

THE SWEETER SIDE OF LIFE

Kandy

FEBRUARY 2015

12
VALENTINE'S DAY
GADGETS
For Geeks

5 NEW BANDS
KEEPING
ROCK-N-ROLL ALIVE!

LATE NIGHT TV'S BLEEP GIRL
LAURIE YOUNG
OUR SEXY VALENTINE

MTV GIRL CODE'S
APRIL ROSE
Valentine's Day Tips

LAST OF THE KANDYGRAMS
KANDYSTAND VALENTINE SECRETS
KANDYGIRL NINA CARLA DISROBES

THE CAR-MA SUTRA
VALENTINE'S RIDES

IS NYC THE
WORST
SPORTS TOWN?

PLUS
SEVENTH SON
JUPITER ASCENDING
HOT TUB TIME MACHINE 2
EVOLVE
RESIDENT EVIL REVELATIONS 2



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CALIENTE FITNESS

by JASON ROSELL

NUTRITION AND FITNESS PLANS

BICEPS AND TRICEPS

2 MINUTE WARM UP — JUMP ROPE AT LIGHT PACE

EXERCISE CYCLE 1

1. PUSH PRESS USE DUMBBELLS INSTEAD OF BARBELL
-12 REPS
2. DIPS USING A CHAIR
-12 REPS

EXERCISE 1

EXERCISE 2



3. B...
4. O...
5. R...

EXER

LEGS AND SHOULDERS

EXERCISE CYCLE 1

1. SQUATS WITH A STABILITY BALL BETWEEN BACK AND WALL
- COUNT TO 3 ON THE WAY DOWN AND COUNT 1 ON THE WAY UP
(DUMBBELLS FOR ADDED RESISTANCE ARE RECOMMENDED)
- 15 REPS
2. MILITARY DUMBBELL PRESSES WITH STABILITY BALL BETWEEN FEET
- 15 REPS EACH LEG



3. A...
4. S...
- PER...
- 20 REPS

EXERCISE 3

EXERCISE 4

GET THESE RESULTS
BY VISITING
CALIENTEFITNESS.NET
(DETAILS IN DESCRIPTION)

REPEAT CYCLE 2 THREE TIMES
HIGH KNEES/JUMP ROPE FOR 2 MINUTES

COVER MODEL
LAURIE
YOUNG

She is known as late-night TV's bleep girl for her commercials where every other word out of her mouth is bleeped. Now, get to see another side of our sexy Valentine and Kandy cheerleader.



MTV's Girl Code's April Rose Valentine's Day Tips

Wow! April knows how to get our attention

Triple Xposure

Kandy girl Nina Carla is back for a third helping of Kandy and only has a free-flowing robe keeping you from her goodies.

The Car-Ma Sutra

We never know what our car guy is going to deliver each month. This month he offers up rides sweet for Valentine's Day lovers.

Rock-n-Roll Ain't Dead

We've uncovered five bands keeping rock-n-roll alive and kicking.

World of Kandy

You know we love our Aussies. This month we're fortunate to discover Erin Pash, Australia's Swimsuit Model of the Year from 2013.



Can Jim Harbaugh Save Michigan football?

The man is back to save his alma mater. Here are five recruits that can save Michigan football.

Is NYC the Worst City for Sports?

Our newest sports columnist has thrown down the gauntlet for NY sports fans. He says your sports teams SUCK! Is he right? Give it a read and come to your own conclusion.

Oh, The Horror! Resident Evil Fans a New Version Is Out!

Resident Evil Revelations 2 gives us a new rendition of a classic game and Evolve is the latest Shooter genre offering.

12 Valentine's Day Gadgets For Geeks

Our cover girl Laurie is famous for her late night commercials hawking adult gadgets. These are gadgets not quite in the same element.



Photos by:
Mario Barberio

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Letter from the **EDITOR**

Welcome to the February 2015 issue of Kandy Magazine. Take heart fellow Kandy fans, as we know February means that winter is almost over. In a few short weeks it will be March and our Kandy girls will be shedding their parkas and UGGs for bikinis and beaches. We may not have a swimsuit issue to warm you up on these cold winter nights but we do have Late Night TV's bleep girl Laurie Young, as bare as a Kandy girl will ever be found in Kandy.

Are you warming up yet? Perhaps, a third helping of Kandy girl Nina Carla will bring some sensation back to those toes and finger tips. Almost there? Well, you know we love our Aussies at Kandy and Australia's 2013 Swimsuit Model of the Year Erin Pash makes her US magazine debut in this month's Kandy.

As February is the month for LOVERS, with Valentine's Day and all, our writers whipped out several columns with a Valentine's theme. Our car guy appropriately has titled this month's feature as The Car-Ma Sutra (Disclaimer: his suggestions are not recommended for Uber users). MTV Girl Codes' and Kandy cover model April Rose makes a compelling case for you to start planning Valentine's Day festivities now, and not the day of. Our relationship guru Jim DeBellis offers up a different approach to Valentine's Day plans but with the same underlining message, Don't Wait! Perhaps your girl is more into gadgets than flowers and chocolate, and we don't mean the kind of gadgets Laurie Young hawks in her late-night TV commercials, so our tech girl has interesting suggestions to geek up your Valentines.

How long have we been hearing that rock-n-roll is dead? Longer than you think Kandy readers. We've uncovered five bands, that you may or may have not had heard of, that remind us that rock-n-roll is alive and kicking worldwide. Our newest sports writer has an opinion on the state of NYC sports and, as a born and raised New Yorker, needless to say, I disagree with his conclusion. Let's see what you the Kandy reader conclude. We wrap up this issue of Kandy with movie previews, new video game releases, and a final installment of Kandygrams, our salute to sexy selfies. So, enjoy the Valentine's inspired content in this month's issue and remember to follow us on social media for behind the scenes and Kandy girl activities.

Cheers!

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The Car-ma Sutra

By Teddy Field



[Imagine hearing Barry White's Voice]

"You're listening to Late Night Looove on KNDY, Los Angeles ... Fella's, it's about to be Valentine's Day; that time of the year when you get to show that special someone, a little something special. Wine, chocolate, and that backseat magic only you and her can do. Of course, you won't find many cars with a big bench seat anymore. But there are still a few cars you can use to get your groove on. And we'll look at them; right after Luther Vandross sets the mood for us. *If Only for One Night...* on Late Night Love, KNDY FM, LA..."

2015 Ford F-150

Welcome back. Finding a ride with enough room to "express your love" isn't as easy as it once was. But the 2015 Ford F-150 SuperCrew has your back, backseat that is. With lots of real truck capability, the 4-door 2015 Ford F-150 can take you and your lady far-off the beaten path. Then you can climb in the back and let the magic begin.

The 2015 Ford F-150 SuperCrew comes with big backseat and plenty of room to move around. The standard 60/40 rear bench has a flat seat bottom, which is perfect for Missionary Style. If you want to get creative, you could

pick up a copy of the Kama Sutra, and then fold up the seat bottoms to reveal the flat floor underneath where Ford left you more than enough space to try the Bandoleer, The Grip, or The Rider. But make sure to put down some satin sheets to avoid rug burn. Now let's get back to the music, because Roberta Flack *Feels Like Makin' Love* ... on KNDY FM ...



2015 Ford F-150 XLT SuperCrew

Starting @ \$37,040

325-hp 2.7L EcoBoost V6

Baby-making features:

Wide bench seats, flat cab floor, big truck bed for outdoor 'fun'





2015 Chevrolet Suburban

Okay fellas, if you want to ditch the hotel and do Valentines up old school, then buy, borrow or rent a 2015 Chevrolet Suburban. You can drive this grotto-on-wheels up to Lover's Lane, and show her what you learned in the Kama Sutra. The Chevy Big was just redesigned this year, and it has even more room than before. If you want a hotel suite that you can...drive, brotha this is it.

The most 'love friendly' configuration is the 8-passenger model with the middle bench seat. Fold the back two rows flat and you have a cavernous 121 cu-ft to spread out and make sweet love. Some of the positions you'll have room for include Afternoon Delight, The Eagle, The Slide, The Glowing Juniper, The Cross, and The Hero. And the 2015 Suburban has

plenty of room, just in case some of her friends want to get in on the action ... *I'll Make Love To You* by Boyz II Men, on KNDY Los Angeles...



2015 Chevrolet Suburban LT

Starting @ \$53,455
355-hp 5.3L EcoTec3 V8

Baby-making features:

Room baby, glorious room...



2015 Honda Fit

You're listening to Late Night Love, coming to you from the City of Angels on KNDY FM...We're talking about the Car-ma Sutra, and the automobiles that you can use to show your lady a good time. The last car on our list is the 2015 Honda Fit, which has what Honda calls a 'Magic Seat'. And yes fellas, you can use this seat to make some real Valentines magic...

Simply remove the front headrests then recline the seats flush with the rear 60/40 bench, and you have your very own little Love Lounge. You can do the Crouching Tiger, The Hinge, The Ship, The Frog, The Column, The Galley, or you can make up your own Magic Seat Magic Moves.

So pick up a copy of the Kama Sutra, then buy, borrow, or rent one of these rides to make this Valentine's Day one to remember ... Keep it locked on Late Night Love ... Here's Dr. Love himself, with *Can't Get Enough of Your Love Baby* on KNDY...



2015 Honda Fit

Starting @ \$15,650
130-hp 1.5L i-VTEC 4-pot
Baby-making features:
Magic Seat

Valentines Day Gadgets

With Valentine's Day approaching quickly, it is time to begin thinking about what to get your loved one. Instead of the usual flowers, candy and jewelry, think unique and give the gift of gadgets. The fact is that everyone – women and men – love technology and the tech industry has not disappointed with the array of gadgets that are now available. If you want to purchase something truly unique this Valentine's Day that will be used year-round, consider the best gadget gifts that are highlighted here.

Photo By: Photojojo.com



The Solio Sun-Powered Charger

This is really a "bright" gift idea. With this device the gift recipient will be able to power up their phones, music devices and other electronic gadgets with the power of the sun. The Solio Solar Charger, which retails for under \$100 is designed to soak up the sun's rays and charge anything that has a USB port.

The Android and iPhone File Scanner

Do you have a box of old 35mm negatives taking up space in your closet? Now, with the Lomography Smartphone Film Scanner, you can scan all the snaps that you captured with an analog camera and have them uploaded to your smart device. It supports both Android and iPhones and is a unique little device.

The CarAudio Connect AUX Featuring Bluetooth Connectivity

Chances are you already know that keeping it hands free in your car is important for safety; however, with this CarAudio device, you can listen to your music and make phone calls directly from your smart phone, through your car speakers. No more fumbling for your phone or endangering yourself, your passengers or others on the road. This is a great device to give your loved one for Valentine's Day and will help them stay safe.



Apple TV

If your loved one loves iTunes, then Apple TV is a must-have. With this device you can play back TV shows and movies from the iTunes Store on your HD display. While

the media library is not quite as big as Roku, if you already have rich content on your PC or Mac that you are sharing often, such as home videos and photo libraries, then you have definitely met your match with Apple TV technology.

The Fujifilm Instax 210

If you love the nostalgia of Polaroid cameras, then you will love this instant photo camera. With this little device, your Valentine can capture and then develop photos – instantaneously – with the programmed electronic shutter, as well as two different shooting options and a low-light auto flash. Bring back the fun of Polaroid cameras and capture all your Valentine's memories with this handy camera.



The Power Wallet Phone Charger

Another convenient device for the gadget lover in your life. This wallet, which sells for under \$100, includes a high-capacity battery that is tucked inside the pockets. This charger will work with both Android and iPhone devices.

The Crosley x UO Portable Briefcase Vinyl Record Player

You can add a bit of sparkle to your home with this great looking portable turntable. It is housed in a faux leather briefcase and allows you to hook it up with your existing speakers to create a full sound from your favorite vinyl album.

Romantic Phone Cases

Your smartphone literally acts as your lifeline to the world and work. Yet, for this Valentine's Day, why not get your paramour a romantic phone case. The good news is this gift is both thoughtful and budget-friendly. A simple browse online will pull of hundreds of varying designs with everything from pink hearts

to the timeless words, "I love you" engraved onto the case. Not only does it convey your heartfelt feelings, but it ensures the recipient has increased fortification of their phone in the event of an unforeseen accident! What's more, there are even romance-invoking laptop sleeves and tablet covers available.

illogic Sound Hat

This is the perfect gift for the music lover you care about so much. What makes it quite unique is the fact that you get two gifts in one. First off, it is a stylish beanie hat for those cool fall and winter days. Secondly, it plays music from your phone. You no longer have to worry about rings around your ears because this is the coziest way to listen to your favorite music. Not to mention, when your lover is warm, so are you.



Nike Fuelband SE

When you take care of yourself, you are better able to take care of others. What better gift to show the depth of your emotions than the gift of good health. With the Nike Fuelband SE, your valentine can make fitness tracking a breeze. With the Nike Fuelband SE, you track exercises easily to see how well you did. It syncs up with the iPhone, and Android users can sync it to their computers.

Playstation 4

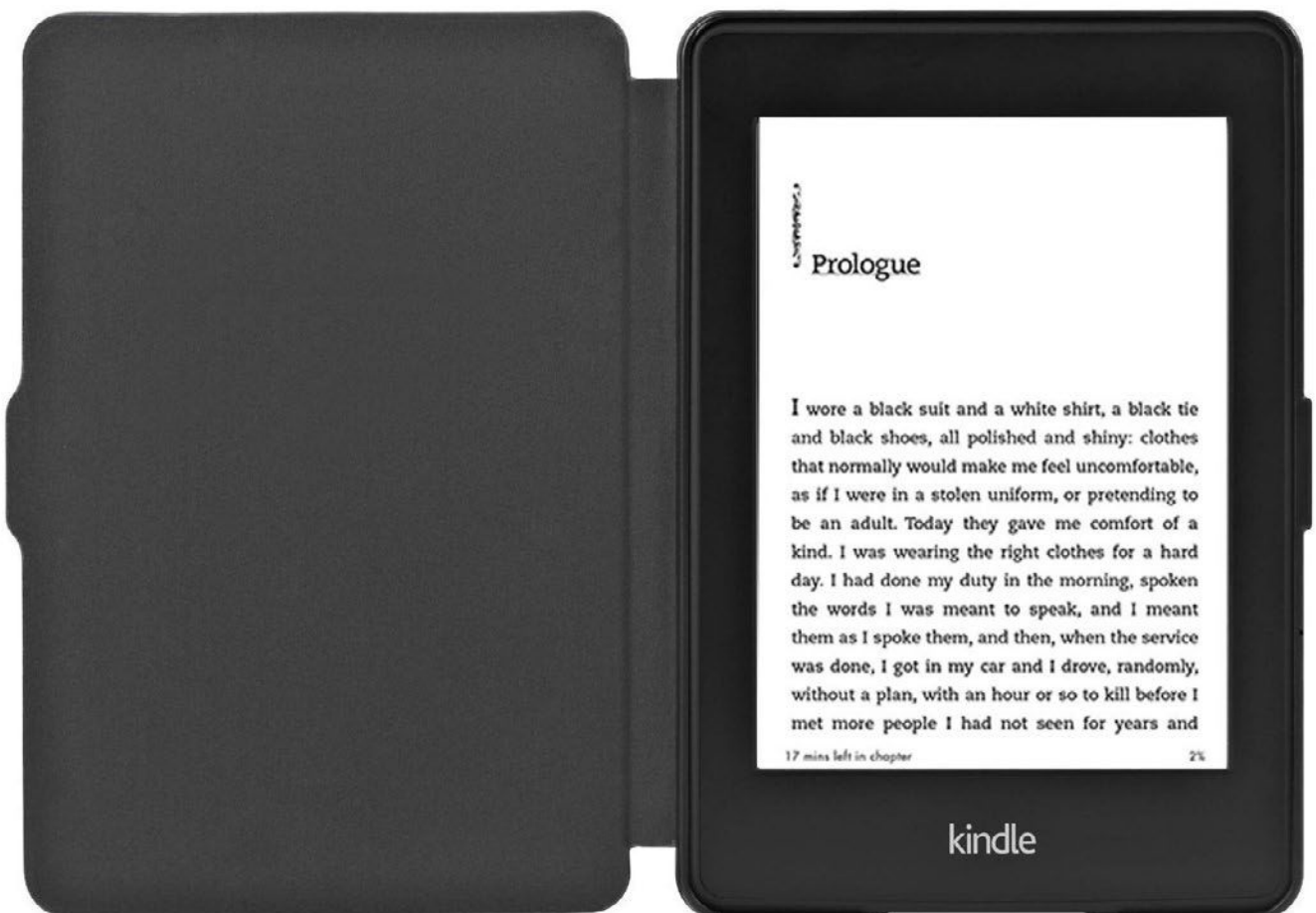
Any serious gamer needs a serious gaming console and that is exactly what the Sony Playstation 4 provides in spades. What could be better than playing games with your best friend and engaging in a little friendly competition all day long. Not only does this mean bonding time, but it also adds to the list of things you share in common. This console was designed solely for video games, which you can clearly see. In fact, any gamer would appreciate the Playstation 4.

Kindle Paperwhite

Recent studies show that blue light emitted from computers and mobile devices negatively affects your sleeping habits. This is why you need to get an avid reader the Kindle Paperwhite. Just

think of having immediate access to Amazon's publications, one of the largest found anywhere. You would be busy reading for years and years just to get through it all. It also doesn't hurt that the device is lighter than the average paperback while being much easier to read. This is because it comes with a front-lit screen. Sure you could read from your phone, tablet or laptop, but why would you want to when you have a Kindle Paperwhite?

When it comes to Valentine's Day, be unique. Go out on a limb and get your love one of the latest tech gadgets that are highlighted here. Odds are they will love the thought and the fact that you thought outside of the box – of chocolates, that is!



Photography by:
Dan Brady



A CONVERSATION WITH

ERIN MARIE PASH

WORLD OF KANDY AUSTRALIA

We've tapped into the Aussie talent pool again and have pulled out a green-eyed stunner this month for you guys. For the last couple years, Erin Pash has been one of the hottest models in Australia. She was crowned Australian Swimwear Model of the Year in 2013. It is easy for us to say that 'our cup continues to runneth over' with Kandy Aussie girls.

Aussie Stunner Q & A

What Aussie beach would you recommend to American guys in their 20's for the best bikini girl viewing?
Scarborough beach, Sorrento & Trigg beaches in WA (Western Australia).

What Aussie city is your favorite nightlife destination? Brisbane.

What Australian delicacy should Americans make sure they try when they visit Australia?
Kangaroo meat ;)

When it comes to bikinis are you a full-bottomed or thong girl?
Thong for sure.

What do you think of the wave of Australian models heading to America and settling in Hollywood?
Hope they do well but I'd rather stay in AUS close to family.







Any plans yourself to see America?

Maybe just a visit for a holiday or work ;)

Last question, what would you say is the biggest difference between Australian models who stay home and those who leave home and move to America?

Aussies notice the girls who move more once they've moved to US I think :)

Follow Erin on Instagram:

Instagram @erinmariepash

STATISTICS

Hometown:
Vancouver, Canada

Measurements:
34-24-35

Height: 5 "6

Weight: 110







WORLD OF KANDY AUSTRALIA

KANDY MAGAZINE









WORLD OF KANDY AUSTRALIA

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Be Her Romantic Leading Man on Valentine's Day

By Jim DeBellis

You have to be thoughtful on her birthday and Christmas...but on Valentine's Day, you have to be romantic. It's non-negotiable. And it's not that hard if you come prepared with a quiver full of Cupid's arrows to hit her with in a sneak attack throughout the night. Each shot will drive her passion higher, until it reaches a frenzy. Just like baseball, you have to run the bases if you want to score, so let's play ball.

You are going to need the basics: flowers, dinner, a gift, and a special place for a romantic encounter. But it's the way you deliver them that really matters. You have to thrill and amaze her. The essence of romance lies in the element of surprise, and not just checking the mandatory boxes. If you don't make her jaw

drop and her eyes get as big as a full moon at least once, you've haven't made it to first base. But if you want her to be filled with passion and ripping off her clothes (and yours) when the date is over, you will need to hit it out of the park and run all the bases. That requires at least four "wow" moments during the date. She'll have stars in her eyes and be in the palm of your hand for a week.

Surprise her right out of the gate by telling her to wear a nice dress, and that you will be wearing some nice duds too. Even if she's Daisy Duke, she wants to play dress-up and feel like a princess once a year. So, let it be your idea. Just don't go overboard or she'll think you'll be getting down on one knee.

If you haven't made reservations yet, do it right

now. Valentine's Day is the busiest night of the year for restaurants, and they fill up fast and early (and this year it's on a Saturday, so good luck). Many places don't take reservations, so it is likely to be a long wait no matter when you arrive. If you decide to go that route, make sure you choose a place with a nice bar and some good music or games to keep her occupied and in a good mood for a couple of hours. And, if you get shut out of all the restaurants she loves, you can always get a hotel room at a nice place that offers room service. Just confirm ahead of time that they will be able to serve you in your room, and arrange for them to bring a nice table for two with a white tablecloth and some wine or champagne.

Instead of giving her a fancy bouquet when you pick her

up or leave the house together, give her a single rose or a handful of colorful wildflowers, or maybe give her a corsage for her dress or wrist. Tell her she looks beautiful, and kiss her. (By the way, you will be doing that about every 15 to 30 minutes tonight.) Now it's time for a surprise arrow in the heart. Tell her that you could only get into the Olive Garden because every place else was full, and then drive up to Chez André's white tablecloth bistro, which she's been dreaming about for months. You've made it to first base; collect one kiss when you let her out of the car.

When you have ordered your appetizers, have it pre-arranged for the waiter to bring out a vase of her favorite flowers and present them to her at the table, with a hand-written card from you. Work on the letter inside the card, and make it a keepsake that she will save and cherish. That will make her feel special, and you will have scored your second jaw-dropping moment. She will be feeling a tingle beneath her bra by now. But you're not done yet.

This is a night for wine, not beer. A bottle of wine or champagne will intensify her warm feelings just enough. Sharing one standard bot-

tle or two glasses of house wine each in the course of a nice dinner won't hamper your ability to drive legally either. You might get an extra half glass for yourself with a bottle if you don't overfill the glasses (about two-thirds full is perfect for wine). Do a little research or ask your friends about selecting a good wine beforehand so you don't have to hem and haw over the wine list and then make a bad guess. White wine or a rosé or blush are good choices for non-connoisseurs, and they are palatable for most tastes. White Zinfandel or Pinot Grigio is usually reliable, and so are the house wines by the glass. Don't worry about matching red wine with a beef entrée.

Back to the ballgame ... even if she's full, order dessert. Split one for the two of you. It's a nice opportunity to let the meal settle and talk ... and it's a great time for another surprise. Before your dessert arrives, pull a small but nice gift (wrapped) out of your inside suit pocket. Jewelry is perfect, and so is a pair of tickets to a show or concert that she would love – and you will score extra points if the show gives you a chance to share her passion for the arts for one night in the future. An MMA event, ballgame, or monster truck

show might not garner the same appreciation from her. Her tingles have now made their way to her panties. *[One warning: Make sure the small gift does NOT come in anything resembling a ring box – unless it's a ring...a diamond one. It will kill all the tingles and send you back to square one.]*

Now, if you have deep pockets, you might have a limo or a horse drawn carriage waiting for her after dinner. That might be great if you did give her a ring; otherwise it will be hard to top next year. But dinner alone is not a date. Maybe you can surprise her with a short visit to a club, where your friend who is dating her friend, is having drinks. Stop in and let her share her big night with her friend while you get in 20 minutes of "guy time" or a game of darts.

Of course, a nice walk under a full moon is always romantic in the evening ... but there's just one problem: There will be no moon at all on February 14 this year. Just knowing that will score you some points, but a moonless night is very dark and great for something else... stargazing. Get out of the city lights far enough to a lake or park and let her be amazed by all the stars. Study up and learn two or

three constellations that you can point out. If you're in a warmer climate you can go outside or lay in the back of your SUV and open the hatchback. Otherwise, you can open your moon roof and turn the heat up full blast. Either way, you'll be making plenty of your own heat in no time.

Maybe stargazing isn't going to work out for you, so just try to find a place where you haven't kissed her before. That will make it a memorable time and place for her at the end of a great evening. Take her dancing after dinner, and then hold her face in your hands and kiss her on the dance floor during a slow dance. A hotel room could be another great surprise, with a box of chocolates waiting on her pillow. A midnight movie in the back row might be a good place for some preliminary passion too.

You can scale all of these things to the stage of your relationship and your budget, as long as you amaze her and make her feel special and cared for. Take an hour to plan things ahead of time, and then take another hour to set the dominoes in place so that your vision, and her whirlwind of a night, is executed smoothly.

Chances are, you will spend a memorable night together behind closed doors when the date is done – and you should find a way to make that special too... some perfect music, candlelight, a glass of wine, rose petals, a hot tub, and another gift that fits the occasion (like lingerie or candy panties or body oils or whipped cream or a pack of Fire and Ice condoms). Whatever resources you have available

to you will be just fine.

And when she wakes up the next morning, make sure she doesn't think it was all a dream. Shoot one more of Cupid's arrows at her with a nice Sunday brunch or breakfast in bed. It just takes a little planning once a year to make her see you as a hero all year long. Base hits are nice, but there's nothing like a home run.



Photo Credit: Photodune.net



Schlong Out of Jail Free Card: Valentine's Day

By April Rose

The hipsters greatest accomplishment; it is now cool to say you don't BELIEVE in Valentine's Day. A notion successfully advanced by a powerful group of insecure drifters with balls suffocated by skinny jeans. Don't listen to their a-sexual suggestions. Passing up on sweet plans for February 14th is literally telling your penis, *'instead of going to the water park that day, lets just take another lonely shower'*. Yes, by passing up Valentine's

Day you are completely passing on advanced extracurricular activities for your favorite member.

Valentine's Day is like New Years Day for your sex life. The day to clear the slate and start a whole new year. But, more importantly, a well executed Valentine's Day is a literal 'Get Your Penis Out of Jail' free card. A death sentence pardon you undoubtedly need from time to time. Your worst relationship crimes past and future can be cleared if you plan the night right.

You got her an electronic toothbrush for her birthday? Or worse, a gym membership. You liked too many of her hot girlfriends instagram photos? You always finish early and don't help her finish the race. Your ex-girlfriend texted you late at night. Your last date night was watching the Cubs.

You need Valentine's Day more than you ever know!

It'll take some extra time, but don't fake it! I know you don't give a shit, but your girl and her pack of She-Wolves are lying if they say they don't give a shit either.

So, you made dinner reservations at 11:00 pm because you wanted to be different on Valentine's Day? Bullshit. This is what happens when

you make reservations the morning of; that's the only available time left. Now, every time she's asked by her She-Wolves if you guys did something special, her response will be four letter words. Congratulations on owning that title for the month and a good two week supply of dry limp hand-jobs. Your reputation isn't ruined ... but you're definitely not swooned over by the pack. Let me do you a favor because you can't think ahead for one day in your life, cook! Yes! Cook! It works perfectly the day of. Salad. Meat. Done. If you're truly dysfunctional, order takeout and arrange it like you secretly made it. Set the table, music, candles, and, please for the love of all things pure in this world, do not forget flowers! Roses, any color. Then dessert ... will be served later that night around 11:00 pm ... your favorite flavor, sex.

A good Valentine's Day gives you more fetish access, guys' night out passes and freedom to mess up in the future, which you know you need.

So, it really just comes back to you. Do yourself a favor and have a wonderful Valentine's Day... you sweet selfish prick!

#Sexercise Valentine's Day Special

By Jason Rosell's "Caliente Fitness"

Photo credit: Shutterstock / Copyright: BlueSkyImage

Valentine's Day is about sweets and romance – this time around try celebrating in both a sexy and healthy way... #Sexercise style! Whether you're planning on clearing the living room to make space for a sexy tango or you're venturing out for high-flying fun, here are three fit ways to celebrate Valentine's Day!

Dance the night away.

What's sweeter than getting down with your Valentine. Whether you're heading to a nightclub or pushing aside the living-room coffee table to make room for the foxtrot, just a burst of dancing and giggling will get your heart rate going. Try the tango or #Sexercise "cha cha" (visit sexerciseworkout.com) – the most romantic of all dances. The benefits? Heart-healthy laughter and a 300 calorie burn per hour.

Make a fitness commitment to your girl!

Fitness and well-being are all about identifying your goals and getting your mind set on achieving them. This Valentine's Day, make a fitness commitment to your girl. If you work out regularly, then why don't you take on the #Sexercise Workout program and take your fitness to the next level. Or, if you have never been to the gym or have not been in a while, why not commit to getting back into shape with my online nutrition and fitness plan at calientefitness.net You'll not only get the body you want, but you'll also show your lady that you can get it done.

Pick her up something nice!

We know the economy is still tight right now, but if you have a few cents to throw together, then you might think of investing in something nice for your loved one. However, you

don't have to be a millionaire to make a difference this Valentine's Day, and the most important thing you can spend on your loved one is time. Have a good night, do the thing right and everything else will take care of itself! You can't go wrong with giving her the gift of health and fitness :) Check out all the plans, workout clothes and more at SexerciseWorkout.com.

Cook up some romance.

How long should brown rice simmer? How do you properly pan-sear a gorgeous piece of salmon? What's the best way to steam clams? (Hello, aphrodisiac!) Sign up for a joint cooking class and learn from a pro. Learning to cook your own meals means fewer butter and salt-laden restaurant dinners. I love LocalCookingClass.com, which lists neighborhood classes, from lessons taught by heavily-pedigreed chefs to 30-minute tasters at Whole Foods.

Meet the Writer

Jason Rosell is the CEO/FOUNDER of his Fitness and Nutrition Company CalienteFitness.net and the inventor of the hottest new workout trend #SEXERCISE, SexerciseWorkout.com.

To learn more on Jason or to start his online fitness and nutrition plans, visit him on his official website JasonRosell.com and follow him on social media [@jasonrosellLIVE](https://www.instagram.com/jasonrosellLIVE).   



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For Our 2015 Media Kit

L A T E N I G H T T V ' S B L E E P G I R L

LAURIE YOUNG

O U R S E X Y V A L E N T I N E



Interview by
Ron Kuchler

Photos by
Mario Barberio

HMU
Michelle Vanderhule

Stylist
Joi

Wardrobe by
Shirley of Hollywood

To late night television viewers, she is the actress in the commercials where every other word is bleeped. To NHRA fans, she is the pretty blonde standing at the starting line waving her pom poms as Pro Stock Motorcycle racer Angie Smith settles in at the starting line. And, to us, the editorial staff of Kandy, she is our Laurie, a source of non-stop entertainment & joy.

Why are you known as the bleep girl?

Am I known as the bleep girl? I didn't know I was known as the bleep girl. I guess it's my dirty mouth. (ha ha) No, it's probably those popular commercials where I say naughty things that get bleeped out. But the other day, out of the blue, this guy from high school sends me a text saying my new commercial is always on the History Channel. I Googled my commercial and there're actual articles saying who the actress is in the commercials. LOL!

That's a pretty funny commercial. Were they really bleep-worthy words?

Well, the script read "bleep" but the day of the shoot they decided to change it up on me; so, yes they ended up being very bleep worthy. One of the words I didn't even know the definition. {LOL}

When you were negotiating your compensation were there certain 'toys' you demanded to be part of the package?

LOL, no but they did offer to send me anything I wanted anytime so I've taken them up on the offer a few times.

Many of our readers know you as the Kandy cheerleader for Angie Smith. Has cheerleading always been in your blood?

Yes, I'm a cheerleader to the core! I cheered since I was about 7 and then all the way through high school. I was also on competition teams and coached 5-year olds. So, it's never left me.

How have the fans and other racers been towards you? We hear there have never been cheerleaders in racing.

The fans LOVE me; they yell and scream and try to get us to wave at them when they see us out there. It's an amazing feeling to make strangers smile and to get the crowd amped up before a race. I feel fortunate to spend time with all the talented racers out there and I think the best part about the whole thing is the comradery between them all. They have so much fun on and off the track.

Staying along the racing theme, you worked alongside a few different Kandy girls last year. Describe each using only a single word.

Claudia - Hilarious

Alexa - Fun

Janira - Sunshine

Angie - Superwoman

Are the NHRA fans going see you back out there on the race circuit during the 2015 season?

We'll have to wait and see. ;)

Rumor has it you recently became a fan of hockey and have adopted the LA Kings as your team, despite living in Orange County your entire life, the home of the Ducks. What gives? Only cheer for winners?

Well, the Kings have been around before the Ducks existed and I'm an OG kind of girl. Plus, I just really enjoy saying the name Anže Kopitar. I like the Ducks too; hey, I even like the Rangers. ;)

Speaking of the Rangers, you lost a bet to our Editor in Chief. What were you betting on and what did you lose?

I was fairly certain the song "Bad boy" was originally sung by Jennifer Grey because



sung by Jennifer Grey because it's playing on the TV in the room at the Fontainebleau when you check in and I had seen it over and over so I really thought I was right and I forced the bet. Naturally I was wrong, it was Gloria Estefan, so I lost and had to wear a NY Rangers jersey in a photo and use it as my main picture on Facebook. I'm a Kings fan so that was no fun.

What was it like travelling to Miami with Kandy? Did you get to enjoy some of the nightlife that Miami is famous for?

Well, I absolutely adore my job so shooting on the beach in Miami was not work. But how could I not enjoy the Miami nightlife. Of course we ended the trip with a night out at LIV, the hottest nightclub in Miami and danced the night away.

Going back to sports for a second, since LA does not have a NFL team, what is this that we hear you are a 49ers fan too? How does that work out?

No, no, no! I'm a Vikings fan; don't get it twisted! But, I'll root for the 'Niners as long as they're not playing the Vikings.



“ I guess it’s my dirty mouth.

You travelled a lot last year with Kandy. Let's do a little word association with some of places. Tell us what you think of first when we mention the following.

Charlotte - Bubbles

Miami - Epic

Atlanta - 4am phone calls

New York City - Smith's

Reading, Pennsylvania -

Amish smorgasbord

Chicago - Bad behavior

Sonoma - Bridges

It seems tougher and tougher for models to receive magazine covers. You are competing with reality TV stars, movie stars, TV actresses, and singers for covers. How does it feel to grace a men's magazine cover?

It feels amazing but also deserved. I've worked very hard over the years to get where I'm at and I feel I've earned it.

It is your birthday month and you are doubled up as the Kandy Cover Model and Krush of the Month. How are you going to celebrate all three?

Going to Cozumel! Bikini clad, sitting pretty on the beach, cocktail in hand. I'll send pics. ;)



“ It’s an amazing feeling
to make strangers smile...”

“ I say naughty things that get bleeped out.



QUICK FIRE with LAURIE

Let's do a quick game of Rapid Fire. We'll give you two choices. You pick one. Ready?

Huntington Beach or Newport Beach?

Huntington

Beaches or Mountains?

Beach

Surfboard or boogie board?

Surfboard

Skateboard or Beach Cruiser?

Skateboard

Water Skiing or snowboarding?

Snowboarding

Camping or 5 Star Hotel?

5 star hotel

Las Vegas or Big Bear?

Big Bear

Beer or Cocktail?

Cocktail

Wine or Champagne?

Wine

Men or women?

Dogs

All natural or bleached?

All natural

NYC or Miami?

Miami

Matt or Angie?

Angie



“ I just really enjoy saying the name Anže Kopitar.

KANDY COVER MODEL

KANDY MAGAZINE



KRUSH OF THE MONTH

KANDY MAGAZINE





KRUSH OF THE MONTH

KANDY MAGAZINE





KRUSH OF THE MONTH

KANDY MAGAZINE





“ I’m a cheerleader
to the core...”

KRUSH OF THE MONTH

KANDY MAGAZINE





“ I’m a Vikings fan; don’t get it twisted!



Kandy Krush Ingredients

Name: Laurie Young

Birthday: February 7th

Hometown: Huntington Beach, CA

Measurements: 36 - 24 - 36

Height: 5'7" **Weight:** 117 lbs

Hair: Blonde **Eyes:** Brown

Social Media: facebook.com/dubyoungin

instagram @dubyoung

twitter @DubYoungin

Favorite USA City - Surf City Huntington Beach

Favorite International Country - Grenada

Favorite Flower - Star Gazer Lily

Favorite Color - Purple

Favorite Artist / Band - Atmosphere

Last 5 Songs You Downloaded

Fantasy- Alina Baraz & Galimatias

Boogie shoes- KC & the Sunshine Band

Guns & Cigarettes- Atmosphere

Stolen Dance - Milky Chance

Uptown Funk - Bruno Mars

List the First 5 Things You See in Your Gigantic Purse - Cards Against Humanity, 4 pairs of sunglasses, a sweater, thank you cards, shorts

Favorite Sirius / XM Channel - Chill

Favorite Article of Clothing - Tobi "cage the beast" dress

Besides your smile, what is your favorite feature on yourself? My bum.

Last 3 Concerts You Attended - Atmosphere, Rebelution, Iration

Last Movie You Saw in A Theatre - Horrible Bosses 2

Favorite Show on Netflix - Breaking Bad

If you weren't an actress or model, what would you be doing? I think I'd work in psychology, probably a relationship counselor.

Name Your Proudest Moment as a Daughter. Besides the normal stuff like graduating and buying a home, taking my dad down on the starting line at the NHRA Pomona drag races was pretty cool.



ROCK AIN'T DEAD

FIVE NEW BANDS WHO PROVE IT

By Tobias Pettigrew

Grizzled veterans, dad rockers and burnt-out moshers often lament that music 'just isn't like it was back in the day'. I say, put aside your rose-tinted glasses, and check out FIVE new bands that prove that rock 'n' roll is very much alive and kicking in 2015.



1. ROYAL BLOOD

A band that have taken the world by storm, Royal Blood have truly made themselves known on the scene with lightning speed. Formed in 2012, the Brighton duo managed to top the British charts a year later, and were praised by the likes of Led Zeppelin guitarist Jimmy Page, who said '*Absolutely riveting, they're such fine musicians...you can hear they're going to take rock into a new realm*'.

By nature, they are undoubtedly rhythm-heavy, featuring thick walls of meaty bass reinforced by Thatcher's David Grohl-inspired, fevered drumming. However, they achieve a catchy, melodic sound – driven by Kerr's surprisingly soft vocals – that is both pleasant and surprising. The band is currently on a world tour with the Foo Fighters, and they'll be making their first appearance of the North American leg of the trip at Coachella in April.

Recommended if you like: White Stripes, Foo Fighters, Led Zeppelin



2. GHOST

Never in the history of music has a band been as enigmatic and mysterious as Ghost. Singing of Satanic verses, ritual sacrifice and all things dark and macabre, the Swedish band perform exclusively in priestly robes and masks, obscuring their identity, their lead singer – titled Papa Emeritus II – dresses as an anti-pope, with skull-faced makeup and cardinal's robes that harks to the energetic theatricality of Alice Cooper, or face-painting rockers Kiss. What tops it all off, however, is the very musicality of the band.

Rather than the brutal, extreme riffs and growl-vocals one might expect from such a dark, Satantic-themed act, Ghost's sound is refreshingly light and melodic, dare I say, even catchy. Vocals hark to the likes of alt-rock giants R.E.M., and twangy, pop-like guitar riffs remind one of Blue Oyster Cult. Ghost demonstrates an interesting, unique contradiction in theme and sound, and they're definitely one to keep an eye on for their future releases.

Recommended if you like: Black Sabbath, Alice Cooper



3. UNCLE ACID AND THE DEADBEATS

Another act that could be called dark and mysterious, Uncle Acid shuns the theatrics of Ghost and, instead, plays some very serious, vintage-inspired psychedelic rock. Groovy, hypnotic, fuzzy riffs are accompanied by equally groovy basslines, all of which is cut through by vocalist 'Uncle Acid's' endearingly tinny, retro-style vocals. The Cambridge band has succeeded in injecting some life and originality into the doom/psychedelic rock genre - a strain of rock that historically suffered in terms of innovation, and fans are grateful for it.

Recommended if you like: Sleep, Black Sabbath



4. RIVAL SONS

It takes a certain level of musicianship to harness the sounds and styles of classic rock and yet, in turn, create something entirely new in the process. Despite this, Rival Sons are achieving exactly that. On stage, frontman Jay Buchanan brims with energy; flailing, prancing and, well, generally acting like a young Robert Plant. His voice brims with a similar energy, with tones from a hushed

melancholy as he sings of blues-inspired love woes, to a full-pelt rock 'n' roll howl as he laments the deeds of buffalo hunters in the 1800s. The band will be embarking on a European tour in March in support of their 4th studio release, *Great Western Valkyrie*.

Recommended if you like: Led Zeppelin, Jimi Hendrix, Joe Bonamassa
Late Show with David Letterman Appearance



5. RED FANG

Beer-fuelled stoner rock on speed, Red Fang exploded on to the scene with their self-titled release in 2009. The Portland quartet gained prominence strangely, through a trio of irreverent, slapstick music videos, namely 'Prehistoric Dog', 'Hank is Dead', and 'Wires'. The video trilogy shows the Portlanders battle each other clad in beer can armor, destroy various objects in slow motion with a reinforced estate, and battle off hordes of beer-thirsty zombies. It's not difficult to see that beer quickly becomes a trending theme.

Despite the tongue-in-cheek, flippant nature of their videos, their music is anything but. Red Fang display the same powerful, no nonsense rock sensibility of their predecessors, with gritty vocals akin to prog-rockers Mastodon, and galloping riffage to match that of stoner rock kings, Queens of the Stone Age. Like the best of bands, Red Fang take their influences, digest them, and spit out an entirely original cocktail of head banging inducing, pure, uncompromising rock 'n' roll.

Recommended if you like: Mastodon, Kyuss, Queens of the Stone Age



Seventh Son

Release Date: Feb 6, 2015

Directors: Sergei Bodrov

Cast: Jeff Bridges, Ben Barnes, Alicia Vikander, Kit Harington, Olivia Williams, Antje Traue with Djimon Hounsou and Julianne Moore

“When you fight the dark,
dark gets in you...”

~ Master John Gregory



Kandy Says: Seventh Son is based on the book series “*The Last Apprentice*” by Joseph Delaney. Is the Seventh Son the next *Harry Potter* film series? Probably not. Is it the next *The Hunger Games* or even *Hobbit*? Also, probably not. Is it the next *The Chronicles of Narnia*? Perhaps. The book series is widely popular worldwide and therefore brings in an automatic audience. If the book is to have a life on the big screen, it is going to depend on how well the screenwriters translate the characters from page to screen.

Hot Tub Time Machine 2

In Theatres: Feb 20, 2015

Director: Steve Pink

Cast: Rob Corddry, Craig Robinson, Clark Duke, Adam Scott

Kandy Ski Lodge Hot Tub Snow

Bunnies Rating: 0 out of 5



Kandy Says: When the studio puts out only trailers and photos to promote the film, and no production notes or a synopsis, that is a clear sign to stay away, very far away, as John Cusack has appeared to have done so in this ill-conceived sequel.

Jupiter Ascending

In Theatres: Feb 6, 2015

Rated: PG-13

Directors: Lana and Andy Wachowski

Cast: Mila Kunis, Channing Tatum, Sean Bean

Kandy Intergalactic Bodies Rating:
2 out of 5

Studio Says: Jupiter Jones (Mila Kunis)

was born under a night sky, with signs predicting that she was destined for great things. Now grown, Jupiter dreams of the stars but wakes up to the cold reality of a job cleaning other people's houses and an endless run of bad breaks. Only when Caine (Channing Tatum), a genetically engineered ex-military hunter, arrives on Earth to track her down does Jupiter begin to glimpse the fate that has been waiting for her all along—her genetic signature marks her as next in line for an extraordinary inheritance that could alter the balance of the cosmos.

Kandy Says: We love ourselves a good sci-fi film but we are betting Jupiter Ascending is not it. Studios give you a pretty good idea of how much faith they have in a film by the amount of materials they release in advance. Unlike Hot Tub Time Machine 2 which only has a single studio written line to be found, the studio for Jupiter ("Warner Bros. Pictures) at least put out a synopsis of the movie.





EVOLVE



SUMMARY

In a savage world of man vs nature, are you the hunter or the hunted? Evolve is the next-generation of multiplayer shooters where four hunters face-off against a single, player-controlled monster. Stalk your prey, execute your attack and prove you are the apex predator in adrenaline pumping 4V1 matches.

KEY FEATURES

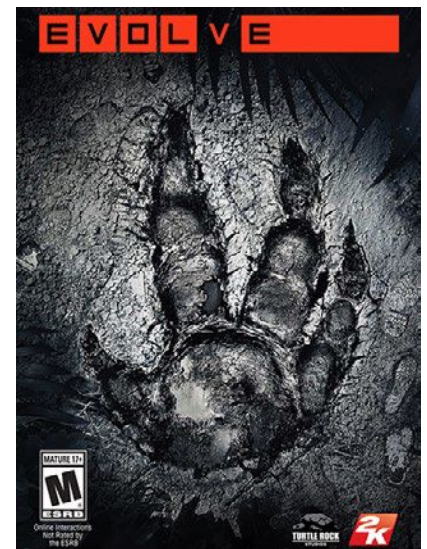
4V1 – Grab three friends and hunt the monster or stalk the humans as the evolving beast. Whichever side you choose, you will have access to powerful weapons and abilities that deliver balanced, competitive gameplay.

Hunt Together or Die Alone – Choose a hunter that fits your play style. Whether you play as the Trapper, Support, Assault, or Medic, every role is vital and teamwork is key in surviving an encounter with the monster.

Beast of Prey – As the monster – the lone predator – you are the boss battle. Use savage abilities and an animalistic sense to wreak havoc, kill the humans and prove you are the dominant species.

Savage Planet - Neither flora nor fauna are friendly on planet Shear. Fall victim to natural hazards or use them strategically against your prey.

Character Customization – Level up to unlock new upgrades, skins and perks for your favorite class: hunter or monster. Earn your infamy on the leaderboards and become the apex predator



Published by: 2K

Developer: Turtle Rock Studios

Genre: Shooter

Release Date: Feb 10, 2015

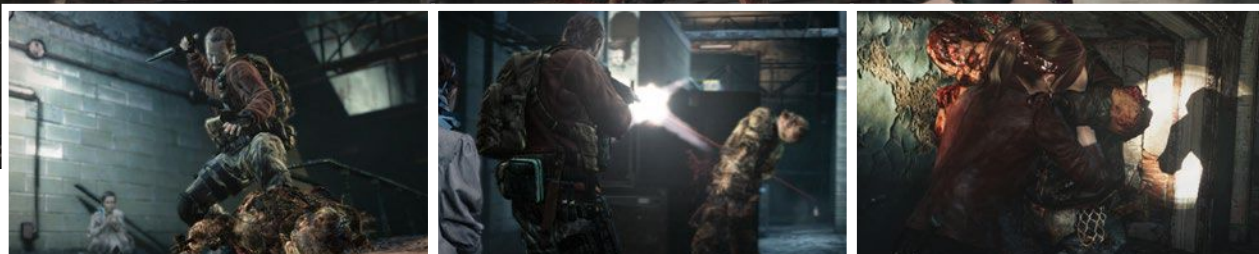
MSRP: \$59.99

Rating: M for Mature

Available On: Xbox One



RESIDENT EVIL REVELATIONS 2



SUMMARY

The beginning of the Resident Evil Revelations 2 tale sees fan favorite Claire Redfield make a dramatic return. Survivor of the Raccoon City incident depicted in previous Resident Evil games, Claire now works for the anti-bioterrorism organization Terra Save. Moira Burton is attending her welcome party for Terra Save when unknown armed forces storm the office. Claire and Moira are knocked unconscious and awaken later to find themselves in a dark and abandoned detention facility. Working together, they must find out who took them and to what sinister end.

Headed for the remote prison island in search of his missing daughter, Barry Burton meets brand new character Natalia Korda, a little girl who has a strange power that allows her to sense enemies and hidden items. Barry and Natalia will need to uncover clues as they fight to survive and their journey will lead them to terrifying encounters with two brand new enemies: The Rotten and The Revenant.

Evolving the episodic chapter set-up of the original Resident Evil Revelations, Resident Evil Revelations 2 will initially release as a weekly series of episodic downloads beginning on February 17, 2015. A digital download option of the Complete Season will also be available as it rolls out,



Published by: Capcom
Genre: Survival Horror
Release Date: Beginning Feb 17, 2015
Pricing: \$5.99 Per Episode, \$24.99 Complete Season, \$39.99 Retail Disc
Rating: M for Mature
Available On: Xbox One, Xbox 360, PS4, PS3 and PC



and a retail disc version will arrive on March 10, 2015 when the final episode releases. Each episode in Resident Evil Revelations 2 includes Raid mode content and two full playable scenarios focused on the previously announced Claire and Moira campaign and the newly confirmed Barry and Natalia storyline.

FEATURES

- Survival horror returns – A brand new tale in the Resident Evil Revelations saga comes to current and next generation gaming consoles in the form of weekly episodic downloads, a digital Complete Season and retail disc.
 - Experience the horror event of the season – Each weekly episode will feature hours of terrifying gameplay and dramatic cliffhangers to leave players eagerly anticipating the next twist in the gripping horror story.
 - Clare Redfield and Moira Burton star – Fan favorite Claire returns to the horrors that haunted her in the past alongside Moira Burton, daughter of Resident Evil legend Barry Burton.
 - Barry is back! – Fan favorite and classic S.T.A.R.S. member Barry Burton will be returning, as he searches for his missing daughter who is trapped on a remote prison island.
 - Evil is watching – Set in what appears to be an abandoned detention facility on a remote island, the horror awaits players around every dark corner. Will there be a way to escape?
 - New enemy types – The Rotten have bones that are visible through their bodies and stop at nothing to hunt down the living, and the horrific Revenant are formed from parts of human beings sewn together.
 - Assistive co-op play – Players will need to switch between the two characters (Claire/Moira, Barry/Natalia) to overcome the nightmares in either single player mode with an AI partner or offline co-op.
-

KANDY GIRL

NINA CARLA

Triple Exposure

Photos by:
Mike Prado
Stylist:
Natalia Na'lia
HMU:
Liz Carillo

A Quick Q & A with our own Nina Carla

Nina popped her Kandy cherry in our 2013 Swimsuit issue and teased us a second time in last years' MIDSUMMER SWEETS issue. Now, she's back for her third helping of Kandy and we are fairly certain that you will agree that Nina disrobing for Kandy makes this Valentine's Day issue a whole lot sexier.

What do you attribute to your positive nature?

I was born on a sunny, shiny island in the Philippines, surrounded by beautiful coconut trees, sea shells and blooming flowers, so I can't help but smile every morning. Life is great!

Any quirky habits?

As a yogi (yoga fanatic), I am always stretching, head standing, back bending or doing a yoga pose in my bikini. Don't mind me... It's a form of meditation and it feels very good for me. So, don't be surprised if I'm in a corner somewhere mastering my poses.

Who is your hero?

My hero is my dad. He's jack of all-trades. He can build things and can make something out of anything.

If you could meet anyone in history, alive or dead, who would it be and why?

I would have loved to have met all of the Beatles and to be serenaded by their legendary classical music... you can't help but smile and be in a good mood when one of the Beatles song comes on.

If you never got into modeling, what do you think you would be doing today?

Skin care and Aesthetics is my other true love. I am licensed in Medical Aesthetics in

California. My passion is improving the quality of people's lives by helping them achieve their best and healthiest skin...

What are some of your proudest accomplishments?

Being part of the Kandy Family has been an amazing experience. I adore the girls and the publication team behind it is the best. I will be featured in two major film publications this year and coming out with more published work is truly exciting.

Is there any place that you love most of all to vacation?

I fell in love with the welcoming and free spirited culture of the Jamaican people. The beaches in Dominican Republic were heavenly blue paradise and I fell in love with the history and architectural designs in Spain.

What do you value above all else and simply cannot imagine your life being without?

My family and my animals are the most valuable ... hands down in my life.

Where is one place you have yet to visit but is definitely on your bucket list?

I shall skinny dip in Tahiti, meditate in Bali, sky dive into the deep sea blue hole in Belize, topless swim in the turquoise waters in Maldives and swim with the Piggies in the Bahamas.

What qualities do you look for in a significant other?

An awesome ride or die partner who wants to rule and explore the world with me, travel to amazing places, eat amazing exotic foods, passionate about what he does, loves to laugh, but also is a killer, dynamic Boss in his career.



Tell us your funniest joke.
What did the fish say when it hit the wall? Damn!

Dogs or Cats? I love furry animals. I love to cuddle and stroke all their furriness.

If life gives you lemons, would you make lemonade or something else?

Forget lemonade! I will make lemon merengue pie out of those succulent lemons that will surely tongue twist your mouth.

Follow Nina on Social Media:

instagram.com @nina_carla
twitter.com @Nina_Carla
facebook.com @ms.ninacarla



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Hometown: Grand Rapids, MI

Age: 29

Measurements: 34 26 37

Height: 5' 9"

Weight: 130 lbs

Hair color: Red

Eye color: Green

What I love most about Valentines Day, is taking a day to sneak away to a secret place with someone special, slip into something sexy, and indulge in a fantasy or two.













Hometown: Philidelphia, PA

Age: 22

Measurements: 34B 24 35

Height: 5' 10"

Weight: 118 lbs

Hair color: Brown

Eye color: Green

Valentines Day is a day that women want to feel extra loved, appreciated & special to their partners. It's a reason to get dressed up and do something romantic.









RACHAEL RENOUF

Hometown: Perth, West AUS

Age: 28

Measurements: 33C 26 35

Height: 5' 2"

Weight: 114 lbs

Hair color: Blonde

Eye color: Blue/Green

What I love most about Valentines Day, is the fact you don't need to be in a relationship (or dating) to enjoy the day! I think it's cute with people acknowledging and just saying a simple happy valentines day. It's even better if it comes from someone cute too.











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NEW YORK CITY: THE WORST SPORTS TOWN?

By Brian Marder

Let's be clear right off the bat: By calling NYC the worst sports town, no one is suggesting that the fans are bad (so...don't shoot! Yet!) Or, that it's always been a terrible place for sports. But even the most faithful, among the New York sports teams fan base, would be hard-pressed to find a city with teams in all four major sports that are currently, almost uniformly, terrible. While you try to think of other cities to counter this argument – Miami's teams (post-LeBron) aren't terrible, just wholly unspectacular; Philadelphia's teams seem atrocious initially, but then you remember the Eagles and Flyers are consistently pretty good – let's have a

sport-by-sport look!

NBA

It starts with the Knicks. It really starts with the Knicks. One of the most storied franchises in basketball history– and still statistically the most valuable franchise – has become the second worst, behind the 76ers. They were once expected to contend for the Finals every year; now, the Knicks are expected to lose every single night. And they usually meet those expectations! This year, the Knicks have endured losing streak after losing streak (currently riding a 14-gamer as of this writing), and there's at least a chance they won't crack

double digits in wins. Last season was rough too (their 37-45 record was pleasantly surprising in hindsight), but it's not only a numbers game here. The team is comprised of either bad contracts or bad “locker room” guys and in many cases, both. Young, likely-to-be-fired coach Derek Fisher cannot seem to control said players, and it seems like, simply put, it's gonna be a while. Brooklyn's Nets are much better, but let's be honest: They really aren't. Ownership spent to win now, that didn't happen, and now they're paying for it – in the form of what will likely be long-term mediocrity and low turnover – at least off the court.

MLB

Make no mistake: The Yankees missing the playoffs for two straight years – despite above .500 records – signifies something of a downturn. And indeed, with Derek Jeter gone, A-Rod gone, even though he's coming back, and no decent offseason moves thus far (that Prado-to-the-Marlins deal was an uncharacteristic head-scratcher for the team), there'll likely be nowhere to go but down. Cashman and Co. aren't spending like it's the '90s or even '00s, so ... patience, Yankees fans. Over in Queens, things might be bleaker. The Mets could always come out and surprise in the NL East, but the more likely scenario is that they're going nowhere, slowly. It summed up the state of the franchise when signing 35-year-old Michael Cuddyer in November was considered a "splash" for the team; seriously, pundits locally and nationwide were actually surprised the Mets did anything! Cuddyer was great last year for the Rockies ... in the 49 games he was able to muster. Expect similarly unhelpful stats for the Mets. Otherwise, the roster – and likely the story – remains the same: franchise savior David Wright, new franchise savior Matt Harvey (who will be treated with kid gloves after undergoing

Tommy John surgery and not pitching last season), and a bunch of questions. For example, "can the Mets make the playoffs for just the third time this century?"

NFL

The Jets are basically the NFL equivalent of the Knicks. The disastrous Mark Sanchez experiment ended a while ago and the Rex Ryan experiment recently ended too, with a 2014 season record of 4-12 and a weekly New York media blitz more formidable than anything the secondary has put together in three years. Now what? The dreaded rebuilding. The Jets have plenty of off-the-field personnel decisions to make, and then there's the issue of the players. The team should strike relative gold, but they could also get another Sanchez. And the roster – ohhhh, the roster. No one player is a must-re-sign, while so many are must-cuts, probably beginning with the once-great Chris Johnson. Although maybe he fits on the once-great Jets. The Giants, too, are suddenly trending downward following a 6-10 season, which followed a 7-9 season, which followed a 9-7 season, all playoff misses. It's certainly time for the front office to reevaluate and maybe for Giants fan to hit

the panic button. It's all about Eli, who's not only the face of the franchise but whose contract expires after next season. His willingness to re-sign AND be reasonable about it are make-or-break factors.

NHL

So, yeah, the Rangers are obviously THE bright spot for New York City right now, sportswise. They've made the playoffs all but one season since 2005-'06, they're coming off a Stanley Cup Finals appearance, and they're enjoying a very solid current season, too. They don't boast a Sid Crosby type (though Rick Nash isn't far off), per se, but they have a well-rounded roster and a die-hard fan base that sticks with them. And then there are the Islanders, who, just when you want to bash 'em and make a David/Goliath reference ... they go and outshine Goliath! The Isles are enjoying one of the best records in hockey thus far at 26-13-1, but there is a caveat and reason to take it all with a grain of salt: The "other" New York hockey team simply hasn't been good since the early '00s. Fans will be living on the edge all season, which, in fairness, is actually makes sports fun!



WILL JIM HARBAUGH BRING IN A STRONG RECRUITING CLASS FOR THE MICHIGAN WOLVERINES?

By Justin Broyles



The Michigan Wolverines shocked the college football world this year by hiring one of the most successful coaches in the NFL, Jim Harbaugh, as their next head coach. While bringing in Harbaugh was a major win for the Wolverines, they still have much work to do.

With the firing of former coach Brady Hoke, many members of the Wolverine recruiting class de-committed and other top targets on Michigan's radar immediately lost interest. This has left the Wolverines with only 6 committed recruits for next season, the lowest of any school in the country. So it will now be Harbaugh's task to bring back some of these top recruits to the program and to also find his own recruits to fill out the rest of this class and accomplish this monumental task with only a few weeks left until National Signing Day. The grade of this class will likely be

decided by how successful Harbaugh is able in recruiting four players: Chris Clark, Mike Weber, Keisean Lucier-South and Iman Marshall.

Clark is a 5-star recruit and the number one tight end in the country. He is the key to get the ball rolling on Michigan's recruiting class. He was a verbal commit to the school for a long time before opening up his recruitment but Michigan is still high on his list. Clark has named UCLA and Michigan as his top schools, with conventional wisdom thinking that UCLA has the lead to land him. However, Clark has stated that he is yet to meet coach Harbaugh formally and could gain more interest after an official visit and conversation with the new Michigan coach. It looks like Clark may be the easiest Harbaugh recruit to commit to Michigan and if Harbaugh does receive that commitment Clark could lead a surge of former Michigan recruits back to the program. But if Harbaugh cannot get Clark to recommit, it may be difficult for him to bring big recruits to Michigan this year.

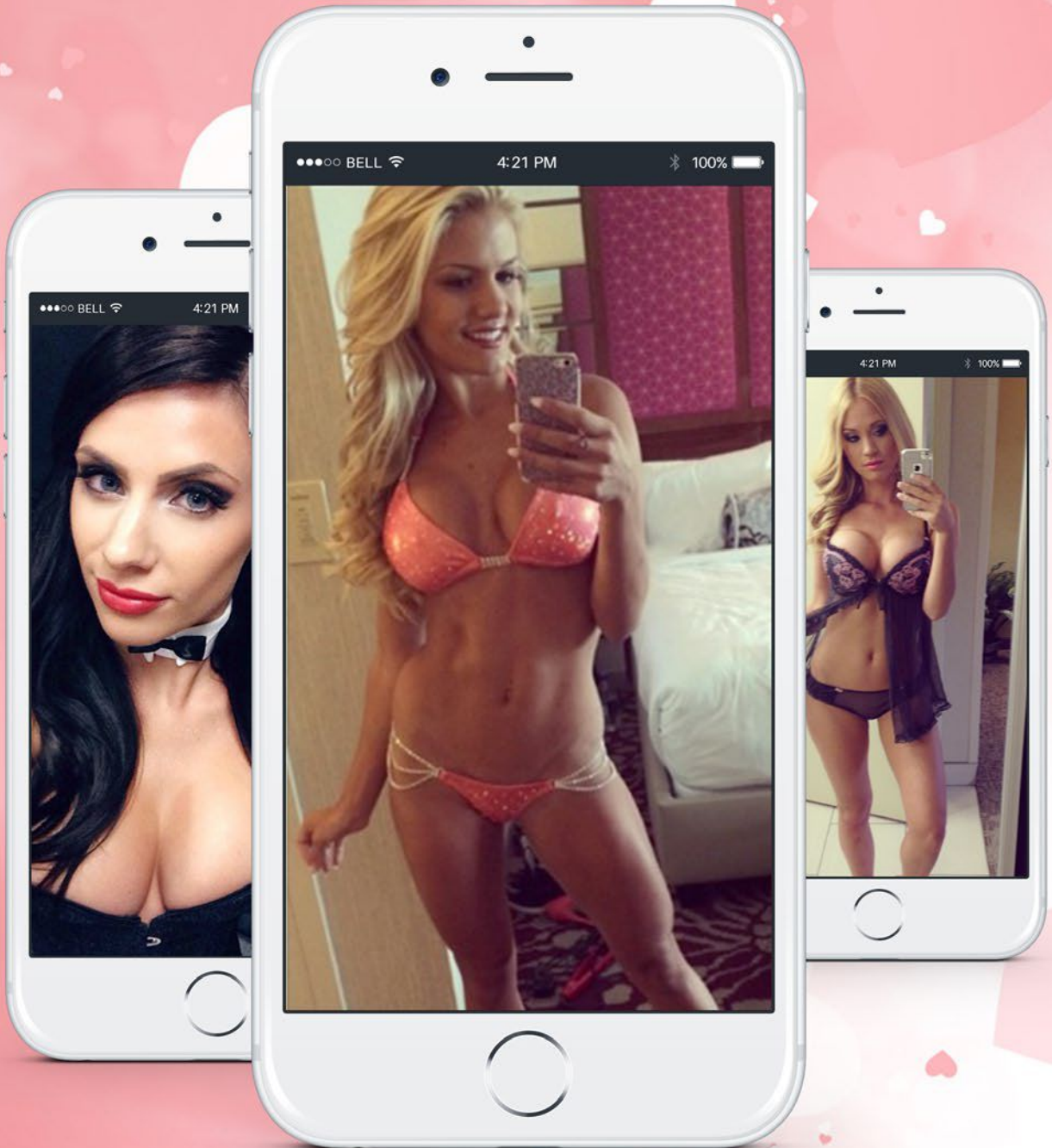
On the opposite side of the equation are Mike Weber and Keisean Lucier-South, who are really going to test Harbaugh's recruiting prowess. The players are committed to Ohio State and UCLA respectively, but Harbaugh has been in contact with both players, gauging any remaining interest they may have in Michigan. Weber, a former Michigan commit and top running back prospect, has stated that he is firmly committed to Ohio State but flipping him would be a huge victory for Harbaugh and his staff. Lucier-South has made similar statements about UCLA but continues to listen to overtures from Harbaugh, just in case there is a shakeup with the UCLA coaching staff. If Harbaugh were to get either of these players to flip from their commitments and join him at Michigan, it would be a sign that there are big things in store for this recruiting class.

Iman Marshall is a wild card in the recruiting process. He has shown some moderate interest in the Wolverines in the past but they have never been high on his list. But, the consensus top five recruit in the country has come out and said that he is intrigued by Michigan's hire of Harbaugh and would be amenable visiting the school. If Marshall considers Michigan and possibly commits that may open the floodgates to other top recruits taking visits to Michigan and turning around the fortunes of Michigan's 2015 recruiting class.

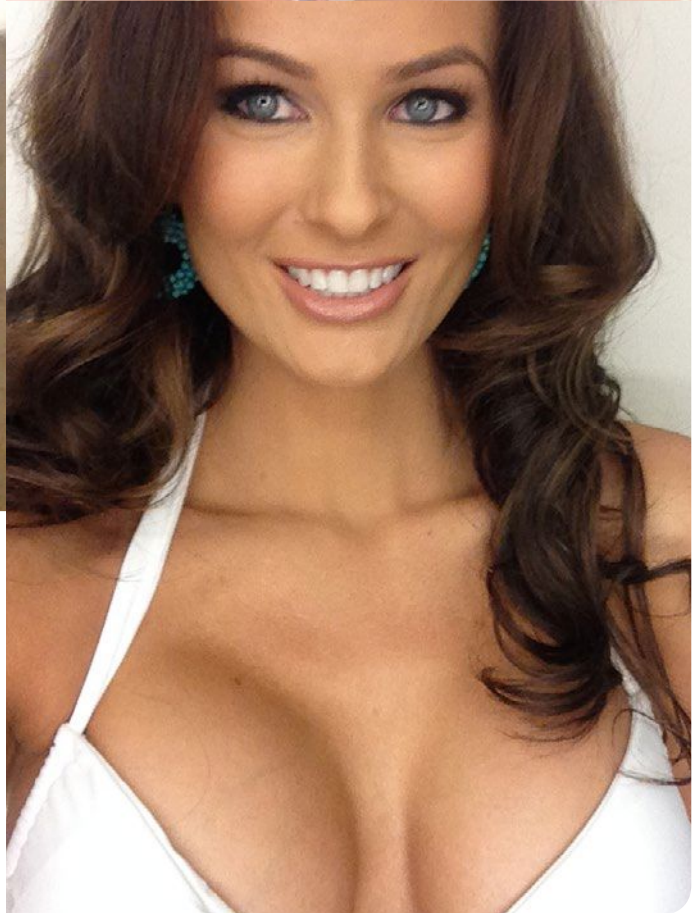
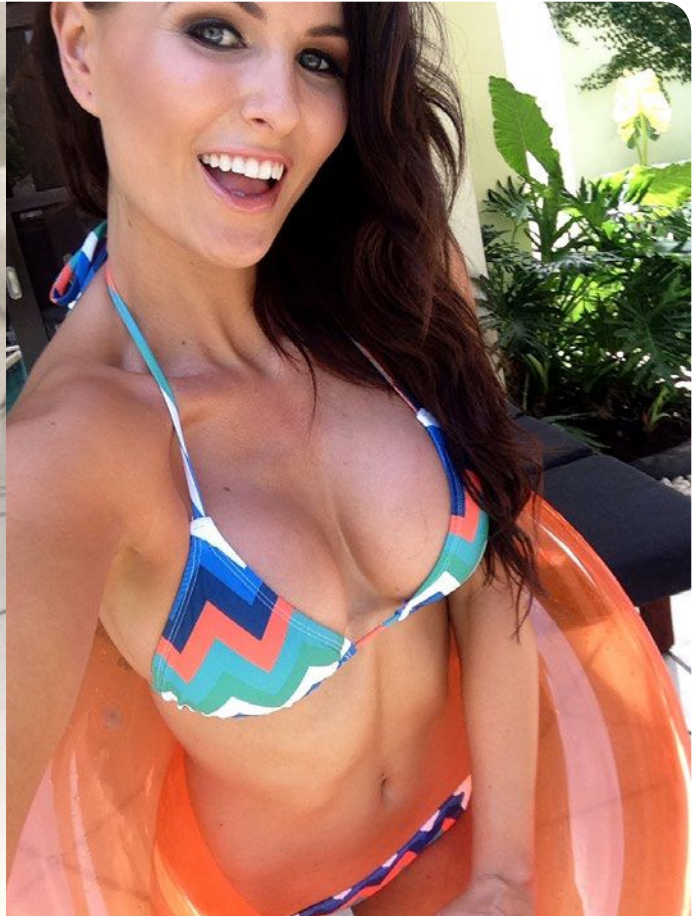
While Michigan may be currently looking a very weak recruiting class, if Jim Harbaugh secures these four highly sort after recruits, the Wolverines could have one of the top recruiting classes in the entire country come National Signing Day.

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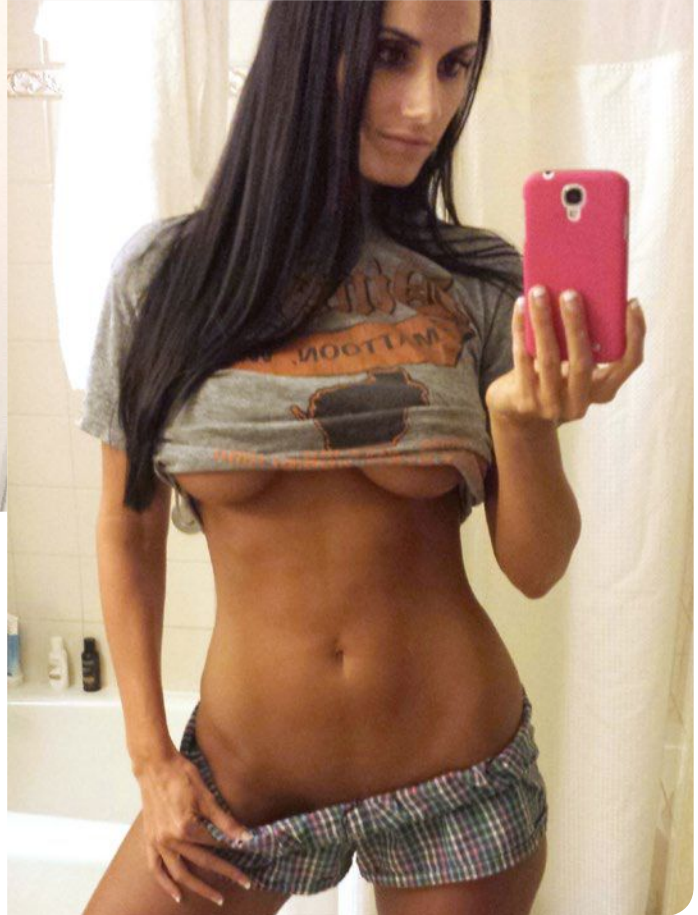


Ashleigh Jade

 ashleighjade05

Hometown: Perth, AUS

Age: 26

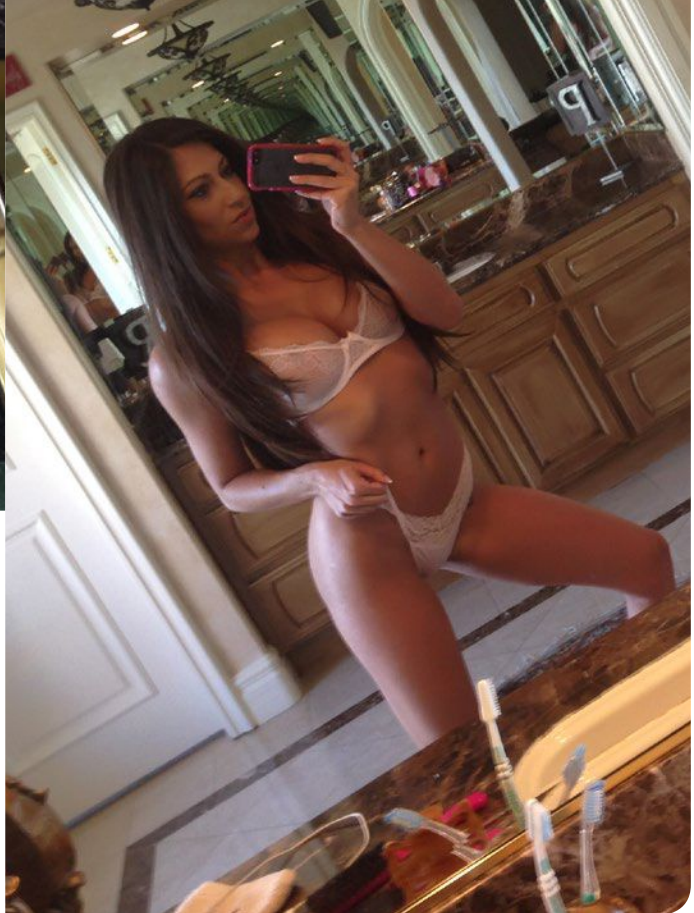


Kristen Deluca

 [kristendeluca](#)

Hometown: Brunswick, OH

Age: 32

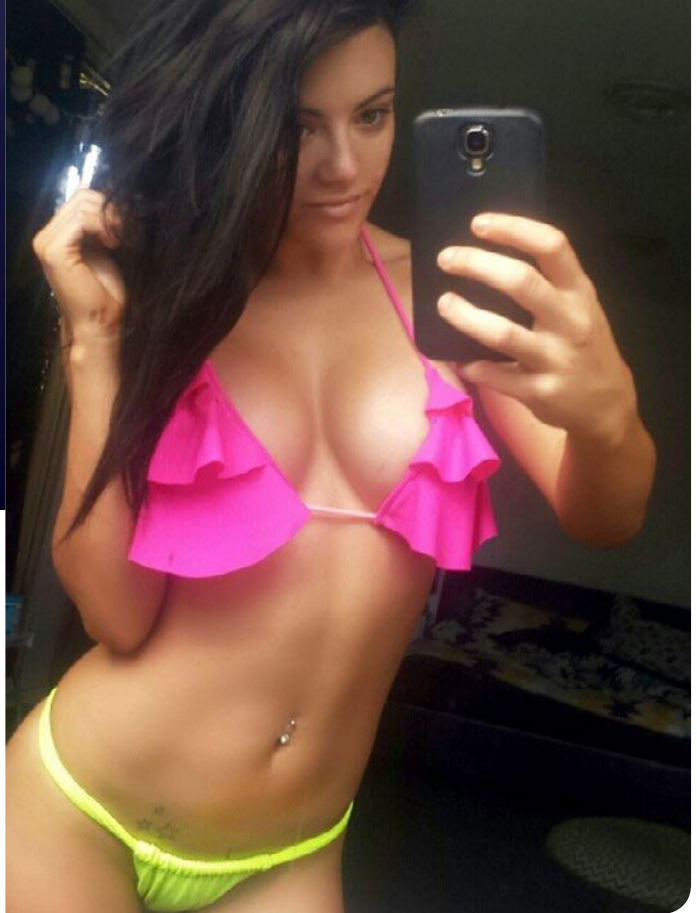
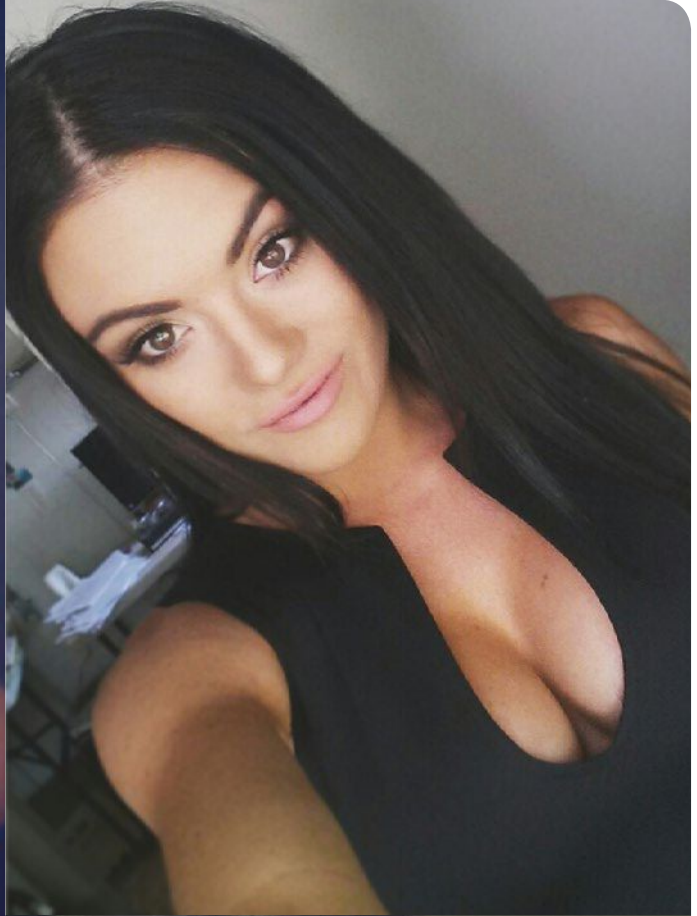


Jessica Jones

 [msjessica_jones](https://www.instagram.com/msjessica_jones)

Hometown: Fort Lauderdale, FL

Age: 26



Shontelle McFarlane



shontellemcfarlane

Hometown: Sydney, AUS

Age: 23



Jessica Sulecki

 [jessicasulecki_](#)

Hometown: Ocala, FL

Age: 21



Lindsay Jaros

 lindzaylee

Hometown: North Port, FL

Age: 26



Nikki Page

 nikki2411

Hometown: New South Wales, AUS

Age: 27

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