden camera show.* **12.10am** Grouchy Young Men **12.40** Two and a Half Men **1.40** **FILM** Beetlejuice: *Fantasy comedy starring Michael Keaton.* **3.25** Two and a Half Men **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier
BBC3 (115)
7.00pm **SPORT** Formula 1: The Bahrain Grand Prix Highlights: *From the Bahrain International Circuit in Sakhir.* **8.00** Snog, Marry, Avoid? **9.00** Undercover Princesses **10.00** Heroes: *Peter discovers that extreme measures are necessary to stop Saylor.* **10.40** Family Guy: *Double-bill of cartoon aceness.* **11.05** American Dad! **11.50** Undercover Princesses **12.50am** Eddie Izzard: *Marathon Man* **1.50** **SPORT** Formula 1: The Bahrain Grand Prix Highlights **2.45** Harper's Island **3.30** Snog, Marry, Avoid? **4.30-5.30am** World's Toughest Driving Tests

E4 (136)
7.00pm My Name Is Earl: *Montel Williams guests.* **7.55** Friends **9.00** Desperate Housewives **11.00** Samantha Who? **11.55** Being Erica **12.55am** Supermanny **1.50** Gok's Fashion Fix **2.45** Samantha Who? **3.30-6.00am** Hollyoaks
DAVE (111)
7.00pm Charley Boorman: *Sydney to Tokyo, by Any Means: The adventurer concludes his journey in Japan.* **8.00** Three Men in More Than One Boat **9.00** Never Mind the Buzzcocks: *Back-to-back editions.* **1.40am** The Mighty Boosh **2.20-3.00am** The Indestructibles
MTV ONE (350)
7.00pm Teen Mom **9.00** MTV's Top 20 Under 25 **10.00** The Osbournes: *Kelly's 18th birthday approaches.* **11.00** Scream Queens **12.00m't** 40 Greatest Reality TV Moments **2.00-6.00am** Teen Cribz



6.00am Hour of Power (HD) **7.00** Malcolm in the Middle (R) **7.30** Malcolm in the Middle (R) **8.00** Pineapple Dance Studios (R)(HD) **9.00** **SPORT** WWE (R)(HD) **12.00noon** The Simpsons (R) **12.30pm** The Simpsons (R) **1.00** Futurama (R) **1.30** Futurama (R) **2.00** Futurama: Welcome to the World of Tomorrow (R) **2.15** **FILM** The Librarian: The Curse of the Judas Chalice: *Action adventure sequel.* (HD) **4.00** UK Border Force (R)(HD) **5.00** The Simpsons (R) **5.30** The Simpsons (R)(HD) **6.00** Pineapple Dance Studios (HD)

7.00 **The World Wild Vet**
Luke Gamble treats a poorly dog.

8.00 **Noel's Are You Smarter Than Your 10 Year Old?**
Go away, Beardy! (HD)

9.00 24
Jack continues to track the informed terror suspect. (HD)

10.00 House
MUST-SEE The medic takes on the case of a beautiful executive based on her looks. The sly old fox. Hugh Laurie stars. (HD)

11.00 **Bones**
Booth and Brennan visit New Mexico when a body is found. (R)(HD)

12.00m't **A League Of Their Own**
Quiz featuring Sky Sports News hottie Georgie Thompson. (R)(HD)

1.00am Pineapple Dance Studios **2.00** Road Wars **3.45** American Gladiators **4.40** Hello Goodbye **5.05-6.00am** Are You Smarter Than a 10 Year Old?

VIRGIN 1 (121)
7.00pm Home Video Heroes **8.00** Britain's Worst Performer **9.00** Four Weddings **10.00** Most Shocking **11.00** Trauma **12.00m't** Roulette Nation **3.00am** World's Most Amazing Videos **4.00-5.00am** TV Scrabble

SCI-FI (129)
7.00pm Legend of the Seeker **8.00** Sanctuary **9.00** **FILM** 30,000 Leagues Under the Sea: *Thriller.* **10.40** **FILM** Silent Venom: *Action thriller.* **12.20am** **FILM** Universal Soldier III: Unfinished Business: *Action thriller sequel.* **2.20** **3rd** Rock from the Sun **3.00** Flash Gordon **4.00-6.00am** **FILM** Lava Storm

FX (164)
7.00pm Burn Notice **8.00** NCIS **10.00** True Blood **11.10** Life **12.10am** The Wire **1.20** Family Guy: *Cartoon laughs.* **2.20** Nip/Tuck **3.20-4.20am** Underbelly

TODAY'S MUST-SEES



F1'S BACK!

"Hello, police? Yeah, he's been following me for 23 laps now!"

The Bahrain Grand Prix

BBC1, 11.10am

SPORT Formula One is back! After Jenson Button's triumph last season and Lewis Hamilton's the year before, will 2010 see one of the McLaren pair make it three in a row for Brits? Anyway, it's the return of legend Michael Schumacher at Mercedes that's really got tongues wagging. Can the great man, now 41, do it one more time? With Ferrari's duo of Fernando Alonso and Felipe Massa looking strong, it's one hell of an ask! ★★★★★

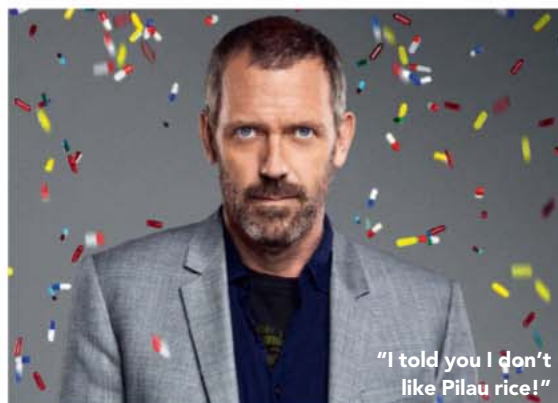


"On three, we'll hop over it together"

Man United vs Fulham

Sky Sports 1/HD, 1pm

SPORT Fulham travel to Old Trafford to face a United side looking to avenge a shock 3-0 defeat at Craven Cottage earlier in the season. Straight after, it's Sunderland vs Man City! ★★★★★



"I told you I don't like Pilau rice!"

House Sky1/HD, 10pm

DRAMA The grumpy medic Hugh Laurie takes on the case of a hottie (the lovely Beau Garrett), based solely on her looks. Great work it you can get it. Or not – it turns out she's a psychopath! We've all been there, House! ★★★★★



"Put Radio 2 on again and I'll kill you!"

Loaded Sky Movies Premiere/HD, 12.45am

FILM Vinnie Jones gets second billing in a surprisingly effective thriller in which Jesse "Mr Nadine Coyle" Metcalfe stars as a law student who slips into a seedy netherworld of drugging, clubbing and sexing. Sounds like good fun! ★★★★★

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PREVIEWS: ANTHONY TEASDALE; PETE CASHMORE; MIKE HALL PHOTOS: GETTY

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** **NEW** Missing Live **10.00** Homes Under the Hammer (R) **11.00** To Buy or Not to Buy **11.30** Cash in the Attic (R) **12.00noon** Bargain Hunt **1.00pm** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** **NEW** Missing **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.25** CBBC **5.15** Weakest Link: *Shouty quiz show.* **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show
7.30 Bang Goes The Theory
As does our interest in BBC1 right now.
8.00 EastEnders
High drama as Danny tries to persuade Roxy to buy the beauty salon.
8.30 Panorama
Why broadband users who illegally download music and films could soon lose their internet access. Blimey!
9.00 New Tricks
10.00 BBC News, Weather
10.35 Diet Or My Husband Dies
11.25 Late Kick Off
SPORT A round-up of the weekend's Football League action. Might as well stay up then.
11.55 Joe Somebody
FILM A dad plans his revenge on the office bully.

1.35am Sign Zone: The Hairy Bikers: Mums Know Best (R) **2.35** Future of Food (R) **3.35** The British Family: *Money and careers.* **4.35-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.00** Schools **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** Nature's Top 40 (R) **1.30** Castle in the Country (R) **2.00** Animal Park (R) **3.00** Diagnosis Murder (R) **3.45** Flog It! **4.30** Pointless **5.15** Escape to the Country **6.00** Eggheads (R) **6.30** Antiques Road Trip

7.00 Seven Ages Of Britain
8.00 University Challenge
Swot wars.
8.30 Raymond Blanc: Kitchen Secrets
The chef focuses on winter vegetables before knocking the idea on the head and going to the chippy instead. Maybe.
9.00 A Band For Britain
The band take part in a competition in Hardraw Scar, North Yorkshire. That place doesn't sound intimidating at all. Er...
10.00 Grumpy Old Women
10.30 Newsnight
11.20 Newswipe With Charlie Brooker
News-based laughs with one of the most hilariously angry men on telly.
11.50 Inside John Lewis
Inside? Careful - you might never find your way back out again! (R)
12.50am Tropic Of Cancer

1.50 BBC News **4.00-6.00am** BBC Learning Zone: *Educational programmes.*

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Guest in the Sun **3.00** Dickinson's Real Deal **4.00** Rosemary & Thyme (R) **5.00** The Alan Titchmarsh Show **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale
Sheep-shearing soap.
7.30 Coronation Street
When Molly starts feeling ill, Dev has Sunita take her to the medical centre, where she stares listlessly into a really old copy of *Reader's Digest* for 30 minutes.
8.00 The Lakes
An American couple spend a spooky night at Muncaster Castle. The loonies!
8.30 Coronation Street
9.00 Married Single Other
Make it stop - please!
10.00 ITV News, Weather
10.35 Bird On A Wire
FILM A police informant in a witness protection scheme has his cover blown by an old flame, forcing the pair to go on the run.
12.40am In Plain Sight (R)

1.30 Loose Women (R) **2.15** The Jeremy Kyle Show: *Angry people shout at each other.* (R) **3.10-5.30am** ITV Nightscreen

4

6.00am The Treacle People (R) **6.10** The Hoobs (R) **7.00** Freshly Squeezed **7.25** Everybody Loves Raymond (R) **8.20** Frasier (R) **9.20** Will & Grace (R) **9.45** Deal or No Deal (R) **10.35** Coach Trip (R) **11.05** **NEW** Wife Swap USA **12.00noon** Channel 4 News Summary **12.05pm** Dolce Vito - Dream Restaurant (R) **12.30** It's Me or the Dog (R) **1.05** **FILM** Never So Few: *Romantic drama.* **3.25** Countdown **4.10** Deal or No Deal **5.00** Coach Trip **5.30** Come Dine with Me Extra Portions **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News
7.55 3 Minute Wonder: How it Is
8.00 Dispatches: Children Of Gaza
The lives of three children in Gaza.
9.00 The Secret Millionaire
Jahan Abedi goes undercover in Leicester to do good stuff for people.
10.00 The Good Wife
Alicia uncovers the real culprit in an arson case she is working on, and is later asked to testify on Peter's behalf.
11.00 The Sentinel
FILM A veteran US secret service agent has a thoroughly stressful time trying to find a traitor and foil a plot to assassinate the president.

1.05am **FILM** The Good Thief **3.00** St Elsewhere **3.50** Year Dot Television **4.25** Battlefield Television **4.55** Osama bin Everywhere **5.45-6.10am** Yo Gabba

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.15pm** House Doctor (R) **12.40** Five News **12.45** Axe Men (R) **1.45** Neighbours **2.15** Home and Away **2.50** I Own Britain's Best Home: Flying Visit (R) **3.05** **FILM** Flood: A River's Rampage: *Disaster movie starring Richard Thomas and Kate Vernon.* **5.00** Five News with Natasha Kaplinsky, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.30 Building The Ultimate Passenger jets. (R)
8.00 The Gadget Show
Hard-as-nails robots.
9.00 The Good, The Bad And The Ugly
FILM Sergio Leone's classic Spaghetti Western set during the American Civil War. Definitely worth checking out if you've never seen it.
12.40am Urban Legends
How chocolate puddings gave someone a million flyer miles, and a man who mailed himself to his parents. (R)

1.10 SuperCasino **4.00** The FBI Files **4.55** Rough Guide to Beaches: *Thailand, Morocco and Kenya.* **5.10** Neighbours **5.35-6.00am** Home and Away

REGIONAL VARIATIONS **BBC1 SCOTLAND:** 9.00pm Holby City 11.25 Would I Lie to You? **BBC1 N. IRELAND:** 10.35pm House of the Year 11.05 Diet or My Husband Dies **BBC1 WALES:** 7.30pm X-Ray 10.35 Planet Wales 11.15 Diet or My Husband Dies **12.05am** **FILM** Joe Somebody 1.40 Country Tracks **BBC2 SCOTLAND:** 8.00pm The Lakes 9.00 Underbelly 10.30 STV News and Weather 10.40 October Road 11.30 Guide Ri Cathy 12.05am Slighe Anndra 12.30 Roulette Nation 1.00 Nightwatch 1.55 The Jeremy Kyle Show **2.50-5.30am** ITV Nightscreen **ULSTER:** 10.30pm UTV Live Tonight 11.10 Wild Belfast 11.40 Brain Box **ITV1 WALES:** 8.00pm The Ferret **S4C:** As C4 except: 7.00pm Wedi 7 7.30 Newyddion at Tywydd 8.00 Pobol y Cwm 8.25

TODAY'S SPORT

sky SPORTS 1
6.00am **LIVE** Cricket: *The fourth day of the first Test between Bangladesh and England in Chittagong.*
11.30 Champions League Weekly (HD)
12.00noon Spanish Football (HD)
2.00pm Football (HD)
3.30 Super Sunday: The Last Word (HD)
4.00 Cricket
6.00 Soccer AM: The Best Bits
7.00 Netbusters
7.30 **LIVE** Football: *Notts County vs Bournemouth, kick-off 7.45pm.* (HD)
10.00 Time of Our Lives
11.00 A League of Their Own (HD)
12.00m't Soccer AM: The Best Bits
1.00am Football (HD)
2.30 Sports Unlimited
3.25-6.00am **LIVE** Cricket: *The last day of the first Test between Bangladesh and England in Chittagong. Although we're expecting England to have won by now.*

sky SPORTS 2
6.00am Good Morning Sports Fans
9.00 Football: *Man United vs Fulham and Sunderland vs Man City.* (HD)
10.30 Golf: *The fourth day of the CA Championship in Miami, Florida.* (HD)
2.30pm Rugby League: *A rerun of Warrington vs Bradford.* (HD)
4.00 Tennis: *Highlights of the fourth day's play of the BNP Paribas Open.*
6.00 **LIVE** Tennis: *The third round of the BNP Paribas Open in California.*
12.00m't Boots 'n' All: *A review of the week's action from Super League.*
1.00am Wonderful World of Golf: *Annika Sorenstam vs Dottie Pepper from 1996.*
2.30 Golf: *The fourth day of the CA Championship in Miami, Florida.* (HD)
3.30 Golf: *The Puerto Rico Open from the Trump International Golf Club.* (HD)
4.30 PGA Tour Classic (HD)
5.30-6.00am FIFA Futbol Mundial

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
7.05pm Knights of the South Bronx: *Fact-based drama starring Ted Danson.*
8.50 Green Zone Special **9.00** The Simpsons Movie: *Film version of the ace cartoon comedy.* **10.45** The Libertine: *Historical drama.* **12.55am** No Love & Basketball: *Romantic sporting drama.*
3.15-3.25am Green Zone Special
COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs: *Turk and JD face money troubles.*
9.00 Two and a Half Men **10.00** Dirty Sexy Funny: *Olivia Lee* **10.30** Sex and

the City **11.40** Two and a Half Men **12.40am** Scrubs **1.10** South Park **2.10** Samantha Who? **2.40** Comedy Store **3.10** Two and a Half Men **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier
BBC3 (115)
7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** The Real Hustle Undercover **8.30** Snog, Marry, Avoid? **9.00** Gavin & Stacey **10.00** EastEnders **10.30** Undercover Princesses **11.30** Family Guy **12.15am** Scallywagga: *Sketch show.* **12.45** The Gemma Factor **1.15** Gavin & Stacey **2.10** Snog, Marry, Avoid? **2.40** Undercover Princesses **3.40** The Gemma Factor **4.10** The Real Hustle Undercover **4.40** Scallywagga **5.10-5.20am** Doctor Who Confidential
E4 (136)
7.00pm Hollyoaks **7.30** How I Met Your Mother **8.00** Friends **9.00** Glee

10.00 **MUSTSEE** The Cleveland Show
10.30 King of the Hill **11.00** Skins
12.05am **FILM** Assault on Precinct 13: *Thriller starring Ethan Hawke.* **2.05** How I Met Your Mother **2.30** Scrubs **3.15** Skins **4.10** Crowned **4.55-6.00am** Switched
DAVE (111)
6.40pm Have I Got News for You **7.20** Lead Balloon **8.00** Top Gear **9.00** Mock the Week **9.40** Men Behaving Badly **10.20** Krod Mandoon **10.50** Qi **11.30** Mock the Week **12.10am** Bottom **12.50** Men Behaving Badly **1.30** Man Stroke Woman **2.05-3.00am** The Mighty Boosh
MTV ONE (350)
7.00pm Teen Cries **8.00** Teen Mom **9.00** The Osbournes **10.00** Scream Queens **11.00** Nitro Circus **12.00m't** Pimp My Ride **1.00am** Disaster Date **2.00** South Park **3.00** Rock of Love **4.00** Pimp My Ride **5.00-6.00am** My Super Sweet 16



6.00am **SPORT** Good Morning Sports Fans **7.00** The Simpsons (R) **7.30** The Simpsons (R) **8.00** Brainiac: Science Abuse (R) **9.00** Lie to Me (R) **10.00** Grimebusters: Graffiti artists are targeted. (R)(HD) **10.30** Grimebusters (R)(HD) **11.00** Lion Man (R) **11.30** The Biggest Loser: Australia (R) **1.00pm** Lie to Me (R) (HD) **2.00** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Lion Man (R) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R)

7.00 **The Simpsons**
Marge founds a carpentry business. (R)

7.30 **The Simpsons**
The town takes a battering when the army comes to Springfield. (R)

8.00 **How to Get What You Want**
Boffins look at whether humour can do more than make people laugh.

9.00 **House**
The medic takes on the case of a beautiful executive. Good man! (R)(HD)

10.00 **NCIS: Los Angeles**
A Marine is killed by an exploding mobile phone. Faulty battery? (HD)

11.00 **UK Border Force**

12.00m't **School Of Hard Knocks**
Series about a boxing club. (R)

12.30am **School Of Hard Knocks**
A 13-year-old traveller and his dream of becoming a boxer. (R)

1.00 **24** **1.50** **Road Wars** **2.40** **Ross Kemp** **3.30** **Don't Forget the Lyrics US** **4.20** **Journeymen** **5.10-6.00am** **Are You Smarter Than a 10 Year Old?**

Ffermio **9.00** Cefn Gwlad **9.30** Taro 9 **10.00** **SPORT** Sgorio **10.50** Penawdau Newyddion a'r Tywydd **10.55** Too Poor for Posh School? **11.55** Good Wife **12.50am** Dispatches **1.45-4.45am** **FILM** Dogville

VIRGIN 1 (121)

7.00pm Star Trek: Voyager: Janeway receives an offer. **8.00** Four Weddings **9.00** Ghost Whisperer **10.00** **MUST-SEE** **Trauma** **11.00** Medium **12.00m't** Roulette Nation **3.00am** Vegas Virgins **4.00-5.00am** Ninja Warrior

SCI-FI (129)

5.00pm Buffy the Vampire Slayer **8.00** Sanctuary **9.00** A Town Called Eureka: The town is plunged into a new ice age. How inconvenient. **10.00** Medium **1.00am** Buffy the Vampire Slayer **3.00** Sea of Souls **4.00-6.00am** Impact

FX (164)

7.00pm NCIS **9.00** Family Guy: Peter loses his job. **9.30** American Dad! **10.00** NCIS **11.00** True Blood: Bill and Eric team up to save Sookie from a mysterious creature. **12.10am** NCIS **2.10** Swat USA **3.10-4.10am** Charlie Jade

TODAY'S MUST-SEES



CRUCIAL CLASH!

Liverpool vs Portsmouth

ESPN, 7pm
SPORT While the media frenzy over Rafa Benitez's position has waned, he'll only kill it off by ensuring the Reds secure a top four spot. Of course, Liverpool's problems are nothing next to those of Pompey, who have the dubious distinction of being the first Premier League club to go into administration. With relegation looking a certainty, a dispirited Portsmouth should surely be an easy scalp for tonight's hosts. ★★★★★



"I thought Flintoff was banned from the pedalos!"

Deadly North Sea **Bravo, 9pm**

DOCU There are lots of careers teens can aspire to, but it's a fair bet working on a prawn trawler isn't top of most people's list. This follows one lad doing just that, though, as he encounters sleep deprivation and seasickness along the way. ★★★★★



It was an unusual nativity scene

The Cleveland Show **E4, 10pm**

COMEDY After overdosing on eggnog at the office Christmas party, Cleveland spills the beans about Rallo's father. No, we don't know why they're showing the Christmas special in March either, but it's still very funny, so who cares? ★★★★★



"Perhaps if I look out of the window, she'll shut up"

Trauma **Virgin1, 10pm**

COMEDY A shooting rampage forces Nancy and Rabbit to work together for the first time since the helicopter accident. Yep, you'd be correct in thinking this new US medical drama has a bit more going for it than Holby City. Thankfully! ★★★★★

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PAYTABLE BET ONE BET MAX SPIN

PREVIEWS BY ANTHONY TEASDALE, MIKE HALL, RICH JENKINS PHOTOS: GETTY

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Missing Live
10.00 Homes Under the Hammer (R)
11.00 To Buy or Not to Buy **11.30** Cash in the Attic: *Selling period fashion items.* (R)
12.00noon Bargain Hunt **1.00pm** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Missing **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.25** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.00** Schools **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** Nature's Top 40 (R) **1.30** Castle in the Country (R) **2.00** Animal Park (R) **3.00** Diagnosis Murder (R) **3.45** Flog It! **4.30** Pointless **5.15** Escape to the Country **6.00** Eggheads (R) **6.30** Antiques Road Trip

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Guest in the Sun **3.00** Dickinson's Real Deal **4.00** Rosemary & Thyme (R) **5.00** The Alan Titchmarsh Show **6.00** Regional News, Weather **6.30** ITV News

4

6.10am The Hoobs (R) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R) **8.25** **ISPORT!** The Morning Line **9.20** Will & Grace (R) **9.45** Deal or No Deal (R) **10.35** Coach Trip (R) **11.05** Wife Swap USA **12.00noon** News Summary **12.05pm** Dolce Vito - Dream Restaurant (R) **12.30** **LIVE** Cheltenham Festival **4.15** Deal or No Deal **5.00** Coach Trip **5.30** Come Dine with Me Extra Portions **6.00** The Simpsons (R) **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.15pm** House Doctor (R) **12.40** Five News **12.45** Axe Men (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **2.55** Zoo Days (R) **3.00** **FILM** Jennifer: *Medical drama starring Laura San Giacomo and Annabella Sciorra.* **5.00** Five News with Natasha Kaplinsky, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show
7.30 EastEnders
 More angry Londoners hang around the market looking for bother.
8.00 Holby City
 Coma-inducing medical drama.
9.00 Richard Hammond's Invisible Worlds
MUST-SEE The hamster looks at the wonders that lie beyond the limits of the naked eye. Ace!

10.00 BBC News, Weather
10.35 Wild Hogs
FILM Four blokes suffering a mid-life crisis decide to squeeze themselves into leather jackets and hit the open road. Can't argue with that.
12.15am Sign Zone: See Hear
12.45 MasterChef
 Egg-beating antics. (R)

7.00 Wonders of the Solar System
 It's a complicated universe out there...
8.00 Sport Relief Does Dragons' Den
MUST-SEE Celebrities put forward sporty inventions for assessment by the panel! Still no sign of the hoverboard? Drat!

9.00 Battle For North America
 Historian Dan Snow examines the events of the Battle Of Quebec in 1759.
10.00 QI
 Impossible quiz with Phill Jupitus, Hugh Dennis and Andy Hamilton. (R)
10.30 Newsnight
11.20 Mad Men
 Don secures the Hilton deal.
12.10am Michelin Stars - The Madness Of Perfection
 The pressures attached to being a decent chef. Just buy a microwave! (R)

7.00 Emmerdale
 Watch Sky1. That's an order.
7.30 You've Been Framed!
 Harry Hill narrates as more people slip on strategically placed banana skins. (R)
8.00 Cops With Cameras
 An abandoned overturned car is discovered in Hertfordshire.
9.00 Law & Order: UK
 A former cop is found beaten to death. (R)
10.00 ITV News, Weather
10.35 Martina Cole's Lady Killers
 A re-examination of the evidence in the case of Victorian baby killer Amelia Dyer.
11.35 Nightwatch With Steve Scott: Crime
Cops With Cameras by another name.
12.30am Nightwatch with Steve Scott: Crime

7.00 News
7.55 3 Minute Wonder
8.00 Jo Frost: Extreme Parental Guidance Minute
 "They grow up so quickly these days!" etc.
9.00 One Born Every Minute
10.00 Shameless
 Shane is left heartbroken by Kelly.
11.05 8 Out Of 10 Cats
11.40 Comedy Showcase: Guantanamo Phil
12.15 Cheltenham Festival Highlights
SPORT The opening day of the horse-hurling event.
12.45 World Series of Poker
SPORT Action from the Empire Casino in London.
1.45 Road To The 2010 FIFA World Cup
SPORT Footballing powerhouses, er, New Zealand.

7.30 Chinese Food In Minutes
 Two carpenters learn to prepare noodle-based dishes. Can we have some?
8.00 Ice Road Truckers
 More slip sliding away.
9.00 CSI: Crime Scene Investigation
MUST-SEE A murder is linked to a shoot-out at a gun store involving four people.
10.00 CSI: Miami
 A disgraced cop becomes personally involved in an investigation. Tut, tut. (R)
11.00 CSI: NY
 Mac realises his stalker's motivation. (R)
12.00m't The FBI Files
 Behind the scenes at the FBI's crime lab.

1.45 Horizon (R) **2.45** Natural World (R) **3.45-6.00am** BBC News

1.10-3.45am BBC News: *Headlines.* **4.00-6.00am** BBC Learning Zone

1.25 Loose Women: *Female chat-chat.* *Avoid!* (R) **2.15** The Jeremy Kyle Show (R) **3.10-5.30am** ITV Nightscreen

2.15 KOTV **2.40** The Grid **3.05** World Sport **3.35** Freesports **4.00** Beach Volleyball **4.55** The Sporting Mind **5.05-6.00am** On Tour with the Queen

1.00am SuperCasino **4.00** The FBI Files (R) **4.55** Rough Guide to Cities (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS

BBC1 SCOTLAND: **8.00** River City **BBC1 WALES:** **10.35pm** Week In, Week Out **11.05** **FILM** Wild Hogs
BBC2 SCOTLAND: **11.00pm** Newsnight Scotland, Weather **BBC2 NORTHERN IRELAND:** **10.00pm** King of the Wild Frontier **11.20** QI **11.50** Mad Men

12.40am Michelin Stars - The Madness of Perfection **1.40-3.45am** BBC News **BBC2 WALES:** **7.00pm** Railway Walks **7.30** Welsh Tenors **STV:** **8.00pm** Wild Scotland **10.30** STV News and Weather **10.40** Des McLean - Is This the Way to Armadillo? **11.40** Dating the Enemy **12.10am** Roulette Nation **1.00** Nightwatch with Steve Scott **1.55** The Jeremy Kyle Show **2.50-5.30am** ITV Nightscreen **ULSTER:** **8.00pm** Lesser Spotted Ulster **10.30** UTV Live Tonight **11.10** **ISPORT!** RPM

Motorsport **11.40** Brain Box **54C:** As C4 except: **7.00pm** Wedi 7 **7.30** Newyddion a'r Tŷwydd **8.00** Pobol y Cwm **8.25** Pethe **9.00** **NEW** Sopranos **9.50** 3 Lie **10.20** Penawdau Newyddion a'r Tŷwydd **10.25** 04 Wal: Dathlu'r Deg **11.25** One Born Every

TODAY'S SPORT

sky SPORTS 1

6.00am **LIVE** Cricket: *The end of the first Test between Bangladesh and England.*
11.30 Netbusters
12.00noon Soccer AM: The Best Bits
1.00pm Football (HD)
2.30 Netbusters
3.00 Soccer AM: The Best Bits
4.00 Netbusters
4.30 Football (HD)
6.00 Football Asia
6.30 Spanish Football
7.30 Soccer Special
10.00 Rugby Union (HD)
10.30 Cricket
12.30am Football (HD)
1.00 Football
2.00 Rugby Union (HD)
2.30 Football (HD)
3.00 PGA Tour Classic
4.00 Wonderful World of Golf
5.30-6.00am Football Asia

sky SPORTS 2

6.00am Good Morning Sports Fans
9.00 Netbusters
9.30 Football (HD)
11.00 Wonderful World of Golf
12.30pm PGA Tour Classic (HD)
1.30 Boots 'n' All
2.30 Wild Spirits
3.00 Golf (HD)
4.00 Cricket
6.00 Mourinho: The Special One
7.00 **MUST-SEE** Football: *The Champions League biggie between Chelsea and Inter Milan, kick-off 7.45pm.* (HD)
10.00 Football: *Chelsea vs Inter Milan and Sevilla vs CSKA Moscow.* (HD)
10.30 Football: *The Premier League match between Wigan and Villa.* (HD)
11.30 Spanish Football
12.30am Rugby Union (HD)
1.00 Poker
2.00-3.00am Sailing

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
7.00pm Aquamarine: *Teen comedy starring Emma Roberts.* **9.00** Sahara: *Action adventure starring Matthew McConaughey.* **11.20** A History of Violence: *Thriller starring Viggo Mortensen.* **1.10am** The Warrior: *Mythic Hindi drama starring Irfan Khan.* **2.50-3.00am** The Lovely Bones Special

COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** Scrubs: *JD and Elliot's romance is rekindled when they help Dr Kelso.* **10.30** Sex and the City **11.40** Two and a Half Men **12.40am** Dirty Sexy Funny: *Olivia Lee* **1.10** South Park **2.10** The Office: *An American Workplace* **2.45** Jackass **3.15** Two and a Half Men **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)
7.00pm Doctor Who Confidential **8.00** World's Toughest Driving Tests **9.00** Last Woman Standing **10.00** EastEnders **10.30** The Gemma Factor **11.00** Family Guy **11.45** Last Woman Standing **12.45am** World's Toughest Driving Tests **1.45** The Gemma Factor **2.15** Cannabis: *Britain's Secret Farms* **3.15** Dancing on Wheels **4.10-5.10am** Eddie Izzard: *Marathon Man*

E4 (136)
7.00pm Hollyoaks **7.30** How I Met Your Mother **8.00** Friends **9.00** **90210** **10.00** Supersize vs Superskinny **11.00**

Shameless **12.10am** Skins **1.15** As **7.30pm** **1.45** Scrubs **2.35** Shameless **3.30** Supersize vs Superskinny **4.25** Crowned **5.10-6.00am** Switched

DAVE (111)
7.00pm Seaside Rescue **8.00** Top Gear **9.00** QI: *With Jo Brand and Jimmy Carr.* **9.40** Mock the Week **10.20** Would I Lie to You? **11.00** Have I Got News for You **11.40** Mock the Week **12.20am** Absolute Power **1.00** Would I Lie to You? **1.40** The Mighty Boosh **2.20-3.00am** Two Pints of Lager and a Packet of Crisps

MTV ONE (350)
7.00pm Teen Cries **8.00** MTV's Top 20 Under 25 **9.00** Teen Mom **11.00** Nitro Circus: *Travis Pastrana performs stunts.* **12.00m't** Pimp My Ride **1.00am** Disaster Date **2.00** South Park **3.00** Rock of Love **4.00** Pimp My Ride **5.00-6.00am** My Super Sweet 16

NEW
ISSUE
ON SALE
TODAY!

16 MARCH **TUESDAY**

**FULL 7
DAY TV
GUIDE!**

sky1

6.00am **SPORT** Good Morning Sports Fans **7.00** The Simpsons (R) **7.30** The Simpsons (R) **8.00** Brainiac: Science Abuse (R)(HD) **9.00** Lie to Me (R)(HD) **10.00** Customs UK: Double bill. (R)(HD) **11.00** Lion Man (R) **11.30** Airline (R) **12.00noon** The Biggest Loser: Australia (R) **12.30pm** Oops TV (R) **1.00** Lie to Me (R)(HD) **2.00** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Lion Man (R) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R)

7.00 The Simpsons

See? Don't you feel better now you've switched over from ITV1? (R)

7.30 The Simpsons

In post-revolutionary France, Homer finds himself accused of treason. (R)

8.00 Stargate Universe

Camille and Scott use the communication stones to visit loved ones on Earth. (R)(HD)

9.00 Caprica

Battlestar Galactica prequel, set 50 years earlier, starring Eric Stoltz. (HD)

10.00 Fringe

Peter enlists his estranged father to explain a phenomenon.

11.00 Lost

More island-based confusion. (R)(HD)

12.00m't Caprica

1.00am Road Wars **1.50** Ross Kemp **2.40** Don't Forget the Lyrics US **3.30** Brainiac **4.20** Journeyman **5.10-6.00am** Are You Smarter Than a 10 Year Old?

Minute **12.25am** Shameless **1.25** **SPORT** Cheltenham Festival Highlights: *Nag-running fun.* **1.55** Jo Frost: Extreme Parental Guidance **2.50** The Bible: A History **3.45-4.40am** Generation XXL

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Nothing to Declare **9.00** Why Men Watch Porn **10.00** Brit Cops: Zero Tolerance **11.00** Ninja Warrior **12.00m't** Roulette Nation **3.00am** Vegas Virgins **4.00-5.00am** Ninja Warrior

SCI-FI (129)

5.00pm Buffy the Vampire Slayer **8.00** Eastwick **10.00** **FILM** Ice Twisters: Thriller starring Mark Moses. **11.50** Medium **12.50am** Buffy the Vampire Slayer **3.00** Sea of Souls **4.00-6.00am** Impact

FX (164)

7.00pm NCIS **9.00** Family Guy: *Peter destroys the town's TV transmitter.* **9.30** American Dad!: *Triple-bill.* **11.00** Nip/Tuck **12.00m't** NCIS **2.00am** The Wire: *McNulty leaks further details about the serial killer.* **3.10** Urban Legends **3.40-4.15am** Penn and Teller: *Bullsh*t!*

TODAY'S MUST-SEES



JOSE'S BACK!

Chelsea vs Inter Milan

Sky Sports 2/HD, 7pm

SPORT With his suave looks, fashion sense and ability to turn the Londoners into one of Europe's finest, Jose Mourinho looked set for great things at Stamford Bridge. But his failure to win the Champions League left him in Abramovich's bad books and he was off. The Champions League still eludes the Blues, and if Mourinho's side put in another performance like the one that saw them win 2-1 in the home leg, he'll be in Roman's bad books again! ★★★★★



Theo was regretting the third cup of tea

Sport Relief Does Dragons' Den

BBC2, 8pm

REALITY Ruby Wax, Patrick Kielty and Greg Rusedski – among others – try to get the millionaires to invest in their "great" ideas. ★★★★★

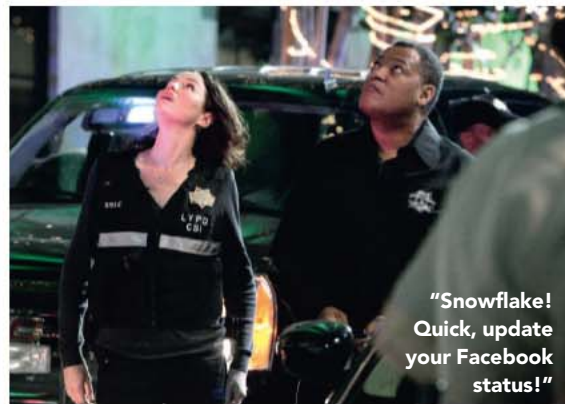


"Er, do you think it'll go out by itself?"

Richard Hammond's Invisible Worlds

BBC1, 9pm

SCIENCE Ace new series following the Top Gear bloke as he learns about things going on around us that we miss. It's amazing stuff! ★★★★★



"Snowflake! Quick, update your Facebook status!"

CSI Five, 9pm

DRAMA The agents investigate a shootout at a gun store and the discovery of a young woman's body dumped on the roadside. Cue a fairly predictable chain of mind-bogglingly complicated events as they bid to dig out the truth. Hurray! ★★★★★

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PREVIEWS: ADAM RALPH, RICH JENKINS, MIKE HALL, SEAN SIMARA. PHOTOS: GETTY

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Missing Live
10.00 Homes Under the Hammer (R)
11.00 To Buy or Not to Buy **11.30** Cash in the Attic (R) **12.00noon** Bargain Hunt **1.00pm** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors: Ruth faces a dilemma. **2.15** Missing **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.25** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show
7.30 Life of Riley
NEW Comedy starring Caroline Quentin. Shudder.
8.00 MasterChef
The contestants rustle up meals in really posh London restaurants.
9.00 Tourette's: I Swear I Can't Help It
People with the potty-mouthed problem have a chat about it. (R)
10.00 BBC News, Weather
10.35 The National Lottery Draws
Ball-colliding fun.
10.45 Damages
Patty grills Louis Tobin about his fraud.
11.25 Film 2010 with Jonathan Ross
A review *The Bounty Hunter*.
11.55 The Deep
FILM Underwater adventure. Glug, glug, glug!

2.00am Sign Zone: MasterChef (R) **3.00** MasterChef (R) **3.30** Muslim Driving School (R) **4.00** Muslim Driving School (R) **4.30-6.00am** BBC News

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.00** Nature's Top 40 (R) **11.30** Daily Politics **1.00pm** See Hear **1.30** Working Lunch **2.00** Animal Park (R) **3.00** Diagnosis Murder (R) **3.45** Flog It! **4.30** Pointless **5.15** Escape to the Country (R) **6.00** Eggheads (R) **6.30** Antiques Road Trip: From Kendal, Cumbria, to Liverpool.

7.00 The Berlusconi Show
Profile of the Italian PM.
8.00 Coast
More wittering about water. (R)
9.00 Inside John Lewis
The department store's marketing strategies. If you care. Oh, you don't!
10.00 Rhod Gilbert's Work Experience
The comedian takes care of seven children for a day. That'll wipe the smile off his face.
10.30 Newsnight
Paxo tells it like it is.
11.20 The Bubble
With Sue Perkins, Marcus Brigstocke and Julia Hartley-Brewer. (R)
11.50 A Band for Britain
The band takes part in a competition in Hardraw Scar, Yorkshire. We're guessing Hardraw Scar's not a holiday camp. (R)
12.50am BBC News

4.00-6.00am BBC Learning Zone

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Guest in the Sun **3.00** Dickinson's Real Deal **4.00** Rosemary & Thyme (R) **5.00** The Alan Titchmarsh Show **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale
The cast go on holiday to Hardraw Scar. Proves how wrong you can be.
7.30 UEFA Champions League
LIVE The Champions League last-16 second second-leg match between Barcelona and Stuttgart at the Nou Camp, kick-off 7.45pm.
10.00 ITV News, Weather
10.35 UEFA Champions League: Extra Time
SPORT Highlights of this week's last-16 second-leg matches, including Chelsea vs Inter.
11.35 Cops with Cameras
An abandoned overturned car is discovered in Hertfordshire. (R)
12.25am Nightwatch with Steve Scott: Crime
Crim get their comeuppance. (R)

1.20 Loose Women (R) **2.10** The Jeremy Kyle Show: An hour of non-stop shouting. (R) **3.05-5.30am** ITV Nightscreen

4

6.00am The Treacle People **6.10** The Hoobs **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond **8.25** **ESPORT** The Morning Line **9.20** Will & Grace **9.50** Deal or No Deal **10.35** Coach Trip **11.05** Wife Swap USA **12.00noon** News Summary **12.05pm** Dolce Vito - Dream Restaurant **12.30** **LIVE** Cheltenham Festival **4.15** Deal or No Deal **5.00** Coach Trip: A cookery lesson in Bulgaria. **5.30** Come Dine with Me Extra Portions **6.00** The Simpsons **6.30** Hollyoaks

7.00 News
7.55 3 Minute Wonder: How it Is
The work of Miroslaw Balka. Who?
8.00 Relocation, Relocation
9.00 Ramsay's Kitchen Nightmares USA
The chef visits a Danish restaurant in Florida to test out some new swearwords and stuff his face with pastries.
10.00 Desperate Housewives
Susan and Katherine bicker over Mike.
11.00 Shameless
Shane is left heartbroken by Kelly. (R)
12.00m't Cheltenham Festival Highlights
SPORT Long-faced animals stretch their legs.
12.35am 4Music: Music Academy 2010
12.50 The Album Chart Show Spotlight

1.20 Mercury Prize Sessions **1.35** Top 20 **3.20** St Elsewhere **4.10** Year Dot Television **4.45** Battlefront Television **5.15-6.10am** On Tour with the Queen

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.15pm** House Doctor (R) **12.40** Five News **12.45** Axe Men (R) **1.45** Neighbours **2.15** Home and Away **2.50** I Own Britain's Best Home: Flying Visit (R) **3.05** **FILM** Mystery Woman: Vision of a Murder: *Mystery starring Kellie Martin*. **5.00** Five News with Natasha Kaplinsky, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.30 Highland Emergency
Royal Navy Rescue 177 comes to the aid of a stricken horse rider. (R)
8.00 The Business Inspector
NEW Docu in which Hilary Devey pokes her nose into other people's business - literally!
9.00 NCIS
A petty officer is killed in what initially seems to be a road-rage incident, but guess what - it's not at all!
10.00 Law & Order: Criminal Intent
Logan and Berek investigate when an undercover secret service agent is found murdered in her own home. (R)
11.00 Numb3rs
Numbers-based crime-cracking.
11.55 Poker
SPORT Highlights of a classic tournament.

1.00am SuperCasino **4.05** The FBI Files (R) **4.55** Rough Guide to Eco Escapes (R) **5.10** Neighbours: Aussie soap. (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS
BBC1 SCOTLAND: 9.00pm Up a Long Creek **BBC1 N. IRELAND:** 10.45pm **SPORT** Season Ticket **11.15** Damages **11.55** Film 2010 **12.25am** News **1.00** Berlin **BBC1 WALES:** 7.30pm History of the World **9.00** Ban the Boss **10.45** Tourette's **11.45** Damages
12.25am Film 2010 **12.55** Hairy Bikers **BBC2 SCOTLAND:** 11.20pm **SPORT** Curling **12.20am** The Bubble **12.50** A Band for Britain **1.50** News **BBC2 N. IRELAND:** 10.00pm Our Man in the Vatican **11.20** **NEW** Rhod Gilbert **11.50** The Bubble
12.20am A Band for Britain **1.20** News **STV:** 10.40pm River Monsters **11.10** **SPORT** Football **12.05am** Roulette **1.00** Nightwatch **1.55** Jeremy Kyle **2.50-5.30am** Nightscreen **ULSTER:** 10.35pm St Patrick's Day **11.05** **SPORT** Football **12.05am** **SPORT** Motorsport **12.35** **FILM** Lies My Mother Told Me **S4C:** As C4 except: **7.00pm** Wedi **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Pobol y Cwm **9.00** Tocyn **9.30** Digwyddiadau 09 **10.15** CF99 **10.50** Penawdau Newyddion a'r

TODAY'S SPORT

sky SPORTS 1
6.00am Good Morning Sports Fans
9.00 Football (HD) **9.30** Football Asia
10.00 Football **11.00** Poker
12.00noon Spanish Football
1.00pm Football (HD)
1.30 Football Asia
2.00 Football
3.00 Football (HD)
3.30 Football Asia
4.00 Spanish Football
5.00 Football (HD)
5.30 FIFA Futbol Mundial
6.00 Boots 'n' All
7.00 **LIVE** Football: Bordeaux vs Olympiakos, kick-off 7.45pm. (HD)
10.00 Football (HD)
10.30 You're on Sky Sports!
12.00m't FIFA Futbol Mundial
12.30am Football (HD) **1.00** Boots 'n' All **2.00** Football (HD) **2.30** You're on Sky Sports! **4.00-6.00am** Poker

sky SPORTS 2
6.00am Aerobics **6.30** Snow Ride
7.00 WWE Vintage Collection
8.00 Racing News
8.30 Snow Ride
9.00 Sailing
9.30 Snowboard Diaries
10.00 Airsports World
10.30 Pool
11.30 Snowboard Diaries
12.00noon Max Power
1.00pm Airsports World
1.30 Snowboard Diaries
2.00 Poker
3.00 Pool
4.00 Tennis
6.00 **LIVE** Tennis: The seventh day of the BNP Paribas Open in California.
12.00m't European Tour Weekly
12.30am Inside the PGA Tour (HD)
1.00 Golf: Ball-smacking. **2.00** European Tour Weekly **2.30-3.30am** Sailing

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)
6.50pm In Good Company: Comedy drama starring Dennis Quaid. **9.00** She's the Man: Comedy starring Amanda Bynes and James Kirk. **11.00** Hostage: Action thriller starring Bruce Willis. **1.10am** Some Voices: Drama starring Daniel Craig. **3.10-3.20am** Green Zone Special
COMEDY CENTRAL (126)
7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men: Double-bill. **10.00** Grouchy Young Men **10.30** Comedy Store **11.00** Sex and the City **12.10am** Two and a Half Men **1.10** South

Park 2.10 Comedy Store **2.40** Jackass **3.10** Two and a Half Men **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier
BBC3 (115)
7.00pm Doctor Who **7.50** Doctor Who Confidential **8.00** Eddie Izzard: Marathon Man: The physical and mental strain begins to take its toll. **9.00** **FILM** The Princess Diaries 2: Royal Engagement: Romantic comedy sequel. **10.50** Family Guy **11.35** The Gemma Factor **12.05am** Hotter Than My Daughter **12.35** Snog, Marry, Avoid? **1.05** Undercover Princesses **2.05** Dancing on Wheels **3.00** Hotter Than My Daughter **3.30** Snog, Marry, Avoid? **4.00** The Real Hustle on Holiday **4.15-5.15am** Dancing on Wheels
E4 (136)
7.00pm Hollyoaks **7.30** How I Met Your Mother **8.00** Friends **9.00** **FILM** My Best Friend's Wedding **11.05** The Cleveland

Show 11.35 King of the Hill **12.05am** How I Met Your Mother **12.35** Scrubs **1.35** Being Erica **2.20** Roswell **3.45** Crowned **4.30-6.00am** Switched
DAVE (111)
7.00pm Sahara with Michael Palin **8.00** Top Gear **9.00** Have I Got News for You **9.40** Black Books **10.15** Mock the Week **10.55** Rob Brydon's Annually Retentive **11.35** Black Books **12.10am** Mock the Week **12.50** Dead Ringers **1.30** Two Pints of Lager and a Packet of Crisps **2.05** The Indestructibles **2.45-3.00am** **ESPORT** Radical Highs: With base jumping.
MTV ONE (350)
7.00pm Teen Cries **8.00** Teen Mom **9.00** MTV's Top 20 Under 25 **10.00** Scream Queens **11.00** Nitro Circus **12.00m't** Pimp My Ride **1.00am** Cries **2.00** South Park **3.00** Rock of Love **4.00** Pimp My Ride **5.00-6.00am** My Super Sweet 16

17 MARCH

WEDNESDAY

FULL 7 DAY TV GUIDE!



6.00am **SPORT** Good Morning Sports Fans
7.00 The Simpsons (R) **7.30** The Simpsons (R) **8.00** Brainiac: Science Abuse (R)(HD) **9.00** Lie to Me (R)(HD)
10.00 Customs UK (R)(HD) **10.30** Customs UK (R)(HD) **11.00** Lion Man (R)
11.30 Airline (R) **12.00noon** The Biggest Loser: Australia (R) **12.30pm** The Biggest Loser: Australia (R) **1.00** Lie to Me (R)(HD)
2.00 Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Lion Man (R)
5.00 Malcolm in the Middle (R)
5.30 Futurama (R) **6.00** Oops TV (R)

7.00 The Simpsons
Homer declares bankruptcy. (R)

7.30 The Simpsons
Homer and Grampa visit Ireland. (R)(HD)

8.00 The World Wild Vet
Dorset vet Luke Gamble visits Malawi to treat an ill dog. That's dedication. (R)(HD)

9.00 The Real A&E
A freak accident leaves a woman's ear hanging off. Ouch! (R)(HD)

10.00 A League of Their Own
Sport-based comedy quiz show hosted by James Corden. (R)(HD)

11.00 Greatest UEFA Champions League Goals
SPORT A countdown of the competition's most memorable onion bag busters. (R)

12.00m't Ross Kemp on Gangs
The former *EastEnders* actor visits Kingston, Jamaica. (R)(HD)

1.00am Road Wars **2.40** Ross Kemp on Gangs **3.30** Don't Forget the Lyrics US **4.20** Journeyman **5.10-6.00am** Are You Smarter Than a 10 Year Old?

Tywydd **10.55** Country House Rescue **11.55** Desperate Housewives **12.55am** **SPORT** Horse Racing **1.25** Embarrassing Bodies **2.20** Comedy Showcase **2.45-4.20am** **FILM** Raising Victor Vargas

VIRGIN 1 (121)
7.00pm Star Trek: Voyager **8.00** Trauma **9.00** Criminal Minds **11.00** 8 Out of 10 Cats: Irreverent panel show. **12.00m't** Roulette Nation **3.00am** Vegas Virgins **4.00-5.00am** Ninja Warrior

SCI-FI (129)
5.00pm Buffy the Vampire Slayer **8.00** Final Days of Planet Earth **11.40** Medium **12.40am** Buffy the Vampire Slayer **3.00** Sea of Souls **4.00-6.00am** **FILM** Landslide: Disaster movie.

FX (164)
7.00pm NCIS **9.00** Family Guy: *Stewie's first birthday doesn't go according to plan.* **9.30** American Dad! **10.00** Dexter: *Crime drama starring Michael C Hall.* **11.05** True Blood **12.15am** NCIS: *A woman claims to have witnessed a murder.* **2.15-4.05am** **FILM** The Front Line: *Thriller starring Eriq Ebouaney.*

TODAY'S MUST-SEES



"For the last time, I wasn't in Malcolm In The Middle!"

ACE DRAMA!

Mad Men

BBC4, 10pm

DRAMA

Things are getting pretty complicated for Don Draper, both in and out of the office. Taken under the wing of powerful hotelier Conrad Hilton, Don's rung up by his mentor in the middle of the night and asked if he'd like to work on Hilton's international arm. Unable to sleep, he goes driving and sees his daughter's sexy teacher, offering her a lift. Meanwhile, Betty is feeling frustrated and gay-in-denial Sal gets in trouble when a client gets flirty with him. ★★★★★



"Take it back! My nan knitted this!"

Whiteout

Sky Box Office, From 6.30am

FILM

The lovely Kate Beckinsale plays a US marshal who discovers a body frozen in ice in Antarctica and sets out to hunt for the killer. It's not great, but it does feature Kate getting her kit off in a memorable shower scene, so it's not all bad! ★★★



"Can't I at least share the sofa?"

Leverage

Bravo, 9pm

DRAMA

When an insurance investigator's son dies due to his company's refusal to help, he turns the tables and assembles a posse of con-artists to fleece America's worst capitalists. This week, a crooked contractor is in their sights. ★★★



"No, not on the first date!"

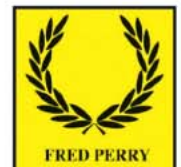
1,000 Ways To Die

Bravo, 10pm

DOCU

Some people, it seems, just aren't happy with routine ways of meeting their maker! Series two gets under way with more darkly amusing reconstructions of the final moments of some of the most accident-prone people ever. ★★★

Nuts FASHION



NUTS.CO.UK/FASHION

PREVIEWS BY: MIKE HALL, ANTHONY TEASDALE

6am

7pm

1am

BBC ONE

6.00am Breakfast **9.15** Missing Live
10.00 Homes Under the Hammer (R)
11.00 To Buy or Not to Buy **11.30** Cash in the Attic (R) **12.00noon** Bargain Hunt: *Rummaging for junk*. **1.00pm** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Missing **3.00** BBC News, Weather, Regional News **3.05** CBeebies **3.25** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6.00am CBeebies **7.00** CBBC **8.30** CBeebies **11.00** Schools **12.00noon** Daily Politics **12.30pm** Working Lunch **1.00** Open Gardens: *A visit to Bristol*. (R) **1.30** Castle in the Country (R) **2.00** Animal Park (R) **3.00** Diagnosis Murder (R) **3.45** Flog It! **4.30** Pointless **5.15** Escape to the Country (R) **6.00** Eggheads (R) **6.30** Antiques Road Trip

itv 1

5.30am ITV News **6.00** GMTV **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** House Guest in the Sun **3.00** Dickinson's Real Deal **4.00** Rosemary & Thyme (R) **5.00** The Alan Titchmarsh Show **6.00** Regional News, Weather **6.30** ITV News

4

6.10am The Hoobs (R) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R) **8.25** **ISPORT** The Morning Line **9.20** Will & Grace (R) **9.50** Deal or No Deal (R) **10.35** Coach Trip (R) **11.05** Wife Swap USA **12.00noon** News Summary **12.05pm** Dolce Vito - Dream Restaurant (R) **12.30** **LIVE** Cheltenham Festival **4.15** Deal or No Deal **5.00** Coach Trip **5.30** Come Dine with Me Extra Portions **6.00** The Simpsons (R) **6.30** Hollyoaks

FIVE

6.00am Milkshake! **9.15** The Wright Stuff **10.45** Trisha Goddard (R) **11.45** House Doctor (R) **12.15pm** House Doctor (R) **12.40** Five News **12.45** Axe Men (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **2.55** I Own Britain's Best Home: Flying Visit (R) **3.10** **FILM** Murder 101: College Can Be Murder: *Mystery sequel starring Dick Van Dyke*. **5.00** Five News with Natasha Kaplinsky, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 The One Show
7.30 EastEnders
 Pie-and-eels pap.
8.00 MasterChef
 John Torode and Gregg Wallace oversee two heats of whisk wielding.
9.00 Million Pound Bike Ride: A Sport Relief Challenge
 Celebrities cycle from John O'Groats to Land's End. We suggest they use something a bit better than a Grifter.
10.00 BBC News, Weather
10.35 Question Time
 Political nonsense.
11.35 This Week
 Andrew Neil is joined by MP Diane Abbott and former MP Michael Portillo and together they discuss nothing at all.
12.25am Sign Zone: Panorama
 Stopping illegal internet downloads. (R)
12.55 Countryfile (R)

7.00 Henry Moore: A Culture Show Special
 The sculptor's life. Give it a miss.
8.00 Museum of Life
NEW Behind the scenes at the Natural History Museum in London. Stick the footy on! It's on Five.
9.00 The People's Politician
 A plan to try and get the general public and MPs to just get along with each other.
10.00 The Bubble
 Half-decent comedy news quiz hosted by David Mitchell.
10.30 Newsnight
11.20 Women
 ...are brilliant. The end.
12.20am Henry Moore: A Culture Show Special
 This show's like a bad penny! (R)

7.00 Emmerdale
 Dales-set dross.
7.30 Afraid to Be Gay: Tonight
8.00 Emmerdale
 Nicola's rota proves unpopular with Carl. Whoa - the drama just refuses to stop!
8.30 Coronation Street
 Another dose of battleaxes threatening their husbands with rolling pins.
9.00 The Bill
 The hunt for Paul Sorrel's killer goes on.
10.00 ITV News, Weather
10.35 Car Crime UK
 A load of cops stage a raid on a cannabis factory in Manchester. (R)
11.35 Regional Programme
12.05am In Plain Sight
 Stan's first-ever witness turns up dead. (R)
12.50 Loose Women
 Topical debate. (R)

7.00 News
7.55 3 Minute Wonder: How it Is
8.00 Country House Rescue
 "Get off my land!" etc.
9.00 The Lady and the Revamp
 Following the new editor of women's weekly *The Lady*. Forget it.
10.00 Alan Carr: Chatty Man
MUST-SEE With face-puncher David Haye and music from Florence and the Machine.
10.50 Hung
 Tanya blacklists Jemma for breaching the rules of the escort service.
11.25 Hung
12.00m't Cheltenham Festival Highlights
SPORT The third day of the prestigious event
12.35am Chris Moyles' Quiz Night (R)

7.30 UEFA Europa League Football
LIVE Liverpool continue slumming it in the lesser European competition, tonight hosting French club, Lille in the last-16 second-leg encounter from Anfield. Kick-off 8.05pm.
10.10 In Hell
FILM A grieving husband is jailed in a nightmarish Russian prison for a crime of passion, and faces a brutal regime where the sadistic warden pits the inmates against each other and forces them to fight to the death. Heck! Jean-Claude Van Damme stars.
12.10am SuperCasino
 Live interactive cash-guzzling.

1.55 Seven Ages of Britain (R) **2.55** Tropic of Cancer (R) **3.55** Lark Rise to Candleford (R) **4.55-6.00am** BBC News

1.20 BBC News **4.00-6.00am** BBC Learning Zone: *Educational programmes*.

1.40 The Jeremy Kyle Show: *Guests have a rant*. (R) **2.35** Afraid to Be Gay: Tonight (R) **3.00-5.30am** ITV Nightscreen

1.25 Alone in the Wild **2.20** Five Days to Midnight **3.50** The War at Home **4.15** Year Dot TV **4.45** Battlefield Television **5.15-6.10am** On Tour with the Queen

4.05 The FBI Files (R) **4.55** Rough Guide to Weekend Breaks (R) **5.10** Neighbours (R) **5.35-6.00am** Home and Away (R)

REGIONAL VARIATIONS

BBC1 N. IRELAND: **11.35pm** Hearts and Minds **12.05am** This Week **12.50** BBC News **1.25** Panorama **BBC1 WALES:** **11.35pm** Dragon's Eye **12.05** This Week **BBC2 SCOTLAND:** **7.00pm** Horo Gheallaidh **7.30** Eòrpa **11.20** Henry Moore **12.20** Women **BBC2 N. IRELAND:** **7.00pm** Blas Ceoil **7.30** Hearts and Minds **11.20** Henry Moore: A Culture Show Special **12.20am** Women **BBC2 WALES:** **7.00pm** Dragon's Eye **7.30** Hidden Houses of Wales **11.20** Henry Moore **12.20am** Women **STV:** **7.30pm** It's Never Too Late **9.00** Scotland's Greatest Team **10.30** STV News, Weather **10.40** Underbelly Uncut **11.40** Politics Now **12.15am** Roulette Nation **1.05** **FILM** Murder by Numbers **ULSTER:** **7.30pm** The Seven Thirty Show **10.30** UTV

Live Tonight **11.10** Afraid to Be Gay: Tonight **11.40** Brain Box **ITV1 WALES:** **7.30pm** Wales This Week **10.35** Sharp End **11.05** The Wales Show **11.35** The Lakes **S4C:** As C4 except: **6.55pm** Wedi **7.25** **LIVE** Y Clwb Rygbi **9.30** Newyddion **11.45** Y Cwch

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans
9.00 Football (HD)
9.30 FIFA Futbol Mundial
10.00 Boots 'n' All
11.00 Total Rugby
11.30 Football (HD)
12.00noon European Tour Weekly
12.30pm **LIVE** Golf: *It's day one of the Hassan II Golf Trophy in Morocco*. (HD)
4.30 Football (HD)
5.00 ATP Tour Uncovered
5.30 The Rugby Club (HD)
6.30 Premier League World
7.00 **MUST-SEE** Darts: *The sixth round of the season from the Brighton Centre*. (HD)
10.30 Time of Our Lives
11.30 The Rugby Club (HD)
12.30am Premier League World
1.00 Darts (HD)
4.30 Time of Our Lives
5.30-6.00am Premier League World

sky SPORTS 2

6.00am Aerobics **6.30** Snow Ride **7.00** WWE: Experience (HD) **8.00** Racing News **8.30** Snow Ride **9.00** Sailing **9.30** Golf **10.30** Inside the PGA Tour (HD)
11.00 Snowboarding
11.30 Transworld Sport
12.30pm FIFA Futbol Mundial
1.00 Football (HD)
1.30 Total Rugby
2.00 Transworld Sport
3.00 Football (HD)
3.30 Total Rugby
4.00 Boots 'n' All
5.00 Watersports World
6.00 Sailing
6.30 The Dogs
7.00 **LIVE** Golf: *The Transitions Championship in Florida*. (HD)
10.00 Golf (HD) **11.30** Sailing **12.00m't** Golf (HD) **3.00am** Golf: *The Hassan II Golf Trophy*. (HD) **4.30-5.00am** The Dogs

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

FILM4 (315)

6.50pm Gallipoli: *Australian World War One drama starring Mel Gibson*. **9.00** Cellular: *Thriller starring Kim Basinger*. **10.50** The 51st State: *Crime comedy starring Samuel L. Jackson*. **12.35am** Little Otik: *Comedy with Veronic Zilkovù*. **3.10-3.20am** The Lovely Bones Special

COMEDY CENTRAL (126)

7.00pm The King of Queens **8.00** Scrubs **9.00** Two and a Half Men **10.00** **FILM** Police Academy 7: *Mission to Moscow: Comedy sequel*. **11.40** Sex and the City **12.50am** Two and a Half Men **1.50**

ESPN **5.30pm** **LIVE** Football: *A Europa League last-16 second-leg contest*. **10.15** Goal! **10.45** MMA Live **11.30** Football **1.30am** Snowboarding World Cup **2.00** NBA Action **2.30-5.00am** **LIVE** Ice Hockey

South Park **2.50** Comedy Store **3.20** Two and a Half Men **4.20** Everybody Loves Raymond **5.10-6.00am** Frasier

BBC3 (115)

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Snog, Marry, Avoid? **9.00** Dancing on Wheels **10.00** EastEnders **10.30** Eddie Izzard: *Marathon Man* **11.30** Family Guy: *Double-bill of fun*. **12.15am** Dancing on Wheels **1.15** Snog, Marry, Avoid? **2.15** Eddie Izzard: *Marathon Man* **3.15** The Real Hustle Undercover **3.45** Glastonbury 2009 **4.40-5.25am** Jay-Z Live from Madison Square Garden: Answer the Call

E4 (136)

7.00pm Hollyoaks **7.30** How I Met Your Mother **8.00** Friends **9.00** The Big Bang Theory: *Raj faces being sent to India*. **9.30** How I Met Your Mother **10.00** **MUST-SEE** *Skins: It's the last one!* **11.05** Glee

12.05am How I Met Your Mother **12.35** Scrubs **1.30** Skins **2.30** Supernanny **4.20** Crowned **5.05-6.00am** Switched

DAVE (111)

7.00pm Traffic Cops **8.00** Top Gear: *With guest Simon Pegg*. **9.00** Little Britain Abroad: *First of two comedy specials*. **9.40** Never Mind the Buzzcocks **10.20** Psychoville: *Comedy thriller starring Reece Shearsmith*. **11.00** The League of Gentlemen: *A hiker visits Royston Vasey*. **11.40** Bottom **12.20am** Little Britain Abroad **1.00** The Mighty Boosh **2.20-3.00am** The Indestructibles

MTV ONE (350)

7.00pm Teen Cries **8.00** MTV's Top 20 Under 25 **9.00** Teen Mom **11.00** Nitro Circus **12.00m't** Pimp My Ride **1.00am** MTV's Top 20 Under 25 **2.00** South Park **3.00** Rock of Love **4.30** Pimp My Ride **5.00-6.00am** My Super Sweet 16



6.00am **SPORT** Good Morning Sports Fans **7.00** The Simpsons (R) **7.30** The Simpsons (R) **8.00** Brainiac: Science Abuse (R)(HD) **9.00** Lie to Me (R)(HD) **10.00** Customs UK (R)(HD) **10.30** Customs UK (R)(HD) **11.00** Lion Man (R) **11.30** Airline (R) **12.00noon** The Biggest Loser: Australia (R) **1.00pm** Lie to Me (R) (HD) **2.00** Angela and Friends (HD) **3.30** Project Runway (R) **4.30** Lion Man (R) **5.00** Malcolm in the Middle (R) **5.30** Futurama (R) **6.00** Oops TV (R)

7.00 The Simpsons

Homer becomes a fire-fighter. (R)

7.30 The Simpsons

MUST-SEE Homer rejects Bart's plea for a brother.

8.00 Pineapple Dance Studios

Foot-shuffling fluff. (R)(HD)

9.00 A League of Their Own

Sport-based comedy quiz show hosted by James Corden. (HD)

9.30 Glenn Martin, DDS

NEW Dodgy stop-motion animation about the adventures of a dentist. (HD)

10.00 Bones

The team is asked to determine the cause of death of a top-secret corpse. (HD)

11.00 NCIS: Los Angeles

A Marine is killed. (R)(HD)

12.00m't A League of Their Own

Here it is again! (R)(HD)

12.30am Road Wars (R)

1.30 Songbook **2.30** Ross Kemp on Gangs **3.30** Don't Forget the Lyrics US **4.20** Journeymen **5.10-6.00am** Are You Smarter Than a 10 Year Old?

Pethe **10.20** Cwcv **12m't** Ramsay's Kitchen Nightmares USA **1.00am** **SPORT** Cheltenham Festival Highlights **1.30** Alan Carr **2.15** The Red Lion **3.10** **SPORT** Poker **4.05-4.35am** **SPORT** KOTV

VIRGIN 1 (121)

7.00pm Star Trek: Voyager **8.00** Ghost Whisperer **9.00** Caribbean Cops **10.00** Hustle **11.05** Most Shocking **12.00m't** Roulette Nation **3.00am** Vegas Virgins **4.00-5.00am** Ninja Warrior

SCI-FI (129)

5.00pm Buffy the Vampire Slayer **8.00** Legend of the Seeker **9.00** Sanctuary **10.00** **FILM** The Land That Time Forgot: Adventure with C Thomas Howell. **11.50** Medium **12.50am** Buffy the Vampire Slayer **3.00** Sea of Souls **4.00-6.00am** **FILM** Ba'al: The Storm God: Fantasy.

FX (164)

7.00pm NCIS: Double-bill. **9.00** Family Guy **10.00** American Dad! **11.00** Family Guy: Lois becomes a gambling addict. **12.00m't** NCIS: A bartender wakes up next to a body. **2.00am** ReGenesis **3.00-4.00am** UC: Undercover

TODAY'S MUST-SEES

"Are you sure this is the way to Topshop?"



SERIES CLIMAX!

Skins E4, 10pm

DRAMA It's been about as bleak as the Christmas Day episode of *EastEnders*, but as we reach the end of the fourth series of West Country-based teenage drama, there's no doubt it's made for brilliant telly. The domestic situation at Naomi's seems to have reached the point of no return, and there are a lot of scores to be settled. Almost all the action takes place in the house, where all the showdowns come to a head at the same time – and the teens learn some harsh lessons about life. ★★★★★



The waiter had forgotten his plates again

Premier League Darts

SPORT Sky Sports 1/HD, 7pm
We're off to Brighton to see a stuttering James Wade take on crazy-bearded Aussie Simon Whitlock, Phil Taylor probably make mincemeat out of Terry Jenkins, and two other tasty tussles. ★★★★★



"Easy, lads, I only nicked a penny sweet!"

The Real Sweeney

National Geographic, 10pm
DOCU The Flying Squad have been the Met Police's elite crime-stoppers and robbery-foilers for almost a century. This ace documentary tells their story and features rare archive footage. ★★★★★



"You can play when you get the right number on your shirt!"

The Simpsons Sky1/HD, 7.30pm

COMEDY Bart is forced to spend some time with his sisters, and as a result realises that what he really wants is a brother he can use as a partner-in-crime. Cue one of the best episodes of the new series so far, and a lot of laughs! ★★★★★



"I'm going through a purple patch"

Alan Carr: Chatty Man

Channel 4, 10pm
CHAT The goggle-eyed comic chats to British bounce-basher David Haye about his upcoming bout against John Ruiz, while music is provided by Florence and the Machine. Ace! ★★★★★

PURE AS GOLD

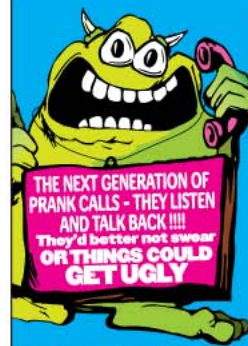
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- Too Rude To Describe!!! 373512
- Frisky Housewife Is Up For Anything! 378239
- Saucy Chanelle Loves To Show Off On Cam 377299
- My Girlfriend Has A Secret Naughty Past! 378789
- Horny Students Saucy Shower Action! 376412
- 5 Hot Minutes With Silvia Saint 371622
- My Frisky DD+ Boss Seduced Me! 378245
- Saucy Students Sleepover Caught On Cam 375669
- Sophie Howard Loves To Get Them Out! 376255
- Big Boobs Blonde Wants You In Her Bed 377113
- My Girlfriends Mum Wants Me Bad! 375924
- Uncensored Vikki Blows On Cam 371184
- My Older Neighbour Shows Off Her Boobs 371623
- Very Naughty Babes First Home Movie! 372177
- DD+ Girls Get Saucy After A Night Out 376874
- Naughty Bridesmaid Gets Caught Out! 376158
- Sexy Fat Babe Plays With Huge Rack 376159
- Huge Boobs Biker Chick Fondles Her Pair 372955
- My Bro's Girl Played For Me In PVC! 374026
- Frisky Bodystocking Babe Reveals 375715
- Naughty Cassie Loves To Spank For You 373785
- Danielle Lloyds Horny Roleplay Vid 374537
- Air Hostess Just Wants To Please You 379660
- Mates Hot Sis Gets Naughty Outdoors 373796
- Caught Maid Getting Frisky In Fishnets 373511
- Naughty Leather Whip & Strip Vid! 371303
- Very Saucy Uni Girls On Cam! 376211
- Peta Todd Unleashes Her Massive Pair 376951
- 19 Yrs Babe Gets Saucy In Suspenders 376629
- BB's Banned Babe Emily Reveals More! 372339



UNCENSORED ACTION!



TEXT ALERTS

- Achmed - Silence I Kill You! 373885
- Inbetweeners - Ooooh Friend 371404
- Die Hard - Yippee Ki Yay Mother... 371360
- Meerkat - Simple! 377015
- Text On Fire - Sex On Fire Spoo! 374708
- Fast & Furious Dump Valve 373846
- Eastenders - Ending Doof Doofs 376391
- Gav & Stacey - Oh, Whats Occur... 375722
- Wallanders Phone Ringtone 371657
- Churchill Dog 375625
- Stewie - Victory Is Mine! 375851
- Del Boy - Luvly Jubbly 376172
- South Park - Dont Kick The Baby 379556
- Naked Gun - Nice Beaver 374149

THEME TUNES

- Soccer AM Catwalk Theme 376271
- Match Of The Day 376057
- Family Guy 372009
- Formula 1 376395
- Top Gear 373808
- Halloween 377110
- The Inbetweeners 376869
- Top Gun 371943
- The Great Escape 372168
- Pearl & Dean 378324
- Shameless 377632
- True Blood 376667
- The A-Team 377152
- Dukes Of Hazzard 377288

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18+. Helpdesk 0844 944 0844. 0800 = FREE AT ALL TIMES. 0871 = 10p per min. Network extras apply. Live calls recorded. SP: 4D.

TEXT
WOMEN PRETEXT MESSAGE

Men: Text 'mpca' to 88199
Women: Text 'wpcas' to 88199
MIN SPEND £1.50

CHAT OR DATE
10p PER MIN

0872 100 1003

18+. Helpdesk 0844 944 0002. Standard network charges apply. 18+ only. Women: Network charges only. Men: Join for 10p per msg for 1st 15 msgs sent/recvd; 25p thereafter. Pic msgs cost £1.50 each. This is a subscription service, costing 25p per msg sent/recvd until you send STOP to 88199. SP: X-0x.

The HOTTEST women! The HOTTEST photos! AND VIDEOS

Want the HOTTEST HOOK UPS?

HAVE FUN TONIGHT! GET PHOTOS & HOOK UP NOW OR WHEN IT SUITS YOU

Gill, UK (34)  Get my hot pix...and lets hook up .text GILL to 68889	Anna, London (36)  Get my hot pix...text ANNA to 68889	Caro, Wales, (44)  Get my hot pix...text CARO to 68889	North East (18)  Get my hot pix...text BLONDIE to 68889	Tash, Glasgow (18)  Get my hot pix...text TASH to 68889	Minki, Leics (18)  Get my hot pix...text MINKI to 68889	Claire, UK (38)  UK Rep Lets hook up... Get my hot pix...text CLAIRE to 68889	Val, UK (40s)  Get my hot pix...text VAL to 68889
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25p per message sent into 68889 £1.50 per received text from 68889. See virtual Terms online at www.ukeasyaction.com 18+

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM!

Meg, Lancashire.  Get my hot pix AND VIDEOS ...Text MEG to 68889	Milf, 40s North England Fun loving naughty women with photos Get my hot pix...text KISSY to 68889	Katherine, WALES Can't wait to send you my sexy photos. text anytime 24/7 Get my hot pix...text KATHERINE to 68889	Polly, 44 UK. Fun easy experienced woman wants fun! Especially with guy 18-30! Get my hot pix...text POLLY to 68889	AS SEEN ON TV POSTCODE MATCH! See who replies to your postcode.... To be matched to a woman (with HOT photos & maybe HOT videos) Text-PC followed by your postcode to 68889 (for example PC NE344NB) Text PC followed by your postcode to 68889 and get in on the action! Hook up via your mobile *Text SWAP anytime to swap to a different hot woman* £1.50 per received text	Kat, London. 18 years old! Get my hot pix...text KAT to 68889	Ami, 20 GLOUCS. Get my hot pix and HOT videos ...text AMI to 68889
Liz, 20s Hants/UK  Get my hot pix AND HOT VIDEOS ...text LIZ to 68889	Nat (19) MIDLANDS/UK Text me anytime & Get my pix...and HOT VIDEOS xxx Text NAT to 68889	Janie, SOUTH (41) Get my hot pix...text JANIE to 68889	Tara, UK 47 Get my pix...text TARA47 to 68889	ESSEX (34) Get my pix...text DI to 68889	18, SCOT. Get my pix...text JEWEL to 68889	Kitty, 18 Lancs. Get my pix...text KITTY to 68889
Daze, anywhere UK  Get my hot pix...and HOT VIDEOS .text DAZE to 68889 25p message sent £1.50 per received text	Mell, Belfast NI (18) Single and fun loving. Looking to hook up soon! Get my hot pix...text MELL to 68889	Rita, Wales/UK (45) Easy going, fun loving, ask me for my really hot pics! Get my hot pix...text RITA45 to 68889	Saucy, 34 Kent/Sussex Get my hot pix...text SAUCY to 68889	Lily, UK (40) Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text LILY to 68889	Lee, 20 Leeds Get my hot pix...and VIDEOS text LEE to 68889	Ker, Kent/London Get my hot pix...and VIDEOS text KER to 68889
Lib NORTH WEST (21) Get my hot pix...and HOT VIDEOS too text LIB to 68889	Nici, LANCS 38 and HOT!  Get my hot pix...text NICI to 68889	Leah, London/UK (19) Get my hot pix...and HOT VIDEOS too text LEAH to 68889	Tani South West/UK (43) Get my hot pix...text TANI to 68889	Also - www. UK EASY ACTION .COM HOOK UP NOW - VIA YOUR MOBILE	ANNE, 40s YORKS Get my hot pix...and VIDEOS text ANNE to 68889	Amb UK Get my hot pix...AND VIDEOS text AMB to 68889
Jule, UK (40) Get my hot pix...and HOT VIDEOS too text LIB to 68889	Carly, 18 UK Get my hot pix...and HOT videos text CARLY to 68889	Kyli 20, SUSSEX Get my hot pix and VIDEOS ...text KYLI to 68889	Beverly Mids/UK (30s) Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes age doesnt put you off! Get my hot pix...and hot videos text BEVERLY to 68889	UK ANYWHERE Lets hook up Get my hot pix...text HWILKIE to 68889	Naughty, South West Hot fun girl looking for flirts! Get my hot pix...and hot vids text NAUGHTY to 68889	Jule Hot single woman (40) wants to be contacted by guys 18-35 for fun easy times. Get my hot pix...and HOT VIDEOS Text JULE to 68889

Strictly 18+. This is NOT a subscription service. 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (max. 4 billed messages sent to you per message into 68889) Photos/videos sent in/received charged as 2 x £1.50. You must check your mobile is able to send/receive videos or photos. Real people replying NOT a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. Text stop to end (not case sensitive) You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages received may appear on your bill. We do not sell or share your data or mobile phone number. No guarantee of meeting implied. Photos are for display purposes and not to be reproduced for fantasy entertainment only, areas to aid this. Virtual service Terms and conditions @ www.ukeasyaction.com. please read the full terms and conditions fully. B Med 331, 77 Beak Street, Soho, London W1F 6DB. TO SWAP TO A DIFFERENT PERSONA WITH PHOTOS TEXT SWAP TO 68889 AT ANYTIME. PLEASE ENSURE YOU HAVE CREDIT IN YOUR PHONE IF YOU ARE A PAYG USER. WE RESERVE THE RIGHT TO BAN USERS IF THEY HAVE NO CREDIT OR ARE UNDER 18. 18+ SERVICE. To stop the service text STOP to 68889 THANKS.

Also Visit - www.ukeasyaction.com - for more...

Nuts PUB AMMO

Get your mates merry on mad facts!



"I got it caught in the car door"

Around 28 billion zombies have been killed in Xbox 360 game *Left 4 Dead 2* since its release in November last year.

Anfield was originally the home of Liverpool's neighbours, Everton.

More babies in Britain are born on Christmas Eve than on any other day of the year.

Every year, Americans spend a total of nearly £17billion on beer.

Swiss Peter Colat recently broke the world record for holding his breath underwater. He held his breath for 19 minutes 21 seconds, beating the previous record by 19 seconds.

A flea can jump up to 130 times its own height and 200 times its length.

Indiana Jones was named after director George Lucas' dog, Indiana.

Roger Moore's 007 never ordered the legendary "shaken, not stirred" Martini - the only James Bond not to do so.

The Bank of England keeps £1million notes for internal use.

The average worker bee will make only half a teaspoon of honey in its lifetime.

Nine in ten UK women admit they check out other ladies' breasts.

In 1976, hippies changed the "Hollywood" sign so it read "Hollyweed", to celebrate the relaxation of drug laws in California.

Every three minutes, someone in the world reports a UFO.

Donald Duck was once banned in Finland because he doesn't wear trousers, so was considered too rude for a kids' cartoon.

PUB AMMO ON... GREEN ZONE

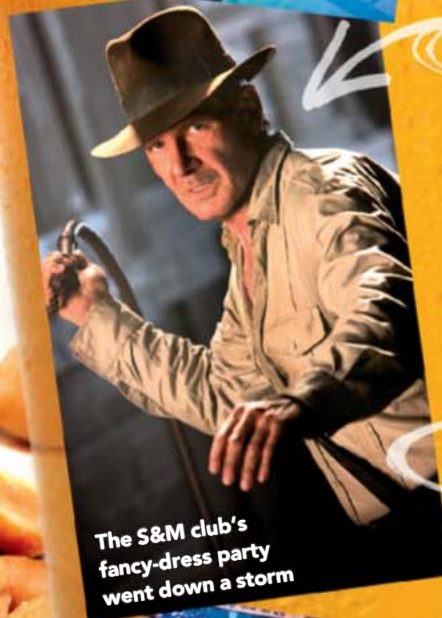


"I must get this lighter fixed!"

- *The Bourne Ultimatum* director Paul Greengrass and star Matt Damon are reunited for Iraq-set thriller *Green Zone*.
- The *Green Zone* is a ten square-kilometre area of Baghdad used as the centre of operations by Coalition forces.
- While the movie was actually filmed at locations in Morocco, Spain and London, it boasts a number of real soldiers who served in the Middle East among its cast
- *Green Zone* is at cinemas across the UK from Friday 12 March.



Sex And The City must've finished by now



The S&M club's fancy-dress party went down a storm



"Sorry, this seat's saved for Elvis!"



"Do you have to, mum?"

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