OCTOBER 2014

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**CANADIAN KRUSH ASHA URIELLE** 





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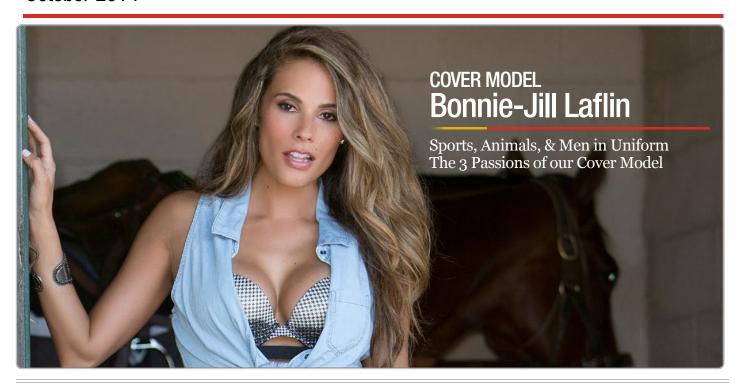
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#### **GAMER**

He's back this month with reviews of Middle Earth: Shadow of Mordor and Forza: Horizon 2

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#### **MISCELLANEOUS**

- $\rightarrow$  LETTER FROM THE EDITOR
- → MASTHEAD
- → ADVERTISERS INFORMATION





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Please contact the following:

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**Photos by:** Mario Barberio

**HMU:** Michelle Vanderhule

**Stylist:** Natalia Na'lia

#### Letter from the **EDITOR**

he Story How Bibby Jean McGillicutty also known as Bonnie-Jill Laflin became This Month's Cover Girl

There is an adage that goes something like this, "good things come to those that wait". When we started Kandy magazine over three years ago, we compiled a list of 'dream' cover models. The list was very short. The first name to come off that list is this month's cover model, Bonnie-Jill Laflin. We knew if we were patient enough and continued to work at creating a quality product that lady luck would eventually shine on us.

This past December our paths finally crossed with Bonnie-Jill's at Kandy's annual holiday charity party in Hollywood. Shortly thereafter, discussions began between Bonnie-Jill's camp and Kandy about a possible cover shoot. We discussed various themes and different photographers. When the timing of the issue's release date appeared to be early fall, paying tribute to Bonnie-Jill's cowgirl background was the obvious choice for a theme. We brought in the A team to maximize Bonnie-Jill's beauty and background; Mario Barberio was behind the lens, Michelle Vanderhule performed the face-painting and hair styling, Natalia Na'lia dressed up our cowgirl, and Bob Guiney put to words "Bibby Jean McGillicutty's" story (you are going to have to read the interview for the details).

When our storytellers were finished creating their masterpiece, not only did we showcase her outer beauty but we also recognized her inner-beauty and discovered the three passions of Bonnie-Jill: sports, animals, and the men in uniform who serve and protect the United States. We hope you enjoy the story of how a farm girl with military ancestry went from being a NFL cheerleader, for both the Cowboys and 49ers, to the only woman in history to be a NBA scout, for the Los Angeles Lakers of all teams, to becoming America's Sexiest Broadcaster. Your Kandy magazine October cover girl is the beautiful, selfless and multi-talented Bonnie-Jill Laflin (thanks Bob for those last few words)!

Cheers,

Akull



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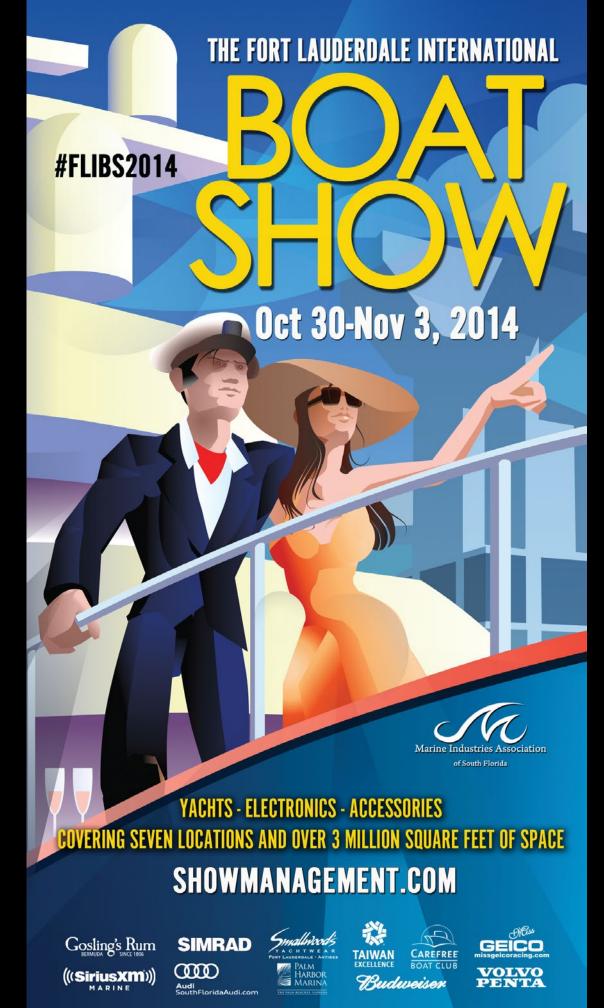
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#### THIRTEEN THINGS TO SEE AND DO AT THE

## 55TH ANNUAL FORT LAUDERDALE INTERNATIONAL BOAT SHOW®

FORT LAUDERDALE, FL (August 28, 2014) - Entering its 55th year, the Fort Lauderdale International Boat Show® (FLIBS), the largest in-water boat show in the world, is set to take place from Oct. 30 through Nov. 3, attracting an international audience of thousands of marine enthusiasts to the "Yachting Capital of the World" to experience the single best showcase of marine products and accessories on the planet. Each year, show organizers strive to deliver new, exciting features to enrich the overall show experience and engage audiences.

#### **SCHEDULE:**

Thursday, Oct. 30 (Prime Time Preview)

10 a.m. – 7 p.m.

Friday, Oct. 31 10 a.m. – 7 p.m. Saturday, Nov. 1 10 a.m. – 7 p.m. Sunday, Nov. 2 10 a.m. – 7 p.m.

**Monday, Nov. 3** 10 a.m. – 5 p.m.

#### **ADMISSION:**

Adults \$22 online, \$24 at show

Children (ages 6-15) \$7 online, \$9 at show

Children (under 6) Free

**Prime Time Preview** (Thursday, Oct. 30)

\$38 online, \$40 at show

Two-Day Ticket \$40 online, \$42 at show





#### HERE ARE THE TOP 13 THINGS TO SEE AND DO AT THIS YEAR'S SHOW:

- 1) Check out an astounding number of yachts. From astonishing super-yachts to fishing boats, runabouts and boats for every budget, the Fort Lauderdale International Boat Show delivers the excitement of boating for anyone who loves to get out on the water.
- 2) Stop by Pier 66 Marina, the show's newest location. Recently reopened following a total marina renovation, this show site will feature an impressive display of brokerage yachts and attractive dining options, including Pelican Landing restaurant for casual dining and drinks, and fine cuisine at the upscale Grille 66 & Bar. Pier 66 Marina will be accessible via shuttle bus (Green Line) and/or Water Taxi. Qualified guests will be able to sea trial yachts during the show from this location.
- 3) Grab a bite to eat at the shows new,

- full-service pop-up restaurant, Hugh's Café at the Hall of Fame Marina, operated by Hugh's Culinary. Located at the Hall of Fame Marina show location, the concept is designed to offer another quality dining option for guests and a place for industry professionals to meet and conduct business.
- 4) Relax and grab a drink at the new IGFA Sportfishing Lounge, located inside the Broward County Convention Center. While you're there, enjoy free fishing, diving and boating seminars and workshops for anglers taught by some of the area's best captains and professional anglers.
- **5)** For the kids, catch the Hook The Future kids' fishing clinics where kids get a free rod/reel combo and plenty of other prizes.
- 6) Check out the expanded Blue Wild area featuring scuba and freediving, lobstering

and safety seminars, a huge selection of marine art and the all-new JYPSEA Swimwear Show.

- 7) Take in a flick at the Boat Show Film Festival, screening Crew Unlimited's Yachtie Da Film Festival, Guy Harvey Ocean Conservancy films, and trailers from this year's Fort Lauderdale International Film Festival.
- 8) Check out live paddleboard, kayak, hovercraft and freedive demos at the AquaZone, presented by Nautical Ventures and new this year to the Sailfish Pavilion at the Convention Center location. Guests will learn directly from the pros in a 25-foot-by-50-foot, 15,000 gallon pool.
- 9) Ogle the exotic auto display, a private jet, personal submarines and the latest yacht and water toys. Even if you're not in the market for a new boat this year, the show offers amazing exhibits and fun for all.
- **10)** People-watch at the show's world-famous floating cocktail lounges. Find a seat, grab a cold drink and cool off in the shade. Have a bite to eat and recharge while enjoying live music and even livelier crowds.
- 11) Explore the impressive displays and shop for the latest gear or gifts. Nearly \$4 billion worth of boats and marine products across more than three million square feet of exhibit space includes an array nautical clothing, gear, the latest marine electronics, accessories and more.
- **12)** Hop a ride to the show aboard free riverboats and \$10 all-day Water Taxi transportation. The show's seven locations are connected by a convenient land and water transportation network offering several parking and transportation options to

get showgoers to the Bahia Mar Fort LauderdaleBeach Hotel & Yachting Center, the Hall of Fame Marina, Las Olas Municipal Marina, Hilton Fort Lauderdale Marina, Sails Marina, Pier 66 Marina and the Greater Fort Lauderdale/Broward County Convention Center.

13) Watch the spectacular fireworks display on opening night at the Bahia Mar Marina. FLIBS always wows guests in many ways, whether it is the jaw-dropping superyachts, the lavish parties and fun-filled events or the amazing fireworks. Year after year, the show aims to bring an enhanced experience to all who come through the gates.

The Fort Lauderdale International Boat Show® is owned and sponsored by the Marine Industries Association of South Florida, managed and produced by Show Management and sponsored by Gosling's Rum, Taiwan External Trade Development Council (TAITRA), GEICO, YACHTS International Magazine, AIM Marine Group, Budweiser. www.BoatShowHotels.com, www.BoatQuest.com, Palm Harbor Marina, Smallwoods Yachtwear, International Game Fish Association (IGFA), Monte Carlo Vodka and the South Florida Sun Sentinel. Like the Fort Lauderdale International Boat Show on Facebook at:

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#### Tune into Boat Show TV at:

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#### For more information:

Call (954) 764-7642 or (800) 940-7642, or visit: www.ShowManagement.com

# #SEXER REPORT THE ULTIMATE 6 MINUTE WORKOUT

by: Jason Rosell

Hey my Kandy #FitFam! I wanted to personally give you all the breakdown of my #Sexercise workout! This is my special workout that you can do every day, 7 days a week for six weeks and get amazing results. If you are already in good shape, you can repeat it two to three times a day. I mean, who doesn't have six minutes here and there to look and feel sexy right?

#### HERE WE GO, THE #SEXERCISE 6 MINUTE WORKOUT!

You will perform four exercises for 3 rounds. Each exercise is only 45 seconds; there are no breaks in between exercises. Once you complete the first round of exercises, take a 30 second break, a sip of water, and attack the final two rounds. (Note: Remember to stretch full body pre/post workout to prevent injury.)

#### THE WORKOUT

- 1 Roller Coaster works the quads and hip flexor muscles with thrust movements.
- 2 Booty Pop great for working on the glutes and the stubborn love handles, as well as cardio endurance.
- Caliente V Crusher great for working on the lower abs, the sexy V the women love, and cardio endurance.
- 4 Caliente Cha Cha great for coordination, cardio, and rhythm in and outside of the bedroom.



#### WORKOUT BENEFITS

- Weight loss
- 2 Interval cardio helps with fat loss
- 3 Improved muscle tone
- 4 Increased sexual endorphins
- 5 Lean body muscle development
- 6 Better Heart conditioning
- 7 Increased sexual longevity





Are you ready to start #Sexercising?! Okay! Start by taking a look at the workout recently performed on the "Steve Harvey Show" so you can get a feel for the moves.

## TAP HERE TO LEARN HOW TO DO THE ABOVE #SEXERCISES

As always, when it comes to exercising, go at your own pace, until you feel your heart pumping!

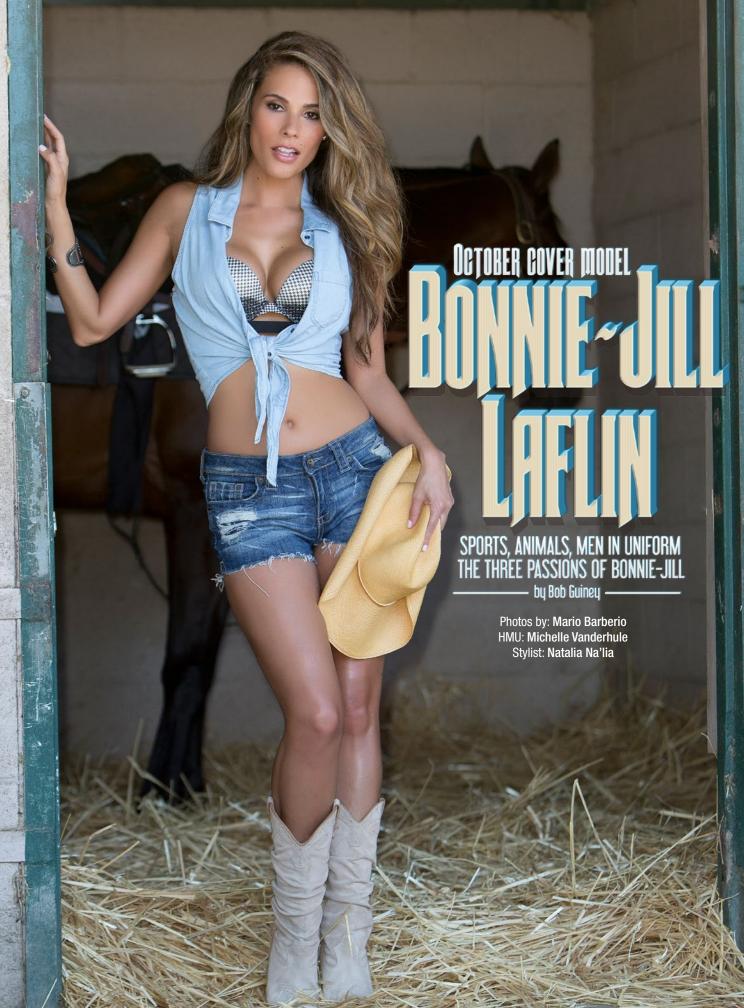
Are you ready to graduate to the next set of #Sexercises? Pick up the "#Sexercise Workout DVD" available now at www.SexerciseWorkoutDVD.com.

# KEEPING IT CALIENTE WITH JASON ROSELL, TV & FITNESS PERSONAL ITY NUTRITION EXPERT

Jason is the CEO/FOUNDER of his fitness & nutrition company www.CalienteFitness.net and the inventor of the hottest new workout trend #SEXERCISE www.SexerciseWorkout.com. Jason is not about looking or being perfect, but simply looking and feeling amazing while still being able to eat most foodsand enjoy life without going into extreme workouts or fad diets. He is no stranger to the worlds of reality television, fitness and music. But most people do not know is that Jason was very fat for most of his young life. Hard to believe today when you see him on TV and shirtless in music workout videos, but he was a heavy hitter (see picture below of his fat boy transformation).



To learn more on Jason or to start his online fitness & nutrition plans, visit him on his official website www.JasonRosell.com and follow him on social media @jasonrosellLIVE on facebook, twitter, and instagram.



#### KANDY COVER MODEL

I'm a lucky man! There's no doubt about that. I get to do so many fun things - and thankfully am surrounded (a lot of those times) by some absolutely For several beautiful women. vears. I've HAD the great fortune to attend the Kentucky Derby and the best charity event - the Unbridled Eve Gala. As a result, I've gotten to hang out with, and become very good friends with an absolutely stunning, incredibly gracious and truly beautiful (inside and out) woman. She's an avid sports lover, an animal lover (she actually owns race horses), a huge supporter our troops, and finds the time to look damn fine in a bikini... all the while maintaining a great sense of Here's humor! а shinina example of her funny bone. Instead of correcting an over served MC at a Kentucky Derby event several ago - where he murdered her name - she chose to laugh hysterically along with me and allow me to continually refer to her publicly as "Bibby Jean McGillicutty" ever since... I love her! Your October cover girl is the beautiful, selfless, and multi-talented Bonnie-Jill Laflin.

There is so much to talk about with you... So, let's get right to it. You and I have been friends for about 10 years now, and I've always known you to be a huge animal lover and a very generous supporter of our troops! I think it's safe to say these two movements are very important and dear to you? Have they always been causes you were passionate about?





Absolutely! At a very young age, I was rescuing dogs and saving every animal I found. I grew up with horses and farm animals so they were my furry friends. :) My mom is a huge animal advocate and she instilled in me the need to always rescue – and to be involved in animal welfare. My uncle was a Gunnery Sergeant in the Marine Corps and both my grandfathers served in WWI – one receiving a Silver Star and a Purple Heart. So,

support for and giving back to the Troops was just something I did from the very beginning... they are my heroes!

## I love that! Did your upbringing have a lot to do with all the different things that you love doing today??

Without a doubt. I grew up as a tomboy and sports freak from my Dad! And cheerleading and dancing and being a "girly girl" came from my Mom. My Dad and I would be at every sporting event growing up and I knew how to read the sports page and daily racing form before anything else! (lol!) All while my Mom was bringing me to my ballet school and modeling shoots.

Some may say your parents were raising the perfect woman!! I'm sending them a Thank You card! Ok... Golden State Warrior, San Francisco 49er and Dallas Cowboy cheerleader!! Huge accomplishments!! That's awesome!! Were you always thinking cheerleading was something you would be drawn to and doing?

For me, I was a dancer growing up and I love sports, so it was the best way to express both my passions – dancing for my favorite sports teams from the best seats in the house!

That's awesome!! Now, I'm pretty sure I know the answer and I hate to ask – but I'm a journalist!! If it's the 49ers versus the Cowboys... whom are you cheering for??

Are you trying to get me in trouble?!!? Next thing, you're probably going to ask me which of my fur babies I love the most.

Ha ha, well played!! Ok then. Take us through the transition from NFL cheerleader to being the first and only female NBA Scout, for the LA Lakers of all teams!! How did you make that jump!?

I was a broadcast journalism major in college. Cheerleading got me the attention of Hollywood, but I knew I didn't want to leave the sports world behind, as that's my true love! So, I went into sports reporting. I covered the Lakers for the CBS affiliate in LA,

#### KANDY COVER MODEL

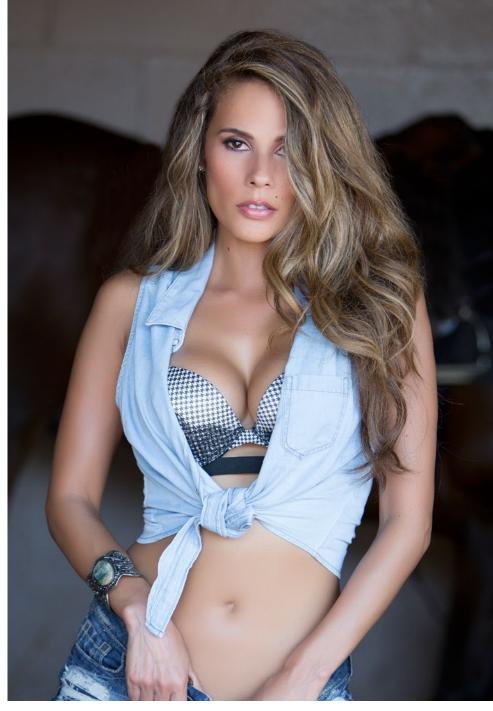
and would often get into in-depth conversations with their owner, Dr. Jerry Buss. One day, Dr. Buss told me the Lakers were thinking of seeing what a female point of view would mean in scouting, so I tried my hand at it and it stuck!

That's huge! And such a cool pportunity! What about life outside of entertainment? What do you do for fun? For anyone who follows you online, you're clearly close with your dad, you love sports, you love horses, you've been overseas with the troops, and you love bikinis!! (At least we love you in bikinis! Thank you for the bikinis part!)

I think you pretty much answered your own question there, Bob. My life consists of my charity work, sports and being with my family and friends. And you're welcome about the bikini stuff!

The people who follow you (and that includes Me!) are BIG FANS!! Do you enjoy using social media to keep in touch? Any notable encounters?? Restraining orders??:)

I love being able to interact with my fans, and I especially love being able to talk about my love for animals and the military. Since I'm not afraid to express my real opinions, there's always going to be someone who disagrees. Sometimes, I can actually learn something from them too. Occasionally, someone steps a little bit over the line, but not often enough to make me give up the opportunity to have a platform for getting the message of my charity, Hounds and Heroes, out to the people. But, YES I've had stalkers... I'm sure their reading this now! Scary! Lol



I wouldn't call me a "stalker"!! Beginning with your haha cheerleading days it you've remained very active involved and in many SO different causes... what has been amongst your Favorite things that you've done so far?? It would have to be my 18 USO/Goodwill tours, including the 8 in the war zones - Iraq and Afghanistan! Visiting our men and women in uniform is an Honor! Bringing a piece of America to them and thanking them for their sacrifice is something

dear to my heart and it lights up my world being around these heroes!

Honestly, your work is tireless with our Service people and our Vets. I've seen so many pictures of your times with the troops! Thank you for that! Tell me some things you hope to be working on in the near future? What's your dream gig??

Seriously... I want to own my own sports franchise. I am not kidding. Investors can start sending checks any time now!!



Always dream BIG!! But right now, I'm just continuing my sports casting career both on TV/Radio, my clothing line and work with my different charities.

Lastly, this may come as a shock to you... But I've never been a cover girl. I'm curious - you get the call from Kandy Magazine (the number one online men's magazine) and they ask you to be their October cover girl! In that moment, do you immediately start thinking about the photo shoot?? I know you're always bikini ready (thank you for that)... but what's the next step to the process?

really depends on the situation. If I can have input into the theme, then I'm happy to do that as I'm always looking for a chance to get my message out about supporting animals and the troops. So, with Kandy I really wanted to have my feature be Me... hence, the cowgirl theme! But, yes, I do start working out a little bit harder the next day... But, I'm pretty much always in bikini shape.:)

Not a doubt about that Bonnie Jill! Again, THANK YOU!! And I guess this means we have our answer to my previous question... She didn't choose to go with a 49'ers theme!! Just savin'!! WooHooo!!!

#### Follow Bonnie-Jill online at:

www.twitter.com/BJLaflin www.instagram.com/bonniejill















#### Under the Kandy Wrapper

Asha, we hear you speak and write several languages. How many? 3

What are they? English, Japanese, and some Mandarin

## That is an interesting language mix. Is there a story behind them?

My future career goals are to be an East Asian language and cultural expert for international businesses. There are so many language and cultural barriers that can get in the way of an international business deal going smoothly. I plan to help with that.

#### **Tokyo or Hong Kong?**

I love both of these cities, but I would have to choose Tokyo because I know it so well. I first went to Tokyo by myself when I was 14 years old.

#### Tell us a joke in Japanese.

Japanese people don't tell jokes like we do. They have puns poking fun with wording, but there is no way that it would translate into English.



























### Kandy Krush Ingredients

Name: Asha Urielle

Birthday: December 20th

Hometown: Antigonish, N.S., Canada

Measurements: 32 - 23 - 32

Height: 5'6" Weight: 105 lbs

Hair: Blonde Eyes: Blue

Social Media: facebook @ashaurielle

instagram @ashaurielle

Favorite Article of Clothing: Sexy little mini dress

Favorite Singer: Can't choose! I listen to such a large variety of artists.

Favorite Season: Summer. I live in Canada and it is the only hot season. I hate being cold!

Oddest Fan Request: Asking for a piece of my hair was a pretty strange one.

Favorite Travel Destination: Anywhere that combines great beaches, shopping, and restaurants with an interesting culture.

Where is the one place you want to visit that you have not yet? I would love to experience all that Spain has to offer.

Sushi or Chinese Food? Sushi! My favorites are sake (salmon), maguro toro (tuna belly), and uni (sea urchin)

Steak or Lobster?: A juicy steak for sure

**Beer or Champagne?** Champagne. I love a glass of bubbly to cherish moments with friends and loved ones.

What song is playing on your smartphone right now? Simplethings by Miguel Cardio or Weights: Weights

Snowboarding or snow skiing? Snowboarding. I plan to learn how this winter! Will definitely need a massage after falling on my butt a billion times

Mountains or Beaches? I grew up near the Atlantic Ocean so I love beaches and sea creatures.

Bright lights of big city or quietness of the country? As much as I love a quiet getaway, I am a city girl. I need the excitement.

Brains or Braun? Braun without being interesting on the inside doesn't appeal to me. I need a combination who can make me laugh

Your favorite feature on a guy: I think strong shoulders are sexy

Your best feature: Everyone comments on my eyes
Your favorite kind of Kandy: Strawberry Laffy Taffy



Aleisha Hudson IG @alishahudson



Michelle Manzione IG @msmanzione



Courtney Shoemaker IG @courtneyshoemaker



Ashley Wilke IG @ashwilkexo



April Cheryse IG @missaprilcheryse





Stacy Winters IG @stacywinters\_



IG @modelkaracooper



Alissa Arden IG @alissaarden



🍅 "Hold on, let me take a Kandygram selfie" 🗀





































hen it comes to racing, few names are as respected Forza. The core Forza franchise. which is exclusive to Microsoft's Xbox consoles, is considered one of the most accurately realized racing simulators in all of gaming. So when news broke that a new studio was developing an open-world Forza game separate from the main franchise reactions were mixed. On the one hand. more Forza would surely be a good thing for fans. On the other, Turn 10 is trusted for its commitment to realism and detail, while Playground Games was essentially an unknown.

Of course, the final outcome is now something we can readily check. Forza Horizon launched in late 2012 to high review scores, maintaining an 85 average on Metacritic and silencing most of the big concerns coming from the hardcore Forza crowd. The game wasn't necessarily a massive step forward for Forza as





a franchise, but it gave fans something to play in between primary Forza titles and acts as a sort of side-option for racing fans in general. The big question about Forza Horizon 2, then, isn't whether it's a good Forza game, but whether it lives up to the advances of its predecessor.

Forza Horizon 2 abandons the mountains of Colorado for the hills and vistas of

Southern Europe. Its map is roughly three times the size of the map from the first Horizon game and features recognizable real-life locations. Put simply, there is no shortage of road (and off-road) to explore in Forza Horizon 2. The game features both day and night events and franchise's the Forza first includes attempt race-changing weather at conditions. All of these things combine to make one Forza Horizon 2 just different enough to warrant consideration.

It's important to note that unlike other cross-generation releases, Forza Horizon 2 on Xbox One is not the same game as Forza Horizon 2 on Xbox 360. Two separate studios were tasked with developing individual versions of the game; the two versions different run on engines, include different features, and offer different experiences. The Xbox One version of the game has more in common with Forza 5 than the original Forza Horizon, while the Xbox 360 version runs on the same engine that powered the

first entry in the Horizon series. Driveatars and dynamic weather will not be available to Xbox 360 players. Notably, the token microtransaction system from the Forza 5 will not be included in Horizon 2; Playground Games decided to drop it based on player complaints.

In this particular case, the next-gen version of the game is the clear winner. Forza Horizon 2 looks incredible on the Xbox One, and the improvements from Forza 5's engine make it more fun to play. Additionally, weather events help shake up the driving experience and are well worth the price of entry on the next-gen system. If you have both consoles and you're on the fence about which version to buy, the Xbox One version is the way to go.

As for the game itself, your final decision should be informed by your enjoyment of the first Horizon game. If you liked the less serious iteration of the Forza franchise, Forza Horizon 2 is a great pick up. If not, you may want to wait for a price drop or Forza 6.

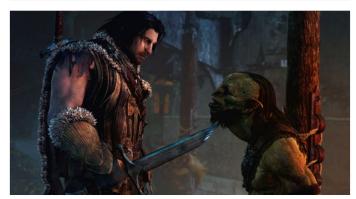




he Lord of the Rings franchise offers a rich narrative tapestry from which game designers can make almost any type of game. We've seen MMOs (Lord of the Rings Online), movie tie-ins (The Lord of the Rings: The Return of the King), kids games (LEGO Lord of the Rings), and LOTR versions of pretty much every other genre. In fact, since 1982 there have been roughly 35 games developed under the Lord of the Rings license -- and that's just the official ones.

Middle-Earth: Shadow of Mordor is something of an anomaly when it comes to Lord of the Rings games. It's not targeted at a broad audience (the M rating insures this), it doesn't center on any of LOTR's iconic characters, and the events in the game may or may not tie in with major events in the LOTR trilogy (no spoilers here!). The hero is a completely new character crafted by Monolith Productions and Behaviour Interactive, and the gameplay is like nothing you've ever seen in a LOTR game.





Middle-Earth: Shadow of Mordor drops the player in Middle-Earth just before the events of Fellowship of the Ring. Sauron hasn't yet become the world-ending threat he eventually becomes, and Mordor isn't a place one simply cannot walk into. In fact, the hero of Middle-Earth: Shadow of Mordor does

indeed adventure into Mordor as he seeks to exact revenge on the no-good dirty orcs of Sauron's ever-growing army. The setting is refreshing and engaging, even for those players who aren't deeply vested in LOTR lore. Talion, the main character, is interesting enough in his own right to not require story assistance or fan-service cameos (though a couple do occur).

Gameplay in Middle-Earth: Shadow of Mordor will feel familiar to anyone who's played an action-adventure game. The title borrows elements from games like Assassin's Creed, Dishonored, and Skyrim. Players have the option of advancing Talion's skills as a ranger or a wraith, with each path opening up unique options for interacting with the world's items and characters. What is most interesting, however. is the game's Nemesis system, which causes enemies to evolve and grow based on the way in which you play the game. According to the marketing hype, in Middle-Earth: Shadow of Mordor every

enemy you encounter is an individual character with behaviors informed by your own actions. In action, however, it's harder to detect. There are certainly some instances in which you'll see your actions manifest in enemy behavior, but there's no shortage of forgettable bad guys who are dispatched without a second thought.

The generation split between old and nextgen systems is apparent in Middle-Earth: Shadow of Mordor. The next-gen version looks and feels leaps beyond the old-gen version, and some of the fancy Nemesis A.I. has been cut down to make the game playable on the PS3 and Xbox 360. If you have a next-gen system, this is a game that benefits immensely from the new systems' increased processing power.

Middle-Earth: Shadow of Mordor is an interesting experiment in making a grown-up game that speaks to both hardcore actionadventure players and Lord of the Rings fans. It is likely that the great majority of players who pick the game up will consider that experiment a success. Above all else, it's fun to see developers finally feeling free to explore the world of Middle-Earth without hanging the whole thing on Legolas' quiver.







ven though college campus cafeterias have upped their game in the dining department, any way you look at it it's still cafeteria food.

It's pre-frozen, bland, and barely edible. And unless you have trendy food trucks lined up alongside your campus parking lot, you're going to get tired of the meatloaf and mashed potatoes real quick. So where do you go when you don't want the school's limp lettuce BLT, but you've only got twenty bucks to spend?

## THE CITIZEN PUBLIC HOUSE near BOSTON UNIVERSITY

Boston. The beloved college town of chowda, baked beans, and Fenway franks. But if you're a Boston University student you know that there's more in the hood then just a wicked awesome slice of pizza. Check out THE CITIZEN PUBLIC HOUSE. A gastropub with an upscale snack menu of Meatball Sliders (\$5), BBQ Duck Legs (\$8), and Spicy Fried Pickles (\$6). For the more famished, there's

the Ahi Tuna Burger (\$16) or the Rigatoni Carbonara (\$19). They also have a rotating menu of fresh oysters and every Tuesday is Tiki Tuesday where they offer Tiki Drinks and Appetizer specials. Vegetarian and Gluten-Free B.U. students will also love their specialized menus.

# OTTO ENOTECA PIZZERIA near NEW YORK UNIVERSITY

It's New York City. Home of some of the best food on earth. It's hard NOT to find a great place to eat in this city. And while it's partic-ularly easy to find a good greasy slice, it's a little trickier to find pizza with truffles and fried egg. Yup, you heard that right. Bring on OTTO ENOTECA PIZZERIA, a short walk from the NYU campus and one of the most buzzed about pizzerias on Yelp. Their personal-sized pizzas range from the simple Bianca w/ olive oil and sea salt (\$7) to their Vongole w/ clams, garlic, mozzarella (\$14). They also have a Late Night drink menu that offers Prosecco Punch and Ramazzotti Floats (both \$7).

# HOPFIELDS near UNIVERSITY OF TEXAS: AUSTIN

Austin, Texas is home to live music, amazing BBQ, and beers on tap. It's easy to get your college swagger on at just about any joint near UT-Austin, but if you're looking for a little somewhere extra special, look no further than HOPFIELDS. Whether it's indulging in their House Sausage with purple cabbage (\$13) or their array of Austin East Hard Ciders, you'll be able to sip

and graze till midnight. Special events include their Reverse Happy Hour (10pm-Midnight) and yearly Oktoberfest.

# PINE STATE BISCUITS near PORTLAND STATE

Talk about hangover food. Take the best of southern food and combine it with farmer's market ingredients and voila — you've got PINE STATE BISCUITS. A place that offers Fried Chicken (\$6), Pulled Pork (\$7), even Flank Steak (\$8) on a freakin' biscuit! Not to mention your Classic Biscuits and Gravy (\$5) and even the simple Egg & Cheese Biscuit (\$4).

# AMMO AT THE HAMMER near UCLA

Ok, so if you're hankering for meatloaf, but just not from the UCLA dining hall, check out AMMO AT THE HAMMER MUSEUM. It's cool dining digs in an even cooler space. Their Ammo's Famous Turkey Meatloaf with whipped potatoes and kale (\$17) is a hearty meal that can help fulfill that "missing mom's home-cooking spell", or hit their Happy Hour (Tues-Friday 4:30-7pm) for discounted eats. Extra bonus — admission to the museum is FREE so grab a bite and get in-spired.



#### **WOODFORD RESERVE DOUBLE OAKED BOURBON**

#### \$49.00 -750ml

An innovative approach to twice-barreled bourbon creates the rich and colorful flavor of Woodford Reserve Double Oaked. Uniquely matured in separate, charred oak barrels - the second barrel deeply toasted before a light charring extracts additional amounts of soft, sweet oak character.

This American bourbon is deep amber in color with rich notes of dark fruit, caramel, chocolate and toasted oak. Finish is long and creamy with lingering hints of honeyed apple. A powerful wood driven bourbon.

#### GREEN SPOT Single pot still irish whiskey



#### \$50.00 - 750ml

Green Spot has long been a "collector's whiskey" due to its quality and limited supply (only 12,000 bottles each year), and is also a single pot distillation. Midleton Distillery in County Cork is the sole remaining producer of single pot still whiskies in Ireland. Green Spot is very complex; its main characteristic is a honeyed flavor that offsets its inherent spiciness as it is 25% Sherry aged. Light amber in color, velvety smooth, spicy and very soft on the palate. Hints of vanilla and banana in the finish. Spot on!

#### LUCID ABSINTHE SUPERIEURE

#### \$55.00 -750ML

Absinthe continues to be a mysterious spirit, mostly because of its legendary history and people's misunderstanding of its notorious ingredient, wormwood. Lucid Absinthe Supérieure was the first approved absinthe in the United States since prohibition, making its way legally to the US in 2007. The Lucid Absinthe Supérieure has a subtle nose, with

hints of anise and fennel.

#### How to enjoy the "Green Fairy"

The most common way to prepare a glass of absinthe is the "absinthe drip" using an absinthe spoon and a sugar cube (if desired) and slowly adding iced water to the absinthe it produces a rich cloudy/creamy drink.

#### BALVENIE 14 YEAR OLD CARIBBEAN CASK SCOTCH WHISKEY

#### \$69.99 - 750ml

This Speyside single malt gem is matured for 14 years in traditional oak casks before being transferred to Caribbean rum casks to "finish". The result is an exceptional single malt whisky with the traditional smooth, honeyed character of The Balvenie, married with notes of toffee and a hint of fruit, with a warm, lingering finish. Enjoy NEAT or with "two cubes" and if you are a Cigar Guy make sure you pair it with an Arturo Fuente Don Carlos Robusto for maximum pleasure.

#### **COURVOISIER XO IMPERIAL COGNAC**

#### \$100.00

Consistently recognized as one of the finest XOs in the world, Courvoisier XO is a very old blend of fine and well-matured cognacs. Enjoy this hardy deep amber colored cognac NEAT! The rich and exotic aromas (dried citrus, anise, cola and cocoa) in Courvoisier XO have taken decades to perfect, so it's worth taking your time over such a remarkable cognac. XO finishes with a long, silky smooth, warming fade. You have arrived...

Disclaimer: Always Drink Responsibly and Never Drink and Drive.

#### PALEO DATING

# How to Beat the High Cost of Maintaining a Relationship

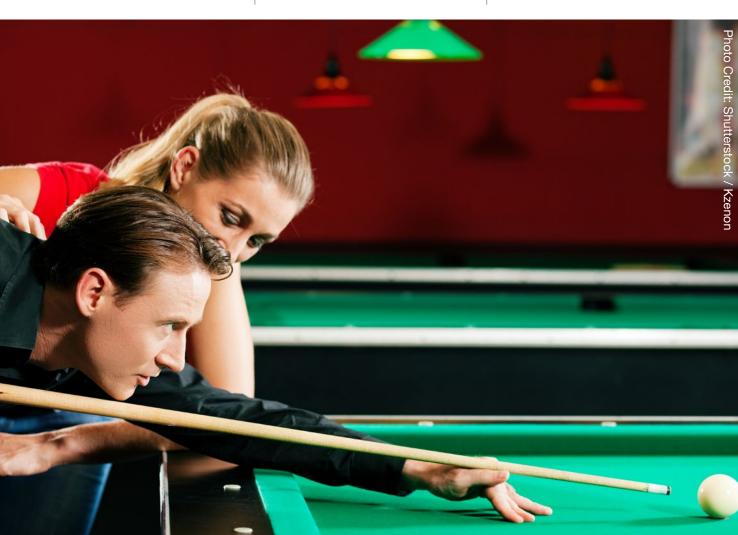
By Jim DeBellis

There are a lot of financial certainties that a guy has to consider in his journey through modern-day life: Your pricey smart phone and laptop will be obsolete next year; your monthly expenditures for gasoline, a car payment, and auto insurance are no longer

"incidentals" but more like an extra house payment; and trying to impress your girl with lavish dates will max out your platinum card faster than you lost your load on prom night.

But you don't need to flip burgers three nights a week or moonlight as Magic Mike in order to afford the company of a special lady (or ladies). There really are a million ways to have a full and successful dating life on a 9-to-5 salary. It's really just a matter of living your life the way you always have.

You've heard of the Paleo Diet, which only seems to be



getting more popular as time goes on. It's a simple matter of scrapping processed foods and eating like a cave man. If it doesn't grow on trees, pop out of the ground, or have a beating heart (formerly), don't eat it. Well, Paleo Dating might be just the ticket you need to remain solvent and still go out with a lovely lady several times a week.

Now, there's no need to regress to pre-civilization in your dating habits; just go back a generation or two and you'll be fine – and swap "processed" entertainment for more natural varieties of fun. Consider some of these ideas and suggestions:

#### Fit her into your life; don't retrofit your life (or budget) around dating her

The first thing to remember is that a relationship is not just a series of dates. Of course, it doesn't become a relationship overnight. A first or second date (not both) might involve a nice dinner, a ticketed event, and mavbe some drinks and dancing. But that is a lifestyle aberration and not a sustainable manner of living - for many reasons beyond the financial ones, like time constraints. other commitments, and the need to check back into reality. If each date has to outdo the previous one, you will

fail. She doesn't have the time or desire to spend two hours becoming a princess three times a week, and you have rent or a mortgage to pay.

For starters, try dating before dark.

#### Do the things you enjoy

If you like her, make her a part of the life you already have. If Sunday afternoon is football with the gang, invite her along, and make sure a couple of other guys have a girlfriend there too. Invite her to come along when you take your dog to the dog park - go for a little jog, play some Frisbee, and grab a Coney dog and a Blizzard at DO afterwards. Meet her for lunch, or share 2-for-1 beers and a game of darts or billiards during Happy Hour.

#### Do the things she enjoys

And don't forget about things that she likes to do. Maybe she mentioned the Monet exhibit at the art museum, the art fair next weekend. the farmers' market, the free concert in the park, or the go-kart track that she has always wanted to try. And what woman wouldn't love a nice picnic for two after a bike ride or a nice walk on the beach? Become part of her life too.

#### Do routine things together

Every get-together does not have to be some kind of well-planned gala event. The Paleo Dater finds opportunity for a meeting in the smallest of life's banalities and chores. You're going to wash your car in your driveway? Give her a call, and make it a joint project for both cars - or wash her car too while she whips up Hamburger Helper some in the kitchen. Go to the Laundromat together - or invite her over to wash her clothes at your place while grill some burgers. you (Wash your own clothes... but you can hope that she insists on folding.) Go to the supermarket together; to the gym together; wash your dogs together. After a messy dog wash, car wash, or good workout, she might want to shower together too.

And here's the great bonus that comes with davtime dates: they are not only much cheaper than nighttime dates, but they don't all end up in the sack or with sexual expectations that she has to deal with. It might not sound like a bonus, but it will allow her to see you more than an erect penis with needs. You will be getting a different kind of "bang" for fewer bucks but more long-term benefits.

Cheap dates that make you look like a hero

Many of the best things in life really are free, and your girl will see you as a romantic hero for thinking of these tender, bonding experiences. Nature is often the best show of all, and adventure is also high on her list.

Take a ride beyond the city lights and do some stargazing on a clear night. This is great any time of year. You might want to build a small fire, study up on a few constellations, and bring some binoculars (or a telescope) and a blanket and some snacks if you really want to impress her. A full moon will block out the stars, so choose a night moonliaht. without much Stay home and take a walk in the park when the moon is full.

Fall colors are also a sweet and sensitive idea that will appeal to her feminine instincts. Now might be a good time to see how the leaves are looking in your part of the country. sunset on the beach is always romantic too. and other scenic wonders like a waterfall, mountains, lakes and oceans. forests. canyons can also offer a free bonding experience. lights and Holiday works can also offer an ideal Neo-Paleo experience.

Women love piggy-backing on your adventurous spirit – that's why they like bad

boys and motorcycles. But even if you don't have a Harley, you can give her a taste of the manly wild child in you. Especially if she's not a golfer, she will admire your ability with a 3-wood and a 9-iron when you take her to the driving range to hit a bucket of balls with you. She might also enjoy the archery or rifle range or a competitive game of paint ball or laser tag. You can top off the experience with a burger and pool lesson at the neighborhood pub.

Some of the best Paleo Dating experiences can be found right at home.

Invite her over for dinner on a weekday. Don't bother with a fancy feast – just your mac and cheese or chili will be very romantic with candlelight and a little smooth jazz or Handel's Water Music in the background. Feed her with a spoon and tell her how her eyes glisten in the candlelight.

Do you ever call her when she is relaxing in a bubble bath? Tell her you'd like to join her sometime. No self-respecting man can take a bubble bath alone, but next time you're massaging her weary shoulders or rubbing her feet, offer her a nice warm bath to share. Of course, you don't have bubbles, but you might just "happen" to have a packet

of strawberry Jell-o you can add to the water, which will make both of you taste delicious afterwards.

Dinner in bed, a Netflix or Red Box movie, a competitive night of Battleship or Apples to Apples - as long as it's done right, it can be satisfying verv romantic date. You will still need to let her get dressed up for a night on the town from time to time, but your bank card will be ready for exercise. the occasional Chances are that the hidden secrets οf Paleo will Dating make vour relationship stronger, more enduring, less stressful, and a lot more fun.

Remember, there are only ingredients six necessary the perfect romantic for experience: a man, a woman, nearness, privacy, light, and serenity or gentle music. If you can offer these to your woman - along with a little adventure or activity - you can successfully romance her every day the week without busting your budget.

# IF CHOSEN WISELY YOUR RIDE WILL DEFINE YOUR DATING LIFE

BY TEDDY FIELD

n the wild, male peacocks fan their brightly colored tails, and then strut around to attract females (much like those Fast & Furious tuner car guys).

Since men don't have brightly colored tail feathers, it's not uncommon for them to use their cars as an extension of themselves. By strutting their personalized ride, they hope to attract the attention of the opposite sex. If done correctly, this automotive mating dance can have a terrific effect on their sex lives. If done poorly, women will laugh and make little dick jokes behind their backs.



# "THE SIMPLE RULES"

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## ULE #1 - KNOW WHO YOU ARE, AND ROCK IT

Confidence is the key to attracting women. They want a man who is exactly as he appears, no matter what look he's rocking. So if you like trucks, accessorize your truck to fit how you actually use it. For example, off-road enthusiasts can trick out their rigs with a nice set of terrain tires, wrapped around a tasteful set of functional rims. If you must install a lift kit to clear obstacles out on the trail, make sure that you don't jack it up to the sky. Keep it at the height you actually need, that way your truck will be easily accessible to her.

And for the love of God, don't put an 8-inch lift and ginormous tires on a big diesel luxury truck, or a dually. You know you're never going to take that heavy-ass coal-rolling monster off road, and it makes you look like a poser who's compensating for something. If you like the outdoors, build a truck that you can actually take her outdoors in. Then bring an air mattress with a Coleman 12V QuickPump Air Pump. It plugs into your cigarette lighter, and it allows you

to turn that truck bed into a romantic night under the stars.

ULE #2 - DON'T BE A SHOWOFF
But let's say you're from the city.
You hate mosquitoes. And you have no idea why someone would willingly slather themselves in deer piss, climb to the top of a tree, then sit there freezing their ass off in the vain hope of shooting something. If that makes sense, then perhaps a performance oriented type of vehicle would better suit you.

When choosing such a car, don't just pick something flashy to impress the girls. Pick something you will love driving. Also, make sure the car actually fits your lifestyle. For example, if you occasionally need cargo and passenger room, then have a look at a hot-hatch like the 210-hp 2015 Volkswagen Golf GTI, or the full-size tire-shreddina 2014 Chevrolet Women love men who have the confidence to drive something fun. But you must avoid obnoxious trim massively oversized chrome wheels, huge rear wings, loud exhaust, stripes /

decals, and neon paint colors (this includes "Fire Engine Red"). Such garish garnish screams "Micro Penis!"

If you really want to attract women with a sports car, make sure that you come-off as confident and mature. Not a needle-dick attention whore.

**ULE #3 - TEMPER CREATIVITY** WITH RESTRAINT Okay, if you're into the tuner car, hot rod, rat rod, or restomod scene, you've got to temper your creativity and self-expression with a little restraint. If you're rocking a '93 Civic ... with \$50k in mods, a Viper-powered Chevy Vega, or a '68 Camaro with gold-flake green paint and an exhaust note that can be heard on Mars, women are going to think that you're irresponsible and too self-absorbed tonight find girls (particularly in the tuner car world) that are into the whole expensive custom car thing. But they'll most likely have taste that you can't afford. Like that nitrous-powered Civic, you'll have fun for about an hour, and then something expensive will go wrong.

Stereo equipment is another area that you should 'tone down'. A great sounding stereo shouldn't rattle your license plate. It shouldn't leave her deaf after the song's over (you won't be able to whisper how sexy she is). And you don't need a trunk full of speakers, because there won't be enough room for all her stuff when you take her on that romantic getaway (seriously, women take a lot of shit when they travel).

But no matter how cool your ride is, don't talk her ear off about it. Most women are only interested in a car's aesthetics and its fun factor. If your automotive tail-feather shaking happens to reel in a honey, don't get nervous and geek out about your VTEC setup, approach and departure angles, or quarter-mile times. Women love to be the center of attention, so focus on *them*. Ask questions, and then listen. A girl will let you know what she wants, as long as you're paying attention.

A young couple was about to get married, but the woman's sister had a "thing" for her future brother in-law. Shortly before the wedding, the groom had to stop by the sister's house to pick up the wedding invitations. She met him at the door wearing nothing but a t-shirt. So, buddy turned around and high-tailed it towards his car. As he rounded the garage, his fiancé and future in-laws were standing there clapping. "That was a test, and you passed baby!", said the man's teary-eyed girlfriend.

The moral of this story: Always keep your condoms in the car.

## WATCHES

### MILLION TO ONE YOUR DAD SPORTS ONE OF THESE

## **BRM CHRONOGRAPHES**

**B.R.M CNT-44-Gulf** Retail Price \$8,450

B.R.M R-50 Gulf Retail Price \$36,350

For lovers of competitive motor sport and pure "Racing Spirit", BRM has developed four limited editions of 100 automatic watches (V6-44 & V12-44) and one edition of 30 automatic watches (R50), in partnership with the famous brand Gulf. These first models are delivered in a special case, which includes the numbers of each watch stamped onto a small metal nameplate (acting as a chassis number for a watch).



## WATCHES

#### MILLION TO ONE YOUR DAD SPORTS ONE OF THESE

### **BURG SMART WATCH**

**Hong Kong SMART Watch Phone** Retail Price: NA

The company gave us one of these to demo at CES and we loved it. The watch is exactly what you expect. A two-way, stand-alone communication device that also provides your normal smartphone features. Our only question is when it will go on sale here in the US and at what price. We are still waiting on those details. Tap the Play Video icon to See Hong Kong in action.



#### **FEATURES INCLUDE:**

Phone
Text Message
Multimedia
Recorder
1.54 inch: 240x240 pixels
Bluetooth 3.0
Micro SD up to 16GB
SIM Card
Camera
Headset
Two-Way Communication





## WATCHES

#### MILLION TO ONE YOUR DAD SPORTS ONE OF THESE

### **KISAI**

#### **Kisai Console Acetate White LED Watch**

Retail Price \$149



ToykoFlash Japan, the manufacturer of Kisai, sent us a demo watch to review. When we first opened the package we thought someone had sent us a piece of Hollywood history, as the watch immediately reminded us of the wrist-instrument worn by Arnold Schwarzenegger's enemy in The Predator. Strut around with this on your wrist and you are guaranteed to field a lot of questions from curious onlookers. If you are in need of attention the watch is well worth the \$149. As far as it serving as an effective timepiece, that is up for debate. The watch depicts time in a creative manner which requires math and taking a lot of getting use too.



# FALL GADGETS ALL THE COOL KIDS OWN

Unless you've been living in some cave halfway up a mountain for the last 20 years, you'll probably be completely and utterly fascinated with gadgets. Even an absolute technology novice with no clue about how to use anything more complicated than Instagram filters can't resist the temptation of a new techie toy. Gadgets make our lives (a) exciting, (b) easier, and (c) fun – because y'know, you don't just buy a gadget because you need it.

Now look, it's been no simple thing making a list of the gadgets you really need to have in your life right now, because there's so many out there that we all want and need. Obviously I've had to leave some out. But, here we go – take a look at these gems and turn your geek techie gadget life into something SO much sweeter...

#### III iPhone 6 and 6+

This is a pretty obvious gadget that you should probably already own by now. Yeah, so there have been a few problems with this phone -standard for any new iPhone release - but the hefty price tag is definitely worth denting your bank account for. It's a sleek beauty (especially the gorgeous champagne gold ones) and the battery seems to last even with constant social media-refreshing all day. You'll get crystal sharp picture resolution and gorgeous colours in your photos. looks phone completely massive but it's actually a good size







and will still fit in your pocket – just hold on tight, it's light and glossy so if you're not careful you'll fling it across the room and smash the screen (it's way too easy to break, as usual).



### Apple Watch

Don't get too excited – it's not quite ready yet. But early 2015 I'll be joining the biggest queue ever to buy one of these bad boys. Apple has already showcased their prototypes and received raucous applause. So far they've been doing what they do best - watching the market, learning from everyone else's mistakes, and then designing something that beats all the other competition out there.

There will be different collections to choose from so you can pick one to suit your style/time-reading abilities, and they'll all have force-sensitive Retina to make them fingertip-friendly. It might be a small screen compared to the iPhone 6 giant but you'll still have access to your apps, and it will gently tap your wrist every time you receive a message. It's even going to monitor your physical activity all day – so you totally need this watch in your life – it's even going to make you healthier.

### GoPro

You're seriously missing out if you haven't seen GoPro's Instagram gallery. First of all, it will instantly make you want to start wakeboarding, rock climbing or base-jumping. But secondly, it will show you just how much more colourful your life will look with one of these awesome tiny cameras. There are loads of different editions out there but it's easy to find a review on each one to help you choose. Basically, they're all great.

You can buy a waterproof case – an absolute essential for any holiday involving a beach / river / lake / pool – and the images are so perfectly sharp it will make you look like the ultimate action photographer. Time lapse settings mean you can stick your camera on your boat or board, or somewhere on your body, and it will happily snap away and leave you with the perfect gallery. Or, stick it on a stick with a time lapse and get perfect selfie shots all day.

(heck out there Go Pro Youtube (hannel here

## Withings Pulse



This is simply a tracker you can wear any time, any day to track your activity and sleep. It reads all your vital signs and will basically tell you how you can improve your health. You'll know how far you've walked, how high you've climbed, and how many calories you've burned through. Take it to work, or to the gym, out on the bike or on the road for a run, and you'll have a record of everything your body is doing. It sits on your wrist or clips onto your clothes, so you can keep it with you without any risk of losing it – and it's under \$100, so it's a bargain. We all know how easy it is to give into that McDonalds, but with this little gadget it's now just as easy to work out how to burn it off, and you don't need to get on a treadmill.

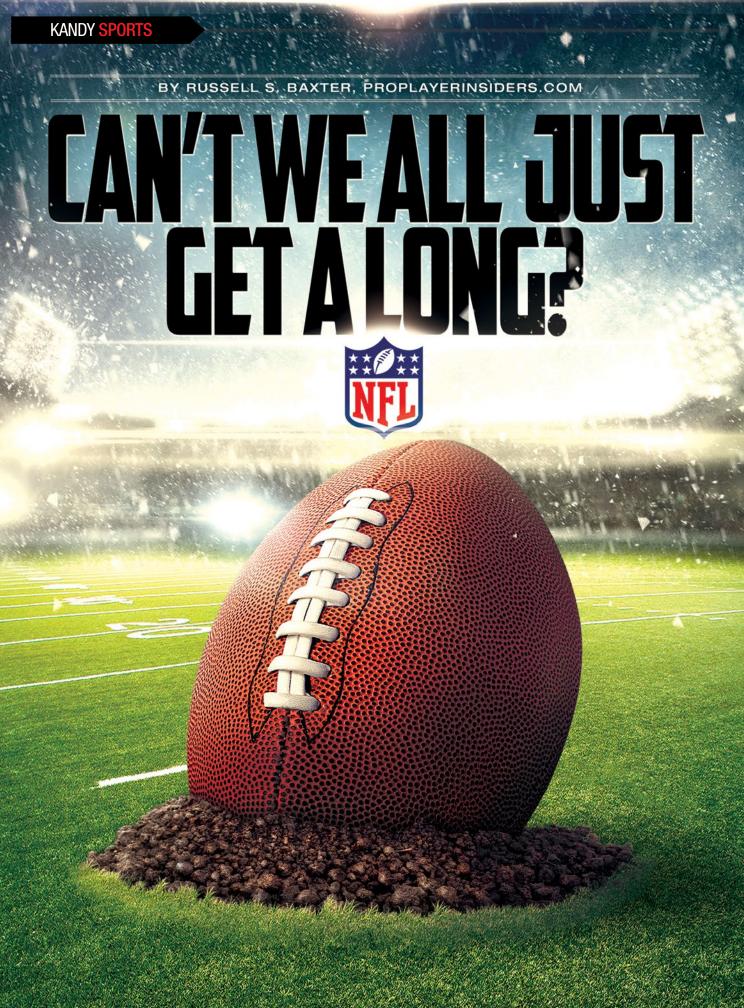
#### Polaroid Socialmatic Camera

Tap Here to See it in Action!



I had absolutely no idea this existed, but now that I do, it's literally the only camera I want right now. It's perfect for Instagram and all other social media, but it doesn't just let you share your photos in the usual way – it prints cute little photos instantly on ink-free paper. The photos are smudge-proof, water resistant and you can't rip them easily. There's a powerful megapixel sensor at the back and a rear-facing cam too, so it's definitely selfie-friendly. It also has stereo speakers, making it perfect for videos too (although you obviously can't print those...). There are loads of instant filters so don't worry about that, and it's got a decent amount of storage allowing you to take it everywhere.

With all of these gadget options, you most certainly will be the coolest kid for blocks around!



## "Hey brother, do you still believe in one another?"

Those of us who have siblings know we would do anything for them or those sons of those famous fathers of NFL lore, getting ready to embark on your own career as a professional football player can be daunting and overwhelming on its own. Hence, being the son of a Pro Football Hall of Famer and one of the most recognized faces in the television business just adds to the pressure.

Now throw in the fact that you are a firstround draft choice, something your father was not. The expectations have now been set even higher; you are expected to be one of the top rookies at your position and make an immediate impact.

Next, double that scenario. There are now two of you looking to measure up to the standards set by your father enshrined in Canton, Ohio. For one of you, it's made even more difficult by the fact that you play the same position as the man who gave you your name and so much.

Finally, add in the fact that the two of you will meet on the football field in a regular-season game in the National Football League. And we don't mean just meet, but meet. That's because one of these brothers is a defensive end and the other an offensive lineman.

We have gone a long way here to keep you in suspense. Perhaps that's only fitting considering we are talking about Hall of Fame defensive end Howie Long, who enjoyed a spectacular career with the Raiders, and his sons Chris and Kyle Long.

The former was the second overall pick in the 2008 NFL Draft via the University of Virginia. In six seasons with the St. Louis Rams, the aggressive defensive end has yet to miss a game and totaled 50.5 sacks. The latter was the 20th selection in 2013 from the University of Oregon and comes off a rookie season in which he started all 16 games and wound up in Hawaii as a Pro Bowl replacement for San Francisco 49ers' guard Mike Iupati.

Brothers facing each other in the NFL or in professional sports in general are far from uncommon. We know the accomplishments of quarterbacks Peyton and Eli Manning. Since 2006, there has been one of these sons of Archie in the five of the last eight Super Bowls.

No, we are talking about a close encounter of the sibling kind. Like during the days of the NFL's old AFC Central division when Houston Oilers and later Tennessee Titans offensive linemen Bruce Matthews having to deal with the likes of his brother line-backer Clay Matthews who roamed the field for nearly two decades with the Cleveland Browns and later the Atlanta Falcons. The Oilers and Browns clashed a combined 23 times from 1983-93, including a playoff game in 1988, while the Matthews brothers were busying excelling at their crafts and make regular trips to the Pro Bowl.

How often do you think the Barber brothers butted helmets not only in practice at the University of Virginia in the mid-1990s but when running back Tiki and cornerback Ronde were members of the New York Giants and Tampa Bay Buccaneers, respectively? The former was a second-round draft choice and the latter was a third-round selection in 1997 and each of the twins enjoyed standout careers.

So let us fast forward to November of 2013 and Week 12 of the league's 94th season. The Bears are visiting the Edward Jones Dome, meaning there could be an occasion that right guard Kyle and left defensive end Chris could butt helmets.

"We play on the same side of the line on opposite sides of the ball," said Kyle to Larry Mayer of ChicagoBears.com last November prior to the game. "So the chances of us running into one another and getting physical with one another are pretty high."

For Kyle, that would mean a chance for him to show the man he has admired for years just what he has accomplished to date. But for those expecting a tribute to the 13-year NFL veteran and eight-time Pro Bowler who has a bust in Canton, Ohio. Kyle's words were for someone else this day.

"People would usually think that my dad would be my idol, but my older brother is somebody that I've idolized. I've looked up to (Chris) my entire life. I try to emulate the things that he does on and off the field. I try to play with the same passion and (motivation) that he does, which is really tough to do because he goes hard for a very long time."

When it was all said and done. Chris' Rams would pummel Kyle's Bears, 42-21. Less than four minutes into the game, St. Louis had jumped out to a 14-0 lead and never trailed throughout the contest. Chicago would be limited to just 80 yards rushing on 26 carries. Chris would total two tackles and knock down a pass.

"That was a hell of a week...," said Chris to Brad Biggs of the Chicago Tribune. "I don't find it fun to have to compete against your brother in a game where it is so violent. But luckily we barely touched each other, so that was good." That wasn't entirely true. That's because Chris' biggest stop of the afternoon came may have come in the second quarter of the game. And it had nothing to do with tackling a Bears' player with the football.

"Oh, if the sky comes falling down for you, There's nothing in this world I wouldn't do."

Roughly nine minutes before halftime, Kyle and Rams' defensive end William Hayes nearly came to blows. A little pandemonium ensued and just before the younger Long could do something he may regret, his older brother came off the bench to rescue him. It didn't prevent Kyle from getting a 15-yard unnecessary roughness penalty, but it may have saved him further discipline.

Oh brother, indeed. And lesson learned as well.

So what can we expect next from Howie and his sons? The teams don't meet during the preseason or regular season in 2014. For those who find family fare in the NFL quite fascinating, keep in mind that outside linebacker Clay Matthews of the Green Bay Packers and tackle Jake Matthews of the Atlanta Falcons, the sons of Clay and Bruce, respectively and the latter the team's first-round pick in May, may be getting to know each other up close and personal Field on Lambeau Monday night, December 8.

Then again, is it possible that the Bears and Rams could both reach the playoffs and we could see Kyle and Chris clash this January? Chicago hasn't been to the playoffs since reaching the NFC title game in 2010 while St. Louis' last postseason appearance came in 2004.

Now that's a Long time.



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